

Company registration number: 07970294

Charity registration number: 1146544

**Sheffield Rape and Sexual Abuse Centre**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**For the year ended 31 March 2025**

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**Sheffield Rape and Sexual Abuse Centre**  
**Legal and administrative information**  
**For the year ended 31 March 2025**

**Directors/Trustees**

Ruth Kennedy	Chair
Katharine Thompson	Treasurer
Elizabeth Wilson	Secretary
Anne Tatlow	
Marie Tindall	
Jen Marsden-Lambert	

**Key management**

Meera Kulkarni	Chief Executive Officer
Angela Toulson	Business Manager (until October 2024)
Pauline Kimantas	Business Manager (from April 2025)
Laura Smith	Services Manager

**Registered Charity Number**

1146544

**Registered Company Number**

07970294

**Registered Office**

Scotia Works  
Leadmill Road  
Sheffield  
S1 4SE

**Accountants**

Seven Hills Accountants Limited  
57 Burton Street  
Sheffield  
S6 2HH

**Bankers**

CAF Bank Limited  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4TA

## **Sheffield Rape and Sexual Abuse Centre**

### **Directors' report (incorporating the Trustees' annual report) For the year ended 31 March 2025**

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2025 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

#### **OBJECTIVES AND ACTIVITIES**

Sheffield Rape and Sexual Abuse Centre (SRASAC) provides high quality, professional responsive specialist support services to anyone affected by sexual abuse or sexual violence at any time in their life within Sheffield.

SRASAC offers:

- Free face to face counselling sessions for any survivor
- Specialist support groups for survivors
- Information and Support Telephone Service.
- Independent Sexual Violence Advisor (ISVA) service for anyone of any age who has experienced rape or sexual abuse at any time in their lives.
- Training for professionals on understanding sexual violence and supporting survivors.

The principle object of the charity is to relieve the psychological distress of persons who have been sexually abused or raped by any person(s) in the City of Sheffield and the surrounding area.

Throughout 2024/25 the SRASAC team has been focused on maintaining the delivery of high quality support services to survivors in Sheffield.

SRASAC made the decision to step down from the role of contract lead for the South Yorkshire Independent Sexual Violence Advisor (ISVA) Service delivered by the South Yorkshire Sexual Violence Partnership (made up of equivalent specialist sexual violence services in Sheffield, Rotherham, Doncaster and Barnsley). This was related to a number of issues the most significant being a lack of capacity related to the mid year departure of the dedicated contract manager role.

SRASAC recognises that income generation is now the main priority for the continuation and development of our work. It is hoped that by stepping down as contract lead, the CEO will now be able to focus on increasing and diversifying SRASAC's income generation as well as ensuring the sustainability of SRASAC in the long term.

During 2024 2025 we established a new counselling service specifically for children from age 4. We have now established a dedicated team of 5 specialist children and young person's therapists delivering sessions across schools in Sheffield, and within our SRASAC building.

We are using the evidenced based ORS and CORS outcome measures, in line with NHS, to gather feedback and progress. Referrals can be made by Sheffield professionals and have included referrals from: Children and Families (Social Care), SRASAC CHISVAs, GPs, Early Help, Haven (local Sheffield charity supporting children who have experienced domestic abuse), Sheffield Futures, Amber Service, Schools, Independent Domestic Abuse Services, and the Police.

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2025**

**Independent Sexual Violence Advisor (ISVA) Service**

Sheffield Rape and Sexual Abuse Centre's (SRASAC) Independent Sexual Violence Advisor (ISVA) service provides specialist practical and emotional support to survivors of rape, sexual abuse and sexual violence. We support all ages and are gender inclusive. Our team is made up of both child and adult ISVAs.

The service is independent and confidential and provides support to cope with the impact of sexual violence irrespective of whether or not it is reported to the police. If our clients choose to report to the police the ISVA will support them to liaise with the police and understand the criminal justice process.

Our ISVA service like all ISVA services across the country is having to deal with the impact on survivors of the current severe delays in the criminal justice system. The backlog in Crown Courts has led to huge distress and re-traumatisation of survivors as they wait in anticipation for justice, having hopes dashed by postponements and delays.

**Adult Counselling Service**

SRASAC offers short-to-medium term specialist sexual violence counselling for anyone who has experienced sexual abuse or sexual violence at any time in their lives. We provide a safe, respectful and non-judgemental space for survivors to begin the process of recovery. Counselling with SRASAC allows an opportunity to be listened to and accepted, to be able to talk about past experiences and how they continue to impact on survivors throughout their lives.

SRASAC continues to offer more choice for clients to access counselling by offering our sessions either remotely via on-line video call or telephone, or face to face in our Centre. Our new 'blended service' developed during lockdown in 2020, has been embraced by clients and counsellors alike, offering increased flexibility and a more individualised, client centred approach.

Counsellors at SRASAC work from a trauma informed perspective and focus on building positive and effective therapeutic relationships, an important part of the counselling process and recovery from trauma. They have knowledge and understanding of the many effects of sexual violence and are able to support clients to become more able to manage their feelings and become more confident to carry on with life without being overwhelmed or controlled by the abuse they have suffered. We encourage clients to make their own choices and make changes in their lives if that is what they want. All of our Counsellors are professionally fully qualified and members of a professional counselling body, for example The British Association of Counsellors and Psychotherapists (BACP). Our counsellors come from a range of therapeutic backgrounds and work within their own modalities, which includes a client-centred/relational approach based around empowerment of the individual.

