

Company registration number: 07970294

Charity registration number: 1146544

Sheffield Rape and Sexual Abuse Centre

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2023

Sheffield Rape and Sexual Abuse Centre
Contents

	Page
Legal and administrative information	1
Directors' report (incorporating the Trustees' annual report)	2 - 10
Independent examiner's report	11
Statement of financial activities	12
Balance sheet	13
Statement of cash flows	14
Notes to the accounts	15 - 18

Sheffield Rape and Sexual Abuse Centre
Legal and administrative information
For the year ended 31 March 2023

Directors/Trustees

Ruth Kennedy	Chair	
Katharine Thompson	Treasurer	
Marie Tindall	Secretary	
Anne Tatlow		
Lauren Penhaligon		Resigned 30 May 2022
Jen Marsden-Lambert		Appointed 6 June 2022
Elizabeth Wilson		Appointed 6 June 2022

Key management

Meera Kulkarni	Chief Executive Officer
Angela Toulson	Business Manager
Laura Smith	Services Manager

Registered Charity Number

1146544

Registered Company Number

07970294

Registered Office

Scotia Works
Leadmill Road
Sheffield
S1 4SE

Independent Examiner (and accountants)

Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4TA

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report)
For the year ended 31 March 2023

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2023 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, governance and management

The charity was incorporated as a company limited by guarantee on 29 February 2012 and is governed by its Memorandum and Articles of Association which were amended on 23 June 2016.

The charity changed its name from Sheffield Rape and Sexual Abuse Centre (SRSAC) to Sheffield Rape and Sexual Abuse Centre, with Companies House on 21 July 2021.

Overall management of the charity is the responsibility of the directors who are elected and co-opted under the terms of the constitution. Day to day management is delegated to the Chief Executive Officer who manages the staff and volunteers.

Objectives and activities

The object of the charity is to relieve the psychological distress of persons who have been sexually abused or raped by any person(s) in the City of Sheffield and the surrounding area by providing high quality, professional, responsive specialist support services to anyone affected by sexual abuse or sexual violence at any time in their life within Sheffield.

The charity offers:

- Free face to face counselling sessions for any survivor.
- Specialist support groups for survivors
- Information and Support Telephone Service.
- Independent Sexual Violence Advisor (ISVA) service for anyone of any age who has experienced rape or sexual abuse at any time in their lives.

SRASAC does not make grants and therefore does not have a policy on grant making.

SRASAC is not involved in social investment and therefore does not have a policy on social investment.

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

Achievements and performance 2022/23

Towards the start of the 2022/23 financial year, with the main challenges of the covid pandemic largely behind us, the Board of Trustees began to look forward to developing our future plans for 2022-2025. The plan which was finalised in May 2022 was the outcome of a whole organisation process that involved staff, volunteers and trustees which was facilitated by an independent consultancy and funded by The Lloyds Bank Foundation. Our plan focuses on consolidating our important work and setting out how we would like to develop our role and extend our services to meet changing needs/local circumstances. We agreed to move forward with:

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

- The development of a specialist counselling service for children and young people who have experienced sexual abuse and violence. This service will support all children with no lower age limit to match the service for children provided by our ISVA team. This will be the only service of its kind available in Sheffield and will include parent/carer support to build the resilience of children and their families to recover from their experiences of abuse in the longer term.
- The development of a new community engagement project which would build on and extend the links and relationships we currently have. The project would be targeted at groups and communities who may have struggled to access services.
- A continued focus on identifying ways to improve access to our services.

Throughout 2022/23 the SRASAC team has been focused on the successful implementation of these important plans and changes to the staffing structure were identified to provide increased organisational capacity to enable us to deliver on these developments and other existing challenges.

The Trustees would like to express their admiration and gratitude to Meera Kulkarni CEO and her senior team; Laura Smith: Services Manager; Angela Toulson: Business Development Manager and the Senior Counsellors and of course all our staff and counsellors for their continuing commitment to SRASAC and the clients we serve. As always, we pay tribute to our clients for their strength and fortitude and for placing their trust in us to accompany them on their journey to recovery.

Our experience this year has taught us many things including the resilience of our staff and counsellors and the commitment of all of the team to continually strive to improve the services we provide for survivors of sexual violence. SRASAC recognises that one of our greatest strengths is the dedication of board, staff and counsellors to work together for the benefit of our clients.

Independent Sexual Violence Advisor Service

Sheffield Rape and Sexual Abuse Centre's (SRASAC) Independent Sexual Violence Advisor (ISVA) service provides specialist practical and emotional support to survivors of rape and sexual violence. We support all ages and are gender inclusive. Our team is made up of both child and adult ISVAs.

The service is independent and confidential and provides support to cope with the impact of sexual violence irrespective of whether this is reported to the police. If our clients choose to report to the police the ISVA will support them to liaise with the police and understand the criminal justice process.

SRASAC was successful in its bid for funding from the office of the South Yorkshire Police and Crime Commissioner (SY PCC) for a new dedicated Minoritised Ethnic ISVA post and we were delighted to welcome Delia Kenley who has recently joined the team in this post.

