

Registered Charity Number: 1147334

Company number: 07980332

Sheffield Flourish

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2021

Sheffield Flourish

Contents

	Page
Legal and administrative information	2
Directors' annual report	3 - 7
Independent examiner's report	8
Statement of financial activities	9
Balance sheet	10
Notes to the accounts	11 - 18

Sheffield Flourish

Legal and administrative information for the year ended 31 March 2021

Previously known as
Recovery Enterprises

Directors

Pam Stirling	Chair
Andrew Wood	Treasurer
Brendan Stone	
Nick Bax	
Jane Ferretti	
Andrew Hudson	
Shirin Teifouri	
Adelaide Chibanda	

Key staff

Managing Director	Josie Soutar
Deputy Managing Director	Jo Eckersley

Charity number
1147334

Company number
07980332

Registered office address
Upper Floor
4 Windrush Way
Sheffield
S3 8JU

Independent Examiner
Susan Cochrane
Employee of:
VAS Community Accountancy
The Circle
33 Rockingham Lane
Sheffield
S1 4FW

Sheffield Flourish

Directors' annual report For the year ended 31 March 2021

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, governance and management

Sheffield Flourish was incorporated on 17th March 2012 and gained charitable status on 18 May 2012. Its Memorandum and Articles of Association govern it. Its legal status is that of a company limited by guarantee (Company number 07980332) and a registered charity (Charity number 1147334). The company changed its name from Recovery Enterprises on 11 October 2019.

It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Overall management of the Charity is the responsibility of the Trustee Directors who are elected and co-opted under the terms of the memorandum and articles of association. Day to day project activity is carried out by paid staff and volunteers.

Before any person is accepted onto the Sheffield Flourish Board, they will meet with the Chair and/or Vice-chair to discuss what is involved. The prospective trustee should be asked to outline what skills and abilities they would bring to their work on the Board. The Chair or Vice-chair will obtain information on the prospective Trustee's skills/experience and one or two references regarding their character. The prospective Trustees may be asked to attend a Board meeting before they commit to joining. The Board will discuss each candidate in their absence before formally inviting them to join. New Trustees are co-opted at any time, but (as per Sheffield Flourish's articles of association) must stand for re-election with the other trustees at the next annual general meeting. New Trustees, and those re-elected to the Board following an annual general meeting or extraordinary general meeting, sign a declaration form to confirm that they have not been disqualified from serving as Board members.

Objectives, activities and public benefit

We support people living with mental health conditions to use their skills, ideas and talent to build the lives they wish to lead. We collaborate on innovative digital and community projects, recognising the untapped strengths of people who've experienced mental health issues. These strengths are showcased on Sheffield Flourish digital hub, our flagship website which features personal stories about mental health in the city. We run a further three websites: the Sheffield Mental Health Guide - an online resource directory; Sheffield Suicide Support – support and preventative information for people who may be considering suicide; My Toolkit – an individual online space for people to create their own mental health support plans. We're also proud to support seven active, creative, green-fingered and musical enterprises: Brunsmead Awareness FC, CAST, Connected Worlds, Flippin Mental Theatre, Oasis and Open Door Music.

Sheffield Flourish

Directors' annual report - continued For the year ended 31 March 2021

Objectives, activities and public benefit (continued)

The objects of the charity are the relief of illness and distress and the promotion of health and social inclusion of adults with mental health conditions, with a view to assisting them with finding employment and improving their general conditions of life. All of our activities contribute to these objectives and one or more of the following outcomes:

- People feel less isolated and have more social connections
- People feel more equipped to self-care
- People have increased confidence and self-esteem
- People have more skills and knowledge
- People are better informed about mental health and related activities and services
- People have an increased understanding of mental health and reduced stigma

In planning the objectives and activities the directors have considered the Charity Commission's guidance on public benefit.

