

Registered Charity Number: 1147334
Company number: 07980332

Sheffield Flourish

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2022

Sheffield Flourish

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Sheffield Flourish

Legal and administrative information for the year ended 31 March 2022

Previously known as
Recovery Enterprises

Directors

Pam Stirling	Chair
Andrew Wood	Treasurer
Brendan Stone	
Nick Bax	
Jane Ferretti	
Andrew Hudson	
Shirin Teifouri	
Adelaide Chibanda	

Key staff

Managing Director	Josie Soutar
Deputy Managing Director	Robyn Fletcher
Finance Officer	Greer Furniss-Coates

Charity number
1147334

Company number
07980332

Registered office address

Upper Floor
4 Windrush Way
Sheffield
S3 8JU

Independent Examiner

Susan Cochrane
Employee of:
VAS Community Accountancy
The Circle
33 Rockingham Lane
Sheffield
S1 4FW

Sheffield Flourish

Directors' annual report For the year ended 31 March 2022

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2022 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, governance and management

Sheffield Flourish was incorporated on 17th March 2012 and gained charitable status on 18 May 2012. Its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee (Company number 07980332) and a registered charity (Charity number 1147334). The company changed its name from Recovery Enterprises on 11 October 2019.

It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Overall management of the Charity is the responsibility of the Trustee Directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

Before any person is accepted onto the Sheffield Flourish Board, they will meet with the Chair and/or Vice-chair to discuss what is involved. The prospective trustee should be asked to outline what skills and abilities they would bring to their work on the Board. The Chair or Vice-chair will obtain information on the prospective Trustee's skills/experience and one or two references regarding their character. The prospective Trustees may be asked to attend a Board meeting before they commit to joining. The Board will discuss each candidate in their absence before formally inviting them to join. New Trustees are co-opted at any time, but (as per Sheffield Flourish's articles of association) must stand for re-election with the other trustees at the next annual general meeting. New Trustees, and those re-elected to the Board following an annual general meeting or extraordinary general meeting, sign a declaration form to confirm that they have not been disqualified from serving as Board members.

Objectives, activities and public benefit

We support people living with mental health conditions to use their skills, ideas and talent to build the lives they wish to lead. We collaborate on innovative digital and community projects, recognising the untapped strengths of people who've experienced mental health issues. These strengths are showcased on Sheffield Flourish digital hub, our flagship website which features personal stories about mental health in the city. We run a further three websites: the Sheffield Mental Health Guide - an online resource directory; Sheffield Suicide Support and Prevention - support and preventative information for people who may be considering suicide; My Toolkit - an individual online space for people to create their own mental health support plans. We're also proud to support seven active, creative, green-fingered and musical enterprises: Brunsmeor Awareness FC, CAST, Connected Worlds, Digital Creators, Flippin Mental Theatre, Oasis and Open Door Music.

Sheffield Flourish

Directors' annual report - continued For the year ended 31 March 2022

Objectives, activities and public benefit (continued)

The objects of the charity are the relief of illness and distress and the promotion of health and social inclusion of adults with mental health conditions, with a view to assisting them with finding employment and improving their general conditions of life. All of our activities contribute to these objectives and one or more of the following outcomes:

- People feel less isolated and have more social connections
- People feel more equipped to self-care
- People have increased confidence and self-esteem
- People have more skills and knowledge
- People are better informed about mental health and related activities and services
- People have an increased understanding of mental health and reduced stigma

In planning the objectives and activities the directors have considered the Charity Commission's guidance on public benefit.