We accept self or agency referrals and make contact within 48 hours; we complete a risk and needs assessment and a support plan to ensure the most effective support is provided. Our ISVA service became part of the South Yorkshire Sexual Violence Partnership (SYSVP) which was established in 2017 to deliver the contract from the South Yorkshire Police and Crime Commissioner to provide ISVA services across South Yorkshire. The SYSVP Board of Trustees consists of two Trustee members from each of the four organisations in South Yorkshire providing ISVA services, including two trustees from SRASAC.

We were delighted that In February 2022 it was announced that the SYSVP had won the tender to provide ISVA services in South Yorkshire for another 5 years and in April 2022, SRASAC took over the management of the South Yorkshire ISVA contract. As part of our planned changes to our staffing structure to provide greater senior management capacity within SRASAC we established the post of Business Manager which includes the role of contract manager for the SY ISVA contract to support the data collection, monitoring and reporting associated with the contract across all four organisations in South Yorkshire currently providing ISVA services. We were delighted to welcome Angela Toulson to this position in October 2022.

We are very appreciative of the funding we receive from SY PCC as well as the on-going support we receive from the office of the PCC.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

Counselling Service

SRASAC offers short-to-medium term specialist sexual violence counselling for anyone, regardless of their gender identity (aged 13 and above), who has experienced sexual abuse or sexual violence at any time in their lives. We provide a safe, respectful and non-judgemental space for survivors to begin the process of recovery. Counselling with SRASAC allows an opportunity to be listened to and accepted, to be able to talk about past experiences and how they continue to impact on survivors throughout their lives.

SRASAC continues to offer more choice for clients to access counselling by offering our sessions either remotely via on-line video call or telephone, or face to face in our Centre. Our new 'blended service' developed during lockdown in 2020, has been embraced by clients and counsellors alike, offering increased flexibility and a more individualised, client centred approach.

Counsellors at SRASAC work from a trauma informed perspective and focus on building positive and effective therapeutic relationships, an important part of the counselling process and recovery from trauma. They have knowledge and understanding of the many effects of sexual violence and are able to support clients to become more able to manage their feelings and become more confident to carry on with life without being overwhelmed or controlled by the abuse they have suffered. We encourage clients to make their own choices and make changes in their lives if that is what they want. All of our Counsellors are professionally fully qualified and members of a professional counselling body, for example The British Association of Counsellors and Psychotherapists (BACP). Our counsellors come from a range of therapeutic backgrounds and work within their own modalities, which includes a client-centred/relational approach based around empowerment of the individual.

The clients who refer into the counselling service range widely in terms of age, sexual violence history, needs and requirements. Sheffield has a diverse population alongside a large student population. Survivors can contact our service sometimes within days of an assault, through to several years and even decades.

We have recently had a number of clients contacting our service who are in their 70s and even 80s - who suffered abuse in childhood. It can take a very long time for survivors to find the courage to reach out for support and break the silence of their abuse. Common themes that permeate throughout the people we support, are that of self-blame and shame; survivors often feel 'responsible' for what happened to them, for not being able to protect themselves and place blame on themselves, developing damaging coping strategies, i.e. drug or alcohol addictions, eating disorders etc., which continue to be disruptive and cause chaos for them throughout their lives. In addition to individual counselling we are working to extend the range of group counselling options for clients including a mixed gender client post counselling group following the success of the mixed gender group in 2020.

A new model of managing our counselling service was introduced in 2022 and has proved very successful. We now have three senior counsellors, each focusing on specific aspects of the service ie counselling supervision, group work, and client assessment/ waiting list management.

Jen Ayling, one of the Senior Counsellors is providing in house training for counsellors and the full staff team on the implications for SRASAC of the new CPS guidelines on pre-trial therapy.

Data for Improvement

We use a secure bespoke online data management system, CRMS, to input client information at various points as they move through our service. The data below is all from the year 01/04/2022 and 31/03/2023. We would like to pay tribute to Michelle Webster who undertook the role of Office Manager including management of the data system. Michelle resigned from SRASAC on 5th May after nearly 8 years' service. She left with our very best wishes for the future.

