

Company registration number: 07970294

Charity registration number: 1146544

Sheffield Rape and Sexual Abuse Centre

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2024

Sheffield Rape and Sexual Abuse Centre Contents

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Sheffield Rape and Sexual Abuse Centre
Legal and administrative information
For the year ended 31 March 2024

Directors/Trustees

Ruth Kennedy	Chair
Katharine Thompson	Treasurer
Anne Tatlow	Secretary
Marie Tindall	
Jen Marsden-Lambert	
Elizabeth Wilson	

Key management

Meera Kulkarni	Chief Executive Officer
Angela Toulson	Business Manager
Laura Smith	Services Manager

Registered Charity Number

1146544

Registered Company Number

07970294

Registered Office

Scotia Works
Leadmill Road
Sheffield
S1 4SE

Accountants

Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4TA

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report)
For the year ended 31 March 2024

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2024 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, governance and management

The charity was incorporated as a company limited by guarantee on 29 February 2012 and is governed by its Memorandum and Articles of Association which were amended on 23 June 2016.

The charity changed its name from Sheffield Rape and Sexual Abuse Centre (SRSAC) to Sheffield Rape and Sexual Abuse Centre, with Companies House on 21 July 2021.

SRASAC is an organisational member of the British Association for Counselling and Psychotherapy (BACP), The Survivors Trust and is a full affiliate member of Rape Crisis England and Wales. SRASAC's ISVA and CYP ISVA Services are fully accredited by Lime Culture.

Overall management of the charity is the responsibility of the directors who are elected and co-opted under the terms of the constitution. Day to day management is delegated to the Chief Executive Officer Meera Kulkarni who is supported by the Senior Management Team – Angela Toulson - Business Manager and Laura Smith - Services Manager.

Recruitment, appointment and induction of trustees

Trustees are identified by both open and focused recruitment aimed at ensuring an appropriate balance of skills and experience. The recruitment process includes:

- If shortlisted an interview with the Chair, CEO and one other Trustee
- If successful at interview, candidates are invited to attend a Board Meeting
- After consulting the other board members, successful candidates are invited to join the board.
- All new trustees then receive a full induction including key documents of SRASAC as well as guidance on the role of trustees and governance and legal duties.

Board Meetings

Board meetings are held every 2 months where key strategic, financial and governance issues are discussed and decisions agreed and then minuted. Any decisions made more urgently within the timeframe for meetings are evidenced and recorded. The Board must be quorate (a minimum of 3 trustees) for decisions to be valid.

Arrangements for setting pay of all personnel

All proposed pay increases or one-off payments to all staff (including all senior management staff) are discussed and decisions made by the Board on an annual basis.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurances against fraud and error. Strategic, business and operational risks are reviewed with the senior management team on a regular basis.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Objectives and activities

The object of the charity is to relieve the psychological distress of persons who have been sexually abused or raped by any person(s) in the City of Sheffield and the surrounding area. Sheffield Rape and Sexual Abuse Centre (SRASAC) provides high quality, professional, responsive specialist support services to anyone affected by sexual abuse or sexual violence at any time in their life within Sheffield and the surrounding area.

The charity offers:

- Free face to face counselling sessions for any survivor.
- Specialist support groups for survivors
- Information and Support Telephone Service.
- Independent Sexual Violence Advisor (ISVA) service for anyone of any age who has experienced rape or sexual abuse at any time in their lives.
- Training for professionals on understanding sexual violence and supporting survivors.

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

Achievements and performance 2023/24

Achievements this year include:

- The establishment of a specialist counselling service for children (under 13) and young people who have experienced sexual abuse and violence.
- Specialist ISVA post established to support survivors from marginalised and ethnically diverse communities.
- Creation of 6 new higher quality soundproofed client rooms to increase capacity for face to face work in the Centre.

Throughout 2023/24 the SRASAC team has been focused on maintaining the delivery of high quality support services to survivors in Sheffield.

The Trustees would like to express their admiration and gratitude to all our staff and bank counsellors for their continuing commitment to SRASAC and the clients we serve. As always, we pay tribute to our clients for their strength and fortitude and for placing their trust in us to accompany them on their journey to recovery.

Our experience this year has taught us many things including the resilience of our staff and counsellors and the commitment of all of the team to continually strive to improve the services we provide for survivors of sexual violence. SRASAC recognises that one of our greatest strengths is the dedication of board, staff and counsellors to work together for the benefit of our clients.

Independent Sexual Violence Advisor Service (ISVA)

Sheffield Rape and Sexual Abuse Centre's (SRASAC) Independent Sexual Violence Advisor (ISVA) service provides specialist practical and emotional support to survivors of rape, sexual abuse and sexual violence. We support all ages and are gender inclusive. Our team is made up of both child and adult ISVAs.

The service is independent and confidential and provides support to cope with the impact of sexual violence irrespective of whether or not it is reported to the police. If our clients choose to report to the police the ISVA will support them to liaise with the police and understand the criminal justice process.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

We accept self or agency referrals and make contact within 48 hours; we complete a risk and needs assessment and a support plan to ensure the most effective support is provided. Our ISVA service became part of the South Yorkshire Sexual Violence Partnership (SYSVP) which was established in 2017 to deliver the contract from the South Yorkshire Police and Crime Commissioner to provide ISVA services across South Yorkshire. The SYSVP Board of Trustees consists of two Trustee members from each of the four organisations in South Yorkshire providing ISVA services, including two trustees from SRASAC.

