



**Trustees' Report and Unaudited Financial
Statements**

**For The Year Ended
31 March 2021**

ACHIEVE CHANGE & ENGAGEMENT ACE

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ACHIEVE CHANGE & ENGAGEMENT ACE

CHARITY REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2021

Registered charity name	Achieve Change & Engagement ACE
Charity registration number	1147278
Registered office	18 Sun Street Lancaster LA1 1EW
Trustees	C Wilson S Temple P Callis D Tyson J Johnson C Welsby A Cade (resigned 19 January 2020) L Mitchell (resigned 30 November 2020) H Thomas (appointed 29 November 2020, resigned 4 March 2021) S Crabtree (appointed 1 December 2020, resigned 4 February 2021) I Rycroft (appointed 1 December 2020) H Belbin (appointed 1 December 2020) P Tomlinson (appointed 8 February 2021) T Corish (appointed 22 June 2021)
Independent Examiner	MHA Moore and Smalley Chartered Accountants Priory Close St Mary's Gate Lancaster Lancashire LA1 1XB

ACHIEVE CHANGE & ENGAGEMENT ACE

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2021

The trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the period ended 31 March 2021.

The financial statements comply with the Charities Act 2011, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Reference and administrative details

Reference and administrative details are shown in the schedule of members of the board and professional advisers on page 1 of the financial statements.

The charity is known as “ACE”.

The trustees

The trustees who served the charity during the period are shown on page 1.

Structure, governance and management

Governing document

The charity operated as an unincorporated organisation from 2008 until it incorporated on 15 November 2011 and registered as a charity with the charity commission on 16 May 2012.

At a meeting on 15th March 2021 the trustees agreed to convert the existing Charitable Company from its current status to become a Charitable Incorporated Organisation (CIO) using the Foundation Model Constitution. In practice, the CIO becoming operational on 1 April 2021 with the Charity Commission recording conversion on 12th May 2021.

Trustees

The number of trustees shall be at least three. A trustee must be a natural person aged 16 years or older. Any person who is willing to act as Trustee, and is permitted by law to do so, may be appointed to be a trustee by decision of the trustees. Recruitment induction and training is conducted by existing trustees as necessary.

ACHIEVE CHANGE & ENGAGEMENT ACE

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities

The Charity's objects are specifically restricted to the following:

Object 1 — Young people

To act as a resource for young people up to the age of 25 living in England and Wales by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

- advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature individuals;
- advancing education;
- relieving unemployment;
- providing recreational and leisure time activities in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Object 2 — Social inclusion

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitating into society).

Our vision

All children, young people and adults live in emotionally healthy communities where they are heard and valued and able to get help when needed.

Our mission

ACE works with children, young people and adults to support them to build emotional resilience, putting their voices at the heart of our work.

ACHIEVE CHANGE & ENGAGEMENT ACE

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Our work

The charity has undertaken the following overarching activities for public benefit in relation to its objects:

<ul style="list-style-type: none">• One to one work <p>Emotional Health Practitioners work with young people ages 11 to 25 in schools, GP Practices and community venues on an individual basis to support them to improve their emotional health. Referrals are taken from school staff, GPs, mental health services, other services, parents and young people themselves. The work is person centred, solution focussed and goal based. The young people are generally seen weekly and their improvement in emotional health and resilience is measured along with the impact of the work.</p> <p>This year two half time trauma therapists joined our team working with 10 to 18 year olds.</p>	<ul style="list-style-type: none">• Group work <p>Groups of young people are worked with to support their emotional health and build resilience around specific issues such as self-esteem, relationships or stress and anxiety. Again, improvements in emotional health and resilience are measured.</p> <ul style="list-style-type: none">• Participation <p>Groups of young people meet to gain information on mental health services or education for children and young people and advocate on behalf of young people's voice with commissioners and decision makers.</p>
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Public benefit

We have referred to the guidance contained in the Charity Commission's general guidance when reviewing our aims and objectives and in planning our future activities.

Achievements and performance

During 2020/21, ACE has:

- Grown significantly, adapting to new ways of working during the Coronavirus pandemic.
- Maintained a reputation for delivering quality work that makes a difference to the lives of young people and influences adult decisions.
- Worked with young people to support them to develop new social and emotional skills which has resulted in improved emotional health.
- Enabled young people to influence services and the work force to improve social inclusion of all young people and especially those with poor mental health.
- Filled a gap in service provision between universal and specialist services which is much needed in the locality.

ACHIEVE CHANGE & ENGAGEMENT ACE

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

In addition:

- ACE is responding to the increasing numbers of young people who are failing to thrive emotionally.
- Young people are now volunteering and bringing in income for the charity to use to meet its objects.
- Young adults have received training to enable them to offer emotional health support to peers.

