TRAUMA FOUNDATION SOUTH WEST

England & Wales · Charity number 1146885

Details

Other names	TFSW
Status	Registered
Legal form	Charitable company
Company number	07956417
Registered	2012-04-16
Register	View on the Charity Commission register

Contact

Address	St. Pauls Learning Centre 94 Grosvenor Road Bristol BS2 8XJ
Phone	07762165324
Email	tfsw@tfsw.co.uk
Website	www.tfsw.co.uk

Activities

Objects: (I) THE RELIEF OF MENTAL DISTRESS IN THOSE WHO HAVE SUFFERED PSYCHOLOGICAL TRAUMA THROUGH EXPERIENCES SUCH AS WITNESSING TRAUMATIC EVENTS AND LOSS OF FAMILY AND COMMUNITY, AS A RESULT OF OPPRESSION, ARMED CONFLICT, AND TORTURE, AND IN PARTICULAR THOUGH NOT EXCLUSIVELY TO MEET SUCH NEEDS AMONG ASYLUM SEEKERS AND REFUGEES THROUGH THE PROVISION OF COUNSELLING AND PSYCHOTHERAPY, TO BE CARRIED OUT INDIVIDUALLY AND IN GROUPS, IN THE SOUTH-WEST OF ENGLAND(II) THE EDUCATION OF THE PUBLIC, TO IMPROVE THEIR UNDERSTANDING OF THE MENTAL DISTRESS SUFFERED BY ASYLUM SEEKERS, REFUGEES AND OTHERS WHO HAVE EXPERIENCED OPPRESSION OR ARMED CONFLICT; AND TO ADVANCE THE EDUCATION OF COUNSELLORS, PSYCHOTHERAPISTS AND OTHER HELPING PROFESSIONALS WORKING WITH SIMILAR CLIENT GROUPS, IN ORDER TO IMPROVE THEIR SKILLS AND PRACTICE, AND ADVANCE AND IMPROVE THEIR SUPERVISION.

Activities: provision of counselling and psychotherapy to anyone who suffers traumatically from torture, oppression and war. We also hope to educate the public about the impact/effect on mental health when people are exposed to political violence.

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Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** People Of A Particular Ethnic Or Racial Origin, Other Defined Groups

Geography

- Bath And North East Somerset
- Bristol City
- Devon
- North Somerset
- Somerset
- South Gloucestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	£129,242	£136,342	-	-
2024-02-29	£155,822	£114,743	-	-
2023-02-28	£114,483	£102,902	-	-
2022-02-28	£83,580	£76,947	-	-
2021-02-28	£90,489	£64,881	-	-

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Trustees

Name	Role	Appointed
Erin Caseley	Chair	2023-04-25
Dr Elizabeth Mary Murphy		2019-02-28
Dr JUDY RYDE		2023-04-25
Eleanor Alison Palmer		2023-04-25
Giulia Teresa Tranchina		2025-12-01
Hannah Sophia Wedderkopp		2025-12-01
Lisa Ballam		2025-12-01
MIRIAM Hannah Carrie NYE		2014-04-16
SARAH FAIRBAIRNS		2012-04-11
Sayedeh Elham Mousavian Ghahferokhi		2025-12-01
Victor Ofori Asante		2025-12-01

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TRAUMA FOUNDATION SOUTH WEST

England & Wales - Charity number 1146885

Accounts

Company no. 07956417
Charity no. 1146885

Trauma Foundation South West

Report and Unaudited Financial Statements

28 February 2025

Trauma Foundation South West

Reference and administrative details

For the year ended 28 February 2025

Company number	07956417
Charity number	1146885
Registered office and operational address	St Pauls Learning Centre 94 Grosvenor Road St Pauls Bristol BS2 8XJ
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:
	Erin Caseley — Chair John Howard Eames Sarah Fairbairns Quendreder Geuter Louise McCabe — Resigned 28 May 2024 Elizabeth Murphy Miriam Nye Eleanor Palmer Judith Ryde
Company secretary	Nicola Hill — Appointed 20 March 2025 Judith Ryde Kathryn Hope — Resigned 20 March 2025
Bankers	NatWest Bank Plc 250 Bishopsgate London EC2M 4AA
Independent examiners	Godfrey Wilson Limited Chartered accountants and statutory auditors 5th Floor Mariner House 62 Prince Street Bristol BS1 4QD

Trauma Foundation South West

Chair's report

For the year ended 28 February 2025

We grow stronger – together.

Thanks to your support, in the last year, Trauma Foundation South West provided over 1,000 hours of free therapy to 54 refugees and people seeking asylum rebuilding their lives after violence, war, persecution, torture, trafficking and displacement. We also strengthened 30 organisations working to support them, offering training and therapeutic supervision to 720 frontline staff.

This year, we sat with people who had crossed both land and sea to reach sanctuary in the UK. We offered calm when the nightmares wouldn't stop. We shared stories. We made art. Behind the scenes, we are preparing for transformation. With new leadership we looked to strengthen our systems and lay the foundations for growth in the face of rising demand.

In the last 12 months we have:

- Elected myself as Chair of Trustees. We thank our outgoing chair Louise McCabe who expertly steered TFSW through several years of professionalisation and left the charity in a wonderful place for us to plan more ambitiously for the years ahead;
- Transitioned our finance function in-house which means greater resilience, transparency and agility as we grow;
- Launched a refreshed brand and website which is a commitment to putting the voices and experiences of refugees at the heart of everything we do;
- Strengthened joint research and training, with a particular focus on interpreters who are essential to trauma therapy yet often overlooked;
- With support from the Lloyds Bank Foundation, have begun to strengthen our infrastructure, systems, processes and team; and
- Recruited a new Director of Operations, Nicola Hill, who brings experience of operational leadership in charities. We thank Katie Hope who will step down from the role in March, and we are delighted will stay on as a therapist and supervisor.

In December 2024, we took the difficult decision to temporarily close to new referrals as our waiting list reached full capacity. We have continued to take urgent referrals for those excluded from statutory services and are taking steps towards reopening to new referrals in 2025.

Looking ahead, we will embark on our vision to become a centre of excellence in therapy, training and supervision, making the South West a region where individuals and organisations alike can find healing, support and expertise in trauma-informed care.

We will:

- Expand therapeutic access;
- Centre lived experience in governance and delivery;
- Strengthen income through training and supervision; and
- Support, retain and grow a diverse team.

To get there, we will launch a long-term strategy that will guide us to scale thoughtfully and sustainably. Guided by our values of compassion, collaboration and courage, and with your continued support, we can make this vision a reality.

Trauma Foundation South West

Chair's report

For the year ended 28 February 2025

Thank you to all who have supported us along the way, to help build a community where healing is possible.

Erin Caseley
Chair of Trustees

Trauma Foundation South West

Report of the trustees

For the year ended 28 February 2025

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities (effective from January 2019).

Objectives and activities
The charitable objectives of Trauma Foundation South West (TFSW) are two-fold and as follows:

1) The relief of mental distress in those who have suffered psychological trauma through experiences such as witnessing traumatic events and loss of family and community, as a result of oppression, armed conflict, and torture, and in particular though not exclusively to meet such needs among asylum seekers and refugees through the provision of counselling and psychotherapy, to be carried out individually and in groups in the south-west of England.

2) The education of the public, to improve their understanding of the mental distress suffered by asylum seekers, refugees and others who have experienced oppression or armed conflict; and to advance the education of counsellors, psychotherapists and other helping professionals working with similar client groups, in order to improve their skills and practice, and advance and improve their supervision.

In order to meet these objectives, we:
- Provide free counselling and psychotherapy for refugees, asylum seekers, and trafficked people, including art therapy and group work;
- Provide supervision and support for staff of other agencies who work with refugees and asylum seekers;
- Provide training in work with refugees and asylum seekers and in giving information of staff being protected from vicarious trauma; and
- Fundraise to ensure that we can meet these objectives, particularly for our free counselling and psychotherapy as our other work raises funds.

The public benefit by our provision of psychotherapy, counselling, supervision and training
During the year, we delivered free long-term psychotherapy and counselling services for highly traumatised refugees and people seeking asylum - support that the NHS is rarely able to provide.

We work with Bristol-based refugee organisations including The Hope Service, NHS Talking Therapies, Bristol Refugee Rights, Borderlands, Womankind, Unseen, ABC, Brigstowe, The Haven, Refugee Women of Bristol, BHN, SARI and the British Red Cross' Bristol Refugee Service.

When a client is referred, we immediately assess the person to see if they can benefit from our work, they are either seen immediately or put on a waiting list. We currently have 12 psychotherapists and counsellors who carry out this work by seeing up to three clients per week.

We also work with organisations supporting refugees and people seeking asylum in the South West of England, offering training and therapeutic supervision to their staff and volunteers. This work helps professionals not to 'burn-out' or suffer from vicarious trauma, encourages organisations to become trauma informed, and ultimately improves outcomes for refugees in the long-term.

Achievements and performance

Our work has supported 54 refugee clients from 21 different countries during the last year. Unlike time-limited therapy models, we provide care that adapts to each person's pace. Clients are held, not hurried. And it works.

Clients are highly traumatised in their country of origin, having often been tortured, imprisoned and/or been threatened with being killed. They also have often witnessed the torture, imprisonment or death of family members. Their experiences on the journey to the UK, and interrogations by the Home Office have often been re-traumatising. In the light of this, there is a need to 'stay with' people who have lost hope and suffer from post-traumatic stress symptoms such as flash backs, nightmares, anxiety, and hypervigilance.

Our therapists worked in-person with most clients, but we also offered session on the phone, by video call and on rare occasions, in clients' homes for those who were unable to meet in-person.

Our training and therapeutic supervision work increased this year, particularly following the racist violence in August 2024. We provided individual or group therapeutic supervision to 120 frontline workers from 30 organisations to help them continue with this challenging work.

We trained 600 people working and volunteering with services who support refugees. Topics included: An introduction to working with trauma; Trauma-informed organisations; Working with forcibly displaced people and suicide; Preventing vicarious trauma; and working effectively with interpreters. Training was accessed through bespoke courses for organisations, or through a monthly online rolling programme of training that individuals can book onto through our website.

We created a new website (www.tfsw.co.uk), improved our marketing, and refreshed our brand to reflect Trauma Foundation South West's values of compassion, collaboration and courage with the generous support of an anonymous donor during the year. We are very grateful to Anna Hutton-North of Sabre Associates for her marketing expertise, and Stephen Palacino of Page 1 Branding for their work.

In terms of staffing changes:

- The chair of trustees, Louise McCabe stepped down at our AGM in April 2024 and Erin Caseley was voted in as our new chair;
- The maternity cover administrator, Ana Szopa, was seconded for six months to support the Bristol Refugee and Asylum Seeker Partnership (BRASP) in March when Loran Lincoln came back from maternity leave;
- We ended our work with Alos Bristol Accounting and bought our accounts in-house from September 2024, with the expertise and support of Godfrey Wilson;
- Our Clinical Director, Katherine Cox, changed job title to Director of Services during the year, and Administrator, Loran Lincoln, changed title to Administration and Finance Officer; and
- Our Director of Operations, Katie Hope, handed in her notice in November and we appointed a new Director of Operations, Nicola Hill who will start in March 2025.

