

**Company registration number: 07970294**  
**Charity registration number: 1146544**

**Sheffield Rape and Sexual Abuse Centre**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**For the year ended 31 March 2022**

**Sheffield Rape and Sexual Abuse Centre**  
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**Sheffield Rape and Sexual Abuse Centre**  
**Legal and administrative information**  
**For the year ended 31 March 2022**

**Directors/Trustees**

Ruth Kennedy	Chair	
Katharine Thompson	Treasurer	
Marie Tindall	Secretary	
Anne Tatlow		
Lauren Penhaligon		Resigned 30 May 2022
Jen Marsden-Lambert		Appointed 6 June 2022
Elizabeth Wilson		Appointed 6 June 2022

**Key management**

Meera Kulkarni	Chief Executive Officer
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**Registered Charity Number**

1146544

**Registered Company Number**

07970294

**Registered Office**

Scotia Works  
Leadmill Road  
Sheffield  
S1 4SE

**Independent Examiner**

Sarah Lightfoot, FCA DChA  
Employee of:  
VAS Community Accountancy  
The Circle  
33 Rockingham Lane  
Sheffield  
S1 4FW

**Bankers**

CAF Bank Limited  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4TA

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report)**  
**For the year ended 31 March 2022**

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2022 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

**Structure, governance and management**

The charity was incorporated as a company limited by guarantee on 29 February 2012 and is governed by its Memorandum and Articles of Association which were amended on 23 June 2016.

The charity changed its name from Sheffield Rape and Sexual Abuse Centre (SRSAC) to Sheffield Rape and Sexual Abuse Centre, with Companies House on 21 July 2021.

Overall management of the charity is the responsibility of the directors who are elected and co-opted under the terms of the constitution. Day to day management is delegated to the Chief Executive Officer who manages the staff and volunteers.

**Objectives and activities**

The object of the charity is to relieve the psychological distress of persons who have been sexually abused or raped by any person(s) in the City of Sheffield and the surrounding area.

The principal activities of the charity include:

- Free face to face counselling sessions for any survivor aged over 13 years.
- Specialist support groups for survivors
- Information and Support Telephone Service.
- Independent Sexual Violence Advisor (ISVA) service for anyone of any age who has experienced rape or sexual abuse at any time in their lives.

SRASAC does not make grants and therefore does not have a policy on grant making.

SRASAC is not involved in social investment and therefore does not have a policy on social investment.

SRASAC had 2 volunteer fully qualified counsellors during 2021 2022 and recognises their contribution to the work of the counselling service.

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

**Achievements and performance 2021 2022**

Throughout the Covid pandemic SRASAC staff and counsellors worked tirelessly to make our services safe and available to as many clients as possible by keeping our waiting list open and offering online counselling and ISVA support.

In July 2021 there was a relaxation of the national and local lockdowns and restrictions which meant that we were able to gradually move back into our offices and start to offer face to face counselling and ISVA support again. Following discussion and feedback we learned that for many of our clients, online counselling and ISVA support was preferable to face to face contact and as a result, we will be continuing to provide a blend of online and face to face support that was put in place during 2021.

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2022**

Throughout 2021/22 we have seen a definite increase in the number of referrals into our services and these are now back at pre-pandemic levels. We have also experienced an increase in the number of referrals from other agencies for those who have particularly complex mental health needs. Providing appropriate support for these clients remains an on-going challenge.

We would like to pay tribute to Dr Chris Scarlett, who stepped down as Chair of Trustees in February 2021 and who guided the service through the many difficulties faced by SRASAC during the pandemic. Her strong leadership, courage and wisdom during this time was invaluable. Chris had served SRASAC for many years as a Trustee and latterly Chair of Trustees and we thank her for her steadfast commitment and dedication to our cause.

We would also like to express our gratitude to Lauren Penhaligon for her long-term support of SRASAC as a Trustee. Lauren's thoughtfulness and expertise as an HR specialist was invaluable in enabling our service to move forward at several critical points. We wish them both well in their new endeavours. We are pleased to welcome Jennifer Marsden-Lambert and Liz Wilson as recent appointments to the SRASAC Board of Trustees.

**Independent Sexual Violence Advisor Service**

Sheffield Rape and Sexual Abuse Centre's (SRASAC) Independent Sexual Violence Advisor (ISVA) service provides specialist practical and emotional support to survivors of rape and sexual violence. We support all ages and are gender inclusive. Our team is made up of both child and adult ISVAs.

The role of the ISVA is to provide practical and emotional support to survivors of rape and sexual abuse, an ISVA provides support to understand rights and provides information to allow clients to make informed decisions and have choice to enable empowerment.

The service is independent and confidential and provides support to cope with the impact of sexual violence irrespective of whether this is reported to the police. If our clients choose to report to the police the ISVA will support them to liaise with the police and understand the criminal justice process.

A needs' led plan of support is agreed, this can include both emotional and practical support for example making external referrals, signposting and liaising with specialist services.

The assigned named ISVA will provide support throughout the criminal justice journey and in court.

ISVAs can provide short term practical help if our clients have chosen not to report the abuse to the Police, our support is completely independent and confidential.