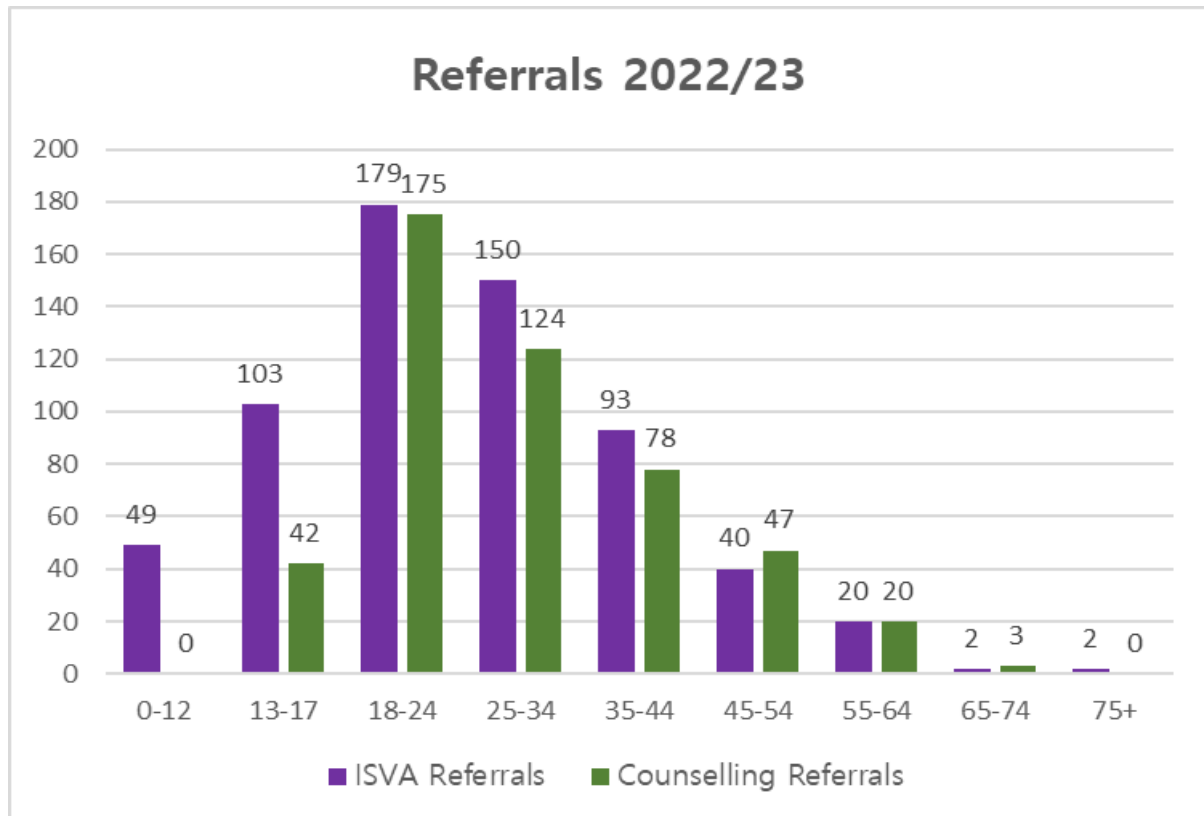
Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

As part of our staffing re-focus to enhance the corporate functions of SRASAC, the post of Office Manager was moved to Data and Impact Officer and we were delighted to appoint Rose Franchi to this position in June 2023.

Client Data

The ISVA service received 638 new referrals.
The Counselling service received 489 new referrals.

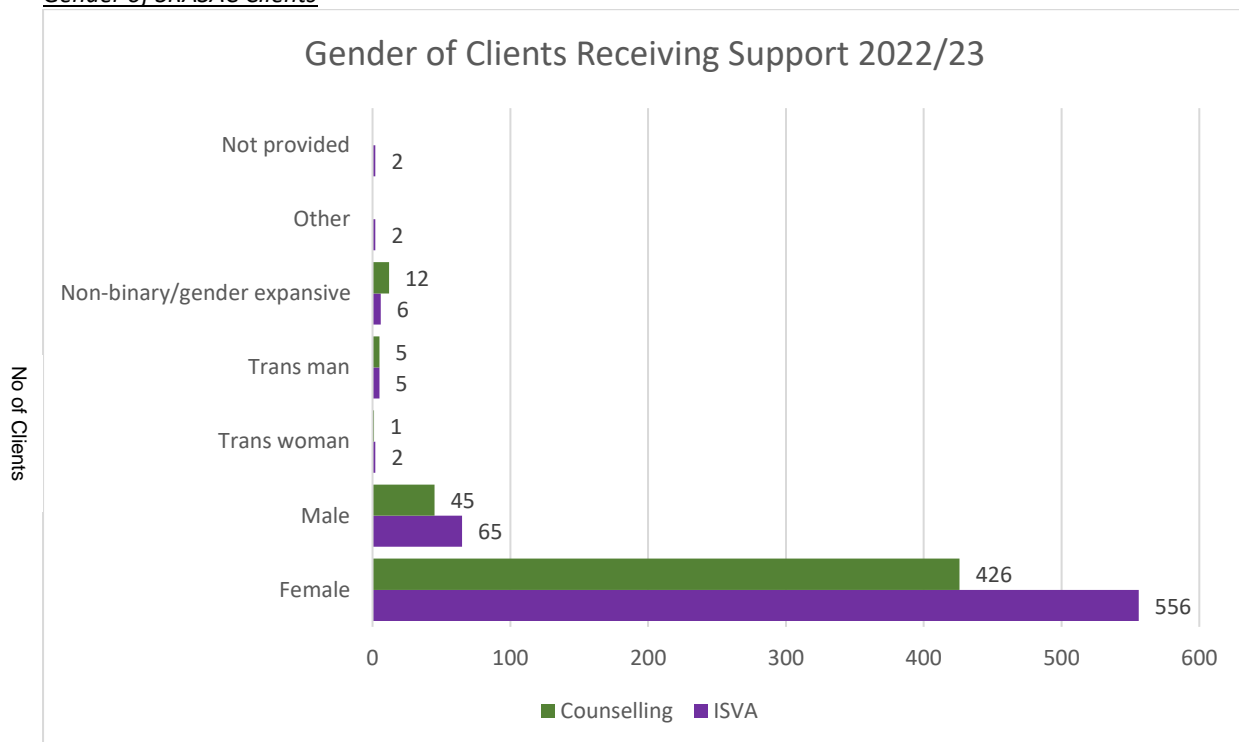
Age of SRASAC Clients



The chart above demonstrates that clients aged between 18 and 24 make up the largest client group. However, the ISVA service received 152 referrals for clients under 18 years of age, which represents 23% of their total client caseload.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

