

Company registration number: 07970294
Charity registration number: 1146544

Sheffield Rape and Sexual Abuse Centre

[Formally called Sheffield Rape and Sexual Abuse Centre (SRSAC)]

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2021

Sheffield Rape and Sexual Abuse Centre

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Sheffield Rape and Sexual Abuse Centre

Legal and administrative information For the year ended 31 March 2021

Directors/Trustees

Chris Scarlett	Chair	Resigned as a trustee on 11 February 2021
Anne Tatlow		
Marie Tindall	Secretary	
Lauren Penhaligon		
Ruth Kennedy	Chair	Elected as chair on 11 February 2021
Katharine Thompson	Treasurer	

Key management

Meera Kulkarni	Chief Executive Officer
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Registered Charity Number

1146544

Registered Company Number

07970294

Registered Address

P O Box 34
Sheffield
S1 1UD

Independent Examiner

Sarah Lightfoot, FCA DChA
On behalf of:
VAS Community Accountancy
The Circle
33 Rockingham Lane
Sheffield
S1 4FW

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4TA

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) For the year ended 31 March 2021

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, governance and management

The charity was incorporated as a company limited by guarantee on 29 February 2012 and is governed by its Memorandum and Articles of Association which were amended on 23 June 2016.

The charity changed its name from Sheffield Rape and Sexual Abuse Centre (SRSAC) to Sheffield Rape and Sexual Abuse Centre, with Companies House on 21 July 2021.

Overall management of the charity is the responsibility of the directors who are elected and co-opted under the terms of the constitution. Day to day management is delegated to the Chief Executive Officer who manages the staff and volunteers.

Objectives and activities

The object of the charity is to relieve the psychological distress of persons who have been sexually abused or raped by any person(s) in the City of Sheffield and the surrounding area.

The principal activities of the charity include:

- Free face to face counselling sessions for any survivor aged over 13 years.
- Specialist support groups for survivors
- Information and Support Telephone Service.
- Independent Sexual Violence Advisor (ISVA) service for anyone of any age who has experienced rape or sexual abuse at any time in their lives.

Sheffield Rape and Sexual Abuse Centre (SRASAC) does not make grants and therefore does not have a policy on grant making.

SRASAC is not involved in social investment and therefore does not have a policy on social investment.

SRASAC had 3 volunteer fully qualified counsellors during 2020/2021 and recognises their contribution to the work of the counselling service.

Public benefit statement

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities

Achievements and performance 2020

At the start of the financial year in April 2020 we could not have foreseen the impact that the Covid pandemic would have on the services we provide at SRASAC. The UK Government's National Lockdown commenced in March 2020 and ran with some easing of restrictions up to July 2021.

Prior to the pandemic the principal activities of the charity in terms of counselling and ISVA support were undertaken primarily on a face to face basis but with the backdrop of national and local lockdowns this was no longer possible and so our main aim throughout 2020/21 was to work to provide our vital services in a completely different way.

**Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2021**

We therefore resolved to move all our services online or via the telephone. All staff and bank counsellors were required to work from home. All counselling and ISVA support for clients was provided via online video calls or telephone contact. Trustee meetings also took place virtually via "Zoom" throughout lockdown. We consider our ability as an organisation to adapt quickly to this rapidly changing and challenging environment to continue to provide our services as a major achievement in itself.

As the government Covid testing regime became more reliable over time and with the relaxation of some government restrictions the service is now slowly opening up to a small number of clients for whom it is felt that face to face contact is desirable including ISVA support of clients attending court. This is always carefully assessed and facilitated and the safety of clients and staff is as always paramount. We have been particularly grateful for additional Covid related funding from a number of sources including the Ministry of Justice and the South Yorkshire Police and Crime Commissioner which enabled us to take advantage of technology to ensure that we were able to provide a near seamless service for our clients.

By January/February 2021 we started to see a definite increase not only in the number of referrals into the service but in the complex nature of those referrals particularly in relation to the mental health needs of clients. We expect this trend to continue.

Independent Sexual Violence Advisor Service

Sheffield Rape and Sexual Abuse Centre's (SRASAC) Independent Sexual Violence Advisor (ISVA) service provides specialist practical and emotional support to survivors of rape and sexual violence. We support all ages and are gender inclusive. Our team is made up of both child and adult ISVAs.

The service is independent and confidential and provides support to cope with the impact of sexual violence irrespective of whether this is reported to the police. If our clients choose to report to the police the ISVA will support them to liaise with the police and understand the criminal justice process.

We accept self or agency referrals and make contact within 48 hours; we complete a risk and needs assessment and a support plan to ensure the most effective support is provided. Our ISVA service became part of the South Yorkshire Sexual Violence Partnership (SYSVP) which was established in 2017 to deliver the contract from the South Yorkshire Police and Crime Commissioner to provide ISVA services across South Yorkshire. The SYSVP Board of Trustees consists of two Trustee members from each of the four organisations in South Yorkshire providing ISVA services, including two trustees from SRASAC.

