

Company registration number: 07588144

Charity registration number: 1146410

# Nottingham Central Womens Aid

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Community Accounting Plus  
Units 1 & 2 North West  
41 Talbot Street  
Nottingham  
NG1 5GL

# **Nottingham Central Womens Aid**

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## **Nottingham Central Womens Aid**

### **Reference and Administrative Details**

<b>Trustees</b>	Amanda Hanson
	Janet Hylton
	Nicki Wilkinson
	Jane Wawszczak
	Leila Henry
	Erin Skelton
	Brenda Serrant
<b>Senior Management Team</b>	Sam Bowles, Refuge Manager
<b>Charity Registration Number</b>	1146410
<b>Company Registration Number</b>	07588144
<b>Registered Office</b>	27 - 31 Carlton Road Nottingham NG3 2DG
<b>Independent Examiner</b>	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

# **Nottingham Central Womens Aid**

## **Trustees' Report**

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

### **Trustees and officers**

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Amanda Hanson
	Janet Hylton
	Nicki Wilkinson
	Jane Wawszczak
	Leila Henry
	Erin Skelton
	Brenda Serrant

### **Structure, governance and management**

#### ***Nature of governing document***

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 17 March 2011. It has no share capital and the liability of each member in the event of winding-up is limited to £10.

#### ***Recruitment and appointment of trustees***

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the memorandum and articles of association. Trustees are recruited through advertising on the website and through informal interest at publicity events and also through the national volunteering 'Do It' website as well as through personal professional recommendations and unsolicited interest and applications.

### **Objectives and activities**

#### ***Objects and aims***

To promote the protection of women and children who have suffered from or are exposed to domestic violence and abuse by such means as are charitable (but without prejudice to the generality of the foregoing) the prevention and protection of mental and physical health, the relief of need and promotion of research and education concerning domestic violence and the publication of the useful results.

# **Nottingham Central Womens Aid**

## **Trustees' Report**

### ***Objectives, strategies and activities***

We provide temporary accommodation and associated support and trauma informed services including community groups and training sessions for survivors and professionals. We work to promote research and education concerning domestic abuse, such as the freedom programme, own my life and the publication of results of research to inform better future services. We are based in Nottingham city and take referrals from across the country supporting women and children to find safety. This includes families who have been through our resettlement service and then are further subjected to post separation abuse, coercive control, stalking and harassment and those who are going through prolonged court cases both criminal and family cases. We are a specialist service supporting families who face multiple disadvantage in order to gain the best outcomes for vulnerable Women and children.

To provide advice, support and practical help to any woman who seeks it whether or not she is a resident of the refuge. Central Women's Aid will operate usually but not exclusively in the area of Nottingham City.

### ***Public benefit***

To provide temporary emergency accommodation request for women and children who have been subjected to domestic violence and abuse of a mental, physical, emotional, psychological or financial nature within an intimate or family type relationship or who have been subject to rape or sexual abuse.

Our community outreach projects including survivor recovery programmes are available to all women aged 16+ who request support to recover and heal from the impact of being subject to domestic abuse.

Our range of effective and engaging training to professionals and community organisations promotes better understanding and responses to disclosures of domestic violence, sexual violence and coercive control, including awareness of tech facilitated abuse.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

# Nottingham Central Womens Aid

## Trustees' Report

### Achievements and performance

Introduction from the Trustees

The Trustees of Nottingham Central Women's Aid are proud to present this report for the year ending 31st March 2025.

Over the past 12 months, supporting survivors and building hope, our charity has continued to provide vital support and refuge for women and children affected by domestic abuse, while growing in strength, scope, and resilience. We have continued to deliver on our mission of offering Safety, Security, and Peace, adapting to meet new challenges and deepening our impact in the community.

We are grateful to our team of dedicated Staff and Volunteers who work diligently to deliver the charity mission and embrace new projects; and to the sponsor base who maintain supporting us year on year and who continue to grow with our charity.