Our ISVA service like all ISVA services across the country is having to deal with the impact on survivors of the current severe delays in the criminal justice system. The backlog in Crown Courts has led to huge distress and re-traumatisation of survivors as they wait in anticipation for justice, having hopes dashed by postponements and delays.

Counselling Service

SRASAC offers short-to-medium term specialist sexual violence counselling for anyone, regardless of their gender identity who has experienced sexual abuse or sexual violence at any time in their lives. We provide a safe, respectful and non-judgemental space for survivors to begin the process of recovery. Counselling with SRASAC allows an opportunity to be listened to and accepted, to be able to talk about past experiences and how they continue to impact on survivors throughout their lives.

SRASAC continues to offer more choice for clients to access counselling by offering our sessions either remotely via on-line video call or telephone, or face to face in our Centre. Our new 'blended service' developed during lockdown in 2020, has been embraced by clients and counsellors alike, offering increased flexibility and a more individualised, client centred approach.

Counsellors at SRASAC work from a trauma informed perspective and focus on building positive and effective therapeutic relationships, an important part of the counselling process and recovery from trauma. They have knowledge and understanding of the many effects of sexual violence and are able to support clients to become more able to manage their feelings and become more confident to carry on with life without being overwhelmed or controlled by the abuse they have suffered. We encourage clients to make their own choices and make changes in their lives if that is what they want. All of our Counsellors are professionally fully qualified and members of a professional counselling body, for example The British Association of Counsellors and Psychotherapists (BACP). Our counsellors come from a range of therapeutic backgrounds and work within their own modalities, which includes a client-centred/relational approach based around empowerment of the individual.

The clients who refer into the counselling service range widely in terms of age, sexual violence history, needs and requirements. Sheffield has a diverse population alongside a large student population. Survivors can contact our service sometimes within days of an assault, through to several years and even decades.

Data for Improvement

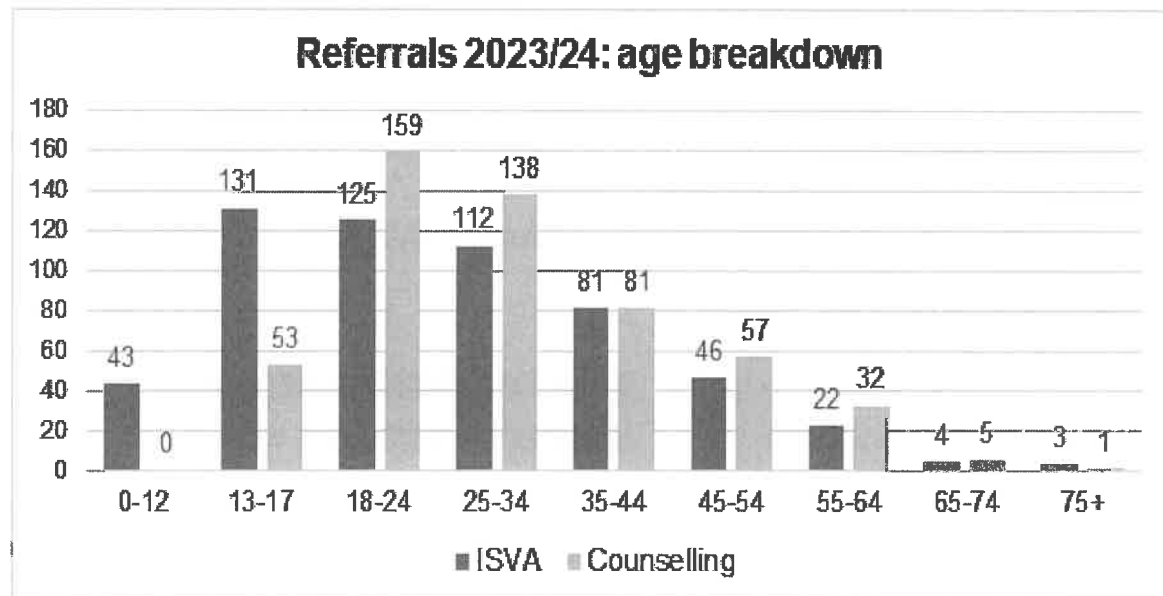
We use a secure bespoke online data management system, CRMS, to input client information at various points as they move through our service. The data below is all from the year 01/04/2023 to 31/03/2024.

Client Data for 2023/2024

The ISVA service received 567 new referrals.
The Counselling service received 526 new referrals.

