

# ICP SUPPORT

England & Wales · Charity number 1146449

## Details

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**Other names** OBSTETRIC CHOLESTASIS SUPPORT, OC SUPPORT

**Status** Registered

**Legal form** CIO

**Registered** 2012-03-19

**Register** [View on the Charity Commission register](#)

## Contact

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13 Freeland Park  
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BH16 6FA

**Phone** 07709 634497

**Email** [enquiries@icpsupport.org](mailto:enquiries@icpsupport.org)

**Website** [www.icpsupport.org](http://www.icpsupport.org)

## Activities

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**Objects:** THE CHARITY'S OBJECT (THE OBJECT) IS THE RELIEF OF SICKNESS AND PRESERVATION OF GOOD HEALTH AMONG WOMEN AFFECTED BY THE LIVER CONDITION OF PREGNANCY CALLED OBSTETRIC CHOLESTASIS (OC) ALSO KNOWN AS INTRAHEPATIC CHOLESTASIS OF PREGNANCY (ICP), IN PARTICULAR BUT NOT EXCLUSIVELY BY:(A)PROVIDING INFORMATION AND SUPPORT TO SUCH WOMEN AND THEIR FAMILIES;(B)ADVANCING EDUCATION FOR THE PUBLIC BENEFIT OF THE CONDITION;(C)PROMOTING, SUPPORTING AND RAISING FUNDS FOR RESEARCH INTO THE CONDITION, THE USEFUL RESULTS OF WHICH WILL BE DISSEMINATED FOR THE PUBLIC BENEFIT.

**Activities:** ICP Support helps women and families affected by the liver condition of pregnancy called intrahepatic cholestasis of pregnancy (ICP) also known as obstetric cholestasis (OC) by: providing information and support; advancing education; promoting and raising funds for research into the condition.

## Classification

- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

## Geography

- **Area of benefit:** NATIONAL
- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£66,028	£71,423	-	-
2024-12-31	£112,171	£88,606	-	-
2023-12-31	£68,383	£88,527	-	-
2022-12-31	£51,600	£112,580	-	-
2021-12-31	£115,962	£79,705	-	-
2020-12-31	£74,122	£29,953	-	-

## Trustees

Name	Role	Appointed
<b>jenny Hastings</b>	Chair	2015-10-29
Alice Mitchell		2025-05-01
Deborah Wilson		2024-09-16
Dr PETER DIXON PHD, BSC		2011-11-15
Helen Owen		2023-08-01
Judith Gray		2011-11-15
Katherine Symons		2023-11-28
Natalie Jane Brown		2023-04-01
Sarah Flower		2024-05-20
Sharon Coaker		2024-05-20

**ICP SUPPORT**

England & Wales - Charity number 1146449

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# Accounts

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# ICP SUPPORT

a Charitable Incorporated Organisation

**ANNUAL REPORT AND INDEPENDENTLY  
EXAMINED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2025**



# ICP Support

## Annual Report and Financial Statements

For the year ended 31<sup>st</sup> December 2025

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# ICP Support

## Annual Report and Financial Statements

For the year ended 31<sup>st</sup> December 2025

The trustees are pleased to present their annual report together with the financial statements of the charity for the year ending 31 December 2025. The financial statements have been prepared in accordance with the Charities Act 2011, the charity's Constitution (formerly the Memorandum and Articles of Association), and the Charities SORP (FRS 102).

### Chair of Trustees' Report

2025 has proved to be an exciting but challenging year for ICP Support. We have been so grateful to our supporters and small team who have been dedicated to maintaining the support and information offered.

We thank all our supporters who have donated to ICP Support over 2025 – we could not provide the services we do without your help – and it means we can continue to help fund research, support women and their families, and enable us to fulfil our aim that every ICP baby is born safely.

I remain honoured to be a part of such a fantastic charity, and I am excited to see what opportunities await us in 2026.

### Jenny Hastings - Chair of Trustees

#### Objectives and Activities

ICP Support is established for the relief of sickness and the preservation of good health among women affected by the liver condition of pregnancy known as obstetric cholestasis, or intrahepatic cholestasis of pregnancy (ICP). In particular, but not exclusively, the charity seeks to achieve this by:

1. Providing information and support to women affected by ICP and their families.
2. Advancing education about the condition for the public benefit.
3. Promoting, supporting, and raising funds for research into ICP, and disseminating the useful results for the benefit of the public.

The charity's work is driven by the aim that all pregnant women—and the health professionals who care for them—are aware of this potentially devastating condition, so that unborn babies affected by ICP can be better protected.

When reviewing the charity's aims and planning future activities, the trustees confirm that they have referred to the Charity Commission's guidance on public benefit.

ICP Support relies on grants and income from donations and fundraising to meet its operational costs. The trustees monitor expenditure and liquidity to ensure the charity remains able to fulfil its objectives.

#### Providing Information and Support

Social media and our Support and Information email and telephone line continue to be the primary channels through which we provide information, support, and public benefit.

Our social media presence remains the most popular point of access for women seeking information about ICP. At the end of 2025:

- The ICP Support Facebook page had **7,600 followers**.
- The main support group for pregnant women with ICP had **over 10,900 members**.
- The *Beyond Birth* postnatal group had **2,900 members** and continues to grow

rapidly, reflecting the increasing need for support among women who experience ongoing ICP related issues after birth, including into menopause.

- The Health Professionals group grew from **394 to 428 members**, although engagement remains light.

Information is also disseminated through Instagram and LinkedIn, where engagement continues to increase substantially, as well as through our website and our generic information leaflet.

### **Advancing Education for Public Benefit**

We continue to innovate in raising awareness of ICP and providing accessible, evidence-based information to anyone affected by the condition.

A series of infographics, based on current research findings, has been produced and shared across our social media platforms and website. These provide a clear and accessible way for both professionals and the public to understand up-to-date evidence on ICP.

To support women at higher risk of developing ICP from a South Asian background, several of these infographics have been translated into **Hindi**, ensuring that vital information is available in a culturally and linguistically appropriate format.

### **Promoting, supporting, and raising funds for research into the condition. The useful results of which will be disseminated for the benefit of the public.**

#### **Fund Raising**

2025 marked an exciting milestone for ICP Support as we delivered our first major fundraising event, “**Snowdon at Night.**” The event was a great success, both in participation and in the funds raised, and it has helped to raise the profile of the charity’s work. Following this positive experience, we have partnered with a charitable adventure company and plan to secure a further challenge event in late 2026.

Our annual Christmas fundraising activity also continued, with the **2025 Christmas raffle** proving both popular and successful.

Planning has already begun for our **2026 fundraising event**, which will centre around an afternoon tea theme, offering supporters a welcoming and accessible way to engage with the charity.

These fundraising activities play an important role in supporting our operational costs and enabling us to continue providing information, support, and education to women affected by ICP and the professionals who care for them.



## Collaborative Work



Collaboration remains central to ICP Support’s mission, enabling us to extend our reach, strengthen our evidence base, and ensure that women affected by ICP benefit from the most up-to-date knowledge and support.

During 2025 we continued to work with a range of organisations, including:

- **Janam App**, which provides culturally tailored information for South Asian pregnant women.
- **Pregnancy and Baby Charities Network**, contributing to sector-wide advocacy and shared learning.
- **Baby Loss Awareness Week**, supporting national awareness and remembrance activities.
- **Consortium EASL** (European Association for the Study of the Liver), helping to ensure that liver specialists remain informed about ICP.

## Promoting and Supporting Research

Research remains a core strand of our charitable purpose. In 2025 we continued our long-standing collaboration with:

- Professor Catherine Williamson, Imperial College London
- Professor Bill Hague, Adelaide, Australia

These partnerships help ensure that emerging evidence is translated into accessible information for women, families, and health professionals.

## Grants Awarded to ICP Support in 2025

We are grateful for the external funding that supports our work. In 2025 the charity received:

- £4,000 from The D’Oyly Carte Charitable Trust to support core costs in 2026. This sum has been deferred to our 2026 accounts.
- The grant from Richer Sounds, awarded in 2024, remains restricted for its intended purpose and will be utilised in 2026 in line with the funder’s requirements.

These grants play an important role in sustaining our services and enabling us to continue delivering public benefit.

## Future Plans

In 2026 ICP Support will continue to work towards its vision of every ICP baby being born healthy, with strategic plans aligned to our charitable aims and objectives.

Key priorities for the coming year include:

- Expanding our volunteer network, enabling us to offer a broader range of lived

ICP Support Annual Report and Financial Statements for the year ending 31 December 2025

Charity Registration 1146449

Charitable Incorporated Organisation CEO39296

- experiences and cultural backgrounds to better support our diverse service users
- Strengthening our funding strategy, ensuring the charity remains financially resilient and able to meet increasing demand.
- Increasing engagement with women at higher risk of developing ICP, particularly through targeted outreach and culturally appropriate resources.

These plans will help us build on the progress made in 2025 and ensure that our services remain accessible, evidence based, and responsive to the needs of women and families affected by ICP.

## Public Benefit

The trustees confirm that, in setting the charity's objectives and planning its activities, they have had due regard to the Charity Commission's guidance on public benefit and are satisfied that the work of ICP Support continues to provide clear and measurable public benefit.

ICP Support delivers public benefit by ensuring that women affected by intrahepatic cholestasis of pregnancy (ICP), their families, and the health professionals who care for them have access to accurate, evidence-based information and timely support. This includes providing free access to online resources, social media support groups, and our Support and Information email and telephone line, all of which help women make informed decisions about their care and wellbeing.

The charity also contributes to public benefit by raising awareness of ICP among the wider public and healthcare community, helping to ensure earlier recognition of symptoms and improved outcomes for unborn babies. Our educational materials, including research-based infographics and translated resources for higher risk communities, further support this aim. In addition, ICP Support advances public benefit through its collaboration with researchers and clinicians, helping to promote and disseminate new evidence that improves understanding of ICP and informs clinical practice. Our partnerships with national and international organisations strengthen the reach and impact of this work.

Through these activities, the trustees are confident that ICP Support continues to fulfil its charitable purpose and provide meaningful benefit to the public.

## Financial Review:

### Income:

In the year ended 31 December 2025, ICP Support recorded total income of **£66,028**, compared with **£112,171** in 2024. All income received during the year related to unrestricted funds.

- **Donations** amounted to **£42,148** (2024: £92,195). This comprised **£35,543** in donations and gifts and **£6,606** received through Gift Aid.
- **Grants:** No grants were received for financial year 2025, whereas the prior year included a one-off **£20,000 grant**
- Income from **charitable activities** increased to **£23,879** (2024: £19,976). This included
  - **£16,562** from fundraising events
  - **£4,563** from the charity lottery,
  - **£2,690** from the Christmas raffle
  - **£65** from sales

The increase in fundraising income reflects the success of the *Snowdon at Night* challenge and increased supporter engagement with our Christmas raffle.

### **Expenditure:**

Total expenditure for the year was **£71,423** (2024: £88,606).

- **Expenditure on raising funds** reduced significantly to **£1,552** (2024: £10,737), reflecting lower costs associated with fundraising activities compared with the previous year. This included **£660** in fundraising costs and **£893** paid out in lottery prizes.
- **Expenditure on charitable activities** totalled **£69,871** (2024: £77,869), representing 98% of all spending. The largest element continued to be **salaries and staff costs**, at **£60,236**, enabling the charity to maintain its core support, information, and education functions.
- The remaining smaller but essential operational costs supported the delivery of services throughout the year. Several areas of expenditure were lower than in 2024, including conferences, rent, and IT support, reflecting careful cost management.

### **Deficit for the Year:**

The charity reports a **net deficit of £5,396** for the year (2024: surplus of £23,565). This planned deficit was met from unrestricted reserves and reflects the trustees' decision to maintain service levels despite lower income in the period.

### **Reserves:**

Total funds carried forward at 31 December 2025 were **£49,113** (2024: £54,509), comprising:

- **Unrestricted funds:** £39,113
- **Restricted funds:** £10,000

The restricted balance represents the Richer Sounds grant, which will be utilised in 2026 in accordance with the donor's requirements.

The trustees' reserves policy requires the charity to maintain unrestricted reserves equivalent to **three months of committed expenditure plus estimated redundancy costs**, calculated at **£15,000** for 2026. The year-end unrestricted reserves of £39,113 exceed this minimum level, providing a prudent buffer to support financial stability and manage fluctuations in income.

### **Overall Financial Position**

The trustees consider the charity's financial position at the end of 2025 to be healthy and appropriate for its size and planned activities. Income streams continue to be monitored closely, and the fundraising strategy is being strengthened through planned events in 2026 and increased engagement with supporters. The trustees remain committed to ensuring that resources are used effectively to advance the charity's vision of every ICP baby being born healthy.

## Reference and administrative details:

<b>Registered Charity Name</b>	ICP Support	
Charity Number	1146449 – England and Wales	
Charitable Incorporated Organisation	CEO39296	
Registered Office	Lytchett House 13 Freeland Park Wareham Poole Dorset BH16 6FA	
<b>Trustees</b>	J Hastings K Symons H Owen N Brown J Gray P Dixon S Flower S Coaker D Wilson A Mitchell	Chair          Appointed May 2025

Independent Examiner	Michelle Nisbet 6 Norman Ave Coventry CV2 2NR
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<b>Bankers</b>	Co-Operative Bank
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## Structure, governance and management

ICP Support is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission under registration number **1146449**.

The charity is governed by its **Foundation Constitution**, which sets out its charitable objects and powers. These remain unchanged. Strategic oversight is provided by the Board of Trustees, who are responsible for ensuring that the charity operates in accordance with its Constitution and relevant charity law.

Trustees are appointed for a term of **three years** by resolution at a properly convened meeting of the trustees. Day-to-day management of the charity is delegated to the **Chief Executive Officer (CEO)**. The Chair provides supervision and support to the CEO, who in turn manages staff and volunteers.

Trustees are recruited through personal recommendation and/or by invitation, with candidates selected for their skills, experience, and alignment with the charity's aims.

Prospective trustees meet initially with the Chair and CEO, followed by a further interview with other trustees before appointment.

All new trustees receive an induction and are provided with key information about their roles, responsibilities, and the charity's operations. Trustees give their time voluntarily and receive no remuneration or other benefits.

### **Risk Management**

The Board of Trustees has undertaken a review of the major risks facing the charity and has implemented systems and procedures to mitigate these risks. Internal risks are managed through established processes for authorising transactions, approving projects, and ensuring consistent quality across all operational activities.

