



Sittingbourne
& Sheppey

ANNUAL REPORT 2022-23





Sittingbourne & Sheppey

First Floor, Central House, Central Avenue, Sittingbourne,
Kent ME10 4NU

Tel: 01795 429007

E-mail: home-startsitt@btconnect.com

Website: www.home-startsittingbourneandsheppey.org.uk

Company Number: 7952821
Registered Charity Number: 1146356



STAFF

Co-ordinator

Laura Jobson
(20hrs - retired end of June)

Manager

Allison McColl
(started employment May - 24hrs rising to 30hrs in October)

Administrator/Bookkeeper/DBS Lead Signatory

Mandy Gambell
(20hrs)

Family Support Worker

Wendy Tomlin
(12hrs)

BOARD OF TRUSTEES 2021/22

Chair

Christine White

Treasurer

Laura Jobson

Independent

Kerry Spurling
Sylvia New
Tracy Hodges
Elaine St Ledger (left February)
Fran Sinclair-Taylor

VOLUNTEER MENTORS

Anna*/**
Chris
Debra
Jenny*

Kerry
Maureen
Natalie**
Nicki

(*new this year/**left this year)





What is Home-Start?

Home-Start is the UK's leading family support charity. Founded in 1973 in Leicester by Margaret Harrison, it has grown to hundreds of local Home-Start schemes across the UK and with forces in Germany and Cyprus. Home-Start UK provides these schemes training, policies, quality assurance, guidance and support.

Home-Start Sittingbourne & Sheppey began in 1994, and has grown to offer local families valuable volunteer support, and to offer a Twins Group, and to also help guide families in to support from other organisations such as local Children's Centres.

We are one of eight local Home-Start offices in Kent to go into homes in crisis to take the strain off families - often their only lifeline now service cuts have reduced other forms of family support. We help families cope so that they can provide the love and laughter their children need to flourish.

Because childhood can't wait



What do we do?

Parents supporting parents - local, trained volunteer mentors helping families with young children through their challenging times.

Why do we do it?

The earliest years make the biggest impact: Home-Start makes those years count so that no child's future is limited.

How do we do it?

No judgement, just compassionate, confidential help and expert support. Starting in the home, our approach is as individual as the people we are helping.

The issue

Families are facing a cost of living crisis like never before, with many who were just about managing now pushed into poverty. And there continues to be significant need for early years support as families are still reeling from the impact of the Covid-19 pandemic.

Across the UK, during the pandemic, so much has been placed on hold, but child development is not something that can wait. We have observed parental burnout and isolation, pressure on parental and child mental health, and the very real effects of poverty on families.

A child's earliest years are irreplaceable. Without a stable, loving and nurturing environment, a very young child will not develop the vital foundations they need. They will not develop the skills that help with everything from their behaviour, their ability to learn, their confidence or even some of the most basic things, like being able to go to the toilet. Once the chance is missed, making up lost ground in later life is difficult, expensive and often just doesn't happen.

Local authorities are so overstretched and funding is sparse in Swale. A child's future shouldn't be blighted before it's even started.



Chair's Report

It has been an extremely busy year and also one of great change for our charity. I would like to take this opportunity of thanking our long standing Co-Ordinator, Laura Jobson, who retired during the year after 27 years of outstanding service to Home-Start Sittingbourne and Sheppey. I was part of the original interview panel that selected Laura and have really enjoyed working alongside her over these past years and I would like to wish her well for the future. Laura is still around as she is now our volunteer Treasurer and a member of our board of trustees.

I am absolutely delighted to report that we were incredibly lucky to find an excellent new Manager, Allison McColl, who started with us in May 2021. Allison is not new to the charity as she was a member of staff in the past which has been a huge bonus and Allison has seamlessly settled into her new role having previous knowledge and experience with us. I have really enjoyed reacquainting with Allison and our first year working together.

Whilst talking of staff I must also mention Mandy Gambell our Administrator, Bookkeeper and DBS Lead Signatory who has been with us for 24 years, and our Family Support Worker, Wendy Tomlin, for their continued hard work, support and commitment to the charity. It really is a great team. Well done to all!

More good news following two difficult years of the Covid 19 pandemic where we were constrained and only able to offer virtual support or a chat at the garden gate; we are now back to offering face-to-face support to our families as well as opening up our clubs. Families have said how good it is to get back to normal and access the support available which is needed perhaps now more than ever.

It has also been a year of funding bids and applications to a variety of funders to ensure our services continue and these have been put together jointly by Allison and Laura in her capacity of Treasurer. I am again very pleased to report we have been successful with a National Lottery Community Fund bid that gives us funding for three years. The funding enables us to support young families still facing social isolation, an absolutely great result and congratulation to staff and volunteers for their hard work in putting the application together.

Finally as I do in this report each year I cannot end without giving thanks to our committed and supportive Board of volunteer Trustees and also the many volunteers that help support and visit our families. We could not run the service without you all!

Christine White
Chair



Treasurer's Report

When I took on the role of Treasurer in June Home-Start Sittingbourne and Sheppey had sufficient funds for 1 year and reserves to cover redundancy and 2/3 months closure costs. It is a situation Home-Start has faced for many years. Home-Start UK had given us a grant at the end of last year to have a review of our accounting systems and to get support and guidance for future funding bids.

The new Manager and I have worked together on grant applications during this year including completing stage 2 for the National Lottery Community Fund; and Children In Need, Comic Relief and Home-Start/Pears grant applications for new projects.

Although we have not been successful with all of our applications we are delighted that the National Lottery Community Fund agreed in March to fund a grant for 3 years which will cover at least 60% of Home-Start running costs.

There is a full list of funds received for the year and information on each grant with the annual accounts.

The Manager and I have continued to apply for grants throughout the year to maintain support for local vulnerable families and to offer additional services specifically for young families who are still struggling to overcome anxiety, isolation and loneliness due to the impact of Covid 19.

The Bookkeeper provides a detailed report of expenditure and income received for every Trustee meeting which ensures that all decisions can be made with a full understanding of the financial impact for Home-Start.

Laura Jobson
Treasurer





Manager's Report

What an amazing year!!

I was absolutely thrilled to return to Home-Start Sittingbourne & Sheppey in May 2021 as the Manager.

Having spent 15 years as a Co-ordinator it was with great sadness that I had to take redundancy in 2016. But all good things come with patience and I am now delighted to be taking Home-Start Sittingbourne & Sheppey forward.

The last 2 ½ years have been a very challenging time for everyone: families, volunteer mentors and staff. The pandemic has changed our lives in so many ways. I have nothing but praise for Laura, Mandy and Wendy for providing families with a weekly doorstep visit, activities and a ready smile which I am sure was so needed in those long dark days of lockdown.

We are now beginning to turn a corner and our amazing volunteer mentors are starting to encourage families to begin that (sometimes scary) journey back into the community which has been difficult for some. So, a huge thank you to all our volunteer mentors.

For me this year has been about evaluation, revamping and looking for innovative ways to improve on our service, to get our name back in the minds and on the lips of the movers and shakers in Swale; to add value to our service and find better ways of working with families and professionals.

Funding is always a thorny subject and just like a beautiful garden it takes time, effort, patience and love to produce the results we want but with the right determination and passion we will do it!!



We have 3 projects in their infancy but I would like to mention them here briefly as they are important pieces of work for us moving forwards:

- ◆ KCC gave us a grant of £10,000 from their Covid 19 Grant Fund. I named this project 'Meaningful Connections', its purpose, to deliver interventions and initiatives linked to the prevention and containment of covid 19 outbreaks.
- ◆ Home-Start UK/Pears Foundation have offered us 2 separate grants for:
- ◆ 'Cocoons to Butterflies' is a targeted pilot project specifically aimed at expectant mums, new mums and those mums who have had their babies in the lockdown. They will be offered support and encouragement to attend and participate in community activities. Home-Start Sittingbourne & Sheppey will begin this journey by offering one-to-one support in the home and a group setting run by the Manager to allow them to gain the confidence they need in a safe space.
- ◆ Volunteer Recruitment and Training Package. This grant covers advertising, training costs and a management fee. We are also tasked with offering an E-learning course for volunteer mentors who may not be able to commit to the in-house course but have access to technology. This funding allows us to recruit, train and support more volunteer mentors.
- ◆ We have been given a wonderful opportunity by the National Lottery Community Fund to continue the support we offer to families for another 3 years - watch this space for more detail in our future annual reports.

