ICENI IPSWICH

England & Wales · Charity number 1146684

Details

Status	Registered
Legal form	Charitable company
Company number	07675101
Registered	2012-03-30
Register	View on the Charity Commission register

Contact

Address	Iceni Merchants Court 74-78 Foundation Street Ipswich IP4 1BN
Phone	01473214006
Email	admin@iceniipswich.org
Website	www.iceniipswich.org.uk

Activities

Objects: 1. TO OFFER CARE AND SUPPORT AND TO WORK WITH FAMILIES IN IPSWICH AND SUFFOLK WHO ARE AFFECTED BY PROBLEMS OF SUBSTANCE MISUSE (INCLUDING VICTIMS OF DOMESTIC VIOLENCE) AND THOSE THAT CAUSE HARM WITHIN THE FAMILY.2. TO PROVIDE SUCH FAMILIES WITH THE HELP THEY NEED TO IMPROVE OPPORTUNITIES FOR CHILDREN IN FULFILLING THEIR POTENTIAL. TO REDUCE THE NUMBER OF CHILDREN BEING TAKEN INTO CARE AND TO PROMOTE AWARENESS WITHIN THE COMMUNITY AND BEYOND TO HIGHLIGHT THESE ISSUES.

Activities: The charity offers care and support to families affected by substance misuse (including victims of domestic violence), provides help to enable children to fulfil their potential and to reduce the number of children taken into care, and promotes awareness within the community and beyond to highlight these issues. The charity also works with those that cause harm within the family.

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Other Defined Groups, The General Public/mankind

Geography

- Suffolk

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£554,858	£539,846	£349,623	15
2024-03-31	£460,162	£539,734	-	-
2023-03-31	£469,124	£476,533	-	-
2022-03-31	£600,260	£442,533	£421,592	14
2021-03-31	£608,335	£421,619	£263,865	11

Trustees

Name	Role	Appointed
Dr David George Hubert Chittick		2022-03-31
Elizabeth Whitney		2020-11-09
Felicity Gillott		2024-02-26
Francesca Eve Wright		2026-05-11
INGA ELISABETH LOCKINGTON		2012-03-30
LAURENCE BRADLEY		2012-10-04
TOBIAS ANTHONY PIETER KRAMERS		2020-11-09

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ICENI IPSWICH

England & Wales - Charity number 1146684

Accounts

Company registration number: 07675101

Charity registration number: 1146684

ICENI IPSWICH

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Field Sullivan Limited
9 Hare & Billet Road
Blackheath
SE3 0RB

ICENI IPSWICH

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 12
Independent Examiner's Report	13 to 14
Statement of Financial Activities	15
Balance Sheet	16 to 17
Statement of Cash Flows	18
Notes to the Financial Statements	19 to 30

ICENI IPSWICH

Trustees' Report

CHIEF EXECUTIVE'S REPORT

This year we celebrate 25 years of delivering services and whilst visions and missions have changed over this time frame, constants that have existed for each of these years is an effective and knowledgeable board of trustees and the willingness of our board's and management teams to be innovative in conceiving and delivering on interventions with the only goal being improving the lives of the people we work with. We celebrated this key milestone at an event in October and it recognised the hard work and dedication of past and current trustees, staff and volunteers over our history, which has enabled Iceni to deliver the outstanding impact that it has. The celebration was greatly enriched by the stories we heard from those people who have used Iceni. Their powerful, honest and emotional stories remind us of what Iceni do and the impact we make.

Thank you to those people we work who place their trust in us, for your active engagement in our activities, and feedback on how we can continually improve our services. Also, to partners and funders that support us, we truly appreciate your support and who remain critical to our delivery of effective and impactful services in future years.

This year saw more families struggling to make ends meet, so it is no surprise then that we continue to see increasing demand for our services. However, we remain committed to better understand the experiences of people who have used or are using our services. Getting their views and input on the services we provide is a core part of efforts to improve our service. Inclusion of those with lived experience are an asset to Iceni, especially in terms of charity direction and shaping policies. This year we re-launched our Lived Experience Advisory Group which replaced the previous group which had become a little stale and attendance dropped since the pandemic to the extent that a complete overhaul was required.

Their experience and knowledge of Iceni are valuable to us and this means co-creating, delivering, improving and evaluating our services jointly with those people who use or have used them and by working together, we can:

- Use their experiences of Iceni and the issues it works with to help others
- Improve Iceni service delivery
- Change things that aren't working before it's too late
- Help highlight the issues we tackle
- Know we are doing a good job... or not!
- All learn new skills, meet new people and build confidence

In an environment where the search for the "charity pound" is as competitive as I can recall, we have struck the right balance of increasing the number of people we can work with, whilst continuing to stabilise the financial and operational aspects of the organisation despite a tight economic climate in 2024. We intend to strive for similar type growth in the years ahead.

Whilst the outcomes we achieved this year are largely positive, it is the day-to-day successes we witness that convinces us that what we do "works". Some may only be small in nature and not measurable, however, simply getting a family onto a programme in the first instance is often a "win" We remain proudest about the simple fact that year on year more and more families place their trust in us. We are proud to be an organisation that has built a solid reputation in our local community and this is reflected in the positive feedback we receive from referring organisations.

ICENI IPSWICH

Reference and Administrative Details

Chairman	Alexander Scott-Barrett
Trustees	David Chittick Inga Lockington Tobias Kramers Laurence Bradley Alexander Scott-Barrett Felicity Gillott Elizabeth Whitney
Secretary	Brian Tobin
Charity Registration Number	1146684
Company Registration Number	07675101
Registered Office	74 - 78 Foundation Street Foundation Street Ipswich Suffolk IP4 1BN
Independent Examiner	Field Sullivan Limited 9 Hare & Billet Road Blackheath SE3 0RB
Solicitors:	Ellisons Solicitors 159 Princes Street Ipswich IP1 1QJ

Trustees' Report

Whilst we remain cognisant about the challenges we face, specifically capacity issues and the cost-of-living crisis we are pleased with the progress the organisation has made over the past 12 months. Iceni remained dynamic and agile, delivering for the people who use our services with talented staff who are united by the purpose of creating a better way of life for the families we work with. I would like to thank all our people for their passion and commitment to supporting our families and delivering the best solutions to drive positive impact. I remain excited about this next chapter in our transformation and our ability to turn ideas into meaningful, positive outcomes that bring benefits to all we work with.

Brian Tobin MBE

CEO

ICENI IPSWICH

Trustees' Report

The Trustees present their Annual Report and the Financial Statements for the year ended 31 March 2025. This report represents a Directors' report as required by Section 417 of the Companies Act 2006.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Iceni Ipswich was incorporated on 20 June 2011 under company registration number 07675101 (England and Wales) and is a Company limited by guarantee. The Company became a registered Charity on 30 March 2012. The Company took over the staff and operations of The Iceni Project (an unincorporated charity) together with that Charity's assets, liabilities and commitments on 1 April 2012.

The Company is governed by its Memorandum and Articles of Association, as amended by special resolution on 6 July 2022.

The Directors of the Company are the Charity's Trustees for the purposes of charity law and throughout this report they are collectively referred to as the Trustees. Trustees are recruited in a variety of ways, including introductions from existing Trustees and others associated with Iceni Ipswich. A recommendation is then made to the Board of Trustees, following a meeting with the Chairman and the Chief Executive. Potential Trustees will attend a meeting of the Board of Trustees before appointment. Trustees can be appointed either at a meeting of the board or by the Company's members by ordinary resolution at a general meeting.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	David Chittick
	Inga Lockington
	Tobias Kramers
	Laurence Bradley
	Alexander Scott-Barrett
	Felicity Gillott
	Elizabeth Whitney
Chairman:	Alexander Scott-Barrett
Secretary:	Brian Tobin

Trustees are invited to attend a short induction training session and are thereafter encouraged to participate in appropriate training courses. Periodically, Trustees participate in strategy workshops which bring together Trustees and staff.

The Trustees meet on a regular basis in order to review and agree major arears of policy. The role of the Board of Trustees is principally to:

- ensure that Iceni Ipswich has a clear vision, mission and strategic direction; and
- monitor and support the Chief Executive in order to achieve these objectives.

The day-to-day running of the Charity and the exercise of executive responsibility is delegated by the Trustees to the Chief Executive.

ICENI IPSWICH

Trustees' Report

The Trustees and the executive have joint responsibility for identifying and managing the major risks which are likely to affect the long-term viability of the Charity. Where possible, systems and procedures have been introduced to mitigate the potential impact on the Charity should those risks materialise. The major risks are considered to be financial in nature. The Trustees and executive continue to seek funding from a variety of sources to ensure that the Charity will be able to continue to operate at an appropriate level for the foreseeable future. As in previous years, efforts continue to pursue a diverse mix of funding from local authorities, public bodies and private corporations, donations from individuals, and local fundraising activities.

OBJECTIVES AND ACTIVITIES

Our Vision is one where every child attains the right to a safe, healthy and happy start in life.

Our Vales and Behaviour:

Our values, based on our character attributes, are the foundation of our healthy relationships with each other. Together, we create a safe, positive place for all members of our community. We value honesty by demonstrating integrity in our words and actions. We are truthful and trustworthy and respect differences and treat everyone fairly and equitably – we are inclusive. By treating everyone with high regard and value, we are respectful.

OPEN – We are inclusive and respectful of everybody, no matter who they are or where they live.

CONNECTED – We invite and encourage collaboration to find what is best for families.

TRUSTED – We use evidence, knowledge and experience to influence positive change.

INSPIRATIONAL – We bring ambition, compassion and innovation to everything we do.

Our mission: To offer care and support and to work with families in Ipswich and Suffolk who are affected by problems of substance misuse (including victims of domestic abuse) and those that cause harm within the family.

Our Aspiration, Objectives and Major Outcomes

Iceni works with families, and this engenders in them hope in themselves. The ethos and structure of Iceni is to make change the norm instead of a wild aspirational status and by addressing parental problems we believe the chances of children having a better start in life greatly increase. To achieve this, we:

- Focus on supporting those families who face multiple disadvantage and who are most vulnerable, yet traditionally have not engaged with services.
- Provide effective interventions for parents to recover from addiction and abuse whilst ensuring their children are protected.
- Break the cycle of generational addiction and abuse and prevent today's children from becoming tomorrow's addicted parents and tomorrow's problems.

Trustees' Report

Our objectives are to offer care and support to families in Suffolk who experience:

- Substance misuse problems
- Co-existing problems of substance misuse and domestic abuse
- Adverse childhood experiences
- Being a victim of domestic abuse and those that cause harm within the family

The main outcomes we aim to achieve that are aligned with our mission, vision and values are:

- Reduction in incidents of domestic abuse
- Stopping or greatly reducing drug and alcohol use
- Reduction in the number of children taken into statutory care and reduction in Social Services interventions where parental substance misuse or domestic abuse is a contributing factor.

PUBLIC BENEFIT

The Trustees are aware of and have due regard to Charity Commission guidance on public benefit and have taken this into account when designing and delivering services to clients and to the wider public.

ACHIEVEMENTS AND PERFORMANCE

What we have learnt, the challenges and what do we need to improve

Reflecting on the last year and the nature of changes and challenges we have experienced we have reason to be pleased with what we have achieved. We achieved success in meeting and, in most cases, surpassing our agreed outcome targets with our funders.

The cost-of-living crisis is a challenge for many, and it may still be with us for a number of years. We believe our services will be even more sought after which means we have to plan (financially and other) on how we intend to deal with the ongoing demand. The pressure of an economic downturn has led to more stress, depression and anxiety which can lead to increased drug and alcohol use and sadly, the rise in incidences of Domestic Abuse. To ensure we try and stay ahead of the curve we will be asking families to complete a questionnaire on how the cost-of-living crisis has impacted on their everyday lives. The Lived Experience Group are leading on this, and we expect to send around 120 surveys out in early 2026.

We're acutely aware of the huge fiscal challenges for the country. There is precious little funding for already underfunded public services, let alone the charity sector, and various groups and sectors will be fighting for their share of a very small pie. The coming years could be harder still, but our priority is for us to remain the turning point for families across the next years and beyond.

Risks and Challenges in service delivery

We acknowledge that there will always be some element of risk in most things we do. The nature of our activities will expose us to differing areas of risk and by identifying the major risks we are able to establish systems that can mitigate such risks at an acceptable level. To achieve our aims and ensure activities work, we make an objective assessment of what it takes to make it happen. This is directed by the management team who meet on a monthly basis and identifying and managing risks is a standing item at trustee's meetings with trustees being responsible for ensuring reasonable procedures and controls are in place to manage or mitigate risk. If we are unsure about any of the below, we revisit our plans and make any changes were we need to.

- Our activities include everything that's important to us and the people we work with
- Our activities objectives and targets are realistic and achievable

- We should have enough people, with the necessary skills and experience to deliver our activities
- We secure adequate funding in our budget to resource all our activities
- We have contingency options to manage any unforeseen eventualities. For example, not launching a new activity until funding is secured, or having plans to scale back activity
- Our plans/activities have been communicated to everyone who needs to know, including those we work with and that information is simple, clear and will be understood by them

What we have delivered

The core activities we have used over the past year to achieve organisational objectives and identified outcomes include:

Systemic Family Therapy

Counselling & Couples counselling

CBT and psychotherapy

Domestic abuse programme, (Boudica Programme)

Social services liaison, support and mentoring around court appearances and family case conferences, Positive Parenting Programme (Triple P)

Teenage counselling

Play and CRPT Therapy

Acupuncture

Perpetrator of Domestic Abuse Programme (Venta) group and one to one

My stronger self-group

The 'Real'ationships group

Key working (everyone has a key worker assigned to them)

Partnerships and Collaborative Arrangements

We acknowledge that building and maintaining effective working relationships between partners is integral to the achievement of positive outcomes for all those families who use Iceni. Our approach has remained consistent, open and honest communication at all times, ensuring that any issues which may have the potential to impact on the achievement of outcomes are raised and promptly resolved. It is essential that collaborative relationships are forged and galvanised with respect and mutual benefit.

We have continued to build external relationships that mutually support the people we work with. Since Covid and the cost-of-living crisis we have relied more heavily on 'partner' organisations. Of course, the support we give to the people we work with cannot be undertaken in isolation and we value the working relationships and expertise of like-minded agencies to achieve a "common goal" of ensuring we deliver the best all round service possible to the people we work with.

We have forged excellent relationships with a wide number of organisations across different sectors. We use Memorandum of Understandings or formal contracts. These are solid and workable partnerships, which set aside irrelevant differences and tend to focus on shared objectives; the best interests of the people we work with and include: Housing (Ipswich Borough Council, Ipswich Housing Action Group and Anglia Care Trust) Education (Schools) Employment (DWP) Criminal Justice. (Probation, courts and prisons) Domestic abuse (Lighthouse Women's Aid, Leeway) Sexual Abuse (Survivors in Transition). Other providers working in substance misuse (Turning Point) Social Care Services Mental Health Teams (CAMHS). The importance of interagency working and information exchange frames our policy and practice and ensures that we provide the best possible service to the individuals we work with.

Our finances

Our current funders include The National Lottery, The Home Office and Suffolk Public Health via our partnership contract with Turning Point. These mix of incomes are our ideal and all are for a minimum of 4 years. Our accounts for 2024-25 show income as £554,858. We will have 4-5 years of being able to operate in a relatively comfortable manner which is a most welcomed position to be in. These four years will also give us time to plan for what will happen and what we need to do when one or more of these sources of funding come to an end.

Our beneficiaries

The majority of families we worked with live in Ipswich. We saw a slight increase in families living in other areas of the county and we hope to increase this number in the coming years. The entry criteria onto our programme are: one or both parents having issues with drugs and/or alcohol who have at least one child under the age of 16. However, the growth and success of The Venta Programme (male perpetrator of domestic violence programme) means men do not have to have a substances misuse issue to access this service. Our main beneficiaries are:

- Parents with substance misuse problems
- Those who experience co-existing issues with both substance and domestic abuse
- Families where early intervention can prevent problems from escalating and requiring statutory involvement
- Families whose children are in the social care system
- Men who want to stop their abusive behaviour
- Children affected by parental substances misuse and domestic abuse

Please visit our website to see the impact we are having Home - Iceni

Increasing social value

Social value is often described as 'soft' outcomes, mainly because they can be difficult to quantify and measure. However, we think about the whole social value of existing and future spend, by rethinking service design and processes used to achieve the desired outcomes. It encourages us to have a broader more holistic approach and work with communities and users of services to find better ways to meet their needs and spend public money.

Social Value and Iceni

In 2024/25 we have to set some targets around social values as we believe that it is an important barometer of how we impact all internal and external stakeholders.

Trustees' Report

The Venta Programme

This programme continued to prove successful. With the continuation of funding from The Home Office we remain steadfast in our commitment to reducing domestic abuse in Suffolk by getting to the core of the problem: the men who cause harm. Our ambition is to increase the number of programmes we deliver across the county.

Promoting Iceni and our story

Iceni celebrated its 25th anniversary in October with a celebration attended by staff (past and present), trustees (past and present), doners, guest and motivational speakers and clients (past and present). An incredibly powerful and emotional day of shared stories and memories which showed how far Iceni has come.

Telling our story simple, effectively, truthfully and to a wider audience has never been more important. A good story, our narrative, allows us to share our vision, key messages and plans with all internal and external stakeholders in a powerful and compelling way. Telling the tale of our past and present that everyone recognises, explaining current challenges and issues and outlining a future that we want to make happen. A successful narrative will see everyone at Iceni telling the same story about us to anyone who asks.

FINANCIAL REVIEW

Income for the year amounted to £554,858 (2024: £460,162) and expenditure amounted to £539,846 (2024: £539,724) giving net annual expenditure of £15,012 (2024: (£79,572)) and closing fund balances of £349,623 (2024: £334,611). £4,189 (2024: £nil) of the closing funds are restricted and £345,434 (2024: £334,611) are unrestricted. £125,000 (2024: £125,000) have been ring-fenced for future Venta programme development costs.

Iceni continued to receive significant funding during 2024/25 to support the continued development and extension of the Charity's Venta Programme, directed towards the perpetrators of domestic violence, as well as working with their partners where relevant and helpful. This work is actively supported by both the Home Office and the Suffolk Police and Crime Commissioner's Office. Income receivable for 2024/25 amounted to £153,089 (2024: £143,301) and Iceni has secured a one-year extension to continue this area of work during 2025/26.

A new five-year contract with Turning Point started in 2024/25 and under this Iceni received £165,662 (2024: £120,000) for involvement in the Suffolk Recovery Network.

Following a successful application to the National Lottery Fund for continuation funding, Iceni secured funding of £410,000 for the four years between 1 April 2021 and 31 March 2025. The amount received for 2024/25 was £120,000 (compared with £95,000 for the previous year). These grants represent restricted funding to support Iceni's Strengthening Families' programme. Other restricted grants for 2024/25 include £10,000 from Suffolk County Council (via Suffolk Community Foundation) to fund approved hardship payments to eligible clients, and a number of grants from The Rope Trust to enable Iceni to support specific clients with essential costs during the year as well as contributing to client focused activities.

Iceni also received an unrestricted grant in 2024/25 for core costs: £20,000 from Ipswich Borough Council. Other donations received from both personal and corporate supporters during 2024/25 amounted to £17,961 (2024: £20,242). Interest earned in 2024/25 was £14,081 (2024: £15,296).

Our reserves were increase by £10,823 at the end of 2024/25.

Trustees' Report

RESERVES AND FUTURE FUNDING

The Trustees' policy is for the Charity to aim for a level of unrestricted reserves sufficient to cover normal operating expenses for at least 6 months at any one time. Unrestricted reserves (including designated funds of £125,000) at the end of March 2025 amounted to £345,434 which represents approximately 8 months of projected operating costs going forward. The equivalent cover at 31 March 2024 was 9 months.

In common with other similar charities, Iceni is dependent upon external support in the form of grants, donations and fundraising, alongside longer-term agreements, to be able to meet its ongoing costs and continue operating at an acceptable and viable level. We have an extension of the Venta programme funding (£153,089 for 2025/26) and we will be continuing our involvement in Suffolk's Integrated Drug and Alcohol Services work after the end of March 2025. Iceni have secured a further four years of National Lottery Funding at £120,000 for 2025/26 with an uplift for the following three years.

We are hopeful that our upgraded website, together with an intentional increase in local networking activities, should result not only in a greater appreciation of what Iceni can offer, but also in an increase in local support for the Charity. Financial projections drawn up for 2025/26 show a slightly increased level of income and indicate that the Charity will have sufficient resources to be able to meet its liabilities and to continue operating at its current level for the foreseeable future, and at least for the next 12 months from the date of this report, and accordingly the Trustees continue to adopt the going concern basis of accounting when preparing these financial statements.

PLANS FOR THE FUTURE

Our five strategic goals and priorities

Since its inception, Iceni has established itself as a reputable, successful and cost-effective provider of services and has gained an excellent reputation through its innovative approach. However, as a small local charity that often seeks to 'punch above its weight' to achieve organisational goals we have been, and are likely to be, affected by changes in the economy and changes to local contractual approaches. It is an important time for Iceni, as donations are falling, and public funding is likely to be further reduced. We recognised that if we are to not only survive but thrive then the building blocks need to be in place to make Iceni a well-governed, strong and sustainable organisation.

Right organisation, right capability, right design, robust – We reflect and deliver our mission and aims, having the right people, adopting effective financial and governance processes; know the difference we make and keep it in sight through all organisational transitions.

More diverse but coherent portfolio and associated income stream – We identify opportunities for new revenue streams and develop a good understanding of our external environment; develop and review a new fundraising strategy.

Raise Profile in Suffolk and beyond – We develop an effective communication strategy – make social media work better for us – maintain and develop links with local and national media and translate increase in traffic to funding opportunities.

Co-production – It has become a truism to say that charities should collaborate, and it is certainly clear that there are pressures to do so. A vast number of organisations often undertaking similar work, dwindling sources of unrestricted funding, and the opening up of delivery contracts that many charities like Iceni will struggle to win on their own, all contribute to these pressures. We want to strongly encourage relationships that build on or create new partnerships across different sectors and cultivate strong working relationships between organisations to mutually support the people we work with. We will embrace our co-production ethos in external partnerships as well as with our beneficiaries so that respect pervades the experience of being recipients of our care. Identify shared-values partners for 'core to mission' services – be clear about the roles and responsibilities of each charity. We intend to explore healthy partnerships which are the most effective way of using our resources to further our charitable purposes where we can co-create and maintain our independence.

Expanding our Operations – Explore and agree cross county expansion – establish presence and raise our profile outside of Ipswich – improve our social media and communication approach – get consensus from all stakeholders about expansion.

Statement of trustees' responsibilities

The trustees (who are also the directors of ICENI IPSWICH for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

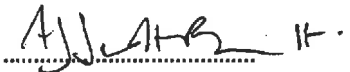
This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

ICENI IPSWICH

Trustees' Report

The annual report was approved by the trustees of the charity on 17 November 2025 and signed on its behalf by:

Laurence Bradley
Trustee



Alexander Scott-Barrett
Chairman and trustee

ICENI IPSWICH

Independent Examiner's Report to the trustees of ICENI IPSWICH ('the Company')

I report to the charity trustees (who are also Directors for the purpose of company law) on my examination of the accounts of the ICENI IPSWICH ('the charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet and related notes. 15 30

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity's trustees of ICENI IPSWICH you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of ICENI IPSWICH are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since ICENI IPSWICH's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of ICENI IPSWICH as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

ICENI IPSWICH

Independent Examiner's Report to the trustees of ICENI IPSWICH ('the Company')

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Tim Sullivan FCA
Field Sullivan Limited
9 Hare & Billet Road
Blackheath
SE3 0RB

Date: 3/12/25

ICENI IPSWICH

Statement of Financial Activities for the Year Ended 31 March 2025
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2025 £	Unrestricted £	Restricted £	Total 2024 £
Income and Endowments from:							
Donations and legacies		37,961	161,466	199,427	41,243	-	41,243
Charitable activities		187,761	153,089	340,850	275,388	127,122	402,510
Other trading activities	5	-	-	-	1,113	-	1,113
Investment income	6	14,081	-	14,081	15,296	-	15,296
Other income		500	-	500	-	-	-
Total income		240,303	314,555	554,858	333,040	127,122	460,162
Expenditure on:							
Raising funds	8	(11,263)	-	(11,263)	(394)	-	(394)
Charitable activities		(218,217)	(310,366)	(528,583)	(412,218)	(127,122)	(539,340)
Total expenditure		(229,480)	(310,366)	(539,846)	(412,612)	(127,122)	(539,734)
Net movement in funds		10,823	4,189	15,012	(79,572)	-	(79,572)
Reconciliation of funds							
Total funds brought forward		334,611	-	334,611	414,183	-	414,183
Total funds carried forward	20	345,434	4,189	349,623	334,611	-	334,611

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2024 is shown in note 20.

