HOME-START SITTINGBOURNE & SHEPPEY

England & Wales · Charity number 1146356

Details

Status	Registered
Legal form	Charitable company
Company number	07952821
Registered	2012-03-13
Register	View on the Charity Commission register

Contact

Address	Home Start Sittingbourne & Sheppey Central House Central Avenue Sittingbourne ME10 4NU
Phone	01795429007
Email	info@home-startsittingbourneandsheppey.org.uk
Website	www.home-startsittingbourneandsheppey.org.uk

Activities

Objects: 1) TO SAFEGUARD PROTECT AND PRESERVE THE GOOD HEALTH, OF CHILDREN AND PARENTS.2) TO PREVENT CRUELTY TO OR MALTREATMENT OF CHILDREN.3) TO RELIEVE SICKNESS, POVERTY, NEED AMONGST CHILDREN AND PARENTS.4) TO PROMOTE THE EDUCATION OF THE PUBLIC IN BETTER STANDARDS OF CHILDCARE.

Activities: WE ARE A CHARITY THAT PROVIDES HELP AND SUPPORT TO FAMILIES IN THEIR OWN HOMES WITH YOUNG CHILDREN, THROUGH A VOLUNTEER SERVICE.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty, Other Charitable Purposes
- **Who:** Children/young People, People With Disabilities, Other Defined Groups

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Geography

- Kent

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£71,386	£63,736	-	-
2024-03-31	£45,386	£54,521	-	-
2023-03-31	£106,487	£49,178	-	-
2022-03-31	£41,859	£51,577	-	-
2021-03-31	£45,568	£44,593	-	-

Trustees

Name	Role	Appointed
CHRISTINE WHITE		2012-02-23
Francesca Sinclair Taylor		2021-01-25
SYLVIA NEW		2015-12-07
Tracy Hodges		2018-10-08

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HOME-START SITTINGBOURNE & SHEPPEY

England & Wales - Charity number 1146356

Accounts

HOME START
Sittingbourne & Sheppey

ANNUAL REPORT 2024—25

Company Number: 7952821

Registered Charity Number: 1146356

Sittingbourne & Sheppey

First Floor, Central House, Central Avenue, Sittingbourne, Kent, ME10 4NU

Tel: 01795 429007

E-mail: info@home-startsittingbourneandsheppey.org.uk

Website: www.home-startsittingbourneandsheppey.org.uk

Company Number: 7952821

Registered Charity Number: 1146356

Home-Start Sittingbourne & Sheppey Team

STAFF

Manager

Allison McColl *(30hrs)*

Family Support Worker

Wendy Tomlin *(15hrs)*

Administration / Volunteer Recruitment

Rebekah Peters *(16hrs)*

SGN lead

Georgie Hopkinson (*4hrs*)

BOARD OF TRUSTEES

Chair

Christine White

Vice Chair

Tracy Hodges

Treasurer

Vacant position

Book keeper

Tina Bean

Independent

Sylvia New

Fran Sinclair-Taylor

VOLUNTEER MENTORS

Maureen
Catherine
Ann
Jo
Megan*
Dilys
Jemma
Georgie
Kelly

*(*completing training)*

QA RECOGNITION

Governance & Leadership – Quality Assurance Self-Assessment 2024

Family Support – Quality Assurance Self-Assessment 2025

Protecting Families – Quality Assurance Self-Assessment 2024

Operating a Home-Start – Quality Assurance Self-Assessment 2025

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What is Home-Start?

Home-Start UK was founded by Margaret Harrison who set up the first Home-Start in Leicester in 1973. Home-Start UK is now the UKs leading family support charity. Home-Start UK is made up of 100+ schemes across the UK. Home-Start UK supports these schemes by providing training, policies, quality assurance, guidance and support.

Home-Start Sittingbourne & Sheppey was established in 1994 by our Chair Christine White. Home-Start Sittingbourne & Sheppey supports local families in need by matching them with a volunteer mentor. Volunteer mentors are trained to provide families with invaluable emotional and practical support within the families home. Support is provided in the families homes so individuality and confidentiality can be respected. We also support parents of multiple births through our Twins Group and help guide families towards support from other organisations such as local children's centres.

Our scheme is one of six Home-Starts in Kent that visit families in crisis to relieve the strain on families in need. We are often their only life-line as other services have now been cut meaning there are reduced options for family support. We help parents cope so they can be the best parent to their children by being able to provide the love and laughter their children need to flourish.

This year we have supported 42 families with a total of 111 children, families were supported for a total of 408 hours by our manager, family support worker and volunteer mentors. This year we have had a total of 12 volunteers.

Our Volunteer Mentors truly are the heart of Home-Start Sittingbourne & Sheppey.

Home-Start Sittingbourne & Sheppey follow safeguarding guidelines, policies and procedures set down by Home-Start UK. Home Start Sittingbourne & Sheppey are committed to safeguarding all children, young people and vulnerable adults. We have trained staff and trustees who use NSPCC guidelines for safer recruitment of staff, volunteers and board members to ensure that all individuals in the team are competent and safe to work with children, young people and vulnerable adults.

Home-Starts 4 strategic commitments

Growth

A collective ambition to reach significantly more families

Impact

Home-Starts will be stronger together

Inclusion

Home-Start will advance inclusion and equity in all we do

Voice

Home-Starts will stand alongside families to make the case for support

Chairs report

My name is Christine White, normally called Chris and I have been part of this Home-Start for over 30 years more recently as the Chair and I continue each year to be incredibly proud and delighted to be part of the charity, its staff and volunteers and grateful for the wonderful support and commitment given to our families and their children.

It has been yet another very busy year providing support to our Sittingbourne and Sheppey families right across the area. We have continued with our lottery funded project and we are as always grateful for this funding.
I must at this point give thanks to our dedicated Manager Allison McColl, it has been a great year with Allison working tirelessly during the year not only supporting the families and staff but also working incredibly hard on our successful Home-Start Quality Assurance. Allison has also continued with all the other duties needed to run a successful charity including staff management and development, report writing, promotion of our service and all the legal requirements with both the Charity Commission and Companies House ensuring we continue as a compliant charity and company. Allison has also worked hard on putting additional funding applications together and it has been a very successful year with many funders happy to support us, all in all another fantastic year!

Yours sincerely

Christine White

Christine White

Chair

I would like to take this opportunity to also thank our wonderful staff team of Beccie Peters who deals with everything admin based along with volunteer recruitment and Wendy Tomlin our Family Support Worker who supports families and runs the very popular Twins Group, they both work incredibly hard and I would like to acknowledge their continued hard work and great commitment to Home-Start Sittingbourne and Sheppey.

Well done to the whole team!

Finally, as I do in this report each year, I cannot end without giving thanks to our committed and supportive Board of Volunteer Trustees and also the many Volunteer Mentors that help support and visit our families. We could not run the service without you all!

Managers report

As we near the end of the lottery funding for 2022 – 2025 it is fair to say that Home-Start Sittingbourne and Sheppey has seen some huge changes. It has been a steep learning curve for me, but I am confident that we have gone from strength to strength and that the future for the scheme looks bright, positive and stable moving forwards.

So, what has changed:

Following the pandemic, it was apparent to me that Home-Start Sittingbourne and Sheppey had fallen off people's radars, so to rectify this I have worked tirelessly with professionals old and new to spread the word that we were still very much part of the support network for families in the community. I have ensured that professionals have clear guidelines for our referral pathway.

I have embraced Home-Start UK's new online training package for volunteers. This has enabled individuals to train for the position of volunteer mentor in ways that suit increasingly busy life-styles. Staff are also able to gain new skills that fit around working hours.

To ensure that the scheme is complying with all relevant policies, procedures and the structure is both effective and robust, I have been working through the Quality Assurance modules and submitting them to Home-Start UK. Each module has generated additional work/tasks/ amendments and additions, but this will only add value to our service.

We have increased the number of volunteers supporting families by rethinking the recruitment process and having a dedicated member of the team to coordinate this.

We are receiving more complexed families from a much more diverse pool of referrers who include mental health community nurses, perinatal community nurses & psychiatric liaison service in the Medway hospital. This demonstrates that we are raising our profile and reputation in the community and establishing strong links with other services.

I am delighted that the staff at Home-Start Sittingbourne and Sheppey are working so well and have come together over the past year. We have upskilled and gained knowledge and strengths that enable us to become a very united and effective team. Having such a skilled and dedicated staff team ensures that the support we provide is of a very high standard.

I continue to look for funding which allows us to diversify and add value to our service. We are now able to confidently and effectively offer Home-Start support, which is of a high standard, to some of the most vulnerable families in the community. This is a service as individual and unique as the people we offer it to, where needs are met, and families begin to thrive as a unit once again.

Thank you to all the volunteers both home-visiting & our board of trustees who are the backbone of Home-Start Sittingbourne and Sheppey and without whom we would not be able to make a difference to so many lives.

Yours sincerely

Allison McColl

Allison McColl

Manager

Financial report

Home-Start Sittingbourne and Sheppey have now come to the end of their National Lottery Community Funding for 2022 – 2025.

We are pleased to announce that we have been granted a further 3 years from the Lottery for 2025 – 2028.

This is fantastic news and allows us to continue the valuable and vital support for families in Sittingbourne, the surrounding villages and the Isle of Sheppey.

We were also successful in securing funding from the Lottery Awards for All funding stream which has allowed us to expand our staff team welcoming Amy as the new Family Support Worker with a focus on Mental Health Issues.

We have been granted some funding from KCF which has made such a difference and given a boost to our core funding.

At this point in time the future looks bright and stable for Home-Start Sittingbourne & Sheppey.

Family journeys

Local families are supported by our volunteer mentors, family support workers and the manager.
Here are some of the families journeys from 2024-25.

This is a family of 8, mum has 7 children with ages ranging from 2 to 15 years old. 4 of the children are neurodiverse, 3 of which are in special schools. I have been supporting the family since December 2024. Mum is very isolated with no other family; she lives in a small village. The school run is a drive through system which means she does not even get to speak to any other mums, making her feel even more lonely.

Mum is always exhausted as there is always so much to do and it's so hard to get all of the children to bed, especially child 7 who would only ever sleep for about an hour at a time. He now has medication which has helped but sleep has always been an issue with 3 of the children and child 7 often wakes the other children up which causes even more stress for mum. Dad does visit the family home a couple of times a week but is emotionally unavailable and contributes little to family life.

When I first started visiting, mum was trying to settle child 7 into a nursery which was not going well. Child 7 is very clingy to mum but they were not trying to help the settling process. Mum was far from impressed with the nursery. I advised her to look for an alternative nursery or childminder and she did eventually find a little nursery which had space for him, who then worked with her to settle him. Child 7 now loves nursery and goes 2-3 times a week which gives mum a much-needed break.

Mum has been using some of this time to go walking which she enjoys but she often feels that she should be doing the housework all the time. I have also been working on this with mum trying to encourage her to get some rest and to catch up on sleep as she is running on empty. Mum has on a couple of occasions come home and gone to bed for 2-3 hours which she desperately needed.

When I initially started visiting, child 7 did not interact with me. However, after a few weeks, he began to engage for a few minutes about halfway through my visit. He will often now come over quite quickly and wants to do the sticker activity that I take with me for him. Mum is always really pleased to see this as he would never engage with people before.

Mum has a very kind and caring nature which unfortunately her neighbours were taking advantage of, but mum did not have the confidence to say no. I have been working with mum to build her confidence and strength; therefore, she no longer lets them take advantage of her. She has become so much stronger which has had a positive impact on the way she manages friends, family and neighbours for the better.

Mum really enjoys my visits and looks forward to them each week. She believes that she has changed, becoming stronger and more confident, and will ensure that things do not revert to their previous state.

A referral was made to Home-Start Sittingbourne & Sheppey in February 2025 by IDVA SATEDA (Domestic Abuse Service). Reasons for the referral are as follows: mum fled from an abusive relationship, mum was 9 months pregnant at the time of the referral, scans revealed mums' unborn baby had a cleft lip, mum has mental health issues, feels isolated with low self-esteem and lacked confidence.

Mum is a single parent with 2 young children; mum was hard to engage with in the beginning and following the referral other services contacted the manager to ask if we could make the connection as soon as possible. The service is a choice for families, so the manager sensitively kept offering a visit and eventually mum agreed to the initial visit.

By the time the manager visited the baby had arrived and more information was available regarding his cleft lip. It was apparent that mum had very low self-esteem and constantly apologised for everything.

After explaining what we could offer and how we worked alongside family's, mum said that she would like to try having the support therefore a volunteer with 16 years' experience was introduced.

The volunteer's focus was to boost mums' confidence and self-esteem, give mum some much-needed reassurance around child 2s medical condition and generally support mum following her abusive relationship.

Mum prepared for the baby's operation to repair his cleft lip and baby was operated on at Medway hospital in April 2025. The volunteer visited mum shortly after the operation to discover that mum was having some attachment issues. Following the operation baby now looked very different and mum was struggling with this stating that; 'he doesn't look like my baby anymore' the volunteer used all her extensive skills as an experienced volunteer, mother and grandmother to support mum through this difficult transition. Mum is now reconciled to babies' new look.

Mum is doing really well caring for her two children and growing in confidence through the support of her volunteer and the amazing service that is Home-Start.

FEEDBACK

FAMILIES

We asked the families we support what does Home-Start Sittingbourne & Sheppey mean to you?

The support I get from Home-Start is amazing. Very helpful and understanding. The volunteers are warm welcome and made me feel welcome. Definitely recommend to everyone that needs help in life.

Home-Start (especially) Allison has become the most important part of my healing. Having someone to talk to even about normal things means the world when you don't have anyone else. I feel like a person who matters and a person who feels more confident in becoming the best version of myself, not just for me, but for my children.

Home-Start Sittingbourne & Sheppey have been a lifeline for my family. They have offered support, understanding, and practical help when we needed it most. I felt less alone and more confident as a parent thanks to their care.

I love having my Home-Start lady, she has been a great help especially when things have been extremely challenging.

Home-Start has been an unmatchable help for me and my family, with 3 young children under 4, some postnatal depression and a daughter with severe needs, other organisations would speak to me once or twice, tell me I was doing a good job then to contact them if I had further problems. This left me feeling utterly abandoned, Home-Start were the only people to offer me real, consistent help.

Having a helper come round once a week just to talk to or play with the kids when I was feeling defeated offered a sense of hope I didn't get anywhere else.

Home-Start has been really positive in my and my children's life. I feel so much more able to manage since I have support from Home-Start. Highly recommend service.

Both mine and my husbands mental health was in steep decline, our emotions were absolute chaos. Having someone there just to listen was a literal life-saver. Thank you so much for everything.

REFERRERS

We asked our referrers what would you say Home-Start Sittingbourne & Sheppey are doing well?

Home Start are fantastic at being able to offer on-going support to families that families report back is always beneficial. They have shared that workers are supportive and proactive.

Home-Start is a service that can offer further support around many different areas. They are able to offer families a friendly ear to listen to things that they may be struggling with and offer solutions. Families have shared with me that Home-Start offer valuable time and understanding and can be supportive in areas they struggle to get support with.

I feel that it is of great value that there is a service that we can refer families on to for further support when all actions have been competed with ourselves but a little more support may be required for longer to help parents feel confident and empowered.

Family Support Worker report

The support I offer varies for each family. **Some are very isolated and lonely so having someone visit each week who they can talk to about anything without judgement is the most valuable support we can give.** Others need practical help as it can be difficult to get out of the house or get jobs done in the home when they are on their own with the children all day. I can also help with completing applications, I can offer advice and guidance for routines, behavioral management, budgeting, meal planning etc. I usually take a sticker/craft activity for the children which we often do during the visit. A lot of the children get very excited when I arrive and come to see what I have brought with me.

I really enjoy my work and have a great deal of job satisfaction knowing that I am making a difference to people's lives and offering much needed support.

Yours sincerely

Wendy Tomlin

Wendy Tomlin

Family Support Worker

Twins Group

Twins Group

4 years old and under
For parents of multiples

Home-Start Sittingbourne & Sheppey have had another successful year with the Twins Group which relocated in January to Family Freedom & Connections . It provides a fantastic, spacious, welcoming and safe environment for the children to explore and play with a wide variety of toys and resources. We have the use of 2 rooms plus the corridor space which has a book corner, a dolls house, a construction area and lots of other toys which the children are able to play with. Both rooms have a small ball pit which are always very popular.

We have a lovely group of families who all get on really well and love coming to our group. Four sets of twins have recently turned two years old and they all started with us roughly at the same time when they were just a few months old. It has been great to see them grow and develop during their time with us.

Earlier in the year we were lucky enough to receive £400 from Asda to use for our twins group (pictured below), which was amazing. With this money, we were able to buy lots of new toys, a large play mat for our babies, books, puzzles and equipment.

We have two park meet-ups planned for the summer holiday, which the families are looking forward to as they are also able to bring older siblings to this.

Pictured: twins group new venue for 2025

FEEDBACK

We asked twins group attendees what does twins group mean to you?

"Thank you for all involved in running twins group it is our favourite thing each month. There is nothing like it in the area. It is my go to group for support, to get a break and to meet friends. I love being able to get out of the house, having people to talk to, it massively helps my mental health and wellbeing.

Thank you for providing this! It is so nice to meet / see others that understand twin life! I felt stuck before twins group to feel I had support for twins. This group has been vital for my mental health. It is so nice to have this available as there is nothing else like this.

Pictured: ASDA foundation cheque with twins group attendees, twins group coordinator & our scheme manager

Yours sincerely

Wendy Tomlin

Wendy Tomlin

Family Support Worker

STATISTICS

SUPPORTING FAMILIES

Number of referrals **39**

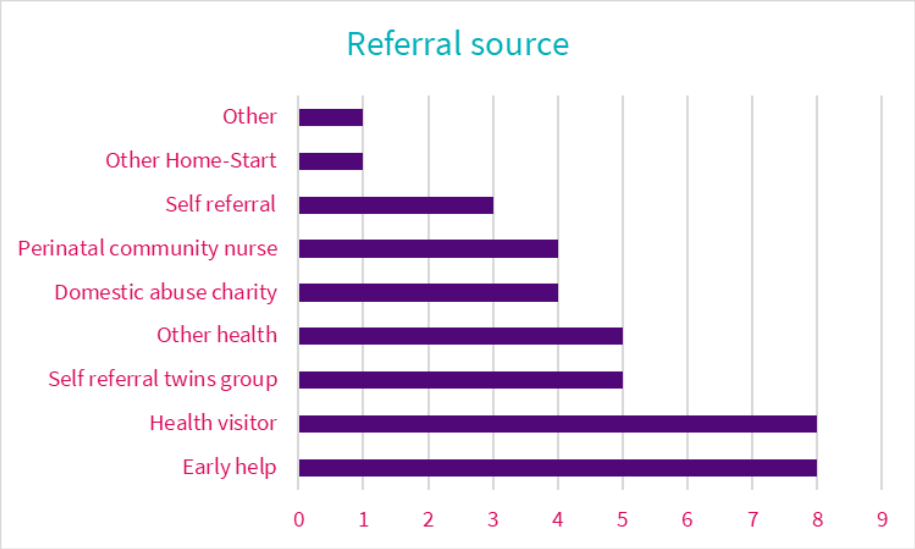
Number of families supported **41**

(24 home visiting, 17 twins group)
Includes families carried over from previous year

Number of children supported **111**

Children supported ages & gender	Male	Female	Unknown	Total
1st April 2023 - 31st March 2025 (0-2 years)	22	13	0	35
1st April 2020- 31st March 2023 (3-5 years)	16	15	0	31
Before 31st March 2020 (6+ years)	18	21	0	39
Unknown / unspecified	3	0	3	6
Total	59	49	3	111

REFERRALS & SUPPORT



% of referrals that lead to support **43%**

Family Circumstances

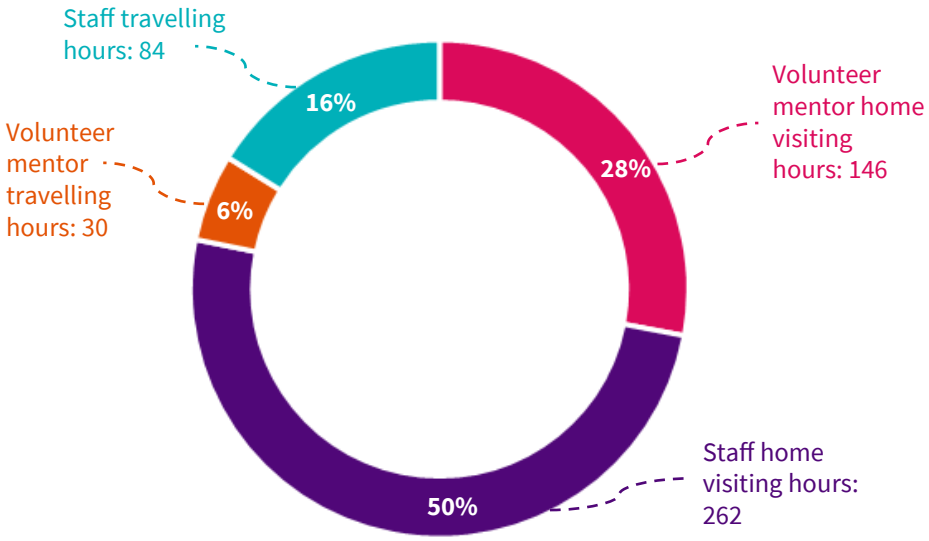
Lone parent	9
Debt/finances	2
Speech and language issues	3
Domestic abuse	9
Adult with disability	1
Adult with ADHD/Autism	4
Child with ADHD/ Autism	8
Adult mental health	13

Needs identified by family at initial visit

Level of coping on day of visit 0 = not coping very well 5 = coping very well	1	2	3	4	5
Managing children's behaviour	1	1	9	4	2
Being involved in the children's development/learning	2	1	7	5	
Coping with physical health			3	3	2
Coping with mental health	3	3	8	1	1
Coping with feeling isolated	2	4	12	4	2
Parent's self-esteem	3	5	14	6	1
Coping with child's physical health			3	1	2
Coping with child's mental health		1		2	2
Managing the household budget	2		1	2	
The day-to-day running of the home		1	1	1	2
Stress caused by conflict in the family		1	6	5	1
Coping with multiple birth/children under 5		3	2	2	1
Use of services	5		14	1	1
Other				1	

STATISTICS

Total hours spent supporting families during 2024-25 through home visiting: 408



Length of support for families that ended support in 2024-25:

Length of support	
Under 6 months	4
6 -12 months	9
1 year to 2 years	5
2 years to 3 years	3
Over 3 years	2

All of our families are supported weekly through home-visiting carried out by the Home-Start Sittingbourne & Sheppey manager, family support workers and volunteer mentors (excluding those who are supported by attending our Twins Group). The manager also visits each family to carry out reviews, during these visits scoring sheets are completed to demonstrate the progress of how Home-Start Sittingbourne & Sheppey support is going. During 2024-25 a total of 23 families ended support. Support ends for numerous reasons such as—the family no longer has a child under the age of 5 because their youngest starts school, the family has moved out of the area or the family feels they are in a better position and therefore no longer require our support. The manager visits each family wanting to end their support to complete an ending visit. During this visit a final scoring sheet is completed to demonstrate if the families needs identified during their initial visit were met during their time of support.

Outcomes of needs identified by families at initial visit who ended support in 2024-25

Needs identified	Achieved	Partly	Not achieved
Managing children's behaviour	10	2	
Being involved in the children's development	10	2	
Coping with physical health	5	1	
Coping with mental health	6	2	
Coping with feeling isolated	13	3	
Parent's self-esteem	15	3	
Coping with child's physical health	5	1	
Coping with child's mental health	4		
Managing the household budget	2		
The day-to-day running of the home	3		
Stress caused by conflict in the family	6		
Coping with multiple birth/children under 5	7	1	
Use of services	4	1	

Volunteer recruitment

I joined the team as an administrator in November 2023 but I was also given the role of volunteer recruitment. Something which I had never undertaken before. Since taking on this role I feel I have had huge success.

This previous year has seen the interest in volunteering for Home-Start Sittingbourne & Sheppey soar. Our initial goal for recruitment was to reach a total of 12 volunteers. In 2024 we were elated to have reached this goal & pause recruitment for a few months. However due to unforeseen circumstances 7 volunteers had to part ways with the scheme (e.g. moving out of the area, time constraints etc.).

In 2025 we restarted recruitment of volunteer mentors are started also recruiting trustees.

As of March 2025 fifty one potential volunteers have expressed interest in our volunteer mentor vacancy, this is a huge increase when compared to last year when we had fifteen express interest. Out of those fifty one potential volunteers twenty one have attended an initial meeting to discuss volunteering in more depth. Fourteen of whom have completed an application form. As of March 2025 we currently have a total of nine volunteer mentors. Six volunteers are fully trained, four of which are matched with a local family, the other two are awaiting a match. The final three are completing their online training.

I still find the most successful way of recruiting volunteers to be posting on indeed. Since restarting recruitment earlier this year I have shortened our indeed post significantly. Our initial indeed post included extensive detail about our volunteer mentor vacancy.

I have now condensed this information to two short paragraphs. With the aim of making it a more efficient and appealing post for potential volunteers to read. I have also ensured our post is more appealing to volunteers from all walks of life by using inclusive language & images throughout.

After reducing the indeed post I created a colourful, bright, inviting and inclusive ''volunteer mentor information pack''. With the hopes of retaining volunteers attention and ensuring our approach during our first initial contact with volunteers is appealing, professional and captivating. By creating this pack I am hoping this means those who approach us expressing interest are more likely to want to join the team as a bright, appealing, inclusive and inviting personalised PDF is more inviting than a monochrome extensive indeed post.

Since last year I am delighted to see that our expressions of interest have more than trebled. I am even more delighted that we reached our goal of twelve volunteers (all be it briefly). I am ecstatic we are well on our way to reaching our goal again this year, I am confident we will do so.

As always, I am so overjoyed to witness my hard work result in so many more wonderful volunteers joining our team. Without volunteers Home-Start Sittingbourne & Sheppey wouldn't be able to offer the incredible compassionate and non-judgemental support to local families in need. I am so thankful to be part of such an amazing team. It really is wonderful to witness families receive the much needed support they need. I look forward to continuing being part of this team and having even more success to share next year.

Volunteer statistics (as of March 2025)

Number of volunteers expressed interest	51
Number attended initial meeting	21
Number received an application form from	14
Number of active volunteers	9
Number unable to commit	28

(volunteers recruited from indeed, plinth, website, word of mouth)

Yours sincerely

Rebekah Peters

Rebekah Peters

Volunteer Recruitment Lead

Thank you

to our wonderful volunteers

Home-Start ethos: '' a family for every volunteer, a volunteer for every family ''

Our volunteers are the heart of Home-Start Sittingbourne and Sheppey. It is their commitment, generosity and kindness that allow us to stand alongside families. No matter the role, every volunteer within our Home-Start community is making a difference. Interim Chief Executive of Home-Start UK, Vivien Waterfield said: "At Home-Start, we know that real change starts in the home, and it grows from the kindness, time and belief of people who care. Every day, our volunteers, supporters, and partners bring that belief to life in the most powerful way''. **Everyone at Home-Start Sittingbourne & Sheppey would love to say a heartfelt thank you to every single one of our volunteers both home-visiting & trustees. You are the reason we can walk alongside families when they need it most, we simply couldn't do it without you.**

Thank you

for being a generous soul and a beautiful spirit in a world that could use a million more people just like you. Thanks so much for everything you've done and for all that you continue to do.

You're the best, and you're appreciated more than words can say.

Little Potters

In April we were delighted to offer all Home-Visiting volunteer mentors & those who had completed their training before March 2025 a treat morning. We all enjoyed a pottery painting session at little potters in Sittingbourne. As you can see there are some real artists among us. What a lovely morning. We look forward to more.

Pictured: items pre painting (top left), items post painting (bottom left), volunteers & staff mid painting (right).

Thank you for your support & donations

Home-Start Sittingbourne and Sheppey were extremely pleased to receive a grant for £400 from the ASDA foundation for our Twins Group. The £400 was used to purchase lots of new toys, a large play mat, books, puzzles and equipment for use at Twins Group (pictured). We were also pleased to receive a generous donation of toys to gift to our families at Christmas 2024 (pictured). These toys were wrapped and gifted to local families at Christmas, any surplus were gifted throughout the year to families when necessary. ASDA also kindly donated pre-loved toys to us throughout the year.

Pictured - top: ASDA foundation cheque with attendees of twins group, middle row & bottom right: toys purchased using the grant from ASDA foundation bottom left: toy donation from ASDA at Christmas.

Twins Group

Twins group were very lucky to receive pre-loved toys in 2024. We are very grateful to the mums of Ashford who donated toys for our twins group following a Facebook appeal.

Home-Start Sittingbourne and Sheppey were elated to receive a generous donation of toys from the HCRG care group at Christmas 2024. These toys were wrapped and gifted to local families at Christmas, any surplus were gifted to throughout the year to families when necessary.

Pictured: ladies from HCRG care group with their Christmas toy donation & the Home-Start Sittingbourne & Sheppey manager.

Thank you.

We are truly touched by the generous support we received in 2024-25. So many funders and donors stepped up to help support our scheme. We are grateful to all who support us and the families we stand alongside. We would like to take this opportunity to thank the following who have provided funding and/or donations throughout the year 2024-25. Without your support local families wouldn't be able to receive the vital emotional and practical support they need.

Funding

Thank-you to the following for providing vital funding for our core work.

The Lottery Community Fund 2022—2025

(£133,986 over three years to fund core work 2022—2025)

ASDA

(£400 to fund toys & equipment)

SGN fuelling futures

(£22,944 for supporting families staying safe and warm)

Donations

Thank-you to the following organisations for providing greatly appreciated donations.

ASDA

donation of pre-loved toys throughout the year & for their donation of toys at Christmas.

HCRG care group

donation of toys at Christmas.

Twins group

the mums of Ashford who donated pre-loved toys.