I continue to work alongside families - this is not only a joy for me but an essential element as it keeps me connected and grounded. Being a Manager is only part of my role; I feel I need to be part of the cogs and workings to truly understand and deliver a great service to families.

Finally, I would like to express my heartfelt thanks to:

- ◆ The board of trustees who have supported me throughout my first year. This has been a year of change and new beginnings and I feel we are beginning to work well together.
- ◆ Christine White, our Chair, who has been on the end of the phone for those all-important Q&A's
- ◆ Mandy, our Administrator, who knows Home-Start Sittingbourne & Sheppey like the back of her hand and who is a huge source of information and support to me in so many ways, while I charter this new and exciting sea of change.

I am looking forward to the next 3 years and to what we can achieve for some of the most vulnerable families in our community because childhood can't wait.



Allison McColl
Manager



Manager - Family case studies

Family A

Family A have been receiving support for a number of months now. Each visit is 2 hours fortnightly.

Mum was referred to Home-Start Sittingbourne & Sheppey as she has complex mental health issues and was in temporary housing. Mum is a single parent with an 18-month-old child, who is very bubbly and a delight to be around - this is all due to mum's parenting, love and devotion. Mum has periods of depression brought about by life's circumstances and stress.

The worker, who provides mum's support, encourages her to come out for walks to the local park for much needed fresh air and open spaces. The baby enjoys the walks often holding the worker's hand as they are pushed along in the buggy.

Home visits consist of listening to mum, offering timely and appropriate advice and guidance. The worker offers information that could be useful and sign posts the mum and child to appropriate services. There is laughter and emotional wellbeing checks for both mum and child, all ensuring that the family is left feeling refreshed and have a more positive outlook moving into the coming days and weeks.

The child is building up a trusted relationship with an adult other than her mother and this creates independence required for the child's onward journey in life to nursery and eventually school life. They appear pleased to see the worker and has begun to show her toys and ask for lap time and 'huggles'.

Mum really appreciates the time she has with the worker and looks forward to their time together. Having someone to offload to, to share your joys as well and your struggles, is very important for everyone's emotional wellbeing.

Isolation is very detrimental to our mental health.

Family B

Family B have been receiving support for a number of months now. Each visit is 2 hours fortnightly.

Mum was referred to Home-Start Sittingbourne & Sheppey as she has complex mental health issues. Mum is a single parent with a 3-year-old child, who is very challenging. Mum has periods of depression brought about by life's circumstances and stress.

Mum felt incredibly isolated during the lockdowns of 20/21; however, the support continued to be offered by Home-Start Sittingbourne & Sheppey with socially distanced face-to-face visits on the door-step, her child was given craft packs to help keep them engaged and also try to bring families together in an activity. The isolation and lockdowns have had a huge impact on those who already suffered a mental health issue of any sort. Many services ceased to offer any kind of support and the best that could be expected was an infrequent phone call. Mum came to rely on the visits to feel connected to the outside world as she lives in a block of flats on the top floor.

Family C

Family C have been receiving support for the last 14 months. This is a single mum with one child living in a top floor flat.

From May 2020 to January 2022 all visits were socially distanced on the door-step making it difficult to talk freely about mum's concerns. In January 2022 all covid restrictions were lifted and the worker was able to enter the property for the first time.

During the door-step visits it was becoming apparent that mum's mental health was starting to impact on her daily life and it was evident when the worker went into the property why this would be happening. The worker observed concrete floors in the living room which had holes in places; no carpet in the mum's room - the only floor covering was in the child's room which was the standard offer when mum moved in - one room would be carpeted and she chose the baby's room for obvious reasons. There is mold on all of the windows and they are poorly fitted making it cold and draughty. This has a big impact on the child's respiratory issues in the winter months. Mum is on the house-swapper scheme but it would be almost impossible for her to get an exchange with someone with the current conditions in the home.

Unfortunately, our service is only able to continue its work with the family until the child reaches the age of 5 or attends full-time education, which will happen in September 2022.

The worker has now gained her permission to liaise with the housing association with a detailed letter and additional photos to try and get her the help she so desperately needs before we end our support.

Financially it is almost impossible to make ends meet and we have been able to provide a food voucher to allow her to feed herself (mum tends to feed her child before herself).

This is just one case in the life of Home-Start Sittingbourne & Sheppey work with families.

FEEDBACK FROM FAMILIES

"Allison is amazing, not only for support with me but also playing with my daughter. We look forward to her visits for chats. We love Allison and don't know how we would be without her help <3"

"I like having Allison coming round to chat about things and to help me. It makes me feel a lot better about myself."

"I have always enjoyed my visits and look forward to them every week. It is very helpful to me to have the extra support."



Drawings from children supported!





Family Support Worker

A big thank you to Wendy, our Family Support Worker, who has supported 13 families with 26 children under the age of 5 since her role began in September 2020 (initially as a pilot project which was supporting families during covid).

Wendy is an amazing lady and shows a huge amount of patience, empathy and compassion which is evident in the feedback from her families at their regular reviews.

During the pandemic Wendy was providing families with doorstep visits and a craft pack weekly so that each family received a chat with a 'real person'. This came at a time when there were very few, if any, services still providing socially distanced face-to-face visits and these were literally a lifeline to these families who were already isolated, depressed and suffering with a variety of mental health issues. When the weather did not permit Wendy to stand on doorsteps, she provided a telephone call or a video call to ensure that all important continuity of contact.

With continued funding from the Foyle Foundation and Comic Relief/Groundworks UK, and with some covid restrictions being lifted last year, Wendy is able to support these families within their homes. She takes a regular supply of fun activities which are tailored for each family and the seasonal events such as Easter, Chinese New Year, Spring, etc. The activity packs are either carried out during Wendy's visits with the children and parent to offer a role-modelling approach to play, or left with the family to encourage them to bond and work on activities as a family unit. Wendy often finds activities for the older siblings to include in the packs and I have suggested adding an adult colouring page to bring all of the family together.

Wendy also offers timely advice and a listening ear when dealing with emotional issues. She offers practical support such as cooking with families who are keen to learn new skills and accompanying families to appointments if and when required.

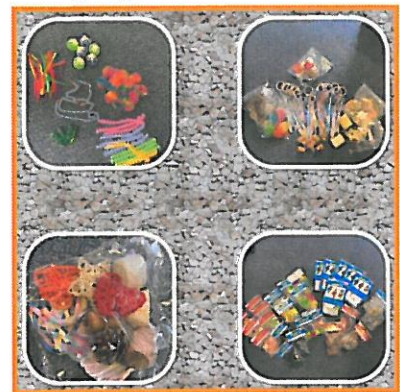
Wendy is a firm believer in a good walk in the fresh air which is excellent for those experiencing mental health issues as green spaces are very calming.

Wendy has been with Home-Start for 20 months and has made a big impact on the families she has supported - she is very much a valued member of our small team.

Allison McCall
Manager



Wendy handing a craft pack to a grateful mum (photo permission allowed). These packs included the craft activities and fidget toys below.



FOYLE FOUNDATION

FAMILY SUPPORT WORKER CASE STUDIES

Case Study 1

This is a family of 3 - mum, dad and a 1 year old. They have had many problems with their landlord, the condition of the property, the council and mum's family, which resulted in a court case and an injunction against her mother. They are still receiving threats from the family so do not feel safe in their home and desperately need to move.