During the year, we benefitted from the University of Bristol's student consultancy programme, 180 Degrees, who worked with TFSW to research corporate partnership opportunities in the southwest. This work was supported by a volunteer, Sanjay Mitra, who is an expert in this field.

Finally, Trauma Foundation South West's interpreters were involved in research by a Master of Psychology student about the challenges and support needs of interpreters working in mental health settings in 2024. The findings of this research showed that while interpreters draw satisfaction from their work and the feeling of helping, they also feel a burden of responsibility. Interpreters working in mental health settings find their role emotionally demanding but this is often underestimated and underreported by therapists and interpreters themselves. As a response to this research, TFSW's Directors set up regular bi-monthly meetings with interpreters to offer them support and supervision.

Financial review
In the fiscal year 2024-2025, TFSW generated funds totalling £129,242 and expended £136,342.

Our funding sources include earned income from training and supervision, and grants and donations from trusts, foundations, regular givers and gift aid.

Our income from charitable activities (therapeutic supervision and training) was £46,192, a 33% increase on the previous year's income from supervision and training (£34,692). This activity is part of our business plan to increase our sustainability as a small charity.

The Equator Fund has been our primary support for the past decade, and we are very grateful to them for their continued support. We also extend our gratitude to The Postcode Trust for their grant of £10,000; the Practice Rooms for £6,000 (£500 per month); Hilden Charitable Fund for £5,000; Bristol Talking Therapy Rooms for £1,080; Hawkins-Ryde Trust for £1,000; Lady Balogh Psychotherapy Trust for £500; and March Charitable Trust for £500. We are also grateful for the Lloyds Bank Foundation for their two-year Organisational Development Support Programme from September 2024.

The remaining donated income stemmed from individual donors and fundraisers, including our own Chair Erin Caseley, who completed 106km Isle of Wight Ultra Challenge. We also received proceeds from the sale of the Recipe Book: 'Your Table or Mine', a collection of favourite dishes shared by our clients both online and at the Bristol Refugee Festival stall.

Our expenditure relating to raising funds was only £7,421 this year, representing only 6% of overall income raised.

We are grateful to all our partners and supporters. Thank you for every pound and every act of solidarity.

Public benefit
The trustees have complied with their duties under the Charities Act 2011 to have due regard to public benefit guidance by the Charity Commission.

Reserves policy
The reserves policy is reviewed at least every three years and was last agreed in 2022. The policy in 2024-2025 was to hold financial reserves equivalent to 6 months' expenditure, which amounts to £68,171. This reserves level was deemed both achievable and to be of a sufficient level to the continuing operation of the charity. Total unrestricted reserves at 28 February 2025 were £119,385.

Trustees recognise that the current level of reserves is higher than anticipated in the policy and are reviewing the reserves position in light of organisational growth, inflation, and the need for longer-term sustainability. A revised policy will be adopted in the next financial year to reflect updated strategic priorities and ensure that reserves are held at a level that supports both resilience and ambition. In the interim, trustees will consider investment in capacity-building, service development and fundraising infrastructure to bring reserves closer to the target level over time.

Structure, governance and management

Trauma Foundation South West is a company limited by guarantee, incorporated on 20 February 2012 (company number 07956417) and as a registered charity on 16 April 2012 (charity number 1146885). The company was set up under Articles and Memorandum of Association, which established the objects and powers of the charitable company.

Trauma Foundation South West is governed by a board of trustees, who also act as the directors of the company. They formally delegate a variety of functions to management to enable the effective day-to-day operation of the company. The board retain oversight and meet quarterly. Serving trustees at the date that the accounts were signed are listed on page 1.

Trustees are recruited through open calls, professional networks, and sector connections to ensure a diverse mix of lived and professional experience aligned with TFSW's mission and values. All trustees undergo an induction process, including an overview of the charity's work, governance responsibilities, and safeguarding duties. Trustee appointments are made following agreement by the full board, with an emphasis on maintaining a balance of skills and representation from across the region.

Risk statement

The trustees have conducted a review of the major risks to which the charity is exposed and have established systems to mitigate these. Key areas of risk include funding uncertainty, clinical safeguarding and vicarious trauma among staff and volunteers. To address these, the charity maintains a diversified funding strategy, implements robust safeguarding procedures, and invests in clinical supervision and reflective practice. Trustees review the risk register quarterly to ensure that risks are monitored, managed and updated as necessary.

Statement of responsibilities of the trustees

The trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Independent examiners
Godfrey Wilson Limited were appointed as independent examiners to the charitable company during the year and have expressed their willingness to continue in that capacity.

Approved by the trustees on 23 June 2025 and signed on their behalf by

Erin Caseley

Erin Caseley - Chair of Trustees

Independent examiner's report

To the trustees of

Trauma Foundation South West

I report to the trustees on my examination of the accounts of Trauma Foundation South West (the charitable company) for the year ended 28 February 2025, which are set out on pages 10 to 21.

Responsibilities and basis of report
As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Godfrey Wilson Limited also provides payroll and consultancy services to the charitable company. I confirm that as a member of the ICAEW I am subject to the FRC's Revised Ethical Standard 2016, which I have applied with respect to this engagement.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
(2) the accounts do not accord with those records; or
(3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
(4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

William Guy Blake

Date: 23 June 2025
William Guy Blake
Member of the ICAEW
For and on behalf of:
Godfrey Wilson Limited
Chartered accountants and statutory auditors
5th Floor Mariner House
62 Prince Street
Bristol
BS1 4QD

Trauma Foundation South West

Statement of financial activities *(incorporating an income and expenditure account)*

For the year ended 28 February 2025

	Note	Restricted £	Unrestricted £	**2025 Total £**	Restated 2024 Total £
Income from:					
Donations	3	-	79,655	**79,655**	153,485
Charitable activities	4	-	46,192	**46,192**	34,692
Other trading activities	5	-	575	**575**	2,980
Investments		-	2,820	**2,820**	6
Total income		**-**	129,242	**129,242**	191,163
Expenditure on:					
Raising funds		1,536	5,885	**7,421**	6,479
Charitable activities		27,418	101,503	**128,921**	115,074
Total expenditure	6	28,954	107,388	**136,342**	121,553
Net (expenditure) / income and net movement in funds	7	(28,954)	21,854	**(7,100)**	69,610
Reconciliation of funds:					
Total funds brought forward		28,954	97,531	**126,485**	56,875
Total funds carried forward		-	119,385	**119,385**	126,485

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 13 to the accounts.

The 2024 comparatives have been restated as described in note 16 to the accounts.

Trauma Foundation South West

Balance sheet

As at 28 February 2025

	Note	£	2025 £	Restated 2024 £
Current assets				
Debtors	10	**11,639**		11,242
Cash at bank and in hand		**111,325**		122,966
		122,964		134,208
Liabilities				
Creditors: amounts falling due within 1 year	11	**(3,579)**		(7,723)
Net current assets			**119,385**	126,485
Net assets			**119,385**	126,485
Funds				
Restricted funds			**-**	28,954
Unrestricted funds				
General funds			**119,385**	97,531
Total charity funds			**119,385**	126,485

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for:

(i) ensuring that the Company keeps proper accounting records which comply with section 386 of the Act; and

(ii) preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 23 June 2025 and signed on their behalf by

Erin Caseley

Erin Caseley - Chair of Trustees

1. Accounting policies

a) Basis of preparation and general information

Trauma Foundation South West is a charitable company limited by guarantee registered in England and Wales. The registered office address is St Pauls Learning Centre, 94 Grosvenor Road, St Pauls, Bristol, England, BS2 8XJ.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Trauma Foundation South West meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

b) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charity's ability to continue as a going concern.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

d) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item, is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

1. Accounting policies (continued)

f) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated in full to charitable activities which is deemed to be reflective of the activities of the charity in this period.

i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

l) Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

m) Pension costs

The company operates a defined contribution pension scheme for its employees. There are no further liabilities other than that already recognised in the SOFA.

1. Accounting policies (continued)

n) Operating leases

Rentals paid under operating leases are charged to the statement of financial activities as they fall due.

o) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

There are no key sources of estimation uncertainty that have a significant effect on the amounts recognised in the financial statements.

2. Prior period comparatives: statement of financial activities

	Restricted £	Unrestricted £	Restated 2024 Total £
Income from:			
Donations and legacies	32,727	120,758	153,485
Charitable activities	-	34,692	34,692
Other trading activities	-	2,980	2,980
Investments	-	6	6
Total income	32,727	158,436	191,163
Expenditure on:			
Raising funds	-	6,479	6,479
Charitable activities	12,106	102,968	115,074
Total expenditure	12,106	109,447	121,553
Net income and net movement in funds	20,621	48,989	69,610

3. Income from donations

	Restricted	Unrestricted	**2025 Total £**
Donations	-	24,155	**24,155**
Grants	-	55,500	**55,500**
Total income from donations	**-**	79,655	**79,655**

Prior period comparative:

	Restricted £	Unrestricted £	Restated 2024 Total £
Donations	-	17,213	17,213
Grants	32,727	103,545	136,272
Total income from donations and legacies	32,727	120,758	153,485

4. Income from charitable activities

	2025 £	Restated 2024 £
Supervision income	**33,950**	34,692
Training income	**7,604**	-
Secondment income	**4,573**	-
One-to-one therapy income	**65**	-
Total income from charitable activities	**46,192**	34,692

In the current and prior year, all income from charitable activities was unrestricted.

5. Income from other trading activities

	2025 £	2024 £
Lettings income	**575**	2,980

In the current and prior year, all income from other trading activities was unrestricted.

6. Total expenditure

	Raising funds £	Charitable activities £	Support and governance costs £	**2025 Total £**
Staff costs (note 8)	7,421	34,661	8,246	**50,328**
Therapists	-	22,005	-	**22,005**
Interpreters	-	14,360	-	**14,360**
Training	-	252	-	**252**
Group therapy	-	6,532	-	**6,532**
Supervision	-	8,363	-	**8,363**
General and other	-	-	160	**160**
Staff training and recruitment	-	-	473	**473**
Premises costs	-	8,014	-	**8,014**
Insurance	-	-	-	**-**
Office costs	-	-	684	**684**
Subscriptions and memberships	-	-	362	**362**
Accountancy	-	-	6,270	**6,270**
Advertising and marketing	-	-	18,539	**18,539**
Sub-total	7,421	94,187	34,734	**136,342**
Allocation of support and governance costs	-	34,734	(34,734)	-
Total expenditure	**7,421**	**128,921**	**-**	**136,342**

Total governance costs were £2,040 (2024: £1,000).