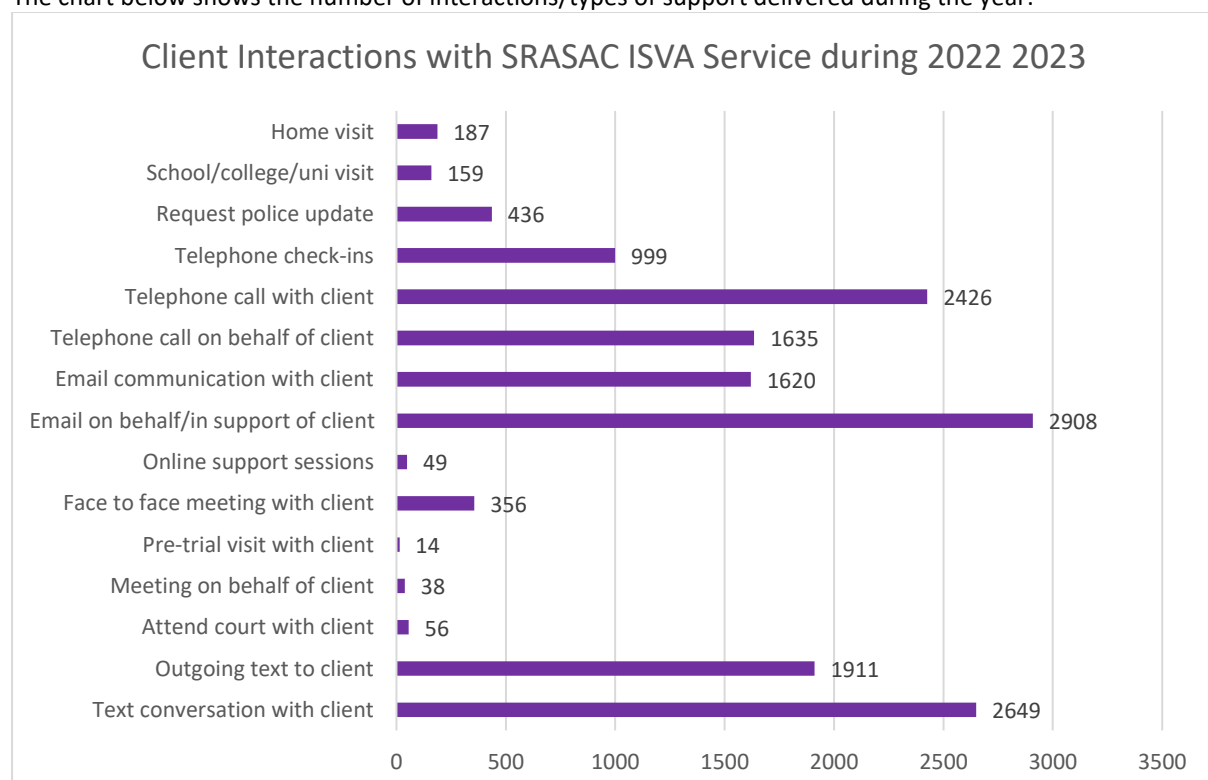
Gender of SRASAC Clients



Client Support – ISVA Service

During the year, the ISVAs supported a total of 530 clients. These clients received support ranging from advice relating to their options around reporting to the Police to support throughout the Criminal Justice System (CJS) including support at trial.

The chart below shows the number of interactions/types of support delivered during the year:

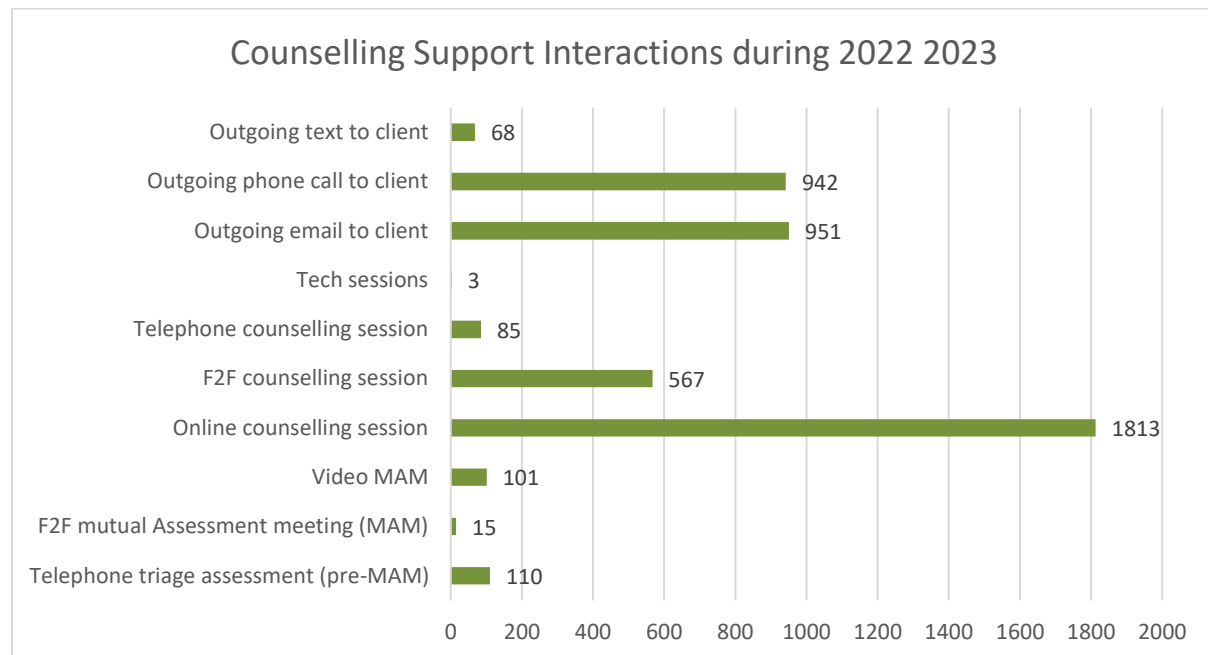


Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

Client Support – Counselling Service

During the year the Counselling service supported a total of 490 clients. This support ranged from Triage calls and telephone support, through to Counselling Sessions delivered by telephone, online and face to face.

The chart below shows the number of interactions/types of support delivered during the year.



SRASAC had 2 volunteer fully qualified counsellors during 2022/23 and recognises their valuable contribution to the work of the counselling service.

Outcomes

Being able to demonstrate public benefit and how our services help and support those who have experienced sexual violence is key to our work at SRASAC. For services such as ours 'hard' outcomes and how to measure for them is often difficult but we consider data relating to client experience to be our 'hard' outcomes.

We are constantly looking at collecting and analysing data to improve the services we provide. We routinely collect 11 client focused measures and look at the improvement scores. For 2022/23 these include:

- I have felt better able to cope when things go wrong – average 50% improvement for each client
- I have felt positive about my future – average 65% improvement for each client
- I have hurt myself physically or taken dangerous risks with my health -average 68% improvement for each client

Evaluation forms are completed by the client when they exit the service. The key indicator question is "Do you think Counselling with SRASAC has helped you". 85% of clients who had completed an evaluation form answered the question with "Yes, a lot" and the remaining 15% answered "Yes, in some ways".

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

Also, some recent client quotes taken from evaluation forms.

Counselling Feedback:

"I am very isolated & having someone to talk to has made all the difference. Whilst I have been accessing support, I have suffered with both depression & anxiety. Being able to share this has made all the difference to me. The specialist support provided by SRASAC is also important. Too often people don't understand or can be very judgmental so access to therapy provided by people with specialist knowledge & skills is vitally important."

"Counselling has helped me be more compassionate towards myself, make healthy decisions for myself and improve my overall well-being and life. I did a lot of healing work alone but met a hurdle I wasn't quite sure on how to overcome. I've found it incredibly helpful to have someone to talk to who understands me and psychology to help me understand how my trauma impacts the way I think and behave and helped me to realise these are things I have autonomy over."

"SRASAC had previously provided support to me while the Police were conducting their investigation. At this time SRASAC were the only support I had & I would not have managed without them. I was struggling without support after the investigation ended & am so grateful to SRASAC for providing this, particularly the specialist support they offer."

ISVA Feedback:

"In all honesty I can't fault the SRASAC team at all. I will always be so grateful and thankful for all of the support they gave me in literally the darkest, hardest and most uncertain time of my life. Thank you so much - you are lifesavers and I don't think you realise it. Though what happened still affects me I believe that I can (and that I am now) living a normal life and SRASAC have a huge part to play in me being able to do that. Thank you again!"
"I am really grateful for [my ISVA], I was so scared of everything and the police case itself and she helped me to gain confidence and supported me like my family didn't. She helped me make sure I knew everything about anything I was going into (e.g. interview with police) and guided me to make informed decisions, supporting whatever my decision was."

"SRASAC has provided a wonderful service, the ISVA and therapy teams have been so important in my survival and recovery from childhood abuse and made it possible for me to cope with the police investigation, feeling less alone and isolated than I otherwise would have and helping me to access the benefits I need. I'm really grateful for all the nuanced help and expertise you provide."

Improving access to our services

SRASAC was successful in attracting funding from the Violence Reduction Unit for the community engagement work identified as part of our strategic plan. This project aims to identify and address the needs of women and girls within marginalised communities as a result of user involvement and with the ambition to employ a community engagement worker in the future. The scoping work for this project is ongoing.

Training on the impact of sexual assault and violence and how to deal with disclosure was delivered to over 60 participants including teachers and social workers in Sheffield by members of the SRASAC team. Also "Ask for Angela" online training for venue staff in Sheffield has started up again delivered by the SRASAC team as part of our on-going commitment to support agencies across Sheffield in raising awareness about sexual harassment and assault.

We continue to seek ways in which we can improve access to the services we provide and offer greater inclusivity. In early 2021 our whole team took part in an organisation-wide online bespoke LGBT+ awareness training event ('Call it out') delivered by 'SAYIT' (another local charity based in the same building as SRASAC) to raise awareness about LGBT+ issues and potential barriers to accessing our services as part of our work towards the local SAYIT LGBT+ inclusion Kite Mark demonstrating action for inclusivity for people from the LGBT+ community. We have continued this important work with a series of whole team Equity, Diversity and Inclusion (EDI) sessions led by Ngozi Lyn Cole during 2022/23 with the help of funding from Lloyd's Foundation Trust. As part of this work we have undertaken an EDI self-assessment and are now developing our own EDI strategy which will feed in to all aspects of organisation and the services we provide. Our CEO Meera Kulkarni continues her work with the Board of RCEW and was involved in the recruitment to RCEW's Anti-racist Lead.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

This focus on inclusivity and diversity is reflected on our website and all information we provide about our services. Our website now provides more detailed information and advice for those wishing to access our services as well as those who might need help in supporting a friend or family member who has experienced sexual violence. We have also provided new 'appropriate referral' information for professionals which has been warmly received.

