

RISE COMMUNITY ACTION

England & Wales · Charity number 1147332

Details

Status Registered

Legal form Charitable company

Company number [05617122](#)

Registered 2012-05-18

Register [View on the Charity Commission register](#)

Contact

Address Rise Community Action
Halkevi Community Centre
31 Dalston Lane
London
E8 3DF

Phone 07983124500

Email risecommunityaction@yahoo.co.uk

Website www.risecommunity.org.uk

Activities

Objects: TO RELIEVE THE NEED OF PEOPLE SUFFERING FROM HIV/AIDS IN LONDON, IN PARTICULAR BUT NOT EXCLUSIVELY PERSONS FROM THE BME, REFUGEE AND ASYLUM SEEKER COMMUNITY.

Activities: Our work is directed at improving lives of all beneficiaries. We work with women experiencing domestic violence empowering and supporting to escape their abusers. We provide information, care and support for women living with HIV/AIDS in the London, rising awareness on issues surrounding HIV/AIDS by running workshops, delivering presentations and staging community events educating the community.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30	£58,000	£60,000	-	-
2023-11-30	£48,253	£42,964	-	-
2022-11-30	£32,832	£30,746	-	-
2021-11-30	£46,573	£53,272	-	-
2020-11-30	£54,920	£54,545	-	-

Trustees

Name	Role	Appointed
AMINA NALUBEGA SSENDEGEYA		2015-12-15
DAVID KAKANDE		2011-07-04
LUKIYA KAKEMBO		2012-11-29

Accounts

Company No: 5617122 - Charity Number: 1147332

Rise Community Action Limited

**Annual Report
and
Annual Accounts**

1st December 2023 – 30th November 2024



LEGAL INFORMATION

Company No: 5617122

Charity Number: 1147332

Legal Status: Limited by Guarantee and a Registered Charity

Address: Halkevi Community Centre
31-33 Dalston Lane
London E8 3DF

Broad of Directors/ Trustees: Farida Yiga - Chair
David Kakande
Lukiya Kakembo
Dr Edwin Mavunika Mapara
Amina Nalubega Ssendegeya

Principle Staff: Janet Murungi – Coordinator (volunteer)

Banker: Barclays Bank
Moorgate Branch
128 Moorgate,
London, EC2M 6SX

Trustees' Report

The Board of Trustees of Rise Community Action Limited (RISE) ("the Charity") present their annual report for the year ended 30th November 2024 under the Companies Act 1985 and the Charities Act 1993, together with the independently examined financial statements for that year.

Rise Community Action (RCA) was developed to provide a voice for people living with HIV/AIDS and to create a bridge between service providers and service users who we found were not accessing available services. RCA's work is directed at improving the quality of life for individuals who are socially excluded for a myriad of reasons.

Administrative Details

Rise Community Action is a registered company limited by guarantee (Company No: 5617122) and Charity No: 1147332, with its registered office is as shown on page 1.

Governance and Management

The Charity is governed by its Memorandum and Articles of Association which were adopted on 9th May 2005. The Board of Trustees is responsible for the overall governance of the Charity. Trustees are either elected or co-opted and the total number of Trustees may not be fewer than three and cannot exceed seven. A co-opted member may retain office only until the next Annual General Meeting (AGM) and shall then be eligible for re-election. Effective partnership between Trustees and staff continues to contribute significantly to our success.

Objects and Principal Activities

The Charity's object is for the advancement of education, the relief of poverty and sickness, and the preservation and protection of good health of women and their families, especially persons from BME, Refugee and Asylum seekers communities, and any other person who need assistance. (a) The provision or assistance in the provision of facilities in the interest of social welfare.

Our vision is a world where everyone is given the best possible opportunities in life and where a medical condition is not a barrier to an individual ability to grasp opportunities and achieve personal fulfilment.

Our strategic aim is to achieve this by providing high quality services that is intended to have a practical and positive effect on the lives of those affected with HIV and their families.

Our Aims

- To improve the quality of lives of individuals affected by HIV, FGM or Domestic Violence.
- To create awareness on issues surrounding HIV/AIDS and reduce HIV - related stigma in the community
- To reduce isolation suffered by HIV positive people and promote their social inclusion.
- To better inform service providers on the needs of people living with HIV thus improve the quality of care
- To empower our users to make informed choices on access to services and their lives in general.

Rise Community Action (RCA) was developed to provide a voice for people living with HIV/AIDS and to create a bridge between service providers and service users who we found were not accessing available services. Our first project provided care and support for individuals living with HIV. RCA services have been extended over the past decade to include providing, support services and activities for individuals affected by Domestic Violence and FGM advocacy and empowerment sessions and sexual health promotion activities.

What We Do

Much of RCA activities was focused on addressing Domestic Violence and Female Genital Mutilation (FGM). We are supporting an increasing number of victims of Domestic Violence and survivors of FGM in the wider community.

Established to provide information, care and support for women living with HIV/AIDS in London, RCA has been unfaltering in raising awareness on issues surrounding HIV/AIDS by running workshops, delivering presentations and staging community events and educating the community about the spread of HIV. RCA has been responsive to the needs of the community and its activities have been targeted at reducing the damage HIV/AIDS have been doing to its community.

Financial Support

RCA has been reliant on volunteers, chief among the volunteer have been its volunteer coordinator who continues to perform beyond all expectations and continues to work to

ensure we can extend our activities across London by establishing strategic partnership with organisations that seek to impact on similar areas of need.

The management believes it is important that RCA continues to try to employ paid staff to better address the level of need present in local area. If RCA fails to grow to a point where its infrastructure is not robust enough we are conscious that RCA will have to take radical action to ensure that it never have to turn beneficiaries away.

Funders

Life on the edge is very scary and as a direct effect small organisations are being marginalised, impacting negatively on their operation leaving an alarming number of people without a support network and in a city as soulless as London the consequences are visible everywhere.

RCA continues to work in partnership with a number of local agencies to ensure that our client group is serviced, these relationships have been central to delivering our projects.

We have continued to perform an unusual role as the administrator of CAN's (Community African Network) Bowel cancer project. A project funded by NHS North East Integrated Care board which meant that this year £29,166.68 was received on behalf of CAN. As the receiving organisation this was then paid to CAN in our accounts this figure is represent as part of the organisation's total unrestricted income and is represent in the spending under the section, activities in the furtherance of the Charity's objects.

Management and Administration

The resources expended on administration totalled £2,080 during the year. This represents 3.4% of the total resources spent a level of expenditure that the Trustees consider to be appropriate for the charity. These figure means that we are keeping a firm grip on our administration and management costs and this continues to allow us to direct a much greater percentage of our resources to assisting our beneficiaries.

Material Intangible Incoming Resources

A number of professionals gave their time as volunteers. As there is no financial cost to any third party, this intangible income has not been included in the Statement of Financial Activities but we put a value on it in excess of £20,000 annually.

Activities

This report communicates the value of RCA, and it will, we hope strike a chord and inspire you and others to join us in trying to make difference in the lives of those most in need.

RCA is driven by the ambition to bring comfort to those affected by Domestic Violence and FGM. We are happy that we have witnessed real changes in the lives of many victims. RCA continue to work in partnership with local charities as we try to maximise the reach of RCA in the face of ever decreasing resources a situation which was very evident as we existed in the middle of a financial downturn.

Quick-thinking and adaptability has made RCA a critical force over the past three years. RCA ability to respond to extraordinary crises should not be underestimated or ignored for it is clear that this charity is more responsive than many had imagined having tested in an unusual manner.

We continue to try and foster constructive relationships with statutory organisations. When the local authority resources overstretched RCA continues to step to the plate, and our collaboration is becoming one of the great positives in these times.

Post-Covid, RCA clearly requires a seat at the table, a commitment of support from the public sector is more important than ever. We are conscious that RCA is in danger of being driven out of operation as the larger charities attracts 90 plus percentage of the available funding and micro charities of RCA who deliver over 90% of the activities in the sector at a local level, is seen as a mere after thought. Corporate England does not see us.

Projects

Msaada Volunteer Support

The Project was funded to improve the skills and confidence of volunteers so they are better able to organise and deliver health awareness sessions to local communities in the London borough of Hackney. Training and volunteer skills are the two main component of this project. Participants have gained better skills and improved confidence to continue doing better their volunteer role, while serving the community in Hackney.

Condom Distribution project

Rise Community Action received funding from the London Borough of Hackney's Public Health administered through the Community African Network to continue distributing free Condoms and sexual health information to the African community in Hackney.

Rise Community Action continues to distribute free condoms and sexual health information to African communities in Hackney with the aim of reducing incidences of HIV and other sexually transmitted illnesses. The activity mainly happens at places where Africans congregate like the

Ridley Market, Barber shops and community events. The project has incorporated in the message of PREP which we believe will help to reduce the numbers of HIV infection among the African community

Positive East: "Harambe" Prevent Project

The Project aimed at raising awareness of PreP and promoted HIV &STI testing alongside the condom distribution project in the African community.

Ubuntu Health and Wellbeing Project

Ubuntu Health and Wellbeing supported 50 women who have experienced FGM, Domestic Violence and/or are living with HIV to improve their physical, emotional health and wellbeing through massage treatments, Zumba dance sessions and support groups.

The funding enabled Rise to provide support groups and Afrobeat Zumba sessions while working in partnership with the Hoxton Health to provide free massage treatment sessions to women.

The Zumba classes helped participants to exercise and improve fitness thus improving their physical wellbeing.