We accept self or agency referrals and make contact within 48 hours; we complete a risk and needs assessment and a support plan to ensure the most effective support is provided. Our ISVA service became part of the South Yorkshire Sexual Violence Partnership (SYSVP) which was established in 2017 to deliver the contract from the South Yorkshire Police and Crime Commissioner (PCC) to provide ISVA services across South Yorkshire.

The SYSVP Board of Trustees consists of two Trustee members from each of the four organisations in South Yorkshire providing ISVA services, including two trustees from SRASAC. We were delighted that In February 2022 it was announced that the SYSVP had won the tender to provide ISVA services in South Yorkshire for another 5 years. In April 2022, SRASAC took over the management of the South Yorkshire ISVA contract and a dedicated contract manager post has been established at SRASAC to support the monitoring, reporting and management associated with the contract across all four organisations in South Yorkshire currently providing ISVA services. We are very appreciative of the funding we receive from the PCC as well as the on-going support we receive from the office of the PCC.

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2022**

**ISVA Team Achievements:**

- SRASAC's ISVA team is now established with three new ISVAs taking our team to 5 ISVAs and 2 Children and Young Persons' ISVA, an ISVA Manager and ISVA Support Worker.
- The team completed a range of training, including Safeguarding and support for children and young adults and the ISVA Manager, and ISVAs achieved accredited qualifications awarded by Lime Culture. Our full service accreditation achieved in 2020 was maintained throughout 2021/22
- We continue to offer greater choice in the support we are able to offer clients providing phone, video call and in person support.
- We support all ages and are gender inclusive, our clients ages and when they choose to access our service vary on individual circumstances.

**Counselling Service**

SRASAC offers short-to-medium term specialist sexual violence counselling for anyone, regardless of their gender identity (aged 13 and above), who has experienced sexual abuse or sexual violence at any time in their lives. We provide a safe, respectful and non-judgemental space for survivors to begin the process of recovery. Counselling with SRASAC allows an opportunity to be listened to and accepted, to be able to talk about past experiences and how they continue to impact on survivors throughout their lives.

SRASAC is now offering more choice for clients to access counselling by offering our sessions either remotely via on-line video call or telephone, or face to face in our Centre. Our new 'blended service' developed during lockdown in 2020, has been embraced by clients and counsellors alike, offering increased flexibility and a more individualised, client centred approach.

Counsellors at SRASAC work from a trauma informed perspective and focus on building positive and effective therapeutic relationships, an important part of the counselling process and recovery from trauma. They have knowledge and understanding of the many effects of sexual violence and are able to support clients to become more able to manage their feelings and become more confident to carry on with life without being overwhelmed or controlled by the abuse they have suffered. We encourage clients to make their own choices and make changes in their lives if that is what they want. All of our Counsellors are professionally trained and members of a professional counselling body, for example The British Association of Counsellors and Psychotherapists (BACP). Our counsellors come from a range of therapeutic backgrounds and work within their own modalities, which includes a client-centred/relational approach based around empowerment of the individual.

The clients who refer into the counselling service range widely in terms of age, sexual violence history, needs and requirements. Sheffield has a diverse population alongside a large student population. Survivors can contact our service sometimes within days of an assault, through to several years and even decades.

We would like to express our deep gratitude to Sue McAdie who led our counselling service at SRASAC for over 10 years and who stepped down from her role as Clinical Manager in December 2021. We will always be indebted to her for establishing and leading this vital service with professionalism and great compassion.

**Data for Improvement**

We use a secure bespoke online data management system, CRMS, to input client information at various points as they move through our service. The data that follows is from the year 01/04/2021 and 31/03/2022.

**Client Demographics**

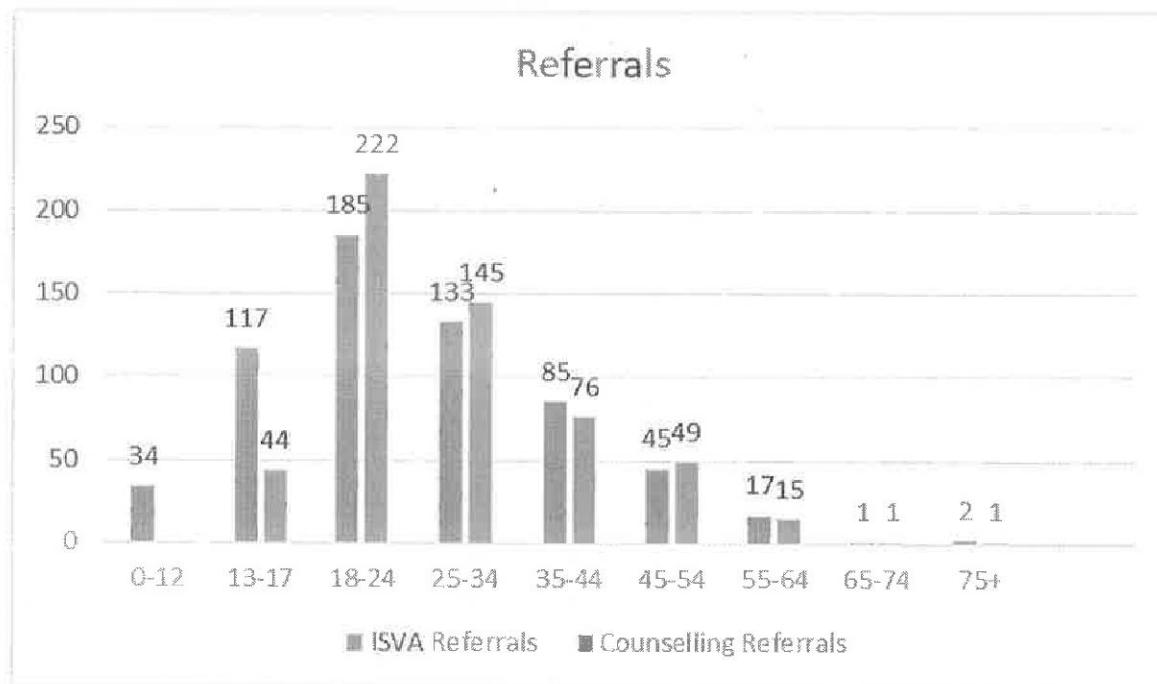
The ISVA service received 619 new referrals.

