

GROW 4 GOOD SOUTH WEST LTD
(Company Limited by Guarantee)

TRUSTEES' ANNUAL REPORT
AND
FINANCIAL STATEMENTS

For the year ended 31 July 2025

Registered company number 07709431
Registered charity number 1146486

GROW 4 GOOD SOUTH WEST LTD

**REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2025**

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GROW 4 GOOD SOUTH WEST LTD

TRUSTEES' ANNUAL REPORT

The Trustees, who are also the Directors of the charity for the purposes of the Companies Act, submit their Annual Report and the Financial Statements for the year ended 31 July 2025. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities (FRS 102)", issued in October 2019, in preparing the annual report and financial statements of the charity.

1. Reference and Administrative Details

1.1 Grow 4 Good South West Ltd – Company No. 07709431

The company was incorporated in England and Wales on 18 July 2011 and is limited by guarantee.

Grow 4 Good South West Ltd is a registered Charity (Registration No. 1146486).

1.2 Addresses

Registered Office and Headquarters: c/o Dartmouth Zoological Park
Sparkwell
Plymouth
Devon PL7 5DG

Project Base: Dartmoor Zoological Park
Sparkwell
Plymouth
Devon PL7 5DG

1.3 Trustees and Executive Committee during the year

The following served as Executive Committee members during and after the year:

Jennifer Deakin	Resigned 16 March 2026
Theresa A Nally	
Mary Quilter	
Mervyn Quilter	
Marcelle Speller OBE	

1.2 Professional Advisers

Independent Examiner: Northcott Trumfield
Chartered Accountants
Devonshire Villa
52 Stuart Road
Stoke
Plymouth
Devon PL3 4EE

Accountant: J M Turns & Co.
50 Plover Rise
Ivybridge
Devon PL21 9DA

Bankers: Co-operative Bank Plc.
1 Balloon Street
Manchester M60 4EP

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2. Structure, Governance and Management

2.1 Governance

The governing document of Grow 4 Good South West Ltd is its Memorandum and Articles of Association.

The Board delegate the day to day running of the Charity to the Head Gardener, Tracey Bunyard.

The Trustee Board meet quarterly for formal business meetings, at which long-term strategy, current progress and finance are considered.

The trustees carry out risk assessments throughout the year.

2.2 Recruitment of Trustees

After the selection process and nomination, new trustees will undertake an induction process which includes meeting staff and volunteers, visiting the garden and are encouraged to train on relevant topics.

3. Objectives and Activities

3.1 Our Purpose

In compiling this report we have referred to the guidance from the Charity Commission on public benefit and have reviewed our aims and objectives to show how our activities benefit the public.

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society, in particular but not exclusively, through education and training in horticultural practice.

For the charity's purpose 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment, financial hardship, youth or old age, ill health (physical or mental), substance abuse or dependency including alcohol and drugs, discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment, poor educational or skills attainment, relationship and family breakdown, poor housing (that is housing that does not meet basic habitable standards), crime (either as a victim of crime or as an offender rehabilitating into society).

4. Achievements and Performance

4.1 Main Achievements 2024-25

- Grow 4 Good SW Ltd has continued to consolidate its work with adults who are at risk of social isolation, primarily due to poor mental health; this work is being achieved by using horticulture as a therapeutic tool at an organic community gardening project based within the grounds of Dartmoor Zoo in Devon. A few volunteers have been attending for many years, while others have gone on to find employment/new opportunities within their community. For some volunteers we are their only point of contact with other adults during the course of a week. Volunteers comment that they like the welcoming and friendly approach and feel they are in a 'safe' and non-judgemental environment while learning and experiencing new opportunities - and this helps increase their self-confidence enabling them to be a part of their local community.
- The project continues to maintain links with a range of agencies that it has worked with over the years and who refer volunteers to the project, and more recently this includes working with the local social prescribing team in Plymouth.

