



**Trustees' Report and Unaudited Financial  
Statements**

**For The Year Ended  
31 March 2022**

# ACHIEVE CHANGE & ENGAGEMENT ACE

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# ACHIEVE CHANGE & ENGAGEMENT ACE

## CHARITY REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2022

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<b>Registered charity name</b>	Achieve Change & Engagement ACE
<b>Charity registration number</b>	1147278
<b>Registered office</b>	18 Sun Street Lancaster LA1 1EW
<b>Trustees</b>	C Wilson (Resigned 31 March 2022) S Temple P Callis D Tyson J Johnson C Welsby I Rycroft (Resigned 31 May 2021) H Belbin P Tomlinson (Resigned 30 September 2021) T Corish S Kay (appointed 24 July 2022) M Duncan (appointed 1 June 2022) V Gray-Joyce (appointed 29 October 2021)
<b>Independent Examiner</b>	MHA Moore and Smalley Chartered Accountants Priory Close St Mary's Gate Lancaster Lancashire LA1 1XB

# **ACHIEVE CHANGE & ENGAGEMENT ACE**

## **TRUSTEES REPORT**

### **FOR THE YEAR ENDED 31 MARCH 2022**

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The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the period ended 31 March 2022.

The financial statements comply with the Charities Act 2011, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

#### **Reference and administrative details**

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 1 of the financial statements.

The charity is known as “ACE”.

#### **The trustees**

The trustees who served the charity during the period are shown on page 1.

#### **Structure, governance and management**

##### **Governing document**

The charity operated as an unincorporated organisation from 2008 until it incorporated on 15 November 2011 and registered as a charity with the charity commission on 16 May 2012.

At a meeting on 15th March 2021 the trustees agreed to convert the existing Charitable Company from its current status to become a Charitable Incorporated Organisation (CIO) using the Foundation Model Constitution. In practice, the CIO becoming operational on 1 April 2021 with the Charity Commission recording conversion on 12<sup>th</sup> May 2021.

##### **Trustees**

The number of trustees shall be at least three. A trustee must be a natural person aged 16 years or older. Any person who is willing to act as Trustee, and is permitted by law to do so, may be appointed to be a trustee by decision of the trustees. Recruitment induction and training is conducted by existing trustees as necessary

# ACHIEVE CHANGE & ENGAGEMENT ACE

## TRUSTEES REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

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#### Objectives and activities

The Charity's objects are specifically restricted to the following:

##### Object 1 — Young people

To act as a resource for young people up to the age of 25 living in England and Wales by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

- advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature individuals;
- advancing education;
- relieving unemployment;
- providing recreational and leisure time activities in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

##### Object 2 — Social inclusion

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one of more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitating into society).

#### Our vision

All children, young people and adults live in emotionally healthy communities where they are heard and valued and able to get help when needed.

#### Our mission

ACE works with children, young people and adults to support them to build emotional resilience, putting their voices at the heart of our work.

# ACHIEVE CHANGE & ENGAGEMENT ACE

## TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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### Our work

The charity has undertaken the following overarching activities for public benefit in relation to its objects:

<ul style="list-style-type: none"><li>• <b>One to one work</b></li></ul> <p>Emotional Health Practitioners work with young people ages 11 to 25 in schools, GP Practices and community venues on an individual basis to support them to improve their emotional health. Referrals are taken from school staff, GPs, mental health services, other services, parents and young people themselves. The work is person centred, solution focussed and goal based. The young people are generally seen weekly and their improvement in emotional health and resilience is measured along with the impact of the work.</p> <p>This year two half time trauma therapists joined our team working with 10 to 18 year olds,</p>	<ul style="list-style-type: none"><li>• <b>Group work</b></li></ul> <p>Groups of young people are worked with to support their emotional health and build resilience around specific issues such as self esteem, relationships or stress and anxiety. Again improvements in emotional health and resilience are measured.</p>
	<ul style="list-style-type: none"><li>• <b>Participation</b></li></ul> <p>Groups of young people meet to gain information on mental health services or education for children and young people and advocate on behalf of young people's voice with commissioners and decision makers.</p>

### Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance when reviewing our aims and objectives and in planning our future activities.

