

SHEFFIELD RAPE AND SEXUAL ABUSE CENTRE

England & Wales · Charity number 1146544

Details

Other names	SHEFFIELD RAPE AND SEXUAL ABUSE COUNSELLING SERVICE (SRSACS), SRSACS
Status	Registered
Legal form	Charitable company
Company number	07970294
Registered	2012-03-23
Register	View on the Charity Commission register

Contact

Address	Srasac Scotia Works Leadmill Road Sheffield South Yorkshire S1 4SE
Phone	01142412766
Email	info@srasac.org.uk
Website	www.srasac.org.uk

Activities

Objects: To relieve the psychological distress of persons who have been sexually abused or raped by any person(s).

Activities: Sheffield Rape and Sexual Abuse Centre offers free and confidential support to people who have experienced rape or sexual abuse at any time in their lives. We offer free counselling (for people aged 13 and above) and an Independent Sexual Violence Advisor (ISVA) service providing practical and emotional support to all clients.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- Sheffield City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£707,644	£746,022	£390,655	17
2024-03-31	£687,694	£761,068	£424,033	19
2023-03-31	£694,616	£653,841	£497,407	18
2022-03-31	£637,602	£550,539	£456,632	13
2021-03-31	£665,063	£477,093	£369,569	13

Trustees

Name	Role	Appointed
ANNE TATLOW		2012-03-19
Elizabeth Anne Wilson		2022-06-06
Jennifer Marsden-Lambert		2022-06-06
Katharine Jane Thompson		2016-11-14
MARIE TINDALL		2012-03-19
RUTH KENNEDY		2013-05-01

Accounts

Company registration number: 07970294

Charity registration number: 1146544

Sheffield Rape and Sexual Abuse Centre

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2025

Sheffield Rape and Sexual Abuse Centre Contents

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Sheffield Rape and Sexual Abuse Centre
Legal and administrative information
For the year ended 31 March 2025

Directors/Trustees

Ruth Kennedy	Chair
Katharine Thompson	Treasurer
Elizabeth Wilson	Secretary
Anne Tatlow	
Marie Tindall	
Jen Marsden-Lambert	

Key management

Meera Kulkarni	Chief Executive Officer
Angela Toulson	Business Manager (until October 2024)
Pauline Kimantas	Business Manager (from April 2025)
Laura Smith	Services Manager

Registered Charity Number

1146544

Registered Company Number

07970294

Registered Office

Scotia Works
Leadmill Road
Sheffield
S1 4SE

Accountants

Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4TA

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) For the year ended 31 March 2025

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2025 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

OBJECTIVES AND ACTIVITIES

Sheffield Rape and Sexual Abuse Centre (SRASAC) provides high quality, professional responsive specialist support services to anyone affected by sexual abuse or sexual violence at any time in their life within Sheffield.

SRASAC offers:

- Free face to face counselling sessions for any survivor
- Specialist support groups for survivors
- Information and Support Telephone Service.
- Independent Sexual Violence Advisor (ISVA) service for anyone of any age who has experienced rape or sexual abuse at any time in their lives.
- Training for professionals on understanding sexual violence and supporting survivors.

The principle object of the charity is to relieve the psychological distress of persons who have been sexually abused or raped by any person(s) in the City of Sheffield and the surrounding area.

Throughout 2024/25 the SRASAC team has been focused on maintaining the delivery of high quality support services to survivors in Sheffield.

SRASAC made the decision to step down from the role of contract lead for the South Yorkshire Independent Sexual Violence Advisor (ISVA) Service delivered by the South Yorkshire Sexual Violence Partnership (made up of equivalent specialist sexual violence services in Sheffield, Rotherham, Doncaster and Barnsley). This was related to a number of issues the most significant being a lack of capacity related to the mid year departure of the dedicated contract manager role.

SRASAC recognises that income generation is now the main priority for the continuation and development of our work. It is hoped that by stepping down as contract lead, the CEO will now be able to focus on increasing and diversifying SRASAC's income generation as well as ensuring the sustainability of SRASAC in the long term.

During 2024 2025 we established a new counselling service specifically for children from age 4. We have now established a dedicated team of 5 specialist children and young person's therapists delivering sessions across schools in Sheffield, and within our SRASAC building.

We are using the evidenced based ORS and CORS outcome measures, in line with NHS, to gather feedback and progress. Referrals can be made by Sheffield professionals and have included referrals from: Children and Families (Social Care), SRASAC CHISVAs, GPs, Early Help, Haven (local Sheffield charity supporting children who have experienced domestic abuse), Sheffield Futures, Amber Service, Schools, Independent Domestic Abuse Services, and the Police.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2025

Independent Sexual Violence Advisor (ISVA) Service

Sheffield Rape and Sexual Abuse Centre's (SRASAC) Independent Sexual Violence Advisor (ISVA) service provides specialist practical and emotional support to survivors of rape, sexual abuse and sexual violence. We support all ages and are gender inclusive. Our team is made up of both child and adult ISVAs.

The service is independent and confidential and provides support to cope with the impact of sexual violence irrespective of whether or not it is reported to the police. If our clients choose to report to the police the ISVA will support them to liaise with the police and understand the criminal justice process.

Our ISVA service like all ISVA services across the country is having to deal with the impact on survivors of the current severe delays in the criminal justice system. The backlog in Crown Courts has led to huge distress and re-traumatisation of survivors as they wait in anticipation for justice, having hopes dashed by postponements and delays.

Adult Counselling Service

SRASAC offers short-to-medium term specialist sexual violence counselling for anyone who has experienced sexual abuse or sexual violence at any time in their lives. We provide a safe, respectful and non-judgemental space for survivors to begin the process of recovery. Counselling with SRASAC allows an opportunity to be listened to and accepted, to be able to talk about past experiences and how they continue to impact on survivors throughout their lives.

SRASAC continues to offer more choice for clients to access counselling by offering our sessions either remotely via on-line video call or telephone, or face to face in our Centre. Our new 'blended service' developed during lockdown in 2020, has been embraced by clients and counsellors alike, offering increased flexibility and a more individualised, client centred approach.

Counsellors at SRASAC work from a trauma informed perspective and focus on building positive and effective therapeutic relationships, an important part of the counselling process and recovery from trauma. They have knowledge and understanding of the many effects of sexual violence and are able to support clients to become more able to manage their feelings and become more confident to carry on with life without being overwhelmed or controlled by the abuse they have suffered. We encourage clients to make their own choices and make changes in their lives if that is what they want. All of our Counsellors are professionally fully qualified and members of a professional counselling body, for example The British Association of Counsellors and Psychotherapists (BACP). Our counsellors come from a range of therapeutic backgrounds and work within their own modalities, which includes a client-centred/relational approach based around empowerment of the individual.

The clients who refer into the counselling service range widely in terms of age, sexual violence history, needs and requirements. Sheffield has a diverse population alongside a large student population. Survivors can contact our service sometimes within days of an assault, through to several years and even decades.

Children and Young People's (CYP) Counselling Service

SRASAC is committed to providing specialist, trauma-informed support to children and young people aged 4–18 who have experienced sexual abuse or assault. Our Children and Young People's (CYP) Counselling Service offers a safe, compassionate, and confidential space where young people and their families can begin to process trauma and access the support they need.

The service provides a short-term model of up to 10 sessions, with the flexibility to extend or adapt this where required. All interventions are informed by evidence-based and trauma-informed practice, and are tailored to the individual needs of each child or young person. Sessions aim to re-empower young people, helping them to regain a sense of safety, control, and emotional resilience.

Therapeutic support is delivered by qualified counsellors either face-to-face at our centre, in schools, or online, depending on the preferences and circumstances of the young person. In addition to direct 1:1 therapy, the service also includes support for parents and carers through 2-3 individual sessions to help them understand the impact of trauma and how best to support their child at home. The CYP team also works closely with professionals involved in the young person's care, offering consultation and guidance to social workers, schools, and early help teams managing cases of sexual abuse.

Where more complex needs are identified, we offer extended or bespoke interventions that incorporate creative and trauma-informed approaches to support each child's healing process. We also provide supported onward referrals to ensure young people and their families can access additional services as needed.

Data for Improvement

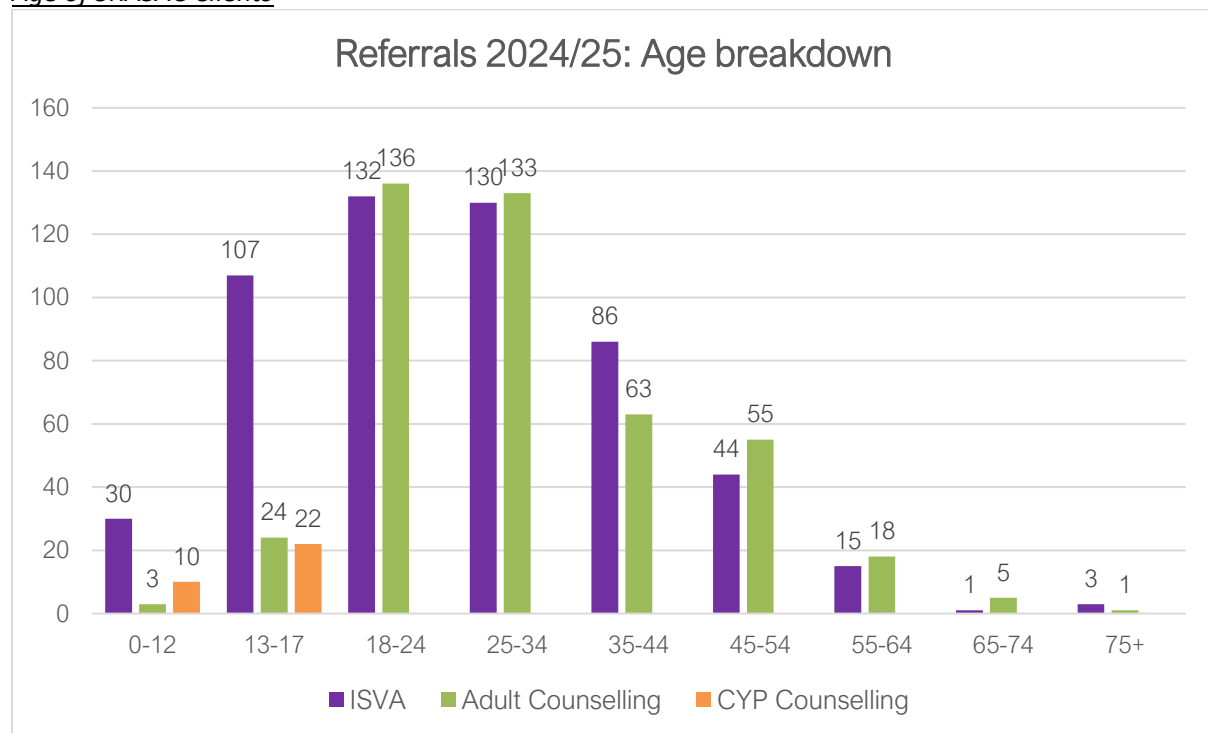
We use a secure bespoke online data management system, CRMS, to input client information at various points as they move through our service. The data below is all from the year 01/04/2024 and 31/03/2025.

Client Data for 2024-2025

- The ISVA service received 548 new referrals.
- The Adult Counselling service received 438 new referrals.
- The Children and Young People's (CYP) Counselling service received 32 new referrals in preparation for service launch in April 2025.

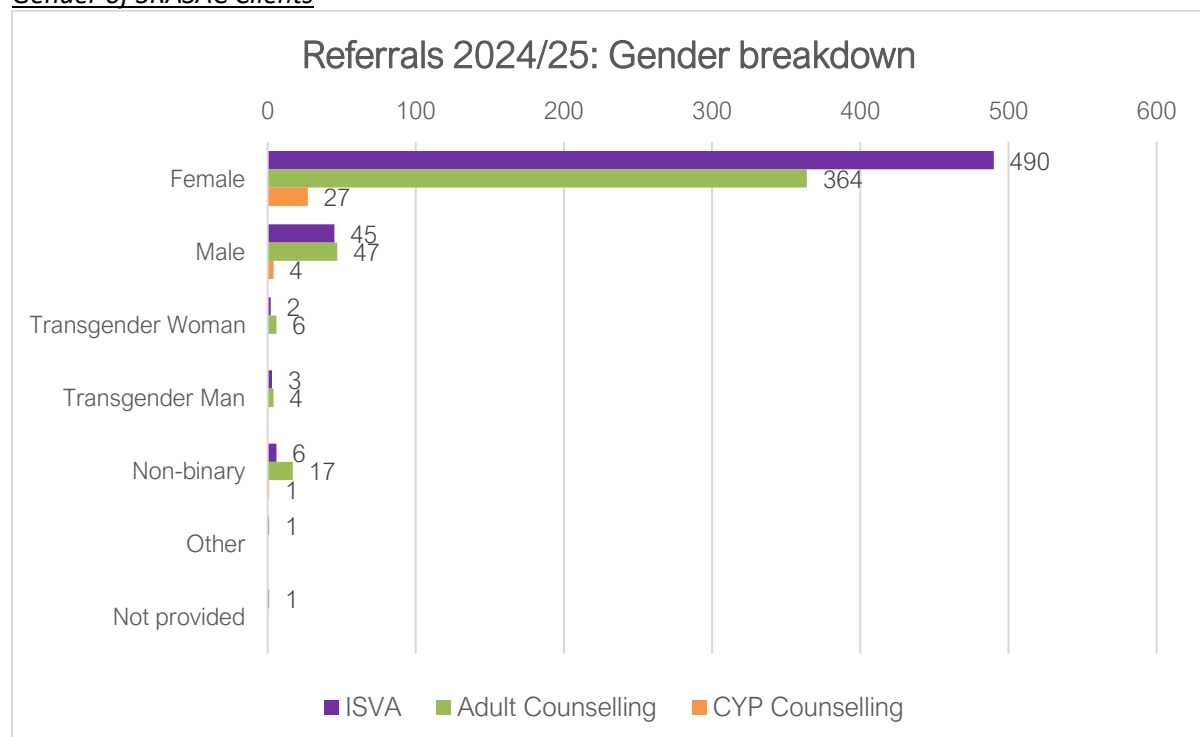
Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2025

Age of SRASAC Clients



The chart above demonstrates that clients aged 18-24 years made up the largest referral group for both the adult counselling service (31%) and the ISVA service (24%), while clients aged 13-17 years were the most referred group (69%) for the CYP counselling service.

Gender of SRASAC Clients



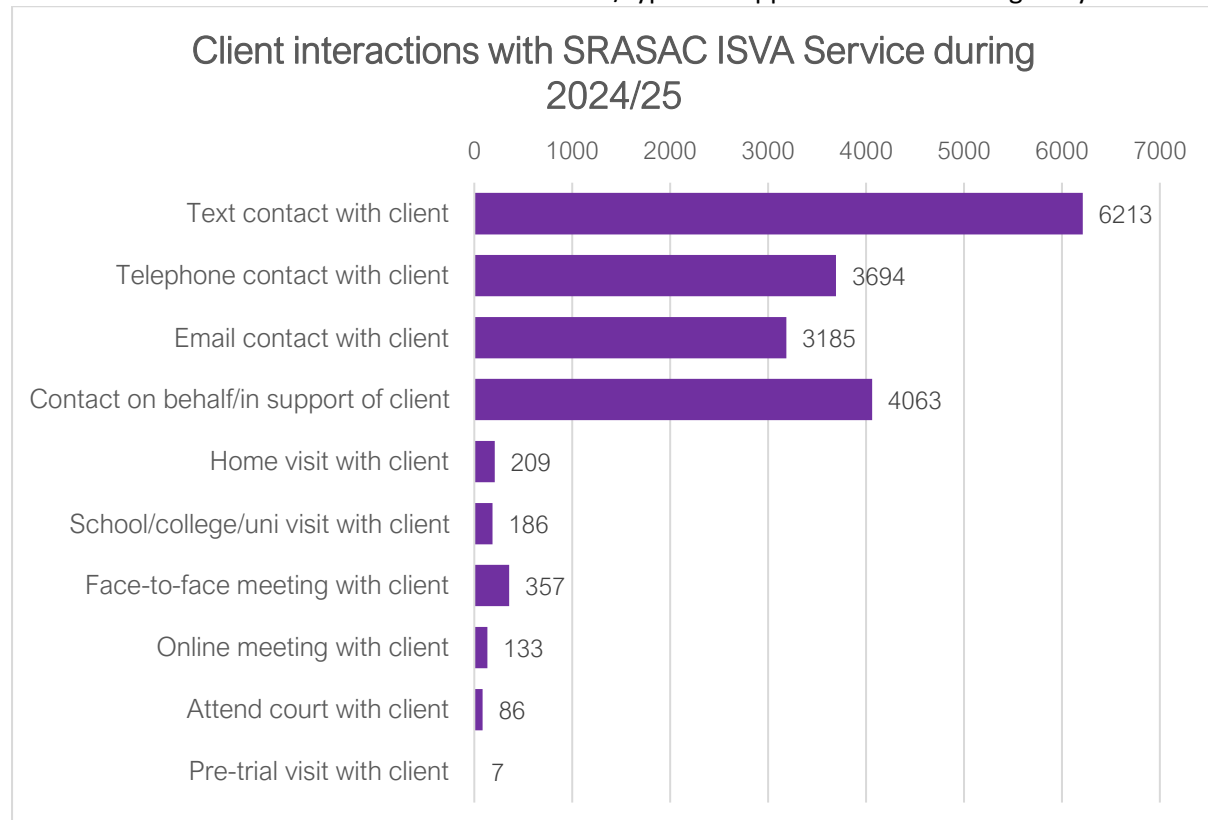
The chart above demonstrates that clients identifying as female made up the largest client groups across all services, forming 89% of new referrals received for the ISVA service, 83% of referrals for the adult counselling service, and 84% of referrals for the CYP counselling service during the 2024-25 year.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2025

Client Support – ISVA Service

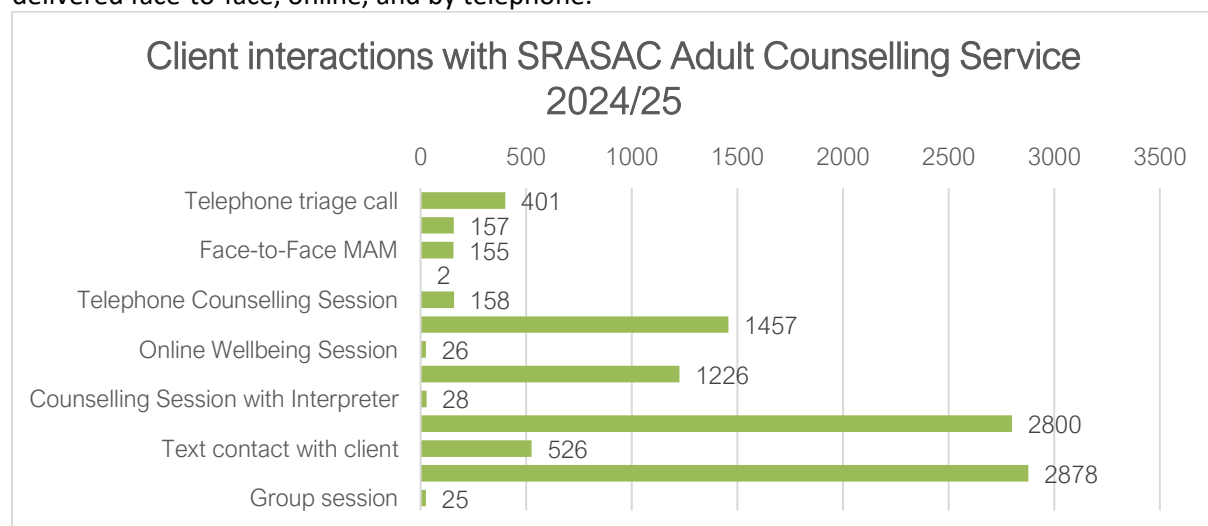
During the 2024/25 year, the ISVA service provided support to a total of 834 clients. This included support with identifying their needs following referral, advice on their options for reporting to the Police, and guidance throughout the Criminal Justice System (CJS), including support during trial.

The chart below shows the number of interactions/types of support delivered during the year.



Client Support – Counselling Service

During the 2024/25 year, the Counselling service supported a total of 890 clients. This included support through triage calls, assessments, telephone support, group work, and counselling sessions delivered face-to-face, online, and by telephone.



Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2025

SRASAC had 2 volunteer fully qualified counsellors during 2024/25 and recognises their valuable contribution to the work of the counselling service.

Outcomes

Being able to demonstrate public benefit and how our services help and support those who have experienced sexual violence is key to our work at SRASAC. For services such as ours 'hard' outcomes and how to measure for them is often difficult but we consider data relating to client experience to be our 'hard' outcomes.

We are constantly looking at collecting and analysing data to improve the services we provide. We routinely collect 12 client focused measures and look at the improvement scores. For 2024/25 these include:

- I have felt better able to cope when things go wrong – an improvement for 52% of clients
- I have felt positive about my future – an improvement for 52% of clients
- I have thought I am to blame for my problems – an improvement for 56% of clients
- I have felt tense, anxious or nervous – average 55% improvement for each client

Evaluation forms are completed by the client when they exit the service. The key indicator question is "Do you think Counselling with SRASAC has helped you". 99% of clients who had completed an evaluation form answered the question with "Yes, a lot" (85%) or "Yes, in some ways" (14%), and 1% answered "Not a lot".

Below are some recent client quotes taken from evaluation forms.

Counselling Feedback:

"I've received support from SRASAC over the last 4 years including pre trial sessions, ISVA support during court trials and post trial therapy sessions. It made a massive difference and I feel like I'm able to function and work only because of all the help I received. I can't imagine how I would even start processing my trauma if I didn't receive help from SRASAC."

"It has given me more self awareness and helped me to improve the relationships around me. Bringing strength and calm into my life at present. I feel I have also been given effective tools and technique to manage myself moving forward"

"I talked about what I came to SRASAC for and so much more than I could've imagined. It has really helped me in so many different ways, I have been able to process and reflect on trauma and have been given techniques to deal with future problems and maintain the place I am in right now."

"SRASAC counselling allowed me to open up about, digest and see what I'd been through in a different light. It addressed and made connections between some serious issues in my life and how I've reacted and continue to react to new changes and challenges. I couldn't have got through family Christmas without [My Counsellor's] support and going through family issues with her before and after Christmas. It has provided me with the tools to use for when things that trigger me come up and how to do this myself. It has reminded me how much I've been through. [My Counsellor] was very validating and I've always needed that. She endlessly listened, which I've never had before, and gave me a chance to finally vocalise trauma and feelings I'd never been allowed to fully discuss."

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2025

"Counselling with SRASAC has helped me understand what actually happened to me. I no longer feel fearful or triggered when thinking about the past, and I feel able to talk about it with my friends and family. I feel much less guilt and shame about everything that happened, and I don't blame myself anymore. I understand better how everything has impacted me long-term, and what I can do to cope moving forwards."

ISVA Feedback:

"[My ISVA] supported me from the start of my journey listening to me rambling when I didn't know how to word things she (was) patient and kind and non judgmental and she believed me from the start which help(ed) me (to) be confident and relaxed and there was laughter where it was appropriate which made the long journey more palatable for me without [My ISVA's] support it would never have got to court in my opinion there is nothing to change or could do better"

"We had phone calls and meetings when needed. My ISVA saw me through court and attended court with me. I received the best support I could have asked for. They always helped me put things in to perspective and understand things that I didn't understand. They always gave their honest professional opinion and always guided me when I needed guidance. Their experience helped them help me. They helped me with anxiety when I was worried, overthinking or having bad dreams, talking with them helped a lot."

"Only that the support I had has taken me from a very dark place to a very bright and happy place I still have a way to go with the counselling service but without this service I would still be in the dark place of historical abuse yes it will never go away but I have the tools to deal with the issues has they come up thanks to my ISVA and Counsellor and your organisation - thank you"

"Thank you from the bottom of my heart, having an ISVA was an amazing support throughout my whole process I felt so lonely during my proceedings and they supported me every step of the way and I'll be forever grateful for the support I received"

"As soon as our Children and Young Person's ISVA was assigned to us, she took away all the worry for us. She explained everything, contacted the police when we'd heard nothing and helped my daughter emotionally through her trauma. My daughter began to open up with her support and became much stronger. I cannot thank our ISVA enough for everything she has done for us"

FINANCIAL REVIEW

Our total income for the financial period was £712,644 compared with total expenditure of £746,022. As a result, the net movement in funds was a loss of £33,378. Overall, our unrestricted funds decreased by £33,378 from £424,033 at the beginning of year to £390,655 at the year-end.