The notes on pages 19 to 30 form an integral part of these financial statements.

ICENI IPSWICH

(Registration number: 07675101)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	15	848	1,855
Current assets			
Debtors	16	61,173	65,760
Cash at bank and in hand	17	331,190	305,031
		392,363	370,791
Creditors: Amounts falling due within one year	18	(22,588)	(20,035)
Net current assets		369,775	350,756
Total assets less current liabilities		370,623	352,611
Provisions	19	(21,000)	(18,000)
Net assets		349,623	334,611
Funds of the charity:			
Restricted income funds			
Restricted funds		4,189	-
Unrestricted income funds			
Unrestricted funds		345,434	334,611
Total funds	20	349,623	334,611

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

ICENI IPSWICH

(Registration number: 07675101)
Balance Sheet as at 31 March 2025

The financial statements on pages 15 to 30 were approved by the trustees, and authorised for issue on 17 November 2025 and signed on their behalf by:

Laurence Bradley
Trustee

Alexander Scott-Barrett
Chairman and trustee

ICENI IPSWICH

Statement of Cash Flows for the Year Ended 31 March 2025

	Note	2025 £	2024 £
Cash flows from operating activities			
Net cash income/(expenditure)		15,012	(79,572)
Adjustments to cash flows from non-cash items			
Depreciation	8	1,386	2,771
Investment income	6	(14,081)	(15,296)
		2,317	(92,097)
Working capital adjustments			
Decrease/(increase) in debtors	16	4,587	(7,774)
Increase/(decrease) in creditors	18	9,219	(794)
Increase in provisions	19	3,000	8,000
(Decrease)/increase in deferred income		(6,666)	1,349
Net cash flows from operating activities		12,457	(91,316)
Cash flows from investing activities			
Interest receivable and similar income	6	14,081	15,296
Purchase of tangible fixed assets	15	(379)	(1,141)
Net cash flows from investing activities		13,702	14,155
Net increase/(decrease) in cash and cash equivalents		26,159	(77,161)
Cash and cash equivalents at 1 April		305,031	382,192
Cash and cash equivalents at 31 March		331,190	305,031

All of the cash flows are derived from continuing operations during the above two periods.

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Charity status

The charity is limited by guarantee, incorporated in , and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £Nil towards the assets of the charity in the event of liquidation.

The address of its registered office is:
74 - 78 Foundation Street Foundation Street
Ipswich
Suffolk
IP4 1BN

These financial statements were authorised for issue by the trustees on 17 November 2025.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102) - Second edition October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

ICENI IPSWICH meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, the directos are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the periods in which the estimate is revised where revisions affects only that period, or in the period of the revision and future periods where the revisions affects both current and future periods.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures, fittings and equipmen	20% on cost
Computer equipment	33.3% on cost

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Provisions

Provisions are recognised when the charity has an obligation at the reporting date as a result of a past event, it is probable that the charity will be required to settle that obligation and a reliable estimate can be made of the amount of the obligation.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Donations and legacies;				
Appeals and donations	16,499	-	16,499	36,243
Gift aid reclaimed	1,462	-	1,462	-
Grants, including capital grants;				
Ipswhich Borough Council	20,000	-	20,000	-
Suffolk Community Foundation	-	14,000	14,000	-
Grants - other agencies	-	-	-	5,000
The National Lottery	-	120,000	120,000	-
The Rope Trust	-	27,466	27,466	-
	37,961	161,466	199,427	41,243

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Fees and supplies	12,099	-	12,099	12,087
Contractual income	175,662	-	175,662	-
Grants receivable	-	153,089	153,089	390,423
	187,761	153,089	340,850	402,510

5 Income from other trading activities

	Total funds £	Total 2024 £
Events income;		
Other events income	-	1,113
	-	1,113

6 Investment income

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income;			
Interest receivable on bank deposits	14,081	14,081	15,296

7 Other income

	Unrestricted funds General £	Total 2025 £
Other income	500	500

8 Expenditure on raising funds

a) Costs of generating donations and legacies

	Total 2025 £	Total 2024 £
Fundraising costs	11,263	394

9 Expenditure on charitable activities

	Note	Total 2025 £	Total 2024 £
Therapy costs		13,682	11,467
Other fees		12,770	14,250
Miscellaneous client expenses		16,287	12,713
Staff costs	13	394,689	391,329
Support costs	10	91,155	109,581
		528,583	539,340

In addition to the expenditure analysed above, there are also support costs of £91,155 (2024 - £109,581) which relate directly to charitable activities. See note 10 for further details.

10 Analysis of support costs

Support costs

	Total 2025 £	Total 2024 £
Marketing and publicity	827	18,127
Depreciation, amortisation and other similar costs	1,386	2,771
Premises costs	51,996	53,703
Insurance	5,161	5,018
Communication	9,239	8,180
Computer software and maintenance	3,556	6,751
Affiliation fees and subscriptions	5,076	539
Canteen and sundries	6,855	3,380
Programme development costs	-	440
Travel and subsistence	1,771	4,286
Independent examination	2,988	3,450
Legal and professional	1,697	2,508
Bank charges	603	428
	91,155	109,581

11 Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2025	2024
	£	£
Depreciation of fixed assets	1,386	2,771

12 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

13 Staff costs

The aggregate payroll costs were as follows:

	2025	2024
	£	£
Staff costs during the year were:		
Wages and salaries	359,737	355,132
Social security costs	25,985	25,355
Pension costs	4,803	4,714
Other staff costs	4,164	6,128
	394,689	391,329

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2025	2024
	No	No
Charitable activities	15	15

No employee received emoluments of more than £60,000 during the year.

The chief executive officer, as the highest paid member of staff, received benefits totalling £46,000 (2024 - £46,000).

14 Taxation

The charity is a registered charity and is therefore exempt from taxation.

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2024	37,820	37,820
Additions	379	379
At 31 March 2025	38,199	38,199
Depreciation		
At 1 April 2024	35,965	35,965
Charge for the year	1,386	1,386
At 31 March 2025	37,351	37,351
Net book value		
At 31 March 2025	848	848
At 31 March 2024	1,855	1,855

16 Debtors

	2025 £	2024 £
Prepayments	16,543	16,836
Accrued income	1,066	37,269
Other debtors	43,564	11,655
	61,173	65,760

17 Cash and cash equivalents

	2025 £	2024 £
Cash on hand	1,097	1,134
Cash at bank	330,093	303,897
	331,190	305,031

18 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	7,271	-
Other creditors	12,797	8,682
Accruals	2,520	4,687
Deferred income	-	6,666
	22,588	20,035

19 Provisions

	Other provision £	Total £
At 1 April 2024	18,000	18,000
Decrease from reclassifications	(2,000)	(2,000)
Increase from fair value adjustments	5,000	5,000
At 31 March 2025	21,000	21,000

Other provisions comprise £20,000 (2024: £15,000) relating to costs provided in respect of future known redecoration costs in the 2025/26 year, for lease compliance, together with £1,000 (2024: £3,000) for potential additional water charges yet to be billed.

20 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Balance at 31 March 2025 £
Unrestricted funds				
General				
General Funds	334,611	240,303	(229,480)	345,434
Restricted funds				
Strengthening Families fund	-	120,000	(120,000)	-
Client Hardship fund	-	14,000	(14,000)	-
Client activities and support	-	4,066	(3,045)	1,021
Rope Trust	-	23,400	(20,232)	3,168
Suffolk Police	-	153,089	(153,089)	-
	-	314,555	(310,366)	4,189
Total funds	334,611	554,858	(539,846)	349,623

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
General				
General Funds	414,183	333,040	(412,612)	334,611
Restricted funds				
Strengthening Families fund	-	95,000	(95,000)	-
Rapport fund	-	18,750	(18,750)	-
Client Hardship fund	-	10,000	(10,000)	-
Client activities and support	-	3,372	(3,372)	-
	-	127,122	(127,122)	-
Total funds	414,183	460,162	(539,734)	334,611

The specific purposes for which the funds are to be applied are as follows:

Strengthening Families fund - received from the National Lottery Fund which partfunds the salaries of certain members of staff, together with a proportion of staff training, travel costs, general running expenses and allocated overheads.

Client Hardship fund - received from Suffolk Community Foundation Council to provide hardship payments to eligible clients during the year to help with travel, energy and food costs together with other essential expenses, including essential school related costs for family members.

Client activities and support - received from The Rope Trust towards the cost of client events and support.

The Rope Trust - funds towards the salary cost of a 'Family Engagement Worker'.

Suffolk Police - awarded over two years to fund the Venta Programme for domestic abuse prevention.The grant is subject to performance and reporting conditions and must be used for project delivery costs only.

21 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2025 £
Tangible fixed assets	848	-	848
Current assets	388,174	4,189	392,363
Current liabilities	(22,588)	-	(22,588)
Provisions	(21,000)	-	(21,000)
Total net assets	345,434	4,189	349,623

	Unrestricted funds General £	Total funds at 31 March 2024 £
Tangible fixed assets	1,855	1,855
Current assets	370,791	370,791
Current liabilities	(20,035)	(20,035)
Provisions	(18,000)	(18,000)
Total net assets	334,611	334,611

22 Related party transactions

There were no related party transactions in the year.

ICENI IPSWICH

England & Wales - Charity number 1146684

Accounts

Registered Company No. 07675101 (England and Wales)
Registered Charity No. 1146684

ICENI IPSWICH

ANNUAL REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2024

TRUSTEES' ANNUAL REPORT & ACCOUNTS

YEAR ENDED 31 MARCH 2024

CONTENTS

	TBC Pages
Legal & Administrative Details	1
Chief Executive's Report	2
Trustees Annual Report	3 - 10
Independent Examiner's Report	11 -12
Statement of Financial Activities	13
Balance Sheet	14
Statement of Cash Flows	15
Notes to the Financial Statements	16 – 26

Legal & Administrative Details

Charity Name	:	Iceni Ipswich
Status	:	Company limited by guarantee
Company Number	:	07675101 (England and Wales)
Charity Registration Number	:	1146684
Registered Office & Principal Address	:	74- 78 Foundation Street Ipswich IP4 1BN Tel: 01473 214006 Website: www.iceniipswich.org

Patron
Sir Michael Bunbury Bt KCVO DL

Trustees (Directors)

Alexander John Scott-Barrett (Chairman)	
Inga Lockington	
Laurence Bradley	(see below)
Elizabeth Whitney	
Toby Kramers	
David Chittick	(see below)
Felicity Gillott	(appointed 26 February 2024)

At the AGM on 27 November 2023 Laurence Bradley and David Chittick retired by rotation, in accordance with Article 20.1, and were duly re-elected.

Chief Executive
Brian Tobin MBE

Independent Examiner
John Perry FCA
Scrutton Bland Limited
Fitzroy House
Crown Street
Ipswich
Suffolk
IP1 3LG

Bankers
National Westminster Bank Plc
25 High Street
Colchester
CO1 1DG

Solicitors
Ellisons Solicitors
2-6 Arcade Street
Ipswich
IP1 1EL

ICENI IPSWICH

CHIEF EXECUTIVE'S REPORT

The past few years have been difficult for many of us and 2023 was especially challenging for the communities we serve. This last year has been one that has presented incredible challenges and it is our most vulnerable families, who have experienced the widespread impact of the cost-of-living crisis. However, we are determined to do everything we can to continue providing high quality, safe and compassionate services. 2024 saw us hit an unwanted target of experiencing our highest waiting list for our services since our inception, some 25 years ago. It has been and will remain challenging for the foreseeable future and I would like to take this opportunity to thank all of my colleagues and all of our Trustees for the extraordinary hard work and resilience they are demonstrating.

We have continued to meet the majority of all our obligations to all our investors. Crucially, we continue to witness the difference our work is having on families. I see charities like Iceni as the backbone of society and are skilled in serving communities and innovating to deliver effective social impact. Local charities serve the community, they are part of the local ecology, and they should be able to capitalise on their unique local knowledge and expertise. I, of course would say that investing in preventative, community-based services and using the sector's expertise with meaningful collaboration will help inclusive growth and tackle the root causes of societal issues.

However, I'm acutely aware of the huge fiscal challenges for the country. There is precious little funding for already underfunded public services, let alone the charity sector, and various groups and sectors will be fighting for their share of a very small pie. The coming year could be harder still, but my priority is for us to remain the turning point for families across the next years and beyond.

It is an important time for Iceni and other charities, for some it is just about surviving these trying times. There's a lot of doom and gloom about and many smaller charities are finding it difficult to maintain their services but even though tough challenges remain for a least a year or two, they aren't intractable. The current financial situation will not last forever and eventually there will be an upturn, hopefully charities will ride out the storm and still be around in better times.

What is apparent is that there is only so much we can and should do on our own. The challenges children and families face are too complicated for one organisation to solve. We will explore improved external relationships to better support families whilst refocussing our efforts on building a more equitable, diverse and inclusive organisation. We will also continue on our strategic journey, even though some elements are proving difficult to achieve.

People

We will continue to ensure we are providing the best possible support and development to our staff team, who have achieved so much this year. The wellbeing and happiness of all staff, volunteers and trustees is of the utmost importance and we are well aware of the additional strain that staff have experienced with the high demand for our services. We have provided frequent and regular supervision to our staff throughout the year and this helps them to review their own work, that of their colleagues and the systems that are in place to support them. Supervision is crucial for the professional and personal development of our staff as are the daily staff meetings when feedback from staff is encouraged and listened to particularly to improve issues raised.

To ensure staff are adequately up to date with relevant skills needed, we undertook several training sessions for our staff, and 95% of our staff team and trustees attended training on LGTBQ+, Diversity and Inclusivity and Suicide Awareness training. We also re-launched managers meetings, with monthly meetings being held with regular attendance by myself, the office manager, the Venta manager and operational manager. This ensures strong links are forged between those with managerial responsibilities and improves communication between everyone at Iceni.

Our single motivation remains to achieve the best possible outcome for those we are here to support. This is what we stand for now and what we have stood for since 1999. I'm confident that we will continue to deliver these high-quality services for Suffolks most vulnerable children and families even in times of financial challenges. In addition, to continue to make the greatest impact from our work, we will respond to the complex challenges we face – targeting our resources effectively, influencing and working in partnership with others, ensuring we are efficient in all that we do, whilst we diversify and expand our reach.

Brian Tobin MBE
CEO

TRUSTEES ANNUAL REPORT

The Trustees present their Annual Report and the Financial Statements for the year ended 31 March 2024.This report represents a Directors' Report as required by Section 417 of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the Financial Statements and comply with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

STRUCTURE, GOVERNANCE AND MANAGEMENT

Iceni Ipswich was incorporated on 20 June 2011 under company registration number 07675101 (England and Wales) and is a Company limited by guarantee. The Company became a registered Charity on 30 March 2012. The Company took over the staff and operations of The Iceni Project (an unincorporated charity) together with that Charity's assets, liabilities and commitments on 1 April 2012.

The Company is governed by its Memorandum and Articles of Association, as amended by special resolution on 6 July 2022.

The Directors of the Company are the Charity's Trustees for the purposes of charity law and throughout this report they are collectively referred to as the Trustees. Trustees are recruited in a variety of ways, including introductions from existing Trustees and others associated with Iceni Ipswich. A recommendation is then made to the Board of Trustees, following a meeting with the Chairman and the Chief Executive. Potential Trustees will attend a meeting of the Board of Trustees before appointment. Trustees can be appointed either at a meeting of the board or by the Company's members by ordinary resolution at a general meeting.

Trustees are invited to attend a short induction training session and are thereafter encouraged to participate in appropriate training courses. Periodically, Trustees participate in strategy workshops which bring together Trustees and staff.

The Trustees meet on a regular basis in order to review and agree major areas of policy. The role of the Board of Trustees is principally to:

- ensure that Iceni Ipswich has a clear vision, mission and strategic direction; and
- monitor and support the Chief Executive in order to achieve these objectives.

The day to day running of the Charity and the exercise of executive responsibility is delegated by the Trustees to the Chief Executive.

The Trustees and the executive have joint responsibility for identifying and managing the major risks which are likely to affect the long-term viability of the Charity. Where possible, systems and procedures have been introduced to mitigate the potential impact on the Charity should those risks materialise. The major risks are considered to be financial in nature. The Trustees and executive continue to seek funding from a variety of sources to ensure that the Charity will be able to continue to operate at an appropriate level for the foreseeable future. As in previous years, efforts continue to pursue a diverse mix of funding from local authorities, public bodies and private corporations, donations from individuals, and local fundraising activities.

OBJECTIVES AND ACTIVITIES

Our Vision is one where every child attains the right to a safe, healthy and happy start in life.

Our Values & Behaviour:

Our values, based on our character attributes, are the foundation of our healthy relationships with each other. Together, we create a safe, positive place for all members of our community. We value honesty by demonstrating integrity in our words and actions. We are truthful and trustworthy and respect differences and treat everyone fairly and equitably—we are inclusive. By treating everyone with high regard and value, we are respectful.

OPEN - We are inclusive and respectful of everybody, no matter who they are or where they live.

CONNECTED - We invite and encourage collaboration to find what is best for families.

TRUSTED - We use evidence, knowledge and experience to influence positive change.

INSPIRATIONAL - We bring ambition, compassion and innovation to everything we do.

Our mission: To offer care and support and to work with families in Ipswich and Suffolk who are affected by problems of substance misuse (including victims of domestic abuse) and those that cause harm within the family.

Our Aspiration, Objectives and Major Outcomes

Iceni works with families, and this engenders in them hope in themselves. The ethos and structure of Iceni is to make change the norm instead of a wild aspirational status and by addressing parental problems we believe the chances of children having a better start in life greatly increase. To achieve this, we:

- Focus on supporting those families who face multiple disadvantage and who are most vulnerable, yet traditionally have not engaged with services.
- Provide effective interventions for parents to recover from addiction and abuse whilst ensuring their children are protected.
- Break the cycle of generational addiction and abuse and preventing today's children from becoming tomorrows addicted parents and tomorrow's problems.

Our objectives are to offer care and support to families in Suffolk who experience:

- Substance misuse problems
- Co-existing problems of substance misuse and Domestic Abuse
- Adverse childhood experiences
- Being a victim of Domestic Abuse and those that cause harm within the family.

The main outcomes we aim to achieve that are aligned with our mission, vision and values are:

- Reduction in incidents of domestic abuse
- Stopping or greatly reducing drug and alcohol use.

- Reduction in the number of children taken into statutory care and reduction in Social Services interventions where parental substance misuse or domestic abuse is a contributing factor.

PUBLIC BENEFIT

The Trustees are aware of and have due regard to Charity Commission guidance on public benefit and have taken this into account when designing and delivering services to clients and to the wider public.

ACHIEVEMENTS AND PERFORMANCE

Our Activities

The core activities we have used over the past year contain a number of therapeutic and practical interventions that underpin our preferred holistic approach and include:

Counselling & Mentoring (daily)
Systemic family therapy (2 days a week)
Self-esteem Group (1 day a week)
Domestic abuse (Freedom Programme) 2 days a week
Positive Parenting Programme (Triple P) (1 day a week)
Relationship group (1 day a week)
Complementary therapies (daily)
Perpetrator (male) of Domestic Abuse group (weekly)
Perpetrator one to one sessions (3-4 a week)
Play therapy sessions (2 days a week)
My stronger self-group (weekly)
Social services liaison (daily)
Support and mentoring around court appearances and family case conferences (3-4 a week)

Our beneficiaries

The majority of families we worked with live in Ipswich. We saw a slight increase in families living in other areas of the county and we hope to increase this number in the coming years. The entry criteria onto our programme are: one or both parents having issues with drugs and/or alcohol who have at least one child under the age of 16. However, the growth and success of The Venta Programme (male perpetrator of domestic violence programme) means men do not have to have a substance misuse issue to access this service. Our main beneficiaries are:

- Parents with substance misuse problems
- Those who experience co-existing issues with both substance and domestic abuse.
- Families where early intervention can prevent problems from escalating and requiring statutory involvement.
- Families whose children are in the social care system.
- Men who want to stop their abusive behaviour.
- Children affected by parental substance misuse and Domestic Abuse

Quotes from people who attended Iceni over the past 12 months include:

- "If it wasn't for Iceni I wouldn't be here today."
- "They enabled me to keep my children with me ".
- "It's my safe place, where I can look at who I am and make the changes I need to ",
- "They don't lie to you, they tell you straight, it's what you need to hear, not always what you want to hear."
- "It's not the building, it's the people in the building that make it work."

Please visit our website to see the impact we are having Home - Iceni

Increasing social value

Social value is often described as 'soft' outcomes, mainly because they can be difficult to quantify and measure. However, we think about the whole social value of existing and future spend, by rethinking service design and processes used to achieve the desired outcomes. It encourages us to have a broader more holistic approach and work with communities and users of services to find better ways to meet their needs and spend public money.

Social Value and Iceni

In 2024/25 we aim to set some targets around social values as we believe that it is an important barometer of how we impact all internal and external stakeholders.

The Venta Programme

This programme continued to prove successful and this year we recruited two new staff members. This means the Venta team now consists of 4 people. With continuation of funding from The Home Office we remain steadfast in our commitment to reducing Domestic Abuse in Suffolk by getting to the core of the problem: the men who cause harm. Our ambition is to increase the number of programmes we deliver across the county.

Promoting Iceni and our story

Telling our story simply, effectively, truthfully and to a wider audience has never been more important. We identified a weakness in this area when constructing our strategic plan. This year we recruited a communication & marketing lead who has effectively raised our profile on both various social media platforms and external presentations and public events across the county. We have worked on a new website which goes live on October 2023 which will provide people with a better understanding of what we do and why, and also increase our local fundraising efforts. Crucial to all of this promotional activity is our ability to tell 'our' story.

A good story – our narrative – allows us to share our vision, key messages and plans with all internal and external stakeholders in a powerful and compelling way. Telling the tale of our past and present that everyone recognises, explaining current challenges and issues and outlining a future that we want to make happen. A successful narrative will see everyone at Iceni telling the same story about us to anyone who asks. Used pragmatically, it can help save time and energy, with our narrative used repeatedly across our communications, delivering clear and consistent communications across all activity.

FINANCIAL REVIEW

Income for the year was amounted to £460,162 (2023: £469,124) and expenditure amounted to £539,734 (2023: £476,533) giving net annual expenditure of £79,572 (2023: £7,409) and closing fund balances of £334,611 (2023: £414,183). All closing funds are unrestricted, with £125,000 (2023: £125,000) being designated for future Venta programme development costs.

Iceni continued to receive significant funding during 2023/24 to support the continued development and extension of the Charity's Venta Programme, directed towards the perpetrators of domestic violence, as well as working with their partners where relevant and helpful. This work is actively supported by both the Home Office and the Suffolk Police and Crime Commissioner's Office. Income receivable for 2023/24 amounted to £143,301 (2023: £140,000) and Iceni has secured further funding to continue this area of work during 2024/25.

The contract with Turning Point continued throughout 2023/24, and under this Iceni received £120,000 (2023: £120,000) for involvement in the Suffolk Recovery Network. This particular contract expired at the end of March 2024 however Iceni has been successful in negotiating a new five-year contract for 2024/25 and subsequent years, with projected income of £165,000 for that year, and similar amounts for future years, uplifted to reflect anticipated inflationary increases in underlying costs.

Following a successful application to the National Lottery Fund for continuation funding, Iceni secured funding of £410,000 for the four years between 1 April 2021 and 31 March 2025. The amount received for 2023/24 was £95,000 (compared with £110,000 for the previous year) and this will reduce to £80,000 in 2024/25 (the final year under the current agreement). These grants represent restricted funding to support Iceni's 'Strengthening Families' programme. Other restricted grants received for 2023/24 include £18,750 (2023: £22,500) from the Charles Haywood Foundation (the final amount under a three-year grant commencing February 2021) to support Iceni's 'Rapport' programme (using child-centred approaches to address the development needs of young children up to primary school age), £10,000 from Suffolk County Council (via Suffolk Community Foundation) to fund approved hardship payments to eligible clients, and a number of grants from The Rope Trust to enable Iceni to support specific clients with essential costs during the year as well as contributing to client focused activities (£3,372 utilised during 2023/24 compared with £2,988 in 2022/23).