The clients who refer into the counselling service range widely in terms of age, sexual violence history, needs and requirements. Sheffield has a diverse population alongside a large student population. Survivors can contact our service sometimes within days of an assault, through to several years and even decades.

### **Children and Young People's (CYP) Counselling Service**

SRASAC is committed to providing specialist, trauma-informed support to children and young people aged 4–18 who have experienced sexual abuse or assault. Our Children and Young People's (CYP) Counselling Service offers a safe, compassionate, and confidential space where young people and their families can begin to process trauma and access the support they need.

The service provides a short-term model of up to 10 sessions, with the flexibility to extend or adapt this where required. All interventions are informed by evidence-based and trauma-informed practice, and are tailored to the individual needs of each child or young person. Sessions aim to re-empower young people, helping them to regain a sense of safety, control, and emotional resilience.

Therapeutic support is delivered by qualified counsellors either face-to-face at our centre, in schools, or online, depending on the preferences and circumstances of the young person. In addition to direct 1:1 therapy, the service also includes support for parents and carers through 2-3 individual sessions to help them understand the impact of trauma and how best to support their child at home. The CYP team also works closely with professionals involved in the young person's care, offering consultation and guidance to social workers, schools, and early help teams managing cases of sexual abuse.

Where more complex needs are identified, we offer extended or bespoke interventions that incorporate creative and trauma-informed approaches to support each child's healing process. We also provide supported onward referrals to ensure young people and their families can access additional services as needed.

### **Data for Improvement**

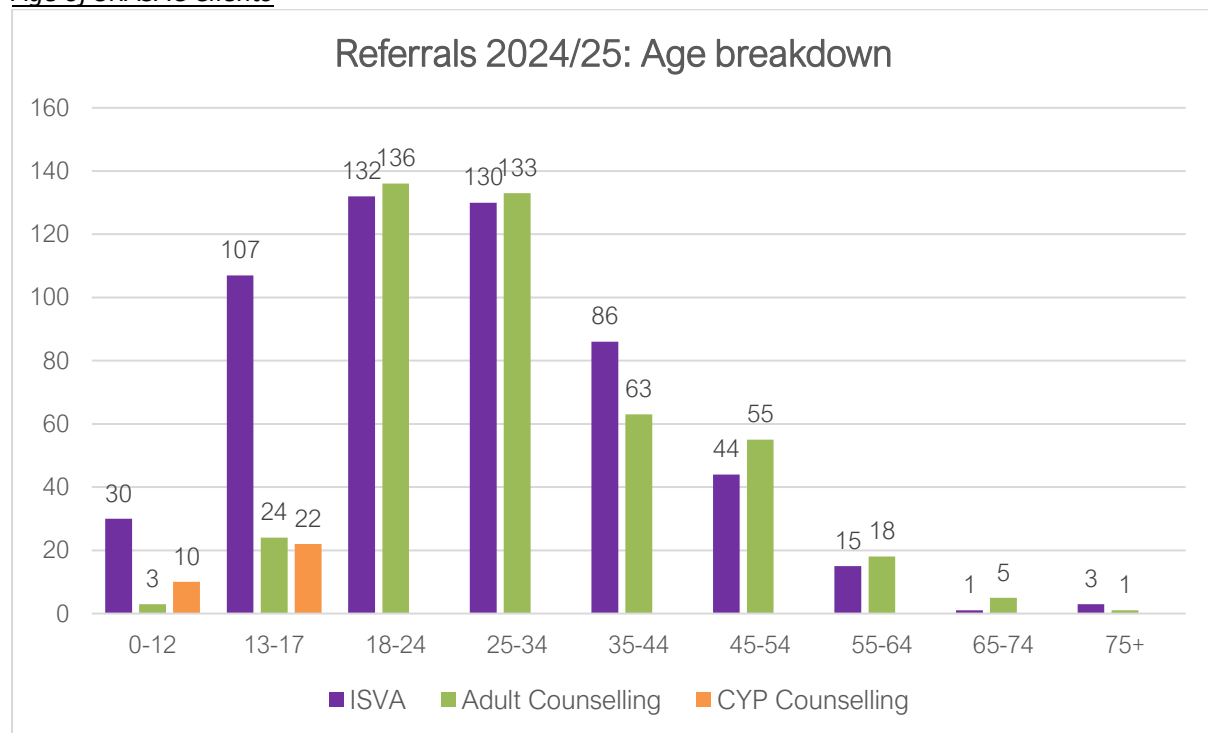
We use a secure bespoke online data management system, CRMS, to input client information at various points as they move through our service. The data below is all from the year 01/04/2024 and 31/03/2025.

### **Client Data for 2024-2025**

- The ISVA service received 548 new referrals.
- The Adult Counselling service received 438 new referrals.
- The Children and Young People's (CYP) Counselling service received 32 new referrals in preparation for service launch in April 2025.