Our confidential Information and Support Line service, open 5 days a week continues to respond quickly and appropriately to enquiries from the general public and professionals and signposting them to other organisations for help as appropriate. This confidential service is also for counselling clients to enable staff to touch base with them on a regular basis in between initial assessment and first counselling session. A similar approach of appropriate contact is also provided by our ISVA team.

We continue to provide regular training events as part of our aim to improve awareness of our work and improving access to our services as well as developing our community outreach in challenging the attitudes and behaviours which give rise to sexual violence.

Future developments

We hope to be able to complete the scoping exercise for the new children's counselling service by the end of 2023 financial year to ensure that our planning is robust and that we have considered and addressed the whole range of risks and challenges posed by establishing this new service which will also include separate office provision within our existing accommodation.

Other developments in the near future include the inclusion of family support within the Children and Young Person ISVA role, and the provision of a wider range of group counselling options for clients.

There is a growing national recognition and appreciation of the importance of providing essential independent support for individuals who have experienced sexual violence and so we believe that the demand for our services will continue to increase over time. On 13th June 2022, SRASAC was pleased to host a visit from Dominic Raab, the Secretary of State for Justice and Victoria Atkins, Justice Minister during which a series of government reforms were announced including plans for reforming the way rape cases are investigated and the establishment of specialist courts to deal with cases of sexual violence. SRASAC's progress to date has relied upon our relationships with funders and commissioners who understand the issue of sexual violence and our approach. Securing adequate income for an organisation working on rape and sexual abuse is not easy but we have shown that we have been very successful in securing funding to deliver specific projects which has then been extended as a result of providing good monitoring data and progress reports that are able to demonstrate the impact these projects have had.

Submission of bids for funding is an ongoing process for most charities and SRASAC is no exception. The Trustees believe that we are in a strong position to take advantage of a number of sources of funding and winning the SYSVP contract is testament to the confidence placed in SRASAC and the other South Yorkshire ISVA services and the recent grant received from the MOJ from the combined Rape Support Fund and Male Rape Support Fund. Our existing 'grant agreement' with Sheffield City Council extends to March 2028 and if we were required to take part in a formal tendering process for this work we believe that we would be in a very good position to win the tender having successfully delivered on this agreement for the last few years.

Financial review

Our total income for the financial year was £694,616 compared with total expenditure of £653,841. As a result, the net movement in funds was a surplus of £40,775. Our restricted funds decreased by £20,682 from £20,682 at the beginning of the year to £nil at the year-end. Overall, our unrestricted funds increased by £61,457 from £435,950 at the beginning of year to £497,107 at the year-end.

Current forecasts show that we have £664,076 of secured income for 2024/25 leaving a shortfall of £74,729. This is not a dissimilar position to one we faced in previous years, so during 2023/24 we will be making further bids for funding to ensure that we can continue to provide our services.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

Reserves policy

The trustees' current reserves policy states that the equivalent of between 3 and 6 month's planned expenditure should be kept in reserve to ensure that the charity could continue to work through a period of unforeseen difficulty. The trustees assess the reserves policy on an annual basis.

Planned expenditure for 2023/24 is £738,000 with three to six month's expenditure being in the range of approximately £184,500 to £369,000. Free reserves as at 31 March 2023 were £484,276 (unrestricted funds excluding fixed assets) which is above the target range. The Board believe that holding an increased level of reserves beyond 6 months planned expenditure is a prudent response to the challenges we will be facing over the next few years.

Conclusions

We remain cautiously optimistic about our ability to attract the funding required beyond 2023 and following a review in June we intend to build up the amount we keep in reserves over the next two years. We fully recognise that we will not be immune to the financial challenges the whole country is facing at this point in time as a result of the fallout from the covid pandemic, the war in Ukraine, the cost of living crisis and looming austerity measures and so we believe that increasing the level of reserves we hold is a prudent response to this challenge at least for the next few years.

SRASAC is very grateful to all our funders who have enabled us to maintain and enhance our services and provide contact and support for over a thousand clients. A significant amount of our funding continues to be for a relatively short period of time between 2-3 years. This can make future planning for sustainability difficult in a challenging economic climate.

Our greatest challenge continues to be ensuring high quality responsive provision for the needs of survivors in Sheffield. Referrals across all services have risen year on year as well as ISVA clients experiencing a much longer wait for progress and completing within the criminal justice system. In the coming year we will work to build the capacity of our Counselling Service to meet the needs of all survivors.

Small company provisions:

This report has been prepared in accordance with the special provisions relating to small companies' subject to the small companies' regime within Part 15 of the Companies Act 2006.