Iceni also received a few unrestricted grants in 2023/24 for core costs: £20,000 from Ipswich Borough Council and £1,000 from the Elizabeth Frankland Moore & Star Foundation. Other donations received from both personal and corporate supporters during 2023/24 amounted to £20,242 (2023: £10,862) in addition to fundraising income of £1,113 (2023: £11,253) and income arising from drug testing work of £12,087 (2023: £4,028). Interest earned on short term deposits during 2023/24 was significantly higher than in the previous year (£15,296 compared with £1,827 last year) and this reflected not only the sustained rise in interest rates during the current year, but also the benefit gained from investing a proportion of available funds in a short deposit fund account with the Charities Official Investment Fund.

Our reserves were reduced by £79,572 at the end of 2023/24 (a full explanation is detailed below).

Expenditure for 2023/24 was more than 13 % above that of the previous year. The main contributory factor was again staff salaries, which (along with employer's national insurance and pension contributions) showed an increase of over 7% year on year (£385,201 compared with £359,322) and this follows an increase of 10 % increase during the previous year and an even larger increase of 20% in the year before that. Average payroll numbers for 2023/24 were the same as for 2022/23. The work undertaken by the charity is complex and specialised, and it is essential therefore to recruit and retain an appropriately qualified and trained workforce who, together with our many volunteers, provide such an excellent level of care and service each year. The Charity's trustees are hugely grateful to all of its funders and supporters, without which it would not be possible for the Charity to maintain such a comprehensive and varied level of operations

Premises expenses include rent, rates, electricity charges, rubbish disposal, property maintenance, cleaning and decorating costs, and such costs in total were very similar to those of the previous year. We have continued to accrue £5,000 per year to cover the next round of external decorating and maintenance work on the four units occupied by Iceni; this charge is included in premises expenses, and the closing provision at 31 March 2024 stood at £15,000 (2023: £10,000) and forms part of other provisions for liabilities of £18,000 (2023: £10,000). The remaining provision of £3,000 at the end of the year relates to anticipated unbilled water rate charges, following a large refund received during 2023/24. Rent payable was £35,000 per annum throughout.

Advertising and website costs are very substantially up at £18,127 compared with just £1,881 in 2022/23. The current year's charges include a major website review and upgrade costing £15,120 together with a significant increase in local networking and promotional activities by some staff, designed to increase our presence and effectiveness within the local community. Other areas showing increases over the previous year are therapy costs of £11,467 (2023: £5,492) where the increase reflects a higher level of activity on arranging drug tests and reports; other fees of £14,250 (2023: £5,280) where the increase reflects the use of more self-employed staff for certain specialised activities and to release employed staff for other essential duties, and miscellaneous client expenses of £12,713 (2023: £3,210) where the increase reflects the additional hardship and support payments made to clients within the year, funded by additional grants received by the Charity for that purpose.

RESERVES AND FUTURE FUNDING

The Trustees' policy is for the Charity to aim for a level of unrestricted reserves sufficient to cover normal operating expenses for at least 6 months at any one time. Unrestricted reserves (including designated funds of £125,000) at the end of March 2024 amounted to £334,611 which represents approximately 9 months of projected operating costs going forward. The equivalent cover at 31 March 2023 was 9 months.

In common with other similar charities, Iceni is dependent upon external support in the form of grants, donations and fundraising, alongside longer-term agreements, to be able to meet its ongoing costs and continue operating at an acceptable and viable level. We have secured another year of Venta programme funding (£153,089 for 2024/25) and we will be continuing our involvement in Suffolk's Integrated Drug and Alcohol Services work after the end of March 2024, following a successful outcome of a recent tender process. The agreed funding for 2024/25 is £165,000, with inflationary increases built into future year's budgets. Grants under the existing agreement with the National Lottery Fund has one further year to run after the end of March 2024, and will provide a further £80,000 in 2024/25. We are hopeful that our upgraded website, together with an intentional increase in local networking activities, should result not only in a greater appreciation of what Iceni can offer, but also in an increase in local support for the Charity. Financial projections drawn up for 2024/25 show an increased level of income and indicate that the Charity will have sufficient resources to be able to meet its liabilities and to continue operating at its current level for the foreseeable future, and at least for the next 12 months from the date of this report, and accordingly the Trustees continue to adopt the going concern basis of accounting when preparing these financial statements.

PLANS FOR THE FUTURE

Our five strategic goals and priorities

Since its inception, Iceni has established itself as a reputable, successful and cost-effective provider of services and has gained an excellent reputation by its innovative approach. However, as a small local charity that often seeks to 'punch above its weight' to achieve organisational goals we have been, and are likely to be, affected by changes in the economy and changes to local contractual approaches. It is an important time for Iceni, as donations are falling, and public funding is likely to be further reduced. We recognised that if we are to not only survive but thrive then the building blocks need to be in place to make Iceni a well-governed, strong and sustainable organisation. Over the past year, with the support and valued input from 'Pilotlight' (www.pilotlight.org.uk) we worked through the strategic challenges we faced. The experience of the Pilotlight mentors helped us improve crucial aspects of the organisation that are likely to have a lasting impact. Specifically, with the support of Pilotlight we identified five areas where we believe we need to improve on if our ambitions over the coming years are to be realised. These five areas formed our strategic plan and included the following goals:

Right organisation, right capability, right design, robust – We reflect and deliver our mission and aims, having the right people, adopting effective financial and governance processes; know the difference we make and keep it in sight through all organisational transitions.

More diverse but coherent portfolio & associated income stream – We Identify opportunities for new revenue streams and develop a good understanding of our external environment; develop and review a new fundraising strategy.

Raise Profile in Suffolk and beyond – We develop an effective communication strategy – make social media work better for us – maintain & develop links with local and national media and translate increase in traffic to funding opportunities.

Co-production - It has become a truism to say that charities should collaborate, and it is certainly clear that there are pressures to do so. A vast number of organisations often doing similar work, dwindling sources of unrestricted funding, and the opening up of delivery contracts that many charities like Iceni will struggle to win on their own, all contribute to these pressures. We want to strongly encourage relationships that build on or create new partnerships across different sectors and cultivate strong working relationships between organisations to mutually support the people we work with. We will embrace our co-production ethos in external partnerships as well as with our beneficiaries so that respect pervades the experience of being recipients of our care. Identify shared-values partners for 'core to mission' services. – be clear about the roles and responsibilities of each charity. We intend to explore healthy partnerships which are the most effective way of using our resources to further our charitable purposes where we can co-create and maintain our independence.

Expanding our Operations - Explore and agree cross county expansion – establish presence and raise profile outside of Ipswich – improve our social media and communication approach - get consensus from all stakeholders about expansion.

This report represents a Directors' Report as required by Section 417 of the Companies Act 2006 and has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

This report has been approved by the Board of Trustees on 20 December .....2024 and signed on their behalf by

Alexander Scott-Barrett
Chairman

Laurence Bradley
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH

I report to the Trustees (who are also the Directors for the purpose of company law) on my examination of the financial statements of Iceni Ipswich (the 'Charity') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance sheet, the Statement of Cash Flows and related notes.

This report is made solely to the Charity's Trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the Trustees of the Charity, you are responsible for the preparation of the financial statements in accordance with the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- Accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- The financial statements do not accord with those records; or
- The financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- The financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Continued/.....

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH (continued)

Independent examiner's statement (continued)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

John Perry FCA
Scrutton Bland Limited
Fitzroy House
Crown Street
Ipswich
Suffolk
IP1 3LG

Date - 20 December 2024

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account) YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024	Total Funds 2023
Income and endowments from:		£	£	£	£
Donations and legacies	2	41,243	-	41,243	*38,862*
Other trading activities	3	1,113	-	1,113	*11,253*
Income from investments	4	15,296	-	15,296	*1,827*
Income from charitable activities	5	275,388	127,122	402,510	*417,182*
Total		333,040	127,122	460,162	*469,124*
Expenditure on:					
Expenditure on raising funds		394	-	394	*391*
Expenditure on charitable activities	6	412,218	127,122	539,340	*476,142*
Total		412,612	127,122	539,734	*476,533*
Net expenditure for year	7	(79,572)	-	(79,572)	*(7,409)*
Net movement in funds		(79,572)	-	(79,572)	*(7,409)*
Funds as at 1 April 2023		414,183	-	414,183	*421,592*
Funds as at 31 March 2024		£334,611	-	£334,611	*414,183*

The Statement of Financial Activities includes all gains and losses recognised for the above financial year. Comparative figures for the previous year are further analysed by fund type under Note 20 to the financial statements.

BALANCE SHEET
AS AT 31 MARCH 2024

	Notes	2024	2023
		£	£
Fixed Assets			
Tangible assets	9	1,855	*3,485*
Current Assets			
Debtors	10	65,760	*57,986*
Cash at bank and in hand	11	305,031	*382,192*
		370,791	*440,178*
Creditors: amounts falling due within one year	12	(20,035)	*(19,480)*
Net current assets		350,756	*420,698*
Total assets less current liabilities		352,611	*424,183*
Provisions for liabilities	13	(18,000)	*(10,000)*
Total net assets		£334,611	£414,183
Funds			
Restricted funds	14	-	-
Unrestricted funds	15	334,611	*414,183*
Total Charity funds		£334,611	*£414,183*

The Trustees are satisfied that, for the year ended 31 March 2024, the Charity is entitled to exemption from the provisions of the Companies Act 2006 ('the Act') relating to the audit of financial statements for the year by virtue of Section 477, and that no member or members have requested an audit pursuant to Section 476 of the Act.

The Trustees acknowledge their responsibilities for ensuring that the Charity keeps proper accounting records which comply with the requirements of Section 386 of the Act, and for preparing financial statements which give a true and fair view of the state of affairs of the Charity as at 31 March 2024 and of its surplus or deficit for the year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the Charity.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

Approved by the Board of Trustees on 20 December 2024 and signed on their behalf by

Alexander Scott-Barrett
Trustee

Laurence Bradley
Trustee

STATEMENT OF CASH FLOWS
YEAR ENDED 31 MARCH 2024

	Notes	2024	2023
		£	£
Cash flows from operating activities:			
Net cash (utilised by) / generated from operating activities	21	(91,316)	*5,056*
Cash flows from investing activities:			
Interest received		15,296	*1,827*
Purchase of equipment		(1,141)	*(2,667)*
Net cash generate by / (used in) investing activities		14,155	*(840)*
(Decrease) / Increase in cash and cash equivalents in year		(77,161)	*4,216*
Cash and cash equivalents as at 1 April		382,192	*377,976*
Cash and cash equivalents as at 31 March		£305,031	*£382,192*

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

1 ACCOUNTING POLICIES

Basis of accounting

The Charity is a public benefit entity as defined by FRS 102: an entity whose primary objective is to provide goods or services for the general public, community or social benefit and where any equity is provided with a view to supporting the entity's primary objectives rather than providing a financial return to equity providers, shareholders or members.

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) – Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below. The presentational currency used in the financial statements is pound sterling, rounded to the nearest £1.

Going concern

The financial statements have been prepared on a going concern basis. Unrestricted reserves are currently standing at a level of approximately 9 months of operating costs. Taking into account anticipated future income, including National Lottery grant funding up to the end of 2024/25, financial support from other trusts and organisations, and funding from local and central government to assist with the development and expansion of the Venta Programme work, the Trustees consider the Charity will be able to continue to operate and meet its liabilities as they fall due for a period of at least 12 months from the date of approval of these financial statements.

Income

Income from donations and legacies includes donations, gifts, legacies and grants that provide core funding of a general nature, and is recognised where there is entitlement, and where the receipt is probable, and the amount can be measured with sufficient reliability. Income is deferred if the donor has specified that the grant or donation is intended for use in future accounting periods or has imposed conditions that must be met before the Charity has unconditional entitlement.

Income arising from other trading activities includes amounts raised from fundraising activities and events organised by supporters of the Charity and by the Charity itself, together with rent receivable from sub-letting arrangements in respect of property held on lease by the Charity primarily for functional use but which was surplus to operational requirements on certain days.

Income from investments is recognised on a receivable basis.

Income from charitable activities includes amounts receivable under contract together with grants receivable for the provision of specific services or where entitlement to grant funding is subject to specific performance conditions. Grants and donations received to support specific services or programmes are credited to income in the period during which the relevant services are to be provided, provided there is entitlement, probability of receipt and the amount can be measured with sufficient reliability. Income is deferred to the extent that it relates to services to be provided in future accounting periods. Government grants are credited to the Statement of Financial Activities as the related expenditure is incurred.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

1 ACCOUNTING POLICIES

Expenditure

Expenditure is accounted for on an accruals basis and is recognised when a liability is incurred.

Expenditure on raising funds includes expenses in organising fundraising events and activities, together with minor fundraising trading expenditure.

Expenditure on charitable activities includes expenditure associated with the care and support of those affected by substance misuse (including victims of domestic violence) and those that cause harm within the family. Such expenditure includes both direct costs and support costs relating to these activities. Costs which cannot be directly allocated to particular activities are allocated on a basis consistent with the use of resources.

Costs incurred in connection with the governance of the Charity and its assets, and which are primarily associated with constitutional and statutory requirements, are included in expenditure on charitable activities and are further detailed in the notes to the financial statements.

Tangible fixed assets

Tangible fixed assets are recognised at cost. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life as follows: -

Fixtures, fittings and equipment	-	20.0% on cost
Computer equipment	-	33.3% on cost

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payment for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

1 ACCOUNTING POLICIES

Taxation

Iceni Ipswich is a charity within the meaning of the Charities Act 2011 and as such is a charity within the meaning of Part 11, Corporation Tax Act 2010. Accordingly, Iceni Ipswich is potentially exempt from taxation in respect of income or gains received within categories covered by Part 11, Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to its charitable purposes.

Restricted Funds

Grants and other income received for specific purposes are credited to restricted funds, and any related expenditure is charged to the relevant fund, subject to the level of funds available. Amounts can be restricted either by conditions imposed by the donor or by the charity itself when raising funds for particular purposes.

Unrestricted funds

Unrestricted funds are available for use at the discretion of the Trustees in the furtherance of the general objects of the Charity and which have not been designated for other purposes. Designated funds are unrestricted funds earmarked for a particular project. Designation has an administrative purpose only and does not legally restrict the trustees' discretion to apply such funds.

Operating Lease Agreements

Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

Pensions

The Charity operates a defined contribution plan for its employees. A defined contribution plan is a pension scheme under which the Charity pays fixed contributions into a separate entity. Once the contributions have been paid the Charity has no further payment obligations.

The contributions are recognised as an expense in the Statement of Financial Activities when they fall due. Amounts not paid are shown in other creditors as a liability in the Balance Sheet. The assets of the plan are held separately from the Charity in independently administered funds.

2 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Grants and donations receivable	36,243	-	36,243	*43,862*
Deferred grants brought forward	5,000		5,000	-
Deferred grants carried forward	-	-	-	*(5,000)*
	£41,243	£-	£41,243	*£38,862*

3 INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Rent receivable	-	-	-	-
Fund raising activities	1,113	-	1,113	*11,253*
	£1,113	-	£1,113	*£11,253*

4 INCOME FROM INVESTMENTS

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Interest receivable	£15,296	-	£15,296	*£1,827*

5 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Grants and fees receivable	275,388	133,471	408,859	*399,227*
Deferred grants brought forward	-	317	317	*18,272*
Deferred grants carried forward	-	(6,666)	(6,666)	*(317)*
	£275,388	£127,122	£402,510	*£417,182*

Unrestricted grants and fees receivable of £275,388 include £120,000 (2023: £120,000) relating to contracted services provided as part of the Suffolk Recovery Network, a comprehensive drug and alcohol treatment service within Suffolk, together with £143,301 (2023: £140,000) relating to the development and roll out of our Venta Programme. Also included here are amounts receivable for arranging drug testing analysis and reports, together with other services. Restricted grants of £127,122 (2023: £153,155) include £95,000 (2023: £110,000) received from the National Lottery Fund.

6 CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2024	2023
	£	£	£	£
Staff salaries, national insurance & pension costs	282,101	103,100	385,201	*359,322*
Training	5,778	350	6,128	*7,636*
Therapy costs	11,467	-	11,467	*5,492*
Other fees	14,250	-	14,250	*5,280*
Premises expenses	47,503	6,200	53,703	*55,544*
Insurance costs	4,518	500	5,018	*5,092*
Office equipment maintenance	5,576	1,175	6,751	*6,908*
Communication	6,030	2,150	8,180	*8,374*
Travel	3,836	450	4,286	*3,250*
Programme development costs	440	-	440	*962*
Independent examination fees	3,450	-	3,450	*3,158*
Legal and professional fees	2,508	-	2,508	*1,494*
Affiliation fees & subscriptions	539	-	539	*162*
Canteen and sundries	2,805	575	3,380	*4,213*
Advertising & Website costs	18,127	-	18,127	*1,881*
Bank charges	428	-	428	*356*
Miscellaneous client expenses	91	12,622	12,713	*3,210*
Fixtures, fittings and equipment depreciation	167	-	167	*946*
Computer equipment depreciation	2,604	-	2,604	*2,862*
	£412,218	£127,122	£539,340	*£476,142*

7 NET (EXPENDITURE) / INCOME FOR THE FINANCIAL YEAR

Net (expenditure)/income for the financial year is stated after charging the following amounts:

	2024	2023
	£	£
Depreciation	£2,771	*£3,808*
Independent examination fees	£3,450	*£3,158*
Fees for other financial assistance	£330	*£420*
Payroll fees	£864	*£864*

None of the Trustees received any remuneration from the Charity in the year (2023: £Nil) and no expenses were incurred by or reimbursed to any Trustee during the year (2023: £Nil). There were no donations from related parties with conditions. The aggregate amount of donations received without conditions from Trustees was £5,124 (2023: £120). The key Management Personnel of the charitable company are the trustees.

8 STAFF COSTS

	2024	2023
	£	£
Wages and salaries	355,132	*331,265*
Social security costs	25,355	*23,876*
Pension costs (see below)	4,714	*4,181*
	£385,201	*£359,322*
	No.	***No.***
Average monthly number of employees	15	*15*

No employees earned more than £60,000 in either the current or prior year. There was no accrued holiday pay at the year end (2023: £Nil). Contributions of £4,714(2023: £4,181) were paid into a defined contribution 'money purchase' pension scheme operated through the National Employment Savings Trust ('NEST'). This represents a workplace pension scheme. Eligible employees are automatically enrolled into the scheme and can opt out if they so wish. Key management personnel remuneration costs amounted to £51,093 (2023: £49,299) comprising the gross salary of the Chief Executive of £46,000 (2023: £44,200) together with employer's national insurance of £5,093 (2023: £5,099) and no pension costs.

9 TANGIBLE FIXED ASSETS	Fixtures, Fittings and equipment	Computer equipment	Total
	£	£	£
Cost			
At 1 April 2023	19,664	17,015	36,679
Additions	374	767	1,141
Disposals	-	-	-
At 31 March 2024	20,038	17,782	37,820
Depreciation			
At 1 April 2023	19,369	13,825	33,194
Charge for the year	167	2,604	2,771
Eliminated on disposals	-	-	-
At 31 March 2024	19,536	16,429	35,965
Net book value			
At 31 March 2024	£502	£1,353	£1,855
At 31 March 2023	£295	£3,190	£3,485

10 DEBTORS	2024	2023
	£	£
Other debtors	11,655	*1,287*
Prepayments	16,836	*17,949*
Accrued income	37,269	*38,750*
	£65,760	*£57,986*

11 CASH AT BANK AND IN HAND	2024	2023
	£	£
Cash at bank	303,897	*381,879*
Cash in hand	1,134	*313*
	£305,031	*£382,192*

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Deferred grant income (see below)	6,666	*5,317*
Other creditors	8,682	*9,855*
Accruals	4,687	*4,308*
	£20,035	*£19,480*

Deferred grant income at year end relates to:	2024 £	2023 £
Unrestricted grants (see note 2)	-	*5,000*
Restricted grants (see note 5)	6,666	*317*
	£6,666	*£5,317*

13 PROVISIONS FOR LIABILITIES

Other provisions	£	£
At beginning of year	10,000	-
Charged in the year	8,000	*10,000*
At end of year	£18,000	*£10,000*

Other provisions comprise £15,000 (2023: £10,000) relating to costs provided in respect of future known redecoration costs in the 2025/26 year, for lease compliance, together with £3,000 (2023: £Nil) for potential additional water charges yet to be billed.

14 RESTRICTED FUNDS

	1 April 2023 £	Income for year £	Expenditure For year £	31 March 2024 £
Strengthening Families fund	-	95,000	(95,000)	-
Rapport fund	-	18,750	(18,750)	-
Client Hardship fund	-	10,000	(10,000)	-
Client activities and support	-	3,372	(3,372)	-
	£-	£127,122	£(127,122)	-

The Strengthening Families fund relates to the Charity's mainstream work with families where there is an addiction issue affecting one or more family members. Restricted funding of £95,000 relates to grants received from the National Lottery Fund which part-funds the salaries of certain members of staff, together with a proportion of staff training, travel costs, general running expenses and allocated overheads. The £95,000 represents the amount receivable in Year 3 of an agreed four-year arrangement. The grant receivable for the next year will be £80,000.

The Rapport fund relates to an initiative based on the three concepts of 'Repair, Prevent and Thrive'. This uses child-centred approaches designed to address the crucial development needs of young children up to early primary school age. Funds allocated to the current year comprise 18,750 from the Charles Haywood Foundation.

The Client Hardship fund relates to a grant of £10,000 received from Suffolk County Council to provide hardship payments to eligible clients during the year to help with travel, energy and food costs together with other essential expenses, including essential school related costs for family members.

Grants of £3,372, received from The Rope Trust towards the cost of client events and support, have been used to help provide support for clients and their families during the year.

15 UNRESTRICTED FUNDS

	1 April 2023	Income for year	Expenditure For year	31 March 2024
	£	£	£	£
General charitable funds	£414,183	£333,040	£(412,612)	£334,611

General charitable funds at 31 March 2024 comprise £125,000 (2023: £125,000) designated by the trustees during 2022/23 to assist with the further development and roll out of the charity's Venta programme, working alongside perpetrators and victims of domestic abuse, together with £209,611 (2023: £289,183) undesignated funds.

16 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible fixed assets	Net current assets	Provisions for liabilities	Total funds 2024	Total funds 2023
	£	£	£	£	£
Restricted funds	-	-	-	-	-
Unrestricted funds	1,855	350,756	(18,000)	334,611	*414,183*
	£1,855	£350,756	£(18,000)	£334,611	*£414,183*

17 COMMITMENTS

At 31 March 2024 the Charity had future minimum lease commitments under non-cancellable operating leases as follows:

	2024	2023
	£	£
Not later than 1 year	36,580	*36,580*
Within 2 to 5 years	3,114	*4,693*
Total	£39,694	*£41,273*

Lease commitments of £39,694 (2023: £41,273) comprise £36,151 (2023: £36,151) in respect of two property leases and £3,543 (2023: £5,122) in respect of one equipment lease.

The property leases, which relate to premises occupied and used by the Charity, commenced on 12 April 2018 and are for a term of 10 years, with the option for the tenant to terminate each lease on the 5th and all subsequent anniversaries up to the 9th anniversary. The equipment lease relates to a printer/copier.

18 COMPANY STATUS AND MEMBERS

Iceni Ipswich is a company limited by guarantee and accordingly does not have any share capital. Membership of the Company is open to individuals and organisations. The only members are currently the Directors of the Company, who are also the Trustees. The liability of each member is limited to a sum not exceeding £1, this being the amount that each member undertakes to contribute to the assets of the Charity in the event of it being wound up while they are a member, or within one year of ceasing to be a member.

19 RELATED PARTY TRANSACTIONS

Other than the donations received from Trustees, as detailed under note 7 to the financial statements, there were no related party transactions during the current year.