4.2 Corporate and strategic matters

- Trustee meetings are usually held quarterly, and key areas of the organisation (e.g. governance, marketing, and resources) are monitored using an approved 'health-check' document to ensure we maintain good practice whilst also identifying areas that require focus. Action plans for these are made and implemented where necessary.
- All policies continue to be reviewed and approved annually at trustee meetings and include an Adult Safeguarding Policy, a Child Safeguarding Policy, a Health & Safety Policy, an Equality and Diversity Policy, a Secure Storage, Handling, Use and Retention & Disposal of Disclosures and Disclosure Information Policy, Volunteer Policy, Recruitment of Ex-Offenders Policy, Appraisal Policy, Reserves Policy and an Environmental Policy.
- Management accounts are produced by the accountant for the Trustees using information supplied by the project manager at Grow 4 Good. The annual budget is also drawn up by the accountant, again using information provided by staff, and the budget is approved by all Trustees.
- Trustees continue to rotate the role of Acting Chair at each meeting, and one trustee and a member of staff from the project share the tasks involved as Company Secretary.
- In 2024-2025 the project had five appointed trustees with one trustee resigning and a new one joining.
- All reporting requirements were met during 2024-2025.

4.3 Funding and partnerships

- Our work with Dartmoor Zoological Society (DZS), also a charity, continues to flourish with ongoing works/upkeep of the zoo grounds – the zoo does not have their own dedicated gardening team and so rely on the work done by the Grow 4 Good teams. We sell our organically grown mixed leaf salad bags to the zoo restaurant and, during the growing season, we sell organically grown salad bags and vegetables, together with young organically grown vegetable/flowering plants to zoo staff/volunteers on a weekly basis.

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- The project continues to trade seasonal organic produce, selling mixed leaf salad bags, cucumbers and tomatoes whilst also attending a local farmers market during the growing season to sell produce and plants and promote the work that we do.



*Rows of salad
ready to be
picked*

- Grow 4 Good SW Ltd has continued to work with several agencies during 2024-2025 including Livewell South West and the Social Prescribing team at the Wolesley Trust. We have also attended several events to promote the work that we do attending the Health and Well Being Network event, and 'Always Apples'.



We also attended Staddiscombe Golf Club for their Ladies Day, having been selected as their charity for 2025/2026. All of this work is vital to raising awareness of the work Grow 4 Good does and staff continue to remain very focussed on promoting the project to a wider audience.

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- The project has hosted a number of corporate days with HM Land Registry who sent groups of twelve employees on 16 separate occasions. The feedback we received was very positive with many using all three of their 'Be Kind days' volunteering with Grow 4 Good.



A group from HM Land Registry volunteering on the hottest day of the year!

- We continue to work with a LANTRA assessor, who makes a donation to use our site to run brush-cutter and chainsaw courses.
- Grow 4 Good has continued working with its local community with Plympton Litter Pickers very kindly making a donation to the project for us to purchase compost and seeds. We also received a small grant from POP (Plymouth Octopus Project) to cover some of our volunteer travel expenses.
- During 2024/2025 Grow 4 Good volunteered to run a community café for one week within its local community helping to promote the project, and raise vital funds by selling teas/coffees/ sandwiches and cakes together with plants grown by the volunteers. All profits made by the charity during this week help to pay for tools and PPE.

4.4 Volunteers (including referred volunteers)

- Volunteers at the project consist of adults who face social isolation and are either referred by an agency or they self-refer. As a charity we are also very fortunate to have a few volunteers who are able to continue to commit to the project which includes our amazing trustees, some of whom volunteer weekly at the project to help support volunteers strengthening our commitment of inclusion and a non-hierarchical ethos.
- In 2024-2025 the project had eight potential volunteer visits (all referrals from agencies) and three adults started volunteering at the project during this time period.