### Achievements and Performance

#### Core Services and Impact

Throughout 2024-2025, NCWA has continued to provide:

- Safe and secure refuge accommodation
- Practical and emotional support
- Established links with specialist expertise
- Child and youth bespoke services
- Trauma-informed recovery programmes
- Community-based outreach and support

We have supported more women and children than ever before, with increased engagement in our community support services and positive feedback across all areas of our work. We provided 468, 1 to 1 support sessions with adults and approximately 220 group and structured play sessions for children over the year, as well as more than 150 one-to-one or family support sessions, tailored to children and young people's emotional and developmental needs. We provided 7 survivor recovery group programmes with a total of 73 sessions and 73 therapeutic play sessions in the community.

Despite the housing crisis in Nottingham we have worked tirelessly to continue supporting women and children to move on to safe, stable and long-term housing.

Impact isn't always about big numbers; it's about real and meaningful change in real lives.

Whilst we have not yet found the right property to complete our goal to expand accommodation within this reporting period, we are on track to do so within the coming months.

### Service Development and Innovation

This end of the period saw the successful development and pilot of two new survivor recovery programmes:

- Steps to Freedom (10-week programme): Co-produced with survivors and includes creative and reflective exercises supported by journal workbooks (launching for public use in August/September 2025).
- Own My Zone (6-week body-based and empowerment programme): Focuses on personal boundaries, confidence-building, and embodied self-awareness.

These programmes have been praised for their all-inclusive methods, with survivors reporting increased self-esteem and connection. Steps to Freedom is undergoing formal evaluation by researchers at Nottingham Trent University.

Survivor feedback has been powerful with one beneficiary who attended the Own My Zone pilot sessions reflecting after the group and saying:

"I heard my voice for the first time in the session. I never knew I had a voice."

Artwork and metaphors like the Tree of Strength have emerged from the sessions, demonstrating the deep personal growth promoted through our creative and holistic approaches.

At the end of the period, we were thrilled to recruit our first official ambassador, Nicky Brindley MBE, who we know will continue to be a passionate advocate for our work and mission.

# Nottingham Central Womens Aid

## Trustees' Report

### Survivor Voice and Peer Engagement

We are committed to continue embedding survivor voice at the heart of our work. The survivor consultation group has contributed to programme co-design and will formally restart peer-led sessions in May 2025. A befriending scheme (Stage 3) is also being planned for the future based on beneficiary input and this will be a co-produced project.

### Team Growth and Capacity

Over the period we have:

- Increased staff from 9 to 11 team members (6 FTE equivalents)
- Diversified our team, welcoming multilingual workers and a dedicated playworker
- Retained our experienced, trauma-informed team through strong leadership and regular clinical supervision
- Grown our volunteer base, with 2 regular refuge volunteers, 2 community engagement/marketing volunteers, and additional ad hoc support. In total we have 16 volunteers working with us across all areas of the organisation, strengthening our work with their contributions. This valuable resource provides essential capacity, and we are fortunate to be continuously approached with offers of time and expertise.

This stability has allowed us to extend long-term outreach and support, particularly to women experiencing post-separation abuse or legal challenges.

Between January and March, we delivered a comprehensive programme of whole-team training to further bolster our staff's capacity to support survivors with complex needs, ensure all team members are equipped with the latest best practices in safeguarding and trauma-informed support and to enhance consistency and collaboration across all roles in our organisation.

### Community and Networking

We have expanded our reach through:

- Participation in local and national community events
  - Cross-country partnership development
  - Corporate volunteering and donations
  - Beneficiary employability sessions through our partnership with a local Community Interest Company
- All group sessions have been supported with on-site childcare, enabling access and inclusion.

### Marketing, Campaigning, and Digital Strategy

We have worked conscientiously to transform our communications, in line with the strategy and ensured the team has access to training and resources to build on the previous successes. Our communications team has significantly improved our online presence and public awareness efforts, including:

- Development of personas to enhance campaign targeting
- Participation in national campaigns and awareness weeks
- The creation of the 'Gift of Safety' Christmas campaign
- A successful 'Summer of Love' Campaign
- Accessing to Trading and sustainability training through the school for social entrepreneurs which involved working with more than 20 other charities.
- 2 team member and a volunteer are also completing the framework for digital success training with the Bridge programme.

