

**OPEN DOORS TRAINING AND DEVELOPMENT TRUST**  
**LEGAL AND ADMINISTRATIVE INFORMATION**  
**FOR THE YEAR ENDED 01 OCTOBER 2025**

Registered Charity Number: 1146725 (England & Wales)

Trustees:

Michael Oyeleye  
Roy Fearon  
Femi Mafoh

Executive Trustee

Femi Mafoh

Registered Office:

26 Hillcroft  
Dunstable  
Bedfordshire  
LU6 1AQ

Bankers:

HSBC Bank plc  
63 George Street  
Luton  
Bedfordshire LU1 2AR

**OPEN DOORS TRAINING AND DEVELOPMENT TRUST**

Registered Charity Number 1146725

**TRUSTEES REPORT**

FOR THE YEAR ENDED 01 OCTOBER 2025

The Trustees of the charity present their report with the financial statements of the Trust for the period ended 01 October 2025. The financial statements comply with the organisation's accounting policies and in accordance with the objectives of the Trust. The charity had an income of £36,970 and eligible for independent examination.

**Activities and objects of the charity**

The Charity was established on 20th June 2011.

***"The Charity's objects" (the objects) are:***

***1. The prevention of relief of poverty (or financial hardship) within the UK and Africa in particular by:***

***i. providing and assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient: including material assistance.***

***ii. Undertaking research into factors that contribute to poverty, (or social injustice) or collaborating with other organisations working to prevent or relieve poverty.***

***2." The relief of unemployment for the public benefit in such ways as may be thought fit, including assistance to find employment "both within the UK and in Africa by the provision of advice and training to unemployed individuals concerning employment, self-employment and the establishment of social (co-operative) enterprises and the provision of CV writing, job search and job club facilities for them.***

***3. the advancement of education of people who want to develop themselves in the UK or Africa in such ways as the charity trustees think fit, including by:***

***i. assisting them for any vocational skills training, trade or profession;***

***ii. continued development of their individual capabilities, competencies, skills and understanding in subjects of educational value or organising seminars, conferences***

***iii. Promoting social research for the dissemination of information for public interests to advance information.***

***4. To further such other purposes as are exclusively charitable in law as the trustees may from time to time determine"***

***Activities carried out during the period include, the development of Health and Wellbeing Awareness Projects in Bedford and Central Bedfordshire supporting local people with underlying***

***health conditions such as diabetes, cardiovascular disease, obesity and other health related conditions to access culturally appropriate health awareness workshops with the aims of living a healthy lifestyle. This project benefitted over fifty local people weekly, by gaining more knowledge and understanding to improve their underlying health conditions through healthy diet and exercise. Participants were able to improve their knowledge of various food types and their effects and how to choose healthier alternatives, and participants were better connected to others and feel less isolated.***

### **Organisation and Management**

*The board of trustees meets quarterly to administer the trust. The Trustees runs the organisation by setting up a Management Committee, to deal with communities and local issues, training, education and development, financial procedures, health and well-being and sustainability plan. The day to day running of the Trust is the responsibility of the Executive Trustee supported by staff and volunteers.*

### **Trustees' interests**

*No trustee benefitted from the Trust*

### **Relationships with other groups, charities and individuals**

*The organisation continues to network with other voluntary and community groups, health professionals - providing education, training and learning new skills for service users, in the delivery of the organisation's health and well-being awareness services, and local authority to share information on local needs, and working in partnership with charities with similar interests.*

*Policies and procedures adopted: There is a Safeguarding child/adult protection policy in place. CRB checks are carried out prior to commencement of projects and checks are carried out from time to time in line with statutory requirements.*

### **Development, activities and achievements**

*The charity main activities for the year include, the provision of health and well-being awareness projects supporting communities in Bedford and Central Bedfordshire to manage and prevent the underlying health conditions such as diabetes, cardiovascular disease, obesity and other health conditions. We provided health education, training and information, culturally appropriate nutritional cooking sessions, arts and crafts skills and therapeutic gardening -growing of organic foods. The charity was able provide welcoming spaces, reducing isolation and loneliness especially for the the elderly and has benefitted over fifty five local people weekly. In addition, the charity's activities continue to promote cultural and social inclusion among different communities in Bedford and Bedfordshire; engaging communities on social issues that enhance community cohesion and promoting advocacy for the disadvantaged on matters that affect their rights. The Health and Wellbeing Awareness Projects continue to make a positive difference to improving the healthy lifestyle of different communities in Bedford and Bedfordshie with the financial support of Harpur Trust, Bedford Borough Council, The Gale Family Trust, The Community Fund-Bedfordshire, Luton Community Foundation, Central Bedfordshire Council, and The House of Industry Estate.*

