

Company registration number: 07832841 Charity registration number: 1145525

Federation of Disability Sports Organisations Limited

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Federation of Disability Sports Organisations Limited

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Federation of Disability Sports Organisations Limited

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Objectives and activities

Objects and aims

The objects of the organisation shall be the relief of disabled people, in particular (but not so as to limit the generality of the foregoing) through the promotion and development of the recreational activities and sporting facilities for the benefit of said people

Structure, governance and management

Reference and Administrative Details

Trustees	Dr J Papworth-Smith
	Dr B Hopson
	H E Oates, Treasurer
	K B Baker OBE
	J Russell MBE, Chairperson and Life President
	L Dammone
	R Dryden
Secretary	Dr B Hopson
Principal Office	Denhale Arc Denhale Avenue Wakefield
	West Yorkshire
	WF2 9EF
	The charity is incorporated in England.
Company Registration Number	07832841
Charity Registration Number	1145525

Federation of Disability Sports Organisations Limited

Trustees' Report

Annual Report of the Trustees

Period 2022-2023

Charity Objectives

In setting the objectives and delivering the programme Federation of Disability Sport Organisations Limited (FDSO Ltd Trading as Disability Sport Yorkshire), the trustees consider the Charity Commissions general guidance on public benefit and in particular the relief of disabled people through the promotion and development of recreational and sporting facilities and activities for the benefit of disabled people.

To achieve the objectives, the organisation undertakes a broad range of development activities, training programmes and sporting events, alongside providing services for other organisations to enable the inclusion of disabled people. In delivering its objectives we aim to make Yorkshire the best place for disabled people to:

- Improve their health and wellbeing by engaging in physical activity.
- Engage in physical activity and sport on a regular basis.
- Have access to facilities and activities of their choice in their local area.

To achieve this, we focus on:

- Increasing the number of active disabled people.
- Delivering get active events to motivate and engage.
- Providing training for disabled people to gain the skills to positively engage and contribute to local sporting bodies.
- Delivering training programmes to build the capacity of sporting bodies to work inclusively.

In 2014 we took the lease on the Denhale Active Recreation Centre as it provided us with offices and other facilities and a base which was much needed. In the agreement we were obliged to provide a programme of activities for the local community. During 2022, as both elements of our operation grew, we took the decision to split the operation and established a separate legal entity 'DSY at Denhale ARC CIC' for the work in the local community. FDSO Ltd continues to work from the base and deliver its work across the Yorkshire region. Attaining the Charities Excellence Kitemark was the culmination of a review of the activities of the whole organisation along with its policies and procedures.

Our work in 2022-2023

Overview

Overall, 2022-2023 was a year of transition from the constraints of the pandemic and the rebuilding of our work in the communities across Yorkshire. Our Active Events programme, so popular with schools across the region proved very difficult to progress as schools were still not engaging with outside activities. In line with other not-for profit organisations we struggled with recruiting staff, and considerable training was required to help less experienced new staff get up to speed with the work in the community. Despite several recruitment drives for six months we were without a Regional Manager. The rising cost of living also proved challenging across the board.

Federation of Disability Sports Organisations Limited

Trustees' Report

Community based programmes

Sporting Futures

The programme has two key aims, to work with sports clubs across the region to promote and enable inclusion and to engage disabled people in the sports clubs and activities in their local community. The focus is on enabling participants to develop a range of skills to become sports leaders, volunteers, and gain experience to support employability in the sport sector and to sustain their involvement beyond the end of the programme. We have been fortunate to receive significant funding to support the programme over a three-year period. In 2022 this enabled us to get the programme up and running.

We picked up an incomplete sporting futures programme just up and running before the pandemic and recruited and ran this to completion. This programme was run in conjunction with a local football club and included all the various role involved in running the club.

During the year, we met up with sports clubs around the region to canvas for working partners. The first programme was a green social prescribing focused programme. Participants were referred by the Social Prescribing Service and was delivered through a partnership agreement with a Barnsley based Rugby club. The programme used outdoor recreational activity including gardening, grounds maintenance, outdoor sport, and the creation of an orienteering course, as the skills base and was part of a government funded National pilot scheme which was evaluated by a research team.