### Achievements and performance

During 2021/22, ACE has:

- Maintained its growth and developed new ways of working.
- Maintained a reputation for delivering quality work that makes a difference to the lives of young people and influences adult decisions.
- Worked with young people to support them to develop new social and emotional skills which has resulted in improved emotional health.
- Enabled young people to influence services and the work force to improve social inclusion of all young people and especially those with poor mental health.
- Filled a gap in service provision between universal and specialist services which is much needed in the locality.
- ACE has responded to the increasing numbers of young people who are failing to thrive emotionally.

## **ACHIEVE CHANGE & ENGAGEMENT ACE**

### **TRUSTEES REPORT (CONTINUED)**

#### **FOR THE YEAR ENDED 31 MARCH 2022**

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ACE has been funded by the following organisations during 2021/22:

- Morecambe Bay CCG
- Fylde & Wyre CCG
- Children In Need
- Westminster Foundation
- Francis C Scott Charitable Trust
- Banks Lyon
- Lloyds Bank Foundation (May 21)
- Elizabeth and Richard Wilson Fund
- National Lottery awards for all
- Angus Lawson Memorial Trust
- Donations from individuals, organisations and local schools

#### **Achievements and performance in more detail**

ACE received 572 referrals during the year 2021/2022

Of these referrals:

- 224 (39%) were seen and subsequently ended support,
- 217 (38%) continue to receive support,
- 21% failed to engage or declined appointments.

At the end of the year, 11 of the young people referred were still awaiting intervention. ACE measures its work using a variety of tools.

97% of the young people completing paired outcome self-assessments who ended intervention showed an improvement in their emotional health and wellbeing. Many of the young people supported are very anxious about school. Attendance and achievement have been found to improve alongside a reduction in their symptoms and an increase in positive emotional health and resilience following ACE support.

Feedback indicates the overall rating of the service was:

- Excellent 59%,
- Very Good 29%,
- Good 11%,
- Poor 1%

Of the service users who completed feedback, 92% saw an improvement in their overall emotional health whilst using the service.

## ACHIEVE CHANGE & ENGAGEMENT ACE

### TRUSTEES REPORT (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2022

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"The service that ACE offer is invaluable to our school and students. There are many students over the years who have benefitted from support through ACE and it has got them through some difficult times and enabled them to move on and make positive changes to their lives."- *Head Teacher*

"These sessions have been really good - having sometime on my own with someone I trust who will listen and not get judged or who won't get angry with me. It's nice to be in a safe space where I can explore my feelings/emotions and be myself."- *Comments from a Young Person who has been through ACE service*

"ACE has made a huge difference in my YP life. The service is fab. More than anything I find that the Mental Health Practitioners actually care and they are very passionate about mental health and their roles. Thank you so much for helping my YP see her potential and future more clearly."- *Comments from a young persons' parent*

**The Trustees would like to take the opportunity to thank the team for their resilience and continuing hard work during what has been a particularly challenging year for the charity as well as for the individuals which it supports.**

#### Financial review

The detailed results for the charity are included in the Statement of Financial Activities.

The financial statements show total income of £209,372 (2021: £233,850) and expenditure of £192,149 (2021: £200,547) generating a surplus of £17,223 (2021: £33,303) for the year. This comprises of a surplus of £20,045 (2021: £34,006) relating to restricted funds and a deficit of £2,822 (2021: £703) relating to general funds into the next financial year, after transfers between funds.

Funds at 31 March 2022 comprise restricted funds of £82,674 relating to on-going projects, leaving unrestricted general funds of £25,773 in the budget for 2022-23 which will be invested in future activity.

#### Reserves

The charity reviewed its Reserves Policy in 2019 and following significant growth of funded project work agreed to hold reserves equivalent to three months running costs for its overhead costs. This is currently estimated to be £21,000 and current unrestricted reserves of £25,773 exceed this figure. Overheads are estimated based on costs not directly associated with project work which will ebb and flow as funding is secured and ends but includes primarily premises and administrative costs, management and administrative staff as well as estimated accrued redundancy liabilities.