Reserves policy

The trustees' current reserves policy states that the equivalent of between 3 and 6 month's planned expenditure should be kept in reserve to ensure that the charity could continue to work through a period of unforeseen difficulty.

Planned expenditure for 2025/26 is £722,207 with three to six month's expenditure being in the range of £180,551 to £361,098. Cash reserves as at 31 March 2025 were £346,857 which is within the target range.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2025

Current forecasts show that we have £634,820 of secured income for 2025/2026 leaving a shortfall of £87,387. This is not a dissimilar position to one we have faced in previous years, so during 2025-26 we will be making further bids for funding to ensure we can continue to provide our services.

The trustees assess the reserves policy on an annual basis.

There are no restricted funds carried forward at the year end.

FUTURE PLANS

Looking ahead, we recognise that securing funding beyond 2025 will be difficult due to a changing and more difficult funding environment. However, we hope to gradually re- build up our reserves over the next three to five years

SRASAC is very grateful to all our funders who have enabled us to maintain and enhance our services and provide contact and support for over a thousand clients. A significant amount of our funding continues to be for a relatively short period of time between 2-3 years. This can make future planning for sustainability difficult in a challenging economic climate.

Our greatest challenge continues to be ensuring high quality responsive provision for the needs of survivors in Sheffield. Referrals across all services have risen year on year as well as ISVA clients experiencing a much longer wait for progress and completing within the criminal justice system. In the coming year we will work to build the capacity of our Counselling Service to meet the needs of all survivors.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity was incorporated as a company limited by guarantee on 29 February 2012 and is governed by its Memorandum and Articles of Association which were amended on 23 June 2016 and 13 August 2025.

SRASAC is an organisational member of the British Association for Counselling and Psychotherapy (BACP), The Survivors Trust and is a full affiliate member of Rape Crisis England and Wales. SRASAC's ISVA and CYP ISVA Services are fully accredited by Lime Culture.

The most senior officer is the Chief Executive Officer – Meera Kulkarni who is supported by the Senior Management Team – Pauline Kimantas - Business Manager and Laura Smith - Services Manager.

Recruitment, appointment and induction of trustees

Trustees are identified by both open and focused recruitment aimed at ensuring an appropriate balance of skills and experience. The recruitment process includes:

- If shortlisted an interview with the Chair, CEO and one other Trustee
- If successful at interview, candidates are invited to attend a Board Meeting
- After consulting the other board members, successful candidates are invited to join the board.
- All new trustees then receive a full induction including key documents of SRASAC as well as guidance on the role of trustees and governance and legal duties.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2025

Board Meetings

Board meetings are held every 2 months where key strategic, financial and governance issues are discussed and decisions agreed and then minuted. Any decisions made more urgently within the timeframe for meetings are evidenced and recorded. The Board must be quorate (a minimum of 3 trustees) for decisions to be valid.

Arrangements for setting pay of all personnel

All proposed pay increases or one-off payments to all staff (including all senior management staff) are discussed and decisions made by the Board on an annual basis.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurances against fraud and error. Strategic, business and operational risks are reviewed with the senior management team on a regular basis. An updated Risk Register is brought to each Board Meeting for review.

Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2025

Small company provisions:

This report has been prepared in accordance with the special provisions relating to small companies' subject to the small companies' regime within Part 15 of the Companies Act 2006.

Approved by the board on 18 November 2025.

Signed on its behalf by:

A handwritten signature in black ink, appearing to be 'K Thompson', with a long horizontal flourish extending to the right.

Katharine Thompson
Trustee

Independent Examiner's report to the Trustees of Sheffield Rape and Sexual Abuse Centre ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

S Lightfoot

Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

24 November 2025

Sheffield Rape and Sexual Abuse Centre

**Statement of financial activities (incorporating the income and expenditure account)
for the year ended 31 March 2025**

	Notes	Unrestricted funds £	Restricted funds £	2025 Total £	Unrestricted funds £	Restricted funds £	2024 Total £
Income from:							
Donations and grants	2	10,407	1,173	11,580	11,021	872	11,893
Charitable activities	3	562,960	133,104	696,064	519,969	150,933	670,902
Investments - bank interest		5,000	-	5,000	4,899	-	4,899
Total income		578,367	134,277	712,644	535,889	151,805	687,694
Expenditure on:							
Charitable activities	4	610,873	135,149	746,022	610,135	150,933	761,068
Total expenditure		610,873	135,149	746,022	610,135	150,933	761,068
Net movement in funds		(32,506)	(872)	(33,378)	(74,246)	872	(73,374)
Reconciliation of funds:							
Total funds brought forward		423,161	872	424,033	497,407	-	497,407
Total funds carried forward		390,655	-	390,655	423,161	872	424,033

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

Sheffield Rape and Sexual Abuse Centre
Balance Sheet
As at 31 March 2025

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	8	43,798	55,341
Total fixed assets		<u>43,798</u>	<u>55,341</u>
Current assets			
Debtors	9	22,038	42,795
Cash at bank and in hand		<u>346,788</u>	<u>362,554</u>
Total current assets		<u>368,826</u>	<u>405,349</u>
Creditors: amounts falling due within one year	10	(21,969)	(36,657)
Net current assets		<u>346,857</u>	<u>368,692</u>
Total assets less current liabilities		390,655	424,033
Creditors: amounts falling due after one year		-	-
Total net assets		<u><u>390,655</u></u>	<u><u>424,033</u></u>
Represented By			
FUNDS			
Unrestricted income fund		390,655	423,161
Restricted income funds	11	-	872
Total charity funds	12	<u><u>390,655</u></u>	<u><u>424,033</u></u>

For the year ending 31 March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 18 November 2025.

Signed on its behalf by:



Katharine Thompson
Trustee

Sheffield Rape and Sexual Abuse Centre (SRSAC)
Statement of cash flows
for the year ended 31 March 2025

	2025	2024
	£	£
Reconciliation of net expenditure to net cash flow from operating activities		
Net income/(expenditure) for the year (as per the SOFA)	(33,378)	(73,374)
Adjustments for:		
(Increase)/decrease in debtors	20,757	107,321
Increase/(decrease) in creditors	(14,688)	14,245
Investment income	(5,000)	(4,899)
Depreciation	14,692	7,029
Net cash provided by/(used in) operating activities	(17,617)	50,322
Cash flows from investing activities		
Investment income	5,000	4,899
Purchase of fixed assets	(3,149)	(49,239)
Net cash (used in)/provided by investing activities	1,851	(44,340)
Change in cash and cash equivalents	(15,766)	5,982
Cash and cash equivalents at the beginning of the year	362,554	356,572
Cash and cash equivalents at the end of the year	346,788	362,554

1 Accounting Policies

(a) Basis of preparation

Sheffield Rape and Sexual Abuse Centre is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Donations are recognised as income on receipt in the year they becomes due.

Income from local government and other grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Investment income is included when receivable.

(c) Expenditure and liabilities

Expenditure is recognised where an there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross of irrecoverable VAT.

The trustees consider that the charity has only one charitable activity.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administration costs, finance, personnel, payroll and governance costs. It is not deemed beneficial to separately disclose support costs as there is only one charitable activity and immaterial fundraising costs.

(d) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Any assets purchased below £500 are written off at the time of purchase. Depreciation is provided at rates calculated to write off cost of those assets, less their residual value, over their expected useful lives on the following basis:

Improvements to leasehold property	Over the life of the lease
Fixtures and fittings	25%
Computer equipment	33%

(e) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

(f) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts - continued
for the year ended 31 March 2025

1 Accounting Policies - continued

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Operating lease rentals

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

(k) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

(l) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from donations and grants

	Unrestricted Funds £	Restricted Funds £	2025 Total £	Unrestricted Funds £	Restricted Funds £	2024 Total £
Donations	8,907	1,173	10,080	11,021	872	11,893
Sheffield Town Trust	1,500	-	1,500	-	-	-
	10,407	1,173	11,580	11,021	872	11,893

3 Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2025 Total £	Unrestricted Funds £	Restricted Funds £	2024 Total £
South Yorkshire Sexual Violence Partnership	304,660	38,604	343,264	300,660	38,604	339,264
Ministry of Justice	258,300	-	258,300	208,484	17,829	226,313
Sheffield City Council	-	58,500	58,500	-	58,500	58,500
South Yorkshire Police and Crime Commissioner	-	36,000	36,000	-	36,000	36,000
Student placement fees	-	-	-	10,192	-	10,192
Other training	-	-	-	633	-	633
	562,960	133,104	696,064	519,969	150,933	670,902

4 Expenditure on charitable activities

		Unrestricted	Restricted	2025	Unrestricted	Restricted	2024
		Funds	Funds	Total	Funds	Funds	Total
	Note	£	£	£	£	£	£
Staff costs	5	432,976	65,907	498,883	442,917	71,453	514,370
Staff supervision		7,255	-	7,255	6,500	-	6,500
Staff training and wellbeing		3,153	-	3,153	6,711	-	6,711
Staff travel, working from home allowance and expenses		3,084	-	3,084	3,790	-	3,790
Staff support costs		2,242	-	2,242	833	-	833
Volunteer expenses and supervision		710	-	710	715	-	715
Bank counselling		39,448	40,450	79,898	29,407	45,473	74,880
Other counselling costs (including group costs, MAMS fees and therapeutic costs)		9,280	28,792	38,072	5,666	34,007	39,673
Rent (including service charges, phone data and rates)		64,399	-	64,399	73,504	-	73,504
Support costs							
Accountancy and payroll fees	6	5,248	-	5,248	4,959	-	4,959
Website, advertising and marketing		6,713	-	6,713	792	-	792
IT, Communications and equipment		13,761	-	13,761	19,100	-	19,100
Insurance		839	-	839	2,403	-	2,403
Printing, postage and stationery		1,510	-	1,510	1,788	-	1,788
Subscriptions and memberships		3,960	-	3,960	3,167	-	3,167
Other expenses		1,603	-	1,603	854	-	854
Depreciation		14,692	-	14,692	7,029	-	7,029
		610,873	135,149	746,022	610,135	150,933	761,068

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts - continued
for the year ended 31 March 2025

5 Staff costs

	2025 £	2024 £
Salaries	429,333	383,646
Employer's NI	38,412	35,781
Employer's allowance	(5,000)	(5,000)
Employer's pension contributions	36,138	29,383
	<u>498,883</u>	<u>443,810</u>

No employee received emoluments of more than £60,000 in either year. The average number of employees during the year was 19 (2024: 19).

6 Independent examination and fees payable to the independent examiner's organisation

	2025 £	2024 £
Accountancy fees and payroll includes:		
Independent examination fee	<u>2,880</u>	<u>2,880</u>
Tax advisory service	<u>240</u>	<u>-</u>

7 Trustees and key management remuneration, benefits and expenses

The trustees were not paid or received any other benefits from employment with the charity in the year (2024: £nil). No trustees were reimbursed expenses during the year (2024: £nil). No charity trustee received payment for professional or other services supplied to the charity (2024: £nil).

Key management comprises the trustees, Chief Executive Officer and the senior team (Services Manager and Business Manager). Total key management personnel remuneration benefits in the year was £98,128 (2024: part year of the full team £113,162).

8 Tangible fixed assets

	Improvements to Leasehold property	Fixture and Fittings £	Computer equipment £	Total £
Cost				
As at 1 April 2024	48,261	4,862	21,978	75,101
Additions	2,379	-	770	3,149
As at 31 March 2025	<u>50,640</u>	<u>4,862</u>	<u>22,748</u>	<u>78,250</u>
Depreciation				
As at 1 April 2024	1,451	4,448	13,861	19,760
Charge this period	10,009	298	4,385	14,692
As at 31 March 2025	<u>11,460</u>	<u>4,746</u>	<u>18,246</u>	<u>34,452</u>
Net book value				
As at 31 March 2025	<u>39,180</u>	<u>116</u>	<u>4,502</u>	<u>43,798</u>
As at 31 March 2024	<u>46,810</u>	<u>414</u>	<u>8,117</u>	<u>55,341</u>

9 Debtors

	2025 £	2024 £
Trade debtors	10,878	34,672
Prepayments	11,160	8,123
	<u>22,038</u>	<u>42,795</u>

10 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	11,059	30,528
Taxes and social security	4,928	-
Other creditors	5,982	6,129
	<u>21,969</u>	<u>36,657</u>

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts - continued
for the year ended 31 March 2025

11 Restricted funds

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Sheffield City Council	-	58,500	(58,500)	-	-
South Yorkshire Police and Crime Commissioner: Victim Services Grant	-	36,000	(36,000)	-	-
South Yorkshire Sexual Violence Partnership	-	38,604	(38,604)	-	-
Co-op Local Community Fund: Children's trauma counselling	872	1,173	(2,045)	-	-
	872	134,277	(135,149)	-	-
<i>Prior year comparison</i>	<i>Balance b/fwd £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance c/fwd £</i>
<i>Ministry of Justice: male rape funding</i>	-	17,829	(17,829)	-	-
<i>Sheffield City Council</i>	-	58,500	(58,500)	-	-
<i>South Yorkshire Police and Crime Commissioner: Victim Services Grant</i>	-	36,000	(36,000)	-	-
<i>South Yorkshire Sexual Violence Partnership</i>	-	38,604	(38,604)	-	-
<i>Co-op Local Community Fund: Children's trauma counselling</i>	-	872	-	-	872
	-	151,805	(150,933)	-	872

12 Split of net assets by fund

	Unrestricted Funds £	Restricted Funds £	2025 Total £	Unrestricted Funds £	Restricted Funds £	2024 Total £
Tangible fixed assets	43,798	-	43,798	55,341	-	55,341
Net current assets	346,857	-	346,857	367,820	872	368,692
	390,655	-	390,655	423,161	872	424,033

13 Operating lease commitments

At 31 March 2025 the charity was committed to making the following payments under other operating leases as follows:

	2025 £	2024 £
Payable within 1 year	21,508	23,570
	21,508	23,570

14 Related party transactions

Two of the trustees of the charity were also trustees of the South Yorkshire Sexual Violence Partnership during the year, which has provided funding of £343,264 during the year (2024: £339,264). This partnership exists to distribute funding between Sheffield, Barnsley, Doncaster and Rotherham, and each area's organisation has 2 members on the board. There was no balance outstanding at the year end.

There were no other related party transactions, other than those detailed in note 7.

Accounts

Company registration number: 07970294

Charity registration number: 1146544

Sheffield Rape and Sexual Abuse Centre

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2024

Sheffield Rape and Sexual Abuse Centre Contents

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Sheffield Rape and Sexual Abuse Centre
Legal and administrative information
For the year ended 31 March 2024

Directors/Trustees

Ruth Kennedy	Chair
Katharine Thompson	Treasurer
Anne Tatlow	Secretary
Marie Tindall	
Jen Marsden-Lambert	
Elizabeth Wilson	

Key management

Meera Kulkarni	Chief Executive Officer
Angela Toulson	Business Manager
Laura Smith	Services Manager

Registered Charity Number

1146544

Registered Company Number

07970294

Registered Office

Scotia Works
Leadmill Road
Sheffield
S1 4SE

Accountants

Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4TA

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report)
For the year ended 31 March 2024

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ended 31 March 2024 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, governance and management

The charity was incorporated as a company limited by guarantee on 29 February 2012 and is governed by its Memorandum and Articles of Association which were amended on 23 June 2016.

The charity changed its name from Sheffield Rape and Sexual Abuse Centre (SRSAC) to Sheffield Rape and Sexual Abuse Centre, with Companies House on 21 July 2021.

SRASAC is an organisational member of the British Association for Counselling and Psychotherapy (BACP), The Survivors Trust and is a full affiliate member of Rape Crisis England and Wales. SRASAC's ISVA and CYP ISVA Services are fully accredited by Lime Culture.

Overall management of the charity is the responsibility of the directors who are elected and co-opted under the terms of the constitution. Day to day management is delegated to the Chief Executive Officer Meera Kulkarni who is supported by the Senior Management Team – Angela Toulson - Business Manager and Laura Smith - Services Manager.

Recruitment, appointment and induction of trustees

Trustees are identified by both open and focused recruitment aimed at ensuring an appropriate balance of skills and experience. The recruitment process includes:

- If shortlisted an interview with the Chair, CEO and one other Trustee
- If successful at interview, candidates are invited to attend a Board Meeting
- After consulting the other board members, successful candidates are invited to join the board.
- All new trustees then receive a full induction including key documents of SRASAC as well as guidance on the role of trustees and governance and legal duties.

Board Meetings

Board meetings are held every 2 months where key strategic, financial and governance issues are discussed and decisions agreed and then minuted. Any decisions made more urgently within the timeframe for meetings are evidenced and recorded. The Board must be quorate (a minimum of 3 trustees) for decisions to be valid.

Arrangements for setting pay of all personnel

All proposed pay increases or one-off payments to all staff (including all senior management staff) are discussed and decisions made by the Board on an annual basis.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurances against fraud and error. Strategic, business and operational risks are reviewed with the senior management team on a regular basis.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Objectives and activities

The object of the charity is to relieve the psychological distress of persons who have been sexually abused or raped by any person(s) in the City of Sheffield and the surrounding area. Sheffield Rape and Sexual Abuse Centre (SRASAC) provides high quality, professional, responsive specialist support services to anyone affected by sexual abuse or sexual violence at any time in their life within Sheffield and the surrounding area.

The charity offers:

- Free face to face counselling sessions for any survivor.
- Specialist support groups for survivors
- Information and Support Telephone Service.
- Independent Sexual Violence Advisor (ISVA) service for anyone of any age who has experienced rape or sexual abuse at any time in their lives.
- Training for professionals on understanding sexual violence and supporting survivors.

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

Achievements and performance 2023/24

Achievements this year include:

- The establishment of a specialist counselling service for children (under 13) and young people who have experienced sexual abuse and violence.
- Specialist ISVA post established to support survivors from marginalised and ethnically diverse communities.
- Creation of 6 new higher quality soundproofed client rooms to increase capacity for face to face work in the Centre.

Throughout 2023/24 the SRASAC team has been focused on maintaining the delivery of high quality support services to survivors in Sheffield.

The Trustees would like to express their admiration and gratitude to all our staff and bank counsellors for their continuing commitment to SRASAC and the clients we serve. As always, we pay tribute to our clients for their strength and fortitude and for placing their trust in us to accompany them on their journey to recovery.

Our experience this year has taught us many things including the resilience of our staff and counsellors and the commitment of all of the team to continually strive to improve the services we provide for survivors of sexual violence. SRASAC recognises that one of our greatest strengths is the dedication of board, staff and counsellors to work together for the benefit of our clients.

Independent Sexual Violence Advisor Service (ISVA)

Sheffield Rape and Sexual Abuse Centre's (SRASAC) Independent Sexual Violence Advisor (ISVA) service provides specialist practical and emotional support to survivors of rape, sexual abuse and sexual violence. We support all ages and are gender inclusive. Our team is made up of both child and adult ISVAs.

The service is independent and confidential and provides support to cope with the impact of sexual violence irrespective of whether or not it is reported to the police. If our clients choose to report to the police the ISVA will support them to liaise with the police and understand the criminal justice process.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

We accept self or agency referrals and make contact within 48 hours; we complete a risk and needs assessment and a support plan to ensure the most effective support is provided. Our ISVA service became part of the South Yorkshire Sexual Violence Partnership (SYSVP) which was established in 2017 to deliver the contract from the South Yorkshire Police and Crime Commissioner to provide ISVA services across South Yorkshire. The SYSVP Board of Trustees consists of two Trustee members from each of the four organisations in South Yorkshire providing ISVA services, including two trustees from SRASAC.

Our ISVA service like all ISVA services across the country is having to deal with the impact on survivors of the current severe delays in the criminal justice system. The backlog in Crown Courts has led to huge distress and re-traumatisation of survivors as they wait in anticipation for justice, having hopes dashed by postponements and delays.

Counselling Service

SRASAC offers short-to-medium term specialist sexual violence counselling for anyone, regardless of their gender identity who has experienced sexual abuse or sexual violence at any time in their lives. We provide a safe, respectful and non-judgemental space for survivors to begin the process of recovery. Counselling with SRASAC allows an opportunity to be listened to and accepted, to be able to talk about past experiences and how they continue to impact on survivors throughout their lives.

SRASAC continues to offer more choice for clients to access counselling by offering our sessions either remotely via on-line video call or telephone, or face to face in our Centre. Our new 'blended service' developed during lockdown in 2020, has been embraced by clients and counsellors alike, offering increased flexibility and a more individualised, client centred approach.

Counsellors at SRASAC work from a trauma informed perspective and focus on building positive and effective therapeutic relationships, an important part of the counselling process and recovery from trauma. They have knowledge and understanding of the many effects of sexual violence and are able to support clients to become more able to manage their feelings and become more confident to carry on with life without being overwhelmed or controlled by the abuse they have suffered. We encourage clients to make their own choices and make changes in their lives if that is what they want. All of our Counsellors are professionally fully qualified and members of a professional counselling body, for example The British Association of Counsellors and Psychotherapists (BACP). Our counsellors come from a range of therapeutic backgrounds and work within their own modalities, which includes a client-centred/relational approach based around empowerment of the individual.

The clients who refer into the counselling service range widely in terms of age, sexual violence history, needs and requirements. Sheffield has a diverse population alongside a large student population. Survivors can contact our service sometimes within days of an assault, through to several years and even decades.

Data for Improvement

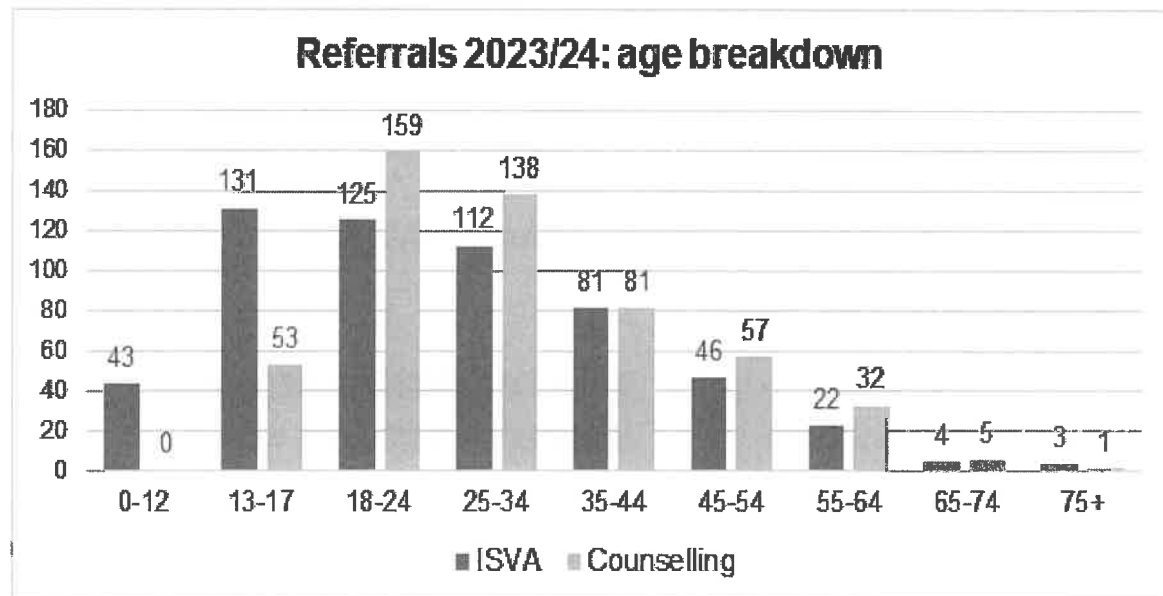
We use a secure bespoke online data management system, CRMS, to input client information at various points as they move through our service. The data below is all from the year 01/04/2023 to 31/03/2024.

Client Data for 2023/2024

The ISVA service received 567 new referrals.
The Counselling service received 526 new referrals.

