



# Trustees' Annual Report

## for the period

From (start date) 0 1 0 7 2 2 to (end date) 3 0 0 6 2 3

### Section A Reference and administration details

Charity name

Inspired

Other names the charity is known by

Registered charity number (if any)

1 1 4 5 5 4 2

Charity's principal address

3<sup>rd</sup> Floor –Allenby House  
1A Temple Road  
London  
Postcode N W 2 6 P J

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mahboubah Gaffarizad	Chair		
2	Farzaneh Majidi	Treasurer		
3	Shirin Rahimi	Secretary		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year


**Section A****Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

**Section B****Structure, governance and management**

Description of the charity's trusts

Type of governing document  
(eg trust deed, constitution)

Constitution

How the charity is constituted  
(eg trust, association, company)

Association

Trustee selection methods  
(eg appointed by, elected by)

Elected from Membership

Additional governance issues (optional information)

You **may choose** to include additional  
information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works.
  - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

The charity's object is to promote the voluntary sector for the public benefit by enabling access to its' offices and services and providing support to other charities and organisations in the voluntary sector. To promote social inclusion for the public benefit by working with members of the community who are socially excluded by virtue of their age, gender, disability, language and ethnic origin and to relieve their needs and to assist them integrate into society.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning the activities for this year, the trustees have continued to review the Guidance on Public Benefit published by the Charity Commission at the trustee meetings. The summary of the charity's main activities are as follows:

We have continued to organize and hold our annual calendar of large ceremonial events. At these gatherings, there is live music, keynote speakers and food and refreshment is provided. Notable amongst these gatherings were the Christmas gathering, the Winter Equinox gathering (yalda), other gathering as well as the Ramadan gathering. These gatherings offer an invaluable opportunity for members of the community to gather, and it allows families, especially those living in exile to meet in a safe space and in a welcoming environment.

Furthermore, we have continued the weekly gatherings online. Our virtual meetings allow the service users to share their life experiences and information in real time, without the need for being physically present in the same room. This has provided a lifeline to many vulnerable and isolated people in the community.

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

**Achievements and Performance:**

We have continued to work with and to educate young people whose parents fled their homeland as well as refugee children and children currently without a status. Many of these children were born in the UK or have arrived in the UK as young children while others are new arrivals. In many cases, this upheaval has caused a conflict of identity as these children struggle to forge an identity. Often these children experience a conflict between their family, their background and their culture which may contradict the values of the society in which they live. In addition, many of these children are from Muslim backgrounds, which in the current political climate adds additional pressures. One of our greatest successes continues to be organizing meetings and Q&A sessions, aimed at helping these children identify as British and helping them embrace British values and way of life, while at the same time respecting their cultural heritage, allowing the children to thrive in a cohesive and inclusive manner.

We have assisted the victims of domestic violence in the community. Often these women do not speak English and are therefore unaware of their legal rights and are lonely and isolated. We have provided these women with the latest information on their legal rights as well as assistance with their housing rights, children's rights, immigration rights as well as information with respect to separation and divorce. We provide these services in person but also online.

More than 30 volunteers in our charity. We provided food parcels, befriending phone calls for the lonely and isolated, personal shopping, and support for shielded residents.

**Section E****Financial review**

Brief statement of the charity's policy on reserves

Inspired Charity does not have a reserves policy.

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

**Section F****Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Secretary, Chair, etc.)



Mrs Mahboubeh Ghaffarizad

Trustee

Date

1 7 0 4 2 4

# Inspired

## Balance Sheet

As of June 2023

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### Assets

#### Current Assets

##### Cash at Bank and in Hand

CAF Bank

£19,061.53

Petty Cash

£76.04

Paypal

£23.00

##### Total Cash at Bank and in Hand

£19,160.57

##### Office Deposit

Office Deposit

£20,000.00

##### Total Current Assets

£39,160.57

### Total Assets

£39,160.57

### Liabilities

#### Current Liabilities

##### Creditors

LB Brent

-£208.75

Inkind Direct

-£24.40

British Gas Business

£14.12

Accruals

£805.18

##### Total Creditors

£586.15

##### Total Current Liabilities

£586.15

### Total Liabilities

£586.15

### Net Assets

£38,574.42

### General Reserves

Retained Earnings

£25,939.28

Historical Balancing

£146.20

Current Year Earnings

£12,488.94

##### Total

£38,574.42

### Total General Reserves

£38,574.42

# Inspired

## Profit & Loss Statement

01/07/2022 to 30/06/2023

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### Income

Donation	£32,160.00	
Standing order	£2,261.00	
Donation IR	£30,954.00	
Cash Income	£2,543.09	
Grant - Women and Youth Against	£4,500.00	
Grand Other Organ	£31,501.00	
HMRC Charities - Gift Aid	£5,050.55	
Miscellaneous Income	£394.00	
Total Income		<u>£109,363.64</u>

### Refund of Donations

Gross Profit		<u>£109,363.64</u>
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### Expenses

Administrative Exp		
Clean Products	£34.52	
Electricity and Gas	£8,084.71	
Stationary	£54.66	
Rent and Rate	£82,700.37	
Storage Insurance	£180.00	
Transportation	£260.41	
Web - Email	£124.56	
Depreciation cost	£665.52	
Total Administrative Exp		<u>£92,104.75</u>
Fundraising Exp.		
Monthly Acc Fee	£63.00	
Occupancy Costs		
Office Cleaning	£35.71	
Sundry exp	£55.00	
Total Occupancy Costs		<u>£90.71</u>
Total Expenses		<u>£92,258.46</u>

Operating Profit		<u>£17,105.18</u>
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### Other Income

### Projects Expenses

Events 1	£3,971.48	
Event 2	£35.01	
Asylum Welfare	£609.75	
Total Projects Expenses		<u>£4,616.24</u>

Net Profit / (Loss)		<u>£12,488.94</u>
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CHARITY COMMISSION  
FOR ENGLAND AND WALES

Inspired

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## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/07/2022

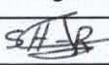
To

Period end date  
30/06/2023

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donation	32,160	-	-	32,160	-
Standing Order	2,261	-	-	2,261	-
Donation IR	30,954	-	-	30,954	-
Cash income	2,543	-	-	2,543	-
Grant	36,000	-	-	36,000	-
Gift aid	5,051	-	-	5,051	-
Miscellaneous Income	394	-	-	394	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>109,363</b>	<b>-</b>	<b>-</b>	<b>109,363</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>109,363</b>	<b>-</b>	<b>-</b>	<b>109,363</b>	<b>-</b>
<b>A3 Payments</b>					
Administrative Expenses	92,105	-	-	92,105	-
Fundraising Expenses	63	-	-	63	-
Sundry Expenses	91	-	-	91	-
Projects Expenses	4,616	-	-	4,616	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>96,875</b>	<b>-</b>	<b>-</b>	<b>96,875</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>96,875</b>	<b>-</b>	<b>-</b>	<b>96,875</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>12,488</b>	<b>-</b>	<b>-</b>	<b>12,488</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>12,488</b>	<b>-</b>	<b>-</b>	<b>12,488</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	petty Cash	76	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	76	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	CafBank	19,062	-	-
	Paypal	23	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Current Liabilities ( Bills )	586	-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			S-Rahimi	21-11-2024