These procedures are reviewed periodically to ensure they remain appropriate, effective, and compliant with external regulations and best practice.

### **Statement of Trustees' Responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice).

The Charities Statement of Recommended Practice (SORP) requires the trustees to prepare financial statements for each financial year that give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources for that year.


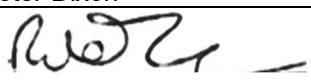
In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently
- observe the methods and principles of the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on a going concern basis unless it is inappropriate to assume that the charity will continue in operation

The trustees are responsible for keeping accounting records that disclose, with reasonable accuracy, the financial position of the charity at any time. They are also responsible for safeguarding the assets of the charity and taking reasonable steps to prevent and detect fraud and other irregularities.

The trustees declare that they have approved the Trustees' Annual Report above.

Signed on behalf of the Charity's Trustees:

Full Name(s)	Jenny Hastings	Peter Dixon
Signature:		
Date:	20 April 2026	20 April 2026



**Independent Examiner's Report**

<b>Report to the trustees of</b>	ICP Support		
<b>On accounts for the year ended</b>	31 December 2025	<b>Charity no</b>	1146449
		<b>CIO no</b>	CEO39296
<b>Set out on pages</b>			
<b>Responsibilities and basis of report</b>	<p>I report to the trustees on my examination of the accounts of the above charity ("the charity") for the year ended <b>31 December 2025</b>.</p> <p>As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").</p> <p>I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act. In carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.</p>		
<b>Independent examiner's statement</b>	<p>I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that, in any material respect:</p> <ul style="list-style-type: none"> <li>• the accounting records were not kept in accordance with section 130 of the Charities Act 2011; or</li> <li>• the accounts do not accord with those records; or</li> <li>• the accounts do not comply with the accounting requirements of the Charities Act 2011; or</li> <li>• the accounts have not been prepared in accordance with the Charities SORP (FRS 102).</li> </ul> <p>I have no concerns and have no other matters to report.</p>		
<b>Signed:</b>	<i>m. nisbet</i>	<b>Date:</b>	29.03.2026
<b>Name:</b>	Michelle Nisbet		
<b>Professional qualification:</b>	CIMA Qualified		
<b>Address:</b>	6 Norman Ave		
	Coventry		
	CV2 2NR		

ICP Support		Charity No	1146449	
		Charitable Incorporated Organisation	CE039296	
Annual accounts for the period				
Period start date	01/01/2025	To	Period end date	31/12/2025

## Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Unrestricted funds	Restricted income funds	Endowment funds	2025	2024
	£	£	£	£	£
<b>Income (Note 3)</b>					
<b>Income and endowments from:</b>					
Donations and legacies	£42,148	£0	£0	£42,148	£92,195
Charitable activities	£23,879	£0	£0	£23,879	£19,976
Other trading activities	£0	£0	£0	£0	£0
Investments	£0	£0	£0	£0	£0
Separate material item of income	£0	£0	£0	£0	£0
Other	£0	£0	£0	£0	£0
<b>Total</b>	<b>£66,028</b>	<b>£0</b>	<b>£0</b>	<b>£66,028</b>	<b>£112,171</b>
<b>Expenditure (Notes 6)</b>					
<b>Expenditure on:</b>					
Raising funds	£1,552	£0	£0	£1,552	£10,737
Charitable activities	£69,871	£0	£0	£69,871	£77,869
Separate material expense item	£0	£0	£0	£0	£0
Other	£0	£0	£0	£0	£0
<b>Total</b>	<b>£71,423</b>	<b>£0</b>	<b>£0</b>	<b>£71,423</b>	<b>£88,606</b>
<b>Net income/(expenditure) before tax for the reporting period</b>					
	-£5,396	£0	£0	-£5,396	£23,565
Tax payable	£0	£0	£0	£0	£0
<b>Net income/(expenditure) after tax before investment gains/(losses)</b>					
	-£5,396	£0	£0	-£5,396	£23,565
Net gains/(losses) on investments	£0	£0	£0	£0	£0
<b>Net income/(expenditure)</b>					
	-£5,396	£0	£0	-£5,396	£23,565
<b>Extraordinary items</b>					
	£0	£0	£0	£0	£0
<b>Transfers between funds</b>					
	£0	£0	£0	£0	£0
<b>Other recognised gains/(losses):</b>					
Gains and losses on revaluation of fixed assets for the charity's own use	£0	£0	£0	£0	£0
Other gains/(losses)	£0	£0	£0	£0	£0
<b>Net movement in funds</b>					
	-£5,396	£0	£0	-£5,396	£23,565
<b>Reconciliation of funds:</b>					
Total funds brought forward	£44,509	£10,000	£0	£54,509	£30,944
<b>Total funds carried forward</b>	<b>£39,113</b>	<b>£10,000</b>	<b>£0</b>	<b>£49,113</b>	<b>£54,509</b>

The Statement of Financial Activities includes all gains and losses recognized in the year. All income and expenditure derive from continuing activities.

		ICP Support			Charity No 1146449	
				Charitable Incorporated Organisation No CE039296		
<b>Section B Balance sheet as at 31 December 2025</b>						
		Unrestricted funds	Restricted income funds	Endowment funds	Total 31/12/2025	Total 31/12/2024
		£	£	£	£	£
<b>Fixed assets</b>						
Intangible assets	(Note 15)	-	-	-	-	-
Tangible assets	(Note 14)	-	-	-	-	-
Heritage assets	(Note 16)	-	-	-	-	-
Investments	(Note 17)	-	-	-	-	-
<b>Total fixed assets</b>		-	-	-	-	-
<b>Current assets</b>						
Stocks	(Note 18)	-	-	-	-	-
Debtors	(Note 19)	5,319	-	-	5,319	900
Investments	(Note 17.4)	-	-	-	-	-
Cash at bank and in hand	(Note 24)	40,138	10,000	-	50,138	54,310
<b>Total current assets</b>		45,457	10,000	-	55,457	55,210
Creditors: amounts falling due within one year	(Note 20)	6,343	-	-	6,343	701
<b>Net current assets/(liabilities)</b>		39,114	10,000	-	49,114	54,509
<b>Total assets less current liabilities</b>		39,114	10,000	-	49,114	54,509
Creditors: amounts falling due after one year	(Note 20)	-	-	-	-	-
Provisions for liabilities		-	-	-	-	-
<b>Total net assets or liabilities</b>		39,114	10,000	-	49,114	54,509
<b>Funds of the Charity</b>						
Endowment funds	(Note 27)	-	-	-	-	-
Restricted income funds	(Note 27)	-	10,000	-	10,000	10,000
Unrestricted funds		39,114	-	-	39,114	44,509
Revaluation reserve		-	-	-	-	-
Fair value reserve		-	-	-	-	-
<b>Total funds</b>		39,114	10,000	-	49,114	54,509

The notes at pages 13 to 20 form an integral part of these accounts.

Approved by the Trustees on 20 April 2026 and signed on their behalf by:

D J Wilson  
Treasurer



## **NOTES TO THE FINANCIAL STATEMENTS**

### **FOR THE YEAR ENDED 31 DECEMBER 2025**

#### **1. Accounting Policies**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

##### **1.1 Basis of preparation**

These accounts have been prepared under the historical cost convention, with items recognised at cost or transaction value unless otherwise stated in the relevant notes.

The financial statements have been prepared in accordance with:

- the **Charities SORP (FRS 102)**
- the **Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)**
- the **Charities Act 2011**

ICP Support meets the definition of a **public benefit entity** under FRS 102.

##### **1.2 Preparation of the accounts on a going concern basis**

The charity reported total unrestricted funds at the year-end of **£55,067** and has fundraising strategies in place. In making their assessment, the trustees have reviewed relevant information, including the annual budget and future cash flow forecasts.

The trustees are of the view that the immediate future of the charity for the next 12 months is secure and, on this basis, the financial statements have been prepared on a **going concern** basis.

##### **1.3 Recognition of income**

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income, any performance conditions have been met, the amount can be measured reliably, and receipt is probable.

Donations and legacies, including core grants, sponsorship, and gifts, are included in full when received.

##### **1.4 Offsetting**

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the Charities SORP (FRS 102) or FRS 102.

##### **1.5 Grants and donations**

Income from grants is recognised when the charity has entitlement to the funds, any performance conditions have been met, receipt is probable, and the amount can be measured reliably. Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

Grants received for a specific purpose are treated as **restricted funds**.

### **1.6 Volunteer help**

The value of volunteer time is not included in the financial statements.

### **1.7 Interest receivable**

Interest is recognised when receivable and measurable, normally upon notification from the bank. There were no interest-bearing accounts held in 2025.

### **1.8 Fund accounting**

- **Unrestricted funds** are available to spend on activities that further any of the charity's purposes.
- **Restricted funds** are grants or donations where the donor has specified their use for particular areas of the charity's work or specific projects.

### **1.9 Liability recognition**

Liabilities are recognised when it is more likely than not that a legal or constructive obligation exists, the settlement will require a transfer of resources, and the amount can be measured reliably.

### **1.10 Charitable activities**

Expenditure on charitable activities includes all costs incurred in furthering the charity's purposes, together with associated support costs.

### **1.11 Creditors**

Creditors are measured at settlement amounts less any trade discounts.

### **1.12 Fixed assets**

The charity does not currently hold any tangible fixed assets.

### **1.13 Cash and cash equivalents**

Cash and cash equivalents include cash in hand and deposits held at call with banks.

### **1.14 Taxation**

The CIO meets the conditions set out in paragraph 1, Schedule 6 of the Finance Act 2010 and therefore qualifies as a charitable organisation for UK tax purposes. Accordingly, it is exempt from taxation on income and capital gains to the extent that such income or gains are applied for charitable purposes.

### **1.15 Retirement benefits**

ICP Support operates an auto-enrolment pension scheme for its employees, with contributions paid to **The People's Pension**.

## 1.16 Leases

Until July 2025, the charity held an office rental agreement classified as an operating lease, with rental charges recognised on a straight-line basis over the term of the lease. The lease ended in July 2025, and the charity no longer occupies office premises. Mail handling is now provided through UK Postbox. No lease obligations existed at the year end.

## 1.17 Allocation of support and governance costs

Support costs are those that assist the work of the charity but do not directly represent charitable activities. They include administrative costs, HR and recruitment, and premises costs.

Governance costs comprise all costs associated with the public accountability of the charity and compliance with regulation and good practice.

Support and governance costs have been allocated **100% to charitable activities**, reflecting the nature of the charity's operations.

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2025

Note 3		Income			
	Analysis of income	Unrestricted funds	Restricted income funds	2025	2024
				£	£
<b>Donations and legacies:</b>	Donations and gifts	35,543		35,543	65,545
	Gift Aid	6,606		6,606	6,650
	Legacies	-		-	-
	General grants provided by government/other charities	-		-	20,000
	Membership subscriptions and sponsorships which are in substance donations		-	-	-
	Donated goods, facilities and services	-	-	-	-
	Other	-	-	-	-
	<b>Total</b>	42,148	-	42,148	92,195
<b>Charitable activities:</b>	Fundraising	16,562	-	16,562	15,343
	Lottery	4,563	-	4,563	3,267
	Sales	65	-	65	156
	Raffle	2,690	-	2,690	1,210
		<b>Total</b>	23,879	-	23,879
	<b>TOTAL INCOME</b>	66,028	-	66,028	112,171

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2025

Note 6	Expenditure						
	Analysis	2025			2024		
		Unrestricted funds	Restricted income funds	2025	Unrestricted funds	Restricted income funds	2024
				£			£
<b>Expenditure on raising funds:</b>							
Grant Application Costs	-	-	-	-	-	-	-
Fundraising Costs	660	-	660	9,723	-	9,723	
Lottery Winners	893	-	893	1,014	-	1,014	
Charity Ball costs		-	-		-	-	
<b>Total expenditure on raising funds</b>	<b>1,552</b>	<b>-</b>	<b>1,552</b>	<b>10,737</b>	<b>-</b>	<b>10,737</b>	
<b>Expenditure on charitable activities:</b>							
Research Payments	1,711	-	1,711	-	-	-	
Conferences and Exhibitions	176	-	176	1,487	-	1,487	
Newsletters/Surveys		-	-	588	-	588	
Salaries and staff costs	60,236	-	60,236	65,096	-	65,096	
Payroll Administration	762	-	762	861	-	861	
Rent	1,858	-	1,858	3,000	-	3,000	
Insurance	227	-	227	307	-	307	
IT Support	-	-	-	2,250	-	2,250	
Website Hosting	599	-	599	559	-	559	
Office Equipment	-	-	-		-	-	
Statutory costs	-	-	-	334	-	334	
Subscriptions/Memberships	370	-	370	395	-	395	
Recruitment	-	-	-	199	-	199	
Sundry	35	-	35	183	-	183	
Postage, telephones and stationery	506	-	506	384	-	384	
Training	17	-	17	119	-	119	
Travel	25	-	25	129	-	129	
IT Software & Apps	1,101	-	1,101	302	-	302	
Bank Fees, Card Payment & Platform	2,247	-	2,247	1,566	-	1,566	
Independent Examiners Fee	-	-	-		-	-	
Trustee expenses	-	-	-		-	-	
Trustee meetings	-	-	-	110	-	110	
<b>Total expenditure on charitable activities</b>	<b>69,871</b>	<b>-</b>	<b>69,871</b>	<b>77,869</b>	<b>-</b>	<b>77,869</b>	
<b>Total other expenditure</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	
<b>TOTAL EXPENDITURE</b>	<b>71,423</b>	<b>-</b>	<b>71,423</b>	<b>88,606</b>	<b>-</b>	<b>88,606</b>	

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2025

<b>Note 11</b>		<b>Paid employees</b>	
<b>11.1 Staff Costs</b>			
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
<b>Salaries and wages</b>		59,391	64,248
<b>Social security costs</b>			
<b>Pension costs (defined contribution scheme)</b>		694	848
<b>Other employee benefits</b>		-	-
	<b>Total staff costs</b>	<b>60,086</b>	<b>65,096</b>
No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000 (2023 None)			
<b>11.2 Average head count in the year</b>			
		<b>2025</b>	<b>2024</b>
		<b>Number</b>	<b>Number</b>
	<b>Total</b>	2.23	2.55

<b>Note 12</b>		<b>Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.</b>	
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
<b>Amount of contributions recognised in the SOFA as an expense</b>		694	848