6. Total expenditure (continued)

Prior period comparative

	Raising funds £	Charitable activities £	Support and governance costs £	2024 Total £
Staff costs (note 8)	6,479	38,357	6,998	51,834
Therapists	-	23,115	-	23,115
Interpreters	-	11,929	-	11,929
Training	-	13,896	-	13,896
Group therapy	-	5,060	-	5,060
Supervision	-	225	-	225
General and other	-	-	1,568	1,568
Staff training and recruitment	-	-	235	235
Premises costs	-	-	6,548	6,548
Insurance	-	-	1,591	1,591
Office costs	-	-	93	93
Subscriptions and memberships	-	-	1,649	1,649
Accountancy	-	-	3,810	3,810
Sub-total	6,479	92,582	22,492	121,553
Allocation of support and governance costs	-	22,492	(22,492)	-
Total expenditure	6,479	115,074	-	121,553

7. Net movement in funds

This is stated after charging:

	2025	2024
	£	£
Trustees' remuneration	**Nil**	Nil
Trustees' reimbursed expenses	**Nil**	Nil
Independent examiner's remuneration:		
▪ Independent examination (excluding VAT)	**1,700**	1,000

8. Staff costs and numbers

Staff costs were as follows:

	2025	2024
	£	£
Salaries and wages	**49,033**	50,573
Pension costs	**1,295**	1,261
	50,328	51,834

No employee earned more than £60k during the current or prior year.

The key management personnel of the charitable company comprise the trustees, the Director of Operations and the Director of Services (2024: trustees, Head of Operations and Clinical Director). The total remuneration of key management personnel was £37,754 (2024: £22,167).

	2025	2024
	No.	No.
Average head count	**3**	4

9. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10. Debtors

	2025	2024
	£	£
Trade debtors	**6,427**	11,242
Other debtors	**3,413**	-
Prepayments	**1,799**	-
	11,639	11,242

11. Creditors : amounts due within 1 year

	2025	Restated 2024
	£	£
Trade creditors	**1,197**	6,891
Accruals	**2,382**	-
Other taxation and social security	**-**	616
Other creditors	**-**	216
	3,579	7,723

12. Analysis of net assets between funds

	Restricted funds	Unrestricted funds	**Total funds**
	£	£	**£**
Current assets	-	122,964	**122,964**
Current liabilities	-	(3,579)	**(3,579)**
Net assets at 28 February 2025	-	119,385	**119,385**

Prior period comparative	Restricted funds	Unrestricted funds	Restated Total funds
	£	£	£
Current assets	28,954	105,254	134,208
Current liabilities	-	(7,723)	(7,723)
Net assets at 29 February 2024	28,954	97,531	126,485

13. Movements in funds

	At 1 March 2024 £	Income £	Expenditure £	**At 28 February 2025 £**
Restricted funds				
Blue Thread	27,287	-	(27,287)	**-**
Quartet	1,667	-	(1,667)	**-**
Total restricted funds	28,954	-	(28,954)	**-**
Unrestricted funds				
General funds	97,531	129,242	(107,388)	**119,385**
Total unrestricted funds	97,531	129,242	(107,388)	**119,385**
Total funds	126,485	129,242	(136,342)	**119,385**

Purposes of restricted funds

Blue Thread Funds for developing a new website, marketing and communications.

Quartet Funds put towards core staffing costs (Operations Manager and Administrator).

Prior period comparative

	At 1 March 2023 £	Income £	Expenditure £	Restated At 29 February 2024 £
Restricted funds				
Blue Thread	-	27,287	-	27,287
Quartet	-	1,667	-	1,667
Other restricted funds	8,333	3,773	(12,106)	-
Total restricted funds	8,333	32,727	(12,106)	28,954
Unrestricted funds				
General funds	48,542	158,436	(109,447)	97,531
Total unrestricted funds	48,542	158,436	(109,447)	97,531
Total funds	56,875	191,163	(121,553)	126,485

14. Related party transactions

The total aggregate donations made by trustees (without conditions) was £3,691 (2024: £Nil).

15. Operating lease commitments

The charity had operating leases at the year end with total future minimum lease payments as follows:

	2025	2024
	£	£
Amount falling due:		
Within 1 year	**1,078**	-
Within 1 - 5 years	**-**	-
	1,078	-

16. Restatement of prior year balances

The comparative financial statements have been restated due to a change in interpretation of the Charity SORP in respect of deferred grant income.

Income	Unrestricted income £	Restricted income £	Total £
Per original accounts	152,049	3,773	155,822
Recognition of income received	6,386	28,954	35,340
Revised income	158,435	32,727	191,162

Deferred income	Total £
Per original accounts	35,340
Reversal of deferred income	(35,340)
Revised deferred income	-

TRAUMA FOUNDATION SOUTH WEST

England & Wales - Charity number 1146885

Accounts

Charity no: 1146885

Company no: 07956417

Trauma Foundation South West
Report and Unaudited Financial Statements
29 February 2024

Reference and administrative details

Company number	07956417
Charity number	1146885
Registered office and operational address	St Pauls Learning Centre 94 Grosvenor Road Bristol BS2 8XJ
Trustees	Trustees, who were also directors under company law, who served during the year and up to the date of this report were as follows: John Eames Sarah Fairbairns Louise McCabe (chair) Elizabeth Murphy Miriam Nye Judith Ryde Eleanor Palmer Quen Geuter Erin Caseley Mugdim Mujakovic (resigned January 2024)
Company Secretary	n/a
Bankers	Nat West Bank 40 Queens Road Bristol BS8 1BF
Independent examiners	Alos Bristol Limited Easton Business Centre Felix Road Bristol BS5 6AF

Report for the trustees

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice – Accounting and Reporting by Charities (effective from January 2019)

Objectives and activities

The charitable objectives of Trauma Foundation South West (TFSW) are two-fold and as follows:

1) The relief of mental distress in those who have suffered psychological trauma through experiences such as witnessing traumatic events and loss of family and community, as a result of oppression, armed conflict, and torture, and in particular though not exclusively to meet such needs among asylum seekers and refugees through the provision of counselling and psychotherapy, to be carried out individually and in groups in the south-west of England.
2) The education of the public, to improve their understanding of the mental distress suffered by asylum seekers, refugees and others who have experienced oppression or armed conflict; and to advance the education of counsellors, psychotherapists and other helping professionals working with similar client groups, in order to improve their skills and practice, and advance and improve their supervision.

In order to meet these objectives, we:

- Provide free counselling and psychotherapy for refugees, asylum seekers, and trafficked people, including individual sessions long-term, art therapy and group work;
- Provide supervision and support for staff of other agencies who work with refugees and asylum seekers;
- Provide training to other agencies on vicarious trauma, self-care, working effectively with interpreters, trauma-informed line management, and working with suicidality;
- Fundraise to ensure that we can meet these objectives, particularly for our free counselling and psychotherapy as our other work raises funds.

The public benefit by our provision of psychotherapy, counselling, supervision and training

During the year, we set up referral agreements for our free psychotherapy and counselling service with key Bristol refugee agencies: the Hope Service, NHS Talking Therapies, Bristol Refugee Rights, Borderlands, Womankind, Unseen, ABC, Brigstowe, The Haven, Refugee Women of Bristol, BHN, SARI and the British Red Cross- Bristol Refugee Service. When these agencies refer clients to us, we assess them, and if they seem to be someone who can benefit from our work, they are either seen immediately or put on a waiting list. We have 14 psychotherapists and counsellors who carry out this work by seeing three clients per week.

We also work with most of the agencies who work with asylum seekers and refugees in Bristol and across the southwest by providing supervision and training for their work. The work is often stressful as it is with highly traumatised and distressed individuals who often feel hopeless about their lives. Our work helps them not to ‘burn out’ or suffer from vicarious trauma.

Achievements and Performance

Our work has helped to sustain 52 clients during the year. Our clients are highly traumatised in their country of origin, having often been tortured, imprisoned and/or been threatened with being killed. They also have often witnessed the torture, imprisonment or death of family members. Their experiences on the journey to the UK and through interrogations by the Home Office have often been re-traumatising. In the light of this, we need to be able to ‘stay with’ people who have lost

hope and suffer from post-traumatic stress symptoms such as flash backs, nightmares, anxiety, and hypervigilance.

During the pandemic, we started working with clients online and by phone. In 2023-2024, most therapists worked in-person, but some continued with remote sessions, which support clients who are unable to meet in-person.

During the year, we changed our therapy offer from open-ended to time limited, although it is still very generous: the first year we provide weekly therapy sessions, the second year fortnightly or ad hoc, and after this, through a monthly group. We starting gathering regular feedback from clients about their experience with TFSW with therapists asking brief questions woven into the therapy session at the beginning, every 6-12 weeks and at the end of therapy.

We again increased our work with agencies this year as a response to increased demand and as part of our business plan. We provided regular supervision to 195 staff members from 20 ag4encies through one-to-one and group sessions to help them continue with this challenging work. We trained more than 377 people working and volunteering with services who support refugees. Training included Vicarious Trauma and Resilience, Essential Self-care for Helpers, Trauma-informed Line Management, Trauma-informed Trustee Boards, and Working Effectively with Interpreters. In addition to bespoke training, we set up an online rolling programme of monthly training that individuals can book onto through our website.

We recruited a maternity cover replacement for our administrator and four new counsellors and psychotherapists (all from diverse backgrounds) in this period.

Our expert organisational development trustee, Erin Caseley, led us through a comprehensive organisational strategy process from September 2023 to March 2024. Erin gave more than 50 hours pro bono in facilitating this process, which at her reduced charity rate of £550 + VAT per day represented an in-kind contribution of £4,000. We have developed a one-year transition plan for the strategy to help us prepare, fundraise and plan for expanding our services, which are in great demand.

Financial Review

In the fiscal year 2023-2024, TFSW generated funds totalling £155,822 and expended £114,743.

Our funding sources primarily include trusts, foundations, regular givers and gift aid. The Equator Fund has been our primary support for the past decade and we are very grateful to them. We extend our gratitude to Quartet's Resilience Fund for their generous grant of £10,000; the Practice Rooms for £6,000 (£500 per month); Lady Balogh Psychotherapy Trust for £2,000; Marsh Charitable Trust for £700; the Oakdale Trust for £1,000; and St James Place for £2,500.

The remaining donated income stemmed from individual donors and sales of merchandise.

Our expenditure relating to raising funds was only £3,500 this year, representing only 2.2% of overall income raised. Our income from charitable activities (supervision and training) was £34,692 - a 17% increase on the previous year's income from supervision and training which was £28,953. This earned income is part of our business plan to increase our sustainability as a small charity.

All funding has been vital to ensuring we can continue to be here for our clients, and we thank all our donors, supervisees and trainees for supporting us.

Public Benefit

The trustees have complied with their duties under the Charities Act 2011 to have due regard to public benefit guidance by the Charity Commission.