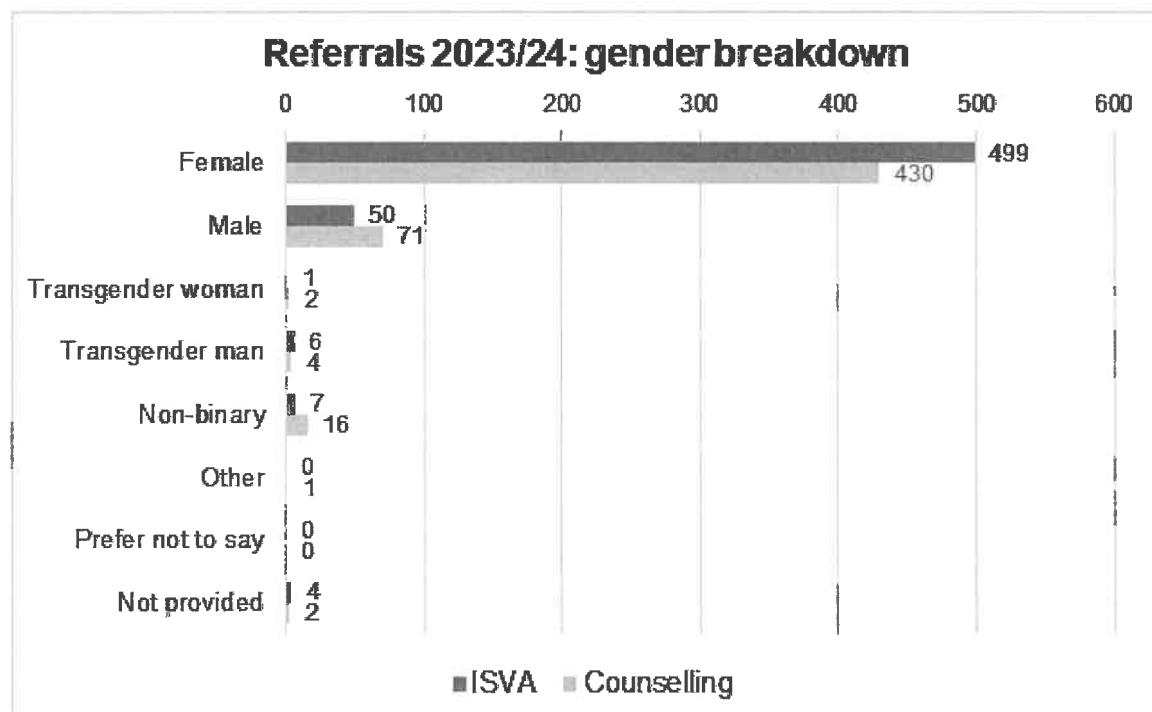
Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Age of SRASAC Clients



The chart above demonstrates that clients aged 18-24 years made up the largest referral group (30%) for the counselling service, while clients aged 13-17 years were the most referred group (23%) for the ISVA service.

Gender of SRASAC Clients



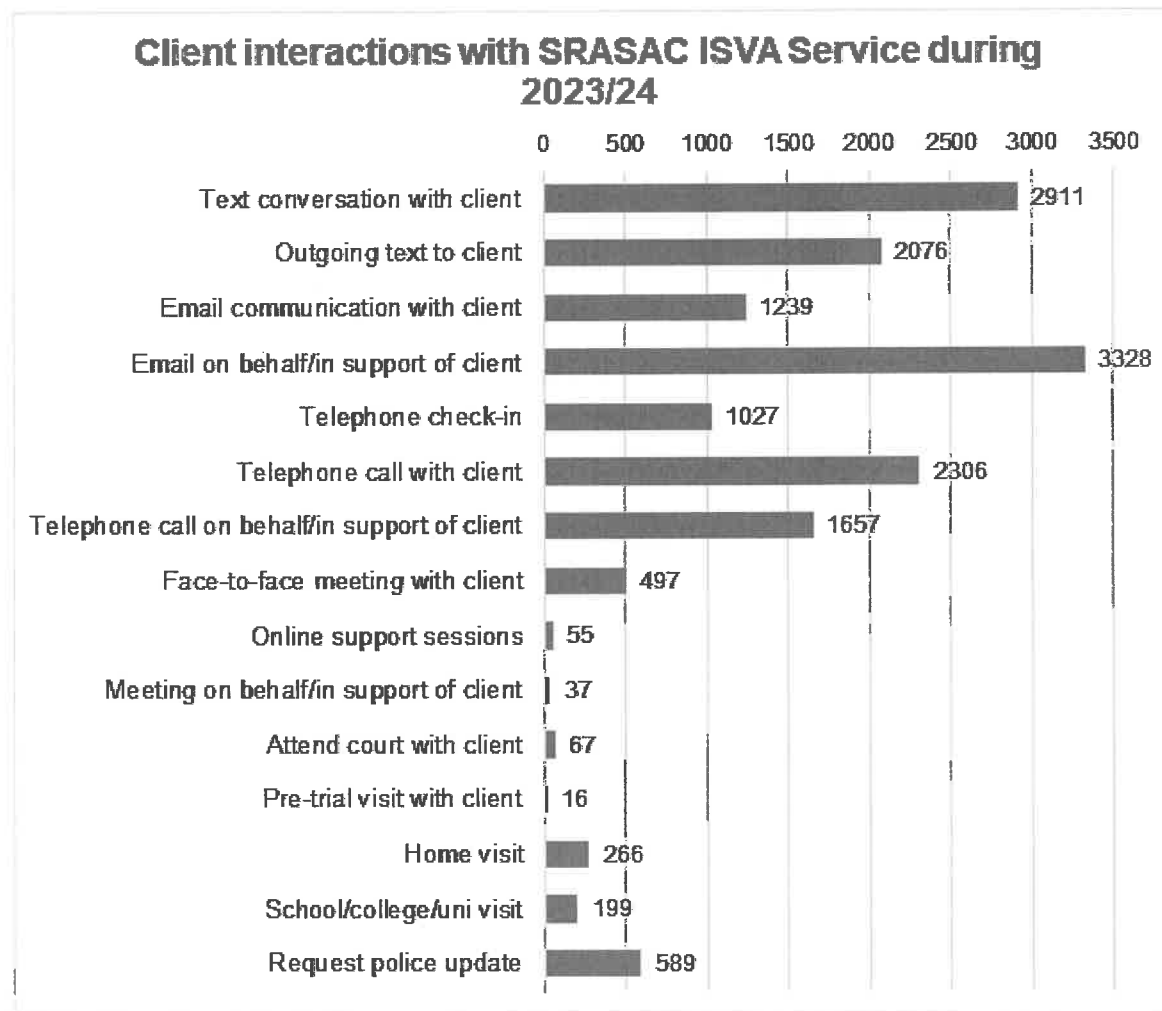
The chart above demonstrates that clients identifying as female made up the largest client groups across both services, forming 88% of referrals for the ISVA service, and 82% of referrals for the counselling service during 2023/24

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Client Support – ISVA Service

During the 2023/24 year, the ISVA service provided support to a total of 827 clients. This included support with identifying their needs following referral, advice on their options for reporting to the Police, and guidance throughout the Criminal Justice System (CJS), including support during trial.

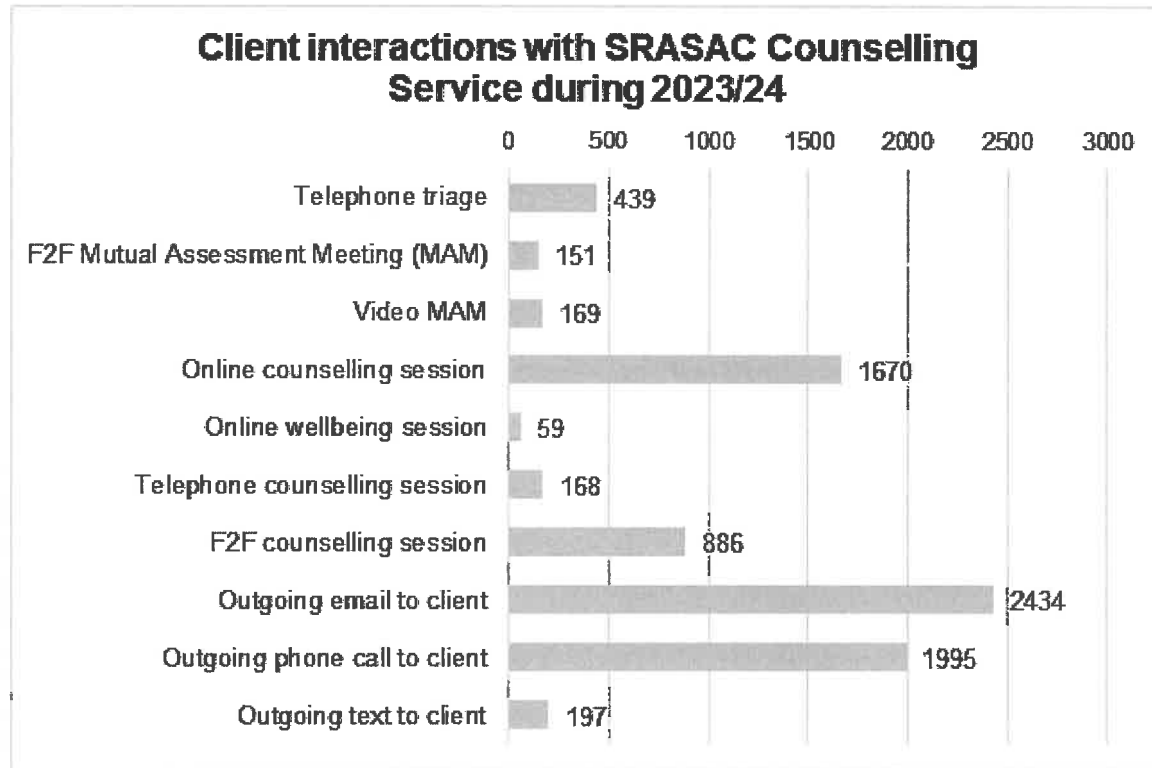
The chart below shows the number of interactions/types of support delivered during the year.



Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Client Support – Counselling Service

During the 2023/24 year, the Counselling service supported a total of 874 clients. This included support through triage calls, assessments, telephone support, group work, and counselling sessions delivered face-to-face, online, and by telephone.



SRASAC had 2 volunteer fully qualified counsellors during 2023/24 and recognises their valuable contribution to the work of the counselling service.

Outcomes

Being able to demonstrate public benefit and how our services help and support those who have experienced sexual violence is key to our work at SRASAC. For services such as ours 'hard' outcomes and how to measure for them is often difficult but we consider data relating to client experience to be our 'hard' outcomes.

We are constantly looking at collecting and analysing data to improve the services we provide. We routinely collect 12 client focused measures and look at the improvement scores. For 2023/24 these include:

- I have felt better able to cope when things go wrong – average 43% improvement for each client
- I have felt positive about my future – average 50% improvement for each client
- I have thought I am to blame for my problems – average 69% improvement for each client
- I have felt tense, anxious or nervous – average 57% improvement for each client

Evaluation forms are completed by the client when they exit the service. The key indicator question is "Do you think Counselling with SRASAC has helped you". **82%** of clients who had completed an evaluation form answered the question with "Yes, a lot" and the remaining 18% answered "Yes, in some ways".

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Below are some recent client quotes taken from evaluation forms.

Counselling Feedback:

"I came to SRASAC, with a lot of unresolved guilt, shame, anger, upset and I hadn't processed my rape at all. In fact, I couldn't even say I was raped until about 6 sessions in. My memory of the assault was really broken and I couldn't really think about what had happened. Counselling helped me to put the pieces back together and give me a narrative that I could speak about, that I believed and that I could process. It challenged my beliefs about myself in the situation and made me realise that it wasn't just the rape that was traumatic but also the way it was handled afterwards and made me understand why I had all these self deprecating feelings about what had happened. I hadn't realised before I started counselling how much it had affected my life as I had pushed it away and tried to hide it but now I've opened the box I've been able to see the extent of the damage and been able to do some fixing. Because of this I have been able to confront my feelings about it, dispel the fears I had concocted about it and become more confident, and gain back my belief in myself that I hadn't even realised I had lost. Overall, this has been a really difficult process and I think I've worked really hard but I am so much better for it. Thank you so much for giving this to me, for listening to me and not turning me away even when I wasn't sure I should be there, for giving me the space to talk about what happened to me and allowed me to process it in a safe, kind and understanding place. I really appreciate everything you have done for me."

"I feel scared to think about where I would be without SRASAC. The opportunity came to me at a crucial time in my life and I am so thankful for the help I have received. I can't fully explain how much SRASAC has helped me. The experience was completely different from any other forms of help I'd previously tried, I felt so much more listened to and felt like my counsellor truly cared for me."

"The counselling helped me to recognize and understand my trauma for what it was. I now feel I more fully appreciate why and how it happened, what happened says more about those who traumatised me than it does about me. I know that I have nothing to be ashamed of, no control over what happened, no way of making things different or better for myself or others. I feel stronger, and happier and intend to move forward with my life knowing I am a good person who deserves to be happy and content. I feel overall more positive about myself."

ISVA Feedback:

"[My ISVA] was absolutely phenomenal and I stand by the fact that I probably wouldn't have gone forward with reporting if she wasn't supporting me. I felt like she found out things that bothered me most and we worked around them (so my overthinking, she would always find out the most she could about things to try and prevent made up scenarios on my head). I couldn't have done this whole thing without her. She felt like a friend who I could rely on. Beyond grateful for the help and support she provided."

"I have put off completing this feedback form for a long time due to being completely overwhelmed with the support which I received from SRASAC and have been unable to think how exactly to put my gratitude into words. SRASAC provided a voice to me at a time when I was voiceless, and guided me through a confusing and unjust police investigative system. Although I did not feel as though I was ready to move on and come to an end of my time within the ISVA service, through no fault of anyone except the difficulty of such a useful service being chronically underfunded, what I was allowed to do was feel as though I was able to face the world with the skills and reassurance of my ISVA workers. I would like to thank [my ISVA] (and [my previous ISVA] before her) for her complete dedication to helping me; for the countless communications with school and my parents whom she eventually was able to help to understand where I was and what I was feeling after experiencing violence. Even on days when some might not have thought our sessions were particularly useful, I reassure them that even when [my ISVA] wasn't helping me to get the world to understand me, that there was no time wasted. It is difficult for some people who haven't had certain life experiences to understand that small progressions are just as important as bigger ones, and sometimes a trivial chat about the creepy Russian dolls on the table was necessary at grounding my feelings and preventing me from spiralling into despair."

"[My ISVA] has helped me through my court case in engaging in the fact that what happened wasn't my fault. I would not be at the point I am now without her, she has honestly done the most amazing job in providing me with help, support, and strategies in overcoming all my fears and thoughts. I couldn't have asked for a better person to help me!"

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Improving access to our services

Our focus on inclusivity and diversity is reflected on our website and all information we provide about our services. Our website now provides more detailed information and advice for those wishing to access our services as well as those who might need help in supporting a friend or family member who has experienced sexual violence. We have also provided new 'appropriate referral' information for professionals which has been warmly received.

Our confidential Information and Support Line service, open 5 days a week continues to respond quickly and appropriately to enquiries from the general public and professionals and signposting them to other organisations for help as appropriate. This confidential service is also for counselling clients to enable staff to touch base with them on a regular basis in between initial assessment and first counselling session. A similar approach of appropriate contact is also provided by our ISVA team.

We continue to provide regular training events as part of our aim to improve awareness of our work and improving access to our services as well as developing our community outreach in challenging the attitudes and behaviours which give rise to sexual violence.

Future developments

During 2023/24 we moved closer to achieving our main strategic objective to establish a new counselling service specifically for children of all ages. This work has been stalled for some time due to issues in recruitment of specialist counsellors who were able to deliver face to face sessions as well as ensuring we had an appropriate level of clinical supervision and support in place for these specialist counsellors. We are delighted that we finally have that capacity in house and are able to work towards greater provision of support for children in SRASAC. We have created dedicated children and family space within the centre with toys, resources and furniture more appropriate for children. We are currently seeking funding to extend this work to include support for siblings and the wider family.

Financial review

Our total income for the financial year was £687,694 (2023:694,616). 98% of our income comes from grants for governmental and non- governmental bodies as shown in note 2 to the financial statements with additional donations from individuals and bank interest representing the remaining income. Total expenditure of £761,068 (2023:£653,841) resulting in a net movement in funds was a deficit of £73,374 (2023: surplus of £40,775) . Our restricted funds increased by £872 from £nil at the beginning of the year to £872 at the year-end. Overall, our unrestricted funds decreased by £74,246 from £497,407 at the beginning of year to £423,161 at the year-end.

Any excess cash funds are placed on deposit in interest bearing accounts to generate additional income for the charity, in line with the charity view on risk.

Current forecasts show that SRASAC has £702,063 of secured income for 2024/25 with expected expenditure of £794,226 leaving a shortfall of £92,164. This is not a dissimilar position to one we faced in previous years, so during 2024/25 we will be making further bids for funding to ensure that we can continue to provide our services.

The main factor affecting the financial position in the coming years is that a significant amount of our funding continues to be for a relatively short period of time between 2-3 years. The major contracts with the Ministry of Justice and the South Yorkshire Sexual Violence Partnership which account for £597,563 of expected income for 2024/25 are due to end on 31 March 2025. This applies to all providers of counselling services for rape and sexual violence victims within the UK. Discussions regarding its renewal and/or extension of the existing contract are ongoing and we are confident that we are in an excellent position to be successful. The organisation is currently in a strong financial position and will be testing its financial stability over the coming months.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

Reserves policy

The trustees' current reserves policy states that the equivalent of between 3 and 6 month's planned expenditure should be kept in reserve to ensure that the charity could continue to work through a period of unforeseen difficulty. The trustees assess the reserves policy on an annual basis.

Planned expenditure for 2024/25 is 794,226 with three to six month's expenditure being in the range £198,556 to £397,112. Free reserves at 31 March 2024 were £367,820 (unrestricted funds excluding fixed assets) which is within the target range.

Conclusions

We remain cautiously optimistic about our ability to attract the funding required beyond 2025 and following a review in June we intend to build up the amount we keep in reserves over the next two years. The Board believe that holding an increased level of reserves beyond 6 months planned expenditure is a prudent response to the challenges we will be facing over the next few years.

We fully recognise that we will not be immune to the financial challenges the whole country is facing at this point in time as a result of the fallout from the covid pandemic, the war in Ukraine, the cost of living crisis and looming austerity measures and so we believe that increasing the level of reserves we hold is a prudent response to this challenge at least for the next few years.

SRASAC is very grateful to all our funders who have enabled us to maintain and enhance our services and provide contact and support for over a thousand clients. A significant amount of our funding continues to be for a relatively short period of time between 2-3 years. This can make future planning for sustainability difficult in a challenging economic climate.

Our greatest challenge continues to be ensuring high quality responsive provision for the needs of survivors in Sheffield. Referrals across all services have risen year on year as well as ISVA clients experiencing a much longer wait for progress and completing within the criminal justice system. In the coming year we will work to build the capacity of our Counselling Service to meet the needs of all survivors.

Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing a Trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2024

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Small company provisions:

This report has been prepared in accordance with the special provisions relating to small companies' subject to the small companies' regime within Part 15 of the Companies Act 2006.

Approved by the board on 19/11/2024 and signed on its behalf by:



Name: KATHARINE THOMPSON

Position: TREASURER / TRUSTEE

Independent Examiner's report to the Trustees of Sheffield Rape and Sexual Abuse Centre ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:


Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Date:

28 November 2024

Sheffield Rape and Sexual Abuse Centre
Statement of financial activities (incorporating the income and expenditure account)
for the year ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total £	Unrestricted funds £	Restricted funds £	2023 Total £
Income from:							
Donations		11,021	872	11,893	6,223	-	6,223
Charitable activities	2	519,969	150,933	670,902	503,067	182,986	686,053
Investments - bank interest		4,899	-	4,899	2,340	-	2,340
Total income		535,889	151,805	687,694	511,630	182,986	694,616
Expenditure on:							
Charitable activities	3	610,135	150,933	761,068	451,656	202,185	653,841
Total expenditure		610,135	150,933	761,068	451,656	202,185	653,841
Net income/(expenditure)		(74,246)	872	(73,374)	59,974	(19,199)	40,775
Transfer between funds	10	-	-	-	1,483	(1,483)	-
Net movement in funds		(74,246)	872	(73,374)	61,457	(20,682)	40,775
Reconciliation of funds:							
Total funds brought forward		497,407	-	497,407	435,950	20,682	456,632
Total funds carried forward		423,161	872	424,033	497,407	-	497,407

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

Sheffield Rape and Sexual Abuse Centre
Balance Sheet
As at 31 March 2024

	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	7	55,341	13,131
Total fixed assets		<u>55,341</u>	<u>13,131</u>
Current assets			
Debtors	8	42,795	150,116
Cash at bank and in hand		362,554	356,572
Total current assets		<u>405,349</u>	<u>506,688</u>
Creditors: amounts falling due within one year	9	(36,657)	(22,412)
Net current assets		<u>368,692</u>	<u>484,276</u>
Total assets less current liabilities		424,033	497,407
Creditors: amounts falling due after one year		-	-
Total net assets		<u><u>424,033</u></u>	<u><u>497,407</u></u>
Represented By			
FUNDS			
Unrestricted income fund		423,161	497,407
Restricted income funds	10	872	-
Total charity funds	11	<u><u>424,033</u></u>	<u><u>497,407</u></u>

For the year ending 31 March 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 19/11/2024 and signed on its behalf by:



Name: KATHARINE THOMPSON

Position: TREASURER / TRUSTEE .

Sheffield Rape and Sexual Abuse Centre (SRSAC)
Statement of cash flows
for the year ended 31 March 2024

	2024	2023
	£	£
Reconciliation of net expenditure to net cash flow from operating activities		
Net income/(expenditure) for the year (as per the SOFA)	(73,374)	40,775
Adjustments for:		
(Increase)/decrease in debtors	107,321	(56,518)
Increase/(decrease) in creditors	14,245	8,640
Investment income	(4,899)	(2,340)
Depreciation	7,029	4,522
Net cash provided by/(used in) operating activities	50,322	(4,921)
Cash flows from investing activities		
Investment income	4,899	2,340
Purchase of fixed assets	(49,239)	(5,154)
Net cash (used in)/provided by investing activities	(44,340)	(2,814)
Change in cash and cash equivalents	5,982	(7,735)
Cash and cash equivalents at the beginning of the year	356,572	364,307
Cash and cash equivalents at the end of the year	362,554	356,572

1 Accounting Policies

(a) Basis of preparation

Sheffield Rape and Sexual Abuse Centre is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Donations are recognised as income on receipt in the year it becomes due.

Income from local government and other grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Investment income is included when receivable.

(c) Expenditure and liabilities

Expenditure is recognised where there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross of irrecoverable VAT.

The trustees consider that the charity has only one charitable activity.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administration costs, finance, personnel, payroll and governance costs. It is not deemed beneficial to separately disclose support costs as there is only one charitable activity and immaterial fundraising costs.