The third programme of the year was run in partnership with York City Knights Rugby League Football Club at their LNER Community Stadium. Young adults with a learning disability aged between 19-30 years were introduced to the roles involved in running a sporting club - catering, cleaning, coaching, stewarding, programme selling, pitch maintenance etc. Participants were not in education or employment and were disadvantaged by the traditional methods of recruitment. By giving them 'practice time' in a low-pressure environment, where they could learn by doing, they were able to perform key roles on matchdays, therefore contributing to the running of the club. This was a very positive programme where the participants were able to sustain their volunteering and one gained part-time paid employment.

Throughout the year there were significant difficulties in engaging disabled young people, this was experienced by most organisations whose key group was disabled people. Nevertheless, we were able to train 29 disabled people in conjunction with local sports clubs, the majority of whom sustained their involvement. Our partner clubs gained vital experience which gave them the confidence to work more inclusively and all of them felt it was a positive experience and have asked for support to deliver another programme in their club.

Active Events

Our much-valued active events programme, which ran very successfully before the Pandemic, proved much more difficult to re-establish. With the hesitancy of schools to engage in outside activities, we changed our attention to the delivery of smaller programmes and new sports. A grant from a local funder enabled a partnership project with Wakefield Trinity Rugby League Football Club in the delivery of a programme of activities in local special schools culminating in a rugby tournament at the Wakefield Trinity Stadium. We supported the delivery of two school boccia events, one in Harrogate, the other in Scarborough, and ran an activity-based development event at our base in Wakefield and set up an equipment loan scheme for the schools involved.

Federation of Disability Sports Organisations Limited

Trustees' Report

Partnership working

We are committed to working in partnership in all aspects of our organisation, as evidenced in our work on the sporting futures programmes. This approach to community projects is growing year by year with the benefit of maximising resources and bringing the broadest experience possible to the delivery of our work.

During the year we widened our network of partners in the Yorkshire region and more locally in West Yorkshire, with our membership of the Third Sector Network and involvement with the disability networks of the three Yorkshire Active Partnerships.

Holiday Playschemes

During the year we worked in partnership with DSY at Denhale ARC CIC to deliver two new initiatives. After gaining approval as a Happy Healthy Holiday provider, we ran a packed Summer and Autumn activity programme for children on school meals, providing two meals each day. It was a successful programme that was oversubscribed and much valued by both the children and their families.

Social prescribing programme

This was a new programme funded by a local grant maker, which was a joint initiative with DSY at Denhale ARC CIC. With concerns about the poor engagement of disabled people in physical activity along with high levels of related ill-health, we set up a partnership with local day care groups to deliver physical activity and sports sessions twice a week. This has proved very popular with both the day care providers in the neighbourhood and with the disabled participants who had a limited social life outside the home and who despite initial misgivings subsequently started looking forward to the sessions and the many and varied physical activities.

During the year we widened our network of partners in the Yorkshire region and more locally in West Yorkshire, through our membership of the Third Sector network and involvement with the disability networks of the three Yorkshire Active Partnerships. Attaining the Charities Excellence Kitemark was the culmination of a review of the whole organisation and its policies and procedures.

Finance

The Board of Trustees are responsible for overseeing the management of FDSO Ltd with the day-to-day management of the organisation being delegated to the Regional Manager. The board meets quarterly and more frequently if required to deal with policy and financial matters.

We use the Quickbooks accounting system which provides comprehensive reports and our finance manual is reviewed annually. Regular financial management reports are provided to the board by the treasurer and statements are produced in accordance with the Companies Act 1985 and the Companies Act 2006. In line with company law, the trustees prepare and approve an annual budget and accounts for each financial year which reflects a true and fair view of the position, including the incoming resources, application of the resources and the income and expenditure of the charitable company. Our reserves policy is to maintain a reserve of 25% of the annual running costs which is designed to protect the organisation and ensure the continuity of the stated aims is maintained in periods of financial constraint.

Federation of Disability Sports Organisations Limited


Trustees' Report

However, it has not been possible to maintain any significant levels of reserve in the current economic climate.

