

INSPIRED

England & Wales · Charity number 1145542

Details

Other names	ASSOCIATION OF ANGLO-IRANIAN WOMEN IN THE UK, ASSOCIATION OF WOMEN IN THE UK
Status	Registered
Legal form	Other
Registered	2012-01-19
Register	View on the Charity Commission register

Contact

Address	3Rd FL Allenby House 1A Temple Road London NW2 6PJ
Phone	02037196402
Email	info@inspired-humans.com

Activities

Objects: 1 TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY WORKING WITH MEMBERS OF THE COMMUNITY WHO ARE SOCIALLY EXCLUDED ON THE GROUNDS OF AGE, GENDER, DISABILITY, LANGUAGE AND ETHNIC ORIGIN AND TO RELIEVE THE NEEDS OF SUCH PEOPLE AND ASSIST THEM TO INTEGRATE INTO SOCIETY BY: 1.1. PROVIDING SUPPORT TO DISADVANTAGED MEMBERS OF THE COMMUNITY AND ASSISTING NEW ARRIVALS TO THE UK WITH INTEGRATION INTO THE COMMUNITY INCLUDING THROUGH THE FACILITATION OF COMMUNITY ACTIVITIES AND EVENTS. 1.2. PROVIDING ADVICE, EDUCATION, COUNSELLING, BEFRIENDING, ADVOCACY AND REPRESENTATION. 2. TO PROMOTE HUMAN RIGHTS AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS BY ANY OR ALL THE FOLLOWING MEANS: 2.1 MONITORING ABUSES OF HUMAN RIGHTS; 2.2 OBTAINING REDRESS FOR THE VICTIMS OF HUMAN RIGHTS ABUSE; 2.3 RELIEVING NEED AMONG THE VICTIMS OF HUMAN RIGHTS ABUSE; 2.4 RESEARCH INTO HUMAN RIGHTS ISSUES; 2.5 EDUCATING THE BRITISH PUBLIC AS WELL AS NEW ARRIVALS TO THE UK ABOUT HUMAN RIGHTS; 2.6 PROVIDING TECHNICAL ADVICE TO UK GOVERNMENT AND OTHERS ON HUMAN RIGHTS MATTERS; 2.7 CONTRIBUTING TO THE SOUND ADMINISTRATION OF HUMAN RIGHTS LAW; 2.8 RAISING AWARENESS OF HUMAN RIGHTS ISSUES; 2.9 PROMOTING PUBLIC SUPPORT FOR HUMAN RIGHTS; 2.10 PROMOTING RESPECT FOR HUMAN RIGHTS AMONGST INDIVIDUALS AND CORPORATIONS; 2.11 INTERNATIONAL ADVOCACY OF HUMAN RIGHTS 2.12 ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS IN FURTHERANCE OF THAT OBJECT BUT NOT OTHERWISE, THE TRUSTEES SHALL HAVE POWER TO WORK TOWARDS THE PREVENTION OF VIOLENT RELIGIOUS EXTREMISM THROUGH THE PROVISION OF AWARENESS RAISING EVENTS AND SEMINARS. 2.13 TO ENGAGE IN POLITICAL ACTIVITY PROVIDED THAT THE TRUSTEES ARE SATISFIED THAT THE PROPOSED ACTIVITIES WILL FURTHER THE PURPOSES OF THE CHARITY TO AN EXTENT JUSTIFIED BY THE RESOURCES COMMITTED AND THE ACTIVITY IS NOT THE DOMINANT MEANS BY WHICH THE CHARITY CARRIED OUT ITS OBJECTS.

Activities: Organising educational public conferences, seminars for Youth to stay away from extremism as well as providing sports club for them, befriending and providing advice and support for disadvantaged women, work with the elderly and disabled in isolation, advice and advocacy for refugees, cooperation with women's groups and human rights bodies, highlighting situations and cases of human rights abuses.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Arts/culture/heritage/science, Amateur Sport, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** UK
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£281,382	£167,239	-	-
2024-06-30	£193,265	£124,642	-	-
2023-06-30	£109,364	£96,875	-	-
2022-06-30	£103,019	£102,066	-	-
2021-06-30	£92,192	£90,617	-	-
2020-06-30	£107,452	£96,936	-	-

Trustees

Name	Role	Appointed
Ameneh Olyaei		2024-02-20
MAHBOUBEH GHAFARIZAD		2014-02-20
Shirin Rahimi		2016-12-15

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England & Wales - Charity number 1145542

Accounts

Charity registration number 1145542 (England and Wales)

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ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2025

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LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

A Olyae
S Rahimi
M Ghaffarizad

Charity number (England and Wales)

1145542

Independent examiner

Perrys Audit Limited
4th Floor 399-401 Strand
London
England
WC2R 0LT

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CONTENTS

	Page
Trustees report	1 - 3
Independent examiner's report	4
Statement of financial activities	5
Balance sheet	6
Notes to the financial statements	7 - 15

INSPIRED

TRUSTEES REPORT

FOR THE YEAR ENDED 30 JUNE 2025

The trustees present their annual report and financial statements for the year ended 30 June 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

To promote social inclusion for the public benefit by working with members of the community who are socially excluded on the grounds of age, gender, disability, language and ethnic origin and to relieve the needs of such people and assist them to integrate into society by:

1.1. providing support to disadvantaged members of the community and assisting new arrivals to the UK with integration into the community including through the facilitation of community activities and events.