- Continued campaigning for systemic change to end Violence Against Women and Girls (VAWG)

We were pleased to retain our Cyber Essentials Plus certification for the second consecutive year and have shared cyber safety information with our beneficiaries.

Our Facebook, Instagram and LinkedIn followers have increased significantly, raising wider awareness of the pervasive issue of domestic abuse and the support and services we provide to provide safety, security and peace.

# Nottingham Central Womens Aid

## Trustees' Report

### Governance and Leadership

Our skilled and trauma-informed diverse Board of Trustees remains strong and stable, offering strategic oversight and expertise. In 2024, we recruited a new trustee and held a well-attended online AGM on 12th November, focusing on VAWG and intersectionality.

### Outcomes Achieved during the Year

- Safety & Stability: Women and children accessed refuge, improved well-being, and took steps toward independence.
- Emotional & Practical Recovery: Over 80% reported increased confidence and understanding of their rights.
- Long-Term Impact: Our training and advocacy improved community response to domestic abuse.
- Sustained Engagement: Beneficiaries remained connected and supported beyond initial crisis stages.
- Digital Security: Women benefited from our increased cyber safety focus, backed by certification.

### Organisational Resilience and Sustainability

We continue to grow as a specialist grassroots organisation with national ambitions. Our collective team brings together professionals with a wide range of qualifications and lived experience. We regularly invest in:

- Whole team training
- Specialist and cross-disciplinary learning
- Service development

We have established a comprehensive 5-year funding strategy with three key income streams to reduce grant dependency. Our deputy leader has undertaken Trading and Sustainability training, focusing on income diversification.

We have been in the fortunate position of having the relative security of being in the midpoint of receiving several multi-year grants to fund a range of projects and core costs which has reinforced our position and provided confidence for our team and stakeholders. Current funders include Children in Need 2024 - 2027; Leather sellers 2023- 2027; The National Lottery Community Fund; 2024 - 2029; and Warburtons 2024 - 2026. We are also receiving a grant from Lloyds Bank Foundation 2024 -2027, with access to significant additional support including consultancy and training which is further improving the charity knowledge base.

We continue to work with Nottingham City Council 2024-2026 providing emergency accommodation services and work closely with Nottingham City Homes to provide intensive management support on three move-on support properties provided for our beneficiaries.

We are also pleased to deliver projects supported by grants from Gemini Trust 2024 - 2025 and Pret Foundation 2024 - 2025. Additionally, we have received a variety of smaller grants and support including New Look Listergate (through Neighbourly) which raised funds of £2187.78 towards our work. We were also thrilled to be the KEOLIS Tram network charity of the year for 2024 which raised £1888, sponsored several community events and have continued their support towards us with 'in-kind' donations.

Thanks, is also owed to numerous, less corporate supporters, who have provided assistance and in-kind donations throughout the year.

The Soroptimists have continued to offer financial and 'in-kind' donations.

Nicky Brindley at Department for Work and Pensions has continued to provide gifts and ongoing support to our beneficiaries.

Taras's Angels has continued to support us with various donations and be a partner providing our information cards to women accessing their security equipment through the police.

Buddy bags scheme offers their continued support to the children in refuge.

Nuffield and South Notts Academy did gift collections for us at Christmas, which was greatly appreciated, and Capital One have supported us with Eid gifts for the beneficiaries.

Sills and Betteridge have provided ongoing support, collections and advice to our beneficiaries and our thanks to Elliot Mather, Avery Denison and all of the other local businesses who have provided essential support; donations and volunteering to underpin our work.

If you have not been individually mentioned, it is not because we do not recognise and greatly appreciate the donated clothing, bedding, toiletries, household goods, food, baby essentials and school supplies, to name just a few items that make our survivors lives more comfortable whilst they are with us and for when they have their own safe home to go to - it all matters.