Reserves Policy

The reserves policy is reviewed at least every three years. The policy in 2023-2024 was to hold financial reserves equivalent to 6 months' expenditure, which amounts to £57,500. This reserves level was deemed both achievable and to be of a sufficient level to the continuing operation of the charity. Total unrestricted reserves at 29 February 2024 were £97,951. This is due to a grant of £80,000 by our main funder, The Equator Fund, who gave both 2022-2023 and 2023-2024's grants of £40,000 within the same year. Additionally, we received a grant of £27,000 from an anonymous donor for work to be carried out in 2024-2025.

Structure, governance and management

Trauma Foundation South West is a company limited by guarantee, incorporated on 20 February 2012 (company number 07956417) and as a registered charity on 16 April 2012 (charity number 1146885). The company was set up under Articles and Memorandum of Association, which established the objects and powers of the charitable company.

Trauma Foundation South West is governed by a board of trustees, who also act as the directors of the company. They formally delegate a variety of functions to management to enable the effective day-to-day operation of the company. The board retain oversight and meet quarterly. Serving trustees at the date of the accounts were signed are listed on page 1.

Statement of responsibilities of the trustees

The trustees (who are also directors of the charity for purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice)

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the situation of the charity and of the income and expenditure of the charity for that period. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and accounting estimates that are reasonable and prudent
- State whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statement on the going concern basis unless it is inappropriate to presume.

The trustees are responsible for keeping proper accounting records which disclose to reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Independent examiners

Alos Bristol Limited were appointed as independent examiners to the charitable company during the year and have expressed their willingness to continue in that capacity.

Approved by the trustees on 22 July 2024 and signed on their behalf

Erin Caseley

Erin Caseley – Chair

CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A **Independent Examiner's Report**

On accounts for the year ended
TRAUMA FOUNDATION SOUTHWEST

Charity no.: **1146885** Company no.: **7956417**

Set out on pages:

I report to the charity trustees on my examination of the accounts of the Company for the year ended 29/02/2024.

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Responsibilities and basis of report

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) which gives me cause to believe that:

1• accounting records were not kept in accordance with section 386 of the Companies Act 2006; or

2• the accounts do not accord with such records; or

3• the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

4• the accounts have not been prepared in accordance with the Charities SORP (FRS102).

Independent examiner's statement

I have no concerns and have come across no other matters in connection with the

* *Please delete the words in the brackets if they do not apply.*

Signed:	*Selman Sheshi*	**Date:**	**--/7/24**
Name:	Selman Sheshi		
Relevant professional qua	FMAAT		
Address:	Easton Business Center, Felix Road, BS5 0HT		

TRAUMA FOUNDATION SOUTH WEST		Charity No	1146885		
		Company No	07956417		
Annual accounts for the period					
Period start date	**01/03/2023**	**To**	Period end date	**29/02/2024**	

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	**Unrestricted funds £**	**Restricted income funds £**	**Endowment funds £**	**Total funds £**	**Prior year funds £**
Income (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies (Donations, Project Income, Equator Fund)	S01	47,439	8,333	-	55,772	48,700
Charitable activities (Training & Agency Work Supervision)	S02	93,297	3,773	-	97,070	64,923
Other trading activities (Website sales, Room hire and Supervision fees)	S03	2,980	-	-	2,980	860
Total	S07	143,716	12,106	-	155,822	114,483
Expenditure (Notes 4)						
Expenditure on:						
Raising funds	S08	3,500	-	-	3,500	3,500
Charitable activities	S09	105,946	12,106	-	118,052	99,402
Total	S12	109,446	12,106	-	121,552	102,902
Net income/(expenditure) before tax for the reporting period	S13	34,270	-	-	34,270	11,581
Tax payable	S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)	S15	34,270	-	-	34,270	11,581
Net gains/(losses) on investments	S16	-	-	-	-	-
Net income/(expenditure)	S17	34,270	-	-	34,270	11,581
Extraordinary items	S18	-	-	-	-	
Transfers between funds	S19	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S20	-	-	-	-	-
Other gains/(losses)	S21	-	-	-	-	-
Net movement in funds	S22	34,270	-	-	34,270	11,581
Reconciliation of funds:						
Total funds brought forward	S23	56,875	-	-	56,875	45,294
Total funds carried forward	S24	91,145	-	-	91,145	56,875

TRAUMA FOUNDATION SOUTH WEST

Charity No 1146885
Company No 07956417

Section B Balance sheet

	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
Fixed assets		F01	F02	F03	F04	F05
Intangible assets	B01	-	-	-	-	-
Tangible assets	B02	-	-	-	-	-
Heritage assets	B03	-	-	-	-	-
Investments	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks	B06	-	-	-	-	-
Debtors (Note 8)	B07	11,242	-	-	11,242	7,240
Investments	B08	-	-	-	-	-
Cash at bank and in hand (Note 9)	B09	94,012	28,954	-	122,966	65,627
Total current assets	B10	105,254	28,954	-	134,208	72,867
Creditors: amounts falling due within one year (Note 10)	B11	- 14,109	- 28,954	-	- 43,063	- 15,992
Net current assets/(liabilities)	B12	91,145	-	-	91,145	56,875
Total assets less current liabilities	B13	91,145	-	-	91,145	56,875
Creditors: amounts falling due after one year	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	91,145	-	-	91,145	56,875
Funds of the Charity						
Endowment funds	B17	-			-	-
Restricted income funds	B18		-		-	-
Unrestricted funds	B19	91,145	.	-	-	56,875
Revaluation reserve	B20				-	
Fair value reserve	B21					
Total funds	B22	91,145	-	-	91,145	56,875

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors

Signature	Date of approval dd/mm/yyyy
Erin Caseley	**22/7/24**
Erin Caseley	Print name

Signature of director authenticating accounts being sent to Companies House

Signature	Date dd/mm/yyyy
Selman Sheshi	**22/7/24**
Selman Sheshi	**Print name**

Section C Notes to the financial statements

1. Accounting policies

a. Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

b. Going concern

The accounts have been prepared on the assumption that the charity is able to continue as a going concern. The charity holds unrestricted, general reserves of £97,954 including a cash balance of £122,966. The trustees consider that the charity has sufficient cash reserves and confirmed funding to continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved.

c. Change of accounting policy

The accounts present a true and fair view and no changes have been made to the accounting policies adopted in note 1.

Note 2 Accounting policies

2.2 INCOME

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Government grants

The charity has received government grants in the reporting period

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.
The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.

Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.

Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.

Donated services and facilities

Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.

Support costs

The charity has incurred expenditure on support costs.

Note 3 Income

	Analysis of income	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	25,282	8,333	-	33,615	8,700
	Gift Aid	762	-	-	762	-
	Legacies	-	-	-	-	-
	Project Income	-	3,773	-	3,773	40,000
	Equator Fund	80,000	-	-	80,000	-
	Other	-	-	-	-	
	Total	106,044	12,106	-	118,150	48,700
Charitable activities:	Provision of services	34,692	-	-	34,692	64,923
	Other	-	-	-	-	-
	Total	34,692	-	-	34,692	64,923
Other trading activities:	Lettings income	2,980	-	-	2,980	860
	Other	-	-	-	-	-
	Total	2,980	-	-	2,980	860
TOTAL INCOME		143,716	12,106	-	155,822	114,483

Note 4 Expenditure

Analysis	This year Unrestricted funds	This year Restricted income funds	This year Total funds	Last year Unrestricted funds	Last year Restricted income funds	Last year Total funds
Expenditure on raising funds:			£			£
Staff costs	3,158	-	3,158	3,158	-	3,158
Staging fundraising events	342	-	342	342	-	342
Total expenditure on raising funds	3,500	-	3,500	3,500	-	3,500
Expenditure on charitable activities:						
Staff costs	-	-	-	8,620	-	8,620
Therapists	23,670	-	23,670	23,365	-	23,365
Supervision	105	-	105	1,443	-	1,443
Supervision & training - POS	11,060	-	11,060	13,873	-	13,873
Interpreters	12,108	-	12,108	3,885	-	3,885
Art therapy	-	-	-	-	-	-
Group therapy	5,060	-	5,060	435	-	435
Assessment	-	-	-	140	-	140
MHW & Interpreter Training	120	-	120	-	-	-
Total expenditure on charitable activities	52,123	-	52,123	51,761	-	51,761
Expenditure on projects						
Staff costs	1,056	8,334	9,390	18,182	-	18,182
Rent and rates	-	-	-	1,905	-	1,905
Office costs	-	-	-	2,366	-	2,366
Accountancy and bookkeeping	-	-	-	2,000	-	2,000
Interpreters	-	-	-	600	-	600
Somerset training costs	-	2,716	2,716	8,616	-	8,616
Total project costs	1,056	11,050	12,106	33,669	-	33,669
Support and governance costs						
Staff costs	38,622	1,057	39,679	4,377	-	4,377
Staff training	180	-	180	-	-	-
Rent and Rates	6,199	-	6,199	4,240	-	4,240
Insurance	1,858	-	1,858	2,358	-	2,358
Office costs	2,098	-	2,098	133	-	133
Legal and professional	-	-	-	6	-	6
Accountancy and bookkeeping	3,810	-	3,810	2,857	-	2,857
Total support and governance costs	52,766	1,057	53,823	13,972	-	13,972
TOTAL EXPENDITURE	109,445	12,107	121,552	102,902	-	102,902

Section C Notes to the financial statements (cont)

Note 5 Details of certain types of expenditure

Note 5.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	1,000	1,000

Note 6 Paid employees

Please complete this note if the charity has any employees (transactions with

6.1 Staff Costs

	This year £	Last year £
Salaries and wages	51,090	32,570
Pension costs (defined contribution scheme)	1,137	740
Total staff costs	52,227	33,310

6.2 Average head count in the year

	This year Number	Last year Number
-	4	2
Total	-	4

No employee or freelancer earned more than £60k during the current or prior year.

The key management personnel of the charitable company comprise of trustees, the secretary to the trustees (paid as a freelancer), Head of Operations (paid via payroll) and the Clinical Director (paid via payroll).The total remuneration of the key management personnel was £22,167 (2022: £10,429).

Note 7 Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

Note 8 Debtors and prepayments

	This year £	Last year £
Trade debtors	11,242	7,240
Other Debtors and Accrued Income	-	-
Total	11,242	7,240

Note 9 Cash at bank and in hand

	This year £	Last year £
Cash at bank and on hand	122,966	65,627
Other	-	-
Total	122,966	65,627

Note 10 Analysis of creditors - amounts falling due within one year

	This year £	Last year £
Trade creditors	6,732	6,502
Payments received on account for contracts or performance-related grants		3,077
Accruals and deferred income	35,341	3,773
Taxation and social security	616	940
Pension	216	216
Other creditors	159	1,484
Total	43,063	15,992

Section C Notes to the accounts

Note 11 Creditors and accruals

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Accruals and deferred income	28,954	3,773	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	28,954	3,773	-	-

11.2 Deferred income

This year	Last year
£28,954 received during the year to spent in 2024/25	*£3773 received during the year to spent in 2023/24*

Movement in deferred income account	This year £	Last vear £
Balance at the start of the reporting period	3,773	-
Amounts added in current period	28,954	3,773
Amounts released to income from previous periods	- 3,773	-
Balance at the end of the reporting period	28,954	3,773

Note 12 Pensions and other post retirement benefits

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined conmtribution plans was £1,137

Note 13 Related party transactions

There were no related party transactions in the current or prior year.