Mum has health conditions that she is trying to get a diagnosis for and child 1 has a serious hearing problem and continuous pain in the ear. Therefore they have had multiple doctors and hospital appointments but nothing has been sorted yet so the mum is very frustrated.

Recently they have been given notice on the property but the council told them if they leave they will not help them as they would have made themselves intentionally homeless, so therefore will have to wait for the bailiffs to come. They are worried that this will happen over Christmas and the council will not be there to help them.

Home-start support given:

- Emotional support - someone to talk to / a listening ear
- Fortnightly craft pack for child 1
- Fortnightly face to face visit
- Advice on weaning recipes when child 1 was first on solids
- Helping mum to write a letter to her GP
- Applying for a white goods grant on their behalf

Feedback from review:

"Wendy has supported my family by giving me someone to talk to about my worries. Every time she comes, she always has packs of different things like drawing, bubbles etc. The things she provides helps my sons' development. She always has a smile on her face and always listens to what I say and tries to give me the best advice on the situation."



Case Study 2

This is a family of 3 - a single mum (after DV relationship) and 4 year old twins. Mum has long term depression and anxiety issues which have escalated massively this year due to her divorce, the Covid outbreak and then significant damage to her home after a flood. The stress of the work being done on the house was extremely hard for mum and the twins. It took a few weeks for the house to dry out before the work could even be started so she was worried that they would not be back home for Christmas. The house they were placed in is very small and the twins have struggled to settle there.

The twins were born prematurely so were on ventilators in NICU which then caused child 1 to be left with a lung condition. This means he is susceptible to chest infections so the covid situation has been very worrying for the family. Child 2 has autism and mum finds them both hard work particularly with their behaviour. During the summer child 2's behaviour became much worse with anger and aggression. Mum did not know what to do so I made a referral to the Kent Children & Young People's Mental Health Service (CYPMHS) on her behalf as she was finding everything too stressful. She gave me all the relevant information and consent to complete the application.

Mum has a complicated relationship with her mother and the twins generally only spend 2 nights every other week with their dad.

Our support has now ended with this family as the twins have started full time school.

Home-start support given:

- Emotional support - someone to talk to / a listening ear
- Weekly meeting face to face and phone calls
- Weekly craft packs for child 1 & 2
- Potty training advice
- Referral to CYPMHS

Ending feedback from mum:

"Wendy has been such an amazing support to me and to my boys. Having someone to talk to and see through the lock-down helped so much with my mental health, especially as I was going through a tough time with being in temporary accommodation following a flood in my house. Wendy was always such a calming influence when my head is always chaos, so is my life for that matter. I cannot thank her enough."

FEEDBACK FROM FAMILIES

"Wendy always listens to what I have to say. She gives me advice and my girls love spending time with her. I would hate to lose her as she understands me and I know I can talk to her about anything. Without Wendy's support I wouldn't know where I would be today."

"I have always enjoyed my visits and look forward to them every week. It is very helpful to me to have the extra support."

"Wendy has been an amazingly positive influence on me and I really enjoy her visits as it makes me feel 'normal' again. Wendy is a superhero to me!"

"Wendy from Home-Start has been visiting for about a year now and although support was reduced during lockdown she has massively helped me and my family during this difficult time. She was outstanding when me and my family had to self-isolate as we tested positive for Covid and couldn't leave the house to get shopping. I originally turned to my parents to get a bit of shopping for me but they were busy so I messaged Wendy and of course had to ask her boss, I was expecting a NO due to the situation but when she messaged back saying what bits do I need I was over the moon. Wendy is always giving me suggestions on how to do stuff which I really appreciate as me and my partner are having difficulties getting a routine with the kids and dealing with our own mental health issues. I feel I can talk to Wendy about anything that is bothering me and Wendy is able to offer a different point of view that has been brilliant to us."

"I feel that without Wendy, I would have struggled much more than I have done because having someone to reach out to has definitely made a difference to me and my family."

"I have been receiving support from Home-Start for a few months now and I can honestly say all the workers are lovely. If I'm having a bad day or need support or guidance then I know they are at the end of the phone to be able to help with my worries. My worker encourages me to get out the house and helps with my anxiety. She is there to offer help with all different situations or just for a general chat. I would recommend Home-Start and all the team to anyone that is struggling."

"Wendy has helped me so much during the pandemic. I was feeling down and suicidal, talking to her made me feel understood and normal and for that I will be grateful forever."

"The support I have received from Wendy has been wonderful. She is brilliant with (child) and he looks forward to his stickers and activities. It's lovely knowing someone is there for a supportive natter, particularly after a bad week."



Two days in the life of the Family Support Worker

Tuesday

I started my day in the office this morning, confirming this week's appointments and completing this week's craft packs. I have put together jubilee packs this week with bunting to colour, a 'draw a face of the queen' sheet, decorate a place setting for a celebration meal and a crown to decorate with jewels. I also had a brief catch up with Allison, the Manager, about one of the families I support following her liaison with an other professional.

It was then time to head off to my first family visit. This is a family of 4 - Mum, Dad and two children. Mum suffers with physical health issues and mental health issues. I offer mum a listening ear and encouragement to get little jobs done around the home as mum struggles to motivate herself to get things done. Both children were there today as it was half term and Child 1 was excited to get the jubilee crown out to decorate from the craft pack.

I then went straight on to my next visit after I left this family. My second visit is a family of 3 - Mum, Dad and one child. They have been relocated frequently recently from one temporary property to another. They were moved to a 3-bedroom property last week and were hoping to be able to settle there longer. Mum suffers from anxiety issues and depression as well as ongoing health problems that have been under investigation for the last couple of years. Sadly, Covid-19 has greatly affected the appointments and follow up consultations. Mum is currently learning to drive and is hoping she will have more freedom, independence and be able to get out more once she passes her test. At the present time she is reliant on friends and family to attend her health appointments. Just last week Mum asked me if I could take her to the local supermarket as she had a food voucher but no transport to get there and back with the heavy bags. Today we stayed at home as Child 1 has been unwell so I helped mum write a 'to do' list of the things that need to be done and the people she needs to contact regarding the recent move. Mum asked if we could take Child 1 out next week; we have been to the soft play centre and to the local park in recent weeks. We do this together as Mum's anxiety prevents her taking her child out on her own.

I went back to the office after this visit to make sure I had everything needed for the next day's visits and to write up my diary sheets for the family files.

Wednesday

My first visit today was at 9.30. This is a family of 6 - Mum, Dad and 4 children. Two of the children have additional needs and require a higher level of care and attention. One of the children has specialist equipment and toys to assist with their development. Both Mum and Dad have mental health issues and I have been visiting mum weekly since September 2020. Dad is very lucky to also have support from Home-Start from a male volunteer mentor.

I went into the home briefly today while mum was getting ready for our walk together, something we often do during my visits as mum likes to be able to get out of the house for a while so that she can talk openly without the distractions of the high demands of the family and, of course, it is good for her mental health to be out in the fresh air and the green spaces. We often go to the local coffee shop on the way back which mum has admitted is a real treat for her and one of the highlights of her week.

I went straight onto my next visit. This was a Mum and her 2-year-old son. It is quite a busy and crowded family home as they live with her parents and 2 younger siblings. This mum has a particularly busy life and can be quite stressful. Mum enjoys having someone to talk to who is non-judgmental and offers advice and guidance if and when it is needed. Child 1 really enjoys the craft packs and loves to get it all out while I am there for us to make and do together; he loved the jubilee pack and especially enjoyed making the crown this week.

After my visits I went back to the office to debrief with my Manager and to write up my diary sheets. I also made sure that there were enough packs ready for the Twins Group tomorrow which I run fortnightly.

As you can see my days are very busy and the families have a very interesting mix of needs but this makes my working days really fun and interesting.



Wendy Tomlin
Family Support Worker





Parent & Child Learning Together Project

Parent & Child Learning Together was a joint-funded two-year project by The Henry Smith Charity and Colyer Fergusson, and began in January 2020.