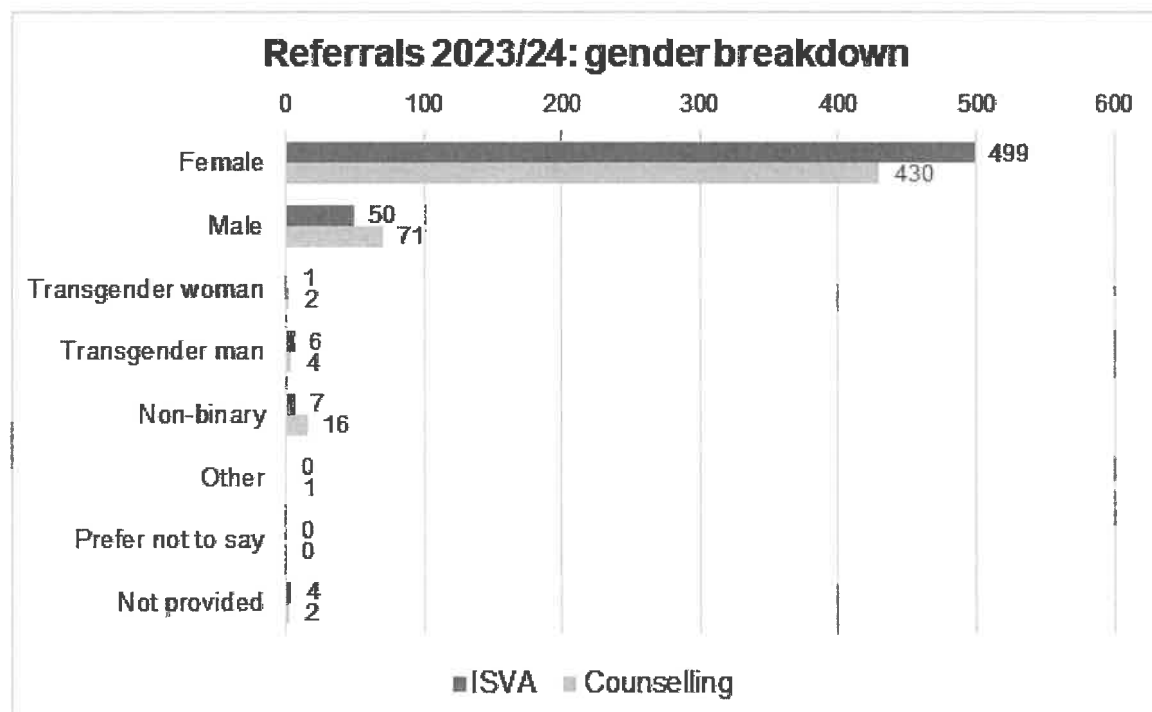
Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Age of SRASAC Clients



The chart above demonstrates that clients aged 18-24 years made up the largest referral group (30%) for the counselling service, while clients aged 13-17 years were the most referred group (23%) for the ISVA service.

Gender of SRASAC Clients



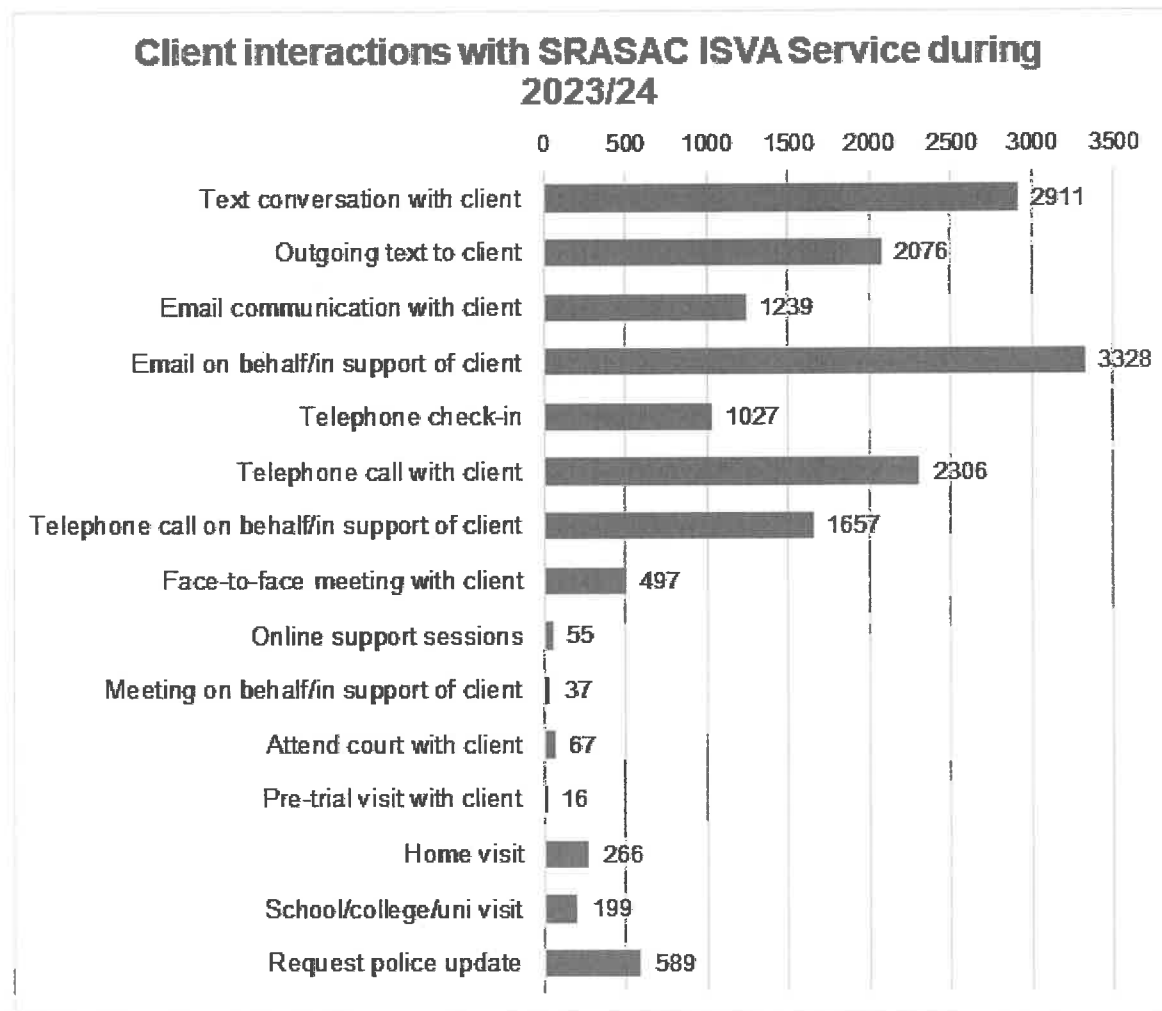
The chart above demonstrates that clients identifying as female made up the largest client groups across both services, forming 88% of referrals for the ISVA service, and 82% of referrals for the counselling service during 2023/24