ACE has been funded by the following organisations during 2020/21:

- | | |
|--|------------------------------------|
| • Morecambe Bay CCG | • Active Lancashire |
| • Fylde & Wyre CCG | • Westminster Foundation |
| • West Lancashire CCG / Child Action Northwest | • Francis C Scott Charitable Trust |
| • Children In Need | • CAF Resilience Fund |
| • Lloyds Bank Foundation | • Banks Lyon |
| • MIND – Coronavirus Mental Health Response Fund | • The Galbraith Trust |
| • The Urgent Response Fund and Lancaster Community Fund (Via Lancaster CVS and Lancaster City Council) | |
| • Fundraising, donations and commissions from local schools | |

Achievements and performance in more detail

ACE received 654 referrals during the year. Of these referrals:

- 318 (48.6%) were seen and subsequently ended support,
- 208 (31.8%) continue to receive support,
- 94 (14.4%) failed to engage or declined appointments.

At the end of the year, 34 (5.2%) of the of the young people referred were still awaiting intervention.

ACE measures its work using a variety of tools. 97% of the young people completing paired outcome self-assessments who ended intervention showed an improvement in their emotional health and wellbeing.

Many of the young people supported are very anxious about school. Attendance and achievement have been found to improve alongside a reduction in their symptoms and an increase in positive emotional health and resilience following ACE support.

Feedback indicates the overall rating of the service was:

- Excellent 61%,
- Very Good 35%,
- Good 2%,
- Poor 2%.



85.36% of respondents providing feedback felt that the service could not be improved. The remaining 14.64% felt that the lack of face-to-face contact during the Covid Pandemic affected the service that they received.

ACHIEVE CHANGE & ENGAGEMENT ACE

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

ACE adapted quickly to the Covid pandemic and was able, with support from new and existing funders to operate a temporary telephone helpline and online support service while maintaining contact with its existing caseload.

The Trustees would like to take the opportunity to thank the team for their resilience and continuing hard work during what has been a particularly challenging year for the charity as well as for the individuals which it supports.

Some overarching information relating to our work

- ACE provides individual appointments to young people aged 11 – 19 with some exceptions as noted.
- Due to the Covid restrictions, appointments were conducted by a variety of means including video call and telephone rather than routine face-to-face work.
- The most vulnerable young people received face-to-face support where this was possible.
- Families received support from ACE and young people were able to access their Practitioners for additional support out of hours when required.
- Face-to-face participation group work was suspended to comply with social distancing measures.

Some reports on our major funding streams follow:

Morecambe Bay Clinical Commissioning Group (CCG)

- The CCG provide funding for practitioners to work within 4 Lancaster District schools for 0.5 days per week.

Outcomes

- The young people concluding their intervention showed an improvement in their emotional health averaging 22.96%.
- Verbal feedback from both young people, parent/carers and professionals is that the support provided has been of benefit and has assisted young people in coping with the additional anxieties experienced due to the pandemic.
- On average young people have received a longer length of intervention with ACE over the period of the pandemic due to increased anxiety around the safety of their families, the uncertainty of exam grades and the impact of social isolation on their emotional health.

Some feedback from a school:

Thank you so much for your continued support and updates with these pupils at this strange and difficult time. ACE's input is so important to them as we progress through lockdown, it's really appreciated. We are not sure at all when we'll be back and fully functioning, so if you could continue in the amazing way you are doing to support our pupils that would be superb!

Fylde and Wyre CCG

- The CCG provide funding for practitioners to work within 6 schools for 1 day per week and within the community for 0.5 days per week.

Outcomes

- 97.6% of the young people completing their intervention showed an improvement average of 9.88%.
- Scoring in our assessment tools showed improved confidence, greater resilience, reduced anxiety, improved emotional wellbeing and reduced low mood.
- The Young People also reported a greater ability to communicate with family and friends was also improved relationships with friends and family.
- The most common feedback themes were that the young people found it beneficial to be able to talk freely, and without judgement about their emotions. They valued the continuity of the same time and same Practitioner weekly. They felt that they had benefitted from being given coping strategies and felt that they had been better able to manage their anxiety. Schools reported that both they and parents had noticed positive improvement in the emotional health of the students using the service.

Children in Need - Small Grant

- Children in Need provide funding for ACE to work with young people both as a group using telephone and video call applications and for individual support outside of school hours.

Outcomes

- 96% of the Y.P ending support showed improvement at the close of intervention measuring an average of 31.29%.
- Information from the referrals showed that the young people referred had experienced: Anxiety-55%; low self-esteem-17.5%; low mood-45%; poor emotional regulation-21.25%; sexual, physical or emotional abuse-27.5%, domestic violence-11.25%; self-harm-18.75%; suicidal ideation -15% and family conflict-25%.
- Work with the young people was focussed on improved emotional health and building resilience; improved self confidence and self belief, together with empowerment to make positive life changes.
- 85.7% of users rated the effect of the service on their lives as excellent.

Some feedback from a parent:

'X connected really well with her ACE Practitioner and felt comfortable talking with him. X particularly liked having someone independent who she could talk to and gained some terrific coping mechanisms that she can use moving forward.