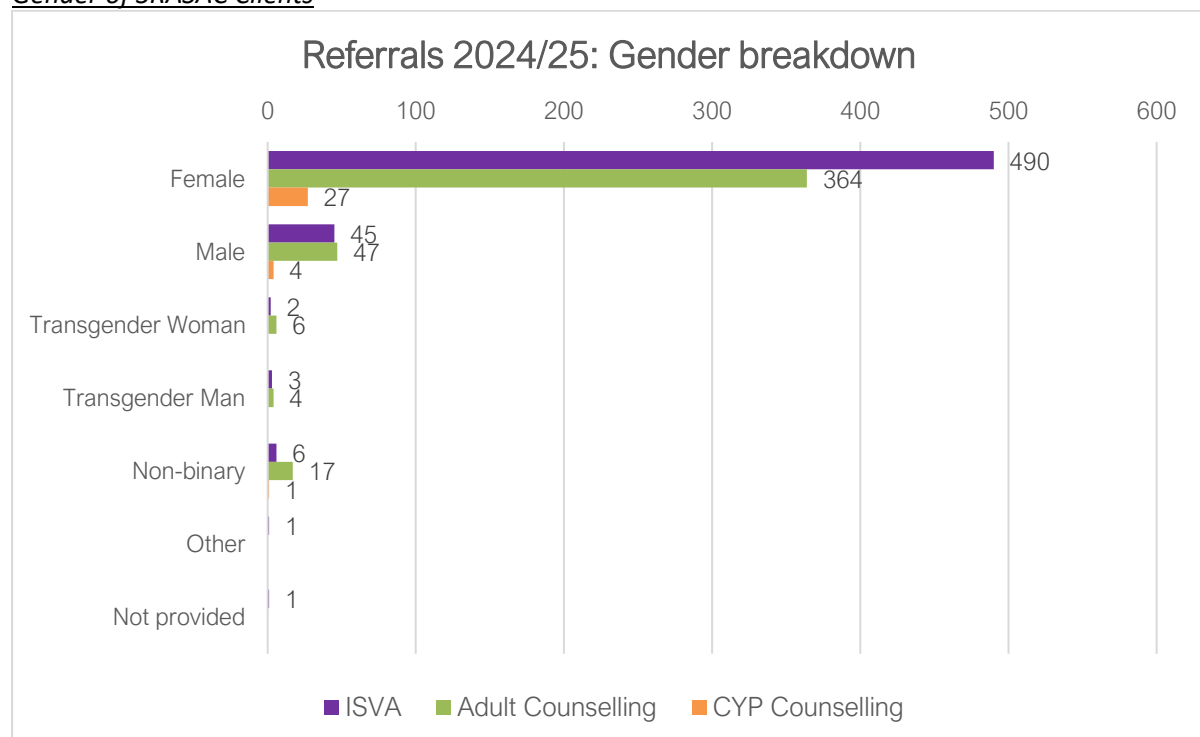
**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2025**

Age of SRASAC Clients



The chart above demonstrates that clients aged 18-24 years made up the largest referral group for both the adult counselling service (31%) and the ISVA service (24%), while clients aged 13-17 years were the most referred group (69%) for the CYP counselling service.

Gender of SRASAC Clients



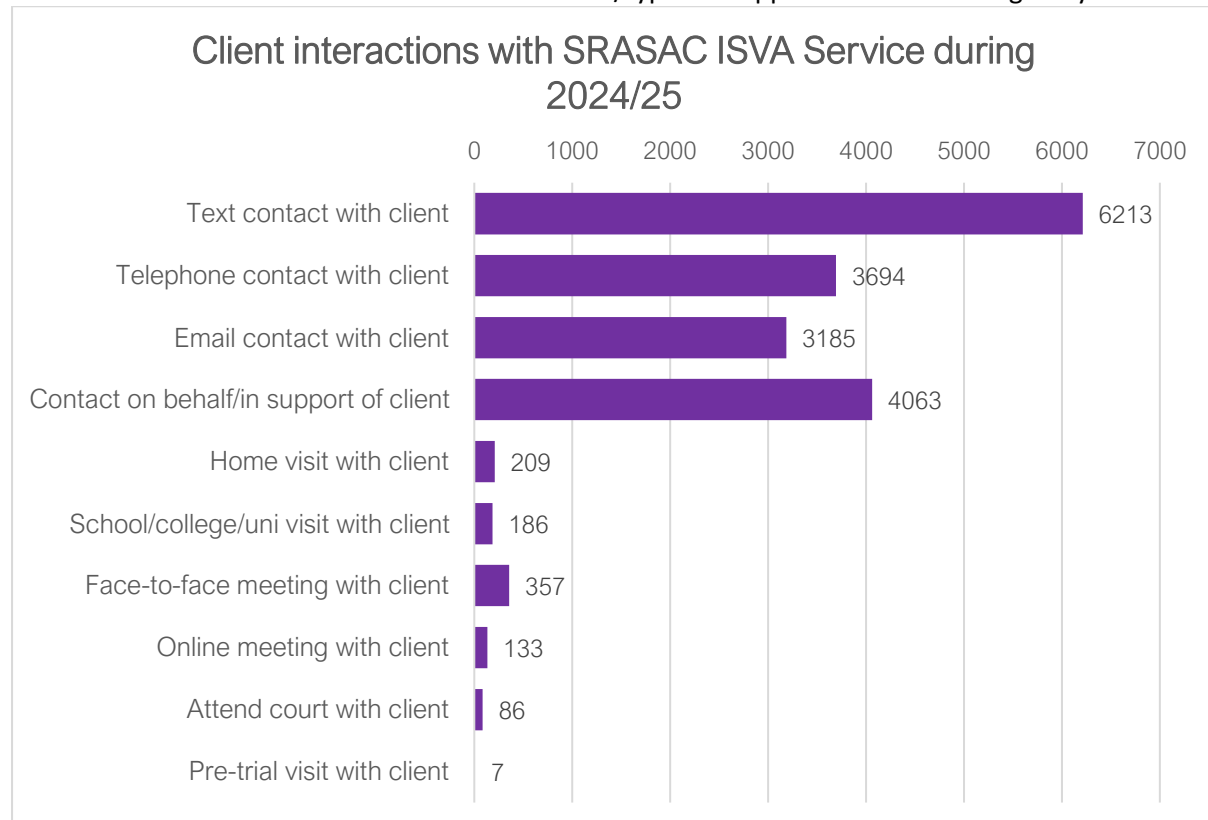
The chart above demonstrates that clients identifying as female made up the largest client groups across all services, forming 89% of new referrals received for the ISVA service, 83% of referrals for the adult counselling service, and 84% of referrals for the CYP counselling service during the 2024-25 year.