The Counselling service received 553 new referrals.

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2022**

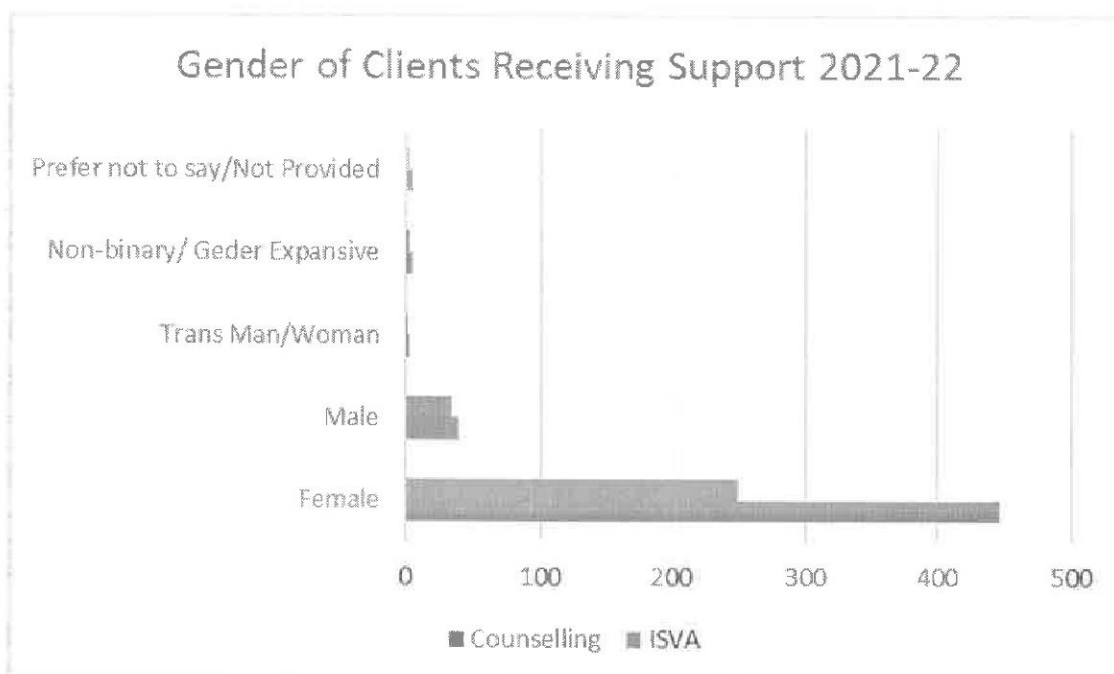
The chart below shows the referrals received into the ISVA and Counselling services between April 2021 and March 2022, split into age bands.

*NB. The Counselling service does not accept referrals from survivors aged 0-12 years.*



The chart above demonstrates that clients aged between 18 and 24 make up the largest client group. However, the ISVA service received 151 referrals for clients under 18 years of age, which represents 24% of their total client caseload.