The support groups created a space for our service users to share their feelings and learn from each other about developing coping mechanisms, reduced isolation and built confidence among participants

Our service users who wouldn't normally afford or access massage treatments due to various reasons ranging from body shame, some do not wish to disclose their HIV status, or when they do, found that practitioners refused to treat them. Hoxton Health was able to provide us this service with no stigma and our service users were happy to have this now available, and have fed back some of the benefits.

Our service users have told us for years that massage is a treatment that they are generally unable to access - some has confessed to having a lot of shame about their bodies, some do not wish to disclose their HIV status, when they disclose their status, they find that practitioners refuse to treat them. Our service users were happy to have this service now available.

Serlin Family Foundation

This project continues to support and address the challenges of poverty caused by the rising cost of living especially in a borough that ranks high with levels of poverty. It has enabled us to tackle food and hygiene poverty for women affected by Domestic abuse, FGM or HIV and their families. We have been able to support the most vulnerable and those suffering the scourge of poverty due to the cost-of-living crisis. Our service users continue to:

- Receive free food vouchers,
- Support with utility bills
- Shared hot meal in a safe environment

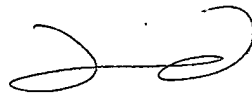
Thank you All

The inspirational work of our volunteer coordinator continues to define our activities and enhance our reputation. We are so please that all of our volunteers following her lead. The Board expresses its thanks to the beneficiaries, volunteers and casual users, to all those who continue to help RCA to deliver its' services. RCA will continue to work tirelessly to ensure we can extend our activities to all in the city.

Thank you.

Chair: Farida Yiga

Signature:



2/07/2025

Directors' Responsibilities

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the charitable company and the surplus or deficit for that period. In preparing these statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The Directors are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner Report

For the Year ended 30th November 2024

I report on the accounts of Rise Community Action Limited for the year ended 30th November 2023, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- to state whether matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below:

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements (a) to keep accounting records in accordance with 386 of the Companies Act 2006; and (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (revised 2005) have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

J N Beugren Accountants
5 Stuart Place, St. Albans, AL1 1AU



17/05/2025

<u>Rise Community Action Limited</u>				
<u>Income & Expenditure Account</u>				
<u>Statement of Financial Activities for the year ended 30th November 2024</u>				
2023 - Total	<u>Incoming Resources</u>	Unrestricted	Restricted	2024 - Total
£	<u>Note</u>			£
	2.			
46,303	Grants, Awards,	-	55 632	52,632
0	Donations	0	400	400
0	Generated Income	-	0	0
1932	Other		1,570	1,570
48,235	Total Income	0	57,602	57,602
	3. <u>Resources Expended</u>			
-	Cost of generating funds	-	-	-
40,514	Activities in the furtherance of the Charity's objects	-	58,354	
2,450	Management & Administration	-	2,080	
42,964	Total outgoing resources	0	61,334	60,334
5,271	Net surplus/deficit	0	(3,732)	(2,732)
4,939	Balance brought forward	1,050	9,160	10,210
10,210	Balance carried forward	1,050	5,428	6,478

Rise Community Action Limited
Balance Sheet as at 30th November 2024

<u>Fixed Assets</u>			
2023		<u>Note</u>	<u>2024</u>
0	Intangible Assets		0
1,589	Tangible Assets	4	1,400
1,589	Total Fixed Assets		1,400
<u>Current Assets</u>			
-	Debtors	-	-
10,210	Cash at bank	-	5,428
11,799	Total Current Assets		6,828
<u>Liabilities</u>			
-	Creditor	-	-
0	Assets less liability	-	0
11,799	<u>Total Net Assets</u>		6,828
Represented by :			
10,210	Un/restricted :		6,828
-	Free reserves:		-
1,589	Fixed Assets:		1,400
1,050	Total unrestricted funds		1,050
10,749	Restricted funds		5,778
11,799	<u>Total</u>		6,828

For the year ending 30th November 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

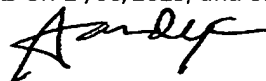
- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies 'regime'.

The board of Directors approved these accounts on 2 /06/2025, and signed on their behalf by:

Treasurer – David Kakande

Signature:



2 /6/2025

1. ACCOUNTING POLICIES

(a) BASIS OF ACCOUNTING

The financial statements are prepared under the historical cost convention. They comply with the Charity Commission's Statement of Recommended Practice on Accounting by Charities (SORP 2005) and all applicable Accounting and Financial

REPORTING STANDARDS

(b) INCOMING RESOURCES

General donations, legacies and subscriptions are brought into account when received. Donations and grants given for specific purposes are treated as income in the year of receipt. Unspent restricted income is included under restricted funds as it is fully committed.

(c) RESOURCES EXPENDED

The resources used are classified under the charity's functional categories of expenditure rather than the type of expense in order to provide more useful information.

Resources expended in each functional category comprise direct expenditure including direct staff costs attributable to the activity. Where costs cannot be directly attributed they have been allocated to activities based on time spent by staff on those activities.

(d) TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are included at cost; Depreciation is calculated annually at 25%

(e) OPERATING LEASES

Operating lease rentals are charged to the income and expenditure account as they become due.

(f) FUND ACCOUNTING

General funds comprise the accumulated surplus or deficit on the income and expenditure account. They are available for use at the discretion of the Directors in furtherance of the general objectives of the company. Restricted funds are funds subject to specific restricted conditions imposed by donors.

(g) EXPENDITURE CATEGORIES

Expenditure is allocated to one of three functional categories that reflect the charitable activities of the company:

- Cost of generating funds

- Activities in the furtherance of the Charity's objects

- Management and Administration

Rise Community Action Limited

Grants, Donations & Expenditure Analysis

2. Grants, Donation and fees :

<u>2023</u>	<u>Sources</u>	Unrestricted	Restricted	<u>2024</u>
Total				Total
14,167*	NHS North East London	-	29,167	29,167
10,000	Positive East	-	1,500	1,500
2,420	Public Health LBH	-	3,252	3,252
	London Borough of			
10,463	Hackney	-	9,963	9,963
7,000	Serlin Family Foundation	-	13,250	13,250
1,932	donation	-	400	400
48,235	<u>Total</u>	-	57,599	57,599
<u>2023</u>	<u>Resources expended:</u>			<u>2024</u>
0	Fundraising and training		0	
	Activities for Beneficiaries (including		58,354	
40,514	Salaries, Rent, Volunteer cost)			
	Support and advice			
2,450	Management and Administration		2,080	
42,964	Total			64,334

****£29,167 of this income was received on behalf of CAN (Community African Network) for its cervical and bowel Cancer in City and Hackney project***

***** £29,167 is for funds paid to CAN (Community African Network) which was received Cervical and Bowel Cancer in City and Hackney project***

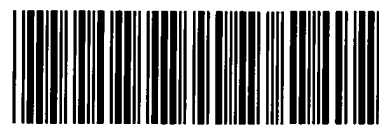
Accounts

Rise Community Action Limited

**Annual Report
and
Annual Accounts**

1st December 2022 – 30th November 2023

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COMPANIES HOUSE

LEGAL INFORMATION

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Charity Number: 1147332

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What We Do

RCA activities have been laser focused, on tackling Domestic Violence and Female Genital Mutilation (FGM). We are supporting an increasing number of victims of Domestic Violence and survivors of FGM. We are tasked with raising awareness of the effects of Domestic Violence and FGM in the wider community.

Established to provide information, care and support for women living with HIV/AIDS in London, RCA has been unfaltering in raising awareness on issues

surrounding HIV/AIDS by running workshops, delivering presentations and staging community events and educating the community about the spread of HIV. RCA has been responsive to the needs of the community and its activities have been targeted at reducing the damage HIV/AIDS have been doing to its community.

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We have continued to perform an unusual role as the administrator of CAN's (Community African Network) Bowel cancer project and Cervical Screening project. A project funded by City & Hackney CCG which meant that this year £14,167 was received on behalf of CAN. As the receiving organisation this was then paid to CAN in our accounts this figure is represent as part of the organisation's total unrestricted income and is represent in the spending under the section, activities in the furtherance of the Charity's objects.

Management and Administration

The resources expended on administration totalled £2,450 during the year. This represents 5.08% of the total resources received a level of expenditure that the Trustees consider to be appropriate for the charity. These figure means that we are keeping a firm grip on our administration and management costs and this continues to allow us to direct a much greater percentage of our resources to assisting our beneficiaries.

Material Intangible Incoming Resources

A number of professionals gave their time as volunteers. As there is no financial cost to any third party, this intangible income has not been included in the Statement of Financial Activities but we put a value on it in excess of £25,000 annually.

Activities

This report communicate the value of RCA, and it will, we hope strike a chord and inspire you and others to join us in trying to make difference in the lives of those most in need.

RCA is driven by the ambition to bring comfort to those affected by Domestic Violence and FGM. We are happy that we have witnessed real changes in the lives of many victims. RCA continue to work in partnership with local charities as we try to maximise the reach of RCA in the face of ever decreasing resources a situation which was very evident as we existed in the middle of a pandemic which claim nearly one hundred thousand lives.

Quick-thinking and adaptability has made RCA a critical force over the past three years. RCA ability to respond to extraordinary crises should not be underestimated or ignored for it is clear that this charity is more responsive than many had imagined having tested in an unusual manner.

We continue to try and foster constructive relationships with statutory organisations. When the local authority resources overstretched RCA continues to step to the plate, and our collaboration is becoming one of the great positives in these times.

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in danger of being driven out of operation as it is the larger charities who attracts 90 plus percentage of the available funding and micro charities of RCA who deliver over 90% of the activities in the sector at a local level, is seen as a mere after thought. Corporate England does not see us.