Role of ISVAs

The role of the ISVA is to provide practical and emotional support to survivors of rape and sexual abuse, an ISVA provides support to understand rights and provides information to allow clients to make informed decisions and have choice to enable empowerment.

A needs led plan of support is agreed, this can include both emotional and practical support for example making external referrals, signposting and liaising with specialist services.

The assigned named ISVA will provide support throughout the criminal justice journey and in court.

ISVAs can provide short term practical help if our clients have chosen not to report the abuse to the Police, our support is completely independent and confidential.

Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2021

ISVA Team Achievements:

- Successful recruitments to allow expansion of our ISVA team, with three new ISVAs now in post, taking our team to 5 ISVAs and 1 Children and Young Persons' ISVA, an ISVA Support Manager and ISVA Support Worker.
- Seamless transition to working from home during the COVID 19 pandemic enabling support continuity.
- The team completed a range of training, including Safeguarding and support for children and young adults and the ISVA Manager, and ISVAs achieved accredited qualifications awarded by Lime Culture. In December 2020 full service accreditation was received including excellent feedback
- We introduced a greater choice of support that we are able to offer clients providing phone, video call and in person support.
- We support all ages and are gender inclusive, our clients ages and when they choose to access our service vary on individual circumstances.

Counselling Service

SRASAC offers short-to-medium term specialist sexual violence counselling for anyone, regardless of their gender identity (aged 13 and above), who has experienced sexual abuse or sexual violence at any time in their lives. We provide a safe, respectful and non-judgemental space for survivors to begin the process of recovery. Counselling with SRASAC allows an opportunity to be listened to and accepted, to be able to talk about past experiences and how they continue to impact on survivors throughout their lives.

SRASAC is now offering more choice for clients to access counselling by offering our sessions either remotely via on-line video call or telephone, or face to face in our Centre. Our new 'blended service' developed during lockdown in 2020, has been embraced by clients and counsellors alike, offering increased flexibility and a more individualised, client centred approach.

Counsellors at SRASAC work from a trauma informed perspective and focus on building positive and effective therapeutic relationships, an important part of the counselling process and recovery from trauma. They have knowledge and understanding of the many effects of sexual violence and are able to support clients to become more able to manage their feelings and become more confident to carry on with life without being overwhelmed or controlled by the abuse they have suffered. We encourage clients to make their own choices and make changes in their lives if that is what they want. All of our Counsellors are professionally trained and members of a professional counselling body, for example The British Association of Counsellors and Psychotherapists (BACP). Our counsellors come from a range of therapeutic backgrounds and work within their own modalities, which includes a client-centred/relational approach based around empowerment of the individual.

The clients who refer into the counselling service range widely in terms of age, sexual violence history, needs and requirements. Sheffield has a diverse population alongside a large student population. Survivors can contact our service sometimes within days of an assault, through to several years and even decades.

We have recently had a number of clients contacting our service who are in their 70s and even 80s - who suffered abuse in childhood. It can take a very long time for survivors to find the courage to reach out for support and break the silence of their abuse. Common themes that permeate throughout the people we support, are that of self-blame and shame; survivors often feel 'responsible' for what happened to them, for not being able to protect themselves and place blame on themselves, developing damaging coping strategies, i.e. drug or alcohol addictions, eating disorders etc, which continue to be disruptive and cause chaos for them throughout their lives. In addition to individual counselling we also provide group counselling and following client feedback 2020 we introduced a new innovative mixed gender client post counselling group which has been very well received by all those included.

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021

Data for Improvement

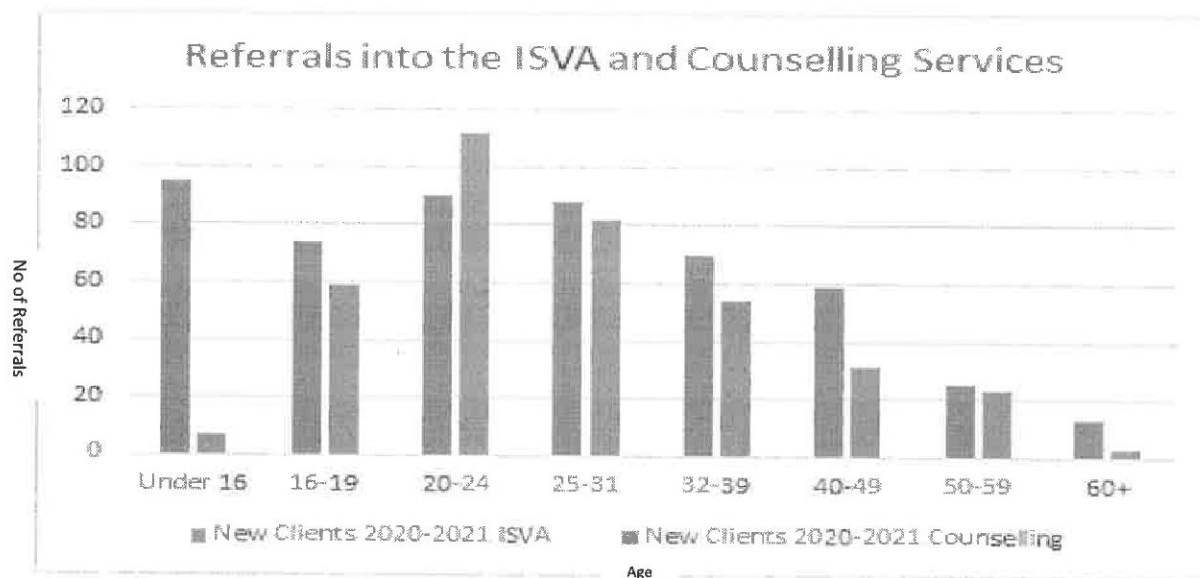
We use a secure bespoke online data management system, CRMS, to input client information at various points as they move through our service. The data below is all from the year 01/04/2020 and 31/03/2021.