Activities and achievements

Supporting the mental health community

- 205 people have been supported through our community enterprise activity
- 26 new members joined the community enterprise groups
- 273 online groups were delivered, averaging 6 groups per week
- 36 face-to-face groups were delivered
- 69 people received a regular telephone check-in during lockdowns
- 45 volunteers have given their free time to support our community

Digital Activity

- Sheffield Flourish Hub – had an annual audience of 26k+ website users with the aim of supporting people to build connections through the sharing of stories and experiences. We published 45 stories written from expert-by-experience perspective, that inspired and raised awareness of people's mental health experiences.
- Sheffield Mental Health Guide – directory of all mental health activities and events in Sheffield. It had an annual audience of 80k+ users who benefitted from signposting and information that better enabled people to self-manage their mental health conditions. The guide promoted 75 services and made 17k+ referrals into services (1523 via phone/email, 15738 via website)
- Sheffield Suicide Support Resource – provides information resources for suicide prevention and people who have been affected by suicide. It had 1288 new visitors during the year.
- My Toolkit – provides space for individuals to set their own mental health care plan. During the year it had 439 new registered users.
- Social media – we continued to provide information and engage with the community through twitter, Instagram and Facebook, having 8K+ new followers during the year.
- 24 people and 5 organisations have received digital training
- In partnership with the CCG, Sheffield Voices and SHSC's START, we have created additional resources and made our tools more accessible for people with learning disabilities and those seeking support with addiction.

"When I first began my role as a Peer Recovery Worker, I had a lot to learn and was struggling to know where to begin. People would tell me about the importance of signposting service users to relevant services, but I wasn't aware of many of these groups/services etc in Sheffield, so wasn't sure how to do this. I searched for 'mental health Sheffield' on Google and found your mental health guide, which I found easy to navigate, provided just the right amount of information and I could use with great ease."

Sheffield Flourish

Directors' annual report - continued For the year ended 31 March 2021

Activities and achievements (continued)

Community Enterprise Activity

- Brunsmead Awareness FC – includes mental health friendly football training sessions for both men and women, and a football league run in partnership with Sheffield and Hallam FA. Our men's sessions had regular attendance of 25 players. We had 72 attendees over the year, including 17 regular attendees of the new women's sessions. We also ran virtual fitness sessions during lockdown.

"I suffered from post-natal depression following the birth of my son and struggled to feel mentally well for quite a while afterwards. As well as being really fun, the football sessions help me to feel like my old self and are now the highlight of my week! Especially during covid times they have been a real lifeline."

- CAST – includes a weekly painting and drawing session; weekly creative writing session and a monthly artist gathering. Group sessions had an annual attendance of 35 people. Additional work this year included an art exhibition run both virtually and in the Moor market.

"The art group is very good and very inclusive and friendly and works well together."

- Connected Worlds – provides storytelling and art-based courses to connect people and provide a creative space for them to tell their stories of everyday life. This year we launched The Way I Flourish course, aimed at women of colour with 15 attendees over 2 courses.

"The dynamics of this particular group (only black women) works for me and each member has been down to earth and inspirational. A course run like this is, in my opinion, delivering on its title – 'The Way I Flourish'."

- Flippin Mental Theatre – provides an inclusive drama group called 'Drama for the Mind' and puts on plays that focus on mental health related issues. 7 participants took part in the inclusive drama course. We also hosted a screening of the Suicide Monologues that featured 10 stories under the theme of suicide.

"It is not that my mental health has improved – my mental health deteriorated very badly for various reasons, and doing the drama project helped to stabilise it."

- The Learning Space – new this year, this project is designed to enable people to access mental health friendly courses, workshops and learning opportunities. During lockdown we ran the 'Managing My Mental Health' course with 6 attendees.

"The teaching material was fresh and engaging. The course was something that's so different...but different in a good way."

- Oasis – includes a weekly gardening for wellbeing session and a contract gardening service. We moved the service to a new site this year and have had 8 attendees helping to clear the space.

"I don't see anyone else during the week or do anything else, this is what I look forward to, to seeing all of you."

- Open Door Music – includes a weekly jamming session, music production group and fortnightly singing group. We had an annual attendance of 47 participants.

