

# DRAMA EXPRESSIONS FOR CHILDREN

England & Wales · Charity number 1145805

## Details

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**Status** Registered

**Legal form** Other

**Registered** 2012-02-08

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 59 Bethune Road  
London  
N16 5EE

**Phone** 02036331112

**Email** [dramaexpressions@gmail.com](mailto:dramaexpressions@gmail.com)

## Activities

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**Objects:** THE PROVISION OF FACILITIES FOR RECREATION AND LEISURE TIME OCCUPATION FOR CHILDREN AND YOUNG PEOPLE WHO ARE IN NEED OF SUCH PROVISION BECAUSE OF THEIR AGE, INFIRMITY POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES AND WITH THE OBJECT OF IMPROVING THEIR CONDITION AND QUALITY OF LIFE.THE PROMOTION OF ANY OTHER EXCLUSIVELY CHARITABLE OBJECTS AND PURPOSES SUCH AS THE TRUSTEES SEE FIT, PROVIDED THAT THEY ARE REGARDED AS CHARITABLE BY THE LAW OF ENGLAND AND WALES.

**Activities:** The provision of facilities for recreation and other leisure time occupation for girls who are in need of such provision because of their youth, age, infirmity, poverty, or social and economic circumstances and with the objects of improving conditions of life.

## Classification

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- **How:** Provides Services
- **What:** Recreation
- **Who:** Children/young People

## Geography

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- Hackney
- Haringey

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£276,129	£271,040	-	-
2023-12-31	£304,935	£312,291	-	-
2022-12-31	£251,937	£260,628	-	-
2021-12-31	£264,699	£260,491	-	-
2020-12-31	£228,429	£236,806	-	-

## Trustees

Name	Role	Appointed
BRIENDY FRIEDRICH		2013-05-24
SARAH FRIEDMAN		2024-03-15
Shoshi Landau		2014-03-24

**DRAMA EXPRESSIONS FOR CHILDREN**

England & Wales - Charity number 1145805

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# Accounts

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a PALETTE OF  
OPPORTUNITIES

ANNUAL REPORT AND ACCOUNTS 2024



**TRUSTEES:**

B. Friedrich  
E. Frankel  
S. Landau

**SECRETARY:**

S. Landau

**REGISTERED OFFICE:**

59 Bethune Road  
London  
N16 5EE

**CHARITY NUMBER:**

1145805

**INDEPENDENT EXAMINER:**

De Claron Ltd  
3A The Vale  
London  
NW11 8SB

**BANKERS:**

HSBC  
312 Seven Sisters Rd,  
Finsbury Park,  
London  
N4 2AW

CHARITY INFORMATION

# ABOUT US

At Drama Expressions, we are dedicated to providing a voice to girls and women who have been silenced by trauma or marginalized to the point where they feel their voices don't matter. These are individuals who have grown up in adverse childhood circumstances, often grappling with attachment or other socio-emotional concerns. Through our work, we engage children and young women with the aim of restoring their self-confidence and addressing the trauma they carry, using the transformative power of creative play.

We firmly believe that the arts, particularly drama, offer a unique and essential platform for these girls and women to express themselves in ways that words alone cannot encompass. Our mission is to empower them to tell their stories, heal, and rediscover their voices within a nurturing and supportive environment.

By leveraging drama and creative expression, we foster a safe space where these individuals can explore their emotions, navigate the complexities of their past experiences, and ultimately find the strength to transform their lives.

Our approach to providing drama therapy and creative education defies conventional norms that suggest limited possibilities for holistic support. We challenge the notion that budgets are too restrictive and that drama therapists are merely facilitators, recognizing their invaluable role in empowering individuals. We believe in investing in our drama therapists as essential professionals capable of fostering personal growth and emotional well-being.

Across the community centers we partner with, we're demonstrating that transformative change is achievable, reaching over 650 participants annually and proving that better outcomes are indeed possible in mental health support and creative expression.





## OUR MISSION

Give young people a safe exciting place to go to have fun, build their social networks and support their personal development; enabling young people to better face the challenges of life.

## OUR VISION

A future where young women are empowered through confidence, courage and kindness, utilising inclusive opportunities and creative expressions to thrive and unlock inherent values and ensuring their voice is heard.

# OUR APPROACH

We utilize a holistic and person-centered model to provide comprehensive support to marginalized young women. Through drama therapy sessions, skills workshops, and creative expression programs, we create a safe and inclusive space for participants to explore their emotions, develop coping strategies, and build resilience. Additionally, we offer practical assistance, such as access to food provisions and clothing, to address immediate needs and ensure that individuals feel supported in achieving their goals. Grounded in empathy and empowerment, our model emphasizes the unique strengths and aspirations of each beneficiary, fostering personal growth, community connection, and a sense of belonging.

# OUR VALUES

1. **EMPOWERMENT:** Recognising and encouraging personal achievements.
2. **INCLUSIVITY:** Creating inclusive spaces where all voices are heard and valued.
3. **CREATIVITY:** Embracing personal expression, healing, and growth.
4. **RESILIENCE:** Equipping participants with tools to overcome challenges and emerge stronger.
5. **COMMUNITY:** Strengthening communities by supporting young people to be empowered, active, responsible citizens.
6. **EMPATHY:** Approaching our work with empathy and understanding.
7. **ACCOUNTABILITY:** Upholding transparency, integrity, and ethical conduct.
8. **CONTINUOUS LEARNING:** Valuing ongoing reflection, feedback, and improvement.



# MESSAGE OF THE CHAIR

As we reflect on the past year, I am filled with pride and gratitude for the incredible journey we have embarked on at Drama Expressions. 2024 has been a year of both unprecedented challenges and remarkable triumphs. In the face of the new cost-of-living crisis, our commitment to supporting vulnerable young women has been tested like never before. Yet, we have risen to the occasion, embracing the challenge with resilience, creativity, and an unwavering dedication to our mission.

Drama Expressions has been agile, innovative, and responsive to the needs of our girls, in the communities which we work. We remain more committed than ever to helping girls feel confident, happy and safe and be a generation of leaders.

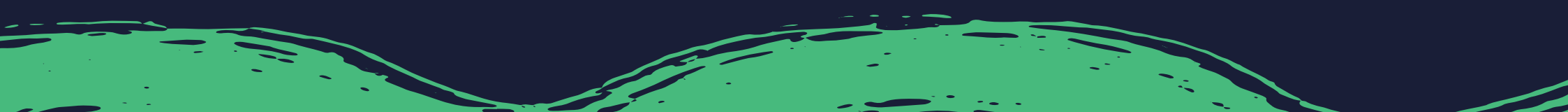
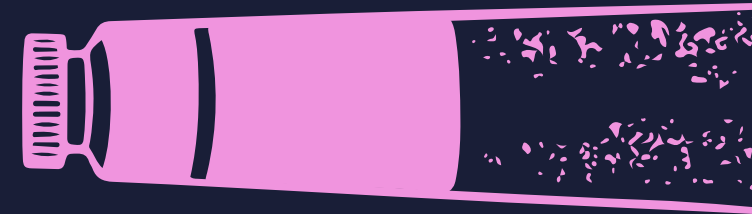
The cost-of-living crisis has doubled the demand for our services, and we have met this need head-on, expanding our reach and deepening our impact. We have provided practical support, such as access to food provisions and essential resources, ensuring that our participants' immediate needs are met. At the same time, we have continued to foster personal growth and community connection through our holistic and person-centered approach.

We couldn't have done this without the incredible support of our funding partners:

A huge thank you to Sport England for funding the Temper to Tempo project, which brought 62 young people together and led to two unforgettable public dance performances. We're also incredibly grateful to The Clothworkers Foundation, whose generosity made our brand-new Threads & Seams Studio possible. And a heartfelt thank you to The Childhood Trust for your belief in our work through the Big Give campaign since 2016, helping us build a thriving community of supporters. Your commitment truly makes a difference.

As we move forward, I am inspired by the resilience and courage of the young women we serve and the dedication of our team and supporters. Together, we are not just addressing the immediate crises but also laying down brushstrokes for a brighter, more inclusive future. Thank you for being part of this journey with us. Your support is the palette that makes our work possible, and with it, we will continue to create masterpieces of empowerment and change.

*S Friedman*



# PROJECTS



“Before Drama Expressions, I felt like I was living one big act. On the outside, I pretended everything was fine, but on the inside, anxiety was tearing me apart. Panic attacks were a daily ordeal. I knew I needed a change. Now, I’ve learned how to use drama to connect with my emotions before they become overwhelming.”

Estelle, 10

## FROM OUTCAST TO STAR OF CAST

is a transformative drama program designed for multiply challenged young women in London, including those referred during the current cost-of-living crisis. Running weekly, the program consists of drama therapy sessions that incorporate various performance types, culminating in a final public showcase where participants demonstrate their skills and personal growth. The initiative aims to boost confidence, foster self-expression, and build a supportive community, with the added element of a mobile clothing bank to address participants’ physical needs alongside their emotional well-being.

**Talent Express** Performance Project is an annual showcase that empowers young women aged by providing a platform to display their creative talents. Participants engage in every aspect of the production, from writing scripts and sewing costumes to creating backdrops and performing on stage. This user-led project culminates in a community performance that highlights their teamwork, creativity, and personal growth, offering them a chance to shine and build self-esteem while fostering a sense of accomplishment and community connection.

**Beat Club** is a vibrant weekly program for underprivileged children aged 8–16, offering a fun-filled Saturday afternoon of engaging activities, games, and discussions. Each age group is led by a dedicated volunteer leader who fosters a positive and inclusive environment. The club provides light refreshments and creates a

welcoming space where children can socialize, develop new skills, and enjoy themselves, ensuring they have equal opportunities to experience joy and connection.

## THREADS & SEAMS: WEAVING DREAMS

The Threads & Seams project is a sewing studio and free user-led laundrette service for clothing repairs and alterations, for girls facing economic hardship. We offer workshops on skills like sewing, clothing care, and body positivity, helping participants take control of their wardrobes and feel more confident.

The impact: 62 young women participated in workshops, learning valuable alteration skills. In the first few months alone, we repaired over 200 items of clothing, ensuring that these young women have well-fitting, refreshed garments.

# PROJECTS



“I learned to stand tall and speak with a voice that feels strong and unstoppable”

Deborah, 11

**RESPITE 4 U CAMP** is a bi-annual sleepaway camp in the British countryside for marginalized children from inner-city areas. Held during the summer and winter, the

camp provides a unique opportunity for these children to relax, have fun, and enjoy nutritious meals, which are not always available in their daily lives. Camp activities include trips to waterparks, amusement parks, snow tubing, and nature hikes, alongside on-site events like ice cream parties, sports competitions, and educational

evening programs. This program aims to offer a nurturing and adventurous environment, helping children create lasting memories and fostering personal growth.

**CONFIDENCE CODE** is a transformative weekly initiative designed for marginalized young women aged 11-16. Through a series of structured skills-building workshops, participants focus on enhancing communication, self-esteem, and resilience.

By providing a safe and supportive environment, the project empowers these young women to engage in activities that foster personal growth and improve their ability to navigate life's challenges. Through Confidence Code, young women gain essential tools for self-recognition and empowerment, setting the foundation for a brighter, more confident future.



“Respite4U was the first time I felt the freedom to laugh, explore, and just be a kid without any worries weighing me down.”

Sarah, 15



# OUR IMPACT THIS YEAR

In 2024, Drama Expressions made a profound impact on the lives of marginalized young women, empowering them through creative expression and holistic support. This year, we reached over 1,200 participants in London, doubling our reach in response to the cost-of-living crisis. Our flagship project, "From Outcast to Star of Cast," has provided a safe and nurturing space for young women to reclaim their voices and navigate personal challenges.