# **Nottingham Central Womens Aid**

## **Trustees' Report**

### **Future Plans and Priorities**

- Accessible Property Purchase: We have secured pro-bono legal support the Trust Law and will proceed in 2025.
- Framework Accreditation: We are now an approved provider on Nottingham City Council's DSVa framework.
- Women's Aid Quality Standard: We are preparing for the application window in May.
- Service Expansion: Accommodation and peer support schemes will launch in 2025.
- Revenue Generation: Journal sales and programme licensing from August/September 2025.

### **Gratitude and Testimonials**

Our work is only possible because of the dedication of staff and volunteers, and the generosity of supporters for our beneficiaries.

"Thank you for having me and my wife to the Christmas party-we had an amazing time."

"NCWA is completely non-discriminatory & also shows anti-racism... keeping my needs & comforts as their priority."

"Thank you so much-I've been spreading the word for how good the courses are!"

### **Conclusion**

This year has been transformative for Nottingham Central Women's Aid. We have met challenges with creativity, resilience, and unwavering commitment to survivors. As we look ahead, we remain focused on ensuring that no woman or child faces domestic abuse alone.

### **Financial review**

We are again happy with our financial position at the end of this reporting period and feel we are successfully on our way to meeting our strategic aims to increase our service delivery as set out in our 5 year strategic plan whilst being mindful of the difficult financial and economic climate we are operating within. We have continued to diversify our funding streams to build financial resilience.

# **Nottingham Central Womens Aid**

## **Trustees' Report**

### ***Principal risks and uncertainties***

The refuge not being full to capacity for an extended period would have a negative impact on our income.

We have a number of time limited contracted services and various different grant funding streams which are due to come to an end but we are working to identify future funding opportunities and further diversify our income sources and increase subscriptions and donations for increased stability. A downturn in the economy can affect fundraising so we are mindful to diversify our funding streams to mitigate this possibility.

Having inadequate insurance cover in the event of a claim could cause financial detriment so we seek to ensure that the insurance protection is viable annually.

Fraud is always a concern in business and so we have in place a robust financial management policy and clear process which include separation of authorisation levels.

The cost of living crisis and ongoing increase in costs are also a concern.

### ***Policy on reserves***

NCWA wish to maintain a reserve amount of 6 months running costs to cover unexpected and unplanned events so that the charity's work can continue.

These might include

- Covering unforeseen day-to-day operational costs, for example: employing temporary staff to cover a long-term sick absence.
- A fall in a source of income, such as reduction or cessation in funding arrangements.
- Planned commitments, or designations, that cannot be met by future income alone, for example plans for a major capital project.
- The need to fund potential deficits in a cash budget, for example money may need to be spent before a funding grant is received.

Nottingham Central Women's Aid aims to hold between 15% and 20% of annual expenditure held in unrestricted reserves to provide sufficient working capital to cover delays in the spending and receipt of grants and to provide a cushion for unexpected emergencies.

In deciding the level of reserves trustees will take into account NCWA's annual budget.

The management committee may designate reserves for an identified purpose (maternity leave/sickness cover/settlement).

The management committee and manager are responsible for ensuring that the level and use of reserves is monitored. They will

- Compare the amount of reserves held with the target amount or target range set for reserves.
- Explain any action being taken or planned to bring reserves into line with target.
- Include this information in the Accounts and Annual Report.

# Nottingham Central Womens Aid

## Trustees' Report

### Statement of Responsibilities

The trustees (who are also the directors of Nottingham Central Womens Aid for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.


The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

### Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on ~~8th July 2025~~ and signed on its behalf by:

  
.....

Amanda Hanson  
Trustee

## Nottingham Central Womens Aid

### Independent Examiner's Report to the trustees of Nottingham Central Womens Aid (‘the Company’)

#### Independent examiner’s report to the trustees of Nottingham Central Womens Aid (‘the Company’)

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025.

#### Responsibilities and basis of report

As the charity’s trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 (‘the 2006 Act’).