(d) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Any assets purchased below £500 are written off at the time of purchase. Depreciation is provided at rates calculated to write off cost of those assets, less their residual value, over their expected useful lives on the following basis:

Improvements to leasehold property	Over the life of the lease
Fixtures and fittings	25%
Computer equipment	33%

(e) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

(f) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts - continued
for the year ended 31 March 2024

1 Accounting Policies - continued

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Operating lease rentals

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

(k) Taxation

As a charity, the organisation is exempt from tax on income and gains falling within the available tax exemptions to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

(l) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2024 Total £	Unrestricted Funds £	Restricted Funds £	2023 Total £
South Yorkshire Sexual Violence Partnership	300,660	38,604	339,264	340,305	-	340,305
Ministry of Justice	208,484	17,829	226,313	160,512	53,486	213,998
Sheffield City Council	-	58,500	58,500	-	73,500	73,500
South Yorkshire Police and Crime Commissioner	-	36,000	36,000	-	56,000	56,000
Lloyds Bank Foundation	-	-	-	2,250	-	2,250
Student placement fees	10,192	-	10,192	-	-	-
Other training	633	-	633	-	-	-
	519,969	150,933	670,902	503,067	182,986	686,053

3 Expenditure on charitable activities

	Note	Unrestricted Funds £	Restricted Funds £	2024 Total £	Unrestricted Funds £	Restricted Funds £	2023 Total £
Staff costs	4	442,917	71,453	514,370	335,421	108,389	443,810
Staff supervision		6,500	-	6,500	3,155	2,170	5,325
Staff training and wellbeing		6,711	-	6,711	3,735	1,140	4,875
Staff travel, working from home allowance and expenses		3,790	-	3,790	2,791	260	3,051
Staff support costs		833	-	833	1,967	-	1,967
Volunteer expenses and supervision		715	-	715	-	200	200
Bank counselling		29,407	45,473	74,880	25,975	36,931	62,906
Other counselling costs (including group costs, MAMS fees and therapeutic costs)		5,666	34,007	39,673	9,669	31,796	41,465
Rent (including service charges, phone data and rates)		73,504	-	73,504	40,515	14,027	54,542
Support costs							
Accountancy and payroll fees	5	4,959	-	4,959	4,869	-	4,869
Advertising and marketing		792	-	792	1,000	768	1,768
IT, Communications and equipment		19,100	-	19,100	9,623	3,973	13,596
Insurance		2,403	-	2,403	2,000	427	2,427
Printing, postage and stationery		1,788	-	1,788	-	843	843
Subscriptions and memberships		3,167	-	3,167	4,651	1,261	5,912
Other expenses		854	-	854	1,763	-	1,763
Depreciation		7,029	-	7,029	4,522	-	4,522
		610,135	150,933	761,068	451,656	202,185	653,841

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts - continued
for the year ended 31 March 2024

4 Staff costs

	2024 £	2023 £
Salaries	444,990	383,646
Employer's NI	39,479	35,781
Employer's allowance	(5,000)	(5,000)
Employer's pension contributions	34,901	29,383
	<u>514,370</u>	<u>443,810</u>

No employee received emoluments of more than £60,000 in either year. The average number of employees during the year was 19 (2023: 15).

5 Independent examination and fees payable to the independent examiner's organisation

	2024 £	2023 £
Accountancy fees and payroll includes:		
Independent examination fee	<u>2,880</u>	<u>2,880</u>

There were no other fees payable to the independent examiner's organisation during the year.

6 Trustees and key management remuneration, benefits and expenses

The trustees were not paid or received any other benefits from employment with the charity in the year (2023: £nil). One trustee was reimbursed none for travel expenses in the year (2023: £167). No charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

Key management comprises the trustees, Chief Executive Officer and the senior team (Services Manager and Business Manager). Total key management personnel remuneration benefits in the year was £113,162 (2023: part year of the full team £84,392).

7 Tangible fixed assets

	Improvements to Leasehold property	Fixture and Fittings £	Computer equipment £	Total £
Cost				
As at 1 April 2023	-	4,862	21,000	25,862
Additions	<u>48,261</u>	<u>-</u>	<u>978</u>	<u>49,239</u>
As at 31 March 2024	<u>48,261</u>	<u>4,862</u>	<u>21,978</u>	<u>75,101</u>
Depreciation				
As at 1 April 2023	-	3,974	8,757	12,731
Charge this period	<u>1,451</u>	<u>474</u>	<u>5,104</u>	<u>7,029</u>
As at 31 March 2024	<u>1,451</u>	<u>4,448</u>	<u>13,861</u>	<u>19,760</u>
Net book value				
As at 31 March 2024	<u>46,810</u>	<u>414</u>	<u>8,117</u>	<u>55,341</u>
As at 31 March 2023	<u>-</u>	<u>888</u>	<u>12,243</u>	<u>13,131</u>

8 Debtors

	2024 £	2023 £
Trade debtors	34,672	140,791
Prepayments	8,123	9,325
	<u>42,795</u>	<u>150,116</u>

9 Creditors: amounts falling due within one year

	Note	2024 £	2023 £
Trade creditors		30,528	16,383
Other creditors		6,129	6,029
		<u>36,657</u>	<u>22,412</u>

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts - continued
for the year ended 31 March 2024

10 Restricted funds

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Ministry of Justice: male rape funding	-	17,829	(17,829)	-	-
Sheffield City Council	-	58,500	(58,500)	-	-
South Yorkshire Police and Crime Commissioner: Victim Services Grant	-	36,000	(36,000)	-	-
South Yorkshire Sexual Violence Partnership	-	38,604	(38,604)	-	-
Co-op Local Community Fund: Children's trauma counselling	-	872	-	-	872
	-	151,805	(150,933)	-	872

Prior year comparison

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Ministry of Justice: male rape funding	-	53,486	(53,486)	-	-
Sheffield City Council	20,682	73,500	(92,699)	(1,483)	-
South Yorkshire Police and Crime Commissioner: Victim Services Grant	-	36,000	(36,000)	-	-
South Yorkshire Police and Crime Commissioner: VRU VAWG	-	20,000	(20,000)	-	-
	20,682	182,986	(202,185)	(1,483)	-

11 Split of net assets by fund

	Unrestricted Funds £	Restricted Funds £	2024 Total £	Unrestricted Funds £	Restricted Funds £	2023 Total £
Tangible fixed assets	55,341	-	55,341	13,131	-	13,131
Current assets	404,477	872	405,349	506,688	-	506,688
Current liabilities	(36,657)	-	(36,657)	(22,412)	-	(22,412)
	423,161	872	424,033	497,407	-	497,407

12 Operating lease commitments

At 31 March 2024 the charity was committed to making the following payments under other operating leases as follows:

	2024 £	2023 £
Payable within 1 year	24,368	23,570
	24,368	23,570

13 Related party transactions

Two of the trustees of the charity were also trustees of the South Yorkshire Sexual Violence Partnership during the year, which has provided funding of £339,264 during the year (2023: £340,305). This partnership exists to distribute funding between Sheffield, Barnsley, Doncaster and Rotherham, and each area's organisation has 2 members on the board. There was no balance outstanding at the year end.

There were no other related party transactions, other than those detailed in note 6.

Accounts

Company registration number: 07970294

Charity registration number: 1146544

Sheffield Rape and Sexual Abuse Centre

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2023

Sheffield Rape and Sexual Abuse Centre
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Sheffield Rape and Sexual Abuse Centre
Legal and administrative information
For the year ended 31 March 2023

Directors/Trustees

Ruth Kennedy	Chair	
Katharine Thompson	Treasurer	
Marie Tindall	Secretary	
Anne Tatlow		
Lauren Penhaligon		Resigned 30 May 2022
Jen Marsden-Lambert		Appointed 6 June 2022
Elizabeth Wilson		Appointed 6 June 2022

Key management

Meera Kulkarni	Chief Executive Officer
Angela Toulson	Business Manager
Laura Smith	Services Manager

Registered Charity Number

1146544

Registered Company Number

07970294

Registered Office

Scotia Works
Leadmill Road
Sheffield
S1 4SE

Independent Examiner (and accountants)

Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4TA

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report)
For the year ended 31 March 2023

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2023 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, governance and management

The charity was incorporated as a company limited by guarantee on 29 February 2012 and is governed by its Memorandum and Articles of Association which were amended on 23 June 2016.

The charity changed its name from Sheffield Rape and Sexual Abuse Centre (SRSAC) to Sheffield Rape and Sexual Abuse Centre, with Companies House on 21 July 2021.

Overall management of the charity is the responsibility of the directors who are elected and co-opted under the terms of the constitution. Day to day management is delegated to the Chief Executive Officer who manages the staff and volunteers.

Objectives and activities

The object of the charity is to relieve the psychological distress of persons who have been sexually abused or raped by any person(s) in the City of Sheffield and the surrounding area by providing high quality, professional, responsive specialist support services to anyone affected by sexual abuse or sexual violence at any time in their life within Sheffield.

The charity offers:

- Free face to face counselling sessions for any survivor.
- Specialist support groups for survivors
- Information and Support Telephone Service.
- Independent Sexual Violence Advisor (ISVA) service for anyone of any age who has experienced rape or sexual abuse at any time in their lives.

SRASAC does not make grants and therefore does not have a policy on grant making.

SRASAC is not involved in social investment and therefore does not have a policy on social investment.

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

Achievements and performance 2022/23

Towards the start of the 2022/23 financial year, with the main challenges of the covid pandemic largely behind us, the Board of Trustees began to look forward to developing our future plans for 2022-2025. The plan which was finalised in May 2022 was the outcome of a whole organisation process that involved staff, volunteers and trustees which was facilitated by an independent consultancy and funded by The Lloyds Bank Foundation. Our plan focuses on consolidating our important work and setting out how we would like to develop our role and extend our services to meet changing needs/local circumstances. We agreed to move forward with:

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For the year ended 31 March 2023

- The development of a specialist counselling service for children and young people who have experienced sexual abuse and violence. This service will support all children with no lower age limit to match the service for children provided by our ISVA team. This will be the only service of its kind available in Sheffield and will include parent/carer support to build the resilience of children and their families to recover from their experiences of abuse in the longer term.
- The development of a new community engagement project which would build on and extend the links and relationships we currently have. The project would be targeted at groups and communities who may have struggled to access services.
- A continued focus on identifying ways to improve access to our services.

Throughout 2022/23 the SRASAC team has been focused on the successful implementation of these important plans and changes to the staffing structure were identified to provide increased organisational capacity to enable us to deliver on these developments and other existing challenges.

The Trustees would like to express their admiration and gratitude to Meera Kulkarni CEO and her senior team; Laura Smith: Services Manager; Angela Toulson: Business Development Manager and the Senior Counsellors and of course all our staff and counsellors for their continuing commitment to SRASAC and the clients we serve. As always, we pay tribute to our clients for their strength and fortitude and for placing their trust in us to accompany them on their journey to recovery.

Our experience this year has taught us many things including the resilience of our staff and counsellors and the commitment of all of the team to continually strive to improve the services we provide for survivors of sexual violence. SRASAC recognises that one of our greatest strengths is the dedication of board, staff and counsellors to work together for the benefit of our clients.

Independent Sexual Violence Advisor Service

Sheffield Rape and Sexual Abuse Centre's (SRASAC) Independent Sexual Violence Advisor (ISVA) service provides specialist practical and emotional support to survivors of rape and sexual violence. We support all ages and are gender inclusive. Our team is made up of both child and adult ISVAs.

The service is independent and confidential and provides support to cope with the impact of sexual violence irrespective of whether this is reported to the police. If our clients choose to report to the police the ISVA will support them to liaise with the police and understand the criminal justice process.

SRASAC was successful in its bid for funding from the office of the South Yorkshire Police and Crime Commissioner (SY PCC) for a new dedicated Minoritised Ethnic ISVA post and we were delighted to welcome Delia Kenley who has recently joined the team in this post.

We accept self or agency referrals and make contact within 48 hours; we complete a risk and needs assessment and a support plan to ensure the most effective support is provided. Our ISVA service became part of the South Yorkshire Sexual Violence Partnership (SYSVP) which was established in 2017 to deliver the contract from the South Yorkshire Police and Crime Commissioner to provide ISVA services across South Yorkshire. The SYSVP Board of Trustees consists of two Trustee members from each of the four organisations in South Yorkshire providing ISVA services, including two trustees from SRASAC.

We were delighted that In February 2022 it was announced that the SYSVP had won the tender to provide ISVA services in South Yorkshire for another 5 years and in April 2022, SRASAC took over the management of the South Yorkshire ISVA contract. As part of our planned changes to our staffing structure to provide greater senior management capacity within SRASAC we established the post of Business Manager which includes the role of contract manager for the SY ISVA contract to support the data collection, monitoring and reporting associated with the contract across all four organisations in South Yorkshire currently providing ISVA services. We were delighted to welcome Angela Toulson to this position in October 2022.

We are very appreciative of the funding we receive from SY PCC as well as the on-going support we receive from the office of the PCC.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

Counselling Service

SRASAC offers short-to-medium term specialist sexual violence counselling for anyone, regardless of their gender identity (aged 13 and above), who has experienced sexual abuse or sexual violence at any time in their lives. We provide a safe, respectful and non-judgemental space for survivors to begin the process of recovery. Counselling with SRASAC allows an opportunity to be listened to and accepted, to be able to talk about past experiences and how they continue to impact on survivors throughout their lives.

SRASAC continues to offer more choice for clients to access counselling by offering our sessions either remotely via on-line video call or telephone, or face to face in our Centre. Our new 'blended service' developed during lockdown in 2020, has been embraced by clients and counsellors alike, offering increased flexibility and a more individualised, client centred approach.

Counsellors at SRASAC work from a trauma informed perspective and focus on building positive and effective therapeutic relationships, an important part of the counselling process and recovery from trauma. They have knowledge and understanding of the many effects of sexual violence and are able to support clients to become more able to manage their feelings and become more confident to carry on with life without being overwhelmed or controlled by the abuse they have suffered. We encourage clients to make their own choices and make changes in their lives if that is what they want. All of our Counsellors are professionally fully qualified and members of a professional counselling body, for example The British Association of Counsellors and Psychotherapists (BACP). Our counsellors come from a range of therapeutic backgrounds and work within their own modalities, which includes a client-centred/relational approach based around empowerment of the individual.

The clients who refer into the counselling service range widely in terms of age, sexual violence history, needs and requirements. Sheffield has a diverse population alongside a large student population. Survivors can contact our service sometimes within days of an assault, through to several years and even decades.

We have recently had a number of clients contacting our service who are in their 70s and even 80s - who suffered abuse in childhood. It can take a very long time for survivors to find the courage to reach out for support and break the silence of their abuse. Common themes that permeate throughout the people we support, are that of self-blame and shame; survivors often feel 'responsible' for what happened to them, for not being able to protect themselves and place blame on themselves, developing damaging coping strategies, i.e. drug or alcohol addictions, eating disorders etc., which continue to be disruptive and cause chaos for them throughout their lives. In addition to individual counselling we are working to extend the range of group counselling options for clients including a mixed gender client post counselling group following the success of the mixed gender group in 2020.

A new model of managing our counselling service was introduced in 2022 and has proved very successful. We now have three senior counsellors, each focusing on specific aspects of the service ie counselling supervision, group work, and client assessment/ waiting list management.

Jen Ayling, one of the Senior Counsellors is providing in house training for counsellors and the full staff team on the implications for SRASAC of the new CPS guidelines on pre-trial therapy.

Data for Improvement

We use a secure bespoke online data management system, CRMS, to input client information at various points as they move through our service. The data below is all from the year 01/04/2022 and 31/03/2023. We would like to pay tribute to Michelle Webster who undertook the role of Office Manager including management of the data system. Michelle resigned from SRASAC on 5th May after nearly 8 years' service. She left with our very best wishes for the future.

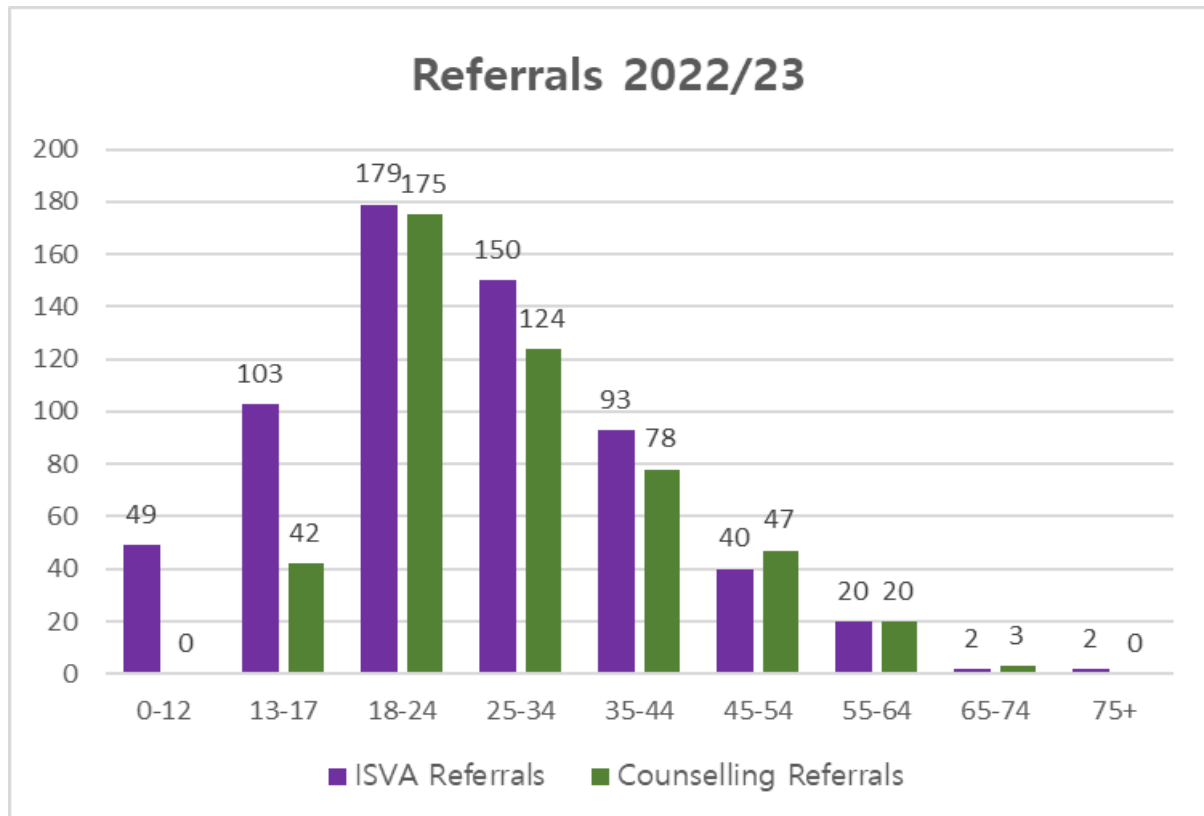
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As part of our staffing re-focus to enhance the corporate functions of SRASAC, the post of Office Manager was moved to Data and Impact Officer and we were delighted to appoint Rose Franchi to this position in June 2023.

Client Data

The ISVA service received 638 new referrals.
The Counselling service received 489 new referrals.

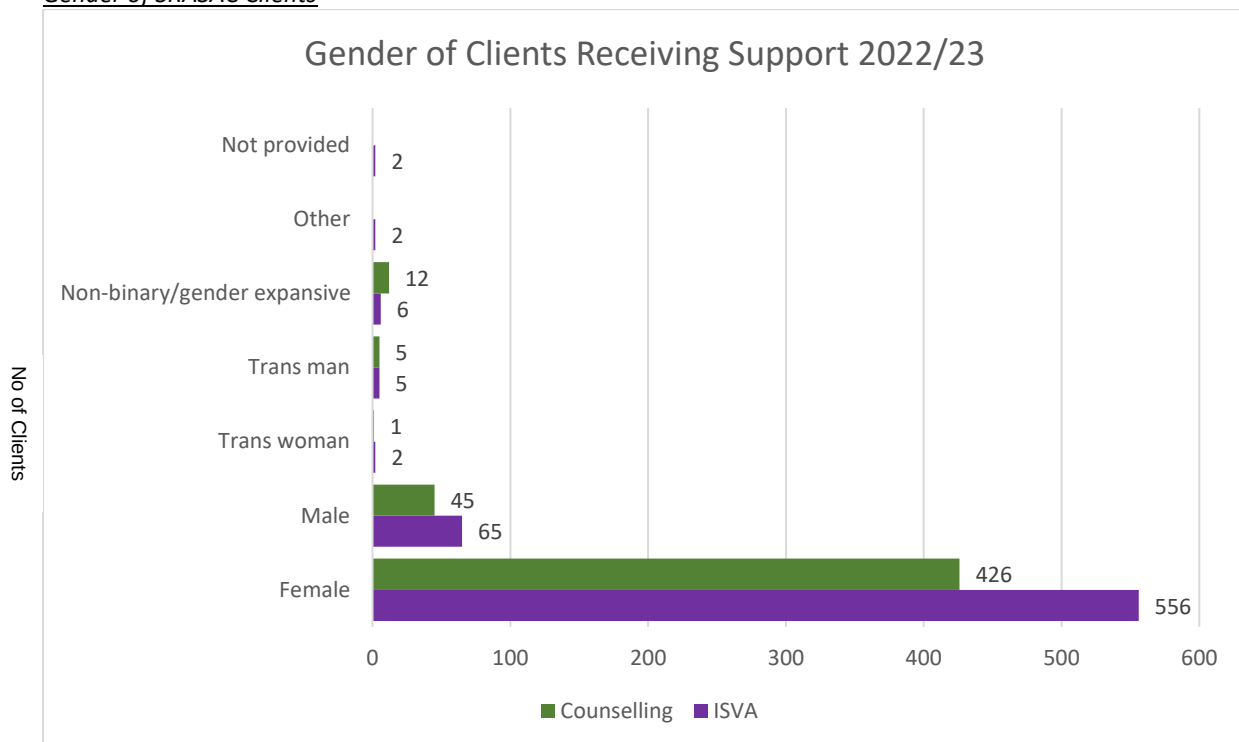
Age of SRASAC Clients



The chart above demonstrates that clients aged between 18 and 24 make up the largest client group. However, the ISVA service received 152 referrals for clients under 18 years of age, which represents 23% of their total client caseload.

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For the year ended 31 March 2023

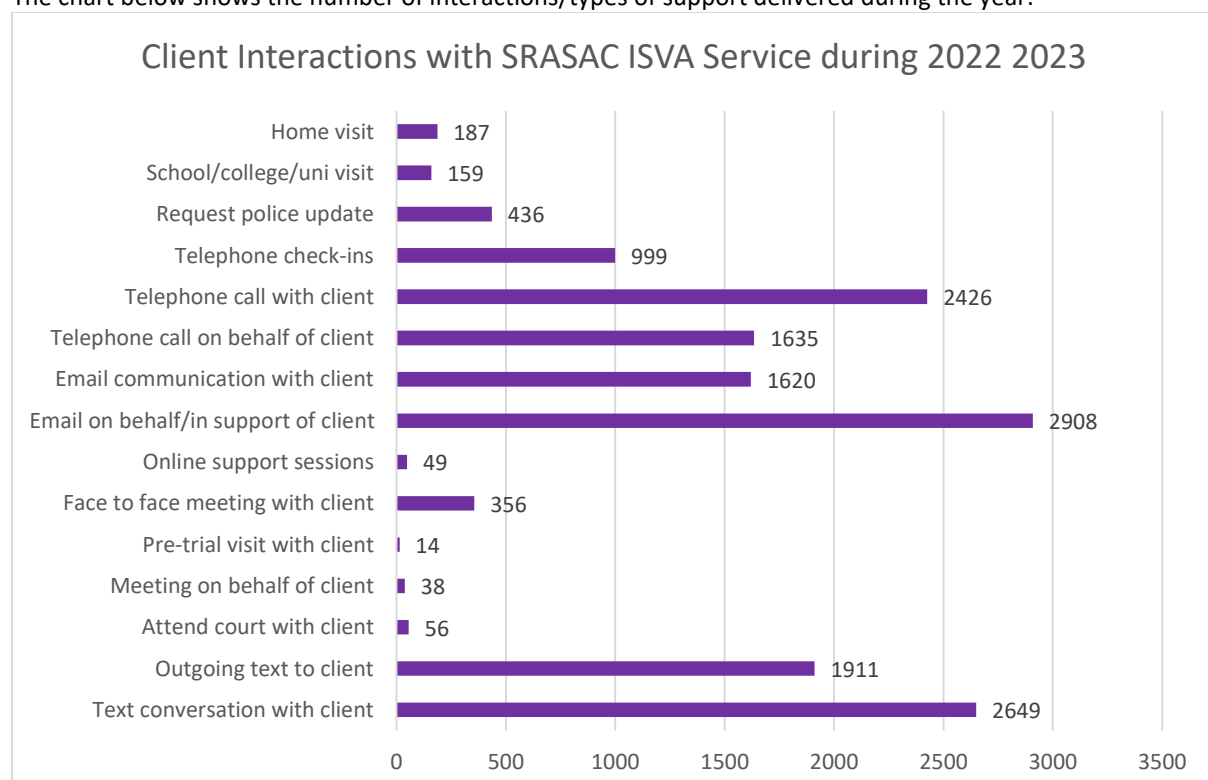
Gender of SRASAC Clients



Client Support – ISVA Service

During the year, the ISVAs supported a total of 530 clients. These clients received support ranging from advice relating to their options around reporting to the Police to support throughout the Criminal Justice System (CJS) including support at trial.