Projects

Msaada Volunteer Support

The Project was funded to improve the skills and confidence of volunteers so they are better able to organise and deliver health awareness sessions to local communities in the London borough of Hackney. Training and volunteer skills are the two main component of this project Participants have gained better skills and improved confidence to continue doing better their volunteer role, while serving the community in Hackney.

Condom Distribution project

Administered by Community African Network, the project distributes free condoms and information to targeted communities in Hackney with the aim of reducing incidences of HIV and other sexually transmitted illnesses. The activity mainly happens at places where Africans congregate.

Positive East: "Harambe" Prevent Project

The Project raised awareness of PreP and promoted HIV &STI testing alongside the condom distribution project.

Ubuntu Health and Wellbeing Project

Ubuntu Health and Wellbeing supported 50 women who have experienced FGM, Domestic Violence and/or are living with HIV to improve their physical, emotional health and wellbeing through massage, dance sessions and support groups.

The funding has enabled Rise to Provide Massages, support groups and Zumba session while working in partnership with the Hoxton Health to provide free massages sessions to women.

The **Zumba classes** have helped participants to exercise and improve fitness thus improving their physical wellbeing.

The **support groups** have been very beneficial to our service users as they created a space for them to share their feelings and learn from each other about developing coping mechanisms, reduced isolation and build confidence among participants

Massage

Our service users have told us for years that massage is a treatment that they are generally unable to access - some have a lot of shame about their bodies, some do not wish to disclose their HIV status, or when they do, find that practitioners refuse to treat

them, or wear gloves. Our service users were happy to have this now available, and have fed back some of the benefits.

Some typical feedback

"Had lots of backpain due to nerve damage caused by Herpes & Long Covid. After first massage felt more connected to body & more balanced with walking. Can definitely feel the improvement after 3 treatments but I am feeling anxious with my free available treatment coming to an end".

"I have been very stressed and often struggle to sleep. After the massage, I felt so relaxed after the treatment I wished there was a bed in the massage room. When I got home I had the best sleep I have had in years."

"The massage was wonderful! It really helped with my knots and the uncomfortable tightness I felt all over my body."

"I normally have lots of pain all over but the treatment has reduced the pain and I am definitely sleeping much better."

Serlin Family Foundation

This project addresses the challenges of cost of living while tackling food and hygiene poverty for women affected by Domestic abuse, FGM or HIV and their families. We have been able to support the most vulnerable and those suffering the scourge of poverty due to the cost of living crisis. Our service users have benefited:

- Receiving free food vouchers,
- support with utility bills
- school uniforms for their children
- shared hot meal in a safe environment

African Health Policy Network - Safe hands

Helped to address the cost-of-living crisis. It was used to pay for

A- Utility bills for some of our service users

B – White goods -Washing Machine replacement as original one has broken down and freezers

The safer hand project came about to continue supporting individuals that are high hit by the cost-of-living crisis. Safe hands supported the most vulnerable members of our charity the 50+ and living with disabilities

Sign posting Project

One of the key roles of a community base charity is for those with knowledge to share it with those that do not, this how grass roots engagement develops.

Within RCA this sharing of information is done through our drop-in service once a week on a set day at a permanently accessible venue with a dedicated volunteer who provide information and signpost clients. This service is free, friendly, confidential and independent and is delivered through, 1 to 1 meetings, telephone or email contacts, we provide information to clients about where to get help in relation to health, social care or personal wellbeing. Issues identified beyond our scope are referred to appropriate advice agencies. We communicate with individual clients in languages that they are comfortable in communicating in.

Our project is a gateway to service providers and a way to identify clients' needs and help them to access services or resources to meet their identified needs.

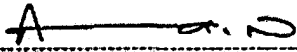
Thank you All

The Trustees would like to express their thanks to our funders, the beneficiaries, volunteers and casual users, to all those who continue to help RCA to deliver its' services. The inspirational work of our volunteer coordinator continues to define our activities and enhance our reputation. We are so please that all of our volunteers following her lead. RCA will continue to work tirelessly to ensure we can extend our activities to all in the city.

Thank you.

Amina Nalubega
Trustee/Director

Signed 12/8/2024



Directors' Responsibilities

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the charitable company and the surplus or deficit for that period. In preparing these statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The Directors are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner Report

For the Year ended 30th November 2023

I report on the accounts of Rise Community Action Limited for the year ended 30th November 2023, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- to state whether matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below:

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
 - (a) to keep accounting records in accordance with 386 of the Companies Act 2006; and
 - (b) to prepare accounts which accord with the accounting requirements of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (revised 2005) have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

J N Beugren Accountants
5 Stuart Place, St. Albans, AL1 1AU

 16/07/2024

Rise Community Action Limited

Income & Expenditure Account

Statement of Financial Activities for the year ended 30th November 2023

2022 - Total	<u>Incoming Resources</u>	Unrestricted	Restricted	2023 - Total
£	<u>Note</u>			£
	2.			
32,512	Grants, Awards,	-	46,303	46,303
0	Donations	0	0	0
0	Generated Income	-	0	0
320	Other		1,932	1,932
32,832	Total Income	0	48,235	48,235
	3. <u>Resources Expended</u>			
-	Cost of generating funds	-	-	-
50,009	Activities in the furtherance of the Charity's objects	-	40,514	
3,263	Management & Administration	-	2,450	
30,746	Total outgoing resources	0	42,964	42,964
2,086	Net surplus/deficit	0	5,271	5,271
2,853	Balance brought forward	1,050	3,889	4,939
4,939	Balance carried forward	1,050	9,160	10,210

Rise Community Action Limited
Balance Sheet as at 30th November 2022

<u>Fixed Assets</u>			
2022		<u>Note</u>	<u>2023</u>
0	Intangible Assets		0
1,754	Tangible Assets	4	1,589
1,754	Total Fixed Assets		1,589
<u>Current Assets</u>			
-	Debtors	-	-
4,939	Cash at bank	-	10,210
6,693	Total Current Assets		11,799
<u>Liabilities</u>			
-	Creditor	-	-
0	Assets less liability	-	0
6,693	<u>Total Net Assets</u>		11,799
Represented by :			
6,693	Un/restricted :		10,210
-	Free reserves:		-
6,693	Fixed Assets:		1,589
1,050	Total unrestricted funds		1,050
5,643	Restricted funds		10,749
6,693	<u>Total</u>		11,799

For the year ending 30th November 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

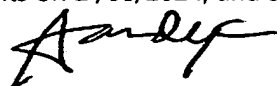
- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies 'regime'.

The board of Directors approved these accounts on 2 /08/2024, and signed on their behalf by:

Treasurer – David Kakande

Signature:



12 /08/2023

1. ACCOUNTING POLICIES

(a) BASIS OF ACCOUNTING

The financial statements are prepared under the historical cost convention. They comply with the Charity Commission's Statement of Recommended Practice on Accounting by Charities (SORP 2005) and all applicable Accounting and Financial REPORTING STANDARDS

(b) INCOMING RESOURCES

General donations, legacies and subscriptions are brought into account when received. Donations and grants given for specific purposes are treated as income in the year of receipt. Unspent restricted income is included under restricted funds as it is fully committed.

(c) RESOURCES EXPENDED

The resources used are classified under the charity's functional categories of expenditure rather than the type of expense in order to provide more useful information. Resources expended in each functional category comprise direct expenditure including direct staff costs attributable to the activity. Where costs cannot be directly attributed they have been allocated to activities based on time spent by staff on those activities.

(d) TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are included at cost; Depreciation is calculated annually at 25%

(e) OPERATING LEASES

Operating lease rentals are charged to the income and expenditure account as they become due.

(f) FUND ACCOUNTING

General funds comprise the accumulated surplus or deficit on the income and expenditure account. They are available for use at the discretion of the Directors in furtherance of the general objectives of the company. Restricted funds are funds subject to specific restricted conditions imposed by donors.

(g) EXPENDITURE CATEGORIES

Expenditure is allocated to one of three functional categories that reflect the charitable activities of the company:

- Cost of generating funds

- Activities in the furtherance of the Charity's objects

- Management and Administration

Rise Community Action Limited

Grants, Donations & Expenditure Analysis

2. Grants, Donation and fees :

<u>2022</u>	<u>Sources</u>	Unrestricted	Restricted	<u>2023</u>
Total				Total
27,572*	NHS North East London	-	14,167*	14,167*
2,356	National Lottery	-	10,000	10,000
0	African Heath Policy	-	2,253	2,253
2,584	CAN(Public Health LBH)	-	2,420	2,420
-	London Borough of Hackney	-	10,463	10463
-	Serlin Family Foundation	-	7,000	7000
320	other	-	1,932	1,932
32,832	<u>Total</u>	-	48,235	48,235
<u>2022</u>	<u>Resources expended:</u>			<u>2023</u>
	Fundraising and training		0	
	Activities for Beneficiaries (including staff costs, Rent, Volunteer cost)		40,514**	
	Support and advice			
	Management and Administration		2,450	
30,746	Total			42,964

****£14,167 of this income was received on behalf of CAN (Community African Network) for its cervical and bowel Cancer in City and Hackney project***

***** £14,167 is for funds paid to CAN (Community African Network) which was received Cervical and Bowel Cancer in City and Hackney project***

Accounts

Rise Community Action Limited

**Annual Report
and
Annual Accounts**

1st December 2021 – 30th November 2022



LEGAL INFORMATION

Company No: 05617122

Charity Number: 1147332

Legal Status: Limited by Guarantee and a Registered Charity

Address: Halkevi Community Centre
31-33 Dalston Lane
London E8 3DF

Broad of Directors/ Trustees: Farida Yiga - Chair
David Kakande – Treasurer
Lukiya Kakembo – Secretary
Dr Edwin Mavunika Mapara
Amina Nalubega Ssendegeya

Principle Staff: Janet Murungi – Coordinator (volunteer)

Banker: Barclays Bank
Moorgate Branch
128 Moorgate,
London, EC2M 6SX

Trustees' Report

Rise Community Action (RCA) was developed to provide a voice for people living with HIV/AIDS and to create a bridge between service providers and service users who we found were not accessing available services. RCA's work is directed at improving the quality of life for individuals who are socially excluded for a myriad of reasons.