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Client Support – ISVA Service

During the 2023/24 year, the ISVA service provided support to a total of 827 clients. This included support with identifying their needs following referral, advice on their options for reporting to the Police, and guidance throughout the Criminal Justice System (CJS), including support during trial.

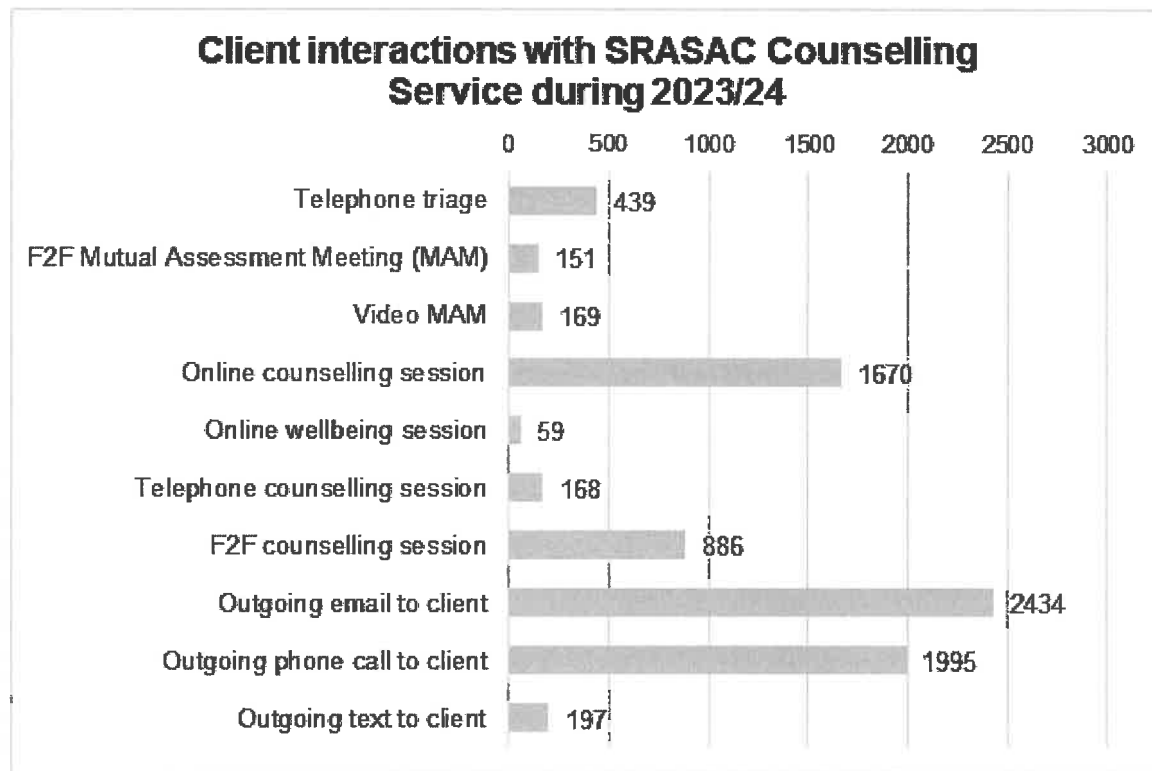
The chart below shows the number of interactions/types of support delivered during the year.



Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Client Support – Counselling Service

During the 2023/24 year, the Counselling service supported a total of 874 clients. This included support through triage calls, assessments, telephone support, group work, and counselling sessions delivered face-to-face, online, and by telephone.



SRASAC had 2 volunteer fully qualified counsellors during 2023/24 and recognises their valuable contribution to the work of the counselling service.