Sittingbourne & Sheppey

FINANCIAL REPORT

FINANCIAL STATEMENTS FOR YEAR ENDING 31ST MARCH 2025

First Floor, Central House, Central Avenue, Sittingbourne, Kent, ME10 4NU

Tel: 01795 429007

E-mail: info@home-startsittingbourneandsheppey.org.uk

Website: www.home-startsittingbourneandsheppey.org.uk

Company Number: 7952821

Registered Charity Number: 1146356

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees	Charity Name: Home-Start Sittingbourne & Sheppey		
On accounts for the year ended	31 March 2025	**Charity no (if any)**	1146356
Set out on pages	(remember to include the page numbers of additional sheets)		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	Carter	**Date:**	15 July 2025
Name:	Jenny Carter		
Relevant professional qualification(s) or body (if any):	DipACB		
Address:	3 Dental Close Sittingbourne Kent ME10 1DT		

Home-Start Sittingbourne & Sheppey

Statement of Financial Activities - summary

For the period from 01 April 2024 to 31 March 2025

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
Total income	**28.80**	**71,357.00**	**—**	**71,385.80**	**45,386.00**
Total expenditure	**2,196.70**	**61,539.36**	**—**	**63,736.06**	**54,520.95**
Net income / (expenditure) resources before transfer	**(2,167.90)**	**9,817.64**	**—**	**7,649.74**	**(9,134.95)**
Gross transfers between funds - in	8,127.36	—	—	8,127.36	427.42
Gross transfers between funds - out	(8,127.36)	—	—	(8,127.36)	(427.42)
Net movement in funds	**(2,167.90)**	**9,817.64**	**—**	**7,649.74**	**(9,134.95)**
Total funds brought forward	**68,483.31**	**18,741.62**	**—**	**87,224.93**	**96,359.88**
Total funds carried forward	**66,315.41**	**28,559.26**	**—**	**94,874.67**	**87,224.93**
Designated					
Committment Money Fund	8,000.00	—	—	8,000.00	—
Core Account	36,662.50	—	—	36,662.50	44,423.08
Reserve Fund	21,652.91	—	—	21,652.91	21,652.91
Twins Group	—	—	—	—	2,407.32
Restricted					
Awards For All	—	16,552.00	—	16,552.00	—
CommunityFund-Building Stronger Families	—	4,042.74	—	4,042.74	18,383.62
HSUK DCMS Volunteering	—	358.00	—	358.00	358.00
SGN	—	7,606.52	—	7,606.52	—

Home-Start Sittingbourne & Sheppey
Receipts and payments
Selected period: 01 April 2024 to 31 March 2025

Note		From To	01 April 2024 31 March 2025	01 April 2023 31 March 2024
CFBSF - CommunityFund-Building Stronger Families (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	CommunityFund-Building Sronger Families		46,201.00	45,296.00
	Total Activities in furtherance of the charity's objects		*46,201.00*	*45,296.00*
	Total receipts		**46,201.00**	**45,296.00**
	Payments			
	Activities in furtherance of the charity's objects			
	Advertising		90.00	—
	Manager/Co-ordinator Expense		2,143.88	1,243.54
	Family Outing		—	24.45
	Membership Levy		817.13	1,473.00
	Outside Venues		185.00	10.00
	Publicity		22.00	254.85
	Training		76.50	203.00
	Total Activities in furtherance of the charity's objects		*3,334.51*	*3,208.84*
	Expenditure on managing-administering the charity			
	AGM costs		81.84	—
	Bookkeeping		879.79	774.98
	Equipment		—	785.25
	Office General Exps		121.20	—
	Insurance		1,018.02	200.00
	Photocopier		581.15	610.69
	Rent		3,400.00	2,785.00
	Room Hire		—	12.50
	Repairs & renewals		99.98	57.11
	Salaries and NI		47,448.25	31,726.64
	Stat and Publication		1,123.70	622.41
	Telephone/Mobile/Internet		2,151.62	973.96
	Vols Training & Conf		1.25	—
	Volunteer Expenses		300.57	668.70
	Total Expenditure on managing-administering the charity		*57,207.37*	*39,217.24*
	Total payments		**60,541.88**	**42,426.08**
	Excess of Incoming resources over Resources used		(14,340.88)	2,869.92
	Brought forward balance		18,383.62	15,513.70
	Total carried forward balance		**4,042.74**	**18,383.62**

Note		From To	01 April 2024 31 March 2025	01 April 2023 31 March 2024
SGN - SGN (Restricted) Fund				
	Receipts			
	Activities for generating funds			
	HSUK SGN		8,604.00	—
	Total Activities for generating funds		*8,604.00*	—
	Total receipts		**8,604.00**	**—**
	Payments			
	Activities in furtherance of the charity's objects			
	Manager/Co-ordinator Expense		15.30	—
	Training		11.50	—
	Total Activities in furtherance of the charity's objects		*26.80*	—
	Expenditure on managing-administering the charity			
	Salaries and NI		970.68	—
	Total Expenditure on managing-administering the charity		*970.68*	—
	Total payments		**997.48**	**—**
	Excess of Incoming resources over Resources used		7,606.52	—
	Total carried forward balance		**7,606.52**	**—**
Lottery - Awards For All (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	Lottery Income		16,552.00	—
	Total Activities in furtherance of the charity's objects		*16,552.00*	—
	Total receipts		**16,552.00**	**—**
	Excess of Incoming resources over Resources used		16,552.00	—
	Total carried forward balance		**16,552.00**	**—**
HSUKDCMS - HSUK DCMS Volunteering (Restricted) Fund				
	Payments			
	Activities in furtherance of the charity's objects			
	Publicity		—	354.00
	Total Activities in furtherance of the charity's objects		—	*354.00*
	Total payments		**—**	**354.00**
	Excess of Incoming resources over Resources used		—	(354.00)
	Brought forward balance		358.00	712.00
	Total carried forward balance		**358.00**	**358.00**

Note		From To	01 April 2024 31 March 2025	01 April 2023 31 March 2024
Core - Core Account (Designated) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	Core Income		—	18.00
	Total Activities in furtherance of the charity's objects		*—*	*18.00*
Other incoming resources				
	FundraisingDonations		28.80	72.00
	Total Other incoming resources		*28.80*	*72.00*
Total receipts			**28.80**	**90.00**
Payments				
Costs of generating funds				
	Management Fees		2,397.25	—
	Total Costs of generating funds		*2,397.25*	*—*
Activities in furtherance of the charity's objects				
	Membership Levy		—	443.76
	Training		(350.00)	—
	Total Activities in furtherance of the charity's objects		*(350.00)*	*443.76*
Expenditure on managing-administering the charity				
	Office General Exps		334.00	—
	Refreshments		—	55.70
	Salaries and NI		(2,719.19)	(1,195.32)
	Total Expenditure on managing-administering the charity		*(2,385.19)*	*(1,139.62)*
Total payments			**(337.94)**	**(695.86)**
	Excess of Incoming resources over Resources used		366.74	785.86
	Transfers to/(from)		(8,127.32)	390.92
	Brought forward balance		44,423.08	43,246.30
Total carried forward balance			**36,662.50**	**44,423.08**
Com - Committment Money Fund (Designated) Fund				
	Transfers to/(from)		8,000.00	—
Total carried forward balance			**8,000.00**	**—**
Reserve - Reserve Fund (Designated) Fund				
	Brought forward balance		21,652.91	21,652.91
Total carried forward balance			**21,652.91**	**21,652.91**

Note		From To	01 April 2024 31 March 2025	01 April 2023 31 March 2024
Twinsgroup - Twins Group (Designated) Fund				
	Payments			
	Activities in furtherance of the charity's objects			
	Manager/Co-ordinator Expense		47.95	95.69
	Outside Venues		213.00	—
	Total Activities in furtherance of the charity's objects		*260.95*	*95.69*
	Expenditure on managing-administering the charity			
	Room Hire		56.00	—
	Salaries and NI		2,189.96	—
	Toys		27.73	—
	Volunteer Expenses		—	46.00
	Total Expenditure on managing-administering the charity		*2,273.69*	*46.00*
	Total payments		**2,534.64**	**141.69**
	Excess of Incoming resources over Resources used		(2,534.64)	(141.69)
	Transfers to/(from)		127.32	—
	Brought forward balance		2,407.32	2,549.01
	Total carried forward balance		**—**	**2,407.32**
kcfcont - KCF (Core Costs) (Designated) Fund				
	Payments			
	Activities in furtherance of the charity's objects			
	Craft Materials		—	159.60
	Manager/Co-ordinator Expense		—	467.04
	Total Activities in furtherance of the charity's objects		—	*626.64*
	Expenditure on managing-administering the charity			
	AGM costs		—	30.00
	Equipment		—	739.00
	Insurance		—	778.35
	Photocopier		—	152.63
	Rent		—	395.00
	Salaries and NI		—	8,088.78
	Stat and Publication		—	518.66
	Telephone/Mobile/Internet		—	367.66
	Volunteer Expenses		—	298.32
	Total Expenditure on managing-administering the charity		—	*11,368.40*
	Total payments		**—**	**11,995.04**
	Excess of Incoming resources over Resources used		—	(11,995.04)
	Transfers to/(from)		—	(409.17)
	Brought forward balance		—	12,404.21
Sarahsfund - Sarah's Fund (Designated) Fund				
	Payments			
	Expenditure on managing-administering the charity			
	Food Vouchers or food gifts or plants		—	300.00
	Total Expenditure on managing-administering the charity		—	*300.00*
	Total payments		**—**	**300.00**
	Excess of Incoming resources over Resources used		—	(300.00)
	Transfers to/(from)		—	18.25
	Brought forward balance		—	281.75

Home-Start Sittingbourne & Sheppey

Balance Sheet detailed

		As at 31/03/2025	As at 31/03/2024
Current assets			
	BANK: Bank Account	94,832.56	87,123.20
	BANK2: Investment Account	—	—
	BNK: Bank Account	—	—
	CASH: Cash in Hand	42.11	101.73
	Z05: Accounts Receivable	—	—
	Total Current assets	**94,874.67**	**87,224.93**
Liabilities			
	Z04: Accounts Payable	—	—
	Total Liabilities	**—**	**—**
	Net Asset surplus (deficit)	**94,874.67**	**87,224.93**
Reserves			
	Excess / (deficit) to date	7,649.74	40,113.51
	Z01: Starting balances	87,224.93	47,111.42
	Z03: Gains and losses own use	—	—
	Total Reserves	**94,874.67**	**87,224.93**

Represented by Funds

Unrestricted	—	—
Designated	66,315.41	68,483.31
Restricted	28,559.26	18,741.62
Endowment	—	—
Total	**94,874.67**	**87,224.93**

First Floor, Central House, Central Avenue, Sittingbourne, Kent, ME10 4NU

Tel: 01795 429007

E-mail: info@home-startsittingbourneandsheppey.org.uk

Website: www.home-startsittingbourneandsheppey.org.uk

Company Number: 7952821

Registered Charity Number: 1146356

HOME START

Sittingbourne & Sheppey

ADMINISTRATORS

OFFICE HOURS

Monday—Thursday: 9.00am—1.00pm

Closed Fridays

If the office is closed we have a 24h answer machine

01795 429007

HOME-START SITTINGBOURNE & SHEPPEY

England & Wales - Charity number 1146356

Accounts

HOME START Sittingbourne & Sheppey

ANNUAL REPORT 2023—24

Company Number: 7952821

Registered Charity Number: 1146356

Sittingbourne & Sheppey

First Floor, Central House, Central Avenue, Sittingbourne, Kent, ME10 4NU

Tel: 01795 429007

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Company Number: 7952821

Registered Charity Number: 1146356

STAFF

Manager

Allison McColl *(30hrs)*

Family Support Worker

Wendy Tomlin *(15hrs)*

Administration / Volunteer Recruitment

Rebekah Peters *November 2023 (16hrs)*

BOARD OF TRUSTEES

Chair

Christine White

Vice Chair

Tracy Hodges

Treasurer

Vacant position

Book keeper

Tina Bean

Independent

Sylvia New

Fran Sinclair-Taylor

VOLUNTEER MENTORS

Maureen
Catherine
Sarah*
Alison*
Jemma*

Dilys
Jenny (resting)
Debra (retired)
Nwadinobi*

*(*recruited this year)*

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What is Home-Start?

Home-Start UK was founded by Margaret Harrison who set up the first Home-Start in Leicester in 1973. Home-Start UK is now the UKs leading family support charity. Home-Start UK is made up of 100+ schemes across the UK. Home-Start UK supports these schemes by providing training, policies, quality assurance, guidance and support.

Home-Start Sittingbourne & Sheppey was established in 1994 by our Chair Christine White. Home-Start Sittingbourne & Sheppey supports local families in need by matching them with a volunteer mentor. Volunteer mentors are trained to provide families with invaluable emotional and practical support within the families home. Support is provided in the families homes so individuality and confidentiality can be respected. We also support parents of multiple births through our Twins Group and help guide families towards support from other organisations such as local children's centres.

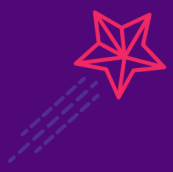
Our scheme is one of six Home-Starts in Kent that visit families in crisis to relieve the strain on families in need. We are often their only life-line as other services have now been cut meaning there are reduced options for family support. We help parents cope so they can be the best parent to their children by being able to provide the love and laughter their children need to flourish.

This year Home-Start Sittingbourne & Sheppey turns 30 years old!

This year we have supported 34 families with a total of 92 children, families were supported for a total of 381 hours by our manager, family support worker and volunteer mentors. This year we had a total of 9 volunteers.

Our Volunteer Mentors truly are the heart of Home-Start Sittingbourne & Sheppey.

HOME-STARTS FOUR STRATEGIC COMMITMENTS



GROWTH

A collective ambition to reach significantly more families

IMPACT

Home-Starts will be stronger together

INCLUSION

Home-Start will advance inclusion and equity in all we do

VOICE

Home-Starts will stand alongside families to make the case for support

Celebrating 30 years

of supporting local families

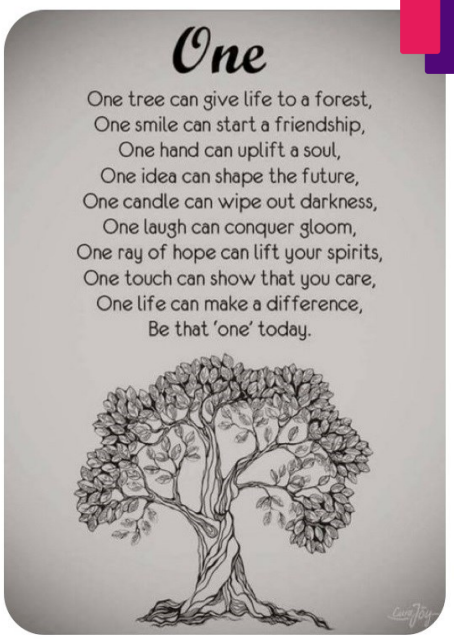
Home-Start Sittingbourne & Sheppey are celebrating **30 years of supporting local families** in 2024. Our work supporting families would not be possible without our incredible team of volunteers.

Our volunteers truly are the heart of Home-Start Sittingbourne & Sheppey, we could not run this service without all of you.

Thank you to our wonderful volunteers.

Everyone at Home-Start Sittingbourne and Sheppey would like to express a **sincere thank you** to all of our long standing volunteers, everyone on our board of trustees, our volunteer mentors and any-one else who volunteers for us. Without you local families wouldn't receive the vital support they need. So **THANK YOU** for volunteering for Home-Start Sittingbourne & Sheppey.

Our volunteers demonstrate the importance of 'one' by being that important one for the families they support.



Long service award

Christine is the founder and chair of Home-Start Sittingbourne & Sheppey. Without Christine there would be no Home-Start Sittingbourne & Sheppey. Therefore Christine has achieved a long service award as she has been with Home-Start Sittingbourne & Sheppey since day one for 30 years.

Sylvia has been with Home-Start Sittingbourne & Sheppey for 26 years. Sylvia started as a volunteer mentor and moved on to become a member of our board of trustees. Therefore Sylvia has achieved a long service award to thank her for her years of dedication to the families she supported as a volunteer mentor and to us as a trustee.

Maureen has been awarded a long service award as she has been a volunteer mentor for Home-Start Sittingbourne & Sheppey for 15 years.

Thank you to our board of trustees & volunteer mentors

Chris	Tracy
Sylvia	Fran
Maureen	Dilys
Jenny	Catherine
Debra	Sarah
Nwadinobi	Alison
Jemma	

Chairs report

It has been another extremely busy year and very much one to celebrate! we have been providing support to Sittingbourne & Sheppey families for 30 years and what a difference we have made to many families across our area. My own charity Swale CVS was instrumental alongside other professionals in setting up Home-Start Sittingbourne & Sheppey and it has been going from strength to strength ever since. I have been a trustee since the inception and still enjoy and have pride in the great work we do supporting families with children under 5 years using both our caring and excellent volunteers and out-standing and committed staff.

I would like to take this opportunity to welcome a new member of staff Rebekah Peters (known as Becci within the office) who joined us in November 2023 and has made a real difference both in recruitment of new volunteers and with all the general administration duties in the office, it's been a real pleasure getting to know you.

It has also been another fantastic year in post for our Manager Allison McColl. Allison has worked tirelessly for the families we help and support and has continued all the other myriad of duties needed to run a successful charity including bid writing, fundraising, staff management and development, report writing and during this past year working really hard on our Home-Start Quality Assurance documents and paperwork ensuring we continue as a legally compliant organisation.

Myself and all members of the trustee board would like to give a huge thank you to Allison for an outstanding year.

I must also take this opportunity to thank Wendy our Family Support Worker for her continued hard work and great commitment to Home-Start Sittingbourne and Sheppey.

Well done to the whole team!

Finally as I do in this report each year I cannot end without giving thanks to our committed and supportive Board of Volunteer Trustees and also the many volunteers that help support and visit our families. We could not run the service without you all!

Yours sincerely

Christine White

Christine White

Chairman

Managers report

It has been another busy but rewarding year for Home-Start Sittingbourne and Sheppey. We celebrate 30 years of providing compassionate non-judgemental support for families who need a little TLC, when their lives look and feel like there is no light at the end of the tunnel. Volunteers, Wendy our family support worker and I visit families in their own homes and do our best to sprinkle happiness and hope like fairy dust.

We had 41 referrals in the period between April 2023 and March end 2024. Our Twins Group continues to thrive with 12 families registered.

We had a good response to our recruitment drive and now have 7 volunteers, 3 who are waiting to be introduced to families in September and 4 who are completing their training. We now offer an E-learning course for new volunteers to work through at home, with 8 hours contact time with the manager or a face-to-face course of preparation that can be covered in 5 working days or over 3 consecutive weeks making it a much quicker process for everyone.

We welcomed Rebekah Peters to our small team in November 2023 as our administrator and volunteer recruitment lead. Wendy was able to commit to more hours and this enabled her to increase her case load to 8 families a week.

I continue to support a few families each week as, first and foremost I love seeing the change that can be made with a little time and compassion, but also because I feel it helps me be the best mentor for my volunteers if I know what its like to be that key person for a family.

As we enter our final year of funding with the lottery, I am working hard to secure more funding to continue the fantastic work we do for families. I am planning to expand our staff team and to offer additional groups for families to attend. This of course is all dependent on that all important funding.

I would like to take this opportunity to thank my wonderful Board of Trustees, my staff who are so committed to all we do, and of course the volunteers without you all we would not be able to give families that light at the end of the tunnel.

I hope to be writing this report again next year and celebrating more successes with you.

Yours sincerely

Allison McColl

Allison McColl

Manager

Financial Report

Home-Start Sittingbourne & Sheppey are now in their final year of National Lottery community funding.

The Home-Start Sittingbourne & Sheppey manager is currently actively seeking funding opportunities to enable us to continue our vital work with young families in the community beyond March 2025.

The manager continues to work closely with the Home-Start Sittingbourne & Sheppey board of trustees to monitor and progress our financial sustainability moving forwards.

Family journeys

Local families are supported by our volunteer mentors, family support worker and the manager. Here are some of the families journeys from 2023-24.

Mum was referred to Home-Start Sittingbourne & Sheppey in May 2023 by her Early Help Worker.

Mum is married with three children and was struggling with child 2's behaviour which had left her with low confidence and feelings of being overwhelmed and out of her depth with her role as a parent

Mum was offered weekly support for 1.5-2 hours which she accepted. Mum was provided with:

- a listening ear,
- timely advice and signposting to other services/organisations,
- time to gather her thoughts and feelings and be able to process them,
- time to discuss any concerns worries in a relaxed and trusting environment,
- time to discuss and listen to strategies for managing child 2's behaviour,
- an opportunity to experience laughter and just relax

It was lovely to see mum becoming more confident in managing child 2 and relaxing into her role as a mum. Over time the behaviour issues had been greatly reduced, which had a huge knock-on effect for the whole family.

Mums thank you card captured how Home-Start Sittingbourne & Sheppey has helped.

"I don't normally accept any help, but you have made that change, you have showed me that I can trust, be unjudged and be supported by such an amazing lady. You have made the last year feel like a breeze and that I can tackle anything."

Mum referred herself to Home-Start Sittingbourne & Sheppey in early 2024. I started supporting the family in March 2024. They are a family of 3, mum, dad and young baby. Mum self-referred as she was struggling with being a first-time mum after experiencing a traumatic birth which left her with PTSD and post-natal depression. Mum also has epilepsy so she fears having a seizure whilst on her own with child 1, therefore her anxiety stopped her from going out without dad present.

The family were very isolated as mum's sister is the only family either had in Kent, they did not see her much anyway therefore mum often felt very lonely.

I signposted mum to a new parent class at their local children's centre and encouraged her to book onto it. Mum was very nervous about this, but she did book, both mum & dad attended the first 2 then mum completed the rest on her own. Mum then received a graduation of parenthood certificate in July. With some gentle encouragement, mum also went to another baby group at the centre where she was able to meet new people and make some mum friends which made a huge difference to her confidence.

I was working with the family until July as they moved away to be closer to dad's family. Mum was nervous about the move but also looking forward to having support from his family as she does not receive any from her own. Mum unfortunately started having seizures again which are mainly triggered by tiredness and stress. The move means mum will be able to get more rest knowing that child 1 is in safe hands.

Mum asked for some advice when she started weaning child 1. I loaned her one of the 'Eating well for the first 5 years' packs from the office which she found to be really helpful. I also showed her a great book for simple recipes that can be frozen in single portion sizes.

When I had my last visit with the family mum was quite emotional and said she will really miss me.

'"Mum told me that I have changed her life and she will forever be grateful. Dad agreed with this and said that mum was a wreck and had fallen apart but my visits have put her back together again."

Feedback from families

We asked the families we support what does Home-Start Sittingbourne & Sheppey mean to you?

Help and support that is needed when you most need it. I can't thank this charity enough for getting me back up on my feet as a first time mum (thank you so much).''

''Home start is amazing they help me a lot and they are very good for family that need a little help with things.''

''Having a helping hand from someone that trust is built.

Having someone to talk to and get advice from regarding topics that are child based.

Being able to have a second set of eyes to help keep my children entertained.''

Having the extra support even just to have someone to talk to has been so helpful and a relief to know we are not alone.''

I have had the pleasure of meeting and getting to know Allison. She has been my ray of sunshine when she visits me every Monday.

I have really struggled and sometimes still do but I hear Allisons voice in the back of my head helping with her words of wisdom.

She has helped me with breathing techniques and the tips for the kids were amazing.

I will miss this when we finish in July but know I have the best building blocks to keep going. Thankyou x.''

''Home-Start have been amazing—Wendy especially. Always arriving with a smile and listening ear. My home life is very stressful (4 children with additional needs) and having visits from Wendy is such a joy and helps take my mind off all the stress.''

To me, Home-Start have been a massive help both with activities for the boys but also as an outlet for me to just vent when things have been stressful. I am super grateful to Wendy my Home-Start Volunteer. Thank-you so much.''

''It gave me someone to talk to after I moved and didn't really know anyone or the area, they have been a great help supporting me through my journey. I've enjoyed having the reassurance that I've always had someone to talk to.''

Twins Group

For parents of multiples
4 years old and under

Twins Group report

We have had another successful year with the Twins Group at Milton Court Children's Centre. We have welcomed several new families and will be saying goodbye to a family who have been with us since the twins were a few months old but they are now going off to school in September.

The group is currently made up with mainly babies who are all around the same age. The mums all get on really well which is lovely to see as the babies will grow up together within the group as friends. I take a craft activity for the older children which they all enjoy and the home corner and sand tray are always very popular. I usually set up the a baby corner with play mats, cushions and sensory toys but as they are becoming mobile, they have now started to explore the room more.

We have 2 park meet ups planned for the summer holiday which the families are looking forward to and they are also able to bring older siblings to this.

We asked twins group attendees what does twins group mean to you?

"It's nice to have somewhere to go to connect with other twin mums to chat and for my twins to mix with other children. Lovely welcoming staff.''

"Confidence and feeling part of a unique twin parent community.''

''I really love this place. My twin boys spending really nice time here. Very professional, helpful staff. We are very happy to coming here and spend time with all mums and kids, highly recommend.''

Family Support Worker report

I have the capacity for 8 families. We have recently ended with a few so I am waiting to be introduced to some new families in the coming weeks.

A lot of my families suffer with depression and mental health issues as well as isolation and loneliness. Having a weekly visit which provides them with some adult conversation and the opportunity to 'rant' and talk freely with no judgement is sometimes their life-line and what gets them through the week. I take a sticker/craft activity for the children which we often complete during the visit. Sometimes it is left for mum to complete with the child another time.

Some families have also needed some practical support for e.g.; form filling for applications, getting out of the house and behavioral management.

For the families that we have ended with, I have taken a small gift of a toy and book for the children which everyone has been very grateful for.

I really enjoy my work and have a great deal of job satisfaction in knowing that I am making a difference to people's lives and offering much needed support.

Yours sincerely

Wendy Tomlin

Wendy Tomlin

Family Support Worker

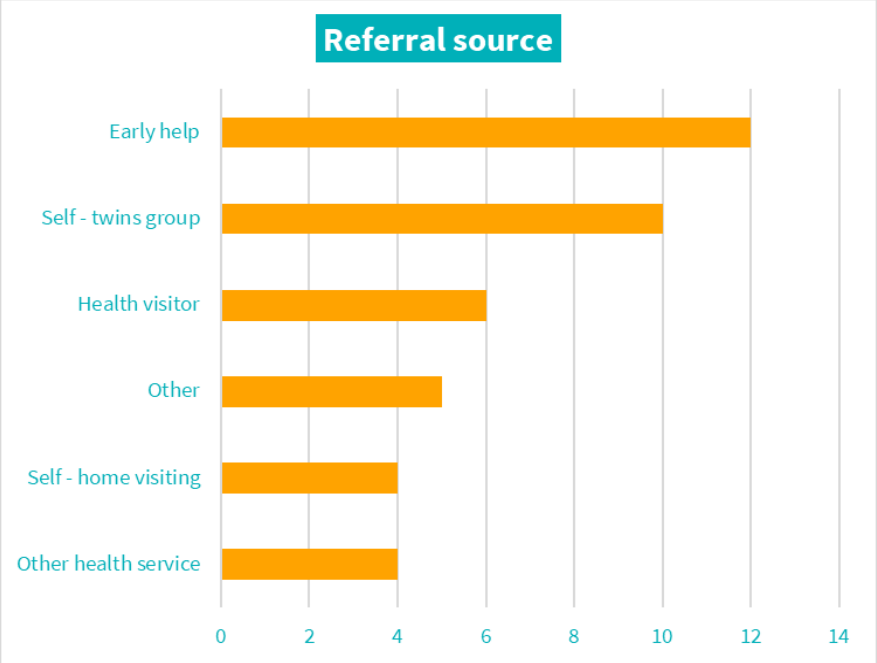
STATISTICS

Total number of referrals received: 41

Total number of families supported: 34

(24 home visiting, 10 twins group)

(please note that this figure includes families carried over from the previous year)



Family circumstances

Lone parent	5
Speech and language issues	1
Domestic abuse	5
Adult with disability	2
Child with disability	1
Adult with ADHD/Autism	1
Child with ADHD/ Autism	3
Adult mental health	12

Total children supported throughout the year: 92

3 - 5 years female	22
6 + years female	10
3—5 years male	45
6 + years male	15

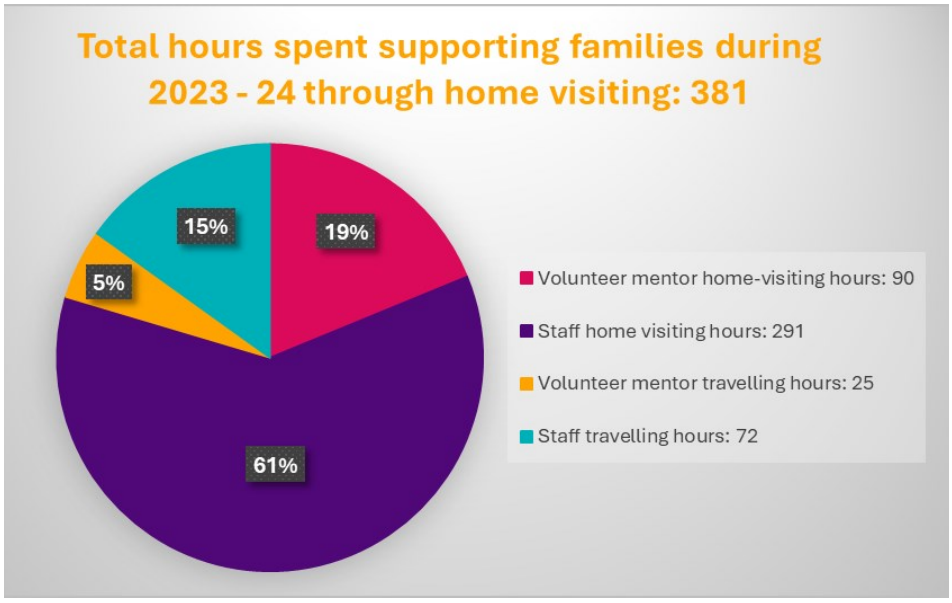
Children supported ages

1st April 2022 - 31st March 2024 (0-2 years)	27
1st April 2019- 31st March 2022 (3-5 years)	35
Before 31st March 2019 (6+ years)	26
Unknown / unspecified	4

Needs identified by family at initial visit

Level of coping on day of initial visit *0 = not coping very well* *5 = coping very well*	1	2	3	4	5
Managing children's behaviour	1	8	6	2	2
Being involved in the children's development/learning	2	8	6	1	1
Coping with physical health		2	3	2	
Coping with mental health	2	4	4	2	1
Coping with feeling isolated	2	6	8	2	1
Parent's self-esteem	1	10	8	3	
Coping with child's physical health		4	2	1	1
Coping with child's mental health		2	2	1	1
Managing the household budget		1	2		1
The day-to-day running of the home	1	1	2	1	1
Stress caused by conflict in the family		4		2	1
Coping with multiple birth/children under 5	1	3	3	2	1
Use of services		8	5	4	
Other					

STATISTICS



Length of support for families that ended support in 2023-24:

Under 6 months	5
6 -12 months	5
1 year to 2 years	3
2 years to 3 years	0
Over 3 years	3

All of our families are supported weekly through home-visiting carried out by the Home-Start Sittingbourne & Sheppey manager, family support worker and volunteer mentors (excluding those who are supported by attending our Twins Group). The manager also visits each family to carry out reviews, during these visits scoring sheets are completed to demonstrate the progress of how Home-Start Sittingbourne & Sheppey support is going. During 2023-24 a total of 16 families ended support. Support ends for numerous reasons such as—the family no longer has a child under the age of 5 because their youngest starts school, the family has moved out of the area or the family feels they are in a better position and therefore no longer require our support. The manager visits each family wanting to end their support to complete an ending visit. During this visit a final scoring sheet is completed to demonstrate if the families needs identified during their initial visit were met during their time of support.

Outcomes of needs identified by families at initial visit who ended support in 2023-24

Needs identified	Achieved	Partly achieved	Not achieved
Managing children's behaviour	7	4	
Being involved in the children's development	6	4	
Coping with physical health		4	
Coping with mental health	3	4	
Coping with feeling isolated	4	3	
Parent's self-esteem	4	5	
Coping with child's physical health	2	4	
Coping with child's mental health	1	2	
Managing the household budget			
The day-to-day running of the home	1		
Stress caused by conflict in the family	1	3	
Coping with multiple birth/children under 5		1	
Use of services	2		

Volunteer recruitment

The manager was aware that the pandemic and financial crisis were huge factors in the general decline in volunteer numbers. This is being felt across the Kent local schemes and is not just in Swale. Therefore the manager was keen to get a fresh perspective on ways to recruit new volunteers. When I joined Home-Start Sittingbourne & Sheppey in November 2023 I was given the role of volunteer recruitment lead.

I found the most successful new way of recruiting volunteers was by posting a job advertisement on indeed. I posted our advert twice, posting it to both Sittingbourne and Sheppey. I found doing so massively increased our reach. When writing the advertisement I wrote from the heart and used language appealing to potential volunteers caring side, I feel doing so made a huge difference.