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- In a typical week the total number of volunteers involved at the project on any given day was usually 10 with the total number of volunteers attending the project during 2024-2025 standing at 15, which included one occasional volunteer who has work commitments.
- The age range of our volunteers is 30 to 75 years old, and three have volunteered for five years or more. Many volunteers comment on how friendly the project is, that it feels a 'safe' environment where they can be themselves, and how it gives them opportunities to meet new people who also experience social isolation. In addition, many enjoy the experience of being part of a working team together with learning new skills in horticulture.



Volunteers and staff enjoying a chat over a cup of tea

- Recognising the contribution that volunteers make we continue to celebrate the number of hours volunteers give to Grow 4 Good by handing out certificates to our volunteers when they reach 100 hours, 250 hours, 500 hours, 1000 hours, 1500 hours, 2000 hours and an incredible 3000 hours. In 2024-2025 we handed out five Certificates, with two being awarded for giving 2000 volunteer hours to the project, and three for 100 hours. Once new volunteers complete 100 hours, they also receive a Grow 4 Good T-shirt.



Volunteer receiving his 100-hour certificate and T-Shirt

- As in previous years we continue to celebrate individual volunteer and staff birthdays (as most people love to celebrate a birthday!). Each person gets a personalised card, made by the project coordinator and signed by everyone, together with cake - all volunteers at the project seem to really appreciate this!



Chocolate cake is his favourite!

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- Whenever possible Volunteer social events remain an important part of the Grow 4 Good calendar -a chance for volunteers to socialise and a chance to get to know other volunteers away from the 'working day'. It's also an opportunity for staff and trustees to show their appreciation for all the hard work and commitment given by volunteers to the project. During 2024-2025 staff held a BBQ for all the volunteers at the project.



For Christmas 2024 staff at Grow 4 Good also hosted a celebration/fun day event before closing for the Christmas break. Volunteers received a 'fun' certificate i.e. the best seed 'sower', and a jar of chutney made with produce from the plot! The group then enjoyed a few traditional games i.e pass the parcel, musical chairs and Jenga.

Grow 4 Good's celebration and Christmas fun day

- Our annual Christmas wreath making activity continues to be popular with everyone, and so firmly remains a date in the diary owing to volunteer requests. We also have coffee and mince pies for everyone to enjoy!



One volunteer proudly showing off his wreath

4.5 Onsite works and in zoo grounds



Volunteers continue to actively work on the Grow 4 Good site maintaining and working the raised beds, looking after nursery stock plants, planting in the polytunnels, and growing salad, fruit and vegetables. During 2024-2025 more raised beds have been built and/or repaired by the volunteers allowing for a bigger growing area, a massive tidy and sort out of the site recycling many items in new and imaginative ways.

Sheltering from the summer rain!

- For the first time Grow 4 Good trialled setting up a stall during the school summer holidays selling organic salad and vegetables, together with plants grown on the Grow 4 Good plot by the volunteers. Freshly picked and no airmiles! In addition, we attended summer and Christmas fairs with HM Land Registry to sell fresh produce. Plants and/or items made by volunteers.



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- The number of hours spent working in the zoo grounds by our regular volunteers during 2024/2025 was 284.5, and hours worked in the zoo by corporate groups with Grow 4 Good totalled 480 hours. The latter generally tackled bigger jobs, for example clearing and tidying in the animal enclosures. All the work completed within the zoo grounds continues to be highly valued by the zoo team and keepers, together with the general public who frequently stop to congratulate the volunteers on the work they are doing.
- During this period the volunteers at Grow 4 Good have continued to clear, maintain and improve public areas in the zoo grounds such as maintaining shrubs and planting out new plants in the borders around the zoo, and keeping stand-offs clear of weeds.
- Facebook and Instagram are an important focus for the charity as a way of keeping in contact with our supporters and volunteers with several posts each week and updates on the work in progress at the charity. We also have a web page via Local Giving.

5. Financial Review

All income and expenditure is unrestricted funds.

Incoming resources for the year were £49,087 including £44,405 from donations, £1,150 from grants and £3,542 from sale of produce and resources.