Additionally, we introduced Cast-Off Clothing, a mobile clothing bank service. To date we have provided over 65 children with full sets of winter warm clothing and outerwear. By improving access to warm decent clothing for marginalised children, we are addressing fundamental psychological and physical needs, ensuring they are confident not only on stage but at every stage of life.

Through drama therapy, skills workshops, and creative platforms, together we have made 2025 a year of remarkable transformations, with participants building confidence, resilience, and a sense of belonging.



**"Now I have a new hat and coat just like my friends, and I feel so snug and safe in the winter chill."**

Esther, 12



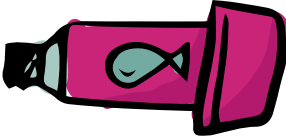
# OUR IMPACT THIS YEAR

2 user-led showcase performances



Distributed over 550 food packages to support families during the cost-of-living crisis.

Hosted 3 community engagement events



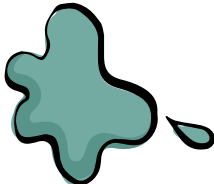
Held a summer and winter camp for over 285 young women

32 new mentoring arrangements arranged



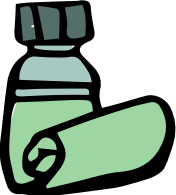
Offered 38 skills development workshops

200 children explored the great outdoors and broadened their knowledge



Conducted 40 drama therapy sessions

Volunteer Hours: 7,330 hours contributed by volunteers, supporting various programs and initiatives.



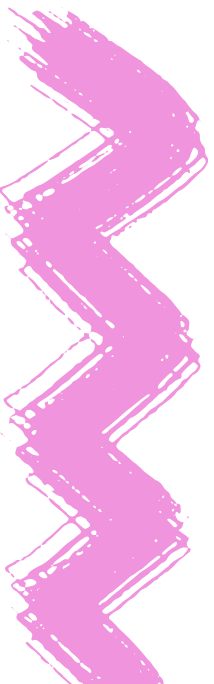
680 participants engaged in our activities and projects.



# WHAT WORKS WELL

At Drama Expressions, our creative, community-focused approach has proven highly effective in providing relevant support to our users. Integrating drama therapy with practical assistance, we address both the emotional and physical needs of marginalized young women. This comprehensive support system empowers participants to navigate personal challenges and build resilience. The power of creative expression through drama and the arts is a cornerstone of our approach.

By offering a safe space for participants to explore their emotions and tell their stories, we facilitate healing and personal growth. Programs like the Outcast Project showcase the effectiveness of this method, as young women gain confidence and develop new skills through performance and leadership opportunities.



Community engagement and inclusion are also vital to our success. By creating strong, supportive networks and offering platforms for participants to share their experiences, we foster a sense of belonging and empowerment. SummitQuest summer programme and community events further strengthen these connections, providing memorable experiences that promote unity and support. Our commitment to continuous learning and adaptation ensures that we remain responsive to the evolving needs of our beneficiaries. Regular evaluations and feedback from participants guide our program adjustments, enhancing our impact and effectiveness. This dedication to reflection and improvement allows us to maintain a high standard of support, ensuring that we meet the needs of the young women we serve and help them thrive.

## SARAH SPEAKS

“For a long time, I struggled with low self-esteem and anxiety, often feeling alone and misunderstood. Things got even harder during the cost-of-living crisis, which put a lot of financial pressure on my family and made it tough for me to focus on anything positive. When I first joined the “From Outcast to Star of Cast” project, I was unsure and withdrawn, not knowing how drama therapy could help me.

“But everything changed during the weekly drama therapy sessions. The safe and supportive space allowed me to explore my feelings and express myself in new ways. Through activities like role-playing and improvisation, I began to build confidence and resilience. The turning point for me was performing in the Talent Express show, where I took on a lead role. Standing on stage in front of an audience, supported by my peers, was a truly life-changing experience.

“Drama Expressions didn’t just help me on stage. The extra support, like food parcels and skills workshops, helped stabilize my family’s situation and gave me tools for a better future. Today, I’m more confident, involved in my community, and planning to pursue a career in performing arts. This program really transformed my life, helping me find my voice and reach my potential.”

# PLANS FOR 2025

## EXPANDING OUR REACH

Partner with other local organizations to support 40 additional young women and provide access to life-changing programs.

## ENHANCING PROGRAMS

Improve therapy sessions with new techniques and support for our therapists to help participants heal and grow.

## NEW INITIATIVES

Introduce a mobile food bank and the "Artful Journeys" program, blending creative expression with life skills workshops.

## COMMUNITY ENGAGEMENT

Host family nights, a community performance event, and community art projects exhibition to build a supportive network for our participants.

## FUNDING

Diversify funding through funding partnerships, and introduce local funding campaign to ensure long-term support for our programs.

# REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

## OBJECTIVES AND ACTIVITIES

### Objectives and aims

The main objectives of the charity is that of:

- (a) The provision of facilities for recreation and leisure time occupation for children and young people who are in need of such provision because of their age, infirmity, poverty, or social and economic circumstances and with the object of improving their condition and quality of life.
- (b) The promotion of any other exclusively charitable objects and purposes such as the trustees see fit, provided that they are regarded as charitable by the law of England and Wales.

### Significant activities

The financial results of the Company's activities for the period ended 31 December 2024 are fully reflected in the attached financial statements together with the notes thereon. The trustees are satisfied with the results and activities of the company for the period and do not anticipate any significant changes in the forthcoming year.

### Public benefit

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aims and objectives and in planning the charity's future activities. The aims of the charity for the public benefit are detailed in the Objectives and Activities section of the report.

## ACHIEVEMENT AND PERFORMANCE

### Charitable activities

The charity received donations that amounted to £276,129 and spent £271,040 on charitable activities. Restricted funds were spent on specific projects including Confidence Code, BEAT Club, Talent Express, and Run-About.

## FINANCIAL REVIEW

### Reserves policy

The trustees have agreed that the charity will maintain reserves equivalent to at least 3 months of core running costs. This level of reserves is intended to provide financial stability, ensuring that the charity can continue its essential operations in the event of unexpected funding shortfalls or unforeseen expenses. The reserves policy is reviewed annually to ensure it remains appropriate for the charity's needs and circumstances.

## FUTURE PLANS

The charity plans to continue its activities subject to satisfactory incoming resources.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Governing document

The charity is controlled by its governing document, its memorandum and articles of association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

## Recruitment and appointment of new trustees

It is not currently the intention of the trustees of the charity to appoint new trustees. Should this situation change in the future, the trustees will apply suitable recruitment and training procedures.

## STRUCTURE, GOVERNANCE AND MANAGEMENT

### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.



# INDEPENDENT EXAMINER’S UNQUALIFIED REPORT TO THE MEMBERS OF DRAMA EXPRESSIONS FOR CHILDREN

## Independent Examiner’s Report to the Trustees of Drama Expressions For Children

I report on the accounts of the Charity for the year ended 31 December 2024.

### Respective responsibilities of trustees and examiner

The charity’s trustees are responsible for the preparation of the accounts. The charity’s trustees consider that an audit is not required for this year under the Charities Act 2023 (the 2023 Act)) and that an independent examination is needed.

### It is my responsibility to

- examine the accounts (under the 2022 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under the 2022 Act); and
- to state whether particular matters have come to my attention.

### Basis of independent examiner’s report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

### Independent examiner’s statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with the 2022 Act; and
  - accounting or to prepare accounts which accord with the accounting records and comply with the requirements of the 2022 Act have not been met;

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

De Claron Ltd  
3a The Vale  
London NW11 8SB  
25 April 2025

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

## ACCOUNTING POLICIES

### Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention as modified to include the revaluation of land and building with the exception of investments which are included at market value. These financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), “Accounting and Reporting by Charities” published in Jan 2021.

### Charity status

The charity is an unincorporated association. The members of the charity are the trustees named on page 2.

### Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

### Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of the donation.

### Resources expended

All expenditure is accounted for on a cash basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

### Going Concern

The accounts have been prepared on a going concern basis as the trustees consider the charity will continue to operate for a period of at least twelve months from the date of the approval of these accounts.

## NET INCOMING RESOURCES

During the year no trustees received any remuneration, benefits in kind or reimbursement of expenses.

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2024

	y/e 31.12.2024			y/e 31.12.2023		
	£	£	£	£	£	£
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
<b>INCOMING RESOURCES</b>						
Grants	74,149.00	154,131.72	228,280.72	34,120.00	207,850.75	241,970.75
Fundraising Campaign		18,748.41	18,748.41		49,806.79	49,806.79
Camp Fees		29,100.00	29,100.00		13,125.00	13,125.00
Gift Aid reclaimed		-	-		32.50	32.50
	<u>74,149.00</u>	<u>201,980.13</u>	<u>276,129.13</u>	<u>34,120.00</u>	<u>270,815.04</u>	<u>304,935.04</u>
<b>TOTAL INCOMING RESOURCES</b>		<u>276,129.13</u>			<u>304,935.04</u>	
<b>Charitable Programs</b>						
Summer Escape	-	-	-	18,000.00	124,188.50	142,188.50
SummitQuest	50,812.65	94,927.23	145,739.88			
Talent Express		14,193.23	14,193.23			
Talent Show	-	-	-	5,000.00	5,352.30	10,352.30
Tempo	13,422.86		13,422.86			
Threads & Seams	5,299.98		5,299.98			
Activity Materials		7,908.03	7,908.03		6,825.80	6,825.80
Admission Fees		-	-		6,980.03	6,980.03
Awards Scored		4,343.50	4,343.50		9,883.30	9,883.30
Catering Staff		8,580.00	8,580.00		7,993.62	7,993.62
Cleaning Cost		4,065.00	4,065.00		3,415.00	3,415.00
Confidence Code		11,270.78	11,270.78		7,846.00	7,846.00
Equipment Hire		-	-		1,145.00	1,145.00
Grocery & Bills		27,847.91	27,847.91		61,655.71	61,655.71
Staff Training		149.00	149.00		2,500.00	2,500.00
Transport & Trips		19,368.92	19,368.92		26,105.46	26,105.46
Volunteer Costs		4,115.39	4,115.39		1,099.50	1,099.50
Wages	500.00	3,120.07	3,620.07	17,579.60	-	17,579.60



	y/e 31.12.2024			y/e 31.12.2023		
	£	£	£	£	£	£
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
<b>Resources expended on administrating</b>						
Administration & Account		819.84	819.84		5,183.20	5,183.20
Advertising & Printing	-	115.00	115.00	-	315.00	315.00
Bank Charges & Interest		106.00	106.00		152.20	152.20
Insurance		-	-		1,000.00	1,000.00
Telephone		74.64	74.64		70.43	70.43
	<u>70,035.49</u>	<u>201,004.54</u>	<u>271,040.03</u>	<u>40,579.60</u>	<u>271,711.05</u>	<u>312,290.65</u>
<b>TOTAL OUTGOING</b>		<u>271,040.03</u>			<u>312,290.65</u>	
<b>NET MOVEMENT IN FUNDS FOR THE YEAR</b>		<u>5,089.10</u>			<u>(7,355.61)</u>	
<b>FUNDS CARRIED FORWARD</b>		<u>11,351.25</u>			<u>18,706.86</u>	
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>16,440.35</u>			<u>11,351.25</u>	

## BALANCE SHEET

	y/e 31.12.2024			y/e 31.12.2023		
	£	£	£	£	£	£
<b>CURRENT ASSETS</b>						
TRADE DEBTORS					-	
CASH IN HAND & BANK		16,440.35			11,351.25	
		<u>16,440.35</u>		4,811.25	<u>11,351.25</u>	
<b>CURRENT LIABILITIES</b>			16,440.35	6,540.00		11,351.25
TRADE CREDITORS		-			-	
<b>NET ASSETS</b>			<u>16,440.35</u>		<u>11,351.25</u>	
<b>FUND ACCOUNT</b>			<u>16,440.35</u>		<u>11,351.25</u>	



**DRAMA EXPRESSIONS FOR CHILDREN**

England & Wales - Charity number 1145805

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# Accounts

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a PALETTE OF  
OPPORTUNITIES

ANNUAL REPORT AND ACCOUNTS 2023



**TRUSTEES:**

B. Friedrich  
E. Frankel  
S. Landau

**SECRETARY:**

S. Landau

**REGISTERED OFFICE:**

59 Bethune Road  
London  
N16 5EE

**CHARITY NUMBER:**

1145805

**INDEPENDENT EXAMINER:**

De Claron Ltd  
3A The Vale  
London  
NW11 8SB

**BANKERS:**

HSBC  
312 Seven Sisters Rd,  
Finsbury Park,  
London  
N4 2AW

CHARITY INFORMATION

# ABOUT US

At Drama Expressions, we are dedicated to providing a voice to girls and women who have been silenced by trauma or marginalized to the point where they feel their voices don't matter. These are individuals who have grown up in adverse childhood circumstances, often grappling with attachment or other socio-emotional concerns. Through our work, we engage children and young women with the aim of restoring their self-confidence and addressing the trauma they carry, using the transformative power of creative play.