"Just wanted to say a big thank you to everyone at Flourish and Open Door Music for the continued support in these really weird and difficult times. I really miss the ODM group, the music and everyone I've made friends with, and very much miss the social side of things. But it's fantastic that we have the zoom meetings in place to see people face to face and talk and play music. I really appreciate that and the continued support. We're all learning more technical things than we ever thought we would have to, which is a blessing in disguise! I'm also a lot less camera shy than I was before the lockdown, so there's definitely some silver linings!"

Sheffield Flourish

Directors' annual report - continued For the year ended 31 March 2021

Activities and achievements (continued)

Coproduction and Codesign Activity

Working with partners, community organisations and under-represented groups, we were able to open conversations on the gaps, challenges and barriers of inclusive mental health support. This included:

- Two virtual events, broadcast in partnership with Adira and SHSC. The focus was on Black experiences of mental health and was viewed by over 6k people.
- The launch of a social café aimed at Black men leaving secure mental health care. This is in partnership with SADACCA, Space to Breathe and the Community Forensic Team. The project supported 13 people.
- We brought together a group of Black men, affected by suicide, to work with Dr Delroy Hall, to co-design suicide prevention messages.
- We continued our longstanding partnership with SHSC, supporting them to coproduce and codesign services, policy and practice in partnership with people with lived experience of mental ill-health.
- We have been the workstream lead for the Sheffield Psychology Board information and communication management during the pandemic. As part of this work we created Covid-19 mental health information leaflets tailored to 12 specific audiences.

Additional Engagement Activities

Due to the impact of the pandemic we had to think of other ways to engage with our community, this included:

- 31 seed packs delivered
- 130 art packs delivered
- 96 wellbeing packs delivered
- 9 tablets and laptops handed out

Operational Impact – immediate

We conducted 3 different surveys this year, trying to gauge the impact of Covid-19 on our community and gain an understanding of what we can develop to support people through and after the pandemic. Overall, we surveyed 149 people.

85% of people reported that their mental health had got worse over the year.

Transition periods of going into or out of lockdown appeared to be the most difficult time, with common themes being:

Increased anxiety and exhaustion	Other people not taking the threat seriously
Concern that the virus could catch us off guard	Low trust in Government
Worried about vulnerable loved ones	Pressure from others to get back to normal
Being around groups of people at work or while shopping	

During lockdown, all staff were asked to work from home. We have been calling community members on a weekly basis for a check-in and ensured people had access to food parcels, delivered mobile phones and helped people to get online. We have been working with voluntary sector and health partners to collect and distribute information about what mental health services are currently running, updating the Mental Health Guide and getting leaflets out across networks. We have also increased the capacity of the support telephone line, to deal with increased enquiries. As a response, we have adapted all of our community enterprise activity to ensure there are ways that people can connect and engage with each other.

Sheffield Flourish

Directors' annual report - continued For the year ended 31 March 2021

Operational impact – longer term

We work with people with a variety of mental health conditions including severe anxiety, depression and psychosis. Isolation is an ongoing reality and not limited to the Covid-19 lockdown. Therefore, social interaction is an important factor to help people feel connected and engaged with wider society. As the restrictions of Covid-19 are gradually being lifted, our groups and activities are becoming busier. Staff capacity is being monitored closely and we have utilised our Associate model to assist with the increased demand.

Financial impact (including revising reserves policy)

We have been able to secure additional funding to develop services and increase staffing. This has meant there has been a limited impact on our finances. We continue to monitor closely.

Future plans

For 2021-2022:

- Race equity

We will continue to focus on the disparities of mental support and impact for people from Black, Asian and minority ethnic backgrounds. We will build on the work of the wellbeing hub social café and suicide prevention for Black men. We will continue to work with Black-led partner organisations Adira, SADACCA and SACHMA to look at gaps in services and use our networks to bring in resources to support this much needed work.

- Coproduction

As the impact of the Pandemic continues to hit those who are already experiencing disadvantage, now more than ever, it is important to ensure user voices are front and centre of service design and delivery. We will work with health partners to facilitate lived experience voices at all levels of the system. We will continue to support SHSC in the developments of their own service user engagement and experience strategy and activities.