1.2. providing advice, education, counselling, befriending, advocacy and representation.

2. to promote human rights as set out in the universal declaration of human rights and subsequent united nations conventions and declarations by any or all the following means:

2.1 monitoring abuses of human rights;

2.2 obtaining redress for the victims of human rights abuse;

2.3 relieving need among the victims of human rights abuse;

2.4 research into human rights issues;

2.5 educating the British public as well as new arrivals to the UK about human rights;

2.6 providing technical advice to UK government and others on human rights matters;

2.7 contributing to the sound administration of human rights law;

2.8 raising awareness of human rights issues;

2.9 promoting public support for human rights;

2.10 promoting respect for human rights amongst individuals and corporations;

2.11 international advocacy of human rights

2.12 eliminating infringements of human rights in furtherance of that object but not otherwise, the trustees shall have power to work towards the prevention of violent religious extremism through the provision of awareness raising events and seminars.

2.13 to engage in political activity provided that the trustees are satisfied that the proposed activities will further the purposes of the charity to an extent justified by the resources committed and the activity is not the dominant means by which the charity carried out its objects.

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TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

This year we held several community events in efforts to bring people together. Our Sham-e Jamei gatherings were a huge success because we were able to tailor those events to the taste of our very broad community. For instance on some occasions these corresponded with other cultural and religious events, therefore we were able to have events dedicated to particular community members. We also had a much higher number of migrants and refugees seeking our help. In this way we held cultural events to bring them together at a time when they felt alone and vulnerable. We also helped out with their practical needs e.g. providing winter clothes and helping with travel.

Grant making policy

The Charity has following policy on grant making as set out under the section 'Powers' of the constitution: "to make grants or loans of money and to give guarantees".

Achievements and performance

Significant activities and achievements against objectives

During the year, the charity's principal achievement has been the provision of targeted support to migrants and elderly individuals, many of whom are vulnerable or at risk of isolation.

For migrants, the charity has provided practical assistance including access to warm clothing, support with travel needs, and translation services to help individuals navigate essential systems and services. This has enabled beneficiaries to overcome immediate barriers, improve their living conditions, and integrate more effectively into the community.

For elderly beneficiaries, the charity has delivered regular visits and provided food support, helping to reduce loneliness and ensure that individuals have access to basic necessities. These activities have contributed to improved wellbeing, dignity, and a greater sense of connection among older members of the community.

Overall, the charity's work has made a meaningful difference by addressing immediate needs while fostering inclusion, reducing isolation, and contributing to stronger and more supportive communities.

Financial review

During the period, the charity reported total income of £281,382 and expenditure of £167,240. A significant proportion of expenditure related to premises costs, reflecting the charity's reliance on its facilities to deliver activities and services to the community.

The charity also directed a substantial portion of its resources towards project delivery, enabling the continuation and growth of its charitable activities throughout the year. The trustees continue to monitor costs carefully and are committed to ensuring that expenditure remains aligned with the charity's objectives and long-term sustainability.

Reserves policy

The charity does not have a reserves policy.

The charity did not have any funds materially in deficit at the end of the reporting period.

Structure, governance and management

The charity is an unincorporated charity.

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TRUSTEES REPORT (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2025

The trustees who served during the year and up to the date of signature of the financial statements were:

A Olyaei

S Rahimi

M Ghaffarizad

F Majidi

(Resigned 14 April 2026)

Recruitment and appointment of trustees

Trustees are selected through a simple majority vote by members.

The trustees report was approved by the Board of Trustees.

S Rahimi
Trustee

A handwritten signature in black ink, appearing to be 'S/R', written over a horizontal line.

29 April 2026

INSPIRED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF INSPIRED

I report to the trustees on my examination of the financial statements of Inspired (the charity) for the year ended 30 June 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of the Institute of chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Scott Jiggins FCCA
Perrys Audit Limited
4th Floor 399-401 Strand
London
WC2R 0LT
England

Date: 30 April 2026.....

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STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 JUNE 2025

		Unrestricted funds	Restricted funds	Total	Unrestricted funds as restated
	Notes	2025 £	2025 £	2025 £	2024 £
Income from:					
Donations and legacies	2	228,628	20,000	248,628	180,267
Charitable activities	3	32,263	-	32,263	22,529
Investments	4	491	-	491	-
Total income		<u>261,382</u>	<u>20,000</u>	<u>281,382</u>	<u>202,796</u>
Expenditure on:					
Charitable activities	5	147,239	20,000	167,239	124,643
Total expenditure		<u>147,239</u>	<u>20,000</u>	<u>167,239</u>	<u>124,643</u>
Net income and movement in funds		114,143	-	114,143	78,153
Reconciliation of funds:					
Fund balances at 1 July 2024		<u>116,727</u>	-	<u>116,727</u>	<u>38,574</u>
Fund balances at 30 June 2025		<u><u>230,870</u></u>	<u><u>-</u></u>	<u><u>230,870</u></u>	<u><u>116,727</u></u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