Outcomes

Being able to demonstrate public benefit and how our services help and support those who have experienced sexual violence is key to our work at SRASAC. For services such as ours 'hard' outcomes and how to measure for them is often difficult but we consider data relating to client experience to be our 'hard' outcomes.

We are constantly looking at collecting and analysing data to improve the services we provide. We routinely collect 12 client focused measures and look at the improvement scores. For 2023/24 these include:

- I have felt better able to cope when things go wrong – average 43% improvement for each client
- I have felt positive about my future – average 50% improvement for each client
- I have thought I am to blame for my problems – average 69% improvement for each client
- I have felt tense, anxious or nervous – average 57% improvement for each client

Evaluation forms are completed by the client when they exit the service. The key indicator question is "Do you think Counselling with SRASAC has helped you". **82%** of clients who had completed an evaluation form answered the question with "Yes, a lot" and the remaining 18% answered "Yes, in some ways".

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Below are some recent client quotes taken from evaluation forms.

Counselling Feedback:

"I came to SRASAC, with a lot of unresolved guilt, shame, anger, upset and I hadn't processed my rape at all. In fact, I couldn't even say I was raped until about 6 sessions in. My memory of the assault was really broken and I couldn't really think about what had happened. Counselling helped me to put the pieces back together and give me a narrative that I could speak about, that I believed and that I could process. It challenged my beliefs about myself in the situation and made me realise that it wasn't just the rape that was traumatic but also the way it was handled afterwards and made me understand why I had all these self deprecating feelings about what had happened. I hadn't realised before I started counselling how much it had affected my life as I had pushed it away and tried to hide it but now I've opened the box I've been able to see the extent of the damage and been able to do some fixing. Because of this I have been able to confront my feelings about it, dispel the fears I had concocted about it and become more confident, and gain back my belief in myself that I hadn't even realised I had lost. Overall, this has been a really difficult process and I think I've worked really hard but I am so much better for it. Thank you so much for giving this to me, for listening to me and not turning me away even when I wasn't sure I should be there, for giving me the space to talk about what happened to me and allowed me to process it in a safe, kind and understanding place. I really appreciate everything you have done for me."

"I feel scared to think about where I would be without SRASAC. The opportunity came to me at a crucial time in my life and I am so thankful for the help I have received. I can't fully explain how much SRASAC has helped me. The experience was completely different from any other forms of help I'd previously tried, I felt so much more listened to and felt like my counsellor truly cared for me."

"The counselling helped me to recognize and understand my trauma for what it was. I now feel I more fully appreciate why and how it happened, what happened says more about those who traumatised me than it does about me. I know that I have nothing to be ashamed of, no control over what happened, no way of making things different or better for myself or others. I feel stronger, and happier and intend to move forward with my life knowing I am a good person who deserves to be happy and content. I feel overall more positive about myself."

ISVA Feedback:

"[My ISVA] was absolutely phenomenal and I stand by the fact that I probably wouldn't have gone forward with reporting if she wasn't supporting me. I felt like she found out things that bothered me most and we worked around them (so my overthinking, she would always find out the most she could about things to try and prevent made up scenarios on my head). I couldn't have done this whole thing without her. She felt like a friend who I could rely on. Beyond grateful for the help and support she provided."

"I have put off completing this feedback form for a long time due to being completely overwhelmed with the support which I received from SRASAC and have been unable to think how exactly to put my gratitude into words. SRASAC provided a voice to me at a time when I was voiceless, and guided me through a confusing and unjust police investigative system. Although I did not feel as though I was ready to move on and come to an end of my time within the ISVA service, through no fault of anyone except the difficulty of such a useful service being chronically underfunded, what I was allowed to do was feel as though I was able to face the world with the skills and reassurance of my ISVA workers. I would like to thank [my ISVA] (and [my previous ISVA] before her) for her complete dedication to helping me; for the countless communications with school and my parents whom she eventually was able to help to understand where I was and what I was feeling after experiencing violence. Even on days when some might not have thought our sessions were particularly useful, I reassure them that even when [my ISVA] wasn't helping me to get the world to understand me, that there was no time wasted. It is difficult for some people who haven't had certain life experiences to understand that small progressions are just as important as bigger ones, and sometimes a trivial chat about the creepy Russian dolls on the table was necessary at grounding my feelings and preventing me from spiralling into despair."

"[My ISVA] has helped me through my court case in engaging in the fact that what happened wasn't my fault. I would not be at the point I am now without her, she has honestly done the most amazing job in providing me with help, support, and strategies in overcoming all my fears and thoughts. I couldn't have asked for a better person to help me!"

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Improving access to our services

Our focus on inclusivity and diversity is reflected on our website and all information we provide about our services. Our website now provides more detailed information and advice for those wishing to access our services as well as those who might need help in supporting a friend or family member who has experienced sexual violence. We have also provided new 'appropriate referral' information for professionals which has been warmly received.

Our confidential Information and Support Line service, open 5 days a week continues to respond quickly and appropriately to enquiries from the general public and professionals and signposting them to other organisations for help as appropriate. This confidential service is also for counselling clients to enable staff to touch base with them on a regular basis in between initial assessment and first counselling session. A similar approach of appropriate contact is also provided by our ISVA team.