The funding climate for not-for-profit organisations remains challenging. As with many smaller charities, FDSO Ltd continues to rely heavily on grants, donations and occasional contract work and considerable staff time is given to identifying and applying for funding. Our commitment is to make every penny count along with our commitment to value for money and efficiency savings, means that most of our income goes directly to the delivery of our services.

In Summary

We could not have delivered our work in 2022 -2023 without the help of a number of individuals and organisations. We would like to place on record our sincere thanks to all those who in various ways have provided practical support and advice. Heartfelt thanks go to our funders during the year, Wakefield and District Health and Community Support, South Yorkshire Community Foundation, NOVA Live Well Wakefield, Sir James Reckitt, Reaching Communities, Globals Make Some Noise, Brelms Trust and the Baily Thomas Charitable Fund for recognising the huge benefits of an active lifestyles for disabled people and funding our work in the community, enabling disabled people across Yorkshire to progress into sport clubs and activities of their choice, whether that be regular participation or national and international competition.


.....
J Russell MBE
Chairperson and Life President

Federation of Disability Sports Organisations Limited

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Federation of Disability Sports Organisations Limited for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 14 December 2023 and signed on its behalf by:



J Russell MBE
Chairperson and Life President

Federation of Disability Sports Organisations Limited
Independent Examiner's Report to the Trustees of Federation of
Disability Sports Organisations Limited

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 8 to 22.

Respective responsibilities of trustees and examiner

As the charity's trustees of Federation of Disability Sports Organisations Limited (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Federation of Disability Sports Organisations Limited are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Federation of Disability Sports Organisations Limited as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Guy Smith FCA

The Mill at Scott Hall
44 Potternewton Mount
Leeds
LS7 2DR

14 December 2023

The notes on pages 10 to 22 form an integral part of these financial statements.

Federation of Disability Sports Organisations Limited
(Statement of Financial Activities for the Year ended 31 March 2023)

(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	9,360	60,202	69,562
Total income		9,360	60,202	69,562
Expenditure on:				
Charitable activities	5	(25,013)	(46,499)	(71,512)
Total expenditure		(25,013)	(46,499)	(71,512)
Net (expenditure) / income		(15,653)	13,703	(1,950)
Net movement in funds		(15,653)	13,703	(1,950)
Reconciliation of funds				
Total funds brought forward		48,569	16,148	64,717
Total funds carried forward	15	32,916	29,851	62,767
	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	17,837	23,491	41,328
Total income		17,837	23,491	41,328
Expenditure on:				
Charitable activities	5	(15,254)	(54,121)	(69,375)
Total expenditure		(15,254)	(54,121)	(69,375)
Net income / (expenditure)		2,583	(30,630)	(28,047)
Net movement in funds		2,583	(30,630)	(28,047)
Reconciliation of funds				
Total funds brought forward		45,986	46,778	92,764
Total funds carried forward	15	48,569	16,148	64,717

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2022 and 2023 is shown in note 15.

The notes on pages 10 to 22 form an integral part of these financial statements.

Federation of Disability Sports Organisations Limited
(Statement of Financial Activities for the Year ended 31 March 2023)

Balance Sheet

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	12	2,126	1,411
Current assets			
Debtors	13	7,682	4,161
Cash at bank and in hand		53,840	61,883
		61,522	66,044
Creditors: Amounts falling due within one year	14	(881)	(2,738)
Net current assets		60,641	63,306
Net assets		62,767	64,717
Funds of the charity:			
Restricted income funds			
Restricted funds		29,851	16,148
Unrestricted income funds			
Unrestricted funds		32,916	48,569
Total funds	15	62,767	64,717

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 7 to 22 were approved by the trustees, and authorised for issue on 14 December 2023 and signed on their behalf by:


 J Russell MBE
 Chairperson and Life President

The notes on pages 10 to 22 form an integral part of these financial statements.

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Denhale Arc
Denhale Avenue
Wakefield
West Yorkshire
WF2 9EF

These financial statements were authorised for issue by the trustees on 14 December 2023.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Federation of Disability Sports Organisations Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £200.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and equipment	33% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

Foreign exchange

Transactions in foreign currencies are recorded at the rate of exchange at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies at the balance sheet date are reported at the rates of exchange prevailing at that date.