Activities and achievements

Supporting the mental health community

- 551 people have been supported through our community enterprise activity
- 136 people were regular attendees (3 sessions or more)
- 333 new members joined the community enterprise groups
- 305 face-to-face sessions were delivered
- 75 virtual sessions were delivered
- 57 volunteers have given their free time to support our community

Digital Activity

- Sheffield Flourish Hub – had an annual audience of 28k+ website users with the aim of supporting people to build connections through the sharing of stories and experiences. We published 30 stories written from expert-by-experience perspective, that inspired and raised awareness of people's mental health experiences – this is lower than previous years, therefore development work on recruiting new writers will be conducted during 2022-23.
- Sheffield Mental Health Guide – directory of all mental health activities and events in Sheffield. It had an annual audience of 62k+ users who benefitted from signposting and information that better enabled people to self-manage their mental health conditions. Audience figures were much lower than previous years, however during the year the website was developed and relaunched leading to an error in how Google analytics were collected. The guide promoted 75 services and made 66k+ referrals into services (1234 via phone/email, 65004 via website) – this is significantly up on the previous year reflecting the increase in people looking for mental health support since the pandemic.
- Sheffield Suicide Support Resource – provides information resources for suicide prevention and people who have been affected by suicide. It had 3188 new visitors during the year. Again this is double on the previous year, and although this shows how we are successfully promoting resources, it is also another reflection of how the Sheffield population are increasingly struggling with their mental health.
- My Toolkit – provides space for individuals to set their own mental health care plan. During the year it had 535 registered users with 132 completed individual mental health goals.
- Social media – we continued to provide information and engage with the community through twitter, Instagram and Facebook, with 1698 new followers over the year.
- 49 digital inclusion training sessions were delivered to 115 people. This is a significant increase on the previous year, helped largely in part by the opportunity to deliver face-to-face.

"I love my toolkit, it's so beneficial to people who need structures aims and goal. I'm a massive fan of it - it helps me remember why I have recovered and what's important."

Sheffield Flourish

Directors' annual report - continued For the year ended 31 March 2022

Activities and achievements (continued)

Community Enterprise Activity

- Brunsmead Awareness FC – includes mental health friendly football training sessions for both men and women, and a football league run in partnership with Sheffield and Hallam FA. Our men's sessions had regular attendance of 40 players with 102 attendees over the year. The women's session was equally as popular with regular attendance of 25 players and 86 attendees.

"We have one lady who at the beginning was a patient on Mental Health Ward, who has recently been discharged back into her own flat, she said this would not have happened as soon if she hadn't got the football."

- CAST – includes a weekly painting and drawing session; weekly creative writing session and a monthly artist gathering. Group sessions had an annual attendance of 123 people. The painting and drawing session, in particular, has seen a significant increase in people wanting to attend.

"The Monday afternoon art for well-being classes has been one of our success stories. Ever since the restrictions were lifted the classes have always reached and exceeded the limit. On many occasions we've gone beyond the limit before the class started. There is a waiting list of people wanting to attend."

- Connected Worlds – provides storytelling and art-based courses to connect people and provide a creative space for them to tell their stories of everyday life. The Way I Flourish course, aimed at women of colour continues to be very popular with all 15 spaces taken.

"Being face to face for the first time was a fantastic feeling. Previously I had only worked on poetry via zoom with this group. Time and safe space was given to be thoughtful and to explore what we were trying to say. I rediscovered the joy of savouring a poem and listing its various ingredients to see how could make a variation like you would in cooking. It has made me feel connected more fully not only to each other, but has kindled something inside myself about compassion."

- Digital Creators – a new addition this year, supporting people to use the digital equipment to develop and present their creative work, with 6 people attending over the year. A highlight was a recorded radio play that was played on Sheffield Live.

"There are good collaborative sessions, good productions, and good, interesting, like-minded people."

- Flippin Mental Theatre – provides an inclusive drama group called 'Drama for the Mind' and puts on plays that focus on mental health related issues. 14 participants took part in the inclusive drama course.

"The passion in your work is astounding."

- Oasis – includes a weekly gardening for wellbeing session and a contract gardening service. Settling into their new home, the Tuesday session had 32 attendees with 6 people attending an additional session that was put on at SADACCA's garden.