X is now able to understand why she sometimes feels sad and/or low in mood and can explain this to other people so they understand her clearer and support her when necessary.

Because X was able to speak to someone anonymous and not connected (i.e. parent, friend, teacher, etc) she was able to open up in a non- judgemental and trusting environment which helped her terrifically.

We are all very grateful to the ACE Practitioner for his help, feedback and support. Thankyou ACE for this invaluable service.'

Children in Need - Main Grant

- Children in Need fund Trauma Practitioners to engage with young people aged 10 – 18 and to work with the wider ACE Emotional Health Practitioner team to increase their knowledge in and support their assessment and response to symptoms of low level Trauma in young people.

Outcomes

- The reasons given for the referral prior to the initial contact were as follows: anxiety - 68%; low mood - 36%; emotional, sexual or physical abuse -50%, family conflict - 46%; suicidal ideation - 30%; domestic violence - 21% and other traumatic experience - 45%.
- Work with young people was centred around improved emotional health and wellbeing; improved emotional regulation, greater self worth and self confidence.
- There was an average improvement of 13.1% shown on paired outcomes completed at the start and quarterly for YP ongoing with intervention. Paired outcome scores for young people ending their intervention showed an average improvement of 29.13%.
- 43% of the young people supported by the trauma worker completed intervention with 57% continuing with weekly therapy appointments.

Banks Lyon Memorial Trust

- The Banks Lyon Trust support ACE to employ Emotional Health Practitioners to work with young people aged 16-25.

Outcomes

- The project aims to improve emotional health and wellbeing, reduce anxiety and provide tools to combat any emotional issues that may reduce young people's potential and to improve attendance at college, school and work.
- Of the young people referred 88% suffered from low mood and self-esteem. 75% were suffering from anxiety; 38% had been abused either sexually, physically or emotionally; 38% were currently self-harming and 25% had experienced a traumatic event and had suicidal ideation.
- Paired outcome scores for the young people ending intervention showed an average improvement of 29.35%. Young people rated the service that they had received from ACE as excellent.

Lloyds Bank Foundation - Invest

- Lloyds support ACE to employ Emotional Health Practitioners who worked with young people aged 17-25 years who had a reduction in support from the Adult Mental Health Teams.

Outcomes

- Work was completed on improved wellbeing; improved independence and the ability to make positive choices and Increased awareness of self safety.
- Young people completing paired outcome questionnaires at the start and end of intervention showed an improvement average of 24.54%.
- Feedback showed that 80% of young people rated the ACE service they had received as excellent. Examples of feedback follow:
- *'Coping strategies, just being listened to , she made me feel really comfortable and got me to help. I know now that my feelings matter.'*
- *'I get more support and am listened to. I feel more motivated.'*
- *'I have less anxiety. I am able to think through my problems rationally . I can't change what's happened but can move on feeling stronger.'*
- *'Don't feel as if I am weird anymore. I am much happier.'*
- *'I liked the mood board - learning about anxiety and blue lights. Someone just listening and believing me.'*
- *'The talking and working through problems rather than avoiding them altogether really helped me.'*
- *'I am overall more chilled and don't get upset over tiny things anymore.'*

Mind Coronavirus Response Fund

- ACE employed an emotional health practitioner to work with young people individually and introduced a volunteer befriender project to help reach out to young people aged 16-25 on our waiting list and to offer extra support to those already with practitioners.

Outcomes

- All the young people we worked with reported an improvement in emotional health from before and after one to one sessions.
- We delivered training courses to befrienders (3 cohorts), matching befrienders with befriendees and provided support and supervision.
- The impact of this work measured was reduced anxiety, increased confidence and self belief, improved relationships, emotional regulation and resilience.

Francis C Scott Charitable Trust

- This project works with young people at risk of becoming homeless, who have experienced family breakdown, a lack of family support leading to a lack of fulfilment of potential or who have experience of Domestic violence and abuse.

Outcomes

- Referrals showed that of the young people referred, 69.2% suffered from low mood; 53.8 from anxiety; 61.5% had experienced family conflict or domestic violence; 30.7% were self-harming and 38.5% were experiencing suicidal ideation. 53.8% of the young people were at serious risk of homelessness. All of the young people had low confidence and low self-esteem.
- Young people completing ACE support reported that they had increased self-confidence, significantly reduced anxiety and OCD symptoms. They felt in control of their emotional health, their feelings and their actions. They were more motivated and had better relationships.
- Young people felt that the reduction in face to face contact due to the pandemic had impacted on the service they had received but that the video appointments had been a successful alternative.

The Westminster Foundation

- The Westminster Foundation provide pilot project funding for a family worker to work with young people and their families where it is impossible to help the young person separately from their family.