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2025**

**Client Support – ISVA Service**

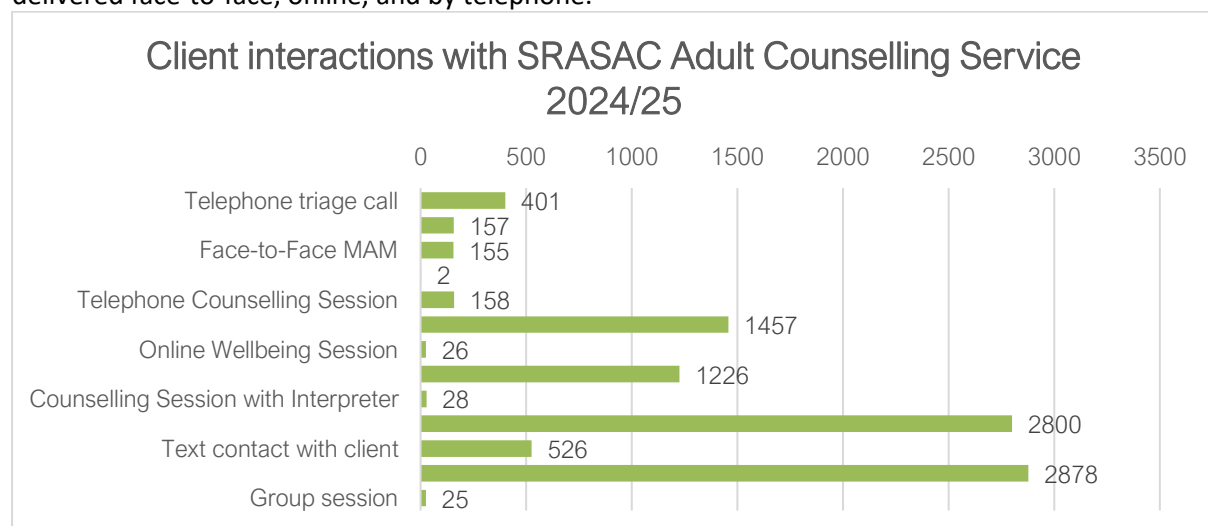
During the 2024/25 year, the ISVA service provided support to a total of 834 clients. This included support with identifying their needs following referral, advice on their options for reporting to the Police, and guidance throughout the Criminal Justice System (CJS), including support during trial.

The chart below shows the number of interactions/types of support delivered during the year.



**Client Support – Counselling Service**

During the 2024/25 year, the Counselling service supported a total of 890 clients. This included support through triage calls, assessments, telephone support, group work, and counselling sessions delivered face-to-face, online, and by telephone.





**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2025**

SRASAC had 2 volunteer fully qualified counsellors during 2024/25 and recognises their valuable contribution to the work of the counselling service.

### **Outcomes**

Being able to demonstrate public benefit and how our services help and support those who have experienced sexual violence is key to our work at SRASAC. For services such as ours 'hard' outcomes and how to measure for them is often difficult but we consider data relating to client experience to be our 'hard' outcomes.

We are constantly looking at collecting and analysing data to improve the services we provide. We routinely collect 12 client focused measures and look at the improvement scores. For 2024/25 these include:

- I have felt better able to cope when things go wrong – an improvement for 52% of clients
- I have felt positive about my future – an improvement for 52% of clients
- I have thought I am to blame for my problems – an improvement for 56% of clients
- I have felt tense, anxious or nervous – average 55% improvement for each client

Evaluation forms are completed by the client when they exit the service. The key indicator question is "Do you think Counselling with SRASAC has helped you". 99% of clients who had completed an evaluation form answered the question with "Yes, a lot" (85%) or "Yes, in some ways" (14%), and 1% answered "Not a lot".