We firmly believe that the arts, particularly drama, offer a unique and essential platform for these girls and women to express themselves in ways that words alone cannot encompass. Our mission is to empower them to tell their stories, heal, and rediscover their voices within a nurturing and supportive environment.

By leveraging drama and creative expression, we foster a safe space where these individuals can explore their emotions, navigate the complexities of their past experiences, and ultimately find the strength to transform their lives.

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Across the community centers we partner with, we're demonstrating that transformative change is achievable, reaching over 650 participants annually and proving that better outcomes are indeed possible in mental health support and creative expression.





## OUR MISSION

Give young people a safe exciting place to go to have fun, build their social networks and support their personal development; enabling young people to better face the challenges of life.

## OUR VISION

A future where young women are empowered through confidence, courage and kindness, utilising inclusive opportunities and creative expressions to thrive and unlock inherent values and ensuring their voice is heard.

# OUR APPROACH

We utilize a holistic and person-centered model to provide comprehensive support to marginalized young women. Through drama therapy sessions, skills workshops, and creative expression programs, we create a safe and inclusive space for participants to explore their emotions, develop coping strategies, and build resilience. Additionally, we offer practical assistance, such as access to food provisions and clothing, to address immediate needs and ensure that individuals feel supported in achieving their goals. Grounded in empathy and empowerment, our model emphasizes the unique strengths and aspirations of each beneficiary, fostering personal growth, community connection, and a sense of belonging.

# OUR VALUES

1. **EMPOWERMENT:** Recognising and encouraging personal achievements.
2. **INCLUSIVITY:** Creating inclusive spaces where all voices are heard and valued.
3. **CREATIVITY:** Embracing personal expression, healing, and growth.
4. **RESILIENCE:** Equipping participants with tools to overcome challenges and emerge stronger.
5. **COMMUNITY:** Strengthening communities by supporting young people to be empowered, active, responsible citizens.
6. **EMPATHY:** Approaching our work with empathy and understanding.
7. **ACCOUNTABILITY:** Upholding transparency, integrity, and ethical conduct.
8. **CONTINUOUS LEARNING:** Valuing ongoing reflection, feedback, and improvement.



# MESSAGE OF THE CHAIR

As we reflect on the past year, I am filled with immense pride and gratitude for the incredible journey we have embarked on at Drama Expressions. 2023 has been a year of both unprecedented challenges and remarkable triumphs. In the face of the new cost-of-living crisis, our commitment to supporting vulnerable young women has been tested like never before. Yet, we have risen to the occasion, embracing the challenge with resilience, creativity, and an unwavering dedication to our mission.

In these unprecedented times, Drama Expressions has been agile, innovative, and responsive to the needs of our girls, in the communities which we work. We remain more committed than ever to helping girls feel confident, happy and safe and be a generation of leaders.

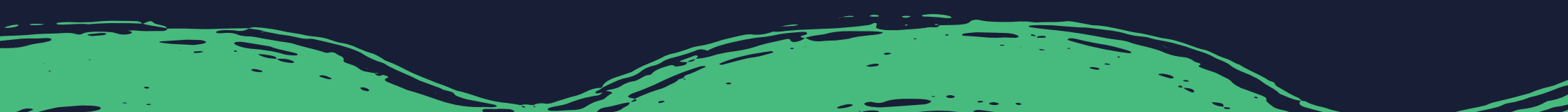
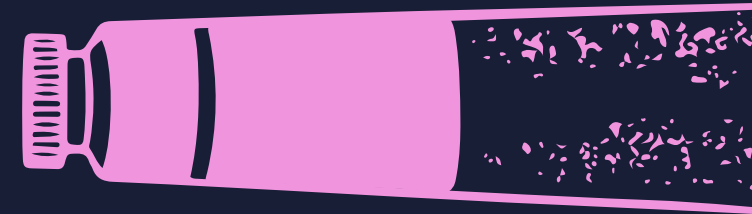
The cost-of-living crisis has doubled the demand for our services, and we have met this need head-on, expanding our reach and deepening our impact. We have provided practical support, such as access to food provisions and essential resources, ensuring that our participants' immediate needs are met. At the same time, we have continued to foster personal growth and community connection through our holistic and person-centered approach.

This year, our programs like "Confidence Code," "Respite 4 U," and "Talent Express" have been lifelines for those we serve. Whether offering a safe haven in our bi-annual sleep-away camps or creating platforms for young women to showcase their talents and leadership skills, we have painted a tapestry of support and opportunity. Each initiative has contributed to a broader canvas of hope and possibility, proving that even in the most challenging times, creativity and compassion can light the way. Our drama therapists, true artists in their own right, have guided these young women on a journey from self-doubt to self-discovery, helping them to unlock their inherent potential and embrace their unique narratives.

As we move forward, I am inspired by the resilience and courage of the young women we serve and the dedication of our team and supporters. Together, we are not just addressing the immediate crises but also laying down brushstrokes for a brighter, more inclusive future. Thank you for being part of this journey with us.

Your support is the palette that makes our work possible, and with it, we will continue to create masterpieces of empowerment and change.

*S Friedman*



# PROJECTS



“Before Drama Expressions, I felt like I was living one big act. On the outside, I pretended everything was fine, but on the inside, anxiety was tearing me apart. Panic attacks were a daily ordeal. I knew I needed a change. Now, I’ve learned how to use drama to connect with my emotions before they become overwhelming.”

Estelle, 10

**FROM OUTCAST TO STAR OF CAST** is a transformative drama program designed for multiply challenged young women in London, including those referred during the current cost-of-living crisis. Running weekly, the program consists of drama therapy sessions that incorporate various performance types, culminating in a final public showcase where participants demonstrate their skills and personal growth. The initiative aims to boost confidence, foster self-expression, and build a supportive community, with the added element of a mobile clothing bank to address participants’ physical needs alongside their emotional well-being.

**TALENT EXPRESS** Performance Project is an annual showcase that empowers young women aged by providing a platform to display their creative talents. Participants engage in every aspect of the production, from writing scripts and sewing costumes to creating backdrops and performing on stage. This user-led project culminates in a community performance that highlights their teamwork, creativity, and personal growth, offering them a chance to shine and build self-esteem while fostering a sense of accomplishment and community connection.

**BEST CLUB** is a vibrant weekly program for underprivileged children aged 8-16, offering a fun-filled Saturday afternoon of engaging activities, games, and discussions. Each age group is led by a dedicated volunteer leader who fosters a positive and inclusive environment. The club provides light refreshments and creates a welcoming space where children can socialize, develop new skills, and enjoy themselves, ensuring they have equal opportunities to experience joy and connection.

**RUN-ABOUT** is a weekly initiative designed for underprivileged children aged 8-16, providing them with enriching outdoor experiences and educational trips. Participants engage in activities such as visits to lakes, amusement parks, and nature trails, promoting physical activity, social interaction, and exposure to new environments. The program aims to bridge the gap for inner-city children, offering them opportunities to explore the natural world and develop social skills in a fun and supportive setting.

# PROJECTS



“I learned to stand tall and speak with a voice that feels strong and unstoppable”

Deborah, 11

**RESPIRE 4 U CAMP** is a bi-annual sleepaway camp in the British countryside for marginalized children from inner-city areas. Held during the summer and winter, the

camp provides a unique opportunity for these children to relax, have fun, and enjoy nutritious meals, which are not always available in their daily lives. Camp activities include trips to waterparks, amusement parks, snow tubing, and nature hikes, alongside on-site events like ice cream parties, sports competitions, and educational

evening programs. This program aims to offer a nurturing and adventurous environment, helping children create lasting memories and fostering personal growth.

**CONFIDENCE CODE** is a transformative weekly initiative designed for marginalized young women aged 11-16. Through a series of structured skills-building workshops, participants focus on enhancing communication, self-esteem, and resilience.

By providing a safe and supportive environment, the project empowers these young women to engage in activities that foster personal growth and improve their ability to navigate life's challenges. Through Confidence Code, young women gain essential tools for self-recognition and empowerment, setting the foundation for a brighter, more confident future.



“Respite4U was the first time I felt the freedom to laugh, explore, and just be a kid without any worries weighing me down.”

Sarah, 15



# OUR IMPACT THIS YEAR

In 2023, Drama Expressions has made a profound impact on the lives of marginalized young women, empowering them through creative expression and holistic support. This year, we reached over 1,200 participants across 25 community centers, doubling our reach in response to the cost-of-living crisis. Our flagship project, "From Outcast to Star of Cast," has provided a safe and nurturing space for young women to reclaim their voices and navigate personal challenges. Through drama therapy, skills workshops, and creative platforms, we have seen remarkable transformations, with participants building confidence, resilience, and a sense of belonging.

Our bi-annual Respite 4 U camp offered much-needed retreats in the British countryside, providing nutritious meals and engaging activities that fostered camaraderie and joy. The "Confidence Code" and "Talent Express" programs enabled participants to develop leadership skills, showcase their talents, and experience the thrill of performance. Our efforts have been particularly crucial during the cost-of-living crisis, where we provided essential resources like food provisions, ensuring that immediate needs were met while nurturing personal growth.

Additionally, our community engagement initiatives and advocacy efforts have amplified the voices of our participants, promoting inclusion and recognition. Through our comprehensive support model, we have not only addressed the immediate physical needs of our young women but also fostered long-term personal development and community connection.



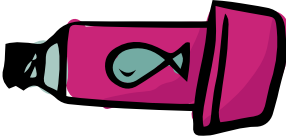
# OUR IMPACT THIS YEAR

2 user-led showcase performances



Distributed over 300 food packages to support families during the cost-of-living crisis.

Hosted 3 community engagement events



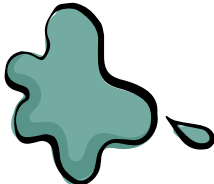
Held a summer and winter camp for over 265 young women

34 new mentoring arrangements arranged



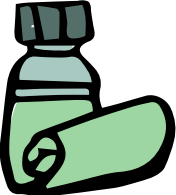
Offered 28 skills development workshops

200 children explored the great outdoors and broadened their knowledge



Conducted 35 drama therapy sessions

Volunteer Hours: 7,362 hours contributed by volunteers, supporting various programs and initiatives.



650 participants engaged in our activities and projects.