Outcomes

- The outcomes of this project are improved emotional health for young people and increased knowledge of coping strategies and long term solutions for young people and the whole family.
- The impact of this is better engagement with school and reduced stress within the home leading to more positive engagement with wider society.
- 86% of young people benefiting from this project were suffering from anxiety and 47.6% were experiencing family conflict.
- Following ACE intervention paired outcome scores showed an average improvement in young people emotional health of 28.55%. 60% of the families engaged in this project rated the service as excellent, 30% as very good and the remaining 10% as good.
- All of the young people and their families gave positive feedback. A recent example of feedback received follows here:

ACHIEVE CHANGE & ENGAGEMENT ACE

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

'I just want to thank our ACE Practitioner, personally for all her hard work, dedication and empathy towards us.

My daughter really bonded with the Practitioner and has benefitted from her support and enthusiasm. ACE has done everything possible to support her, I couldn't have asked for more.

Our Practitioner has such an empathy for young people, as a family, we had several visits to the home to support us, we felt supported at all times and were given advice and strategies to use to help. Thank you.

My daughter is now better able to manage her anxiety levels, she has found strategies that work for her, mainly craft, drawing and painting. This has eased family life a lot, as she is now more able to control and manage her feelings by doing something to take her mind off what she is feeling. My daughter is now more resilient, relying on us a lot less, she is able to find her own strategies and her mood seems to be lifted. As parents we feel more able to support her and I personally have found that listening to her, even though I can't provide the answers all the time is just what she needs.'

CAF Resilience Fund

- Emergency Covid funding from CAF enabled ACE to cover the costs of overheads and work usually paid for by fundraising and donations. This income source was at risk of being in short supply during lockdown and allowed longer term planning, protecting the work in the short term.

Outcomes

- ACE was able to continue delivering work in schools and the community which has been funded by donations, reducing the risk of this work having to stop should there have been reducing income from donations, protecting the work and allowing existing donations to be committed to the work in future years.
- The work reduced anxiety, increased confidence and self belief, improved relationships, emotional regulation and resilience.
- A proportion of ACE overhead costs normally paid for by donation were also funded improving the short-term financial sustainability of the organisation.

Covid related and other small grants

- ACE received contributions to support emotional health practitioners to work one to one with 10-25 year olds 1-to-1 online or via a new telephone helpline during lockdown and to help manage waiting lists.
- The helpline was available 10am -10pm and was staffed on a rolling rota.
- ACE used the helpline to help young people manage isolation, reduce self harm, improve emotional health and identify any safeguarding issues. The feedback from young people on the 122 calls received was that it was a lifeline for them during lockdown.
- ACE Young Consultants continued to meet online and secured some funding linked to bringing young people together in pairs once people outside the bubble were allowed to meet and increasing their exercise levels. They created a video to show what to expect from ACE.

Young Persons feedback:

'I have really enjoyed my time with ACE. I cannot tell you how much the Practitioner has helped me. Getting to understand why I was as I was. Being helped and supported. Learning to believe in myself and finding motivation to change. Realising why I felt out of control. I have increased self-confidence, I am losing the compulsion to check. My anxiety has reduced significantly. I feel in control of my anxiety and OCD checking. I am in control of my feelings and actions, it has been fantastic.'

Additional feedback received during the year:

Schools feedback:

'I can say the overall service is excellent. The ACE Practitioner has a wonderful calm mannerism with the students, always turns up with a smile and is very easy to chat to. All the students like her. Due to the present situation with Covid, students have had to be off or isolating from school sometimes at short notice. This has caused issues with the appointments. Phone calls home and appointments have had to be juggled about whilst also having to work around our extended lunches, breaks and of course the year group bubbles. This flexibility has allowed her to have maximum time with the students. This has had a positive effect on the students and the feedback to me has been excellent. I have spoken to parents that say they have noticed a change for the better. Attendance has improved, Motivation has increased and students are calmer in class and around the school.'

'The service is ongoing and the ACE Practitioner is wonderful with our young people. She is very calm and patient which has a good effect on our students and makes them confident to open up to her. Having that regular appointment with someone unconnected to school and knowing they are reliable alienates some of their worries and concerns and having that regular contact allowing them to build up a relationship. Students feel more of an even keel, feel more stable while in school and feel more confident. They feel reassured that they can overcome issues, feel more motivated and confident to deal with situations as they arise. Thankyou A.C.E for supporting our young people through difficult times and offering this invaluable service.'

ACHIEVE CHANGE & ENGAGEMENT ACE

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Parents feedback:

'It was very helpful to my son he has learnt to cope with his anxiety a lot better. He is much more relaxed and happier. The ACE Practitioner was very good at speaking to my son in a calm and helpful way. He listened well to him and my son felt comfortable speaking with him. The anxiety has reduced massively, my son knows how to cope with his feelings and manage them. He is much happier and more confident as a result of this. It has changed his self-confidence for the better and also both home and school life. I think that it is a brilliant service.'

G.P feedback to an ACE Practitioner:

'Dr X was so joyous and thanked me for the work that ACE do with the young people who come into the service, she said that she has received nothing but positive feedback from her referrals. It was so lovely to hear a doctor praise ACE and to be thanked.'