I also found refreshing our current volunteer recruitment publicity (posters & leaflets) to have a great impact. I revamped our publicity making it more inviting, colourful and inclusive. I also aimed posters towards certain types of volunteers, e.g. one poster towards the older generation and one towards a younger generation. I targeted these posters by using different language & photos as I recognise that both groups have differing goals they would like to achieve from volunteering. I feel that targeting posters towards specific groups meant we were able to appeal to a larger pool of potential volunteers.

Lastly, targeting our publicity when posting on local forums online generated a great response, making a huge impact on our volunteer recruitment success this year. Targeting social media posts guarantees that the potential volunteers we are appealing to can see our posts. For example, I would post about our volunteering opportunities alongside a poster onto local mum groups on Facebook.

In November 2023 Home-Start Sittingbourne & Sheppey had five volunteers and zero potential volunteers expressing interest. As of March 2024, fifteen potential volunteers' have expressed interest, six of which have attended an initial meeting with Allison the manager to discuss our volunteering opportunities further and complete an application form. My volunteer recruitment drive and the initial meetings have resulted in Home-Start Sittingbourne & Sheppey having great success this year. We have gone from having five volunteers to a total of nine. Meaning in under six months we have almost doubled the number of volunteers we have.

I am so delighted to witness my hard work result in so many more wonderful volunteers joining our team. Without volunteers Home-Start Sittingbourne & Sheppey wouldn't be able to offer the incredible compassionate and non-judgemental support to local families in need. I am so thankful to be part of such a wonderful team. I look forward to continuing being part of this team and having even more success to share next year.

Volunteer statistics (as of March 2024)

10 recruited from indeed, 5 recruited from social media

Number of volunteers expressed interest	15
Number attended initial meeting	6
Number awaiting a response from at time	5
Number unable to commit	4

Yours sincerely

Rebekah Peters

Rebekah Peters

Volunteer Recruitment Lead

Thank you for your support.

Christmas 2023 donations. For Christmas 2023 we were delighted to receive generous donations from Waitrose & The Works.

Waitrose & partners

Home-Start Sittingbourne & Sheppey were very pleased to receive a generous donation of large soft toy snappers from Waitrose Allington. These toys were the focal point of the renowned 2023 John Lewis advert. The snappers were wrapped by the Home-Start Sittingbourne & Sheppey staff and gifted to local families by our volunteer mentors, manager and family support worker.

The Works

Home-Start Sittingbourne & Sheppey also received a large selection of toys which were generously donated by The Works in Sittingbourne. The Works ran a promotion at Christmas allowing customers to purchase 3 for 2 on toys, encouraging customers to donate one of the toys purchased to The Works selection of toys for charity. A tree with tags on was put up in store. Each tag had either boy or girl on with an age, therefore customers could then choose an applicable gift to donate. In 2023 The Works chose Home-Start Sittingbourne & Sheppey as one of the charities to donate these toys from customers to. We then gifted these toys to local families at Christmas. We had a few toys left over therefore surplus toys were gifted throughout the year to families when necessary.

Thank you for your donations. On behalf of everyone at Home-Start Sittingbourne & Sheppey we would like to express our gratitude and thanks to those who generously donated toys for us to pass onto local families at Christmas. These gifts were greatly received and cherished by local families. Christmas can be a difficult time of year for families that are struggling, these gifts really helped make local families 2023 Christmas magical again.

National lottery community fund

Thank you. Everyone at Home-Start Sittingbourne & Sheppey would like to express a heartfelt thank you to the National Lottery Community Fund for providing vital funding for the past 2 years.

We have now entered our final year of funding with a remaining total of £46,201.

Without your support we wouldn't be able to provide local families with the vital emotional and practical support they need.

Left to right: Vice Chair Trustee Tracy, Chair Trustee Chris, Trustee Sylvia, Trustee Fran, Manager Allison (standing), Administration & Volunteer Recruitment Rebekah

Thank you.

We would like to take this opportunity to thank the following who have provided funding and/or donations throughout the year 2023-24. Without your support local families wouldn't be able to receive the vital emotional and practical support they need.

Funding

Thank-you to the following for providing vital funding for our core work.

The Lottery Community Fund
(£133,986 over three years to fund core work)

Kent Community Foundation
(£16,000 funding below)

Lawson Endowment for Kent
(£5,000 to fund core work)

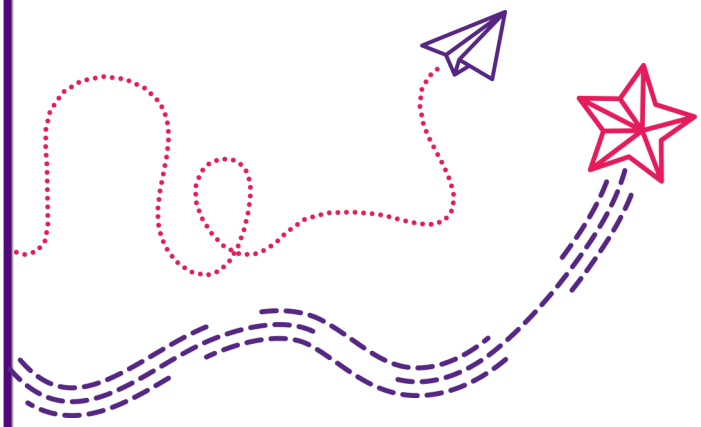
The Vanquis Social Impact Fund
(£5,000 to fund core work)

Child, Young People and Young Families
(£6,000 to fund core work)

Donations

Thank-you to the following organisations for providing greatly appreciated donations.

Thank-you to Waitrose & The Works for your generous donation of toys at Christmas in 2023.



Sittingbourne & Sheppey

FINANCIAL REPORT

FINANCIAL STATEMENTS FOR YEAR ENDING 31ST MARCH 2024

First Floor, Central House, Central Avenue, Sittingbourne,
Kent, ME10 4NU
01795 429007
info@home-startsittingbourneandsheppey.org.uk
www.home-startsittingbourneandsheppey.org.uk
Find us on Facebook

Company Number: 7952821 Registered Charity Number: 1146356

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees	Home-Start Sittingbourne & Sheppey		
On accounts for the year ended	31 March 2024	**Charity no (if any)**	1146356
Set out on pages			

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2024**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	Carter	**Date:**	13 August 2024
Name:	Jenny Carter		
Relevant professional qualification(s) or body (if any):	Applied Diploma in Corporate Banking		
Address:	3 Dental Close Sittingbourne Kent ME10 1DT		

Home-Start Sittingbourne & Sheppey

Statement of Financial Activities - summary

For the period from 01 April 2023 to 31 March 2024

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
Total income	**90.00**	**45,296.00**	**—**	**45,386.00**	**106,486.67**
Total expenditure	**11,740.87**	**42,780.08**	**—**	**54,520.95**	**49,177.68**
Net income / (expenditure) resources before transfer	**(11,650.87)**	**2,515.92**	**—**	**(9,134.95)**	**57,308.99**
Gross transfers between funds - in	427.42	—	—	427.42	50,924.99
Gross transfers between funds - out	(427.42)	—	—	(427.42)	(50,924.99)
Gains on revaluation, fixed assets, charity's own use	—	—	—	—	0.10
Net movement in funds	**(11,650.87)**	**2,515.92**	**—**	**(9,134.95)**	**57,309.09**
Total funds brought forward	**80,134.18**	**16,225.70**	**—**	**96,359.88**	**39,050.79**
Total funds carried forward	**68,483.31**	**18,741.62**	**—**	**87,224.93**	**96,359.88**
Designated					
KCF (Core Costs)	—	—	—	—	12,404.21
Core Account	44,423.08	—	—	44,423.08	43,246.30
Reserve Fund	21,652.91	—	—	21,652.91	21,652.91
Sarah's Fund	—	—	—	—	281.75
Twins Group	2,407.32	—	—	2,407.32	2,549.01
Restricted					
CommunityFund-Building Stronger Families	—	18,383.62	—	18,383.62	15,513.70
HSUK DCMS Volunteering	—	358.00	—	358.00	712.00

Home-Start Sittingbourne & Sheppey
Receipts and payments
Selected period: 01 April 2023 to 31 March 2024

Note		From To	01 April 2023 31 March 2024	01 April 2022 31 March 2023
CFBSF - CommunityFund-Building Stronger Families (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	CommunityFund-Building Sronger Families		45,296.00	21,244.50
	Core Income		—	21,244.50
	Total Activities in furtherance of the charity's objects		*45,296.00*	*42,489.00*
	Total receipts		**45,296.00**	**42,489.00**
	Payments			
	Activities in furtherance of the charity's objects			
	Manager/Co-ordinator Expense		1,243.54	713.59
	Employer's NI		—	1,612.30
	Family Outing		24.45	—
	Membership Levy		1,473.00	550.00
	Outside Venues		10.00	—
	Publicity		254.85	—
	Training		203.00	—
	Total Activities in furtherance of the charity's objects		*3,208.84*	*2,875.89*
	Expenditure on managing-administering the charity			
	AGM costs		—	118.14
	Bookkeeping		774.98	181.75
	Equipment		785.25	59.99
	Family Support Worker Expenses		—	73.75
	Office General Exps		—	40.00
	Insurance		200.00	596.08
	Photocopier		610.69	399.76
	Postage		—	46.53
	Rent		2,785.00	1,660.00
	Room Hire		12.50	—
	Repairs & renewals		57.11	64.99
	Salaries and NI		31,726.64	19,360.57
	Stat and Publication		622.41	242.78
	Telephone/Mobile/Internet		973.96	757.08
	Travelling Expenses		—	210.36
	Volunteer Expenses		668.70	287.63
	Total Expenditure on managing-administering the charity		*39,217.24*	*24,099.41*
	Total payments		**42,426.08**	**26,975.30**
	Excess of Incoming resources over Resources used		2,869.92	15,513.70
	Brought forward balance		15,513.70	—
	Total carried forward balance		**18,383.62**	**15,513.70**

Note		From To	01 April 2023 31 March 2024	01 April 2022 31 March 2023
HSUKDCMS - HSUK DCMS Volunteering (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	HSUK DCMS Volunteering		—	59.99
	Total Activities in furtherance of the charity's objects		—	*59.99*
	Total receipts		**—**	**59.99**
	Payments			
	Activities in furtherance of the charity's objects			
	Publicity		354.00	59.99
	Total Activities in furtherance of the charity's objects		*354.00*	*59.99*
	Expenditure on managing-administering the charity			
	Stat and Publication		—	288.00
	Total Expenditure on managing-administering the charity		—	*288.00*
	Total payments		**354.00**	**347.99**
	Excess of Incoming resources over Resources used		(354.00)	(288.00)
	Brought forward balance		712.00	1,000.00
	Total carried forward balance		**358.00**	**712.00**
Twinsgroup - Twins Group (Designated) Fund				
	Receipts			
	Activities for generating funds			
	Twins Income		—	1,000.00
	Total Activities for generating funds		—	*1,000.00*
	Total receipts		**—**	**1,000.00**
	Payments			
	Activities in furtherance of the charity's objects			
	Craft Materials		—	4.68
	Manager/Co-ordinator Expense		95.69	3.99
	Employer's NI		—	86.80
	Total Activities in furtherance of the charity's objects		*95.69*	*95.47*
	Expenditure on managing-administering the charity			
	Family Support Worker Expenses		—	16.20
	Salaries and NI		—	1,822.13
	Telephone/Mobile/Internet		—	40.82
	Volunteer Expenses		46.00	—
	Total Expenditure on managing-administering the charity		*46.00*	*1,879.15*
	Total payments		**141.69**	**1,974.62**
	Excess of Incoming resources over Resources used		(141.69)	(974.62)
	Brought forward balance		2,549.01	3,523.63
	Total carried forward balance		**2,407.32**	**2,549.01**

Note		From To	01 April 2023 31 March 2024	01 April 2022 31 March 2023
Core - Core Account (Designated) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	Core Income		18.00	—
	Total Activities in furtherance of the charity's objects		*18.00*	—
Other incoming resources				
	FundraisingDonations		72.00	—
	Total Other incoming resources		*72.00*	—
Total receipts			**90.00**	—
Payments				
Activities in furtherance of the charity's objects				
	Membership Levy		443.76	—
	Total Activities in furtherance of the charity's objects		*443.76*	—
Expenditure on managing-administering the charity				
	Refreshments		55.70	—
	Salaries and NI		(1,195.32)	—
	Total Expenditure on managing-administering the charity		*(1,139.62)*	—
Total payments			**(695.86)**	—
	Excess of Incoming resources over Resources used		785.86	—
	Transfers to/(from)		390.92	43,246.30
	Brought forward balance		43,246.30	—
Total carried forward balance			**44,423.08**	**43,246.30**
Reserve - Reserve Fund (Designated) Fund				
Payments				
Expenditure on managing-administering the charity				
	Salaries and NI		—	337.00
	Stat and Publication		—	337.00
	Total Expenditure on managing-administering the charity		—	*674.00*
Total payments			**—**	**674.00**
	Excess of Incoming resources over Resources used		—	(674.00)
	Transfers to/(from)		—	6,897.21
	Brought forward balance		21,652.91	15,429.60
	Adjustments		—	0.10
Total carried forward balance			**21,652.91**	**21,652.91**

Note		From To	01 April 2023 31 March 2024	01 April 2022 31 March 2023
kcfcont - KCF (Core Costs) (Designated) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	Core Income		—	10,000.00
	KCF Grant Income		—	6,000.00
	Total Activities in furtherance of the charity's objects		*—*	*16,000.00*
Total receipts			**—**	**16,000.00**
Payments				
Activities in furtherance of the charity's objects				
	Craft Materials		159.60	—
	Manager/Co-ordinator Expense		467.04	—
	Employer's NI		—	218.33
	Total Activities in furtherance of the charity's objects		*626.64*	*218.33*
Expenditure on managing-administering the charity				
	AGM costs		30.00	—
	Equipment		739.00	699.00
	Insurance		778.35	95.00
	Photocopier		152.63	75.85
	Rent		395.00	500.00
	Repairs & renewals		—	35.00
	Salaries and NI		8,088.78	1,774.27
	Stat and Publication		518.66	—
	Telephone/Mobile/Internet		367.66	198.34
	Volunteer Expenses		298.32	—
	Total Expenditure on managing-administering the charity		*11,368.40*	*3,377.46*
Total payments			**11,995.04**	**3,595.79**
	Excess of Incoming resources over Resources used		(11,995.04)	12,404.21
	Transfers to/(from)		(409.17)	—
	Brought forward balance		12,404.21	—
Total carried forward balance			**—**	**12,404.21**
Sarahsfund - Sarah's Fund (Designated) Fund				
Receipts				
Other incoming resources				
	FundraisingDonations		—	200.00
	Total Other incoming resources		*—*	*200.00*
Total receipts			**—**	**200.00**
Payments				
Activities in furtherance of the charity's objects				
	Craft Materials		—	171.05
	Total Activities in furtherance of the charity's objects		*—*	*171.05*
Expenditure on managing-administering the charity				
	Food Vouchers or food gifts or plants		300.00	300.00
	Office Furniture		—	178.17
	Pamper packs		—	0.32
	Sundries		—	15.09
	Total Expenditure on managing-administering the charity		*300.00*	*493.58*
Total payments			**300.00**	**664.63**

Note		From To	01 April 2023 31 March 2024	01 April 2022 31 March 2023
	Excess of Incoming resources over Resources used		(300.00)	(464.63)
	Transfers to/(from)		18.25	—
	Brought forward balance		281.75	746.38
	Total carried forward balance		**—**	**281.75**

DBS - DBS checks (Designated) Fund

Receipts			
Other incoming resources			
	DBS income	—	3,011.00
	Total Other incoming resources	—	*3,011.00*
Total receipts		**—**	**3,011.00**
Payments			
Activities in furtherance of the charity's objects			
	Employer's NI	—	58.10
	Membership Levy	—	109.09
	Total Activities in furtherance of the charity's objects	—	*167.19*
Support costs			
	DBS Payments	—	1,804.00
	Total Support costs	—	*1,804.00*
Expenditure on managing-administering the charity			
	Salaries and NI	—	940.66
	Total Expenditure on managing-administering the charity	—	*940.66*
Total payments		**—**	**2,911.85**
	Excess of Incoming resources over Resources used	—	99.15
	Transfers to/(from)	—	(205.49)
	Brought forward balance	—	106.34

THS - Thanet Home-Start closure donation (Designated) Fund

Receipts			
Activities in furtherance of the charity's objects			
	Core Income	—	43,726.68
	Total Activities in furtherance of the charity's objects	—	*43,726.68*
Total receipts		**—**	**43,726.68**
Payments			
Activities in furtherance of the charity's objects			
	Employer's NI	—	1,942.50
	Total Activities in furtherance of the charity's objects	—	*1,942.50*
Total payments		**—**	**1,942.50**
	Excess of Incoming resources over Resources used	—	41,784.18
	Transfers to/(from)	—	(41,784.18)

Note		From To	01 April 2023 31 March 2024	01 April 2022 31 March 2023
KCCMC - KCC Meaningful Connections (Restricted) Fund				
Payments				
Activities in furtherance of the charity's objects				
	Manager/Co-ordinator Expense		—	295.95
	Employer's NI		—	200.22
	Total Activities in furtherance of the charity's objects		—	*496.17*
Expenditure on managing-administering the charity				
	Family Support Worker Expenses		—	234.20
	Insurance		—	250.00
	Photocopier		—	207.84
	Postage		—	62.68
	Rent		—	720.00
	Room Hire		—	17.50
	Salaries and NI		—	2,121.27
	Stat and Publication		—	30.86
	Telephone/Mobile/Internet		—	141.86
	Volunteer Expenses		—	128.42
	Total Expenditure on managing-administering the charity		—	*3,914.63*
Total payments			—	**4,410.80**
	Excess of Incoming resources over Resources used		—	(4,410.80)
	Transfers to/(from)		—	(3,085.50)
	Brought forward balance		—	7,496.30
HSUKPRR - HSUK Pears R&R Fund (Restricted) Fund				
Payments				
Activities in furtherance of the charity's objects				
	Manager/Co-ordinator Expense		—	89.62
	Employer's NI		—	102.92
	Total Activities in furtherance of the charity's objects		—	*192.54*
Expenditure on managing-administering the charity				
	Salaries and NI		—	943.76
	Telephone/Mobile/Internet		—	166.52
	Volunteer Expenses		—	99.07
	Total Expenditure on managing-administering the charity		—	*1,209.35*
Total payments			—	**1,401.89**
	Excess of Incoming resources over Resources used		—	(1,401.89)
	Transfers to/(from)		—	(1,256.63)
	Brought forward balance		—	2,658.52

Note		From To	01 April 2023 31 March 2024	01 April 2022 31 March 2023
FSWKCF - Fam Supp Worker Kent Community Foundation (Restricted) Fund				
	Payments			
	Activities in furtherance of the charity's objects			
	Manager/Co-ordinator Expense		—	45.55
	Membership Levy		—	50.00
	Total Activities in furtherance of the charity's objects		—	*95.55*
	Expenditure on managing-administering the charity			
	Family Support Worker Expenses		—	325.09
	Pamper packs		—	89.82
	Salaries and NI		—	3,663.47
	Travelling Expenses		—	104.38
	Total Expenditure on managing-administering the charity		—	*4,182.76*
	Total payments		—	**4,278.31**
	Excess of Incoming resources over Resources used		—	(4,278.31)
	Brought forward balance		—	4,278.31
General - General fund (Unrestricted) Fund				
	Transfers to/(from)		—	281.20
	Brought forward balance		—	(281.20)
NewCoord21 - New Co-ordinator 21 (Restricted) Fund				
	Transfers to/(from)		—	(4,092.91)
	Brought forward balance		—	4,092.91

Home-Start Sittingbourne & Sheppey

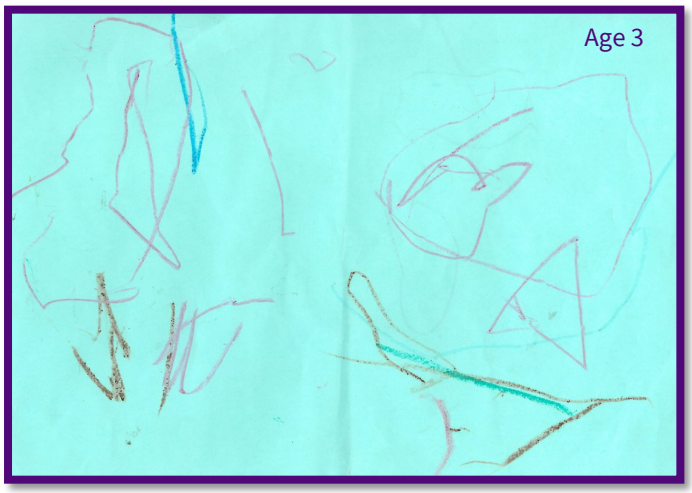
Balance Sheet detailed

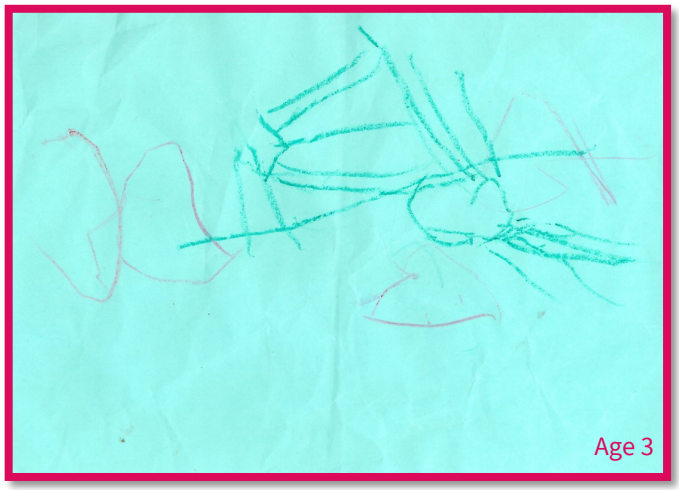
		As at 31/03/2024	As at 31/03/2023
Current assets			
	BANK: Bank Account	87,123.20	96,348.21
	BANK2: Investment Account	—	—
	BNK: Bank Account	—	—
	CASH: Cash in Hand	101.73	11.67
	Z05: Accounts Receivable	—	—
	Total Current assets	**87,224.93**	**96,359.88**
Liabilities			
	Z04: Accounts Payable	—	—
	Total Liabilities	**—**	**—**
	Net Asset surplus (deficit)	**87,224.93**	**96,359.88**
Reserves			
	Excess / (deficit) to date	(9,134.95)	57,308.99
	Z01: Starting balances	96,359.88	39,050.79
	Z03: Gains and losses own use	—	0.10
	Total Reserves	**87,224.93**	**96,359.88**

Represented by Funds

Unrestricted	—	—
Designated	68,483.31	80,134.18
Restricted	18,741.62	16,225.70
Endowment	—	—
Total	**87,224.93**	**96,359.88**

HOME START
Sittingbourne & Sheppey





First Floor, Central House, Central Avenue, Sittingbourne,
Kent, ME10 4NU
01795 429007
info@home-startsittingbourneandsheppey.org.uk
www.home-startsittingbourneandsheppey.org.uk
Find us on Facebook

ADMINISTRATORS

OFFICE HOURS

Monday—Thursday: 9.00am—1.00pm

Closed Fridays

If the office is closed we have a 24h answer machine

01795 429007

Company Number: 7952821 Registered Charity Number: 1146356

HOME-START SITTINGBOURNE & SHEPPEY

England & Wales - Charity number 1146356

Accounts

HOME START

Sittingbourne & Sheppey

ANNUAL REPORT 2022-23

Company Number: 7952821 Registered Charity Number: 1146356

Sittingbourne & Sheppey

First Floor, Central House, Central Avenue, Sittingbourne,

Kent ME10 4NU

Tel: 01795 429007

E-mail: info@home-startsittingbourneandsheppey.org.uk

Website: www.home-startsittingbourneandsheppey.org.uk

Company Number: 7952821

Registered Charity Number: 1146356

STAFF

Manager

Allison McColl

(30hrs)

Administrator

Out going Mandy Gambell Sept 2022

Incoming Kelly Phoenix March 2023

Family Support Worker

Wendy Tomlin

(15hrs)

BOARD OF TRUSTEES 2022/23

Chair

Christine White

Deputy Chair: Tracy Hodges

Treasurer

Out going Laura Jobson March 2023

Book keeper

Tina Bean

Independent

Sylvia New

Fran Sinclair-Taylor

VOLUNTEER MENTORS

Kerry **	Dilys *
Chris (resting)	Maureen
Debra	Jenny

*(*new this year/**left this year)*

What is Home-Start?

Home-Start is the UK's leading family support charity. Founded in 1973 in Leicester by Margaret Harrison. Now celebrating its 50th Year this year! it has grown to hundreds of local Home-Start schemes across the UK and with forces in Germany and Cyprus. Home-Start UK provides these schemes with training, policies, quality assurance, guidance and support.

Home-Start Sittingbourne & Sheppey began in 1994, and has grown to offer local families valuable volunteer support, and to offer a Twins Group, and to also help guide families in to support from other organisations such as local Children's Centres.

We are one of seven local Home-Start offices in Kent to go into homes in crisis to take the strain off families - often their only lifeline now service cuts have reduced other forms of family support. We help families cope so that they can provide the love and laughter their children need to flourish.

"With the help of a Home-Start volunteer, the impossible becomes possible."

The Founder of Home-Start

Margaret Harrison CBE, 1938-2015

Extract from Margaret Harrisons book:

" The families themselves were the inspiration and the motivation for the creation of Home-Start in the early 1970's, as were other volunteers during my own years of voluntary work. Parents were isolated, out of touch with relatives, not on speaking terms with neighbours, and who felt they had no close friend, indicated that, above all, they needed someone with time to be with them at home. They needed another parent who would understand their experience, would listen, care and have fun with them - someone to share and help in a practical down to earth way.

It has always been clear to me that Home-Start is about attitudes, values and standards rather than fixed method. Everything in Home-Start is secondary to the relationships established between volunteers and the families they support."

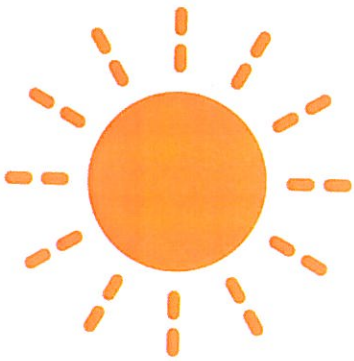
Financial Report

We were delighted to receive positive feedback from the year one report submitted to the National Lottery Community Funders by the Manager. Due to the success of year one we have been allocated funding for year 2.

We were successful in securing £16,000 from Kent Community Funds known Organisations funding stream. This was primarily for core costs and has helped bridge the deficit in the Lottery Funding.

We received £43,000 from Home-Start Thanet when they closed their doors for the last time in November 2021. We are very grateful for the donation but obviously devasted that another Home-Start has had to close. This money has been put into the core fund and will hopefully be used to attract match funding from future funders over the next two years. The Manager continues to seek out funding opportunities and write bids to ensure Home-Start Sittingbourne & Sheppey are financially secure moving forwards.

We are delighted to welcome on board Tina Bean our new Book Keeper who has a wealth of experience and a long working history with Home-Start. The Manager will work closely with Tina to effectively and efficiently utilize all funds.



Chairs Report

It has been another very busy year and again one of change for our charity. I would like to take this opportunity of thanking our long- standing Administrator Mandy Gambell who left us in August 2022 for pastures new after 24 years of outstanding service to Home-Start Sittingbourne and Sheppey. I was part of the original interview panel that selected Mandy and have really enjoyed working alongside her over these past years and I would like to wish her well for the future.

It has been another fantastic year in post for our Manager Allison McColl and we were so lucky to have her on board this past year, Allison has worked tirelessly for the families we help and support and has continued our lottery funded project along with all the many other tasks needed to run our charity. With the loss of our administrator Mandy, Allison also took on not only looking for a replacement but adding the tasks usually undertaken by her to ensure the smooth running of the office on top of everything else she does for the service!. I and all members of the board would like to give a huge thank you to Allison, I do not know where we would be without you.

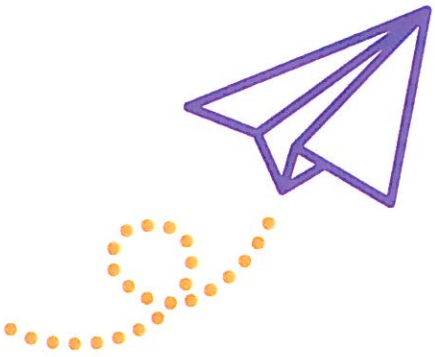
I must also take this opportunity to thank Wendy our Family Support Worker for her continued hard work and great commitment to Home-start Sittingbourne and Sheppey.

Well done to all!

Finally as I do in this report each year I cannot end without giving thanks to our committed and supportive Board of volunteer Trustees and also the many volunteers that help support and visit our families. We could not run the service without you all!

Christine White

Chairman



Manager's Report

I am always amazed by just how quickly time passes, but here we are again another year older and hopefully wiser as life at Home-Start Sittingbourne & Sheppey can and often will throw us the odd curve ball to keep us on our toes.

This year Home-Start UK are celebrating their 50th anniversary. Margaret Harrison the founder is sadly no longer with us but her legacy lives on in all the local Home-Starts around the country and overseas.

Home-Start does not require whistles and bells, its simplistic idea of parents supporting parents in the home is the key to its longevity. This is something I hope the funders continue to notice. The service is unique, and certainly in the Swale area is one of the very few if not the only free service for supporting families and we are committed to providing a service for some of the most vulnerable families in our community.

We have had a variety of families and their unique needs come and go this year benefiting from our service and we have the National lottery Community Fund, The Kent Community Foundation, The Cole trust and our local councilor Ann Hampshire to thank for our continued support with the

families.

We are aware that the financial crisis is making a huge impact on families physically and

emotionally and we are upskilling with Home-Start UK's new eLearning courses to provide advice and basic tools to help families manage these issues. We are also seeing an impact on the

recruitment of Volunteer Mentors and have seen a drop in take-up. Financially people need to take on more paid hours or in fact look for paid employment and can no longer commit to volunteering.

My own work with families at grass roots level remains at the heart of what I do, making a

difference to someone's life, seeing their faces light up when they open the door and sharing time with them is priceless.

Moving forwards, we will continue to recruit Volunteer mentors and seek additional funding both of which are becoming increasingly challenging aspects of the role but essential to the continuation of Home-Start Sittingbourne & Sheppey

Finally, I would like to thank my small but very dynamic team.

Wendy for all her dedication and commitment to the families and the Twins Group. I know they really

appreciate all you do.

As always where would we be without our dedicated volunteer mentors who offer their time and their parenting experiences with other parents.

Thank you!

Allison McColl

Manager

Family Journeys

Families are supported by our Volunteer Mentors, our Family Support Worker and the Manager. Here are some of their journeys.

The family have been receiving support from Home-Start Sittingbourne &

Sheppey for a number of months. Each visit is two hours weekly. Mum is a single parent with two children who both have additional needs, she herself has mental ill health and experiences panic attacks and has huge anxiety issues around leaving the family home.

Mum has been offered encouragement to look for the positives in her life and in her children's lives. We have discussed tools and strategies to cope with the

anxiety and the feelings of being overwhelmed by the daunting task of parenting two children with additional needs and medical conditions. Mum has been

planning her future goals with her support worker and has been the recipient of a Chromebook which as she states has 'opened doors for her'.

Mum has a shared interest with her support worker, and this has been useful in finding common ground and a connection. Sharing something can be useful to build confidence and to establish good lines of communication.

Mum appreciates the time and the empathy shown by her support worker and

enjoys the visits.