The Board of Trustees of Rise Community Action Limited (RISE) ("the Charity") present their annual report for the year ended 30th November 2022 under the Companies Act 1985 and the Charities Act 1993, together with the independently examined financial statements for that year.

Administrative Details

Rise Community Action is a registered company limited by guarantee (Company No: 5617122) and Charity No: 1147332, with its registered office is as shown on page 1.

Governance and Management

The Charity is governed by its Memorandum and Articles of Association which were adopted on 9th May 2005. The Board of Trustees is responsible for the overall governance of the Charity. Trustees are either elected or co-opted and the total number of Trustees may not be fewer than three and cannot exceed seven. A co-opted member may retain office only until the next Annual General Meeting (AGM) and shall then be eligible for re-election. Effective partnership between Trustees and staff continues to contribute significantly to our success.

Objects and Principal Activities

The Charity's object is for the advancement of education, the relief of poverty and sickness, and the preservation and protection of good health of women and their families, especially persons from BME, Refugee and Asylum seekers communities, and any other person who need assistance. (a) The provision or assistance in the provision of facilities in the interest of social welfare.

Our vision is a world where everyone is given the best possible opportunities in life and where a medical condition is not a barrier to an individual ability to grasp opportunities and achieve personal fulfilment.

Our strategic aim is to achieve this by providing high quality services that is intended to have a practical and positive effect on the lives of those affected with HIV and their families.

Our Aims

- To improve the quality of lives of individuals affected by HIV, FGM or Domestic Violence.
- To create awareness on issues surrounding HIV/AIDS and reduce HIV - related stigma in the community
- To reduce isolation suffered by HIV positive people and promote their social inclusion.
- To better inform service providers on the needs of people living with HIV thus improve the quality of care
- To empower our users to make informed choices on access to services and their lives in general.

Rise Community Action (RCA) was developed to provide a voice for people living with HIV/AIDS and to create a bridge between service providers and service users who we found were not accessing available services. Our first project provided care and support for individuals living with HIV. RCA services have been extended over the years to include providing, support service and activities for individuals affected by Domestic Violence and FGM advocacy and empowerment sessions and sexual health promotion activities.

What We Do

RCA activities have been focused, on tackling Domestic Violence and Female Genital Mutilation (FGM). We are supporting a increasing number of victims of Domestic Violence and survivors of FGM. We are tasked with raising awareness of the effects of Domestic Violence and FGM in the wider community.

Established to provide information, care and support for women living with HIV/AIDS in London, RCA has been unfaltering in raising awareness on issues

surrounding HIV/AIDS by running workshops, delivering presentations and staging community events and educating the community about the spread of HIV. RCA has been responsive to the needs of the community and its activities have been targeted at reducing the damage HIV/AIDS have been doing to its community.

Financial Support

RCA has been reliant on volunteers, chief among the volunteer have been its volunteer coordinator who continues to perform beyond all expectations and continues to work to ensure we can extend our activities across London by establishing strategic partnership with organisations that seek to impact on similar areas of need.

The management believes it is important that RCA continues to employ paid staff to better address the level of need present in our delivery area. If RCA fails to grow to a point where its infrastructure is not robust enough we are conscious that RCA will have to take radical action to ensure that it never have to turn beneficiaries away.

Funders

Life on the edge is very scary and as a direct effect small organisations are being increasingly marginalised, impacting negatively on their operation leaving an alarming number of people without a support network and in a city as soulless as London the consequences are very visible.

RCA continues to work in partnership with a number of local agencies and charities to ensure that our client group is serviced, these relationships have been central to delivering our projects.

We have continued to perform an unusual role as the administrator of CAN's (Community African Network) Bowel cancer project. A project funded by City & Hackney CCG which meant that this year £27,572 was received on behalf of CAN. As the receiving organisation this was then paid to CAN in our accounts this figure is represent as part of the organisation's total unrestricted income and is represent in the spending under the section, activities in the furtherance of the Charity's objects.

Management and Administration

The resources expended on administration totalled £1,508 during the year. This represents 4.5% of the total resources received a level of expenditure that the Trustees consider to be appropriate for the charity. These figure means that we are keeping a firm grip on our administration and management costs and this continues to allow us to direct a much greater percentage of our resources to assisting our beneficiaries.

Material Intangible Incoming Resources

A number of professionals gave their time as volunteers. As there is no financial cost to any third party, this intangible income has not been included in the Statement of Financial Activities but we put a value on it in excess of £25,000 annually.

Activities

This report communicate the value of RCA, and it will, we hope strike a chord and inspire you and others to join us in trying to make difference in the lives of those most in need.

RCA is driven by the ambition to bring comfort to those affected by Domestic Violence and FGM. We are happy that we have witnessed real changes in the lives of many victims. RCA continue to work in partnership with local charities as we try to maximise the reach of RCA in the face of ever decreasing resources a situation which was very evident as we existed in the middle of a pandemic which claim nearly one hundred thousand lives.

Projects

Quick-thinking and adaptability has made RCA a critical force throughout the pandemic. RCA ability to respond to extraordinary crises should not go underestimated or ignored for it is clear that this charity is more responsive than many had imagined for we have tested in an unusual manner.

We continue to try and foster constructive relationships with statutory organisations. When the local authority resources overstretched RCA continues

to step to the plate, and our collaboration is becoming one of the great positives in these times.

Post-Covid, RCA clearly requires a seat at the table, a commitment of support from the public sector is more important than ever. We are conscious that RCA is in danger of being driven out of operation as it is the larger charities who attracts 90 plus percentage of the available funding and micro charities of RCA who deliver over 90% of the activities in the sector at a local level, is seen as a mere after thought. Corporate England does not see us.

Condom Distribution Scheme

The Free Condom scheme

Rise Community Action received funding from the London Borough of Hackney's Public Health administered through the Community African Network to continue distributing free Condoms and sexual health information to the African community in Hackney

The service aimed improving sexual and reproductive health provides free condoms, lubricants and information to Hackney and City of London residents aged 18+ from black ethnic groups, as well as other ethnic minority groups through targeted outreach and engagement.

RCA condom distribution scheme continues and has become a fixture in the charities annual activities it provides free condoms and information on sexual health and where to go for HIV testing/sexual health screening to the African Community and register them on the Free Condom Scheme by issuing them a card which allows them to collect more free condoms from pharmacies and other collection points when and where there is need for them. This is delivered through a partnership with a number of community groups supported by Brook Hackney and Hackney Social & Care Forum.

Sign posting Project

One of the key roles of a community base charity is for those with the knowledge to share it with those that do not possess the knowledge and this how grass roots engagement grows.

In RCA this sharing of information is done through our a drop-in service once a week on a set day at a permanently accessible venue with a dedicated staff member and two volunteers to provide information and signposting to clients. This service is free, friendly, confidential and independent. Delivered through, 1 to 1 meetings, telephone or email contacts, we provide information to clients about

where to get help in relation to health, social care or personal wellbeing. Issues identified beyond our scope are referred to appropriate advice agencies. We communicate with individual clients in languages that they are comfortable in communicating in.

We believe operating the signposting service this way makes it easily accessible and less intimidating or stigmatising to the hard to reach individuals of our community. They are able to communicate in a language that they understand thereby overcoming some of the barriers they face in accessing services. Our project is a gateway to service providers and a way to identify clients' needs and help them to access services or resources to meet their identified needs.

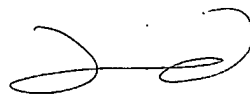
Thank you All

A year of good news we have made it to the end of the year. The Trustees would like to express their thanks to the beneficiaries, volunteers and casual users, to all those who continue to help RCA to deliver its' services, and especially to the inspirational work of our volunteer coordinator continues to define our activities and enhance our reputation. We are so please that all of our volunteers following her lead. RCA will continue to work tirelessly through this pandemic to ensure we can extend our activities will be open to all in the city.

Thank you.

Chair: Farida Yiga

Signature.



12 /07/2023

Directors' Responsibilities

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the charitable company and the surplus or deficit for that period. In preparing these statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The Directors are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner Report

For the Year ended 30th November 2022

I report on the accounts of Rise Community Action Limited for the year ended 30th November 2022, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- to state whether matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below:

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
 - (a) to keep accounting records in accordance with 386 of the Companies Act 2006; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (revised 2005) have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

J N Beugren Accountants
5 Stuart Place, St. Albans, AL1 1AU



16/06/2023

Rise Community Action Limited

Income & Expenditure Account

Statement of Financial Activities for the year ended 30th November 2022

2021 - Total	<u>Incoming Resources</u>	Unrestricted	Restricted	2022 - Total
£	<u>Note</u>			£
	2.			
45,033	Grants, Awards,	-	32,512	32,512
0	Donations	0		
1,000	Generated Income	-	0	0
540	Other	320		320
46,573	Total Income	320	32,512	32,832
	3. <u>Resources Expended</u>			
-	Cost of generating funds	-	-	-
50,009	Activities in the furtherance of the Charity's objects	-	29,238	
3,263	Management & Administration	-	1,508	
53,272	Total outgoing resources	0	30,746	30,746
(7,779)	Net surplus/deficit	320	1,766	2,086
9,516	Balance brought forward	730	2,123	2,853
2,853	Balance carried forward	1,050	3,889	4,939

Rise Community Action Limited
Balance Sheet as at 30th November 2022

<u>Fixed Assets</u>			
2021		<u>Note</u>	<u>2022</u>
0	Intangible Assets		0
3,954	Tangible Assets	4	1,754
3,954	Total Fixed Assets		1,754
<u>Current Assets</u>			
-	Debtors	-	-
2,853	Cash at bank	-	4,939
6,807	Total Current Assets		6,693
<u>Liabilities</u>			
-	Creditor	-	-
0	Assets less liability	-	0
6,807	<u>Total Net Assets</u>		6,693
Represented by :			
6,807	Un/restricted :		6,693
-	Free reserves:		-
6,807	Fixed Assets:		6,693
730	Total unrestricted funds		1,050
6,077	Restricted funds		5,643
6,807	<u>Total</u>		6,693

For the year ending 30th November 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies 'regime'.