We continue to provide regular training events as part of our aim to improve awareness of our work and improving access to our services as well as developing our community outreach in challenging the attitudes and behaviours which give rise to sexual violence.

Future developments

During 2023/24 we moved closer to achieving our main strategic objective to establish a new counselling service specifically for children of all ages. This work has been stalled for some time due to issues in recruitment of specialist counsellors who were able to deliver face to face sessions as well as ensuring we had an appropriate level of clinical supervision and support in place for these specialist counsellors. We are delighted that we finally have that capacity in house and are able to work towards greater provision of support for children in SRASAC. We have created dedicated children and family space within the centre with toys, resources and furniture more appropriate for children. We are currently seeking funding to extend this work to include support for siblings and the wider family.

Financial review

Our total income for the financial year was £687,694 (2023:694,616). 98% of our income comes from grants for governmental and non- governmental bodies as shown in note 2 to the financial statements with additional donations from individuals and bank interest representing the remaining income. Total expenditure of £761,068 (2023:£653,841) resulting in a net movement in funds was a deficit of £73,374 (2023: surplus of £40,775) . Our restricted funds increased by £872 from £nil at the beginning of the year to £872 at the year-end. Overall, our unrestricted funds decreased by £74,246 from £497,407 at the beginning of year to £423,161 at the year-end.

Any excess cash funds are placed on deposit in interest bearing accounts to generate additional income for the charity, in line with the charity view on risk.

Current forecasts show that SRASAC has £702,063 of secured income for 2024/25 with expected expenditure of £794,226 leaving a shortfall of £92,164. This is not a dissimilar position to one we faced in previous years, so during 2024/25 we will be making further bids for funding to ensure that we can continue to provide our services.

The main factor affecting the financial position in the coming years is that a significant amount of our funding continues to be for a relatively short period of time between 2-3 years. The major contracts with the Ministry of Justice and the South Yorkshire Sexual Violence Partnership which account for £597,563 of expected income for 2024/25 are due to end on 31 March 2025. This applies to all providers of counselling services for rape and sexual violence victims within the UK. Discussions regarding its renewal and/or extension of the existing contract are ongoing and we are confident that we are in an excellent position to be successful. The organisation is currently in a strong financial position and will be testing its financial stability over the coming months.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Reserves policy

The trustees' current reserves policy states that the equivalent of between 3 and 6 month's planned expenditure should be kept in reserve to ensure that the charity could continue to work through a period of unforeseen difficulty. The trustees assess the reserves policy on an annual basis.

Planned expenditure for 2024/25 is 794,226 with three to six month's expenditure being in the range £198,556 to £397,112. Free reserves at 31 March 2024 were £367,820 (unrestricted funds excluding fixed assets) which is within the target range.

Conclusions

We remain cautiously optimistic about our ability to attract the funding required beyond 2025 and following a review in June we intend to build up the amount we keep in reserves over the next two years. The Board believe that holding an increased level of reserves beyond 6 months planned expenditure is a prudent response to the challenges we will be facing over the next few years.

We fully recognise that we will not be immune to the financial challenges the whole country is facing at this point in time as a result of the fallout from the covid pandemic, the war in Ukraine, the cost of living crisis and looming austerity measures and so we believe that increasing the level of reserves we hold is a prudent response to this challenge at least for the next few years.

SRASAC is very grateful to all our funders who have enabled us to maintain and enhance our services and provide contact and support for over a thousand clients. A significant amount of our funding continues to be for a relatively short period of time between 2-3 years. This can make future planning for sustainability difficult in a challenging economic climate.

Our greatest challenge continues to be ensuring high quality responsive provision for the needs of survivors in Sheffield. Referrals across all services have risen year on year as well as ISVA clients experiencing a much longer wait for progress and completing within the criminal justice system. In the coming year we will work to build the capacity of our Counselling Service to meet the needs of all survivors.

Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Small company provisions:

This report has been prepared in accordance with the special provisions relating to small companies' subject to the small companies' regime within Part 15 of the Companies Act 2006.

Approved by the board on 19/11/2024 and signed on its behalf by:



Name: KATHARINE THOMPSON

Position: TREASURER / TRUSTEE

Independent Examiner's report to the Trustees of Sheffield Rape and Sexual Abuse Centre ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:


Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Date:

28 November 2024

Sheffield Rape and Sexual Abuse Centre
Statement of financial activities (incorporating the income and expenditure account)
for the year ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total £	Unrestricted funds £	Restricted funds £	2023 Total £
Income from:							
Donations		11,021	872	11,893	6,223	-	6,223
Charitable activities	2	519,969	150,933	670,902	503,067	182,986	686,053
Investments - bank interest		4,899	-	4,899	2,340	-	2,340
Total income		535,889	151,805	687,694	511,630	182,986	694,616
Expenditure on:							
Charitable activities	3	610,135	150,933	761,068	451,656	202,185	653,841
Total expenditure		610,135	150,933	761,068	451,656	202,185	653,841
Net income/(expenditure)		(74,246)	872	(73,374)	59,974	(19,199)	40,775
Transfer between funds	10	-	-	-	1,483	(1,483)	-
Net movement in funds		(74,246)	872	(73,374)	61,457	(20,682)	40,775
Reconciliation of funds:							
Total funds brought forward		497,407	-	497,407	435,950	20,682	456,632
Total funds carried forward		423,161	872	424,033	497,407	-	497,407