The family has been supported by Home-Start Sittingbourne & Sheppey since 2019. Mum is supported by a Volunteer Mentor. Mum is a single parent and has three children and two have additional needs.

Mum had support throughout the lockdowns of the pandemic with socially distanced doorstep visits by the paid staff. Once the restrictions were lifted the support could begin in the family home, which has been much more

beneficial to Mum.

Mum is supported weekly by her Volunteer Mentor who has lived

experience of the SEN (special educational needs) arena. The Volunteer Mentors strengths lie in sharing her knowledge of the education system and mum is grateful for this as she is better able to navigate the various systems with more confidence. The Volunteer Mentor is also able to engage with C2 who is still at home, she plays games and completes puzzles with the child who is now becoming more animated and engaged.

Family Journeys

The family have been supported by Home-start Sittingbourne & Sheppey since February this year. Mum struggles massively with anxiety, depression and OCD which were all hugely escalated by the traumatic birth of C2.
The family struggle with C1's behaviour and they are starting the process of obtaining a diagnosis for ASD.

The family were visited weekly but they went on holiday in May and mum stopped responding to messages. This was very unlike her and caused concerned so in June the FSW, Wendy, just popped round at her normal time to see how she was. Mum invited Wendy in but was not In a good way. She had contacted her GP to ask for help that morning and was waiting for the crisis team to call her back. Mum said things had started to go wrong during the family holiday and had continued to escalate since their return.

Wendy stayed with the family for an hour and a half and asked mum if it had helped that Wendy had gone round. She said that it had really helped as she did not feel so alone and said she would like to continue my weekly visits.

Mum is now in a much better place. She has had a new diagnosis, new medication, has seen her mental health nurse and is pleased to have my weekly visits where she can talk freely and express her feelings.

The young single parent family of three children has been supported by Home-Start Sittingbourne and Sheppey since January this year.

C1 & C2 are normally at school when visited but they have been around during visits in school holidays. They are lovely children who are always very polite and well mannered. Mum does have some issues with behaviour when no-one else Is there and C1 is sometimes bullied at school and does not want to go. Mum has tried speaking to the school about this but feels it is always a battle.

Mum suffers with anxiety and does not feel able to go shopping on her own so her friend normally takes her. She asked recently if I could go with her which of course I was happy to do.

Due to her anxiety, mum lacks confidence but with visits, she seems to be growing in confidence and is not afraid to ask for help. Mum asked for help with an application form that she was given by Early Help. Together we got the form completed and sent off.

The family did not have any electrical devices other than mums mobile phone so the family were offered and have received a chromebook on the Home-start Loan Scheme.

FEEDBACK FROM FAMILIES

" Home-Start is very helpful for me and the family"

"people are so friendly and understanding that it makes me feel at ease."

"having someone to talk too without judgement has been so important."

" Home-Start has really helped."

" My daughter gets very excited when she knows that Wendy has arrived."

" Home-Start is a reliable and understanding and Supportive"

Family Support Worker

Wendy has had another excellent year supporting 16 families with 47 children. We have the Lottery, Kent Community Foundation and the Cole Trust to thank for her continued work with parents and children.

Wendy has a great rapport with the families, she continues to offer her trademark craft packs for the children to complete during the visit or with mum following her visit. The craft packs are eagerly awaited and enjoyed. I am aware of this because when I review with families the children gather around my bag to see what I will produce.

Wendy offers her families a listening ear when they feel overwhelmed, Wendy will assist with appointments and outings to the local park.

Wendy has signed up to Home-Start UK's E-Learning courses to upskill and enable her to share this new knowledge with her families. The courses include finance, Healthy eating and Sleep advice.

Twins Group Co-ordinator

Wendy is now supported at the Twins Group by Dilys, one of our amazing volunteer mentors. Wendy has 9 sets of families and 8 sets of twins and 1 set of triplets that have attended the group.

The families are unique, and they are grateful for the opportunity to meet other parents with twins and multiple births. Sharing tips and strategies to navigate life with their children is vital and Wendy brings families together every fortnight to do just that.

Children are offered a craft activity and spend some time playing or chilling in the book corner. Mums and dads can take some time out to chat and relax as they are in a safe space where their children can explore and enjoy themselves.

Allison McColl

Manager

the cole charitable trust

Milton Court Children's Centre

Family Support Worker report

I am currently work with 8 families. We will be ending with one of the families as the child will be starting school in September. Some I have been working with for a long time so have built up a strong relationship with the family and one is very new so have only met a few times.

I generally meet with the families in their home on a weekly basis but I have one family who I have been meeting elsewhere due to the family/home situation. The families are all very different with their own individual needs and vary from a family with 1 child to a family with 5 children.

Each week I take a craft pack for the children which includes a sticker activity and a couple of coloring pages. For the summer holiday, I have put together a 'Summer Holiday Survival Pack' which includes various activities, games, coloring pages, child friendly recipes and mini chalkboards. These are all individual to the age and stage of all the children in the family, so no 2 packs are exactly the same.

I offer a non-judgmental, listening ear to the families and ideas, advice and guidance when needed. For example I have offered advice and ideas for; children with behaviour difficulties, sleep/eating issues, routines and potty training. This has always been well received and I have had lots of positive feedback from the families. A new family I am supporting are struggling with routines so I have helped with a 'Now' and 'Then' board. The mum was just given the sheets in an un-usable state with no explanation on what to do with them so I have photocopied the board part on brightly coloured card in the children's favorite colours and laminated it all, cut them out and attached Velcro so it is ready to use. The mum was very grateful and now feels confident in using the resource.

Some of my families are suffering with severe depression and mental health issues so having my support has been extremely helpful and vital. There have been occasions when I have offered extra visits to help them through difficult times.

Wendy Tomlin

Family Support Worker

Twins Group report

I run the twins group at Milton Court Children's Centre on Tuesday mornings, fortnightly. One of our Home-start volunteers also comes along to support me with running this group.

All the families are very friendly and welcoming when new families attend. They enjoy having this group to be able to chat and share ideas with each-other whilst knowing their children are in a safe space and can play and engage with other children.

We have a large room with a variety of toys and resources that we are able to use. I set up a few different activities such as construction with wooden blocks, train tracks or cars, puzzles and animals/dinosaurs. However the children are free to explore the room and play with other available toys and there is always a home corner, books, instruments, sensory toys and usually a sand tray.

We have a variety of ages, from tiny babies up to 4 year old children who will be starting school this September. A few of the families are very regular and always attend unless on holiday or poorly. Some of the other families come when they can get there i.e.; when they are not working or have access to the family car.

During the session I do a craft activity with the children which I prepare beforehand. These always have a theme and will include a sticking activity and some colouring sheets. I always include special occasions like Chinese New Year and we make cards for Mother's / Father's Day, Christmas, Easter etc. This is always very popular with the children and they love to take their artwork home.

We have arranged to meet up in a park one Tuesday in the summer holidays as we only have access to the children's centre during term time. I gave the mums a date that we could meet and let them choose which park they would like to go to so everyone is looking forward to this.

Wendy Tomlin

Family Support Worker

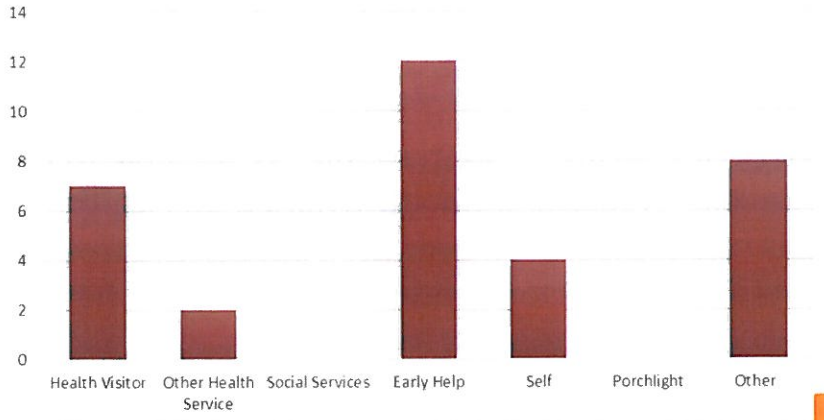
Statistics 2022-2023

Total number of families referred for the year - 33

Total number of families supported for the year - 29

(this figure includes families carried over from the previous year)

Referral Source



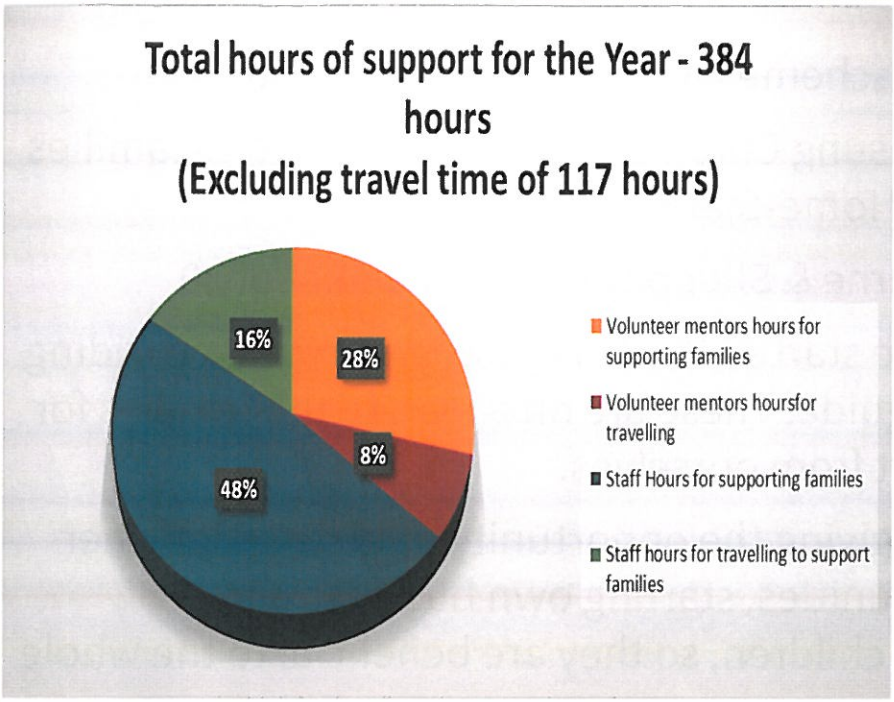
Family circumstances

Housing issues	0
Lone parent	5
Domestic abuse	3
Adult with disability	5
Child with disability	6
Adult mental health	21

Total number of children supported throughout the year: 130

Under 5 (female)	43
Over 5 (female)	24
Under 5 (male)	33
Over 5 (male)	30

Needs identified by family at initial visit **Level of coping that day (numbers to the right)** **0 = not coping very well 5 = coping very well**	**1**	**2**	**3**	**4**	**5**
Managing child(ren)'s behaviour	1	1	12	1	1
Being involved with the child(ren)'s development/learning		1	10	6	1
Coping with physical health		2	4	3	2
Coping with mental health		7	19	1	1
Coping with being isolated		7	20	2	1
Parent's self-esteem		6	24	1	1
Coping with child(ren)'s physical health		1	9	1	1
Coping with child(ren)'s mental health		1	7		1
Managing the household budget		1	6	1	1
The day-to-day running of the home	2	1	3		2
Stress caused by conflict in the family		2	9	1	1
Coping with multiple birth/children under 5	1	1	8	2	3
Use of services			11	1	3
Other			2		2



Length of support of families that ended this year:

Under 6 months	10
6-12 months	6
1 year to 2 years	10
2 years to 3 years	3
Over 3 years	0

All of our families are supported weekly by the Manager, Family Support Worker, and volunteer mentors (except those who only attend our Twins Group). The Manager also visits each family for reviews, and scoring sheets are kept as to how the progress of the support is going. We had 29 families end support this year for a variety of reasons - youngest child starts school, family moves away from area, or the family feel that things are better and they can 'move on' with no further support, etc. Each family receives an 'ending' visit by the Manager, where a final scoring sheet is completed as to whether those family's needs were met during the period of support.

" The support has been amazing!, people are so friendly and understanding it makes me feel at ease " - *a family supported by a volunteer mentor*

Needs identified	Achieved	Partly achieved	Not achieved
Managing child(ren)'s behaviour	1	6	2
Being involved in the child(ren)'s development	6	5	2
Coping with physical health	1	4	1
Coping with mental health	5	8	3
Coping with feeling isolated	5	12	3
Parent's self-esteem	4	12	4
Coping wth child(ren)'s physical health	1	5	1
Coping with child(ren)'s mental health		4	1
Managing the household budget	2	3	
The day-to-day running of the home	1	3	2
Stress caused by conflict in the family	4	4	1
Coping with multiple birth/children under 5	10	2	1
Use of services	1	1	

Chromebook Loan Scheme

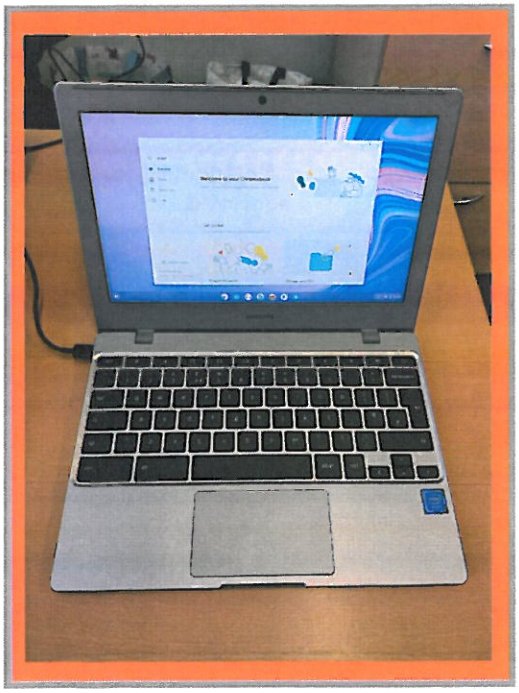
The chromebook loan scheme with Home-Start UK and BT.

BT supplied 2,500 Samsung Chromebooks to be loaned to families that are supported by Home-Starts across the UK.

Home-Start Sittingbourne & Sheppey received a total of 20 chromebooks and have started to loan these to families, providing a user-friendly set up guide. These are on a loan to the families for the duration of support from ourselves.

The chromebooks are giving the opportunity of access to further education, Job opportunities, starting own business and educational access for children, so they are beneficial to the whole family.

Most families have had previous access to the internet via mobile phone or tablet devices, or local library services but having this device enables them to access the internet and the wider world a little easier.



Quote from family

"You don't know what this means to me. It's opened up so many doors!"

We would like to take this opportunity to thank the following who funded us and gave donations throughout the year...

The Vanquis Social Impact Fund
(Kent and Medway)

Swale Borough Council (Member's grant)
(£200 for Books and Craft materials)

Kent Community Foundation
(£16,000 funding, below)

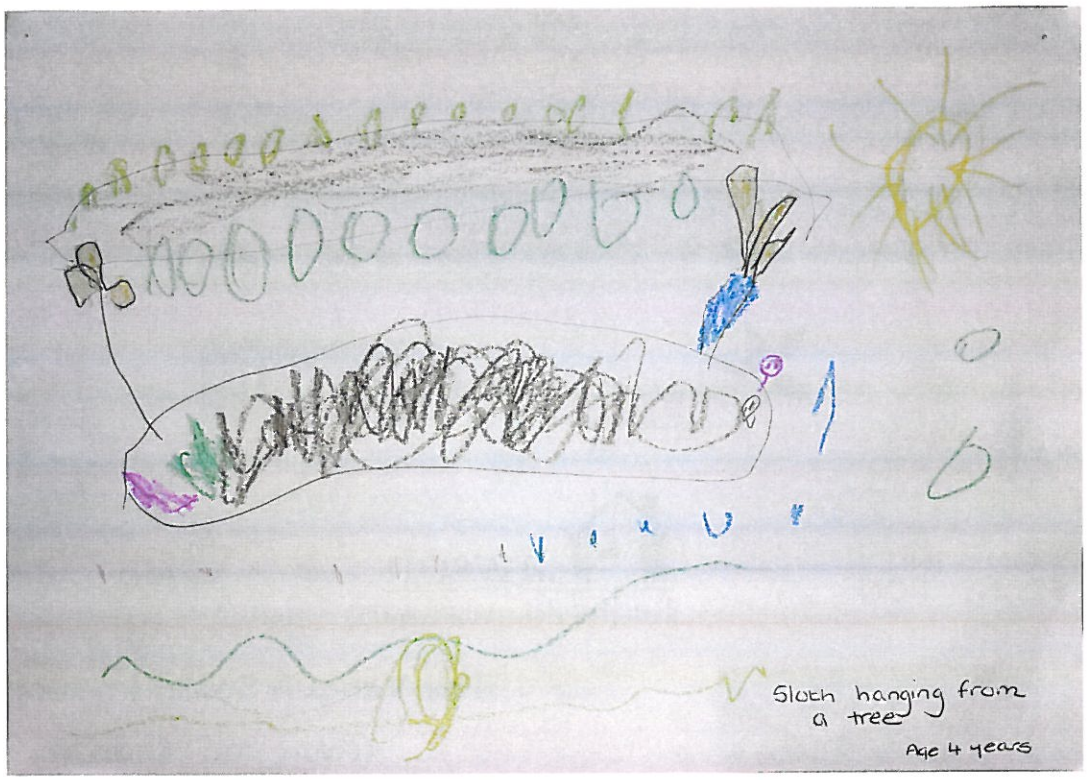
Lawson Endowment for Kent
(£5,000 to fund core work)
The Vanquis Social Impact Fund
(£5,000 to fund core work)
Child ,Young People and Young Families
(£6,000 to fund core work)

The Cole Charitable Trust
(£1,000 to fund Twins group)

The Lottery Community Fund
(£133.986 to fund core work)

And....

Thanet Home-Start
(£43,726.68 Following their closure)
HCRG Care Group
(toys at Christmas)
Wards Estate Agents, Sittingbourne
(Toys at Christmas)



HOME START
Sittingbourne & Sheppey

First Floor, Central House, Central Avenue, Sittingbourne,
Kent ME10 4NU
01795 429007
info@home-startsittingbourneandsheppey.org.uk
www.home-startsittingbourneandsheppey.org.uk
Find us on Facebook

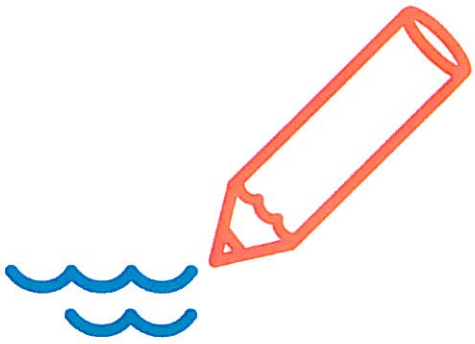
ADMINISTRATORS OFFICE HOURS
Mon to Thurs - 9.00am to 1pm
Closed Fridays
If the office is closed we have a 24hr answer machine
01795 429007

Company Number: 7952821 Registered Charity Number: 1146356

HOME START

Sittingbourne & Sheppey

FINANCIAL STATEMENTS YEAR ENDED 31ST MARCH 2023



Registered Charity Number: 1146356
Company Number: 7952821

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees	Home-Start UK Sittingbourne and Sheppey		
On accounts for the year ended	31 March 2023	**Charity no (if any)**	1152821
Set out on pages			

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	J Carter	**Date:**	11/07/2023
Name:	Jenny Carter		
Relevant professional qualification(s) or body (if any):			
Address:	3 Dental Close Sittingbourne Kent ME10 1DT		

Section B	Disclosure
	Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).
Give here brief details of any items that the examiner wishes to disclose.	

TRUSTEES' RESPONSIBILITIES

Under the Charities Act 1993, the Trustees are required to prepare a statement of accounts for each financial year of the incoming resources and application of resources in the year. In preparing the statement, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the statement accounts;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its operations

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity at that time to enable the Trustees to ensure that any statement of account prepared by them complies with the regulations under Section 42 (1) of the Charities Act 1993. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees:

(date) 31-7-2023

and signed on their behalf by the Chair:

(signed) C A White (date) 31/7/2023

Home-Start Sittingbourne & Sheppey

Statement of Financial Activities - summary

For the period from 01 April 2022 to 31 March 2023

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
Total income	**63,937.68**	**42,548.99**	**—**	**106,486.67**	**41,859.55**
Total expenditure	**11,763.39**	**37,414.29**	**—**	**49,177.68**	**51,577.13**
Net income / (expenditure) resources before transfer	**52,174.29**	**5,134.70**	**—**	**57,308.99**	**(9,717.58)**
Gross transfers between funds - in	50,815.90	109.09	—	50,924.99	12,275.60
Gross transfers between funds - out	(42,380.86)	(8,544.13)	—	(50,924.99)	(12,275.60)
Gains on revaluation, fixed assets, charity's own use	0.10	—	—	0.10	—
Net movement in funds	**60,609.43**	**(3,300.34)**	**—**	**57,309.09**	**(9,717.58)**
Total funds brought forward	**19,524.75**	**19,526.04**	**—**	**39,050.79**	**48,768.37**
Total funds carried forward	**80,134.18**	**16,225.70**	**—**	**96,359.88**	**39,050.79**
Unrestricted					
General fund	—	—	—	—	(281.20)
Designated					
KCF (Core Costs)	12,404.21	—	—	12,404.21	—
Core Account	43,246.30	—	—	43,246.30	—
DBS checks	—	—	—	—	106.34
Reserve Fund	21,652.91	—	—	21,652.91	15,429.60
Sarah's Fund	281.75	—	—	281.75	746.38
Twins Group	2,549.01	—	—	2,549.01	3,523.63
Restricted					
CommunityFund-Building Stronger Families	—	15,513.70	—	15,513.70	—
Fam Supp Worker Kent Community Foundation	—	—	—	—	4,278.31
HSUK DCMS Volunteering	—	712.00	—	712.00	1,000.00
HSUK Pears R&R Fund	—	—	—	—	2,658.52
KCC Meaningful Connections	—	—	—	—	7,496.30
New Co-ordinator 21	—	—	—	—	4,092.91

Home-Start Sittingbourne & Sheppey
Receipts and payments
Selected period: 01 April 2022 to 31 March 2023

Note		From To	01 April 2022 31 March 2023	01 April 2021 31 March 2022
CFBSF - CommunityFund-Building Stronger Families (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	CommunityFund-Building Sronger Families		21,244.50	—
	Core Income		21,244.50	—
	Total Activities in furtherance of the charity's objects		*42,489.00*	—
	Total receipts		**42,489.00**	—
	Payments			
	Activities in furtherance of the charity's objects			
	Manager/Co-ordinator Expense		713.59	—
	Employer's NI		1,612.30	—
	Membership Levy		550.00	—
	Total Activities in furtherance of the charity's objects		*2,875.89*	—
	Expenditure on managing-administering the charity			
	AGM costs		118.14	—
	Bookkeeping		181.75	—
	Equipment		59.99	—
	Family Support Worker Expenses		73.75	—
	Office General Exps		40.00	—
	Insurance		596.08	—
	Photocopier		399.76	—
	Postage		46.53	—
	Rent		1,660.00	—
	Repairs & renewals		64.99	—
	Salaries and NI		19,360.57	—
	Stat and Publication		242.78	—
	Telephone/Mobile/Internet		757.08	—
	Travelling Expenses		210.36	—
	Volunteer Expenses		287.63	—
	Total Expenditure on managing-administering the charity		*24,099.41*	—
	Total payments		**26,975.30**	—
	Excess of Incoming resources over Resources used		15,513.70	—
	Total carried forward balance		**15,513.70**	—

Note		From To	01 April 2022 31 March 2023	01 April 2021 31 March 2022
HSUKDCMS - HSUK DCMS Volunteering (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	HSUK DCMS Volunteering		59.99	1,000.00
	Total Activities in furtherance of the charity's objects		*59.99*	*1,000.00*
	Total receipts		**59.99**	**1,000.00**
	Payments			
	Activities in furtherance of the charity's objects			
	Publicity		59.99	—
	Total Activities in furtherance of the charity's objects		*59.99*	—
	Expenditure on managing-administering the charity			
	Stat and Publication		288.00	—
	Total Expenditure on managing-administering the charity		*288.00*	—
	Total payments		**347.99**	—
	Excess of Incoming resources over Resources used		(288.00)	1,000.00
	Brought forward balance		1,000.00	—
	Total carried forward balance		**712.00**	**1,000.00**
kcfcont - KCF (Core Costs) (Designated) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	Core Income		10,000.00	—
	KCF Grant Income		6,000.00	—
	Total Activities in furtherance of the charity's objects		*16,000.00*	—
	Total receipts		**16,000.00**	—
	Payments			
	Activities in furtherance of the charity's objects			
	Employer's NI		218.33	—
	Total Activities in furtherance of the charity's objects		*218.33*	—
	Expenditure on managing-administering the charity			
	Equipment		699.00	—
	Insurance		95.00	—
	Photocopier		75.85	—
	Rent		500.00	—
	Repairs & renewals		35.00	—
	Salaries and NI		1,774.27	—
	Telephone/Mobile/Internet		198.34	—
	Total Expenditure on managing-administering the charity		*3,377.46*	—
	Total payments		**3,595.79**	—
	Excess of Incoming resources over Resources used		12,404.21	—
	Total carried forward balance		**12,404.21**	—

Note		From To	01 April 2022 31 March 2023	01 April 2021 31 March 2022
Core - Core Account (Designated) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	Core Income		—	594.71
	Total Activities in furtherance of the charity's objects		—	*594.71*
Total receipts			**—**	**594.71**
Payments				
Activities in furtherance of the charity's objects				
	Membership Levy		—	70.12
	Total Activities in furtherance of the charity's objects		—	*70.12*
Expenditure on managing-administering the charity				
	AGM costs		—	148.24
	Equipment		—	544.74
	Insurance		—	195.00
	Rent		—	1,054.76
	Repairs & renewals		—	637.60
	Sundries		—	10.99
	Telephone/Mobile/Internet		—	185.26
	Total Expenditure on managing-administering the charity		—	*2,776.59*
Total payments			**—**	**2,846.71**
	Excess of Incoming resources over Resources used		—	(2,252.00)
	Brought forward balance		—	2,252.00
	Transfers to/(from)		43,246.30	—
Total carried forward balance			**43,246.30**	**—**
Twinsgroup - Twins Group (Designated) Fund				
Receipts				
Activities for generating funds				
	Twins Income		1,000.00	500.00
	Total Activities for generating funds		*1,000.00*	*500.00*
Total receipts			**1,000.00**	**500.00**
Payments				
Activities in furtherance of the charity's objects				
	Craft Materials		4.68	—
	Manager/Co-ordinator Expense		3.99	—
	Employer's NI		86.80	—
	Membership Levy		—	10.00
	Total Activities in furtherance of the charity's objects		*95.47*	*10.00*
Expenditure on managing-administering the charity				
	Family Support Worker Expenses		16.20	105.22
	Insurance		—	156.93
	Pamper packs		—	6.75
	Refreshments		—	6.47
	Salaries and NI		1,822.13	2,485.62
	Sundries		—	8.65
	Telephone/Mobile/Internet		40.82	—
	Toys		—	10.00
	Total Expenditure on managing-administering the charity		*1,879.15*	*2,779.64*

Note		From To	01 April 2022 31 March 2023	01 April 2021 31 March 2022
	Total payments		**1,974.62**	**2,789.64**
	Excess of Incoming resources over Resources used		(974.62)	(2,289.64)
	Brought forward balance		3,523.63	5,422.40
	Transfers to/(from)		—	390.87
	Total carried forward balance		**2,549.01**	**3,523.63**
	Sarahsfund - Sarah's Fund (Designated) Fund			
	Receipts			
	Other incoming resources			
	FundraisingDonations		200.00	366.00
	Total Other incoming resources		*200.00*	*366.00*
	Total receipts		**200.00**	**366.00**
	Payments			
	Activities in furtherance of the charity's objects			
	Craft Materials		171.05	—
	Total Activities in furtherance of the charity's objects		*171.05*	—
	Expenditure on managing-administering the charity			
	Food Vouchers or food gifts or plants		300.00	—
	Office Furniture		178.17	—
	Pamper packs		0.32	—
	Sundries		15.09	—
	Total Expenditure on managing-administering the charity		*493.58*	—
	Total payments		**664.63**	**—**
	Excess of Incoming resources over Resources used		(464.63)	366.00
	Brought forward balance		746.38	380.38
	Total carried forward balance		**281.75**	**746.38**
	Reserve - Reserve Fund (Designated) Fund			
	Payments			
	Expenditure on managing-administering the charity			
	Salaries and NI		337.00	—
	Stat and Publication		337.00	—
	Total Expenditure on managing-administering the charity		*674.00*	—
	Total payments		**674.00**	**—**
	Excess of Incoming resources over Resources used		(674.00)	—
	Brought forward balance		15,429.60	17,790.42
	Transfers to/(from)		6,897.21	(2,360.82)
	Adjustments		0.10	—
	Total carried forward balance		**21,652.91**	**15,429.60**

Note		From To	01 April 2022 31 March 2023	01 April 2021 31 March 2022
DBS - DBS checks (Designated) Fund				
Receipts				
Other incoming resources				
	DBS income		3,011.00	4,321.50
	Total Other incoming resources		*3,011.00*	*4,321.50*
Total receipts			**3,011.00**	**4,321.50**
Payments				
Activities in furtherance of the charity's objects				
	Employer's NI		58.10	—
	Membership Levy		109.09	11.00
	Total Activities in furtherance of the charity's objects		*167.19*	*11.00*
Support costs				
	DBS Payments		1,804.00	2,406.00
	Total Support costs		*1,804.00*	*2,406.00*
Expenditure on managing-administering the charity				
	Photocopier		—	5.66
	Postage		—	63.29
	Salaries and NI		940.66	2,305.44
	Telephone/Mobile/Internet		—	133.56
	Total Expenditure on managing-administering the charity		*940.66*	*2,507.95*
Total payments			**2,911.85**	**4,924.95**
	Excess of Incoming resources over Resources used		99.15	(603.45)
	Brought forward balance		106.34	709.79
	Transfers to/(from)		(205.49)	—
Total carried forward balance			**—**	**106.34**
THS - Thanet Home-Start closure donation (Designated) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	Core Income		43,726.68	—
	Total Activities in furtherance of the charity's objects		*43,726.68*	*—*
Total receipts			**43,726.68**	**—**
Payments				
Activities in furtherance of the charity's objects				
	Employer's NI		1,942.50	—
	Total Activities in furtherance of the charity's objects		*1,942.50*	*—*
Total payments			**1,942.50**	**—**
	Excess of Incoming resources over Resources used		41,784.18	—
	Transfers to/(from)		(41,784.18)	—