The board of Directors approved these accounts on 12 /07/2023, and signed on their behalf by:

Treasurer – David Kakande
 12 /07/2023

Signature: 

1. ACCOUNTING POLICIES

(a) BASIS OF ACCOUNTING

The financial statements are prepared under the historical cost convention. They comply with the Charity Commission's Statement of Recommended Practice on Accounting by Charities (SORP 2005) and all applicable Accounting and Financial REPORTING STANDARDS

(b) INCOMING RESOURCES

General donations, legacies and subscriptions are brought into account when received.

Donations and grants given for specific purposes are treated as income in the year of receipt. Unspent restricted income is included under restricted funds as it is fully committed.

(c) RESOURCES EXPENDED

The resources used are classified under the charity's functional categories of expenditure rather than the type of expense in order to provide more useful information.

Resources expended in each functional category comprise direct expenditure including direct staff costs attributable to the activity. Where costs cannot be directly attributed they have been allocated to activities based on time spent by staff on those activities.

(d) TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are included at cost; Depreciation is calculated annually at 25%

(e) OPERATING LEASES

Operating lease rentals are charged to the income and expenditure account as they become due.

(f) FUND ACCOUNTING

General funds comprise the accumulated surplus or deficit on the income and expenditure account. They are available for use at the discretion of the Directors in furtherance of the general objectives of the company. Restricted funds are funds subject to specific restricted conditions imposed by donors.

(g) EXPENDITURE CATEGORIES

Expenditure is allocated to one of three functional categories that reflect the charitable activities of the company:

- Cost of generating funds

- Activities in the furtherance of the Charity's objects

- Management and Administration

Rise Community Action Limited
Grants, Donations & Expenditure Analysis

2. Grants, Donation and fees :

<u>2021</u>	<u>Sources</u>	Unrestricted	Restricted	<u>2022</u>
Total				Total
27,750*	NHS North East London	-	27,572*	27,572*
2999	Community Funding	-	2,356	2,356
10,000	HCVS	-	0	0
584	HCVS condom	-	2,584	2,584
4,500	AHPN	-	-	-
1,000	Generated income	-	0	0
540	other	320	-	320
46,573	<u>Total</u>	320	32,512	32,832

<u>2021</u>	<u>Resources expended:</u>		<u>2022</u>
	Fundraising and training	0	
	Activities for Beneficiaries (including		
	Salaries, Rent, Volunteer cost)	29,238 **	
	Support and advice		
	Management and Administration	1,508	
53,272	Total		30,746

****£27,572 of this income was received on behalf of CAN (Community African Network) for its cervical and colorectal screening in City and Hackney project***

***** £27,572 is for funds paid to CAN (Community African Network) which was received cervical and colorectal screening in City and Hackney project***

Accounts

Rise Community Action Limited

**Annual Report
and
Annual Accounts**

1st December 2020 – 30th November 2021



LEGAL INFORMATION

Company No: 5617122

Charity Number: 1147332

Legal Status: Limited by Guarantee and a Registered Charity

Address: Halkevi Community Centre
31-33 Dalston Lane
London E8 3DF

Broad of Directors/ Trustees: Farida Yiga - Chair
David Kakande – Treasurer
Lukiya Kakembo – Secretary
Dr Edwin Mavunika Mapara
Amina Nalubega Ssendegeya

Principle Staff: Janet Murungi – Coordinator (volunteer)

Banker: Barclays Bank
Moorgate Branch
128 Moorgate,
London, EC2M 6SX

Trustees' Report

Rise Community Action (RCA) was developed to provide a voice for people living with HIV/AIDS and to create a bridge between service providers and service users who we found were not accessing available services. RCA's work is directed at improving the quality of life for individuals who are socially excluded for a myriad of reasons.

The Board of Trustees of Rise Community Action Limited (RISE) ("the Charity") present their annual report for the year ended 30th November 2021 under the Companies Act 1985 and the Charities Act 1993, together with the independently examined financial statements for that year.

Administrative Details

Rise Community Action is a registered company limited by guarantee (Company No: 5617122) and Charity No: 1147332, with its registered office is as shown on page 1.

Governance and Management

The Charity is governed by its Memorandum and Articles of Association which were adopted on 9th May 2005. The Board of Trustees is responsible for the overall governance of the Charity. Trustees are either elected or co-opted and the total number of Trustees may not be fewer than three and cannot exceed seven. A co-opted member may retain office only until the next Annual General Meeting (AGM) and shall then be eligible for re-election. Effective partnership between Trustees and staff continues to contribute significantly to our success.

Objects and Principal Activities

The Charity's object is for the advancement of education, the relief of poverty and sickness, and the preservation and protection of good health of women and their families, especially persons from BME, Refugee and Asylum seekers communities, and any other person who need assistance. (a) The provision or assistance in the provision of facilities in the interest of social welfare.

Our vision is a world where everyone is given the best possible opportunities in life and where a medical condition is not a barrier to an individual ability to grasp opportunities and achieve personal fulfilment.

Our strategic aim is to achieve this by providing high quality services that is intended to have a practical and positive effect on the lives of those affected with HIV and their families.

Our Aims

- To create awareness on issues surrounding HIV/AIDS and reduce HIV - related stigma in the community
- To reduce isolation suffered by HIV positive people and promote their social inclusion.
- To better inform service providers on the needs of people living with HIV thus improve the quality of care
- To empower our users to make informed choices on access to services and their lives in general.
- To improve the quality of lives of individuals affected by HIV, FGM or Domestic Violence.

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What We Do

RCA activities focus on addressing the issues of Domestic Violence and Female Genital Mutilation (FGM). We are currently supporting a growing number of individuals' victims of Domestic Violence and survivors of FGM. As well as addressing these two very serious issues we are tasked with raising awareness of the effects of domestic violence and FGM in the wider community.

Initially established to provide information, care and support for women living with HIV/AIDS in London, RCA has been unfaltering in raising awareness on issues surrounding HIV/AIDS by running workshops, delivering presentations and staging community events and educating the community about the spread of HIV. RCA has been responsive to the needs of the community and its activities since it first started project have been targeted at reducing the damage being done to its target community.

Financial Support

RCA is constantly developing new projects to address identified needs both new and establish needs. The management believe it is important that RCA continues to employ paid staff to better address the level of need present in our delivery area. If RCA fails to grow to a point where its infrastructure is not robust enough we are conscious that RCA will have to take radical action to ensure that it never have to turn beneficiaries away.

RCA has been reliant on volunteers, chief among the volunteer have been its volunteer coordinator who continues to perform beyond all expectations and continues to work to ensure we can extend our activities across London by establishing strategic partnership with organisations that seek to impact on similar areas of need.

RCA funders for the year were the Big Lottery from the previous year, City and Hackney NHS, African Health Policy Network and HCVS Hackney Giving , thanks for your support and belief in the documented evidence of need.

Funders

Life on the edge is very scary and the past two years has seen changes brought on by the pandemic that has engendered levels of insecurity that have had far reaching impact on individual's mental and physical wellbeing. Most action has driven changes out of the necessity for safety and the avoidance of catching the virus, Covid 19 has been a game changer for all.

Unfortunately, the acrimony that has emerged from the Brexit process has been far reaching and its effects remains unrelenting and totally devoid of compassion for the poor. As a direct effect small organisations are being increasingly

marginalised, impacting negatively on their operation leaving an alarming number of people without a support network and in a city as soulless as London the consequences are very visible.

RCA continues to work in partnership with a number of local agencies and charities to ensure that our client group is serviced, these relationships have been central to delivering a number of projects.

We have continued to perform an unusual role as the administrator of CAN's (Community African Network) Bowel cancer project. A project funded by City & Hackney CCG which meant that this year £27,650 was received on behalf of CAN. As the receiving organisation this was then paid to CAN in our accounts this figure is represent as part of the organisation's total unrestricted income and is represent in the spending under the section, activities in the furtherance of the Charity's objects.

Management and Administration

The resources expended on administration totalled £3,263 during the year. This represents 6.1% of the total resources received a level of expenditure that the Trustees consider to be appropriate for the charity. These figure means that we are keeping a firm grip on our administration and management costs and this continues to allow us to direct a much greater percentage of our resources to assisting our beneficiaries.

Material Intangible Incoming Resources

A number of professionals gave their time as volunteers. As there is no financial cost to any third party, this intangible income has not been included in the Statement of Financial Activities but we put a value on it in excess of £48,000 annually.

Activities

This report communicates the value of RCA, and it will we hope strike a chord and inspire you and other to join us in trying to make difference in the lives of those most in need.