Note 14 Analysis of charitable funds

Unrestricted funds

	At 1 March 2023	Income	Expenditure	At 29 February 2024
	£	£	£	£
General funds	56,875	143,716	109,446	91,145
	56,875	143,716	109,446	91,145

Restricted funds

	At 1 March 2023	Income	Expenditure	At 29 February 2024
	£	£	£	£
Restricted funds	8,333	3,773	12,106	0
	8,333	3,773	12,106	-

TRAUMA FOUNDATION SOUTH WEST

England & Wales - Charity number 1146885

Accounts

Company no. 07956417
Charity no. 1146885

Trauma Foundation South West

Report and Unaudited Financial Statements

28 February 2023

Amended accounts replacing accounts originally filed with Companies House and Charity Commission.

Trauma Foundation South West

Report of the trustees

For the year ended 28 February 2023

Company number	07956417
Charity number	1146885
Registered office and operational address	St Pauls Learning Centre, 94 Grosvenor Rd, Bristol BS2 8XJ
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows: John Eames Sarah Fairbairns Louise McCabe Chair Elizabeth Murphy Miriam Nye
Company secretary	Judith Ryde
Bankers	NatWest Bank 40 Queens Road Bristol BS8 1BF
Independent examiners	Alos Bristol Limited Easton Business Centre Felix Road BS5 6AF

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities (effective from January 2019).

Objectives and activities
The charitable objectives of TFSW are two-fold and are as follows:

1) The relief of mental distress in those who have suffered psychological trauma through experiences such as witnessing traumatic events and loss of family and community, as a result of oppression, armed conflict, and torture, and in particular though not exclusively to meet such needs among asylum seekers and refugees through the provision of counselling and psychotherapy, to be carried out individually and in groups, in the south-west of England.

2) The education of the public, to improve their understanding of the mental distress suffered by asylum seekers, refugees and others who have experienced oppression or armed conflict; and to advance the education of counsellors, psychotherapists and other helping professionals working with similar client groups, in order to improve their skills and practice, and advance and improve their supervision.

In order to meet these objectives, we:
- Provide free counselling and psychotherapy for refugees and asylum seekers including art therapy and groupwork;
- Provide supervision and support for staff of other agencies who work with refugees and asylum seekers;
- Provide training in work with refugees and asylum seekers and in giving information of staff being protected from vicarious trauma;
- Put on conferences which educate and inform members of the public, particularly professionals who work with traumatised populations; and
- Fundraise to ensure that we can meet these objectives, particularly point one as points two, three and four raise money for us by charging for our services.

The public benefit by our provision of psychotherapy, supervision, training and information
Professionals such as support workers and medical professionals refer traumatised refugees and asylum seekers to us. We then assess them, and if they seem to be someone that can benefit from our work, will be put on a waiting list. We have 12 psychotherapists who carry out this work by seeing three clients each per week and when they have a space, they take a client from the waiting list.

We work with most of the agencies who work with asylum seekers and refugees in Bristol by providing supervision and support for their work. The work is often stressful as it is with highly traumatised and distressed individuals who often feel hopeless about their lives. Our work helps them not to become ‘burnt out’ or suffer from vicarious trauma.

We have provided conferences over the years which explore areas of working with trauma. Our fundraising activities often have an educative function as well.

Achievements and performance
Our work has helped to sustain 33 clients over the period in question. Our clients have been highly

traumatised in their country of origin, having often been tortured or imprisoned and/or been. threatened with being killed and/or witnessing the torture, imprisonment, or death of family members. Their experiences on their journey to England and through interrogations by the Home Office have often been re-traumatising. In the light of that we need to be able to 'stay with' people who have lost hope and suffer from post-traumatic stress symptoms such as flash backs, nightmares, anxiety and hypervigilance.

During the pandemic we worked with our clients online, often by phone as many do not have the use of a computer. In 2022, most therapists worked in-person work, but some continued with remote sessions. We plan to continue with remote sessions for clients who are unable to meet in person.

We have increased our work with agencies this year as a response to increased demand and need. We provided regular supervision to more than 100 members of staff from 17 agencies through one-to-one and group sessions to help them continue with this difficult work. We set up a training project with Somerset County Council and provided 10 half day trainings on working with interpreters to both mental health and resettlement workers, and training on working in mental health settings for interpreters. In addition to 155 people who were trained as part of the Somerset Project, we trained more than 300 people working and volunteering with services who support refugees around Vicarious Trauma and Resilience, and Essential Self Care for Helpers/Hosts through bespoke workshops.

We recruited two more members of staff and six new counsellors and psychotherapists in this period. Our 2 day a week Communication and Administration Coordinator started in May (taking over from a Finance and Administration Officer who left during probation), and a Clinical Director to replace Judy Ryde who retired in December 2022.

Financial review

In 2022/23 TFSW generated funds of £114,438 and expended £102,902.

Our donated funding comes from trusts, foundations, regular donors, fundraising events and gift aid. The Equator Fund has been our main funder for the last decade. We are grateful to Quartet's Resilience Fund for a grant of £10,000; The Blue Thread who gave us £8,000; the Practice rooms who donated £6,000; Picton Street Fayre who donated £2,000; £3,000 from the Foxglove Trust; £5,000 from The Renewal Foundation; £2,000 from the Lady Balogh Psychotherapy Trust; £700 from the Marsh Charitable Trust. The remainder of donated income was from individual donors, sales of our merchandise, and events at Barrow Castle.

Our charitable activities income of £64,923 constitutes £40,000 from Somerset County Council for working with interpreters training and the remaining £24,923 came from our provision of supervision and training services to other refugee organisations.

All funding received has been vital in ensuring that we can continue to be here for our clients, and we would like to thank all donors and funders for supporting us.

Public benefit

The trustees have complied with their duty under the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Reserves policy

The reserves policy is reviewed at least every 3 years. The policy in 2022/23 was to hold a financial reserve equivalent to 6 months' expenditure, which amounts to £51,451. This reserves level was deemed both achievable and to be of a sufficient level to ensure continuing operation of the charity. Total unrestricted reserves at 28 February 2023 were £45,294.

Structure, governance and management

Trauma Foundation South West is a company limited by guarantee, incorporated on 20 February 2012 (company number 07956417) and as a registered charity on 16 April 2012 (charity number 1146885). The company was set up under Articles and Memorandum of Association, which established the objects and powers of the charitable company.

Trauma Foundation South West is governed by a board of trustees, who also act as the directors of the company. They formally delegate a variety of functions to management to enable the effective day-to-day operation of the company. The board retain oversight and meet quarterly. Serving trustees at the date the accounts were signed are listed on page 1.

Statement of responsibilities of the trustees

The trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the Charities SORP.
- make judgements and accounting estimates that are reasonable and prudent.
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

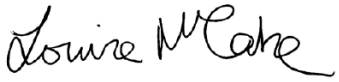
The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Independent examiners

Alos Bristol Limited were appointed as independent examiners to the charitable company during the year and have expressed their willingness to continue in that capacity.

Approved by the trustees on 25 April 2023 and signed on their behalf by



Louise McCabe - Chair

Independent examiner's report

To the trustees of

Trauma Foundation South West

I report to the charity trustees on examination of the accounts of the Trust for the year ended 28th February 2023, which are set out on pages 7 to 16.

Responsibilities and basis of report

As the trustees of the charitable company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts as carried out under section 145 of the Charities Act 2011 ('the2011Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) Accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act: or
(2) the accounts do not accord with those records; or
(3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
(4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Selman Sheshi FMAAT
Certified and Licensed Accountant
For and on behalf of
Alos Bristol Limited
Easton Business Centre
Felix Road, Easton
Bristol, BS5 0HE
Date: 25 April 2023

TRAUMA FOUNDATION SOUTH WEST			Charity No		1146885
			Company No		7956417
Annual accounts for the period					
Period start date	**01/03/2022**		**To**		**28/02/2023**

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	**Unrestricted funds £** F01	**Restricted funds £** F02	**Total funds £** F04	**Prior year funds £** F05
Income (Note 3)					
Income and endowments from:					
Donations and legacies	S01	38,700	10,000	48,700	60,170
Charitable activities	S02	28,000	36,923	64,923	23,682
Other trading activities	S03	860		860	920
Total	S07	67,560	46,923	114,483	84,772
Expenditure (Note 4)					
Expenditure on:					
Raising funds	S08	3,500		3,500	3,301
Charitable activities	S09	55,733	43,669	99,402	74,838
Total	S12	59,233	43,669	102,902	78,139
Net income/(expenditure) before tax for the reporting period	S13	8,327	3,254	11,581	6,633
Net income/(expenditure) after tax before investment gains/(losses)	S15	8,327	3,254	11,581	6,633
Net income/(expenditure)	S17	8,327	3,254	11,581	6,633
Net movement in funds	S22	8,327	3,254	11,581	6,633
Reconciliation of funds:					
Total funds brought forward	S23	45,294		45,294	38,661
Total funds carried forward	S24	53,621	3,254	56,875	45,294

Section B Balance sheet

	Guidance Note	Unrestricted funds £	Restricted funds £	Total this year £	Total last year £
Current assets					
Debtors (Note 9)	B07	7,240	-	7,240	12,005
Cash at bank and in hand (Note 10)	B09	62,373	3,254	65,627	39,999
Total current assets	B10	69,613	3,254	72,867	52,004
Creditors: amounts falling due within one year (Note 11)	B11	- 15,992	-	- 15,992	- 6,710
Net current assets/(liabilities)	B12	53,621	3,254	56,875	45,294
Total assets less current liabilities	B13	53,621	3,254	56,875	45,294
Total net assets or liabilities	B16	53,621	3,254	56,875	45,294
Funds of the Charity					
Unrestricted funds	B19	53,621	-	53,621	45,294
Restricted funds	B20	-	3,254	3,254	
Total funds	B22	53,621	3,254	56,875	45,294

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by the chair of trustees/directors on behalf of all the trustees/directors

Louise McCabe

Date of approval

23 April 2023

Section C Notes to the financial statements

1. Accounting policies

a. Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland

- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) issued on 16 July 2014

- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

b. Going concern

The accounts have been prepared on the assumption that the charity is able to continue as a going concern. The charity holds unrestricted, general reserves of £45,294 including a cash balance of £39,999. The trustees consider that the charity has sufficient cash reserves and confirmed funding to continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved.

c. Change of accounting policy

The accounts present a true and fair view and no changes have been made to the accounting adopted in note 1.

Note 2 Accounting policies

2.2 INCOME

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Government grants

The charity has received government grants in the reporting period

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.
The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.

Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.

Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.

Donated services and facilities

Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.