The chart below shows the number of interactions/types of support delivered during the year:

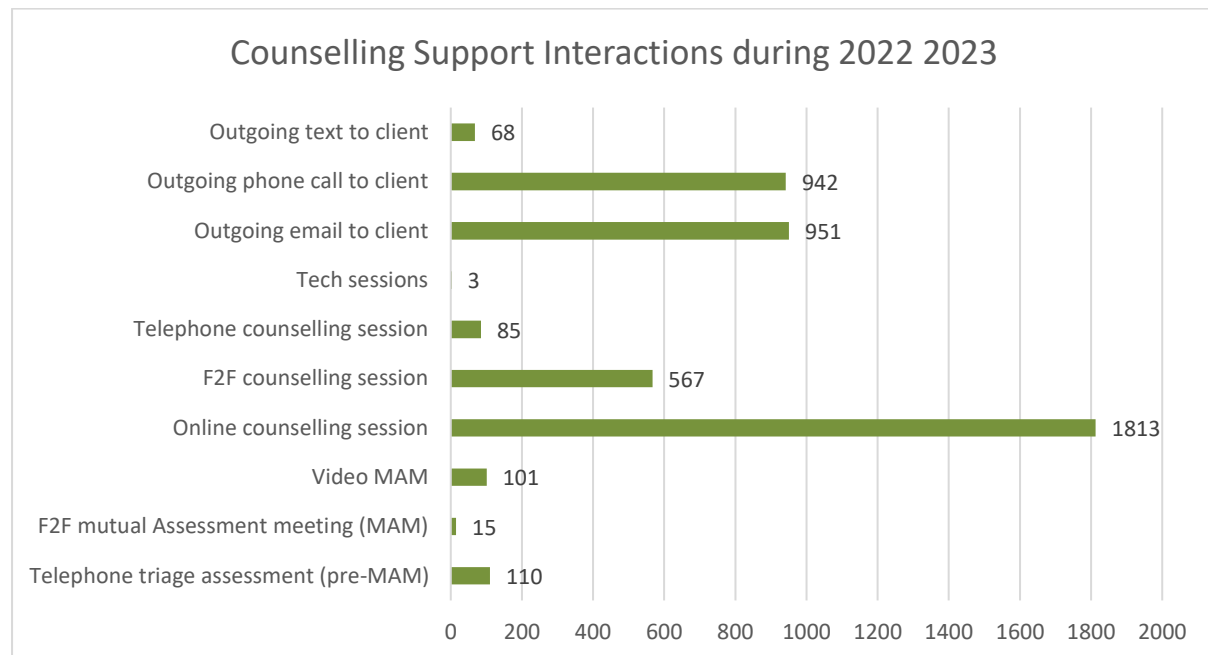


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For the year ended 31 March 2023

Client Support – Counselling Service

During the year the Counselling service supported a total of 490 clients. This support ranged from Triage calls and telephone support, through to Counselling Sessions delivered by telephone, online and face to face.

The chart below shows the number of interactions/types of support delivered during the year.



SRASAC had 2 volunteer fully qualified counsellors during 2022/23 and recognises their valuable contribution to the work of the counselling service.

Outcomes

Being able to demonstrate public benefit and how our services help and support those who have experienced sexual violence is key to our work at SRASAC. For services such as ours 'hard' outcomes and how to measure for them is often difficult but we consider data relating to client experience to be our 'hard' outcomes.

We are constantly looking at collecting and analysing data to improve the services we provide. We routinely collect 11 client focused measures and look at the improvement scores. For 2022/23 these include:

- I have felt better able to cope when things go wrong – average 50% improvement for each client
- I have felt positive about my future – average 65% improvement for each client
- I have hurt myself physically or taken dangerous risks with my health -average 68% improvement for each client

Evaluation forms are completed by the client when they exit the service. The key indicator question is "Do you think Counselling with SRASAC has helped you". 85% of clients who had completed an evaluation form answered the question with "Yes, a lot" and the remaining 15% answered "Yes, in some ways".

Sheffield Rape and Sexual Abuse Centre
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For the year ended 31 March 2023

Also, some recent client quotes taken from evaluation forms.

Counselling Feedback:

"I am very isolated & having someone to talk to has made all the difference. Whilst I have been accessing support, I have suffered with both depression & anxiety. Being able to share this has made all the difference to me. The specialist support provided by SRASAC is also important. Too often people don't understand or can be very judgmental so access to therapy provided by people with specialist knowledge & skills is vitally important."

"Counselling has helped me be more compassionate towards myself, make healthy decisions for myself and improve my overall well-being and life. I did a lot of healing work alone but met a hurdle I wasn't quite sure on how to overcome. I've found it incredibly helpful to have someone to talk to who understands me and psychology to help me understand how my trauma impacts the way I think and behave and helped me to realise these are things I have autonomy over."

"SRASAC had previously provided support to me while the Police were conducting their investigation. At this time SRASAC were the only support I had & I would not have managed without them. I was struggling without support after the investigation ended & am so grateful to SRASAC for providing this, particularly the specialist support they offer."

ISVA Feedback:

"In all honesty I can't fault the SRASAC team at all. I will always be so grateful and thankful for all of the support they gave me in literally the darkest, hardest and most uncertain time of my life. Thank you so much - you are lifesavers and I don't think you realise it. Though what happened still affects me I believe that I can (and that I am now) living a normal life and SRASAC have a huge part to play in me being able to do that. Thank you again!"
"I am really grateful for [my ISVA], I was so scared of everything and the police case itself and she helped me to gain confidence and supported me like my family didn't. She helped me make sure I knew everything about anything I was going into (e.g. interview with police) and guided me to make informed decisions, supporting whatever my decision was."

"SRASAC has provided a wonderful service, the ISVA and therapy teams have been so important in my survival and recovery from childhood abuse and made it possible for me to cope with the police investigation, feeling less alone and isolated than I otherwise would have and helping me to access the benefits I need. I'm really grateful for all the nuanced help and expertise you provide."

Improving access to our services

SRASAC was successful in attracting funding from the Violence Reduction Unit for the community engagement work identified as part of our strategic plan. This project aims to identify and address the needs of women and girls within marginalised communities as a result of user involvement and with the ambition to employ a community engagement worker in the future. The scoping work for this project is ongoing.

Training on the impact of sexual assault and violence and how to deal with disclosure was delivered to over 60 participants including teachers and social workers in Sheffield by members of the SRASAC team. Also "Ask for Angela" online training for venue staff in Sheffield has started up again delivered by the SRASAC team as part of our on-going commitment to support agencies across Sheffield in raising awareness about sexual harassment and assault.

We continue to seek ways in which we can improve access to the services we provide and offer greater inclusivity. In early 2021 our whole team took part in an organisation-wide online bespoke LGBT+ awareness training event ('Call it out') delivered by 'SAYIT' (another local charity based in the same building as SRASAC) to raise awareness about LGBT+ issues and potential barriers to accessing our services as part of our work towards the local SAYIT LGBT+ inclusion Kite Mark demonstrating action for inclusivity for people from the LGBT+ community. We have continued this important work with a series of whole team Equity, Diversity and Inclusion (EDI) sessions led by Ngozi Lyn Cole during 2022/23 with the help of funding from Lloyd's Foundation Trust. As part of this work we have undertaken an EDI self-assessment and are now developing our own EDI strategy which will feed in to all aspects of organisation and the services we provide. Our CEO Meera Kulkarni continues her work with the Board of RCEW and was involved in the recruitment to RCEW's Anti-racist Lead.

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Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

This focus on inclusivity and diversity is reflected on our website and all information we provide about our services. Our website now provides more detailed information and advice for those wishing to access our services as well as those who might need help in supporting a friend or family member who has experienced sexual violence. We have also provided new 'appropriate referral' information for professionals which has been warmly received.

Our confidential Information and Support Line service, open 5 days a week continues to respond quickly and appropriately to enquiries from the general public and professionals and signposting them to other organisations for help as appropriate. This confidential service is also for counselling clients to enable staff to touch base with them on a regular basis in between initial assessment and first counselling session. A similar approach of appropriate contact is also provided by our ISVA team.

We continue to provide regular training events as part of our aim to improve awareness of our work and improving access to our services as well as developing our community outreach in challenging the attitudes and behaviours which give rise to sexual violence.

Future developments

We hope to be able to complete the scoping exercise for the new children's counselling service by the end of 2023 financial year to ensure that our planning is robust and that we have considered and addressed the whole range of risks and challenges posed by establishing this new service which will also include separate office provision within our existing accommodation.

Other developments in the near future include the inclusion of family support within the Children and Young Person ISVA role, and the provision of a wider range of group counselling options for clients.

There is a growing national recognition and appreciation of the importance of providing essential independent support for individuals who have experienced sexual violence and so we believe that the demand for our services will continue to increase over time. On 13th June 2022, SRASAC was pleased to host a visit from Dominic Raab, the Secretary of State for Justice and Victoria Atkins, Justice Minister during which a series of government reforms were announced including plans for reforming the way rape cases are investigated and the establishment of specialist courts to deal with cases of sexual violence. SRASAC's progress to date has relied upon our relationships with funders and commissioners who understand the issue of sexual violence and our approach. Securing adequate income for an organisation working on rape and sexual abuse is not easy but we have shown that we have been very successful in securing funding to deliver specific projects which has then been extended as a result of providing good monitoring data and progress reports that are able to demonstrate the impact these projects have had.

Submission of bids for funding is an ongoing process for most charities and SRASAC is no exception. The Trustees believe that we are in a strong position to take advantage of a number of sources of funding and winning the SYSVP contract is testament to the confidence placed in SRASAC and the other South Yorkshire ISVA services and the recent grant received from the MOJ from the combined Rape Support Fund and Male Rape Support Fund. Our existing 'grant agreement' with Sheffield City Council extends to March 2028 and if we were required to take part in a formal tendering process for this work we believe that we would be in a very good position to win the tender having successfully delivered on this agreement for the last few years.

Financial review

Our total income for the financial year was £694,616 compared with total expenditure of £653,841. As a result, the net movement in funds was a surplus of £40,775. Our restricted funds decreased by £20,682 from £20,682 at the beginning of the year to £nil at the year-end. Overall, our unrestricted funds increased by £61,457 from £435,950 at the beginning of year to £497,107 at the year-end.

Current forecasts show that we have £664,076 of secured income for 2024/25 leaving a shortfall of £74,729. This is not a dissimilar position to one we faced in previous years, so during 2023/24 we will be making further bids for funding to ensure that we can continue to provide our services.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2023

Reserves policy

The trustees' current reserves policy states that the equivalent of between 3 and 6 month's planned expenditure should be kept in reserve to ensure that the charity could continue to work through a period of unforeseen difficulty. The trustees assess the reserves policy on an annual basis.

Planned expenditure for 2023/24 is £738,000 with three to six month's expenditure being in the range of approximately £184,500 to £369,000. Free reserves as at 31 March 2023 were £484,276 (unrestricted funds excluding fixed assets) which is above the target range. The Board believe that holding an increased level of reserves beyond 6 months planned expenditure is a prudent response to the challenges we will be facing over the next few years.

Conclusions

We remain cautiously optimistic about our ability to attract the funding required beyond 2023 and following a review in June we intend to build up the amount we keep in reserves over the next two years. We fully recognise that we will not be immune to the financial challenges the whole country is facing at this point in time as a result of the fallout from the covid pandemic, the war in Ukraine, the cost of living crisis and looming austerity measures and so we believe that increasing the level of reserves we hold is a prudent response to this challenge at least for the next few years.

SRASAC is very grateful to all our funders who have enabled us to maintain and enhance our services and provide contact and support for over a thousand clients. A significant amount of our funding continues to be for a relatively short period of time between 2-3 years. This can make future planning for sustainability difficult in a challenging economic climate.

Our greatest challenge continues to be ensuring high quality responsive provision for the needs of survivors in Sheffield. Referrals across all services have risen year on year as well as ISVA clients experiencing a much longer wait for progress and completing within the criminal justice system. In the coming year we will work to build the capacity of our Counselling Service to meet the needs of all survivors.

Small company provisions:

This report has been prepared in accordance with the special provisions relating to small companies' subject to the small companies' regime within Part 15 of the Companies Act 2006.

Approved by the board on 19th September 2023 and signed on its behalf by:



Name: Katharine Thompson

Position: Treasurer and Trustee

Independent Examiner's report to the Trustees of Sheffield Rape and Sexual Abuse Centre ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: S Lightfoot
Sarah Lightfoot, FCA DChA
Seven Hills Accountants Limited
57 Burton Street
Sheffield
S6 2HH

Date: 21 September 2023

Sheffield Rape and Sexual Abuse Centre

Statement of financial activities (incorporating the income and expenditure account)

for the year ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total £	Unrestricted funds £	Restricted funds £	2022 Total £
Income from:							
Donations		6,223	-	6,223	14,571	-	14,571
Charitable activities	2	503,067	182,986	686,053	359,122	263,006	622,128
Investments - bank interest		2,340	-	2,340	903	-	903
Total income		511,630	182,986	694,616	374,596	263,006	637,602
Expenditure on:							
Charitable activities	3	451,656	202,185	653,841	237,413	313,126	550,539
Total expenditure		451,656	202,185	653,841	237,413	313,126	550,539
Net income/(expenditure)		59,974	(19,199)	40,775	137,183	(50,120)	87,063
Transfer between funds	10	1,483	(1,483)	-	-	-	-
Net movement in funds		61,457	(20,682)	40,775	137,183	(50,120)	87,063
Reconciliation of funds:							
Total funds brought forward		435,950	20,682	456,632	298,767	70,802	369,569
Total funds carried forward		497,407	-	497,407	435,950	20,682	456,632

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

Sheffield Rape and Sexual Abuse Centre
Balance Sheet
As at 31 March 2023

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	7	13,131	12,499
Total fixed assets		<u>13,131</u>	<u>12,499</u>
Current assets			
Debtors	8	150,116	93,598
Cash at bank and in hand		<u>356,572</u>	<u>364,307</u>
Total current assets		<u>506,688</u>	<u>457,905</u>
Creditors: amounts falling due within one year	9	(22,412)	(13,772)
Net current assets		<u>484,276</u>	<u>444,133</u>
Total assets less current liabilities		497,407	456,632
Creditors: amounts falling due after one year		-	-
Total net assets		<u><u>497,407</u></u>	<u><u>456,632</u></u>
Represented By			
FUNDS			
Unrestricted income fund		497,407	435,950
Restricted income funds	10	-	20,682
Total charity funds	11	<u><u>497,407</u></u>	<u><u>456,632</u></u>

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 19th September 2023 and signed on its behalf by:



Name: Katharine Thompson

Position: Treasurer and Trustee

Sheffield Rape and Sexual Abuse Centre (SRSAC)
Statement of cash flows
for the year ended 31 March 2023

	2023	2022
	£	£
Reconciliation of net expenditure to net cash flow from operating activities		
Net income/(expenditure) for the year (as per the SOFA)	40,775	87,063
Adjustments for:		
(Increase)/decrease in debtors	(56,518)	(70,279)
Increase/(decrease) in creditors	8,640	(3,115)
Investment income	(2,340)	(903)
Depreciation	4,522	3,798
Net cash provided by/(used in) operating activities	(4,921)	16,564
Cash flows from investing activities		
Investment income	2,340	903
Purchase of fixed assets	(5,154)	(7,452)
Net cash (used in)/provided by investing activities	(2,814)	(6,549)
Change in cash and cash equivalents	(7,735)	10,015
Cash and cash equivalents at the beginning of the year	364,307	354,292
Cash and cash equivalents at the end of the year	<u><u>356,572</u></u>	<u><u>364,307</u></u>

1 Accounting Policies

(a) Basis of preparation

Sheffield Rape and Sexual Abuse Centre is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Donations are recognised as income on receipt in the year it becomes due.

Income from local government and other grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Investment income is included when receivable.

(c) Expenditure and liabilities

Expenditure is recognised where an there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross of irrecoverable VAT.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administration costs, finance, personnel, payroll and governance costs. It is not deemed beneficial to separately disclose support costs as there is only one charitable activity and immaterial fundraising costs.

(d) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Any assets purchased below £500 are written off at the time of purchase. Depreciation is provided at rates calculated to write off cost of those assets, less their residual value, over their expected useful lives on the following basis:

Fixtures and fittings	25%
Computer equipment	33%

(e) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

(f) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts (continued)
for the year ended 31 March 2023

1 Accounting Policies (continued)

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Operating lease rentals

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2023 Total £	Unrestricted Funds £	Restricted Funds £	2022 Total £
South Yorkshire Sexual Violence Partnership	340,305	-	340,305	196,222	-	196,222
Ministry of Justice	160,512	53,486	213,998	132,900	40,718	173,618
Sheffield City Council	-	73,500	73,500	-	88,500	88,500
South Yorkshire Police and Crime Commissioner	-	56,000	56,000	-	133,788	133,788
Lloyds Bank Foundation	2,250	-	2,250	30,000	-	30,000
	503,067	182,986	686,053	359,122	263,006	622,128

3 Expenditure on charitable activities

		Unrestricted	Restricted	2023	Unrestricted	Restricted	2022
		Funds	Funds	Total	Funds	Funds	Total
Note		£	£	£	£	£	£
Staff costs	4	335,421	108,389	443,810	193,101	162,620	355,721
Staff supervision		3,155	2,170	5,325	2,835	1,375	4,210
Staff training and wellbeing		3,735	1,140	4,875	1,514	-	1,514
Staff travel, working from home allowance and expenses		2,791	260	3,051	4,389	-	4,389
Staff support costs		1,967	-	1,967	-	-	-
Volunteer expenses and supervision		-	200	200	500	-	500
Bank counselling		25,975	36,931	62,906	92	77,338	77,430
Other counselling costs (including group costs, MAMS fees and theraputic costs)		9,669	31,796	41,465	1,430	22,652	24,082
Rent (including service charges, phone data and rates)		40,515	14,027	54,542	20,618	33,400	54,018
Accountancy and payroll fees	5	4,869	-	4,869	2,423	4,008	6,431
Advertising and marketing		1,000	768	1,768	-	1,329	1,329
IT, Communications and equipment		9,623	3,973	13,596	2,232	8,349	10,581
Insurance		2,000	427	2,427	-	1,680	1,680
Printing, postage and stationery		-	843	843	1,006	350	1,356
Subscriptions and memberships		4,651	1,261	5,912	2,301	-	2,301
Other expenses		1,763	-	1,763	1,174	25	1,199
Depreciation		4,522	-	4,522	3,798	-	3,798
		451,656	202,185	653,841	237,413	313,126	550,539

4 Staff costs

	2023 £	2022 £
Salaries	383,646	308,774
Employer's NI	35,781	26,245
Employer's allowance	(5,000)	(4,000)
Employer's pension contributions	29,383	24,702
	443,810	355,721

No employee received emoluments of more than £60,000 in either year. The average number of employees during the year was 15 (2022: 13).

5 Independent examination and fees payable to the independent examiner's organisation

2023

£

Accountancy fees and payroll includes:

Independent examination fee

2,880

There were no other fees payable to the independent examiner's organisation during the year.

6 Trustees and key management remuneration, benefits and expenses

The trustees were not paid or received any other benefits from employment with the charity in the year (2022: £nil). One trustee was reimbursed £167 for travel expenses in the year (2022: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

Key management comprises the trustees, Chief Executive Officer and the senior team (Services Manager and Business Manager). Total key management personnel remuneration benefits in the year was £84,392 (2022: Chief Executive Officer only - £36,486).

7 Tangible fixed assets

	Fixture and Fittings £	Computer equipment £	Total £
Cost			
As at 1 April 2022	4,862	15,846	20,708
Additions	-	5,154	5,154
As at 31 March 2023	<u>4,862</u>	<u>21,000</u>	<u>25,862</u>
Depreciation			
As at 1 April 2022	3,500	4,709	8,209
Charge this period	474	4,048	4,522
As at 31 March 2023	<u>3,974</u>	<u>8,757</u>	<u>12,731</u>
Net book value			
As at 31 March 2023	<u>888</u>	<u>12,243</u>	<u>13,131</u>
As at 31 March 2022	<u>1,362</u>	<u>11,137</u>	<u>12,499</u>

8 Debtors

	2023 £	2022 £
Trade debtors	140,791	84,395
Prepayments	9,325	9,203
	<u>150,116</u>	<u>93,598</u>

9 Creditors: amounts falling due within one year

	Note	2023 £	2022 £
Trade creditors		16,383	7,956
Other creditors		6,029	5,816
		<u>22,412</u>	<u>13,772</u>

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts (continued)
for the year ended 31 March 2023

10 Restricted funds

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
Ministry of Justice: male rape funding	-	53,486	(53,486)	-	-
Sheffield City Council	20,682	73,500	(92,699)	(1,483)	-
South Yorkshire Police and Crime Commissioner: Victim Services Grant	-	36,000	(36,000)	-	-
South Yorkshire Police and Crime Commissioner: VRU VAWG	-	20,000	(20,000)	-	-
	20,682	182,986	(202,185)	(1,483)	-
<i>Prior year comparison</i>	<i>Balance b/fwd £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance c/fwd £</i>
<i>The Big Lottery - Reaching Communities</i>	70,436	-	(70,436)	-	-
<i>Ministry of Justice: covid funding</i>	366	-	(366)	-	-
<i>Ministry of Justice: male rape funding</i>	-	40,718	(40,718)	-	-
<i>Police Crime Commissioner: Critical support for communities</i>	-	61,644	(61,644)	-	-
<i>Police Crime Commissioner: ISVA</i>	-	72,144	(72,144)	-	-
<i>Sheffield City Council</i>	-	88,500	(67,818)	-	20,682
	70,802	263,006	(313,126)	-	20,682

11 Split of net assets by fund

	Unrestricted Funds £	Restricted Funds £	2023 Total £	Unrestricted Funds £	Restricted Funds £	2022 Total £
Tangible fixed assets	13,131	-	13,131	12,499	-	12,499
Current assets	506,688	-	506,688	437,223	20,682	457,905
Current liabilities	(22,412)	-	(22,412)	(13,772)	-	(13,772)
	497,407	-	497,407	435,950	20,682	456,632

12 Operating lease commitments

At 31 March 2023 the charity was committed to making the following payments under other operating leases as follows:

	2023 £	2022 £
Payable within 1 year	23,570	23,570
	23,570	23,570

13 Related party transactions

Two of the trustees of the charity were also trustees of the South Yorkshire Sexual Violence Partnership during the year, which has provided funding of £340,305 during the year (2022: £196,222). This partnership exists to distribute funding between Sheffield, Barnsley, Doncaster and Rotherham, and each area's organisation has 2 members on the board. There was no balance outstanding at the year end.

There were no other related party transactions, other than those detailed in note 6.

Accounts

Company registration number: 07970294
Charity registration number: 1146544

Sheffield Rape and Sexual Abuse Centre

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2022

Sheffield Rape and Sexual Abuse Centre Contents

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Sheffield Rape and Sexual Abuse Centre
Legal and administrative information
For the year ended 31 March 2022

Directors/Trustees

Ruth Kennedy	Chair	
Katharine Thompson	Treasurer	
Marie Tindall	Secretary	
Anne Tatlow		
Lauren Penhaligon		Resigned 30 May 2022
Jen Marsden-Lambert		Appointed 6 June 2022
Elizabeth Wilson		Appointed 6 June 2022

Key management

Meera Kulkarni	Chief Executive Officer
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Registered Charity Number

1146544

Registered Company Number

07970294

Registered Office

Scotia Works
Leadmill Road
Sheffield
S1 4SE

Independent Examiner

Sarah Lightfoot, FCA DChA
Employee of:
VAS Community Accountancy
The Circle
33 Rockingham Lane
Sheffield
S1 4FW

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4TA

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report)
For the year ended 31 March 2022

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2022 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, governance and management

The charity was incorporated as a company limited by guarantee on 29 February 2012 and is governed by its Memorandum and Articles of Association which were amended on 23 June 2016.

The charity changed its name from Sheffield Rape and Sexual Abuse Centre (SRSAC) to Sheffield Rape and Sexual Abuse Centre, with Companies House on 21 July 2021.

Overall management of the charity is the responsibility of the directors who are elected and co-opted under the terms of the constitution. Day to day management is delegated to the Chief Executive Officer who manages the staff and volunteers.