The charity has reviewed itself and identified areas of development need to improve management and staff supervision and to respond to the needs of some young people who although improving have complex and multi layered needs that require long term support.



# ACHIEVE CHANGE & ENGAGEMENT ACE

## TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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### Plans for future periods

The way in which the charity operates has had to adapt rapidly during the Coronavirus pandemic moving to online and telephone support initially, returning to some face-to-face work following rigorous risk assessments and planning.

Longer term, the charity continues to face the challenges of securing funding within a climate of year-on-year funding from public bodies but aims to continue to build on its current good work to secure longer term funding to meet its objects.

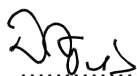
### Statement of Trustees' responsibilities

The trustees are required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its financial activities for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the policies followed are in accordance with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it's inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

This report was approved by the trustees and authorised for issue on the 20/12/2022 ..... and is signed on their behalf by:



D Tyson  
Trustee



V Gray-Joyce  
Trustee

## ACHIEVE CHANGE & ENGAGEMENT ACE

### INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ACHIEVE CHANGE & ENGAGEMENT ACE FOR THE YEAR ENDED 31 MARCH 2022

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I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 9 to 24.

#### Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Richard Hall FCCA**  
MHA Moore and Smalley  
Chartered Accountants  
Priory Close  
St Mary's Gate  
Lancaster  
LA1 1XB

03/01/2023  
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# ACHIEVE CHANGE & ENGAGEMENT ACE

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
<b>Income from:</b>					
Donations and legacies	3	-	10,960	10,960	18,821
Charitable activities	4	-	198,412	198,412	215,029
<b>Total</b>		-	209,372	209,372	233,850
<b>Expenditure on:</b>					
Charitable activities	5	750	191,399	192,149	200,547
<b>Total</b>		750	191,399	192,149	200,547
<b>Net income/(expenditure)</b>		(750)	17,973	17,223	33,303
<b>Transfers between funds</b>		(2,072)	2,072	-	-
<b>Net movement in funds</b>		(2,822)	20,045	17,223	33,303
<b>Reconciliation of funds:</b>					
Total funds brought forward		28,595	62,629	91,224	57,921
<b>Total funds carried forward</b>	12	25,773	82,674	108,447	91,224

All gains and losses in each period are included above.

All of the above amounts relate to continuing activities.

The notes on pages 11 to 24 form part of these financial statements.

# ACHIEVE CHANGE & ENGAGEMENT ACE

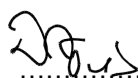
## BALANCE SHEET

AS AT 31 MARCH 2022

		2022		2021	
		£	£	£	£
<b>Current assets</b>					
Debtors	10	58,561		1,277	
Cash at bank and in hand		<u>138,650</u>		<u>145,626</u>	
		197,211		146,903	
<b>Creditors:</b> amounts falling due within one year	11	<u>(88,764)</u>		<u>(55,679)</u>	
<b>Net current assets</b>		<u>108,447</u>		<u>91,224</u>	
<b>Total assets less current liabilities</b>		<u>108,447</u>		<u>91,224</u>	
<b>Net assets</b>		<u>108,447</u>		<u>91,224</u>	
<b>Funds:</b>					
Unrestricted funds		25,773		28,595	
Restricted funds		82,674		62,629	
<b>Total funds</b>	12	<u>108,447</u>		<u>91,224</u>	

20/12/2022

These accounts were approved by the trustees and authorised for issue on the ..... and are signed on their behalf by:



D Tyson  
Trustee



V Gray-Joyce  
Trustee

The notes on pages 11 to 24 form part of these financial statements.

# ACHIEVE CHANGE & ENGAGEMENT ACE

## NOTES TO THE ACCOUNTS

### FOR THE YEAR ENDED 31 MARCH 2022

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#### 1 Accounting policies

##### Legal form

Achieve Change & Engagement ACE is a charitable incorporated organisation (CIO) registered in the United Kingdom. The address of the charity, the nature of its operations and its principal activities are all detailed in the Trustees' report and charity administrative details pages in these financial statements.