Throughout the project 18 families have been supported either by a volunteer mentor, or by our Family Support Worker, or by the Manager and previous Co-Ordinator.

The project focused on hard-to-reach families with babies and children up to age of 2 years, working alongside parents who are less likely to use the local community services. These parents typically lack confidence to fully engage with their baby(s).

These reasons can be varied and include parents' mental health issues, experience of and indirect experience of domestic abuse. It may also be that the parent or child has a physical disability which restricts their access to the community activities in the area. Sadly, the results are often low self-esteem and lack of confidence for parents and isolation for both parent and child.

The parents and children who have been involved in this project have worked well with their volunteer mentors to help strengthen the bond between parent and baby and to increase their understanding of the benefits of why early childhood interaction from birth is so very important for the mental health and well-being of their baby(s).

During the lifetime of this project parents have been encouraged to use a number of ways to interact with their young child. We have found the NSPCC Look, Sing & Play resources incredibly useful in demonstrating to parents the importance of strengthening the bond between parent and child and developing good methods of interaction.

Quote from the NSPCC Look Say Sing Play pack which we incorporated into supporting our families:

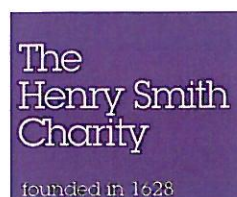
"The first 1,000 days of child's life are a crucial period for child development and wellbeing. There is clear evidence that experiences during the early years of life play a unique role in shaping a child's brain, with long-term consequences for health and wellbeing, as well as educational learning. A secure attachment between infant and parent has a demonstrable impact on the part of the brain which regulates stress, generating positive infant wellbeing in the present, while also buffering the child's brain against future harm."



When this project ended in March 2022 (a slight extension due to the pandemic) based on the evaluation, outcomes and parent feedback it has been a huge success at a time when so many services have been significantly affected by the pandemic as it is important to note that when parents have the knowledge, understanding and the confidence to improve their child's social, emotional and cognitive development this really reduces the risk of child neglect.

As a Manager, I feel that this has been a worthwhile project and that we can use much of what we have learned along the journey and apply it to methods of working with parents and children moving forward. Home-Start Sittingbourne & Sheppey would like to extend our thanks and gratitude to The Henry Smith Charity and Colyer Fergusson who jointly funded this amazing piece of work for the families in our community.

Allison McColl
Manager





Twins Group

The Twins Group continues to be supported by a kind donation from Tesco Bags of Help/ Groundwork UK.

Wendy, our Family Support Worker, has taken over the running of this wonderful group and she is taking it from strength to strength with 15 parents and 30 children registered with us in the last year. We said goodbye to 6 of these families whose children went on to start school.

The last 2½ years have been difficult for the parents of twins due to the pandemic and the closure of not only the Twins Group sessions but the Children's Centres, too.

Throughout the lockdown we provided craft packs and socially distanced doorstep visits which from the feedback we received were much appreciated.

We also offered meet-ups in the park as the restrictions allowed and before the children's centres opened their doors again. However, taking twins to the park can be fun but also fraught with stressful moments as you can imagine; one child heads off one way and another the other way leaving mum or dad in the centre of this dilemma quite possibly with a baby in a buggy!

Therefore, we were thrilled and excited to be able to restart the group sessions at Milton Court Children's Centre in October 2021 (with limited numbers allowed). The parents were very happy to be able to get together again and support each other after so long in isolation. The Twins Group parents thrive on being there for each other and sharing their ideas and unique parenting experiences. The children also benefit from having an enclosed safe space to explore, play and relax.

The Twins Group has been a solid and consistent element of Home-Start Sittingbourne & Sheppey since October 1998 and we hope it continues for many years to come.

Allison McColl
Manager



TESCO Bags of Help



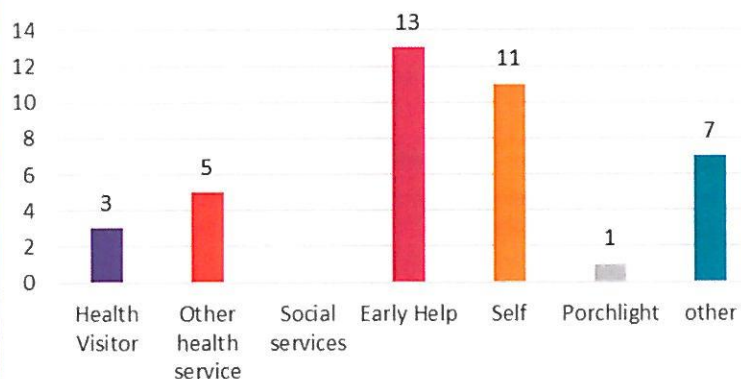


Statistics

Total number of families referred for the year - 40

Total number of families supported for the year - 38
(this figure includes families carried over from the previous year)

New referral sources



Family circumstances

Housing issues	2
Lone parent	15
Domestic abuse	4
Adult with disability	3
Child with disability	2
Adult mental health	24

Average age of parent: 25-44 years

Total number of children supported throughout the year: 103

Under 5 (female)	38
Over 5 (female)	18
Under 5 (male)	28
Over 5 (male)	19



Needs identified by family at initial visit

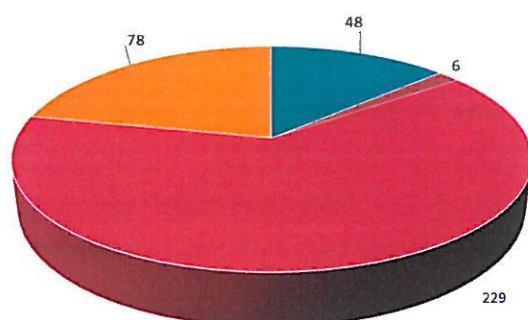
Level of coping that day (numbers to the right →)
0 = not coping very well 5 = coping very well

	1	2	3	4	5
Managing child(ren)'s behaviour	2	6	9	1	
Being involved with the child(ren)'s development/learning		3	4	5	1
Coping with physical health		2	4	1	1
Coping with mental health	1	9	14	1	
Coping with being isolated	1	7	19		
Parent's self-esteem		10	17	1	
Coping with child(ren)'s physical health		2	8		
Coping with child(ren)'s mental health		5	3		
Managing the household budget		2	5	1	
The day-to-day running of the home	2	3	5	1	
Stress caused by conflict in the family		6	5	2	
Coping with multiple birth/children under 5		2	8	1	3
Use of services			6	5	2
Other			3		3



Due to the covid pandemic, some of 2021 still involved doorstep visits and walks in the park with families by staff until restrictions were lifted and visits were able to revert back to within the families homes. Volunteer mentors also resumed their visits once it was safe to do so.

Total hours of support to families for the year - 277
(excluding travel time of 84 hours)



- Volunteer mentors total hours supporting families
- Volunteer mentors total hours travel time
- Staff total hours supporting families
- Staff total hours travel time



Length of support of families that ended this year:

Under 6 months	3
6-12 months	6
1 year to 2 years	2
2 years to 3 years	1
Over 3 years	2

All of our families are supported weekly by the Manager, Family Support Worker, and volunteer mentors (except those who only attend our Twins Group). The Manager also visits each family for reviews, and scoring sheets are kept as to how the progress of the support is going. We had 14 families end support this year for a variety of reasons - youngest child starts school, family moves away from area, or the family feel that things are better and they can 'move on' with no further support, etc. Each family receives an 'ending' visit by the Manager, where a final scoring sheet is completed as to whether those family's needs were met during the period of support.