Support costs

The charity has incurred expenditure on support costs.

Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

2.3 EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding
Redundancy cost	The charity made no redundancy payments during the reporting period.
Deferred income	No material item of deferred income has been included in the accounts.
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.

2.4 ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least
	They are valued at cost.
	The depreciation rates and methods used are disclosed in note 14.
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15.
	They are valued at cost.
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.
	They are valued at cost.
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity of loss than one year held for investment purposes rather than to meet short-term cash commitments as they fall due.
	They are valued at fair value except where they qualify as basic financial

Section C Notes to the accounts (cont)

Note 3 Income

Analysis of income		Unrestricted funds £	Restricted funds £	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	38,700	10,000	48,700	58,978
	Total	38,700	10,000	48,700	58,978
Charitable activities:	Provision of services	28,000	-	28,000	23,682
	Project Income (Somerset CC)	-	36,923	36,923	
	Total	28,000	36,923	64,923	23,682
Other trading activities:	Lettings income	860	-	860	920
	Total	860	-	860	920
TOTAL INCOME		67,560	46,923	114,483	83,580

Section C Notes to the accounts (cont)

Note 4 Expenditure

Analysis	This year Unrestricted funds	Restricted funds	Total funds	Last year Unrestricted funds	Total funds
Expenditure on raising funds:			£		£
Staff costs (note 7.1)	3,158	-	3,158	2,859	2,859
Staging fundraising events	342	-	342	442	442
Total expenditure on raising funds	3,500	-	3,500	3,301	3,301
Expenditure on charitable activities:					
Staff costs (note 7.1)	-	8,620	8,620	2,859	2,859
Therapists	23,365		23,365	23,352	23,352
Supervision	1,443		1,443	1,918	1,918
Supervision & training - POS	13,873		13,873	11,907	11,907
Interpreters	3,885		3,885	7,170	7,170
Art therapy	-		-	8,366	8,366
Group therapy	435		435	4,336	4,336
Assessment	140		140	575	575
	-		-	-	-
Total expenditure on charitable activities	43,141	8,620	51,761	60,483	60,483
Expenditure on projects					
Staff costs (note 7.1)	-	18,182	18,182	-	-
Rent and rates	-	1,905	1,905	-	-
Office costs	-	2,366	2,366	-	-
Accountancy and bookkeeping	-	2,000	2,000	-	-
Interpreters	-	600	600	-	-
Somerset training costs	-	8,616	8,616	-	-
Total	-	33,669	33,669	-	-
Support and governance costs					
Staff costs (note 7.1	2,997	1,380	4,377	3,812	3,812
Staff training	-		-	161	161
Rent and Rates	4,240		4,240	4,438	4,438
Insurance	2,358		2,358	185	185
Office costs	133		133	781	781
Legal and professional	6		6	6	6
Accountancy and bookkeeping	2,857		2,857	3,780	3,780
	12,592	1,380	13,972	13,163	13,163
TOTAL EXPENDITURE	**59,233**	**43,669**	**102,902**	**76,947**	**76,947**

Note 5 Details of certain types of expenditure

Note 6.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent	1,000	1,380

Note 6 Net movement in funds

This is stated after charging:

	This Year £	Last Year £
Trustees' remunaration	Nil	Nil
Trustees' reimbursed expenses	Nil	0
Independent examiner's remunaration:	0	0
-Independent examination (including VAT)	1000	1380

Note 7 Paid employees

7.1 Staff Costs

	This year £	Last year £
Salaries and wages	32,570	9,252
Pension costs (defined contribution	740	278
Total staff costs	33,310	9,530

		This year Number	Last year Number
7.2	Average head count in the year	2	1
	Total	2	1

No employee or freelancer earned more than £60k during the current or prior year.

The key management personnel of the charitable company comprise of trustees, the secretary to the trustees (paid as a freelancer), Head of Operations (paid via payroll) and the Clinical Director (paid via payroll). The total remuneration of the key management personnel was £22,167 (2022: £10,429).

Note 8 Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

Note 9 Debtors and prepayments

	This year £	Last year £
Trade debtors	7,240.0	12,005.0
Total	7,240.0	12,005.0

Note 10 Cash at bank and in hand

	This year £	Last year £
Cash at bank and on hand	65,627	39,999
Other	-	-
Total	65,627	39,999

Note 11 Analysis of creditors - amounts falling due within one year

	This year £	Last year £
Trade creditors	6,502	3,652
Payments received on account for contracts or performance-related grants	3,077	-
Accruals and deferred income	3,773	1,380
Taxation and social security	940	179
Pension	216	108
Other creditors	1,484	1,391
Total	15,992	6,710

Note 12 Related party transactions

There were no related party transactions in the current or prior year.

TRAUMA FOUNDATION SOUTH WEST

England & Wales - Charity number 1146885

Accounts

Company no. 07956417
Charity no. 1146885

Trauma Foundation South West

Report and Unaudited Financial Statements

28 February 2022

Trauma Foundation South West

Reference and administrative details

For the year ended 28 February 2022

Company number	07956417
Charity number	1146885
Registered office and operational address	Barrow Castle Rush Hill Bath Avon BA2 2QR
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows: John Eames Sarah Fairbairns Louise McCabe Chair Elizabeth Murphy Miriam Nye
Company secretary	Judith Ryde
Bankers	NatWest Bank 40 Queens Road Bristol BS8 1BF
Independent examiners	Godfrey Wilson Limited Chartered accountants and statutory auditors 5th Floor Mariner House 62 Prince Street Bristol BS1 4QD

Trauma Foundation South West

Report of the trustees

For the year ended 28 February 2022

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities (effective from January 2019).

Objectives and activities
The charitable objectives of TFSW are two-fold and are as follows:

1) The relief of mental distress in those who have suffered psychological trauma through experiences such as witnessing traumatic events and loss of family and community, as a result of oppression, armed conflict, and torture, and in particular though not exclusively to meet such needs among asylum seekers and refugees through the provision of counselling and psychotherapy, to be carried out individually and in groups, in the south-west of England.

2) The education of the public, to improve their understanding of the mental distress suffered by asylum seekers, refugees and others who have experienced oppression or armed conflict; and to advance the education of counsellors, psychotherapists and other helping professionals working with similar client groups, in order to improve their skills and practice, and advance and improve their supervision.

In order to meet these objectives, we:
- Provide free counselling and psychotherapy for refugees and asylum seekers including art therapy and groupwork;
- Provide supervision and support for staff of other agencies who work with refugees and asylum seekers;
- Provide training in work with refugees and asylum seekers and in giving information of staff being protected from vicarious trauma;
- Put on conferences which educate and inform members of the public, particularly professionals who work with traumatised populations; and
- Fundraise to ensure that we can meet these objectives, particularly point one as points two, three and four raise money for us by charging for our services.

The public benefit by our provision of psychotherapy, supervision, training and information
Professionals such as general practitioners and social workers refer traumatised refugees and asylum seekers to us. We then assess them, and if they seem to be someone that can benefit from our work, will be put on a waiting list. We have 12 psychotherapists who carry out this work by seeing three clients each per week and when they have a space, they take a client from the waiting list.

We work with most of the agencies who work with asylum seekers and refugees in Bristol by providing supervision and support for their work. The work is often stressful as it is with highly traumatised and distressed individuals who often feel hopeless about their lives. Our work helps them not to become ‘burnt out’ or suffer from vicarious trauma.

We have provided conferences over the years which explore areas of working with trauma. Our fundraising activities often have an educative function as well.

Our funds come partly from trusts – including our main revenue which comes from the Equator Trust which gives us £40,000 per year.

Trauma Foundation South West

Report of the trustees

For the year ended 28 February 2022

2021/2022 has been an extremely challenging year again due to continuing Covid-19 and lockdown restrictions.

Other ways of raising funds such as holding a classical concert raised more than £650. The Practice Rooms regular donations, Facebook Birthday Fundraisers raised £5,945 and Renewal Associates Ltd various donations of consultants fees raised nearly £2,700.

Achievements and performance

Our work has helped to sustain 42 clients over the period in question. Our clients have been highly traumatised in their country of origin, having often been tortured or imprisoned and/or been threatened with being killed and/or witnessing the torture, imprisonment or death of family members. Their experiences on their journey to England and through interrogations by the Home Office have often been re-traumatising. In the light of that we need to be able to 'stay with' people who have lost hope and suffer from post-traumatic stress symptoms such as flash backs, nightmares, anxiety and hypervigilance.

During the pandemic we have worked with our clients online, often by phone as they often do not have the use of a computer. In 2021, some staff returned to in-person work, but others continued remote sessions.

We started two art therapy groups and a therapy group for Afghan men once Covid-19 restrictions lifted in summer 2021.

We have worked with 61 members of staff from other agencies through one-to-one and group sessions to help them continue with this difficult work. We provided 12 bespoke workshops to prevent vicarious trauma, training and supporting more than 130 people.

We recruited our first member of staff, a 0.5 FTE Head of Operations and developed a 3-year business and fundraising plan. Our founder, Judy Ryde, announced her plans to retire at the end of 2022, so our plans incorporated the organisational change needed to adjust to this.

Financial review

In 2021/22 TFSW generated funds of £83,580 and expended £76,947.

Our main funding is a regular donation from one individual trust. This year we received £40,000 from this trust. The balance of unrestricted donations of £18,978 is made up from other trusts, foundations, regular donors and gift aid. A regular donation of £500 per month which commenced in 2019/2020 was impacted by the Covid-19 situation and reduced to £250 per month, but continued through this financial year.

Our charitable activities income of £23,682 came from our provision of services to other organisations similar to ourselves.

All funding received has been vital in ensuring that we can continue to be here for our clients, and we would like to thank all donors and funders for supporting us.

Public benefit

The trustees have complied with their duty under the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Reserves policy

The reserves policy is reviewed at least every 3 years. The policy in 2021/22 was to hold a financial reserve equivalent to 6 months' expenditure, which amounts to £38,474. This reserves level was deemed both achievable and to be of a sufficient level to ensure continuing operation of the charity. Total unrestricted reserves at 28 February 2022 were £45,294.

Structure, governance and management

Trauma Foundation South West is a company limited by guarantee, incorporated on 20 February 2012 (company number 07956417) and as a registered charity on 16 April 2012 (charity number 1146885). The company was set up under Articles and Memorandum of Association, which established the objects and powers of the charitable company.

Trauma Foundation South West is governed by a board of trustees, who also act as the directors of the company. They formally delegate a variety of functions to management to enable the effective day-to-day operation of the company. The board retain oversight and meet quarterly. Serving trustees at the date the accounts were signed are listed on page 1.

The charity now has three sub-committees to the structure of the board of trustees. Finance and Fundraising sub-committee, Policy and Practice sub-committee, and Nominations and Appointments sub-committee, all of which formally report to the board.

Statement of responsibilities of the trustees

The trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Independent examiners
Godfrey Wilson Limited were re-appointed as independent examiners to the charitable company during the year and have expressed their willingness to continue in that capacity.