##### Basis of accounting

The charity constitutes a public benefit entity as defined by FRS102. The financial statements have been prepared in accordance with the accounting policies set out in note to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The financial statements have been prepared on a going concern basis under the historical cost convention. The financial statements are prepared in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### Preparation of the accounts on a going concern basis

The trustees do not consider there to be a material uncertainty at this time, and there is a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### Taxation

The charity is recognised by the Inland Revenue as a UK Charity and is entitled to exemptions from corporation tax.

##### Income

Grants where the application of the grant is determined by the funder are included as restricted funds. Grants where there are no conditions set by the funders other than the general objects of the charity are included as unrestricted funds. Grants are accrued when any conditions on their receipt have been met and are deferred where conditions on their receipt have not been met.

Income with contractual service requirements are accounted for when the conditions to entitlement are met and accounted for within unrestricted income from charitable activities. No income is shown net of expenditure.

# ACHIEVE CHANGE & ENGAGEMENT ACE

## NOTES TO THE ACCOUNTS

### FOR THE YEAR ENDED 31 MARCH 2022

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#### 1 Accounting policies (continued)

##### **Expenditure**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required, and the amount of the obligation can be measured reliably.

Support costs are those which assist the work of the charity but do not directly represent charitable activities and include office costs and governance costs. They are incurred directly to support the objectives of the charity. Expenditure is inclusive of irrecoverable VAT.

##### **Debtors and creditors**

Debtors and creditors with no stated interest rate and receivable and payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

##### **Cash and cash equivalents**

Cash held by the charity includes amounts held on call at banks.

##### **Accumulated funds**

Unrestricted funds - these are available for use at the discretion of the trustees in furtherance of the general activities of the charity

Restricted funds - these are subjected to restrictions on their expenditure imposed by the donor. The restricted fixed asset fund represents assets purchased from specific grants and funds future depreciation of those assets.

##### **Financial instruments**

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to offset the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### *Basic and other financial assets*

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

The charity has no financial instruments that are classified as other financial assets.

# ACHIEVE CHANGE & ENGAGEMENT ACE

## NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

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### 1 Accounting policies (continued)

#### *Impairment of financial assets*

Financial assets are assessed for indicators of impairment at each reporting end date.

Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected. If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in the statement of financial activities.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in the statement of financial activities.

#### *De-recognition of financial assets*

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

#### *Classification of financial liabilities*

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

#### *Basic and other financial liabilities*

Basic financial liabilities, including creditors, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

The charity has no liabilities which are classified as other financial liabilities.

#### *De-recognition of financial liabilities*

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

# ACHIEVE CHANGE & ENGAGEMENT ACE

## NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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### 2 Judgements and key sources of estimation uncertainty (continued)

In the application of the Charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

#### Key assumptions, judgements and estimates

In the opinion of the Trustees' there have been no significant judgements made in the process of applying the above accounting policies. There have been no key assumptions concerning future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

### 3 Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Donations	-	10,960	10,960	18,821
	-	10,960	10,960	18,821

In the comparative year, all income from donations and were restricted funds.



# ACHIEVE CHANGE & ENGAGEMENT ACE

## NOTES TO THE ACCOUNTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 4 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Clinical Commissioning Groups	-	71,232	71,232	57,222
BBC Children In Need	-	49,235	49,235	49,157
Banks Lyon Memorial Trust	-	5,000	5,000	-
Lloyds Bank Foundation for England & Wales	-	-	-	24,467
Bay Leadership Academy	-	-	-	11,250
Community Foundation	-	-	-	-
Francis C Scott	-	18,950	18,950	15,275
Camforth High School	-	6,500	6,500	1,583
Bay Medical Group	-	-	-	-
Galbraith Trust	-	-	-	1,991
MIND	-	4,462	4,462	13,385
Westminster Foundation	-	9,214	9,214	1,296
CVS Lancaster	-	-	-	2,000
Barnardos	-	-	-	5,000
CAF Resilience Fund	-	-	-	22,043
CANW CAMHS Backlog	-	-	-	9,860
Active Lancashire	-	-	-	500
Heysham High School	-	17,550	17,550	-
Angus Lawton Memorial Trust	-	7,052	7,052	-
ER Wilson	-	2,000	2,000	-
Awards for All	-	6,717	6,717	-
Butterfly Conservation	-	500	500	-
	-	198,412	198,412	215,029

In the comparative year, all income from charitable activities were restricted funds.