"Home-Start has meant that I can have some adult conversation every week with someone other than my partner :)" - a family supported by a volunteer mentor



Needs identified	Achieved	Partly achieved	Not achieved
Managing child(ren)'s behaviour	2	2	2
Being involved in the child(ren)'s development	2	4	2
Coping with physical health	1	3	2
Coping with mental health	1	4	3
Coping with feeling isolated	3	2	3
Parent's self-esteem	3	3	3
Coping with child(ren)'s physical health	1	3	0
Coping with child(ren)'s mental health	1	1	2
Managing the household budget	0	1	1
The day-to-day running of the home	0	2	1
Stress caused by conflict in the family	1	3	3
Coping with multiple birth/children under 5	5	2	1
Use of services	4	1	2



Waitrose and Russell & Bromley

WAITROSE
& PARTNERS

Waitrose staff kindly put together pamper bags for our parents. They were beautifully packed in little brown bags with gold tissue paper and a lovely label on the front. Inside they contained all mums or dads needed for a mini pamper session.

Wendy and I were happy to play Christmas elves and deliver a pamper bag to each parent in the week running up to Christmas and it was so wonderful to see the expression on the parents' faces when we said this is just for you not to share with anyone else!



We were also presented with a cheque for £266 which we have converted into ten £30 ALDI food vouchers for some of our families who are really struggling. We would like to express our thanks to Waitrose for their very kind donation and thank staff for their time and effort in creating the pamper bags.

Russell & Bromley

Home-Start UK teamed up with Russell & Bromley who donated 42,000 pairs of shoes to families in 91 local Home-Starts across England, Wales, Scotland and Northern Ireland.

We expressed an interest and took delivery of 200 lovely pairs of shoes, trainers and boots. We have been able to offer them to families at a time when household bills and expenses are at their highest ever and families are really finding it difficult to make ends meet. We also had a surplus of shoes and we happily donated these to Westlands Primary School in Sittingbourne, Halfway Primary School in Sheerness, and Sheppey Matters in Sheerness.

We would like to express our thanks to Russell & Bromley for their generous donation which has made a huge difference to our families



Allison McColl Manager

"The shoes made such a difference to the parents and children. The parents were very grateful for the fact that they wouldn't have to find the money for school shoes and the children were thrilled. One little girl in year 3 went and showed her teacher and said how much she liked them. A couple of days later her teacher came to see me with this girl's literacy book because she was so surprised by the change in her writing - literally, overnight her handwriting had gone from large, untidy scrawl to small, neat and well-presented. The teacher said as far as she could tell the only thing that had changed for the girl was the new shoes. When she spoke to the girl she just said she felt happy about everything.

I still have 5 pairs of shoes left which I'm sure will come in very handy in September for children who have had growth spurts over the summer. Thank you very much once again."

Family Liaison Officer at Halfway Primary School

"We have given away all the shoes but held onto the boots until the October uniform day. Families who took shoes (one pair per family) were both delighted and grateful for them. In fact, quite a few couldn't believe that new shoes of such good quality were being given away free. I think it is quite obvious that school uniform, on top of cost of living rises, is a struggle for many families with school shoes being the biggest outlay. We would definitely like to take more shoes if you have any or come your way as they flew out of the doors!"

HLC & Volunteer Co-ordinator, Sheppey Matters

"I just wanted to say a massive thank-you for your kind donation of shoes. The children (and their parents) have been absolutely delighted with your kind generosity. Despite the hot weather, one girl has refused to move the boots we were able to give her - she absolutely loves them!"

Deputy Head Teacher at Westlands Primary School



We would like to take this opportunity to thank the following who funded us and gave donations throughout the year...



Tesco Bags of Help/Groundwork UK
(£500 for our Twins Group)

Colyer Fergusson
(£8,500 for 'Parent & Child Learning Together' project)

The Henry Smith Charity
(£7,500 for 'Parent & Child Learning Together' project)

Linda Hogan Community Fund
(£150 for play equipment)

Comic Relief/Groundwork UK
(£2,000 to fund the Family Support Worker)

Swale Borough Council (Member's grant)
(£500 for training equipment)

Kent Community Foundation
(£5,000 to fund the Family Support Worker)

Waitrose (Maidstone)
(£266 donation)

Charitable Giving VA (via DHL)
(£100 donation)

Home-Start UK DCMS/Pears Foundation
(£1,000 for volunteer recruitment)

Home-Start UK/Pears Foundation (Recovery & Resilience Fund)
(£3,860 for 'Cocoons to Butterflies' project)

Kent County Council (Covid fund)
(£10,000 for 'Meaningful Connections' project - £8,000 received initially, £2,000 to come at end of project)

And.....
£20 decorating voucher from Wilkos, Sittingbourne
(to decorate our office)

Pamper gifts for mums donated from Waitrose, Maidstone

200 pairs of school shoes from Russell & Bromley via Home-Start UK






Drawing by CW, age 5



First Floor, Central House, Central Avenue, Sittingbourne,
Kent ME10 4NU
01795 429007

home-startsitt@btconnect.com

www.home-startsittingbourneandsheppey.org.uk

 Find us on Facebook

OFFICE OPEN:

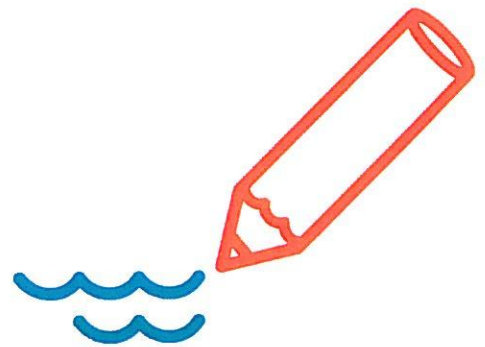
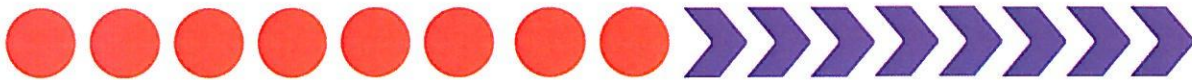
Mon to Thurs - 9.00am to 2.30pm

Closed Fridays



**Sittingbourne
& Sheppey**

**FINANCIAL STATEMENTS
YEAR ENDED
31ST MARCH 2022**



Registered Charity Number: 1146356
Company Number: 7952821



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

HOME-START SITTINGBOURNE & SHEPPEY

On accounts for the year
ended

1ST APRIL 2021 - 31ST MARCH 2022

Charity no
(if any)

7952821

Set out on pages

(You must include the page numbers of non-numeric sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 03 2022.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

J Carter

Date:

6th June 2022

Name:

JENNY CARTER

Relevant professional
qualification(s) or body

CCBI, CERTIFICATED PROFESSIONAL BANKER

(if any):

Address:

ROYAL BANK OF SCOTLAND / NATWEST GROUP
3 HIGH STREET, MAIDSTONE,
KENT ME14 1HT

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

TRUSTEES' RESPONSIBILITIES

Under the Charities Act 1993, the Trustees are required to prepare a statement of accounts for each financial year of the incoming resources and application of resources in the year. In preparing the statement, the Trustees are required to:

- ❖ Select suitable accounting policies and apply them consistently;
- ❖ Make judgements and estimates that are reasonable and prudent;
- ❖ State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the statement accounts;
- ❖ Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its operations

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity at that time to enable the Trustees to ensure that any statement of account prepared by them complies with the regulations under Section 42 (1) of the Charities Act 1993. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees:

(date) 9/5/2022

and signed on their behalf by the Chair:

(signed) CA White (date) 9/5/2022

HOME-START SITTINGBOURNE & SHEPPEY

NOTES TO THE ACCOUNTS For the year ended 31st March 2022

Unrestricted Funds

£

Receipts

Colyer Fergusson (PCLT year 2)	8500
Henry Smith (PCLT year 2)	7500
Groundwork UK/Tesco	500
Kent Community Foundation (FSW)	5000
Linda Hogan Foundation (Covid19 grant)	150
Home-Start UK (Pears R&R fund)	3860
Swale Borough Council Members grant	500
Kent County Council grant	8000
HSUK DCMS (Volunteer recruitment)	1000
Groundworks (Comic Relief)	2000
Waitrose donation	266
Charitable Giving (DHL)	100
Total	37,376

Other Income

^DBS income	4321
-------------	------

Payments

Home-Start UK receive 2% of our income for membership Levy	£843.12
--	---------

Restricted Funds

^DBS Income – the Administrator provides enhanced and standard checks for Swale voluntary and community organisations. We charge an administration fee to cover administrator hours and postage (£1915.50). Total payments received (£4321.50) includes payments to DBS for checking staff (£2406).