20 SOFA COMPARATIVES

Income and endowments from:	Unrestricted Funds £	Restricted Funds £	Total Funds £
Donations and legacies	38,862	-	38,862
Other trading activities	11,253	-	11,253
Income from investments	1,827	-	1,827
Income from charitable activities	264,027	153,155	417,182
Total	315,969	153,155	469,124
Expenditure on:			
Expenditure on raising funds	391	-	391
Expenditure on charitable activities	322,987	153,155	476,142
Total	323,378	153,155	476,533
Net expenditure	(7,409)	-	(7,409)
Funds at 1 April 2022	421,592	-	421,592
Funds at 31 March 2023	£414,183	-	£414,183

The above schedule provides a breakdown of comparative figures in respect of the year ended 31 March 2023 for all amounts shown in the Statement of Financial Activities analysed across fund types.

21 RECONCILIATION OF INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024	2023
	£	£
Net (expenditure) / income for the year per the Statement of Financial Activities	(79,572)	*(7,409)*
Depreciation charges	2,771	*3,808*
Interest receivable	(15,296)	*(1,827)*
(Increase) / Decrease in debtors	(7,774)	*17,310*
Increase / (Decrease) in liabilities and provisions	8,555	*(6,826)*
Net cash (utilised by) / generated from operating activities	£(91,316)	*£5,056*

ICENI IPSWICH

England & Wales - Charity number 1146684

Accounts

Registered Company No. 07675101 (England and Wales)
Registered Charity No. 1146684

ICENI IPSWICH

ANNUAL REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2023

ICENI IPSWICH

TRUSTEES' ANNUAL REPORT & ACCOUNTS

YEAR ENDED 31 MARCH 2023

CONTENTS

	Pages
Legal & Administrative Details	1
Chief Executive's Report	2
Trustees Annual Report	3 - 11
Independent Examiner's Report	12 -13
Statement of Financial Activities	14
Balance Sheet	15
Statement of Cash Flows	16
Notes to the Financial Statements	17 – 26

Legal & Administrative Details

Charity Name	:	Iceni Ipswich
Status	:	Company limited by guarantee
Company Number	:	07675101 (England and Wales)
Charity Registration Number	:	1146684
Registered Office & Principal Address	:	74- 78 Foundation Street Ipswich IP4 1BN Tel: 01473 214006

Patron
Sir Michael Bunbury Bt KCVO DL

Trustees (Directors)

Alexander John Scott-Barrett (Chairman)	(see below)
Inga Lockington	(see below)
Laurence Bradley	
Elizabeth Whitney	
Toby Kramers	
David Chittick	(see below)

At the AGM on 3 November 2022 David Chittick retired in accordance with Article 21.5 of the Company's Articles of Association and was duly re-elected. Alexander Scott-Barrett and Inga Lockington retired by rotation, in accordance with the Article 20.1, and were duly re-elected.

Chief Executive
Brian Tobin MBE

Website
www.iceniipswich.org

Independent Examiner
Timothy O'Connor FCCA, ACA, DChA
SB Audit LLP
820 The Crescent,
Highwoods,
Colchester
CO4 9YQ

Bankers
National Westminster Bank Plc
25 High Street
Colchester
CO1 1DG

Solicitors
Ellisons Solicitors
2-6 Arcade Street
Ipswich
IP1 1EL

CHIEF EXECUTIVE'S REPORT

I hope you will find this report on our activities for 2022–23 insightful, as it demonstrates how we meet our objects for the benefit of families in Suffolk.

Every year, Iceni takes great strides forward in supporting more families and children affected by substance misuse and Domestic Abuse and this year was no exception. We supported the highest number of families in any one year and sadly witnessed our longest waiting list in our history. Looking ahead, we know there is still quite a lot of work to do to repair family relationships, with many children and families (experiencing hardship or disadvantage before the pandemic) now finding it tougher than ever. The rising cost of living has also put additional strains on already vulnerable families.

This year we prioritised our focus on how to further pursue our commitment to expand our reach across Suffolk. This will require strong governance and leadership in decision making and ways of working. We hope to report more on this next year.

The ways in which we bring our purpose to life were solidified this year with the development of our new strategic plan. The plan provides a roadmap to maximise the scale and impact of our services and respond to need with evidence informed approaches and models of practice to bring about change. We now have a clearer focus and direction, which will build a solid foundation to grow the organisation appropriately. This focus is largely due to a collective effort in producing our strategic plan. I am grateful for the support and guidance of our trustees who gave so much of their time and reflection to direct and guide the writing of this plan. Details of our 5 key strategic organisational priorities are detailed in this report.

In 2024, we will mark 25 years since our formation. While we have operated through various guises since our origin in 1999, and the world is undeniably a very different place, one thing has not changed: our steadfast conviction that all children deserve healthy, safe and bright futures. It is our privilege and our passion to partner with families every day to help bring about such futures and we intend on doing this for many years to come.

As always, our success, comes down to the people that work in and with our organisation – the Board, the management team, every employee and volunteer and beyond that, the people that use our services and those that fund us. Thank you to you all for your incredible commitment and dedication, it is an honour and privilege working with you.

Brian Tobin MBE
CEO

TRUSTEES ANNUAL REPORT

The Trustees present their Annual Report and the financial statements for the year ended 31 March 2023. This report represents a Directors' Report as required by Section 417 of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

STRUCTURE, GOVERNANCE AND MANAGEMENT

Iceni Ipswich was incorporated on 20 June 2011 under company registration number 07675101 (England and Wales) and is a Company limited by guarantee. The Company became a registered Charity on 30 March 2012. The Company took over the staff and operations of The Iceni Project (an unincorporated charity) together with that Charity's assets, liabilities and commitments on 1 April 2012.

The Company is governed by its Memorandum and Articles of Association, as amended by special resolution on 6 July 2022.

The Directors of the Company are the Charity's Trustees for the purposes of charity law and throughout this report they are collectively referred to as the Trustees. Trustees are recruited in a variety of ways, including introductions from existing Trustees and others associated with Iceni Ipswich. A recommendation is then made to the Board of Trustees, following a meeting with the Chairman and the Chief Executive. Potential Trustees will attend a meeting of the Board of Trustees before appointment. Trustees can be appointed either at a meeting of the board or by the Company's members by ordinary resolution at a general meeting.

Trustees are invited to attend a short induction training session and are thereafter encouraged to participate in appropriate training courses. Periodically, trustees participate in strategy workshops which bring together Trustees and staff.

The Trustees meet on a regular basis in order to review and agree major areas of policy. The role of the Board of Trustees is principally to:

- ensure that Iceni Ipswich has a clear vision, mission and strategic direction; and
- monitor and support the Chief Executive in order to achieve these objectives.

The day to day running of the Charity and the exercise of executive responsibility is delegated by the Trustees to the Chief Executive.

The Trustees and the executive have joint responsibility for identifying and managing the major risks which are likely to affect the long-term viability of the Charity. Where possible, systems and procedures have been introduced to mitigate the potential impact on the charity should those risks materialise. The major risks are considered to be financial in nature. The Trustees and executive continue to seek funding from a variety of sources to ensure that the Charity will be able to continue to operate at an appropriate level for the foreseeable future. As in previous years, efforts continue to pursue a diverse mix of funding from local authorities, public bodies and private corporations, donations from individuals, and local fundraising activities.

OBJECTIVES AND ACTIVITIES

Our Vision is one where every child attains the right to a safe, healthy and happy start in life.

Our Values & Behaviour:

Our values, based on our character attributes, are the foundation of our healthy relationships with each other. Together, we create a safe, positive place for all members of our community. We value honesty by demonstrating integrity in our words and actions. We are truthful and trustworthy and respect differences and treat everyone fairly and equitably—we are inclusive. By treating everyone with high regard and value, we are respectful.

OPEN - We are inclusive and respectful of everybody, no matter who they are or where they live.

CONNECTED - We invite and encourage collaboration to find what is best for families.

TRUSTED - We use evidence, knowledge and experience to influence positive change.

INSPIRATIONAL - We bring ambition, compassion and innovation to everything we do.

Our mission: To offer care and support and to work with families in Ipswich and Suffolk who are affected by problems of substance misuse (including victims of domestic abuse) and those that cause harm within the family.

Our Aspiration, Objectives and Major Outcomes

Iceni works with families, and this engenders in them hope in themselves. The ethos and structure of Iceni is to make change the norm instead of a wild aspirational status and by addressing parental problems we believe the chances of children having a better start in life greatly increase. To achieve this, we:

- Focus on supporting those families who face multiple disadvantage and who are most vulnerable, yet traditionally have not engaged with services.
- Provide effective interventions for parents to recover from addiction and abuse whilst ensuring their children are protected.
- Break the cycle of generational addiction and abuse and preventing today's children from becoming tomorrows addicted parents and tomorrow's problems.

Our objectives are to offer care and support to families in Suffolk who experience:

- Substance misuse problems
- Co-existing problems of substance misuse and Domestic Abuse
- Adverse childhood experiences
- Being a victim of Domestic Abuse and those that cause harm within the family.

The main outcomes we aim to achieve that are aligned with our mission, vision and values are:

- Reduction in incidents of domestic abuse
- Stopping or greatly reducing drug and alcohol use.
- Reduction in the number of children taken into statutory care and reduction in Social Services interventions where parental substance misuse or domestic abuse is a contributing factor.

PUBLIC BENEFIT

The Trustees are aware of and have due regard to Charity Commission guidance on public benefit and have taken this into account when designing and delivering services to clients and to the wider public.

ACHIEVEMENTS AND PERFORMANCE

Our Activities

The core activities we have used over the past year contain a number of therapeutic and practical interventions that underpin our preferred holistic approach and include:

Counselling & Mentoring (daily)
Systemic family therapy (2 days a week)
Self-esteem Group (1 day a week)
Domestic abuse (Freedom Programme) 2 days a week
Positive Parenting Programme (Triple P) (1 day a week)
Relationship group (1 day a week)
Complementary therapies (daily)
Perpetrator (male) of Domestic Abuse group (weekly)
Perpetrator one to one sessions (3-4 a week)
Play therapy sessions (2 days a week)
My stronger self-group (weekly)
Social services liaison (daily)
Support and mentoring around court appearances and family case conferences (3-4 a week)

Our beneficiaries

The majority of families we worked with live in Ipswich. We saw a slight increase in families living in other areas of the county and we hope to increase this number in the coming years. The entry criteria onto our programme are: one or both parents having issues with drugs and/or alcohol who have at least one child under the age of 16. However, the growth and success of The Venta Programme (male perpetrator of domestic violence programme) means men do not have to have a substance misuse issue to access this service. Our main beneficiaries are:

- Parents with substance misuse problems
- Those who experience co-existing issues with both substance and domestic abuse.
- Families where early intervention can prevent problems from escalating and requiring statutory involvement.
- Families whose children are in the social care system.
- Men who want to stop their abusive behaviour.
- Children affected by parental substance misuse and Domestic Abuse

How did we do?

Outcomes

We have several different targets and outcomes for a range of different funders (6 in this year). This year we met or exceeded all our founders' expectations.

ICENI IPSWICH

199 families finished with us throughout the year, of these:

- Successfully completed 147
- Dropped Out 41
- Support withdrawn 6
- Transferred 1
- Died 4

- 60% of parents (out of 120)- Reduced or were Alcohol Free.
- 37% parents- (out of 79)- Reduced or were Drug Free.
- 130 parents (out of 134)- told us they had not experienced any further domestic violence.
- 89% of all parents told us their needs had been met or were being met by us.
- 94% of all parents suggested they would recommend us to others.

Social Care- Child outcomes

This year, 122 children of the families we worked with were subject to Social Care interventions. Of these

- **43 children have been stepped down from where they first started.**
- **43 have remained at the same level.**
- **6 have been stepped up.**
- **30 no longer required social care interventions.**

Quotes from people who attended Iceni over the past 12 months include:

- "If it wasn't for Iceni I wouldn't be here today."
- "They enabled me to keep my children with me ".
- "It's my safe place, where I can look at who I am and make the changes I need to ",
- "They don't lie to you, they tell you straight, it's what you need to hear, not always what you want to hear."
- "It's not the building, it's the people in the building that make it work."

Increasing social value

Social value is often described as 'soft' outcomes, mainly because they can be difficult to quantify and measure. However, we think about the whole social value of existing and future spend, by rethinking service design and processes used to achieve the desired outcomes. It encourages us to have a broader more holistic approach and work with communities and users of services to find better ways to meet their needs and spend public money.

Social Value and Iceni

Hard outcomes are crucial to measure our success and to meet the demands of our investors. However, we believe that Social Value is an important barometer of how we impact all internal and external stakeholders.

The following is a list of good Social Value practice that we measure:

- Local Employment - Create employment and training opportunities for local people especially in target areas. **Target:** At least 85% of staff deployed on service will live in Suffolk.
- Local volunteering – **Target:** Recruit at least 50 volunteers every year.
- Buy Suffolk First - Take account of the social and economic impacts of buying locally thereby reducing unemployment and raising the skill level of the local workforce. **Target:** at least 70% of organisational capital and core running costs will be sourced locally.
- Good Employer - Support staff development and welfare and adopt the national Living Wage within our own organisation and within our supply chain. **Target:** 100% staff receive at least minimum living wage. All staff will receive training relevant to their role and appropriate supervision.
- Reduce unemployment by proactively addressing barriers to employment. We will use positive action (Equality Act 2010) and make reasonable adjustments to job roles to promote accessibility. **Target:** 100% of suitably qualified applicants with a protected characteristic are offered an interview. Percentage of workforce identifying as having a protected characteristic maintained above 5%.
- Parents will be trained and supported to co-facilitate parenting programmes alongside our workers, increasing their confidence, social networks and employability. **Target:** At least 4 parents trained as co-facilitators per year.
- Green and Sustainable - Commit to protecting the environment, minimising waste and energy consumption and using other resources efficiently. These commitments will also apply to supply chains. **Target:** to achieve at least a Silver Suffolk Carbon Charter award by 2024.
- The opportunity for community-led design and co-production practices. We will utilise the knowledge of those who have used our service to improve our offer. **Target:** At least 10 people annually with lived experience have a demonstrable voice in how we can improve our services.
- Other funding leverage (e.g., matched funding/donations from local community funds) **Target:** At least 20% of our annual income is raised locally.

The Venta Programme

This programme continued to prove successful and this year we recruited two new staff members. This means the Venta team now consists of 4 people. With continuation of funding from The Home Office we remain steadfast in our commitment to reducing Domestic Abuse in Suffolk by getting to the core of the problem: the men who cause harm. Our ambition is to increase the number of programmes we deliver across the county.

Promoting Iceni and our story

Telling our story simply, effectively, truthfully and to a wider audience has never been more important. We identified a weakness in this area when constructing our strategic plan. This year we recruited a communication & marketing lead who has effectively raised our profile on both various social media platforms and external presentations and public events across the county. We have worked on a new website which goes live on October 2023 which will provide people with a better understanding of what we do and why, and also increase our local fundraising efforts. Crucial to all of this promotional activity is our ability to tell 'our' story.

A good story – our narrative – allows us to share our vision, key messages and plans with all internal and external stakeholders in a powerful and compelling way. Telling the tale of our past and present that everyone recognises, explaining current challenges and issues and outlining a future that we want to make happen. A successful narrative will see everyone at Iceni telling the same story about us to anyone who asks. Used pragmatically, it can help save time and energy, with our narrative used repeatedly across our communications, delivering clear and consistent communications across all activity.

FINANCIAL REVIEW

Income for the year was amounted to £469,124 (2022: £600,260) and expenditure amounted to £476,533 (2022: £442,533) resulting in net annual expenditure of £7,409 (2022: net income of £157,727). Closing fund balances at 31 March 2023 were therefore down slightly at £414,183 (2022: £421,592). Whilst all funds at both year ends represented unrestricted funds, the trustees decided during 2022/23 to designate £125,000 for the future development and extension of the Charity's successful Venta programme. See note 14 to the financial statements.

Iceni again received significant funding during 2022/23 to support the continued development and extension of the Charity's Venta Programme, directed towards the perpetrators of domestic violence as well as working with their partners where relevant and helpful. This work has continued to be actively supported by both the Home Office and the Suffolk Police and Crime Commissioner's Office. The amount received for 2022/23 was £140,000 (2022: £194,511) and Iceni has secured funding of a similar amount for each of the following two years, 2023/24 and 2024/25.

The contract with Turning Point continued throughout 2022/23, and under this Iceni received £120,000 (2022: £120,000) for involvement in the Suffolk Recovery Network. This particular contract will expire at the end of March 2024. A new contract is being negotiated for 2024/25 and subsequent years.

Following a successful application to the National Lottery Fund for continuation funding, Iceni secured funding of £410,000 for the four years between 1 April 2021 and 31 March 2025. The amount received for 2022/23 was £110,000 (compared with £125,000 for the previous year) and this is restricted funding to support Iceni's 'Strengthening Families' programme. Other restricted grants received for 2022/23 included £6,667 from The Trusthouse Charitable Foundation (final year), £22,500 (2022: £24,583) from the Charles Haywood Foundation (the second of a three-year grant commencing February 2021).to support Iceni's 'Rapport' programme (using child-centred approaches to address the development needs of young children up to primary school age), £11,000 from the Hopkins Charitable Trust (second half of a £22,000 grant agreed through Suffolk Community Foundation) to help with the cost of employing a play therapist, and grants from The Rope Trust to enable Iceni to provide hardship payments to clients in need (of which £2,988 was utilised during 2022/23).

As in many other years, Iceni also received a few unrestricted grants in 2022/23 for core costs: £20,000 from Ipswich Borough Council (received now for many years), £6,000 (2022: £15,000) from the Elizabeth Frankland Moore & Star Foundation, and £2,000 from the Jonathan Towler Memorial Fund. In addition, we received a good number of donations from both personal and corporate supporters, fundraising income of £11,253 (2022: £10,319) and a similar amount of income from drug testing work to the previous year, £4,028 (compared with £4,760 in 2021/22). As interest rates began to rise before the year end, there was a noticeable increase in interest received over 2021/22 (£1,827 compared with just £35 in the previous year).

Expenditure for 2022/23 was more than 7.5% above that for previous year. The main contributory factor was staff salaries, which (along with employer's national insurance and pension contributions) showed an increase of nearly 10% year on year (£359,322 compared with £326,913) and this follows a 20% increase during the previous year. This reflects an overall increase in the size of the workforce, in part to assist with the expansion of the Venta programme in recent years and tied in with our plans for this to grow even more in the future. With staff costs being such an important feature in the makeup of operating expenses, it is important to keep these under review, and to ensure that adequate funding streams are put in place for the foreseeable future to ensure that the Charity can maintain its current level of operations.

Training costs, which include clinical supervision costs, were higher than in the previous year, and this again reflects the increase in staff numbers.

Premises expenses include rent, rates, utilities (electricity), rubbish disposal, property maintenance, cleaning and decorating costs. Most items were at a similar level to 2021/22. The overall reduction in premises costs when compared with the previous year is mainly because in 2021/22 we undertook significant kitchen and other improvements at a cost of £9,492, and there was nothing similar during 2022/23. We have continued to accrue £5,000 per year to cover the next round of external decorating and maintenance work on the four units occupied by Iceni; this charge is included in premises expenses, and the closing provision at 31 March 2023 stood at £10,000 and is included in other creditors of £19,855. Rent payable remained at £35,000 per annum.

Advertising and website costs are some 64% up on the previous year and includes some recruitment advertising costs. We will incur significant website reconstruction costs during 2023/24, as our website is currently being completely overhauled and re-developed, and these costs will feature in next year's accounts.

Whilst the Charity's unrestricted reserves have decreased slightly compared with the previous year, we have managed to cover the vast majority of operating expenses during 2022/23 and closing reserves continue to be at a healthy level.

RESERVES AND FUTURE FUNDING

The Trustees' policy is for the Charity to aim for a level of unrestricted reserves sufficient to cover normal operating expenses for at least 6 months at any one time. Unrestricted reserves (including designed funds of £125,000) at the end of March 2023 amounted to £414,183 which represents approximately 9 months of projected operating costs going forward. The equivalent cover at 31 March 2022 was 10 months. The situation has therefore worsened a little during 2021/22, mainly because future projected operating costs are higher going forward.

We continue to seek new sources of income, and we continue to keep our expenditure under review. We have secured another two years of Venta programme funding, budgeted to generate £145,799 in 2023/24 and £153,089 in 2024/25. We will also be continuing our involvement in Suffolk's Integrated Drug and Alcohol Services work after the end of March 2024, following a successful outcome of the recent tender process. The agreed funding for 2024/25 will be £165,000. Grants under the existing funding agreement with the National Lottery Fund have another two years to run after the end of March 2023, and will provide a further £95,000 in 2023/24 and £80,000 in 2024/25. We anticipate that once our new website is up and running, this (together with the ongoing networking and marketing work currently being undertaken) will help to generate increased local awareness and support, to supplement other potential grants and to help with core operating expenses. Taking into account the above points, together with projections drawn for the next two years, the Trustees consider that Iceni should have sufficient resources to allow it to continue operating for the foreseeable future, and for at least the next 12 months from the date of this report, and for this reason the Trustees continue to adopt the going concern basis of accounting when preparing these financial statements.

PLANS FOR THE FUTURE

Our five strategic goals and priorities

Since its inception, Iceni has established itself as a reputable, successful and cost-effective provider of services and has gained an excellent reputation by its innovative approach. However, as a small local charity that often seeks to 'punch above its weight' to achieve organisational goals we have been, and are likely to be, affected by changes in the economy and changes to local contractual approaches. It is an important time for Iceni, as donations are falling, and public funding is likely to be further reduced. We recognised that if we are to not only survive but thrive then the building blocks need to be in place to make Iceni a well-governed, strong and sustainable organisation. Over the past year, with the support and valued input from 'Pilotlight' (www.pilotlight.org.uk) we worked through the strategic challenges we faced. The experience of the Pilotlight mentors helped us improve crucial aspects of the organisation that are likely to have a lasting impact. Specifically, with the support of Pilotlight we identified five areas where we believe we need to improve on if our ambitions over the coming years are to be realised. These five areas formed our strategic plan and included the following goals:

Right organisation, right capability, right design, robust – We reflect and deliver our mission and aims, having the right people, adopting effective financial and governance processes; know the difference we make and keep it in sight through all organisational transitions.

More diverse but coherent portfolio & associated income stream – We Identify opportunities for new revenue streams and develop a good understanding of our external environment; develop and review a new fundraising strategy.

Raise Profile in Suffolk and beyond – We develop an effective communication strategy – make social media work better for us – maintain & develop links with local and national media and translate increase in traffic to funding opportunities.

Co-production - It has become a truism to say that charities should collaborate, and it is certainly clear that there are pressures to do so. A vast number of organisations often doing similar work, dwindling sources of unrestricted funding, and the opening up of delivery contracts that many charities like Iceni will struggle to win on their own, all contribute to these pressures. We want to strongly encourage relationships that build on or create new partnerships across different sectors and cultivate strong working relationships between organisations to mutually support the people we work with. We will embrace our co-production ethos in external partnerships as well as with our beneficiaries so that respect pervades the experience of being recipients of our care. Identify shared-values partners for 'core to mission' services. – be clear about the roles and responsibilities of each charity. We intend to explore healthy partnerships which are the most effective way of using our resources to further our charitable purposes where we can co-create and maintain our independence.

Expanding our Operations - Explore and agree cross county expansion – establish presence and raise profile outside of Ipswich – improve our social media and communication approach - get consensus from all stakeholders about expansion.

This report represents a Directors' Report as required by Section 417 of the Companies Act 2006 and has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

This report has been approved by the Board of Trustees on 27 November 2023 and signed on their behalf by

Alexander Scott-Barrett
Chairman

Laurence Bradley
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH

I report to the Trustees (who are also the Directors for the purpose of company law) on my examination of the financial statements of Iceni Ipswich (the 'Charity') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance sheet, the Statement of Cash Flows and related notes.

This report is made solely to the Charity's Trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the Trustees of the Charity, you are responsible for the preparation of the financial statements in accordance with the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- Accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- The financial statements do not accord with those records; or
- The financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- The financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Continued/.....