# ACHIEVE CHANGE & ENGAGEMENT ACE

## NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 5 Expenditure on charitable activities

Activity	Youth wellbeing and support			Total 2021
	Unrestricted Funds	Restricted Funds	Total 2022	
	£	£	£	£
Youth worker costs	-	182,186	182,186	185,387
Fund raising expenses	-	19	19	450
Insurance	-	1,162	1,162	1,036
Office accommodation costs	-	4,057	4,057	3,870
Payroll processing	-	360	360	360
Travel	-	69	69	5
Printing, postage and stationary	-	507	507	187
Web design	-	17	17	-
Membership & Accreditation	-	35	35	209
Telephone	-	1,383	1,383	1,492
Staff training	-	602	602	4,803
Sundry	-	1,002	1,002	2,045
Support Costs (note 6)	750	-	750	703
	<b>750</b>	<b>191,399</b>	<b>192,149</b>	<b>200,547</b>

In the comparative year, expenditure on charitable activities included £703 on unrestricted funds and £199,844 on restricted funds.

### 6 Support costs

	Total 2022 £	Total 2021 £
Accountancy fees	750	690
Companies House fees	-	13
	<b>750</b>	<b>703</b>

## ACHIEVE CHANGE & ENGAGEMENT ACE

### NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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#### 7 Net income/(expenditure)

	2022	2021
	£	£
<b>Net income/(expenditure) is stated after charging/(crediting):</b>		
Independent examiner's remuneration:		
- independent examination fee	750	675

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#### 8 Staff costs and emoluments

Total staff costs for the year were as follows:

<b>Employment costs</b>	2022	2021
	£	£
Wages and salaries	133,581	139,302
Social security costs	1,745	2,915
Pension costs	1,768	2,118

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	137,094	144,335
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The number of employees during the period was:

<b>Number of employees (all part time)</b>	2022	2021
	No	No
Charity Coordinator	1	1
Emotional Health & Wellbeing Practitioners	11	10

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	12	11
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No employee received emoluments of more than £60,000 during the year.

## ACHIEVE CHANGE & ENGAGEMENT ACE

### NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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#### 9 Trustees (and directors) remuneration and key management personnel

The key management personnel of the charity are considered to be the trustees.

No trustees were remunerated through the payroll of the charity, however, one trustee did receive payments from the charity as described in note 16 to the financial statements.

#### 10 Debtors

	2022 £	2021 £
Debtors	58,561	1,277
	<b>58,561</b>	<b>1,277</b>

#### 11 Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	4,566	4,205
Accruals	3,208	690
Deferred income	80,990	50,784
	<b>88,764</b>	<b>55,679</b>

	2022 £	2021 £
Deferred income brought forward	50,784	19,271
Released in the year	(50,784)	(19,271)
Grants received in advance	80,990	50,784
	<b>80,990</b>	<b>50,784</b>