**Gender of all SRASAC Clients in 2021-2022**

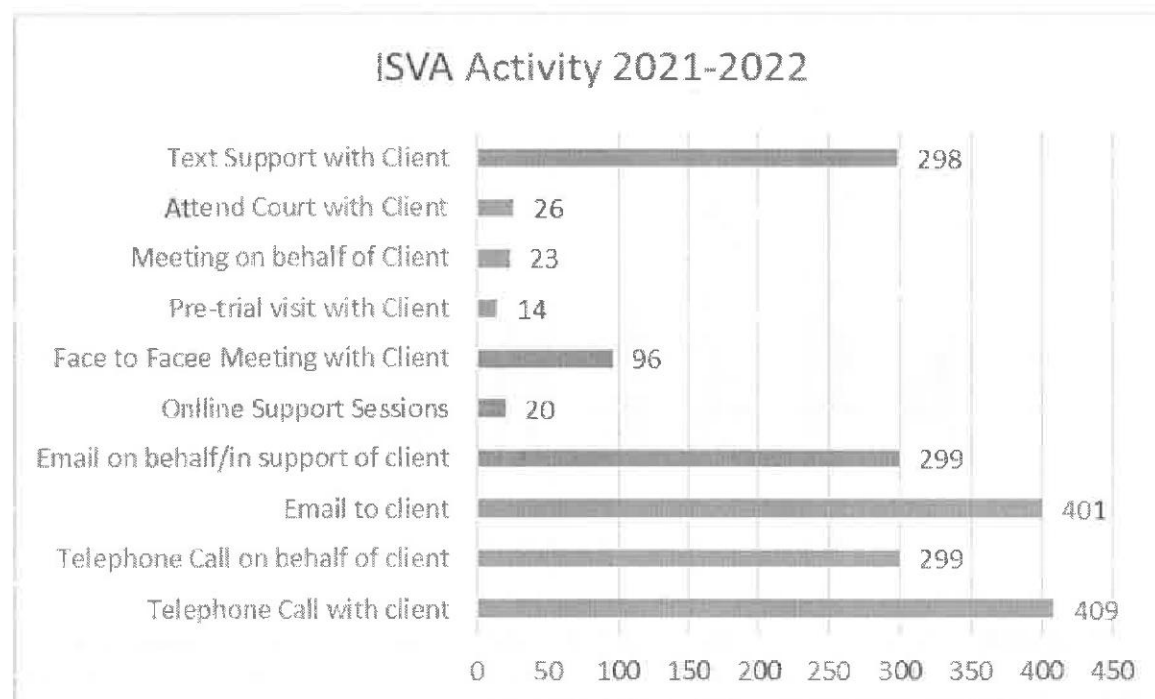


**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2022**

**Client Support – ISVA Service**

During the year, the ISVAs supported a total of 498 clients. These clients received support ranging from advice relating to their options around reporting to the Police to support throughout the Criminal Justice System (CJS) including support at trial.

The chart below shows the number of interactions/types of support delivered during the year.



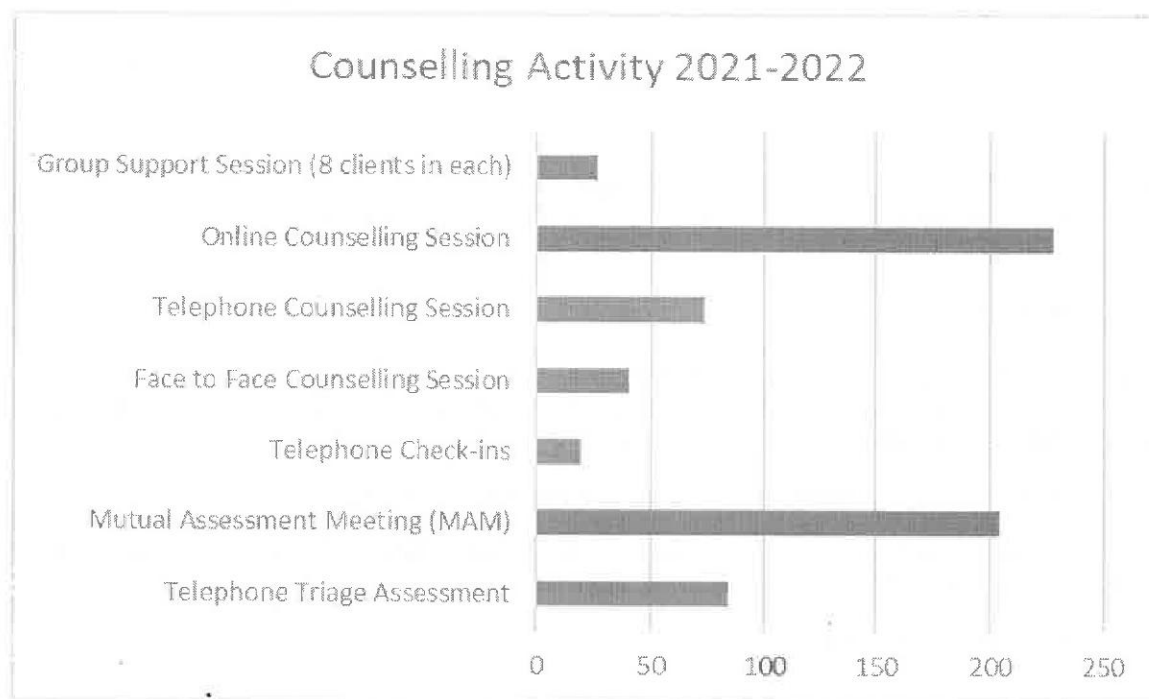


**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2022**

**Client Support – Counselling Service**

During the year the Counselling service supported a total of 290 clients. This support ranged from Triage calls and telephone support, through to Counselling Sessions delivered by telephone, online and face to face.

The chart below shows the number of interactions/types of support delivered during the year.



**Outcomes**

Being able to demonstrate public benefit and how our services help and support those who have experienced sexual violence is key to our work at SRASAC. For services such as ours 'hard' outcomes and how to measure for them is often difficult but we consider data relating to client experience to be our 'hard' outcomes.