<b>Note 19</b>		<b>Debtors and prepayments</b>	
<b>19.1 Analysis of debtors</b>			
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
<b>Trade debtors</b>		-	-
<b>Prepayments and accrued income</b>		-	-
<b>Other debtors</b>		5,319	900
	<b>Total</b>	<b>5,319</b>	<b>900</b>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 DECEMBER 2025**

<b>Note 20</b>		<b>Creditors and accruals</b>			
<b>20.1 Analysis of creditors</b>					
	<b>Amounts falling due within one year</b>		<b>Amounts falling due after more than one year</b>		
	<b>2025</b>	<b>2024</b>	<b>2025</b>	<b>2024</b>	
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	
<b>Accruals for grants payable</b>	-	-	-	-	
<b>Bank loans and overdrafts</b>	-	-	-	-	
<b>Trade creditors</b>	180	180	-	-	
<b>Payments received on account for contracts or performance-related grants</b>	-	-	-	-	
<b>Accruals and deferred income</b>	5,711	-	-	-	
<b>Taxation and social security</b>	452	521	-	-	
<b>Other creditors</b>	-	-	-	-	
<b>Total</b>	<b>6,343</b>	<b>701</b>	<b>-</b>	<b>-</b>	

<b>Note 24</b>		<b>Cash at bank and in hand</b>			
				<b>2025</b>	<b>2024</b>
				<b>£</b>	<b>£</b>
<b>Short term cash investments (less than 3 months maturity date)</b>				-	-
<b>Short term deposits</b>				-	-
<b>Cash at bank and on hand</b>				50,138	54,310
<b>Other</b>				-	-
<b>Total</b>				<b>50,138</b>	<b>54,310</b>

<b>Note 27</b>		<b>Charity funds</b>				
<b>27.1 Details of material funds held and movements during the CURRENT reporting period</b>						
<i>* Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds</i>						
<b>Fund names</b>	<b>Type PE, EE R or UR *</b>	<b>Purpose and Restrictions</b>	<b>Fund balances brought forward</b>	<b>Income</b>	<b>Expenditure</b>	<b>Fund balances carried forward</b>
			<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Richer Sounds	R	Education Training Videos	10,000	-	-	10,000
			-	-	-	-
<b>Other funds (balancing figure)</b>	<b>N/a</b>	<b>N/a</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total Funds as per balance sheet</b>			<b>10,000</b>	<b>-</b>	<b>-</b>	<b>10,000</b>

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2025

#### Note 28 Transactions with trustees and related parties

##### 28.1 Trustee remuneration and benefits:

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (2024 Nil)

##### 28.2 Trustee expenses:

Type of expenses reimbursed	2025	2024
	£	£
Travel	-	92
Subsistence	-	-
<b>TOTAL</b>	<b>-</b>	<b>92</b>
The number of trustees reimbursed for expenses or who had expenses paid by the charity	0	1

##### 28.3 Transactions with related parties:

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	2024 Amount	Balance at period end	2025	2024	Amounts written off during reporting
			£	£	£	£	£
Mr Ian Kingston	Husband of CEO (retired March 2024)	Provision of IT Support, Maintenance of Website and social media pages	-	-	-	1,350	-

**ICP SUPPORT**

England & Wales - Charity number 1146449

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# Accounts

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# ICP SUPPORT

a Charitable Incorporated Organisation

**ANNUAL REPORT AND INDEPENDENTLY  
EXAMINED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2024**



# ICP Support

**Annual Report and Financial Statements**  
For the year ended 31<sup>st</sup> December 2024

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# ICP Support

## Annual Report and Financial Statements

For the year ended 31<sup>st</sup> December 2024

The trustees are pleased to present their annual report together with the financial statements of the charity for the year ending 31st December 2024. The financial statements comply with the Charities Act 2019, the Constitution (formerly the Memorandum and Articles of Association), and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

### Chair of Trustees' Report

2024 has proved to be an exciting but challenging year for ICP Support, with our founder and CEO, Jenny Chambers, stepping down in early 2024. We have been so grateful to our supporters and small team who have been dedicated to maintaining the support and information offered. We are delighted to have appointed a new CEO, Katy Crabbe, in January 2025 who will be able to support the charity to continue to thrive and deliver its core aims.

We thank all our supporters who have donated to ICP over 2024 – we could not provide the services we do without your help – and it means we can continue to help fund research, support women and their families, and enable us to fulfil our aim that every ICP baby is born safely.

A key moment for me in September 2024 was our extremely successful Ball, which raised much needed funds, as well as honouring our outgoing CEO and Founder who has helped and supported countless women and families. As Chair, I can honestly say that whilst this last year has been challenging, I remain honoured to be a part of such a fantastic charity and I am excited to see what opportunities await us in 2025.

Jenny Hastings - Chair of Trustees

### Objectives and Activities

The object for which the charity has been established is the relief of sickness and preservation of good health among women affected by the liver conditions of pregnancy called obstetric cholestasis, also known as intrahepatic cholestasis of pregnancy (ICP). In particular but not exclusively by:

- 1) Providing information and support to women affected by ICP and their families
- 2) Advancing education of the condition for public benefit.
- 3) Promoting, supporting and raising funds for research into the condition. The useful results of which will be disseminated for the benefit of the public.

The work of the charity is to ensure that all pregnant women and all health professionals who provide care for them are aware of this potentially devastating condition. This is vital if unborn ICP babies are to be better protected.

When reviewing the company's aims and objectives and planning future activities, the trustees confirm that they have referred to the Charity Commission's guidance on public benefit.

ICP Support relies on grants and income from fees to cover its operational costs. The Trustees monitor the operational costs and level of liquidity to ensure the Charity can meet its objectives.

### Providing information and support to women affected by ICP and their families.

Social media and our Support and Information email and line continue to be the channels through which we provide information and support and deliver public benefit.

Our most popular point of access for information and support on ICP is still through our social media groups.

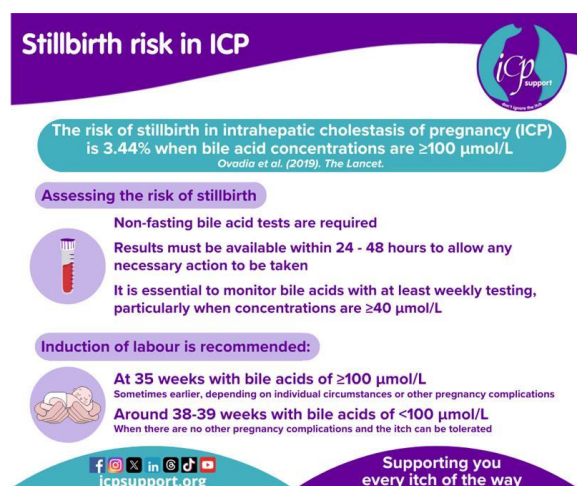
We have several Facebook groups and a Facebook page. At the end of 2024 the main group had over 10,000 members. Our Facebook page has 7,400 followers, the Beyond Birth (postnatal) Facebook group has 2,700 members and continues to grow rapidly - there is a noted demand for providing support to women who continue to have ICP-related issues after their babies are born, right the way through to menopause.

The Health Professionals group has grown from 394 members to 428, but activity is still light. Information is also disseminated through X (formerly Twitter), Instagram and Threads, where engagement continues to increase substantially.

Other sources of information continue to be through our website and our generic information leaflet.

### Advancing education of the condition for public benefit.

We have continued to innovate in our efforts of raising awareness and providing information on ICP to anyone affected by ICP. Various infographics have been produced and are based on research findings. Utilised across our various social media platforms and website, they provide an accessible way for professionals and users to access up to date evidence on ICP.



**Stillbirth risk in ICP**

The risk of stillbirth in intrahepatic cholestasis of pregnancy (ICP) is 3.44% when bile acid concentrations are  $\geq 100 \mu\text{mol/L}$   
Ovalia et al. (2019), The Lancet.

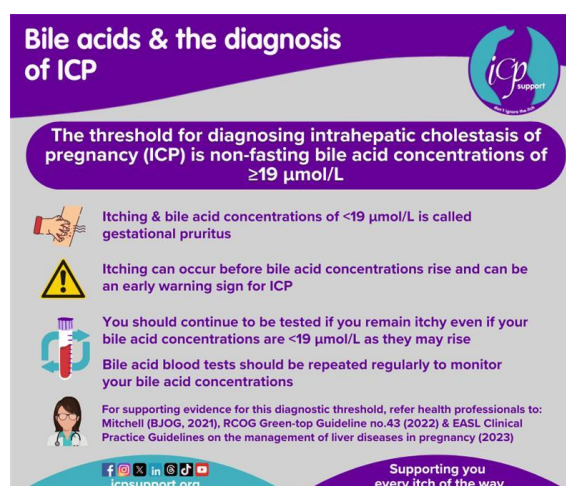
**Assessing the risk of stillbirth**

Non-fasting bile acid tests are required  
Results must be available within 24 - 48 hours to allow any necessary action to be taken  
It is essential to monitor bile acids with at least weekly testing, particularly when concentrations are  $\geq 40 \mu\text{mol/L}$

**Induction of labour is recommended:**

At 35 weeks with bile acids of  $\geq 100 \mu\text{mol/L}$   
Sometimes earlier, depending on individual circumstances or other pregnancy complications  
Around 38-39 weeks with bile acids of  $< 100 \mu\text{mol/L}$   
When there are no other pregnancy complications and the itch can be tolerated

Supporting you every itch of the way  
icpsupport.org



**Bile acids & the diagnosis of ICP**

The threshold for diagnosing intrahepatic cholestasis of pregnancy (ICP) is non-fasting bile acid concentrations of  $\geq 19 \mu\text{mol/L}$

Itching & bile acid concentrations of  $< 19 \mu\text{mol/L}$  is called gestational pruritus  
Itching can occur before bile acid concentrations rise and can be an early warning sign for ICP  
You should continue to be tested if you remain itchy even if your bile acid concentrations are  $< 19 \mu\text{mol/L}$  as they may rise  
Bile acid blood tests should be repeated regularly to monitor your bile acid concentrations

For supporting evidence for this diagnostic threshold, refer health professionals to:  
Mitchell (BJOG, 2021), RCOG Green-top Guideline no.43 (2022) & EASL Clinical Practice Guidelines on the management of liver diseases in pregnancy (2023)

Supporting you every itch of the way  
icpsupport.org

## Collaborative Work

We have continued our collaborative work with other organisations, and this year the organisations we have worked with include:

Pregnancy and Baby Charities Network,  
Baby Loss Awareness Week,  
Consortium EASL (European Association for the Study of the Liver),  
Covid-19 Enquiry.

## Promoting and supporting research into the condition.

The NIHR (National Institute for Health Research) has an expectation that research conducted in the UK involves the patients (or patient organisations) representing the condition being researched. This is referred to as PPI (Patient and Public Involvement), and ICP Support has been at the forefront of PPI since the charity's inception in the 1990s. This takes the form of being involved with the design of studies into ICP, conducting surveys that help researchers to know whether their research intentions are feasible and facilitating the recruitment of participants to the actual studies. This year we have worked with Professor Catherine Williamson from Imperial College, London and we have also continued our work with Professor Bill Hague from Adelaide, Australia.

## Grants Awarded to ICP Support in 2024:



The D'Oyly Carte Charitable Trust

The D'Oyly Carte Charitable Trust £5k for core costs



FOYLE FOUNDATION

Foyle Foundation £5k for core costs



Richer Sounds £10,000 funding towards education training videos

The Richer Sounds grant will be carried forward and spent in 2025.

## Future Plans:

In 2025 ICP Support will outline several strategic plans aligned to its aims and objectives and to advance its vision of 'every baby being born healthy'. The charity aims to enhance its services by expanding its volunteer network to enable us to offer a diverse background of volunteers for our service users. Trustees further aim to establish a renewed funding strategy and increase engagement with women who have a higher risk of developing ICP.

## **Public Benefit**

The trustees confirm that when setting the objectives and planning the activities of ICP, they have considered and complied with the Charity Commission guidance on Public Benefit.

## **Financial Review**

The charity started the year with unrestricted cash reserves of £30,944 available to finance the day-to-day operations of the charity. The balance has increased from 2023 with successful fundraising, particularly from the September Ball, and also with £10,000 in unrestricted grants towards our core costs. We ended 2024 with £44,509 in unrestricted reserves representing approximately 12 months expenditure.

The charity's focus for 2024 continued to be on fundraising to try to ensure that the operational costs to the charity were met and to provide a basis for growth in the future. Unrestricted income for 2024 was £102,171, which was an increase of 49.4% on the previous year. This was mainly due to the fundraising Ball and unrestricted grants received. As ever, we are proud of the amount raised and thankful for the continued generosity of our donors and patrons, particularly with the continuing financial challenges in the charity sector.

The trustees continue to operate with a Finance Committee that oversees and discusses the financial objectives of the charity, looks at pay and remuneration, and monitors cashflow and future income and expenditure. The committee continues to meet monthly, and the Treasurer circulates a summary of the discussion points and any proposals to all Trustees. The Finance Committee does not have approval rights, and any final proposals are approved at the next full Trustees' Meeting.

Expenditure continued to be on operational activities overall, with more spent on fundraising activities, particularly the Ball, than in 2023.

Overall, the charity had a surplus of income over expenditure of £13,565. This means that at the end of 2024 the charity had unrestricted cash reserves of £44,509, which allows us to continue our work through 2025. However, we are conscious that continuing to raise funds and obtain grants is imperative to allow ICP support to continue to support those affected by ICP.

In addition, we hold an unspent grant of £10,000 from Richer Sounds towards the costs of funding educational videos for GPs and other medical professionals.

With the grant giver's permission we have retained this grant to allow the project to be undertaken following the appointment of our new CEO in February 2025.

## **Policy & Reserves**

An average unrestricted cash balance of at least three months' expenditure will always be maintained. There are no plans to invest any of the monies held.

## Reference and administrative details:

<b>Registered Charity Name</b>	ICP Support	
Charity Number	1146449 – England and Wales	
Charitable Incorporated Organisation	CEO39296	
Registered Office	69 Mere Green Road Sutton Coldfield West Midlands B75 5BY	
<b>Trustees</b>	J Hastings K Symons H Owen C Manchester N Brown K Crabbe T Smith J Gray P Dixon S Flower S Coaker D Wilson	Chair  Appointment ended August 2024  Appointment ended October 2024 Appointment ended March 2024  Appointed May 2024 Appointed May 2024 Appointed September 2024

Independent Examiner	Michelle Nisbet 6 Norman Ave Coventry CV2 2NR
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<b>Bankers</b>	Co-Operative Bank
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## Structure, governance and management

The charity is set up as a charitable incorporated organisation and is registered with the Charity Commissioners under registration number 1146449.