# WHAT WORKS WELL

At Drama Expressions, our holistic, creative, and community-focused approach has proven highly effective in providing relevant support to our users. Integrating drama therapy with practical assistance, we address both the emotional and physical needs of marginalized young women. This comprehensive support system empowers participants to navigate personal challenges and build resilience. The power of creative expression through drama and the arts is a cornerstone of our approach.

By offering a safe space for participants to explore their emotions and tell their stories, we facilitate healing and personal growth. Programs like Talent Express showcase the effectiveness of this method, as young women gain confidence and develop new skills through performance and leadership opportunities.

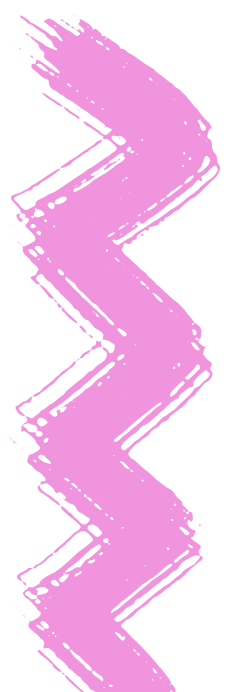
Community engagement and inclusion are also vital to our success. By creating strong, supportive networks and offering platforms for participants to share their experiences, we foster a sense of belonging and empowerment. Our Respite 4 U camps and community events further strengthen these connections, providing memorable experiences that promote unity and support. Our commitment to continuous learning and adaptation ensures that we remain responsive to the evolving needs of our beneficiaries. Regular evaluations and feedback from participants guide our program adjustments, enhancing our impact and effectiveness. This dedication to reflection and improvement allows us to maintain a high standard of support, ensuring that we meet the needs of the young women we serve and help them thrive.

## SARAH SPEAKS

For a long time I struggled with low self-esteem and anxiety, I often found myself feeling isolated and misunderstood. The cost-of-living crisis made everything worse, putting my family in financial distress and making it hard for me to focus on anything positive. When I joined the “From Outcast to Star of Cast” project at Drama Expressions, I was hesitant and withdrawn, unsure of how drama therapy could help me.

But everything changed with the weekly drama therapy sessions. The safe and supportive environment allowed me to explore my emotions and express myself creatively. Through activities like role-playing and improvisation, I started to build confidence and resilience. The biggest moment for me was participating in the Talent Express performance, where I took on a leading role. Performing in front of an audience, with the support of my peers, was absolutely transformative.

Drama Expressions didn't just help me on stage. The holistic support, including food provisions and skills workshops, stabilized my family's situation and gave me tools for success. Today, I'm more confident, actively engaged in my community, and planning to pursue a career in performing arts. This program truly changed my life, helping me find my voice and realize my potential.



## PLANS FOR 2024

Building on the successes and lessons of the past year, we have set ambitious goals to ensure that every young woman we serve can thrive, express herself, and navigate the challenges of life with confidence and resilience. Here are our key plans for the upcoming year:

**Expanding Our Reach:** We plan to increase the number of community centers we partner with, from 25 to 35, enabling us to support even more young women across diverse communities. This expansion will allow us to reach an additional 500 participants, providing them with access to our transformative programs and resources.

**Enhancing Drama Therapy Programs:** We will continue to refine and enhance our drama therapy offerings, incorporating new techniques and methodologies to better address the unique needs of our participants. By investing in professional development for our drama therapists, we aim to elevate the quality and impact of our sessions, fostering deeper emotional healing and personal growth.

**Launching New Initiatives:** In response to the ongoing cost-of-living crisis, we will introduce new initiatives designed to provide holistic support to our participants. This includes the establishment of a mobile food bank service, ensuring that no young woman goes hungry while she is on her journey of self-discovery and empowerment. Additionally, we will launch “Artful Journeys,” a program that combines creative expression with practical life skills workshops.

**Strengthening Community Engagement:** We recognize the importance of building strong, supportive communities around our participants. In 2024, we will host a series of community events, including family engagement nights, community theatre productions, and collaborative art projects. These events will foster a sense of belonging and support, creating a network of allies and advocates for our young women.

**Securing Sustainable Funding:** To support our ambitious plans, we will focus on diversifying our funding sources. This includes seeking grants, forging partnerships with like-minded organizations, and launching fundraising campaigns. Sustainable funding will enable us to maintain and expand our programs, ensuring long-term support for our participants.

As we embark on these plans for 2024, we remain steadfast in our commitment to empowering young women through creativity, compassion, and community. Together with our supporters, we will paint a brighter future, filled with possibilities and opportunities for all.



## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### OBJECTIVES AND ACTIVITIES

#### Objectives and aims

The main objectives of the charity is that of:

- (a) The provision of facilities for recreation and leisure time occupation for children and young people who are in need of such provision because of their age, infirmity, poverty, or social and economic circumstances and with the object of improving their condition and quality of life.
- (b) The promotion of any other exclusively charitable objects and purposes such as the trustees see fit, provided that they are regarded as charitable by the law of England and Wales.

#### Significant activities

The financial results of the Company's activities for the period ended 31 December 2023 are fully reflected in the attached financial statements together with the notes thereon. The trustees are satisfied with the results and activities of the company for the period and do not anticipate any significant changes in the forthcoming year.

#### Public benefit

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aims and objectives and in planning the charity's future activities. The aims of the charity for the public benefit are detailed in the Objectives and Activities section of the report.

### ACHIEVEMENT AND PERFORMANCE

#### Charitable activities

The charity received donations that amounted to £241,970.75 and spent £312,290.65 on charitable activities. Restricted funds were spent on specific projects including Confidence Code, BEAT Club, Talent Express, and Run-About.

### FINANCIAL REVIEW

#### Reserves policy

The trustees have agreed that the charity will maintain reserves equivalent to at least 3 months of core running costs. This level of reserves is intended to provide financial stability, ensuring that the charity can continue its essential operations in the event of unexpected funding shortfalls or unforeseen expenses. The reserves policy is reviewed annually to ensure it remains appropriate for the charity's needs and circumstances.

### FUTURE PLANS

The charity plans to continue its activities subject to satisfactory incoming resources.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

The charity is controlled by its governing document, its memorandum and articles of association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### Recruitment and appointment of new trustees

It is not currently the intention of the trustees of the charity to appoint new trustees. Should this situation change in the future, the trustees will apply suitable recruitment and training procedures.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.



# INDEPENDENT EXAMINER’S UNQUALIFIED REPORT TO THE MEMBERS OF DRAMA EXPRESSIONS FOR CHILDREN

## Independent Examiner’s Report to the Trustees of Drama Expressions For Children

I report on the accounts of the Charity for the year ended 31 December 2023,

### Respective responsibilities of trustees and examiner

The charity’s trustees are responsible for the preparation of the accounts. The charity’s trustees consider that an audit is not required for this year under the Charities Act 2023 (the 2023 Act)) and that an independent examination is needed.

### It is my responsibility to

- examine the accounts (under the 2022 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under the 2022 Act); and
- to state whether particular matters have come to my attention.

### Basis of independent examiner’s report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

### Independent examiner’s statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with the 2022 Act; and
  - accounting or to prepare accounts which accord with the accounting records and comply with the requirements of the 2022 Act have not been met;

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

De Claron Ltd.  
3a The Vale  
LONDON NW11 8SB:  
19 September 2023

# NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

## ACCOUNTING POLICIES

### Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention as modified to include the revaluation of land and building with the exception of investments which are included at market value. These financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), “Accounting and Reporting by Charities” published in Jan 2021.

### Charity status

The charity is an unincorporated association. The members of the charity are the trustees named on page 2.

### Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

### Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of the donation.

### Resources expended

All expenditure is accounted for on a cash basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

### Going Concern

The accounts have been prepared on a going concern basis as the trustees consider the charity will continue to operate for a period of at least twelve months from the date of the approval of these accounts.

## NET INCOMING RESOURCES

During the year no trustees received any remuneration, benefits in kind or reimbursement of expenses.

# STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2023

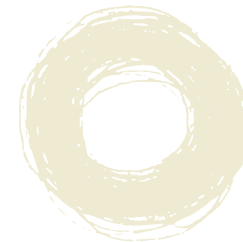
	y/e 31.12.2023			y/e 31.12.2022		
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
<b>INCOMING RESOURCES</b>						
Grants	34,120.00	135,850.75	169,970.75	66,594.00	47,435.00	114,029.00
Donations		72,000.00	72,000.00	52,700.00	65,352.79	118,052.79
Fundraising Campaign		49,806.79	49,806.79		7,630.00	7,630.00
Camp Fees		13,125.00	13,125.00		12,225.00	12,225.00
Gift Aid reclaimed		32.50	32.50			-
	34,120.00	270,815.04	304,935.04	119,294.00	132,642.79	251,936.79
<b>TOTAL INCOMING RESOURCES</b>		<b>304,935.04</b>			<b>251,936.79</b>	
<b>Charitable Programs</b>						
Summer Escape	18,000.00	124,188.50	142,188.50			
Talent Show	5,000.00	5,352.30	10,352.30			
Equipment Hire		1,145.00	1,145.00	9,430.00	32,771.14	42,201.14
Grocery & Bills		61,655.71	61,655.71	25,363.00	37,653.16	63,016.16
Catering Staff		7,993.62	7,993.62			
Premises Hire		-	-	23,500.00	41,980.00	65,480.00
Activity Materials		6,825.80	6,825.80	13,051.00	12,489.06	25,540.06
Transport & Trips		26,105.46	26,105.46	32,657.00	6,660.20	39,317.20
Admission Fees		6,980.03	6,980.03			
Volunteer's Cost		1,099.50	1,099.50		869.70	869.70
Staff Training		2,500.00	2,500.00			
Cleaning Cost		3,415.00	3,415.00			
Confidence Code		7,846.00	7,846.00			
Awards Scored		9,883.30	9,883.30			
Wages & Personnel Costs	17,579.60	-	17,579.60	9,700.00	6,438.00	16,138.00
<b>Resources expended on administrating</b>						
Administration & Account		5,183.20	5,183.20		3,796.00	3,796.00



Advertising & Printing	-	315.00	315.00	-	3,760.00	3,760.00
Bank Charges & Interest		152.20	152.20		163.00	163.00
Insurance		1,000.00	1,000.00		273.03	273.03
Telephone		70.43	70.43		73.38	73.38
	40,579.60	271,711.05	312,290.65	113,701.00	146,926.67	260,627.67
TOTAL OUTGOING		312,290.65			260,627.67	
NET MOVEMENTS IN FUNDS FOR THE YEAR		(7,355.61)			(8,690.88)	
FUNDS CARRIED FORWARD		18,706.86			27,397.74	
TOTAL FUNDS CARRIED FORWARD		11,351.25			18,706.86	

## BALANCE SHEET

	31.12.2022	31.12.2021
CURRENT ASSETS		
TRADE DEBTORS	-	-
ACCRUALS	-	-
CASH IN HAND & BANK	11,351.25	18,706.86
	11,351.25	18,706.86
CURRENT LIABILITIES		
TRADE CREDITORS	-	-
NET ASSETS	11,351.25	18,706.86
FUND ACCOUNT	11,351.25	18,706.86





**DRAMA EXPRESSIONS FOR CHILDREN**

England & Wales - Charity number 1145805

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# Accounts

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**REPORT  
OF THE TRUSTEES  
AND UNAUDITED  
FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED  
31 DECEMBER 2022  
FOR DRAMA EXPRESSIONS  
FOR CHILDREN**



**CHARITY  
INFORMATION**

**For the Year Ended  
31 December 2022**

**TRUSTEES:**

**B. Friedrich  
E. Frankel  
S. Landau**

**SECRETARY:**

**S. Landau**

**REGISTERED OFFICE:**

**59 Bethune Road  
London  
N16 5EE**

**REGISTERED  
CHARITY NUMBER:  
1145805**

**INDEPENDENT EXAMINER:**

**De Claron Ltd  
3A The Vale  
London  
NW11 8SB**

**BANKERS:**

**HSBC  
312 Seven Sisters Rd,  
Finsbury Park,  
London  
N4 2AW**



**Drama Expressions for children is a registered charity (1145805) and is constituted as an unincorporated association. It operates within London. The charity is currently staffed by B. Friedrich, E. Frankel, S. Landau. Our trustees are a committed clan who care. They are a group of energetic and caring volunteers, some who are qualified counsellors and carers, who aim to improve the conditions of life. They are vibrant and vivacious, qualified and volunteers, younger and elder; the common denominator is that all share one desire; make the life of London`s children worth living. They grant our users the tools and opportunities to develop in to productive and content adults.**

**The trustees present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees confirm that the annual report and the financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in Jan 2015.**

# Message Of The Chair

In unprecedented times, Drama Expressions has been agile, innovative, and responsive to the needs of our girls, in the communities which we work. We remain more committed than ever to helping girls feel confident, happy and safe and be a generation of leaders. You make this possible every day.