Below are some recent client quotes taken from evaluation forms.

#### **Counselling Feedback:**

*"I've received support from SRASAC over the last 4 years including pre trial sessions, ISVA support during court trials and post trial therapy sessions. It made a massive difference and I feel like I'm able to function and work only because of all the help I received. I can't imagine how I would even start processing my trauma if I didn't receive help from SRASAC."*

*"It has given me more self awareness and helped me to improve the relationships around me. Bringing strength and calm into my life at present. I feel I have also been given effective tools and technique to manage myself moving forward"*

*"I talked about what I came to SRASAC for and so much more than I could've imagined. It has really helped me in so many different ways, I have been able to process and reflect on trauma and have been given techniques to deal with future problems and maintain the place I am in right now."*

*"SRASAC counselling allowed me to open up about, digest and see what I'd been through in a different light. It addressed and made connections between some serious issues in my life and how I've reacted and continue to react to new changes and challenges. I couldn't have got through family Christmas without [My Counsellor's] support and going through family issues with her before and after Christmas. It has provided me with the tools to use for when things that trigger me come up and how to do this myself. It has reminded me how much I've been through. [My Counsellor] was very validating and I've always needed that. She endlessly listened, which I've never had before, and gave me a chance to finally vocalise trauma and feelings I'd never been allowed to fully discuss."*

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2025**

*"Counselling with SRASAC has helped me understand what actually happened to me. I no longer feel fearful or triggered when thinking about the past, and I feel able to talk about it with my friends and family. I feel much less guilt and shame about everything that happened, and I don't blame myself anymore. I understand better how everything has impacted me long-term, and what I can do to cope moving forwards."*

**ISVA Feedback:**

*"[My ISVA] supported me from the start of my journey listening to me rambling when I didn't know how to word things she (was) patient and kind and non judgmental and she believed me from the start which help(ed) me (to) be confident and relaxed and there was laughter where it was appropriate which made the long journey more palatable for me without [My ISVA's] support it would never have got to court in my opinion there is nothing to change or could do better"*

*"We had phone calls and meetings when needed. My ISVA saw me through court and attended court with me. I received the best support I could have asked for. They always helped me put things in to perspective and understand things that I didn't understand. They always gave their honest professional opinion and always guided me when I needed guidance. Their experience helped them help me. They helped me with anxiety when I was worried, overthinking or having bad dreams, talking with them helped a lot."*

*"Only that the support I had has taken me from a very dark place to a very bright and happy place I still have a way to go with the counselling service but without this service I would still be in the dark place of historical abuse yes it will never go away but I have the tools to deal with the issues has they come up thanks to my ISVA and Counsellor and your organisation - thank you"*

*"Thank you from the bottom of my heart, having an ISVA was an amazing support throughout my whole process I felt so lonely during my proceedings and they supported me every step of the way and I'll be forever grateful for the support I received"*

*"As soon as our Children and Young Person's ISVA was assigned to us, she took away all the worry for us. She explained everything, contacted the police when we'd heard nothing and helped my daughter emotionally through her trauma. My daughter began to open up with her support and became much stronger. I cannot thank our ISVA enough for everything she has done for us"*

**FINANCIAL REVIEW**

Our total income for the financial period was £712,644 compared with total expenditure of £746,022. As a result, the net movement in funds was a loss of £33,378. Overall, our unrestricted funds decreased by £33,378 from £424,033 at the beginning of year to £390,655 at the year-end.

**Reserves policy**

The trustees' current reserves policy states that the equivalent of between 3 and 6 month's planned expenditure should be kept in reserve to ensure that the charity could continue to work through a period of unforeseen difficulty.

Planned expenditure for 2025/26 is £722,207 with three to six month's expenditure being in the range of £180,551 to £361,098. Cash reserves as at 31 March 2025 were £346,857 which is within the target range.

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2025**

Current forecasts show that we have £634,820 of secured income for 2025/2026 leaving a shortfall of £87,387. This is not a dissimilar position to one we have faced in previous years, so during 2025-26 we will be making further bids for funding to ensure we can continue to provide our services.

The trustees assess the reserves policy on an annual basis.

There are no restricted funds carried forward at the year end.

## **FUTURE PLANS**

Looking ahead, we recognise that securing funding beyond 2025 will be difficult due to a changing and more difficult funding environment. However, we hope to gradually re- build up our reserves over the next three to five years

SRASAC is very grateful to all our funders who have enabled us to maintain and enhance our services and provide contact and support for over a thousand clients. A significant amount of our funding continues to be for a relatively short period of time between 2-3 years. This can make future planning for sustainability difficult in a challenging economic climate.

Our greatest challenge continues to be ensuring high quality responsive provision for the needs of survivors in Sheffield. Referrals across all services have risen year on year as well as ISVA clients experiencing a much longer wait for progress and completing within the criminal justice system. In the coming year we will work to build the capacity of our Counselling Service to meet the needs of all survivors.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The charity was incorporated as a company limited by guarantee on 29 February 2012 and is governed by its Memorandum and Articles of Association which were amended on 23 June 2016 and 13 August 2025.