Note		From To	01 April 2022 31 March 2023	01 April 2021 31 March 2022
KCCMC - KCC Meaningful Connections (Restricted) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	KCC Meaningful Connections		—	8,000.00
	Total Activities in furtherance of the charity's objects		—	*8,000.00*
Total receipts			**—**	**8,000.00**
Payments				
Activities in furtherance of the charity's objects				
	Manager/Co-ordinator Expense		295.95	—
	Employer's NI		200.22	—
	Total Activities in furtherance of the charity's objects		*496.17*	—
Expenditure on managing-administering the charity				
	Family Support Worker Expenses		234.20	—
	Insurance		250.00	—
	Photocopier		207.84	—
	Postage		62.68	—
	Rent		720.00	—
	Room Hire		17.50	—
	Salaries and NI		2,121.27	487.70
	Stat and Publication		30.86	16.00
	Telephone/Mobile/Internet		141.86	—
	Volunteer Expenses		128.42	—
	Total Expenditure on managing-administering the charity		*3,914.63*	*503.70*
Total payments			**4,410.80**	**503.70**
	Excess of Incoming resources over Resources used		(4,410.80)	7,496.30
	Brought forward balance		7,496.30	—
	Transfers to/(from)		(3,085.50)	—
Total carried forward balance			**—**	**7,496.30**
HSUKPRR - HSUK Pears R&R Fund (Restricted) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	HSUK Pears R&R Fund		—	3,860.00
	Total Activities in furtherance of the charity's objects		—	*3,860.00*
Total receipts			**—**	**3,860.00**
Payments				
Activities in furtherance of the charity's objects				
	Manager/Co-ordinator Expense		89.62	72.50
	Employer's NI		102.92	—
	Total Activities in furtherance of the charity's objects		*192.54*	*72.50*
Expenditure on managing-administering the charity				
	Salaries and NI		943.76	1,128.98
	Telephone/Mobile/Internet		166.52	—
	Volunteer Expenses		99.07	—
	Total Expenditure on managing-administering the charity		*1,209.35*	*1,128.98*
Total payments			**1,401.89**	**1,201.48**

Note		From To	01 April 2022 31 March 2023	01 April 2021 31 March 2022
	Excess of Incoming resources over Resources used		(1,401.89)	2,658.52
	Brought forward balance		2,658.52	—
	Transfers to/(from)		(1,256.63)	—
	Total carried forward balance		—	**2,658.52**

FSWKCF - Fam Supp Worker Kent Community Foundation (Restricted) Fund

Receipts			
	Activities in furtherance of the charity's objects		
	Fam Supp Worker Kent Community Foundatio	—	5,000.00
	Total Activities in furtherance of the charity's objects	—	*5,000.00*
Total receipts		—	**5,000.00**
Payments			
	Activities in furtherance of the charity's objects		
	Manager/Co-ordinator Expense	45.55	—
	Membership Levy	50.00	—
	Total Activities in furtherance of the charity's objects	*95.55*	—
	Expenditure on managing-administering the charity		
	Family Support Worker Expenses	325.09	—
	Pamper packs	89.82	—
	Salaries and NI	3,663.47	721.69
	Travelling Expenses	104.38	—
	Total Expenditure on managing-administering the charity	*4,182.76*	*721.69*
Total payments		**4,278.31**	**721.69**
	Excess of Incoming resources over Resources used	(4,278.31)	4,278.31
	Brought forward balance	4,278.31	—
Total carried forward balance		—	**4,278.31**

General - General fund (Unrestricted) Fund

	Brought forward balance	(281.20)	(281.20)
	Transfers to/(from)	281.20	—
Total carried forward balance		—	**(281.20)**

FSWFF - Fam Supp Worker Foyle Foundation (Restricted) Fund

Payments			
	Activities in furtherance of the charity's objects		
	Membership Levy	—	89.18
	Total Activities in furtherance of the charity's objects	—	*89.18*
	Expenditure on managing-administering the charity		
	Family Support Worker Expenses	—	92.95
	Salaries and NI	—	4,317.87
	Total Expenditure on managing-administering the charity	—	*4,410.82*
Total payments		—	**4,500.00**
	Excess of Incoming resources over Resources used	—	(4,500.00)

Note		From To	01 April 2022 31 March 2023	01 April 2021 31 March 2022
	Brought forward balance		—	4,500.00
FSWCRF - Fam Supp Worker Comic Relief grant (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	Fam Supp Worker Comic Relief grant		—	2,000.00
	Total Activities in furtherance of the charity's objects		—	*2,000.00*
	Total receipts		—	**2,000.00**
	Payments			
	Activities in furtherance of the charity's objects			
	Craft Materials		—	5.63
	Membership Levy		—	60.82
	Total Activities in furtherance of the charity's objects		—	*66.45*
	Expenditure on managing-administering the charity			
	Family Support Worker Expenses		—	600.78
	Salaries and NI		—	2,730.92
	Total Expenditure on managing-administering the charity		—	*3,331.70*
	Total payments		—	**3,398.15**
	Excess of Incoming resources over Resources used		—	(1,398.15)
	Brought forward balance		—	1,398.15
HSUKPFG - HSUK Pears Foundation Grant (Restricted) Fund				
	Brought forward balance		—	3,284.50
	Transfers to/(from)		—	(3,284.50)
NewCoord21 - New Co-ordinator 21 (Restricted) Fund				
	Payments			
	Activities in furtherance of the charity's objects			
	Manager/Co-ordinator Expense		—	96.70
	Membership Levy		—	131.00
	Training		—	15.00
	Total Activities in furtherance of the charity's objects		—	*242.70*
	Expenditure on managing-administering the charity			
	Equipment		—	114.00
	Repairs & renewals		—	85.97
	Salaries and NI		—	8,612.32
	Telephone/Mobile/Internet		—	(147.90)
	Total Expenditure on managing-administering the charity		—	*8,664.39*
	Total payments		—	**8,907.09**
	Excess of Incoming resources over Resources used		—	(8,907.09)
	Brought forward balance		4,092.91	7,500.00
	Transfers to/(from)		(4,092.91)	5,500.00
	Total carried forward balance		—	**4,092.91**

Note		From To	01 April 2022 31 March 2023	01 April 2021 31 March 2022
PCLT - Parent & Child Learning Together (Restricted) Fund				
Receipts				
	Activities in furtherance of the charity's objects			
	Parent & Child Learning Together		—	16,000.00
	Total Activities in furtherance of the charity's objects		—	*16,000.00*
	Other incoming resources			
	Pension		—	53.79
	Total Other incoming resources		—	*53.79*
Total receipts			—	**16,053.79**
Payments				
	Activities in furtherance of the charity's objects			
	Manager/Co-ordinator Expense		—	1,086.37
	Membership Levy		—	306.00
	Total Activities in furtherance of the charity's objects		—	*1,392.37*
	Expenditure on managing-administering the charity			
	Family Support Worker Expenses		—	20.98
	Office General Exps		—	13.00
	Insurance		—	541.44
	Pension		—	53.79
	Photocopier		—	595.62
	Postage		—	113.50
	Rent		—	1,425.24
	Room Hire		—	110.00
	Repairs & renewals		—	113.31
	Salaries and NI		—	14,784.96
	Stat and Publication		—	98.80
	Sundries		—	16.40
	Telephone/Mobile/Internet		—	1,025.17
	Vols Training & Conf		—	127.41
	Volunteer Expenses		—	155.83
	Total Expenditure on managing-administering the charity		—	*19,195.45*
Total payments			—	**20,587.82**
	Excess of Incoming resources over Resources used		—	(4,534.03)
	Brought forward balance		—	4,534.03

Note		From To	01 April 2022 31 March 2023	01 April 2021 31 March 2022
TTF - Tampon Tax Fund (Restricted) Fund				
	Brought forward balance		—	245.55
	Transfers to/(from)		—	(245.55)
CVD19 - Covid19 (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	Covid-19		—	163.55
	Total Activities in furtherance of the charity's objects		—	*163.55*
	Total receipts		—	**163.55**
	Payments			
	Activities in furtherance of the charity's objects			
	Craft Materials		—	190.01
	Membership Levy		—	165.00
	Total Activities in furtherance of the charity's objects		—	*355.01*
	Expenditure on managing-administering the charity			
	Equipment		—	29.99
	Family Support Worker Expenses		—	65.63
	Food Vouchers or food gifts or plants		—	58.72
	Pamper packs		—	152.80
	Salaries and NI		—	208.00
	Toys		—	325.75
	Total Expenditure on managing-administering the charity		—	*840.89*
	Total payments		—	**1,195.90**
	Excess of Incoming resources over Resources used		—	(1,032.35)
	Brought forward balance		—	1,032.35

HOME START

Sittingbourne & Sheppey

First Floor, Central House, Central Avenue, Sittingbourne,
Kent ME10 4NU
01795 429007
linfo@home-startsittingbourneandsheppey.org.uk
www.home-startsittingbourneandsheppey.org.uk
Find us on Facebook

Company Number: 7952821 Registered Charity Number: 1146356

HOME-START SITTINGBOURNE & SHEPPEY

England & Wales - Charity number 1146356

Accounts

HOME START

Sittingbourne & Sheppey

ANNUAL REPORT 2022-23

Company Number: 7952821 Registered Charity Number: 1146356

Sittingbourne & Sheppey

First Floor, Central House, Central Avenue, Sittingbourne,
Kent ME10 4NU

Tel: 01795 429007
E-mail: home-startsitt@btconnect.com
Website: www.home-startsittingbourneandsheppey.org.uk

Company Number: 7952821
Registered Charity Number: 1146356

STAFF

Co-ordinator
Laura Jobson
(20hrs - retired end of June)

Manager
Allison McColl
(started employment May - 24hrs rising to 30hrs in October)

Administrator/Bookkeeper/DBS Lead Signatory
Mandy Gambell
(20hrs)

Family Support Worker
Wendy Tomlin
(12hrs)

BOARD OF TRUSTEES 2021/22

Chair
Christine White

Treasurer
Laura Jobson

Independent
Kerry Spurling
Sylvia New
Tracy Hodges
Elaine St Ledger (left February)
Fran Sinclair-Taylor

VOLUNTEER MENTORS

Anna*/**
Chris
Debra
Jenny*
Kerry
Maureen
Natalie**
Nicki

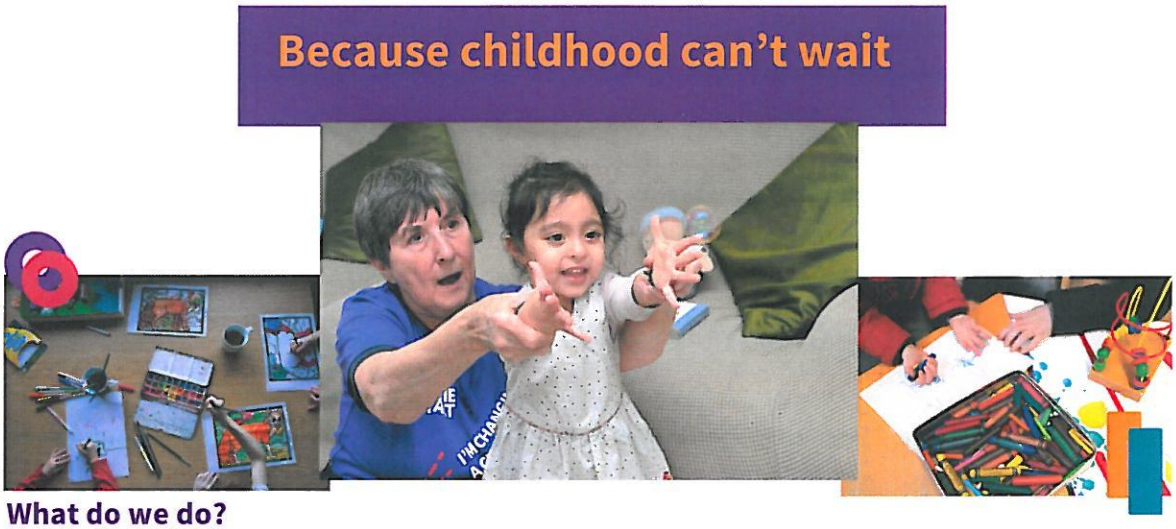
*(*new this year/**left this year)*

What is Home-Start?

Home-Start is the UK's leading family support charity. Founded in 1973 in Leicester by Margaret Harrison, it has grown to hundreds of local Home-Start schemes across the UK and with forces in Germany and Cyprus. Home-Start UK provides these schemes training, policies, quality assurance, guidance and support.

Home-Start Sittingbourne & Sheppey began in 1994, and has grown to offer local families valuable volunteer support, and to offer a Twins Group, and to also help guide families in to support from other organisations such as local Children's Centres.

We are one of eight local Home-Start offices in Kent to go into homes in crisis to take the strain off families - often their only lifeline now service cuts have reduced other forms of family support. We help families cope so that they can provide the love and laughter their children need to flourish.



What do we do?

Parents supporting parents - local, trained volunteer mentors helping families with young children through their challenging times.

Why do we do it?

The earliest years make the biggest impact: Home-Start makes those years count so that no child's future is limited.

How do we do it?

No judgement, just compassionate, confidential help and expert support. Starting in the home, our approach is as individual as the people we are helping.

The issue

Families are facing a cost of living crisis like never before, with many who were just about managing now pushed into poverty. And there continues to be significant need for early years support as families are still reeling from the impact of the Covid-19 pandemic.

Across the UK, during the pandemic, so much has been placed on hold, but child development is not something that can wait. We have observed parental burnout and isolation, pressure on parental and child mental health, and the very real effects of poverty on families.

A child's earliest years are irreplaceable. Without a stable, loving and nurturing environment, a very young child will not develop the vital foundations they need. They will not develop the skills that help with everything from their behaviour, their ability to learn, their confidence or even some of the most basic things, like being able to go to the toilet. Once the chance is missed, making up lost ground in later life is difficult, expensive and often just doesn't happen.

Local authorities are so overstretched and funding is sparse in Swale. A child's future shouldn't be blighted before it's even started.

Chair's Report

It has been an extremely busy year and also one of great change for our charity. I would like to take this opportunity of thanking our long standing Co-Ordinator, Laura Jobson, who retired during the year after 27 years of outstanding service to Home-Start Sittingbourne and Sheppey. I was part of the original interview panel that selected Laura and have really enjoyed working alongside her over these past years and I would like to wish her well for the future. Laura is still around as she is now our volunteer Treasurer and a member of our board of trustees.

I am absolutely delighted to report that we were incredibly lucky to find an excellent new Manager, Allison McColl, who started with us in May 2021. Allison is not new to the charity as she was a member of staff in the past which has been a huge bonus and Allison has seamlessly settled into her new role having previous knowledge and experience with us. I have really enjoyed reacquainting with Allison and our first year working together.

Whilst talking of staff I must also mention Mandy Gambell our Administrator, Bookkeeper and DBS Lead Signatory who has been with us for 24 years, and our Family Support Worker, Wendy Tomlin, for their continued hard work, support and commitment to the charity. It really is a great team. Well done to all!

More good news following two difficult years of the Covid 19 pandemic where we were constrained and only able to offer virtual support or a chat at the garden gate; we are now back to offering face-to-face support to our families as well as opening up our clubs. Families have said how good it is to get back to normal and access the support available which is needed perhaps now more than ever.

It has also been a year of funding bids and applications to a variety of funders to ensure our services continue and these have been put together jointly by Allison and Laura in her capacity of Treasurer. I am again very pleased to report we have been successful with a National Lottery Community Fund bid that gives us funding for three years. The funding enables us to support young families still facing social isolation, an absolutely great result and congratulation to staff and volunteers for their hard work in putting the application together.

Finally as I do in this report each year I cannot end without giving thanks to our committed and supportive Board of volunteer Trustees and also the many volunteers that help support and visit our families. We could not run the service without you all!

Christine White
Chair

Treasurer's Report

When I took on the role of Treasurer in June Home-Start Sittingbourne and Sheppey had sufficient funds for 1 year and reserves to cover redundancy and 2/3 months closure costs. It is a situation Home-Start has faced for many years. Home-Start UK had given us a grant at the end of last year to have a review of our accounting systems and to get support and guidance for future funding bids.

The new Manager and I have worked together on grant applications during this year including completing stage 2 for the National Lottery Community Fund; and Children In Need, Comic Relief and Home-Start/Pears grant applications for new projects.

Although we have not been successful with all of our applications we are delighted that the National Lottery Community Fund agreed in March to fund a grant for 3 years which will cover at least 60% of Home-Start running costs.

There is a full list of funds received for the year and information on each grant with the annual accounts.

The Manager and I have continued to apply for grants throughout the year to maintain support for local vulnerable families and to offer additional services specifically for young families who are still struggling to overcome anxiety, isolation and loneliness due to the impact of Covid 19.

The Bookkeeper provides a detailed report of expenditure and income received for every Trustee meeting which ensures that all decisions can be made with a full understanding of the financial impact for Home-Start.

Laura Jobson
Treasurer

Manager's Report

What an amazing year!!
I was absolutely thrilled to return to Home-Start Sittingbourne & Sheppey in May 2021 as the Manager.

Having spent 15 years as a Co-ordinator it was with great sadness that I had to take redundancy in 2016. But all good things come with patience and I am now delighted to be taking Home-Start Sittingbourne & Sheppey forward.

The last 2 ½ years have been a very challenging time for everyone: families, volunteer mentors and staff. The pandemic has changed our lives in so many ways. I have nothing but praise for Laura, Mandy and Wendy for providing families with a weekly doorstep visit, activities and a ready smile which I am sure was so needed in those long dark days of lockdown.

We are now beginning to turn a corner and our amazing volunteer mentors are starting to encourage families to begin that (sometimes scary) journey back into the community which has been difficult for some. So, a huge thank you to all our volunteer mentors.

For me this year has been about evaluation, revamping and looking for innovative ways to improve on our service, to get our name back in the minds and on the lips of the movers and shakers in Swale; to add value to our service and find better ways of working with families and professionals.

Funding is always a thorny subject and just like a beautiful garden it takes time, effort, patience and love to produce the results we want but with the right determination and passion we will do it!!

We have 3 projects in their infancy but I would like to mention them here briefly as they are important pieces of work for us moving forwards:

- KCC gave us a grant of £10,000 from their Covid 19 Grant Fund. I named this project 'Meaningful Connections', its purpose, to deliver interventions and initiatives linked to the prevention and containment of covid 19 outbreaks.
- Home-Start UK/Pears Foundation have offered us 2 separate grants for:
- 'Cocoons to Butterflies' is a targeted pilot project specifically aimed at expectant mums, new mums and those mums who have had their babies in the lockdown. They will be offered support and encouragement to attend and participate in community activities. Home-Start Sittingbourne & Sheppey will begin this journey by offering one-to-one support in the home and a group setting run by the Manager to allow them to gain the confidence they need in a safe space.
- Volunteer Recruitment and Training Package. This grant covers advertising, training costs and a management fee. We are also tasked with offering an E-learning course for volunteer mentors who may not be able to commit to the in-house course but have access to technology. This funding allows us to recruit, train and support more volunteer mentors.
- We have been given a wonderful opportunity by the National Lottery Community Fund to continue the support we offer to families for another 3 years - watch this space for more detail in our future annual reports.

I continue to work alongside families - this is not only a joy for me but an essential element as it keeps me connected and grounded. Being a Manager is only part of my role; I feel I need to be part of the cogs and workings to truly understand and deliver a great service to families.

Finally, I would like to express my heartfelt thanks to:

- The board of trustees who have supported me throughout my first year. This has been a year of change and new beginnings and I feel we are beginning to work well together.
- Christine White, our Chair, who has been on the end of the phone for those all-important Q&A's
- Mandy, our Administrator, who knows Home-Start Sittingbourne & Sheppey like the back of her hand and who is a huge source of information and support to me in so many ways, while I charter this new and exciting sea of change.

I am looking forward to the next 3 years and to what we can achieve for some of the most vulnerable families in our community because childhood can't wait.

Allison McColl
Manager

Manager - Family case studies

Family A

Family A have been receiving support for a number of months now. Each visit is 2 hours fortnightly.

Mum was referred to Home-Start Sittingbourne & Sheppey as she has complex mental health issues and was in temporary housing. Mum is a single parent with an 18-month-old child, who is very bubbly and a delight to be around - this is all due to mum's parenting, love and devotion. Mum has periods of depression brought about by life's circumstances and stress.

The worker, who provides mum's support, encourages her to come out for walks to the local park for much needed fresh air and open spaces. The baby enjoys the walks often holding the worker's hand as they are pushed along in the buggy.

Home visits consist of listening to mum, offering timely and appropriate advice and guidance. The worker offers information that could be useful and sign posts the mum and child to appropriate services. There is laughter and emotional wellbeing checks for both mum and child, all ensuring that the family is left feeling refreshed and have a more positive outlook moving into the coming days and weeks.

The child is building up a trusted relationship with an adult other than her mother and this creates independence required for the child's onward journey in life to nursery and eventually school life. They appear pleased to see the worker and has begun to show her toys and ask for lap time and 'huggles'.

Mum really appreciates the time she has with the worker and looks forward to their time together. Having someone to offload to, to share your joys as well and your struggles, is very important for everyone's emotional wellbeing.

Isolation is very detrimental to our mental health .

Family B

Family B have been receiving support for a number of months now. Each visit is 2 hours fortnightly.

Mum was referred to Home-Start Sittingbourne & Sheppey as she has complex mental health issues. Mum is a single parent with a 3-year-old child, who is very challenging. Mum has periods of depression brought about by life's circumstances and stress.

Mum felt incredibly isolated during the lockdowns of 20/21; however, the support continued to be offered by Home-Start Sittingbourne & Sheppey with socially distanced face-to-face visits on the doorstep, her child was given craft packs to help keep them engaged and also try to bring families together in an activity. The isolation and lockdowns have had a huge impact on those who already suffered a mental health issue of any sort. Many services ceased to offer any kind of support and the best that could be expected was an infrequent phone call. Mum came to rely on the visits to feel connected to the outside world as she lives in a block of flats on the top floor.

Family C

Family C have been receiving support for the last 14 months. This is a single mum with one child living in a top floor flat.

From May 2020 to January 2022 all visits were socially distanced on the door-step making it difficult to talk freely about mum's concerns. In January 2022 all covid restrictions were lifted and the worker was able to enter the property for the first time.

During the door-step visits it was becoming apparent that mum's mental health was starting to impact on her daily life and it was evident when the worker went into the property why this would be happening. The worker observed concrete floors in the living room which had holes in places; no carpet in the mum's room - the only floor covering was in the child's room which was the standard offer when mum moved in - one room would be carpeted and she chose the baby's room for obvious reasons. There is mold on all of the windows and they are poorly fitted making it cold and draughty. This has a big impact on the child's respiratory issues in the winter months. Mum is on the house-swapper scheme but it would be almost impossible for her to get an exchange with someone with the current conditions in the home.

Unfortunately, our service is only able to continue its work with the family until the child reaches the age of 5 or attends full-time education, which will happen in September 2022.

The worker has now gained her permission to liaise with the housing association with a detailed letter and additional photos to try and get her the help she so desparately needs before we end our support.

Financially it is almost impossible to make ends meet and we have been able to provide a food voucher to allow her to feed herself (mum tends to feed her child before herself).

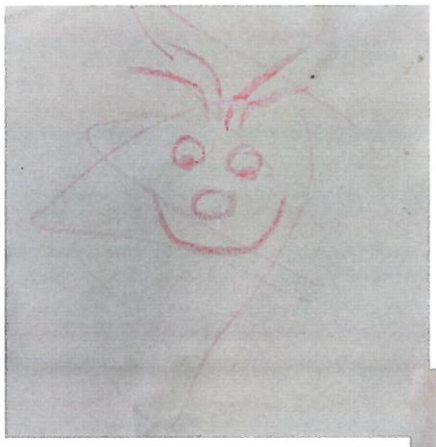
This is just one case in the life of Home-Start Sittingbourne & Sheppey work with families.

FEEDBACK FROM FAMILIES

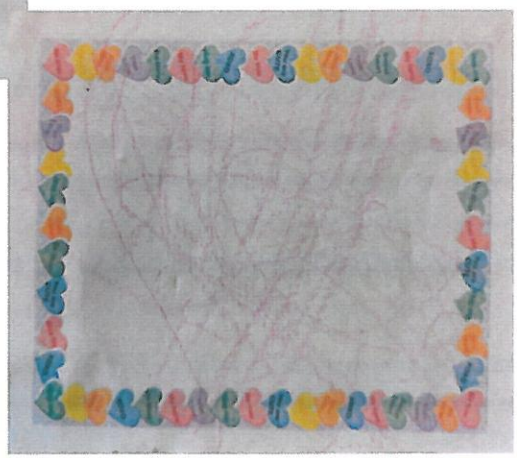
"Allison is amazing, not only for support with me but also playing with my daughter. We look forward to her visits for chats. We love Allison and don't know how we would be without her help <3"

"I like having Allison coming round to chat about things and to help me. It makes me feel a lot better about myself."

"I have always enjoyed my visits and look forward to them every week. It is very helpful to me to have the extra support."



Drawings from children supported!



Family Support Worker

A big thank you to Wendy, our Family Support Worker, who has supported 13 families with 26 children under the age of 5 since her role began in September 2020 (initially as a pilot project which was supporting families during covid).

Wendy is an amazing lady and shows a huge amount of patience, empathy and compassion which is evident in the feedback from her families at their regular reviews.

During the pandemic Wendy was providing families with doorstep visits and a craft pack weekly so that each family received a chat with a 'real person'. This came at a time when there were very few, if any, services still providing socially distanced face-to-face visits and these were literally a lifeline to these families who were already isolated, depressed and suffering with a variety of mental health issues. When the weather did not permit Wendy to stand on doorsteps, she provided a telephone call or a video call to ensure that all important continuity of contact.

With continued funding from the Foyle Foundation and Comic Relief/Groundworks UK, and with some covid restrictions being lifted last year, Wendy is able to support these families within their homes. She takes a regular supply of fun activities which are tailored for each family and the seasonal events such as Easter, Chinese New Year, Spring, etc. The activity packs are either carried out during Wendy's visits with the children and parent to offer a role-modelling approach to play, or left with the family to encourage them to bond and work on activities as a family unit. Wendy often finds activities for the older siblings to include in the packs and I have suggested adding an adult colouring page to bring all of the family together.

Wendy also offers timely advice and a listening ear when dealing with emotional issues. She offers practical support such as cooking with families who are keen to learn new skills and accompanying families to appointments if and when required.

Wendy is a firm believer in a good walk in the fresh air which is excellent for those experiencing mental health issues as green spaces are very calming.

Wendy has been with Home-Start for 20 months and has made a big impact on the families she has supported - she is very much a valued member of our small team.

Allison McColl
Manager

Wendy handing a craft pack to a grateful mum (photo permission allowed). These packs included the craft activities and fidget toys below.

COMIC RELIEF GROUNDWORK CHANGING PLACES CHANGING LIVES FOYLE FOUNDATION

FAMILY SUPPORT WORKER CASE STUDIES

Case Study 1

This is a family of 3 - mum, dad and a 1 year old. They have had many problems with their landlord, the condition of the property, the council and mum's family, which resulted in a court case and an injunction against her mother. They are still receiving threats from the family so do not feel safe in their home and desperately need to move.

Mum has health conditions that she is trying to get a diagnosis for and child 1 has a serious hearing problem and continuous pain in the ear. Therefore they have had multiple doctors and hospital appointments but nothing has been sorted yet so the mum is very frustrated.

Recently they have been given notice on the property but the council told them if they leave they will not help them as they would have made themselves intentionally homeless, so therefore will have to wait for the bailiffs to come. They are worried that this will happen over Christmas and the council will not be there to help them.

Home-start support given:

- Emotional support - someone to talk to / a listening ear
- Fortnightly craft pack for child 1
- Fortnightly face to face visit
- Advice on weaning recipes when child 1 was first on solids
- Helping mum to write a letter to her GP
- Applying for a white goods grant on their behalf

Feedback from review:

"Wendy has supported my family by giving me someone to talk to about my worries. Every time she comes, she always has packs of different things like drawing, bubbles etc. The things she provides helps my sons development. She always has a smile on her face and always listens to what I say and tries to give me the best advice on the situation."

Case Study 2

This is a family of 3 - a single mum (after DV relationship) and 4 year old twins. Mum has long term depression and anxiety issues which have escalated massively this year due to her divorce, the Covid outbreak and then significant damage to her home after a flood. The stress of the work being done on the house was extremely hard for mum and the twins. It took a few weeks for the house to dry out before the work could even be started so she was worried that they would not be back home for Christmas. The house they were placed in is very small and the twins have struggled to settle there.

The twins were born prematurely so were on ventilators in NICU which then caused child 1 to be left with a lung condition. This means he is susceptible to chest infections so the covid situation has been very worrying for the family. Child 2 has autism and mum finds them both hard work particularly with their behaviour. During the summer child 2's behaviour became much worse with anger and aggression. Mum did not know what to do so I made a referral to the Kent Children & Young People's Mental Health Service (CYPMHS) on her behalf as she was finding everything too stressful. She gave me all the relevant information and consent to complete the application.

Mum has a complicated relationship with her mother and the twins generally only spend 2 nights every other week with their dad.

Our support has now ended with this family as the twins have started full time school.

Home-start support given:

- Emotional support - someone to talk to / a listening ear
- Weekly meeting face to face and phone calls
- Weekly craft packs for child 1 & 2
- Potty training advice
- Referral to CYPMHS

Ending feedback from mum:
"Wendy has been such an amazing support to me and to my boys. Having someone to talk to and see through the lock-down helped so much with my mental health, especially as I was going through a tough time with being in temporary accommodation following a flood in my house. Wendy was always such a calming influence when my head is always chaos, so is my life for that matter. I cannot thank her enough."

FEEDBACK FROM FAMILIES

"Wendy always listens to what I have to say. She gives me advice and my girls love spending time with her. I would hate to lose her as she understands me and I know I can talk to her about anything. Without Wendy's support I wouldn't know where I would be today."

"I have always enjoyed my visits and look forward to them every week. It is very helpful to me to have the extra support."

"Wendy has been an amazingly positive influence on me and I really enjoy her visits as it makes me feel 'normal' again. Wendy is a superhero to me!"

"Wendy from Home-Start has been visiting for about a year now and although support was reduced during lockdown she has massively helped me and my family during this difficult time. She was outstanding when me and my family had to self-isolate as we tested positive for Covid and couldn't leave the house to get shopping. I originally turned to my parents to get a bit of shopping for me but they were busy so I messaged Wendy and of course had to ask her boss, I was expecting a NO due to the situation but when she messaged back saying what bits do I need I was over the moon. Wendy is always giving me suggestions on how to do stuff which I really appreciate as me and my partner are having difficulties getting a routine with the kids and dealing with our own mental health issues. I feel I can talk to Wendy about anything that is bothering me and Wendy is able to offer a different point of view that has been brilliant to us."

"I feel that without Wendy, I would have struggled much more than I have done because having someone to reach out to has definitely made a difference to me and my family."

"I have been receiving support from Home-Start for a few months now and I can honestly say all the workers are lovely. If I'm having a bad day or need support or guidance then I know they are at the end of the phone to be able to help with my worries. My worker encourages me to get out the house and helps with my anxiety. She is there to offer help with all different situations or just for a general chat. I would recommend Home-Start and all the team to anyone that is struggling."

"Wendy has helped me so much during the pandemic. I was feeling down and suicidal, talking to her made me feel understood and normal and for that I will be grateful forever."

"The support I have received from Wendy has been wonderful. She is brilliant with (child) and he looks forward to his stickers and activities. It's lovely knowing someone is there for a supportive natter, particularly after a bad week."

Two days in the life of the Family Support Worker

Tuesday

I started my day in the office this morning, confirming this week's appointments and completing this week's craft packs. I have put together jubilee packs this week with bunting to colour, a 'draw a face of the queen' sheet, decorate a place setting for a celebration meal and a crown to decorate with jewels. I also had a brief catch up with Allison, the Manager, about one of the families I support following her liaison with an other professional.

It was then time to head off to my first family visit. This is a family of 4 - Mum, Dad and two children. Mum suffers with physical health issues and mental health issues. I offer mum a listening ear and encouragement to get little jobs done around the home as mum struggles to motivate herself to get things done. Both children were there today as it was half term and Child 1 was excited to get the jubilee crown out to decorate from the craft pack.