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BALANCE SHEET

AS AT 30 JUNE 2025

	Notes	2025		2024	
		£	£	£	£
Fixed assets					
Tangible assets	12		1,060		228
Current assets					
Debtors	13	45,492		30,116	
Cash at bank and in hand		210,805		86,603	
		<u>256,297</u>		<u>116,719</u>	
Creditors: amounts falling due within one year	14	(26,487)		(220)	
Net current assets			<u>229,810</u>		<u>116,499</u>
Total assets less current liabilities			<u>230,870</u>		<u>116,727</u>
The funds of the charity					
Unrestricted funds	15		230,870		116,727
			<u>230,870</u>		<u>116,727</u>

The financial statements were approved by the trustees on 29 April 2026

S Rahimi
Trustee



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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2025

1 Accounting policies

Charity information

Inspired is a unincorporated registered charity.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

1 Accounting policies

(Continued)

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

IT equipment	20% straight line
--------------	-------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

INSPIRED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

1 Accounting policies

(Continued)

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

INSPIRED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

2 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	203,628	-	203,628	83,916	-	83,916
Grants	25,000	20,000	45,000	96,351	-	96,351
	<u>228,628</u>	<u>20,000</u>	<u>248,628</u>	<u>180,267</u>	<u>-</u>	<u>180,267</u>

3 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Other income		
Gift aid income	<u>32,263</u>	<u>22,529</u>

4 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	<u>491</u>	<u>-</u>

INSPIRED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

5 Expenditure on charitable activities

	Charitable expenditure 2025 £	Charitable expenditure 2024 £
Direct costs		
Staff costs	6,000	1,000
Depreciation and impairment	279	61
Refreshment	1,691	847
Electricity and gas	7,811	8,489
Printing and photocopying	1,079	115
Stationary	213	60
Rent and rates	52,981	81,271
Storage insurance	333	250
Transportation	352	283
Web - email	424	2,023
Repairs and maintenance	127	926
Monthly accounts fee and charges	742	162
Sundry expenses	86	2
Project Expenses - Events 1	60,528	26,128
Project Expenses - Asylem Welfare	453	551
Project Expenses - Christmas gift	-	400
Project Expenses - befriending	-	575
	<u>133,099</u>	<u>123,143</u>
Grant funding of activities (see note 6)	30,000	1,500
Share of support and governance costs (see note 7)		
Governance	4,140	-
	<u>167,239</u>	<u>124,643</u>
Analysis by fund		
Unrestricted funds	147,239	124,643
Restricted funds	20,000	-
	<u>167,239</u>	<u>124,643</u>

6 Grants payable

	Charitable expenditure 2025 £	Charitable expenditure 2024 £
Grants to institutions:		
Other	30,000	1,500
	<u>30,000</u>	<u>1,500</u>

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

6 Grants payable (Continued)

-

7 Support costs allocated to activities

	2025 £	2024 £
Governance costs	4,140	-
	<u>4,140</u>	<u>-</u>
Analysed between:		
Charitable expenditure	4,140	-
	<u>4,140</u>	<u>-</u>

8 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	1,800	-
Depreciation of owned tangible fixed assets	279	61
	<u>2,079</u>	<u>61</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	1	1
	<u>1</u>	<u>1</u>
Employment costs	2025 £	2024 £
Wages and salaries	6,000	1,000
	<u>6,000</u>	<u>1,000</u>

There were no employees whose annual remuneration was more than £60,000.

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

12 Tangible fixed assets

	IT equipment £
Cost	
At 1 July 2024	289
Additions	1,111
	<hr/>
At 30 June 2025	1,400
	<hr/>
Depreciation and impairment	
At 1 July 2024	61
Depreciation charged in the year	279
	<hr/>
At 30 June 2025	340
	<hr/>
Carrying amount	
At 30 June 2025	1,060
	<hr/> <hr/>
At 30 June 2024	228
	<hr/> <hr/>

13 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Other debtors	45,492	30,116
	<hr/> <hr/>	<hr/> <hr/>

14 Creditors: amounts falling due within one year

	2025 £	2024 £
Other creditors	-	14
Accruals and deferred income	26,487	206
	<hr/>	<hr/>
	26,487	220
	<hr/> <hr/>	<hr/> <hr/>

INSPIRED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2025

15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 July 2024	Incoming resources	Resources expended	At 30 June 2025
	£	£	£	£
General funds	116,727	261,382	(147,239)	230,870
	<u>116,727</u>	<u>261,382</u>	<u>(147,239)</u>	<u>230,870</u>
Previous year:	At 1 July 2023	Incoming resources	Resources expended	At 30 June 2024
	£	£	£	£
General funds	38,574	202,796	(124,643)	116,727
	<u>38,574</u>	<u>202,796</u>	<u>(124,643)</u>	<u>116,727</u>

16 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

17 Prior period adjustment

Changes to the balance sheet

	At 30 June 2024		
	As previously reported	Adjustment	As restated
	£	£	£
Current assets			
Debtors due within one year	20,586	9,530	30,116
	<u>20,586</u>	<u>9,530</u>	<u>30,116</u>
Capital funds			
Income funds			
Unrestricted funds	107,197	9,530	116,727
	<u>107,197</u>	<u>9,530</u>	<u>116,727</u>
Total equity	<u>107,197</u>	<u>9,530</u>	<u>116,727</u>

INSPIRED

England & Wales - Charity number 1145542

Accounts



Trustees' Annual Report

for the period

From (start date) 0 1 0 7 2 3 to (end date) 3 0 0 6 2 4

Section A Reference and administration details

Charity name

Other names the charity is known by

Registered charity number (if any)