Objectives and activities

The object of the charity is to relieve the psychological distress of persons who have been sexually abused or raped by any person(s) in the City of Sheffield and the surrounding area.

The principal activities of the charity include:

- Free face to face counselling sessions for any survivor aged over 13 years.
- Specialist support groups for survivors
- Information and Support Telephone Service.
- Independent Sexual Violence Advisor (ISVA) service for anyone of any age who has experienced rape or sexual abuse at any time in their lives.

SRASAC does not make grants and therefore does not have a policy on grant making.

SRASAC is not involved in social investment and therefore does not have a policy on social investment.

SRASAC had 2 volunteer fully qualified counsellors during 2021 2022 and recognises their contribution to the work of the counselling service.

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

Achievements and performance 2021 2022

Throughout the Covid pandemic SRASAC staff and counsellors worked tirelessly to make our services safe and available to as many clients as possible by keeping our waiting list open and offering online counselling and ISVA support.

In July 2021 there was a relaxation of the national and local lockdowns and restrictions which meant that we were able to gradually move back into our offices and start to offer face to face counselling and ISVA support again. Following discussion and feedback we learned that for many of our clients, online counselling and ISVA support was preferable to face to face contact and as a result, we will be continuing to provide a blend of online and face to face support that was put in place during 2021.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2022

Throughout 2021/22 we have seen a definite increase in the number of referrals into our services and these are now back at pre-pandemic levels. We have also experienced an increase in the number of referrals from other agencies for those who have particularly complex mental health needs. Providing appropriate support for these clients remains an on-going challenge.

We would like to pay tribute to Dr Chris Scarlett, who stepped down as Chair of Trustees in February 2021 and who guided the service through the many difficulties faced by SRASAC during the pandemic. Her strong leadership, courage and wisdom during this time was invaluable. Chris had served SRASAC for many years as a Trustee and latterly Chair of Trustees and we thank her for her steadfast commitment and dedication to our cause.

We would also like to express our gratitude to Lauren Penhaligon for her long-term support of SRASAC as a Trustee. Lauren's thoughtfulness and expertise as an HR specialist was invaluable in enabling our service to move forward at several critical points. We wish them both well in their new endeavours. We are pleased to welcome Jennifer Marsden-Lambert and Liz Wilson as recent appointments to the SRASAC Board of Trustees.

Independent Sexual Violence Advisor Service

Sheffield Rape and Sexual Abuse Centre's (SRASAC) Independent Sexual Violence Advisor (ISVA) service provides specialist practical and emotional support to survivors of rape and sexual violence. We support all ages and are gender inclusive. Our team is made up of both child and adult ISVAs.

The role of the ISVA is to provide practical and emotional support to survivors of rape and sexual abuse, an ISVA provides support to understand rights and provides information to allow clients to make informed decisions and have choice to enable empowerment.

The service is independent and confidential and provides support to cope with the impact of sexual violence irrespective of whether this is reported to the police. If our clients choose to report to the police the ISVA will support them to liaise with the police and understand the criminal justice process.

A needs' led plan of support is agreed, this can include both emotional and practical support for example making external referrals, signposting and liaising with specialist services.

The assigned named ISVA will provide support throughout the criminal justice journey and in court.

ISVAs can provide short term practical help if our clients have chosen not to report the abuse to the Police, our support is completely independent and confidential.

We accept self or agency referrals and make contact within 48 hours; we complete a risk and needs assessment and a support plan to ensure the most effective support is provided. Our ISVA service became part of the South Yorkshire Sexual Violence Partnership (SYSVP) which was established in 2017 to deliver the contract from the South Yorkshire Police and Crime Commissioner (PCC) to provide ISVA services across South Yorkshire.

The SYSVP Board of Trustees consists of two Trustee members from each of the four organisations in South Yorkshire providing ISVA services, including two trustees from SRASAC. We were delighted that In February 2022 it was announced that the SYSVP had won the tender to provide ISVA services in South Yorkshire for another 5 years. In April 2022, SRASAC took over the management of the South Yorkshire ISVA contract and a dedicated contract manager post has been established at SRASAC to support the monitoring, reporting and management associated with the contract across all four organisations in South Yorkshire currently providing ISVA services. We are very appreciative of the funding we receive from the PCC as well as the on-going support we receive from the office of the PCC.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2022

ISVA Team Achievements:

- SRASAC's ISVA team is now established with three new ISVAs taking our team to 5 ISVAs and 2 Children and Young Persons' ISVA, an ISVA Manager and ISVA Support Worker.
- The team completed a range of training, including Safeguarding and support for children and young adults and the ISVA Manager, and ISVAs achieved accredited qualifications awarded by Lime Culture. Our full service accreditation achieved in 2020 was maintained throughout 2021/22
- We continue to offer greater choice in the support we are able to offer clients providing phone, video call and in person support.
- We support all ages and are gender inclusive, our clients ages and when they choose to access our service vary on individual circumstances.

Counselling Service

SRASAC offers short-to-medium term specialist sexual violence counselling for anyone, regardless of their gender identity (aged 13 and above), who has experienced sexual abuse or sexual violence at any time in their lives. We provide a safe, respectful and non-judgemental space for survivors to begin the process of recovery. Counselling with SRASAC allows an opportunity to be listened to and accepted, to be able to talk about past experiences and how they continue to impact on survivors throughout their lives.

SRASAC is now offering more choice for clients to access counselling by offering our sessions either remotely via on-line video call or telephone, or face to face in our Centre. Our new 'blended service' developed during lockdown in 2020, has been embraced by clients and counsellors alike, offering increased flexibility and a more individualised, client centred approach.

Counsellors at SRASAC work from a trauma informed perspective and focus on building positive and effective therapeutic relationships, an important part of the counselling process and recovery from trauma. They have knowledge and understanding of the many effects of sexual violence and are able to support clients to become more able to manage their feelings and become more confident to carry on with life without being overwhelmed or controlled by the abuse they have suffered. We encourage clients to make their own choices and make changes in their lives if that is what they want. All of our Counsellors are professionally trained and members of a professional counselling body, for example The British Association of Counsellors and Psychotherapists (BACP). Our counsellors come from a range of therapeutic backgrounds and work within their own modalities, which includes a client-centred/relational approach based around empowerment of the individual.

The clients who refer into the counselling service range widely in terms of age, sexual violence history, needs and requirements. Sheffield has a diverse population alongside a large student population. Survivors can contact our service sometimes within days of an assault, through to several years and even decades.

We would like to express our deep gratitude to Sue McAdie who led our counselling service at SRASAC for over 10 years and who stepped down from her role as Clinical Manager in December 2021. We will always be indebted to her for establishing and leading this vital service with professionalism and great compassion.

Data for Improvement

We use a secure bespoke online data management system, CRMS, to input client information at various points as they move through our service. The data that follows is from the year 01/04/2021 and 31/03/2022.

Client Demographics

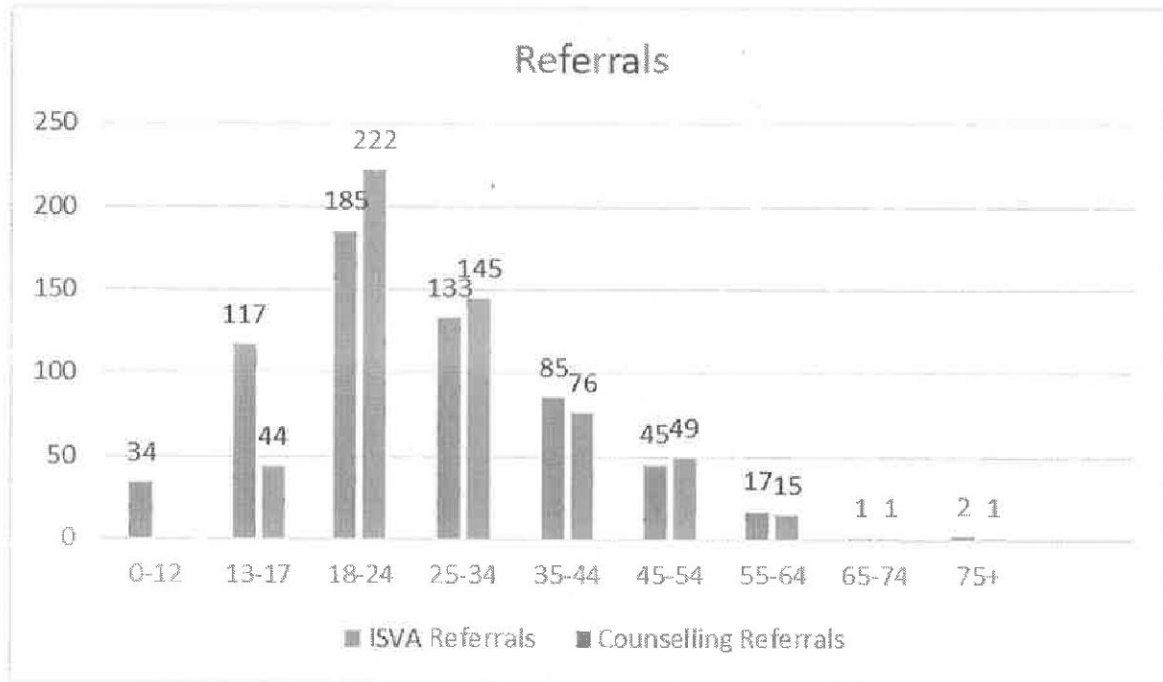
The ISVA service received 619 new referrals.

The Counselling service received 553 new referrals.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2022

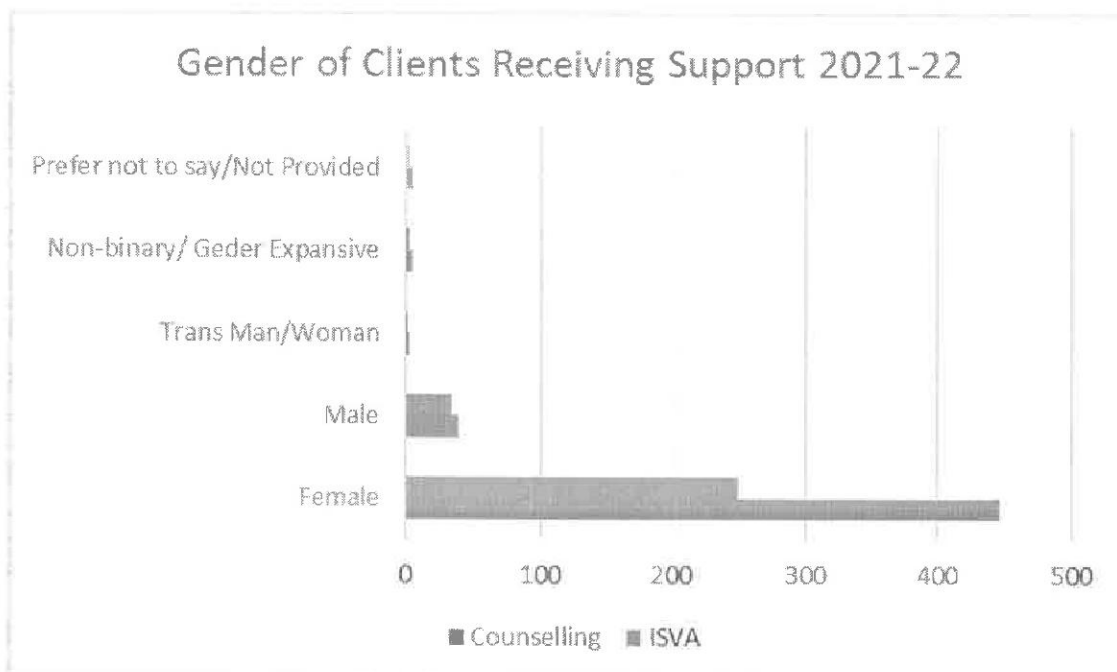
The chart below shows the referrals received into the ISVA and Counselling services between April 2021 and March 2022, split into age bands.

NB. The Counselling service does not accept referrals from survivors aged 0-12 years.



The chart above demonstrates that clients aged between 18 and 24 make up the largest client group. However, the ISVA service received 151 referrals for clients under 18 years of age, which represents 24% of their total client caseload.

Gender of all SRASAC Clients in 2021-2022

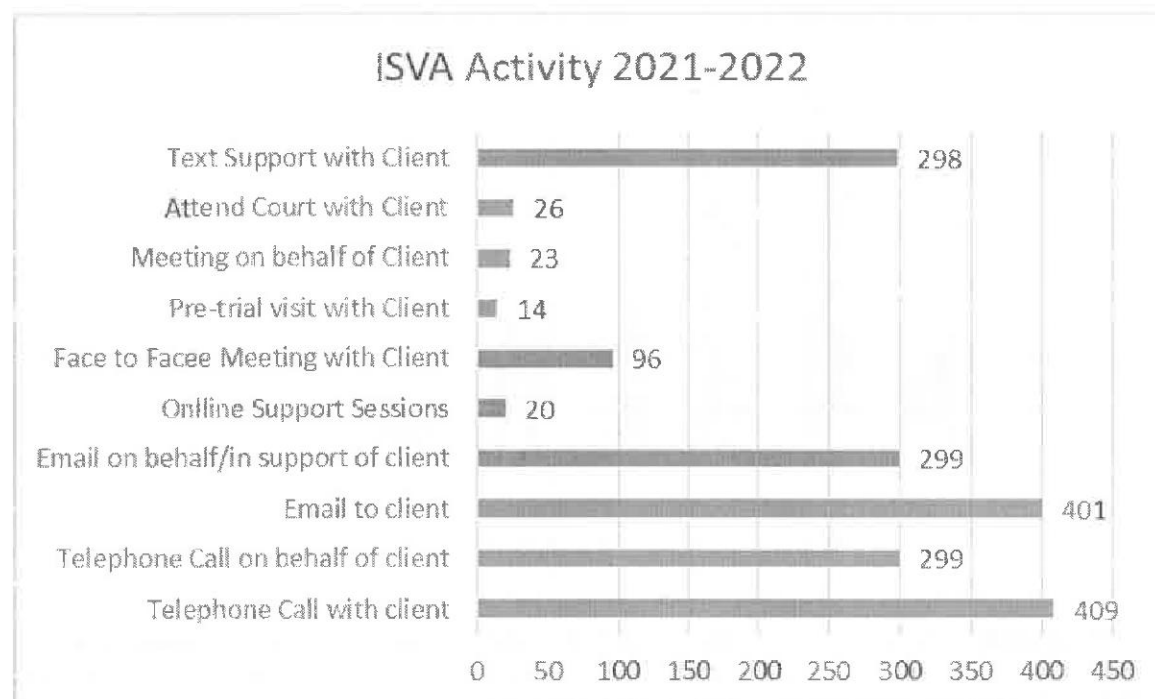


Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2022

Client Support – ISVA Service

During the year, the ISVAs supported a total of 498 clients. These clients received support ranging from advice relating to their options around reporting to the Police to support throughout the Criminal Justice System (CJS) including support at trial.

The chart below shows the number of interactions/types of support delivered during the year.



Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2022

Client Support – Counselling Service

During the year the Counselling service supported a total of 290 clients. This support ranged from Triage calls and telephone support, through to Counselling Sessions delivered by telephone, online and face to face.

The chart below shows the number of interactions/types of support delivered during the year.



Outcomes

Being able to demonstrate public benefit and how our services help and support those who have experienced sexual violence is key to our work at SRASAC. For services such as ours 'hard' outcomes and how to measure for them is often difficult but we consider data relating to client experience to be our 'hard' outcomes.

We are constantly looking at collecting and analysing data to improve the services we provide. We routinely collect 11 client focused measures and look at the improvement scores. For 2021/22 these include:

- *I have felt better able to cope when things go wrong – average 73% improvement for each client*
- *I have felt positive about my future – average 60% improvement for each client*
- *I have hurt myself physically or taken dangerous risks with my health -average 80% improvement for each client*

Evaluation forms are completed by the client when they exit the service. The key indicator question is "Do you think Counselling with SRASAC has helped you". 83% of clients who had completed an evaluation form answered the question with "Yes, a lot" and the remaining 17% answered "Yes, in some ways".

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2022

Feedback from Counselling Clients:

"I have techniques that I can use to get myself out of a dark place and deal with anxiety in a productive way. The service was so useful"

"I come from a marginalised group (LGBTQ) and I know the statistics about violence and abuse to my community. My Counsellor understood that it was not all in my head and that I was more likely to be victimised. She didn't try to dismiss my fear as irrational, just worked with me to manage how that fear was manifesting. I want to say a huge thank you to everyone at SRASAC because you have honestly saved my life. The person I am now and the person I could have been without your support are miles apart".

"I have started to love myself and become more confident. I have learnt how to be kinder to myself and properly look after myself. I have become more social as my social anxiety has declined. I have also learnt techniques to self-soothe and calm myself down. My Counsellor has been absolutely amazing and helped me with every issue I have taken to her".

Feedback from ISVA Clients:

"I think the service is amazing, [My ISVA] was honestly a Godsend, she really helped me but providing me with info so I could decide what to do, by listening to me and validating my emotions and helping me realise things like victim blaming. I wouldn't change anything really".

"My ISVA made the most horrendous time in my life more bearable and was a great support".

"Being able to talk to my ISVA and getting her support in helping me understand my rights as a survivor helped me the most. My ISVA explained the process to me, which was also a massive help to my anxieties".

Improving access to our services

We are always seeking ways in which we can improve access to the services we provide and offer greater inclusivity. We have continued this important work with a series of whole team Equality, Diversity and Inclusion (EDI) sessions led by Ngozi Lyn Cole during 2022 with the help of funding from Lloyd's Foundation Trust. We are also pleased to report that our CEO Meera Kulkarni has recently been appointed to the Board of Rape Crisis England and Wales (RCEW) and is part of RCEW's sub group focusing on Anti-Discriminatory Practice (ADP).

This focus on inclusivity and diversity is reflected on our website and all information we provide about our services. Our website now provides more detailed information and advice for those wishing to access our services as well as those who might need help in supporting a friend or family member who has experienced sexual violence. We have also provided new 'appropriate referral' information for professionals which has been warmly received.

Our confidential Information and Support Line service, open 5 days a week has proved very helpful in responding quickly and appropriately to enquiries from the general public, clients and professionals and signposting them to other organisations for help as appropriate.

We continue to provide regular training events as part of our aim to improve awareness of our work and improving access to our services as well as developing our community outreach in challenging the attitudes and behaviours which give rise to sexual violence.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2022

Future developments

Proposed future service developments include the establishment of a new children and families therapeutic support service at SRASAC operating alongside our existing Children and Young Persons' ISVA (CYP ISVA) service and the provision of a dedicated Black, Asian and Minoritised Ethnic (BAME) ISVA post.

There is a growing national recognition and appreciation of the importance of providing essential independent support for individuals who have experienced sexual violence and so we believe that the demand for our services will continue to increase over time. On 13 June 2022, SRASAC was pleased to host a visit from Dominic Raab, the Secretary of State for Justice and Victoria Atkins, Justice Minister during which a series of government reforms were announced including plans for reforming the way rape cases are investigated and the establishment of specialist courts to deal with cases of sexual violence.

Submission of bids for funding is an ongoing process for most charities and SRASAC is no exception. The Trustees believe that we are in a strong position to take advantage of a number of sources of funding and winning the SYSVP contract is testament to the confidence placed in SRASAC and the other South Yorkshire ISVA services. Our existing 'grant agreement' with Sheffield City Council extends to March 2023 and if we were required to take part in a formal tendering process for this work we believe that we would be in a very good position to win the tender having successfully delivered on this agreement for the last few years.

Financial review

Our total income for the financial year was £637,602 compared with total expenditure of £550,539. As a result, the net movement in funds was a surplus of £87,063. Our restricted funds decreased by £50,120 from £70,802 at the beginning of the year to £20,682 at the year-end. Overall, our unrestricted funds increased by £137,183 from £298,767 at the beginning of year to £435,950 at the year-end.

Reserves policy

The trustees' current reserves policy states that the equivalent of between 3 and 6 month's planned expenditure should be kept in reserve to ensure that the charity could continue to work through a period of unforeseen difficulty. The trustees assess the reserves policy on an annual basis.

Planned expenditure for 2022/23 is £657,000 with three to six month's expenditure being in the range of approximately £164,000 to £328,000. Free reserves as at 31 March 2022 were £423,451 (unrestricted funds excluding fixed assets) which is above the target range. The Board believe that increasing the level of reserves beyond 6 months planned expenditure is a prudent response to the challenges we will be facing over the next few years.

Conclusions

We remain cautiously optimistic about our ability to attract the funding required beyond 2022. We fully recognise that we will not be immune to the financial challenges the whole country is facing at this point in time as a result of the fallout from the covid pandemic, the war in Ukraine, the cost of living crisis and looming austerity measures and so we believe that having a healthy level of reserves is a prudent response to this challenge at least for the next few years.

Again, our experience this year has taught us many things including the resilience of our staff and counsellors and the commitment of all of the team to continually strive to improve the services we provide for survivors of sexual violence. SRASAC recognises that one of our greatest strengths is the dedication of board, staff and counsellors to work together for the benefit of our clients.

The Trustees would like to express their admiration and gratitude to Meera Kulkarni CEO and her senior team; Jen Ayling: Senior Counsellor; Laura Smith: ISVA Manager; Michelle Webster: Office Manager and of course all our staff and counsellors for their continuing commitment to SRASAC and the clients we serve. As always, we pay tribute to our clients for their strength and fortitude and for placing their trust in us to accompany them on their journey to recovery.

Sheffield Rape and Sexual Abuse Centre
Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2022

Small company provisions:

This report has been prepared in accordance with the special provisions relating to small companies' subject to the small companies' regime within Part 15 of the Companies Act 2006.

Approved by the board on 29/11/2022 and signed on its behalf by:

Name: Anne Tatlow ANNE TATLOW

Position: Trustee

Independent Examiner's report to the Trustees of Sheffield Rape and Sexual Abuse Centre ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Sarah Lightfoot, FCA DChA
Employee of:
VAS Community Accountancy
The Circle
33, Rockingham Lane
Sheffield
S1 4FW

Date:

5 December 2022

Sheffield Rape and Sexual Abuse Centre

**Statement of financial activities (incorporating the income and expenditure account)
for the year ended 31 March 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total £	Unrestricted funds £	Restricted funds £	2021 Total £
Income from:							
Donations		14,571	-	14,571	6,351	-	6,351
Charitable activities	2	359,122	263,006	622,128	283,983	373,659	657,642
Investments - bank interest		903	-	903	1,070	-	1,070
Total income		374,596	263,006	637,602	291,404	373,659	665,063
Expenditure on:							
Charitable activities	3	237,413	313,126	550,539	186,234	290,859	477,093
Total expenditure		237,413	313,126	550,539	186,234	290,859	477,093
Net income/(expenditure)		137,183	(50,120)	87,063	105,170	82,800	187,970
Transfer between funds	11	-	-	-	11,998	(11,998)	-
Net movement in funds		137,183	(50,120)	87,063	117,168	70,802	187,970
Reconciliation of funds:							
Total funds brought forward		298,767	70,802	369,569	181,599	-	181,599
Total funds carried forward		435,950	20,682	456,632	298,767	70,802	369,569

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

Sheffield Rape and Sexual Abuse Centre
Balance Sheet
As at 31 March 2022

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	7	12,499	8,845
Total fixed assets		<u>12,499</u>	<u>8,845</u>
Current assets			
Debtors	8	93,598	23,319
Cash at bank and in hand		<u>364,307</u>	<u>354,292</u>
Total current assets		<u>457,905</u>	<u>377,611</u>
Creditors: amounts falling due within one year	9	(13,772)	(16,887)
Net current assets		<u>444,133</u>	<u>360,724</u>
Total assets less current liabilities		456,632	369,569
Creditors: amounts falling due after one year		-	-
Total net assets		<u><u>456,632</u></u>	<u><u>369,569</u></u>
Represented By			
FUNDS			
Unrestricted income fund		435,950	298,767
Restricted income funds	11	<u>20,682</u>	<u>70,802</u>
Total charity funds	12	<u><u>456,632</u></u>	<u><u>369,569</u></u>

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 29/11/2022 and signed on its behalf by:

Name: Anne Tatlow ANNE TATLOW
Position: Trustee

Sheffield Rape and Sexual Abuse Centre (SRSAC)
Statement of cash flows
for the year ended 31 March 2022

	2022	2021
	£	£
Reconciliation of net expenditure to net cash flow from operating activities		
Net income/(expenditure) for the year (as per the SOFA)	87,063	187,970
Adjustments for:		
(Increase)/decrease in debtors	(70,279)	4,531
Increase/(decrease) in creditors	(3,115)	(58,644)
Investment income	(903)	(1,070)
Depreciation	3,798	2,075
Net cash provided by/(used in) operating activities	16,564	134,862
Cash flows from investing activities		
Investment income	903	1,070
Purchase of fixed assets	(7,452)	(9,009)
Net cash (used in)/provided by investing activities	(6,549)	(7,939)
Change in cash and cash equivalents	10,015	126,923
Cash and cash equivalents at the beginning of the year	354,292	227,369
Cash and cash equivalents at the end of the year	364,307	354,292

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts
for the year ended 31 March 2022

1 Accounting Policies

(a) Basis of preparation

Sheffield Rape and Sexual Abuse Centre is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Donations are recognised as income on receipt in the year it becomes due.