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity’s accounts as carried out under section 145 of the Charities Act 2011 (‘the 2011 Act’). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

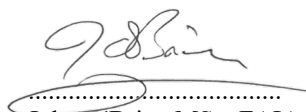
#### Independent examiner’s statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a ‘true and fair’ view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FAIA, FCIE, employee of Community Accounting Plus  
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West  
41 Talbot Street  
Nottingham  
NG1 5GL

Date: 8th July 2025

## Nottingham Central Womens Aid

### Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
<b>Income and Endowments from:</b>					
Donations and legacies	2	68,830	-	68,830	47,570
Charitable activities	3	117,949	264,978	382,927	301,961
Investment income	4	4,043	-	4,043	4,125
Total Income		<u>190,822</u>	<u>264,978</u>	<u>455,800</u>	<u>353,656</u>
<b>Expenditure on:</b>					
Charitable activities	6	<u>(62,609)</u>	<u>(255,252)</u>	<u>(317,861)</u>	<u>(253,752)</u>
Total Expenditure		<u>(62,609)</u>	<u>(255,252)</u>	<u>(317,861)</u>	<u>(253,752)</u>
Net income		<u>128,213</u>	<u>9,726</u>	<u>137,939</u>	<u>99,904</u>
Net movement in funds		128,213	9,726	137,939	99,904
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>551,211</u>	<u>23,725</u>	<u>574,936</u>	<u>475,032</u>
Total funds carried forward	15	<u><u>679,424</u></u>	<u><u>33,451</u></u>	<u><u>712,875</u></u>	<u><u>574,936</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 15.

The notes on pages 14 to 24 form an integral part of these financial statements.

## Nottingham Central Womens Aid

### Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
<b>Income and Endowments from:</b>				
Donations and legacies	2	47,570	-	47,570
Charitable activities	3	118,917	183,044	301,961
Investment income	4	4,125	-	4,125
Total income		<u>170,612</u>	<u>183,044</u>	<u>353,656</u>
<b>Expenditure on:</b>				
Charitable activities	6	<u>(83,722)</u>	<u>(170,030)</u>	<u>(253,752)</u>
Total expenditure		<u>(83,722)</u>	<u>(170,030)</u>	<u>(253,752)</u>
Net income		86,890	13,014	99,904
Transfers between funds		<u>(205)</u>	<u>205</u>	<u>-</u>
Net movement in funds		86,685	13,219	99,904
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>464,526</u>	<u>10,506</u>	<u>475,032</u>
Total funds carried forward	15	<u><u>551,211</u></u>	<u><u>23,725</u></u>	<u><u>574,936</u></u>

The notes on pages 14 to 24 form an integral part of these financial statements.

# Nottingham Central Womens Aid

(Registration number: 07588144)  
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
<b>Fixed assets</b>			
Tangible assets	11	6,929	4,390
<b>Current assets</b>			
Debtors	12	3,467	3,691
Cash at bank and in hand	13	<u>709,416</u>	<u>676,357</u>
		712,883	680,048
<b>Creditors: Amounts falling due within one year</b>	14	<u>(6,937)</u>	<u>(109,502)</u>
<b>Net current assets</b>		<u>705,946</u>	<u>570,546</u>
<b>Net assets</b>		<u>712,875</u>	<u>574,936</u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		33,451	23,725
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>679,424</u>	<u>551,211</u>
<b>Total funds</b>	15	<u>712,875</u>	<u>574,936</u>


For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

## Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 11 to 24 were approved by the trustees, and authorised for issue on 8th July 2025, and signed on their behalf by:

  
Jane Wawszczak  
Trustee

The notes on pages 14 to 24 form an integral part of these financial statements.

# **Nottingham Central Womens Aid**

## **Notes to the Financial Statements for the Year Ended 31 March 2025**

### **1 Accounting policies**

#### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### **Basis of preparation**

Nottingham Central Womens Aid meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### **Going concern**

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

#### **Exemption from preparing a cash flow statement**

Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

#### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### ***Donations and legacies***

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

## Nottingham Central Womens Aid

### Notes to the Financial Statements for the Year Ended 31 March 2025

#### ***Deferred income***

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Tangible fixed assets**

Individual fixed assets costing £500.00 or more are initially recorded at cost.