"She often said to me about how the group was her favourite part of her week. Thank you so much for creating such a friendly and inclusive group, you're all amazing!" (From a support worker who has been able to reduce their attendance now that their person has got to know the group)

- Open Door Music – includes a weekly jamming session, music production group, drumming session, improvisation group (aimed at beginners) and fortnightly singing group. We had an annual attendance of 92 participants.

"I find playing music with people really positive. I do a lot of music on my own at home but have become isolated. This is the only thing I have found that I can do easily and helps me meet others."

Sheffield Flourish

Directors' annual report - continued For the year ended 31 March 2022

Activities and achievements (continued)

Coproduction and Codesign Activity

Working with partners, community organisations and under-represented groups, we were able to open conversations on the gaps, challenges and barriers of inclusive mental health support. This included:

- We continued our longstanding partnership with SHSC, supporting them to coproduce and codesign services, policy and practice in partnership with people with lived experience of mental ill-health. In particular, we collaborated on two main projects:
 - The recruitment and employment of the Head of Engagement, supporting patient experience and engagement across SHSC clinical services.
 - Development of race equity activities through partnership working with SACMHA and other community organisations around restrictive practice in clinical care and suicide prevention.
- With a view to helping to support the transitions from young people into adult mental health services, we worked with specialist young people's mental health organisation, Chilypep, to conduct sessions with young people around codesigning what a new Mental Health Guide could look like for children and young people. Findings will form a part of our offer for the retendered Guide in 2022-23.
- We have worked hard to continue to be an established part of the local mental health system through well-established symbiotic partnerships with key Sheffield mental health networks, including:
 - Steering group member of Sheffield Mental Health VCS Partnership Network
 - Membership of the new Mental Health Alliance
 - Member of Sheffield Psychology Board, including oversight of mental health messaging.
 - Sheffield Suicide Prevention Steering Group
 - Working with intercultural organisations to reach underserved communities

Annual Community Survey

We had 55 responses to our annual community survey.

- The largest route into Flourish is through either friends/family (32%) or SHSC's Mental Health team (28%), followed by hearing about us through social media (11%)
- 32% have a mental health diagnosis
- 40% have been an inpatient in hospital due to their mental health
- 18% have been a part of Flourish for 5+ years, 26% have been attending Flourish activities for between 1-5 years, 27% between 1-6 months
- 90% said their mental health had improved because of their involvement with Sheffield Flourish, the other 10% said there had been no difference
- 89% felt more connected to a community through Sheffield Flourish
- 71% felt they had developed new skills and knowledge through Flourish activities
- 92% felt more confident to make informed decisions about their wellbeing

Future plans

For 2022-2023:

Sheffield Mental Health Guide

The Mental Health Guide is due to be re-tendered during 2022-23 with an emphasis on becoming an all-age guide and incorporating children and young people's services. We were successful in obtaining the contract for the Mental Health Guide. Over the next year we will be preparing the organisation to carry out this contract, which will include hiring a new Information Co-ordinator and developing an all-age guide.

Race equity

We will continue to partner with organisations such as Adira, SADACCA and SACHMA to look at gaps in services and use our networks to bring in resources to support this much needed work. We will be supporting SHSC to focus on race equity in clinical services and delivering the work of the Patient Carer Race Equity Framework (PCREF).

Sheffield Flourish

Directors' annual report - continued For the year ended 31 March 2022

Reserves policy

Free reserves at 31 March 2022 were £82,310 (2021: £75,737).

The directors have set a reserves target of £42,000 for closure costs of 3 months to ensure the sustainability of our partnership organisations and the proper and orderly closure of the organisation.

Excess reserves will be used for the completion of existing projects.