Income from local government and other grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Investment income is included when receivable.

(c) Expenditure and liabilities

Expenditure is recognised where there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross of irrecoverable VAT.

(d) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Any assets purchased below £500 are written off at the time of purchase. Depreciation is provided at rates calculated to write off cost of those assets, less their residual value, over their expected useful lives on the following basis:

Fixtures and fittings	25%
Computer equipment	33%

(e) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

(f) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts (continued)
for the year ended 31 March 2022

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Operating lease rentals

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2022 Total £	Unrestricted Funds £	Restricted Funds £	2021 Total £
South Yorkshire Sexual Violence Partnership	196,222	-	196,222	166,647	-	166,647
Ministry of Justice	132,900	40,718	173,618	97,336	78,537	175,873
Sheffield City Council	-	88,500	88,500	-	58,500	58,500
Lloyds Bank Foundation	30,000	-	30,000	20,000	-	20,000
South Yorkshire Police and Crime Commissioner	-	133,788	133,788	-	35,433	35,433
Department for Digital, Culture, Media & Sport	-	-	-	-	73,752	73,752
The Big Lottery - Reaching Communities	-	-	-	-	123,537	123,537
NHS England	-	-	-	-	3,900	3,900
	359,122	263,006	622,128	283,983	373,659	657,642

3 Expenditure on charitable activities

	Note	Unrestricted Funds £	Restricted Funds £	2022 Total £	Unrestricted Funds £	Restricted Funds £	2021 Total £
Staff costs	4	193,101	162,620	355,721	149,760	148,496	298,256
Staff supervision		2,835	1,375	4,210	1,490	1,812	3,302
Staff training and wellbeing		1,514	-	1,514	1,841	4,310	6,151
Staff travel, working from home allowance and expenses		4,389	-	4,389	2,766	1,014	3,780
Volunteer expenses and supervision		500	-	500	165	35	200
Bank counselling		92	77,338	77,430	468	70,486	70,954
MAMS fees		-	16,058	16,058	-	12,399	12,399
Group work		1,430	1,753	3,183	-	6,185	6,185
Therapeutic costs (including online resources)		-	4,841	4,841	2	4,750	4,752
Rent (including service charges, phone data and rates)		20,618	33,400	54,018	6,169	35,220	41,389
Accountancy and payroll fees	5	2,423	4,008	6,431	5,046	-	5,046
Advertising and marketing		-	1,329	1,329	1,505	-	1,505
IT, Communications and equipment		2,232	8,349	10,581	11,587	2,887	14,474
Insurance		-	1,680	1,680	1,579	-	1,579
Printing, postage and stationery		1,006	350	1,356	-	1,523	1,523
Subscriptions and memberships		2,301	-	2,301	260	742	1,002
Other expenses		1,174	25	1,199	1,521	1,000	2,521
Depreciation		3,798	-	3,798	2,075	-	2,075
		237,413	313,126	550,539	186,234	290,859	477,093

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts (continued)
for the year ended 31 March 2022

4 Staff costs

	2022 £	2021 £
Salaries	308,774	258,045
Employer's NI	26,245	21,981
Employer's allowance	(4,000)	(4,000)
Employer's pension contributions	24,702	22,230
	355,721	298,256
Average number of employees	13	11

No employee received emoluments of more than £60,000 in either year.

5 Independent examination and fees payable to the independent examiner's organisation

Accountancy fees and payroll includes:

	2022 £	2021 £
Independent examination fee	2,520	2,520
Other fees paid to independent examiner's organisation for payroll	1,472	-

There were no other fees payable to the independent examiner's organisation.

6 Trustees and key management remuneration, benefits and expenses

The trustees were not paid or received any other benefits from employment with the charity in the year (2021: £nil). No trustees were reimbursed for travel or other expenses in the year (2021: £nil). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

Key management comprises the trustees and Chief Executive Officer. Total key management personnel remuneration benefits in the year was £36,486 (2021: £33,048).

7 Tangible fixed assets

	Fixture and Fittings £	Computer equipment £	Total £
Cost			
As at 1 April 2021	4,373	8,883	13,256
Additions	489	6,963	7,452
As at 31 March 2022	4,862	15,846	20,708
Depreciation			
As at 1 April 2021	2,400	2,011	4,411
Charge this period	1,100	2,698	3,798
As at 31 March 2022	3,500	4,709	8,209
Net book value			
As at 31 March 2022	1,362	11,137	12,499
As at 31 March 2021	1,973	6,872	8,845

8 Debtors

	2022 £	2021 £
Trade debtors	84,395	15,116
Other debtors	-	4,101
Prepayments	9,203	4,102
	93,598	23,319

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts (continued)
for the year ended 31 March 2022

9 Creditors: amounts falling due within one year

	Note	2022 £	2021 £
Trade creditors		7,956	3,250
Other taxes and social security		-	11,117
Other creditors		5,816	2,520
Deferred income	10	-	-
		13,772	16,887

10 Deferred income

	2022 £	2021 £
Deferred income brought forward	-	61,769
Released in the year	-	(61,769)
Received in the year	-	-
Deferred income carried forward	-	-

11 Restricted funds

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
The Big Lottery - Reaching Communities	70,436	-	(70,436)	-	-
Ministry of Justice: covid funding	366	-	(366)	-	-
Ministry of Justice: male rape funding	-	40,718	(40,718)	-	-
Police Crime Commissioner: Critical support for communities	-	61,644	(61,644)	-	-
Police Crime Commissioner: ISVA	-	72,144	(72,144)	-	-
Sheffield City Council	-	88,500	(67,818)	-	20,682
	70,802	263,006	(313,126)	-	20,682

Prior year comparison

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
The Big Lottery - Reaching Communities	-	123,537	(53,101)	-	70,436
Ministry of Justice	-	78,537	(67,775)	(10,396)	366
Sheffield City Council	-	58,500	(58,500)	-	-
Department for Digital, Culture, Media & Sport	-	73,752	(73,752)	-	-
SYPCC - covid funding	-	35,433	(35,331)	(102)	-
NHS England	-	3,900	(2,400)	(1,500)	-
	-	373,659	(290,859)	(11,998)	70,802

12 Split of net assets by fund

	Unrestricted Funds £	Restricted Funds £	2022 Total £	Unrestricted Funds £	Restricted Funds £	2021 Total £
Tangible fixed assets	12,499	-	12,499	8,845	-	8,845
Current assets	437,223	20,682	457,905	306,809	70,802	377,611
Current liabilities	(13,772)	-	(13,772)	(16,887)	-	(16,887)
	435,950	20,682	456,632	298,767	70,802	369,569

Sheffield Rape and Sexual Abuse Centre
Notes to the Accounts (continued)
for the year ended 31 March 2022

13 Operating lease commitments

At 31 March 2022 the charity was committed to making the following payments under other operating leases as follows:

	2022	2021
	£	£
Payable within 1 year	23,570	2,391
	<u>23,570</u>	<u>2,391</u>

14 Related party transactions

Two of the trustees of the charity were also trustees of the South Yorkshire Sexual Violence Partnership during the year, which has provided funding of £196,222 during the year (2021: £166,647). This partnership exists to distribute funding between Sheffield, Barnsley, Doncaster and Rotherham, and each area's organisation has 2 members on the board. There was no balance outstanding at the year end.

There were no other related party transactions, other than those detailed in note 6.

Accounts

Company registration number: 07970294
Charity registration number: 1146544

Sheffield Rape and Sexual Abuse Centre

[Formally called Sheffield Rape and Sexual Abuse Centre (SRSAC)]

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

For the year ended 31 March 2021

Sheffield Rape and Sexual Abuse Centre

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Sheffield Rape and Sexual Abuse Centre

Legal and administrative information For the year ended 31 March 2021

Directors/Trustees

Chris Scarlett	Chair	Resigned as a trustee on 11 February 2021
Anne Tatlow		
Marie Tindall	Secretary	
Lauren Penhaligon		
Ruth Kennedy	Chair	Elected as chair on 11 February 2021
Katharine Thompson	Treasurer	

Key management

Meera Kulkarni	Chief Executive Officer
----------------	-------------------------

Registered Charity Number

1146544

Registered Company Number

07970294

Registered Address

P O Box 34
Sheffield
S1 1UD

Independent Examiner

Sarah Lightfoot, FCA DChA
On behalf of:
VAS Community Accountancy
The Circle
33 Rockingham Lane
Sheffield
S1 4FW

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4TA

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) For the year ended 31 March 2021

The trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2021 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Structure, governance and management

The charity was incorporated as a company limited by guarantee on 29 February 2012 and is governed by its Memorandum and Articles of Association which were amended on 23 June 2016.

The charity changed its name from Sheffield Rape and Sexual Abuse Centre (SRSAC) to Sheffield Rape and Sexual Abuse Centre, with Companies House on 21 July 2021.

Overall management of the charity is the responsibility of the directors who are elected and co-opted under the terms of the constitution. Day to day management is delegated to the Chief Executive Officer who manages the staff and volunteers.

Objectives and activities

The object of the charity is to relieve the psychological distress of persons who have been sexually abused or raped by any person(s) in the City of Sheffield and the surrounding area.

The principal activities of the charity include:

- Free face to face counselling sessions for any survivor aged over 13 years.
- Specialist support groups for survivors
- Information and Support Telephone Service.
- Independent Sexual Violence Advisor (ISVA) service for anyone of any age who has experienced rape or sexual abuse at any time in their lives.

Sheffield Rape and Sexual Abuse Centre (SRASAC) does not make grants and therefore does not have a policy on grant making.

SRASAC is not involved in social investment and therefore does not have a policy on social investment.

SRASAC had 3 volunteer fully qualified counsellors during 2020/2021 and recognises their contribution to the work of the counselling service.

Public benefit statement

The trustees confirm that they have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities

Achievements and performance 2020

At the start of the financial year in April 2020 we could not have foreseen the impact that the Covid pandemic would have on the services we provide at SRASAC. The UK Government's National Lockdown commenced in March 2020 and ran with some easing of restrictions up to July 2021.

Prior to the pandemic the principal activities of the charity in terms of counselling and ISVA support were undertaken primarily on a face to face basis but with the backdrop of national and local lockdowns this was no longer possible and so our main aim throughout 2020/21 was to work to provide our vital services in a completely different way.

**Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2021**

We therefore resolved to move all our services online or via the telephone. All staff and bank counsellors were required to work from home. All counselling and ISVA support for clients was provided via online video calls or telephone contact. Trustee meetings also took place virtually via "Zoom" throughout lockdown. We consider our ability as an organisation to adapt quickly to this rapidly changing and challenging environment to continue to provide our services as a major achievement in itself.

As the government Covid testing regime became more reliable over time and with the relaxation of some government restrictions the service is now slowly opening up to a small number of clients for whom it is felt that face to face contact is desirable including ISVA support of clients attending court. This is always carefully assessed and facilitated and the safety of clients and staff is as always paramount. We have been particularly grateful for additional Covid related funding from a number of sources including the Ministry of Justice and the South Yorkshire Police and Crime Commissioner which enabled us to take advantage of technology to ensure that we were able to provide a near seamless service for our clients.

By January/February 2021 we started to see a definite increase not only in the number of referrals into the service but in the complex nature of those referrals particularly in relation to the mental health needs of clients. We expect this trend to continue.

Independent Sexual Violence Advisor Service

Sheffield Rape and Sexual Abuse Centre's (SRASAC) Independent Sexual Violence Advisor (ISVA) service provides specialist practical and emotional support to survivors of rape and sexual violence. We support all ages and are gender inclusive. Our team is made up of both child and adult ISVAs.

The service is independent and confidential and provides support to cope with the impact of sexual violence irrespective of whether this is reported to the police. If our clients choose to report to the police the ISVA will support them to liaise with the police and understand the criminal justice process.

We accept self or agency referrals and make contact within 48 hours; we complete a risk and needs assessment and a support plan to ensure the most effective support is provided. Our ISVA service became part of the South Yorkshire Sexual Violence Partnership (SYSVP) which was established in 2017 to deliver the contract from the South Yorkshire Police and Crime Commissioner to provide ISVA services across South Yorkshire. The SYSVP Board of Trustees consists of two Trustee members from each of the four organisations in South Yorkshire providing ISVA services, including two trustees from SRASAC.

Role of ISVAs

The role of the ISVA is to provide practical and emotional support to survivors of rape and sexual abuse, an ISVA provides support to understand rights and provides information to allow clients to make informed decisions and have choice to enable empowerment.

A needs led plan of support is agreed, this can include both emotional and practical support for example making external referrals, signposting and liaising with specialist services.

The assigned named ISVA will provide support throughout the criminal justice journey and in court.

ISVAs can provide short term practical help if our clients have chosen not to report the abuse to the Police, our support is completely independent and confidential.

Directors' report (incorporating the Trustees' annual report) - continued
For the year ended 31 March 2021

ISVA Team Achievements:

- Successful recruitments to allow expansion of our ISVA team, with three new ISVAs now in post, taking our team to 5 ISVAs and 1 Children and Young Persons' ISVA, an ISVA Support Manager and ISVA Support Worker.
- Seamless transition to working from home during the COVID 19 pandemic enabling support continuity.
- The team completed a range of training, including Safeguarding and support for children and young adults and the ISVA Manager, and ISVAs achieved accredited qualifications awarded by Lime Culture. In December 2020 full service accreditation was received including excellent feedback
- We introduced a greater choice of support that we are able to offer clients providing phone, video call and in person support.
- We support all ages and are gender inclusive, our clients ages and when they choose to access our service vary on individual circumstances.

Counselling Service

SRASAC offers short-to-medium term specialist sexual violence counselling for anyone, regardless of their gender identity (aged 13 and above), who has experienced sexual abuse or sexual violence at any time in their lives. We provide a safe, respectful and non-judgemental space for survivors to begin the process of recovery. Counselling with SRASAC allows an opportunity to be listened to and accepted, to be able to talk about past experiences and how they continue to impact on survivors throughout their lives.

SRASAC is now offering more choice for clients to access counselling by offering our sessions either remotely via on-line video call or telephone, or face to face in our Centre. Our new 'blended service' developed during lockdown in 2020, has been embraced by clients and counsellors alike, offering increased flexibility and a more individualised, client centred approach.

Counsellors at SRASAC work from a trauma informed perspective and focus on building positive and effective therapeutic relationships, an important part of the counselling process and recovery from trauma. They have knowledge and understanding of the many effects of sexual violence and are able to support clients to become more able to manage their feelings and become more confident to carry on with life without being overwhelmed or controlled by the abuse they have suffered. We encourage clients to make their own choices and make changes in their lives if that is what they want. All of our Counsellors are professionally trained and members of a professional counselling body, for example The British Association of Counsellors and Psychotherapists (BACP). Our counsellors come from a range of therapeutic backgrounds and work within their own modalities, which includes a client-centred/relational approach based around empowerment of the individual.

The clients who refer into the counselling service range widely in terms of age, sexual violence history, needs and requirements. Sheffield has a diverse population alongside a large student population. Survivors can contact our service sometimes within days of an assault, through to several years and even decades.

We have recently had a number of clients contacting our service who are in their 70s and even 80s - who suffered abuse in childhood. It can take a very long time for survivors to find the courage to reach out for support and break the silence of their abuse. Common themes that permeate throughout the people we support, are that of self-blame and shame; survivors often feel 'responsible' for what happened to them, for not being able to protect themselves and place blame on themselves, developing damaging coping strategies, i.e. drug or alcohol addictions, eating disorders etc, which continue to be disruptive and cause chaos for them throughout their lives. In addition to individual counselling we also provide group counselling and following client feedback 2020 we introduced a new innovative mixed gender client post counselling group which has been very well received by all those included.

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021

Data for Improvement

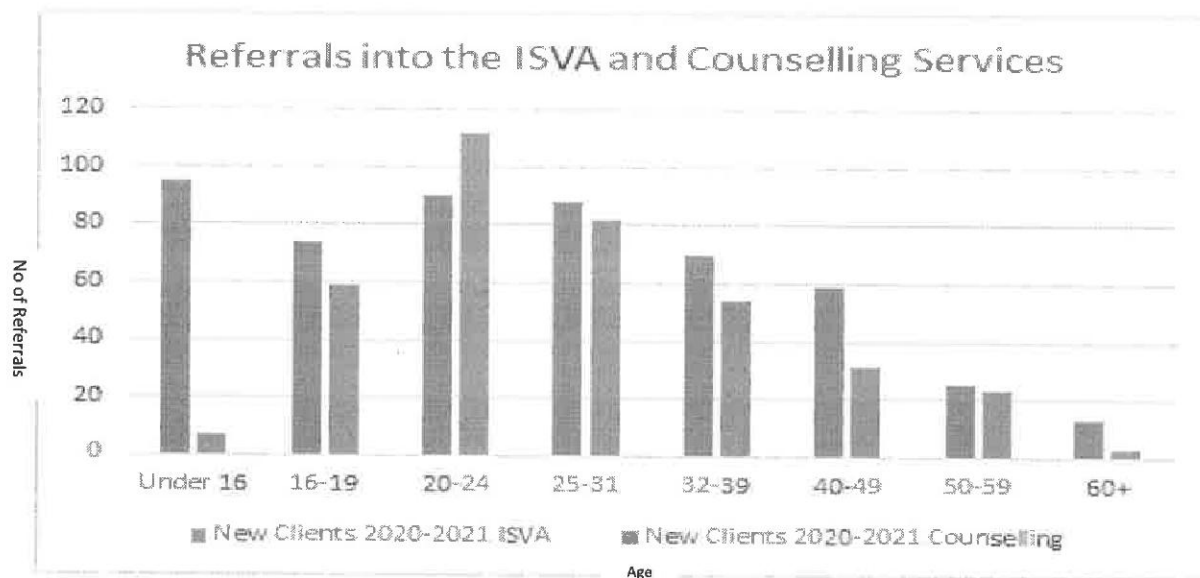
We use a secure bespoke online data management system, CRMS, to input client information at various points as they move through our service. The data below is all from the year 01/04/2020 and 31/03/2021.

Client Demographics

The ISVA service received 514 new referrals.

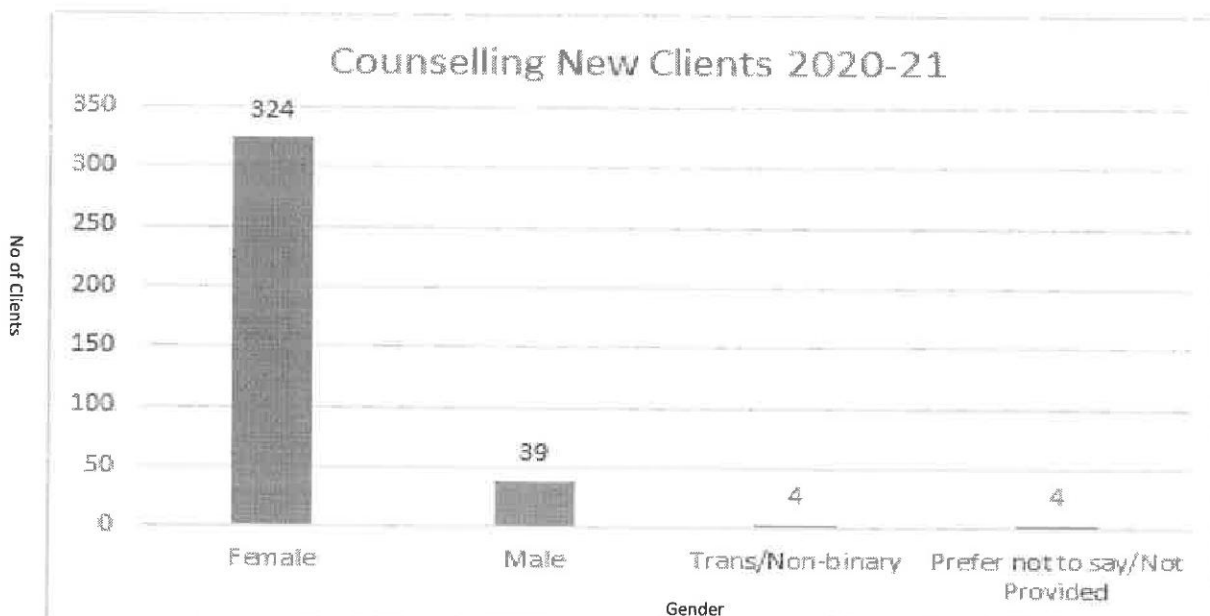
The Counselling service received 371 new referrals.

Age of SRASAC Clients



The chart above demonstrates that clients aged between 20 and 31 make up the largest client group. However, the ISVA service received 95 referrals for clients under 16 years of age, which represents 18.5% of their total client caseload.

Gender of SRASAC Clients



Sheffield Rape and Sexual Abuse Centre

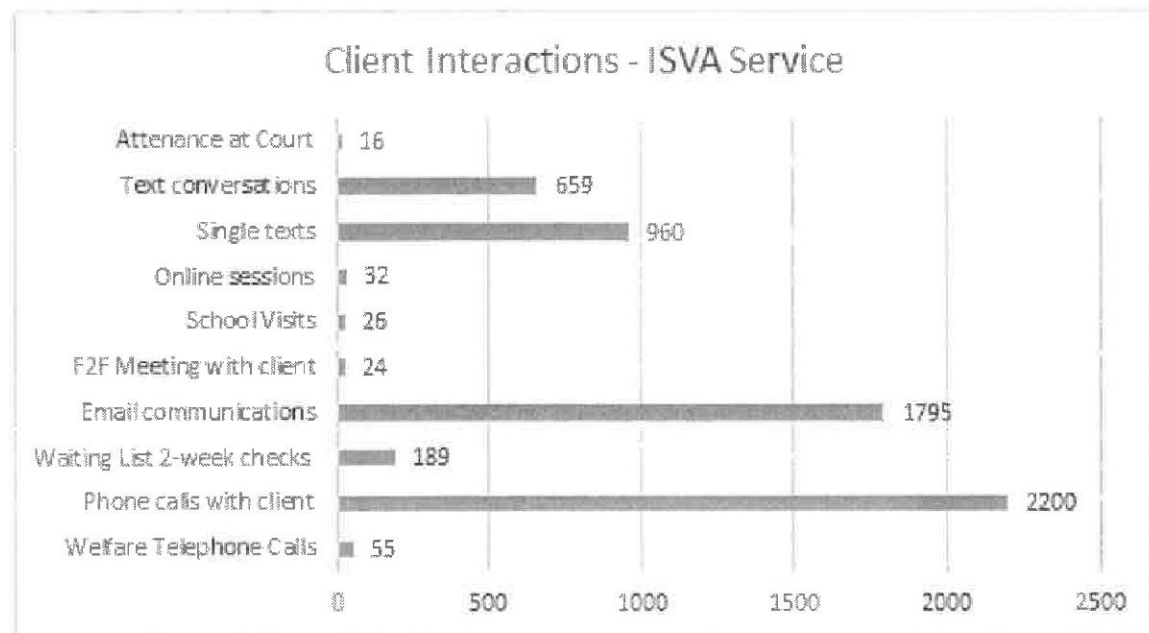
Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021



Client Support – ISVA Service

During the year, the ISVAs supported a total of 403 clients. These clients received support ranging from advice relating to their options around reporting to the Police to support throughout the Criminal Justice System (CJS) including support at trial.