Client Demographics

The ISVA service received 514 new referrals.

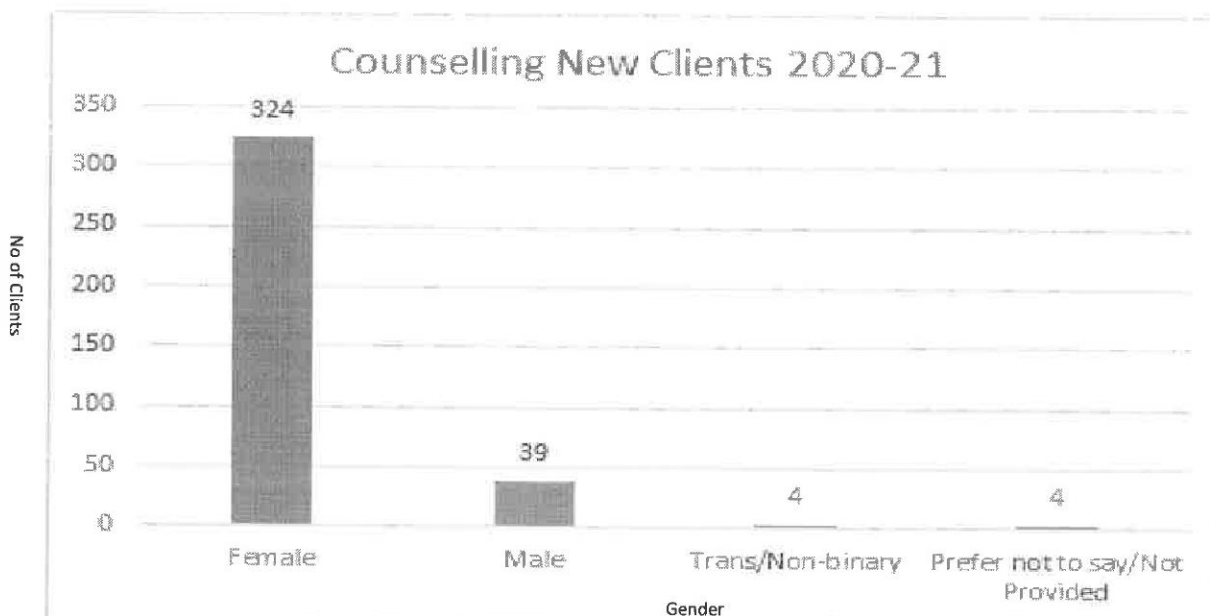
The Counselling service received 371 new referrals.

Age of SRASAC Clients



The chart above demonstrates that clients aged between 20 and 31 make up the largest client group. However, the ISVA service received 95 referrals for clients under 16 years of age, which represents 18.5% of their total client caseload.

Gender of SRASAC Clients



Sheffield Rape and Sexual Abuse Centre

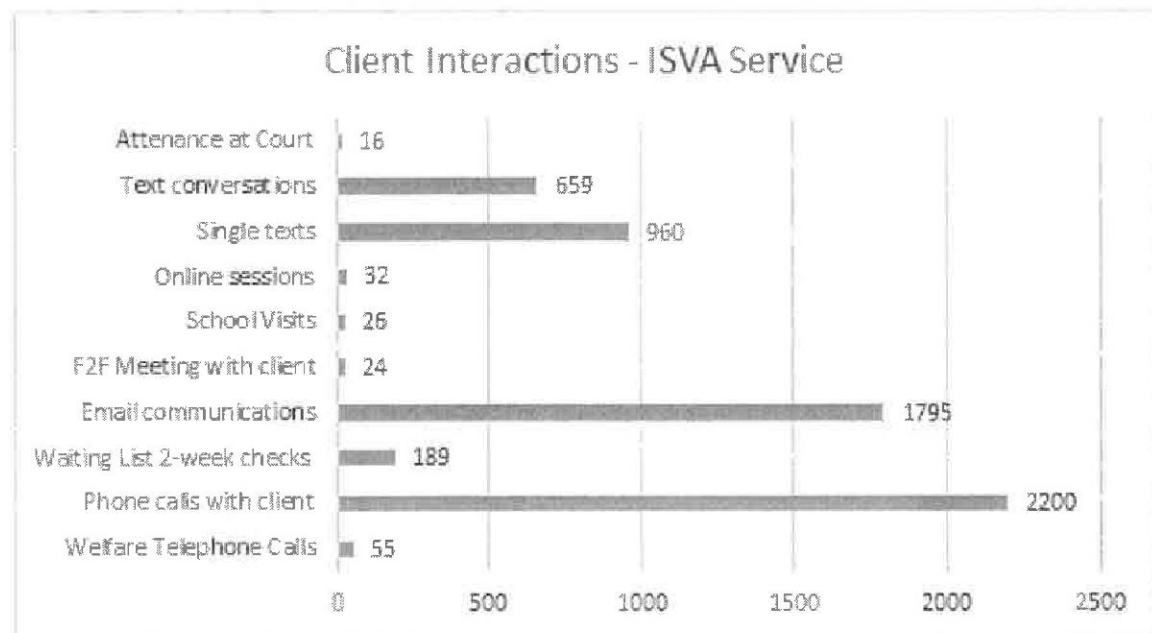
Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021