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' annual report above on 28 Nov 22 and signed on behalf of the directors:

Pam Stirling

Print name: PAM STIRLING
Director

Independent Examiner's report to the trustees of Sheffield Flourish ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: S Cochrane

Susan Cochrane, FCA
Employee of:
VAS Community Accountancy
The Circle
33, Rockingham Lane
Sheffield
S1 4FW

Date: 19/12/2022

Sheffield Flourish

Statement of Financial Activities (incorporating the income and expenditure account) for the year ended 31 March 2022

	Notes	General funds £	Restricted funds £	Total 2022 £	Total 2021 £
Income from:					
Donations and grants	2	13,547	50,716	64,263	73,961
Charitable activities	3	241,574	13,000	254,574	243,444
Other income		10,332	1,600	11,932	290
Total income		265,453	65,316	330,769	317,695
Expenditure on:					
Fundraising and promotion		2,629	2,478	5,107	702
Charitable activities	4	268,278	56,384	324,662	291,652
Total expenditure		270,907	58,862	329,769	292,354
Net income/(expenditure)		(5,454)	6,454	1,000	25,341
Transfers between funds	13&14	20,377	(20,377)	-	-
Net movement in funds		14,923	(13,923)	1,000	25,341
Total funds brought forward		81,167	49,799	130,966	105,625
Total funds carried forward		96,090	35,876	131,966	130,966

Sheffield Flourish

Balance sheet As at 31 March 2022

	Notes	2022 £	2021 £
Fixed Assets			
Tangible Assets	8	<u>6,739</u>	<u>2,430</u>
Current assets			
Debtors	9	80,748	26,896
Cash at bank and in hand		<u>141,445</u>	<u>131,989</u>
Total current assets		<u>222,193</u>	<u>158,885</u>
Creditors: amounts falling due within one year	10	(96,966)	(30,349)
Net current assets		<u>125,227</u>	<u>128,536</u>
Total assets less current liabilities		<u>131,966</u>	<u>130,966</u>
Creditors: amounts falling due after more than one year		-	-
Total net assets		<u>131,966</u>	<u>130,966</u>
Funds of the charity			
General funds		89,049	78,167
Designated funds	12	<u>7,041</u>	<u>3,000</u>
Unrestricted funds		96,090	81,167
Restricted income funds	14	35,876	49,799
Total funds	15	<u>131,966</u>	<u>130,966</u>

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the directors on 28 Mar 22 and signed on behalf of the directors by:

Pam Stirling

Name: PAM STIRLING
Director

Sheffield Flourish

Notes to the Accounts for the year ended 31 March 2022

1 Accounting Policies

(a) General

Sheffield Flourish is a charitable company in the United Kingdom limited by guarantee and has no share capital. In the event that the charity is wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011. The financial statements have taken advantage of the exemption to prepare a Statement of Cash Flows.

Sheffield Flourish meets the definition of a public benefit entity under FRS 102. The financial statements are prepared under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £.

(b) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income from services provided is included in the year in which the service took place.

Bank interest is recognised as income when it is credited to the bank statement. All bank interest is treated as unrestricted income to the General Fund.

(c) Expenditure and liabilities

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

(d) Donated goods and services

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

(e) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided on all tangible assets at the following annual rates calculated to write off the cost less estimated residual value, on a straight line basis over their useful economic lives:

Vehicles	5 years
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All items of capital expenditure below £500 are written off as incurred.

(e) Debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

**Notes to the Accounts - continued
for the year ended 31 March 2022**

1 Accounting Policies - continued

(f) Creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(g) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

(h) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Leases

Rental payable and receivable under operation leases are charged to the SOFA on a straight line basis over the period of the lease.

(k) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

(l) Funds

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the funder.

(m) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that the charity will continue to operate for 12 months from authorising these financial statements. Not all funding streams are secure this far in advance however the trustees will develop a plan of action to be taken to reduce costs, should the required income not be secured.