We were coming into our office-home office dealing with more challenges and referrals than we have to cope with in a regular months. Referral rate trebled and complexity of our users' needs increased. This is all on the balance of increased costs and reduced initial funding, but we surged onward and forward and achievements speaks for itself.

Third paragraph-please change to:

Thank you to:

Forrester Family Trust

St James Place Foundation

Garfield Weston Foundation

Edward Gostling Foundation

West Hackney Parochial Charity

Mrs Smith & Mount Trust

Scott Badder Charity

And all our donors for investing and believing in our work

The future we are working towards will require strategic direction, forward thinking, and new paths of success and it will also require the continued generous investment of supporters like you. Thanks to your commitment, Drama Expressions is prepared for the challenge.

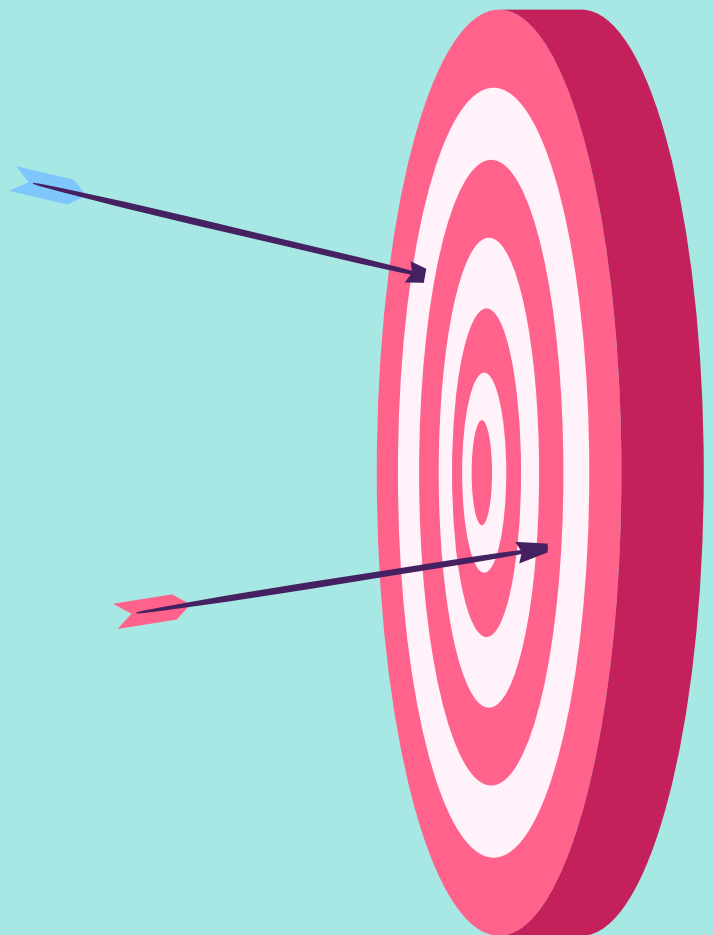
**On Behalf of the board Signed:**

B. Friedhel

20/03/2023

**Aim:** Advocate for girls ensuring that their basic needs are met and, empowering them with safety and confidence to unlock their inherent values and ensuring that their voice is heard.

**Vision:** Every passing day, more girls - should have confidence. Girls will be Courageous. Girls will get Kindness.



Drama Expressions aims to give a voice and safe space for girls who are affected by destitution, low self-esteem, complex family backgrounds, abuse, poor body image, underachievement and social isolation. We operate by provisions of mentoring, a Saturday and Sunday Club, Holiday Club, skills development club, drama opportunities and recently crises support.

We empower girls between ages 8-18 from low income families who are exhibiting signs of low self esteem, poor body image, abuse or emotional and mental health challenges infusing them with familial like support, comradeships, mentoring and fun and stimulating outlets encompassing, weekly get together, food and game packages, bi-annual show and a summer retreat. 500 children enjoyed our services and forgot about their troubles. They once again savoured the flavour of plain solid fun that every child deserves.

We also provide recreational and leisure facilities for young people who are in need of such provision because of their age, infirmity, poverty, social or economic circumstances. Our programme of extracurricular activities is designed to provide rich experiences to young people. They are all targeted towards the young people's interests and abilities, and we ensure that they experience all that mainstream children take for granted.

We aim to teach the children new skills whilst at the same time empowering them with the self-esteem and self-confidence required to overcome their disadvantage, and to grow up as healthy individuals and productive members of society. All our projects are designed to give our users the opportunity to widen their social circles and make new friends. We also encourage young people to help lead our projects, thus they gain leadership skills which will help them in their future lives.

# OUR PROJECTS



**Confidence Code** reached out to young people with emotional and mental health challenges who were suffering more than ever. Our Drama -Therapy Club offered weekly sessions for groups of (max) 8 young people. Drama therapy involved verbal and non-verbal work and made use of a range of theatrical and dramatic techniques. Drama therapy enabled service users to cope with change, deal with anxiety, come to terms with loss and develop strong supportive relationships.



**Respite 4 U:** This is our respite programs which takes place bi-annually. It's a sleep away program in the British countryside, for children from inner city areas. This summer and winter camps is their only opportunity to let go, have fun and be kids. We provide nutritious meals, which is not necessarily a daily fare for some of our users. We offer fun, educational and inspirational activities entertainment. The most adventurous side to this program are the trips to waterparks, amusement parks, snow tubing, hikes and beaches.

This goes hand in hand with our on-site activities which includes including ice cream parties, sports competitions, camp fires, fruit carving and cake decorating sessions. We also arrange some evening programs where we offer educational and fun entertainment. We present various films, have discussions and games. All in all we nurture children by infusing them with thoughtful, well planned and exciting opportunities and experiences. Our campers leave with lovely memories and wish to return.



**Awards Scored** is the highlight of our work. We select teens at risk to lead some of our projects where we offer full support and guidance. Thus they gain leadership skills as well as experience in working and dealing with people. They invest effort, and derive great satisfaction from their achievements. Being positively occupied, stimulates and satisfies them, ensuring they don't feel drawn to engaging in anti-social behaviour, including gangs and crime.

As a reward for their unpaid efforts, we treat them to an annual overnight retreat in the countryside, where we offer educational and fun activities. We arrange our volunteers in groups, and give them the responsibility for arranging different parts of the project. This exciting program encourages young people to further volunteer and help the community. Above that all, As a further benefit their self-esteem improves significantly, they feel good with about themselves.

## OUR PROJECTS



**Talent Express** program is our annual user-led showcase performance for the wider community, which is always a sell out! Incredibly enough, our volunteers do it all: They sew costumes, create backdrops, collect props, write the script and arrange the choirs, dances and drama. Our users thrive with the opportunity to develop their talents, enhance their social lives, and work in unity. They enjoy the chance to glow in the spotlight.



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the beauty of nature, and the thrill of a roller coaster.

**OUR PROJECTS HAVE BEEN A MAJOR SUCCESS,  
IMPACTING HUGELY ON THE SELF-IMAGE  
OF VULNERABLE CHILDREN.**

# IMPACTS AND ACHIEVEMENTS




**THE GRANTS AND DONATIONS RECEIVED THIS YEAR WERE USED TOWARDS OUR PROJECTS.**

## **THIS YEAR:**

- 45 NEW MENTORING ARRANGEMENTS ARRANGED
- 210 CHILDREN LEARNT NEW PRACTICAL SKILLS, CAKE DECORATING, GIFT ARRANGING AND FRUIT CARVING.
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- 450 YOUNG PEOPLE WIDENED THEIR SOCIAL CIRCLES

**IN SHORT, 500 YOUNG PEOPLE HAVE BETTER CHANCES SUCCEED IN LIFE AND GROW UP TO BE PRODUCTIVE MEMBERS OF SOCIETY. WE THANK ALL OUR DONORS FOR SUPPORTING US IN OUR MISSION.**



# FUTURE PLANS

## OUR SHORT TERM GOALS:

### **Expand our projects:**

Our waiting list is oversubscribed. At the moment we are running an alternative system where children can select some of our projects to participate in. We would love to expand and accept at least 45% of our waiting list this coming term and 70% at end of next academic year.

### **Acquire a quality mark:**

We keep improving and are now eligible for a youth quality mark. We aim to work towards a quality mark.

### **Own premises:**

We are aiming to have our own premises so that rent does not have to drain grant income at the expense of our projects. It will also ensure maximum safety of all participants.

## OUR LONG TERM GOALS:

### **Reduce street and petty crime:**

Via offering children positive choices and opportunities users will feel like they have a semblance of control over their lives and won't have to prove themselves with unsavoury acts of control.

### **Improve self-image:**

We hope to increase the self-esteem and confidence of our users, thus creating happier people who can and will achieve more.

### **Improve academic level of students:**

A deprived child cannot do their best at school.

We hope to alleviate deprivation and thus enable our users to do better at school.

We will tackle social exclusion, since users will widen their network via participating in our projects.

## **RESERVE POLICY**

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately three months unrestricted expenditure. This provides sufficient funds to cover management, administration

## **RISK ASSESSMENT**

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems are in place to mitigate their exposure to major risks.

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the profit or loss of the charity for that period. In preparing those financial statements

Select suitable accounting policies and then apply them consistently;

- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in its activities

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2022.

## **AUDITOR**

There is no audit requirement for the charity. An independent examiner's unqualified report will be prepared by De Claron Ltd.

## INDEPENDENT EXAMINER'S UNQUALIFIED REPORT TO THE MEMBERS OF DRAMA EXPRESSIONS FOR CHILDREN

### Independent Examiner's Report to the Trustees of Drama Expressions For Children

I report on the accounts of the Charity for the year ended 31 December 2022, which are set out on pages 13 to 14.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under the Charities Act 2022 (the 2022 Act) and that an independent examination is needed.

It is my responsibility to

- examine the accounts (under the 2022 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under the 2022 Act); and
- to state whether particular matters have come to my attention.

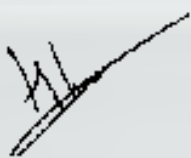
### Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

### Independent examiner's statement

#### In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with the 2022 Act; and
  - accounting or to prepare accounts which accord with the accounting records and comply with the requirements of the 2022 Act have not been met;
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



De Claron Ltd  
3a The Vale  
London, NW11 8SB  
20 March 2023

# DRAMA EXPRESSIONS FOR CHILDREN

## Notes to the Financial Statements For the Year Ended 31 December 2022

### 1 ACCOUNTING POLICIES

#### **Basis of preparation of financial statements**

The financial statements have been prepared under the historical cost convention as modified to include the revaluation of land and building with the exception of investments which are included at market value. These financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in Jan 2021.