SRASAC is an organisational member of the British Association for Counselling and Psychotherapy (BACP), The Survivors Trust and is a full affiliate member of Rape Crisis England and Wales. SRASAC's ISVA and CYP ISVA Services are fully accredited by Lime Culture.

The most senior officer is the Chief Executive Officer – Meera Kulkarni who is supported by the Senior Management Team – Pauline Kimantas - Business Manager and Laura Smith - Services Manager.

### **Recruitment, appointment and induction of trustees**

Trustees are identified by both open and focused recruitment aimed at ensuring an appropriate balance of skills and experience. The recruitment process includes:

- If shortlisted an interview with the Chair, CEO and one other Trustee
- If successful at interview, candidates are invited to attend a Board Meeting
- After consulting the other board members, successful candidates are invited to join the board.
- All new trustees then receive a full induction including key documents of SRASAC as well as guidance on the role of trustees and governance and legal duties.

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2025**

**Board Meetings**

Board meetings are held every 2 months where key strategic, financial and governance issues are discussed and decisions agreed and then minuted. Any decisions made more urgently within the timeframe for meetings are evidenced and recorded. The Board must be quorate (a minimum of 3 trustees) for decisions to be valid.

**Arrangements for setting pay of all personnel**

All proposed pay increases or one-off payments to all staff (including all senior management staff) are discussed and decisions made by the Board on an annual basis.

**Risk Management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurances against fraud and error. Strategic, business and operational risks are reviewed with the senior management team on a regular basis. An updated Risk Register is brought to each Board Meeting for review.

**Trustees' responsibilities in relation to the financial statements**

The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2025**

**Small company provisions:**

This report has been prepared in accordance with the special provisions relating to small companies' subject to the small companies' regime within Part 15 of the Companies Act 2006.

Approved by the board on 18 November 2025.

Signed on its behalf by:

A handwritten signature in black ink, appearing to be 'K Thompson', with a long horizontal flourish extending to the right.

Katharine Thompson  
Trustee

## **Independent Examiner's report to the Trustees of Sheffield Rape and Sexual Abuse Centre ("the Company")**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

### **Responsibilities and basis of report**

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*S Lightfoot*

Sarah Lightfoot, FCA DChA  
Seven Hills Accountants Limited  
57 Burton Street  
Sheffield  
S6 2HH

24 November 2025

**Sheffield Rape and Sexual Abuse Centre**

**Statement of financial activities (incorporating the income and expenditure account)  
for the year ended 31 March 2025**

	Notes	Unrestricted funds £	Restricted funds £	2025 Total £	Unrestricted funds £	Restricted funds £	2024 Total £
<b>Income from:</b>							
Donations and grants	2	10,407	1,173	11,580	11,021	872	11,893
Charitable activities	3	562,960	133,104	696,064	519,969	150,933	670,902
Investments - bank interest		5,000	-	5,000	4,899	-	4,899
<b>Total income</b>		<b>578,367</b>	<b>134,277</b>	<b>712,644</b>	<b>535,889</b>	<b>151,805</b>	<b>687,694</b>
<b>Expenditure on:</b>							
Charitable activities	4	610,873	135,149	746,022	610,135	150,933	761,068
<b>Total expenditure</b>		<b>610,873</b>	<b>135,149</b>	<b>746,022</b>	<b>610,135</b>	<b>150,933</b>	<b>761,068</b>
<b>Net movement in funds</b>		<b>(32,506)</b>	<b>(872)</b>	<b>(33,378)</b>	<b>(74,246)</b>	<b>872</b>	<b>(73,374)</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		423,161	872	424,033	497,407	-	497,407
<b>Total funds carried forward</b>		<b>390,655</b>	<b>-</b>	<b>390,655</b>	<b>423,161</b>	<b>872</b>	<b>424,033</b>

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

**Sheffield Rape and Sexual Abuse Centre**  
**Balance Sheet**  
**As at 31 March 2025**

	Notes	2025 £	2024 £
<b>Fixed assets</b>			
Tangible assets	8	43,798	55,341
<b>Total fixed assets</b>		<u>43,798</u>	<u>55,341</u>
<b>Current assets</b>			
Debtors	9	22,038	42,795
Cash at bank and in hand		<u>346,788</u>	<u>362,554</u>
<b>Total current assets</b>		<u>368,826</u>	<u>405,349</u>
Creditors: amounts falling due within one year	10	(21,969)	(36,657)
<b>Net current assets</b>		<u>346,857</u>	<u>368,692</u>
<b>Total assets less current liabilities</b>		390,655	424,033
Creditors: amounts falling due after one year		-	-
<b>Total net assets</b>		<u><u>390,655</u></u>	<u><u>424,033</u></u>
<b>Represented By</b>			
<b>FUNDS</b>			
Unrestricted income fund		390,655	423,161
Restricted income funds	11	-	872
<b>Total charity funds</b>	12	<u><u>390,655</u></u>	<u><u>424,033</u></u>

For the year ending 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 18 November 2025.