### **Future developments**

The trustees seek to work in collaboration with community associations, health professionals in expanding its Health and Wellbeing Awareness to reaching wider communities in Bedfordshire in 2026. It also aims to expand its operations by developing co-operation with external charities especially in Africa to addressing causes of poverty, major underlying health issues such as diabetes, cardiovascular diseases, strokes and other health conditions, empowering local people in particular to develop organic vegetable gardening/farming, in order to improve their health and well-being. The plan will focus principally on the followings:

- *the establishment of social (co-operative) gardening/farming project to promote community cohesion*
- *the advancement of education of people who want to develop themselves in Africa by: i). assisting them for any vocational skills training, trade or profession and*
- *organising health and wellbeing awareness workshops and events with the aims of helping the local people overcome food crisis or shortages and their health inequalities.*

The charity has not been able to secure a permanent base and would be fundraising in the coming year to achieve this.

#### **The Reserves policy**

*The trust maintains unrestricted and restricted funds held to cover operational costs in the event of a loss of income and to meet any unforeseen expenditure that may occur. The main financial risk to the charity is loss of funding from charitable organisations and reduced donations. These mitigating circumstances would be overcome through our sustainability fundraising strategies.*

#### **Risk Review**

*Trustees are aware of operational risks which can affect the work of the charity and systems are in place to reduce such risks and regular reports will be produced so that the necessary steps can be taken to lessen these risks.*

#### **Acknowledgement**

Our main sources of funds this year has been grants and sponsorship towards meeting running costs, health awareness events/workshops, in the delivery of of our services. The Trust acknowledges the generous grant donations and sponsorship of Harpur Trust, The Gale Family Trust, Bedford Borough Council, Central Bedfordshire Council, The Community Fund-Bedfordshire, Luton Community Foundation, The House of Industry Estate and BPHA Housing.

#### **Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature: *RFearon*

Full Name(s): Roy Fearon

Position: Chair

Date: 05/01/2026

**OPEN DOORS TRAINING AND DEVELOPMENT TRUST**  
**FINANCIAL STATEMENT AS AT 01 OCTOBER 2025**

INCOME	UNRESTRICTED	RESTRICTED	TOTAL	TOTAL
				2024
Grants	0	36,970	36,970	19,500
Fundraising				1,300
Donations				750
Other income				
<b>Total Incoming Resources</b>		<b>36,970</b>	<b>36,970</b>	<b>21,550</b>

**EXPENDITURE**

Co-ordination & Management		6,000	6,000	3,880
Admin/Volunteers support		2,500	2,500	2,160
Trainer/Coach		7,200	7,200	3,880
Premises Hire		5,184	5,184	2,016
Publicity		1,300	1,300	1,100
Travels/Mileage		1,400	1,400	1,140
Tel/Stationery/Postage		950	950	682
Refreshments/Consumables		2,600	2,600	1,946
Fundraising costs		1,350	1,350	1,125
Cooking Equipment		0	0	1,200
Professional fee		500	500	250
Insurance		400	400	0
Office equipment		650	650	0
<b>Total resources Expended</b>	<b>0</b>	<b>30,034</b>	<b>30,034</b>	<b>19,379</b>
<b>Surplus/Deficit</b>	<b>0</b>	<b>6,936</b>	<b>6,936</b>	<b>2,171</b>

**BALANCE SHEET AS AT 01 OCTOBER 2025**

	2025	2024
<b>FIXED ASSETS</b>	£	£
Equipment	1,730	1,200
<b>CURRENT ASSETS</b>		
Bank and cash in hand	5,206	971
<b>CREDITORS</b>		
Amount falling due in one year	0	0
<b>NET ASSETS</b>	<b>6,936</b>	<b>2,171</b>
<b>FUNDS</b>		
Unrestricted	0	860
Retricted	6,936	1,311

Signed:.....(On behalf of the trustees)

Date: 03/01/2026



Section A

Independent Examiner's Report

Report to the trustees

Charity Name  
Open Doors Training and Development Trust

On accounts for the year  
ended

01 October 2025

Charity no  
(if any)

1146725

Set out on pages

1

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 01/10/2025

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Obafemi Mafoh

Date: 03/01/2026

Name: Obafemi Mafoh

Relevant professional  
qualification(s) or body  
(if any):

BSc.Econ.Hons

<b>Address:</b>	26 Hillcroft
	Dunstable
	Beds LU6 !AQ

Section B	Disclosure
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Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

None to report