Client Support – ISVA Service

During the year, the ISVAs supported a total of 403 clients. These clients received support ranging from advice relating to their options around reporting to the Police to support throughout the Criminal Justice System (CJS) including support at trial.

The chart below shows the number of interactions/types of support delivered during the year:

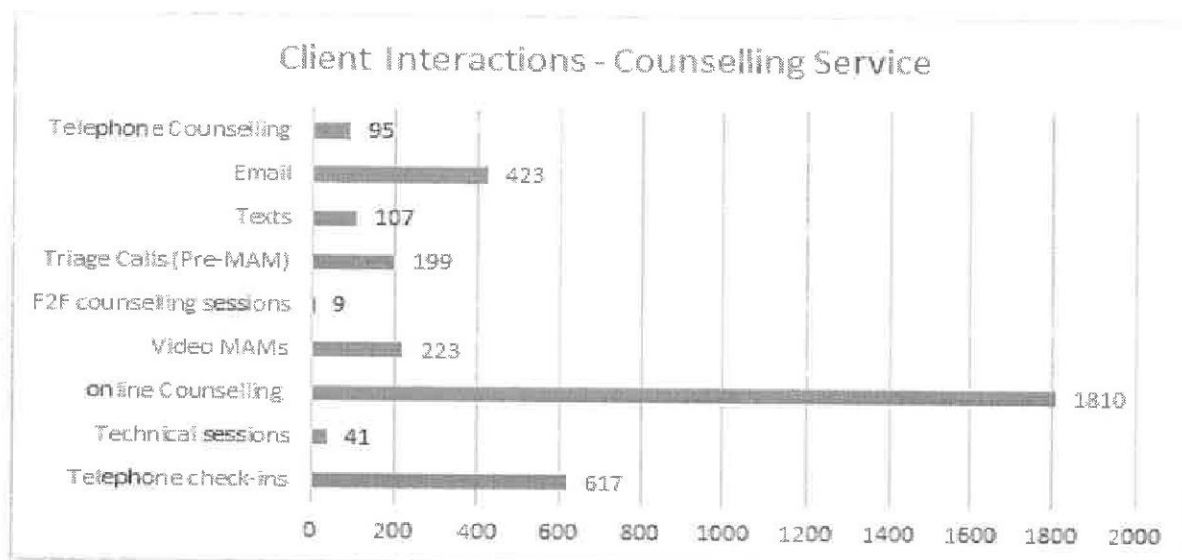


Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021

Client Support – Counselling Service

During the year the Counselling service supported a total of 490 clients. This support ranged from Triage calls and telephone support, through to Counselling Sessions delivered by telephone, online and face to face.



Outcomes

Being able to demonstrate public benefit and how our services help and support those who have experienced sexual violence is key to our work at SRASAC. For services such as ours 'hard' outcomes and how to measure for them is often difficult but we consider data relating to client experience to be our 'hard' outcomes.

We are constantly looking at collecting and analysing data to improve the services we provide. We routinely collect 11 client focused measures and look at the improvement scores. For 2020/21 these include:

- I have felt better able to cope when things go wrong – average 50% improvement for each client
- I have felt positive about my future – average 65% improvement for each client
- I have hurt myself physically or taken dangerous risks with my health -average 68% improvement for each client

Evaluation forms are completed by the client when they exit the service. The key indicator question is "Do you think Counselling with SRASAC has helped you". **85%** of clients who had completed an evaluation form answered the question with "Yes, a lot" and the remaining 15% answered "Yes, in some ways".

Also, some recent client quotes taken from evaluation forms.

Counselling Feedback:

"I found my time at SRASAC extremely helpful in helping me move on from my trauma and begin to not blame myself for what happened. [My SRASAC Counsellor].. has been the perfect Counsellor for me and has been instrumental in helping me move forward. I found the SRASAC service easy to access and although all sessions have been online, they worked really well for me"

"It has made me understand that the things that have happened to me were not my fault and I am stronger than I think I am"

"It has helped me use better coping strategies, be able to identify and befriend my emotions, so that day to day things are a lot easier"

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021

"I felt in a much more stable mental health position because I knew I had the support and opportunity to talk with my Counsellor each week"

"It (Counselling) helped me and I now feel more confident and happier!"