Signed on its behalf by:



Katharine Thompson  
Trustee



Sheffield Rape and Sexual Abuse Centre (SRSAC)  
Statement of cash flows  
for the year ended 31 March 2025

	2025	2024
	£	£
<b>Reconciliation of net expenditure to net cash flow from operating activities</b>		
<b>Net income/(expenditure) for the year (as per the SOFA)</b>	<b>(33,378)</b>	<b>(73,374)</b>
Adjustments for:		
(Increase)/decrease in debtors	20,757	107,321
Increase/(decrease) in creditors	(14,688)	14,245
Investment income	(5,000)	(4,899)
Depreciation	14,692	7,029
<b>Net cash provided by/(used in) operating activities</b>	<b>(17,617)</b>	<b>50,322</b>
<b>Cash flows from investing activities</b>		
Investment income	5,000	4,899
Purchase of fixed assets	(3,149)	(49,239)
<b>Net cash (used in)/provided by investing activities</b>	<b>1,851</b>	<b>(44,340)</b>
<b>Change in cash and cash equivalents</b>	<b>(15,766)</b>	<b>5,982</b>
<b>Cash and cash equivalents at the beginning of the year</b>	<b>362,554</b>	<b>356,572</b>
<b>Cash and cash equivalents at the end of the year</b>	<b>346,788</b>	<b>362,554</b>

## 1 Accounting Policies

### (a) Basis of preparation

Sheffield Rape and Sexual Abuse Centre is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

### (b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Donations are recognised as income on receipt in the year they becomes due.

Income from local government and other grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Investment income is included when receivable.

### (c) Expenditure and liabilities

Expenditure is recognised where an there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross of irrecoverable VAT.

The trustees consider that the charity has only one charitable activity.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administration costs, finance, personnel, payroll and governance costs. It is not deemed beneficial to separately disclose support costs as there is only one charitable activity and immaterial fundraising costs.

### (d) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Any assets purchased below £500 are written off at the time of purchase. Depreciation is provided at rates calculated to write off cost of those assets, less their residual value, over their expected useful lives on the following basis:

Improvements to leasehold property	Over the life of the lease
Fixtures and fittings	25%
Computer equipment	33%

### (e) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

### (f) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

### (g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

### (h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

**Sheffield Rape and Sexual Abuse Centre**  
**Notes to the Accounts - continued**  
**for the year ended 31 March 2025**

**1 Accounting Policies - continued**

**(i) Defined contribution pension scheme**

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

**(j) Operating lease rentals**

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

**(k) Taxation**

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

**(l) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2 Income from donations and grants**

	Unrestricted Funds £	Restricted Funds £	2025 Total £	Unrestricted Funds £	Restricted Funds £	2024 Total £
Donations	8,907	1,173	10,080	11,021	872	11,893
Sheffield Town Trust	1,500	-	1,500	-	-	-
	<b>10,407</b>	<b>1,173</b>	<b>11,580</b>	<b>11,021</b>	<b>872</b>	<b>11,893</b>

**3 Income from charitable activities**

	Unrestricted Funds £	Restricted Funds £	2025 Total £	Unrestricted Funds £	Restricted Funds £	2024 Total £
South Yorkshire Sexual Violence Partnership	304,660	38,604	343,264	300,660	38,604	339,264
Ministry of Justice	258,300	-	258,300	208,484	17,829	226,313
Sheffield City Council	-	58,500	58,500	-	58,500	58,500
South Yorkshire Police and Crime Commissioner	-	36,000	36,000	-	36,000	36,000
Student placement fees	-	-	-	10,192	-	10,192
Other training	-	-	-	633	-	633
	<b>562,960</b>	<b>133,104</b>	<b>696,064</b>	<b>519,969</b>	<b>150,933</b>	<b>670,902</b>

**4 Expenditure on charitable activities**

		Unrestricted	Restricted	2025	Unrestricted	Restricted	2024
		Funds	Funds	Total	Funds	Funds	Total
	Note	£	£	£	£	£	£
Staff costs	5	432,976	65,907	498,883	442,917	71,453	514,370
Staff supervision		7,255	-	7,255	6,500	-	6,500
Staff training and wellbeing		3,153	-	3,153	6,711	-	6,711
Staff travel, working from home allowance and expenses		3,084	-	3,084	3,790	-	3,790
Staff support costs		2,242	-	2,242	833	-	833
Volunteer expenses and supervision		710	-	710	715	-	715
Bank counselling		39,448	40,450	79,898	29,407	45,473	74,880
Other counselling costs (including group costs, MAMS fees and therapeutic costs)		9,280	28,792	38,072	5,666	34,007	39,673
Rent (including service charges, phone data and rates)		64,399	-	64,399	73,504	-	73,504
<b>Support costs</b>							
Accountancy and payroll fees	6	5,248	-	5,248	4,959	-	4,959
Website, advertising and marketing		6,713	-	6,713	792	-	792
IT, Communications and equipment		13,761	-	13,761	19,100	-	19,100
Insurance		839	-	839	2,403	-	2,403
Printing, postage and stationery		1,510	-	1,510	1,788	-	1,788
Subscriptions and memberships		3,960	-	3,960	3,167	-	3,167
Other expenses		1,603	-	1,603	854	-	854
Depreciation		14,692	-	14,692	7,029	-	7,029
		<b>610,873</b>	<b>135,149</b>	<b>746,022</b>	<b>610,135</b>	<b>150,933</b>	<b>761,068</b>

**Sheffield Rape and Sexual Abuse Centre**  
**Notes to the Accounts - continued**  
**for the year ended 31 March 2025**

**5 Staff costs**

	2025 £	2024 £
Salaries	429,333	383,646
Employer's NI	38,412	35,781
Employer's allowance	(5,000)	(5,000)
Employer's pension contributions	36,138	29,383
	<u>498,883</u>	<u>443,810</u>

No employee received emoluments of more than £60,000 in either year. The average number of employees during the year was 19 (2024: 19).