Charity's principal address

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mahboubeh Ghaffarizad	Chair		
2	Farzaneh Majidi	Treasurer		
3	Shirin Rahimi	Secretary		
4				
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17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section A**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

Section B**Structure, governance and management**

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)
How the charity is constituted
(eg trust, association, company)
Trustee selection methods
(eg appointed by, elected by)

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
 - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY WORKING WITH MEMBERS OF THE COMMUNITY WHO ARE SOCIALLY EXCLUDED ON THE GROUNDS OF AGE, GENDER, DISABILITY, LANGUAGE AND ETHNIC ORIGIN AND TO RELIEVE THE NEEDS OF SUCH PEOPLE AND ASSIST THEM TO INTEGRATE INTO SOCIETY

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees continue to work and abide by the Guidance on Public Benefit by the Charity Commission. We have continued to hold cultural and religious ceremonies, reflecting our growing and diverse community. This includes Yalda Night, Nowruz and over 200 community lunch gatherings, as well as Eid-fitr Prayers, Ramadan dinners, and midnight Mass on Christmas eve. These events are an opportunity for the most vulnerable in our community to gather in a safe, and welcoming environment. We have also continued our fortnightly virtual gatherings. These meetings allow service users to gather, without being physically present in one room, which is perfect for those with physical impairments or those who experience isolation.

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

We have continued to work with and educate young people who are 1st generation refugees or descendants of refugees who have fled from their homeland. In many case this upheaval has cause a conflict of identity, as the children struggle to find their place in their culture of origin and the new society they now live in. Additionally, many of these children are from Muslim backgrounds, which in the current social and political climate, adds more pressure on them. We have been successful in organizing seminars and Q&A sessions for these young people, helping give them a safe space to have open dialogue, while also teaching them to embrace British values and way of life, and respecting and acknowledging both cultures which shape them.

We have also assisted victims of domestic violence. Often these women are refugees who have fled across borders to escape abuse, therefore they often lack linguistic skills to access the resources which can help them. We have provided these women with essential information and resources which they can access, as well as where to get legal advice. We provide this information in whichever format is most convenient for these women print, digital, or just verbal.

With around 30 volunteers in our community, we have successfully been able to continue providing essential services to our community to the best of our abilities. This includes befriending phone and video calls with our elderly community members, and paying visits to vulnerable individuals and assisting with daily errands, shopping, and cooking.

Section E**Financial review**

Brief statement of the charity's policy on reserves

Inspired does not have a reserves policy

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

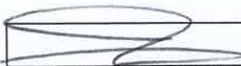
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Mrs Mahboubeh Ghaffarizad

Position (eg Secretary, Chair, etc)

Chair

Date

1 5 0 4 2 5



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Charity Name

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/07/2023

To

Period end date
30/06/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donation	59,679	-	-	59,679	-
Standing order	1,997	-	-	1,997	-
Donation IR	18,084	-	-	18,084	-
Cash Income	3,526	-	-	3,526	-
Grant	96,351	-	-	96,351	-
GiftAid	12,999	-	-	12,999	-
Miscellaneous Income	364	-	-	364	-
Membersip Fee	265	-	-	265	-
Sub total (Gross income for AR)	193,265	-	-	193,265	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	193,265	-	-	193,265	-
A3 Payments					
Administrative Expenses	94,324	-	-	94,324	-
Fundraising Expenses	60	-	-	60	-
financial Wxpenses	1,102	-	-	1,102	-
Prpjects Expenses	29,154	-	-	29,154	-
Sundry Expenses	2	-	-	2	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	124,642	-	-	124,642	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	124,642	-	-	124,642	-
Net of receipts/(payments)	68,623	-	-	68,623	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	68,623	-	-	68,623	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Petty Cash	35	-	-
		-	-	-
		-	-	-
	Total cash funds	35	-	-
(agree balances with receipts and payments account(s))		Agreement Error	OK	OK

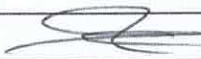
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	CafBank	86,545	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Mrs Mahboubeh Ghaffarizad	16.04.2025

INSPIRED

England & Wales - Charity number 1145542

Accounts



Trustees' Annual Report

for the period

From (start date) to (end date)

Section A Reference and administration details

Charity name

Inspired

Other names the charity is known by

Registered charity number (if any)

Charity's principal address

3RD Floor –Allenby House

1A Temple Road

London

Postcode

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mahboubeh Gaffarizad	Chair		
2	Farzaneh Majidi	Treasurer		
3	Shirin Rahimi	Secretary		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section A**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

Section B**Structure, governance and management**

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)

Constitution

How the charity is constituted
(eg trust, association, company)

Association

Trustee selection methods
(eg appointed by, elected by)

Elected from Membership

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works.
 - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

The charity's object is to promote the voluntary sector for the public benefit by enabling access to its' offices and services and providing support to other charities and organisations in the voluntary sector. To promote social inclusion for the public benefit by working with members of the community who are socially excluded by virtue of their age, gender, disability, language and ethnic origin and to relieve their needs and to assist them integrate into society.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning the activities for this year, the trustees have continued to review the Guidance on Public Benefit published by the Charity Commission at the trustee meetings. The summary of the charity's main activities are as follows:

We have continued to organize and hold our annual calendar of large ceremonial events. At these gatherings, there is live music, keynote speakers and food and refreshment is provided. Notable amongst these gatherings were the Christmas gathering, the Winter Equinox gathering (yalda), other gathering as well as the Ramadan gathering. These gatherings offer an invaluable opportunity for members of the community to gather, and it allows families, especially those living in exile to meet in a safe space and in a welcoming environment.