RCA is driven by the ambition to bring some solace to those affected by Domestic Violence and FGM. We are happy that we have witnessed real changes in the lives of victims. RCA continue to work in partnership with other local charities as we try to maximise the reach of RCA in the face of ever decreasing resources a situation which was very evident as we existed in the middle of a pandemic which claim nearly one hundred thousand lives.

Projects

Quick-thinking and adaptability has made RCA a critical force throughout the pandemic. RCA ability to respond to extraordinary crises like Covid-19 should not go underestimated or ignored for it is clear that this charity is more responsive than we had imagined as we have never been tested in manner.

We continue to try and fostered a constructive relationship with statutory organisations. RCA continue to step to the plate when the local authority resources overstretched, and our collaboration is becoming one of the great positives in these times.

Post-Covid, RCA clearly requires a seat at the table, and committed support from the public sector will be more important than ever. We are conscious that RCA is in danger of being driven out of operation as by their larger charities attract all of the funding as micro charities of RCA nature are not seen at corporate level as being of any value yet it is clear the case that this view is contrary to that of the increasing number of clients we service.

Our Covid-19 response project the **FFENA Project** carried over into this year as the funds were not spent so we continued to deliver sessions aimed at reducing this social isolation and improving mental well-being of BME women affected by Domestic Abuse and Female genital mutilation or HIV by providing:

- Emotional support - online support in the form of remote/online services (e.g. zoom calls)
- Practical Support -Provide specific African food and essential hygiene items.
- We purchase and supply food and hygiene items to our users (especially those with no recourse to public funds).

The project was delivered by a paid sessional worker and trained volunteers to maintain contact with our clients who are suffering isolation and mental distress.

The project supported women affected by DV, FGM or HIV who were experiencing disproportionate challenges and difficulty as a result of COVID 19 due to their health issues and the nature of the circumstances. These women were already suffering mental health and physical difficulty but lockdown and COVID 19 made it more challenging. Domestic Abuse continues to increase and the lack of culturally appropriate support is worrying. African women already have to address multiple issues ranging from language barrier, unemployment, no recourse to public funds, leaving them dependent on their abusers. The current financial climate makes it difficult for our client group. Most of these women cannot afford basics and mostly depend on food banks.

FGM continues to be central to RCA activities and addressing its harmful effects, on individuals and communities the project facilitates dialogue through outreach activities delivered by anti-FGM champions. Much of the work is conducted in a covert manner as the victims we are still in need of support which cannot be delivered.

We are working to encourage the community to take a stronger stance against FGM and they are starting to voice their objection publicly about the ills of FGM.

This year we had new projects **Mbele Mbele** and **KAKOKO COVID** information project

The uptake of the Covid vaccine was very slow in the African community, we had to be proactive in our efforts to keep members of our community alive. We had to get past the existing scepticism in the community and get individuals to realise that the Vaccine was the best approach to avoid the ravages of Covid.

The solution was to educate the community and for us the project KAKOKO COVID was the best solution.

- Test and Trace written materials were translated to Swahili and adapted for East African community in Hackney.
- Translated adapted materials and circulated by volunteers through established outreach routes and partners

- Adapted content was developed and posted on RCA website and social media ie tweets.

Rise disseminated Government information on the Test and Trace programme through volunteers and telephone calls.

Government info was distributed through RCA social media and other channels.

The take up was excellent and we had large numbers getting the vaccine.

Mbele Mbele was developed to,

- Reduce social isolation and improve the mental wellbeing of refugee and migrant BAME women during the Covid-19 response and recovery period
- Reduce the digital divide and help vulnerable BAME to access essential services online
- Increase the capacity of our organisation to be able to support our service users remotely in the longer term

This project we funded by African Health Policy Network (AHPN) a new funder to charity

The activities were condition by our new working methodology, Emotional support - online one to one sessions in the form of remote/online services (e.g. Zoom and What's app calls).

Practical Support -Provided zoom lessons to both volunteers and users so that their capacity increase and meant they had the confidence to use the "new normal "technology way of accessing services. Women's confidence and skills increase and we were amaze at their ability use these digital tools. They were able utilise these tools to access support networks while safeguard their mental health and wellbeing.

Digital Connectivity helped to enhance and developed digital channels that permitted us to manage the new way of working and supporting our users remotely.

Condom Distribution Scheme

RCA condom distribution scheme continues and has become a fixture in the charities annual activities it provides free condoms and information on sexual

health and where to go for HIV testing/sexual health screening to the African Community and register them on the Free Condom Scheme by issuing them a card which allows them to collect more free condoms from pharmacies and other collection points when and where there is need for them.

The scheme has increased uptake of HIV testing and has been instrumental in encouraging condom usage among individuals from Hackney's African Communities. The scheme is funded by Hackney Council (Public Health) administered by Community African Network.

Signposting Project

One of the key roles of a community base charity is for those with the knowledge to share it with those that do not possess the knowledge and this how grass roots engagement grows.

In RCA this sharing of information is done through our a drop-in service once a week on a set day at a permanently accessible venue with a dedicated staff member and two volunteers to provide information and signposting to clients. This service is free, friendly, confidential, and independent. Delivered through, 1 to 1 meetings, telephone, or email contacts, we provide information to clients about where to get help in relation to health, social care or personal wellbeing. Issues identified beyond our scope are referred to appropriate advice agencies. We communicate with individual clients in languages that they are comfortable in communicating in.

We believe operating the signposting service this way makes it easily accessible and less intimidating or stigmatising to the hard-to-reach individuals of our community. They are able to communicate in a language that they understand thereby overcoming some of the barriers they face in accessing services. Our project is a gateway to service providers and a way to identify clients' needs and help them to access services or resources to meet their identified needs.

Thank you All

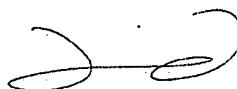
We began this year like we do with every year wondering if we will attract the funds to get to the end of the year. The good news is we made it to the end of the year. The Trustees would like to express their gratitude to the beneficiaries, volunteers

and casual users, to all those who continue to help RCA to deliver its' services, and especially to the inspirational work of our volunteer coordinator continues to define our activities and enhance our reputation by setting a level of community engagement and service not equalled in the borough. We are so please that all of our volunteers follow her lead. This allows us to continue extending the range of services provided to our growing number of users. RCA will continue to work tirelessly post the pandemic to ensure we can extend our activities and will be open to all in the city.

Thank you.

Chair: Farida Yiga

Signature.

A handwritten signature in black ink, consisting of a series of loops and a long horizontal stroke.

12 /07/2022

Directors' Responsibilities

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the charitable company and the surplus or deficit for that period. In preparing these statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The Directors are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner Report

For the Year ended 30th November 2021

I report on the accounts of Rise Community Action Limited for the year ended 30th November 2021, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- to state whether matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below:

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
 - (a) to keep accounting records in accordance with 386 of the Companies Act 2006; and
 - (b) to prepare accounts which accord with the accounting requirements of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (revised 2005) have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

J N Beugren Accountants
5 Stuart Place, St. Albans, AL1 1AU



26/06/2022

<u>Rise Community Action Limited</u>				
<u>Income & Expenditure Account</u>				
<u>Statement of Financial Activities for the year ended 30th November 2021</u>				
2020 - Total	<u>Incoming Resources</u>	Unrestricted	Restricted	2021 - Total
£	<u>Note</u>			£
	2.			
45,210	Grants, Awards,	-	45,033	45,033
-	Donations	0		0
-	Generated Income	-	1,000	1,000
-	Other	540		540
54,920	Total Income	540	46,033	46,573
	3. <u>Resources Expended</u>			
-	Cost of generating funds	-	-	-
51,593	Activities in the furtherance of the Charity's objects	-	50,009	
2952	Management & Administration	-	3,263	
54,545	Total outgoing resources	0	53,272	53,272
375	Net surplus/deficit	540	(7,239)	(7,779)
9,552	Balance brought forward	190	9,362	9,516
9,927	Balance carried forward	730	2,123	2,853

Rise Community Action Limited
Balance Sheet as at 30th November 2021

<u>Fixed Assets</u>			
2020		<u>Note</u>	2021
0	Intangible Assets		0
1,954	Tangible Assets	4	3,954
1,954	Total Fixed Assets		3,954
<u>Current Assets</u>			
-	Debtors	-	-
9,927	Cash at bank	-	2,853
11,881	Total Current Assets		6,807
<u>Liabilities</u>			
-	Creditor	-	-
11,881	Assets less liability	-	0
11,881	<u>Total Net Assets</u>		6,807
Represented by :			
11,881	Un/restricted :		6,807
-	Free reserves:		-
954	Fixed Assets:		6,807
190	Total unrestricted funds		730
11,691	Restricted funds		6,077
11,881	<u>Total</u>		6,807

For the year ending 30th November 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies 'regime'.

The board of Directors approved these accounts on 12 /07/2022, and signed on their behalf by:

Treasurer – David Kakande

Signature:



12 /07/2022

1. ACCOUNTING POLICIES

(a) BASIS OF ACCOUNTING

The financial statements are prepared under the historical cost convention. They comply with the Charity Commission's Statement of Recommended Practice on Accounting by Charities (SORP 2005) and all applicable Accounting and Financial REPORTING STANDARDS

(b) INCOMING RESOURCES

General donations, legacies and subscriptions are brought into account when received.

Donations and grants given for specific purposes are treated as income in the year of receipt. Unspent restricted income is included under restricted funds as it is fully committed.

(c) RESOURCES EXPENDED

The resources used are classified under the charity's functional categories of expenditure rather than the type of expense in order to provide more useful information.

Resources expended in each functional category comprise direct expenditure including direct staff costs attributable to the activity. Where costs cannot be directly attributed they have been allocated to activities based on time spent by staff on those activities.