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2022

2 Income from donations and grants

	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Donations	12,576	-	12,576	6,738	550	7,288
Football Foundation	-	493	493	-	-	-
The Arts Council	-	673	673	-	-	-
Mayoral Community Fund	-	6,700	6,700	-	-	-
Lloyds Bank Foundation for England and Wales	-	-	-	-	7,080	7,080
The National Lottery Community Fund	-	10,000	10,000	-	-	-
Sheffield Towns Trust	-	-	-	-	3,000	3,000
Evan Cornish Foundation	-	-	-	-	7,000	7,000
Sheffield City Council	-	15,130	15,130	10,000	6,220	16,220
Cutlers Company Charitable Trust	-	-	-	-	500	500
Clothworkers Foundation	-	-	-	-	1,750	1,750
Access - the Foundation for Social Investment	-	10,000	10,000	-	9,060	9,060
J G Graves Charitable Trust	-	-	-	3,000	-	3,000
NHS Sheffield CCG	-	7,720	7,720	-	13,693	13,693
Disability Action	-	-	-	-	4,221	4,221
Coronavirus Job Retention Scheme	971	-	971	1,149	-	1,149
	13,547	50,716	64,263	20,887	53,074	73,961

3 Income from charitable activities

	General funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Contracts and projects						
Sheffield City Council	66,876	-	66,876	66,876	-	66,876
Sheffield Health and Social Care Trust	121,954	3,000	124,954	100,165	19,061	119,226
NHS Sheffield CCG	-	10,000	10,000	11,050	7,000	18,050
Health Education England	5,096	-	5,096	5,096	-	5,096
Healthwatch	-	-	-	-	1,980	1,980
Other services	47,648	-	47,648	30,816	1,400	32,216
	241,574	13,000	254,574	214,003	29,441	243,444

4 Expenditure on charitable activities

	Unrestricted funds £	Restricted funds £	Total 2022 £	Unrestricted funds £	Restricted funds £	Total 2021 £
Note	£	£	£	£	£	£
Activities and events	52,421	22,254	74,675	18,342	29,729	48,071
Staff costs	163,974	18,841	182,815	150,264	25,839	176,103
Website development	14,980	11,930	26,910	6,300	6,930	13,230
Office, IT and equipment	30,928	3,357	34,285	25,718	1,801	27,519
Vehicle costs (including depreciation)	3,612	-	3,612	2,490	-	2,490
Support costs	397	2	399	3,506	202	3,708
Bad debts	256	-	256	-	-	-
Independent examination fee	1,710	-	1,710	1,470	-	1,470
Grant disbursement	-	-	-	-	19,061	19,061
	268,278	56,384	324,662	208,090	83,562	291,652

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2022

5 Staff Costs

	2022 £	2021 £
Salaries	165,060	157,766
Employer's national insurance	10,728	10,797
Employer's allowance	(4,000)	(4,000)
Employer pension contributions	7,423	7,625
	<u>179,211</u>	<u>172,188</u>
Staff expenses and other costs including payroll provision	3,604	3,915
	<u>182,815</u>	<u>176,103</u>

No employee received emoluments of more than £60,000. The average number of employees during the period was 11 (2021: 9).

6 Fees paid to the independent examiner's organisation

	2022 £	2021 £
Independent examination fee	<u>1,710</u>	<u>1,470</u>
Other fees paid to the independent examiner's organisation:		
Payroll administration costs	1,120	1,255
Other accountancy services	-	-
Accounting software licence	252	252
	<u>1,372</u>	<u>1,507</u>

7 Trustees and key management remuneration, benefits and expenses

The charity trustees were not paid or received any other benefits from employment with the Charity in the year (2021: £nil) neither were they reimbursed expenses during the year (2021: £nil). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

The key management personnel of the charity, comprise the trustees, the managing director and the deputy managing director. The total employee benefits of the key management personnel of the charity were £69,705 (2021: £46,040).