The results of overseas operations are translated at the average rates of exchange during the period and their balance sheets at the rates ruling at the balance sheet date. Exchange differences arising on translation of the opening net assets and results of overseas operations are reported in other comprehensive income and accumulated in equity (attributed to non-controlling interests as appropriate).¹

Other exchange differences are recognised in the Statement of Financial Activities in the period in which they arise except for:

- 1) exchange differences on transactions entered into to hedge certain foreign currency risks (see above);
- 2) exchange differences arising on gains or losses on non-monetary items which are recognised in other comprehensive income; and
- 3) in the case of the consolidated financial statements, exchange differences on monetary items receivable from or payable to a foreign operation for which settlement is neither planned nor likely to occur (therefore forming part of the net investment in the foreign operation), which are recognised in other comprehensive income and reported under equity.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

Debt instruments

Debt instruments which meet the following conditions are subsequently measured at amortised cost using the effective interest method:

(a) The contractual return to the holder is (i) a fixed amount; (ii) a positive fixed rate or a positive variable rate; or (iii) a combination of a positive or a negative fixed rate and a positive variable rate.

(b) The contract may provide for repayments of the principal or the return to the holder (but not both) to be linked to a single relevant observable index of general price inflation of the currency in which the debt instrument is denominated, provided such links are not leveraged.

(c) The contract may provide for a determinable variation of the return to the holder during the life of the instrument, provided that (i) the new rate satisfies condition (a) and the variation is not contingent on future events other than (1) a change of a contractual variable rate; (2) to protect the holder against credit deterioration of the issuer; (3) changes in levies applied by a central bank or arising from changes in relevant taxation or law; or (ii) the new rate is a market rate of interest and satisfies condition (a).

(d) There is no contractual provision that could, by its terms, result in the holder losing the principal amount or any interest attributable to the current period or prior periods.

(e) Contractual provisions that permit the issuer to prepay a debt instrument or permit the holder to put it back to the issuer before maturity are not contingent on future events, other than to protect the holder against the credit deterioration of the issuer or a change in control of the issuer, or to protect the holder or issuer against changes in levies applied by a central bank or arising from changes in relevant taxation or law.

(f) Contractual provisions may permit the extension of the term of the debt instrument, provided that the return to the holder and any other contractual provisions applicable during the extended term satisfy the conditions of paragraphs (a) to (c).

Debt instruments that are classified as payable or receivable within one year on initial recognition and which meet the above conditions are measured at the undiscounted amount of the cash or other consideration expected to be paid or received, net of impairment.

With the exception of some hedging instruments, other debt instruments not meeting these conditions are measured at fair value through profit or loss.

Commitments to make and receive loans which meet the conditions mentioned above are measured at cost (which may be nil) less impairment.

Investments

Investments in non-convertible preference shares and non-puttable ordinary or preference shares (where shares are publicly traded or their fair value is reliably measurable) are measured at fair value through profit or loss. Where fair value cannot be measured reliably, investments are measured at cost less impairment.

Investments in subsidiaries and associates are measured at cost less impairment. For investments in subsidiaries acquired for consideration including the issue of shares qualifying for merger relief, cost is measured by reference to the nominal value of the shares issued plus fair value of other consideration. Any premium is ignored.

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

Derivative financial instruments

The charity uses derivative financial instruments to reduce exposure to foreign exchange risk and interest rate movements. The charity does not hold or issue derivative financial instruments for speculative purposes.

Derivatives are initially recognised at fair value at the date a derivative contract is entered into and are subsequently remeasured to their fair value at each reporting date. The resulting gain or loss is recognised in statement of financial activities immediately unless the derivative is designated and effective as a hedging instrument, in which event the timing of the recognition in statement of financial activities depends on the nature of the hedge relationship.

Fair value measurement

The best evidence of fair value is a quoted price for an identical asset in an active market. When quoted prices are unavailable, the price of a recent transaction for an identical asset provides evidence of fair value as long as there has not been a significant change in economic circumstances or a significant lapse of time since the transaction took place. If the market is not active and recent transactions of an identical asset on their own are not a good estimate of fair value, the fair value is estimated by using a valuation technique.