I then went straight on to my next visit after I left this family. My second visit is a family of 3 - Mum, Dad and one child. They have been relocated frequently recently from one temporary property to another. They were moved to a 3-bedroom property last week and were hoping to be able to settle there longer. Mum suffers from anxiety issues and depression as well as ongoing health problems that have been under investigation for the last couple of years. Sadly, Covid-19 has greatly affected the appointments and follow up consultations. Mum is currently learning to drive and is hoping she will have more freedom, independence and be able to get out more once she passes her test. At the present time she is reliant on friends and family to attend her health appointments. Just last week Mum asked me if I could take her to the local supermarket as she had a food voucher but no transport to get there and back with the heavy bags. Today we stayed at home as Child 1 has been unwell so I helped mum write a 'to do' list of the things that need to be done and the people she needs to contact regarding the recent move. Mum asked if we could take Child 1 out next week; we have been to the soft play centre and to the local park in recent weeks. We do this together as Mum'ss anxiety prevents her taking her child out on her own.

I went back to the office after this visit to make sure I had everything needed for the next day's visits and to write up my diary sheets for the family files.

Wednesday

My first visit today was at 9.30. This is a family of 6 - Mum, Dad and 4 children. Two of the children have additional needs and require a higher level of care and attention. One of the children has specialist equipment and toys to assist with their development. Both Mum and Dad have mental health issues and I have been visiting mum weekly since September 2020. Dad is very lucky to also have support from Home-Start from a male volunteer mentor.

I went into the home briefly today while mum was getting ready for our walk together, something we often do during my visits as mum likes to be able to get out of the house for a while so that she can talk openly without the distractions of the high demands of the family and, of course, it is good for her mental health to be out in the fresh air and the green spaces. We often go to the local coffee shop on the way back which mum has admitted is a real treat for her and one of the highlights of her week.

I went straight onto my next visit. This was a Mum and her 2-year-old son. It is quite a busy and crowded family home as they live with her parents and 2 younger siblings. This mum has a particularly busy life and can be quite stressful. Mum enjoys having someone to talk to who is non-judgmental and offers advice and guidance if and when it is needed. Child 1 really enjoys the craft packs and loves to get it all out while I am there for us to make and do together; he loved the jubilee pack and especially enjoyed making the crown this week.

After my visits I went back to the office to debrief with my Manager and to write up my diary sheets. I also made sure that there were enough packs ready for the Twins Group tomorrow which I run fortnightly.

As you can see my days are very busy and the families have a very interesting mix of needs but this makes my working days really fun and interesting.

Wendy Tomlin
Family Support Worker

Parent & Child Learning Together Project

Parent & Child Learning Together was a joint-funded two-year project by The Henry Smith Charity and Colyer Fergusson, and began in January 2020.

Throughout the project 18 families have been supported either by a volunteer mentor, or by our Family Support Worker, or by the Manager and previous Co-Ordinator.

The project focused on hard-to-reach families with babies and children up to age of 2 years, working alongside parents who are less likely to use the local community services. These parents typically lack confidence to fully engage with their baby(s).

These reasons can be varied and include parents' mental health issues, experience of and indirect experience of domestic abuse. It may also be that the parent or child has a physical disability which restricts their access to the community activities in the area. Sadly, the results are often low self-esteem and lack of confidence for parents and isolation for both parent and child.

The parents and children who have been involved in this project have worked well with their volunteer mentors to help strengthen the bond between parent and baby and to increase their understanding of the benefits of why early childhood interaction from birth is so very important for the mental health and well-being of their baby(s).

During the lifetime of this project parents have been encouraged to use a number of ways to interact with their young child. We have found the NSPCC Look, Sing & Play resources incredibly useful in demonstrating to parents the importance of strengthening the bond between parent and child and developing good methods of interaction.

Quote from the *NSPCC Look Say Sing Play* pack which we incorporated into supporting our families:

"The first 1,000 days of child's life are a crucial period for child development and wellbeing. There is clear evidence that experiences during the early years of life play a unique role in shaping a child's brain, with long-term consequences for health and wellbeing, as well as educational learning. A secure attachment between infant and parent has a demonstratable impact on the part of the brain which regulates stress, generating positive infant wellbeing in the present, while also buffering the child's brain against future harm."

When this project ended in March 2022 (a slight extension due to the pandemic) based on the evaluation, outcomes and parent feedback it has been a huge success at a time when so many services have been significantly affected by the pandemic as it is important to note that when parents have the knowledge, understanding and the confidence to improve their child's social, emotional and cognitive development this reatly reduces the risk of child neglect.

As a Manager, I feel that this has been a worthwhile project and that we can use much of what we have learned along the journey and apply it to methods of working with parents and children moving forward. Home-Start Sittingbourne & Sheppey would like to extend our thanks and gratitude to The Henry Smith Charity and Colyer Fergusson who jointly funded this amazing piece of work for the families in our community.

Allison McColl
Manager

The Henry Smith Charity
founded in 1628

50
COLYER
FERGUSSON
CHARITABLE TRUST

Twins Group

The Twins Group continues to be supported by a kind donation from Tesco Bags of Help/ Groundwork UK.

Wendy, our Family Support Worker, has taken over the running of this wonderful group and she is taking it from strength to strength with 15 parents and 30 children registered with us in the last year. We said goodbye to 6 of these families whose children went on to start school.

The last 2½ years have been difficult for the parents of twins due to the pandemic and the closure of not only the Twins Group sessions but the Children's Centres, too.

Throughout the lockdown we provided craft packs and socially distanced doorstep visits which from the feedback we received were much appreciated.

We also offered meet-ups in the park as the restrictions allowed and before the children's centres opened their doors again. However, taking twins to the park can be fun but also fraught with stressful moments as you can imagine; one child heads off one way and another the other way leaving mum or dad in the centre of this dilemma quite possibly with a baby in a buggy!

Therefore, we were thrilled and excited to be able to restart the group sessions at Milton Court Children's Centre in October 2021 (with limited numbers allowed). The parents were very happy to be able to get together again and support each other after so long in isolation. The Twins Group parents thrive on being there for each other and sharing their ideas and unique parenting experiences. The children also benefit from having an enclosed safe space to explore, play and relax.

The Twins Group has been a solid and consistent element of Home-Start Sittingbourne & Sheppey since October 1998 and we hope it continues for many years to come.

Allison McColl
Manager

Milton Court
Children's Centre

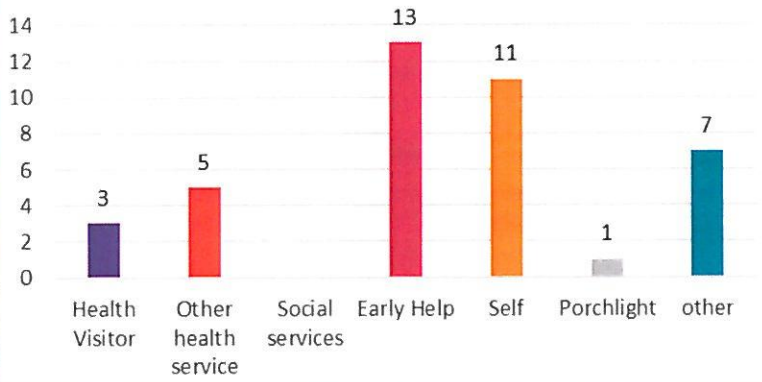
TESCO Bags of Help

Statistics

Total number of families referred for the year - 40

Total number of families supported for the year - 38
(this figure includes families carried over from the previous year)

New referral sources



Family circumstances

Housing issues	2
Lone parent	15
Domestic abuse	4
Adult with disability	3
Child with disability	2
Adult mental health	24

Average age of parent: 25-44 years

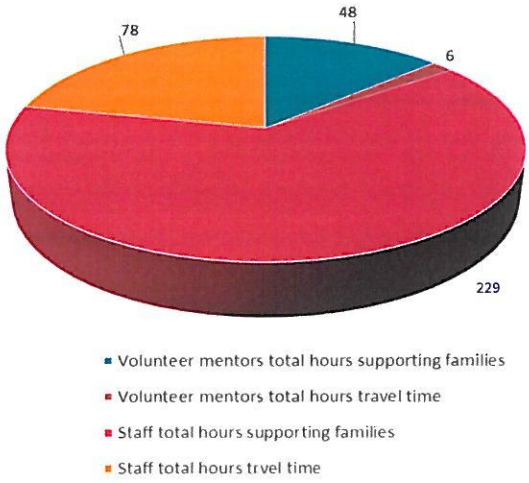
Total number of children supported throughout the year: 103

Under 5 (female)	38
Over 5 (female)	18
Under 5 (male)	28
Over 5 (male)	19

Needs identified by family at initial visit **Level of coping that day (numbers to the right →)** **0 = not coping very well 5 = coping very well**	**1**	**2**	**3**	**4**	**5**
Managing child(ren)'s behaviour	2	6	9	1	
Being involved with the child(ren)'s development/learning		3	4	5	1
Coping with physical health		2	4	1	1
Coping with mental health	1	9	14	1	
Coping with being isolated	1	7	19		
Parent's self-esteem		10	17	1	
Coping with child(ren)'s physical health		2	8		
Coping with child(ren)'s mental health		5	3		
Managing the household budget		2	5	1	
The day-to-day running of the home	2	3	5	1	
Stress caused by conflict in the family		6	5	2	
Coping with multiple birth/children under 5		2	8	1	3
Use of services			6	5	2
Other			3		3

Due to the covid pandemic, some of 2021 still involved doorstep visits and walks in the park with families by staff until restrictions were lifted and visits were able to revert back to within the families homes. Volunteer mentors also resumed their visits once it was safe to do so.

Total hours of support to families for the year - 277
(excluding travel time of 84 hours)



Length of support of families that ended this year:

Under 6 months	3
6-12 months	6
1 year to 2 years	2
2 years to 3 years	1
Over 3 years	2

All of our families are supported weekly by the Manager, Family Support Worker, and volunteer mentors (except those who only attend our Twins Group). The Manager also visits each family for reviews, and scoring sheets are kept as to how the progress of the support is going. We had 14 families end support this year for a variety of reasons - youngest child starts school, family moves away from area, or the family feel that things are better and they can 'move on' with no further support, etc. Each family receives an 'ending' visit by the Manager, where a final scoring sheet is completed as to whether those family's needs were met during the period of support.

"Home-Start has meant that I can have some adult conversation every week with someone other than my partner :)" - *a family supported by a volunteer mentor*

Needs identified	Achieved	Partly achieved	Not achieved
Managing child(ren)'s behaviour	2	2	2
Being involved in the child(ren)'s development	2	4	2
Coping with physical health	1	3	2
Coping with mental health	1	4	3
Coping with feeling isolated	3	2	3
Parent's self-esteem	3	3	3
Coping wth child(ren)'s physical health	1	3	0
Coping with child(ren)'s mental health	1	1	2
Managing the household budget	0	1	1
The day-to-day running of the home	0	2	1
Stress caused by conflict in the family	1	3	3
Coping with multiple birth/children under 5	5	2	1
Use of services	4	1	2

Waitrose and Russell & Bromley

WAITROSE
& PARTNERS

Waitrose staff kindly put together pamper bags for our parents. They were beautifully packed in little brown bags with gold tissue paper and a lovely label on the front. Inside they contained all mums or dads needed for a mini pamper session.

Wendy and I were happy to play Christmas elves and deliver a pamper bag to each parent in the week running up to Christmas and it was so wonderful to see the expression on the parents' faces when we said this is just for you not to share with anyone else!

We were also presented with a cheque for £266 which we have converted into ten £30 ALDI food vouchers for some of our families who are really struggling. We would like to express our thanks to Waitrose for their very kind donation and thank staff for their time and effort in creating the pamper bags.

Russell&Bromley

Home-Start UK teamed up with Russell & Bromley who donated 42,000 pairs of shoes to families in 91 local Home-Starts across England, Wales, Scotland and Northern Ireland.

We expressed an interest and took delivery of 200 lovely pairs of shoes, trainers and boots. We have been able to offer them to families at a time when household bills and expenses are at their highest ever and families are really finding it difficult to make ends meet. We also had a surplus of shoes and we happily donated these to Westlands Primary School in Sittingbourne, Halfway Primary School in Sheerness, and Sheppey Matters in Sheerness.

We would like to express our thanks to Russell & Bromley for their generous donation which has made a huge difference to our families

Allison McColl
Manager

"The shoes made such a difference to the parents and children. The parents were very grateful for the fact that they wouldn't have to find the money for school shoes and the children were thrilled. One little girl in year 3 went and showed her teacher and said how much she liked them. A couple of days later her teacher came to see me with this girl's literacy book because she was so surprised by the change in her writing - literally, overnight her handwriting had gone from large, untidy scrawl to small, neat and well-presented. The teacher said as far as she could tell the only thing that had changed for the girl was the new shoes. When she spoke to the girl she just said she felt happy about everything.

I still have 5 pairs of shoes left which I'm sure will come in very handy in September for children who have had growth spurts over the summer. Thank you very much once again."

Family Liaison Officer at Halfway Primary School

"We have given away all the shoes but held onto the boots until the October uniform day. Families who took shoes (one pair per family) were both delighted and grateful for them. In fact, quite a few couldn't believe that new shoes of such good quality were being given away free. I think it is quite obvious that school uniform, on top of cost of living rises, is a struggle for many families with school shoes being the biggest outlay. We would definitely like to take more shoes if you have any ore come your way as they flew out of the doors!"

HLC & Volunteer Co-ordinator, Sheppey Matters

"I just wanted to say a massive thank-you for your kind donation of shoes. The children (and their parents) have been absolutely delighted with your kind generosity. Despite the hot weather, one girl has refused to move the boots we were able to give her - she absolutely loves them!"

Deputy Head Teacher at Westlands Primary School

We would like to take this opportunity to thank the following who funded us and gave donations throughout the year...

Tesco Bags of Help/Groundwork UK
(£500 for our Twins Group)

Colyer Fergusson
(£8,500 for 'Parent & Child Learning Together' project)

The Henry Smith Charity
(£7,500 for 'Parent & Child Learning Together' project)

Linda Hogan Community Fund
(£150 for play equipment)

Comic Relief/Groundwork UK
(£2,000 to fund the Family Support Worker)

Swale Borough Council (Member's grant)
(£500 for training equipment)

Kent Community Foundation
(£5,000 to fund the Family Support Worker)

Waitrose (Maidstone)
(£266 donation)

Charitable Giving VA (via DHL)
(£100 donation)

Home-Start UK DCMS/Pears Foundation
(£1,000 for volunteer recruitment)

Home-Start UK/Pears Foundation (Recovery & Resilience Fund)
(£3,860 for 'Cocoons to Butterflies' project)

Kent County Council (Covid fund)
(£10,000 for 'Meaningful Connections' project - £8,000 received initially, £2,000 to come at end of project)

And.....

£20 decorating voucher from Wilkos, Sittingbourne
(to decorate our office)

Pamper gifts for mums donated from Waitrose, Maidstone

200 pairs of school shoes from Russell & Bromley via Home-Start UK

Drawing by CW, age 5

HOME START
Sittingbourne & Sheppey

First Floor, Central House, Central Avenue, Sittingbourne,
Kent ME10 4NU
01795 429007
home-startsitt@btconnect.com
www.home-startsittingbourneandsheppey.org.uk
Find us on Facebook

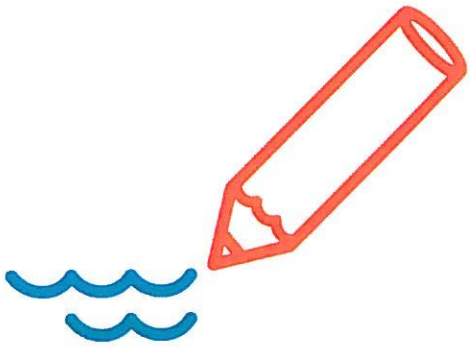
OFFICE OPEN:
Mon to Thurs - 9.00am to 2.30pm
Closed Fridays

Company Number: 7952821 Registered Charity Number: 1146356

HOME START

Sittingbourne & Sheppey

FINANCIAL STATEMENTS YEAR ENDED 31ST MARCH 2022



Registered Charity Number: 1146356
Company Number: 7952821

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of

Charity Name: HOME-START SITTINGBOURNE & SHEPPEY

On accounts for the year ended 1ST APRIL 2021 - 31ST MARCH 2022

Charity no (if any) 7952821

Set out on pages

(you must fill in the page numbers of any additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 03 2022

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete* [ ] *if not applicable*.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed: J. Carter **Date:** 6th June 2022

Name: JENNY CARTER

Relevant professional qualification(s) or body CCBI, CERTIFICATED PROFESSIONAL BANKER

(if any):	
Address:	ROYAL BANK OF SCOTLAND / NATWEST GROUP 3 HIGH STREET, MAIDSTONE, KENT ME14 1HJ

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

TRUSTEES' RESPONSIBILITIES

Under the Charities Act 1993, the Trustees are required to prepare a statement of accounts for each financial year of the incoming resources and application of resources in the year. In preparing the statement, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the statement accounts;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its operations

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity at that time to enable the Trustees to ensure that any statement of account prepared by them complies with the regulations under Section 42 (1) of the Charities Act 1993. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees:

(date) 9\5\2022

and signed on their behalf by the Chair:

(signed) CAWhite (date) 9\5\2022

HOME-START SITTINGBOURNE & SHEPPEY

NOTES TO THE ACCOUNTS
For the year ended 31st March 2022

Unrestricted Funds **£**

Receipts

Colyer Fergusson (PCLT year 2)		8500
Henry Smith (PCLT year 2)		7500
Groundwork UK/Tesco		500
Kent Community Foundation (FSW)		5000
Linda Hogan Foundation (Covid19 grant)		150
Home-Start UK (Pears R&R fund)		3860
Swale Borough Council Members grant		500
Kent County Council grant		8000
HSUK DCMS (Volunteer recruitment)		1000
Groundworks (Comic Relief)		2000
Waitrose donation		266
Charitable Giving (DHL)		100
	Total	**37,376**

Other Income

^DBS income	**4321**

Payments

Home-Start UK receive 2% of our income for membership Levy	**£843.12**

Restricted Funds

^DBS Income – the Administrator provides enhanced and standard checks for Swale voluntary and community organisations. We charge an administration fee to cover administrator hours and postage (£1915.50). Total payments received (£4321.50) includes payments to DBS for checking staff (£2406).

Twins Club –grant from Tesco (£500)

Core Work – grant from Swale Borough Council Member for equipment for the new volunteer training programme.

Covid19 grants- grant from Linda Hogan for families.

Home-Start UK Pears R & R fund – To develop a new project supporting families effected by isolation due to COVID.

Home-Start UK DCMS – to promote the organisation and increase volunteer recruitment

Kent County Council – Grant to support families who are experiencing isolation, poor mental health and accessing services due to the impact of COVID.
Kent Community Foundation (FSW) – To continue the role of the Family Support Worker for a further year.

Groundwork UK (Comic Relief) grant – Final payment for Family Support Worker.

Colyer Fergusson and **Henry Smith** – 2nd year of grant for the "Parents and Children Learning Together" project.

Donations – held in Sarah's Fund for direct support for families such as food or fuel vouchers

Reserve Funds – We transferred £2,360.82 to the New Co-Ordinator fund to cover any additional costs

	£
3 months' running costs to close scheme	10650
Redundancy liability for 2 staff to march 2023	6950
Total	**17600**

Home-Start Sittingbourne & Sheppey

Statement of Financial Activities

For the period from 01 April 2021 to 31 March 2022

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
Incoming resources					
Donations, Legacies and similar incoming resources	—	—	—	—	—
Activities in furtherance of the charity's objects	594	36,023	—	36,618	37,508
Activities for generating funds	500	—	—	500	560
Other incoming resources	4,687	53	—	4,741	8,732
Total income	**5,782**	**36,077**	**—**	**41,859**	**46,800**
Resources used					
Costs of generating funds	—	—	—	—	—
Grants payable in furtherance of charity's objects	—	—	—	—	—
Activities in furtherance of the charity's objects	91	2,218	—	2,309	3,601
Support costs	2,406	—	—	2,406	520
Expenditure on managing-administering the charity	8,064	38,797	—	46,861	40,471
Total expenditure	**10,561**	**41,015**	**—**	**51,577**	**44,593**
Net income / (expenditure) resources before transfer	**(4,779)**	**(4,938)**	**—**	**(9,717)**	**2,206**
Transfers					
Gross transfers between funds - in	5,030	7,245	—	12,275	—
Gross transfers between funds - out	(7,000)	(5,275)	—	(12,275)	—
Other recognised gains / losses					
Gains / losses on investment assets	—	—	—	—	—
Gains on revaluation, fixed assets, charity's own use	—	—	—	—	455
Net movement in funds	**(6,749)**	**(2,968)**	**—**	**(9,717)**	**2,662**
Reconciliation of funds					
Total funds brought forward	**26,273**	**22,494**	**—**	**48,768**	**46,106**
Total funds carried forward	**19,524**	**19,526**	**—**	**39,050**	**48,768**

There may be minor discrepancies in the totals if the pence are not being shown

Home-Start Sittingbourne & Sheppey

Balance Sheet detailed

		As at 31/03/2022	As at 31/03/2021
Current assets			
	BANK: Bank Account	39,039.12	48,619.21
	BANK2: Investment Account	—	—
	BNK: Bank Account	—	—
	CASH: Cash in Hand	11.67	149.16
	Z05: Accounts Receivable	—	—
	Total Current assets	**39,050.79**	**48,768.37**
Liabilities			
	Z04: Accounts Payable	—	—
	Total Liabilities	**—**	**—**
	Net Asset surplus (deficit)	**39,050.79**	**48,768.37**
Reserves			
	Excess / (deficit) to date	(9,717.58)	2,206.87
	Z01: Starting balances	48,768.37	46,106.33
	Z03: Gains and losses own use	—	455.17
	Total Reserves	**39,050.79**	**48,768.37**

Represented by Funds

Unrestricted	(281.20)	(281.20)
Designated	19,805.95	26,554.99
Restricted	19,526.04	22,494.58
Endowment	—	—
Total	**39,050.79**	**48,768.37**

Home-Start Sittingbourne & Sheppey

Fund movement by type
Selected period: 01 April 2021 to 31 March 2022

Fund and type	Fund balances brought forward	Incoming Resources	Outgoing Resources	Transfers	Gains and Losses	Journal Entries	Fund balances carried forward
CVD19							
Restricted	1,032.35	163.55	1,195.90	—	—	—	—
Sub-totals	**1,032.35**	**163.55**	**1,195.90**	—	—	—	—
FSWCRF							
Restricted	1,398.15	2,000.00	3,398.15	—	—	—	—
Sub-totals	**1,398.15**	**2,000.00**	**3,398.15**	—	—	—	—
FSWFF							
Restricted	4,500.00	—	4,500.00	—	—	—	—
Sub-totals	**4,500.00**	—	**4,500.00**	—	—	—	—
FSWKCF							
Restricted	—	5,000.00	721.69	—	—	—	4,278.31
Sub-totals	—	**5,000.00**	**721.69**	—	—	—	**4,278.31**
HSUKDCMS							
Restricted	—	1,000.00	—	—	—	—	1,000.00
Sub-totals	—	**1,000.00**	—	—	—	—	**1,000.00**
HSUKPFG							
Restricted	3,284.50	—	—	(3,284.50)	—	—	—
Sub-totals	**3,284.50**	—	—	**(3,284.50)**	—	—	—
HSUKPRR							
Restricted	—	3,860.00	1,201.48	—	—	—	2,658.52
Sub-totals	—	**3,860.00**	**1,201.48**	—	—	—	**2,658.52**
KCCMC							
Restricted	—	8,000.00	503.70	—	—	—	7,496.30
Sub-totals	—	**8,000.00**	**503.70**	—	—	—	**7,496.30**
NewCoord21							
Restricted	7,500.00	—	8,907.09	5,500.00	—	—	4,092.91
Sub-totals	**7,500.00**	—	**8,907.09**	**5,500.00**	—	—	**4,092.91**
PCLT							

Fund and type	Fund balances brought forward	Incoming Resources	Outgoing Resources	Transfers	Gains and Losses	Journal Entries	Fund balances carried forward
Restricted	4,534.03	16,053.79	20,587.82	—	—	—	—
Sub-totals	**4,534.03**	**16,053.79**	**20,587.82**	—	—	—	—
TTF							
Restricted	245.55	—	—	(245.55)	—	—	—
Sub-totals	**245.55**	—	—	**(245.55)**	—	—	—
Core							
Designated	2,252.00	594.71	2,846.71	—	—	—	—
Sub-totals	**2,252.00**	**594.71**	**2,846.71**	—	—	—	—
Twinsgroup							
Designated	5,422.40	500.00	2,789.64	390.87	—	—	3,523.63
Sub-totals	**5,422.40**	**500.00**	**2,789.64**	**390.87**	—	—	**3,523.63**
DBS							
Designated	709.79	4,321.50	4,924.95	—	—	—	106.34
Sub-totals	**709.79**	**4,321.50**	**4,924.95**	—	—	—	**106.34**
Sarahsfund							
Designated	380.38	366.00	—	—	—	—	746.38
Sub-totals	**380.38**	**366.00**	—	—	—	—	**746.38**
Reserve							
Designated	17,790.42	—	—	(2,360.82)	—	—	15,429.60
Sub-totals	**17,790.42**	—	—	**(2,360.82)**	—	—	**15,429.60**
General							
Unrestricted	(281.20)	—	—	—	—	—	(281.20)
Sub-totals	**(281.20)**	—	—	—	—	—	**(281.20)**
Totals	**48,768.37**	**41,859.55**	**51,577.13**	—	—	—	**39,050.79**

Home-Start Sittingbourne & Sheppey
Receipts and payments
Selected period: 01 April 2021 to 31 March 2022

Note		From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
CVD19 - Covid19 (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	Covid-19		163.55	12,128.00
	Total Activities in furtherance of the charity's objects		*163.55*	*12,128.00*
	Total receipts		**163.55**	**12,128.00**
	Payments			
	Activities in furtherance of the charity's objects			
	Craft Materials		190.01	685.67
	Manager/Co-ordinator Expense		—	90.00
	Membership Levy		165.00	—
	Total Activities in furtherance of the charity's objects		*355.01*	*775.67*
	Expenditure on managing-administering the charity			
	Equipment		29.99	—
	Family Support Worker Expenses		65.63	536.55
	Food Vouchers or food gifts or plants		58.72	2,985.82
	Photocopier		—	102.48
	Pamper packs		152.80	30.00
	PPE - sanitiser wipes cream masks		—	265.30
	Rent		—	695.00
	Repairs & renewals		—	618.99
	Salaries and NI		208.00	5,131.36
	Stat and Publication		—	3.00
	Telephone/Mobile/Internet		—	161.10
	Toys		325.75	—
	Total Expenditure on managing-administering the charity		*840.89*	*10,529.60*
	Total payments		**1,195.90**	**11,305.27**
	Excess of Incoming resources over Resources used		(1,032.35)	822.73
	Brought forward balance		1,032.35	—
	Adjustments		—	209.62
	Total carried forward balance		**—**	**1,032.35**

Note		From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
FSWCRF - Fam Supp Worker Comic Relief grant (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	Fam Supp Worker Comic Relief grant		2,000.00	2,000.00
	Total Activities in furtherance of the charity's objects		*2,000.00*	*2,000.00*
	Total receipts		**2,000.00**	**2,000.00**
	Payments			
	Activities in furtherance of the charity's objects			
	Craft Materials		5.63	—
	Membership Levy		60.82	—
	Total Activities in furtherance of the charity's objects		*66.45*	—
	Expenditure on managing-administering the charity			
	Family Support Worker Expenses		600.78	51.85
	Salaries and NI		2,730.92	550.00
	Total Expenditure on managing-administering the charity		*3,331.70*	*601.85*
	Total payments		**3,398.15**	**601.85**
	Excess of Incoming resources over Resources used		(1,398.15)	1,398.15
	Brought forward balance		1,398.15	—
	Total carried forward balance		—	**1,398.15**
FSWFF - Fam Supp Worker Foyle Foundation (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	Fam Supp Worker Foyle Foundation		—	4,500.00
	Total Activities in furtherance of the charity's objects		—	*4,500.00*
	Total receipts		—	**4,500.00**
	Payments			
	Activities in furtherance of the charity's objects			
	Membership Levy		89.18	—
	Total Activities in furtherance of the charity's objects		*89.18*	—
	Expenditure on managing-administering the charity			
	Family Support Worker Expenses		92.95	—
	Salaries and NI		4,317.87	—
	Total Expenditure on managing-administering the charity		*4,410.82*	—
	Total payments		**4,500.00**	—
	Excess of Incoming resources over Resources used		(4,500.00)	4,500.00
	Brought forward balance		4,500.00	—
	Total carried forward balance		—	**4,500.00**

Note		From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
FSWKCF - Fam Supp Worker Kent Community Foundation (Restricted) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	Fam Supp Worker Kent Community Foundatio		5,000.00	—
	Total Activities in furtherance of the charity's objects		*5,000.00*	—
Total receipts			**5,000.00**	—
Payments				
Expenditure on managing-administering the charity				
	Salaries and NI		721.69	—
	Total Expenditure on managing-administering the charity		*721.69*	—
Total payments			**721.69**	—
	Excess of Incoming resources over Resources used		4,278.31	—
Total carried forward balance			**4,278.31**	—
HSUKDCMS - HSUK DCMS Volunteering (Restricted) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	HSUK DCMS Volunteering		1,000.00	—
	Total Activities in furtherance of the charity's objects		*1,000.00*	—
Total receipts			**1,000.00**	—
	Excess of Incoming resources over Resources used		1,000.00	—
Total carried forward balance			**1,000.00**	—
HSUKPFG - HSUK Pears Foundation Grant (Restricted) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	HSUK Pears Foundation Grant		—	9,880.00
	Total Activities in furtherance of the charity's objects		—	*9,880.00*
Total receipts			—	**9,880.00**
Payments				
Expenditure on managing-administering the charity				
	Office General Exps		—	4,880.00
	Salaries and NI		—	1,715.50
	Total Expenditure on managing-administering the charity		—	*6,595.50*
Total payments			—	**6,595.50**
	Excess of Incoming resources over Resources used		—	3,284.50
	Brought forward balance		3,284.50	—
	Transfers to/(from)		(3,284.50)	—
Total carried forward balance			—	**3,284.50**

Note		From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
HSUKPRR - HSUK Pears R&R Fund (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	HSUK Pears R&R Fund		3,860.00	—
	Total Activities in furtherance of the charity's objects		*3,860.00*	—
	Total receipts		**3,860.00**	—
	Payments			
	Activities in furtherance of the charity's objects			
	Manager/Co-ordinator Expense		72.50	—
	Total Activities in furtherance of the charity's objects		*72.50*	—
	Expenditure on managing-administering the charity			
	Salaries and NI		1,128.98	—
	Total Expenditure on managing-administering the charity		*1,128.98*	—
	Total payments		**1,201.48**	—
	Excess of Incoming resources over Resources used		2,658.52	—
	Total carried forward balance		**2,658.52**	—
KCCMC - KCC Meaningful Connections (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	KCC Meaningful Connections		8,000.00	—
	Total Activities in furtherance of the charity's objects		*8,000.00*	—
	Total receipts		**8,000.00**	—
	Payments			
	Expenditure on managing-administering the charity			
	Salaries and NI		487.70	—
	Stat and Publication		16.00	—
	Total Expenditure on managing-administering the charity		*503.70*	—
	Total payments		**503.70**	—
	Excess of Incoming resources over Resources used		7,496.30	—
	Total carried forward balance		**7,496.30**	—