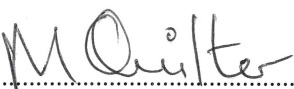
Expenditure totalled £52,463 of which £45,151 was on staff costs.

The net expenditure was £3,376 with resulting unrestricted reserves to carry forward of £32,543.

The Charity Trustees reserves policy is that if the bank funds fall below a set target this will precipitate a trustee meeting to take further action.

The report has been prepared having taken advantage of the small companies exemption in the Companies Act 2006.

Signed on behalf of the
Executive Committee


.....
M Quilter
Trustee

Date approved by the Executive Committee: 16 April 2026

GROW 4 GOOD SOUTH WEST LTD

Independent Examiner's Report to the Trustees of Grow 4 Good South West Ltd

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 July 2025 which are set out on pages 12 to 18.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Guy Ian Northcott
ICAEW
FCA, Bsc(Econ) Hons, DChA

Date: 16 April 2026

Northcott Trumfield
Chartered Accountants
Devonshire Villa
52 Stuart Road
Stoke
Plymouth
PL3 4EE

GROW 4 GOOD SOUTH WEST LTD

STATEMENT OF FINANCIAL ACTIVITIES (including summary income and expenditure account) FOR THE YEAR TO 31 JULY 2025

	Notes	2025 Unrestricted £	2024 Total £
Income			
Donations and legacies	2	45,555	47,021
Charitable activities			
Sale of produce/resources		3,532	1,840
Total income		<u>49,087</u>	<u>48,861</u>
Expenditure			
Charitable activities			
Operation of horticultural centre	3	52,463	54,220
Total expenditure		<u>52,463</u>	<u>54,220</u>
Net income/(expenditure) and net movement in funds for the year	4	(3,376)	(5,359)
Reconciliation of funds			
Funds brought forward		35,919	41,278
Total funds carried forward	11	<u>32,543</u>	<u>35,919</u>

All income and expenditure derives from continuing activities.

The notes on pages 14 to 18 form part of these accounts.

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BALANCE SHEET AT 31 JULY 2025

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	6	<u>5,588</u>	<u>7,548</u>
Current assets			
Stocks		825	825
Debtors	7	7,130	7,148
Cash at bank and in hand		<u>20,137</u>	<u>21,573</u>
		<u>28,092</u>	<u>29,546</u>
Liabilities			
Creditors falling due within one year	8	<u>1,137</u>	<u>1,175</u>
Net current assets		26,955	28,371
Net assets		<u>32,543</u>	<u>35,919</u>
The funds of the charity:			
Unrestricted income fund	11	<u>32,543</u>	<u>35,919</u>

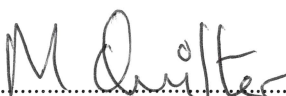
For the year ending 31 July 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' statement:

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These accounts were approved and authorised for issue by the Trustees on 16 April 2026 and were signed on their behalf by:


.....
M Quilter
Trustee

Grow 4 Good South West Ltd Company Registration No. 07709431

The notes on pages 14 to 18 form part of these accounts.

GROW 4 GOOD SOUTH WEST LTD

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2025

1. Summary of significant accounting policies

a) General information and basis of preparation

Grow 4 Good South West Ltd is a company limited by guarantee in England in the United Kingdom. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society, in particular but not exclusively, through education and training in horticultural practice. The activities of the charity take place at the project base at Dartmoor Zoological Park as per page 1.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

b) Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Designated funds are unrestricted funds of the charity which the trustees have decided to set aside for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes.

c) Income recognition policies

All incoming resources are included in the SOFA when the charity is legally entitled to the income, the amount can be measured reliably and receipt is considered probable.

No amounts are included in the financial statements for services donated by volunteers.