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Computer equipment	33.3% on a straight line basis
Furniture & equipment	10.0% on a straight line basis

#### **Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

## Nottingham Central Womens Aid

### Notes to the Financial Statements for the Year Ended 31 March 2025

#### Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

### 2 Income from donations and legacies

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	54,542	54,542	37,601
Donations from individuals	14,288	14,288	9,969
	68,830	68,830	47,570

### 3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Grants & donations	-	264,978	264,978	183,044
Housing benefit & rental income	117,564	-	117,564	118,245
Laundry & payphone income	385	-	385	672
	117,949	264,978	382,927	301,961

## Nottingham Central Womens Aid

### Notes to the Financial Statements for the Year Ended 31 March 2025

#### 4 Investment income

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income;			
Interest receivable on bank deposits	4,043	4,043	4,125

#### 5 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Nottingham City Council	-	114,705	114,705
BBC Children in Need	-	37,711	37,711
Freemasons	440	-	440
The Neighbourly Foundation (Lidl)	2,188	7,080	9,268
Gemini	-	4,494	4,494
Punjabi Forest	1,000	-	1,000
Hawlet	1,913	-	1,913
Charities Aid Foundation (Warburtons)	-	10,000	10,000
Leather Sellers	25,000	-	25,000
National Lottery Community fund	-	72,774	72,774
Lloyds Bank foundation	25,000	-	25,000
Toyota	-	2,000	2,000
Groundwork	-	1,000	1,000
Women's Aid Foundation	-	3,000	3,000
Soroptomists	-	6,450	6,450
Nottingham City Council	-	5,764	5,764
Sundry grants and donations	13,289	-	13,289
	<u>68,830</u>	<u>264,978</u>	<u>333,808</u>

## Nottingham Central Womens Aid

### Notes to the Financial Statements for the Year Ended 31 March 2025

#### 6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Activities & workshops	817	3,045	3,862	2,951
Advertising & marketing	445	-	445	42
Cleaning	576	558	1,134	720
Depreciation	2,702	-	2,702	1,112
Bank charges	4	-	4	6
Equipment purchases	1,614	1,435	3,049	2,865
Fundraising costs	69	-	69	-
Governance, supervision & recruitment	566	-	566	258
Resource materials	-	8	8	330
Refreshments, gifts & hospitality	366	1,164	1,530	772
Health & safety	2,652	3,810	6,462	7,050
Insurance	3,910	-	3,910	4,113
Legal & professional	2,954	8,066	11,020	4,493
Office expenses	10	1,015	1,025	1,254
Payroll service	1,235	-	1,235	1,270
Publications & subscriptions	1,024	513	1,537	1,270
Rent, rates & room hire	8,722	7,569	16,291	14,759
Repairs & maintenance	2,242	-	2,242	14,269
Residents food & emergencies	326	4,160	4,486	8,170
Sundry expenditure	-	-	-	102
Telephone, internet & postage	1,915	7,675	9,590	3,970
Training	491	2,880	3,371	1,597
Travel, meetings & refreshments	283	253	536	157
Utilities	3,704	5,500	9,204	11,411
Volunteer expenses	56	99	155	222
Wages, NI & pensions	25,926	207,502	233,428	170,589
	<u>62,609</u>	<u>255,252</u>	<u>317,861</u>	<u>253,752</u>

#### 7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2025 £	2024 £
Depreciation of fixed assets	<u>2,702</u>	<u>1,112</u>

## Nottingham Central Womens Aid

### Notes to the Financial Statements for the Year Ended 31 March 2025

#### 8 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
<b>Staff costs during the year were:</b>		
Wages and salaries	210,894	156,004
Social security costs	11,519	6,074
Pension costs	11,015	8,511
	<u>233,428</u>	<u>170,589</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2025 No	2024 No
Average number of employees	<u>11</u>	<u>10</u>

9 (2024 - 8) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £11,015 (2024 - £8,511).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £25,683 (2024 - £23,016).