ISVA Feedback:

"[My ISVA] respected what I said and was very supporting and understanding and still gave me as much information as possible."

"Myself and my son's experience was amazing is sad to end."

"[The Children and Young Person's ISVA] supported both myself and my son with advice, support plus too many [other things] to mention."

"Every bit of advice and help was there and much appreciated Thank you very much to the ISVA team stay safe x"

"Our [Children and Young Person's] ISVA kept my head above water, she stopped me from drowning in an invisible river of trauma. She became a secret member of our family, she was our rock, she encouraged me to keep going. Without her I felt like my strength was gone, I couldn't tell anyone because my child has legal anonymity, she became my confidant, my champion so I could be my child's strength. Without SRASAC I don't think both of us would be here. My [Children and Young Person's] ISVA has a place in my heart forever. She built me up, piece by piece, and now I stand strong."

Improving access to our services

We are always seeking ways in which we can improve access to the services we provide and offer greater inclusivity. In early 2021 our whole team took part in an organisation-wide online bespoke LGBT+ awareness training event ('Call it out') delivered by 'SAYIT' (another local charity based in the same building as SRASAC) to raise awareness about LGBT+ issues and potential barriers to accessing our services as part of our work towards the local SAYIT LGBT+ inclusion Kite Mark demonstrating action for inclusivity for people from the LGBT+ community.

This focus on inclusivity and diversity was reflected earlier in the updating of our website and its successful launch in December 2020. Our website now provides more detailed information and advice for those wishing to access our services as well as those who might need help in supporting a friend or family member who has experienced sexual violence. We have also provided new 'appropriate referral' information for professionals which has been warmly received.

A newly introduced confidential Information and Support Line service, open 5 days a week has proved very helpful in responding quickly and appropriately to enquiries from the general public and professionals and signposting them to other organisations for help as appropriate. This confidential service is also for counselling clients to enable staff to touch base with them on a regular basis in between initial assessment and first counselling session. A similar approach of appropriate contact is also provided by our ISVA team.

A number of training events for professionals took place in 2021 as part of our aim to improve awareness of our work and improving access to our services as well as developing our community outreach in challenging the attitudes and behaviours which give rise to sexual violence. These were well received and we expect these to roll these out over the next year.

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021

Future developments

The move of our services online from April 2020 as a result of the Covid 19 pandemic has seen a reduction in our DNA rate (for counselling) and discussions and feedback from clients has revealed that online counselling and support is preferable to face to face contact for some clients and as a result we are planning to provide a 'blend' of online and face to face counselling and ISVA support on an ongoing basis.

Other developments in the near future include the inclusion of family support within the Children and Young Person ISVA role, and the provision of a wider range of group counselling options for clients.

The Trustees are currently reviewing the recruitment process and tenure for Trustees with a view to attracting a more diverse membership.

There is a growing national recognition and appreciation of the importance of providing essential independent support for individuals who have experienced sexual violence and so we believe that the demand for our services will continue to increase over time.

Financial review

Our total income for the financial period was £665,063 compared with total expenditure of £477,093. As a result, the net movement in funds was a surplus of £187,970. Our restricted funds increased by £70,802 from £nil (prior year adjusted) at the beginning of the year to £70,802 at the year-end. Overall, our unrestricted funds increased by £117,168 from £181,599 (prior year adjusted) at the beginning of year to £298,767 at the year-end.

Our key funders can be seen listed in note 2 to the accounts.

The key financial risks of the charity is the availability of funding to support our work. However, the 'End-to-end Rape Review' published in June 2021 which looked in to the way rape cases are investigated and prosecuted and the plummeting rape conviction rates since 2016, may focus more attention on the plight of rape victims in this country and a commitment to reform the system may see an increase in funding for specialist sexual violence services such as SRASAC nationally.

Submission of bids for funding is an ongoing process for most charities and SRASAC is no exception. The Trustees believe that we are in a strong position to take advantage of a number of sources of funding and we are currently working to secure the continuation of our 'Reaching Communities' funding and the SYSVP ISVA funding. Our existing 'grant agreement' with Sheffield City Council extends to March 2023 and if we were required to take part in a formal tendering process for this work we believe that we would be in a very good position to win the tender having successfully delivered on this agreement for the last few years.

We are cautiously optimistic about our ability to attract the funding required beyond existing agreements.

Reserves policy

The trustees' current reserves policy states that the equivalent of between 3 and 6 month's planned expenditure should be kept in reserve to ensure that the charity could continue to work through a period of unforeseen difficulty. The trustees assess the reserves policy on an annual basis.

Planned expenditure for 2021/22 is £558,070 with three to six month's expenditure being in the range of £140,000 to £279,000. Free reserves as at 31 March 2021 were £289,922 (unrestricted funds excluding fixed assets) which is slightly in excess of the target range.