Reserves policy

Free reserves at 31 March 2021 were £75,737

The directors have set a reserves target of £24,000 for closure costs of 3 months to ensure the sustainability of our partnership organisations and the proper and orderly closure of the organisation.

Excess reserves will be used for the completion of existing projects.

Small company provisions

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' annual report above on 29th Nov 2021 and signed on behalf of the directors:

Print name: ANDREW WOOD
Director

Independent Examiner's report to the trustees of Sheffield Flourish ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: S. Cochrane

Susan Cochrane, FCA
Employee of:
VAS Community Accountancy
The Circle
33, Rockingham Lane
Sheffield
S1 4FW

Date: 29 November 21

Sheffield Flourish

Statement of Financial Activities (Incorporating the Income and expenditure account) for the year ended 31 March 2021

	Notes	General funds £	Designated funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income from:						
Donations and grants	2	20,887	-	53,074	73,961	57,080
Charitable activities	3	211,003	3,000	29,441	243,444	175,884
Other income		290	-	-	290	523
Total Income		232,180	3,000	82,515	317,695	233,487
Expenditure on:						
Fundraising and promotion		502	-	200	702	2,152
Charitable activities	4	208,090	-	83,562	291,652	237,878
Total expenditure		208,592	-	83,762	292,354	240,030
Net Income/(expenditure)		23,588	3,000	(1,247)	25,341	(6,543)
Transfers between funds	12&13	1,600	-	(1,600)	-	-
Net movement in funds		25,188	3,000	(2,847)	25,341	(6,543)
Total funds brought forward		52,979	-	52,646	105,625	112,168
Total funds carried forward		78,167	3,000	49,799	130,966	105,625

Sheffield Flourish

Balance sheet As at 31 March 2021

	Notes	2021 £	2020 £
Fixed Assets			
Tangible Assets	8	<u>2,430</u>	<u>2,700</u>
Current assets			
Debtors	9	26,896	44,967
Cash at bank and in hand		<u>131,989</u>	<u>71,545</u>
Total current assets		<u>158,885</u>	<u>116,512</u>
Creditors: amounts falling due within one year	10	(30,349)	(13,587)
Net current assets		<u>128,536</u>	<u>102,925</u>
Total assets less current liabilities		<u>130,966</u>	<u>105,625</u>
Creditors: amounts falling due after more than one year		-	-
Total net assets		<u>130,966</u>	<u>105,625</u>
Funds of the charity			
General funds		78,167	52,979
Designated funds	12	<u>3,000</u>	-
Unrestricted funds		81,167	52,979
Restricted income funds	13	49,799	52,646
Total funds	14	<u>130,966</u>	<u>105,625</u>

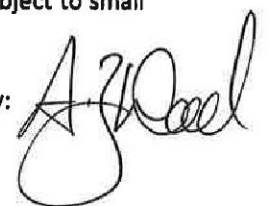
For the year ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

Approved by the directors on 29th Nov 2021 and signed on behalf of the directors by:



Name: ANDREW WOOD
Director

Sheffield Flourish

Notes to the Accounts for the year ended 31 March 2021

1 Accounting Policies

(a) General

Sheffield Flourish is a charitable company in the United Kingdom limited by guarantee and has no share capital. In the event that the charity is wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011. The financial statements have taken advantage of the exemption to prepare a Statement of Cash Flows.

Sheffield Flourish meets the definition of a public benefit entity under FRS 102. The financial statements are prepared under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £.

(b) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income from services provided is included in the year in which the service took place.

Bank interest is recognised as income when it is credited to the bank statement. All bank interest is treated as unrestricted income to the General Fund.

(c) Expenditure and liabilities

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

(d) Donated goods and services

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

(e) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided on all tangible assets at the following annual rates calculated to write off the cost less estimated residual value, on a straight line basis over their useful economic lives:

Vehicles	5 years
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All items of capital expenditure below £500 are written off as incurred.