We are constantly looking at collecting and analysing data to improve the services we provide. We routinely collect 11 client focused measures and look at the improvement scores. For 2021/22 these include:

- *I have felt better able to cope when things go wrong – average 73% improvement for each client*
- *I have felt positive about my future – average 60% improvement for each client*
- *I have hurt myself physically or taken dangerous risks with my health -average 80% improvement for each client*

Evaluation forms are completed by the client when they exit the service. The key indicator question is "Do you think Counselling with SRASAC has helped you". 83% of clients who had completed an evaluation form answered the question with "Yes, a lot" and the remaining 17% answered "Yes, in some ways".

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2022**

**Feedback from Counselling Clients:**

*"I have techniques that I can use to get myself out of a dark place and deal with anxiety in a productive way. The service was so useful"*

*"I come from a marginalised group (LGBTQ) and I know the statistics about violence and abuse to my community. My Counsellor understood that it was not all in my head and that I was more likely to be victimised. She didn't try to dismiss my fear as irrational, just worked with me to manage how that fear was manifesting. I want to say a huge thank you to everyone at SRASAC because you have honestly saved my life. The person I am now and the person I could have been without your support are miles apart".*

*"I have started to love myself and become more confident. I have learnt how to be kinder to myself and properly look after myself. I have become more social as my social anxiety has declined. I have also learnt techniques to self-soothe and calm myself down. My Counsellor has been absolutely amazing and helped me with every issue I have taken to her".*

**Feedback from ISVA Clients:**

*"I think the service is amazing, [My ISVA] was honestly a Godsend, she really helped me but providing me with info so I could decide what to do, by listening to me and validating my emotions and helping me realise things like victim blaming. I wouldn't change anything really".*

*"My ISVA made the most horrendous time in my life more bearable and was a great support".*

*"Being able to talk to my ISVA and getting her support in helping me understand my rights as a survivor helped me the most. My ISVA explained the process to me, which was also a massive help to my anxieties".*

**Improving access to our services**

We are always seeking ways in which we can improve access to the services we provide and offer greater inclusivity. We have continued this important work with a series of whole team Equality, Diversity and Inclusion (EDI) sessions led by Ngozi Lyn Cole during 2022 with the help of funding from Lloyd's Foundation Trust. We are also pleased to report that our CEO Meera Kulkarni has recently been appointed to the Board of Rape Crisis England and Wales (RCEW) and is part of RCEW's sub group focusing on Anti-Discriminatory Practice (ADP).

This focus on inclusivity and diversity is reflected on our website and all information we provide about our services. Our website now provides more detailed information and advice for those wishing to access our services as well as those who might need help in supporting a friend or family member who has experienced sexual violence. We have also provided new 'appropriate referral' information for professionals which has been warmly received.

Our confidential Information and Support Line service, open 5 days a week has proved very helpful in responding quickly and appropriately to enquiries from the general public, clients and professionals and signposting them to other organisations for help as appropriate.

We continue to provide regular training events as part of our aim to improve awareness of our work and improving access to our services as well as developing our community outreach in challenging the attitudes and behaviours which give rise to sexual violence.

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2022**

**Future developments**

Proposed future service developments include the establishment of a new children and families therapeutic support service at SRASAC operating alongside our existing Children and Young Persons' ISVA (CYP ISVA) service and the provision of a dedicated Black, Asian and Minoritised Ethnic (BAME) ISVA post.

There is a growing national recognition and appreciation of the importance of providing essential independent support for individuals who have experienced sexual violence and so we believe that the demand for our services will continue to increase over time. On 13 June 2022, SRASAC was pleased to host a visit from Dominic Raab, the Secretary of State for Justice and Victoria Atkins, Justice Minister during which a series of government reforms were announced including plans for reforming the way rape cases are investigated and the establishment of specialist courts to deal with cases of sexual violence.

Submission of bids for funding is an ongoing process for most charities and SRASAC is no exception. The Trustees believe that we are in a strong position to take advantage of a number of sources of funding and winning the SYSVP contract is testament to the confidence placed in SRASAC and the other South Yorkshire ISVA services. Our existing 'grant agreement' with Sheffield City Council extends to March 2023 and if we were required to take part in a formal tendering process for this work we believe that we would be in a very good position to win the tender having successfully delivered on this agreement for the last few years.

**Financial review**

Our total income for the financial year was £637,602 compared with total expenditure of £550,539. As a result, the net movement in funds was a surplus of £87,063. Our restricted funds decreased by £50,120 from £70,802 at the beginning of the year to £20,682 at the year-end. Overall, our unrestricted funds increased by £137,183 from £298,767 at the beginning of year to £435,950 at the year-end.

**Reserves policy**

The trustees' current reserves policy states that the equivalent of between 3 and 6 month's planned expenditure should be kept in reserve to ensure that the charity could continue to work through a period of unforeseen difficulty. The trustees assess the reserves policy on an annual basis.

Planned expenditure for 2022/23 is £657,000 with three to six month's expenditure being in the range of approximately £164,000 to £328,000. Free reserves as at 31 March 2022 were £423,451 (unrestricted funds excluding fixed assets) which is above the target range. The Board believe that increasing the level of reserves beyond 6 months planned expenditure is a prudent response to the challenges we will be facing over the next few years.