Note		From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
NewCoord21 - New Co-ordinator 21 (Restricted) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	New Co-ordinator 21		—	7,500.00
	Total Activities in furtherance of the charity's objects		—	*7,500.00*
Total receipts			**—**	**7,500.00**
Payments				
Activities in furtherance of the charity's objects				
	Manager/Co-ordinator Expense		96.70	—
	Membership Levy		131.00	—
	Training		15.00	—
	Total Activities in furtherance of the charity's objects		*242.70*	—
Expenditure on managing-administering the charity				
	Equipment		114.00	—
	Repairs & renewals		85.97	—
	Salaries and NI		8,612.32	—
	Telephone/Mobile/Internet		(147.90)	—
	Total Expenditure on managing-administering the charity		*8,664.39*	—
Total payments			**8,907.09**	**—**
	Excess of Incoming resources over Resources used		(8,907.09)	7,500.00
	Brought forward balance		7,500.00	—
	Transfers to/(from)		5,500.00	—
Total carried forward balance			**4,092.91**	**7,500.00**
PCLT - Parent & Child Learning Together (Restricted) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	Parent & Child Learning Together		16,000.00	—
	Total Activities in furtherance of the charity's objects		*16,000.00*	—
Other incoming resources				
	Pension		53.79	—
	Total Other incoming resources		*53.79*	—
Total receipts			**16,053.79**	**—**
Payments				
Activities in furtherance of the charity's objects				
	Craft Materials		—	57.08
	Manager/Co-ordinator Expense		1,086.37	235.60
	Membership Levy		306.00	467.76
	Total Activities in furtherance of the charity's objects		*1,392.37*	*760.44*
Expenditure on managing-administering the charity				
	AGM costs		—	60.00
	Family Support Worker Expenses		20.98	—
	Office General Exps		13.00	—
	Insurance		541.44	415.00
	Pension		53.79	—
	Photocopier		595.62	240.48
	Postage		113.50	9.69
	Rent		1,425.24	695.00
	Room Hire		110.00	—
	Repairs & renewals		113.31	—

Note		From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
	Salaries and NI		14,784.96	6,442.42
	Stat and Publication		98.80	43.28
	Sundries		16.40	—
	Telephone/Mobile/Internet		1,025.17	497.47
	Vols Training & Conf		127.41	4.00
	Volunteer Expenses		155.83	70.45
	Total Expenditure on managing-administering the charity		*19,195.45*	*8,477.79*
Total payments			**20,587.82**	**9,238.23**
	Excess of Incoming resources over Resources used		(4,534.03)	(9,238.23)
	Brought forward balance		4,534.03	13,772.26
Total carried forward balance			—	**4,534.03**

TTF - Tampon Tax Fund (Restricted) Fund

Payments				
	Activities in furtherance of the charity's objects			
	Craft Materials		—	669.71
	Manager/Co-ordinator Expense		—	678.45
	Membership Levy		—	155.00
	Total Activities in furtherance of the charity's objects		—	*1,503.16*
	Expenditure on managing-administering the charity			
	Insurance		—	234.84
	Photocopier		—	204.96
	Postage		—	15.60
	Pamper packs		—	22.50
	PPE - sanitiser wipes cream masks		—	96.00
	Repairs & renewals		—	112.49
	Salaries and NI		—	3,989.03
	Stat and Publication		—	12.83
	Sundries		—	95.10
	Telephone/Mobile/Internet		—	381.60
	Toys		—	28.00
	Total Expenditure on managing-administering the charity		—	*5,192.95*
Total payments			—	**6,696.11**
	Excess of Incoming resources over Resources used		—	(6,696.11)
	Brought forward balance		245.55	6,696.11
	Transfers to/(from)		(245.55)	—
	Adjustments		—	245.55
Total carried forward balance			—	**245.55**

Note		From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
Core - Core Account (Designated) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	Core Income		594.71	1,500.00
	Total Activities in furtherance of the charity's objects		*594.71*	*1,500.00*
Other incoming resources				
	FundraisingDonations		—	1,500.00
	Total Other incoming resources		—	*1,500.00*
Total receipts			**594.71**	**3,000.00**
Payments				
Activities in furtherance of the charity's objects				
	Membership Levy		70.12	—
	Total Activities in furtherance of the charity's objects		*70.12*	—
Expenditure on managing-administering the charity				
	AGM costs		148.24	—
	Equipment		544.74	—
	Office General Exps		—	53.00
	Insurance		195.00	—
	Rent		1,054.76	695.00
	Repairs & renewals		637.60	—
	Sundries		10.99	—
	Telephone/Mobile/Internet		185.26	—
	Total Expenditure on managing-administering the charity		*2,776.59*	*748.00*
Total payments			**2,846.71**	**748.00**
	Excess of Incoming resources over Resources used		(2,252.00)	2,252.00
	Brought forward balance		2,252.00	—
Total carried forward balance			**—**	**2,252.00**
Twinsgroup - Twins Group (Designated) Fund				
Receipts				
Activities for generating funds				
	Twins Income		500.00	560.00
	Total Activities for generating funds		*500.00*	*560.00*
Other incoming resources				
	FundraisingDonations		—	5,000.00
	Total Other incoming resources		—	*5,000.00*
Total receipts			**500.00**	**5,560.00**
Payments				
Activities in furtherance of the charity's objects				
	Membership Levy		10.00	—
	Total Activities in furtherance of the charity's objects		*10.00*	—
Expenditure on managing-administering the charity				
	Family Support Worker Expenses		105.22	—
	Food Vouchers or food gifts or plants		—	600.00
	Insurance		156.93	185.00
	Pamper packs		6.75	—
	Rent		—	695.00
	Refreshments		6.47	4.65
	Salaries and NI		2,485.62	2,464.62

Note		From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
	Sundries		8.65	0.69
	Telephone/Mobile/Internet		—	228.59
	Toys		10.00	—
	Total Expenditure on managing-administering the charity		*2,779.64*	*4,178.55*
Total payments			**2,789.64**	**4,178.55**
	Excess of Incoming resources over Resources used		(2,289.64)	1,381.45
	Brought forward balance		5,422.40	4,040.95
	Transfers to/(from)		390.87	—
Total carried forward balance			**3,523.63**	**5,422.40**

DBS - DBS checks (Designated) Fund

Receipts				
	Other incoming resources			
	DBS income		4,321.50	1,232.00
	Total Other incoming resources		*4,321.50*	*1,232.00*
Total receipts			**4,321.50**	**1,232.00**
Payments				
	Activities in furtherance of the charity's objects			
	Membership Levy		11.00	—
	Total Activities in furtherance of the charity's objects		*11.00*	—
	Support costs			
	DBS Payments		2,406.00	520.00
	Total Support costs		*2,406.00*	*520.00*
	Expenditure on managing-administering the charity			
	Photocopier		5.66	—
	Postage		63.29	22.69
	Salaries and NI		2,305.44	1,277.81
	Telephone/Mobile/Internet		133.56	—
	Total Expenditure on managing-administering the charity		*2,507.95*	*1,300.50*
Total payments			**4,924.95**	**1,820.50**
	Excess of Incoming resources over Resources used		(603.45)	(588.50)
	Brought forward balance		709.79	1,298.29
Total carried forward balance			**106.34**	**709.79**

Note		From To	01 April 2021 31 March 2022	01 April 2020 31 March 2021
Sarahsfund - Sarah's Fund (Designated) Fund				
Receipts				
Other incoming resources				
	FundraisingDonations		366.00	1,000.00
	Total Other incoming resources		*366.00*	*1,000.00*
Total receipts			**366.00**	**1,000.00**
Payments				
Activities in furtherance of the charity's objects				
	Craft Materials		—	457.43
	Manager/Co-ordinator Expense		—	104.85
	Total Activities in furtherance of the charity's objects		—	*562.28*
Expenditure on managing-administering the charity				
	Equipment		—	57.34
	Total Expenditure on managing-administering the charity		—	*57.34*
Total payments			**—**	**619.62**
	Excess of Incoming resources over Resources used		366.00	380.38
	Brought forward balance		380.38	—
Total carried forward balance			**746.38**	**380.38**
Reserve - Reserve Fund (Designated) Fund				
Payments				
Expenditure on managing-administering the charity				
	Salaries and NI		—	2,789.50
	Total Expenditure on managing-administering the charity		—	*2,789.50*
Total payments			**—**	**2,789.50**
	Excess of Incoming resources over Resources used		—	(2,789.50)
	Brought forward balance		17,790.42	20,579.92
	Transfers to/(from)		(2,360.82)	—
Total carried forward balance			**15,429.60**	**17,790.42**
General - General fund (Unrestricted) Fund				
	Brought forward balance		(281.20)	(281.20)
Total carried forward balance			**(281.20)**	**(281.20)**

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of

Charity Name: HOME-START SITTINGBOURNE & SHEPPEY

On accounts for the year ended: 1ST APRIL 2021 - 31ST MARCH 2022

Charity no (if any): 7952821

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete* [ ] *if not applicable.*~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed: Carter **Date:** 6th June 2022

Name: JENNY CARTER

Relevant professional qualification(s) or body: CCBI, CERTIFICATED PROFESSIONAL BANKER

(if any):	
Address:	ROYAL BANK OF SCOTLAND / NATWEST GROUP 3 HIGH STREET, MAIDSTONE, KENT ME14 1HJ

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

HOME-START SITTINGBOURNE & SHEPPEY

England & Wales - Charity number 1146356

Accounts

HOME START

Sittingbourne & Sheppey

ANNUAL REPORT 2020-21

Company Number: 7952821 Registered Charity Number: 1146356

Sittingbourne & Sheppey

First Floor, Central House, Central Avenue, Sittingbourne, Kent ME10 4NU

Tel: 01795 429007
E-mail: home-startsitt@btconnect.com
Website: www.home-startsittingbourneandsheppey.org.uk

Company Number: 7952821
Registered Charity Number: 1146356

STAFF

Co-ordinator
Laura Jobson
(16hrs rising to 18hrs in September rising to 20hrs in October)

Administrator/Bookkeeper/DBS Countersignatory
Mandy Gambell
(16hrs rising to 18hrs in September rising to 20hrs in October)

Family Support Worker
Wendy Tomlin
(12hrs - employed in September)

BOARD OF TRUSTEES 2020/21

Chairman
Christine White

Treasurer
Terry Spillard (left June '20)

Independent
Kerry Spurling
Sylvia New
Tracy Hodges
Elaine St Ledger
Fran Sinclair-Taylor

VOLUNTEERS

Alison
Camilla
Debra
Kirsty
Lin
Louise
Maureen
Natalie
Stacey
Sue

Volunteer support ceased during the covid pandemic, with volunteers self-isolating or caring for family

What is Home-Start?

Home-Start is the UK's leading family support charity. Founded in 1973 in Leicester by Margaret Harrison, it has grown to hundreds of local Home-Start schemes across the UK and with forces in Germany and Cyprus. Home-Start UK provides these schemes training, policies, quality assurance, guidance and support.

Home-Start Sittingbourne & Sheppey began in 1994, and has grown to offer local families valuable volunteer support, and to offer a Twins Group, and to also help guide families in to support from other organisations such as local Children's Centres.

We are one of eight schemes in Kent to go into homes in crisis to take the strain off families - often their only lifeline now service cuts have reduced other forms of family support. We help families cope so that they can provide the love and laughter their children need to flourish.

What do we do?

Parents supporting parents - local, trained volunteers helping families with young children through their challenging times.

Why do we do it?

The earliest years make the biggest impact: Home-Start makes those years count so that no child's future is limited.

How do we do it?

No judgement, just compassionate, confidential help and expert support. Starting in the home, our approach is as individual as the people we are helping.

The issue

A child's earliest years are irreplaceable. Without a stable, loving and nurturing environment, a very young child will not develop the vital foundations they need. They will not develop the skills that help with everything from their behaviour, their ability to learn, their confidence or even some of the most basic things, like being able to go to the toilet. Once the chance is missed, making up lost ground in later life is difficult, expensive and often just doesn't happen.

Local authorities are so overstretched and funding is sparse in Swale. A child's future shouldn't be blighted before it's even started.

Chair's Report

I have been Chair of Home-Start Sittingbourne & Sheppey for many years now and both our Annual General Meeting and our Annual Report seem to come around quicker each year. The past year, with all the problems of the global Covid 19 pandemic, made this probably the most challenging year we have ever faced. However, as always, our two long-standing and excellent staff consisting of Laura, our Co-Ordinator, and Mandy, our Administrator, have continued in their work supporting Home-Start families and their children and keeping our charity going. Laura and Mandy have had to be use new and innovative ways of offering support including by phone, zoom and dropping off to the front door safely all sorts of craft and activity items to make a difference to our families and their children whatever their age. My very grateful thanks to them both for an outstanding year of service to our charity and our families under extremely difficult circumstances.

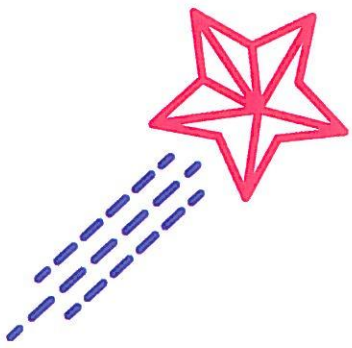
Laura will give detailed information on the work undertaken and the funding that has been secured to allow this vital support to families during the year in her report. I am delighted to say that in September after receiving funding distributed through Home-Start UK we were able to recruit a new Family Support Worker, Wendy, to give intense support to some of our Home -Start mums struggling through the restrictions of the pandemic. This project has worked extremely well and I would like to give my thanks to Wendy for her input to our service and working so well again during difficult times.

Laura Jobson, our Co-ordinator, has been with Home-Start Sittingbourne & Sheppey for over 27 years and I was actually involved in her initial recruitment and so pleased to say I was on the interview panel that appointed Laura to the post of Organiser as it was called then. What an absolutely fantastic and excellent decision that was – one of the best I have been involved in, I have worked alongside Laura for all this time and I will miss her greatly now she has decided to retire. I must thank her for her dedicated work and expertise she has brought to our charity and for all the support and help she has given to so many families and their children for so many years. We will all miss your kind and supportive way you have; its been a pleasure and an honour to work with you over the years!

I must welcome Allison McColl to the role of Co-ordinator who has already started with us and I am pleased to say that I was part of this interview panel; I am sure it has been a great decision, too. Allison worked previously for Home-Start Sittingbourne and Sheppey and it is lovely to welcome her back and I am looking forward to working with her in the future.

I cannot finish as always without taking this opportunity of thanking the key people within Home-Start that help make the organisation what it is today; thank you to all the trustees whose enthusiasm, commitment and time are given freely for the benefit of our parents and children and the wider community. We have had a couple of new trustees join us this year which has been brilliant and I look forward to working with you in the year ahead. Grateful thanks must also go to the volunteers that support both us and the families they visit.

Christine White
Chair



Co-ordinator's Report

This last year has been very challenging for us all, both at work and at home. When the lockdown was announced I was on annual leave in Norfolk and returned to find we had been locked out of the office. Our first challenge was to access the office so that we could work from home. Luckily Alison from the Avenue Theatre and Chris, our Chair, were able to help. The next challenge was to maintain contact with the volunteers and families. Both Mandy and I sent e-mails and text messages to the volunteers with updates on the support we were offering families; all of the volunteers have been shielding due to their own health needs, a family members health needs or were busy looking after their children and home schooling.

The families were contacted by text at first and then I developed our doorstep craft and activity service. All of the families who were home visited by a volunteer and the twins group families were offered weekly visits with packs for every child in the home. We decided to include the older children who were being home schooled and I found word searches, puzzles, number activities and colouring sheets suitable for the older children. Working from home I spent one day each week printing activity sheets on my small printer and making up age-appropriate packs for each child in the home. For two days each week I delivered packs to each family; we had a talk on the doorstep and the mums told me about issues concerning them such as balancing home schooling with looking after the younger children, shopping, cooking and household chores. Some families also needed safety equipment, bedding and food vouchers; these were bought with grant funding and donations.

In September a grant distributed by Home-Start UK from DCMS enabled us to employ a Family Support Worker to work intensely with mothers who were struggling to cope during the restrictions which impacted on their mental health. Although the initial project was only for four months, we found additional funding to continue this project.

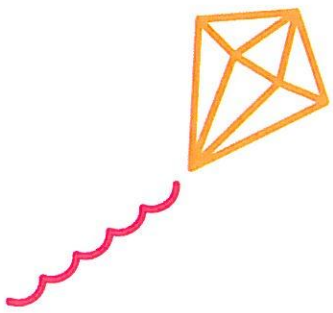
With support from Home-Start UK who administered a DCMS/Pears grant to help local Home-Starts build capacity and improved financial capability, and a donation from the Trustees of Home-Start Canterbury and Coastal which closed in April 2020, we have been able to recruit a Co-ordinator to take on the scheme and allow me to retire after 27 years.

I would like to thank the home visiting volunteers who have given so many hours of support to hundreds of families and the trustees who have given their knowledge, experience and time to ensure we complied with charity and company law and followed Home-Start policies and procedures.

It has been an amazing experience being part of Home-Start Sittingbourne and Sheppey family support service.

Thank you,

Laura Jobson
Co-ordinator

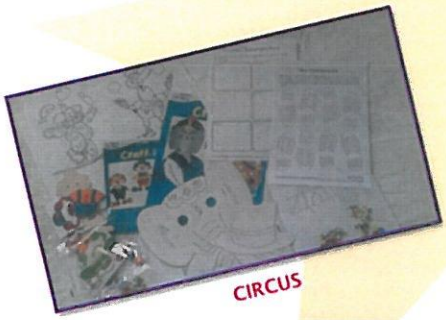


Family support during Covid-19

We are grateful that our current grant funders Tampon Tax Community Fund, Kent Community Foundation (Rooney Foundation), Kent Community Foundation (Lawson Fund), the Henry Smith Charity and the Colyer Fergusson Charitable Trust, agreed to adapt their grant specifications to allow us to offer a doorstep service to all of the families throughout the pandemic. They also allowed us to use some of the funding to buy craft for the children's packs.

HOME START
Sittingbourne & Sheppey

We are supporting 18 families with 33 children by text and weekly visits delivering craft and activity packs. 306 packs have been delivered during May, June and July.



CIRCUS

BUTTERFLIES

MERMAIDS/JELLYFISH

FATHER'S DAY

EYGPT

The craft/activity packs were delivered to the family for each child in the home.

PIRATES

DINOSAURS

JUNGLE

SPACE

MUMS' PAMPER PACKS

At Christmas Home-Start UK formed a partnership with John Lewis to raise funds for Home-Start and Fairshare. We were given a grant which we used to buy extra items for each family, tins of biscuits, tubs of sweets and food vouchers. We were also given hats, scarves and gloves for the children from The White Stuff, and also Christmas decorations. John Lewis asked their Waitrose stores to partner with a local Home-Start and we were allocated the store at Allington. The staff donated a gift bag filled with toiletries and chocolate for every mum we were supporting.

With grants from Kent Community Foundation Emergency Fund, DEFRA emergency fund and the Linda Hogan Community Fund we were able to buy more stickers and craft for the packs, hand sanitiser, face masks, flowers and pamper gifts for parents. We also bought Aldi food vouchers which we distributed to families through the autumn and winter months.

Mother's Day gifts and craft for the children

Christmas gifts for the mums

Mums' pamper packs

In September the Twins Group met in a park in Sittingbourne until covid cases began rising and the country went into lockdown again.

From April 2020 to March 2021, 32 parents and 67 children were supported by the Co-ordinator and from September the Family Support Worker took on 6 of the families.

Quotes from parents

"I meant to message you but kept forgetting I'm so sorry! I wanted to thank you for the package you dropped off, it has been very helpful. I have been quite poorly recently so a pamper pack definitely helped"

"Thank you so much can't wait to sit down with them and do some bits. Was the little bag (pamper pack) from you as well?.....Thank you so much xx"

"M showed me his amazing fish, he was very proud"

"Thank you, the boys are loving all the bubbles."

"Thanks ever so much. R absolutely loves dinosaurs so the last pack went down a treat"

"My girls have enjoyed the craft packs every week. Thank you. Xx"

"It is very appreciated. Xxx"

"The children are always excited to look in the bag and get creative. Xx and its been lovely to see a friendly face every week. Thank you."

"So engrossed they can't even look up for a photo. Thanks again xx"

"Thank you for the craft and vouchers, I really appreciate it. Sorry I didn't get to the door, not too good this week, doctor uppped my antidepressants !!"

"Thank you so much for the bits today. It was a lovely surprise"

"Thank you so much for all of the Christmas gifts and vouchers. They couldn't have come at a more needed time. I have just been made redundant."

These gifts and food vouchers have made such a difference to the mums and their children during a time of great uncertainty when they have been unable to see friends and family, older children not able to attend school, and work for some parents suddenly ended with no date when it would resume. Many of the parents felt anxious about leaving their homes, others felt constrained because they could not go out, most of the mothers felt depressed at some time during the lockdowns, worried about the future and when things may become more normal.

The children have also struggled with spending so many months at home, missing their friends and family. For some the return to school has caused anxiety, lack of confidence and they have taken several months to settle back in. Babies born during the year have not had an opportunity to socialise with their peers or family members.

Families' feedback

Families were asked by the Co-ordinator at the end of this year what difference the regular visits and deliveries of craft, activities, pamper packs, toys and gifts made to them during lockdown.

1) **Overall, how satisfied are you with the contents of the packs?**

"The girls love the crafts and always enjoy it."

"It's been so nice to receive gifts that have been just for us mums, we usually get forgotten."

"The food vouchers have definitely improved our lockdown Christmas."

"My son likes them."

"We love them, they want to open the packs straight away."

"Very, lots of variety for the children, they love looking in the bag and trying the activities."

"They have been great, both boys enjoyed them."

"Amazing, brilliant, they look forward to them each week."

"Very, 100%"."

Extremely satisfied, they have been great."

"All have been lovely."

2) **Do you feel that your child/ren enjoyed the activities?**

All of the families agreed their children including older siblings enjoyed the activities.

Many of the younger children enjoyed the stickers each week.

3) **Do you feel the packs helped you and your child/children try different activities together?**

"They have helped me to talk about and teach them things with each different theme."

"The activities that result in making something such as the Christmas wreaths have been great."

"They have helped the children feel a sense of achievement when we put their work on the wall."

"We have spent so much time indoors it has been good to talk about different things and to do the activity together."

"Yes, the stickers are their favourite."

"I would not have tried painting with my daughter (20months) if you had not given me the painting sticks. We have had great fun."

"Yes, we sit and do them together, the tractor one was his favourite."

"The big crayons and paint sticks, I would never have tried them."

"Yes, we have tried things I did not know about and could not get during lock down, we have looked forward to each week's delivery."

4) **Were the gifts from John Lewis suitable for your child?**

"Amazing, so wonderful."

"R... loved her scarf and wore it indoors, perfect for the winter."

"Yes, great."

"Yes very. Just right for the cold months."

"Yes, overwhelmed by the Christmas gifts, so unexpected and lovely."

"Yes, hats will fit for a long time."

"Yes, the hats have been worn everywhere, all round the house all day."

5) **How have the restrictions affected you personally?**

"Money was tighter, children hated being inside all day."

"My Mum could not visit."

"Older child sat GCSE's, very difficult for her."

"Reduced income meant we had to cut out luxuries, purchases became more considered."

"Girls have not been able to build social skills due to groups closed and not being able to mix with any other children."

"The first few months were very hard, not seeing Mum. Now we are able to meet its much better."

"Had anxiety and depression before, this has brought the feelings back and worse. Still get panic attacks and worry about going out and meeting people."

"It has been difficult to get the court and divorce proceedings done. Everything takes so long."

"Not seeing my parents has been hard but they were able to visit last week."

"It has been so difficult to attend hospital appointments for me."

"My family live in Ireland and I have not seen them for so long, my sister had a baby last year and I have not seen her yet."

"My mental health was affected, I need to get out of the home."

"It has been hard not seeing family who live in Poland, I usually visit every year in the summer for a month and they come for Christmas."

6) **Is there anything else you would like to say?**

"Fantastic support over the year."

"Your support has been brilliant, Thank you."

"Please can the support continue."

"Thank you for your support and help we will miss you."

"Thank you for the extras they have made such a difference to me."

"Thank you for the extra bits and shopping/food vouchers they have been a great help."

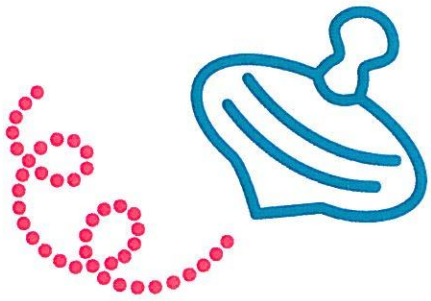
"We all really appreciate all the thought and effort that goes into the gifts and activities, we built the activities into our routine during lockdown to give the girls some stability. They often do the stickers while on Zoom to the Grandparents they create a good discussion and they sit still."

"Now things are returning to normal the stickers are great as a rainy day activity. Thank you."

"What an amazing bag of goodies today! Thank you so much. Looking forward to a lovely soak in the bath tonight once the children are in bed."

"The children enjoyed making their penguins, thanks so much, very useful because we are isolating as 3 of us have tested positive for covid."

"Thank you it's been lovely to see a friendly face each week."



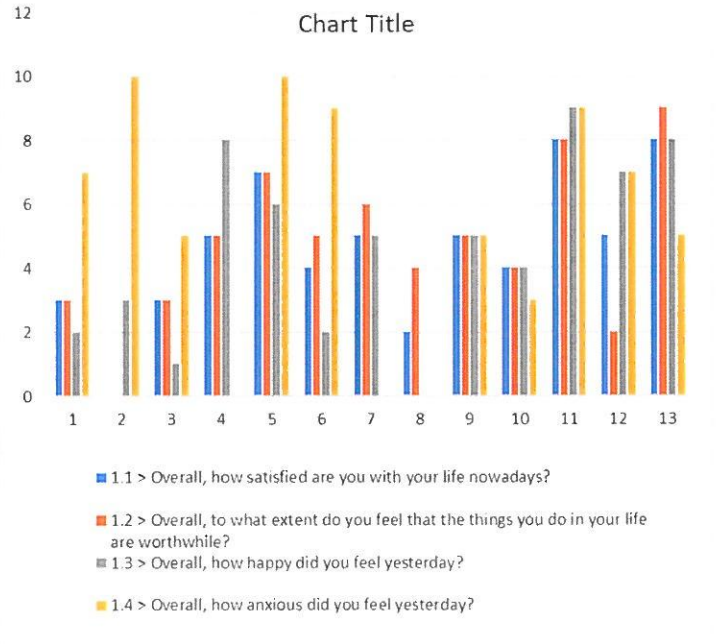
Loneliness Project

Home-Start UK secured funding from DCMS to work with mums who could be isolated, expectant or new mums, have no other support network in the country or have serious vulnerability around mental health. We were asked to provide support several times a week which could include face to face, phone, WhatsApp or Zoom. In addition, we provided practical support to attend appointments, access local services and help to integrate back into the community. The project was from September to December and we supported 10 mothers during this time. There were outcomes to measure using a questionnaire completed by the mother at the initial visit, during the support and at the end of the support. The mothers were asked how often they felt isolated, lonely, left out and lacking companionship.

The funding enabled us to recruit a Family Support Worker for 12 hours a week and support 7 families, and the Co-ordinator supported 3 families.

Support to mums included:

- Emotional support- someone to talk to / a listening ear
- Weekly meeting up face to face
- Getting out of the house and going for a walk
- Weekly craft packs
- Potty training/sleep advice



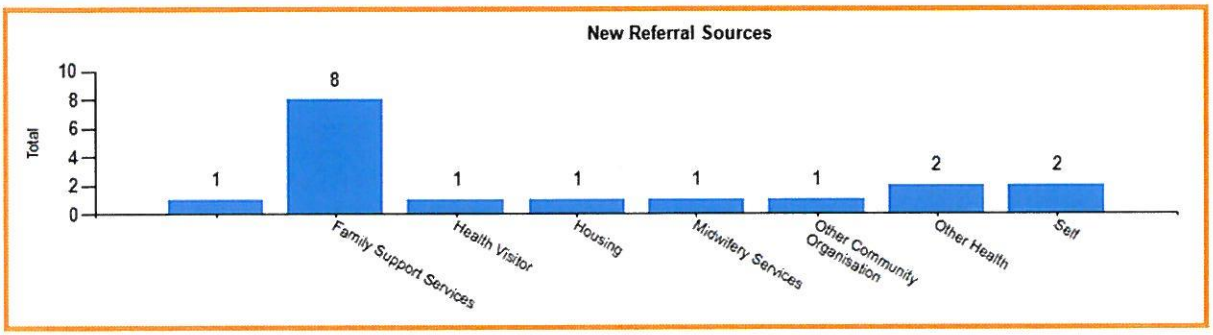
Although the project was only for 4 months the Family Support Worker was able to build close supportive relationships with the mums and help them to feel less isolated and lonely. We secured further funding for the Family Support Worker to continue to work with the mums until the end of March.

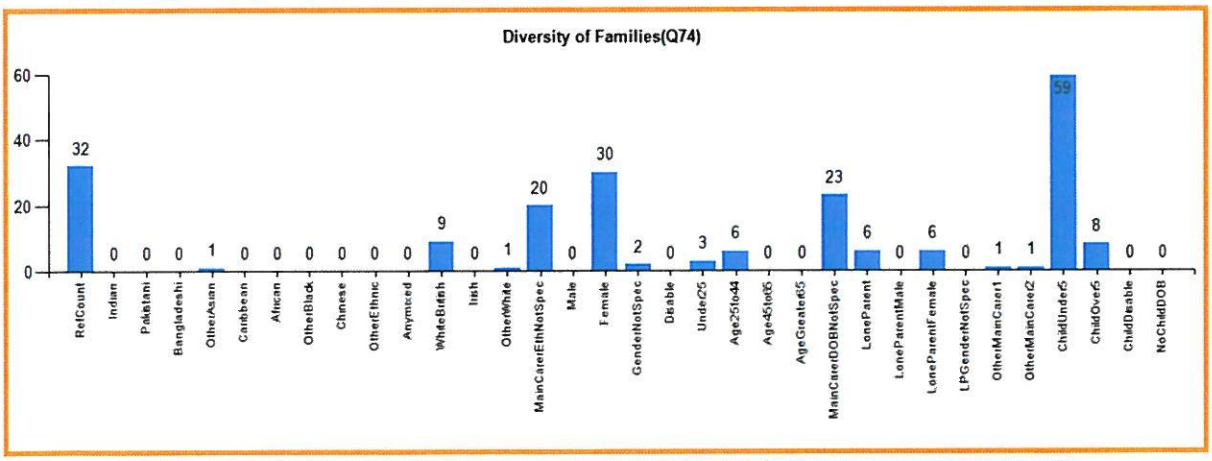
MESH Outcomes Report

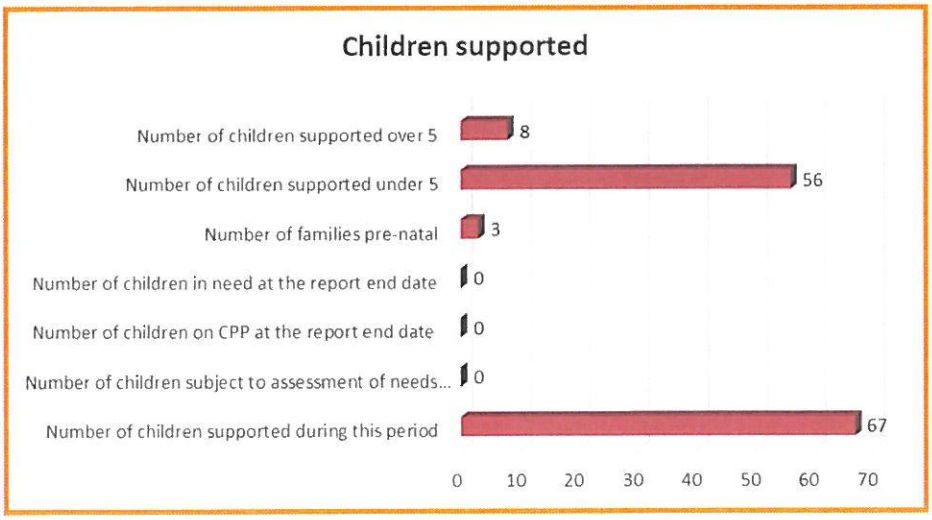
The Monitoring and Evaluation System Home-Start (MESH) is a statistical database held centrally by Home-Start UK (until its final ending date of 31st March 2021). All statistical information is input onto the system by us regularly - it collates information about our families, the type of support they receive and outcomes, as well as volunteer/paid worker visits to families. MESH reports are regularly produced for our trustees and at-a-glance statistics used for funding bids.

