

Newham Youth for Christ



Annual Report and Accounts for

The Year Ended 31 December 2023

Charity Registration Number; 1145371



CONTENTS:

Mission, About Us, Organisation Details

Chair's Report

Treasurer's Report

Centre Director's Report

Our Work

Trustees' Report

Independent Examiner's Report

Statement of Receipts and Payments

Statement of Assets and Liabilities

Detail Accounts

MISSION

We seek to see young people's lives transformed by Jesus.

About Us

Newham Youth for Christ has been working in the borough since 2012. Our charity aims to positively impact the lives of young people, churches, the community, and schools.

We work with approximately 1000 young people every year, helping them to encounter Jesus and grow in their Christian faith. We also provide young people with the support they need for their personal development. In addition to this, we empower churches to deliver youth work and assist schools in ensuring safety through our anti-knife crime.

prevention programs.

Organisational Details

Trustees: Nigel Weekes (Chair), Rev. Dave Chesney (Treasurer), Rev. Jeremy Fraser (Trustee).

Council of Reference: Rev Jayne Bazeley, Mathew Porter, Andy Campbell

Centre Director: Lana Reid

Bank: CAF Bank

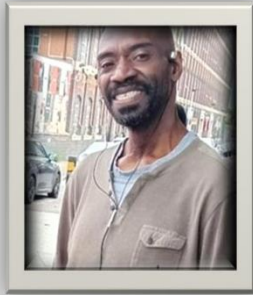
Office Address: Unit 328 Stratford Workshops, Burford Rd e15 2sp

Email info@newham.yfc.co.uk

Website newham.yfc.co.uk

X: newham_yfc

Instagram newhamyfc



Chair's Report, Nigel Weekes

⁹ But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of him who hath called you out of darkness into his marvellous light.

Newham Youth for Christ continue its mission to prevent youth from drifting away from the Christian faith while providing opportunities to develop new skills and discuss the issues they face. This year, the progress made in providing activities for Newham youth has once again demonstrated what the grace of God and sheer hard work can achieve. Our efforts include:

Working in 5 schools to deliver anti-knife crime programs.

- Continuing and developing Access, our borough-wide Christian youth event, which has grown significantly this year.
- Continuation and development of drop-ins and holiday clubs where young people engage in daily Bible studies and a range of activities.

Additionally, I am delighted to announce our move to the Stratford workshops, which have provided an accessible focal point for young people.

The challenges faced by Newham Youth for Christ this year have indeed been considerable, but they have been met with great determination to put the charity on firmer footing for future growth. I would like to extend my heartfelt thanks to Centre Director Lana Reid, our youth worker, and our dedicated team of volunteers for all their endeavours. My gratitude also goes to our board of trustees for their continued support of the charity. Finally, I would like to thank our funders and donors, prayer warriors, Newham Churches, and all other partners for their unwavering support.

Treasurer's Report



‘And let us not grow weary of doing good, for in due season we will reap, if we do not give up. Galatians 6:9’

As I reflect on our work during this year, I come to the word ‘perseverance.’ It has been another year of great challenge, but God is good and we continue to reach a broad community of young people with the Gospel of Christ. Whilst this report focuses on the financial resources of our organisation, I cannot get away from the abundant human resources that God has called, both in the person of our Director, Lana, but also our sessional workers, volunteers and church families that support the good work of Newham YFC.

In this challenging season, we continue to give thanks to the faithfulness and generosity of those who support Newham YFC, through giving over of volunteers and use of venues, but of course, through financial giving. As in previous years, we rely heavily on grants, which this year made up 65% of our income, with donations from churches and individuals providing most of the remainder. Our partnership with Faith in Schools provides an additional income stream through the ‘What’s the Point’ schools project which we hope to continue in the foreseeable future.

As in previous years, our desire is to build a more sustainable income stream through individuals and churches, however, I am conscious that we currently have limited capacity to focus in engaging and developing the work required make this a reality.

Through the efforts of Lana Reid, our director, we continue to be ‘Good News’ to many young people in Newham and I want to extend my personal thanks to her efforts in what has been another challenging year. Thanks also to the Trustees, who continue to play an important part in making sure we make the significant impact to young people’s lives.

Rev. Dave Chesney

Treasurer

Director's Report

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7

This year, despite the challenges, Newham Youth for Christ has made considerable progress. We have successfully relocated to the Stratford Workshop, which has become a vibrant space for young Christians to meet, engage in various activities, and be part of a supportive Christian community. Our main programs at the Stratford Workshop include the Holiday Program, Saturday Club, and Youth Band. Prayer, worship, and bible study are an integral part these programs. Additionally, we have revived the Access, our cross brough cross Christian denomination event by giving a greater opportunity for young people use their gifts during the service. Further to this year we introduced like roller skating and skateboarding alongside the Sumo wrestling. We are delighted to see an increase of over 50% attending. Our "What's the Point" anti-knife crime program delivered in Newham schools has continued to develop and expand. Initially working in 5 schools, training 50 peer mentors, and impacting over 500 young people, we have currently expanded the program to 8 schools, training 8 peer influencers impacting 800 young people.