(e) Debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2021

1 Accounting Policies - continued

(f) Creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(g) Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

(h) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Leases

Rental payable and receivable under operation leases are charged to the SOFA on a straight line basis over the period of the lease.

(k) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

(l) Funds

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the funder.

(m) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that the charity will continue to operate for 12 months from authorising these financial statements. Not all funding streams are secure this far in advance however the trustees will develop a plan of action to be taken to reduce costs, should the required income not be secured.

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2021

2 Income from donations and grants

	Unrestricted funds £	Restricted funds £	Total 2021 £	Unrestricted funds £	Restricted funds £	Total 2020 £
Donations	6,738	550	7,288	9,612	4,251	13,863
Harry Bottom Charitable Trust	-	-	-	-	1,100	1,100
Lloyds Bank Foundation for England and Wales	-	7,080	7,080	-	14,300	14,300
The Arts Council	-	-	-	-	6,052	6,052
Austin-hope-pilkington Trust	-	-	-	100	900	1,000
Talbot Trust	-	-	-	-	4,720	4,720
Peter Harrison Foundation	-	-	-	-	5,500	5,500
Good Things Foundation	-	-	-	-	1,570	1,570
May Hearnshaw	-	-	-	-	1,000	1,000
The National Lottery Community Fund	-	-	-	-	975	975
Sheffield Towns Trust	-	3,000	3,000	-	2,000	2,000
Charles & Elsie Sykes	-	-	-	-	4,000	4,000
Woodward Charitable Trust	-	-	-	1,000	-	1,000
Evan Cornish Foundation	-	7,000	7,000	-	-	-
Sheffield City Council	10,000	6,220	16,220	-	-	-
Cutlers Company Charitable Trust	-	500	500	-	-	-
Clothworkers Foundation	-	1,750	1,750	-	-	-
Access - the Foundation for Social Investment	-	9,060	9,060	-	-	-
J G Graves Charitable Trust	3,000	-	3,000	-	-	-
NHS Sheffield CCG	-	13,693	13,693	-	-	-
Disability Action	-	4,221	4,221	-	-	-
Coronavirus Job Retention Scheme	1,149	-	1,149	-	-	-
	20,887	53,074	73,961	10,712	46,368	57,080

3 Income from charitable activities

	General funds £	Designated funds £	Restricted funds £	Total 2021 £	Unrestricted funds £	Restricted funds £	Total 2020 £
Contracts and projects							
Sheffield City Council	66,876	-	-	66,876	66,876	-	66,876
Sheffield Health and Social Care Trust	97,165	3,000	19,061	119,226	50,000	-	50,000
Department of Health & Social Care	-	-	-	-	-	12,784	12,784
NHS Sheffield CCG	11,050	-	7,000	18,050	-	7,000	7,000
Sheffield City Council	-	-	-	-	4,500	-	4,500
Health Education England	5,096	-	-	5,096	5,704	-	5,704
Healthwatch	-	-	1,980	1,980	-	-	-
Other services	30,816	-	1,400	32,216	28,950	70	29,020
	211,003	3,000	29,441	243,444	156,030	19,854	175,884

4 Expenditure on charitable activities

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Unrestricted funds £	Restricted funds £	Total 2020 £
Activities and events		18,342	29,729	48,071	9,516	9,864	19,380
Staff costs	5	150,264	25,839	176,103	104,893	24,104	128,997
Consultancy/self-employed staff costs		-	-	-	9,647	10,370	20,017
Website development		6,300	6,930	13,230	12,750	15,814	28,564
Office, IT and equipment		25,718	1,801	27,519	33,631	327	33,958
Vehicle costs (including depreciation)		2,490	-	2,490	2,352	-	2,352
External evaluation		-	-	-	2,100	-	2,100
Support costs		3,506	202	3,708	1,128	150	1,278
Bad debts		-	-	-	182	-	182
Independent examination fee	6	1,470	-	1,470	1,050	-	1,050
Grant disbursement		-	19,061	19,061	-	-	-
		208,090	83,562	291,652	177,249	60,629	237,878

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2021

5 Staff Costs

	2021 £	2020 £
Salaries	157,766	115,112
Employer's national insurance	10,797	6,689
Employer's allowance	(4,000)	(3,000)
Employer pension contributions	7,625	5,610
	<u>172,188</u>	<u>124,411</u>
Staff expenses and other costs including payroll provision	<u>3,915</u>	<u>4,586</u>
	<u>176,103</u>	<u>128,997</u>

No employee received emoluments of more than £60,000. The average number of employees during the period was 10 (2020: 9).