Furthermore, we have continued the weekly gatherings online. Our virtual meetings allow the service users to share their life experiences and information in real time, without the need for being physically present in the same room. This has provided a lifeline to many vulnerable and isolated people in the community.

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Achievements and Performance:

We have continued to work with and to educate young people whose parents fled their homeland as well as refugee children and children currently without a status. Many of these children were born in the UK or have arrived in the UK as young children while others are new arrivals. In many cases, this upheaval has caused a conflict of identity as these children struggle to forge an identity. Often these children experience a conflict between their family, their background and their culture which may contradict the values of the society in which they live. In addition, many of these children are from Muslim backgrounds, which in the current political climate adds additional pressures. One of our greatest successes continues to be organizing meetings and Q&A sessions, aimed at helping these children identify as British and helping them embrace British values and way of life, while at the same time respecting their cultural heritage, allowing the children to thrive in a cohesive and inclusive manner.

We have assisted the victims of domestic violence in the community. Often these women do not speak English and are therefore unaware of their legal rights and are lonely and isolated. We have provided these women with the latest information on their legal rights as well as assistance with their housing rights, children's rights, immigration rights as well as information with respect to separation and divorce. We provide these services in person but also online.

More than 30 volunteers in our charity. We provided food parcels, befriending phone calls for the lonely and isolated, personal shopping, and support for shielded residents.

Section E**Financial review**

Brief statement of the charity's policy on reserves

Inspired Charity does not have a reserves policy.

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees



Signature(s)

Full name(s)

Mrs Mahboubeh Ghaffarizad

Trustee

Position (e.g. Secretary, Chair, etc.)

1	7	0	4	2	4
		..			

Date

Inspired

Balance Sheet

As of June 2023

Assets		
Current Assets		
Cash at Bank and in Hand		
CAF Bank	£19,061.53	
Petty Cash	£76.04	
Paypal	£23.00	
Total Cash at Bank and in Hand	<u>£19,160.57</u>	
Office Deposit		
Office Deposit	£20,000.00	
Total Current Assets		<u>£39,160.57</u>
Total Assets		<u>£39,160.57</u>
Liabilities		
Current Liabilities		
Creditors		
LB Brent	-£208.75	
Inkind Direct	-£24.40	
British Gas Business	£14.12	
Accruals	£805.18	
Total Creditors	<u>£586.15</u>	
Total Current Liabilities		<u>£586.15</u>
Total Liabilities		<u>£586.15</u>
Net Assets		<u>£38,574.42</u>
General Reserves		
Retained Earnings	£25,939.28	
Historical Balancing	£146.20	
Current Year Earnings	£12,488.94	
Total		<u>£38,574.42</u>
Total General Reserves		<u>£38,574.42</u>

Inspired

Profit & Loss Statement

01/07/2022 to 30/06/2023

Income

Donation	£32,160.00	
Standing order	£2,261.00	
Donation IR	£30,954.00	
Cash Income	£2,543.09	
Grant - Women and Youth Agains	£4,500.00	
Grand Other Organ	£31,501.00	
HMRC Charities - Gift Aid	£5,050.55	
Miscellaneous Income	£394.00	
Total Income		<u>£109,363.64</u>

Refund of Donations

Gross Profit		<u>£109,363.64</u>
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Expenses

Administrative Exp		
Clean Products	£34.52	
Eltricity and Gas	£8,084.71	
Stationary	£54.66	
Rent and Rate	£82,700.37	
Storage Insurance	£180.00	
Transportation	£260.41	
Web - Email	£124.56	
Depreciation cost	£665.52	
Total Administrative Exp		<u>£92,104.75</u>
Fundraising Exp.		
Monthly Acc Fee	£63.00	
Occupancy Costs		
Office Cleaning	£35.71	
Sundry exp	£55.00	
Total Occupancy Costs		<u>£90.71</u>
Total Expenses		<u>£92,258.46</u>

Operating Profit		<u>£17,105.18</u>
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Other Income

Projects Expenses

Events 1	£3,971.48	
Event 2	£35.01	
Asylem Welfare	£609.75	
Total Projects Expenses		<u>£4,616.24</u>

Net Profit / (Loss)		<u>£12,488.94</u>
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CHARITY COMMISSION
FOR ENGLAND AND WALES