# ACHIEVE CHANGE & ENGAGEMENT ACE

## NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 12 Analysis of charitable funds

	At 1 April 2021 £	Income £	Expenditure £	Transfers & gains/losses £	At 31 March 2022 £
<b>Unrestricted funds</b>					
General fund	28,595	-	(750)	(2,072)	25,773
	<b>28,595</b>	<b>-</b>	<b>(750)</b>	<b>(2,072)</b>	<b>25,773</b>
<b>Restricted funds</b>					
<i>Clinical Commissioning Groups:</i>					
North Lancashire	-	6,704	(6,704)	-	-
Fylde & Wyre	-	12,384	(12,384)	-	-
Fylde & Wyre - schools	4,342	26,364	(24,001)	-	6,705
NLCCG CAMHS Transformation	3,028	6,704	(6,236)	-	3,496
CCG Pop In's	1,452	1,080	(2,532)	-	-
<i>Other:</i>					
BBC Children In Need	1,120	9,976	(9,906)	-	1,190
Banks Lyon Memorial Trust	1,243	5,000	(3,675)	-	2,568
Children In Need Trauma	1,488	39,259	(35,041)	-	5,706
Community Foundation	-	-	-	-	-
Francis C Scott	1,155	16,000	(16,873)	-	282
Francis C Scott	-	2,950	-	-	2,950
Resource Pack	1,445	-	-	-	1,445
PQASSO Cost Saving	1,800	-	-	-	1,800
Lloyds Bank Foundation for England	1,774	-	(1,774)	-	-
OL Catholic High School	5,413	-	(2,064)	-	3,349
YOLO	1,491	-	-	-	1,491
Carnforth High School	-	6,500	(5,516)	-	984
MIND Grant	2,760	4,462	(7,221)	-	1
Westminster Foundation	160	9,214	(8,164)	206	1,416
LRGS	2,400	-	-	-	2,400
LGGS	3,219	-	(1,717)	1,498	3,000
CANW CAMHS Backlog Funding	5,696	-	(5,696)	-	-
Active Lancashire	500	-	-	-	500
MUFC Fundraising	5,078	-	(588)	-	4,490
Paid for support	593	3,297	(2,156)	-	1,734
CVS Urgent Response	1,000	-	(1,000)	-	-
Bay Leadership Academy	-	17,550	(17,550)	-	-
Butterfly Conservation Project	-	500	(500)	-	-
MGCCG Non Recurring Fund	-	7,656	(1,455)	-	6,201
ER Wilson	-	2,000	(2,007)	7	-
FWCCG Non Recurring Fund	-	10,340	(1,940)	-	8,400
ALMT Funding	-	7,052	(6,675)	-	377
Awards for All	-	6,717	(5,952)	-	765
Other donations	15,472	7,663	(2,072)	361	21,424
	<b>62,629</b>	<b>209,372</b>	<b>(191,399)</b>	<b>2,072</b>	<b>82,674</b>
<b>Total funds</b>	<b>91,224</b>	<b>209,372</b>	<b>(192,149)</b>	<b>-</b>	<b>108,447</b>

## ACHIEVE CHANGE & ENGAGEMENT ACE

### NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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#### 12 Analysis of charitable funds (continued)

##### **Clinical Commissioning Group Contracts**

The funding allows ACE to operate peer support groups, deliver participation and run one to one work in various schools and community venues across Lancaster, Fylde and Wyre for young people.

##### **BBC Children In Need**

Funding is used to reduce distress, improve the emotional health and wellbeing and build the resilience of children aged 11-18 outside of school hours.

##### **Banks Lyon Memorial Trust, Galbraith Trust, Paid for Support, LRGS, LGGS and MUFC Fundraising and Other Donations**

This grant, fundraising income and donation is used to support the aims and objectives of ACE, supporting young people to reduce anxiety, low self-esteem and social isolation and to improve emotional health and wellbeing to decrease school nonattendance at locations within Lancaster.

##### **Children In Need Trauma**

Funding is confirmed for three years from 2020/21 for ACE to deliver trauma focussed therapy to young people aged 10 to 19 years and to raise the skills of our wider team to recognise potential indicators of trauma and provide support. This work provides support to young people who have experienced traumatic events including emotional, physical and sexual abuse, exploitation, bereavement and domestic violence. The initial staff appointment to this work was before funding started and this overspend will be offset at the end of the grant.

##### **Community Foundation**

Funding provides support for ACE to support and develop its volunteers to ensure they have the skills to support young people to improve their emotional health and wellbeing.

##### **Francis C Scott**

Funding has been secured to reduce the waiting time before young people can access the service and in order to prioritise the work with young people to improve emotional health and build resilience for those that are at risk of becoming homeless and those who are aged 16 to 24 living in supported housing.