**6 Independent examination and fees payable to the independent examiner's organisation**

	2025 £	2024 £
Accountancy fees and payroll includes:		
Independent examination fee	<u>2,880</u>	<u>2,880</u>
Tax advisory service	<u>240</u>	<u>-</u>

**7 Trustees and key management remuneration, benefits and expenses**

The trustees were not paid or received any other benefits from employment with the charity in the year (2024: £nil). No trustees were reimbursed expenses during the year (2024: £nil). No charity trustee received payment for professional or other services supplied to the charity (2024: £nil).

Key management comprises the trustees, Chief Executive Officer and the senior team (Services Manager and Business Manager). Total key management personnel remuneration benefits in the year was £98,128 (2024: part year of the full team £113,162).

**8 Tangible fixed assets**

	Improvements to Leasehold property	Fixture and Fittings £	Computer equipment £	Total £
<b>Cost</b>				
As at 1 April 2024	48,261	4,862	21,978	75,101
Additions	<u>2,379</u>	<u>-</u>	<u>770</u>	<u>3,149</u>
As at 31 March 2025	<u>50,640</u>	<u>4,862</u>	<u>22,748</u>	<u>78,250</u>
<b>Depreciation</b>				
As at 1 April 2024	1,451	4,448	13,861	19,760
Charge this period	<u>10,009</u>	<u>298</u>	<u>4,385</u>	<u>14,692</u>
As at 31 March 2025	<u>11,460</u>	<u>4,746</u>	<u>18,246</u>	<u>34,452</u>
<b>Net book value</b>				
As at 31 March 2025	<u>39,180</u>	<u>116</u>	<u>4,502</u>	<u>43,798</u>
As at 31 March 2024	<u>46,810</u>	<u>414</u>	<u>8,117</u>	<u>55,341</u>

**9 Debtors**

	2025 £	2024 £
Trade debtors	10,878	34,672
Prepayments	11,160	8,123
	<u>22,038</u>	<u>42,795</u>

**10 Creditors: amounts falling due within one year**

	2025 £	2024 £
Trade creditors	11,059	30,528
Taxes and social security	4,928	-
Other creditors	5,982	6,129
	<u>21,969</u>	<u>36,657</u>

**Sheffield Rape and Sexual Abuse Centre**  
**Notes to the Accounts - continued**  
**for the year ended 31 March 2025**

**11 Restricted funds**

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Sheffield City Council	-	58,500	(58,500)	-	-
South Yorkshire Police and Crime Commissioner: Victim Services Grant	-	36,000	(36,000)	-	-
South Yorkshire Sexual Violence Partnership	-	38,604	(38,604)	-	-
Co-op Local Community Fund: Children's trauma counselling	872	1,173	(2,045)	-	-
	<b>872</b>	<b>134,277</b>	<b>(135,149)</b>	<b>-</b>	<b>-</b>
<i>Prior year comparison</i>	<i>Balance b/fwd £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance c/fwd £</i>
<i>Ministry of Justice: male rape funding</i>	-	17,829	(17,829)	-	-
<i>Sheffield City Council</i>	-	58,500	(58,500)	-	-
<i>South Yorkshire Police and Crime Commissioner: Victim Services Grant</i>	-	36,000	(36,000)	-	-
<i>South Yorkshire Sexual Violence Partnership</i>	-	38,604	(38,604)	-	-
<i>Co-op Local Community Fund: Children's trauma counselling</i>	-	872	-	-	872
	<b>-</b>	<b>151,805</b>	<b>(150,933)</b>	<b>-</b>	<b>872</b>

**12 Split of net assets by fund**

	Unrestricted Funds £	Restricted Funds £	2025 Total £	Unrestricted Funds £	Restricted Funds £	2024 Total £
Tangible fixed assets	43,798	-	43,798	55,341	-	55,341
Net current assets	346,857	-	346,857	367,820	872	368,692
	<b>390,655</b>	<b>-</b>	<b>390,655</b>	<b>423,161</b>	<b>872</b>	<b>424,033</b>

**13 Operating lease commitments**

At 31 March 2025 the charity was committed to making the following payments under other operating leases as follows:

	2025 £	2024 £
Payable within 1 year	21,508	23,570
	<b>21,508</b>	<b>23,570</b>

**14 Related party transactions**

Two of the trustees of the charity were also trustees of the South Yorkshire Sexual Violence Partnership during the year, which has provided funding of £343,264 during the year (2024: £339,264). This partnership exists to distribute funding between Sheffield, Barnsley, Doncaster and Rotherham, and each area's organisation has 2 members on the board. There was no balance outstanding at the year end.

There were no other related party transactions, other than those detailed in note 7.