(d) TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are included at cost; Depreciation is calculated annually at 25%

(e) OPERATING LEASES

Operating lease rentals are charged to the income and expenditure account as they become due.

(f) FUND ACCOUNTING

General funds comprise the accumulated surplus or deficit on the income and expenditure account. They are available for use at the discretion of the Directors in furtherance of the general objectives of the company. Restricted funds are funds subject to specific restricted conditions imposed by donors.

(g) EXPENDITURE CATEGORIES

Expenditure is allocated to one of three functional categories that reflect the charitable activities of the company:

- Cost of generating funds

- Activities in the furtherance of the Charity's objects

Rise Community Action Limited

Grants, Donations & Expenditure Analysis

2. Grants, Donation and fees :

<u>2020</u>	<u>Sources</u>	Unrestricted	Restricted	<u>2021</u>
Total				Total
	City and Hackney NHS			
27,750*	CCG	-	27,650*	27,650*
	Community Funding	-	2,299	2,299
10,000	HCVS Hackney Giving	-	10,000	10,000
450	HCVS condom	-		584
398	AHPN	-	4,500	4,500
2,084	Generated income	-	1,000	1000
3,358	other	540	-	540
10,880				
54,920	<u>Total</u>	540	46,033	46,573

<u>2020</u>	<u>Resources expended:</u>	<u>2021</u>
	Fundraising and training	0
	Activities for Beneficiaries (including	
	Salaries, Rent, Volunteer cost)	50,009**
	Support and advice	
	Management and Administration	3,263
54,545	Total	53,272

****£27,650 of this income was received on behalf of CAN (Community African Network) for its Bowel cancer project***

***** £27,650 is for funds paid to CAN (Community African Network) which was received for its Bowel cancer project***

Accounts

Rise Community Action Limited

**Annual Report
and
Annual Accounts**

1st December 2019 – 30th November 2020

THURSDAY



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A19

26/08/2021

#55

COMPANIES HOUSE

LEGAL INFORMATION

Company No: 5617122

Charity Number: 1147332

Legal Status: Limited by Guarantee and a Registered Charity

Address: Halkevi Community Centre
31-33 Dalston Lane
London E8 3DF

Broad of Directors/ Trustees: Farida Yiga - Chair
David Kakande - Treasurer
Lukiya Kakembo - Secretary
Dr Edwin Mavunika Mapara
Amina Nalubega Ssendegeya

Principle Staff: Janet Murungi - Coordinator (volunteer)

Banker: Barclays Bank
Moorgate Branch
128 Moorgate,
London, EC2M 6SX

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- To reduce isolation suffered by HIV positive people and promote their social inclusion.
- To better inform service providers on the needs of people living with HIV thus improve the quality of care
- To empower our users to make informed choices on access to services and their lives in general.
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Initially established to provide information, care and support for women living with HIV/AIDS in London, RCA has been unfaltering in raising awareness on issues surrounding HIV/AIDS by running workshops, delivering presentations and staging community events and educating the community about the spread of HIV. RCA has been responsive to the needs of the community and its activities since it first started project have been targeted at reducing the damage being done to its target community.

Financial Support

As a proactive community charity RCA is constantly developing new projects to address identified needs both new and establish needs. The management of RCA believe it is important that RCA grows to a position where it can employ paid staff to better address the level of need present in our delivery area. If RCA fails to grow to a point where its infrastructure is robust enough for the task, we are conscious that RCA have to make radical action to ensure that RCA never have to turn beneficiaries away.

RCA has been reliant on a number of volunteers, chief among these have been our coordinator (volunteer) who continues to perform beyond all expectations and she continues to work tirelessly to ensure we can extend our activities across London by working in partnership with organisation of a similar size to address need.

RCA funders for the year were the National Lottery Fund and HCVS, thank for your support and belief in the documented evidence of need.

Funders

Funders continue to adjust their methods of working and supporting good causes and this has resulted in the obliteration of numerous charities and has created a void in the community that the remaining charities cannot fill because of limited resources. Life on the edge is very scary for the evident lack of service is devastating.

As we reflect on the year the majority of our current difficulties can be attributed to the uncertainty that engulf us all 'Brexit'. The acrimony that has emerged from the Brexit process has been far reaching and its effects was and remains unrelenting and totally devoid of compassion. As a direct effect of the economic environment small organisations are being increasingly marginalised or forced to stop operation leaving an alarming number of people without any support network and in a city as soulless as London the consequences are very visible.

RCA continues to work in partnership with a number of local agencies and charities to ensure that our client group can be serviced, RCA have been central in delivering a number of projects as a delivery partner.

We have continued to perform an unusual role as the administrator of CAN's (Community African Network) Bowel cancer project. A project funded by City & Hackney CCG which meant that this year £27,750 was received on behalf of CAN. As the receiving organisation this was then paid to CAN in our accounts this figure is represent as part of the organisation's total unrestricted income and is represent in the spending under the section, activities in the furtherance of the Charity's objects.

While funding has been hard ,we have managed to attracted funding for projects, predominately from the National Lottery Community Fund, however charities of the nature of RCA are not seen as attractive to local companies especially in these difficult economic. In the existing environment only large charities are attracting funding. An approach that requires a paradigm shift to stop the continued result in the failure small charities, small charities which deliver over 90% of all the charitable services in the country and only receive about 6% of available funding.

Management and Administration

The resources expended on administration totalled £2,952 during the year. This represents 5.4% of the total resources received a level of expenditure that the Trustees consider to be appropriate for the charity. These figure means that we are keeping a firm grip on our administration and management costs and this continues to allow us to direct a much greater percentage of our resources to assisting our beneficiaries.

Material Intangible Incoming Resources

A number of professionals gave their time as volunteers. As there is no financial cost to any third party, this intangible income has not been included in the Statement of Financial Activities but we put a value on it in excess of £42,000 annually.

Activities

We hope this report demonstrates the value of RCA, we hope it will strike a chord and inspire you to join us and contribute to making difference in the lives of those most in need.

RCA is driven by the ambition to bring some solace to those affected by Domestic Violence and FGM or HIV. We are happy that we have witnessed real changes in the lives of DV and FGM survivors. RCA continue to work in

partnership with other local charities as we try to maximise the reach of RCA in the face of ever decreasing resources a situation which was very evident as we existed in the middle of a pandemic which claim nearly one hundred thousand lives.

Projects

We have for the past year been locked in the battle with Covid-19, a pandemic which has ravished society claiming countless lives and as the pandemic gripped the UK the picture was the same across the globe. The pandemic brought with it a change and new ways of living. We became with the order of lockdowns when we were locked in our homes for months only allowed to leave to purchase food or for a few minutes of exercise. We were forbidden from mixing with people outside of our household.

However, we've been at our very best during this crisis, swiftly adapting to unprecedented change and doing whatever it takes to support communities in need. *Amidst the hardship, Covid-19 has highlighted important opportunities for learning that we have tried capture and share.*

When this awful pandemic struck back in March, we like many organisations doing crucial work within communities were simply forced to shut up shop, as some funding streams have begun to quickly dissipate.

When faced with such a quandary, we didn't wait around and nurse our wounds. Instead, we tried to diversify as we step up to the challenge and develop innovative solutions.

Quick-thinking and adaptability has made RCA a critical force throughout the pandemic. RCA ability to respond to extraordinary crises like Covid-19 should not go underestimated or ignored for it is clear that this charity is more responsive than we knew.

We have fostered a constructive relationship between RCA and statutory organisation during the pandemic we intend to continue to strengthen and nurture these relationships. RCA eagerly stepped in when the local authorities became overstretched, and our collaborative has been one of the great positives to come out of this crisis.

Post-Covid, RCA still very much requires a seat at the table, and clarity and support from the public sector will be more important than ever for as we start to rebuild.

We are conscious that small organisations RCA are in danger of being driven out by their larger counterparts, corporate support is will remain nonexistence while we are faced with an increasing demand on the services of the charity.

These are all valid concerns, and ones that we must overcome in order to move forward, and, in turn, improve the lives of the most vulnerable in our community.

- Whilst some changes have been enforced, COVID-19 has worked as a catalyst to reinvent the future of work we have to take the opportunity to make things better than they were.
- New technologies are going to necessitate new roles, which is one reason we have encourage new skills in the charity.
- Volunteers/ Employees will benefit from being taught new mind sets, behaviours and values in our transforming workplace.

There has been a rapid transformation of the workplace, working from home has become the new normal, and we've gone from digitizing the relationship between firm and customer to digitizing the relationship between employer and employee/ volunteers.

We have been catapulted forward, fast-tracking trends such as automation, digitalization, and innovation.

As an organisation at the crossroads we have to capitalize on post-COVID opportunities and position the charity to retain our talented volunteers and attract people when the situation stabilizes.

This period has required us all to be supportive of one another, as we all face uncertainty. Control has to some extent given way to trust. People are learning how to do work disparately and with far less oversight: they are learning "on the job" what works and what doesn't work at home, and holding virtual meetings that might have happened before but never to such an extent.

Ironically, in the midst of social distancing, many of us are getting closer. We are building more adaptive teams, are more consistently in touch with each other and connection has become a priority in the name of working remotely. But beyond that we are connected with purpose and as a community.

Charity leaders now have, in some sense, been gifted with a better idea of what can and cannot be done outside their companies' traditional processes, and COVID-19 is forcing both the pace and scale of workplace innovation. Many are finding simpler, faster and less expensive ways to operate.