#### 9 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2025 £	2024 £
Independent examination	900	860
Other financial services	2,340	1,894
	<u>3,240</u>	<u>2,754</u>

#### 10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

## Nottingham Central Womens Aid

### Notes to the Financial Statements for the Year Ended 31 March 2025

#### 11 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Total £
<b>Cost</b>			
At 1 April 2024	14,002	5,533	19,535
Additions	-	5,242	5,242
At 31 March 2025	<u>14,002</u>	<u>10,775</u>	<u>24,777</u>
<b>Depreciation</b>			
At 1 April 2024	10,425	4,721	15,146
Charge for the year	571	2,131	2,702
At 31 March 2025	<u>10,996</u>	<u>6,852</u>	<u>17,848</u>
<b>Net book value</b>			
At 31 March 2025	<u>3,006</u>	<u>3,923</u>	<u>6,929</u>
At 31 March 2024	<u>3,577</u>	<u>812</u>	<u>4,389</u>

#### 12 Debtors

	2025 £	2024 £
Prepayments	<u>3,467</u>	<u>3,691</u>

#### 13 Cash and cash equivalents

	2025 £	2024 £
Cash on hand	373	277
Cash at bank	<u>709,043</u>	<u>676,080</u>
	<u>709,416</u>	<u>676,357</u>

#### 14 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	5,459	1,547
Other creditors	1,478	3,527
Deferred income	<u>-</u>	<u>104,428</u>
	<u>6,937</u>	<u>109,502</u>

## Nottingham Central Womens Aid

### Notes to the Financial Statements for the Year Ended 31 March 2025

#### 15 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
<b>Unrestricted funds</b>					
<i>General</i>					
General fund	200,261	190,822	(56,211)	(99,000)	235,872
<i>Designated</i>					
Ralph King Legacy	25,250	-	-	-	25,250
Property purchase	305,000	-	-	80,000	385,000
Support worker's post	20,700	-	(6,398)	19,000	33,302
	<u>350,950</u>	<u>-</u>	<u>(6,398)</u>	<u>99,000</u>	<u>443,552</u>
<b>Total unrestricted funds</b>	<u>551,211</u>	<u>190,822</u>	<u>(62,609)</u>	<u>-</u>	<u>679,424</u>
<b>Restricted funds</b>					
Advocacy Fund	-	3,000	(938)	-	2,062
Nottingham City Council Grant	-	114,705	(112,758)	-	1,947
The Neighbourly Foundation (Lidl & Screwfix)	-	280	(280)	-	-
National Grid	477	-	(477)	-	-
Chrysalis Outreach Project (Warburtons)	-	10,000	(8,444)	-	1,556
Boots	8,863	-	(8,863)	-	-
Food fund (Sainsbury's & Lidl)	215	-	(215)	-	-
Flexible Housing	-	5,764	(5,764)	-	-
Gemini	-	4,494	(1,465)	-	3,029
Toyota	-	2,000	-	-	2,000
One stop	-	1,000	(213)	-	787
Pret Foundation	-	6,800	-	-	6,800
The National Lottery - community fund	-	72,774	(70,626)	-	2,148
Children in Need	14,170	37,711	(41,270)	-	10,611
Soroptomists	-	6,450	(3,939)	-	2,511
	<u>23,725</u>	<u>264,978</u>	<u>(255,252)</u>	<u>-</u>	<u>33,451</u>
<b>Total restricted funds</b>	<u>23,725</u>	<u>264,978</u>	<u>(255,252)</u>	<u>-</u>	<u>33,451</u>
<b>Total funds</b>	<u>574,936</u>	<u>455,800</u>	<u>(317,861)</u>	<u>-</u>	<u>712,875</u>