8 Tangible fixed assets

	Motor Vehicles £	Total £
Cost		
As at 1 April 2021	3,240	3,240
Additions	4,995	4,995
As at 31 March 2022	<u>8,235</u>	<u>8,235</u>
Depreciation		
As at 1 April 2021	810	810
Charge this period	686	686
As at 31 March 2022	<u>1,496</u>	<u>1,496</u>
Net book value		
As at 31 March 2022	<u>6,739</u>	<u>6,739</u>
As at 31 March 2021	<u>2,430</u>	<u>2,430</u>

All fixed assets are considered to be for direct charitable purposes.

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2022

9 Debtors

	2022 £	2021 £
Trade debtors	72,980	21,988
Prepayments	7,768	4,800
Other debtors	-	108
	80,748	26,896

10 Creditors: amounts falling due within one year

	Note	2022 £	2021 £
Trade creditors		10,618	24,671
Accruals & deferred income		79,714	1,470
Taxes & social security		5,643	1,794
Other creditors		991	2,414
Agency funds	11	-	-
		96,966	30,349

11 Agency balances

	2022 £	2021 £
Brought forward	-	460
Income	-	-
Expenditure	-	(460)
Carried forward	-	-

Sheffield Flourish used its donations platform to collect monies for two other charities on behalf of the Lord Mayors fundraising. Sheffield Flourish paid out the donations to these organisations.

12 Deferred income

	2022 £	2021 £
Brought forward	-	-
Received in the year	78,004	-
Released in the year	-	-
Carried forward	78,004	-

Deferred income - detail

Funder	Project	Brought forward £	Received in the year £	Released in the year £	Carried forward £
Sheffield Health and Social Care Trust	Experience and engagement lead	-	28,004	-	28,004
Sheffield Health and Social Care Trust	Race equity	-	50,000	-	50,000
		-	78,004	-	78,004

Deferred income relates to project income received in advance of the start of the project and to be spent in a later accounting period

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2022

13 Designated funds

	Balance at 01-Apr-21 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-22 £
SHSC Tackling Inequalities: BAME resource	3,000	-	(3,000)	-	-
Brunsmere Awareness FC	-	-	-	895	895
CAST	-	521	(1,678)	2,439	1,282
Connected Worlds	-	-	-	65	65
MH Guide	-	66,876	(68,511)	6,283	4,648
Open Door Music Group	-	1,500	(1,349)	-	151
	3,000	68,897	(74,538)	9,682	7,041

The above funds have been designated at the discretion of the trustees in order to ensure that the requirements of the funder and the objectives of the project are met in full.

SHSC Tackling Inequalities: BAME resource

Funding allocated to contribute towards a BAME appropriate My Toolkit resource

Brunsmere Awareness FC

Funding designated to support Brunsmere football club and Sheffield and Hallamshire County FA Flourish league.

CAST

Funding designated to support the work of CAST a creative arts enterprise.

Connected Worlds

Funding designated to support creative courses using story telling, poetry, creative writing and art.

MH Guide

Funding designated to support the development of a guide for local services, activities and support around mental health.

Open Door Music Group

Funding designated to support the music group running jam sessions and music production.

Prior year

	Balance at 01-Apr-21 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-22 £
SHSC Tackling Inequalities: BAME resource	-	3,000	-	-	3,000
	-	3,000	-	-	3,000