For the 2024 reporting period, the Charity was controlled by its governing document a deed of trust, and constituted a company, limited by guarantee, as defined by the Companies Act 2006. The Charity reported to both Companies House and the Charity Commission as a Company Limited by Guarantee and Registered Charity.

During the year, the Charity applied to convert to a Charitable Incorporated Organisation (CIO.) The Charitable Incorporated Organisation (CIO) was registered with the Charity Commission on 4 March 2025, replacing the previous company limited by guarantee of the same name. The charity continues to report to the Charity Commission but is no longer governed by Companies House.

ICP Support is governed by its Charitable Incorporated Organisation Foundation Constitution that sets out the objectives and powers of the charity under the constitution. These remain unchanged. The charity is managed by a Board of Trustees. Individual trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Day-to-day management of the organisation is delegated to the CEO. The Chair supervises the CEO, and the CEO supervises other staff members and volunteers. Trustees are recruited through personal recommendation and/or by invitation and are people whose abilities and aims are in tune with those of the company's charitable purpose.

In terms of process, candidates meet, in the first instance, with the Chair and CEO. They are then invited to attend an additional interview with other Trustees before being accepted.

Once appointed, all new Trustees have a period of induction and are provided with key information relating to their rights and responsibilities.

All trustees give their time voluntarily and receive no remuneration or other benefits.

## **Risk Management**

The Trustee Board has conducted its own review of the major risks to which the charity is exposed, and systems have been established to mitigate those risks. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity and comply with external regulations and requirements.

## **Statement of Trustee Responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The Charities Statement of Recommended Practice (SORP) requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of incoming resources and application of resources, including the receipts and payments of the charity for that year.



In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records that disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's Trustees:

Full Name(s)	Jenny Hastings	Peter Dixon
Signature:		
Date:	28 April 2025	28 April 2025



**Independent Examiner's Report**

<b>Report to the trustees of</b>	ICP Support		
<b>On accounts for the year ended</b>	31 December 2024	<b>Charity no</b>	1146449
		<b>CEO no</b>	CEO39296
<b>Set out on pages</b>			
<b>Responsibilities and basis of report</b>	<p>I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended <b>31/12/2024</b>. As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").</p> <p>I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.</p>		
<b>Independent examiner's statement</b>	<p>I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:</p> <ul style="list-style-type: none"> <li>• the accounting records were not kept in accordance with section 130 of the Charities Act; or</li> <li>• the accounts did not accord with the accounting records; or</li> <li>• the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.</li> </ul> <p>I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached</p>		
<b>Signed:</b>	<i>m. nisbet</i>	<b>Date:</b>	17/04/2025
<b>Name:</b>	Michelle Nisbet		
<b>Professional qualification:</b>	CIMA Qualified		
<b>Address:</b>	6 Norman Ave		
	Coventry		
	CV2 2NR		

ICP Support		Charity No	1146449	
		Charitable Incorporated Organisation	CE039296 (registered 4/3/2025)	
Annual accounts for the period				
Period start date	01/01/2024	To	Period end date	31/12/2024

## Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total funds 2024 £	Total funds 2023 £
<b>Income (Note 3)</b>					
<b>Income and endowments from:</b>					
Donations and legacies	£82,195	£10,000	£0	£92,195	£62,791
Charitable activities	£19,976	£0	£0	£19,976	£5,593
Other trading activities	£0	£0	£0	£0	£0
Investments	£0	£0	£0	£0	£0
Separate material item of income	£0	£0	£0	£0	£0
Other	£0	£0	£0	£0	£0
<b>Total</b>	<b>£102,171</b>	<b>£10,000</b>	<b>£0</b>	<b>£112,171</b>	<b>£68,383</b>
<b>Expenditure (Notes 6)</b>					
<b>Expenditure on:</b>					
Raising funds	£10,737	£0	£0	£10,737	£6,059
Charitable activities	£77,869	£0	£0	£77,869	£82,468
Separate material expense item					
Other	£0	£0	£0	£0	£0
<b>Total</b>	<b>£88,606</b>	<b>£0</b>	<b>£0</b>	<b>£88,606</b>	<b>£88,527</b>
<b>Net income/(expenditure) before tax for the reporting period</b>					
	£13,565	£10,000	£0	£23,565	-£20,143
Tax payable	£0	£0	£0	£0	£0
<b>Net income/(expenditure) after tax before investment gains/(losses)</b>					
	£13,565	£10,000	£0	£23,565	-£20,143
Net gains/(losses) on investments	£0	£0	£0	£0	£0
<b>Net income/(expenditure) Extraordinary items</b>					
	£0	£0	£0	£0	
<b>Transfers between funds</b>					
	£0	£0	£0	£0	£0
<b>Other recognised gains/(losses):</b>					
Gains and losses on revaluation of fixed assets for the charity's own use	£0	£0	£0	£0	£0
Other gains/(losses)	£0	£0	£0	£0	£0
<b>Net movement in funds</b>					
	£13,565	£10,000	£0	£23,565	-£20,143
<b>Reconciliation of funds:</b>					
Total funds brought forward	£30,944	£0	£0	£30,944	£51,087
<b>Total funds carried forward</b>	<b>£44,509</b>	<b>£10,000</b>	<b>£0</b>	<b>£54,509</b>	<b>£30,944</b>

The Statement of Financial Activities includes all gains and losses recognized in the year. All income and expenditure derive from continuing activities.

		ICP Support		Charity No 1146449		
				Charitable Incorporated Organisation No CE039296		
<b>Section B</b>		<b>Balance sheet as at 31 December 2024</b>				
		Unrestricted funds	Restricted income funds	Endowment funds	Total 31/12/2024	Total 31/12/2023
		£	£	£	£	£
<b>Fixed assets</b>						
Intangible assets	(Note 15)	-	-	-	-	-
Tangible assets	(Note 14)	-	-	-	-	-
Heritage assets	(Note 16)	-	-	-	-	-
Investments	(Note 17)	-	-	-	-	-
<b>Total fixed assets</b>		-	-	-	-	-
<b>Current assets</b>						
Stocks	(Note 18)	-	-	-	-	-
Debtors	(Note 19)	900	-	-	900	3,101
Investments	(Note 17.4)	-	-	-	-	-
Cash at bank and in hand	(Note 24)	44,310	10,000	-	54,310	30,143
<b>Total current assets</b>		45,210	10,000	-	55,210	33,243
<b>Creditors: amounts falling due within one year</b>						
	(Note 20)	701	-	-	701	2,299
<b>Net current assets/(liabilities)</b>		44,509	10,000	-	54,509	30,944
<b>Total assets less current liabilities</b>		44,509	10,000	-	54,509	30,944
<b>Creditors: amounts falling due after one year</b>						
	(Note 20)	-	-	-	-	-
<b>Provisions for liabilities</b>						
		-	-	-	-	-
<b>Total net assets or liabilities</b>		44,509	10,000	-	54,509	30,944
<b>Funds of the Charity</b>						
Endowment funds	(Note 27)	-	-	-	-	-
Restricted income funds	(Note 27)	-	10,000	-	10,000	-
Unrestricted funds		44,509	-	-	44,509	30,944
Revaluation reserve		-	-	-	-	-
Fair value reserve		-	-	-	-	-
<b>Total funds</b>		44,509	10,000	-	54,509	30,944

The notes at pages 13 to 20 form an integral part of these accounts.

Approved by the Trustees on 28 April 2025 and signed on their behalf by:

D J Wilson,  
Treasurer



## **NOTES TO THE FINANCIAL STATEMENTS**

### **FOR THE YEAR ENDED 31 DECEMBER 2024**

#### **1. Accounting Policies**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

##### **1.1. Basis of preparation**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

ICP Support meets the definition of a public benefit entity under FRS 102.

##### **1.2. Preparation of the accounts on a going concern basis**

The charity reported total unrestricted funds at the year-end of £44,509 and has fundraising strategies in place. The trustees are of the view that the immediate future of the charity for the next 12 to 18 months is secure and that on this basis the charity is a going concern.

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

##### **1.3. Recognition of income**

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received. Donations and legacies, including core grants, sponsorship and gifts, are included in full in the Statement of Financial Activities when received.

##### **1.4. Offsetting**

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

##### **1.5. Grants and donations**

Income from grants is recognised when the charity has entitlement to the funds, any

performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

Grants received for a specific purpose are treated as restricted funds.

#### **1.6. Volunteer help**

The value of volunteer help received is not included in the accounts.

#### **1.7. Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank. There were no funds held on deposit in 2024

#### **1.8. Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Restricted funds are grants or donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken.

#### **1.9. Liability recognition**

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

#### **1.10. Charitable activities**

Expenditure on charitable activities includes the activities undertaken to further the purposes of the charity and their associated support costs.

#### **1.11. Creditors**

The charity has creditors which are measured at settlement amounts less any trade discounts.

#### **1.12. Fixed Assets**

The charity does not currently have any tangible fixed assets.

#### **1.13. Cash and Cash Equivalents**

Cash and cash equivalents include cash in hand and deposits held at call with banks.

#### **1.14. Taxation**

The CIO is considered to pass the tests set out in paragraph 1, Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable organisation for

UK tax purposes. Accordingly, the charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3, Part II, Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are used exclusively for charitable purposes.

#### **1.15. Retirement Benefits**

ICP Support operates an auto-enrolment scheme for its employees and contributes to this scheme. The pension provider is People Pension.

#### **1.16. Leases**

The charity classifies the office rental lease as an operating lease, where substantially all of the benefits and risks of ownership remain with the lessor. Rental charges are charged on a straight line basis over the term of the lease.

#### **1.17. Allocation of support and governance costs**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include governance costs, administrative office function costs, HR & recruitment and premises costs. They are incurred directly in support of expenditure on the objects of the charity.

Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice.

Support and governance costs have been allocated 100% to the charitable activity.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 DECEMBER 2024**

<b>Note 3</b>		<b>Income</b>			
	<b>Analysis of income</b>	<b>Unrestricted funds</b>	<b>Restricted income funds</b>	<b>Total funds 2024</b>	<b>2023</b>
				<b>£</b>	<b>£</b>
<b>Donations and legacies:</b>	Donations and gifts	65,545	-	65,545	47,262
	Gift Aid	6,650	-	6,650	5,079
	Legacies		-	-	-
	General grants provided by government/other charities	10,000	10,000	20,000	10,450
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-
	Donated goods, facilities and services	-	-	-	-
	Other	-	-	-	-
	<b>Total</b>	82,195	10,000	92,195	62,791
<b>Charitable activities:</b>	Fundraising	15,343	-	15,343	-
	Lottery	3,267	-	3,267	3,285
	Sales	156	-	156	135
	Raffle	1,210	-	1,210	2,173
	<b>Total</b>	19,976	-	19,976	5,593
<b>TOTAL INCOME</b>		102,171	10,000	112,171	68,383

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2024

Note 6	Expenditure	2024			2023		
		Unrestricted funds	Restricted income funds	Total funds 2024	Unrestricted funds	Restricted income funds	Total funds 2023
Analysis				£			£
<b>Expenditure on raising funds:</b>							
Grant Application Costs	-	-	-	4,500	-	4,500	
Fundraising Costs	9,723	-	9,723	581	-	581	
Lottery Winners	1,014	-	1,014	978	-	978	
Charity Ball costs		-	-	-	-	-	
<b>Total expenditure on raising funds</b>	<b>10,737</b>	<b>-</b>	<b>10,737</b>	<b>6,059</b>	<b>-</b>	<b>6,059</b>	
<b>Expenditure on charitable activities:</b>							
Research Payments	-	-	-	-	-	-	
Conferences and Exhibitions	1,487	-	1,487	-	-	-	
Newsletters/Surveys	588	-	588	877	-	877	
Salaries and staff costs	65,096	-	65,096	68,861	-	68,861	
Payroll Administration	861	-	861	558	-	558	
Rent	3,000	-	3,000	3,000	-	3,000	
Insurance	307	-	307	306	-	306	
IT Support	2,250	-	2,250	5,400	-	5,400	
Website Hosting	559	-	559	731	-	731	
Office Equipment		-	-	-	-	-	
Statutory costs	334	-	334	13	-	13	
Subscriptions/Memberships	395	-	395	436	-	436	
Recruitment	199	-	199				
Sundry	183	-	183	519	-	519	
Postage, telephones and stationery	384	-	384	417	-	417	
Training	119	-	119	656	-	656	
Travel	129	-	129	124	-	124	
Finance System	302	-	302				
Card Payment & Platform Fees	1,566	-	1,566				
Independent Examiners Fee		-	-			-	
Trustee expenses		-	-	109	-	109	
Trustee meetings	110	-	110	460	-	460	
<b>Total expenditure on charitable</b>	<b>77,869</b>	<b>-</b>	<b>77,869</b>	<b>82,468</b>	<b>-</b>	<b>82,468</b>	
<b>TOTAL EXPENDITURE</b>	<b>88,606</b>	<b>-</b>	<b>88,606</b>	<b>88,527</b>	<b>-</b>	<b>88,527</b>	

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2024

Note 11		Paid employees	
<b>11.1 Staff Costs</b>			
		<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
Salaries and wages		64,248	67,790
Social security costs			
Pension costs (defined contribution scheme)		848	1,071
Other employee benefits		-	-
	<b>Total staff costs</b>	<b>65,096</b>	<b>68,861</b>
No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000 (2023 None)			
<b>11.2 Average head count in the year</b>			
		<b>2024</b>	<b>2023</b>
		<b>Number</b>	<b>Number</b>
	<b>Total</b>	2.55	2.41

Note 12		Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.	
		<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
Amount of contributions recognised in the SOFA as an expense		848	1,071

Note 19		Debtors and prepayments	
<b>19.1 Analysis of debtors</b>			
		<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
Trade debtors		-	-
Prepayments and accrued income		-	
Other debtors		900	3,101
	<b>Total</b>	<b>900</b>	<b>3,101</b>

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2024

Note 20 Creditors and accruals				
20.1 Analysis of creditors				
	Amounts falling due within one year		Amounts falling due after more than one year	
	2024 £	2023 £	2024 £	2023 £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	180	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	-	-	-	-
Taxation and social security	521	2,299	-	-
Other creditors	-	-	-	-
<b>Total</b>	<b>701</b>	<b>2,299</b>	<b>-</b>	<b>-</b>