Approved by the trustees on 21 April 2022 and signed on their behalf by

Louise McCabe

Louise McCabe - Chair

Independent examiner's report

To the trustees of

Trauma Foundation South West

I report to the trustees on my examination of the accounts of Trauma Foundation South West (the charitable company) for the year ended 28 February 2022, which are set out on pages 7 to 15.

Responsibilities and basis of report
As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
(2) the accounts do not accord with those records; or
(3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
(4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alison Godfrey

Date: 25 April 2022
Alison Godfrey FCA
Member of the ICAEW
For and on behalf of:
Godfrey Wilson Limited
Chartered accountants and statutory auditors
5th Floor Mariner House
62 Prince Street
Bristol
BS1 4QD

Trauma Foundation South West

Statement of financial activities *(incorporating an income and expenditure account)*

For the year ended 28 February 2022

	Note	**2022 Total £**	2021 Total £
Income from:			
Donations	2	**58,978**	76,081
Charitable activities	3	**23,682**	14,123
Other trading activities	4	**920**	285
Total income		**83,580**	90,489
Expenditure on:			
Raising funds		**3,301**	2,980
Charitable activities		**73,646**	61,901
Total expenditure	5	**76,947**	64,881
Net income and movement in funds	6	**6,633**	25,608
Reconciliation of funds:			
Total funds brought forward		**38,661**	13,053
Total funds carried forward		**45,294**	38,661

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. All income and expenditure pertain to unrestricted funds in the current and prior reporting periods.

Trauma Foundation South West

Balance sheet

As at 28 February 2022

	Note	£	**2022** **£**	2021 £
Current assets				
Debtors	9	**12,005**		9,796
Cash at bank and in hand		**39,999**		34,598
		52,004		44,394
Liabilities				
Creditors: amounts falling due within 1 year	10	**(6,710)**		(5,733)
Net current assets			**45,294**	38,661
Net assets			**45,294**	38,661
Funds				
Unrestricted funds				
General funds			**45,294**	38,661
Total charity funds			**45,294**	38,661

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for:

(i) ensuring that the Company keeps proper accounting records which comply with section 386 of the Act; and

(ii) preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 21 April 2022 and signed on their behalf by

Louise McCabe

Louise McCabe - Chair

1. Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Trauma Foundation South West meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

b) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern despite the ongoing impact of the Covid-19 pandemic. The charity holds unrestricted, general reserves of £45,294 including a cash balance of £39,999. The trustees consider that the charity has sufficient cash reserves and confirmed funding to continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

d) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item, is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

f) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity. The charity currently only has unrestricted funds.

1. Accounting policies (continued)

g) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated in full to charitable activities which is deemed to be reflective of the activities of the charity in this period.

i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

l) Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

m) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

1. Accounting policies (continued)

m) Accounting estimates and key judgements

There are no key sources of estimation uncertainty that have a significant effect on the amounts recognised in the financial statements.

2. Income from donations

	2022	2021
	£	£
Donations	**58,978**	76,081

3. Income from charitable activities

	2022	2021
	£	£
Provision of services	**23,682**	14,123

4. Income from other trading activities

	2022	2021
	£	£
Lettings income	**920**	285

5. Total expenditure

	Raising funds £	Charitable activities £	Support and governance costs £	**2022 Total** **£**
Staff costs (note 7)	2,859	2,859	3,812	**9,530**
Fundraising events	442	-	-	**442**
Services provided to other organisations	-	11,907	-	**11,907**
Therapists	-	23,352	-	**23,352**
Interpreters	-	7,170	-	**7,170**
Art therapy	-	8,366	-	**8,366**
Group therapy	-	4,336	-	**4,336**
Supervision	-	1,918	-	**1,918**
Assessment	-	575	-	**575**
Staff training	-	-	161	**161**
Rent and rates	-	-	4,438	**4,438**
Insurance	-	-	185	**185**
Office costs	-	-	781	**781**
Legal and professional	-	-	6	**6**
Accountancy and bookkeeping	-	-	3,780	**3,780**
Sub-total	3,301	60,483	13,163	**76,947**
Allocation of support and governance costs	-	13,163	(13,163)	-
Total expenditure	**3,301**	**73,646**	**-**	**76,947**

Total governance costs were £1,380 (2021: £1,320).

5. Total expenditure (continued)

Prior period comparative	Raising funds £	Charitable activities £	Support and governance costs £	2021 Total £
Professional fundraising	2,730	-	-	2,730
Fundraising events	250	-	-	250
Services provided to other organisations	-	10,023	-	10,023
Therapists	-	29,214	-	29,214
Interpreters	-	7,742	-	7,742
Art therapy	-	2,609	-	2,609
Supervision	-	1,620	-	1,620
Assessment	-	335	-	335
Staff training	-	-	226	226
Rent and rates	-	-	5,297	5,297
Insurance	-	-	1,130	1,130
Office costs	-	-	401	401
Legal and professional	-	-	544	544
Accountancy and bookkeeping	-	-	2,760	2,760
Sub-total	2,980	51,543	10,358	64,881
Allocation of support and governance costs	-	10,358	(10,358)	-
Total expenditure	2,980	61,901	-	64,881

6. Net movement in funds

This is stated after charging:

	2022	2021
	£	£
Trustees' remuneration	**Nil**	Nil
Trustees' reimbursed expenses	**Nil**	Nil
Independent examiner's remuneration:		
▪ Independent examination (including VAT)	**1,380**	1,320

7. Staff costs and numbers

Staff costs were as follows:

	2022	2021
	£	£
Salaries and wages	**9,252**	-
Pension costs	**278**	-
	9,530	-

The charity had no employed staff in the prior year. Interpreters and therapists are paid on a freelance basis.

No employee or freelancer earned more than £60k during the current or prior year.

The key management personnel of the charitable company comprise the trustees, the secretary to the trustees (paid as a freelancer) and the Head of Operations (paid via payroll). The total remuneration of key management personnel was £10,429 (2021: £2,020).

	2022	2021
	No.	No.
Average head count	**0.5**	-

8. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

9. Debtors

	2022	2021
	£	£
Trade debtors	**8,515**	6,605
Prepayments	**1,375**	1,140
Other taxation and social security	**1,184**	-
Other debtors	**931**	2,051
	12,005	9,796

10. Creditors : amounts due within 1 year

	2022	2021
	£	£
Trade creditors	**3,652**	3,693
Accruals	**1,380**	2,040
Other taxation and social security	**179**	-
Pension	**108**	-
Other creditors	**1,391**	-
	6,710	5,733

11. Related party transactions

There were no related party transactions in the current or prior year.

TRAUMA FOUNDATION SOUTH WEST

England & Wales - Charity number 1146885

Accounts

Company no. 07956417
Charity no. 1146885

Trauma Foundation South West

Report and Unaudited Financial Statements

28 February 2021

Trauma Foundation South West

Reference and administrative details

For the year ended 28 February 2021

Company number	07956417
Charity number	1146885
Registered office and operational address	Barrow Castle Rush Hill Bath Avon BA2 2QR
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows: John Eames Sarah Fairbairns Louise McCabe (Appointed 1 March 2020) Elizabeth Murphy Miriam Nye Quynh Quan (Resigned 8 October 2020) John Witt (Resigned 8 October 2020) Indrani Curry (Resigned 1 March 2020)
Company secretary	Judith Ryde
Bankers	NatWest Bank 40 Queens Road Bristol BS8 1BF
Independent examiners	Godfrey Wilson Limited Chartered accountants and statutory auditors 5th Floor Mariner House 62 Prince Street Bristol BS1 4QD

Trauma Foundation South West

Report of the trustees

For the year ended 28 February 2021

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities (effective from January 2019).

Objectives and activities
The charitable objectives of TFSW are two-fold and are as follows:

1) The relief of mental distress in those who have suffered psychological trauma through experiences such as witnessing traumatic events and loss of family and community, as a result of oppression, armed conflict, and torture, and in particular though not exclusively to meet such needs among asylum seekers and refugees through the provision of counselling and psychotherapy, to be carried out individually and in groups, in the south-west of England.

2) The education of the public, to improve their understanding of the mental distress suffered by asylum seekers, refugees and others who have experienced oppression or armed conflict; and to advance the education of counsellors, psychotherapists and other helping professionals working with similar client groups, in order to improve their skills and practice, and advance and improve their supervision.

In order to meet these objectives, we:
- Provide free counselling and psychotherapy for refugees and asylum seekers including art therapy and groupwork;
- Provide supervision and support for staff of other agencies who work with refugees and asylum seekers;
- Provide training in work with refugees and asylum seekers and in giving information of staff being protected from vicarious trauma;
- Put on conferences which educate and inform members of the public, particularly professionals who work with traumatised populations; and
- Fund raise to ensure that we can meet these objectives, particularly number one as numbers two three and four raise money for us by charging for our services.

The public benefit by our provision of psychotherapy, supervision, training and information
Professionals such as general practitioners and social workers refer traumatised refugees and asylum seekers to us. We then assess them, and if they seem to be someone that can benefit from our work, will be put on a waiting list. We have 12 psychotherapists who carry out this work by seeing three clients each per week and when they have a space, they take a client from the waiting list.

We work with most of the agencies who work with asylum seekers and refugees in Bristol by providing supervision and support for their work. The work is often stressful as it is with highly traumatised and distressed individuals who often feel hopeless about their lives. Our work helps them not to become ‘burnt out’ or suffer from vicarious trauma.

We have provided conferences over the years which explore areas of working with trauma. Our fundraising activities often have an educative function as well.

Our funds come partly from trusts – including our main revenue which comes from the Equator Trust which gives us £40,000 per year.

2020/2021 has been an extremely challenging year and almost impossible to fund raise in any significant way due to Covid-19 and lockdown restrictions. We were very fortunate to be awarded a grant of £17,000 from the National Lottery Community Fund, which has allowed us to continue providing services to our clients.

Other ways of raising funds such as promoting our online shop through Facebook advertising for Christmas raised more than £600. The Practice Rooms regular donations, Facebook Birthday Fundraisers raised £1,681 and Renewal Associates Ltd various donations of consultants fees raised nearly £5,000.

Achievements and performance

Our work has helped to sustain 42 clients over the period in question. Our clients have been very traumatised in their country of origin, having often been tortured or imprisoned and/or been threatened with being killed and/or witnessing the torture, imprisonment or death of family members. Their experiences on their journey to England and through interrogations by the Home Office have often been re-traumatising. In the light of that we need to be able to 'stay with' people who have lost hope and suffer from post-traumatic stress symptoms such as flash backs, nightmares, anxiety and hypervigilance.

During the pandemic we have worked with our clients on line, often by phone as they often do not have the use of a computer.

We have also worked with 10 members of staff of other agencies to help them continue with this difficult work, along with group sessions for several of the agencies.

Financial review

In 2020/21 TFSW generated funds of £90,489 and expended £64,881.