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH (continued)

Independent examiner's statement (continued)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Timothy O'Connor FCCA, ACA, DChA
SB Audit LLP
Business Park,
820 The Crescent
Highwoods,
Colchester
CO4 9YQ

18/12/23

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account) YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted Funds 2023	Restricted Funds 2023	Total Funds 2023	Total Funds 2022
Income and endowments from:		£	£	£	£
Donations and legacies	2	38,862	-	38,862	*71,576*
Other trading activities	3	11,253	-	11,253	*10,319*
Income from investments	4	1,827	-	1,827	*35*
Income from charitable activities	5	264,027	153,155	417,182	*518,330*
Total		315,969	153,155	469,124	*600,260*
Expenditure on:					
Expenditure on raising funds		391	-	391	*529*
Expenditure on charitable activities	6	322,987	153,155	476,142	*442,004*
Total		323,378	153,155	476,533	*442,533*
Net (expenditure)/income for year	7	(7,409)	-	(7,409)	*157,727*
Net movement in funds		(7,409)	-	(7,409)	*157,727*
Funds as at 1 April 2022		421,592	-	421,592	*263,865*
Funds as at 31 March 2023		£414,183	-	£414,183	*421,592*

The Statement of Financial Activities includes all gains and losses recognised for the above financial year. Comparative figures for the previous year are further analysed by fund type under Note 20 to the financial statements.

BALANCE SHEET
AS AT 31 MARCH 2023

	Notes	2023	2022
		£	£
Fixed Assets			
Tangible assets	9	3,485	*4,626*
Current Assets			
Debtors	10	57,986	*75,296*
Cash at bank and in hand	11	382,192	*377,976*
		440,178	*453,272*
Creditors: amounts falling due within one year	12	(19,480)	*(36,306)*
Net current assets		420,698	*416,966*
Total assets less current liabilities		424,183	*421,592*
Provisions for liabilities	13	(10,000)	-
Total net assets		£414,183	£421,592
Funds			
Restricted funds	14	-	-
Unrestricted funds	15	414,183	*421,592*
Total Charity funds		£414,183	*£421,592*

The Trustees are satisfied that, for the year ended 31 March 2023, the Charity is entitled to exemption from the provisions of the Companies Act 2006 ('the Act') relating to the audit of financial statements for the year by virtue of Section 477, and that no member or members have requested an audit pursuant to Section 476 of the Act.

The Trustees acknowledge their responsibilities for ensuring that the Charity keeps proper accounting records which comply with the requirements of Section 386 of the Act, and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at 31 March 2023 and of its surplus or deficit for the year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the Charity.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

Approved by the Board of Trustees on 27 November 2023 and signed on their behalf by

Alexander Scott-Barrett
Trustee

Laurence Bradley
Trustee

STATEMENT OF CASH FLOWS
YEAR ENDED 31 MARCH 2023

	Notes	2023	2022
		£	£
Cash flows from operating activities:			
Net cash generated from operating activities	21	5,056	*108,485*
Cash flows from investing activities:			
Interest received		1,827	*35*
Purchase of equipment		(2,667)	*(4,839)*
Net cash used in investing activities		(840)	*(4,804)*
Increase in cash and cash equivalents in year		4,216	*103,681*
Cash and cash equivalents as at 1 April		377,976	*274,295*
Cash and cash equivalents as at 31 March		£382,192	*£377,976*

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

1 ACCOUNTING POLICIES

Basis of accounting

The Charity is a public benefit entity as defined by FRS 102: an entity whose primary objective is to provide goods or services for the general public, community or social benefit and where any equity is provided with a view to supporting the entity's primary objectives rather than providing a financial return to equity providers, shareholders or members.

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) – Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

Going concern

The financial statements have been prepared on a going concern basis. Unrestricted reserves are currently standing at a level of approximately 9 months of operating costs. Taking into account anticipated future income, including National Lottery grant funding up to the end of 2024/25, financial support from other trusts and organisations, and funding from local and central government to assist with the development and expansion of Venta Programme work, the Trustees consider the Charity will be able to continue to operate and meet its liabilities as they fall due for a period of at least 12 months from the date of approval of these financial statements.

Income

Income from donations and legacies includes donations, gifts, legacies and grants that provide core funding of a general nature, and is recognised where there is entitlement, and where the receipt is probable, and the amount can be measured with sufficient reliability. Income is deferred if the donor has specified that the grant or donation is intended for use in future accounting periods or has imposed conditions that must be met before the Charity has unconditional entitlement.

Income arising from other trading activities includes amounts raised from fundraising activities and events organised by supporters of the Charity and by the Charity itself, together with rent receivable from sub-letting arrangements in respect of property held on lease by the Charity primarily for functional use but which was surplus to operational requirements on certain days.

Income from investments is recognised on a receivable basis.

Income from charitable activities includes amounts receivable under contract together with grants receivable for the provision of specific services or where entitlement to grant funding is subject to specific performance conditions. Grants and donations received to support specific services or programmes are credited to income in the period during which the relevant services are to be provided, provided there is entitlement, probability of receipt and the amount can be measured with sufficient reliability. Income is deferred to the extent that it relates to services to be provided in future accounting periods.

Government grants are credited to the Statement of Financial Activities as the related expenditure is incurred.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

1 ACCOUNTING POLICIES

Expenditure

Expenditure is accounted for on an accruals basis and is recognised when a liability is incurred.

Expenditure on raising funds includes expenses in organising fundraising events and activities, together with minor fundraising trading expenditure.

Expenditure on charitable activities includes expenditure associated with the care and support of those affected by substance misuse (including victims of domestic violence) and those that cause harm within the family. Such expenditure includes both direct costs and support costs relating to these activities. Costs which cannot be directly allocated to particular activities are allocated on a basis consistent with the use of resources.

Costs incurred in connection with the governance of the Charity and its assets, and which are primarily associated with constitutional and statutory requirements, are included in expenditure on charitable activities and are further detailed in the notes to the financial statements.

Tangible fixed assets

Tangible fixed assets are recognised at cost. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life as follows: -

Fixtures, fittings and equipment	-	20.0% on cost
Computer equipment	-	33.3% on cost

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payment for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

1 ACCOUNTING POLICIES

Taxation

Iceni Ipswich is a charity within the meaning of the Charities Act 2011 and as such is a charity within the meaning of Part 11, Corporation Tax Act 2010. Accordingly, Iceni Ipswich is potentially exempt from taxation in respect of income or gains received within categories covered by Part 11, Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to its charitable purposes.

Restricted Funds

Grants and other income received for specific purposes are credited to restricted funds, and any related expenditure is charged to the relevant fund, subject to the level of funds available. Amounts can be restricted either by conditions imposed by the donor or by the charity itself when raising funds for particular purposes.

Unrestricted funds

Unrestricted funds are available for use at the discretion of the Trustees in the furtherance of the general objects of the Charity and which have not been designated for other purposes. Designated funds are unrestricted funds earmarked for a particular project. Designation has an administrative purpose only and does not legally restrict the trustees' discretion to apply such funds.

Operating Lease Agreements

Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

Pensions

The Charity operates a defined contribution plan for its employees. A defined contribution plan is a pension scheme under which the Charity pays fixed contributions into a separate entity. Once the contributions have been paid the Charity has no further payment obligations.

The contributions are recognised as an expense in the Statement of Financial Activities when they fall due. Amounts not paid are shown in other creditors as a liability in the Balance Sheet. The assets of the plan are held separately from the Charity in independently administered funds.

2 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Grants and donations receivable	43,862	-	43,862	*71,576*
Deferred grants carried forward	(5,000)	-	(5,000)	-
	£38,862	£-	£38,862	*£71,576*

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

3 INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Rent receivable	-	-	-	*1,200*
Fund raising activities	11,253	-	11,253	*9,119*
	£11,253	£-	£11,253	*£10,319*

4 INCOME FROM INVESTMENTS

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Interest receivable	£1,827	£-	£1,827	*£35*

5 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Grants and fees receivable	264,027	135,200	399,227	*498,685*
Deferred grants brought forward	-	18,272	18,272	*37,917*
Deferred grants carried forward	-	(317)	(317)	*(18,272)*
	£264,027	£153,155	£417,182	*£518,330*

Unrestricted grants and fees receivable of £264,027 include £120,000 (2022: £120,000) relating to contracted services provided as part of the Suffolk Recovery Network, a comprehensive drug and alcohol treatment service within Suffolk, together with £140,000 (2022: £194,511) relating to the development and roll out of our Venta Programme. Also included here are amounts receivable for arranging drug testing analysis and reports, together with other services. Restricted grants of £153,155 (2022: £199,059) include £110,000 (2022: £125,000) received from the National Lottery Fund.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

6 CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2023	2022
	£	£	£	£
Staff salaries, national insurance & pension costs	223,105	136,217	359,322	*326,913*
Training	6,636	1,000	7,636	*3,967*
Therapy costs	5,492	-	5,492	*5,894*
Other fees	5,280	-	5,280	*4,145*
Premises expenses	48,654	6,890	55,544	*62,929*
Insurance costs	4,592	500	5,092	*4,523*
Office equipment maintenance	5,388	1,520	6,908	*6,324*
Communication	5,434	2,940	8,374	*8,469*
Travel	2,850	400	3,250	*3,051*
Programme development costs	962	-	962	-
Independent examination fees	3,158	-	3,158	*2,933*
Legal and professional fees	1,494	-	1,494	*1,714*
Affiliation fees & subscriptions	162	-	162	*153*
Canteen and sundries	3,513	700	4,213	*4,385*
Covid response costs	-	-	-	*966*
Advertising & Website costs	1,881	-	1,881	*1,144*
Bank charges	356	-	356	*333*
Miscellaneous client expenses	222	2,988	3,210	*1,216*
Fixtures, fittings and equipment depreciation	946	-	946	*922*
Computer equipment depreciation	2,862	-	2,862	*2,023*
	£322,987	£153,155	£476,142	*£442,004*

7 NET (EXPENDITURE)/INCOME FOR THE FINANCIAL YEAR

Net (expenditure)/income for the financial year is stated after charging the following amounts:

	2023	2022
	£	£
Depreciation	£3,808	£2,945
Independent examination fees	£3,158	£2,933
Fees for other financial assistance	£420	£732
Payroll fees	£864	£648

None of the Trustees received any remuneration from the Charity in the year (2022: £Nil) and no expenses were incurred by or reimbursed to any Trustee during the year (2022: £Nil). There were no donations from related parties with conditions. The aggregate amount of donations received without conditions from Trustees was £120 (2022: £420).

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

8 STAFF COSTS

	2023	2022
	£	£
Wages and salaries	331,265	*302,093*
Social security costs	23,876	*21,311*
Pension costs (see below)	4,181	*3,509*
	£359,322	*£326,913*
	No.	***No.***
Average monthly number of employees	15	*14*

No employees earned more than £60,000 in either the current or prior year. There was no accrued holiday pay at the year end (2022: £Nil). Contributions of £4,181 (2022: £3,509) were paid into a defined contribution 'money purchase' pension scheme operated through the National Employment Savings Trust ('NEST'). This represents a workplace pension scheme. Eligible employees are automatically enrolled into the scheme and can opt out if they so wish. Key management personnel remuneration costs amounted to £49,299 (2022: £48,850) comprising the gross salary of the Chief Executive of £44,200 (2022: £44,000) together with employer's national insurance of £5,099 (2022: £4,850) and no pension costs.

9 TANGIBLE FIXED ASSETS

	Fixtures, Fittings and equipment	Computer equipment	Total
	£	£	£
Cost			
At 1 April 2022	19,524	14,488	34,012
Additions	140	2,527	2,667
Disposals	-	-	-
At 31 March 2023	19,664	17,015	36,679
Depreciation			
At 1 April 2022	18,423	10,963	29,386
Charge for the year	946	2,862	3,808
Eliminated on disposals	-	-	-
At 31 March 2023	19,369	13,825	33,194
Net book value			
At 31 March 2023	£295	£3,190	£3,485
At 31 March 2022	£1,101	£3,525	£4,626

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

10 DEBTORS

	2023	2022
	£	£
Other debtors	1,287	*1,731*
Prepayments	17,949	*15,419*
Accrued income	38,750	*58,146*
	£57,986	*£75,296*

11 CASH AT BANK AND IN HAND

	2023	2022
	£	£
Cash at bank	381,879	*377,111*
Cash in hand	313	*865*
	£382,192	*£377,976*

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Deferred grant income (see below)	5,317	*18,272*
Other creditors	9,855	*13,195*
Accruals	4,308	*4,839*
	£19,480	*£36,306*

Deferred grant income at year end relates to:	2023 £	2022 £
Unrestricted grants (see note 2)	5,000	-
Restricted grants (see note 5)	317	*18,272*
	£5,317	*£18,272*

13 PROVISIONS FOR LIABILITIES

Other provisions	£	£
At beginning of year	-	-
Charged in the year	10,000	-
At end of year	£10,000	*£Nil*

The other provisions relate to costs provided in respect of future known redecoration costs in the 2025/26 year, for lease compliance.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

14 RESTRICTED FUNDS

	1 April 2022 £	Income for year £	Expenditure For year £	31 March 2023 £
Strengthening Families fund	-	110,000	(110,000)	-
Rapport fund	-	22,500	(22,500)	-
Family support workers fund	-	6,667	(6,667)	-
Play therapy fund	-	11,000	(11,000)	-
Client activities and support	-	2,988	(2,988)	-
	£-	£153,155	£(153,155)	£-

The Strengthening Families fund relates to the Charity's mainstream work with families where there is an addiction issue affecting one or more family members. Restricted funding of £110,000 relates to grants received from the National Lottery Fund which part-funds the salaries of certain members of staff, together with a proportion of staff training, travel costs, general running expenses and allocated overheads. The £110,000 represents the amount receivable in Year 2 of an agreed four-year arrangement. The grants receivable for the next two years are £95,000 and £80,000 respectively.

The Rapport fund relates to an initiative based on the three concepts of 'Repair, Prevent and Thrive'. This uses child-centred approaches designed to address the crucial development needs of young children up to early primary school age. Funds allocated to the current year comprise 22,500 from the Charles Haywood Foundation.

The Family support workers fund relates to grants received towards family support workers' salaries, national insurance and pension costs. Funds allocated to 2022/23 comprise £6,667 from the Trusthouse Charitable Foundation.

The Play Therapy fund relates to grants received from the Hopkins Charitable Fund as a contribution towards the cost of employing a specialist play therapist.

Grants of £2,988, received towards the cost of client events and support, have been used to help provide support for clients and their families during the year.

15 UNRESTRICTED FUNDS

	1 April 2022 £	Income for year £	Expenditure For year £	31 March 2023 £
General charitable funds	£421,592	£315,969	£(323,378)	£414,183

General charitable funds comprise £125,000 designated by the trustees during 2022/23 to assist with the further development and roll out of the charity's Venta programme, working alongside perpetrators and victims of domestic abuse, together with £289,183 undesignated funds.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

16 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible fixed assets £	Net current assets £	Total funds 2023 £	Total funds 2022 £
Restricted funds	-	-	-	-
Unrestricted funds	3,485	410,698	414,183	*421,592*
	£3,485	£410,698	£414,183	*£421,592*

17 COMMITMENTS

At 31 March 2023 the Charity had future minimum lease commitments under non-cancellable operating leases as follows:

	2023 £	2022 £
Not later than 1 year	36,580	*37,317*
Within 2 to 5 years	4,693	*6,273*
Total	£41,273	*£43,490*

Lease commitments of £41,273 (2022: £43,490) comprise £36,151 (2022: £36,151) in respect of two property leases and £5,122 (2022: £7,339) in respect of two equipment leases.

The property leases, which relate to premises occupied and used by the Charity, commenced on 12 April 2018 and are for a term of 10 years, with the option for the tenant to terminate each lease on the 5th and all subsequent anniversaries up to the 9th anniversary. The equipment leases relate to a telephone system and a printer/copier.

18 COMPANY STATUS AND MEMBERS

Iceni Ipswich is a company limited by guarantee and accordingly does not have any share capital. Membership of the Company is open to individuals and organisations. The only members are currently the Directors of the Company, who are also the Trustees. The liability of each member is limited to a sum not exceeding £1, this being the amount that each member undertakes to contribute to the assets of the Charity in the event of it being wound up while they are a member, or within one year of ceasing to be a member.

19 RELATED PARTY TRANSACTIONS

Other than the donations received from Trustees, as detailed under note 7 to the financial statements, there were no related party transactions during the current year.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

20 SOFA COMPARATIVES

Income and endowments from:	Unrestricted Funds £	Restricted Funds £	Total Funds £
Donations and legacies	71,576	-	71,576
Other trading activities	10,319	-	10,319
Income from investments	35	-	35
Income from charitable activities	319,271	199,059	518,330
Total	401,201	199,059	600,260
Expenditure on:			
Expenditure on raising funds	529	-	529
Expenditure on charitable activities	242,945	199,059	442,004
Total	243,474	199,059	442,533
Net income	157,727	-	157,727
Funds at 1 April 2021	263,865	-	263,865
Funds at 31 March 2022	£421,592	-	£421,592

The above schedule provides a breakdown of comparative figures in respect of the year ended 31 March 2022 for all amounts shown in the Statement of Financial Activities analysed across fund types.

21 RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net (expenditure)/income for the year per the Statement of Financial Activities	(7,409)	*157,727*
Depreciation charges	3,808	*2,945*
Interest receivable	(1,827)	*(35)*
Decrease in debtors	17,310	*27,578*
Decrease in liabilities and provisions	(6,826)	*(79,730)*
Net cash generated from operating activities	£5,056	*£108,485*

ICENI IPSWICH

England & Wales - Charity number 1146684

Accounts

Registered Company No. 07675101 (England and Wales)
Registered Charity No. 1146684

ICENI IPSWICH

ANNUAL REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2022

ICENI IPSWICH

TRUSTEES' ANNUAL REPORT & ACCOUNTS

YEAR ENDED 31 MARCH 2022

CONTENTS

	Pages
Legal & Administrative Details	1
Chief Executive's Report	2
Trustees Annual Report	3 - 11
Independent Examiner's Report	12 -13
Statement of Financial Activities	14
Balance Sheet	15
Statement of Cash Flows	16
Notes to the Financial Statements	17 – 26

Legal & Administrative Details

Charity Name	:	Iceni Ipswich
Status	:	Company limited by guarantee
Company Number	:	07675101 (England and Wales)
Charity Registration Number	:	1146684
Registered Office & Principal Address	:	74- 78 Foundation Street Ipswich IP4 1BN Tel: 01473 214006

Patron
Sir Michael Bunbury Bt KCVO DL

Trustees (Directors)

Alexander John Scott-Barrett (Chairman)	
Inga Lockington	
Laurence Bradley	
Noel Smith	(resigned 9 August 2021)
Elizabeth Whitney	(see below)
Toby Kramers	(see below)
David Chittick	(appointed 31 March 2022)

At the AGM on 8 November 2021 Elizabeth Whitney and Toby Kramers retired by rotation, in accordance with the Company's Articles of Association, and were duly re-elected.

Chief Executive
Brian Tobin MBE

Website
www.iceniipswich.org

Independent Examiner
Adam Smith FCA
Scrutton Bland LLP
Fitzroy House
Crown Street
Ipswich
IP1 3LG

Bankers
National Westminster Bank Plc
25 High Street
Colchester
CO1 1DG

Solicitors
Gotelee Solicitors
31-41 Elm Street
Ipswich
IP1 2AY

CHIEF EXECUTIVE'S REPORT

We hope the most severe impact of Covid-19 is now behind us. However, this year we conducted a covid impact survey with 57 families responding. It was clear from this data that families and children have experienced major new stresses because of the lockdown restrictions, adding significantly to difficulties faced in dealing with substance misuse and co-existing problems of domestic abuse. With the cost-of-living crisis beginning to bite it is clear that our services will be in greater demand than ever before.

Over the past 12 months, Iceni has faced many challenges as we responded to significantly increased need within the communities we serve. We responded in many ways to ensure the continued work with families who require our services. This included, in some instances a reduction in personnel and a significant cut in all non-essential administrative and management activities and events, such as travel, conferences, workshops and training.

This year has seen us embark on producing a new five year strategic plan. We have harnessed the support of 'experts' from Pilotlight who provide professional advisors that can steer us towards our five goals included in our strategic plan. In the years ahead we are setting five strategic priorities. These provide a framework for achieving our goals with particular focus on growth and innovation in areas of Domestic Abuse and a target to reach more families with our evidence-based programmes. More diverse but coherent portfolio & associated income streams is also a crucial element of this plan.

The economic implications everyone is facing began to unravel this year and the implications may well last for many years. Charities such as ours will continue to play a crucial role in helping families and children thrive. It will be a challenge just to help families keep their heads above water, however, driven on by a sense of fairness, compassion & empathy we will continue to make a real difference.

I would like to commend and thank all our staff, volunteers and the board of trustees who have all been at the heart of our COVID-19 response since early 2020. Our Charity is made up of outstanding people with real expertise who consistently go above and beyond for the families of Suffolk. While we acknowledge there will be challenging times ahead, I'm confident Iceni will emerge stronger thanks to the dedication and willingness of everyone involved in our activities. The dedication, compassion and innovation are much valued and appreciated.

Brian Tobin MBE
CEO

TRUSTEES ANNUAL REPORT

The Trustees present their Annual Report and the financial statements for the year ended 31 March 2022. This report represents a Directors' Report as required by Section 417 of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

STRUCTURE, GOVERNANCE AND MANAGEMENT

Iceni Ipswich was incorporated on 20 June 2011 under company registration number 07675101 (England and Wales) and is a Company limited by guarantee. The Company became a registered Charity on 30 March 2012. The Company took over the staff and operations of The Iceni Project (an unincorporated charity) together with that Charity's assets, liabilities and commitments on 1 April 2012.

The Company is governed by its Memorandum and Articles of Association, as amended by special resolution on 6 July 2022.

The Directors of the Company are the Charity's Trustees for the purposes of charity law and throughout this report they are collectively referred to as the Trustees. Trustees are recruited in a variety of ways, including introductions from existing Trustees and others associated with Iceni Ipswich. A recommendation is then made to the Board of Trustees, following a meeting with the Chairman and the Chief Executive. Potential Trustees will attend a meeting of the Board of Trustees before appointment. Trustees can be appointed either at a meeting of the board or by the Company's members by ordinary resolution at a general meeting.

Trustees are invited to attend a short induction training session and are thereafter encouraged to participate in appropriate training courses. Periodically, trustees participate in strategy workshops which bring together Trustees and staff.

The Trustees meet on a regular basis in order to review and agree major areas of policy. The role of the Board of Trustees is principally to:

- ensure that Iceni Ipswich has a clear vision, mission and strategic direction; and
- monitor and support the Chief Executive in order to achieve these objectives

The day to day running of the Charity and the exercise of executive responsibility is delegated by the Trustees to the Chief Executive.

The Trustees and the executive have joint responsibility for identifying and managing the major risks which are likely to affect the long-term viability of the Charity. Where possible, systems and procedures have been introduced to mitigate the potential impact on the charity should those risks materialise. The major risks are considered to be financial in nature. The Trustees and executive have continued to seek further funding from a variety of sources to ensure that the Charity will be able to continue to operate at an appropriate level for the foreseeable future. Efforts have also continued to pursue a diverse mix of funding from local authorities, public bodies and private corporations, donations from individuals, and local fundraising activities.

OBJECTIVES AND ACTIVITIES

Our vision is one where every child attains the right to a safe, healthy and happy start in life

Our values: Are based on our character attributes and are the foundation of our healthy relationships with each other. Together, we create a safe, positive place for all members of our community. We value honesty by demonstrating integrity in our words and actions. We are truthful and trustworthy and respect differences and treat everyone fairly and equitably—we are inclusive. By treating everyone with high regard and value, we are respectful.

Our mission: To offer care and support and to work with families in Ipswich and Suffolk who are affected by problems of substance misuse (including victims of domestic abuse) and those that cause harm within the family.

PUBLIC BENEFIT

The Trustees are aware of and have due regard to Charity Commission guidance on public benefit and have taken this into account when designing and delivering services to clients and to the wider public.

ACHIEVEMENTS AND PERFORMANCE

During this year we still had to work with some covid related issues, however, we began to see people face to face and since July 2021 we have been back to levels of attendance not seen since before the initial outbreak in March 2020.

We are pleased to report that we remain on course to meet our agreed outcome targets and project activities. This is largely due to the skills of the staff team, the high demand for our services and a willingness of all staff who often exceed their expected caseload and 'go the extra mile'.

Iceni & Early Intervention

The above activities are aligned with our philosophy of early intervention and your key goal of 'early' action. Our Early Intervention Programme goes much further than prevention. It is about breaking the intergenerational cycle of addiction and abuse within families and our communities. It is designed to help those who will raise the next generation of children, rather than applying sticking plasters to today's problems.