Twins Club –grant from Tesco (£500)

Core Work – grant from Swale Borough Council Member for equipment for the new volunteer training programme.

Covid19 grants- grant from Linda Hogan for families.

Home-Start UK Pears R & R fund – To develop a new project supporting families effected by isolation due to COVID.

Home-Start UK DCMS – to promote the organisation and increase volunteer recruitment

Kent County Council – Grant to support families who are experiencing isolation, poor mental health and accessing services due to the impact of COVID.

Kent Community Foundation (FSW) – To continue the role of the Family Support Worker for a further year.

Groundwork UK (Comic Relief) grant – Final payment for Family Support Worker.

Colyer Fergusson and **Henry Smith** – 2nd year of grant for the “Parents and Children Learning Together” project.

Donations – held in Sarah’s Fund for direct support for families such as food or fuel vouchers

Reserve Funds – We transferred £2,360.82 to the New Co-Ordinator fund to cover any additional costs

	£
3 months’ running costs to close scheme	10650
Redundancy liability for 2 staff to march 2023	6950
Total	17600

Home-Start Sittingbourne & Sheppey
Statement of Financial Activities
For the period from 01 April 2021 to 31 March 2022

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
Incoming resources					
Donations, Legacies and similar incoming resources	—	—	—	—	—
Activities in furtherance of the charity's objects	594	36,023	—	36,618	37,508
Activities for generating funds	500	—	—	500	560
Other incoming resources	4,687	53	—	4,741	8,732
Total income	5,782	36,077	—	41,859	46,800
Resources used					
Costs of generating funds	—	—	—	—	—
Grants payable in furtherance of charity's objects	—	—	—	—	—
Activities in furtherance of the charity's objects	91	2,218	—	2,309	3,601
Support costs	2,406	—	—	2,406	520
Expenditure on managing-administering the charity	8,064	38,797	—	46,861	40,471
Total expenditure	10,561	41,015	—	51,577	44,593
Net income / (expenditure) resources before transfer	(4,779)	(4,938)	—	(9,717)	2,206
Transfers					
Gross transfers between funds - in	5,030	7,245	—	12,275	—
Gross transfers between funds - out	(7,000)	(5,275)	—	(12,275)	—
Other recognised gains / losses					
Gains / losses on investment assets	—	—	—	—	—
Gains on revaluation, fixed assets, charity's own use	—	—	—	—	455
Net movement in funds	(6,749)	(2,968)	—	(9,717)	2,662
Reconciliation of funds					
Total funds brought forward	26,273	22,494	—	48,768	46,106
Total funds carried forward	19,524	19,526	—	39,050	48,768

There may be minor discrepancies in the totals if the pence are not being shown

Home-Start Sittingbourne & Sheppey

Balance Sheet detailed

	As at 31/03/2022	As at 31/03/2021
Current assets		
BANK: Bank Account	39,039.12	48,619.21
BANK2: Investment Account	—	—
BNK: Bank Account	—	—
CASH: Cash in Hand	11.67	149.16
Z05: Accounts Receivable	—	—
Total Current assets	39,050.79	48,768.37
Liabilities		
Z04: Accounts Payable	—	—
Total Liabilities	—	—
Net Asset surplus (deficit)	39,050.79	48,768.37
Reserves		
Excess / (deficit) to date	(9,717.58)	2,206.87
Z01: Starting balances	48,768.37	46,106.33
Z03: Gains and losses own use	—	455.17
Total Reserves	39,050.79	48,768.37

Represented by Funds

Unrestricted	(281.20)	(281.20)
Designated	19,805.95	26,554.99
Restricted	19,526.04	22,494.58
Endowment	—	—
Total	39,050.79	48,768.37

Home-Start Sittingbourne & Sheppey
Fund movement by type
Selected period: 01 April 2021 to 31 March 2022

Fund and type	Fund balances brought forward	Incoming Resources	Outgoing Resources	Transfers	Gains and Losses	Journal Entries	Fund balances carried forward
CVD19							
Restricted	1,032.35	163.55	1,195.90	—	—	—	—
Sub-totals	1,032.35	163.55	1,195.90	—	—	—	—
FSWCRF							
Restricted	1,398.15	2,000.00	3,398.15	—	—	—	—
Sub-totals	1,398.15	2,000.00	3,398.15	—	—	—	—
FSWFF							
Restricted	4,500.00	—	4,500.00	—	—	—	—
Sub-totals	4,500.00	—	4,500.00	—	—	—	—
FSWKCF							
Restricted	—	5,000.00	721.69	—	—	—	4,278.31
Sub-totals	—	5,000.00	721.69	—	—	—	4,278.31
HSUKDCMS							
Restricted	—	1,000.00	—	—	—	—	1,000.00
Sub-totals	—	1,000.00	—	—	—	—	1,000.00
HSUKPFG							
Restricted	3,284.50	—	—	(3,284.50)	—	—	—
Sub-totals	3,284.50	—	—	(3,284.50)	—	—	—
HSUKPRR							
Restricted	—	3,860.00	1,201.48	—	—	—	2,658.52
Sub-totals	—	3,860.00	1,201.48	—	—	—	2,658.52
KCCMC							
Restricted	—	8,000.00	503.70	—	—	—	7,496.30
Sub-totals	—	8,000.00	503.70	—	—	—	7,496.30
NewCoord21							
Restricted	7,500.00	—	8,907.09	5,500.00	—	—	4,092.91
Sub-totals	7,500.00	—	8,907.09	5,500.00	—	—	4,092.91

PCLT

Fund and type	Fund balances brought forward	Incoming Resources	Outgoing Resources	Transfers	Gains and Losses	Journal Entries	Fund balances carried forward
Restricted	4,534.03	16,053.79	20,587.82	—	—	—	—
Sub-totals	4,534.03	16,053.79	20,587.82	—	—	—	—
TTF							
Restricted	245.55	—	—	(245.55)	—	—	—
Sub-totals	245.55	—	—	(245.55)	—	—	—
Core							
Designated	2,252.00	594.71	2,846.71	—	—	—	—
Sub-totals	2,252.00	594.71	2,846.71	—	—	—	—
Twinsgroup							
Designated	5,422.40	500.00	2,789.64	390.87	—	—	3,523.63
Sub-totals	5,422.40	500.00	2,789.64	390.87	—	—	3,523.63
DBS							
Designated	709.79	4,321.50	4,924.95	—	—	—	106.34
Sub-totals	709.79	4,321.50	4,924.95	—	—	—	106.34
Sarahsfund							
Designated	380.38	366.00	—	—	—	—	746.38
Sub-totals	380.38	366.00	—	—	—	—	746.38
Reserve							
Designated	17,790.42	—	—	(2,360.82)	—	—	15,429.60
Sub-totals	17,790.42	—	—	(2,360.82)	—	—	15,429.60
General							
Unrestricted	(281.20)	—	—	—	—	—	(281.20)
Sub-totals	(281.20)	—	—	—	—	—	(281.20)
Totals	48,768.37	41,859.55	51,577.13	—	—	—	39,050.79

Home-Start Sittingbourne & Sheppey
Receipts and payments
Selected period: 01 April 2021 to 31 March 2022

