

**Starfish Services Limited**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 July 2023**

**TREMAINE**  
Chartered accountants  
19 Tremaine Close  
Hartlepool  
TS27 3LE

**Starfish Services Limited**  
**Company Limited by Guarantee**  
**Financial Statements**  
**Year ended 31 July 2023**

---

	<b>Page</b>
Trustees' annual report (incorporating the director's report)	<b>1</b>
Independent examiner's report to the trustees	<b>3</b>
Statement of financial activities (including income and expenditure account)	<b>4</b>
Statement of financial position	<b>5</b>
Notes to the financial statements	<b>7</b>

---

# Starfish Services Limited

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report)

#### Year ended 31 July 2023

---

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 July 2023.

#### Reference and administrative details

**Registered charity name** Starfish Services Limited

**Charity registration number** 1146237

**Company registration number** 06959904

**Principal office and registered office** 1 Tees Street  
Hartlepool  
TS24 8HB

#### The trustees

I S Caldwell  
C Wakeling  
J Buckler

**Company secretary** L M Dougherty

**Independent examiner** Julie Todd Tremaine Chartered Certified Accountant  
19 Tremaine Close  
Hartlepool  
TS27 3LE

#### Structure, governance and management

##### The nature of the governing document

The organisation for the year covered by this report was an incorporated charity, registered with the Charity Commission of England and Wales on 5 March 2012. The charity is governed by its memorandum and articles of association adopted 13 July 2009. The memorandum sets out the aims and objectives of the charity.

##### The recruitment and appointment of new trustees

Trustees are either elected at the Annual General Meeting or co-opted during the year.

##### The induction and training of trustees

The charity takes responsibility for the induction of new Trustee Board members and this induction process can include:

- provision of written background information about Starfish Service
- meetings with other staff members
- one to one meetings
- provision of regular reports on the work of the organisation

# **Starfish Services Limited**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

#### **Year ended 31 July 2023**

---

##### **Objectives and activities**

The charity was formed for the benefit of persons suffering from mental illness of any description or in need of rehabilitation as a result of such illness, and assist in the treatment and care by the provision of facilities for work and recreation.

To promote and protect the physical and mental health of sufferers of mental disorders or conditions of emotional or mental distress through the provision of support services, premises to provide support services, education and practical advice to advance the education of the general public in all areas relating to mental disorders or conditions of emotional or mental distress.

##### **Strategic report**

The following sections for achievements and performance and financial review form the strategic report of the charity.

##### **Achievements and performance**

The charity is committed to the importance of the mind and mental health within health services.

The charity aims to provide the best available services, through research, clinical expertise in the context of patient characteristics, culture and preferences.

##### **Financial review**

The Statement of Financial Activities shows total income of £169,608, outgoing resources of a revenue nature of £185,403 giving rise to a deficit of £15,795.

The unrestricted reserves of the charity stand at £86,226 of which the free reserves of the charity (i.e. reserves not tied up in fixed assets) amount to £85,857.

##### **Reserves Policy**

The trustees consider that the minimum level of reserves should be equivalent of 12 months operating costs, redundancy costs plus property contingencies.

The trustees' annual report and the strategic report were approved on 25 April 2024 and signed on behalf of the board of trustees by:

I S Caldwell  
Trustee

# **Starfish Services Limited**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of Starfish Services Limited**

**Year ended 31 July 2023**

---

I report to the trustees on my examination of the financial statements of Starfish Services Limited ('the charity') for the year ended 31 July 2023.