Financial review

The detailed results for the charity are included in the Statement of Financial Activities.

The financial statements show total income of £238,850 (2020: £154,317) and expenditure of £200,547 (2020: £141,217) generating a surplus of £33,303 (2020: £13,100) for the year. This comprises of a surplus of £34,006 (2020: £13,875) relating to restricted funds and a deficit of £703 (2020: £775) relating to general funds into the next financial year.

Funds at 31 March 2021 comprise restricted funds of £62,629 relating to on-going projects, leaving unrestricted general funds of £28,595 in the budget for 2021-22 which will be invested in future activity.

Reserves

The charity reviewed its Reserves Policy in 2019 and following significant growth of funded project work agreed to hold reserves equivalent to three months running costs for its overhead costs. This is currently estimated to be £21,000 and current unrestricted reserves of £28,595 exceed this figure. Overheads are estimated based on costs not directly associated with project work which will ebb and flow as funding is secured and ends but includes primarily premises and administrative costs, management and administrative staff as well as estimated accrued redundancy liabilities.

Plans for future periods

The way in which the charity operates has had to adapt rapidly during the Coronavirus pandemic moving to online and telephone support initially, returning to some face-to-face work following rigorous risk assessments and planning.

Longer term, the charity continues to face the challenges of securing funding within a climate of year-on-year funding from public bodies but aims to continue to build on its current good work to secure longer term funding to meet its objects.

The charity has reviewed itself and identified areas of development need to improve management and staff supervision and to respond to the needs of some young people who although improving have complex and multi layered needs that require long term support.

ACHIEVE CHANGE & ENGAGEMENT ACE

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Statement of Trustees' responsibilities

The trustees are required to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its financial activities for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether the policies followed are in accordance with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it's inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

This report was approved by the trustees and authorised for issue on the 04/12/2021 and is signed on their behalf by:



D Tyson
Trustee



C Welsby
Trustee

ACHIEVE CHANGE & ENGAGEMENT ACE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ACHIEVE CHANGE & ENGAGEMENT ACE FOR THE YEAR ENDED 31 MARCH 2021

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 17 to 31.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Richard Hall FCCA
MHA Moore and Smalley
Chartered Accountants
Priory Close
St Mary's Gate
Lancaster
LA1 1XB

09/12/2021
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ACHIEVE CHANGE & ENGAGEMENT ACE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

		Unrestricted funds £	Restricted funds £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	3	-	18,821	18,821	16,962
Charitable activities	4	-	215,029	215,029	137,355
Total		-	233,850	233,850	154,317
Expenditure on:					
Charitable activities	5	703	199,844	200,547	141,217
Total		703	199,844	200,547	141,217
Net income/(expenditure)		(703)	34,006	33,303	13,100
Transfers between funds		2,432	(2,432)	-	-
Net movement in funds		1,729	31,574	33,303	13,100
Reconciliation of funds:					
Total funds brought forward		26,866	31,055	57,921	44,821
Total funds carried forward	12	28,595	62,629	91,224	57,921

All gains and losses in each period are included above.

All of the above amounts relate to continuing activities.

The notes on pages 19 to 31 form part of these financial statements.

ACHIEVE CHANGE & ENGAGEMENT ACE

BALANCE SHEET

AS AT 31 MARCH 2021

		2021		2020	
		£	£	£	£
Current assets					
Debtors	10	1,277		1,000	
Cash at bank and in hand		<u>145,626</u>		<u>78,969</u>	
		146,903		79,969	
Creditors: amounts falling due within one year	11	<u>(55,679)</u>		<u>(22,048)</u>	
Net current assets			91,224		57,921
Total assets less current liabilities			91,224		57,921
Net assets			91,224		57,921
Funds:					
Unrestricted funds		28,595		26,866	
Restricted funds		62,629		31,055	
Total funds	12	91,224		57,921	

These accounts were approved by the trustees and authorised for issue on the 04/12/2021 and are signed on their behalf by:



D Tyson
Trustee



C Welsby
Trustee

The notes on pages 19 to 31 form part of these financial statements.

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Legal form

Achieve Change & Engagement ACE is a charitable incorporated organisation (CIO) registered in the United Kingdom. The address of the charity, the nature of its operations and its principal activities are all detailed in the Trustees' report and charity administrative details pages in these financial statements.

During the year the charity converted from an incorporated charity to a charitable incorporated organisation (CIO). The conversion occurred on 15 March 2021 and the company closed on 12 May 2021.

Basis of accounting

The charity constitutes a public benefit entity as defined by FRS102. The financial statements have been prepared in accordance with the accounting policies set out in note to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The financial statements have been prepared on a going concern basis under the historical cost convention. The financial statements are prepared in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Preparation of the accounts on a going concern basis

During the year and up to the approval of the accounts, there has been an escalation of measures taken within society to combat the Covid-19 pandemic. The trustees consider the charity to have a sufficient level of working capital to see it through the upcoming months and therefore it remains wholly solvent.