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2022

14 Restricted funds

	Balance at 01-Apr-21 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-22 £
Brunsmear Project					
Grow the game	1,174	-	(125)	-	1,049
Peter Harrison	2,819	-	(2,819)	-	-
Return to football fund	-	493	(199)	-	294
Connected Worlds Project					
C & E Sykes	2,760	-	(1,314)	-	1,446
Harry Bottom Charitable Trust	1,000	-	-	-	1,000
Sheffield Towns Trust	1,800	-	-	-	1,800
Flippen Mental Theatre Project					
Cultivating Mad Cow	143	673	(710)	(106)	-
Evan Cornish Foundation	2,822	-	(2,822)	-	-
NLCF - Drama for the Mind 2	-	10,000	(1,489)	-	8,511
Hub Core Project					
Sheffield CCG Learning Disability Grant Funding	4,400	-	(3,950)	-	450
SHSC Volunteer support	11,500	-	(1,359)	(10,141)	-
Service User Consultancy Enterprise	1,359	-	-	-	1,359
Sheffield CCG Severe Mental Illness and Physical Health	-	7,720	(7,720)	-	-
Transforming and activating places	-	1,600	(1,600)	-	-
SYCF Mayoral Community Fund	-	6,700	(6,700)	-	-
SCC device Loan Scheme	-	5,000	-	-	5,000
SCC Community Covid Recovery Fund	-	10,130	-	(10,130)	-
Learning Space					
Education Exchange	4,769	-	(4,769)	-	-
Suicide Support & prevention					
Sheffield Suicide Support	5,000	10,000	(10,696)	-	4,304
CCG Suicide Prevention Small Grants	2,006	-	(574)	-	1,432
My Toolkit					
DPO Covid 19 Emergency fund	3,050	-	(3,050)	-	-
START addiction	-	3,000	(3,000)	-	-
Oasis					
Enterprise Development Programme	4,191	10,000	(5,368)	-	8,823
Open Door Music					
Open Door Music Project	32	-	-	-	32
Austin Pike Grant	775	-	(598)	-	177
Talbot Trust	199	-	-	-	199
	49,799	65,316	(58,862)	(20,377)	35,876

Brunsmear Project

Grant funding received from the Football Foundation and Peter Harrison to assist in setting up new football teams including a women's team.

Connected Worlds Project

Connected worlds is a course of creative workshops through which participants discover and develop their talents in art and writing.

Flippen Mental Theatre Project

Funding received to support the work done by the Flippen Mental Theatre community enterprise.

Hub Core Project

Funding was received to:

- Enable the organisation to contribute and add value to the delivery of Sheffield Health and Social Care Trust's service user engagement strategy and leading the development of the Education Exchange.
- Support the purchase of five tablets to support digitally excluded communities and the expansion of the art and seed packs
- Develop a central and locally focussed digital resource for information for people with learning disabilities that supports good physical health and annual health checks.
- Support the increase in mental health work and response to Covid 19.

Learning Space

Funding provided by Sheffield Health and Social Care Trust and CO-OP Covid funding to contribute towards the costs of the Learning Space

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2022

14 Restricted funds - continued

Suicide Support & prevention

Funding received to develop a suicide prevention signposting website.

My Toolkit

Funding provided by Disability Action and Lloyds bank Foundation to support the expansion of the My Toolkit, a co-produced digital platform that helps people to plan and manage their mental health care online.

Oasis

Funding provided to support the Oasis project move to a new location and also funding by the Enterprise Development Programme to support the organisation to become more enterprising.

Open Door Music

Grant given by the Talbot Trusts and the Austin and Hope Pilkington Trust to support the Open Door Music Project.