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

Sheffield Rape and Sexual Abuse Centre
Balance Sheet
As at 31 March 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	7	55,341	13,131
Total fixed assets		<u>55,341</u>	<u>13,131</u>
Current assets			
Debtors	8	42,795	150,116
Cash at bank and in hand		362,554	356,572
Total current assets		<u>405,349</u>	<u>506,688</u>
Creditors: amounts falling due within one year	9	(36,657)	(22,412)
Net current assets		<u>368,692</u>	<u>484,276</u>
Total assets less current liabilities		<u>424,033</u>	<u>497,407</u>
Creditors: amounts falling due after one year		-	-
Total net assets		<u><u>424,033</u></u>	<u><u>497,407</u></u>
Represented By			
FUNDS			
Unrestricted income fund		423,161	497,407
Restricted income funds	10	872	-
Total charity funds	11	<u><u>424,033</u></u>	<u><u>497,407</u></u>

For the year ending 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 19/11/2024 and signed on its behalf by:



Name: KATHARINE THOMPSON

Position: TREASURER / TRUSTEE .

Sheffield Rape and Sexual Abuse Centre (SRSAC)
Statement of cash flows
for the year ended 31 March 2024

	2024	2023
	£	£
Reconciliation of net expenditure to net cash flow from operating activities		
Net income/(expenditure) for the year (as per the SOFA)	(73,374)	40,775
Adjustments for:		
(Increase)/decrease in debtors	107,321	(56,518)
Increase/(decrease) in creditors	14,245	8,640
Investment income	(4,899)	(2,340)
Depreciation	7,029	4,522
	<hr/>	<hr/>
Net cash provided by/(used in) operating activities	50,322	(4,921)
Cash flows from investing activities		
Investment income	4,899	2,340
Purchase of fixed assets	(49,239)	(5,154)
Net cash (used in)/provided by investing activities	<hr/> (44,340) <hr/>	<hr/> (2,814) <hr/>
	<hr/>	<hr/>
Change in cash and cash equivalents	5,982	(7,735)
Cash and cash equivalents at the beginning of the year	356,572	364,307
Cash and cash equivalents at the end of the year	<hr/> 362,554 <hr/>	<hr/> 356,572 <hr/>

1 Accounting Policies

(a) Basis of preparation

Sheffield Rape and Sexual Abuse Centre is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Donations are recognised as income on receipt in the year it becomes due.

Income from local government and other grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Investment income is included when receivable.

(c) Expenditure and liabilities

Expenditure is recognised where there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross of irrecoverable VAT.

The trustees consider that the charity has only one charitable activity.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administration costs, finance, personnel, payroll and governance costs. It is not deemed beneficial to separately disclose support costs as there is only one charitable activity and immaterial fundraising costs.

(d) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Any assets purchased below £500 are written off at the time of purchase. Depreciation is provided at rates calculated to write off cost of those assets, less their residual value, over their expected useful lives on the following basis:

Improvements to leasehold property	Over the life of the lease
Fixtures and fittings	25%
Computer equipment	33%

(e) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

(f) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts - continued
for the year ended 31 March 2024

1 Accounting Policies - continued

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Operating lease rentals

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

(k) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

(l) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2024 Total £	Unrestricted Funds £	Restricted Funds £	2023 Total £
South Yorkshire Sexual Violence Partnership	300,660	38,604	339,264	340,305	-	340,305
Ministry of Justice	208,484	17,829	226,313	160,512	53,486	213,998
Sheffield City Council	-	58,500	58,500	-	73,500	73,500
South Yorkshire Police and Crime Commissioner	-	36,000	36,000	-	56,000	56,000
Lloyds Bank Foundation	-	-	-	2,250	-	2,250
Student placement fees	10,192	-	10,192	-	-	-
Other training	633	-	633	-	-	-
	519,969	150,933	670,902	503,067	182,986	686,053

3 Expenditure on charitable activities

	Note	Unrestricted Funds £	Restricted Funds £	2024 Total £	Unrestricted Funds £	Restricted Funds £	2023 Total £
Staff costs	4	442,917	71,453	514,370	335,421	108,389	443,810
Staff supervision		6,500	-	6,500	3,155	2,170	5,325
Staff training and wellbeing		6,711	-	6,711	3,735	1,140	4,875
Staff travel, working from home allowance and expenses		3,790	-	3,790	2,791	260	3,051
Staff support costs		833	-	833	1,967	-	1,967
Volunteer expenses and supervision		715	-	715	-	200	200
Bank counselling		29,407	45,473	74,880	25,975	36,931	62,906
Other counselling costs (including group costs, MAMS fees and therapeutic costs)		5,666	34,007	39,673	9,669	31,796	41,465
Rent (including service charges, phone data and rates)		73,504	-	73,504	40,515	14,027	54,542
Support costs							
Accountancy and payroll fees	5	4,959	-	4,959	4,869	-	4,869
Advertising and marketing		792	-	792	1,000	768	1,768
IT, Communications and equipment		19,100	-	19,100	9,623	3,973	13,596
Insurance		2,403	-	2,403	2,000	427	2,427
Printing, postage and stationery		1,788	-	1,788	-	843	843
Subscriptions and memberships		3,167	-	3,167	4,651	1,261	5,912
Other expenses		854	-	854	1,763	-	1,763
Depreciation		7,029	-	7,029	4,522	-	4,522
		610,135	150,933	761,068	451,656	202,185	653,841