#### **Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Julie Todd  
Tremaine Chartered Certified Accountant  
Independent Examiner

19 Tremaine Close  
Hartlepool  
TS27 3LE

# Starfish Services Limited

## Company Limited by Guarantee

### Statement of Financial Activities (including income and expenditure account)

Year ended 31 July 2023

			2023		2022
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>					
Donations and legacies	5	3,497	124,536	128,033	174,825
Charitable activities	6	39,175	—	39,175	126,496
Other trading activities	7	2,400	—	2,400	—
<b>Total income</b>		<u>45,072</u>	<u>124,536</u>	<u>169,608</u>	<u>301,321</u>
<b>Expenditure</b>					
Expenditure on charitable activities	8	<u>49,290</u>	<u>136,113</u>	<u>185,403</u>	<u>297,735</u>
<b>Total expenditure</b>		<u>49,290</u>	<u>136,113</u>	<u>185,403</u>	<u>297,735</u>
<b>Net (expenditure)/income</b>		<u>(4,218)</u>	<u>(11,577)</u>	<u>(15,795)</u>	<u>3,586</u>
Transfers between funds		(23,512)	23,512	—	—
<b>Net movement in funds</b>		<u>(27,730)</u>	<u>11,935</u>	<u>(15,795)</u>	<u>3,586</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>113,956</u>	<u>(3,204)</u>	<u>110,752</u>	<u>107,166</u>
<b>Total funds carried forward</b>		<u>86,226</u>	<u>8,731</u>	<u>94,957</u>	<u>110,752</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 7 to 16 form part of these financial statements.

**Starfish Services Limited**  
**Company Limited by Guarantee**  
**Statement of Financial Position**  
**31 July 2023**

	<b>Note</b>	<b>2023 £</b>	<b>2022 £</b>
<b>Fixed assets</b>			
Tangible fixed assets	<b>13</b>	369	193
<b>Current assets</b>			
Debtors	<b>14</b>	91,121	85,657
Cash at bank and in hand		34,983	50,142
		<u>126,104</u>	<u>135,799</u>
<b>Creditors: amounts falling due within one year</b>	<b>15</b>	<u>31,516</u>	<u>25,240</u>
<b>Net current assets</b>		<u>94,588</u>	<u>110,559</u>
<b>Total assets less current liabilities</b>		<u>94,957</u>	<u>110,752</u>
<b>Net assets</b>		<u>94,957</u>	<u>110,752</u>
<b>Funds of the charity</b>			
Restricted funds		8,731	(3,204)
Unrestricted funds		<u>86,226</u>	<u>113,956</u>
<b>Total charity funds</b>	<b>17</b>	<u>94,957</u>	<u>110,752</u>

For the year ending 31 July 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The statement of financial position  
continues on the following page.

The notes on pages 7 to 16 form part of these financial statements.

# **Starfish Services Limited**

## **Company Limited by Guarantee**

### **Statement of Financial Position** *(continued)*

**31 July 2023**

---

These financial statements were approved by the board of trustees and authorised for issue on 25 April 2024, and are signed on behalf of the board by:

I S Caldwell  
Trustee

---

The notes on pages 7 to 16 form part of these financial statements.



# **Starfish Services Limited**

## **Company Limited by Guarantee**

### **Notes to the Financial Statements**

**Year ended 31 July 2023**

---

#### **1. General information**

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 1 Tees Street, Hartlepool, TS24 8HB.

#### **2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

#### **3. Accounting policies**

##### **Basis of preparation**

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

##### **Going concern**

There are no material uncertainties about the charity's ability to continue.

##### **Judgements and key sources of estimation uncertainty**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

# Starfish Services Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 July 2023

---

#### 3. Accounting policies *(continued)*

##### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

# Starfish Services Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 July 2023

---

#### 3. Accounting policies *(continued)*

##### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

##### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Short leasehold property	-	Over life of lease
Plant and machinery	-	25% straight line
Fixtures and fittings	-	25% straight line

##### Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

#### 4. Limited by guarantee

Starfish Services Limited is a company limited by guarantee and accordingly does not have a share capital.

Every member of the company undertakes to contribute such amount as may be required not exceeding £10 to the assets of the charitable company in the event of its being wound up while he or she is a member, or within one year after he or she ceases to be a member.