**Conclusions**

We remain cautiously optimistic about our ability to attract the funding required beyond 2022. We fully recognise that we will not be immune to the financial challenges the whole country is facing at this point in time as a result of the fallout from the covid pandemic, the war in Ukraine, the cost of living crisis and looming austerity measures and so we believe that having a healthy level of reserves is a prudent response to this challenge at least for the next few years.

Again, our experience this year has taught us many things including the resilience of our staff and counsellors and the commitment of all of the team to continually strive to improve the services we provide for survivors of sexual violence. SRASAC recognises that one of our greatest strengths is the dedication of board, staff and counsellors to work together for the benefit of our clients.

The Trustees would like to express their admiration and gratitude to Meera Kulkarni CEO and her senior team; Jen Ayling: Senior Counsellor; Laura Smith: ISVA Manager; Michelle Webster: Office Manager and of course all our staff and counsellors for their continuing commitment to SRASAC and the clients we serve. As always, we pay tribute to our clients for their strength and fortitude and for placing their trust in us to accompany them on their journey to recovery.

**Sheffield Rape and Sexual Abuse Centre**  
**Directors' report (incorporating the Trustees' annual report) - continued**  
**For the year ended 31 March 2022**

**Small company provisions:**

This report has been prepared in accordance with the special provisions relating to small companies' subject to the small companies' regime within Part 15 of the Companies Act 2006.

Approved by the board on 29/11/2022 and signed on its behalf by:

Name: Anne Tatlow ANNE TATLOW

Position: Trustee

## **Independent Examiner's report to the Trustees of Sheffield Rape and Sexual Abuse Centre ("the Company")**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

### **Responsibilities and basis of report**

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Sarah Lightfoot, FCA DChA  
Employee of:  
VAS Community Accountancy  
The Circle  
33, Rockingham Lane  
Sheffield  
S1 4FW

Date:

5 December 2022

**Sheffield Rape and Sexual Abuse Centre**

**Statement of financial activities (incorporating the income and expenditure account)  
for the year ended 31 March 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total £	Unrestricted funds £	Restricted funds £	2021 Total £
<b>Income from:</b>							
Donations		14,571	-	14,571	6,351	-	6,351
Charitable activities	2	359,122	263,006	622,128	283,983	373,659	657,642
Investments - bank interest		903	-	903	1,070	-	1,070
<b>Total income</b>		<b>374,596</b>	<b>263,006</b>	<b>637,602</b>	<b>291,404</b>	<b>373,659</b>	<b>665,063</b>
<b>Expenditure on:</b>							
Charitable activities	3	237,413	313,126	550,539	186,234	290,859	477,093
<b>Total expenditure</b>		<b>237,413</b>	<b>313,126</b>	<b>550,539</b>	<b>186,234</b>	<b>290,859</b>	<b>477,093</b>
<b>Net income/(expenditure)</b>		<b>137,183</b>	<b>(50,120)</b>	<b>87,063</b>	<b>105,170</b>	<b>82,800</b>	<b>187,970</b>
<b>Transfer between funds</b>	11	-	-	-	11,998	(11,998)	-
<b>Net movement in funds</b>		<b>137,183</b>	<b>(50,120)</b>	<b>87,063</b>	<b>117,168</b>	<b>70,802</b>	<b>187,970</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		298,767	70,802	369,569	181,599	-	181,599
<b>Total funds carried forward</b>		<b>435,950</b>	<b>20,682</b>	<b>456,632</b>	<b>298,767</b>	<b>70,802</b>	<b>369,569</b>

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

**Sheffield Rape and Sexual Abuse Centre**  
**Balance Sheet**  
**As at 31 March 2022**

	Notes	2022 £	2021 £
<b>Fixed assets</b>			
Tangible assets	7	12,499	8,845
<b>Total fixed assets</b>		<u>12,499</u>	<u>8,845</u>
<b>Current assets</b>			
Debtors	8	93,598	23,319
Cash at bank and in hand		<u>364,307</u>	<u>354,292</u>
<b>Total current assets</b>		<u>457,905</u>	<u>377,611</u>
Creditors: amounts falling due within one year	9	(13,772)	(16,887)
<b>Net current assets</b>		<u>444,133</u>	<u>360,724</u>
<b>Total assets less current liabilities</b>		456,632	369,569
Creditors: amounts falling due after one year		-	-
<b>Total net assets</b>		<u><u>456,632</u></u>	<u><u>369,569</u></u>
<b>Represented By</b>			
<b>FUNDS</b>			
Unrestricted income fund		435,950	298,767
Restricted income funds	11	<u>20,682</u>	<u>70,802</u>
<b>Total charity funds</b>	12	<u><u>456,632</u></u>	<u><u>369,569</u></u>

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Directors' responsibilities:**

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 29/11/2022 and signed on its behalf by:

Name: Anne Tatlow ANNE TATLOW  
Position: Trustee

**Sheffield Rape and Sexual Abuse Centre (SRSAC)**  
**Statement of cash flows**  
**for the year ended 31 March 2022**

	2022	2021
£	£	£
<b>Reconciliation of net expenditure to net cash flow from operating activities</b>		
<b>Net income/(expenditure) for the year (as per the SOFA)</b>	<b>87,063</b>	<b>187,970</b>
Adjustments for:		
(Increase)/decrease in debtors	(70,279)	4,531
Increase/(decrease) in creditors	(3,115)	(58,644)
Investment income	(903)	(1,070)
Depreciation	3,798	2,075
	<hr/>	<hr/>
<b>Net cash provided by/(used in) operating activities</b>	<b>16,564</b>	<b>134,862</b>
<b>Cash flows from investing activities</b>		
Investment income	903	1,070
Purchase of fixed assets	(7,452)	(9,009)
<b>Net cash (used in)/provided by investing activities</b>	<hr/> (6,549) <hr/>	<hr/> (7,939) <hr/>
<b>Change in cash and cash equivalents</b>	<b>10,015</b>	<b>126,923</b>
<b>Cash and cash equivalents at the beginning of the year</b>	<b>354,292</b>	<b>227,369</b>
<b>Cash and cash equivalents at the end of the year</b>	<b><u>364,307</u></b>	<b><u>354,292</u></b>



**Sheffield Rape and Sexual Abuse Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2022**

**1 Accounting Policies**

**(a) Basis of preparation**

Sheffield Rape and Sexual Abuse Centre is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

**(b) Income**

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Donations are recognised as income on receipt in the year it becomes due.

Income from local government and other grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Investment income is included when receivable.

**(c) Expenditure and liabilities**

Expenditure is recognised where there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross of irrecoverable VAT.

**(d) Tangible fixed assets**

Tangible fixed assets are stated at cost less depreciation. Any assets purchased below £500 are written off at the time of purchase. Depreciation is provided at rates calculated to write off cost of those assets, less their residual value, over their expected useful lives on the following basis:

Fixtures and fittings	25%
Computer equipment	33%

**(e) Trade debtors**

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

**(f) Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

**(g) Trade creditors**

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

**(h) Fund accounting**

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

**Sheffield Rape and Sexual Abuse Centre**  
**Notes to the Accounts (continued)**  
**for the year ended 31 March 2022**

**(i) Defined contribution pension scheme**

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

**(j) Operating lease rentals**

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

**(k) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2 Income from charitable activities**

	Unrestricted Funds £	Restricted Funds £	2022 Total £	Unrestricted Funds £	Restricted Funds £	2021 Total £
South Yorkshire Sexual Violence Partnership	196,222	-	196,222	166,647	-	166,647
Ministry of Justice	132,900	40,718	173,618	97,336	78,537	175,873
Sheffield City Council	-	88,500	88,500	-	58,500	58,500
Lloyds Bank Foundation	30,000	-	30,000	20,000	-	20,000
South Yorkshire Police and Crime Commissioner	-	133,788	133,788	-	35,433	35,433
Department for Digital, Culture, Media & Sport	-	-	-	-	73,752	73,752
The Big Lottery - Reaching Communities	-	-	-	-	123,537	123,537
NHS England	-	-	-	-	3,900	3,900
	<b>359,122</b>	<b>263,006</b>	<b>622,128</b>	<b>283,983</b>	<b>373,659</b>	<b>657,642</b>

**3 Expenditure on charitable activities**

	Note	Unrestricted Funds £	Restricted Funds £	2022 Total £	Unrestricted Funds £	Restricted Funds £	2021 Total £
Staff costs	4	193,101	162,620	355,721	149,760	148,496	298,256
Staff supervision		2,835	1,375	4,210	1,490	1,812	3,302
Staff training and wellbeing		1,514	-	1,514	1,841	4,310	6,151
Staff travel, working from home allowance and expenses		4,389	-	4,389	2,766	1,014	3,780
Volunteer expenses and supervision		500	-	500	165	35	200
Bank counselling		92	77,338	77,430	468	70,486	70,954
MAMS fees		-	16,058	16,058	-	12,399	12,399
Group work		1,430	1,753	3,183	-	6,185	6,185
Therapeutic costs (including online resources)		-	4,841	4,841	2	4,750	4,752
Rent (including service charges, phone data and rates)		20,618	33,400	54,018	6,169	35,220	41,389
Accountancy and payroll fees	5	2,423	4,008	6,431	5,046	-	5,046
Advertising and marketing		-	1,329	1,329	1,505	-	1,505
IT, Communications and equipment		2,232	8,349	10,581	11,587	2,887	14,474
Insurance		-	1,680	1,680	1,579	-	1,579
Printing, postage and stationery		1,006	350	1,356	-	1,523	1,523
Subscriptions and memberships		2,301	-	2,301	260	742	1,002
Other expenses		1,174	25	1,199	1,521	1,000	2,521
Depreciation		3,798	-	3,798	2,075	-	2,075
		<b>237,413</b>	<b>313,126</b>	<b>550,539</b>	<b>186,234</b>	<b>290,859</b>	<b>477,093</b>

**Sheffield Rape and Sexual Abuse Centre**  
**Notes to the Accounts (continued)**  
**for the year ended 31 March 2022**

**4 Staff costs**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Salaries	308,774	258,045
Employer's NI	26,245	21,981
Employer's allowance	(4,000)	(4,000)
Employer's pension contributions	24,702	22,230
	<b>355,721</b>	<b>298,256</b>
Average number of employees	<b>13</b>	<b>11</b>

No employee received emoluments of more than £60,000 in either year.