<i>Note</i>	From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
CVD19 - Covid19 (Restricted) Fund			
Receipts			
Activities in furtherance of the charity's objects			
Covid-19		163.55	12,128.00
<i>Total Activities in furtherance of the charity's objects</i>		<u>163.55</u>	<u>12,128.00</u>
Total receipts		163.55	12,128.00
Payments			
Activities in furtherance of the charity's objects			
Craft Materials		190.01	685.67
Manager/Co-ordinator Expense		—	90.00
Membership Levy		165.00	—
<i>Total Activities in furtherance of the charity's objects</i>		<u>355.01</u>	<u>775.67</u>
Expenditure on managing-administering the charity			
Equipment		29.99	—
Family Support Worker Expenses		65.63	536.55
Food Vouchers or food gifts or plants		58.72	2,985.82
Photocopier		—	102.48
Pamper packs		152.80	30.00
PPE - sanitiser wipes cream masks		—	265.30
Rent		—	695.00
Repairs & renewals		—	618.99
Salaries and NI		208.00	5,131.36
Stat and Publication		—	3.00
Telephone/Mobile/Internet		—	161.10
Toys		325.75	—
<i>Total Expenditure on managing-administering the charity</i>		<u>840.89</u>	<u>10,529.60</u>
Total payments		1,195.90	11,305.27
Excess of Incoming resources over Resources used		<u>(1,032.35)</u>	822.73
Brought forward balance		1,032.35	—
Adjustments		—	209.62
Total carried forward balance		—	1,032.35

Note

From 01 April 2021 01 April 2020
To 31 March 2022 31 March 2021

FSWCRF - Fam Supp Worker Comic Relief grant (Restricted) Fund

Receipts

Activities in furtherance of the charity's objects		
Fam Supp Worker Comic Relief grant	2,000.00	2,000.00
<i>Total Activities in furtherance of the charity's objects</i>	<i>2,000.00</i>	<i>2,000.00</i>

Total receipts **2,000.00** **2,000.00**

Payments

Activities in furtherance of the charity's objects		
Craft Materials	5.63	—
Membership Levy	60.82	—
<i>Total Activities in furtherance of the charity's objects</i>	<i>66.45</i>	<i>—</i>
Expenditure on managing-administering the charity		
Family Support Worker Expenses	600.78	51.85
Salaries and NI	2,730.92	550.00
<i>Total Expenditure on managing-administering the charity</i>	<i>3,331.70</i>	<i>601.85</i>

Total payments **3,398.15** **601.85**

Excess of Incoming resources over Resources used	(1,398.15)	1,398.15
Brought forward balance	1,398.15	—

Total carried forward balance **—** **1,398.15**

FSWFF - Fam Supp Worker Foyle Foundation (Restricted) Fund

Receipts

Activities in furtherance of the charity's objects		
Fam Supp Worker Foyle Foundation	—	4,500.00
<i>Total Activities in furtherance of the charity's objects</i>	<i>—</i>	<i>4,500.00</i>

Total receipts **—** **4,500.00**

Payments

Activities in furtherance of the charity's objects		
Membership Levy	89.18	—
<i>Total Activities in furtherance of the charity's objects</i>	<i>89.18</i>	<i>—</i>
Expenditure on managing-administering the charity		
Family Support Worker Expenses	92.95	—
Salaries and NI	4,317.87	—
<i>Total Expenditure on managing-administering the charity</i>	<i>4,410.82</i>	<i>—</i>

Total payments **4,500.00** **—**

Excess of Incoming resources over Resources used	(4,500.00)	4,500.00
Brought forward balance	4,500.00	—

Total carried forward balance **—** **4,500.00**

FSWKCF - Fam Supp Worker Kent Community Foundation (Restricted) Fund**Receipts**

Activities in furtherance of the charity's objects

Fam Supp Worker Kent Community Foundatio

5,000.00

—

Total Activities in furtherance of the charity's objects

5,000.00

—

Total receipts**5,000.00**

—

Payments

Expenditure on managing-administering the charity

Salaries and NI

721.69

—

Total Expenditure on managing-administering the charity

721.69

—

Total payments**721.69**

—

Excess of Incoming resources over Resources used

4,278.31

—

Total carried forward balance**4,278.31**

—

HSUKDCMS - HSUK DCMS Volunteering (Restricted) Fund**Receipts**

Activities in furtherance of the charity's objects

HSUK DCMS Volunteering

1,000.00

—

Total Activities in furtherance of the charity's objects

1,000.00

—

Total receipts**1,000.00**

—

Excess of Incoming resources over Resources used

1,000.00

—

Total carried forward balance**1,000.00**

—

HSUKPFG - HSUK Pears Foundation Grant (Restricted) Fund**Receipts**

Activities in furtherance of the charity's objects

HSUK Pears Foundation Grant

—

9,880.00

Total Activities in furtherance of the charity's objects

—

9,880.00

Total receipts

—

9,880.00**Payments**

Expenditure on managing-administering the charity

Office General Exps

—

4,880.00

Salaries and NI

—

1,715.50

Total Expenditure on managing-administering the charity

—

6,595.50

Total payments

—

6,595.50

Excess of Incoming resources over Resources used

—

3,284.50

Brought forward balance

3,284.50

—

Transfers to/(from)

(3,284.50)

—

Total carried forward balance

—

3,284.50

HSUKPRR - HSUK Pears R&R Fund (Restricted) Fund**Receipts**

Activities in furtherance of the charity's objects

HSUK Pears R&R Fund

3,860.00

—

Total Activities in furtherance of the charity's objects

3,860.00

—

Total receipts**3,860.00**

—

Payments

Activities in furtherance of the charity's objects

Manager/Co-ordinator Expense

72.50

—

Total Activities in furtherance of the charity's objects

72.50

—

Expenditure on managing-administering the charity

Salaries and NI

1,128.98

—

Total Expenditure on managing-administering the charity

1,128.98

—

Total payments**1,201.48**

—

Excess of Incoming resources over Resources used

2,658.52

—

Total carried forward balance**2,658.52**

—

KCCMC - KCC Meaningful Connections (Restricted) Fund**Receipts**

Activities in furtherance of the charity's objects

KCC Meaningful Connections

8,000.00

—

Total Activities in furtherance of the charity's objects

8,000.00

—

Total receipts**8,000.00**

—

Payments

Expenditure on managing-administering the charity

Salaries and NI

487.70

—

Stat and Publication

16.00

—

Total Expenditure on managing-administering the charity

503.70

—

Total payments**503.70**

—

Excess of Incoming resources over Resources used

7,496.30

—

Total carried forward balance**7,496.30**

—

NewCoord21 - New Co-ordinator 21 (Restricted) Fund**Receipts**

Activities in furtherance of the charity's objects		
New Co-ordinator 21	—	7,500.00
<i>Total Activities in furtherance of the charity's objects</i>	<i>—</i>	<i>7,500.00</i>

Total receipts

—	7,500.00
---	----------

Payments

Activities in furtherance of the charity's objects		
Manager/Co-ordinator Expense	96.70	—
Membership Levy	131.00	—
Training	15.00	—
<i>Total Activities in furtherance of the charity's objects</i>	<i>242.70</i>	<i>—</i>

Expenditure on managing-administering the charity

Equipment	114.00	—
Repairs & renewals	85.97	—
Salaries and NI	8,612.32	—
Telephone/Mobile/Internet	(147.90)	—
<i>Total Expenditure on managing-administering the charity</i>	<i>8,664.39</i>	<i>—</i>

Total payments

8,907.09	—
----------	---

Excess of Incoming resources over Resources used	(8,907.09)	7,500.00
Brought forward balance	7,500.00	—
Transfers to/(from)	5,500.00	—

Total carried forward balance

4,092.91	7,500.00
----------	----------

PCLT - Parent & Child Learning Together (Restricted) Fund**Receipts**

Activities in furtherance of the charity's objects		
Parent & Child Learning Together	16,000.00	—
<i>Total Activities in furtherance of the charity's objects</i>	<i>16,000.00</i>	<i>—</i>