Note 24 Cash at bank and in hand			2024 £	2023 £
Short term cash investments (less than 3 months maturity date)			-	-
Short term deposits			-	-
Cash at bank and on hand			54,310	30,143
Other			-	-
<b>Total</b>			<b>54,310</b>	<b>30,143</b>

Note 27 Charity funds						
27.1 Details of material funds held and movements during the CURRENT reporting period						
* Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds						
Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Fund balances carried forward £
Richer Sounds	R	Education Training Videos	-	10,000	-	10,000
			-	-	-	-
<b>Other funds (balancing figure)</b>	<b>N/a</b>	<b>N/a</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total Funds as per balance sheet</b>			<b>-</b>	<b>10,000</b>	<b>-</b>	<b>10,000</b>

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2024

#### Note 28 Transactions with trustees and related parties

##### 28.1 Trustee remuneration and benefits:

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (2023 Nil)

##### 28.2 Trustee expenses:

Type of expenses reimbursed	2024	2023
	£	£
Travel	92	54
Subsistence	-	55
<b>TOTAL</b>	<b>92</b>	<b>109</b>
The number of trustees reimbursed for expenses or who had expenses paid by the charity	1	1

##### 28.3 Transactions with related parties:

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	2024 Amount	Balance at period end	2024 Amount	2023 Amount	Amounts written off during reporting
			£	£	£	£	£
Mr Ian Kingston	Husband of CEO (retired March 2024)	Provision of IT Support, Maintenance of Website and social media pages	1,350	-	1,350	5,400	-

**ICP SUPPORT**

England & Wales - Charity number 1146449

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# Accounts

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Charity registration number 1146449

Company registration number 07817408 (England and Wales)

**ICP SUPPORT**  
**ANNUAL REPORT AND INDEPENDENTLY EXAMINED**  
**FINANCIAL STATEMENTS FOR THE YEAR ENDED**  
**31 DECEMBER 2023**



# ICP SUPPORT

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

J Hastings  
K Symons  
H Owen  
C Manchester  
N Brown  
K Crabbe  
T A Smith  
J Gray  
P Dixon

**Charity Number**

1146449 – England and Wales

**Company Number**

07817408

**Registered office**

69 Mere Green Road  
Sutton Coldfield  
West Midlands  
B75 5BY

**Independent Examiner**

Hooi Cheeseman  
28 Bellamy Close  
Ickenham  
Middlesex  
UB10 8SJ

# ICP SUPPORT

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# ICP SUPPORT

## FOREWORD BY CO-CHAIR OF TRUSTEES AND MESSAGE FROM CEO

### FOR THE YEAR ENDED 31 DECEMBER 2023

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#### Foreword by Co-Chair of Trustees

2023 has proved to be another very challenging year for ICP support in terms of fundraising. We had optimism that the tough year of 2022 would not be repeated but unfortunately the small charities sector has continued to struggle due to factors such as the ongoing cost-of-living crisis and a difficult climate in which to secure grants. ICP Support has continued in its efforts and also again trimmed its costs to ensure that the charity continues to deliver on its aims. At the end of 2023 ICP Support launched an appeal which linked with Jenny Chambers (CEO) leaving announcement. This proved to be successful in boosting funds and has been carried forward to 2024. We thank all of our supporters who have donated to ICP over 2023 – we could not provide the services we do without your help – and it means we can continue to help fund research, support women and their families, and enable us to fulfil our aim that every ICP baby is born safely.

As Co-Chairs who took over this role in April 2020, we can honestly say that this last year has definitely been a tough one, but we have remained honoured to be a part of such a fantastic charity. Tracey will be stepping away from the Charity in March 2024 with Jenny taking over the role of Chair solely. We as a charity look forward to 2024 with positivity and optimism.

*Jenny Hastings and Tracey Smith (Co-Chairs)*

#### Message from the CEO

It hardly seems possible that this will be the final TAR for ICP Support that I contribute to. I gave notice to the trustees back in 2021 that I would be stepping down as CEO. For me, it's the right thing to do as I think it's important that we have 'fresh eyes' on our charity's work. I will continue to work in research into ICP for Imperial College London, but it will also be good to have some time for me as well!

Yet again we have had a challenging year when it comes to finance. Such were our difficulties that in November we launched an appeal. We were transparent about the urgency of raising sufficient funds to see us through 2024, and as I write the appeal is doing really well and 2024 is looking far more secure. But we have also achieved a lot during 2023, which you can read more about further on in this report.

The highlight of this year for me was being asked to present at a conference in Australia. Professor Bill Hague, who we have been collaborating with on the Turrific trial (ursodeoxycholic acid v rifampicin), invited me to speak at an ICP day being held in conjunction with the SOMANZ conference. Around 6.7% of the members in our support groups are from Australia, so it was a great opportunity to speak about the work of the charity and to meet other health professionals who would not have heard about us otherwise.

I step back from my role as CEO on 28 March 2024 and I am proud of what has been achieved since I first started to raise awareness of ICP in 1991. Our collaboration with researchers has meant that people affected by ICP have had a say in what research they want to see conducted into ICP. I am proud that our work with experts has led to a reduction in ICP stillbirths, although there is still more that needs to be done. I am proud that despite being a tiny charity we have been able to support thousands of pregnant women and birthing people over the years. Most of all, I am proud that we have remained deeply rooted in the science of the condition. It's science that will give us the answers, and science that will help to safeguard not only future ICP babies, but the health of those who have been affected by ICP. It's a key reason why I will remain working in research into ICP.

## **ICP SUPPORT**

### **FOREWORD BY CO-CHAIR OF TRUSTEES AND MESSAGE FROM CEO**

#### ***FOR THE YEAR ENDED 31 DECEMBER 2023***

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I want to say thank you to everyone who has supported me over the years. To the trustees who work so hard to help run the charity, to the staff who go above and beyond their job descriptions, to the women and families who have either taken part in research or raised funds for us, to the health professionals who have listened to what we have to say about ICP, and to Professor Catherine Williamson, who I have been working with since 1997. Without her I don't think we'd be the charity that we are, and I wouldn't know as much as I do about ICP.

I'd also like to thank my husband, Ian Kingston, who hadn't heard of ICP when we met but who has remained at my side supporting me and helping in the charity. I remember my daughters Victoria and Olivia whose stillbirths led me to doing this work, and I thank my sons, Alex and Tim, for giving me back my joy in life.

*Jenny Chambers (CEO)*

# ICP SUPPORT

## TRUSTEES' REPORT

### **FOR THE YEAR ENDED 31 DECEMBER 2023**

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The Trustees, who are also Directors of the charity for the purposes of the Companies Act 2006, present their report together with the financial statements of the charity for the year ended 31 December 2023. The Trustees have followed the requirements of the Statement of Recommended Practice (SORP) issued 2015.

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014

and with

- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

and with

- the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

The accounts present a true and fair view and no changes have been made to the accounting policies adopted.

#### **Objectives and activities**

The object for which the charity has been established is the relief of sickness and preservation of good health among women affected by the liver conditions of pregnancy called obstetric cholestasis, also known as intrahepatic cholestasis of pregnancy (ICP). In particular but not exclusively by:

- 1) Providing information and support to women affected by ICP and their families
- 2) Advancing education of the condition for public benefit.
- 3) Promoting, supporting and raising funds for research into the condition.

The useful results of which will be disseminated for the benefit of the public. The work of the charity is to ensure that all pregnant women and all health professionals who provide care for them are aware of this potentially devastating condition. This is vital if unborn ICP babies are to be better protected.

When reviewing the company's aims and objectives and planning future activities, the trustees confirm that they have referred to the Charity Commission's guidance on public benefit. ICP Support relies on grants and income from fees to cover its operational costs. The Trustees monitor the operational costs and level of liquidity to ensure the Charity is able to meet its objectives.

# ICP SUPPORT

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 DECEMBER 2023

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#### Providing information and support to women affected by ICP and their families

Social media and our Support and Information line continue to be the channels through which we provide information and support and deliver public benefit.

Our most popular point of access for information and support on ICP is still through our social media groups. We have several Facebook groups and a Facebook page. At the end of 2023 the main group had 9,435 members – an increase of 7.3%. This compares with 29% for 2022. The slowdown in the rate of growth happened quite sharply at the beginning of the year and may reflect changes at Facebook itself. There are signs that the rate of growth was returning to a higher level in the second half of the year.

Our Facebook page had 6,932 followers, an increase of 370 from 2022.

The regional Facebook groups were closed in July 2023 because they did not succeed in their aim of facilitating in-person meetings.

The Beyond Birth (postnatal) Facebook group (2,387 members) has continued to grow rapidly, its membership rising by 29% from 1,852 at the end of 2022. There is clearly a demand for providing support to women who continue to have ICP-related issues after their babies are born, right the way through to menopause.

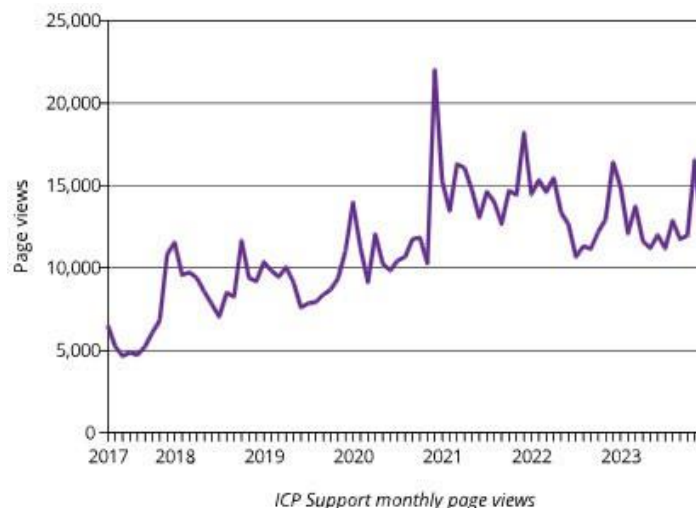
The Health Professionals group has grown from 394 members to 428, but activity is still light.

Information is also disseminated through X (formerly Twitter), Instagram and Threads, where engagement continues to increase substantially. X followers have increased only slightly, from 1,440 to 1,447, possibly reflecting the controversial takeover of the company by Elon Musk, which led some users to leave the platform. Growth on Instagram continues, up by 11% from 3,102 followers to 3,452.

Threads launched in July as a rival to X and our account currently has 425 followers. Other sources of information continue to be through our website and our generic information leaflet.

The number of page views of the website (see chart) is roughly stable

The trends towards accessing the website by mobile has risen above its previous peak of 82.2% to 83.0%. Development of a more modern version of the website began at the end of the year.



# ICP SUPPORT

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 DECEMBER 2023

#### Infographics

We have continued to fulfil our aims of raising awareness and providing information on ICP to anyone affected by ICP, and these infographics continue to be well received. Many infographics are now available on the website for use by others, subject to due acknowledgement of ICP Support as the source. ICP Support's work with researchers has contributed to the data published and used in these infographics.

### Premature birth & ICP

Preterm birth (before 37 weeks) is more likely to occur in pregnancies affected by intrahepatic cholestasis of pregnancy (ICP)

- Spontaneous preterm labour**  
Labour begins without intervention before 37 weeks
- Iatrogenic preterm birth**  
Induction of labour is started before 37 weeks

Supporting you every itch of the way

icpsupport.org

### Bile acids & the diagnosis of ICP

The new threshold for diagnosing intrahepatic cholestasis of pregnancy (ICP) is non-fasting bile acid concentrations of  $\geq 19 \mu\text{mol/L}$

- Itching & bile acid concentrations of  $< 19 \mu\text{mol/L}$  is called gestational pruritus
- Itching can occur before bile acid concentrations rise and can be an early warning sign for ICP
- You should continue to be tested if you remain itchy even if your bile acid concentrations are  $< 19 \mu\text{mol/L}$  as they may rise
- Bile acid blood tests should be repeated regularly to monitor your bile acid concentrations

For supporting evidence for this diagnostic threshold, refer health professionals to: Mitchell (BJOG 2021) & RCOG Green-top Guideline no.43

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### Genetics & ICP

Intrahepatic cholestasis of pregnancy is not caused by a single gene. It involves different changes (or variants) in several genes that increases a woman's chances of developing the condition.

These changes could have a 'big' or 'small' impact. This might explain why some women develop severe, as opposed to mild, ICP.

Not all women with ICP will have all of these changes - research around this is ongoing.

- ICP can run in families
- If your mother or sister had ICP, you have an increased risk of developing the condition
- ICP can also be passed down from your father

Supporting you every itch of the way

icpsupport.org

### The itch in ICP can be anywhere

All over 29%

- Head: 22%
- Ears: 11%
- Arms: 56%
- Back: 31%
- Hands: 82%
- Legs: 68%
- Feet: 83%
- Abdomen: 48%
- Breasts: 34%
- Genital area: 15%
- Eyes: 7%

Tell a health professional if you start to itch at any time during your pregnancy, no matter where on your body, even if it's mild

They can perform the right tests to find out if you have intrahepatic cholestasis of pregnancy (ICP)

ICP Support survey of 828 people (2023)

Supporting you every itch of the way

icpsupport.org

#### Support and Information Line

The charity runs a telephone support line that operates Monday–Friday. We do not give medical advice; nor do we provide counselling, but the person who currently takes the calls is a trained counsellor. We also provide online support and email support.

# ICP SUPPORT

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 DECEMBER 2023

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#### **Advancing education of the condition for public benefit.**

##### *Leaflets*

Our generic leaflet has primarily become a digital leaflet. It continues to help raise awareness of ICP and provides up-to-date information on the condition. Printed leaflets are still available and can be distributed at conferences. We were delighted to be awarded funding by the Lottery, Awards for All, which enables us to translate our leaflet into different languages to meet the needs of the diverse communities who access our support.

##### *Conferences and talks*

We have continued with delivering information about ICP to health professionals via online presentations. This year Jenny Chambers, our Founder, delivered 16 presentations on ICP to health professionals and she will continue to do this work during 2024.