#### **Charity status**

The charity is an unincorporated association. The members of the charity are the trustees named on page 2.

#### **Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

#### **Incoming resources**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of the donation.

#### **Resources expended**

All expenditure is accounted for on a cash basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

#### **Going Concern**

The accounts have been prepared on a going concern basis as the trustees consider the charity will continue to operate for a period of at least twelve months from the date of the approval of these accounts.

### 2 NET INCOMING RESOURCES

During the year no trustees received any remuneration, benefits in kind or reimbursement of expenses.

**DRAMA EXPRESSIONS FOR CHILDREN  
STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31st DECEMBER 2022**

	y/e 31.12.2022			y/e 31.12.2021		
	£	£	£	£	£	£
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
<b>INCOMING RESOURCES</b>						
Grants	66,594.00	47,435.00	114,029.00	75,960.00	12,290.00	88,250.00
Donations	52,700.00	65,352.79	118,052.79	34,600.00	126,599.70	161,199.70
Fundraising Campaign		7,630.00	7,630.00		6,988.00	6,988.00
Camp Fees		12,225.00	12,225.00		12,661.77	12,661.77
			-		(4,400.00)	(4,400.00)
	119,294.00	132,642.79	251,936.79	110,560.00	154,139.47	264,699.47
<b>TOTAL INCOMING RESOURCES</b>		<b>251,936.79</b>			<b>264,699.47</b>	
<u>Charitable Programs</u>						
Equipment Hire	9,430.00	32,771.14	42,201.14	9,650.00	15,916.00	25,566.00
Grocery & Bills	25,363.00	37,653.16	63,016.16	31,900.00	36,541.87	68,441.87
Premises Hire	23,500.00	41,980.00	65,480.00	30,000.00	52,250.00	82,250.00
Activity Materials	13,051.00	12,489.06	25,540.06	11,800.00	7,405.89	19,205.89
Transport & Trips	32,657.00	6,660.20	39,317.20	19,610.00	24,355.46	43,965.46
Volunteer's Cost		869.70	869.70		1,077.02	1,077.02
Wages	9,700.00	6,438.00	16,138.00	7,000.00	9,655.89	16,655.89
<u>Resources expended on Administration</u>						
Administration & Account		3,796.00	3,796.00		1,890.00	1,890.00
Advertising & Printing	-	3,760.00	3,760.00	600.00	473.30	1,073.30
Bank Charges & Interest		163.00	163.00			-
Insurance		273.03	273.03		293.36	293.36
Telephone		73.38	73.38		71.88	71.88
	113,701.00	146,926.67	260,627.67	110,560.00	149,930.67	260,490.67
<b>TOTAL OUTGOING</b>		<b>260,627.67</b>			<b>260,490.67</b>	
<b>NET MOVEMENTS IN FUNDS FOR THE YEAR</b>		<b>(8,690.88)</b>			<b>4,208.80</b>	
<b>FUNDS CARRIED FORWARD</b>		<b>27,397.74</b>			<b>23,188.94</b>	

**BALANCE SHEET  
31st DECEMBER 2022**

	31.12.2022		31.12.2021	
	£	£	£	£
<b>CURRENT ASSETS</b>				
TRADE DEBTORS	-		-	
ACCRUALS	-		8,494.01	
CASH IN HAND & BANK	18,706.86		18,903.73	
		18,706.86		27,397.74
<b>CURRENT LIABILITIES</b>				
TRADE CREDITORS	-		-	
<b>NET ASSETS</b>		<b>18,706.86</b>		<b>27,397.74</b>
<b>FUND ACCOUNT</b>		<b>18,706.86</b>		<b>27,397.74</b>



**DRAMA EXPRESSIONS FOR CHILDREN**

England & Wales - Charity number 1145805

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# Accounts

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**REPORT  
OF THE TRUSTEES  
AND UNAUDITED  
FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED  
31 DECEMBER 2021  
FOR DRAMA EXPRESSIONS  
FOR CHILDREN**



**CHARITY  
INFORMATION**

**For the Year Ended  
31 December 2021**

**TRUSTEES:**

**B. Friedrich  
E. Frankel  
S. Landau**

**SECRETARY:**

**S. Landau**

**REGISTERED OFFICE:**

**59 Bethune Road  
London  
N16 5EE**

**REGISTERED  
CHARITY NUMBER:  
1145805**

**INDEPENDENT EXAMINER:**

**De Claron Ltd  
3A The Vale  
London  
NW11 8SB**

**BANKERS:**

**HSBC  
312 Seven Sisters Rd,  
Finsbury Park,  
London  
N4 2AW**



**Drama Expressions for children is a registered charity (1145805) and is constituted as an unincorporated association. It operates within London. The charity is currently staffed by B. Friedrich, E. Frankel, S. Landau. Our trustees are a committed clan who care. They are a group of energetic and caring volunteers, some who are qualified counsellors and carers, who aim to improve the conditions of life. They are vibrant and vivacious, qualified and volunteers, younger and elder; the common denominator is that all share one desire; make the life of London`s children worth living. They grant our users the tools and opportunities to develop in to productive and content adults.**

**The trustees present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees confirm that the annual report and the financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in Jan 2015.**

# Message Of The Chair

In unprecedented times, Drama Expressions has been agile, innovative, and responsive to the needs of our girls, in the communities which we work. We remain more committed than ever to helping girls feel confident, happy and safe and be a generation of leaders. You make this possible every day.

We were coming into our office-home office dealing with more challenges and referrals than we have to cope with in a regular months. Referral rate trebled and complexity of our users' needs increased. This is all on the balance of increased costs and reduced initial funding, but we surged onward and forward and achievements speaks for itself.

Thank you to:

Awards for All National Lottery Fund

The Forrester Family Trust

The Edward Gostling Foundation

The Pom Trust

The Mrs Smith and Mount Charitable Trust

Scott Badder Charitable Trust

The Childwick Trust

And all our donors for investing and believing in our work.

The future we are working towards will require strategic direction, forward thinking, and new paths of success and it will also require the continued generous investment of supporters like you. Thanks to your commitment, Drama Expressions is prepared for the challenge.

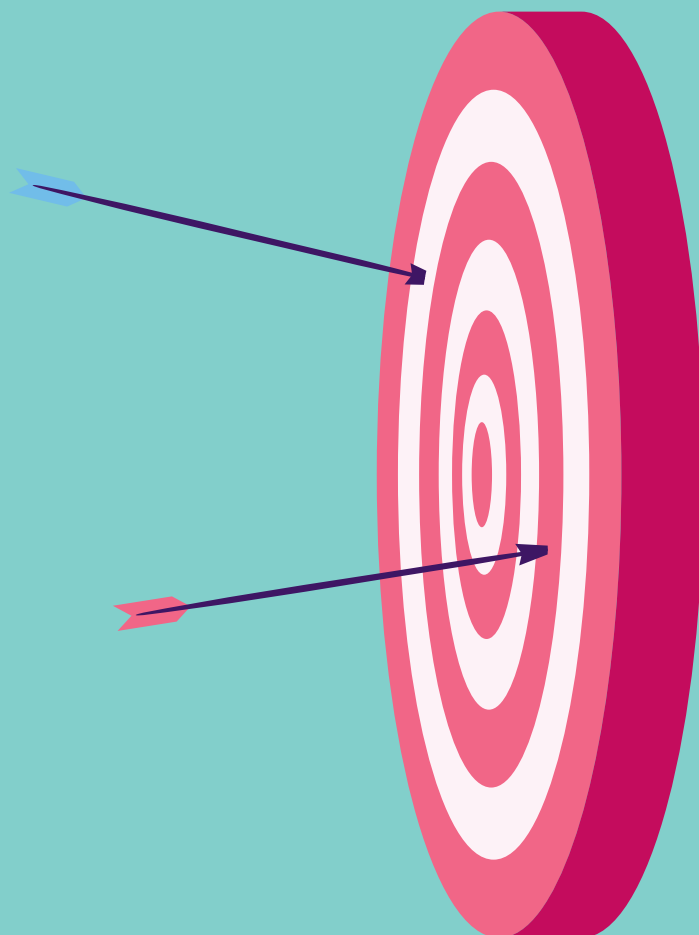
**On Behalf of the board Signed:**

B. Friedhel

20/06/2022

**Aim:** Advocate for girls ensuring that their basic needs are met and, empowering them with safety and confidence to unlock their inherent values and ensuring that their voice is heard.

**Vision:** Every passing day, more girls - should have confidence. Girls will be Courageous. Girls will get Kindness.



Drama Expressions aims to give a voice and safe space for girls who are affected by destitution, low self-esteem, complex family backgrounds, abuse, poor body image, underachievement and social isolation. We operate by provisions of mentoring, a Saturday and Sunday Club, Holiday Club, skills development club, drama opportunities and recently crises support.

We empower girls between ages 8-18 from low income families who are exhibiting signs of low self esteem, poor body image, abuse or emotional and mental health challenges infusing them with familial like support, comradeships, mentoring and fun and stimulating outlets encompassing, weekly get together, food and game packages, bi-annual show and a summer retreat. 500 children enjoyed our services and forgot about their troubles. They once again savoured the flavour of plain solid fun that every child deserves.

We also provide recreational and leisure facilities for young people who are in need of such provision because of their age, infirmity, poverty, social or economic circumstances. Our programme of extracurricular activities is designed to provide rich experiences to young people. They are all targeted towards the young people's interests and abilities, and we ensure that they experience all that mainstream children take for granted.

We aim to teach the children new skills whilst at the same time empowering them with the self-esteem and self-confidence required to overcome their disadvantage, and to grow up as healthy individuals and productive members of society. All our projects are designed to give our users the opportunity to widen their social circles and make new friends. We also encourage young people to help lead our projects, thus they gain leadership skills which will help them in their future lives.

# OUR PROJECTS



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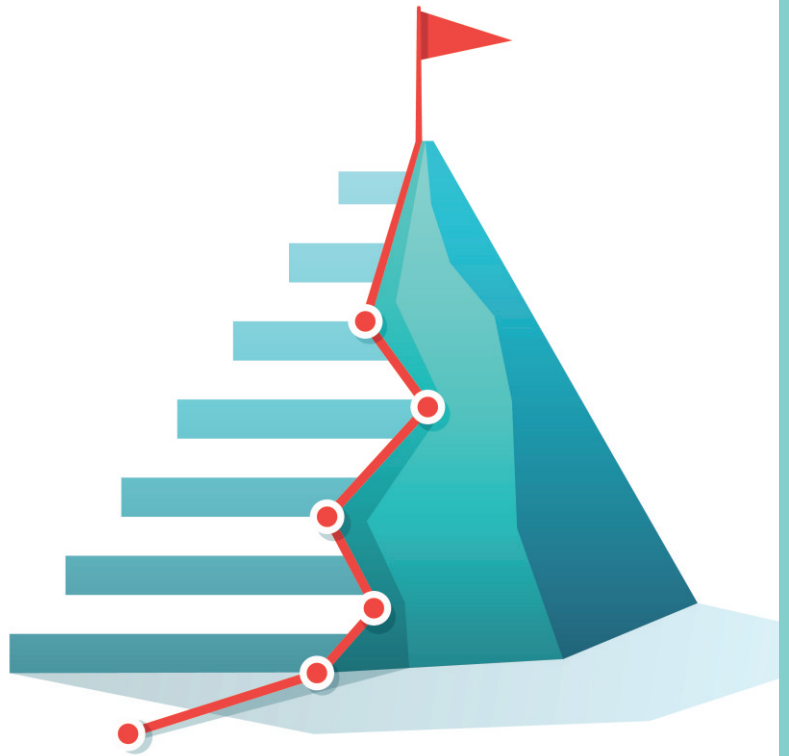


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# FUTURE PLANS

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Our waiting list is oversubscribed. At the moment we are running an alternative system where children can select some of our projects to participate in. We would love to expand and accept at least 45% of our waiting list this coming term and 70% at end of next academic year.