Restricted funds of 79,802 were carried forwards.

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021

Conclusions

Our experience this year has taught us many things including the resilience of our staff and counsellors and our ability adapt quickly to rapidly changing and challenging circumstances. SRASAC recognises that one of our greatest strengths is the dedication of board, staff and counsellors to work together for the benefit of our clients.

The Trustees would like to express their admiration and gratitude to Meera Kulkarni CEO and her senior team; Sue McAdie: Counselling Manager; Laura Smith: ISVA Manager; Michelle Webster: Office Manager and of course all our staff and counsellors for their determination to continue to provide our vital services to clients during the pandemic and adapting so well to a completely different way of working. We also pay tribute to our clients for their strength and fortitude and for placing their trust in us to accompany them on their journey to recovery.

Small company provisions:

This report has been prepared in accordance with the special provisions relating to small companies' subject to the small companies' regime within Part 15 of the Companies Act 2006.

Approved by the board on 27 July 2021 and signed on its behalf by:



Name: KATHARINE THOMPSON

Position: TREASURER

Independent Examiner's report to the Trustees of Sheffield Rape and Sexual Abuse Centre ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

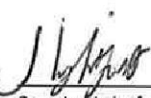
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 
Sarah Lightfoot, FCA DChA
On behalf of:
VAS Community Accountancy
The Circle
33, Rockingham Lane
Sheffield
S1 4FW

Date: 12 August 2021

Sheffield Rape and Sexual Abuse Centre

Statement of financial activities

(incorporating the income and expenditure account)

for the year ended 31 March 2021

		<i>Restated - see note 15</i>					
	Notes	Unrestricted funds £	Restricted funds £	2021 Total £	Unrestricted funds £	Restricted funds £	2020 Total £
Income from:							
Donations		6,351	-	6,351	9,100	-	9,100
Charitable activities	2	283,983	373,659	657,642	212,714	182,966	395,680
Investments - bank interest		1,070	-	1,070	1,391	-	1,391
Total income		291,404	373,659	665,063	223,205	182,966	406,171
Expenditure on:							
Charitable activities	3	186,234	290,859	477,093	218,576	194,751	413,327
Total expenditure		186,234	290,859	477,093	218,576	194,751	413,327
Net income/(expenditure)		105,170	82,800	187,970	4,629	(11,785)	(7,156)
Transfer between funds	11	11,998	(11,998)	-	529	(529)	-
Net movement in funds		117,168	70,802	187,970	5,158	(12,314)	(7,156)
Reconciliation of funds:							
Total funds brought forward - as previously stated		144,493	12,468	156,961	145,557	18,560	164,117
Prior year adjustment	15	37,106	(12,468)	24,638	30,884	(6,246)	24,638
Total funds brought forward - restated		181,599	-	181,599	176,441	12,314	188,755
Total funds carried forward		298,767	70,802	369,569	181,599	-	181,599

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

Sheffield Rape and Sexual Abuse Centre

Balance Sheet

As at 31 March 2021

		2021	Restated 2020
	Notes	£	£
Fixed assets			
Tangible assets	7	8,845	1,911
Total fixed assets		<u>8,845</u>	<u>1,911</u>
Current assets			
Debtors	8	23,319	27,850
Cash at bank and in hand		354,292	227,369
Total current assets		<u>377,611</u>	<u>255,219</u>
Creditors: amounts falling due within one year	9	(16,887)	(75,531)
Net current assets		<u>360,724</u>	<u>179,688</u>
Total assets less current liabilities		369,569	181,599
Creditors: amounts falling due after one year		-	-
Total net assets		<u><u>369,569</u></u>	<u><u>181,599</u></u>
Represented By			
FUNDS			
Unrestricted income fund		298,767	181,599
Restricted income funds	11	70,802	-
Total charity funds	12	<u><u>369,569</u></u>	<u><u>181,599</u></u>

For the year ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 27/7/21 and signed on its behalf by:



Name: KATHARINE THOMPSON
Position: TREASURER

Sheffield Rape and Sexual Abuse Centre (SRSAC)

**Statement of cash flows
for the year ended 31 March 2021**

		2021	<i>Restated</i> 2020
	£	£	£
Reconciliation of net expenditure to net cash flow from operating activities			
Net income/(expenditure) for the year (as per the SOFA)	187,970		(7,156)
Adjustments for:			
(Increase)/decrease in debtors	4,531		18,919
Increase/(decrease) in creditors	(58,644)		955
Investment income	(1,070)		(1,391)
Depreciation	2,075		1,168
Net cash provided by/(used in) operating activities		134,862	12,495
Cash flows from investing activities			
Investment income	1,070		1,391
Purchase of fixed assets	(9,009)		-
Net cash (used in)/provided by investing activities		(7,939)	1,391
Change in cash and cash equivalents		126,923	13,886
Cash and cash equivalents at the beginning of the year		227,369	213,483
Cash and cash equivalents at the end of the year		354,292	227,369

**Notes to the Accounts
for the year ended 31 March 2021**

1 Accounting Policies

(a) Basis of preparation

Sheffield Rape and Sexual Abuse Centre is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011. The financial statements have taken advantage of the exemption to prepare a Statement of Cash Flows.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Donations are recognised as income on receipt in the year it becomes due.