##### *Collaboration*

We have continued our collaborative work with other organisations, and this year the organisations we have worked with include:

- Pregnancy and Baby Charities Network
- Baby Loss Awareness Week Consortium
- EASL (European Association for the Study of the Liver)
- Covid-19 Enquiry

#### **Promoting, supporting and raising funds for research into the condition.**

##### *Promoting and supporting research*

The NIHR (National Institute for Health Research) has an expectation that research conducted in the UK involves the patients (or patient organisations) representing the condition being researched. This is referred to as PPI (Patient and Public Involvement), and ICP Support has been at the forefront of PPI since the charity's inception in the 1990s. This takes the form of being involved with the design of studies into ICP, conducting surveys that help researchers to know whether their research intentions are feasible and facilitating the recruitment of participants to the actual studies. This year we have worked with Professor Catherine Williamson from King's College London (moved to Imperial College in September 2023) And we have also continued our work with Professor Bill Hague from Adelaide, Australia.

##### *Raising funds for research*

Promoting, supporting and raising funds for research enables us to deliver public benefit, as the work carried out may have a direct benefit for women suffering from ICP. This year we were unable to fund any research due to the financial challenges we faced, but we hope that this will change soon.

##### *Grants Awarded to ICP Support*

Squire Patton Boggs Charitable Trust - £250  
Lillie Johnson Charitable Trust - £500  
Awards for All - £9,700

# ICP SUPPORT

## TRUSTEES' REPORT

### *FOR THE YEAR ENDED 31 DECEMBER 2023*

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#### **Financial Review**

The charity started the year with unrestricted cash reserves of £51,087 available to finance the day-to-day operations of the charity, the balance has unfortunately depleted from 2022 as this has been an economically challenging year with regards to obtaining grants and fundraising. This left cash reserves representing approximately 8/9 months expenditure.

The charity's focus for 2023 continued to be on fundraising to try to ensure that the operational costs to the charity were met and to provide a basis for growth in the future. Income for 2023 was £68,383, which was an increase of 32.5% on the previous year. This was mainly due to an increase in donations received. Despite the income increase 2023 was a challenging year for ICP Support, as indeed it was for many other charities, large and small. The cost-of-living increases and changes to the amount of funds available through grant providers made fundraising especially difficult. As ever, we are proud of the amount raised and thankful for the continued generosity of our donors and patrons, particularly in such a difficult year in the charity sector. An appeal linked to Jenny Chambers announcing her departure from the Charity at the end of 2023 has proved to provide a positive start which we hope will continue through to 2024.

The trustees continue to operate with a Finance Committee that oversees and discusses the financial objectives of the charity, looks at pay and remuneration, and monitors future income and expenditure. The committee continues to meet approximately two weeks before each Trustees meeting, where any final proposals are approved, and where the Chair summarises the discussion points from the Finance Committee meeting.

Staff continued to work as normal during 2023. A notable change was that a new member of the team was recruited in September 2023 as a Support and Engagement Officer. This appointment was necessary to take on part of the work formerly carried out by the departing CEO.

Expenditure continued to be on operational activities overall, with less spent on fundraising activities, as per 2022.

Overall, the charity had a deficit of income over expenditure of £20,143. This means that at the end of 2023 the charity had cash reserves of £30,944, and we are conscious that without further grant monies or fundraising our work can only be supported until the middle of 2024.

We are therefore mindful that raising funds in the future is imperative to allow ICP support to continue to support and fund research.

#### **Policy & Reserves**

An average unrestricted cash balance of at least three months' expenditure will always be maintained. There are no plans to invest any of the monies held.

# ICP SUPPORT

## TRUSTEES' REPORT

**FOR THE YEAR ENDED 31 DECEMBER 2023**

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### Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. It is governed by its Memorandum and Articles of Association.

Trustees are recruited through personal recommendation and/or by invitation and are people whose abilities and aims are in tune with those of the company's charitable purpose. In terms of process, candidates meet, in the first instance, with the Founder and CEO. They are then invited to attend an additional interview with other Trustees before being accepted.

Once appointed, all new Trustees have a period of induction and are provided with key information relating to their rights and responsibilities.

### Reference and administrative details



Registered name of the Charity:	ICP Support
Registered Charity number:	1146449
Registered Company number:	07817408
Address of the principal office:	69 Mere Green Road Sutton Coldfield West Midlands B75 5BY

Trustees, who are also directors for the purposes of the Companies Act 2006, during the period of the report up to the date the report was approved.

N J Brown  
K R M Crabbe  
P Dixon  
J Gray  
J A Hastings  
C Manchester  
H M Owen  
T A Smith  
K L Symons

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's Trustees:

Full Name(s)	Jenny Hastings	Peter Dixon
Signature:		
Date:	16 September 2024	16 September 2024



Section A

Independent Examiner's Report

<b>Report to the trustees</b>	Charity Name ICP Support		
<b>On accounts for the year ended</b>	31 December 2023	<b>Charity no</b>	1146449
<b>Set out on pages</b>	13 - 21		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2023**

**Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:** *Hooi Cheeseman* **Date:** 11 September 2024

**Name:** Mrs Hooi Cheeseman ACA

**Relevant professional qualification(s) or body (if any):** ICAEW

**Address:** 28 Bellamy Close  
Ickenham, Middlesex  
UB10 8SJ

ICP Support		Charity No	1146449	
		Company No	7817408	
Annual accounts for the period				
Period start date	01/01/2023	To	Period end date	31/12/2023

## Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
	£	£	£	£	£
<b>Income (Note 3)</b>					
<b>Income and endowments from:</b>					
Donations and legacies	£62,791	£0	£0	£62,791	£40,125
Charitable activities	£5,593	£0	£0	£5,593	£11,478
Other trading activities	£0	£0	£0	£0	£0
Investments	£0	£0	£0	£0	£0
Separate material item of income	£0	£0	£0	£0	£0
Other	£0	£0	£0	£0	£0
<b>Total</b>	<b>£68,383</b>	<b>£0</b>	<b>£0</b>	<b>£68,383</b>	<b>£51,602</b>
<b>Expenditure (Notes 6)</b>					
<b>Expenditure on:</b>					
Raising funds	£6,059	£0	£0	£6,059	£12,446
Charitable activities	£82,468	£0	£0	£82,468	£100,134
Separate material expense item					
Other	£0	£0	£0	£0	£0
<b>Total</b>	<b>£88,527</b>	<b>£0</b>	<b>£0</b>	<b>£88,527</b>	<b>£112,580</b>
<b>Net income/(expenditure) before tax for the reporting period</b>	<b>-£20,143</b>	<b>£0</b>	<b>£0</b>	<b>-£20,143</b>	<b>-£60,978</b>
Tax payable	£0	£0	£0	£0	£0
<b>Net income/(expenditure) after tax before investment gains/(losses)</b>	<b>-£20,143</b>	<b>£0</b>	<b>£0</b>	<b>-£20,143</b>	<b>-£60,978</b>
Net gains/(losses) on investments	£0	£0	£0	£0	£0
<b>Net income/(expenditure)</b>	<b>-£20,143</b>	<b>£0</b>	<b>£0</b>	<b>-£20,143</b>	<b>-£60,978</b>
<b>Extraordinary items</b>	<b>£0</b>	<b>£0</b>	<b>£0</b>	<b>£0</b>	
<b>Transfers between funds</b>	<b>£0</b>	<b>£0</b>	<b>£0</b>	<b>£0</b>	<b>£0</b>
<b>Other recognised gains/(losses):</b>					
Gains and losses on revaluation of fixed assets for the charity's own use	£0	£0	£0	£0	£0
Other gains/(losses)	£0	£0	£0	£0	£0
<b>Net movement in funds</b>	<b>-£20,143</b>	<b>£0</b>	<b>£0</b>	<b>-£20,143</b>	<b>-£60,978</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward	£51,087	£0	£0	£51,087	£112,065
<b>Total funds carried forward</b>	<b>£30,944</b>	<b>£0</b>	<b>£0</b>	<b>£30,944</b>	<b>£51,087</b>

**Section B Balance sheet 31 December 2023**



	Unrestricted funds	Restricted income funds	Endowment funds	Total 31/12/23	Total 31/12/2022
	£	£	£	£	£
<b>Fixed assets</b>					
Intangible assets (Note 15)	-	-	-	-	-
Tangible assets (Note 14)	-	-	-	-	-
Heritage assets (Note 16)	-	-	-	-	-
Investments (Note 17)	-	-	-	-	-
<b>Total fixed assets</b>	-	-	-	-	-
<b>Current assets</b>					
Stocks (Note 18)	-	-	-	-	-
Debtors (Note 19)	3,101	-	-	3,101	975
Investments (Note 17.4)	-	-	-	-	-
Cash at bank and in hand (Note 24)	30,143	-	-	30,143	51,447
<b>Total current assets</b>	33,243	-	-	33,243	52,422
<b>Creditors: amounts falling due within one year (Note 20)</b>	2,299	-	-	2,299	1,335
<b>Net current assets/(liabilities)</b>	30,944	-	-	30,944	51,087
<b>Total assets less current liabilities</b>	30,944	-	-	30,944	51,087
<b>Creditors: amounts falling due after one year (Note 20)</b>	-	-	-	-	-
<b>Provisions for liabilities</b>	-	-	-	-	-
<b>Total net assets or liabilities</b>	30,944	-	-	30,944	51,087
<b>Funds of the Charity</b>					
Endowment funds (Note 27)	-	-	-	-	-
Restricted income funds (Note 27)	-	-	-	-	-
Unrestricted funds	30,944	-	-	30,944	51,087
Revaluation reserve	-	-	-	-	-
Fair value reserve	-	-	-	-	-
<b>Total funds</b>	30,944	-	-	30,944	51,087

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed on behalf of the Charity's Trustees/Directors:

Full Name(s)	Jenny Hastings	Peter Dixon
Signature:		
Date:	16 September 2024	16 September 2024

# ICP SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 DECEMBER 2023

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#### 1 Accounting policies

##### Charity information

ICP Support is a private company limited by guarantee incorporated in England and Wales. The registered office is 69 Mere Green Road, mere Green, Sutton Coldfield, West Midlands, B75 5BY.

The charitable company is a company limited by guarantee. The Memorandum of Association restricts the liability of members on winding up to £1 unless their liability becomes unlimited through contravention of the Memorandum. In the case of winding up none of the accumulated funds are distributed to the members but shall be given or transferred to some other charitable institutions having similar objectives .

The charitable company meets the definition of a public benefit entity under FRS 102.

#### 1.2 Accounting convention

The financial statements have been prepared in accordance with the charitable company's governing documents, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The charitable company has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

##### Reduced Disclosure Exemptions

The charitable company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland"

#### 1.3 Going concern

After reviewing the charity's forecasts and projections and taking into account the economic conditions and possible changes in trading performance, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing the financial statements.

Consequently, the trustees have a reasonable expectation that the charity will have sufficient funds to continue to meet its liabilities as they fall due to the foreseeable future and therefore have prepared the financial statements on a going concern basis

#### 1.4 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

# ICP SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 DECEMBER 2023

---

#### 1 Accounting policies

(Continued)

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.5 Income

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

- Donations and legacies including core grants, sponsorship and gifts are included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Incoming resources from charitable activities includes income from performance fees received under contract. Grant income included in this category provided funding to support performance activities, touring or workshop projects and is recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.
- Investment income is included when receivable.

Grants received for specific purposes are treated as restricted funds. Income is deferred when performance fees or grants are received in advance of the performance or event to which they relate.

#### 1.6 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

Cost of raising funds are those costs incurred in attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the staging of its projects and performances. It includes both costs allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### 1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.8 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

#### 1.9 Taxation

The charitable company is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part II Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

# ICP SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

**FOR THE YEAR ENDED 31 DECEMBER 2023**

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**1 Accounting policies** **(Continued)**

**1.10 Retirement benefits**

The charitable company operates an auto-enrolment scheme for its employees and contributes to this scheme. Its pension provider is People Pension.

**1.11 Leases**

The charity classifies the rental lease as an operating leases, where substantially all of the benefits and risks of ownership remain with the lessor.

Rental charges are charged on a straight line basis over the term of the lease.

**1.12 Allocation of support and governance costs**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include governance costs, administrative office function costs, depreciation, HR and recruitment, and premises costs. They are incurred directly in support of expenditure on the objects of the charitable company.

Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to the independent examination fees.

Support and governance costs have been 100% allocated to the charitable activity.

**1.13 Debtors**

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid. Accrued income is measured at the amount due to be received.

**1.14 Creditors**

Creditors recognised where the charity has a present obligation resulting from a past event that will probably result in transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

Other creditors and accruals recognised at their settlement amount due.