Inspired

1145542

Receipts and payments accounts

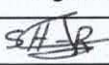
CC16a

For the period from	Period start date 01/07/2022	To	Period end date 30/06/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donation	32,160	-	-	32,160	-
Standing Order	2,261	-	-	2,261	-
Donation IR	30,954	-	-	30,954	-
Cash income	2,543	-	-	2,543	-
Grant	36,000	-	-	36,000	-
Gift aid	5,051	-	-	5,051	-
Miscellaneous Income	394	-	-	394	-
	-	-	-	-	-
Sub total (Gross income for AR)	109,363	-	-	109,363	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	109,363	-	-	109,363	-
A3 Payments					
Administrative Expenses	92,105	-	-	92,105	-
Fundraising Expenses	63	-	-	63	-
Sundry Expenses	91	-	-	91	-
Projects Expenses	4,616	-	-	4,616	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	96,875	-	-	96,875	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	96,875	-	-	96,875	-
Net of receipts/(payments)	12,488	-	-	12,488	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	12,488	-	-	12,488	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	petty Cash	76	-	-
		-	-	-
		-	-	-
	Total cash funds	76	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	CafBank	19,062	-	-
	Paypal	23	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Current Liabilities (Bills)	586	-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		S-Rahimi	21-11-2024	

INSPIRED

England & Wales - Charity number 1145542

Accounts



Trustees' Annual Report

for the period

From (start date)

0	1	0	7	2	1
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 to (end date)

3	0	0	6	2	2
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Section A Reference and administration details

Charity name

Inspired

Other names the charity is known by

Registered charity number (if

1	1	4	5	5	4	2
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any)Charity's principal address

3rd Floor –Allenby House

1A Temple Road

London

Postcode

N	W	2		6	P	J
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Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mahboubeh Gaffarizad	Chair		
2	Farzaneh Majidi	Treasurer		
3	Shirin Rahimi	Secretary		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section A**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

Section B**Structure, governance and management**

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)

Constitution

How the charity is constituted
(eg trust, association, company)

Association

Trustee selection methods
(eg appointed by, elected by)

Elected from Membership

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organizational structure and any wider network with which the charity works.
 - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

The charity's object is to promote the voluntary sector for the public benefit by enabling access to its' offices and services and providing support to other charities and organisations in the voluntary sector. To promote social inclusion for the public benefit by working with members of the community who are socially excluded by virtue of their age, gender, disability, language and ethnic origin and to relieve their needs and to assist them integrate into society.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning the activities for this year, the trustees have continued to review the Guidance on Public Benefit published by the Charity Commission at the trustee meetings. The summary of the charity's main activities are as follows:

We have continued to organize and hold our annual calendar of large ceremonial events. At these gatherings, there is live music, key note speakers and food and refreshment is provided. Notable amongst these gatherings were the Christmas gathering, the Winter Equinox gathering (yalda), the Persian New Year gathering as well as the Ramadan gathering. These gatherings offer an invaluable opportunity for members of the community to gather and it allows families, especially those living in exile to meet in a safe space and in a welcoming environment.

Furthermore, we have continued the weekly gatherings online which we initiated as a result of the covid lockdowns. Our virtual meetings allow the service users to share their life experiences and information in real time, without the need for being physically present in the same room. This has provided a lifeline to many vulnerable and isolated people in the community.

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Achievements and Performance:

We have continued to work with and to educate young people whose parents fled their homeland as well as refugee children and children currently without a status. Many of these children were born in the UK or have arrived in the UK as young children while others are new arrivals. In many cases, this upheaval has caused a conflict of identity as these children struggle to forge an identity. Often these children experience a conflict between their family, their background and their culture which may contradict the values of the society in which they live. In addition, many of these children are from Muslim backgrounds, which in the current political climate adds additional pressures. One of our greatest successes continues to be organizing meetings and Q&A sessions, aimed at helping these children identify as British and helping them embrace British values and way of life, while at the same time respecting their cultural heritage, allowing the children to thrive in a cohesive and inclusive manner.

We have assisted the victims of domestic violence in the community. Often these women do not speak English and are therefore unaware of their legal rights and are lonely and isolated. We have provided these women with the latest information on their legal rights as well as assistance with their housing rights, children's rights, immigration rights as well as information with respect to separation and divorce. We provide these services in person but also online. A legacy of the covid lockdowns, online services remain a popular alternative to our person meetings.

Section E**Financial review**

Brief statement of the charity's policy on reserves

Inspired Charity does not have a reserves policy.

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

MRS Mahboubeh Ghaffarizad

Position (eg Secretary, Chair, etc)

Chair

Date

0	4	0	4	2	3
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Inspired

Profit & Loss Statement

01/07/2021 to 30/06/2022

Income

Donation	£24,451.00	
Standing order	£2,249.50	
Donation IR	£34,410.29	
Cash Income	£3,129.50	
Membership FEE	£291.00	
Grant - Women and Youth Agains	£13,600.00	
Grand Other Organ	£13,000.00	
HMRC Charities - Gift Aid	£10,472.84	
Miscellaneous Income	£1,415.00	
Total Income		<u>£103,019.13</u>

Refund of Donations

Gross Profit £103,019.13

Expenses

Administrative Exp		
Refreshment	£246.86	
Eltricity and Gas	£4,214.61	
Postage	£11.05	
Stationary	£13.82	
Rent and Rate	£83,844.80	
Storage Insurance	£180.00	
Transportation	£105.34	
Web - Email	£55.20	
Depreciation cost	£930.34	
Motor Expenses	£147.86	
Total Administrative Exp		<u>£89,749.88</u>
Fundraising Exp.		
Monthly Acc Fee	£96.00	
Occupancy Costs		
Sundry exp	£80.71	
Total Occupancy Costs		<u>£80.71</u>
Total Expenses		<u>£89,926.59</u>