**5 Independent examination and fees payable to the independent examiner's organisation**

Accountancy fees and payroll includes:

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Independent examination fee	<b>2,520</b>	<b>2,520</b>
Other fees paid to independent examiner's organisation for payroll	<b>1,472</b>	<b>-</b>

There were no other fees payable to the independent examiner's organisation.

**6 Trustees and key management remuneration, benefits and expenses**

The trustees were not paid or received any other benefits from employment with the charity in the year (2021: £nil). No trustees were reimbursed for travel or other expenses in the year (2021: £nil). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

Key management comprises the trustees and Chief Executive Officer. Total key management personnel remuneration benefits in the year was £36,486 (2021: £33,048).

**7 Tangible fixed assets**

	<b>Fixture and Fittings</b>	<b>Computer equipment</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>			
As at 1 April 2021	4,373	8,883	13,256
Additions	489	6,963	7,452
As at 31 March 2022	<b>4,862</b>	<b>15,846</b>	<b>20,708</b>
<b>Depreciation</b>			
As at 1 April 2021	2,400	2,011	4,411
Charge this period	1,100	2,698	3,798
As at 31 March 2022	<b>3,500</b>	<b>4,709</b>	<b>8,209</b>
<b>Net book value</b>			
As at 31 March 2022	<b>1,362</b>	<b>11,137</b>	<b>12,499</b>
As at 31 March 2021	<b>1,973</b>	<b>6,872</b>	<b>8,845</b>

**8 Debtors**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade debtors	84,395	15,116
Other debtors	-	4,101
Prepayments	9,203	4,102
	<b>93,598</b>	<b>23,319</b>

**Sheffield Rape and Sexual Abuse Centre**  
**Notes to the Accounts (continued)**  
**for the year ended 31 March 2022**

**9 Creditors: amounts falling due within one year**

	Note	2022 £	2021 £
Trade creditors		7,956	3,250
Other taxes and social security		-	11,117
Other creditors		5,816	2,520
Deferred income	10	-	-
		<b>13,772</b>	<b>16,887</b>

**10 Deferred income**

	2022 £	2021 £
Deferred income brought forward	-	61,769
Released in the year	-	(61,769)
Received in the year	-	-
Deferred income carried forward	-	-

**11 Restricted funds**

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
The Big Lottery - Reaching Communities	70,436	-	(70,436)	-	-
Ministry of Justice: covid funding	366	-	(366)	-	-
Ministry of Justice: male rape funding	-	40,718	(40,718)	-	-
Police Crime Commissioner: Critical support for communities	-	61,644	(61,644)	-	-
Police Crime Commissioner: ISVA	-	72,144	(72,144)	-	-
Sheffield City Council	-	88,500	(67,818)	-	20,682
	<b>70,802</b>	<b>263,006</b>	<b>(313,126)</b>	<b>-</b>	<b>20,682</b>

*Prior year comparison*

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
The Big Lottery - Reaching Communities	-	123,537	(53,101)	-	70,436
Ministry of Justice	-	78,537	(67,775)	(10,396)	366
Sheffield City Council	-	58,500	(58,500)	-	-
Department for Digital, Culture, Media & Sport	-	73,752	(73,752)	-	-
SYPCC - covid funding	-	35,433	(35,331)	(102)	-
NHS England	-	3,900	(2,400)	(1,500)	-
	<b>-</b>	<b>373,659</b>	<b>(290,859)</b>	<b>(11,998)</b>	<b>70,802</b>

**12 Split of net assets by fund**

	Unrestricted Funds £	Restricted Funds £	2022 Total £	Unrestricted Funds £	Restricted Funds £	2021 Total £
Tangible fixed assets	12,499	-	12,499	8,845	-	8,845
Current assets	437,223	20,682	457,905	306,809	70,802	377,611
Current liabilities	(13,772)	-	(13,772)	(16,887)	-	(16,887)
	<b>435,950</b>	<b>20,682</b>	<b>456,632</b>	<b>298,767</b>	<b>70,802</b>	<b>369,569</b>

**Sheffield Rape and Sexual Abuse Centre**  
**Notes to the Accounts (continued)**  
**for the year ended 31 March 2022**

**13 Operating lease commitments**

At 31 March 2022 the charity was committed to making the following payments under other operating leases as follows:

	<b>2022</b>	2021
	£	£
Payable within 1 year	23,570	2,391
	<u><b>23,570</b></u>	<u><b>2,391</b></u>

**14 Related party transactions**

Two of the trustees of the charity were also trustees of the South Yorkshire Sexual Violence Partnership during the year, which has provided funding of £196,222 during the year (2021: £166,647). This partnership exists to distribute funding between Sheffield, Barnsley, Doncaster and Rotherham, and each area's organisation has 2 members on the board. There was no balance outstanding at the year end.

There were no other related party transactions, other than those detailed in note 6.