Other incoming resources

Pension	53.79	—
<i>Total Other incoming resources</i>	<i>53.79</i>	<i>—</i>

Total receipts

16,053.79	—
-----------	---

Payments

Activities in furtherance of the charity's objects		
Craft Materials	—	57.08
Manager/Co-ordinator Expense	1,086.37	235.60
Membership Levy	306.00	467.76
<i>Total Activities in furtherance of the charity's objects</i>	<i>1,392.37</i>	<i>760.44</i>

Expenditure on managing-administering the charity

AGM costs	—	60.00
Family Support Worker Expenses	20.98	—
Office General Exps	13.00	—
Insurance	541.44	415.00
Pension	53.79	—
Photocopier	595.62	240.48
Postage	113.50	9.69
Rent	1,425.24	695.00
Room Hire	110.00	—
Repairs & renewals	113.31	—

Note	From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
	Salaries and NI	14,784.96	6,442.42
	Stat and Publication	98.80	43.28
	Sundries	16.40	—
	Telephone/Mobile/Internet	1,025.17	497.47
	Vols Training & Conf	127.41	4.00
	Volunteer Expenses	155.83	70.45
	<i>Total Expenditure on managing-administering the charity</i>	<i>19,195.45</i>	<i>8,477.79</i>
Total payments		20,587.82	9,238.23
	Excess of Incoming resources over Resources used	(4,534.03)	(9,238.23)
	Brought forward balance	4,534.03	13,772.26
Total carried forward balance		—	4,534.03

TTF - Tampon Tax Fund (Restricted) Fund

Payments

Activities in furtherance of the charity's objects		
Craft Materials	—	669.71
Manager/Co-ordinator Expense	—	678.45
Membership Levy	—	155.00
<i>Total Activities in furtherance of the charity's objects</i>	<i>—</i>	<i>1,503.16</i>
Expenditure on managing-administering the charity		
Insurance	—	234.84
Photocopier	—	204.96
Postage	—	15.60
Pamper packs	—	22.50
PPE - sanitiser wipes cream masks	—	96.00
Repairs & renewals	—	112.49
Salaries and NI	—	3,989.03
Stat and Publication	—	12.83
Sundries	—	95.10
Telephone/Mobile/Internet	—	381.60
Toys	—	28.00
<i>Total Expenditure on managing-administering the charity</i>	<i>—</i>	<i>5,192.95</i>
Total payments	—	6,696.11
Excess of Incoming resources over Resources used	—	(6,696.11)
Brought forward balance	245.55	6,696.11
Transfers to/(from)	(245.55)	—
Adjustments	—	245.55
Total carried forward balance	—	245.55

Note

From
To01 April 2021
31 March 202201 April 2020
31 March 2021**Core - Core Account (Designated) Fund****Receipts**

Activities in furtherance of the charity's objects

Core Income

594.71

1,500.00

*Total Activities in furtherance of the charity's objects**594.71**1,500.00*

Other incoming resources

Fundraising Donations

—

1,500.00

*Total Other incoming resources**—**1,500.00***Total receipts****594.71****3,000.00****Payments**

Activities in furtherance of the charity's objects

Membership Levy

70.12

—

*Total Activities in furtherance of the charity's objects**70.12**—*

Expenditure on managing-administering the charity

AGM costs

148.24

—

Equipment

544.74

—

Office General Exps

—

53.00

Insurance

195.00

—

Rent

1,054.76

695.00

Repairs & renewals

637.60

—

Sundries

10.99

—

Telephone/Mobile/Internet

185.26

—

*Total Expenditure on managing-administering the charity**2,776.59**748.00***Total payments****2,846.71****748.00**

Excess of Incoming resources over Resources used

(2,252.00)

2,252.00

Brought forward balance

2,252.00

—

Total carried forward balance**—****2,252.00****Twinsgroup - Twins Group (Designated) Fund****Receipts**

Activities for generating funds

Twins Income

500.00

560.00

*Total Activities for generating funds**500.00**560.00*

Other incoming resources

Fundraising Donations

—

5,000.00

*Total Other incoming resources**—**5,000.00***Total receipts****500.00****5,560.00****Payments**

Activities in furtherance of the charity's objects

Membership Levy

10.00

—

*Total Activities in furtherance of the charity's objects**10.00**—*

Expenditure on managing-administering the charity

Family Support Worker Expenses

105.22

—

Food Vouchers or food gifts or plants

—

600.00

Insurance

156.93

185.00

Pamper packs

6.75

—

Rent

—

695.00

Refreshments

6.47

4.65

Salaries and NI

2,485.62

2,464.62

Note	From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
	Sundries	8.65	0.69
	Telephone/Mobile/Internet	—	228.59
	Toys	10.00	—
	<i>Total Expenditure on managing-administering the charity</i>	<i>2,779.64</i>	<i>4,178.55</i>
Total payments		2,789.64	4,178.55
	Excess of Incoming resources over Resources used	(2,289.64)	1,381.45
	Brought forward balance	5,422.40	4,040.95
	Transfers to/(from)	390.87	—
Total carried forward balance		3,523.63	5,422.40

DBS - DBS checks (Designated) Fund

Receipts

Other incoming resources			
DBS income		4,321.50	1,232.00
<i>Total Other incoming resources</i>		<i>4,321.50</i>	<i>1,232.00</i>

Total receipts

4,321.50 **1,232.00**

Payments

Activities in furtherance of the charity's objects			
Membership Levy		11.00	—
<i>Total Activities in furtherance of the charity's objects</i>		<i>11.00</i>	<i>—</i>
Support costs			
DBS Payments		2,406.00	520.00
<i>Total Support costs</i>		<i>2,406.00</i>	<i>520.00</i>
Expenditure on managing-administering the charity			
Photocopier		5.66	—
Postage		63.29	22.69
Salaries and NI		2,305.44	1,277.81
Telephone/Mobile/Internet		133.56	—
<i>Total Expenditure on managing-administering the charity</i>		<i>2,507.95</i>	<i>1,300.50</i>

Total payments

4,924.95 **1,820.50**

Excess of Incoming resources over Resources used		(603.45)	(588.50)
Brought forward balance		709.79	1,298.29
Total carried forward balance		106.34	709.79

Note

From
To01 April 2021
31 March 202201 April 2020
31 March 2021**Sarahsfund - Sarah's Fund (Designated) Fund****Receipts**

Other incoming resources

Fundraising Donations

366.00

1,000.00

Total Other incoming resources

366.00

1,000.00

Total receipts

366.00

1,000.00

Payments

Activities in furtherance of the charity's objects

Craft Materials

—

457.43

Manager/Co-ordinator Expense

—

104.85

Total Activities in furtherance of the charity's objects

—

562.28

Expenditure on managing-administering the charity

Equipment

—

57.34

Total Expenditure on managing-administering the charity

—

57.34

Total payments

—

619.62

Excess of Incoming resources over Resources used

366.00

380.38

Brought forward balance

380.38

—

Total carried forward balance

746.38

380.38

Reserve - Reserve Fund (Designated) Fund**Payments**

Expenditure on managing-administering the charity

Salaries and NI

—

2,789.50

Total Expenditure on managing-administering the charity

—

2,789.50

Total payments

—

2,789.50

Excess of Incoming resources over Resources used

—

(2,789.50)

Brought forward balance

17,790.42

20,579.92

Transfers to/(from)

(2,360.82)

—

Total carried forward balance

15,429.60

17,790.42

General - General fund (Unrestricted) Fund

Brought forward balance

(281.20)

(281.20)

Total carried forward balance

(281.20)

(281.20)



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

HOME-START SITTINGBOURNE & SHEPPEY

On accounts for the year
ended

1ST APRIL 2021 - 31ST MARCH 2022

Charity no
(if any)

7952821

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Jenny Carter

Date:

6th June 2022

Name:

JENNY CARTER

Relevant professional
qualification(s) or body

CCBI, CERTIFICATED PROFESSIONAL BANKER

(if any):

Address:

ROYAL BANK OF SCOTLAND / NATWEST GROUP
3 HIGH STREET, MAIDSTONE,
KENT ME14 1HJ

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.