Income from local government and other grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Investment income is included when receivable.

(c) Expenditure and liabilities

Expenditure is recognised where there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross of irrecoverable VAT.

(d) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Any assets purchased below £500 are written off at the time of purchase. Depreciation is provided at rates calculated to write off cost of those assets, less their residual value, over their expected useful lives on the following basis:

Fixtures and fittings	25%
Computer equipment	33%

(e) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

(f) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

Sheffield Rape and Sexual Abuse Centre

Notes to the Accounts (continued) for the year ended 31 March 2021

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Operating lease rentals

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2021 Total £	Unrestricted Funds £	Restricted Funds £	2020 Total £
South Yorkshire Sexual Violence Partnership	166,647	-	166,647	147,824	-	147,824
Ministry of Justice	97,336	78,537	175,873	64,890	-	64,890
The Big Lottery - Reaching Communities	-	123,537	123,537	-	122,442	122,442
Sheffield City Council	-	58,500	58,500	-	58,500	58,500
Department for Digital, Culture, Media & Sport	-	73,752	73,752	-	-	-
Lloyds Bank Foundation	20,000	-	20,000	-	-	-
South Yorkshire Police and Crime Commissioner	-	35,433	35,433	-	-	-
NHS England	-	3,900	3,900	-	-	-
Rape Crisis and EW	-	-	-	-	2,024	2,024
	283,983	373,659	657,642	212,714	182,966	395,680

3 Expenditure on charitable activities

		Unrestricted Funds £	Restricted Funds £	2021 Total £	<i>Restated - see note 15</i>		2020 Total £
	Note	£	£	£	Unrestricted Funds £	Restricted Funds £	£
Staff costs	4	149,760	148,496	298,256	167,288	74,255	241,543
Staff supervision		1,490	1,812	3,302	1,372	708	2,080
Staff training and wellbeing		1,695	4,310	6,005	2,640	-	2,640
Staff travel, working from home allowance and expenses		2,766	1,014	3,780	2,093	500	2,593
Volunteer expenses and supervision		165	35	200	-	1,008	1,008
DBS checks		146	-	146	591	-	591
Bank counselling		468	70,486	70,954	2,526	64,654	67,180
MAMS fees		-	12,399	12,399	-	12,041	12,041
Group work		-	6,185	6,185	6,156	4,189	10,345
Online therapeutic resources		2	4,750	4,752	-	-	-
Rent		6,169	35,220	41,389	10,772	26,371	37,143
Accountancy and payroll fees	5	5,046	-	5,046	3,982	-	3,982
Advertising and marketing		1,505	-	1,505	2,888	-	2,888
Equipment, IT and website costs		11,587	2,887	14,474	4,477	9,731	14,208
Insurance		1,579	-	1,579	1,324	-	1,324
Consultancy		-	-	-	3,809	951	4,760
Printing, telephone and postage		-	1,523	1,523	3,446	53	3,499
Subscriptions and memberships		260	742	1,002	708	276	984
Other expenses		1,521	1,000	2,521	3,336	14	3,350
Depreciation		2,075	-	2,075	1,168	-	1,168
		186,234	290,859	477,093	218,576	194,751	413,327

Notes to the Accounts (continued)
for the year ended 31 March 2021

4 Staff costs

	2021 £	2020 £
Salaries	258,045	210,941
Employer's NI	21,981	18,340
Employer's allowance	(4,000)	(3,000)
Employer's pension contributions	22,230	15,262
	298,256	241,543
Average number of employees	11	9

No employee received emoluments of more than £60,000 in either year.

5 Independent examination and fees payable to the independent examiner's organisation

Accountancy fees and payroll includes:

Independent examination fee

	2021 £	2020 £
Independent examination fee	2,520	2,100

There were no other fees payable to the independent examiner's organisation.

6 Trustees and key management remuneration, benefits and expenses

The trustees were not paid or received any other benefits from employment with the charity in the year (2020: £nil). No trustees were reimbursed for travel or other expenses in the year (2020: 1 trustee reimbursed travel expenses totalling £285). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

Key management comprises the trustees and Chief Executive Officer. Total key management personnel remuneration benefits in the year was £33,048 (2020: £33,048).