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We keep improving and are now eligible for a youth quality mark. We aim to work towards a quality mark.

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## **RISK ASSESSMENT**

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems are in place to mitigate their exposure to major risks.

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the profit or loss of the charity for that period. In preparing those financial statements

Select suitable accounting policies and then apply them consistently;

- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in its activities

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2006.

## **AUDITOR**

There is no audit requirement for the charity. An independent examiner's unqualified report will be prepared by De Claron Ltd.

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF DRAMA EXPRESSIONS FOR CHILDREN

Independent Examiner' s Report to the Trustees of Drama Expressions For Children

I report on the accounts of the Charity for the year ended 31 December 2021, which are set out on pages 13 to 14.

Respective responsibilities of trustees and examiner

The charity' s trustees are responsible for the preparation of the accounts. The charity' s trustees consider that an audit is not required for this year under the Charities Act 2011 (the 2011 Act)) and that an independent examination is needed.

It is my responsibility to

- examine the accounts (under the 2011 Act);
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- to state whether particular matters have come to my attention.


Basis of independent examiner' s report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner' s statement

In connection with my examination, no matter has come to my attention:

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De Claron Ltd.  
3a The Vale  
LONDON NW11 8SB:  
09 June 2022

## DRAMA EXPRESSIONS FOR CHILDREN

### Notes to the Financial Statements For the Year Ended 31 December 2021

#### 1 ACCOUNTING POLICIES

##### Basis of preparation of financial statements

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##### Going Concern

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#### 2 NET INCOMING RESOURCES

During the year no trustees received any remuneration, benefits in kind or reimbursement of expenses.

## Drama Expressions for Children - y/e 31.12.2021

### Draft Statement of Financial Activities

	y/e 31.12.2021			y/e 31.12.2020		
	£ Restricted Funds	£ Unrestricted Funds	£ Total Funds	£ Restricted Funds	£ Unrestricted Funds	£ Total Funds
<b>INCOMING RESOURCES</b>						
Grants	75,960.00	12,290.00	88,250.00	49,278.00	50,396.80	99,674.80
Donations	34,600.00	126,599.70	161,199.70	78,338.00	30,797.87	109,135.87
Fundraising Campaign		6,988.00	6,988.00		15,748.00	15,748.00
Camp Fees		12,661.77	12,661.77		3,870.00	3,870.00
Bounced Cheques		(4,400.00)	(4,400.00)			
	<u>110,560.00</u>	<u>154,139.47</u>	<u>264,699.47</u>	<u>127,616.00</u>	<u>100,812.67</u>	<u>228,428.67</u>
<b>TOTAL INCOMING RESOURCES</b>		<u>264,699.47</u>			<u>228,428.67</u>	
<b>Charitable Programs</b>						
Equipment Hire	9,650.00	15,916.00	25,566.00	5,000.00	14,350.00	19,350.00
Grossery & Bills	31,900.00	36,541.87	68,441.87	51,200.00	22,708.94	73,908.94
Premises Hire	30,000.00	52,250.00	82,250.00	42,500.00	19,952.00	62,452.00
Activity Materials	11,800.00	7,405.89	19,205.89	8,916.00	14,586.00	23,502.00
Transport & Trips	19,610.00	24,355.46	43,965.46	15,500.00	18,338.35	33,838.35
Volunteer's Cost		1,077.02	1,077.02		1,500.00	1,500.00
Wages & Personnel Costs	7,000.00	9,655.89	16,655.89	12,000.00	2,000.00	14,000.00
<b>Resources expended on administrating</b>						
Administration & Account		1,890.00	1,890.00			
Advertising & Printing	600.00	473.30	1,073.30		5,450.00	5,450.00
Bank Charges & Interest			-		2,245.00	2,245.00
Insurance		293.36	293.36		15.00	15.00
Telephone		71.88	71.88		400.00	400.00
					144.28	144.28
	<u>110,560.00</u>	<u>149,930.67</u>	<u>260,490.67</u>	<u>135,116.00</u>	<u>101,689.57</u>	<u>236,805.57</u>
<b>TOTAL OUTGOING</b>		<u>260,490.67</u>			<u>236,805.57</u>	
<b>NET MOVEMENTS IN FUNDS FOR THE YEAR</b>		<u>4,208.80</u>			<u>(8,376.90)</u>	
<b>FUNDS CARRIED FORWARD</b>		<u>23,188.94</u>			<u>31,565.84</u>	
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>27,397.74</u>			<u>23,188.94</u>	

### Draft Balance Sheet

	y/e 31.12.2021			y/e 31.12.2020		
	£ Restricted Funds	£ Unrestricted Funds	£ Total Funds	£ Restricted Funds	£ Unrestricted Funds	£ Total Funds
<b>CURRENT ASSETS</b>						
TRADE DEBTORS		-			-	
ACCRUALS		8,494.01			8,494.01	
CASH IN HAND & BANK		18,903.73			18,903.73	
HSBC 91396544	17,528.42			17,528.42		
CASH in HAND	1,375.31			1,375.31		
			27,397.74			27,397.74
<b>CURRENT LIABILITIES</b>						
TRADE CREDITORS		0.00			0.00	
<b>NET ASSETS</b>			<u>27,397.74</u>			<u>27,397.74</u>
<b>FUND ACCOUNT</b>			<u>27,397.74</u>			<u>27,397.74</u>



**DRAMA EXPRESSIONS FOR CHILDREN**

England & Wales - Charity number 1145805

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# Accounts

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**REPORT  
OF THE TRUSTEES  
AND UNAUDITED  
FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED  
31 DECEMBER 2020  
FOR DRAMA EXPRESSIONS  
FOR CHILDREN**



**CHARITY  
INFORMATION**

**For the Year Ended  
31 December 2020**

**TRUSTEES:**

**B. Friedrich  
E. Frankel  
C. Landau**

**SECRETARY:**

**C. Landau**

**REGISTERED OFFICE:**

**59 Bethune Road  
London  
N16 5EE**

**REGISTERED  
CHARITY NUMBER:  
1145805**

**INDEPENDENT EXAMINER:**

**De Claron Ltd  
3A The Vale  
London  
NW11 8SB**

**BANKERS:**

**HSBC  
312 Seven Sisters Rd,  
Finsbury Park,  
London  
N4 2AW**



**Drama Expressions for children is a registered charity (1145805) and is constituted as an unincorporated association. It operates within London. The charity is currently staffed by B. Friedrich, E. Frankel, S. Landau. Our trustees are a committed clan who care. They are a group of energetic and caring volunteers, some who are qualified counsellors and carers, who aim to improve the conditions of life. They are vibrant and vivacious, qualified and volunteers, younger and elder; the common denominator is that all share one desire; make the life of London`s children worth living. They grant our users the tools and opportunities to develop in to productive and content adults.**

**The trustees present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees confirm that the annual report and the financial statements of the charity comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in Jan 2015.**

# Message Of The Chair

In unprecedented times, Drama Expressions has been agile, innovative, and responsive to the needs of our girls, in the communities which we work. We remain more committed than ever to helping girls feel confident, happy and safe and be a generation of leaders. You make this possible every day.

We were coming into our office-home office dealing with more challenges and referrals than we have to cope with in a regular months. Referral rate trebled and complexity of our users' needs increased. This is all on the balance of increased costs and reduced initial funding, but we surged onward and forward and achievements speaks for itself.

However we are now here near the end of the bridge, we don't even know where the end is or if the end will ever be. But we do know that with our amazing team of volunteers, staff and supporters we will be resilient and thrive in spite of it all.

The future we are working towards will require strategic direction, forward thinking, and new paths of success and it will also require the continued generous investment of supporters like you. Thanks to your commitment, Drama Expressions is prepared for the challenge.

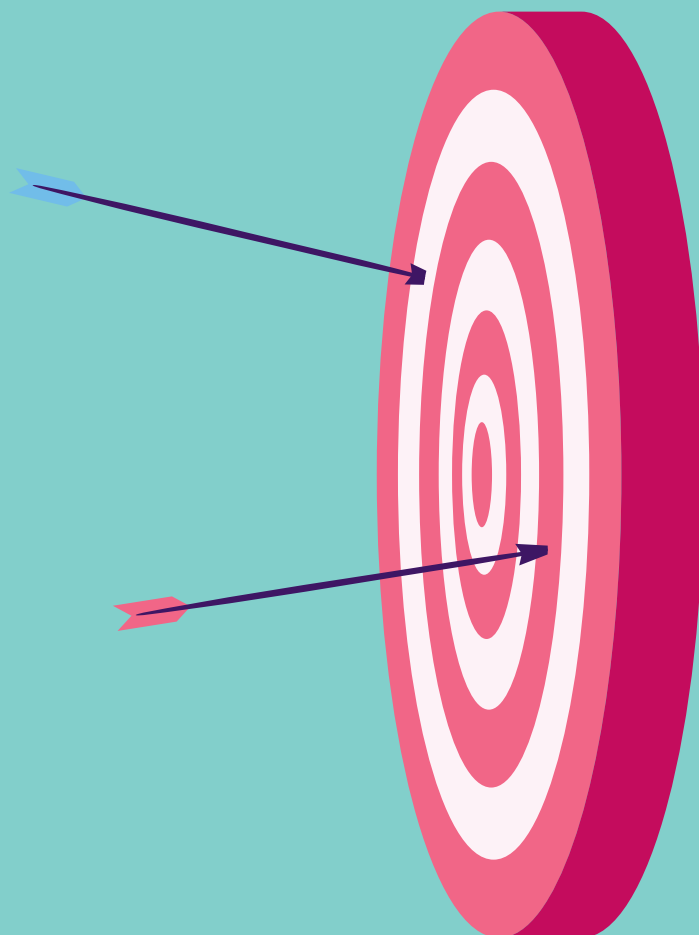
**On Behalf of the board Signed:**

B. Friedhel

20/04/2021

**Aim:** Advocate for girls ensuring that their basic needs are met and, empowering them with safety and confidence to unlock their inherent values and ensuring that their voice is heard.

**Vision:** Every passing day, more girls - should have confidence. Girls will be Courageous. Girls will get Kindness.



Drama Expressions aims to give a voice and safe space for girls who are affected by destitution, low self-esteem, complex family backgrounds, abuse, poor body image, underachievement and social isolation. We operate by provisions of mentoring, a Saturday and Sunday Club, Holiday Club, skills development club, drama opportunities and recently crises support.

We empower girls between ages 8-18 from low income families who are exhibiting signs of low self esteem, poor body image, abuse or emotional and mental health challenges infusing them with familial like support, comradeships, mentoring and fun and stimulating outlets encompassing, weekly get together, food and game packages, bi-annual show and a summer retreat. 500 children enjoyed our services and forgot about their troubles. They once again savoured the flavour of plain solid fun that every child deserves.

We also provide recreational and leisure facilities for young people who are in need of such provision because of their age, infirmity, poverty, social or economic circumstances. Our programme of extracurricular activities is designed to provide rich experiences to young people. They are all targeted towards the young people's interests and abilities, and we ensure that they experience all that mainstream children take for granted.

We aim to teach the children new skills whilst at the same time empowering them with the self-esteem and self-confidence required to overcome their disadvantage, and to grow up as healthy individuals and productive members of society. All our projects are designed to give our users the opportunity to widen their social circles and make new friends. We also encourage young people to help lead our projects, thus they gain leadership skills which will help them in their future lives.