A generational problem takes a generation to fix. Everyone knows Early Intervention is important. It's cheaper, it's more effective and it will save money in the long run. The cost of this programme is only a fraction of what is spent on looking after children in care.

In spite of its merits, which has achieved increasing recognition by national and local government and the voluntary sector, the provision of successful evidence-based Early Intervention programmes (like ours!) remains persistently patchy and dogged by institutional and financial obstacles. In consequence, there remains an overwhelming bias in favour of existing policies of late intervention at a time when social problems are well-entrenched – even though these policies are known to be expensive and of limited success.

Iceni has argued, and will continue to argue, that success in preventative approaches requires a shift in culture and the adoption of proactive instead of reactive approaches to such challenges.

Our Activities

Using a "whole family' approach our programme is aimed at tackling entrenched societal problems and inequalities rather than simply dealing with the symptoms of addiction and/or abuse. Our chosen 'under one roof' approach provides a vast range of support from practical through to evidence based programmes

The core activities we have used over the past year contain a number of therapeutic and practical interventions that underpin our preferred holistic approach and include:

Counselling & Mentoring (daily)
Couple Counselling (daily)
Systemic family therapy (2 days a week)
Self-esteem Group (1 day a week)
Domestic abuse (Freedom Programme) 2 days a week
Positive Parenting Programme (Triple P) (1 day a week)
Relationship group (1 day a week)
Complementary therapies (daily)
Perpetrator (male) of Domestic Abuse group (weekly)
Perpetrator one to one sessions (3-4 a week)
Play therapy sessions (2 days a week)
My stronger self-group (weekly)
Social services liaison (daily)
Support and mentoring around court appearances and family case conferences (3-4 a week)

Our beneficiaries

We routinely work with over 300 families a year. 80% live in Ipswich in neighbourhoods with high levels of deprivation. The entry criteria onto our programme is: one or both parents having issues with drugs and/or alcohol who have at least one child under the age of 16. Thus. our main beneficiaries are:

- Parents with addiction and dependency problems
- Those who experience co-existing issues with both substance and domestic abuse.
- Families where early intervention can prevent problems from escalating and requiring statutory involvement.
- Families whose children are in the social care system

Characteristics of such families who we work with include those who are: Teenage and single parents, long-term unemployed, women/men fleeing domestic abuse, sex workers, people experiencing mental health problems, ex-offenders and children with poor physical health and poor social prospects.

Improving how we engage with diverse groups of people

It is safe to say we work with the people we plan to; however, we need to improve on how we engage with those from diverse groups. Although not all problems apply equally across all demographic groups it is important to take into account the range and diversity of the local population and target group and to evidence that we have taken proper cognisance of issues regarding ethnicity, local demography and access to our services. With this in mind this year we introduced a diversity and equality steering group. Made up of Trustees, staff and soon to be service users, this group is responsible for:

- Acting as a forum for staff, trustees, volunteers and beneficiaries in issues relating to all diversity and inclusion matters.
- Improving the representation and brand image of Iceni and ensuring inclusion is embedded throughout the organisation.
- Monitoring and evaluating the diversity and inclusion action plan, providing advice and guidance where necessary, and ensuring that diversity and inclusion remains a part of the core business strategy across Iceni.
- Improving our policies, procedures and practices directly and indirectly relating to equality and diversity, which will support us in better understanding and improving the diversity of Iceni.

How we involve our beneficiaries

Open dialogue with the most important stakeholders (our beneficiaries) is crucial. Their perspectives help identify gaps in service provision and supports the improvement of our services to better meet a family's needs. The involvement of people who use our services also helps improve our accountability, engagement, and decision-making. By embedding consultation in our practice, we are more likely to keep developing ways that benefit our service users, as they often know what is best for them.

We consult with service users to:

- empower people
- improve service delivery
- comply with the demands of regulation, funding agreements and legislation
- know we are doing a good job!
- change things that aren't working before it's too late
- help highlight the issues we tackle
- Support funding applications

The pandemic curtailed our consultation processes, however, we want to involve over 25% of all our beneficiaries in a range of consultation and participation activities over the coming year and we intend to develop further, the following processes to improve and increase families' consultation and participation:

- Parents Forums – quarterly
- Parent Speak Out Day – annually
- Satisfaction survey
- Attendance on designated steering groups
- Participation on all recruitment interview panels.

Challenges

Sadly, and as predicted last year, the number of referrals where domestic abuse is prevalent has continued to rise. Coupled with the cost of living crisis beginning to bite, we are expecting even more demand for our services over the next few years. We are in uncertain times, however, it is possibly the families we work with who will suffer the most. We will do everything in our power to ensure the most vulnerable families' needs are met. This means we must increase our staffing levels. With crucial funding coming to an end, this means we not only have to try and secure more funding to maintain existing staffing levels, but it is also highly probable that we will require another family worker to meet the demands we face in terms of capacity.

A case study of our work

We witness the improvement in families' general happiness, wellbeing and physical and mental health. By helping people reduce domestic abuse and the use of substances means they can become more independent or have greater choice and control over their life. We also help people feel less lonely, isolated or anxious as a result of being supported by us. The following is an example of who we work with, how and what outcome and impact we hope to make:

Case Study – Iceni Ipswich Strengthening Families Service

B is white British female aged 39 who self-referred to Iceni. B has been impacted by alcohol misuse; both her own and that of her son's father.

- B has three children aged 1, 14 and 16
- B left the relationship with the father of the two eldest children due to domestic abuse and his alcohol misuse.
- The children continued to see their father, however, the parental conflict impacted negatively on both boys.
- B is in a relationship with the father of her youngest child. There was a written agreement in place that he does not reside in the family home as there are concerns around physical abuse towards the boys and controlling and coercive behaviours towards B

Working collaboratively with B, a comprehensive support plan was identified and agreed. B was designated a key worker and support was also extended to her current partner.
Iceni's interventions delivered by her designated key worker and co-ordinated therapeutic support included:

- Triple P level 4 - Supporting B to introduce a positive model of parenting, building her own self confidence and strengthening their relationship. This supported B to become more child focused encouraging emotional warmth and empathy.
- Freedom Programme - To support B to understand the impact of domestic abuse and to fully understand abusive behaviours. B attended and completed the Freedom programme. In applying the knowledge, she gained she was able to recognise the controlling and coercive behaviours of her current partner.
- 1:1 therapeutic counselling - Used to empower B through therapeutic sessions to reflect on her own life experiences, including her own childhood, the impact of domestic abuse and addressing her own self-worth/ esteem. This aided her to understand her own being and the circumstances that had led to her own alcohol misuse. Following 18 weeks of extensive work with B, she made the decision to end the relationship with her partner and Iceni supported her through this by structured key working and counselling.
- Family therapy supporting the family with a systemic family approach to give each member a voice to be heard enabling B to understand how the family and wider family dynamics has impacted the Children
- Structured Key working sessions - Looking at current life scripts to healthily challenge long term thought processes using reframing to support positive change. Using a solution focused approach, through structured key working sessions, supporting B to look at her current relationship. Supporting B to look at her triggers and coping strategies, using solution focused approach to further develop healthy coping strategies. Provision of ongoing maintenance support to allow B to a space for reflection and continued growth.

Case Study – Iceni Ipswich Strengthening Families Service (continued)

OUTCOMES

- B left the relationship and is living with just her and the children. The Children have stated that they feel safer knowing 'he' is not going to come round again.
- Behaviours at home and school has dramatically improved with the two oldest children currently meeting their academic targets.
- The eldest child has not been involved in criminal/anti-social behaviour for the past 8 months. Previously, he had been arrested on 3 occasions.
- Seven months on, B has continued her abstinence from alcohol.
- B is able to manage child contact with the respective fathers without conflict.
- B is positive about her ability to be a positive parent which has helped her and her children to bring a calmer atmosphere to the family home.
- B is working as a volunteer two afternoons a week at a local charity shop

FINANCIAL REVIEW

Income for the year amounted to £600,260 (2021: £608,335) and expenditure amounted to £442,533 (2021: £421,619) giving net income for the year of £157,727 (2021: £186,716). Closing fund balances at 31 March 2022 amounted to £421,592 (2021: £263,865) all consisting of unrestricted funds.

Iceni again received significant funding during 2021/22 to support the continued development and extension of the Charity's Venta Programme, which is directed towards the perpetrators of domestic violence. This is an initiative which has been recognised as being of benefit not only to those attending the programme, but also to society as a whole, bringing with it cost as well as other benefits, and is being actively supported by both the Home Office and the Suffolk Police and Crime Commissioner's Office. The amount received for 2021/22 was £194,511 (2021: £144,444) and we are delighted to have secured continuation funding for 2022/23, which will allow this work to further expand, both in Ipswich and wider afield within Suffolk.

The contract with Turning Point continued throughout 2021/22, and under this Iceni received £120,000 (2021: £120,000) for involvement in the Suffolk Recovery Network. The contract is due to end on 31 March 2024.

Following a successful application to the National Lottery Fund for continuation funding, Iceni will receive £410,000 over four years between 1 April 2021 and 31 March 2025. The amount received for 2021/22 was £125,000, and this is restricted funding to support Iceni's 'Strengthening Families' programme. Other restricted grants received for 2021/22 included £20,000 from the Trusthouse Charitable Foundation and £10,417 from Lloyds Bank Foundation (both being contributions towards the cost of employing keyworker staff), £24,583 from the Charles Haywood Foundation (a three-year grant agreement commencing February 2021).to support Iceni's 'Rapport' programme (using child-centred approaches to address the development needs of young children up to primary school age), £7,000 from the Clothmakers Foundation (for improvements to kitchen facilities), £11,000 from the Hopkins Charitable Trust (part of a £22,000 grant agreed through Suffolk Community Foundation) to help with the cost of employing a play therapist, and grants from The Rope Trust to enable Iceni to provide hardship payments to clients in need.

Iceni also received a few unrestricted grants in 2021/22 for core costs: £20,000 from Ipswich Borough Council, £15,000 from the Garfield Weston Foundation (second year of a two-year grant) and £15,000 from the Elizabeth Frankland Moore & Star Foundation. Job retention scheme grants of £3,958 were received in the early part of the year to support staff who were still on furlough. In addition, we received donations from both personal and corporate supporters, the proceeds of some very welcome local fundraising events, and a certain amount of income from drug testing work and room hire.

Expenditure for 2021/22 was little changed in overall terms compared with that of the previous year. Note 6 to the financial statements provides a useful summary.

Staff costs showed a 20% increase, up £53,740 at £326,913 (2021: £273,173). This was partly because we were able to recruit additional staff in 2021/22 and there were also a few rate increases. In addition, less use was made of subcontract staff in 2021/22.

Therapy costs were higher than in the previous year as more face-to-face contact became possible as Covid lockdowns were eased, and these included play therapy costs for the first time in 2021/22, together with more group session costs and more drug testing work.

Premises expenses include rent, rates, utility costs, rubbish disposal, property maintenance, cleaning and decorating costs. The total charge last year was particularly high as it included £24,209 for external painting and decorating of the four units occupied by Iceni. This is a five yearly obligation on Iceni as tenant. We are now building up a provision of £5,000 each year to cover the cost next time. As a result, the charge included for 2021/22 is £5,000 (compared with £24,209 in 2020/21). Rent payable remained at £35,000 for the year. Utility costs (for electricity) were up somewhat at £9,223 (compared with £7,788 for 2020/21) and we also undertook major renovation work in the kitchen costing £9,422, largely funded by means of a grant of £7,000 from The Clothwmakers Foundation.

In 2020/21 Iceni incurred programme evaluation fees of £17,500 from the University of Suffolk, in connection with a detailed assessment of the effectiveness of Iceni's Venta Programme work. No similar costs were incurred during 2021/22. We also incurred significant Covid response costs in 2020/21 (mainly covered by specific grants) but, as expected, far less in 2021/22. Other costs were generally in the same range as the previous year.

In summary, the Charity's unrestricted reserves have increased by significant amounts in each of the last two years (£157,727 and £186,716, respectively), and are currently in a much heathier position than was the case a couple of years ago.

RESERVES AND FUTURE FUNDING

The Trustees' policy is for the Charity to aim for a level of unrestricted reserves sufficient to cover normal operating expenses for at least 6 months at any one time. Unrestricted reserves at the end of March 2022 amounted to £421,592 which represents 10 months of projected operating costs going forward. The equivalent cover at 31 March 2021 was 6 months. The situation has therefore improved during 2021/22.

We continue to seek new sources of income, and we continue to keep our expenditure under review. Iceni has benefitted from the financial support provided by the Home Office and the Suffolk Police and Crime Commissioner's Office, and this has enabled further development of the Venta Programme and at the same time provided much needed funding for future expansion of this work. The continuation funding agreement reached with the National Lottery Fund, effective for four years from 1 April 2021, and the continuation of the Turning Point contract until the end of March 2024, will help to ensure that Iceni will have sufficient resources to allow it to continue operating for the foreseeable future, and for at least the next 12 months from the date of this report. For this reason, the Trustees continue to adopt the going concern basis of accounting when preparing these financial statements.

PLANS FOR THE FUTURE

This year we have identified five strategic goals for the coming years. The broad headlines are below:

Right organisation; right capability, right design,

Reflects and delivers our mission and aims, having the right people, adopting effective financial and governance processes. Touchstone - we know the we difference we make, keep it in sight through all organisational transitions.

More diverse but coherent portfolio & associated income streams

Identify opportunities for new revenue streams - Develop a good understanding of our external environment – Develop and review fundraising strategy

Raise Profile in Suffolk and beyond county.

Having an effective communication strategy in place – Make social media work better for us – Maintain and develop links with local and national media- Network, network, network!

Co-production

Live our co-production ethos in external partnerships as well as with our clients so that respect pervades the client experience. Identify shared-values partners for 'core to mission' services. – Be clear about the roles and responsibilities of each charity. Healthy partnerships are the most effective way of using our resources to further our charitable purposes where we can co-create and maintain our independence.

Expanding our Operations

Explore and agree cross county expansion – Establish presence and raise profile outside of Ipswich – improve our social media and communication approach

RESPONSIBILITIES OF THE TRUSTEES

The Trustees (who are also the Directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

RESPONSIBILITIES OF THE TRUSTEES (continued)

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report represents a Directors' Report as required by Section 417 of the Companies Act 2006 and has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

This report has been approved by the Board of Trustees on 15 December 2022 and signed on their behalf by

Alexander Scott-Barrett
Chairman

Laurence Bradley
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH

I report to the Trustees (who are also the Directors for the purpose of company law) on my examination of the financial statements of Iceni Ipswich (the 'Charity') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance sheet, the Statement of Cash Flows and related notes.

This report is made solely to the Charity's Trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the Trustees of the Charity, you are responsible for the preparation of the financial statements in accordance with the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- Accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- The financial statements do not accord with those records; or
- The financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- The financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Continued/.....

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH (continued)

Independent examiner's statement (continued)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Adam Smith FCA
Scrutton Bland LLP
Fitzroy House
Crown Street
Ipswich
IP1 3LG

15 December 2022

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account) YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted Funds 2022	Restricted Funds 2022	Total Funds 2022	Total Funds 2021
Income and endowments from:		£	£	£	£
Donations and legacies	2	71,576	-	71,576	*141,491*
Other trading activities	3	10,319	-	10,319	*4,358*
Income from investments	4	35	-	35	*50*
Income from charitable activities	5	319,271	199,059	518,330	*462,436*
Total		401,201	199,059	600,260	*608,335*
Expenditure on:					
Expenditure on raising funds		529	-	529	*794*
Expenditure on charitable activities	6	242,945	199,059	442,004	*420,825*
Total		243,474	199,059	442,533	*421,619*
Net income for year	7	157,727	-	157,727	*186,716*
Net movement in funds		157,727	-	157,727	*186,716*
Funds as at 1 April 2021		263,865	-	263,865	*77,149*
Funds as at 31 March 2022		421,592	-	421,592	*263,865*

The Statement of Financial Activities includes all gains and losses recognised for the above financial year. Comparative figures for the previous year are further analysed by fund type under Note 19 to the financial statements.

BALANCE SHEET
AS AT 31 MARCH 2022

	Notes	2022	2021
		£	£
Fixed Assets			
Tangible assets	9	4,626	*2,732*
Current Assets			
Debtors	10	75,296	*102,874*
Cash at bank and in hand	11	377,976	*274,295*
		453,272	*377,169*
Creditors: amounts falling due within one year	12	(36,306)	*(116,036)*
Net current assets		416,966	*261,133*
Total assets less current liabilities being net assets		£421,592	*£263,865*
Funds			
Restricted funds	14	-	-
Unrestricted funds	13	421,592	*263,865*
Total Charity funds		£421,592	*£263,865*

The Trustees are satisfied that, for the year ended 31 March 2022, the Charity is entitled to exemption from the provisions of the Companies Act 2006 ('the Act') relating to the audit of financial statements for the year by virtue of Section 477, and that no member or members have requested an audit pursuant to Section 476 of the Act.

The Trustees acknowledge their responsibilities for ensuring that the Charity keeps proper accounting records which comply with the requirements of Section 386 of the Act, and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at 31 March 2022 and of its surplus or deficit for the year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the Charity.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

Approved by the Board of Trustees on 15 December 2022 and signed on their behalf by

Alexander Scott-Barrett
Trustee

Laurence Bradley
Trustee

STATEMENT OF CASH FLOWS
YEAR ENDED 31 MARCH 2022

	Notes	2022	2021
		£	£
Cash flows from operating activities:			
Net cash generated from operating activities	20	108,485	*172,030*
Cash flows from investing activities:			
Interest received		35	*50*
Purchase of equipment		(4,839)	*(1,528)*
Net cash used in investing activities		(4,804)	*(1,478)*
Increase in cash and cash equivalents in year		103,681	*170,552*
Cash and cash equivalents as at 1 April		274,295	*103,743*
Cash and cash equivalents as at 31 March		£377,976	*£274,295*

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

1 ACCOUNTING POLICIES

Basis of accounting

The Charity is a public benefit entity as defined by FRS 102: an entity whose primary objective is to provide goods or services for the general public, community or social benefit and where any equity is provided with a view to supporting the entity's primary objectives rather than providing a financial return to equity providers, shareholders or members.

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) – Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

Going concern

The financial statements have been prepared on a going concern basis. Unrestricted reserves are currently standing at a level of approximately 10 months of operating costs. Taking into account anticipated future income, including National Lottery grant funding up to the end of 2024/25, financial support from other trusts and organisations, and funding from local and central government to assist with the development and expansion of Venta Programme work, the Trustees consider the Charity will be able to continue to operate and meet its liabilities as they fall due for a period of at least 12 months from the date of approval of these financial statements.

Income

Income from donations and legacies includes donations, gifts, legacies and grants that provide core funding of a general nature, and is recognised where there is entitlement, and where the receipt is probable, and the amount can be measured with sufficient reliability. Income is deferred if the donor has specified that the grant or donation is intended for use in future accounting periods or has imposed conditions that must be met before the Charity has unconditional entitlement.

Income arising from other trading activities includes amounts raised from fundraising activities and events organised by supporters of the Charity and by the Charity itself, together with rent receivable from sub-letting arrangements in respect of property held on lease by the Charity primarily for functional use but which was surplus to operational requirements on certain days.

Income from investments is recognised on a receivable basis.

Income from charitable activities includes amounts receivable under contract together with grants receivable for the provision of specific services or where entitlement to grant funding is subject to specific performance conditions. Grants and donations received to support specific services or programmes are credited to income in the period during which the relevant services are to be provided, provided there is entitlement, probability of receipt and the amount can be measured with sufficient reliability. Income is deferred to the extent that it relates to services to be provided in future accounting periods.

Government grants are credited to the Statement of Financial Activities as the related expenditure is incurred.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

1 ACCOUNTING POLICIES

Expenditure

Expenditure is accounted for on an accruals basis and is recognised when a liability is incurred.

Expenditure on raising funds includes expenses in organising fundraising events and activities, together with minor fundraising trading expenditure.

Expenditure on charitable activities includes expenditure associated with the care and support of those affected by substance misuse (including victims of domestic violence) and those that cause harm within the family. Such expenditure includes both direct costs and support costs relating to these activities. Costs which cannot be directly allocated to particular activities are allocated on a basis consistent with the use of resources.

Costs incurred in connection with the governance of the Charity and its assets, and which are primarily associated with constitutional and statutory requirements, are included in expenditure on charitable activities and are further detailed in the notes to the financial statements.

Tangible fixed assets

Tangible fixed assets are recognised at cost. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life as follows: -

Fixtures, fittings and equipment	-	20.0% on cost
Computer equipment	-	33.3% on cost

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payment for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

1 ACCOUNTING POLICIES

Taxation

Iceni Ipswich is a charity within the meaning of the Charities Act 2011 and as such is a charity within the meaning of Part 11, Corporation Tax Act 2010. Accordingly, Iceni Ipswich is potentially exempt from taxation in respect of income or gains received within categories covered by Part 11, Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to its charitable purposes.

Restricted Funds

Grants and other income received for specific purposes are credited to restricted funds, and any related expenditure is charged to the relevant fund, subject to the level of funds available. Amounts can be restricted either by conditions imposed by the donor or by the charity itself when raising funds for particular purposes.

Unrestricted funds

Unrestricted funds are available for use at the discretion of the Trustees in the furtherance of the general objects of the Charity and which have not been designated for other purposes.

Operating Lease Agreements

Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

Pensions

The Charity operates a defined contribution plan for its employees. A defined contribution plan is a pension scheme under which the Charity pays fixed contributions into a separate entity. Once the contributions have been paid the Charity has no further payment obligations.

The contributions are recognised as an expense in the Statement of Financial Activities when they fall due. Amounts not paid are shown in other creditors as a liability in the Balance Sheet. The assets of the plan are held separately from the Charity in independently administered funds.

2 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Total Funds 2022	2021
	£	£	£	£
Grants and donations receivable	71,576	-	71,576	*156,491*
Deferred grants carried forward	-	-	-	*(15,000)*
	£71,576	£-	£71,576	*£141,491*

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

3 INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2022	2021
	£	£	£	£
Rent receivable	1,200	-	1,200	*450*
Fund raising activities	9,119	-	9,119	*3,908*
	£10,319	£-	£10,319	*£4,358*

4 INCOME FROM INVESTMENTS

	Unrestricted Funds	Restricted Funds	Total Funds 2022	2021
	£	£	£	£
Interest receivable	£35	£-	£35	*£50*

5 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2022	2021
	£	£	£	£
Grants and fees receivable	319,271	179,414	498,685	*463,093*
Deferred grants brought forward	-	37,917	37,917	*37,260*
Deferred grants carried forward	-	(18,272)	(18,272)	*(37,917)*
	£319,271	£199,059	£518,330	*£462,436*

Unrestricted grants and fees receivable of £319,271 include £120,000 (2021: £120,000) relating to contracted services provided as part of the Suffolk Recovery Network, a comprehensive drug and alcohol treatment service within Suffolk, together with £194,511 (2021: £144,444) relating to the development and roll out of our Venta Programme. Also included here are amounts receivable for arranging drug testing analysis and reports, together with other services. Restricted grants of £199,059 include £125,000 (2021: £136,442) received from the National Lottery Fund.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

6 CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2022	2021
	£	£	£	£
Staff salaries, national insurance & pension costs	152,570	174,343	326,913	*273,173*
Training	2,967	1,000	3,967	*1,498*
Therapy costs	5,690	204	5,894	*2,739*
Other fees	4,145	-	4,145	*12,760*
Premises expenses	47,479	15,450	62,929	*70,602*
Insurance costs	3,923	600	4,523	*3,937*
Office equipment maintenance	4,561	1,763	6,324	*7,051*
Communication	5,149	3,320	8,469	*7,662*
Travel	2,551	500	3,051	*3,284*
Programme evaluation fees	-	-	-	*17,500*
Independent examination fees	2,933	-	2,933	*2,720*
Legal and professional fees	1,714	-	1,714	*2,441*
Affiliation fees & subscriptions	153	-	153	*10*
Canteen and sundries	3,565	820	4,385	*4,471*
Covid response costs	966	-	966	*5,436*
Advertising & Website costs	1,144	-	1,144	*925*
Bank charges	333	-	333	*247*
Miscellaneous client expenses	157	1,059	1,216	*1,755*
Fixtures, fittings and equipment depreciation	922	-	922	*1,061*
Computer equipment depreciation	2,023	-	2,023	*1,553*
	£242,945	£199,059	£442,004	*£420,825*

7 NET INCOME FOR THE FINANCIAL YEAR

Net income for the financial year is stated after charging the following amounts:

	2022	2021
	£	£
Depreciation	£2,945	*£2,614*
Independent examination fees	£2,933	*£2,720*
Fees for other financial assistance	£732	*£1,650*
Payroll fees	£648	*£720*

None of the Trustees received any remuneration from the Charity in the year (2021: £Nil) and no expenses were incurred by or reimbursed to any Trustee during the year (2021: £Nil). There were no donations from related parties with conditions. The aggregate amount of donations received without conditions from Trustees was £420 (2021: £10,820).