# Starfish Services Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 July 2023

#### 5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
<b>Donations</b>			
Donations	–	425	425
Engaging Communities	370	–	370
<b>Grants</b>			
Big Lottery Fund	–	96,345	96,345
Community Foundation	–	12,798	12,798
Hartlepool Borough Council - ESF	3,127	–	3,127
Catalyst	–	14,968	14,968
	<u>3,497</u>	<u>124,536</u>	<u>128,033</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
<b>Donations</b>			
Arnold Clark	1,500	–	1,500
Engaging Communities	250	370	620
<b>Grants</b>			
Big Lottery Fund	–	147,103	147,103
Community Foundation	–	7,202	7,202
Sports England	–	5,000	5,000
Hartlepool Borough Council - ESF	–	13,400	13,400
	<u>1,750</u>	<u>173,075</u>	<u>174,825</u>

#### 6. Charitable activities

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Support services	15,683	15,683	57,030	57,030
Rent & utility recharge	23,492	23,492	69,466	69,466
	<u>39,175</u>	<u>39,175</u>	<u>126,496</u>	<u>126,496</u>

# Starfish Services Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 July 2023

#### 7. Other trading activities

	Unrestricted Funds £	Total Funds 2023 £	Unrestricted Funds £	Total Funds 2022 £
Letting and licensing	2,400	2,400	—	—

#### 8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
General fund	49,290	—	49,290
Sports England	—	2,515	2,515
Evolve	—	33,465	33,465
IXION	—	75,130	75,130
Reaching Communities	—	11,830	11,830
ESF Wellness to Work	—	6,936	6,936
Catalyst Resilience Fund	—	6,237	6,237
	49,290	136,113	185,403

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
General fund	142,655	—	142,655
Sports England	—	2,485	2,485
Evolve	—	49,975	49,975
IXION	—	78,611	78,611
Reaching Communities	—	8,170	8,170
ESF Wellness to Work	—	15,299	15,299
Next Steps	—	540	540
	142,655	155,080	297,735

#### 9. Net (expenditure)/income

Net (expenditure)/income is stated after charging/(crediting):

	2023 £	2022 £
Depreciation of tangible fixed assets	313	650

# Starfish Services Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 July 2023

---

#### 10. Independent examination fees

	<b>2023</b>	2022
	<b>£</b>	£
Fees payable to the independent examiner for:		
Independent examination of the financial statements	<u>400</u>	<u>1,200</u>

#### 11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	<b>2023</b>	2022
	<b>£</b>	£
Wages and salaries	86,730	146,300
Social security costs	3,294	6,844
Employer contributions to pension plans	<u>1,412</u>	<u>2,385</u>
	<u>91,436</u>	<u>155,529</u>

The average head count of employees during the year was 6 (2022: 9). The average number of full-time equivalent employees during the year is analysed as follows:

	<b>2023</b>	2022
	<b>No.</b>	No.
Charitable activities	5	8
Management	<u>1</u>	<u>1</u>
	<u>6</u>	<u>9</u>

No employee received employee benefits of more than £60,000 during the year (2022: Nil).

#### 12. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

# Starfish Services Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 July 2023

#### 13. Tangible fixed assets

	Short leasehold property £	Plant and machinery £	Fixtures and fittings £	Total £
<b>Cost</b>				
At 1 August 2022	14,608	10,309	2,940	27,857
Additions	—	—	489	489
<b>At 31 July 2023</b>	<u>14,608</u>	<u>10,309</u>	<u>3,429</u>	<u>28,346</u>
<b>Depreciation</b>				
At 1 August 2022	14,606	10,178	2,880	27,664
Charge for the year	—	131	182	313
<b>At 31 July 2023</b>	<u>14,606</u>	<u>10,309</u>	<u>3,062</u>	<u>27,977</u>
<b>Carrying amount</b>				
<b>At 31 July 2023</b>	<u>2</u>	<u>—</u>	<u>367</u>	<u>369</u>
At 31 July 2022	<u>2</u>	<u>131</u>	<u>60</u>	<u>193</u>

#### 14. Debtors

	<b>2023</b> £	2022 £
Trade debtors	27,026	13,400
Amounts owed by undertakings in which the charity has a participating interest	63,962	59,049
Prepayments and accrued income	—	13,075
Other debtors	133	133
	<u>91,121</u>	<u>85,657</u>

#### 15. Creditors: amounts falling due within one year

	<b>2023</b> £	2022 £
Trade creditors	5,071	9,786
Amounts owed to undertakings in which the charity has a participating interest	25,928	12,834
Accruals and deferred income	400	400
Social security and other taxes	—	1,823
Other creditors	117	397
	<u>31,516</u>	<u>25,240</u>

# Starfish Services Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 July 2023

---

#### 16. Pensions and other post retirement benefits

##### Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £1,412 (2022: £2,385).