**2 Critical accounting estimates and judgements**

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# ICP SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

Note 3		Income			
	Analysis of income	Unrestricted funds	Restricted income funds	Total funds	2022
				£	£
<b>Donations and legacies:</b>	Donations and gifts	47,262	-	47,262	35,292
	Gift Aid	5,079	-	5,079	4,832
	Legacies	-	-	-	-
	General grants provided by government/other charities	10,450	-	10,450	6,000
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-
	Donated goods, facilities and services	-	-	-	-
	Other	-	-	-	-
	<b>Total</b>		<b>62,791</b>	<b>-</b>	<b>62,791</b>
<b>Charitable activities:</b>		-	-	-	-
	Lottery	3,285	-	3,285	3,165
	Sales	135	-	135	301
	Raffle	2,173	-	2,173	2,012
	<b>Total</b>		<b>5,593</b>	<b>-</b>	<b>5,593</b>
<b>TOTAL INCOME</b>		<b>68,383</b>	<b>-</b>	<b>68,383</b>	<b>51,602</b>

<b>Note 6</b>		<b>Expenditure</b>					
		<b>This year</b>			<b>Last year</b>		
<b>Analysis</b>		<b>Unrestricted funds</b>	<b>Restricted income funds</b>	<b>Total funds</b>	<b>Unrestricted funds</b>	<b>Restricted income funds</b>	<b>Total funds</b>
<b>Expenditure on raising funds:</b>				<b>£</b>			<b>£</b>
Grant Application Costs		4,500	-	4,500	9,360	-	9,360
Fundraising Costs		581	-	581	1,995	-	1,995
Lottery Winners		978	-	978	1,091	-	1,091
		-	-	-	-	-	-
<b>Total expenditure on raising funds</b>		<b>6,059</b>	<b>-</b>	<b>6,059</b>	<b>12,446</b>	<b>-</b>	<b>12,446</b>
<b>Expenditure on charitable activities:</b>							
Research Payments		-	-	-	31,384	-	31,384
Conferences and Exhibitions		-	-	-	847	-	847
Newsletters/Surveys		877	-	877	598	-	598
Salaries and staff costs		68,861	-	68,861	54,137	-	54,137
Payroll Administration		558	-	558	867	-	867
Rent		3,000	-	3,000	3,000	-	3,000
Insurance		306	-	306	460	-	460
IT Support		5,400	-	5,400	6,835	-	6,835
Website Hosting		731	-	731	293	-	293
Office Equipment		-	-	-	-	-	-
Statutory costs		13	-	13	13	-	13
Subscriptions/Memberships		436	-	436	232	-	232
Sundry		519	-	519	628	-	628
Postage, telephones and stationery		417	-	417	655	-	655
Training		656	-	656	44	-	44
Travel		124	-	124	68	-	68
Independent Examiners Fee		-	-	-	-	-	-
Trustee expenses		109	-	109	73	-	73
Trustee meetings		460	-	460	-	-	-
<b>Total expenditure on charitable</b>		<b>82,468</b>	<b>-</b>	<b>82,468</b>	<b>100,134</b>	<b>-</b>	<b>100,134</b>
<b>TOTAL EXPENDITURE</b>		<b>88,527</b>	<b>-</b>	<b>88,527</b>	<b>112,580</b>	<b>-</b>	<b>112,580</b>

# ICP SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

Note 11		Paid employees	
<b>11.1 Staff Costs</b>			
		<b>This year</b>	<b>Last year</b>
		<b>£</b>	<b>£</b>
Salaries and wages		63,946	50,583
Social security costs		3,844	2,746
Pension costs (defined contribution scheme)		1,071	808
Other employee benefits		-	-
	<b>Total staff costs</b>	<b>68,861</b>	<b>54,137</b>
No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000 (2022 None)			
<b>11.2 Average head count in the year</b>			
		<b>This year</b>	<b>Last year</b>
		<b>Number</b>	<b>Number</b>
	<b>Total</b>	<b>2.405</b>	<b>2.53</b>

**Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

		<b>This year</b>	<b>Last year</b>
		<b>£</b>	<b>£</b>
Amount of contributions recognised in the SOFA as an expense		1,071	808

**Note 19 Debtors and prepayments**

*Please complete this note if the charity has any debtors or prepayments.*

**19.1 Analysis of debtors**

		<b>This year</b>	<b>Last year</b>
		<b>£</b>	<b>£</b>
Trade debtors		-	-
Prepayments and accrued income		-	
Other debtors		3,100.6	975.0
	<b>Total</b>	<b>3,100.6</b>	<b>975.0</b>

# ICP SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

<b>Note 20</b>		<b>Creditors and accruals</b>			
<b>20.1 Analysis of creditors</b>					
	<b>Amounts falling due within one year</b>		<b>Amounts falling due after more than one year</b>		
	<b>This year</b>	<b>Last year</b>	<b>This year</b>	<b>Last year</b>	
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	
<b>Accruals for grants payable</b>	-	-	-	-	
<b>Bank loans and overdrafts</b>	-	-	-	-	
<b>Trade creditors</b>		1,335	-	-	
<b>Payments received on account for contracts or performance-related grants</b>	-	-	-	-	
<b>Accruals and deferred income</b>	-	-	-	-	
<b>Taxation and social security</b>	2,299	-	-	-	
<b>Other creditors</b>	-	-	-	-	
<b>Total</b>	<b>2,299</b>	<b>1,335</b>	<b>-</b>	<b>-</b>	

<b>Note 24</b>		<b>Cash at bank and in hand</b>	
		<b>This year</b>	<b>Last year</b>
		<b>£</b>	<b>£</b>
<b>Short term cash investments (less than 3 months maturity date)</b>		-	-
<b>Short term deposits</b>		-	-
<b>Cash at bank and on hand</b>		30,143	51,447
<b>Other</b>		-	-
<b>Total</b>		<b>30,143</b>	<b>51,447</b>

# ICP SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### Note 28 Transactions with trustees and related parties

#### 28.1 Trustee remuneration and benefits:

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (2022 Nil)

#### 28.2 Trustees' expenses:

Type of expenses reimbursed	This year	Last year
	£	£
Travel	54	73
Subsistence	55	-
<b>TOTAL</b>	<b>109</b>	<b>73</b>
The number of trustees reimbursed for expenses or who had expenses paid by the charity	1	1

#### 28.3 Transaction(s) with related parties:

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	2023 Amount	Balance at period end	2022 Amount
			£	£	£
Mr Ian Kingston	Husband of CEO	Provision of IT Support, Maintenance of Website and social media pages	5,400	-	6,835

**ICP SUPPORT**

England & Wales - Charity number 1146449

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# Accounts

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# ICP Support

**Trustees' Annual Report for the period  
1 January 2022–31 December 2022**

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## Reference and administration details

Charity name	ICP Support
Registered charity number	1146449
Charity's address	69 Mere Green Road, Sutton Coldfield, B75 5BY
<b>Names of the charity trustees who manage the charity</b>	
<b>Trustee name</b>	<b>Office (if any)</b>
Judith Gray	
Jenny Chambers	CEO
Peter Dixon	
Jenny Hastings	Co-Chair
Katy Crabbe	
Tracey Smith	Co-Chair
Emily Rees – resigned 09/11/2022	Treasurer

## Structure, governance and management

### Description of the charity's trusts

Type of governing document – dated 1/11/16	Articles & Memorandum of Association
How the charity is constituted	Company Limited by Guarantee
Trustee selection methods	Elected by members

# Foreword by Co-Chairs of Trustees

2022 has proved to be a very challenging year for ICP support in terms of fundraising. Coming off the back of our 30th Anniversary year, where £50,000 was raised, the small charities sector finds itself affected by the ongoing cost-of-living crisis and a difficult climate in which to secure grants. ICP Support has continued in its efforts and also tried to cut its costs to ensure that the charity continues to deliver on its aims. We thank all of our supporters who have donated to ICP over 2022 – we could not provide the services we do without your help – and it means we can continue to help fund research, support women and their families, and enable us to fulfil our aim that every ICP baby is born safely.

As Co-Chairs who took over this role in April 2020, we can honestly say that this last year has definitely been a tough one, but we remain honoured to be a part of such a fantastic charity and look forward to 2023 with positivity and optimism.

*Jenny Hastings and Tracey Smith (Co-Chairs)*

# Summary of the year from the CEO

After the financial challenges of 2021 I didn't think it could get any harder to raise money in 2022 – but it did!

Yet while our income for 2022 was only half of what we had for the previous year we were still able to deliver our services with some great 'firsts' and highlights.

In February, BBC1's 'Call the Midwife' featured ICP in the penultimate and final episode of Series 11. I had been contacted over a year before to be told that the writers wanted to feature the condition and would appreciate my help in ensuring that the storyline was as accurate as it could be for the period in which it was being set (1968). This included using the correct name for the condition, as the only country in the world at that time using the term OC (obstetric cholestasis) was Australia, whereas the rest of the world was using ICP. I was delighted to do the research, but it was very hard keeping everything a secret – I was not allowed to tell anyone! The episodes reached an average of just under 8 million viewers in the UK and resulted in a spike of website visits of almost 1,000 visitors – five times the normal daily amount.

As part of our aims to reach health professionals I am delighted that we have been able to work with universities to deliver presentations on ICP to student midwives that encompass the history of ICP in the UK and an overview of the condition, and which also explore how charities can work with health professionals to support them, in and out of the clinical care space. By the end of 2022 I had given 13 presentations on ICP attended by just over 600 student midwives with great feedback from them.

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*Jenny was fantastic – engaging, dynamic, really informative and inspiring in sharing how her own personal experience spurred her on to move into research and awareness raising re ICP.*

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The charity was involved in helping to bring together the new EASL Clinical Practice Guidelines on the management of liver diseases in pregnancy, and this will be published in 2023.

I have continued to attend online meetings for organisations that ICP Support belongs to, such as the Pregnancy and Baby Charities Network, the Baby Loss Awareness Week group, EASL (European Association for the

study of the Liver, and others. I have been delivering presentations on ICP to student midwives, and these have been well received.

We ended the year with a Christmas Appeal, 'Not Every Baby Cries', and exceeded our (modest) target of £5,000 by raising £6,487. I want to thank Charlotte and Simon Baker who so very kindly led the appeal by sharing their own devastating experience of stillbirth caused by ICP.



We will continue to work hard to ensure that anyone affected by ICP can access our services and we hope that 2023 will see us sustain the level or services that we currently supply.

*Jenny Chambers (CEO)*

## Objectives and activities

Intrahepatic cholestasis of pregnancy (ICP) is a liver condition of pregnancy that affects around 5,500 women a year in the UK. Its main symptom, itching, can be debilitating for the mother-to-be, and in severe cases it can also cause the death of the baby just before birth (stillbirth).

The aims of the charity are:

- to provide support and information to people affected by ICP
- to raise awareness of the condition
- to promote and fund research into it

The work of the charity is to ensure that all pregnant women and all health professionals who provide care for them are aware of this potentially

devastating condition. This is vital if unborn ICP babies are to be better protected.

We aim to achieve this by raising the profile of the condition in the public sector and by working with health professionals to facilitate what is considered to be best practice. We will continue to provide support to all people affected by the condition and to promote and fund research into understanding the condition.

We are guided by recommendations from the Charity Commission, and we currently meet five times a year. In between those times we also hold telephone conferences to plan activities that will contribute towards the established aims and objectives.

## The focus of our work and how we demonstrate public benefit

### **To provide information and support to people affected by the condition**

Social media and our Support and Information line continue to be the channels through which we provide information and support and deliver public benefit.

Our most popular point of access for information and support on ICP is still through our social media groups. We have several Facebook groups and a Facebook page. At the end of 2022 the main group had 8,790 members – an increase of 29%. This compares with 26% for 2021. The Facebook page had 6,562 followers, an increase of 482 from 2021.

Membership of the regional Facebook groups has continued to grow slowly. Despite the much-reduced influence of the covid-19 pandemic, there has continued to be no progress in using these groups to facilitate in-person meetings.

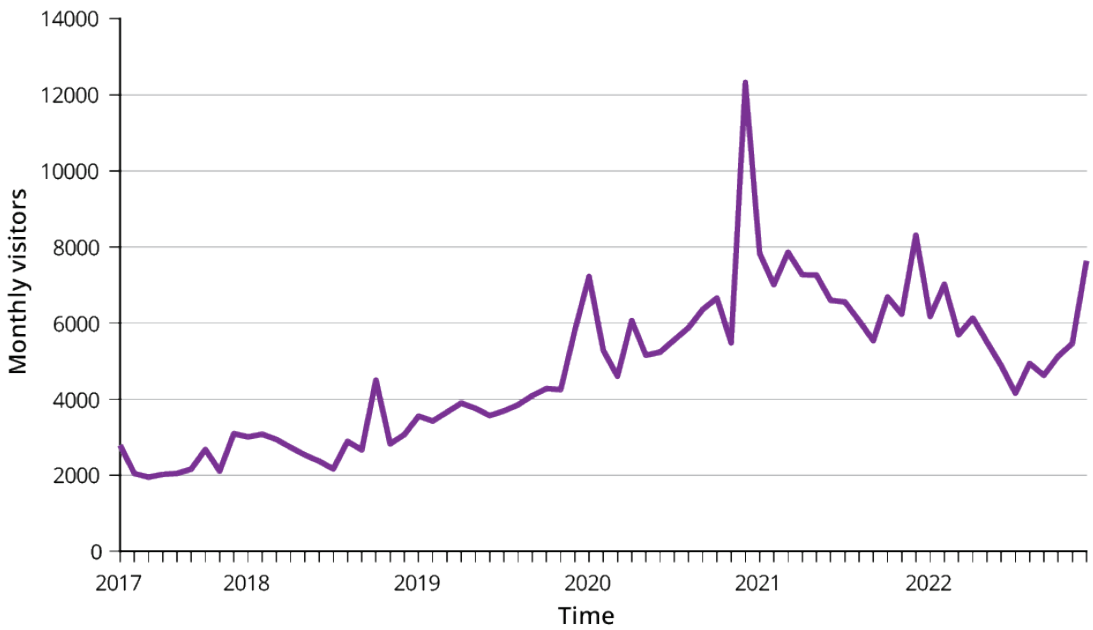
The Beyond Birth (postnatal) Facebook group (1,852 members) has continued to grow rapidly, its membership rising by 71% from 1,080 at the end of 2021. There is clearly a demand for providing support to women who continue to have ICP-related issues after their babies are born, right the way through to menopause. The Health Professionals group has grown from 344 members to 394, but activity is still light.

Information is also disseminated through Twitter and Instagram, where engagement continues to increase substantially. Twitter followers have

increased from 1,239 to 1,440 (16%), while the number of Instagram followers has grown significantly, up by 32% from 2,620 followers to 3,102.

Other sources of information continue to be through our website and our generic information leaflet.

The number of visitors to the website (see chart) fell during the middle of the year but appears to have recovered. The reason for this is unknown.



*ICP Support website visits*

The trend towards accessing the website by mobile phone appears to have halted, with 80.7% of visitors doing so (compared with a peak of 82.2% in 2021. However, this is still well ahead of the 73% who used smartphones in 2017). Apple’s iPhone share remains unchanged at 65.4% of mobile visits. Minor changes continue to be made to the site to improve its usability.

**Infographics**


We have continued to fulfil our aims of raising awareness and providing information on ICP to anyone affected by ICP, and these infographics continue to be well received. Many infographics are now available on the website for use by others, subject to due acknowledgement of ICP Support as the source.

### Non-fasting bile acid test

**FALSE** *'You should fast before a bile acid test'*

**TRUE** If you fast, bile acid concentrations will be at their lowest and the diagnosis of intrahepatic cholestasis of pregnancy could be missed.

**TRUE** Bile acids peak (are highest) after eating. You need to know what your peak bile acids concentrations are to assess the safety of your baby in ICP.

 If health professionals advise you to fast, refer them to: Mitchell et al. (2021) <https://doi.org/10.1111/1471-0528.16669>

[icpsupport.org](https://www.icpsupport.org) #FoodNotFast #EatPeakRepeat

### Diagnosis of ICP

Other causes for the itch will be ruled out. You'll be asked about your family history and may be offered a liver ultrasound.

**Blood tests** Used to diagnose and monitor intrahepatic cholestasis of pregnancy

**Bile acid test** For a diagnosis of ICP, you must have raised bile acids.

**Liver blood test** Assesses how well your liver is working. 20% of women with ICP will have normal liver blood test results.