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

8 STAFF COSTS

	2022	2021
	£	£
Wages and salaries	302,093	*253,072*
Social security costs	21,311	*17,553*
Pension costs (see below)	3,509	*2,548*
	£326,913	*£273,173*
	No.	**No.**
Average monthly number of employees	14	*11*

No employees earned more than £60,000 in either the current or prior year. There was no accrued holiday pay at the year end (2021: £Nil). Contributions of £3,509 (2021: £2,548) were paid into a defined contribution 'money purchase' pension scheme operated through the National Employment Savings Trust ('NEST'). This represents a workplace pension scheme. Eligible employees are automatically enrolled into the scheme and can opt out if they so wish. Key management personnel remuneration costs amounted to £48,850 (2021: £45,448) comprising the gross salary of the Chief Executive of £44,000 (2021: £41,000) together with employer's national insurance of £4,850 (2021: £4,448) and no pension costs.

9 TANGIBLE FIXED ASSETS

	Fixtures, Fittings and equipment	Computer equipment	Total
	£	£	£
Cost			
At 1 April 2021	19,215	11,629	30,844
Additions	309	4,530	4,839
Disposals	-	(1,671)	(1,671)
At 31 March 2022	19,524	14,488	34,012
Depreciation			
At 1 April 2021	17,501	10,611	28,112
Charge for the year	922	2,023	2,945
Eliminated on disposals	-	(1,671)	(1,671)
At 31 March 2022	18,423	10,963	29,386
Net book value			
At 31 March 2022	£1,101	£3,525	£4,626
At 31 March 2021	£1,714	£1,018	£2,732

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

10 DEBTORS

	2022	2021
	£	£
Other debtors	1,731	*946*
Prepayments	15,419	*11,385*
Accrued income	58,146	*90,543*
	£75,296	*£102,874*

11 CASH AT BANK AND IN HAND

	2022	2021
	£	£
Cash at bank	377,111	*273,765*
Cash in hand	865	*530*
	£377,976	*£274,295*

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Deferred grant income (see below)	18,272	*52,917*
Other creditors	13,195	*14,413*
Accruals	4,839	*48,706*
	£36,306	*£116,036*

Deferred grant income at year end relates to:	2022 £	2021 £
Unrestricted grants (see note 2)	-	*15,000*
Restricted grants (see note 5)	18,272	*37,917*
	£18,272	*£52,917*

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

13 UNRESTRICTED FUNDS

	1 April 2021 £	Income for year £	Expenditure For year £	31 March 2022 £
General charitable funds	£263,865	£401,201	£(243,474)	£421,592

14 RESTRICTED FUNDS

	1 April 2021 £	Income for year £	Expenditure For year £	31 March 2022 £
Strengthening Families fund	-	125,000	(125,000)	-
Rapport fund	-	24,583	(24,583)	-
Family support workers fund	-	30,417	(30,417)	-
Play therapy fund	-	11,000	(11,000)	-
Client activities and support	-	1,059	(1,059)	-
Kitchen improvement fund		7,000	(7,000)	
	£-	£199,059	£(199,059)	£-

The Strengthening Families fund relates to the Charity's mainstream work with families where there is an addiction issue affecting one or more family members. Restricted funding of £125,000 relates to grants received from the National Lottery Fund which part-funds the salaries of certain members of staff, together with a proportion of staff training, travel costs, general running expenses and allocated overheads. The £125,000 represents the amount receivable in Year 1 of an agreed four-year arrangement. The grants receivable for the next three years are £110,000, £95,000 and £80,000 respectively.

The Rapport fund relates to an initiative based on the three concepts of 'Repair, Prevent and Thrive'. This uses child-centred approaches designed to address the crucial development needs of young children up to early primary school age. Funds allocated to the current year comprise 24,583 from the Charles Haywood Foundation.

The Family support workers fund relates to grants received towards family support workers' salaries, national insurance and pension costs. Grants allocated to 2021/22 comprise £10,417 from the Lloyds Bank Foundation, and £20,000 from the Trusthouse Charitable Foundation.

The Play Therapy fund relates to grants received from the Hopkins Charitable Fund as a contribution towards the cost of employing a specialist play therapist.

Grants of £1,059, received towards the cost of client events and support, have been used to help provide support for clients and their families during the year.

The Kitchen improvement fund relates to a grant of £7,000 received from the Clothmakers Foundation during 2021/22, as a contribution towards the cost of improving kitchen facilities.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

15 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible fixed assets £	Net current assets £	Total funds 2022 £	Total funds 2021 £
Restricted funds	-	-	-	-
Unrestricted funds	4,626	416,966	421,592	263,865
	£4,626	£416,966	£421,592	£263,865

16 COMMITMENTS

At 31 March 2022 the Charity had future minimum lease commitments under non-cancellable operating leases as follows:

	2022 £	2021 £
Not later than 1 year	37,217	*36,831*
Within 2 to 5 years	6,273	*36,445*
Total	£43,490	*£73,276*

Lease commitments of £43,490 (2021: £73,276) comprise £36,151 (2021: £71,151) in respect of two property leases and £7,339 (2021: £2,125) in respect of two equipment leases.

The property leases, which relate to premises occupied and used by the Charity, commenced on 12 April 2018 and are for a term of 10 years, with the option for the tenant to terminate each lease on the 5th and all subsequent anniversaries up to the 9th anniversary. The equipment leases relate to a telephone system and a printer/copier.

17 COMPANY STATUS AND MEMBERS

Iceni Ipswich is a company limited by guarantee and accordingly does not have any share capital. Membership of the Company is open to individuals and organisations. The only members are currently the Directors of the Company, who are also the Trustees. The liability of each member is limited to a sum not exceeding £1, this being the amount that each member undertakes to contribute to the assets of the Charity in the event of it being wound up while they are a member, or within one year of ceasing to be a member.

18 RELATED PARTY TRANSACTIONS

Other than the donations received from Trustees, as detailed under note 7 to the financial statements, there were no related party transactions during the current year.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

19 SOFA COMPARATIVES

Income and endowments from:	Unrestricted Funds £	Restricted Funds £	Total Funds £
Donations and legacies	141,491	-	141,491
Other trading activities	4,358	-	4,358
Income from investments	50	-	50
Income from charitable activities	266,773	195,663	462,436
Total	412,672	195,663	608,335
Expenditure on:			
Expenditure on raising funds	794	-	794
Expenditure on charitable activities	225,162	195,663	420,825
Total	225,956	195,663	421,619
Net income	186,716	-	186,716
Funds at 1 April 2020	77,149	-	77,149
Funds at 31 March 2021	£263,865	-	£263,865

The above schedule provides a breakdown of comparative figures in respect of the year ended 31 March 2021 for all amounts shown in the Statement of Financial Activities analysed across fund types.

20 RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net income for the year per the Statement of Financial Activities	157,727	*186,716*
Depreciation charges	2,945	*2,614*
Interest receivable	(35)	*(50)*
Decrease/(increase) in debtors	27,578	*(81,853)*
(Decrease)/increase in creditors	(79,730)	*64,603*
Net cash generated from operating activities	£108,485	*£172,030*

ICENI IPSWICH

England & Wales - Charity number 1146684

Accounts

Registered Company No. 07675101 (England and Wales)
Registered Charity No. 1146684

ICENI IPSWICH

ANNUAL REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2021

TRUSTEES' ANNUAL REPORT & ACCOUNTS

YEAR ENDED 31 MARCH 2021

CONTENTS

	Pages
Legal & Administrative Details	1
Chief Executive's Review	2
Trustees Annual Report	3 - 11
Independent Examiner's Report	12 -13
Statement of Financial Activities	14
Balance Sheet	15
Statement of Cash Flows	16
Notes to the Financial Statements	17 – 26

Legal & Administrative Details

Charity Name	:	Iceni Ipswich
Status	:	Company limited by guarantee
Company Number	:	07675101 (England and Wales)
Charity Registration Number	:	1146684
Registered Office & Principal Address	:	74- 78 Foundation Street Ipswich IP4 1BN Tel: 01473 214006

Patron
Sir Michael Bunbury Bt KCVO DL

Trustees (Directors)

Alexander John Scott-Barrett (Chairman)	
Inga Lockington	
Laurence Bradley	(see below)
Noel Smith	(resigned 9th August 2021)
Elizabeth Whitney	(appointed 9th November 2020)
Toby Kramers	(appointed 9th November 2020)

At the AGM on 9th November 2020 Laurence Bradley retired by rotation, in accordance with the company's Articles of Association, and was duly re-elected.

Chief Executive
Brian Tobin MBE

Website
www.iceniipswich.org

Independent Examiner
S S Gravener
Scrutton Bland LLP
Fitzroy House
Crown Street
Ipswich
IP1 3LG

Bankers
National Westminster Bank Plc
25 High Street
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Solicitors
Gotelee Solicitors
31-41 Elm Street
Ipswich
IP1 2AY

CHIEF EXECUTIVE'S REPORT

Over the past twelve months, the impact of Covid has been of such significance that it's rightfully acknowledged at the beginning of this report. Due to lockdowns and restrictions we had to stop and start our work throughout 2020 and into 2021. However, all the staff, counsellors and volunteers have shown great resilience, and their ability within a very short time frame to adapt their everyday practice was exemplary. Everyone mucking in together was a real theme over the past year and these times have reinforced the importance of effective communication. My admiration and thanks to everyone who helped steer us and more importantly our beneficiaries through a very difficult and challenging year.

Our work alongside families during the lockdown has shown us that Covid is compounding the complex issues that many families are already experiencing, adding on additional stresses and strains. It is making some of the families we work alongside more likely to experience a return to substance use, an increase in poverty or relationship breakdown. Many children will have experienced significant loss, trauma, and bereavement. Many children will see a profound impact on their emotional wellbeing, with potential long-term consequences.

Mitigating these impacts as much as possible while the crisis continues and, crucially, of planning for the months and years ahead that will address the traumatic effects has to happen soon. Iceni will of course do what we do best and help as many families as we can.

There have been ups and downs over the past year and we remain in a process of consolidation. Challenges remain, and the change process will continue for some time. However, it is fair to say that Iceni is in a considerably more secure position then it was this time last year and is continuing to provide unique, excellent, high-quality care and support to vulnerable children and families in Suffolk.

Whilst we remain cognisant about the challenges we face, specifically capacity issues, the long term effects of Covid 19 and becoming a truly sustainable organisation, we are pleased with the progress the organisation has made over the past twelve months.

Brian Tobin MBE
CEO

TRUSTEES ANNUAL REPORT

The Trustees present their annual report and the financial statements for the year ended 31 March 2021. This report represents a directors' report as required by Section 417 of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

STRUCTURE, GOVERNANCE AND MANAGEMENT

Iceni Ipswich was incorporated on 20 June 2011 under company number 07675101 (England and Wales) and is a company limited by guarantee. The company became a registered charity on 30 March 2012. The company took over the staff and operations of The Iceni Project (an unincorporated charity) together with that charity's assets, liabilities and commitments on 1 April 2012.

The company is governed by its Memorandum and Articles of Association, as amended by special resolution on 9 March 2012.

The directors of the company are the charity's trustees for the purposes of charity law and throughout this report they are collectively referred to as the trustees. Trustees are recruited in a variety of ways, including introductions from existing trustees and others associated with Iceni Ipswich. A recommendation is then made to the board of trustees, following a meeting with the Chairman and the Chief Executive. Potential trustees will attend a meeting of the board of trustees before appointment. Trustees can be appointed either at a meeting of the board or by the company's members by ordinary resolution at a general meeting.

Trustees are invited to attend a short induction training session and are thereafter encouraged to participate in appropriate training courses. Periodically, trustees participate in strategy workshops which bring together trustees and staff.

The trustees meet on a regular basis in order to review and agree major areas of policy. The role of the board of trustees is principally to:

- ensure that Iceni Ipswich has a clear vision, mission and strategic direction; and
- monitor and support the Chief Executive in order to achieve these objectives

The day to day running of the charity and the exercise of executive responsibility is delegated by the trustees to the Chief Executive.

The trustees and the executive have joint responsibility for identifying and managing the major risks which are likely to affect the long-term viability of the charity. Where possible, systems and procedures have been introduced to mitigate the potential impact on the charity should those risks materialise. The major risks are considered to be financial in nature. The trustees and executive have continued to seek further funding from a variety of sources to ensure that the charity will be able to continue to operate at an appropriate level for the foreseeable future. Efforts have also continued to pursue a diverse mix of funding from local authorities, public bodies and private corporations, donations from individuals, and local fundraising activities.

OBJECTIVES AND ACTIVITIES

The objectives of Iceni Ipswich are as follows:

- to offer care and support to those living in Ipswich and the surrounding area, whose lives have been affected by the misuse of drugs and other forms of addiction, and to promote awareness within the community to prevent an increase in that addiction;
- to relieve the needs of families affected by any form of addiction, and to provide them with the help they require to allow family members to become addiction free, and in particular to improve the opportunities for children to fulfil their potential by offering support to allow families to remain together; and
- to influence policy makers to ensure that national, regional and local strategies on drug addiction and other forms of dependency reflect the evidence-base of what we believe works through promoting the strategic, operational and tactical significance that has emerged from our work and communicating with key decision makers to enable them to see the bigger picture.

OUR VISION

Our vision is one of believing in and valuing those families that need our service, that they can be architects of their own futures and that they can engage positively in the process of change that enables them to live fulfilling and healthy lifestyles whilst actively contributing to the communities in which they live.

PUBLIC BENEFIT

The trustees are aware of and have due regard to Charity Commission guidance on public benefit and have taken this into account when designing and delivering services to clients and to the wider public.

ACHIEVEMENTS AND PERFORMANCE

Reflecting on the past year and the nature of changes and challenges we have experienced we have reason to be very pleased with what we have achieved. Due to Covid 19 from March 2020 we were unable to deliver face to face services. This had some effect on the changes and outcomes we achieved. However, due to the previous three years successes, we believe we have met or got near to meeting all set targets with a range of different funders.

Our work with perpetrators of Domestic Violence (DV) continues to please and we remain positive about the impact this work is having and can have over future years. We are seeing an increase in women presenting as victims of DV, so we believe it is critical that our work (The Venta Programme) with perpetrators is expanded over the coming years. Funding has been secured via The Home Office, Suffolk Police & Crime Commissioner and Suffolk County Council to expand this work to other areas of the county and to deliver these programmes more often.

As mentioned, like many small charities we are not immune from the impact of Covid 19. We cannot say with any conviction what the future holds both mid and long term. However, we will work hard on delivering a service, and we also have to focus on addressing our longer-term cash flow.

We may have difficult challenges to overcome, and we will do our best to look after the charity, however, we will concentrate efforts on our beneficiaries rather than the best interests of the organisation. From the beginning, it has been clearly understood that Iceni has a role to innovate new services and advocate for vulnerable sections of society. This role will continue. Whatever the future holds we should never forget who the real winners should be. Not us, nor partnerships or commissioners or the government; the real winners will be the families and children who seek our support. Iceni is nothing if they don't become winners.

Key Learning

The nature of our work and the role of technology - both at work and at home - could change how we work, for example can we do more digitally so we can support more people? We don't want to have to do that because our services run on people coming together, but we will explore any alternative and cost-effective way of working. We have learnt that some families in Ipswich live in digital poverty, with no or limited access to the internet, making it difficult for them to access our support services.

Working better together

Financial pressures on many sectors will mean securing funding will become even more difficult, indeed funding cuts are expected to continue and coupled with an increase in demand puts pressure on Iceni Ipswich and others to be innovative. We believe the need to work more collaboratively with others will be required and will prove beneficial. Collaborative working is not new: prior to the first period of lockdown we were exploring joint initiatives with three other Ipswich based charities. We were looking at: joining forces, working together, pooling our expertise and resources and being really creative about what we can achieve. It is hoped we can recommence this opportunity in 2022. However, if solid and workable partnerships are to thrive we must set aside irrelevant differences and focus on what matters most: the best interests of children and the families we work with.

Iceni have enduring ties to the local community because we are set up and run by local people who understand the ethos, culture, and individual needs of the places where they live and work. We know that successful interventions for families involve a high degree of collaborative working across agencies. Partnerships and networks have been formed based on mutual trust and the coming together of likeminded organisations. Respect, openness, and communication are key strengths of effective partnership working and together we reduce duplication of effort and by pooling our expertise, resources, and economies of scale we can be more creative about what we can achieve. Partnerships are forged using a Memorandum of understandings (MOU) with agencies mentioned below. Good liaisons, regular operational meetings and close co-ordination takes place between partners serving this population. Roles and responsibilities are set out in MOUs, and we have formed and improved collaborative partnerships with the following:

- **Housing** – Referral routes with housing providers aimed at maintaining tenancies, incl. Representation on the hostel liaison group and close links and referral routes with Ipswich Borough Council's housing team.
- **Education**- Iceni have excellent relationships with Suffolk College and Suffolk University. Referral routes from schools are open and we work with schools where children are struggling to achieve good attendance.

- **Employment** - Good working relationships have been formed with the job centre plus and Iceni have referral routes with those that provide back to work activities.
- **Realise Futures** - They deliver a course in self-esteem and confidence building and a mindfulness course on site to our parents.
- **Criminal Justice** – We fully participate in joint case working of clients with complex needs, including attendance at child-protection case conferences (LSCB), and Multi-Agency Risk Assessment Conferences (MARAC).
- **Domestic abuse** – Close links and referral pathways related to domestic abuse are well developed with Partner agencies (Lighthouse Women's Aid)
- **Sexual abuse** (Survivors in Transition) - We have a good referral relationship with SIT who work with adults who were sexually abused as children
- **Other providers working in substance misuse** - Our partnership with Turning Point ensures smooth referrals are made between both organisations. They concentrate on supporting those with drug and alcohol issues with a view to helping people into recovery from such substances. Turning Point is the first point-of-contact for the majority of referrals and initial assessments. They identify the most appropriate treatment options and refer to us if there is a need for our services
- **Social Care Services** - Due to the nature of our work we have developed effective working relationships with Social Workers. Such relationships enable us to advocate on behalf of parents who often struggle to navigate the Social Care System.
- **Mental Health** - We have a regular number of clients who require specialist mental health support. We have built up good relationships with Mental Health Services and we will advocate on clients' behalf to ensure they receive an appropriate service.
- **Other family services**- We work with The Ormiston Trust who provide services for our mothers who have previously had children taken into the statutory care system.
- **Family Carers** - We work with Suffolk Family Carers who are a part of the formal partnership we share with Turning Point. They can offer services to people including children who are maybe caring for a family member.

Addiction and domestic abuse are widespread public health issues that need a long-term and collaborative strategy to reduce prevalence. Whilst we have made great progress in working closely with a range of services there is no real, systematic approach to dealing with such issues. Such an approach will help bring about a cultural and practice shift, through enabling the transfer of knowledge, skills, and resources across a range of agencies. In turn, this will result in the development of high levels of multi-agency cooperation which will ensure responses to families are appropriate, proportionate, and timely.

Throughout Suffolk, there are many agencies and organisations from all sectors working with and supporting parents and families. There are examples of innovative and effective activities – parents have told us about some of these. We work well with a number of external partners; we want to break down silos to have integrated services with shared systems and processes. This means having genuine service integration; not merely partnership working or co-ordination of services across the whole system.

We know that no agency by itself can drive the change needed to address this. The traditional approach to public services, in which individual agencies focus on just one element of a complex family problem, for which they are accountable for, is simply not working. Approaches which ignore the complexity of the family as well as local community circumstances and instead deliver one-size-fits-all solutions are failing to meet local need. Iceni Ipswich is represented on a number of strategic committees and steering groups, and it is our aim to use such representation to influence and engage in future opportunities that will see a genuine joined up and whole family approach being applied in Suffolk.

How well did we reach everyone who could benefit from our work?

Our data tells us that that the majority of our beneficiaries (approximately 90%) live in Ipswich (our intended target group). The majority of these beneficiaries live in areas of Ipswich with high levels of deprivation as determined by the Index of Multiple Deprivation. However, over the past year we have seen a gradual rise of families referring to us from outside of Ipswich. If this trend continues, we will attempt to secure investments that can allow us to offer our services to a wider geographical population over the coming years.

Our main beneficiaries had characteristics we expected such as: parents with substance misuse problems, teenage and single parents, women fleeing domestic violence, sex workers, those experiencing mental and physical health problems, those living in temporary or poor accommodation, ex-offenders and children who have been subjected to adverse childhood experiences and poor social prospects.

There are a number of techniques we use to ensure we attract the appropriate people to our services. Iceni have over 20 years' experience of delivering a service to the people of Ipswich and has grown a reputation for being a positive contributor to the local community. We actively participate in local presentations (prior to Covid we conducted over 20 external presentations a year to church groups, rotary clubs, schools, and local businesses).

Involvement of the communities we serve in the design and development of services

Involvement of people who use our services helps improve our accountability, our activities, and our decision-making, and it was feedback from families that accessed our service during the pilot period of our 'Strengthening Families Programme' back in 2013-14 that proved influential in shaping the direction and success of this programme. As a result of the Covid pandemic we lost many opportunities in 2020-21 to garner the views and opinions of our beneficiaries. However, over the coming year we aim to, once again, embed consultation in our everyday practice.

As in previous years, people who use our service will be asked to comment on many aspects of our work and every new initiative or anticipated alteration in our service delivery. Before any changes are implemented service users will consider, comment and feedback their views and opinions and to this end, over the past 5 years, we have introduced and will develop further the following processes to improve and increase families' consultation and participation:

- Parents Forums – quarterly
- Parent Speak Out Day – annually
- Satisfaction survey 2-3 a year
- Introduction of a young parent and children consultation policy (by end of 2021)
- Suggestion boxes placed in prominent areas that invite suggestions and compliments, not just complaints.
- Publication of the results in an accessible format

Participation operates at multiple levels within Iceni and for those that have completed a programme with us, there are opportunities to become volunteers or mentors. After a 'time out' period of a minimum period of 6 months ex-service users can become involved in the running of services, including facilitating peer led group activities, one to one peer mentoring for parents and actively participate in making decisions about how services are organised and delivered, and how they measure up. Iceni have successfully acknowledged the skills that ex-service users bring to Iceni as they are 'experts by experience'. Iceni always ask service users to be involved in all staff recruitment and training and interview questions, and a praise and grumble box was introduced where service users can comment on all aspects of our service good and bad in complete confidence.

We will continue to meet with many external representative groups, experts and colleagues in other family support-based organisations including Black and Minorities groups in Ipswich, local neighbourhood groups, community centres and children centres. This will ensure we understand and meet the needs of these communities and draw upon their expertise to help us improve our services.

Our responsibility to Diversity and Inclusivity

In the past few years there has been a much-welcomed increase in awareness around diversity and inclusivity (DI) issues. In line with this and our commitment to promoting diversity, equality, and inclusion in all aspects of our activities we introduced a Diversity and Inclusivity Steering Group. This group is established to look at all issues relating to DI within the charity and representatives of all stakeholders of Iceni are represented on this group.

We want to create a culture of partnership working within the organisation, and with outside agencies, to enable each to share good practice and to better engage with under representative groups leading to a wider diversity of participants taking up our services (for example: Disability , BAME).

We also want to improve, promote, recognise, and value the diverse nature of individuals and ensure there remains equality of opportunity for all. This group will have delegated responsibility for feeding back all that is learnt to the trustees, and for recommending initiatives we can take forward to benefit all stakeholders of the charity.

The group will review, update, and adapt all polices and procedures relating to DI that show we are making continuous and real improvements that assist the charity in meeting all its responsibilities in areas of Equality, Diversity and Inclusivity.

