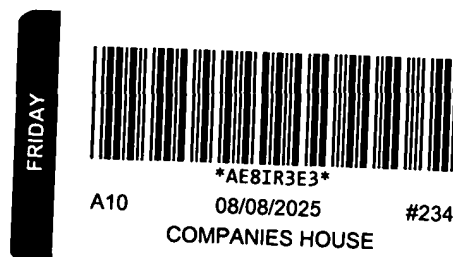


Company No: 5617122 - Charity Number: 1147332

Rise Community Action Limited

**Annual Report
and
Annual Accounts**

1st December 2023 – 30th November 2024



LEGAL INFORMATION

Company No: 5617122

Charity Number: 1147332

Legal Status: Limited by Guarantee and a Registered Charity

Address: Halkevi Community Centre
31-33 Dalston Lane
London E8 3DF

Broad of Directors/ Trustees: Farida Yiga - Chair
David Kakande
Lukiya Kakembo
Dr Edwin Mavunika Mapara
Amina Nalubega Ssendegeya

Principle Staff: Janet Murungi – Coordinator (volunteer)

Banker: Barclays Bank
Moorgate Branch
128 Moorgate,
London, EC2M 6SX

Trustees' Report

The Board of Trustees of Rise Community Action Limited (RISE) ("the Charity") present their annual report for the year ended 30th November 2024 under the Companies Act 1985 and the Charities Act 1993, together with the independently examined financial statements for that year.

Rise Community Action (RCA) was developed to provide a voice for people living with HIV/AIDS and to create a bridge between service providers and service users who we found were not accessing available services. RCA's work is directed at improving the quality of life for individuals who are socially excluded for a myriad of reasons.

Administrative Details

Rise Community Action is a registered company limited by guarantee (Company No: 5617122) and Charity No: 1147332, with its registered office is as shown on page 1.

Governance and Management

The Charity is governed by its Memorandum and Articles of Association which were adopted on 9th May 2005. The Board of Trustees is responsible for the overall governance of the Charity. Trustees are either elected or co-opted and the total number of Trustees may not be fewer than three and cannot exceed seven. A co-opted member may retain office only until the next Annual General Meeting (AGM) and shall then be eligible for re-election. Effective partnership between Trustees and staff continues to contribute significantly to our success.

Objects and Principal Activities

The Charity's object is for the advancement of education, the relief of poverty and sickness, and the preservation and protection of good health of women and their families, especially persons from BME, Refugee and Asylum seekers communities, and any other person who need assistance. (a) The provision or assistance in the provision of facilities in the interest of social welfare.

Our vision is a world where everyone is given the best possible opportunities in life and where a medical condition is not a barrier to an individual ability to grasp opportunities and achieve personal fulfilment.

Our strategic aim is to achieve this by providing high quality services that is intended to have a practical and positive effect on the lives of those affected with HIV and their families.

Our Aims

- To improve the quality of lives of individuals affected by HIV, FGM or Domestic Violence.
- To create awareness on issues surrounding HIV/AIDS and reduce HIV - related stigma in the community
- To reduce isolation suffered by HIV positive people and promote their social inclusion.
- To better inform service providers on the needs of people living with HIV thus improve the quality of care
- To empower our users to make informed choices on access to services and their lives in general.

Rise Community Action (RCA) was developed to provide a voice for people living with HIV/AIDS and to create a bridge between service providers and service users who we found were not accessing available services. Our first project provided care and support for individuals living with HIV. RCA services have been extended over the past decade to include providing, support services and activities for individuals affected by Domestic Violence and FGM advocacy and empowerment sessions and sexual health promotion activities.

What We Do

Much of RCA activities was focused on addressing Domestic Violence and Female Genital Mutilation (FGM). We are supporting an increasing number of victims of Domestic Violence and survivors of FGM in the wider community.

Established to provide information, care and support for women living with HIV/AIDS in London, RCA has been unfaltering in raising awareness on issues surrounding HIV/AIDS by running workshops, delivering presentations and staging community events and educating the community about the spread of HIV. RCA has been responsive to the needs of the community and its activities have been targeted at reducing the damage HIV/AIDS have been doing to its community.

Financial Support

RCA has been reliant on volunteers, chief among the volunteer have been its volunteer coordinator who continues to perform beyond all expectations and continues to work to

ensure we can extend our activities across London by establishing strategic partnership with organisations that seek to impact on similar areas of need.

The management believes it is important that RCA continues to try to employ paid staff to better address the level of need present in local area. If RCA fails to grow to a point where its infrastructure is not robust enough we are conscious that RCA will have to take radical action to ensure that it never have to turn beneficiaries away.

Funders

Life on the edge is very scary and as a direct effect small organisations are being marginalised, impacting negatively on their operation leaving an alarming number of people without a support network and in a city as soulless as London the consequences are visible everywhere.

RCA continues to work in partnership with a number of local agencies to ensure that our client group is serviced, these relationships have been central to delivering our projects.