*It is important to repeat these tests if results are normal but you continue to itch*

[icpsupport.org](https://www.icpsupport.org) Supporting you every itch of the way

### Stillbirth risk in ICP

The risk of stillbirth in intrahepatic cholestasis of pregnancy is 3.44% when bile acid concentrations are  $>100\mu\text{mol/L}$   
Dvadia et al. (2019). The Lancet. [https://doi.org/10.1016/S0140-6736\(19\)31877-4](https://doi.org/10.1016/S0140-6736(19)31877-4)

**Assessing the risk of stillbirth**

Non-fasting bile acid tests are required. Results must be available within 24 - 48 hours to allow any necessary action to be taken. It is essential to monitor bile acids with at least weekly testing, particularly when concentrations are  $>40\mu\text{mol/L}$

**Induction of labour recommended:**

From 35 weeks with bile acids of  $>100\mu\text{mol/L}$   
Sometimes earlier, depending on individual circumstances or other pregnancy complications

Around 38-39 weeks with bile acids of  $<100\mu\text{mol/L}$   
When there are no other pregnancy complications and the itch can be tolerated

[icpsupport.org](https://www.icpsupport.org) Supporting you every itch of the way

### Coping with the itch in ICP

**Keep Cool**

- Wear loose, breathable clothing
- Keep rooms ventilated
- Freeze a bottle of water, wrap in a towel and place on the skin

**Rest & Relax**

- Try to find time to relax
- Do something to distract yourself
- Try to sleep during the day if the itch is worse at night

**Soothe the Skin**

- Apply aqueous cream with menthol from the fridge
- Bathe in oatmeal

**Talk to Us**

- Join our Facebook group, contact our support line or online drop ins
- We're here to support you. Don't suffer alone!

The severity of the itch in intrahepatic cholestasis of pregnancy is not directly related to bile acid concentrations. You may have low bile acids with an intense itch or high bile acids with mild itch

[icpsupport.org](https://www.icpsupport.org) Supporting you every itch of the way

## Support and Information Line

The charity runs a telephone support line that operates Monday–Friday. We do not give medical advice; nor do we provide counselling, but the person who currently takes the calls is a trained counsellor. We also provide online support and email support. We are grateful to the James Tudor Foundation and the Eleanor Rathbone Charitable Trust for their support in helping to continue this service.

## To raise awareness of the condition (advancing education)

### Leaflets

Our generic leaflet has primarily become a digital leaflet. It continues to help raise awareness of ICP, and provides up-to-date information on the condition. Printed leaflets are still available and can be distributed at

conferences. We are currently working to source funding that will enable us to translate our leaflet into different languages to meet the needs of the diverse communities who access our support.

### ***Conferences and talks***

We have continued with delivering information about ICP to health professionals via online presentations and will continue with this approach during 2023.

### ***Collaboration***

We have continued our collaborative work with other organisations, and this year the organisations we have worked with include:

- RCOG Guidelines Committee
- Tommy's
- Sands
- Pregnancy and Baby Charities Network
- Baby Loss Awareness Week Consortium
- EASL (European Association for the Study of the Liver)

## **Promoting, supporting and raising funds for research**

### ***Promoting and supporting research***

The NIHR (National Institute for Health Research) has an expectation that research conducted in the UK involves the patients (or patient organisations) representing the condition being researched. This is referred to as PPI (Patient and Public Involvement), and ICP Support has been at the forefront of PPI since the charity's inception in the 1990s. This takes the form of being involved with the design of studies into ICP, conducting surveys that help researchers to know whether their research intentions are feasible and facilitating the recruitment of participants to the actual studies. This year we worked with Professor Catherine Williamson from King's College London and Mirum Pharmaceuticals to give feedback on a potential new medication (Volixibat) for treating ICP. We have also continued our work with Professor Bill Hague from Adelaide, Australia, and our founder Jenny Chambers has been invited to speak at the Society of Obstetric Medicine of Australia and New Zealand (SOMANZ) Conference in October 2023.

### ***Raising funds for research***

Promoting, supporting and raising funds for research enables us to deliver public benefit, as the work carried out may have a direct benefit for women suffering from ICP. This year we were unable to fund any research due to the financial challenges we faced, but we hope that this will change soon.

### ***Grant Awards to ICP Support***

We are very grateful to the following organisations for grants received this year which support the running and development of our Information and Support Hub.

James Tudor Foundation: £5,000



Eleanor Rathbone Charitable Trust: £1,000

## **Financial review**

The charity started the year with unrestricted cash reserves of £112,065 available to finance the day-to-day operations of the charity, the balance being higher than usual due to the higher reserves retained from the covid-19 pandemic time, and also boosted by a large donation via Helen George (Patron) who competed in a television programme on our behalf. This left cash reserves representing approximately 17/18 months expenditure.

The charity's focus for 2022 continued to be on fundraising to try to ensure that the operational costs to the charity were met and to provide a basis for growth in the future. Income for 2022 was £51,602, which was substantially lower than the previous year. This was due to a downturn in fundraising and grant monies received. 2022 was a challenging year for ICP Support, as indeed it was for many other charities, large and small. The cost-of-living increases and changes to the amount of funds available through grant providers made fundraising especially difficult. As ever, we are proud of the amount raised and thankful for the continued generosity of our donors and patrons, particularly in such a difficult year in the charity sector.

The trustees continue to operate with a Finance Committee that oversees and discusses the financial objectives of the charity, looks at pay and remuneration, and monitors future income and expenditure. The committee continues to meet approximately two weeks before each Trustees meeting, where any final proposals are approved, and where the Chair summarises the discussion points from the Finance Committee meeting.

Staff continued to work as normal during 2022. Two notable differences were that the Engagement Officer was on maternity leave for the majority of 2022 and a new member of the team was recruited at the beginning of the year in the role of Support and Engagement Officer. Unfortunately, due to family and other work commitments, she resigned and left at the end of 2022. Expenditure continued to be on operational activities overall, with less spent on fundraising activities, as per 2021. It is worth noting, however, that some of the sporting fundraising events have started to return.

Overall, the charity had a deficit of income over expenditure of £60,978, which takes into account donations of £31,384 made to research projects, funded from the large reserves gained in 2021 due to the anniversary appeal and which was always earmarked for research. This means that at the end of 2022 the charity had cash reserves of £51,087. This gives ICP Support sufficient funds to continue to support our aims in 2023. In line with the Trustees' pledge that 10% of any surplus of income over expenditure is earmarked for research, it was agreed at the Finance Committee and Trustees' meetings to transfer £3,626 into a restricted reserve. This will be distributed when a suitable application is received.

It is the opinion of the Trustees that the charity ended 2022 in a strong financial position, but mindful that raising funds in the future may still prove to be challenging. It ensured that there is enough current and future cashflow to ensure that the operational activities can continue.




## **Policy & Reserves**

An average unrestricted cash balance of at least three months' expenditure will always be maintained. There are no plans to invest any of the monies held.

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

<b>Full name(s)</b>	Jenny Chambers	Jenny Hastings	Tracey Smith
<b>Position</b>	CEO	Co-Chair	Co-Chairs
<b>Signature(s)</b>			
<b>Date:</b>	28/09/2023	28/09/2023	28/09/2023

# ICP Support

Accounts for the year to 31 December 2022

Charity registration number 1146449. Limited company registered in England and Wales 07817408

## Statement of Financial Activities incorporating income and expenditure

	Year ending 31 December 2022 £	Year ending 31 December 2021 £
<b>Receipts</b>		
Donations and sale of goods	45,602	101,591
Grants	6,000	14,542
<b>Total Receipts</b>	<b>51,602</b>	<b>116,133</b>
<b>Payments</b>		
<b>Raising Funds</b>		
Grant application costs	9,360	3,937
Fundraising Costs	1,995	331
Lottery Winners	1,091	1,445
<b>Charitable activities</b>		
Donations for research	31,384	3,000
Conferences and exhibitions	847	-
Newsletter/Surveys	598	981
Salaries and staff costs	54,137	55,376
Payroll Administration	867	279
Rent	3,000	3,000
Insurance	460	622
IT support	6,835	6,855
Website hosting costs	293	352
Office equipment	-	1,075
Statutory costs	13	63
Subscriptions/membership	232	377
Sundry	628	517
Postage, telephones, and stationery	655	674
Training	44	601
Travel	68	5
Trustee expenses	73	-
Trustee meetings	-	216
<b>Total Payments</b>	<b>112,580</b>	<b>79,706</b>
<b>Net receipts / (payments)</b>	<b>(60,978)</b>	<b>36,427</b>

## Accounts for the year to 31 December 2022

Charity registration number 1146449. Limited company registered in England and Wales 07817408

### Balance Sheet

	31 December 2022 £	31 December 2021 £
<b>Current Assets</b>		
Debtors	975	942
Cash at Bank and in hand	51,447	111,708
<b>Total current assets</b>	<b>52,422</b>	<b>112,650</b>
<b>Creditors:</b> amounts falling due within one year	1,335	585
<b>Net current assets</b>	<b>51,087</b>	<b>112,065</b>
<b>Total net assets</b>	<b>51,087</b>	<b>112,065</b>
<b>Funds of the charity</b>		
Restricted income funds	-	-
Unrestricted funds	<b>51,087</b>	<b>112,065</b>
<b>Total funds</b>	<b>51,087</b>	<b>112,065</b>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Board of Trustees on 20/09/2023 and signed on its behalf by:

[Signature] *Charlie Manchester*

[Name] Charlie Manchester

[Role] Trustee

[Date] 20/09/2023

[Signature] *Dr Peter Dixon*

[Name] Dr Peter Dixon

[Role] Trustee

[Date] 20/09/2023

## **Notes to the accounts**

### **Note 1: basis of preparation**

#### **1.1 Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value.

These accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and republic of Ireland (FRS 102) issued on 16<sup>th</sup> July 2014 and with the Charities Act 2011.

The charity constitutes a public benefit as defined by FRS102

#### **1.2 Going concern**

There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

#### **1.3 Change of accounting policy**

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

#### **1.4 Change to accounting estimates**

No changes to accounting estimates have occurred in the reporting period.

#### **1.5 Material prior year errors**

No material prior year errors have been identified in the reporting period.

### **Note 2: Accounting Policies**

#### **2.1 Income**

Income is included in the Statement of Financial activities (SoFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

There has been no offsetting of assets and liabilities or income and expenses.

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

## Accounts for the year to 31 December 2022

Charity registration number 1146449. Limited company registered in England and Wales 07817408

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor has specified otherwise.

The value of any voluntary help received is not included in the accounts but is described in the trustee's annual report.

### 2.2 Expenditure and Liabilities

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

The charity made no redundancy payments during the reporting period.

No material item of deferred income has been included in the accounts

The charity has creditors which are measured at settlement amount.

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

### 2.3 Assets

The charity has no tangible fixed assets. These would be capitalised if they could be used for more than one year and cost at least £5,000.

The charity has no intangible fixed assets, that is, non-monetary assets that do not have physical substance, but are identifiable and are controlled by the charity through custody or legal rights.

The charity has no investments in quoted shares, unlisted investments, traded bonds or similar.

Debtors are measured on initial recognition at settlement amount. Subsequently they are measured at the cash received.

## Note 3: Details of certain items of expenditure

### 3.1 Fees for the examination of the accounts

There were no fees incurred for any statutory external scrutiny of the accounts

## Note 4: Paid Employees

### 4.1 Average head count for the year

	2022 FTE	2021 FTE
Fundraising	-	-
Charitable activities	2.53	1.12
<b>Total staff costs</b>	<b>2.53</b>	<b>2.12</b>

## Note 5: Pension contributions

The charity contributes towards a pension scheme for its employees. Its pension provider is People Pension.

## Note 6: Grant making

The charity has made the following grants to institutions.

Names of institution	Purpose	Total amount of grants paid £
University of Adelaide	Investigate into impact of maternal ICP on the outcome of their children	6,010
Kings College London	Fat issue project	14,978
Kings College London	Scoping post-pregnancy health trail	4,396
Kings College London	MedSciNet database	6,000
		<b>31,334</b>

## Note 7: Debtors and prepayment

### 7.1 Analysis of debtors

	2022 £	2021 £
Gift Aid	957	942
Prepayments and accrued income	-	-
Other debtors	-	-
<b>Total</b>	<b>957</b>	<b>942</b>

## Note 8: Creditors and accruals

### 8.1 Analysis of creditors

All creditors are payable within one year

	2022 £	2021 £
Trade creditors	1,335	585
Accruals and deferred income	-	-
Social security	-	-
<b>Total</b>	<b>1,335</b>	<b>585</b>

## Note 9: Cash at bank and in hand

	2022 £	2021 £
Cash at bank or in hand	51,447	111,708
<b>Total</b>	<b>51,447</b>	<b>111,708</b>

## Note 10: Charity Funds

### 10.1 Details of material funds held and movements between funds during the current period

Fund names	Type*	Fund balances brought forward £	Income £	Expenditure £	Transfers	Fund balances carried forward £
General funds	UR	112,065	51,602	112,580	-	51,087
<b>Total Funds</b>		<b>112,065</b>	<b>51,602</b>	<b>112,580</b>		<b>51,087</b>

#### \*Key

R = restricted

UR = unrestricted

## Note 11: Transactions with trustees and related parties

### 11.1 Trustee remuneration and benefit

None of the trustees have been paid any remuneration or received any other benefits from and employments with their charity or a related benefit

### 11.2 Trustees expenses

The charity has paid the following trustee expenses for fulfilling their duties.

Types of expenses	2022 £	2021 £
Travel	73	-
<b>Total</b>	<b>73</b>	<b>-</b>

1 trustee (Ms K Crabbe) have been reimbursed for travel expenses incurred going to a Trustees' meeting

### 11.3 Transaction with related parties

The following related party transactions have taken place

Name of related party	Relationship to the charity	Description of the transaction	amount £
Mr Ian Kingston	Husband of Chief executive Officer	Provision of IT Support, maintain website and social media pages.	6,835



**Section A**

**Independent Examiner's Report**

**Report to the trustees**

Charity Name  
ICP Support

**On accounts for the year  
ended**

31 December 2022

**Charity no  
(if any)**

1146449

**Set out on pages**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022.

**Responsibilities and  
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:**

11/09/2023

**Name:**

Tracey Worton

**Relevant professional  
qualification(s) or body  
(if any):**

Chartered Institute of Management Accountants

**Address:**

41 Lambeth Drive, Telford, Shropshire, TF3 1QW

**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

None