FINANCIAL REVIEW

Income for the year amounted to £608,335 (2020: £358,740) and expenditure amounted to £421,619 (2020: £415,117) giving net income for the year of £186,716 (2020: net expenditure of £56,377). Closing fund balances at 31 March 2021 amounted to £263,865 (2020: £77,149) all consisting of unrestricted funds.

Although local fundraising efforts were seriously curtailed during 2020/21 as a result of the coronavirus pandemic (a situation faced by most if not all charities during that time), our contract with Turning Point continued, under which we received £120,000 for our continued involvement in the Suffolk Recovery Network; this agreement has been extended and runs for a further four years until 31 March 2024. We were also fortunate in securing additional grant funding for 2020/21, some of which was for restricted purposes, whilst other amounts were available as a contribution towards core costs. The latter included £30,000 from Ipswich Borough Council (£10,000 of which was a Covid 19 discretionary grant), £15,000 from the Garfield Weston Foundation (the first of a two-year funding agreement), £5,000 from the Suffolk Community Foundation, and £70,882 in job retention scheme grants to assist with staff costs for employees furloughed during part of the year. One area that did not hold up during 2020/21 was the expected income from the hire of rooms and facilities to Matrix College – this generated just £450 in 2020/21 compared with £3,333 in the previous year, since our premises had to be closed to all but essential workers during long periods in 2020 and the first few months of 2021.

In addition to the above, we received significant funding during 2020/21 to allow us to further develop and extend our Venta Programme, which is directed towards the perpetrators of domestic violence. This is an initiative which has been recognised as being of benefit not only to those attending the programme, but also to society as a whole, bringing with it cost as well as other benefits, and is being actively supported by both the Home Office and the Suffolk Police and Crime Commissioner's Office. The amount receivable for 2020/21 was £144,444, and further funding has been secured for the following year, which will allow this work to continue to expand, both in Ipswich and wider afield within Suffolk.

Expenditure for 2020/21 was similar in overall terms to that of the previous, however there were a few significant variations under some headings. Total staff costs were down slightly at £273,173 (compared with £289,043 in the previous year) and this was mainly because we had (on average) one less employee than in 2019/20. Employee numbers have subsequently increased in 2021/22, and we have also been able to increase some rates of pay since the year end. We continued to pay all furloughed staff their full pay during the pandemic, and we are hugely thankful for the government's job retention scheme grants of £70,882 which allowed us to do so

A few costs were down during the pandemic (as expected) including staff training and supervision costs and therapy costs, however a lot of our routine operating costs continued at similar levels to previous years, such as communication costs, and computer and technology costs. Premises costs also showed a marked increased at £70,602 (compared with £45,973 for last year) and this was almost wholly down to one item of £24,209 relating to external painting and decorating of all four units currently occupied by Iceni Ipswich. This arises from a commitment under the terms of our lease, whereby Iceni is obliged to pay for the cost of external painting of the building once every five years. Whilst the work was not actually completed until April 2021 (the delays being caused by the various lockdowns caused by the coronavirus pandemic) the commitment related to the year 2020/21, and hence an accrual for the full amount has been included within these accounts. This has been paid to the landlord during April and May 2021.

Advertising and website costs were far less than in 2019/20 (just £925 compared with £12,758) and this was because the website was totally redesigned and upgraded in the previous year, whereas current year costs represent routine hosting and maintenance fees only. Costs of £5,436 were incurred during 2020/21 in connection with action taken to ensure a safe working environment for staff, volunteers and clients during the pandemic, and related to items bought for the building itself together with equipment and facilities acquired to allow remote working where required, all of which was designed to ensure that our services to clients remained as constant and as effective as possible during this difficult time. Mention has already been made or our expanding Venta Programme, and some of the income received in this connection was to cover the cost of further external evaluation work carried out by the University of Suffolk. This evaluation was ongoing at the year end, and a provision has been included for the agreed cost of £17,500. This is more than the £3,840 incurred in the previous year, however it represents a far more in-depth piece of work.

The charity's unrestricted reserves increased in total during 2020/21 by £186,716, much improved compared with 2019/20 which saw a drop in unrestricted reserves of £44,877.

Restricted income for 2020/21 of £195,663 is summarised under Note 14 and includes £136,442 from the National Lottery Fund in support of our Strengthening Families work (comprising the balance of £50,442 receivable under a four-year funding agreement which ended 31 August 2020, plus a one off Covid Response grant of £86,000 for the six months to 31 March 2021). We received further grant funding of £25,000 from the Lloyds Bank Foundation and £20,000 from the Trusthouse Charitable Foundation to help cover family support workers' salaries and related costs during the year.

Other restricted funding comprised £4,220 from the Suffolk Community Foundation towards Covid 19 costs, £1,585 from The Rope Trust to help with client support costs, and new funding of £8,416 to support our 'Rapport' Programme, which is being developed to use child-centred approaches to address the development needs of young children up to primary school age. The funding for this work has been provided by both the Kelly Family Charity (£4,250) and the Charles Haywood Foundation (£4,166 - part of a three-year grant agreement commencing February 2021).

All restricted grants have been fully utilised during 2020/21.

RESERVES AND FUTURE FUNDING

The trustees' policy is for the charity to aim for a level of unrestricted reserves sufficient to cover normal operating expenses for at least 6 months at any one time. Unrestricted reserves at the end of March 2021 amounted to £263,865, which represents just over 6 months of projected operating costs. The situation has improved considerably during 2020/21, partly as a result of Covid 19 financial assistance in the form of Job Retention Scheme grants, together with a one-off £86,000 Covid 19 Recovery grant received from the National Lottery in October 2020. Although local fundraising efforts have had to be put substantially on hold during the worst of the pandemic, we have subsequently secured some additional funding from other sources, and we are pleased to be back to face to face working (at least at the present time) compared with the still valuable but at times limited alternative of zoom, telephone, and other remote working arrangements.

As always, we continue to seek new income sources, and we continue to keep our expenditure under review. The confidence placed in Iceni's Venta Programme by both the Home Office and the Suffolk Police and Crime Commission's Office is heartening, and this expanding area of work has been a major contributing factor behind the improvement of our reserves going forward. This, coupled with the new four-year funding agreement reached with the National Lottery Fund, effective from 1 April 2021, and the continuation of the Turning Point contract over the next few years, should ensure that Iceni will have sufficient resources to allow it to continue operating for the foreseeable future, and for at least the next 12 months from the date of this report. For this reason, the trustees continue to adopt the going concern basis of accounting when preparing these financial statements.

PLANS FOR THE FUTURE

The future holds exciting possibilities for Iceni, with funding and plans already in place to further develop and roll out our Venta Programme, as well as expanding and refining other more bespoke services to clients and their families, focusing on individual needs.

We have since the year end secured additional funding to enable Iceni to begin providing dedicated play therapy to those families that will benefit from such a one-to-one approach, as well as further developing other child-centric and family-orientated services such as our 'Suffolk RaPporT' programme (Repair, Prevent, Thrive) designed primarily to address the development needs of young children up to early primary school age.

In all of this, we do not lose sight of our prime objective, which is to provide the means (in a non-judgemental and holistic way) whereby clients can help themselves find solutions to their own problems. Our 'Strengthening Families' work remains our core service, and we will innovate and adapt as necessary to ensure we continue to meet the needs of our client families in the coming years.

RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report represents a directors' report as required by Section 417 of the Companies Act 2006 and has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

This report has been approved by the trustees on 8th November 2021 and signed on their behalf by

Alexander Scott-Barrett
Chairman

Inga Lockington
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH

I report to the trustees (who are also the Directors for the purpose of company law) on my examination of the financial statements of Iceni Ipswich ('the charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance sheet, the Statement of Cash Flows and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charitable company you are responsible for the preparation of the financial statements in accordance with the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiners statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales and of the Association of Chartered Certified Accountants, which are two of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- Accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
- The financial statements do not accord with those records; or
- The financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- The financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Continued/.....

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH (continued)

Independent examiners statement (continued)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

S Gravener

S S Gravener FCCA, ACA
Scrutton Bland LLP
Fitzroy House
Crown Street
Ipswich
IP1 3LG

2 December 2021

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account) YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted Funds 2021	Restricted Funds 2021	Total Funds 2021	Total Funds 2020
Income and endowments from:		£	£	£	£
Donations and legacies	2	141,491	-	141,491	*45,335*
Other trading activities	3	4,358	-	4,358	*10,021*
Income from investments	4	50	-	50	*216*
Income from charitable activities	5	266,773	195,663	462,436	*303,168*
Total		412,672	195,663	608,335	*358,740*
Expenditure on:					
Expenditure on raising funds		794	-	794	*705*
Expenditure on charitable activities	6	225,162	195,663	420,825	*414,412*
Total		225,956	195,663	421,619	*415,117*
Net income/(expenditure) for year	7	186,716	-	186,716	*(56,377)*
Net transfers between funds		-	-	-	-
Net movement in funds		186,716	-	186,716	*(56,377)*
Funds at 1 April 2020		77,149	-	77,149	*133,526*
Funds at 31 March 2021		263,865	-	263,865	*77,149*

The Statement of Financial Activities includes all gains and losses recognised for the above financial year. Comparative figures for the previous year are further analysed by fund type under Note 19 to the financial statements.

BALANCE SHEET
AS AT 31 MARCH 2021

	Notes	2021	2020
		£	£
Fixed Assets			
Tangible assets	9	2,732	*3,818*
Current Assets			
Debtors	10	102,874	*21,021*
Cash at bank and in hand	11	274,295	*103,743*
		377,169	*124,764*
Creditors: amounts falling due within one year	12	(116,036)	*(51,433)*
Net current assets		261,133	*73,331*
Total net assets		£263,865	*£77,149*
Funds			
Restricted funds	14	-	-
Unrestricted funds	13	263,865	*77,149*
Total charity funds		£263,865	*£77,149*

The trustees are satisfied that, for the year ended 31 March 2021, the charity is entitled to exemption from the provisions of the Companies Act 2006 ('the Act') relating to the audit of financial statements for the year by virtue of Section 477, and that no member or members have requested an audit pursuant to Section 476 of the Act.

The trustees acknowledge their responsibilities for ensuring that the charity keeps proper accounting records which comply with the requirements of Section 386 of the Act, and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at 31 March 2021 and of its surplus or deficit for the year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the charity.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

Approved by the trustees on 8th November 2021 and signed on their behalf by

Alexander Scott-Barrett
Trustee

Inga Lockington
Trustee

STATEMENT OF CASH FLOWS
YEAR ENDED 31 MARCH 2021

	2021	2020
	£	£
Cash flows from operating activities:		
Net cash provided by/(utilised by) operating activities	172,030	*(38,974)*
Cash flows from investing activities:		
Interest received	50	*216*
Purchase of equipment	(1,528)	-
	(1,478)	*216*
Cash flows from financing activities:		
Net cash provided by financing activities	-	-
Increase/(decrease) in cash and cash equivalents in year	170,552	*(38,758)*
Cash and cash equivalents at 1 April 2020	103,743	*142,501*
Cash and cash equivalents at 31 March 2021	£274,295	*£103,743*
Reconciliation of net income to net cash flow from operating activities		
Net income/(expenditure) for the year per the statement of financial activities	186,716	*(56,377)*
Depreciation charges	2,614	*2,958*
Interest receivable	(50)	*(216)*
(Increase)/decrease in debtors	(81,853)	*8,541*
Increase in creditors	64,603	*6,120*
Net cash provided by/(utilised by) operating activities	£172,030	*£(38,974)*

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

1 ACCOUNTING POLICIES

Basis of accounting

The charity is a public benefit entity as defined by FRS 102: an entity whose primary objective is to provide goods or services for the general public, community or social benefit and where any equity is provided with a view to supporting the entity's primary objectives rather than providing a financial return to equity providers, shareholders or members.

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) – Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

Going concern

The financial statements have been drawn up on a going concern basis. Despite severe restrictions encountered as a result of the ongoing global coronavirus pandemic, much needed support has been received from both government and other sources. Taking into account new Venta Programme funding, a new four-year grant agreement with the National Lottery, continued financial support from other trusts and organisations, and an improved level of reserves, the trustees consider that the charity will be able to continue to operate and meet its liabilities as they fall due for a period of at least 12 months from the date of approval of these financial statements.

Income

Income from donations and legacies includes donations, gifts, legacies and grants that provide core funding of a general nature, and is recognised where there is entitlement, and where the receipt is probable, and the amount can be measured with sufficient reliability. Income is deferred if the donor has specified that the grant or donation is intended for use in future accounting periods or has imposed conditions that must be met before the charity has unconditional entitlement.

Income arising from other trading activities includes amounts raised from fundraising activities and events organised by supporters of the charity and by the charity itself, together with rent receivable from sub-letting arrangements in respect of property held on lease by the charity primarily for functional use but which was surplus to operational requirements on certain days.

Income from investments is recognised on a receivable basis.

Income from charitable activities includes amounts receivable under contract together with grants receivable for the provision of specific services or where entitlement to grant funding is subject to specific performance conditions. Grants and donations received to support specific services or programmes are credited to income in the period during which the relevant services are to be provided, provided there is entitlement, probability of receipt and the amount can be measured with sufficient reliability. Income is deferred to the extent that it relates to services to be provided in future accounting periods.

Government grants are credited to the Statement of Financial Activities as the related expenditure is incurred.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

1 ACCOUNTING POLICIES

Expenditure

Expenditure is accounted for on an accruals basis and is recognised when a liability is incurred.

Expenditure on raising funds includes expenses in organising fundraising events and activities, together with minor fundraising trading expenditure.

Expenditure on charitable activities includes expenditure associated with the care and support of those affected by the misuse of drugs, and by other forms of addiction, and they include both direct costs and support costs relating to these activities. Costs which cannot be directly allocated to particular activities are allocated on a basis consistent with the use of resources.

Costs incurred in connection with the governance of the charity and its assets, and which are primarily associated with constitutional and statutory requirements, are included in expenditure on charitable activities and are further detailed in the notes to the financial statements.

Tangible fixed assets

Tangible fixed assets are recognised at cost. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life as follows: -

Fixtures, fittings and equipment	-	20.0% on cost
Computer equipment	-	33.3% on cost

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payment for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

1 ACCOUNTING POLICIES

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Taxation

Iceni Ipswich is a charity within the meaning of the Charities Act 2011 and as such is a charity within the meaning of Part 11, Corporation Tax Act 2010. Accordingly, Iceni Ipswich is potentially exempt from taxation in respect of income or gains received within categories covered by Part 11, Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to its charitable purposes.

Restricted Funds

Grants and other income received for specific purposes are credited to restricted funds, and any related expenditure is charged to the relevant fund, subject to the level of funds available. Amounts can be restricted either by conditions imposed by the donor or by the charity itself when raising funds for particular purposes.

Unrestricted funds

Unrestricted funds are available for use at the discretion of the trustees in the furtherance of the general objects of the charity and which have not been designated for other purposes.

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

2 DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2020 £
Grants and donations receivable	156,491	-	156,491	*45,335*
Deferred grants carried forward	(15,000)	-	(15,000)	-
	£141,491	£-	£141,491	*£45,335*

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

3 INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2020 £
Rent receivable	450	-	450	*3,333*
Fund raising activities	3,908	-	3,908	*6,688*
	£4,358	£-	£4,358	*£10,021*

4 INCOME FROM INVESTMENTS

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2020 £
Interest received	£50	£-	£50	*£216*

5 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2020 £
Grants and fees receivable	266,773	196,320	463,093	*310,421*
Deferred grants brought forward	-	37,260	37,260	*30,007*
Deferred grants carried forward	-	(37,917)	(37,917)	*(37,260)*
	£266,773	£195,663	£462,436	*£303,168*

Unrestricted grants and fees receivable of £266,773 include £120,000 (2020: £120,000) relating to contracted services provided as part of the Suffolk Recovery Network, a comprehensive drug and alcohol treatment service within Suffolk, together with £144,444 (2020: £Nil) relating to the development and roll out of our Venta Programme. Also included here are amounts receivable for arranging drug testing analysis and reports, together with other services. Restricted grants of £195,663 received in the year include £136,442 (2020: £119,595) received from the National Lottery Fund (Reaching Communities).

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

6 CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2020 £
Staff salaries, national insurance & pension costs	102,505	170,668	273,173	*289,043*
Training	292	1,206	1,498	*5,891*
Therapy costs	2,604	135	2,739	*7,566*
Other fees	12,760	-	12,760	*11,430*
Premises expenses	59,558	11,044	70,602	*45,973*
Insurance costs	3,358	579	3,937	*3,878*
Office equipment maintenance	3,851	3,200	7,051	*6,944*
Communication	6,456	1,206	7,662	*8,093*
Travel	2,297	987	3,284	*3,587*
Programme evaluation fees	17,500	-	17,500	*3,840*
Independent examination fees	2,720	-	2,720	*2,680*
Legal and professional fees	2,441	-	2,441	*1,594*
Affiliation fees & subscriptions	10	-	10	*10*
Canteen and sundries	3,638	833	4,471	*5,921*
Covid response costs	1,216	4,220	5,436	-
Advertising & Website costs	925	-	925	*12,758*
Bank charges	247	-	247	*304*
Miscellaneous client expenses	170	1,585	1,755	*1,942*
Fixtures, fittings and equipment depreciation	1,061	-	1,061	*1,357*
Computer equipment depreciation	1,553	-	1,553	*1,601*
	£225,162	£195,663	£420,825	*£414,412*

7 NET INCOME/(EXPENDITURE) FOR THE FINANCIAL YEAR

Net income/(expenditure) for the financial year is stated after charging the following amounts:

	2021 £	2020 £
Depreciation	£2,614	*£2,958*
Independent examination fees	£2,720	*£2,680*
Fees for other financial assistance	£1,650	*£342*
Payroll fees	£720	*£720*

No trustee received any remuneration from the charity (2020: £Nil) and no expenses were incurred by or reimbursed to any trustee during the year (2020: £Nil). There were no donations from related parties with conditions. The aggregate amount of donations received without conditions from trustees was £10,820 (2020: £5,920).

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

8 STAFF COSTS

	£	2020 £
Wages and salaries	253,072	*266,925*
Social security costs	17,553	*19,396*
Pension costs (see below)	2,548	*2,722*
	£273,173	*£289,043*
	No.	**No.**
Average monthly number of employees	11	*12*

No employees earned more than £60,000 during the year. There was no accrued holiday pay at the year end (2020: £Nil). Contributions of £2,548 (2020: £2,722) were paid into a defined contribution 'money purchase' pension scheme operated through the National Employment Savings Trust ('NEST'). This commenced on 1 May 2017 and represents a workplace pension scheme. Eligible employees are automatically enrolled into the scheme and can opt out if they so wish. Key management personnel remuneration costs amounted to £45,448 (2020: £45,470) comprising the gross salary of the Chief Executive (£41,000 in both years) together with employer's national insurance of £4,448 (2020: £4,470) and no pension costs.

9 TANGIBLE FIXED ASSETS

	Fixtures, Fittings and equipment	Computer equipment	Total
	£	£	£
Cost			
At 1 April 2020	19,215	15,810	35,025
Additions	-	1,528	1,528
Disposals	-	(5,709)	(5,709)
At 31 March 2021	19,215	11,629	30,844
Depreciation			
At 1 April 2020	16,440	14,767	31,207
Charge for the year	1,061	1,553	2,614
Eliminated on disposals	-	(5,709)	(5,709)
At 31 March 2021	17,501	10,611	28,112
Net book value			
At 31 March 2021	£1,714	£1,018	£2,732
At 31 March 2020	£2,775	£1,043	£3,818

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

10 DEBTORS

	£	2020 £
Other debtors	946	*1,515*
Prepayments	11,385	*13,468*
Accrued income	90,543	*6,038*
	£102,874	*£21,021*

11 CASH AT BANK AND IN HAND

	£	2020 £
Cash at bank	273,765	*103,037*
Cash in hand	530	*706*
	£274,295	*£103,743*

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£	2020 £
Deferred grant income (see below)	52,917	*37,260*
Other creditors	14,413	*7,163*
Accruals	48,706	*7,010*
	£116,036	*£51,433*

Deferred grant income at year end relates to:	£	2020 £
Unrestricted grants (see note 2)	15,000	-
Restricted grants (see note 5)	37,917	*37,260*
	£52,917	*£37,260*

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

13 UNRESTRICTED FUNDS

	1 April 2020 £	Income for year £	Expenditure For year £	31 March 2021 £
General charitable funds	£77,149	£412,672	£(225,956)	£263,865

14 RESTRICTED FUNDS

	1 April 2020 £	Income for year £	Expenditure For year £	31 March 2021 £
Strengthening Families fund	-	136,442	(136,442)	-
Rapport fund	-	8,416	(8,416)	-
Family support workers fund	-	45,000	(45,000)	-
Covid response fund	-	4,220	(4,220)	-
Client activities and support	-	1,585	(1,585)	-
	£-	195,663	£(195,663)	£-

The Strengthening Families fund relates to the charity's mainstream work with families where there is an addiction issue affecting one or more family members. Restricted funding of £136,442 relates to grants received from the National Lottery Fund which part-funds the salaries of certain members of staff, together with a proportion of staff training, travel costs, general running expenses and allocated overheads. The initial four-year grant finished on 31 August 2020. Covid 19 caused a delay in our application for continuation funding, however we were successful in securing a one-off Covid Response grant of £86,000 and this forms part of the £136,442 above.

The Rapport fund relates to a new initiative based on the three concepts of 'Repair, Prevent and Thrive'. This uses child-centred approaches designed to address the crucial development needs of young children up to early primary school age. Funds allocated to the current year comprise £4,250 from the Kelly Family Charity and £4,166 from the Charles Haywood Foundation.

The Family support workers fund relates to grants received towards family support workers' salaries, national insurance and pension costs. Grants allocated to 2020/21 comprise £25,000 from the Lloyds Bank Foundation, and £20,000 from the Trusthouse Charitable Foundation.

The Covid response fund relates to a grant of £4,220 provided by the Suffolk Community Foundation to cover specific Covid related expenditure during the year.

Grants of £1,585, received towards the cost of client events and support, have been used to help provide support for clients and their families during the year.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

15 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	-	-
Unrestricted funds	2,732	261,133	263,865
	£2,732	£261,133	£263,865

16 COMMITMENTS

As at 31 March 2021 the charity had future minimum lease commitments under non-cancellable operating leases as follows:

	£	2020 £
Not later than 1 year	36,831	*37,467*
Within 2 to 5 years	36,445	*73,276*
Total	£73,276	*£110,743*

Lease commitments of £73,276 (2020: £110,743) comprise £71,151 (2020: £106,151) in respect of two property leases and £2,125 (2020: £4,592) in respect of two equipment leases.

The property leases, which relate to premises occupied and used by the charity, commenced on 12 April 2018 and are for a term of 10 years, with the option for the tenant to terminate each lease on the 5th and all subsequent anniversaries up to the 9th anniversary. The equipment leases relate to a telephone system and a printer/copier.

17 COMPANY STATUS AND MEMBERS

Iceni Ipswich is a company limited by guarantee and accordingly does not have any share capital. Membership of the company is open to individuals and organisations. The only members are currently the directors of the company, who are also the trustees. The liability of each member is limited to a sum not exceeding £1, this being the amount that each member undertakes to contribute to the assets of the charity in the event of it being wound up while they are a member, or within one year of ceasing to be a member.

18 RELATED PARTY TRANSACTIONS

Other than the donations received from trustees, as detailed under note 7 to the financial statements, there were no related party transactions during the current year.

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2021

19 SOFA COMPARATIVES

	Unrestricted Funds	Restricted Funds	Total Funds
Income and endowments from:	£	£	£
Donations and legacies	45,335	-	45,335
Other trading activities	10,021	-	10,021
Income from investments	216	-	216
Income from charitable activities	125,640	177,528	303,168
Total	181,212	177,528	358,740
Expenditure on:			
Expenditure on raising funds	705	-	705
Expenditure on charitable activities	225,384	189,028	414,412
Total	226,089	189,028	415,117
Net expenditure	(44,877)	(11,500)	(56,377)
Net transfers between funds	-	-	-
Net movement in funds	(44,877)	(11,500)	(56,377)
Funds at 1 April 2019	122,026	11,500	133,526
Funds at 31 March 2020	£77,149	-	£77,149

The above schedule provides a breakdown of comparative figures in respect of the year ended 31 March 2020 for all amounts shown in the Statement of Financial Activities analysed across fund types.