6 Fees paid to the independent examiner's organisation

	2021 £	2020 £
Independent examination fee	<u>1,470</u>	<u>1,050</u>
Other fees paid to the independent examiner's organisation:		
Payroll administration costs	1,255	659
Other accountancy services	-	180
Accounting software licence	252	252
	<u>1,507</u>	<u>1,091</u>

7 Trustees and key management remuneration, benefits and expenses

The charity trustees were not paid or received any other benefits from employment with the Charity in the year (2020: £nil) neither were they reimbursed expenses during the year (2020: £nil). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

The key management personnel of the charity, comprise the trustees, the managing director and the deputy managing director. The total employee benefits of the key management personnel of the charity were £54,219 (2020: £46,040).

8 Tangible fixed assets

	Motor Vehicles £	Total £
Cost		
As at 1 April 2020	3,240	3,240
Additions	-	-
As at 31 March 2021	<u>3,240</u>	<u>3,240</u>
Depreciation		
As at 1 April 2020	540	540
Charge this period	270	270
As at 31 March 2021	<u>810</u>	<u>810</u>
Net book value		
As at 31 March 2021	<u>2,430</u>	<u>2,430</u>
As at 31 March 2020	<u>2,700</u>	<u>2,700</u>

All fixed assets are considered to be for direct charitable purposes.

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2021

9 Debtors

	2021 £	2020 £
Trade debtors	21,988	37,940
Prepayments	4,800	3,800
Other debtors	108	3,227
	<u>26,896</u>	<u>44,967</u>

10 Creditors: amounts falling due within one year

	Note	2021 £	2020 £
Trade creditors		24,671	9,998
Accruals		1,470	1,230
Taxes & social security		1,794	1,077
Other creditors		2,414	822
Agency funds	11	-	460
		<u>30,349</u>	<u>13,587</u>

11 Agency balances

	2021 £	2020 £
Brought forward	460	-
Income	-	3,907
Expenditure	(460)	(2,847)
Carried forward	<u>-</u>	<u>460</u>

Sheffield Flourish used its donations platform to collect monies for two other charities on behalf of the Lord Mayors fundraising. Sheffield Flourish paid out the donations to these organisations.

12 Designated funds

	Balance at 01-Apr-20 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-21 £
SHSC Tackling Inequalities: BAME resource	-	3,000	-	-	3,000
	<u>-</u>	<u>3,000</u>	<u>-</u>	<u>-</u>	<u>3,000</u>

The above funds have been designated at the discretion of the trustees in order to ensure that the requirements of the funder and the objectives of the project are met in full.