Our main funding is a regular donation from one individual trust. This year we received £40,000 from this trust. The balance of unrestricted donations of £36,081 is made up from other trusts, foundations, regular donors and gift aid. A regular donation of £500 per month which commenced in 2019/2020 was impacted by the Covid-19 situation and reduced to £250 per month, but continued through this financial year.

Our charitable activities income of £14,123 came from our provision of services to other organisations similar to ourselves.

All funding received has been vital in ensuring that we can continue to be here for our clients, and we would like to thank all donors and funders for supporting us.

Public benefit

The trustees have complied with their duty under the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission.

Reserves policy

The reserves policy is reviewed at least every 3 years. The policy is to hold a financial reserve equivalent to 2 months' operating costs, which was £1,525, therefore the reserves level of £1,800 has remained and as set was deemed both reasonably achievable and to be of a sufficient level to ensure continuing operation of the charity. Total unrestricted reserves at 28 February 2021 were £38,661, which will continue to support our costs during the COVID-19 pandemic.

Structure, governance and management

Trauma Foundation South West is a company limited by guarantee, incorporated on 20 February 2012 (company number 07956417) and as a registered charity on 16 April 2012 (charity number 1146885). The company was set up under Articles and Memorandum of Association, which established the objects and powers of the charitable company.

Trauma Foundation South West is governed by a board of trustees, who also act as the directors of the company. They formally delegate a variety of functions to management to enable the effective day-to-day operation of the company. The board retain oversight and meet quarterly. Serving trustees at the date the accounts were signed are listed on page 1.

The charity now has three sub committees to the structure of the board of trustees. Finance and Fundraising sub committee, Policy and Practice sub-committee, and Nominations and Appointments sub-committee, all of which formally report to the board.

Statement of responsibilities of the trustees

The trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Independent examiners
Godfrey Wilson Limited were re-appointed as independent examiners to the charitable company during the year and have expressed their willingness to continue in that capacity.

Approved by the trustees on 21 April 2021 and signed on their behalf by

Louise McCabe

Louise McCabe - Chair

Independent examiner's report

To the trustees of

Trauma Foundation South West

I report to the trustees on my examination of the accounts of Trauma Foundation South West (the charitable company) for the year ended 28 February 2021, which are set out on pages 7 to 16.

Responsibilities and basis of report
As the trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charitable company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

(1) accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
(2) the accounts do not accord with those records; or
(3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
(4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alison Godfrey

Date: 22 April 2021
Alison Godfrey FCA
Member of the ICAEW
For and on behalf of:
Godfrey Wilson Limited
Chartered accountants and statutory auditors
5th Floor Mariner House
62 Prince Street
Bristol
BS1 4QD

Trauma Foundation South West

Statement of financial activities *(incorporating an income and expenditure account)*

For the year ended 28 February 2021

	Note	Restricted £	Unrestricted £	**2021 Total £**	2020 Total £
Income from:					
Donations	3	-	76,081	**76,081**	46,966
Charitable activities	4	-	14,123	**14,123**	14,578
Other trading activities	5	-	285	**285**	4,172
Total income		-	90,489	**90,489**	65,716
Expenditure on:					
Raising funds		-	2,980	**2,980**	4,350
Charitable activities		1,265	60,636	**61,901**	64,182
Total expenditure	6	1,265	63,616	**64,881**	68,532
Net income / (expenditure)		(1,265)	26,873	**25,608**	(2,816)
Transfers between funds		-	-	**-**	-
Net movement in funds	7	(1,265)	26,873	**25,608**	(2,816)
Reconciliation of funds:					
Total funds brought forward		1,265	11,788	**13,053**	15,869
Total funds carried forward		-	38,661	**38,661**	13,053

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 13 to the accounts.

Trauma Foundation South West

Balance sheet

As at 28 February 2021

	Note	£	2021 £	2020 £
Current assets				
Debtors	10	**9,796**		10,011
Cash at bank and in hand		**34,598**		7,959
		44,394		17,970
Liabilities				
Creditors: amounts falling due within 1 year	11	**(5,733)**		(4,917)
Net current assets			**38,661**	13,053
Net assets	12		**38,661**	13,053
Funds				
Restricted funds			**-**	1,265
Unrestricted funds				
General funds			**38,661**	11,788
Total charity funds	13		**38,661**	13,053

The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477(2), and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors acknowledge their responsibilities for:

(i) ensuring that the Company keeps proper accounting records which comply with section 386 of the Act; and

(ii) preparing financial statements which give a true and fair view of the state of affairs of the Company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 21 April 2021 and signed on their behalf by

Louise McCabe

Louise McCabe - Chair

1. Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Trauma Foundation South West meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

b) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern despite the ongoing impact of the Covid-19 pandemic. The charity holds unrestricted, general reserves of £38,661 including a cash balance of £34,598. The trustees consider that the charity has sufficient cash reserves and confirmed funding to continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

d) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item, is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

f) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

1. Accounting policies (continued)

g) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

h) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities on the following basis:

	2021	2020
Raising funds	**0.0%**	0.0%
Charitable activities	**100.0%**	100.0%

i) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

j) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

k) Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

l) Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

m) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

1. Accounting policies (continued)

m) Accounting estimates and key judgements

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

There are no key sources of estimation uncertainty that have a significant effect on the amounts recognised in the financial statements.

2. Prior period comparative: statement of financial activities

	Restricted £	Unrestricted £	Total £
Income from:			
Donations	-	46,966	46,966
Charitable activities	-	14,578	14,578
Other trading activities	-	4,172	4,172
Total income	-	65,716	65,716
Expenditure on:			
Raising funds	-	4,350	4,350
Charitable activities	770	63,412	64,182
Total expenditure	770	67,762	68,532
Net expenditure	(770)	(2,046)	(2,816)
Transfers between funds	-	-	-
Net movement in funds	(770)	(2,046)	(2,816)

3. Income from donations

	Restricted £	Unrestricted £	**2021 Total £**
Donations	-	76,081	**76,081**

Prior period comparative:	Restricted £	Unrestricted £	2020 Total £
Donations	-	46,966	46,966

4. Income from charitable activities

	Restricted £	Unrestricted £	**2021 Total £**	2020 Total £
Provision of services	-	14,123	**14,123**	14,578

Income from charitable activities in the prior year was fully unrestricted.

5. Income from other trading activities

	Restricted £	Unrestricted £	**2021 Total £**	2020 Total £
Fundraising events	-	-	**-**	2,442
Lettings income	-	285	**285**	1,730
Total income from other trading activities	-	285	**285**	4,172

Income from other trading activities in the prior year was fully unrestricted.

6. Total expenditure

	Raising funds £	Charitable activities £	Support and governance costs £	**2021 Total £**
Professional fundraising	2,730	-	-	**2,730**
Fundraising events	250	-	-	**250**
Services provided to other organisations	-	10,023	-	**10,023**
Therapists	-	29,214	-	**29,214**
Interpreters	-	7,742	-	**7,742**
Art therapy	-	2,609	-	**2,609**
Supervision	-	1,620	-	**1,620**
Assessment	-	335	-	**335**
Staff training	-	-	226	**226**
Rent and rates	-	-	5,297	**5,297**
Insurance	-	-	1,130	**1,130**
Office costs	-	-	401	**401**
Legal and professional	-	-	544	**544**
Accountancy and bookkeeping	-	-	2,760	**2,760**
Sub-total	2,980	51,543	10,358	**64,881**
Allocation of support and governance costs	-	10,358	(10,358)	-
Total expenditure	**2,980**	**61,901**	**-**	**64,881**

Total governance costs were £1,320 (2020: £1,260).

Prior period comparative	Raising funds £	Charitable activities £	Support and governance costs £	2020 Total £
Professional fundraising	3,600	-	-	3,600
Fundraising events	750	-	-	750
Services provided to other organisations	-	9,360	-	9,360
Therapists	-	30,984	-	30,984
Interpreters	-	8,231	-	8,231
Art therapy	-	3,610	-	3,610
Supervision	-	770	-	770
Assessment	-	640	-	640
Staff training	-	-	50	50
Rent and rates	-	-	6,626	6,626
Insurance	-	-	1,143	1,143
Office costs	-	-	68	68
Accountancy and bookkeeping	-	-	2,700	2,700
Sub-total	4,350	53,595	10,587	68,532
Allocation of support and governance costs	-	10,587	(10,587)	-
Total expenditure	4,350	64,182	-	68,532

7. Net movement in funds

This is stated after charging:

	2021	2020
	£	£
Trustees' remuneration	**Nil**	Nil
Trustees' reimbursed expenses	**Nil**	Nil
Independent examiner's remuneration:		
▪ Independent examination (including VAT)	**1,320**	1,260

8. Staff costs and numbers

The charity had no employed staff in the current or prior year. Interpreters and therapists are paid on a freelance basis.

No freelancers earned more than £60k during the year (2020: None).

The key management personnel of the charitable company comprise the trustees and the secretary to the trustees. The total remuneration of key management personnel was £2,020 (2020: £2,080).

9. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10. Debtors

	2021	2020
	£	£
Trade debtors	**6,605**	8,473
Prepayments	**1,140**	-
Other debtors	**2,051**	1,538
	9,796	10,011

11. Creditors : amounts due within 1 year

	2021	2020
	£	£
Trade creditors	**3,693**	3,657
Accruals	**2,040**	1,260
	5,733	4,917

12. Analysis of net assets between funds

	Restricted funds £	Unrestricted funds £	**Total funds £**
Current assets	-	44,394	**44,394**
Current liabilities	-	(5,733)	**(5,733)**
Net assets at 28 February 2021	-	38,661	**38,661**

Prior period comparative	Restricted funds £	Unrestricted funds £	Total funds £
Current assets	1,265	16,705	17,970
Current liabilities	-	(4,917)	(4,917)
Net assets at 29 February 2020	1,265	11,788	13,053

13. Movements in funds

	At 1 March 2020 £	Income £	Expenditure £	Transfers between funds £	**At 28 February 2021 £**
Restricted funds					
Lady Balogh's Psychotherapy Trust	1,265	-	(1,265)	-	**-**
Total restricted funds	1,265	-	(1,265)	-	**-**
Unrestricted funds					
General funds	11,788	90,489	(63,616)	-	**38,661**
Total unrestricted funds	11,788	90,489	(63,616)	-	**38,661**
Total funds	13,053	90,489	(64,881)	-	**38,661**

Purposes of restricted funds

Lady Balogh's Psychotherapy Trust represents donations received to provide supervision for the therapists engaged by the charity.

Prior period comparative	At 1 March 2019 £	Income £	Expenditure £	Transfers between funds £	At 29 February 2020 **£**
Restricted funds					
Lady Balogh's Psychotherapy Trust	2,035	-	(770)	-	1,265
Total restricted funds	2,035	-	(770)	-	1,265
Unrestricted funds					
General funds	13,834	65,716	(67,762)	-	11,788
Total funds	15,869	65,716	(68,532)	-	13,053

14. Related party transactions

There were no related party transactions in the current or prior year.