I would like to extend my sincere gratitude to Nigel and the trustees for their unwavering commitment and support. Special thanks to British Youth for Christ, our strategic partner Faith in Schools, Goons for God, Newham churches and the super talented Access Choir. I also want to acknowledge Mope and Nia for their invaluable contributions as our sessional youth workers. We have such gratitude to all our Funders and Donors whose generosity enables us to and make a difference in young people's lives. Thank you for your continued supported during this financial crisis. Our prayer warriors have been instrumental in our progress, thank you! To our young people, we delight to see growing in the Lord daily, we cannot express how much we love having fellowship, fun, and food with you. I am delighted to provide further detail of our work as follows.



Lana Reid, Director

Report on activities during the year

Support and Services Provided

Newham Youth for Christ is dedicated to supporting young people aged 11-18 in the London Borough of Newham. Our services extend to all young people in the area, including Christian youth. We also provide substantial support to local churches and low-income families through various initiatives.

Key Activities and Programs:

1. Youth Support:

- Borough-wide events for young people, including the "Access" youth service where participants enjoy Christian fellowship, share their talents, and engage in activities like roller skating, skateboarding, and sumo wrestling.
- Anti-knife crime programs delivered in schools, training peer influencers to impact hundreds of young people deterring them from knife crime.

2. Church Support:

- Assisting churches in setting up youth projects by providing planning support, providing equipment (e.g., drumming sets, camping gear, youth club materials)
- Next year we plan Offering Christian and professional youth worker training.

3. Community Support:

- Free holiday and Saturday clubs for young people, offering a variety of activities such as cookery, drumming lessons, outdoor skating, and trips.
- Bible activities and free meals provided during these clubs, particularly benefiting low-income families.
- Young people prepare hot food and drinks to homeless people when the temperature drops.

Need for Our Christian Work:

1. Decline in Christianity Among Youth:

- There is a significant decline in religious engagement among younger populations. For example, 38% of churches have no attendees aged 0-16, and 68% have fewer than five young people. The 2021 Census revealed that fewer than half of people in England and Wales now describe themselves as Christian, down from 59.3% in 2011. This highlights the need for churches to adapt their approach to attract younger members effectively.
- Newham Youth for Christ offer an addition to traditional church settings, integrating gospel teaching into youth work. Our central workshop provides a space for young people to learn about the gospel and develop their spiritual gifts through bible discussions, games, music lessons, and opportunities to lead public worship. Activities also include cookery, roller skating, sports, and trips.
- Social and Health

Benefits of Christian Faith:

- As Christians we believe in sharing the good news of the Gospel.
- Extensive research, including over 1,200 studies and 400 reviews, has shown that faith is associated with numerous positive health benefits, such as protection from illness, coping with illness, and faster recovery. Religious involvement is correlated with well-being, happiness, life satisfaction, hope, optimism, purpose, and meaning in life. It also contributes to higher self-esteem, better adaptation to bereavement, greater social support, and less loneliness. Additionally, it is linked to lower rates of depression, suicide, anxiety, psychosis, alcohol and drug abuse, delinquency, and criminal activity, as well as greater marital stability and satisfaction.

Knife Crime:

- We support young people in reducing knife crime by training 50 peer influencers in the borough each year. The influencers then go on to work with approximately 500 young people through school assemblies. The influencers are equipped with the strategies, confidence, and skills to stay safe and support their peers at risk.

- Newham has the highest number of knife crime-related incidents in East London, with 642 incidents reported. Nationally, there has been a 4% increase in knife crime. Research shows that most individuals start carrying a knife between the ages of 14-17. There is a legal and moral duty for the community to safeguard young people.

Free Holiday and Saturday Club:

- Thousands of Newham residents face severe financial instability due to high inflation, soaring energy bills, and rising housing costs after more than 12 years of austerity. Newham is an ethnically diverse borough with a young population, making many inhabitants disproportionately vulnerable to structural inequalities. These programs are attended by young Christians and their friends. Some are of other faith or no faith.
- Outcomes and Impact:
 - We aim to work with approximately 1000 young people per year.
 - Reach approximately 500 young people with Christian work.
 - Impact 500 young people through anti-knife crime programs.
 - Train 50 peer influencers to support their peers regarding knife crime and gangs
 - Support 5- 8 schools per year.
- Supports/ partners 5- 10 churches per year.
- Wider Benefits:
 - Increased engagement of young people in Christian groups.
 - Reduction of isolation and improvement in spiritual and mental wellbeing.
- Reduction of knife crime and gang activity.
- Free holiday programs for young people from low-income families.
- Development of transferable skills, leadership, and self-esteem.