7 Tangible fixed assets

	Fixture and Fittings £	Computer equipment £	Total £
Cost			
As at 1 April 2020	2,966	1,281	4,247
Additions	1,407	7,602	9,009
As at 31 March 2021	4,373	8,883	13,256
Depreciation			
As at 1 April 2020	1,482	854	2,336
Charge this period	918	1,157	2,075
As at 31 March 2021	2,400	2,011	4,411
Net book value			
As at 31 March 2021	1,973	6,872	8,845
As at 31 March 2020	1,484	427	1,911

8 Debtors

	2021 £	Restated 2020 £
Trade debtors	15,116	24,719
Other debtors	4,101	-
Prepayments	4,102	3,131
	23,319	27,850

Sheffield Rape and Sexual Abuse Centre

Notes to the Accounts (continued) for the year ended 31 March 2021

9 Creditors: amounts falling due within one year

	Note	2021 £	2020 £
Trade creditors		3,250	7,676
Deferred income	10	-	61,769
Other taxes and social security		11,117	2,849
Other creditors		2,520	3,237
		16,887	75,531

10 Deferred income

	2021 £	2020 £
Deferred income brought forward	61,769	61,221
Released in the year	(61,769)	(61,221)
Received in the year	-	61,769
Deferred income carried forward	-	61,769

11 Restricted funds

Restated - see note 15

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
The Big Lottery - Reaching Communities	-	123,537	(53,101)	-	70,436
Ministry of Justice	-	78,537	(67,775)	(10,396)	366
Sheffield City Council	-	58,500	(58,500)	-	-
Department for Digital, Culture, Media & Sport	-	73,752	(73,752)	-	-
SYPC - covid funding	-	35,433	(35,331)	(102)	-
NHS England	-	3,900	(2,400)	(1,500)	-
	-	373,659	(290,859)	(11,998)	70,802

Ministry of Justice

Additional funding was received to cover extra costs incurred due to the pandemic. £3,946 was received towards loss of income, which was transferred to unrestricted funds. £6,450 was received towards equipment which was capitalised. As the use of the asset was not restricted, this funding has been transferred to unrestricted funds.

SYPC - covid funding NHS England

Transfers for these two funds represent funding for equipment which was capitalised. As the use of the asset was not restricted, this funding has been transferred to unrestricted funds.

Prior year comparison - restated (see note 15)

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
The Big Lottery - Reaching Communities	-	122,442	(122,442)	-	-
The Brelms Trust	2,250	-	(2,250)	-	-
Sheffield City Council	-	58,500	(58,500)	-	-
Rape Crisis England and Wales	9,535	2,024	(11,559)	-	-
Halifax Lloyds Community Fund	529	-	-	(529)	-
	12,314	182,966	(194,751)	(529)	-

Notes to the Accounts (continued)
for the year ended 31 March 2021

12 Split of net assets by fund

	Unrestricted Funds £	Restricted Funds £	2021 Total £	Restated - see note 15	
				Unrestricted Funds £	Restricted Funds £
Tangible fixed assets	8,845	-	8,845	1,911	-
Current assets	306,809	70,802	377,611	193,450	61,769
Current liabilities	(16,887)	-	(16,887)	(13,762)	(61,769)
	298,767	70,802	369,569	181,599	-
					181,599

13 Operating lease commitments

At 31 March 2021 the charity was committed to making the following payments under other operating leases as follows:

	2021 £	2020 £
Payable within 1 year	2,391	6,752
	2,391	6,752

14 Related party transactions

Two of the trustees of the charity were also trustees of the South Yorkshire Sexual Violence Partnership during the year, which has provided funding of £166,647 during the year (2020: £147,824). This partnership exists to distribute funding between Sheffield, Barnsley, Doncaster and Rotherham, and each area's organisation has 2 members on the board. There was no balance outstanding at the year end.

There were no other related party transactions, other than those detailed in note 6.

15 Prior year adjustments

The following adjustments to prior years have been identified, and adjustments made to the prior year financial comparatives as detailed:

In 2017/2018 £21,208 of the South Yorkshire Sexual Violence Partnership (SYSVP) contract was underpaid, but not provided for. In 2018/2019 £3,430 of the SYSVP contract was underpaid, but not provided for. These underpayments were received in the 20/21 financial year and so a prior year adjustment to debtors has been made totalling £24,638.

In 2019/2020 £11,939 of expenditure was mis-allocated to unrestricted funds, but should have been applied to the Big Lottery - Reaching Communities restricted fund - as the monitoring report detailed that all funds received up to 31/3/20 were fully spent on the project. Prior to this £6,246 of expenditure was mis-allocated to unrestricted funds, but should have been applied to the restricted fund - as previous monitoring reports also detailed that all funds received were fully spent on the project. A prior year re-allocation of expenditure has therefore been made.

In 2019/2020 the transfer of £529 from restricted to unrestricted funds was not reflected on the SoFA.

	Unrestricted Funds £	Restricted Funds £	Total £
Fund balance b/fwd as at 1 April 2020 per 2020 accounts	145,557	18,560	164,117
Adjustment to fund balance b/fwd per 2020 accounts re SYSVP contract	24,638	-	24,638
Adjustment to expenditure allocation of The Big Lottery - Reaching Communities	6,246	(6,246)	-
Restated fund balance b/fwd as at 1 April 2020 per 2021 accounts	176,441	12,314	188,755
Net movement in funds as reported in the 2020 accounts	(7,310)	154	(7,156)
Adjustment to expenditure allocation of The Big Lottery - Reaching Communities	11,939	(11,939)	-
Inclusion of the restricted fund transfer	529	(529)	-
	181,599	-	181,599