The chart below shows the number of interactions/types of support delivered during the year:

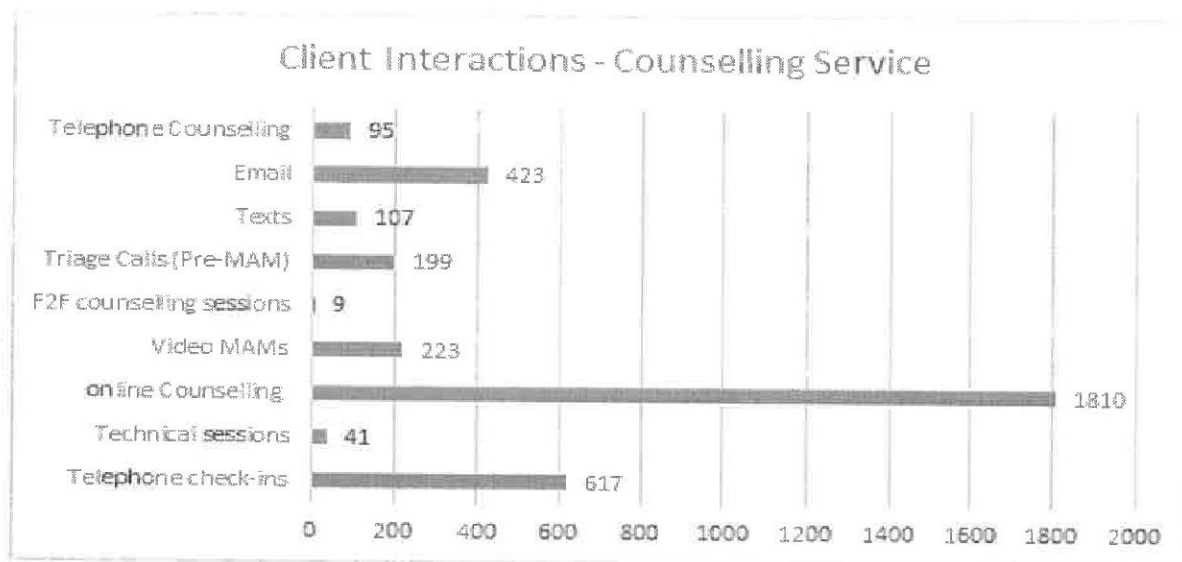


Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021

Client Support – Counselling Service

During the year the Counselling service supported a total of 490 clients. This support ranged from Triage calls and telephone support, through to Counselling Sessions delivered by telephone, online and face to face.



Outcomes

Being able to demonstrate public benefit and how our services help and support those who have experienced sexual violence is key to our work at SRASAC. For services such as ours 'hard' outcomes and how to measure for them is often difficult but we consider data relating to client experience to be our 'hard' outcomes.

We are constantly looking at collecting and analysing data to improve the services we provide. We routinely collect 11 client focused measures and look at the improvement scores. For 2020/21 these include:

- I have felt better able to cope when things go wrong – average 50% improvement for each client
- I have felt positive about my future – average 65% improvement for each client
- I have hurt myself physically or taken dangerous risks with my health -average 68% improvement for each client

Evaluation forms are completed by the client when they exit the service. The key indicator question is "Do you think Counselling with SRASAC has helped you". **85%** of clients who had completed an evaluation form answered the question with "Yes, a lot" and the remaining 15% answered "Yes, in some ways".

Also, some recent client quotes taken from evaluation forms.

Counselling Feedback:

"I found my time at SRASAC extremely helpful in helping me move on from my trauma and begin to not blame myself for what happened. [My SRASAC Counsellor].. has been the perfect Counsellor for me and has been instrumental in helping me move forward. I found the SRASAC service easy to access and although all sessions have been online, they worked really well for me"

"It has made me understand that the things that have happened to me were not my fault and I am stronger than I think I am"

"It has helped me use better coping strategies, be able to identify and befriend my emotions, so that day to day things are a lot easier"

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021

"I felt in a much more stable mental health position because I knew I had the support and opportunity to talk with my Counsellor each week"

"It (Counselling) helped me and I now feel more confident and happier!"

ISVA Feedback:

"[My ISVA] respected what I said and was very supporting and understanding and still gave me as much information as possible."

"Myself and my son's experience was amazing is sad to end."

"[The Children and Young Person's ISVA] supported both myself and my son with advice, support plus too many [other things] to mention."

"Every bit of advice and help was there and much appreciated Thank you very much to the ISVA team stay safe x"

"Our [Children and Young Person's] ISVA kept my head above water, she stopped me from drowning in an invisible river of trauma. She became a secret member of our family, she was our rock, she encouraged me to keep going. Without her I felt like my strength was gone, I couldn't tell anyone because my child has legal anonymity, she became my confidant, my champion so I could be my child's strength. Without SRASAC I don't think both of us would be here. My [Children and Young Person's] ISVA has a place in my heart forever. She built me up, piece by piece, and now I stand strong."

Improving access to our services

We are always seeking ways in which we can improve access to the services we provide and offer greater inclusivity. In early 2021 our whole team took part in an organisation-wide online bespoke LGBT+ awareness training event ('Call it out') delivered by 'SAYIT' (another local charity based in the same building as SRASAC) to raise awareness about LGBT+ issues and potential barriers to accessing our services as part of our work towards the local SAYIT LGBT+ inclusion Kite Mark demonstrating action for inclusivity for people from the LGBT+ community.

This focus on inclusivity and diversity was reflected earlier in the updating of our website and its successful launch in December 2020. Our website now provides more detailed information and advice for those wishing to access our services as well as those who might need help in supporting a friend or family member who has experienced sexual violence. We have also provided new 'appropriate referral' information for professionals which has been warmly received.

A newly introduced confidential Information and Support Line service, open 5 days a week has proved very helpful in responding quickly and appropriately to enquiries from the general public and professionals and signposting them to other organisations for help as appropriate. This confidential service is also for counselling clients to enable staff to touch base with them on a regular basis in between initial assessment and first counselling session. A similar approach of appropriate contact is also provided by our ISVA team.

A number of training events for professionals took place in 2021 as part of our aim to improve awareness of our work and improving access to our services as well as developing our community outreach in challenging the attitudes and behaviours which give rise to sexual violence. These were well received and we expect these to roll these out over the next year.

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021

Future developments

The move of our services online from April 2020 as a result of the Covid 19 pandemic has seen a reduction in our DNA rate (for counselling) and discussions and feedback from clients has revealed that online counselling and support is preferable to face to face contact for some clients and as a result we are planning to provide a 'blend' of online and face to face counselling and ISVA support on an ongoing basis.

Other developments in the near future include the inclusion of family support within the Children and Young Person ISVA role, and the provision of a wider range of group counselling options for clients.

The Trustees are currently reviewing the recruitment process and tenure for Trustees with a view to attracting a more diverse membership.

There is a growing national recognition and appreciation of the importance of providing essential independent support for individuals who have experienced sexual violence and so we believe that the demand for our services will continue to increase over time.

Financial review

Our total income for the financial period was £665,063 compared with total expenditure of £477,093. As a result, the net movement in funds was a surplus of £187,970. Our restricted funds increased by £70,802 from £nil (prior year adjusted) at the beginning of the year to £70,802 at the year-end. Overall, our unrestricted funds increased by £117,168 from £181,599 (prior year adjusted) at the beginning of year to £298,767 at the year-end.

Our key funders can be seen listed in note 2 to the accounts.

The key financial risks of the charity is the availability of funding to support our work. However, the 'End-to-end Rape Review' published in June 2021 which looked in to the way rape cases are investigated and prosecuted and the plummeting rape conviction rates since 2016, may focus more attention on the plight of rape victims in this country and a commitment to reform the system may see an increase in funding for specialist sexual violence services such as SRASAC nationally.

Submission of bids for funding is an ongoing process for most charities and SRASAC is no exception. The Trustees believe that we are in a strong position to take advantage of a number of sources of funding and we are currently working to secure the continuation of our 'Reaching Communities' funding and the SYSVP ISVA funding. Our existing 'grant agreement' with Sheffield City Council extends to March 2023 and if we were required to take part in a formal tendering process for this work we believe that we would be in a very good position to win the tender having successfully delivered on this agreement for the last few years.

We are cautiously optimistic about our ability to attract the funding required beyond existing agreements.

Reserves policy

The trustees' current reserves policy states that the equivalent of between 3 and 6 month's planned expenditure should be kept in reserve to ensure that the charity could continue to work through a period of unforeseen difficulty. The trustees assess the reserves policy on an annual basis.

Planned expenditure for 2021/22 is £558,070 with three to six month's expenditure being in the range of £140,000 to £279,000. Free reserves as at 31 March 2021 were £289,922 (unrestricted funds excluding fixed assets) which is slightly in excess of the target range.

Restricted funds of 79,802 were carried forwards.

Sheffield Rape and Sexual Abuse Centre

Directors' report (incorporating the Trustees' annual report) - continued For the year ended 31 March 2021

Conclusions

Our experience this year has taught us many things including the resilience of our staff and counsellors and our ability adapt quickly to rapidly changing and challenging circumstances. SRASAC recognises that one of our greatest strengths is the dedication of board, staff and counsellors to work together for the benefit of our clients.

The Trustees would like to express their admiration and gratitude to Meera Kulkarni CEO and her senior team; Sue McAdie: Counselling Manager; Laura Smith: ISVA Manager; Michelle Webster: Office Manager and of course all our staff and counsellors for their determination to continue to provide our vital services to clients during the pandemic and adapting so well to a completely different way of working. We also pay tribute to our clients for their strength and fortitude and for placing their trust in us to accompany them on their journey to recovery.

Small company provisions:

This report has been prepared in accordance with the special provisions relating to small companies' subject to the small companies' regime within Part 15 of the Companies Act 2006.

Approved by the board on 27 July 2021 and signed on its behalf by:



Name: KATHARINE THOMPSON

Position: TREASURER

Independent Examiner's report to the Trustees of Sheffield Rape and Sexual Abuse Centre ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

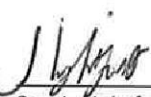
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 
Sarah Lightfoot, FCA DChA
On behalf of:
VAS Community Accountancy
The Circle
33, Rockingham Lane
Sheffield
S1 4FW

Date: 12 August 2021

Sheffield Rape and Sexual Abuse Centre

Statement of financial activities

(incorporating the income and expenditure account)
for the year ended 31 March 2021

				Restated - see note 15			
	Notes	Unrestricted funds £	Restricted funds £	2021 Total £	Unrestricted funds £	Restricted funds £	2020 Total £
Income from:							
Donations		6,351	-	6,351	9,100	-	9,100
Charitable activities	2	283,983	373,659	657,642	212,714	182,966	395,680
Investments - bank interest		1,070	-	1,070	1,391	-	1,391
Total income		291,404	373,659	665,063	223,205	182,966	406,171
Expenditure on:							
Charitable activities	3	186,234	290,859	477,093	218,576	194,751	413,327
Total expenditure		186,234	290,859	477,093	218,576	194,751	413,327
Net income/(expenditure)		105,170	82,800	187,970	4,629	(11,785)	(7,156)
Transfer between funds	11	11,998	(11,998)	-	529	(529)	-
Net movement in funds		117,168	70,802	187,970	5,158	(12,314)	(7,156)
Reconciliation of funds:							
Total funds brought forward - as previously stated		144,493	12,468	156,961	145,557	18,560	164,117
Prior year adjustment	15	37,106	(12,468)	24,638	30,884	(6,246)	24,638
Total funds brought forward - restated		181,599	-	181,599	176,441	12,314	188,755
Total funds carried forward		298,767	70,802	369,569	181,599	-	181,599

All of the charitable company's operations are classed as continuing.

The statement of financial activities includes all gains and losses recognised in the year.

Sheffield Rape and Sexual Abuse Centre

Balance Sheet

As at 31 March 2021

		2021	Restated 2020
	Notes	£	£
Fixed assets			
Tangible assets	7	8,845	1,911
Total fixed assets		<u>8,845</u>	<u>1,911</u>
Current assets			
Debtors	8	23,319	27,850
Cash at bank and in hand		354,292	227,369
Total current assets		<u>377,611</u>	<u>255,219</u>
Creditors: amounts falling due within one year	9	(16,887)	(75,531)
Net current assets		<u>360,724</u>	<u>179,688</u>
Total assets less current liabilities		369,569	181,599
Creditors: amounts falling due after one year		-	-
Total net assets		<u><u>369,569</u></u>	<u><u>181,599</u></u>
Represented By			
FUNDS			
Unrestricted income fund		298,767	181,599
Restricted income funds	11	70,802	-
Total charity funds	12	<u><u>369,569</u></u>	<u><u>181,599</u></u>

For the year ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 27/7/21 and signed on its behalf by:



Name: KATHARINE THOMPSON
Position: TREASURER

Sheffield Rape and Sexual Abuse Centre (SRSAC)

**Statement of cash flows
for the year ended 31 March 2021**

		2021	<i>Restated</i> 2020
	£	£	£
Reconciliation of net expenditure to net cash flow from operating activities			
Net income/(expenditure) for the year (as per the SOFA)	187,970		(7,156)
Adjustments for:			
(Increase)/decrease in debtors	4,531		18,919
Increase/(decrease) in creditors	(58,644)		955
Investment income	(1,070)		(1,391)
Depreciation	2,075		1,168
Net cash provided by/(used in) operating activities		134,862	12,495
Cash flows from investing activities			
Investment income	1,070		1,391
Purchase of fixed assets	(9,009)		-
Net cash (used in)/provided by investing activities		(7,939)	1,391
Change in cash and cash equivalents		126,923	13,886
Cash and cash equivalents at the beginning of the year		227,369	213,483
Cash and cash equivalents at the end of the year		354,292	227,369

**Notes to the Accounts
for the year ended 31 March 2021**

1 Accounting Policies

(a) Basis of preparation

Sheffield Rape and Sexual Abuse Centre is a charitable company in the United Kingdom limited by guarantee. In the event that the charity is wound up the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the company information on page 1 of these financial statements.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) and with the Charities Act 2011. The financial statements have taken advantage of the exemption to prepare a Statement of Cash Flows.

The charity meets the definition of a public benefit entity as defined under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

(b) Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Donations are recognised as income on receipt in the year it becomes due.

Income from local government and other grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

Investment income is included when receivable.

(c) Expenditure and liabilities

Expenditure is recognised where there is a legal or constructive obligation to pay a third party, it is probable that settlement will be required and the amount of the obligation can be reliably measured. All expenditure is reported gross of irrecoverable VAT.

(d) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Any assets purchased below £500 are written off at the time of purchase. Depreciation is provided at rates calculated to write off cost of those assets, less their residual value, over their expected useful lives on the following basis:

Fixtures and fittings	25%
Computer equipment	33%

(e) Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of receivables.

(f) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

(g) Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

(h) Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are either donations which the donor has specified are to be solely used for particular areas of the charity's work or grant income sought for specified activities.

Sheffield Rape and Sexual Abuse Centre

Notes to the Accounts (continued) for the year ended 31 March 2021

(i) Defined contribution pension scheme

The charity contributes to a defined contribution pension scheme for the benefit of the employees. The pension costs charged against net incoming resources are the contributions payable to the scheme in respect of the accounting period in accordance with FRS102.

(j) Operating lease rentals

Rentals under operating leases are charged to the Statement of Financial Activities on a straight line basis over the lease term.

(k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	2021 Total £	Unrestricted Funds £	Restricted Funds £	2020 Total £
South Yorkshire Sexual Violence Partnership	166,647	-	166,647	147,824	-	147,824
Ministry of Justice	97,336	78,537	175,873	64,890	-	64,890
The Big Lottery - Reaching Communities	-	123,537	123,537	-	122,442	122,442
Sheffield City Council	-	58,500	58,500	-	58,500	58,500
Department for Digital, Culture, Media & Sport	-	73,752	73,752	-	-	-
Lloyds Bank Foundation	20,000	-	20,000	-	-	-
South Yorkshire Police and Crime Commissioner	-	35,433	35,433	-	-	-
NHS England	-	3,900	3,900	-	-	-
Rape Crisis and EW	-	-	-	-	2,024	2,024
	283,983	373,659	657,642	212,714	182,966	395,680

3 Expenditure on charitable activities

				Restated - see note 15			
	Unrestricted	Restricted	2021	Unrestricted	Restricted	2020	
	Funds	Funds	Total	Funds	Funds	Total	
Note	£	£	£	£	£	£	
Staff costs	4	149,760	148,496	298,256	167,288	74,255	241,543
Staff supervision		1,490	1,812	3,302	1,372	708	2,080
Staff training and wellbeing		1,695	4,310	6,005	2,640	-	2,640
Staff travel, working from home allowance and expenses		2,766	1,014	3,780	2,093	500	2,593
Volunteer expenses and supervision		165	35	200	-	1,008	1,008
DBS checks		146	-	146	591	-	591
Bank counselling		468	70,486	70,954	2,526	64,654	67,180
MAMS fees		-	12,399	12,399	-	12,041	12,041
Group work		-	6,185	6,185	6,156	4,189	10,345
Online therapeutic resources		2	4,750	4,752	-	-	-
Rent		6,169	35,220	41,389	10,772	26,371	37,143
Accountancy and payroll fees	5	5,046	-	5,046	3,982	-	3,982
Advertising and marketing		1,505	-	1,505	2,888	-	2,888
Equipment, IT and website costs		11,587	2,887	14,474	4,477	9,731	14,208
Insurance		1,579	-	1,579	1,324	-	1,324
Consultancy		-	-	-	3,809	951	4,760
Printing, telephone and postage		-	1,523	1,523	3,446	53	3,499
Subscriptions and memberships		260	742	1,002	708	276	984
Other expenses		1,521	1,000	2,521	3,336	14	3,350
Depreciation		2,075	-	2,075	1,168	-	1,168
		186,234	290,859	477,093	218,576	194,751	413,327

Notes to the Accounts (continued)
for the year ended 31 March 2021

4 Staff costs

	2021 £	2020 £
Salaries	258,045	210,941
Employer's NI	21,981	18,340
Employer's allowance	(4,000)	(3,000)
Employer's pension contributions	22,230	15,262
	298,256	241,543
Average number of employees	11	9

No employee received emoluments of more than £60,000 in either year.

5 Independent examination and fees payable to the independent examiner's organisation

Accountancy fees and payroll includes:

Independent examination fee

	2021 £	2020 £
Independent examination fee	2,520	2,100

There were no other fees payable to the independent examiner's organisation.

6 Trustees and key management remuneration, benefits and expenses

The trustees were not paid or received any other benefits from employment with the charity in the year (2020: £nil). No trustees were reimbursed for travel or other expenses in the year (2020: 1 trustee reimbursed travel expenses totalling £285). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

Key management comprises the trustees and Chief Executive Officer. Total key management personnel remuneration benefits in the year was £33,048 (2020: £33,048).

7 Tangible fixed assets

	Fixture and Fittings £	Computer equipment £	Total £
Cost			
As at 1 April 2020	2,966	1,281	4,247
Additions	1,407	7,602	9,009
As at 31 March 2021	4,373	8,883	13,256
Depreciation			
As at 1 April 2020	1,482	854	2,336
Charge this period	918	1,157	2,075
As at 31 March 2021	2,400	2,011	4,411
Net book value			
As at 31 March 2021	1,973	6,872	8,845
As at 31 March 2020	1,484	427	1,911

8 Debtors

	2021 £	Restated 2020 £
Trade debtors	15,116	24,719
Other debtors	4,101	-
Prepayments	4,102	3,131
	23,319	27,850

Sheffield Rape and Sexual Abuse Centre

Notes to the Accounts (continued) for the year ended 31 March 2021

9 Creditors: amounts falling due within one year

	Note	2021 £	2020 £
Trade creditors		3,250	7,676
Deferred income	10	-	61,769
Other taxes and social security		11,117	2,849
Other creditors		2,520	3,237
		16,887	75,531

10 Deferred income

	2021 £	2020 £
Deferred income brought forward	61,769	61,221
Released in the year	(61,769)	(61,221)
Received in the year	-	61,769
Deferred income carried forward	-	61,769

11 Restricted funds

Restated - see note 15

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
The Big Lottery - Reaching Communities	-	123,537	(53,101)	-	70,436
Ministry of Justice	-	78,537	(67,775)	(10,396)	366
Sheffield City Council	-	58,500	(58,500)	-	-
Department for Digital, Culture, Media & Sport	-	73,752	(73,752)	-	-
SYPC - covid funding	-	35,433	(35,331)	(102)	-
NHS England	-	3,900	(2,400)	(1,500)	-
	-	373,659	(290,859)	(11,998)	70,802

Ministry of Justice

Additional funding was received to cover extra costs incurred due to the pandemic. £3,946 was received towards loss of income, which was transferred to unrestricted funds. £6,450 was received towards equipment which was capitalised. As the use of the asset was not restricted, this funding has been transferred to unrestricted funds.

SYPC - covid funding NHS England

Transfers for these two funds represent funding for equipment which was capitalised. As the use of the asset was not restricted, this funding has been transferred to unrestricted funds.

Prior year comparison - restated (see note 15)

	Balance b/fwd £	Income £	Expenditure £	Transfers £	Balance c/fwd £
The Big Lottery - Reaching Communities	-	122,442	(122,442)	-	-
The Brelms Trust	2,250	-	(2,250)	-	-
Sheffield City Council	-	58,500	(58,500)	-	-
Rape Crisis England and Wales	9,535	2,024	(11,559)	-	-
Halifax Lloyds Community Fund	529	-	-	(529)	-
	12,314	182,966	(194,751)	(529)	-

Notes to the Accounts (continued)
for the year ended 31 March 2021

12 Split of net assets by fund

	Unrestricted Funds £	Restricted Funds £	2021 Total £	Restated - see note 15	
				Unrestricted Funds £	Restricted Funds £
Tangible fixed assets	8,845	-	8,845	1,911	-
Current assets	306,809	70,802	377,611	193,450	61,769
Current liabilities	(16,887)	-	(16,887)	(13,762)	(61,769)
	298,767	70,802	369,569	181,599	-
					181,599

13 Operating lease commitments

At 31 March 2021 the charity was committed to making the following payments under other operating leases as follows:

	2021 £	2020 £
Payable within 1 year	2,391	6,752
	2,391	6,752

14 Related party transactions

Two of the trustees of the charity were also trustees of the South Yorkshire Sexual Violence Partnership during the year, which has provided funding of £166,647 during the year (2020: £147,824). This partnership exists to distribute funding between Sheffield, Barnsley, Doncaster and Rotherham, and each area's organisation has 2 members on the board. There was no balance outstanding at the year end.

There were no other related party transactions, other than those detailed in note 6.

15 Prior year adjustments

The following adjustments to prior years have been identified, and adjustments made to the prior year financial comparatives as detailed:

In 2017/2018 £21,208 of the South Yorkshire Sexual Violence Partnership (SYSVP) contract was underpaid, but not provided for. In 2018/2019 £3,430 of the SYSVP contract was underpaid, but not provided for. These underpayments were received in the 20/21 financial year and so a prior year adjustment to debtors has been made totalling £24,638.

In 2019/2020 £11,939 of expenditure was mis-allocated to unrestricted funds, but should have been applied to the Big Lottery - Reaching Communities restricted fund - as the monitoring report detailed that all funds received up to 31/3/20 were fully spent on the project. Prior to this £6,246 of expenditure was mis-allocated to unrestricted funds, but should have been applied to the restricted fund - as previous monitoring reports also detailed that all funds received were fully spent on the project. A prior year re-allocation of expenditure has therefore been made.

In 2019/2020 the transfer of £529 from restricted to unrestricted funds was not reflected on the SoFA.

	Unrestricted Funds £	Restricted Funds £	Total £
Fund balance b/fwd as at 1 April 2020 per 2020 accounts	145,557	18,560	164,117
Adjustment to fund balance b/fwd per 2020 accounts re SYSVP contract	24,638	-	24,638
Adjustment to expenditure allocation of The Big Lottery - Reaching Communities	6,246	(6,246)	-
Restated fund balance b/fwd as at 1 April 2020 per 2021 accounts	176,441	12,314	188,755
Net movement in funds as reported in the 2020 accounts	(7,310)	154	(7,156)
Adjustment to expenditure allocation of The Big Lottery - Reaching Communities	11,939	(11,939)	-
Inclusion of the restricted fund transfer	529	(529)	-
	181,599	-	181,599