We have continued to perform an unusual role as the administrator of CAN's (Community African Network) Bowel cancer project. A project funded by NHS North East Integrated Care board which meant that this year £29,166.68 was received on behalf of CAN. As the receiving organisation this was then paid to CAN in our accounts this figure is represent as part of the organisation's total unrestricted income and is represent in the spending under the section, activities in the furtherance of the Charity's objects.

Management and Administration

The resources expended on administration totalled £2,080 during the year. This represents 3.4% of the total resources spent a level of expenditure that the Trustees consider to be appropriate for the charity. These figure means that we are keeping a firm grip on our administration and management costs and this continues to allow us to direct a much greater percentage of our resources to assisting our beneficiaries.

Material Intangible Incoming Resources

A number of professionals gave their time as volunteers. As there is no financial cost to any third party, this intangible income has not been included in the Statement of Financial Activities but we put a value on it in excess of £20,000 annually.

Activities

This report communicates the value of RCA, and it will, we hope strike a chord and inspire you and others to join us in trying to make difference in the lives of those most in need.

RCA is driven by the ambition to bring comfort to those affected by Domestic Violence and FGM. We are happy that we have witnessed real changes in the lives of many victims. RCA continue to work in partnership with local charities as we try to maximise the reach of RCA in the face of ever decreasing resources a situation which was very evident as we existed in the middle of a financial downturn.

Quick-thinking and adaptability has made RCA a critical force over the past three years. RCA ability to respond to extraordinary crises should not be underestimated or ignored for it is clear that this charity is more responsive than many had imagined having tested in an unusual manner.

We continue to try and foster constructive relationships with statutory organisations. When the local authority resources overstretched RCA continues to step to the plate, and our collaboration is becoming one of the great positives in these times.

Post-Covid, RCA clearly requires a seat at the table, a commitment of support from the public sector is more important than ever. We are conscious that RCA is in danger of being driven out of operation as the larger charities attracts 90 plus percentage of the available funding and micro charities of RCA who deliver over 90% of the activities in the sector at a local level, is seen as a mere after thought. Corporate England does not see us.

Projects

Msaada Volunteer Support

The Project was funded to improve the skills and confidence of volunteers so they are better able to organise and deliver health awareness sessions to local communities in the London borough of Hackney. Training and volunteer skills are the two main component of this project. Participants have gained better skills and improved confidence to continue doing better their volunteer role, while serving the community in Hackney.

Condom Distribution project

Rise Community Action received funding from the London Borough of Hackney's Public Health administered through the Community African Network to continue distributing free Condoms and sexual health information to the African community in Hackney.

Rise Community Action continues to distribute free condoms and sexual health information to African communities in Hackney with the aim of reducing incidences of HIV and other sexually transmitted illnesses. The activity mainly happens at places where Africans congregate like the

Ridley Market, Barber shops and community events. The project has incorporated in the message of PREP which we believe will help to reduce the numbers of HIV infection among the African community

Positive East: "Harambe" Prevent Project

The Project aimed at raising awareness of PreP and promoted HIV &STI testing alongside the condom distribution project in the African community.

Ubuntu Health and Wellbeing Project

Ubuntu Health and Wellbeing supported 50 women who have experienced FGM, Domestic Violence and/or are living with HIV to improve their physical, emotional health and wellbeing through massage treatments, Zumba dance sessions and support groups.

The funding enabled Rise to provide support groups and Afrobeat Zumba sessions while working in partnership with the Hoxton Health to provide free massage treatment sessions to women.

The Zumba classes helped participants to exercise and improve fitness thus improving their physical wellbeing.

The support groups created a space for our service users to share their feelings and learn from each other about developing coping mechanisms, reduced isolation and built confidence among participants

Our service users who wouldn't normally afford or access massage treatments due to various reasons ranging from body shame, some do not wish to disclose their HIV status, or when they do, found that practitioners refused to treat them. Hoxton Health was able to provide us this service with no stigma and our service users were happy to have this now available, and have fed back some of the benefits.

Our service users have told us for years that massage is a treatment that they are generally unable to access - some has confessed to having a lot of shame about their bodies, some do not wish to disclose their HIV status, when they disclose their status, they find that practitioners refuse to treat them. Our service users were happy to have this service now available.

Serlin Family Foundation

This project continues to support and address the challenges of poverty caused by the rising cost of living especially in a borough that ranks high with levels of poverty. It has enabled us to tackle food and hygiene poverty for women affected by Domestic abuse, FGM or HIV and their families. We have been able to support the most vulnerable and those suffering the scourge of poverty due to the cost-of-living crisis. Our service users continue to:

- Receive free food vouchers,
- Support with utility bills
- Shared hot meal in a safe environment

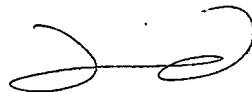
Thank you All

The inspirational work of our volunteer coordinator continues to define our activities and enhance our reputation. We are so please that all of our volunteers following her lead. The Board expresses its thanks to the beneficiaries, volunteers and casual users, to all those who continue to help RCA to deliver its' services. RCA will continue to work tirelessly to ensure we can extend our activities to all in the city.

Thank you.