The trustees do not consider there to be a material uncertainty at this time, and there is a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Taxation

The charity is recognised by the Inland Revenue as a UK Charity and is entitled to exemptions from corporation tax.

Income

Grants where the application of the grant is determined by the funder are included as restricted funds. Grants where there are no conditions set by the funders other than the general objects of the charity are included as unrestricted funds. Grants are accrued when any conditions on their receipt have been met and are deferred where conditions on their receipt have not been met.

Income with contractual service requirements are accounted for when the conditions to entitlement are met and accounted for within unrestricted income from charitable activities. No income is shown net of expenditure.

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (continued)

Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required, and the amount of the obligation can be measured reliably.

Support costs are those which assist the work of the charity but do not directly represent charitable activities and include office costs and governance costs. They are incurred directly to support the objectives of the charity. Expenditure is inclusive of irrecoverable VAT.

Debtors and creditors

Debtors and creditors with no stated interest rate and receivable and payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Cash and cash equivalents

Cash held by the charity includes amounts held on call at banks.

Accumulated funds

Unrestricted funds - these are available for use at the discretion of the trustees in furtherance of the general activities of the charity

Restricted funds - these are subjected to restrictions on their expenditure imposed by the donor. The restricted fixed asset fund represents assets purchased from specific grants and funds future depreciation of those assets.

Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to offset the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic and other financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

The charity has no financial instruments that are classified as other financial assets.

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (continued)

Impairment of financial assets

Financial assets are assessed for indicators of impairment at each reporting end date.

Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected. If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate. The impairment loss is recognised in the statement of financial activities.

If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in the statement of financial activities.

De-recognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Classification of financial liabilities

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

Basic and other financial liabilities

Basic financial liabilities, including creditors, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future receipts discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

The charity has no liabilities which are classified as other financial liabilities.

De-recognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

2 Judgements and key sources of estimation uncertainty (continued)

In the application of the Charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Key assumptions, judgements and estimates

In the opinion of the Trustees' there have been no significant judgements made in the process of applying the above accounting policies. There have been no key assumptions concerning future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

3 Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Donations	-	18,821	18,821	16,962
	-	18,821	18,821	16,962

In the comparative year, all income from donations and were restricted funds.

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

4 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Clinical Commissioning Groups	-	57,222	57,222	52,191
BBC Children In Need	-	49,157	49,157	9,979
Banks Lyon Memorial Trust	-	-	-	7,083
Lloyds Bank Foundation for England & Wales	-	24,467	24,467	24,467
Bay Leadership Academy	-	11,250	11,250	13,190
Community Foundation	-	-	-	9,440
Francis C Scott	-	15,275	15,275	15,000
Camforth High School	-	1,583	1,583	2,217
Bay Medical Group	-	-	-	1,000
Galbraith Trust	-	1,991	1,991	2,788
MIND	-	13,385	13,385	-
Westminster Foundation	-	1,296	1,296	-
CVS Lancaster	-	2,000	2,000	-
Barnardos	-	5,000	5,000	-
CAF Resilience Fund	-	22,043	22,043	-
CANW CAMHS Backlog	-	9,860	9,860	-
Active Lancashire	-	500	500	-
	-	215,029	215,029	137,355

In the comparative year, all income from charitable activities were restricted funds.

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

5 Expenditure on charitable activities

Activity	Youth wellbeing and support			Total
	Unrestricted	Restricted	Total	Total
	Funds	Funds	2021	2020
	£	£	£	£
Youth worker costs	-	185,387	185,387	125,212
Fund raising expenses	-	450	450	31
Insurance	-	1,036	1,036	992
Office accommodation costs	-	3,870	3,870	4,434
Payroll processing	-	360	360	336
Travel	-	5	5	3,820
Printing, postage and stationary	-	187	187	261
Web design	-	-	-	51
Membership & Accreditation	-	209	209	35
Telephone	-	1,492	1,492	1,818
Staff training	-	4,803	4,803	-
Sundry	-	2,045	2,045	3,452
Support Costs (note 6)	703	-	703	775
	703	199,844	200,547	141,217

In the comparative year, expenditure on charitable activities included £775 on unrestricted funds and £140,442 on restricted funds.

6 Support costs

	Total 2021 £	Total 2020 £
Accountancy fees	690	762
Companies House fees	13	13
	703	775

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

7 Net income/(expenditure)

	2021	2020
	£	£
Net income/(expenditure) is stated after charging/(crediting):		
Independent examiner's remuneration:		
- independent examination fee	675	672
- other taxation services	-	90

8 Staff costs and emoluments

Total staff costs for the year were as follows:

Employment costs	2021	2020
	£	£
Wages and salaries	139,302	85,720
Social security costs	2,915	101
Pension costs	2,118	832

	144,335	86,653
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The number of employees during the period was:

Number of employees (all part time)	2021	2020
	No	No
Charity Coordinator	1	1
Emotional Health & Wellbeing Practitioners	10	7

	11	8
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No employee received emoluments of more than £60,000 during the year.