Operating Profit £13,092.54

Other Income

Projects Expenses

Events 1	£10,512.80	
Event 2	£126.83	
Asylem Welfare	£1,455.42	
Befriending	£44.25	
Total Projects Expenses		<u>£12,139.30</u>

Net Profit / (Loss) £953.24

Inspired

Balance Sheet

As of June 2022

Assets

Fixed Assets

Computer Equipment

Computer Equipment Original Co

£5,062.37

Computer Equipment Accum Depre

-£4,396.85

Total Computer Equipment

£665.52

Total Fixed Assets

£665.52

Current Assets

Cash at Bank and in Hand

CAF Bank

£5,778.96

Petty Cash

£58.97

Paypal

£23.00

Total Cash at Bank and in Hand

£5,860.93

Office Deposit

Office Deposit

£20,000.00

Total Current Assets

£25,860.93

Total Assets

£26,526.45

Liabilities

Current Liabilities

Creditors

LB Brent

£0.80

Inkind Direct

-£0.06

Accruals

£440.23

Total Creditors

£440.97

Total Current Liabilities

£440.97

Total Liabilities

£440.97

Net Assets

£26,085.48

General Reserves

Retained Earnings

£24,986.04

Historical Balancing

£146.20

Current Year Earnings

£953.24

Total

£26,085.48

Total General Reserves

£26,085.48



Receipts and payments accounts

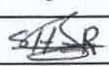
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For the period from	Period start date	To	Period end date
	01/07/2021		30/06/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donation	24,451	-	-	24,451	-
Standing Order	2,249	-	-	2,249	-
Donation IR	34,410	-	-	34,410	-
Cash income	3,130	-	-	3,130	-
Grant	26,600	-	-	26,600	-
GiftAid	10,473	-	-	10,473	-
Miscellaneous Income	1,415	-	-	1,415	-
Membership Fee	291	-	-	291	-
Sub total (Gross income for AR)	103,019	-	-	103,019	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	103,019	-	-	103,019	-
A3 Payments					
Administrative Expenses	89,750	-	-	89,750	-
Fundraising Expenses	96	-	-	96	-
Sundry Expenses	81	-	-	81	-
Projects Expenses	12,139	-	-	12,139	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	102,066	-	-	102,066	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	102,066	-	-	102,066	-
Net of receipts/(payments)	953	-	-	953	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	953	-	-	953	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Petty Cash	59	-	-
		-	-	-
		-	-	-
	Total cash funds	59	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Caf Bank	5,779	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Computers	666	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Current Liabilities(rent)	441	-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		shirin-Rehimi	21.11.2024	

INSPIRED

England & Wales - Charity number 1145542

Accounts



Trustees' Annual Report

for the period

From (start date) to (end date)

Section A Reference and administration details

Charity name

Inspired

Other names the charity is known by

Registered charity number (if any)

Charity's principal address

3rd Floor –Allenby House
 1A Temple Road
 London
 Postcode

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mahboubeh Gaffarizad	Chair		
2	Farzaneh Majidi	Treasurer		
3	Shirin Rahimi	Secretary		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section A**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

Section B**Structure, governance and management**

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)
How the charity is constituted
(eg trust, association, company)
Trustee selection methods
(eg appointed by, elected by)

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organizational structure and any wider network with which the charity works.
 - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

The charity's object is to promote the voluntary sector for the public benefit by enabling access to its' offices and services and providing support to other charities and organisations in the voluntary sector. To promote social inclusion for the public benefit by working with members of the community who are socially excluded on the grounds of age, gender, disability, language, and ethnic origin and to relieve the needs of such people and assist them to integrate into society.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning the activities for this year, the trustees have continued to review the Guidance on Public Benefit published by the Charity Commission at their trustee meetings.

The summary of the charity's main activities are as follows:

We have continued to organize and hold our annual calendar of large ceremonial events. At these gathering, there is live music, key notes speakers and food and drink in provided. These gatherings offer an invaluable opportunity for the community to gather and allows families, especially those living in exile to meet in a safe and welcoming environment.

With our office being forced to close during the lockdown, we continued the weekly gatherings online. Our virtual meetings allows the service users to share their life experiences and information in real time without the need for being physically located in the same room together.

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Achievements and Performance:

We have continued to educate young people whose parents fled their homeland and refugee children. Many of these children were born in the UK or arrived in the UK as young children. In many cases this has caused a conflict of identity as the children struggle to identify themselves. Their family and background cultures often contradict the values of the society in which they live. Many of these children are Muslim, which in the current climate adds additional pressures. One of our greatest successes has been to organize meetings and Q&A sessions aimed at helping these children identify as British and helping them to embrace British values while at the same time respecting their cultural heritage.

We have assisted the victims of domestic violence in the community. Often these women do not speak English and are therefore unaware of their rights and are lonely and isolated. We have provided these women with the latest information on their legal rights as well as assistance with their housing rights, children's rights, immigration rights as well as information on separation and divorce. All our services were online or on the phone during the lockdown.

More than 20 volunteers in our charity, have signed up to the new volunteer hub following the urgent call, to help vulnerable people during the Coronavirus pandemic. We provided food parcels, befriending phone calls for the lonely and isolated, personal shopping, and support for shielded residents.