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts - continued
for the year ended 31 March 2024

4 Staff costs

	2024 £	2023 £
Salaries	444,990	383,646
Employer's NI	39,479	35,781
Employer's allowance	(5,000)	(5,000)
Employer's pension contributions	34,901	29,383
	<u>514,370</u>	<u>443,810</u>

No employee received emoluments of more than £60,000 in either year. The average number of employees during the year was 19 (2023: 15).

5 Independent examination and fees payable to the independent examiner's organisation

	2024 £	2023 £
Accountancy fees and payroll includes:		
Independent examination fee	<u>2,880</u>	<u>2,880</u>

There were no other fees payable to the independent examiner's organisation during the year.

6 Trustees and key management remuneration, benefits and expenses

The trustees were not paid or received any other benefits from employment with the charity in the year (2023: £nil). One trustee was reimbursed none for travel expenses in the year (2023: £167). No charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

Key management comprises the trustees, Chief Executive Officer and the senior team (Services Manager and Business Manager). Total key management personnel remuneration benefits in the year was £113,162 (2023: part year of the full team £84,392).

7 Tangible fixed assets

	Improvements to Leasehold property	Fixture and Fittings £	Computer equipment £	Total £
Cost				
As at 1 April 2023	-	4,862	21,000	25,862
Additions	<u>48,261</u>	<u>-</u>	<u>978</u>	<u>49,239</u>
As at 31 March 2024	<u>48,261</u>	<u>4,862</u>	<u>21,978</u>	<u>75,101</u>
Depreciation				
As at 1 April 2023	-	3,974	8,757	12,731
Charge this period	<u>1,451</u>	<u>474</u>	<u>5,104</u>	<u>7,029</u>
As at 31 March 2024	<u>1,451</u>	<u>4,448</u>	<u>13,861</u>	<u>19,760</u>
Net book value				
As at 31 March 2024	<u>46,810</u>	<u>414</u>	<u>8,117</u>	<u>55,341</u>
As at 31 March 2023	<u>-</u>	<u>888</u>	<u>12,243</u>	<u>13,131</u>

8 Debtors

	2024 £	2023 £
Trade debtors	34,672	140,791
Prepayments	8,123	9,325
	<u>42,795</u>	<u>150,116</u>

9 Creditors: amounts falling due within one year

	Note	2024 £	2023 £
Trade creditors		30,528	16,383
Other creditors		6,129	6,029
		<u>36,657</u>	<u>22,412</u>

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts - continued
for the year ended 31 March 2024

10 Restricted funds

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Ministry of Justice: male rape funding	-	17,829	(17,829)	-	-
Sheffield City Council	-	58,500	(58,500)	-	-
South Yorkshire Police and Crime Commissioner: Victim Services Grant	-	36,000	(36,000)	-	-
South Yorkshire Sexual Violence Partnership	-	38,604	(38,604)	-	-
Co-op Local Community Fund: Children's trauma counselling	-	872	-	-	872
	-	151,805	(150,933)	-	872

Prior year comparison

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Ministry of Justice: male rape funding	-	53,486	(53,486)	-	-
Sheffield City Council	20,682	73,500	(92,699)	(1,483)	-
South Yorkshire Police and Crime Commissioner: Victim Services Grant	-	36,000	(36,000)	-	-
South Yorkshire Police and Crime Commissioner: VRU VAWG	-	20,000	(20,000)	-	-
	20,682	182,986	(202,185)	(1,483)	-

11 Split of net assets by fund

	Unrestricted Funds £	Restricted Funds £	2024 Total £	Unrestricted Funds £	Restricted Funds £	2023 Total £
Tangible fixed assets	55,341	-	55,341	13,131	-	13,131
Current assets	404,477	872	405,349	506,688	-	506,688
Current liabilities	(36,657)	-	(36,657)	(22,412)	-	(22,412)
	423,161	872	424,033	497,407	-	497,407

12 Operating lease commitments

At 31 March 2024 the charity was committed to making the following payments under other operating leases as follows:

	2024 £	2023 £
Payable within 1 year	24,368	23,570
	24,368	23,570

13 Related party transactions

Two of the trustees of the charity were also trustees of the South Yorkshire Sexual Violence Partnership during the year, which has provided funding of £339,264 during the year (2023: £340,305). This partnership exists to distribute funding between Sheffield, Barnsley, Doncaster and Rotherham, and each area's organisation has 2 members on the board. There was no balance outstanding at the year end.

There were no other related party transactions, other than those detailed in note 6.