SHSC Tackling Inequalities: BAME resource

Funding allocated to contribute towards a BAME appropriate My Toolkit resource

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2021

13 Restricted funds

	Balance at 01-Apr-20 £	Income £	Expenditure £	Transfers £	Balance at 31-Mar-21 £
Brunsmear Project					
Grow the game	1,174	-	-	-	1,174
Peter Harrison	5,154	-	(2,335)	-	2,819
Connected Worlds Project					
C & E Sykes	4,000	-	(490)	(750)	2,760
Harry Bottom Charitable Trust	1,100	-	-	(100)	1,000
Money to Bring People Together	975	-	(975)	-	-
Sheffield Towns Trust	2,000	-	-	(200)	1,800
Flippen Mental Theatre Project					
Cultivating Mad Cow	6,052	-	(5,909)	-	143
Evan Cornish Foundation	-	7,000	(3,628)	(550)	2,822
Suicide Monologues	-	1,400	(1,400)	-	-
Hub Core Project					
Education Exchange	13,452	-	(8,683)	(4,769)	-
Clothworkers Foundation	-	1,750	(1,750)	-	-
Cutlers Company Charitable Trust	-	500	(500)	-	-
Healthwatch	-	1,980	(1,980)	-	-
SCC Covid 19 Funding	-	6,220	(6,220)	-	-
Sheffield CCG Learning Disability Grant Funding	-	9,950	(5,550)	-	4,400
Sheffield Town Trust	-	3,000	(3,000)	-	-
SHSC Volunteer support	11,500	-	-	-	11,500
Service User Consultancy Enterprise	3,561	-	(2,202)	-	1,359
Learning Space					
Education Exchange	-	-	-	4,769	4,769
COOP - Covid 19 fund	-	500	(500)	-	-
Suicide Support & prevention					
Sheffield Suicide Support	-	5,000	-	-	5,000
CCG Suicide Prevention Small Grants	1,449	3,743	(3,186)	-	2,006
My Toolkit					
DPO Covid 19 Emergency fund	-	4,221	(1,171)	-	3,050
Lloyds Bank Covid 19 response	-	7,080	(7,080)	-	-
Oasis					
Oasis Move	733	50	(783)	-	-
Enterprise Development Programme	-	9,060	(4,869)	-	4,191
Open Door Music					
Open Door Music Project	32	-	-	-	32
Austin Pike Grant	900	-	(125)	-	775
Talbot Trust	564	-	(365)	-	199
SPB Video					
NHS Sheffield CCG	-	2,000	(2,000)	-	-
Tackling Inequalities					
Sheffield Health & Social Care Trust	-	19,061	(19,061)	-	-
	52,646	82,515	(83,762)	(1,600)	49,799

Brunsmear Project

Grant funding received from the Football Foundation and Peter Harrison to assist in setting up new football teams including a women's team.

Connected Worlds Project

Connected worlds is a course of creative workshops through which participants discover and develop their talents in art and writing.

Flippen Mental Theatre Project

Funding received to support the work done by the Flippen Mental Theatre community enterprise.

Hub Core Project

Funding was received to:

- Enable the organisation to contribute and add value to the delivery of Sheffield Health and Social Care Trust's service user engagement strategy and leading the development of the Education Exchange.
- Support the purchase of five tablets to support digitally excluded communities and the expansion of the art and seed packs
- Develop a central and locally focussed digital resource for information for people with learning disabilities that supports good physical health and annual health checks.
- Support the increase in mental health work and response to Covid 19.

Learning Space

Funding provided by Sheffield Health and Social Care Trust and CO-OP Covid funding to contribute towards the costs of the Learning Space

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2021

13 Restricted funds - continued

Suicide Support & prevention

Funding received to develop a suicide prevention signposting website.

My Toolkit

Funding provided by Disability Action and Lloyds bank Foundation to support the expansion of the My Toolkit, a co-produced digital platform that helps people to plan and manage their mental health care online.

Oasis

Funding provided to support the Oasis project move to a new location and also funding by the Enterprise Development Programme to support the organisation to become more enterprising.

Open Door Music

Grant given by the Talbot Trusts and the Austin and Hope Pilkington Trust to support the Open Door Music Project.

SPB Video

Funding provided by NHS Sheffield CCG to contribute towards the costs of the SPB Video

Tackling Inequalities

Funding provided for SADACCA, the partnership organisation, for the Tackling Inequalities project which aims to tackle the inequalities of peoples leaving secure care, bringing together a collective expertise of working with the BAME community and supporting people with mental ill-health.