Section E**Financial review**

Brief statement of the charity's policy on reserves

Inspired Charity does not have any reserves policy

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

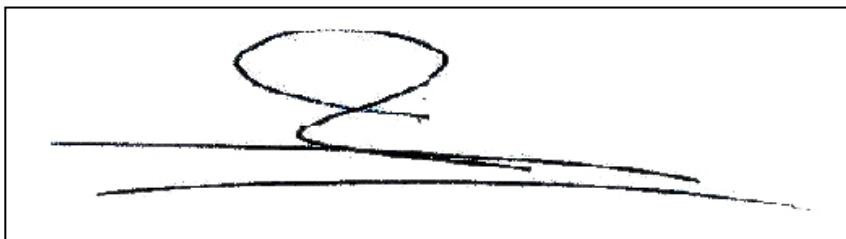
You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above Signed on behalf of the charity's trustees

Signature(s)



Fullname(s)

Mrs Mahboubeh Ghaffarizad

Position (eg Secretary, Chair, etc)

Chair

Date

13.04.2022

Inspired

Profit & Loss Statement

01/07/2020 to 30/06/2021

Income

Donation	£33,775.00	
Standing order	£2,431.00	
Donation IR	£26,996.70	
Cash Income	£679.25	
Membership FEE	£300.00	
Grant - Women and Youth Agains	£3,500.00	
Grand Anglo	£8,500.00	
HMRC Charities - Gift Aid	£15,895.19	
Miscellaneous Income	£115.36	
Total Income		<u>£92,192.50</u>

Refund of Donations

Gross Profit £92,192.50

Expenses

Administrative Exp		
Refreshment	£13.06	
Clean Products	£230.37	
Eltricity and Gas	£2,296.64	
Postage	£38.00	
Stationary	£69.27	
Rent and Rate	£82,836.00	
Storage Insurance	£160.00	
Web - Email	£232.75	
Depreciation cost	£930.34	
Total Administrative Exp		<u>£86,806.43</u>
Fundraising Exp.		
Car insurence &tax	£622.74	
Monthly Acc Fee	£78.00	
Financial Expenses		
Bank Srvice Charges	£5.90	
Total Financial Expenses		<u>£5.90</u>
Occupancy Costs		
Sundry exp	£510.60	
Total Occupancy Costs		<u>£510.60</u>
Total Expenses		<u>£88,023.67</u>
Operating Profit		<u>£4,168.83</u>

Other Income

Projects Expenses

Events	£48.87	
Asylem Welfare	£1,616.94	
Chirtms Gift	£86.17	
Befriending	£841.26	
Total Projects Expenses		<u>£2,593.24</u>

Net Profit / (Loss) £1,575.59

Inspired

Balance Sheet

As of June 2021

Assets		
Fixed Assets		
Computer Equipment		
Computer Equipment Original Co	£6,194.37	
Computer Equipment Accum Depre	<u>-£4,598.51</u>	
Total Computer Equipment		<u>£1,595.86</u>
Total Fixed Assets		£1,595.86
Current Assets		
Cash at Bank and in Hand		
CAF Bank	£6,086.35	
Petty Cash	£51.78	
Paypal	<u>£23.00</u>	
Total Cash at Bank and in Hand		<u>£6,161.13</u>
Office Deposit		
Office Deposit	£20,000.00	
Total Current Assets		<u>£26,161.13</u>
Total Assets		<u>£27,756.99</u>
Liabilities		
Current Liabilities		
Creditors		
Accruals	<u>£2,624.75</u>	
Total Creditors		<u>£2,624.75</u>
Total Current Liabilities		<u>£2,624.75</u>
Total Liabilities		£2,624.75
Net Assets		<u>£25,132.24</u>
General Reserves		
Retained Earnings	£23,410.45	
Historical Balancing	£146.20	
Current Year Earnings	<u>£1,575.59</u>	
Total		<u>£25,132.24</u>
Total General Reserves		<u>£25,132.24</u>



CHARITY COMMISSION
FOR ENGLAND AND WALES

Inspired

1145542

Receipts and payments accounts

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For the period from	Period start date 01/07/2020	To	Period end date 30/06/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donation	33,775	-	-	33,775	-
Standing Order	2,431	-	-	2,431	-
Donation IR	26,997	-	-	26,997	-
Cash Income	679	-	-	679	-
Membersio Fee	300	-	-	300	-
Grand	12,000	-	-	12,000	-
GiftAid	15,895	-	-	15,895	-
Miscellaneous Income	115	-	-	115	-
Sub total (Gross income for AR)	92,192	-	-	92,192	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	92,192	-	-	92,192	-
A3 Payments					
Administrative Expenses	86,806	-	-	86,806	-
Fundraising Expenses	701	-	-	701	-
Financial Expenses	6	-	-	6	-
Sundry Expenses	511	-	-	511	-
Projects Expenses	2,593	-	-	2,593	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	90,617	-	-	90,617	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	90,617	-	-	90,617	-
Net of receipts/(payments)	1,575	-	-	1,575	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,575	-	-	1,575	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Petty Cash	52	-	-
		-	-	-
		-	-	-
	Total cash funds	52	-	-

(agree balances with receipts and payments account(s))

Agreement Error
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OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Caf Bank	6,086	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Computers	1596	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Current Liabilities (Rent)	2625	-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	S-Rahimi	21.11.2024