Access-Young people came together for a youth service where the highly gifted Access Choir lead worship alongside guest speakers and testimonies. Young people also enjoy roller skating and food.



Young people from Saturday club learned about the Christian faith through a poster gallery and bible study. They are working on a pie shop to raise funds.



Peer influencers on What's the Point anti knife crime program learning about grooming and county lines so they can explain to their peers the red flag to look out for

What People Say About our Work?

'We learn about Jesus and have fun.'

Young person, Summer Program

'Access, brilliant event!'

Youth Worker, Newham

'I learnt to take help from adults instead of pride.'

'I learnt peace and not revenge.'

Learners WTP Anti Knife Crime

'I highly recommend this event for pupils or any young people 11-18 you may know. Youth for Christ Director is amazing - really experienced and ambitious with the activities she offers. The venue is also easy to reach - just near the bingo hall past Str Station. My son loves all the projects she runs - and also brings his friends and neighbours (of all faiths and none).'

Manager for Faith in Schools

'The presentation was excellent, and the way they addressed all the issues was great. They highlighted the red flags and the main causes of knife crime deaths very effectively. The fact that children presented these important points to their peers added significant impact. '

Newham Council Monitoring Officer on WTP



New Youth band at recent Access- Youth Service

Newham Youth For Christ

Charity Registration Number 1145371

TRUSTEES REPORT For the year ended 31 December 2023

The Trustees present their report and accounts for the year ended 31st December 2023.

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charities Act 2011 and the SORP (FRS102) "Accounting and Reporting by Charities" effective from 1st January 2019.

DEVELOPMENT STRATEGY Our vision and values shape all the work we do as Newham Youth for Christ. They help evaluate our work and enable us to think through how we can develop and grow new areas of our ministry.

STRUCTURE, GOVERNANCE AND MANAGEMENT Newham Youth for Christ is a charitable organisation established in 2012. The charity is organised and governed under its constitution dated 1st November 2011 which sets out the objects and powers of the charity. The charity is managed by its trustees, who in partnership with the Centre Director are responsible for the overall vision, finance and running of the charity.

RECRUITMENT AND APPOINTMENT OF TRUSTEES The trustees of Newham Youth for Christ are responsible for the strategic direction and policy of the charity. The trustees give their time freely and receive no remuneration or other financial benefits. The trustees seek to ensure that the needs of work are appropriately reflected through the diversity of the trustee body and seek to identify potential new trustees through the work they are doing.

INDUCTION OF TRUSTEES Potential new trustees meet with the Newham Youth for Christ Centre Director and/or the Chair of Trustees. An overview of the charities works and the rights and responsibilities of being a trustee are provided at this meeting. The potential trustee is then invited to attend several Trustees meetings as an observer. After this, the existing trustees formally vote on the suitability of each candidate as a trustee and once accepted can thereafter function on the committee as trustees.

RISK MANAGEMENT The trustees have overseen a review of the major risks to which the charity is exposed. The trustees have assessed the charity's main risk as a reduction in funding from all sources and a strategic plan has been put into place to deal with this issue. All other risks are reviewed regularly and procedures put in place to mitigate the risk to the charity. In addition to the above all prospective employees and volunteers undertake a DBS check (Disclosure Barring Service check)

ORGANISATIONAL STRUCTURE The trustees meet 4-6 times a year and are responsible for the strategic direction of Newham Youth for Christ and the activities undertaken by the charity. The day-to-day management of Newham Youth for Christ is delegated to the Centre Director who is also responsible for ensuring that the team continues to develop skills and working practices in line with best practice. This is monitored through regular supervision meetings and annual appraisals which are carried out for staff at every level in the organisation. The organisation also has a Council of Reference from whom the Centre Director and Trustees seek advice on vision, strategy and day-to-day matters. Newham Youth for Christ is almost completely dependent on our many supporters, partners and partner churches for funding and prayer support. We also rely on our large team of volunteers and associates who work alongside our dedicated staff to help us deliver high quality youth events. We are very thankful to everyone who has contributed time, prayers and money to the work of Newham Youth for Christ over the past year. In doing so you have enabled hundreds of young people the opportunity to respond to the Gospel.