## Nottingham Central Womens Aid

### Notes to the Financial Statements for the Year Ended 31 March 2025

#### Unrestricted funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
<b>Unrestricted funds</b>					
<i>General</i>					
General fund	155,276	170,612	(59,722)	(65,905)	200,261
<i>Designated</i>					
Ralph King Legacy	25,250	-	-	-	25,250
Property purchase	260,000	-	-	45,000	305,000
Support worker's post	24,000	-	(24,000)	20,700	20,700
	<u>309,250</u>	<u>-</u>	<u>(24,000)</u>	<u>65,700</u>	<u>350,950</u>
<b>Total unrestricted funds</b>	<u>464,526</u>	<u>170,612</u>	<u>(83,722)</u>	<u>(205)</u>	<u>551,211</u>
<b>Restricted</b>					
Nottingham City Council Grant	-	111,364	(111,364)	-	-
Avery Dennison	5,506	-	(5,506)	-	-
The Neighbourly Foundation (Lidl & Screwfix)	5,000	3,600	(8,600)	-	-
Flexible Housing Fund	-	5,764	(5,967)	203	-
Jones Trust	-	5,000	(5,000)	-	-
National Grid	-	9,500	(9,023)	-	477
Chrysalis Outreach Project (Warburtons)	-	3,000	(3,000)	-	-
Boots	-	9,978	(1,115)	-	8,863
Food fund (Sainsbury's & Lidl)	-	1,000	(787)	2	215
Children in Need	-	31,757	(17,587)	-	14,170
Soroptomists	-	2,081	(2,081)	-	-
	<u>10,506</u>	<u>183,044</u>	<u>(170,030)</u>	<u>205</u>	<u>23,725</u>
<b>Total restricted funds</b>	<u>10,506</u>	<u>183,044</u>	<u>(170,030)</u>	<u>205</u>	<u>23,725</u>
<b>Total funds</b>	<u>475,032</u>	<u>353,656</u>	<u>(253,752)</u>	<u>-</u>	<u>574,936</u>

## **Nottingham Central Womens Aid**

### **Notes to the Financial Statements for the Year Ended 31 March 2025**

The specific purposes for which the funds are to be applied are as follows:

This year the restricted funds have been as follows:

Nottingham City Homes- Housing Management

Nottingham City Council- Complex Needs refuge, childrens support, Move on accommodation

Neighbourly (Lidl)- Emergency items for women and children fleeing Domestic abuse

Warburtons – Chrysalis outreach project

Boots – Workshops and hands on practical and emotional support

Children in Need – Core funding

Lethersellers – Core funding

Neighbourly – emergency food and essentials

National Grid- Warm packs and advice for women

Soroptimists- Essential items for women and children fleeing domestic abuse

Advocacy Fund, Home Office-WAFE) - Advocacy

Toyota- Mattresses and activity resources

One Stop- Emergency, food, storage, hygiene

Gemini- Play worker and equipment

Pret Foundation- Supporting women & children in refuge to live safer & happier lives

National Lottery Community Fund- Free from Fear project

Legacy Fund- Access to accommodation fund

Property Purchase- Property Purchase

Support worker post- One Support worker post- one yea

## Nottingham Central Womens Aid

### Notes to the Financial Statements for the Year Ended 31 March 2025

#### 16 Analysis of net assets between funds

	Unrestricted			2025
	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	6,929	-	-	6,929
Current assets	235,880	443,552	33,451	712,883
Current liabilities	(6,937)	-	-	(6,937)
Total net assets	<u>235,872</u>	<u>443,552</u>	<u>33,451</u>	<u>712,875</u>

	Unrestricted			2024
	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	4,390	-	-	4,390
Current assets	305,373	350,950	23,725	680,048
Current liabilities	(109,502)	-	-	(109,502)
Total net assets	<u>200,261</u>	<u>350,950</u>	<u>23,725</u>	<u>574,936</u>

#### 17 Commitments

##### Capital commitments

At 31 March 2024 the charity had non-cancellable commitments under an operating lease for the premises which expires in 2036.

The total amount contracted for but not provided in the financial statements was £93,500 (2024 - £102,000).

#### 18 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

#### 19 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 20 Related party transactions

There were no related party transactions in the year.