Prior year comparison

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Brunsmear Project					
Grow the game	1,174	-	-	-	1,174
Peter Harrison	5,154	-	(2,335)	-	2,819
Connected Worlds Project					
C & E Sykes	4,000	-	(490)	(750)	2,760
Harry Bottom Charitable Trust	1,100	-	-	(100)	1,000
Money to Bring People Together	975	-	(975)	-	-
Sheffield Towns Trust	2,000	-	-	(200)	1,800
Flippen Mental Theatre Project					
Cultivating Mad Cow	6,052	-	(5,909)	-	143
Evan Cornish Foundation	-	7,000	(3,628)	(550)	2,822
Suicide Monologues	-	1,400	(1,400)	-	-
Hub Core Project					
Education Exchange	13,452	-	(8,683)	(4,769)	-
Clothworkers Foundation	-	1,750	(1,750)	-	-
Cutlers Company Charitable Trust	-	500	(500)	-	-
Healthwatch	-	1,980	(1,980)	-	-
SCC Covid 19 Funding	-	6,220	(6,220)	-	-
Sheffield CCG Learning Disability Grant Funding	-	9,950	(5,550)	-	4,400
Sheffield Town Trust	-	3,000	(3,000)	-	-
SHSC Volunteer support	11,500	-	-	-	11,500
Service User Consultancy Enterprise	3,561	-	(2,202)	-	1,359
Learning Space					
Education Exchange	-	-	-	4,769	4,769
COOP - Covid 19 fund	-	500	(500)	-	-
Suicide Support & prevention					
Sheffield Suicide Support	-	5,000	-	-	5,000
CCG Suicide Prevention Small Grants	1,449	3,743	(3,186)	-	2,006
My Toolkit					
DPO Covid 19 Emergency fund	-	4,221	(1,171)	-	3,050
Lloyds Bank Covid 19 response	-	7,080	(7,080)	-	-
Oasis					
Oasis Move	733	50	(783)	-	-
Enterprise Development Programme	-	9,060	(4,869)	-	4,191
Open Door Music					
Open Door Music Project	32	-	-	-	32
Austin Pike Grant	900	-	(125)	-	775
Talbot Trust	564	-	(365)	-	199
SPB Video					
NHS Sheffield CCG	-	2,000	(2,000)	-	-
Tackling Inequalities					
Sheffield Health & Social Care Trust	-	19,061	(19,061)	-	-
	52,646	82,515	(83,762)	(1,600)	49,799

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2022

15 Net assets by fund

	Unrestricted	Designated	Restricted	Total	Unrestricted	Designated	Restricted	Total
	funds	funds	funds	2021	ed	funds	funds	2021
	£	£	£	£	£	£	£	£
Tangible fixed assets	6,739	-	-	6,739	2,430	-	-	2,430
Net current assets	82,310	7,041	35,876	125,227	75,737	3,000	49,799	128,536
	89,049	7,041	35,876	131,966	78,167	3,000	49,799	130,966

16 Related party transactions

During the year Brendan Stone, a trustee, was a non-executive director of Sheffield Health and Social Care Trust (SHSC). The charity received funding of £124,954 in the year. Brendan has no voting rights with SHSC was not party to the decision to provide this money.

There were no further related party transactions during the year.

17 Operating lease commitments

As at 31 March 2022 the charity was committed to making the following minimum payments under operating leases as follows:

	2022	2021
	£	£
Payable within 1 year	13,800	13,800
Payable between 1-5 years	5,750	19,550
	19,550	33,350

18 Statement of Financial Activities - prior year comparison

	General	Designated	Restricted	Total	General	Designated	Restricted	Total
	funds	funds	funds	2022	funds	funds	funds	2021
	£	£	£	£	£	£	£	£
Income from:								
Donations and grants	11,700	1,847	50,716	64,263	20,887	-	53,074	73,961
Charitable activities	174,524	67,050	13,000	254,574	211,003	3,000	29,441	243,444
Other income	10,332	-	1,600	11,932	290	-	-	290
Total income	196,556	68,897	65,316	330,769	232,180	3,000	82,515	317,695
Expenditure on:								
Fundraising and promotion	2,378	251	2,478	5,107	502	-	200	702
Charitable activities	193,991	74,287	56,384	324,662	208,090	-	83,562	291,652
Total expenditure	196,369	74,538	58,862	329,769	208,592	-	83,762	292,354
Net income/(expenditure)	187	(5,641)	6,454	1,000	23,588	3,000	(1,247)	25,341
Transfers between funds	10,695	9,682	(20,377)	-	1,600	-	(1,600)	-
Net movement in funds	10,882	4,041	(13,923)	1,000	25,188	3,000	(2,847)	25,341
Total funds brought forward	78,167	3,000	49,799	130,966	52,979	-	52,646	105,625
Total funds carried forward	89,049	7,041	35,876	131,966	78,167	3,000	49,799	130,966