##### **Resource Pack & PQASSO Cost Saving**

These funds will be used to create and provide curriculum resources and will support the work of ACE.

##### **Lloyds Bank Foundation for England**

Funding supports young people transitioning from children's to adult mental health services or those leaving children's mental health services across Lancaster district and Fylde and Wyre who require ongoing support. The project aims to improve wellbeing, improve independence and the ability to make positive choices and to increase awareness of self-safety.

##### **OL Catholic High School**

Following some fundraising by the school, support is provided within the school offering person centred, solution focussed support for young people with poor emotional health.

## ACHIEVE CHANGE & ENGAGEMENT ACE

### NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

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#### 12 Analysis of charitable funds (continued)

##### **YOLO**

The fund is used to train young people in research and training skills so they can become volunteers for the charity.

##### **MIND Grant**

Funding to support young people with their emotional health and wellbeing and to develop a team of befrienders to extend the support ACE can offer.

##### **Westminster Foundation**

Funding for a family worker during a pilot project working with young people aged 11 – 25 who have poor emotional health together with their families in rural Lancashire.

##### **CVS Urgent Response Fund**

Emergency Covid related funding to cover the costs of overheads and work usually paid for by fundraising and donations, supporting delivery and the short-term implementation of a telephone helpline early in the pandemic.

##### **CANW CAMHS Backlog funding**

Short term funding to provide additional Emotional Wellbeing Early Interventions addressing early help referrals or whilst a young person is waiting for a CAMHS intervention.

##### **Active Lancashire**

Small grant to support a project encouraging the participation of young people in an outside challenge and the creation of a video.

##### **Bay Leadership Academy and Carnforth High School**

Schools commission Emotional Health Practitioner time to offer person-centred and solution focussed support for young people with poor emotional health.

##### **Butterfly Conservation Project**

This funding to supported young people to engage with a conservation project in the local area to help create conservation spaces for nature.

##### **MBGGC Non-recurring Fund**

One off funding to increase capacity within ACE to deliver the existing service and manage increased demands on our service. This funding provided additional therapy hours within schools, a specialist Counsellor and additional hours for the triage assessment Practitioner and Increased management time.

##### **Elizabeth and Richard Wilson Fund**

Funding was used to provide individual appointments aimed at equipping young people with the tools they need to manage their emotional health now and into the future. ACE helps to reduce stigma around emotional health with compassionate listening and hope this culture extends via the young people to their families and wider communities. This funding enabled us to see an extra 3 or 4 young people a week for a year and it also included some overheads towards case study supervision and management.

##### **FWCCG Non-recurring Fund**

This project allowed us to research to identify from a school, child and parent perspective the mental the well-being and mental health needs of primary school children aged 7 to 11, in Fylde and Wyre and how could they best be met.

## ACHIEVE CHANGE & ENGAGEMENT ACE

### NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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#### 12 Analysis of charitable funds (continued)

##### **Carnforth High School**

This fund allowed to have a specific emotional health practitioner based in Carnforth High school to help young people to build resilience, self-esteem and confidence.

##### **Angus Lawson Memorial Trust Funding**

Funding for a specialist Cognitive Behavioural Therapist to effectively support relevant young people referred to the service and support the clinical supervision of all practitioners in order to improve physical, mental health and well-being for all beneficiaries, increase self-esteem, confidence, reduce anxiety, social isolation and confusion. This fund also helped to reduce waiting times for the A-C-E service.

##### **Awards for All**

Funding to provide a triage assessor to enable assessment of the needs of the young people referred to ACE in a timely manner to identify the urgency of the case and allocate them to the practitioner with the best skills to meet their needs or alternatively to refer them on to a more appropriate service.