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

9 Trustees (and directors) remuneration and key management personnel

The key management personnel of the charity are considered to be the trustees.

No trustees were remunerated through the payroll of the charity, however, one trustee did receive payments from the charity as described in note 16 to the financial statements.

10 Debtors

	2021 £	2020 £
Debtors	1,277	1,000
	1,277	1,000

11 Creditors: Amounts falling due within one year

	2021 £	2020 £
Trade creditors	4,205	2,105
Accruals	690	672
Deferred income	50,784	19,271
	55,679	22,048

	2021 £	2020 £
Deferred income brought forward	19,271	19,280
Released in the year	(19,271)	(19,280)
Grants received in advance	50,784	19,271
	50,784	19,271

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

12 Analysis of charitable funds

	At 1 April 2020 £	Income £	Expenditure £	Transfers & gains/losses £	At 31 March 2021 £
Unrestricted funds					
General fund	26,866	-	(703)	2,432	28,595
	26,866	-	(703)	2,432	28,595
Restricted funds					
<i>Clinical Commissioning Groups:</i>					
North Lancashire	-	6,704	(6,704)	-	-
Fylde & Wyre	-	12,384	(12,384)	-	-
Fylde & Wyre - schools	1,529	26,364	(21,119)	(2,432)	4,342
NLCCG CAMHS Transformation	1,401	6,410	(4,783)	-	3,028
CCG Pop In's	2,598	5,360	(5,346)	(1,160)	1,452
<i>Other:</i>					
BBC Children In Need	87	9,998	(8,965)	-	1,120
Banks Lyon Memorial Trust	5,000	-	(3,757)	-	1,243
Children In Need Trauma	(1,073)	39,159	(36,598)	-	1,488
Community Foundation	4,900	-	(4,900)	-	-
Francis C Scott	6	15,275	(14,126)	-	1,155
Resource Pack	1,445	-	-	-	1,445
PQASSO Cost Saving	1,800	-	-	-	1,800
Lloyds Bank Foundation for England	1,600	24,467	(24,293)	-	1,774
OL Catholic High School	3,040	2,373	-	-	5,413
Galbraith Trust	305	1,991	(2,296)	-	-
YOLO	1,491	5,000	(4,000)	(1,000)	1,491
Camforth High School	-	1,583	(1,250)	(333)	-
MIND Grant	-	13,385	(10,625)	-	2,760
Westminster Foundation	-	1,296	(1,136)	-	160
LRGS	-	-	-	2,400	2,400
CAF Resilience	-	22,043	(22,043)	-	-
LGGS	-	1,221	-	1,998	3,219
CANW CAMHS Backlog Funding	-	9,860	(4,164)	-	5,696
Active Lancashire	-	500	-	-	500
MUFC Fundraising	-	5,078	-	-	5,078
Paid for support	-	1,603	(1,010)	-	593
CVS Urgent Response	-	2,000	(1,000)	-	1,000
Bay Leadership Academy	-	11,250	(9,345)	(1,905)	-
Other donations	6,926	8,546	-	-	15,472
	31,055	233,850	(199,844)	(2,432)	62,629
Total funds	57,921	233,850	(200,547)	-	91,224

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

12 Analysis of charitable funds (continued)

Clinical Commissioning Group Contracts

The funding allows ACE to operate peer support groups, deliver participation and run one to one work in various schools and community venues across Lancaster, Fylde and Wyre for young people.

BBC Children In Need

Funding is used to reduce distress, improve the emotional health and wellbeing and build the resilience of children aged 11-18 outside of school hours.

Banks Lyon Memorial Trust, Galbraith Trust, Paid for Support, LRGS, LGGS and MUFC Fundraising and Other Donations

This grant, fundraising income and donation is used to support the aims and objectives of ACE, supporting young people to reduce anxiety, low self-esteem and social isolation and to improve emotional health and wellbeing to decrease school nonattendance at locations within Lancaster.

Children In Need Trauma

Funding is confirmed for three years from 2020/21 for ACE to deliver trauma focussed therapy to young people aged 10 to 19 years and to raise the skills of our wider team to recognise potential indicators of trauma and provide support. This work provides support to young people who have experienced traumatic events including emotional, physical and sexual abuse, exploitation, bereavement and domestic violence. The initial staff appointment to this work was before funding started and this overspend will be offset at the end of the grant.

Community Foundation

Funding provides support for ACE to support and develop its volunteers to ensure they have the skills to support young people to improve their emotional health and wellbeing.

Francis C Scott

Funding has been secured to reduce the waiting time before young people can access the service and in order to prioritise the work with young people to improve emotional health and build resilience for those that are at risk of becoming homeless and those who are aged 16 to 24 living in supported housing.

Resource Pack & PQASSO Cost Saving

These funds will be used to create and provide curriculum resources and will support the work of ACE.