#### 17. Analysis of charitable funds

##### Unrestricted funds

	At 1 August 2022 £	Income £	Expenditure £	Transfers £	At 31 July 2023 £
General Funds	<u>113,956</u>	<u>45,072</u>	<u>(49,290)</u>	<u>(23,512)</u>	<u>86,226</u>

  

	At 1 August 2021 £	Income £	Expenditure £	Transfers £	At 31 July 2022 £
General Funds	<u>128,365</u>	<u>128,246</u>	<u>(142,655)</u>	<u>—</u>	<u>113,956</u>



# Starfish Services Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 July 2023

#### 17. Analysis of charitable funds *(continued)*

##### Restricted funds

	At 1 August 2022 £	Income £	Expenditure £	Transfers £	At 31 July 2023 £
Evolve	(1,717)	35,182	(33,465)	–	–
IXION	14,031	61,588	(75,130)	(489)	–
Reaching Communities	(968)	12,798	(11,830)	–	–
ESF Wellness to Work	(16,525)	–	(6,936)	23,461	–
Sports England	2,515	–	(2,515)	–	–
Catalyst Resilience Fund	–	14,968	(6,237)	–	8,731
Next Steps	(540)	–	–	540	–
	<u>(3,204)</u>	<u>124,536</u>	<u>(136,113)</u>	<u>23,512</u>	<u>8,731</u>

  

	At 1 August 2021 £	Income £	Expenditure £	Transfers £	At 31 July 2022 £
Evolve	(3,410)	51,668	(49,975)	–	(1,717)
IXION	(3,163)	95,805	(78,611)	–	14,031
Reaching Communities	–	7,202	(8,170)	–	(968)
ESF Wellness to Work	(14,626)	13,400	(15,299)	–	(16,525)
Sports England	–	5,000	(2,485)	–	2,515
Next Steps	–	–	(540)	–	(540)
	<u>(21,199)</u>	<u>173,075</u>	<u>(155,080)</u>	<u>–</u>	<u>(3,204)</u>

# Starfish Services Limited

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

#### Year ended 31 July 2023

#### 18. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	369	–	369
Current assets	117,373	8,731	126,104
Creditors less than 1 year	(31,516)	–	(31,516)
<b>Net assets</b>	<b>86,226</b>	<b>8,731</b>	<b>94,957</b>

  

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Tangible fixed assets	193	–	193
Current assets	139,003	–	139,003
Creditors less than 1 year	(25,240)	(3,204)	(28,444)
<b>Net assets</b>	<b>113,956</b>	<b>(3,204)</b>	<b>110,752</b>

#### 19. Related parties

During the year the charity Starfish Services provided intercompany facilities to organisations in which Mr I Caldwell is also a director. Such organisations include:

Starfish Health & Well Being CIC - Company Registration no: 6904971

Let's Connect (Eng) Ltd - Charity Registration no: 1125924

Transactions in relation to each of the above organisations include:

##### Starfish Health and Well Being CIC

	2023 £	2022 £
Charges made to SFHWP in respect of premises & salaries	36,007	123,328
Balance owed to charity at year end	62,905	59,049
Charges made to charity for goods & services	15,679	16,999
Balance owed to SFHWP at the year end	25,928	12,834

##### Let's Connect (Eng) Ltd

	2023 £	2022
Charges made to Let's Connect in respect of premises	3,168	3,168
Balance owed to charity at the year end	1,056	–
Charges made from Let's Connect to charity in respect of goods & services	3,408	–
Balance owed to Let's Connect at the year end	–	–

##### Other related transactions

The charity engaged the services of a marketing, management and sustainability consultant, the consultant is a close family member of persons with significant control, fees paid in the year amounted to £Nil (2022 - £4,600).