## OUR PROJECTS



**Grit Girls** reaches out to vulnerable girls. We delivered food packages to users. Additionally, girls could call our helpline and get assigned a vetted and trained mentor who helped them to navigate services available and provided a listening ear. We also ran weekly workshops on emotional health, resilience and self-protection skills.



**Confidence Code** reached out to young people with emotional and mental health challenges who were suffering more than ever. Our Drama -Therapy Club offered weekly sessions for groups of (max) 8 young people. Drama therapy involved verbal and non-verbal work and made use of a range of theatrical and dramatic techniques. Drama therapy enabled service users to cope with change, deal with anxiety, come to terms with loss and develop strong supportive relationships.



**Run-About** is designed to ensure that our users have equal opportunities to that of mainstream children. We enable children from the inner city areas to explore the outer natural world through stimulating and educational trips. They enjoy outdoor trips like lakes, leisure centres and amusement parks. At Run-About they experience the serenity of a beach, the beauty of nature, and the thrill of a roller coaster.



**Respite 4 U:** This is our respite programs which takes place bi-annually. It's a sleep away program in the British countryside, for children from inner city areas. This summer and winter camps is their only opportunity to let go, have fun and be kids. We provide nutritious meals, which is not necessarily a daily fare for some of our users. We offer fun, educational and inspirational activities entertainment. The most adventurous side to this program are the trips to waterparks, amusement parks, snow tubing, hikes and beaches.

## OUR PROJECTS

***This goes hand in hand with our on-site activities which includes including ice cream parties, sports competitions, camp fires, fruit carving and cake decorating sessions.***

***We also arrange some evening programs where we offer educational and fun entertainment. We present various films, have discussions and games. All in all we nurture children by infusing them with thoughtful, well planned and exciting opportunities and experiences. Our campers leave with lovely memories and wish to return.***



***Teens Triumphs*** is the highlight of our work. We select teens at risk to lead some of our projects where we offer full support and guidance. Thus they gain leadership skills as well as experience in working and dealing with people. They invest effort, and derive great satisfaction from their achievements. Being positively occupied, stimulates and satisfies them, ensuring they don't feel drawn to engaging in anti-social behaviour, including gangs and crime.

***As a reward for their unpaid efforts, we treat them to an annual overnight retreat in the countryside, where we offer educational and fun activities. We arrange our volunteers in groups, and give them the responsibility for arranging different parts of the project. This exciting program encourages young people to further volunteer and help the community. Above that all, As a further benefit their self-esteem improves significantly, they feel good with about themselves.***



***Talent Express*** program is our annual user-led showcase performance for the wider community, which is always a sell out! Incredibly enough, our volunteers do it all: They sew costumes, create backdrops, collect props, write the script and arrange the choirs, dances and drama. Our users thrive with the opportunity to develop their talents, enhance their

## OUR PROJECTS

*social lives, and work in unity. They enjoy the chance to glow in the spotlight.*



**BEAT** is a weekly club where underprivileged children experience a thrilling and fun packed Saturday afternoon out. We encourage our users to 'Bring Everyone Along Today'. Children are treated with the utmost sensitivity and care. We provide a range of exciting activities, games and discussions. Every age group has a voluntary leader who leads the group. They aim to portray a positive aspect of life and do this via organised workshops and fun activities. We serve light refreshments during our activities, in order to enhance the atmosphere.

**OUR PROJECTS HAVE BEEN A MAJOR SUCCESS, IMPACTING HUGELY ON THE SELF-IMAGE OF VULNERABLE CHILDREN.**

# IMPACTS AND ACHIEVEMENTS




**THE GRANTS AND DONATIONS RECEIVED THIS YEAR WERE USED TOWARDS OUR PROJECTS.**

## **THIS YEAR:**

- 1200 NUTRITIOUS MEAL AND GIRL ESSENTIAL PACKS DELIVERED TO GIRLS
- 45 NEW MENTORING ARRANGEMENTS ARRANGED
- 210 CHILDREN LEARNT NEW PRACTICAL SKILLS, CAKE DECORATING, GIFT ARRANGING AND FRUIT CARVING.
- 350 CHILDREN LEARNT DRAMA SKILLS-SINGING, DANCING, ACTING ETC.
- 55 YOUNG PEOPLE GAINED LEADERSHIP SKILLS
- 300 CHILDREN GAINED SKILLS FOR LIFE- SOCIAL ETIQUETTE, SOCIAL SKILLS ETC.
- 300 CHILDREN MET WEEKLY AND ENJOYED THEMSELVES.
- 200 CHILDREN EXPLORED THE GREAT OUTDOORS AND BROADENED THEIR KNOWLEDGE
- 250 YOUNG PEOPLE EXPERIENCED THE WARMTH OF SING IN UNITY, AND CONNECTING TO EACH
- 300 YOUNG PEOPLE ENJOYED THE THRILL OF PERFORMING IN THE LIMELIGHT
- 450 YOUNG PEOPLE WIDENED THEIR SOCIAL CIRCLES

**IN SHORT, 500 YOUNG PEOPLE HAVE BETTER CHANCES SUCCEED IN LIFE AND GROW UP TO BE PRODUCTIVE MEMBERS OF SOCIETY. WE THANK ALL OUR DONORS FOR SUPPORTING US IN OUR MISSION.**



# FUTURE PLANS

## OUR SHORT TERM GOALS:

### **Expand our projects:**

Our waiting list is oversubscribed. At the moment we are running an alternative system where children can select some of our projects to participate in. We would love to expand and accept at least 45% of our waiting list this coming term and 70% at end of next academic year.

### **Acquire a quality mark:**

We keep improving and are now eligible for a youth quality mark. We aim to work towards a quality mark.

### **Own premises:**

We are aiming to have our own premises so that rent does not have to drain grant income at the expense of our projects. It will also ensure maximum safety of all participants.

## OUR LONG TERM GOALS:

### **Reduce street and petty crime:**

Via offering children positive choices and opportunities users will feel like they have a semblance of control over their lives and won't have to prove themselves with unsavoury acts of control.

### **Improve self-image:**

We hope to increase the self-esteem and confidence of our users, thus creating happier people who can and will achieve more.

### **Improve academic level of students:**

A deprived child cannot do their best at school.

We hope to alleviate deprivation and thus enable our users to do better at school.

We will tackle social exclusion, since users will widen their network via participating in our projects.

## **RESERVE POLICY**

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately three months unrestricted expenditure. This provides sufficient funds to cover management, administration

## **RISK ASSESSMENT**

The trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems are in place to mitigate their exposure to major risks.

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the profit or loss of the charity for that period. In preparing those financial statements

Select suitable accounting policies and then apply them consistently;

- Make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in its activities

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2006.

## **AUDITOR**

There is no audit requirement for the charity. An independent examiner's unqualified report will be prepared by De Claron Ltd.

# INDEPENDENT EXAMINER'S UNQUALIFIED REPORT TO THE MEMBERS OF DRAMA EXPRESSIONS FOR CHILDREN

**Independent Examiner's Report to the Trustees of Drama Expressions For Children**  
I report on the accounts of the Charity for the year ended 31 December 2020.

**Respective responsibilities of trustees and examiner.** The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under the Charities Act 2006 (the 2006 Act)) and that an independent examination is needed.

It is my responsibility to

- examine the accounts (under the 2006 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under the 2006 Act); and
- to state whether particular matters have come to my attention.

## **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

## **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements

- to keep accounting records in accordance with the 2006 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2006 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



De Claron Ltd  
3a The Vale  
LONDON NW11 8SB:  
20/04/2021

# DRAMA EXPRESSIONS FOR CHILDREN

## Notes to the Financial Statements

### For the Year Ended 31 December 2020

#### 1 ACCOUNTING POLICIES

##### Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention as modified to include the revaluation of land and building with the exception of investments which are included at market value. These financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in Jan 2015.

##### Charity status

The charity is an unincorporated association. The members of the charity are the trustees named on page 1.

##### Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

##### Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of the donation.

##### Resources expended

All expenditure is accounted for on a cash basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

##### Going Concern

The accounts have been prepared on a going concern basis as the trustees consider the charity will continue to operate for a period of at least twelve months from the date of the approval of these accounts.

#### 2 NET INCOMING RESOURCES

During the year no trustees received any remuneration, benefits in kind or reimbursement of expenses.

## Drama Expressions for Children - y/e 31.12.2020

### Draft Statement of Financial Activities

	y/e 31.12.2020			y/e 31.12.2019		
	£	£	£	£	£	£
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
<b>INCOMING RESOURCES</b>						
Grants	49,278.00	50,396.80	99,674.80	80,000.00	30,612.00	110,612.00
Donations	78,338.00	30,797.87	109,135.87	95,000.00	40,670.00	135,670.00
Fundraising Campaign		15,748.00	15,748.00		9,821.04	9,821.04
Camp Fees		3,870.00	3,870.00		7,400.00	7,400.00
	127,616.00	100,812.67	228,428.67	175,000.00	88,503.04	263,503.04
<b>TOTAL INCOMING RESOURCES</b>		<b>228,428.67</b>			<b>263,503.04</b>	
<b>Charitable Programs</b>						
Equipment Hire	5,000.00	14,350.00	19,350.00	5,000.00	14,599.58	19,599.58
Grossery & Bills	51,200.00	22,708.94	73,908.94	50,000.00	21,715.20	71,715.20
Premises Hire	42,500.00	19,952.00	62,452.00	30,000.00	30,504.25	60,504.25
Activity Materials	8,916.00	14,586.00	23,502.00	28,500.00	10,116.82	38,616.82
Transport	7,000.00	10,838.35	17,838.35	15,600.00	12,254.83	27,854.83
Trips	8,500.00	7,500.00	16,000.00	12,000.00	6,172.50	18,172.50
Volunteer's Cost		1,500.00	1,500.00		336.00	336.00
Wages & Personnel Costs	12,000.00	2,000.00	14,000.00		18,651.00	18,651.00
<b>Resources expended on administrating</b>						
Administration & Account		5,450.00	5,450.00		10,197.00	10,197.00
Advertising & Printing		2,245.00	2,245.00		1,645.00	1,645.00
Bank Charges & Interest		15.00	15.00		-	-
Insurance		400.00	400.00		394.00	394.00
Telephone		144.28	144.28		590.14	590.14
	135,116.00	101,689.57	236,805.57	141,100.00	127,176.32	268,276.32
<b>TOTAL OUTGOING</b>		<b>236,805.57</b>			<b>268,276.32</b>	
<b>NET MOVEMENTS IN FUNDS FOR THE YEAR</b>		<b>(8,376.90)</b>			<b>(4,773.28)</b>	
<b>FUNDS CARRIED FORWARD</b>		<b>31,565.84</b>			<b>36,339.12</b>	
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>23,188.94</b>			<b>31,565.84</b>	

## Drama Expressions for Children - y/e 31.12.2020

### Draft Statement of Financial Activities

	y/e 31.12.2020			y/e 31.12.2019		
	£	£	£	£	£	£
	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds

#### Draft Balance Sheet

	y/e 31.12.2020		y/e 31.12.2019	
	£	£	£	£
<b>CURRENT ASSETS</b>				
LOAN DEBTORS		-		30,000.00
CASH IN HAND & BANK		23,188.94		1,565.84
HSBC 91396544	21,813.63		175.53	
CASH in HAND	1,375.31		1,390.31	
		23,188.94		31,565.84
<b>CURRENT LIABILITIES</b>				
SHORT TERM CREDITORS		-		-
<b>NET ASSETS</b>		<b>23,188.94</b>		<b>31,565.84</b>
<b>FUND ACCOUNT</b>		<b>23,188.94</b>		<b>31,565.84</b>