Prior year comparison

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Brunsmear Project					
Grow the game	1,108	70	(4)	-	1,174
Peter Harrison	1,436	5,500	(1,782)	-	5,154
Connected Worlds Project					
Reboot UK: Community Connector	5,370	445	(5,815)	-	-
Reboot UK: Ambassador training	-	1,125	(2,250)	1,125	-
My Support	1,125	12,784	(12,784)	(1,125)	-
C & E Sykes	-	4,000	-	-	4,000
Harry Bottom Charitable Trust	-	1,100	-	-	1,100
Money to Bring People Together	-	975	-	-	975
Sheffield Towns Trust	-	2,000	-	-	2,000
Flippen Mental Theatre Project					
Cultivating Mad Cow	-	6,052	-	-	6,052
Hub Core Project					
Education Exchange	23,990	-	(10,538)	-	13,452
SHSC Volunteer support	4,830	-	(1,269)	-	3,561
Service User Consultancy Enterprise	11,500	-	-	-	11,500
CAST					
COOP Community Funding	-	3,125	(3,125)	-	-
Suicide Support & prevention					
CCG Suicide Prevention Small Grants	-	7,000	(5,551)	-	1,449
Monitoring & Evaluation					
Lloyds Bank Foundation	-	14,300	(14,300)	-	-
Oasis					
Oasis Gardening	1,028	-	(1,028)	-	-
Oasis Garden Wellbeing	357	1,000	(1,157)	(200)	-
Oasis Move	-	1,000	(267)	-	733
Open Door Music					
Open Door Music Project	-	126	(94)	-	32
Austin Pike Grant	-	900	-	-	900
Talbot Trust	-	4,720	(1,656)	(2,500)	564
	50,744	66,222	(61,620)	(2,700)	52,646

Sheffield Flourish

Notes to the Accounts - continued for the year ended 31 March 2021

14 Net assets by fund

	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £	Unrestricted funds £	Restricted funds £	Total 2020 £
Tangible fixed assets	2,430	-	-	2,430	2,700	-	2,700
Net current assets	75,737	3,000	49,799	128,536	50,279	52,646	102,925
	78,167	3,000	49,799	130,966	52,979	52,646	105,625

15 Related party transactions

During the year Brendan Stone, a trustee, was a non-executive director of Sheffield Health and Social Care Trust (SHSC). The charity received funding of £119,226 in the year. Brendan has no voting rights with SHSC and was not party to the decision to provide this money.

During the year Jane Ferretti, a trustee, was also a trustee of Sheffield Town Trust. The charity received funding of £3,000 in the year. Jane stated a conflict of interest with Sheffield Town Trust when the Sheffield Flourish application was received and had no involvement with the process, including the decision for granting funding.

There were no further related party transactions during the year.

16 Operating lease commitments

As at 31 March 2021 the charity was committed to making the following minimum payments under operating leases as follows:

	2021 £	2020 £
Payable within 1 year	13,800	5,000
Payable between 1-5 years	19,550	-
	33,350	5,000

17 Statement of Financial Activities - prior year comparison

	General funds £	Designated funds £	Restricted funds £	Total 2021 £	General funds £	Designated funds £	Restricted funds £	Total 2020 £
Income from:								
Donations and grants	20,887	-	53,074	73,961	10,712	-	46,368	57,080
Charitable activities	211,003	3,000	29,441	243,444	156,030	-	19,854	175,884
Other income	290	-	-	290	523	-	-	523
Total income	232,180	3,000	82,515	317,695	167,265	-	66,222	233,487
Expenditure on:								
Fundraising and promotion	502	-	200	702	1,161	-	991	2,152
Charitable activities	208,090	-	83,562	291,652	177,249	-	60,629	237,878
Total expenditure	208,592	-	83,762	292,354	178,410	-	61,620	240,030
Net income/(expenditure)	23,588	3,000	(1,247)	25,341	(11,145)	-	4,602	(6,543)
Transfers between funds	1,600	-	(1,600)	-	2,700	-	(2,700)	-
Net movement in funds	25,188	3,000	(2,847)	25,341	(8,445)	-	1,902	(6,543)
Total funds brought forward	52,979	-	52,646	105,625	61,424	-	50,744	112,168
Total funds carried forward	78,167	3,000	49,799	130,966	52,979	-	52,646	105,625