# ACHIEVE CHANGE & ENGAGEMENT ACE

## NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 13 Analysis of charitable funds: Prior Year

	At 1 April 2020 £	Income £	Expenditure £	Transfers & gains/losses £	At 31 March 2021 £
<b>Unrestricted funds</b>					
General fund	26,866	-	(703)	2,432	28,595
	<b>26,866</b>	<b>-</b>	<b>(703)</b>	<b>2,432</b>	<b>28,595</b>
<b>Restricted funds</b>					
<i>Clinical Commissioning Groups:</i>					
North Lancashire	-	6,704	(6,704)	-	-
Fylde & Wyre	-	12,384	(12,384)	-	-
Fylde & Wyre - schools	1,529	26,364	(21,119)	(2,432)	4,342
NLCCG CAMHS Transformation	1,401	6,410	(4,783)	-	3,028
CCG Pop In's	2,598	5,360	(5,346)	(1,160)	1,452
<i>Other:</i>					
BBC Children In Need	87	9,998	(8,965)	-	1,120
Banks Lyon Memorial Trust	5,000	-	(3,757)	-	1,243
Children In Need Trauma	(1,073)	39,159	(36,598)	-	1,488
Community Foundation	4,900	-	(4,900)	-	-
Francis C Scott	6	15,275	(14,126)	-	1,155
Resource Pack	1,445	-	-	-	1,445
PQASSO Cost Saving	1,800	-	-	-	1,800
Lloyds Bank Foundation for England	1,600	24,467	(24,293)	-	1,774
OL Catholic High School	3,040	2,373	-	-	5,413
Galbraith Trust	305	1,991	(2,296)	-	-
YOLO	1,491	5,000	(4,000)	(1,000)	1,491
Carnforth High School	-	1,583	(1,250)	(333)	-
MIND Grant	-	13,385	(10,625)	-	2,760
Westminster Foundation	-	1,296	(1,136)	-	160
LRGS	-	-	-	2,400	2,400
CAF Resilience	-	22,043	(22,043)	-	-
LGGS	-	1,221	-	1,998	3,219
CANW CAMHS Backlog Funding	-	9,860	(4,164)	-	5,696
Active Lancashire	-	500	-	-	500
MUFC Fundraising	-	5,078	-	-	5,078
Paid for support	-	1,603	(1,010)	-	593
CVS Urgent Response	-	2,000	(1,000)	-	1,000
Bay Leadership Academy	-	11,250	(9,345)	(1,905)	-
Other donations	6,926	8,546	-	-	15,472
	<b>31,055</b>	<b>233,850</b>	<b>(199,844)</b>	<b>(2,432)</b>	<b>62,629</b>
<b>Total funds</b>	<b>57,921</b>	<b>233,850</b>	<b>(200,547)</b>	<b>-</b>	<b>91,224</b>

## ACHIEVE CHANGE & ENGAGEMENT ACE

### NOTES TO THE ACCOUNTS (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2022

#### 14 Analysis of net assets by funds: Current year

	Unrestricted Funds £	Restricted Funds £	Total £
Fund balances at 31 March 2022 are represented by:			
Current assets	26,523	170,688	<b>197,211</b>
Creditors: amounts falling due within one year	(750)	(88,014)	<b>(88,764)</b>
	<b>25,773</b>	<b>82,674</b>	<b>108,447</b>

#### 15 Analysis of net assets by funds: Prior Year

	Unrestricted Funds £	Restricted Funds £	Total £
Fund balances at 31 March 2021 are represented by:			
Current assets	29,285	117,618	<b>146,903</b>
Creditors: amounts falling due within one year	(690)	(54,989)	<b>(55,679)</b>
	<b>28,595</b>	<b>62,629</b>	<b>91,224</b>

#### 16 Related party transactions

The charity was under the control of the trustees during the current and prior period.

During the year S Temple, a trustee and director of the charity, invoiced the charity £1,063 (2021: £2,376) for youth worker project management fees. This amount includes expenses incurred. A balance of £159 (2021: £nil) was due to S Temple at the year end.

The charity was also invoiced £320 (2021: £880) from two close family members of S Temple during the year. A balance of £nil (2021: £320) was due to S Temple at the year end.

During the year C Welsby, a trustee and director of the charity, invoiced the charity £3,900 (2021: £3,600) for rent in relation to office space. A balance of £300 (2021: £nil) was due to C Welsby at the year end.