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total funds £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	860	-	860
Grants, including capital grants;			
Grants from other agencies	8,500	60,202	68,702
Total for 2023	9,360	60,202	69,562
Total for 2022	17,837	23,491	41,328

The charities primary source of funding are grants. These are generally restricted in that they are to fund specific projects and activities of the charity.

4 Income from other trading activities

Trading income from the use of Denhale Arc by the general public and other organisations is now undertaken by DSY at Denhale Arc C.I.C.

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

5 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total funds £
Sports Activities for disabled people		-	10,014	10,014
Grant funding of activities		-	-	-
Staff costs		-	36,485	36,485
Governance costs	6	25,013	-	22,854
Total for 2023		25,013	46,499	71,512
Total for 2022		15,254	54,121	69,375

	Activity undertaken directly £	Grant funding of activity £	Activity support costs £	Total expenditure £
Sports Activities for disabled people 2023	-	-	10,014	10,014
Total for 2022	-	-	3,944	3,994

In addition to the expenditure analysed above, there are also governance costs of £25,013 (2022 - £15,254) which relate directly to charitable activities. See note 6 for further details.

6 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total funds £
Staff costs		
Wages and salaries	12,018	12,018
Independent examiner fees		
Examination of the financial statements	1,380	1,380
Accountancy support	338	338
Marketing and publicity	-	-
Depreciation, amortisation and other similar costs	1,416	1,416
Other governance costs	9,861	9,861
Total for 2023	25,013	25,013
Total for 2022	15,254	15,254

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

7 Net outgoing resources

Net outgoing resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	1,416	960

8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

9 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	47,539	51,869
Pension costs	964	1,941
	48,503	53,810

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023 £	2022 £
Number of FTE	4	4

No employee received emoluments of more than £60,000 during the year.

10 Independent examiner's remuneration

	2023 £	2022 £
Examination of the financial statements	1,380	1,644

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

12 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2022	8,098	8,098
Additions in year	2,131	2,131
At 31 March 2023	10,229	10,229
Depreciation		
At 1 April 2022	6,687	6,687
Charge for the year	1,416	1,416
At 31 March 2023	8,103	8,103
Net book value		
At 31 March 2023	2,126	2,126
At 31 March 2022	1,411	1,411

13 Debtors

	2023 £	2022 £
Other debtors	7,682	4,161

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

14 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	(19)	1,838
Accruals	900	900
	<u>881</u>	<u>2,738</u>

15 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted	48,569	9,360	(25,013)	32,916
Restricted	<u>16,148</u>	<u>60,202</u>	<u>(46,499)</u>	<u>29,851</u>
Total funds	<u>64,717</u>	<u>69,562</u>	<u>(71,512)</u>	<u>62,767</u>
	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted	45,986	17,837	(15,254)	48,569
Restricted	<u>46,778</u>	<u>23,491</u>	<u>(54,121)</u>	<u>16,148</u>
Total funds	<u>92,764</u>	<u>41,328</u>	<u>(69,375)</u>	<u>64,717</u>

Federation of Disability Sports Organisations Limited

Notes to the Financial Statements for the Year Ended 31 March 2023

16 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds £
Tangible fixed assets	2,126	-	2,126
Current assets	61,522	-	61,522
Current liabilities	(881)	-	(881)
Total net assets for 2023	62,767	-	62,767

	Unrestricted funds General £	Restricted funds £	Total funds £
Tangible fixed assets	1,411	-	1,411
Current assets	66,044	-	66,044
Current liabilities	(2,738)	-	(2,738)
Total net assets for 2022	64,717	-	64,717

17 Analysis of net funds

	At 1 April 2022 £	Cash Flow £	At 31 March 2023 £
Cash at bank and in hand	61,883	(8,043)	53,840
Net funds	61,883	(8,043)	53,840

	At 1 April 2021 £	Cash Flow £	At 31 March 2022 £
Cash at bank and in hand	113,118	(71,235)	61,883
Net funds	113,188	(71,235)	61,883