Approved by the board on 19th September 2023 and signed on its behalf by:



Name: Katharine Thompson

Position: Treasurer and Trustee

Independent Examiner's report to the Trustees of Sheffield Rape and Sexual Abuse Centre ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: S Lightfoot
Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Date: 21 September 2023

Sheffield Rape and Sexual Abuse Centre

Statement of financial activities (incorporating the income and expenditure account)

for the year ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total £	Unrestricted funds £	Restricted funds £	2022 Total £
Income from:							
Donations		6,223	-	6,223	14,571	-	14,571
Charitable activities	2	503,067	182,986	686,053	359,122	263,006	622,128
Investments - bank interest		2,340	-	2,340	903	-	903
Total income		511,630	182,986	694,616	374,596	263,006	637,602
Expenditure on:							
Charitable activities	3	451,656	202,185	653,841	237,413	313,126	550,539
Total expenditure		451,656	202,185	653,841	237,413	313,126	550,539
Net income/(expenditure)		59,974	(19,199)	40,775	137,183	(50,120)	87,063
Transfer between funds	10	1,483	(1,483)	-	-	-	-
Net movement in funds		61,457	(20,682)	40,775	137,183	(50,120)	87,063
Reconciliation of funds:							
Total funds brought forward		435,950	20,682	456,632	298,767	70,802	369,569
Total funds carried forward		497,407	-	497,407	435,950	20,682	456,632

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

Sheffield Rape and Sexual Abuse Centre
Balance Sheet
As at 31 March 2023

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	7	13,131	12,499
Total fixed assets		<u>13,131</u>	<u>12,499</u>
Current assets			
Debtors	8	150,116	93,598
Cash at bank and in hand		<u>356,572</u>	<u>364,307</u>
Total current assets		<u>506,688</u>	<u>457,905</u>
Creditors: amounts falling due within one year	9	(22,412)	(13,772)
Net current assets		<u>484,276</u>	<u>444,133</u>
Total assets less current liabilities		497,407	456,632
Creditors: amounts falling due after one year		-	-
Total net assets		<u><u>497,407</u></u>	<u><u>456,632</u></u>
Represented By			
FUNDS			
Unrestricted income fund		497,407	435,950
Restricted income funds	10	-	20,682
Total charity funds	11	<u><u>497,407</u></u>	<u><u>456,632</u></u>

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 19th September 2023 and signed on its behalf by:



Name: Katharine Thompson

Position: Treasurer and Trustee

Sheffield Rape and Sexual Abuse Centre (SRSAC)
Statement of cash flows
for the year ended 31 March 2023

	2023	2022
	£	£
Reconciliation of net expenditure to net cash flow from operating activities		
Net income/(expenditure) for the year (as per the SOFA)	40,775	87,063
Adjustments for:		
(Increase)/decrease in debtors	(56,518)	(70,279)
Increase/(decrease) in creditors	8,640	(3,115)
Investment income	(2,340)	(903)
Depreciation	4,522	3,798
	<hr/>	<hr/>
Net cash provided by/(used in) operating activities	(4,921)	16,564
Cash flows from investing activities		
Investment income	2,340	903
Purchase of fixed assets	(5,154)	(7,452)
Net cash (used in)/provided by investing activities	<hr/> (2,814) <hr/>	<hr/> (6,549) <hr/>
Change in cash and cash equivalents	(7,735)	10,015
Cash and cash equivalents at the beginning of the year	364,307	354,292
Cash and cash equivalents at the end of the year	<u><u>356,572</u></u>	<u><u>364,307</u></u>

1 Accounting Policies

(a) Basis of preparation

Sheffield Rape and Sexual Abuse Centre is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Donations are recognised as income on receipt in the year it becomes due.

Income from local government and other grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Investment income is included when receivable.

(c) Expenditure and liabilities

Expenditure is recognised where an there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross of irrecoverable VAT.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administration costs, finance, personnel, payroll and governance costs. It is not deemed beneficial to separately disclose support costs as there is only one charitable activity and immaterial fundraising costs.

(d) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Any assets purchased below £500 are written off at the time of purchase. Depreciation is provided at rates calculated to write off cost of those assets, less their residual value, over their expected useful lives on the following basis:

Fixtures and fittings	25%
Computer equipment	33%

(e) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

(f) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts (continued)
for the year ended 31 March 2023

1 Accounting Policies (continued)

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Operating lease rentals

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2023 Total £	Unrestricted Funds £	Restricted Funds £	2022 Total £
South Yorkshire Sexual Violence Partnership	340,305	-	340,305	196,222	-	196,222
Ministry of Justice	160,512	53,486	213,998	132,900	40,718	173,618
Sheffield City Council	-	73,500	73,500	-	88,500	88,500
South Yorkshire Police and Crime Commissioner	-	56,000	56,000	-	133,788	133,788
Lloyds Bank Foundation	2,250	-	2,250	30,000	-	30,000
	503,067	182,986	686,053	359,122	263,006	622,128