The major work of RCA, was our Covid-19 response project the FFENA Project

With funds delivered via the National Lottery Community Fund to deliver sessions aimed at reducing the social isolation and improving mental well-being of BME women affected by Domestic Abuse and Female genital mutilation or HIV by providing:

Emotional support - online support in form of remote/online services (e.g. zoom calls)

Practical Support -Provide specific African food and essential hygiene items.

The project employed a sessional worker who worked closely with the trained volunteers to call our clients who are suffering isolation and mental distress.

We purchased and supplied African food and hygiene items to our service users (especially those with no resource to public funds). The project made a difference by providing both emotional and practical support

The project supported women affected by DV, FGM or HIV who are experiencing disproportionate challenges and difficulty as a result of COVID 19 due to their health issues and the nature of the circumstances. These women already suffer huge mental health and physical difficulty but lockdown and COVID 19 made it more challenging. Domestic Abuse is on the rise where as there is lack of culturally appropriate support services open to African women who already have multiple issues ranging from language barrier, no recourse to public funds, leaving them dependent on their abusers. The current financial climate makes it difficult for our client group. Most of these women cannot afford basics and mostly depend on food banks. Our organisation has had to support more women than we would normally do due to the COVID-19 crisis.

Ubuntu Project was funded by the National Lottery Community Fund to increase awareness of Female Genital Mutilation (FGM) within the communities in Hackney. The project aimed to reduce the risk of harm to girls and make parents aware of the damaging effects of FGM and that it is a safeguarding issue.

The project raised awareness of FGM through outreach sessions and organised an awareness raising event on the subject. We worked with a team of trained outreach volunteers to deliver this project. By raising awareness while working with the FGM practising communities the Ubuntu project aimed to address FGM at an early stage in helping to reduce the risk of FGM incidences in the borough.

We have worked closely with at risk communities in Hackney, communities who have now gained confidence to discuss FGM openly and challenge this harmful practice while protecting our girls. The project has also facilitated closer relationships with FGM charities like Barnardo's the National FGM Unit who actively supported us while delivering our awareness raising event. These large charities have supported our delivery with FGM awareness literature which we use during the outreach sessions.

The success of the project depended on the pool of dedicated volunteers who shared the conversation they would have had with residents, the beliefs and attitudes people would have expressed and whether or not they believe change should happen. Feedback was key, because it helped with our evaluation at the end of the project. The project is funded until the summer of 2020.

Condom Distribution Scheme

RCA condom distribution scheme has become a fixture in the charities annual activities ,it provides free condoms and information on sexual health and where to go for HIV testing/sexual health screening to the African Community while registering them on the Free Condom Scheme by issuing them a Ccard which allows them to collect more free condoms from pharmacies and other collection points when and where there is need for them. This is delivered through a partnership with a number of community groups supported by Brook Hackney , CAN and Hackney CVS.

The scheme has increased uptake of HIV testing and has been instrumental in encouraging condom usage among individuals from Hackney's African Communities. The scheme is funded by Hackney Council (Public Health) administered by Hackney Council for Voluntary Services and CAN.

Signposting Project

One of the key roles of a community base charity is for those with the knowledge to share it with those that do not possess the knowledge and this how grass roots engagement grows.

In RCA this sharing of information is done through our a drop-in service once a week on a set day at a permanently accessible venue with a dedicated staff member and two volunteers to provide information and signposting to clients. This service is free, friendly, confidential and independent. Delivered through, 1 to 1 meetings, telephone or email contacts, we provide information to clients about where to get help in relation to health, social care or personal wellbeing. Issues identified beyond our scope are referred to appropriate advice agencies. We communicate with individual clients in languages that they are comfortable in communicating in.

We believe operating the signposting service this way makes it easily accessible and less intimidating or stigmatising to the hard to reach individuals of our community. They are able to communicate in a language that they understand thereby overcoming some of the barriers they face in accessing services. Our project is a gateway to service providers and a way to identify clients' needs and help them to access services or resources to meet their identified needs.

Thank you All

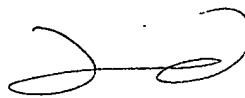
The inspirational work of our volunteer coordinator continues to define our activities and enhance our reputation by setting a level of community engagement and service not equalled in the borough. We are so please that all of our volunteers follow her lead. This allows us to continue extending the range of services provided to our growing number of users. RCA will continue to work tirelessly through this pandemic to ensure we can extend our activities will be open to all in the city.

We started this year believing we will not make it to the end of that year because of a lack of finance. It was not the lack of funds that was not the challenge it was, the pandemic. The Trustees would like to express their gratitude and that of the beneficiaries, volunteers and casual users, to all those who continue to help RCA to deliver its' services.

Thank you.

Chair: Farida Yiga

Signature



12/07/2021

Directors' Responsibilities

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the charitable company and the surplus or deficit for that period. In preparing these statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The Directors are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner Report

For the Year ended 30th November 2020

I report on the accounts of Rise Community Action Limited for the year ended 30th November 2020, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- to state whether matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below:

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
 - (a) to keep accounting records in accordance with 386 of the Companies Act 2006; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (revised 2005) have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

J N Beugren Accountants
5 Stuart Place, St. Albans, AL1 1AU



26/06/2021

<u>Rise Community Action Limited</u>				
<u>Income & Expenditure Account</u>				
<u>Statement of Financial Activities for the year ended 30th November 2020</u>				
2019- Total	<u>Incoming Resources</u>	Unrestricted	Restricted	2020 - Total
£	<u>Note</u>			£
	2.			
35,573	Grants, Awards,	-	37,750	45,210
-	Donations	-	2,084	-
-	Generated Income	-	3358	-
-	Other	-	11,728	-
35,573	Total Income	0	54,920	54,920
	3. <u>Resources Expended</u>			
-	Cost of generating funds	-	-	-
35,428	Activities in the furtherance of the Charity's objects	-	51,593	51,593
2,110	Management & Administration	-	2,952	2952
37,538	Total outgoing resources	0	54545	54,545
(1,965)	Net surplus/ deficit	0	375	375
11,517	Balance brought forward	190	9,362	9,552
9,552	Balance carried forward	190	9,737	9,927

Rise Community Action Limited
Balance Sheet as at 30th November 2020

<u>Fixed Assets</u>			
<u>2019</u>		<u>Note</u>	<u>2020</u>
0	Intangible Assets		0
1,274	Tangible Assets	4	1,954
1,274	Total Fixed Assets		954
<u>Current Assets</u>			
-	Debtors		-
9,552	Cash at bank		9,927
	Total Current		
10,826	Assets		11,881
<u>Liabilities</u>			
-	Creditor	-	-
10,826	Assets less liability	-	11,881
10,826	<u>Total Net Assets</u>		11,881
Represented by :			
10,826	Un/restricted :		11,881
-	Free reserves:		-
1,274	Fixed Assets:		954
	Total unrestricted		
190	funds		190
10,636	Restricted funds		11,691
10,826	<u>Total</u>		11,881

For the year ending 30th November 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

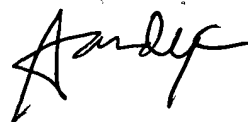
- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies 'regime'.

The board of Directors approved these accounts on 12 /07/2021, and signed on their behalf by:

Treasurer - David Kakande

Signature:



12 /07/2021

1. ACCOUNTING POLICIES

(a) BASIS OF ACCOUNTING

The financial statements are prepared under the historical cost convention. They comply with the Charity Commission's Statement of Recommended Practice on Accounting by Charities (SORP 2005) and all applicable Accounting and Financial REPORTING STANDARDS

(b) INCOMING RESOURCES

General donations, legacies and subscriptions are brought into account when received.

Donations and grants given for specific purposes are treated as income in the year of receipt. Unspent restricted income is included under restricted funds as it is fully committed.

(c) RESOURCES EXPENDED

The resources used are classified under the charity's functional categories of expenditure rather than the type of expense in order to provide more useful information.

Resources expended in each functional category comprise direct expenditure including direct staff costs attributable to the activity. Where costs cannot be directly attributed they have been allocated to activities based on time spent by staff on those activities.

(d) TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are included at cost; Depreciation is calculated annually at 25%

(e) OPERATING LEASES

Operating lease rentals are charged to the income and expenditure account as they become due.

(f) FUND ACCOUNTING

General funds comprise the accumulated surplus or deficit on the income and expenditure account. They are available for use at the discretion of the Directors in furtherance of the general objectives of the company. Restricted funds are funds subject to specific restricted conditions imposed by donors.

(g) EXPENDITURE CATEGORIES

Expenditure is allocated to one of three functional categories that reflect the charitable activities of the company:

- Cost of generating funds

- Activities in the furtherance of the Charity's objects

- Management and Administration

Rise Community Action Limited
Grants, Donations & Expenditure Analysis

2. Grants, Donation and fees :

<u>2019</u>	<u>Sources</u>	Unrestricted	Restricted	<u>2020</u>
Total				Total
	City and Hackney NHS			
18,500*	CCG	-	27,750*	27,750*
10,000	National Lottery			
	Community Fund	-	10,000	10,000
	HCVS			
1,400	information/signposting	-	450	450
894	HCVS condom	-	398	398
625	Donations	-	2,084	2,084
3,442	Generated income	-	3,358	3,358
712	other	-	10,880	10,880
35,573	<u>Total</u>	-	54,920	54,920
<u>2019</u>	<u>Resources expended:</u>			<u>2020</u>
	Fundraising and training		0	
	Activities for Beneficiaries (including			
	Salaries, Rent, Volunteer cost)		51,593**	
	Support and advice			
	Management and Administration		2,952	
37,538	Total			54,545

**£27,750 of this income was received on behalf of CAN (Community African Network) for its Bowel cancer project*

*** £27,750 is for funds paid to CAN (Community African Network) which was received for its Bowel cancer project*