Total number of families referred for the year - 17
(down on previous years due to the covid pandemic/periods of lockdown)

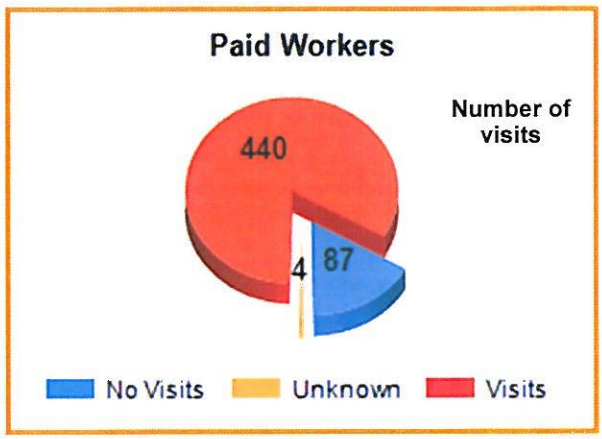
Total number of families supported for the year - 32
(figure includes families carried over from the previous year)







Due to the outbreak of the covid pandemic, and periods of lockdown, no support visits within the families' homes took place. These were re-placed by socially distanced doorstep visits, where initially the Co-ordinator would deliver craft packs and PPE to families. Our small team of volunteers had to stop due to their own health issues or caring for others. A Family Support Worker was employed in late August to help the Co-ordinator with the deliveries and visits, and this has continued throughout this year, and has included further deliveries of food vouchers, pamper gifts and Christmas gifts donated by White Stuff and Waitrose. The Family Support Worker has also been maintaining contact to the families with WhatsApp video calls and text/phone calls. Details of these visits are then entered onto the MESH system.

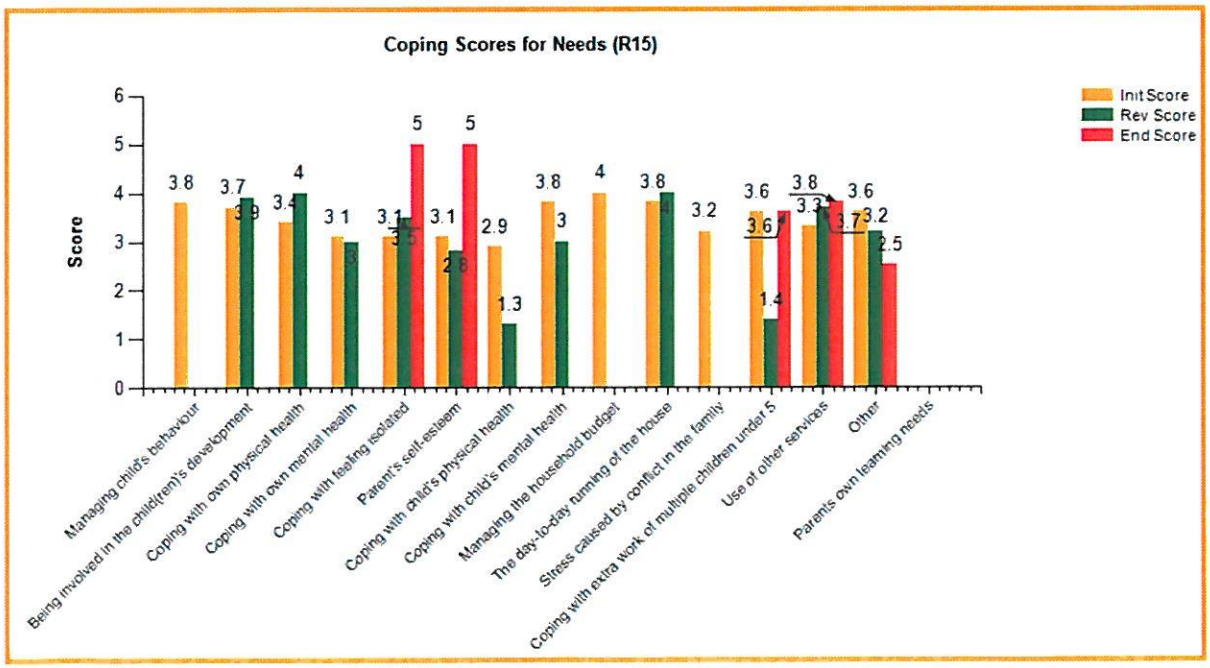


The figures in the graph above have been broken down into number of visits that took place, and number of visits that did not take place (due to the parent cancelling the visit, re-arrangement, or not at home when visit booked).

The duration of face to face visits for the year made by the Co-ordinator and Family Support Worker was

200 hours

Each visit to the families from the Co-ordinator (initial, reviews and end visit) are given a coping score, broken down into reasons for support. The coping score is 1-5, and we can also check each family individually how their coping scores progress during the duration of support.



We would like to take this opportunity to thank the following who funded us and gave donations throughout the year...

Bentley Reid & Co
(£5,000 for our Twins Group)

Kent Community Foundation (Covid19 grant)
(£4,000 for our supporting families during the covid pandemic)

Linda Hogan Foundation (Covid19 grant)
(£230 for supporting families during the covid pandemic)

Canterbury Christchurch College
(£560 for a student social worker placement)

Home-Start UK (Loneliness grant)
(£5,000 for supporting families during the covid pandemic)

Swale CVS (DEFRA grant)
(£750 for supporting families during the covid pandemic)

Kent Community Foundation
(£1,500 for our core work)

Home-Start UK (Connecting with Families grant)
(£800 for supporting families during the covid pandemic)

West Kent Extra (Linda Hogan Foundation)
(£100 for gifts for families during the covid pandemic)

Home-Start UK DCMS/Pears Foundation
(£9,880 for bridging support, assistance with income generation, support with finance)

Groundworks (Comic Relief)
(£2,000 for Family Support Worker role)

Home-Start Canterbury
(£1,500 donation for core work)

Home-Start Canterbury
(£7.500 donation for Co-ordinator role)

Home-Start UK (Caring for Families during Covid grant)
(£1,248 for supporting families during the covid pandemic)

Foyle Foundation
(£4,500 for Family Support Worker role from April 2021)

M Robertson
(£1,000 donation)

And gift donations from White Stuff and Waitrose for all of our families

John Lewis

Christmas 2020 campaign raising money for Home-Start and Fareshare

HOME START
Sittingbourne & Sheppey

First Floor, Central House, Central Avenue, Sittingbourne,
Kent ME10 4NU
01795 429007
home-startsitt@btconnect.com
www.home-startsittingbourneandsheppey.org.uk
Find us on Facebook

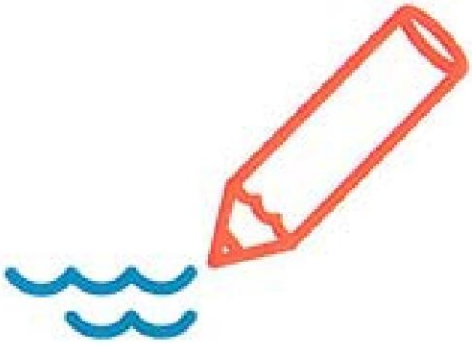
OFFICE OPEN:
Mon to Thurs - 9.00am to 2.00pm
Closed Fridays

Company Number: 7952821 Registered Charity Number: 1146356

HOME START

Sittingbourne & Sheppey

FINANCIAL STATEMENTS YEAR ENDED 31ST MARCH 2021



Registered Charity Number: 1146356
Company Number: 7952821

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of Charity Name: HOME-START SITTINGBOURNE & SHEPPEY

On accounts for the year ended 31ST MARCH 2021 **Charity no (if any)** 1146356

Set out on pages (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete* [ ] *if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed: Carter **Date:** 28 MAY 2021

Name: JENNY CARTER

Relevant professional qualification(s) or body DIPLOMA IN LENDING SKILLS

(if any):	
Address:	3-5 HIGH STREET
	MAIDSTONE
	KENT ME14 1HJ

Section B	**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.	

TRUSTEES' RESPONSIBILITIES

Under the Charities Act 1993, the Trustees are required to prepare a statement of accounts for each financial year of the incoming resources and application of resources in the year. In preparing the statement, the Trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the statement accounts;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its operations

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity at that time to enable the Trustees to ensure that any statement of account prepared by them complies with the regulations under Section 42 (1) of the Charities Act 1993. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees via Zoom Trustee meeting 17/5/21

(date) .....17/5/21.....

and signed on their behalf by the Chair

(signed) .....C.A.White..... (date).....18/5/21.

HOME-START SITTINGBOURNE & SHEPPEY

NOTES TO THE ACCOUNTS
For the year ended 31st March 2021

Unrestricted Funds **£**

Receipts

Kent Community Foundation (Covid19 grant)	4000
Linda Hogan Foundation (Covid19 grant)	230
Home-Start UK Loneliness grant	5000
Swale CVS (DEFRA grant)	750
Kent Community Foundation	1500
Home-Start UK Connecting Families grant	800
Home-Start Uk DCMS/Pears Foundation	9880
Home-Start (caring for families during Covid) grant	1248
West Kent Extra (Linda Hogan Foundation)	100
Canterbury Christchurch College	560
Groundworks (Comic Relief)	2000
Home-Start Canterbury and Coastal donation	1500
Home-Start Canterbury and Coastal donation	7500
Bentley Reid & Co donation	5000
M Robertson donation	1000
Foyle Foundation	4500
Total	**45568**

Other Income

^DBS income	**1232**

Payments

Home-Start UK receive 2% of our income for membership Levy	**622.76**

Restricted Funds

^DBS Income – the Manager and Administrator provide enhanced and standard checks for Swale voluntary and community organisations. We charge an administration fee to cover administrator hours and postage (£1300.81). Total payments received (£1232) includes payment to DBS for checking staff (£520).

Twins Club –grants Donation from Bentley Reid & Co (5,000), Canterbury Christchurch College payment for student placement. Unspent grant funds for this year will be carried over and used when the group reopens at the children's centre.

Core Work – grant from Kent Community Foundation and donation from Home-Start Canterbury and Coastal following their closure in 2020

Covid19 grants- we received a grant from Kent Community Foundation to purchase a new laptop so that we can hold and attend Zoom meetings and pay for an annual subscription, grants from Linda Hogan, Swale CVS/DEFRA and Home-Start Uk enabled us to purchase food vouchers, toiletries, face masks/shields, anti-bac gel, craft and small gifts for the parents and children.

Home-Start Canterbury and Coastal - The scheme closed in April 2020 and remaining funds were donated to Thanet and Sittingbourne and Sheppey Home-Starts. We will be using some of the funds to cover the additional costs of the new co-ordinator.

Family Support Worker – The worker has been employed since September with funding for 4 months from the Home-Start Loneliness grant. From January to March the worker was funded by an underspend from the Lawson Fund. From April 2021 we have secured funding from Comic Relief and the Foyle Foundation to continue the role for a year.

Reserve Funds – We used £2,789 for staff salaries during April and May until the funders agreed to changes in the outcomes and expenditure due to the COVID19 restrictions.

	£
3 months' running costs to close scheme	11365.42
Redundancy liability for 1 staff to march 2022	6425.00
Total	**17790.42**

Home-Start Sittingbourne & Sheppey

Statement of Financial Activities

For the period from 01 April 2020 to 31 March 2021

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Prior year total funds
Incoming resources					
Donations, Legacies and similar incoming resources	—	—	—	—	—
Activities in furtherance of the charity's objects	1,500	36,008	—	37,508	25,160
Activities for generating funds	560	—	—	560	7,550
Other incoming resources	8,732	—	—	8,732	4,605
Total incoming resources	**10,792**	**36,008**	—	**46,800**	**37,315**
Resources used					
Costs of generating funds	—	—	—	—	—
Grants payable in furtherance of charity's objects	—	—	—	—	—
Activities in furtherance of the charity's objects	562	3,039	—	3,601	1,790
Support costs	520	—	—	520	2,172
Expenditure on managing-administering the charity	9,073	31,397	—	40,471	28,129
Total resources used	**10,156**	**34,436**	—	**44,593**	**32,092**
Net income / (expenditure)	**635**	**1,571**	—	**2,206**	**5,223**
Transfers					
Gross transfers between funds - in	—	—	—	—	4,200
Gross transfers between funds - out	—	—	—	—	(4,200)
Net income / (expenditure)	**635**	**1,571**	—	**2,206**	**5,223**
Other recognised gains / losses					
Gains / losses on investment assets	—	—	—	—	—
Gains on revaluation, fixed assets, charity's own use	—	—	—	—	—
Net movement in funds	**635**	**1,571**	—	**2,206**	**5,223**
Reconciliation of funds					
Total funds brought forward	**25,637**	**20,468**	—	**46,106**	**40,883**
Total funds carried forward	**26,273**	**22,039**	—	**48,313**	**46,106**

There may be minor discrepancies in the totals if the pence are not being shown

Home-Start Sittingbourne & Sheppey

Balance Sheet detailed

		As at 31/03/2021	As at 31/03/2020
Current assets			
	BANK: Bank Account	48,164.04	45,922.11
	BANK2: Investment Account	—	—
	BNK: Bank Account	—	—
	CASH: Cash in Hand	149.16	184.22
	Z05: Accounts Receivable	—	—
	Total Current assets	**48,313.20**	**46,106.33**
Liabilities			
	Z04: Accounts Payable	—	—
	Total Liabilities	—	—
	Net Asset surplus (deficit)	**48,313.20**	**46,106.33**
Reserves			
	Excess / (deficit) to date	2,206.87	5,223.20
	Z01: Starting balances	46,106.33	40,883.13
	Total Reserves	**48,313.20**	**46,106.33**

Represented by Funds

Unrestricted	(281.20)	(281.20)
Designated	26,554.99	25,919.16
Restricted	22,039.41	20,468.37
Endowment	—	—
Total	**48,313.20**	**46,106.33**

Home-Start Sittingbourne & Sheppey

Fund movement by type
Selected period: 01 April 2020 to 31 March 2021

Fund and type	Fund balances brought forward	Incoming Resources	Outgoing Resources	Transfers	Gains and Losses	Journal Entries	Fund balances carried forward
CVD19							
Restricted	—	12,128.00	11,305.27	—	—	209.62	1,032.35
Sub-totals	**—**	**12,128.00**	**11,305.27**	**—**	**—**	**209.62**	**1,032.35**
FSWCRF							
Restricted	—	2,000.00	601.85	—	—	—	1,398.15
Sub-totals	**—**	**2,000.00**	**601.85**	**—**	**—**	**—**	**1,398.15**
FSWFF							
Restricted	—	4,500.00	—	—	—	—	4,500.00
Sub-totals	**—**	**4,500.00**	**—**	**—**	**—**	**—**	**4,500.00**
HSUKPFG							
Restricted	—	9,880.00	6,595.50	—	—	—	3,284.50
Sub-totals	**—**	**9,880.00**	**6,595.50**	**—**	**—**	**—**	**3,284.50**
NewCoord21							
Restricted	—	7,500.00	—	—	—	—	7,500.00
Sub-totals	**—**	**7,500.00**	**—**	**—**	**—**	**—**	**7,500.00**
PCLT							
Restricted	13,772.26	—	9,238.23	—	—	—	4,534.03
Sub-totals	**13,772.26**	**—**	**9,238.23**	**—**	**—**	**—**	**4,534.03**
TTF							
Restricted	6,696.11	—	6,696.11	—	—	245.55	245.55
Sub-totals	**6,696.11**	**—**	**6,696.11**	**—**	**—**	**245.55**	**245.55**
Core							
Designated	—	3,000.00	748.00	—	—	—	2,252.00
Sub-totals	**—**	**3,000.00**	**748.00**	**—**	**—**	**—**	**2,252.00**
Twinsgroup							
Designated	4,040.95	5,560.00	4,178.55	—	—	—	5,422.40
Sub-totals	**4,040.95**	**5,560.00**	**4,178.55**	**—**	**—**	**—**	**5,422.40**
DBS							

Fund and type	Fund balances brought forward	Incoming Resources	Outgoing Resources	Transfers	Gains and Losses	Journal Entries	Fund balances carried forward
Designated	1,298.29	1,232.00	1,820.50	—	—	—	709.79
Sub-totals	**1,298.29**	**1,232.00**	**1,820.50**	**—**	**—**	**—**	**709.79**
Sarahsfund							
Designated	—	1,000.00	619.62	—	—	—	380.38
Sub-totals	**—**	**1,000.00**	**619.62**	**—**	**—**	**—**	**380.38**
Reserve							
Designated	20,579.92	—	2,789.50	—	—	—	17,790.42
Sub-totals	**20,579.92**	**—**	**2,789.50**	**—**	**—**	**—**	**17,790.42**
General							
Unrestricted	(281.20)	—	—	—	—	—	(281.20)
Sub-totals	**(281.20)**	**—**	**—**	**—**	**—**	**—**	**(281.20)**
Totals	**46,106.33**	**46,800.00**	**44,693.13**	**—**	**—**	**455.17**	**48,768.37**

Home-Start Sittingbourne & Sheppey
Receipts and payments
Selected period: 01 April 2020 to 31 March 2021

Note		From To	01 April 2020 31 March 2021	01 April 2019 31 March 2020
BLRFSP - Big Lottery Ready For School Project (Restricted) Fund				
	Payments			
	Activities in furtherance of the charity's objects			
	Craft Materials		—	59.66
	Co-ordinator Expense		—	182.63
	Total Activities in furtherance of the charity's objects		—	*242.29*
	Expenditure on managing-administering the charity			
	Postage		—	9.86
	Salaries and NI		—	2,365.71
	Telephone/Mobile/Internet		—	9.58
	Volunteer Expenses		—	71.48
	Total Expenditure on managing-administering the charity		—	*2,456.63*
	Total payments		—	**2,698.92**
	Excess of Incoming resources over Resources used		—	(2,698.92)
	Brought forward balance		—	2,313.23
	Transfers to/(from)		—	385.69
CVD19 - Covid19 (Restricted) Fund				
	Receipts			
	Activities in furtherance of the charity's objects			
	Covid-19		12,128.00	—
	Total Activities in furtherance of the charity's objects		*12,128.00*	—
	Total receipts		**12,128.00**	—
	Payments			
	Activities in furtherance of the charity's objects			
	Craft Materials		685.67	—
	Co-ordinator Expense		90.00	—
	Total Activities in furtherance of the charity's objects		*775.67*	—
	Expenditure on managing-administering the charity			
	Family Support Worker Expenses		536.55	—
	Food Vouchers or food gifts or plants		2,985.82	—
	Photocopier		102.48	—
	Pamper packs		30.00	—
	PPE - sanitiser wipes cream masks		265.30	—
	Rent		695.00	—
	Repairs & renewals		618.99	—
	Salaries and NI		5,131.36	—
	Stat and Publication		3.00	—
	Telephone/Mobile/Internet		161.10	—
	Total Expenditure on managing-administering the charity		*10,529.60*	—
	Total payments		**11,305.27**	—

Note		From To	01 April 2020 31 March 2021	01 April 2019 31 March 2020
	Excess of Incoming resources over Resources used		822.73	—
	Adjustments		209.62	—
	Total carried forward balance		**1,032.35**	—

EAP - Enjoy & Achieve Project (core) (Designated) Fund

Receipts			
Activities for generating funds			
	Enjoy & Achieve Project (core)	—	1,120.00
	Total Activities for generating funds	—	*1,120.00*
Other incoming resources			
	FundraisingDonations	—	180.00
	Total Other incoming resources	—	*180.00*
Total receipts		—	**1,300.00**
Payments			
Activities in furtherance of the charity's objects			
	Co-ordinator Expense	—	283.34
	Membership Levy	—	372.76
	Total Activities in furtherance of the charity's objects	—	*656.10*
Expenditure on managing-administering the charity			
	AGM costs	—	107.14
	Office General Exps	—	40.00
	Insurance	—	278.00
	Photocopier	—	145.57
	Postage	—	6.53
	Rent	—	695.00
	Salaries and NI	—	2,955.48
	Telephone/Mobile/Internet	—	499.32
	Volunteer Expenses	—	190.43
	Total Expenditure on managing-administering the charity	—	*4,917.47*
Total payments		—	**5,573.57**
	Excess of Incoming resources over Resources used	—	(4,273.57)
	Brought forward balance	—	2,958.86
	Transfers to/(from)	—	1,314.71

FSWCRF - Fam Supp Worker Comic Relief grant (Restricted) Fund

Receipts			
Activities in furtherance of the charity's objects			
	Fam Supp Worker Comic Relief grant	2,000.00	—
	Total Activities in furtherance of the charity's objects	*2,000.00*	—
Total receipts		**2,000.00**	—
Payments			
Expenditure on managing-administering the charity			
	Family Support Worker Expenses	51.85	—
	Salaries and NI	550.00	—
	Total Expenditure on managing-administering the charity	*601.85*	—
Total payments		**601.85**	—

Note		From To	01 April 2020 31 March 2021	01 April 2019 31 March 2020
	Excess of Incoming resources over Resources used		1,398.15	—
	Total carried forward balance		**1,398.15**	—

FSWFF - Fam Supp Worker Foyle Foundation (Restricted) Fund

Receipts			
Activities in furtherance of the charity's objects			
	Fam Supp Worker Foyle Foundation	4,500.00	—
	Total Activities in furtherance of the charity's objects	*4,500.00*	—
Total receipts		**4,500.00**	—
	Excess of Incoming resources over Resources used	4,500.00	—
Total carried forward balance		**4,500.00**	—

HSUKPFG - HSUK Pears Foundation Grant (Restricted) Fund

Receipts			
Activities in furtherance of the charity's objects			
	HSUK Pears Foundation Grant	9,880.00	—
	Total Activities in furtherance of the charity's objects	*9,880.00*	—
Total receipts		**9,880.00**	—
Payments			
Expenditure on managing-administering the charity			
	Office General Exps	4,880.00	—
	Salaries and NI	1,715.50	—
	Total Expenditure on managing-administering the charity	*6,595.50*	—
Total payments		**6,595.50**	—
	Excess of Incoming resources over Resources used	3,284.50	—
Total carried forward balance		**3,284.50**	—

NewCoord21 - New Co-ordinator 21 (Restricted) Fund

Receipts			
Activities in furtherance of the charity's objects			
	New Co-ordinator 21	7,500.00	—
	Total Activities in furtherance of the charity's objects	*7,500.00*	—
Total receipts		**7,500.00**	—
	Excess of Incoming resources over Resources used	7,500.00	—
Total carried forward balance		**7,500.00**	—

Note		From To	01 April 2020 31 March 2021	01 April 2019 31 March 2020
PCLT - Parent & Child Learning Together (Restricted) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	Parent & Child Learning Together		—	16,500.00
	Total Activities in furtherance of the charity's objects		—	*16,500.00*
Total receipts			**—**	**16,500.00**
Payments				
Activities in furtherance of the charity's objects				
	Craft Materials		57.08	36.51
	Co-ordinator Expense		235.60	99.90
	Membership Levy		467.76	—
	Publicity		—	13.00
	Total Activities in furtherance of the charity's objects		*760.44*	*149.41*
Expenditure on managing-administering the charity				
	AGM costs		60.00	—
	Office General Exps		—	6.00
	Insurance		415.00	—
	Photocopier		240.48	102.48
	Postage		9.69	30.18
	Rent		695.00	—
	Repairs & renewals		—	592.08
	Salaries and NI		6,442.42	3,398.19
	Stat and Publication		43.28	39.19
	Telephone/Mobile/Internet		497.47	124.87
	Vols Training & Conf		4.00	23.45
	Volunteer Expenses		70.45	261.89
	Total Expenditure on managing-administering the charity		*8,477.79*	*4,578.33*
Total payments			**9,238.23**	**4,727.74**
	Excess of Incoming resources over Resources used		(9,238.23)	11,772.26
	Brought forward balance		13,772.26	—
	Transfers to/(from)		—	2,000.00
Total carried forward balance			**4,534.03**	**13,772.26**
SBS - Side by Side (Restricted) Fund				
Payments				
Activities in furtherance of the charity's objects				
	Co-ordinator Expense		—	351.61
	Membership Levy		—	160.00
	Total Activities in furtherance of the charity's objects		—	*511.61*
Expenditure on managing-administering the charity				
	Insurance		—	245.00
	Photocopier		—	204.96
	Postage		—	17.93
	Rent		—	660.00
	Salaries and NI		—	5,539.12
	Stat and Publication		—	27.02
	Telephone/Mobile/Internet		—	195.57
	Volunteer Expenses		—	583.11
	Total Expenditure on managing-administering the charity		—	*7,472.71*

Note		From To	01 April 2020 31 March 2021	01 April 2019 31 March 2020
	Total payments		—	**7,984.32**
	Excess of Incoming resources over Resources used		—	(7,984.32)
	Brought forward balance		—	7,984.32

TTF - Tampon Tax Fund (Restricted) Fund

Receipts			
Activities in furtherance of the charity's objects			
	Tampon Tax Fund	—	8,660.00
	Total Activities in furtherance of the charity's objects	—	*8,660.00*
Total receipts		—	**8,660.00**
Payments			
Activities in furtherance of the charity's objects			
	Craft Materials	669.71	—
	Co-ordinator Expense	678.45	62.10
	Membership Levy	155.00	—
	Total Activities in furtherance of the charity's objects	*1,503.16*	*62.10*
Expenditure on managing-administering the charity			
	Insurance	234.84	—
	Photocopier	204.96	—
	Postage	15.60	21.96
	Pamper packs	22.50	—
	PPE - sanitiser wipes cream masks	96.00	—
	Rent	—	695.00
	Repairs & renewals	112.49	—
	Salaries and NI	3,989.03	1,415.32
	Stat and Publication	12.83	31.37
	Sundries	95.10	—
	Telephone/Mobile/Internet	381.60	149.16
	Toys	28.00	—
	Volunteer Expenses	—	88.98
	Total Expenditure on managing-administering the charity	*5,192.95*	*2,401.79*
Total payments		**6,696.11**	**2,463.89**
	Excess of Incoming resources over Resources used	(6,696.11)	6,196.11
	Brought forward balance	6,696.11	—
	Transfers to/(from)	—	500.00
	Adjustments	245.55	—
Total carried forward balance		**245.55**	**6,696.11**

Note		From To	01 April 2020 31 March 2021	01 April 2019 31 March 2020
Core - Core Account (Designated) Fund				
Receipts				
Activities in furtherance of the charity's objects				
	Core Income		1,500.00	—
	Total Activities in furtherance of the charity's objects		*1,500.00*	—
Other incoming resources				
	FundraisingDonations		1,500.00	—
	Total Other incoming resources		*1,500.00*	—
Total receipts			**3,000.00**	—
Payments				
Expenditure on managing-administering the charity				
	Office General Exps		53.00	—
	Rent		695.00	—
	Total Expenditure on managing-administering the charity		*748.00*	—
Total payments			**748.00**	—
	Excess of Incoming resources over Resources used		2,252.00	—
Total carried forward balance			**2,252.00**	—
Twinsgroup - Twins Group (Designated) Fund				
Receipts				
Activities for generating funds				
	Twins Income		560.00	6,430.00
	Total Activities for generating funds		*560.00*	*6,430.00*
Other incoming resources				
	FundraisingDonations		5,000.00	477.00
	Total Other incoming resources		*5,000.00*	*477.00*
Total receipts			**5,560.00**	**6,907.00**
Payments				
Activities in furtherance of the charity's objects				
	Craft Materials		—	68.29
	Co-ordinator Expense		—	10.69
	Membership Levy		—	90.00
	Total Activities in furtherance of the charity's objects		—	*168.98*
Expenditure on managing-administering the charity				
	Food Vouchers or food gifts or plants		600.00	—
	Insurance		185.00	250.31
	Photocopier		—	102.48
	Postage		—	25.82
	Rent		695.00	695.00
	Refreshments		4.65	54.38
	Salaries and NI		2,464.62	2,761.13
	Sundries		0.69	—
	Telephone/Mobile/Internet		228.59	335.35
	Volunteer Expenses		—	198.35
	Total Expenditure on managing-administering the charity		*4,178.55*	*4,422.82*
Total payments			**4,178.55**	**4,591.80**

Note		From To	01 April 2020 31 March 2021	01 April 2019 31 March 2020
	Excess of Incoming resources over Resources used		1,381.45	2,315.20
	Brought forward balance		4,040.95	1,725.75
	Total carried forward balance		**5,422.40**	**4,040.95**

DBS - DBS checks (Designated) Fund

Receipts			
Other incoming resources			
	DBS Income	1,232.00	3,948.40
	Total Other incoming resources	*1,232.00*	*3,948.40*
Total receipts		**1,232.00**	**3,948.40**
Payments			
Support costs			
	DBS Payments	520.00	2,172.00
	Total Support costs	*520.00*	*2,172.00*
Expenditure on managing-administering the charity			
	Postage	22.69	52.10
	Rent	—	35.00
	Salaries and NI	1,277.81	1,792.86
	Total Expenditure on managing-administering the charity	*1,300.50*	*1,879.96*
Total payments		**1,820.50**	**4,051.96**
	Excess of Incoming resources over Resources used	(588.50)	(103.56)
	Brought forward balance	1,298.29	1,401.85
Total carried forward balance		**709.79**	**1,298.29**

Sarahsfund - Sarah's Fund (Designated) Fund

Receipts			
Other incoming resources			
	FundraisingDonations	1,000.00	—
	Total Other incoming resources	*1,000.00*	—
Total receipts		**1,000.00**	—
Payments			
Activities in furtherance of the charity's objects			
	Craft Materials	457.43	—
	Co-ordinator Expense	104.85	—
	Total Activities in furtherance of the charity's objects	*562.28*	—
Expenditure on managing-administering the charity			
	Equipment	57.34	—
	Total Expenditure on managing-administering the charity	*57.34*	—
Total payments		**619.62**	—
	Excess of Incoming resources over Resources used	380.38	—
	Brought forward balance	—	313.12
	Transfers to/(from)	—	(313.12)
Total carried forward balance		**380.38**	—

Note		From To	01 April 2020 31 March 2021	01 April 2019 31 March 2020
Reserve - Reserve Fund (Designated) Fund				
	Payments			
	Expenditure on managing-administering the charity			
	Salaries and NI		2,789.50	—
	Total Expenditure on managing-administering the charity		*2,789.50*	—
	Total payments		**2,789.50**	—
	Excess of Incoming resources over Resources used		(2,789.50)	—
	Brought forward balance		20,579.92	24,467.20
	Transfers to/(from)		—	(3,887.28)
	Total carried forward balance		**17,790.42**	**20,579.92**
General - General fund (Unrestricted) Fund				
	Brought forward balance		(281.20)	(281.20)
	Total carried forward balance		**(281.20)**	**(281.20)**