3 Expenditure on charitable activities

		Unrestricted	Restricted	2023	Unrestricted	Restricted	2022
		Funds	Funds	Total	Funds	Funds	Total
	Note	£	£	£	£	£	£
Staff costs	4	335,421	108,389	443,810	193,101	162,620	355,721
Staff supervision		3,155	2,170	5,325	2,835	1,375	4,210
Staff training and wellbeing		3,735	1,140	4,875	1,514	-	1,514
Staff travel, working from home allowance and expenses		2,791	260	3,051	4,389	-	4,389
Staff support costs		1,967	-	1,967	-	-	-
Volunteer expenses and supervision		-	200	200	500	-	500
Bank counselling		25,975	36,931	62,906	92	77,338	77,430
Other counselling costs (including group costs, MAMS fees and theraputic costs)		9,669	31,796	41,465	1,430	22,652	24,082
Rent (including service charges, phone data and rates)		40,515	14,027	54,542	20,618	33,400	54,018
Accountancy and payroll fees	5	4,869	-	4,869	2,423	4,008	6,431
Advertising and marketing		1,000	768	1,768	-	1,329	1,329
IT, Communications and equipment		9,623	3,973	13,596	2,232	8,349	10,581
Insurance		2,000	427	2,427	-	1,680	1,680
Printing, postage and stationery		-	843	843	1,006	350	1,356
Subscriptions and memberships		4,651	1,261	5,912	2,301	-	2,301
Other expenses		1,763	-	1,763	1,174	25	1,199
Depreciation		4,522	-	4,522	3,798	-	3,798
		451,656	202,185	653,841	237,413	313,126	550,539

4 Staff costs

	2023 £	2022 £
Salaries	383,646	308,774
Employer's NI	35,781	26,245
Employer's allowance	(5,000)	(4,000)
Employer's pension contributions	29,383	24,702
	443,810	355,721

No employee received emoluments of more than £60,000 in either year. The average number of employees during the year was 15 (2022: 13).

5 Independent examination and fees payable to the independent examiner's organisation

2023

£

Accountancy fees and payroll includes:

Independent examination fee

2,880

There were no other fees payable to the independent examiner's organisation during the year.

6 Trustees and key management remuneration, benefits and expenses

The trustees were not paid or received any other benefits from employment with the charity in the year (2022: £nil). One trustee was reimbursed £167 for travel expenses in the year (2022: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

Key management comprises the trustees, Chief Executive Officer and the senior team (Services Manager and Business Manager). Total key management personnel remuneration benefits in the year was £84,392 (2022: Chief Executive Officer only - £36,486).

7 Tangible fixed assets

	Fixture and Fittings £	Computer equipment £	Total £
Cost			
As at 1 April 2022	4,862	15,846	20,708
Additions	-	5,154	5,154
As at 31 March 2023	<u>4,862</u>	<u>21,000</u>	<u>25,862</u>
Depreciation			
As at 1 April 2022	3,500	4,709	8,209
Charge this period	474	4,048	4,522
As at 31 March 2023	<u>3,974</u>	<u>8,757</u>	<u>12,731</u>
Net book value			
As at 31 March 2023	<u>888</u>	<u>12,243</u>	<u>13,131</u>
As at 31 March 2022	<u>1,362</u>	<u>11,137</u>	<u>12,499</u>

8 Debtors

	2023 £	2022 £
Trade debtors	140,791	84,395
Prepayments	9,325	9,203
	<u>150,116</u>	<u>93,598</u>

9 Creditors: amounts falling due within one year

	Note	2023 £	2022 £
Trade creditors		16,383	7,956
Other creditors		6,029	5,816
		<u>22,412</u>	<u>13,772</u>

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts (continued)
for the year ended 31 March 2023

10 Restricted funds

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Ministry of Justice: male rape funding	-	53,486	(53,486)	-	-
Sheffield City Council	20,682	73,500	(92,699)	(1,483)	-
South Yorkshire Police and Crime Commissioner: Victim Services Grant	-	36,000	(36,000)	-	-
South Yorkshire Police and Crime Commissioner: VRU VAWG	-	20,000	(20,000)	-	-
	20,682	182,986	(202,185)	(1,483)	-
<i>Prior year comparison</i>	<i>Balance b/fwd £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance c/fwd £</i>
<i>The Big Lottery - Reaching Communities</i>	70,436	-	(70,436)	-	-
<i>Ministry of Justice: covid funding</i>	366	-	(366)	-	-
<i>Ministry of Justice: male rape funding</i>	-	40,718	(40,718)	-	-
<i>Police Crime Commissioner: Critical support for communities</i>	-	61,644	(61,644)	-	-
<i>Police Crime Commissioner: ISVA</i>	-	72,144	(72,144)	-	-
<i>Sheffield City Council</i>	-	88,500	(67,818)	-	20,682
	70,802	263,006	(313,126)	-	20,682

11 Split of net assets by fund

	Unrestricted Funds £	Restricted Funds £	2023 Total £	Unrestricted Funds £	Restricted Funds £	2022 Total £
Tangible fixed assets	13,131	-	13,131	12,499	-	12,499
Current assets	506,688	-	506,688	437,223	20,682	457,905
Current liabilities	(22,412)	-	(22,412)	(13,772)	-	(13,772)
	497,407	-	497,407	435,950	20,682	456,632

12 Operating lease commitments

At 31 March 2023 the charity was committed to making the following payments under other operating leases as follows:

	2023 £	2022 £
Payable within 1 year	23,570	23,570
	23,570	23,570

13 Related party transactions

Two of the trustees of the charity were also trustees of the South Yorkshire Sexual Violence Partnership during the year, which has provided funding of £340,305 during the year (2022: £196,222). This partnership exists to distribute funding between Sheffield, Barnsley, Doncaster and Rotherham, and each area's organisation has 2 members on the board. There was no balance outstanding at the year end.

There were no other related party transactions, other than those detailed in note 6.