Lloyds Bank Foundation for England

Funding supports young people transitioning from children's to adult mental health services or those leaving children's mental health services across Lancaster district and Fylde and Wyre who require ongoing support. The project aims to improve wellbeing, improve independence and the ability to make positive choices and to increase awareness of self-safety.

OL Catholic High School

Following some fundraising by the school, support is provided within the school offering person centred, solution focussed support for young people with poor emotional health.

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

12 Analysis of charitable funds (continued)

YOLO

The fund is used to train young people in research and training skills so they can become volunteers for the charity.

MIND Grant

Funding to support young people with their emotional health and wellbeing and to develop a team of befrienders to extend the support ACE can offer.

Westminster Foundation

Funding for a family worker during a pilot project working with young people aged 11 – 25 who have poor emotional health together with their families in rural Lancashire.

CAF Resilience and CVS Urgent Response Fund

Emergency Covid related funding to cover the costs of overheads and work usually paid for by fundraising and donations, supporting delivery and the short-term implementation of a telephone helpline early in the pandemic.

CANW CAMHS Backlog funding

Short term funding to provide additional Emotional Wellbeing Early Interventions addressing early help referrals or whilst a young person is waiting for a CAMHS intervention.

Active Lancashire

Small grant to support a project encouraging the participation of young people in an outside challenge and the creation of a video.

Bay Leadership Academy and Carnforth High School

Schools commission Emotional Health Practitioner time to offer person-centred and solution focussed support for young people with poor emotional health.

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

13 Analysis of charitable funds: Prior Year

	At 1 April 2019 £	Income £	Expenditure £	Transfers & gains/losses £	At 31 March 2020 £
Unrestricted funds					
General fund	27,641	-	(775)	-	26,866
	27,641	-	(775)	-	26,866
Restricted funds					
<i>Clinical Commissioning Groups:</i>					
North Lancashire	-	6,180	(6,180)	-	-
Fylde & Wyre	-	12,213	(12,213)	-	-
Fylde & Wyre - schools	-	26,000	(24,471)	-	1,529
NLCCG CAMHS Transformativ	-	6,200	(4,799)	-	1,401
CCG Pop In's	-	2,598	-	-	2,598
<i>Other:</i>					
BBC Children In Need	559	9,979	(10,451)	-	87
Banks Lyon Memorial Trust	59	7,083	(2,142)	-	5,000
Children In Need Trauma	-	-	(1,073)	-	(1,073)
Gary Lane Donations	8,788	3,000	(8,919)	-	2,869
Community Foundation	-	7,940	(3,040)	-	4,900
Francis C Scott	1,124	15,000	(16,118)	-	6
Bay Leadership Academy	-	13,190	(13,190)	-	-
Resource Pack	2,000	-	(555)	-	1,445
PQASSO Cost Saving	1,800	-	-	-	1,800
Lloyds Bank Foundation for England	1,359	24,467	(24,226)	-	1,600
OL Catholic High School	-	3,040	-	-	3,040
Mark McQueen	-	1,500	(1,500)	-	-
Galbraith Trust	-	2,788	(2,483)	-	305
YOLO	1,491	-	-	-	1,491
Carnforth High School	-	2,217	(2,217)	-	-
Other donations	-	10,922	(6,865)	-	4,057
	17,180	154,317	(140,442)	-	31,055
Total funds	44,821	154,317	(141,217)	-	57,921

ACHIEVE CHANGE & ENGAGEMENT ACE

NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

14 Analysis of net assets by funds: Current year

	Unrestricted Funds £	Restricted Funds £	Total £
Fund balances at 31 March 2021 are represented by:			
Current assets	29,285	117,618	146,903
Creditors: amounts falling due within one year	(690)	(54,989)	(55,679)
	<hr/>	<hr/>	<hr/>
	28,595	62,629	91,224
	<hr/>	<hr/>	<hr/>

15 Analysis of net assets by funds: Prior Year

	Unrestricted Funds £	Restricted Funds £	Total £
Fund balances at 31 March 2020 are represented by:			
Current assets	27,538	52,431	79,969
Creditors: amounts falling due within one year	(672)	(21,376)	(22,048)
	<hr/>	<hr/>	<hr/>
	26,866	31,055	57,921
	<hr/>	<hr/>	<hr/>

16 Related party transactions

The charity was under the control of the trustees during the current and prior period.

During the year S Temple, a trustee and director of the charity, invoiced the charity £2,376 (2020: £2,358) for youth worker project management fees. This amount includes expenses incurred. A balance of £nil (2020: £990) was due to S Temple at the year end.

The charity was also invoiced £880 (2020: £4,510) from two close family members of S Temple during the year. A balance of £320 (2020: £nil) was due to S Temple at the year end.

During the year C Welsby, a trustee and director of the charity, invoiced the charity £3,600 (2020: £nil) for rent in relation to office space. This amount includes expenses incurred.