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2025

d) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Expenditure on charitable activities includes the costs of operating the horticultural centre and other educational activities undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged at a cost against the activity for which the expenditure was incurred.

e) Tangible fixed assets and depreciation

Tangible fixed assets costing £250 or more are capitalised and included at cost including any incidental expenses of acquisition.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Polytunnels	over 12 years
Project and office equipment	over 3-15 years

f) Stock

Stock consists of purchased goods for resale. Stocks are valued at the lower of cost and estimated selling price.

h) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

i) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

j) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

k) Financial instruments

The trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at the carrying value plus accrued interest less prepayments. The financing charge to expenditure is at a constant rate calculated using the effective interest method.

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2025

2. Income from charitable activities

	2025 Unrestricted £	2024 Unrestricted £
Grants		
Co-op Local Causes	500	1,950
Local Giving	-	500
Warburtons	400	-
The Social Change	250	-
	<u>1,150</u>	<u>2,450</u>
Donations		
Mrs M Speller OBE (note 10)	44,265	43,699
Other	140	872
	<u>44,405</u>	<u>44,571</u>
	<u>45,555</u>	<u>47,021</u>

3. Analysis of expenditure on charitable activities

	2025 £	2024 £
(A) Operation of horticultural centre		
Direct horticultural costs	550	1,562
Salaries	45,151	45,089
Insurance	522	679
Repairs and renewals	1,179	1,575
Printing, postage and stationery	359	430
Volunteer expenses	510	540
Accountancy	600	600
Subscriptions	219	216
Sundry	693	742
Depreciation	1,960	2,067
Governance (B)	720	720
	<u>52,463</u>	<u>54,220</u>
(B) Governance		
Independent Examination	<u>720</u>	<u>720</u>

4. Net income/(expenditure) for the year

	2025 £	2024 £
This is stated after charging:		
Depreciation	1,960	2,067
Independent examination	720	720

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2025

5. Employee emoluments

	2025 £	2024 £
Salary	43,830	43,776
National Insurance Contributions	-	-
Pension	1,321	1,313
	<u>45,151</u>	<u>45,089</u>
 Average number of employees	 <u>2</u>	 <u>2</u>

There were no employees who received total employee benefits in excess of £60,000. The trustees did not receive any remuneration or expenses.

6. Tangible fixed assets

	Polytunnels £	Equipment £	Total £
Cost			
Balance brought forward	11,130	18,305	29,435
Additions	-	-	-
Disposals	-	-	-
Balance carried forward	<u>11,130</u>	<u>18,305</u>	<u>29,435</u>
Depreciation			
Balance brought forward	8,134	13,753	21,887
Charge for year	667	1,293	1,960
Disposals	-	-	-
Balance carried forward	<u>8,801</u>	<u>15,046</u>	<u>23,847</u>
Net book value			
As at 31 July 2025	<u>2,329</u>	<u>3,259</u>	<u>5,588</u>
As at 31 July 2024	<u>2,996</u>	<u>4,552</u>	<u>7,548</u>

7. Debtors

	2025 £	2024 £
Gift aid	6,640	6,640
Prepayments and other	490	508
	<u>7,130</u>	<u>7,148</u>

8. Creditors

	2025 £	2024 £
Taxation and social security	417	455
Accruals	720	720
	<u>1,137</u>	<u>1,175</u>

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2025

9. Operating leases

The company is currently re-negotiating a new agreement with Dartmoor Zoological Society to have a licence to operate on designated land at Dartmoor Zoological Park, Sparkwell, Devon.

The current rate is £10 per annum at Dartmoor Zoological Park, Sparkwell, Devon.

10. Related party transactions

Marcelle Speller, a trustee, donated £44,265 (after gift aid) to the charity in the year and continues to donate to the charity.

11. Statement of funds

	Brought Forward £	Income £	Expenditure £	Carried Forward £
Unrestricted fund	35,919	49,087	52,463	32,543

12. Analysis of net assets between funds

	2025 General £	2024 General £
Fixed assets	5,588	7,548
Current assets	26,955	28,371
	<u>32,543</u>	<u>35,919</u>

13. Corporation tax

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 242 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

14. Financial instruments

	2025 £	2024 £
Bank	<u>20,137</u>	<u>21,573</u>