Chair: Farida Yiga

Signature:



2/07/2025

Directors' Responsibilities

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the charitable company and the surplus or deficit for that period. In preparing these statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The Directors are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner Report

For the Year ended 30th November 2024

I report on the accounts of Rise Community Action Limited for the year ended 30th November 2023, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- to state whether matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below:

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements (a) to keep accounting records in accordance with 386 of the Companies Act 2006; and (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (revised 2005) have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

J N Beugren Accountants
5 Stuart Place, St. Albans, AL1 1AU



17/05/2025

<u>Rise Community Action Limited</u>				
<u>Income & Expenditure Account</u>				
<u>Statement of Financial Activities for the year ended 30th November 2024</u>				
2023 - Total	<u>Incoming Resources</u>	Unrestricted	Restricted	2024 - Total
£	<u>Note</u>			£
	2.			
46,303	Grants, Awards,	-	55 632	52,632
0	Donations	0	400	400
0	Generated Income	-	0	0
1932	Other		1,570	1,570
48,235	Total Income	0	57,602	57,602
	3. <u>Resources Expended</u>			
-	Cost of generating funds	-	-	-
40,514	Activities in the furtherance of the Charity's objects	-	58,354	
2,450	Management & Administration	-	2,080	
42,964	Total outgoing resources	0	61,334	60,334
5,271	Net surplus/deficit	0	(3,732)	(2,732)
4,939	Balance brought forward	1,050	9,160	10,210
10,210	Balance carried forward	1,050	5,428	6,478

Rise Community Action Limited
Balance Sheet as at 30th November 2024

<u>Fixed Assets</u>			
2023		<u>Note</u>	<u>2024</u>
0	Intangible Assets		0
1,589	Tangible Assets	4	1,400
1,589	Total Fixed Assets		1,400
<u>Current Assets</u>			
-	Debtors	-	-
10,210	Cash at bank	-	5,428
11,799	Total Current Assets		6,828
<u>Liabilities</u>			
-	Creditor	-	-
0	Assets less liability	-	0
11,799	<u>Total Net Assets</u>		6,828
Represented by :			
10,210	Un/restricted :		6,828
-	Free reserves:		-
1,589	Fixed Assets:		1,400
1,050	Total unrestricted funds		1,050
10,749	Restricted funds		5,778
11,799	<u>Total</u>		6,828

For the year ending 30th November 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

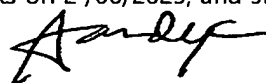
- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies 'regime'.

The board of Directors approved these accounts on 2 /06/2025, and signed on their behalf by:

Treasurer – David Kakande

Signature:



2 /6/2025

1. ACCOUNTING POLICIES

(a) BASIS OF ACCOUNTING

The financial statements are prepared under the historical cost convention. They comply with the Charity Commission's Statement of Recommended Practice on Accounting by Charities (SORP 2005) and all applicable Accounting and Financial

REPORTING STANDARDS

(b) INCOMING RESOURCES

General donations, legacies and subscriptions are brought into account when received. Donations and grants given for specific purposes are treated as income in the year of receipt. Unspent restricted income is included under restricted funds as it is fully committed.

(c) RESOURCES EXPENDED

The resources used are classified under the charity's functional categories of expenditure rather than the type of expense in order to provide more useful information.

Resources expended in each functional category comprise direct expenditure including direct staff costs attributable to the activity. Where costs cannot be directly attributed they have been allocated to activities based on time spent by staff on those activities.

(d) TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are included at cost; Depreciation is calculated annually at 25%

(e) OPERATING LEASES

Operating lease rentals are charged to the income and expenditure account as they become due.

(f) FUND ACCOUNTING

General funds comprise the accumulated surplus or deficit on the income and expenditure account. They are available for use at the discretion of the Directors in furtherance of the general objectives of the company. Restricted funds are funds subject to specific restricted conditions imposed by donors.

(g) EXPENDITURE CATEGORIES

Expenditure is allocated to one of three functional categories that reflect the charitable activities of the company:

- Cost of generating funds

- Activities in the furtherance of the Charity's objects

- Management and Administration

Rise Community Action Limited

Grants, Donations & Expenditure Analysis

2. Grants, Donation and fees :

<u>2023</u>	<u>Sources</u>	Unrestricted	Restricted	<u>2024</u>
Total				Total
14,167*	NHS North East London	-	29,167	29,167
10,000	Positive East	-	1,500	1,500
2,420	Public Health LBH	-	3,252	3,252
	London Borough of			
10,463	Hackney	-	9,963	9,963
7,000	Serlin Family Foundation	-	13,250	13,250
1,932	donation	-	400	400
48,235	<u>Total</u>	-	57,599	57,599

<u>2023</u>	<u>Resources expended:</u>		<u>2024</u>
0	Fundraising and training	0	
	Activities for Beneficiaries (including	58,354	
40,514	Salaries, Rent, Volunteer cost)		
	Support and advice		
2,450	Management and Administration	2,080	
42,964	Total		64,334

****£29,167 of this income was received on behalf of CAN (Community African Network) for its cervical and bowel Cancer in City and Hackney project***

***** £29,167 is for funds paid to CAN (Community African Network) which was received Cervical and Bowel Cancer in City and Hackney project***