STATEMENT OF PUBLIC BENEFIT As a registered charity, and in line with the requirements of Section 4 of the Charities Act 2006, the staff and trustees of Newham Youth for Christ acknowledge that:

- These benefits are related to our aims.
- These benefits are clear.
- These benefits are not the cause of any detriment or harm.
- The aims are appropriate to the beneficiaries and vice-versa.
- Our work does have an identifiable benefit to those we work with.
- The opportunity to benefit from our work is not unreasonably restricted to geographical restrictions, or by the ability to pay any fees charged.
- People in poverty are not excluded from benefiting from our work

FINANCIAL REVIEW 2023 This has been another year of financial change. We saw our reliance on funding from grants and trusts continue to rise on previous years to 65%(2022 59.5%) of our total income. Whilst acknowledging our on-going reliance on the generous funding we receive from our various grant and trust partners we aim to continue to strive to work towards a growing support and investment in the work and aims of Newham Youth for Christ from individuals and churches on a local level

PRINCIPLE FUNDING SOURCES Newham Youth for Christ is funded through a combination of both one-off and regular donations from individuals and churches as well as grants from charitable funds. In 2023 we received £12,747 (2022: £17,446) from individuals and churches through donations and regular and/or one-off gifts. We received grant based funding of £10,000 from Joseph Rank Trust in 2023 and 2022, £21,600 from Bill Hill Foundation. We are immensely thankful to these partners for their financial support and assistance.

INVESTMENT POLICY The charity has no long-term investments. All our money, including any reserves (see below), is kept in our bank accounts held with CAF.

RESERVES POLICY In 2015 Newham Youth for Christ started a reserves account where currently £200 is deposited monthly as we build towards having enough in reserve to cover 3 months basic running costs (currently estimated at approx £16,000). On 31st December 2023, Newham Youth for Christ held £17,910 in unrestricted reserves in an account with CAF Bank.

PLANS FOR FUTURE PERIODS The charity plans to continue the activities outlined in this document in the forthcoming years subject to satisfactory funding arrangements. The trustees intend to continue focussing on developing additional sources of funding and maintaining the charity's links with its partners and major grant donors, ensuring that the charity's standard of service is maintained and improved to meet its beneficiaries and its donor's requirements.

Signed.....  (Chair of Trustees)

27/11/24

Date.....

Newham Youth For Christ
Charity Registration Number 1145371
Independent Examiner's Report 2022

To the Trustees.

I report on the accounts of Newham Youth for Christ for the year ended 31st December 2023 which are set out in the following pages.

Respective Responsibilities of Trustee and Examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, "the 2011 Act", and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act: and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view', and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Brian Dexter
Chartered Management Accountant
172 Sandford Road
East Ham
London E6 3PX

Dated 27/11/2024

Newham Youth For Christ

Charity Number 1145371

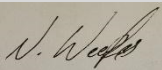
Receipts & Payment Account for the Year Ended 31st Dec 2023

	Un Restricted Funds	Restricted Funds	Total Funds <u>2023</u>	Total Funds <u>2022</u>
<u>Income</u>				
Grants & Donations	12,761	31600	44,361	41,336
Bank Interest	343	0	343	41
Other Receipts	3,986		3,986	488
Tax Claim and JRS Payments				2,525
Total Incoming Resources	<u>17,090</u>	<u>31,600</u>	<u>48,690</u>	<u>44,390</u>
<u>Expenditure</u>				
Expenditure on Charitable Activities	<u>19,105</u>	<u>31,600</u>	<u>50,705</u>	<u>37,703</u>
Total Expenditure	<u>19,105</u>	<u>31,600</u>	<u>50,705</u>	<u>37,703</u>
Net Incoming Resources	(2,015)	0	(2,015)	6,687
 Total Funds b/fwd at 1 Jan 2023	 27,479	 0	 27,479	 20,792
Transfers				
Total Funds as at 31 Dec 2023	<u><u>25,464</u></u>	<u><u>0</u></u>	<u><u>25,464</u></u>	<u><u>27,479</u></u>

Newham Youth For Christ
Charity Number 1145371
Statement of Assets & Liabilities
31st Dec 2023

	<u>2023</u>	<u>2,022</u>
	£	£
Current Assets		
Debtors	0	
Bank Balance		
Bank Current Account	7,586	12,313
Deposit Account	<u>17,910</u>	<u>15,166</u>
	<u>25,496</u>	<u>27,479</u>
Liabilities		
Creditors	80	80
PAYE & Pension	5,246	250
Accruals	<u>250</u>	<u>250</u>
	<u>5,576</u>	<u>580</u>

Approved by the Directors on the following date and signed on their behalf by:



.....
(Director)

.....27/11/24.....
Date:

Detailed Receipts and Payments for 2023							
	<u>Income</u>	Actuals Qrt 1 Jan/Feb/Mar 2023	Actuals Qrt 2 Apr/May/Jun 2023	Actuals Qrt 3 Jly/Aug/Sep 2023	Actuals Qrt 4 Oct/Nov/Dec 2023	TOTAL	%
Regular Income Donations, Covenants etc	Individual Donations (Regular)	£3,008.08	£2,258.12	£2,181.06	£2,020.03	£9,467.29	19.4%
	Church Donations	£50.00	£275.00	£375.00	£1,075.00	£1,775.00	3.6%
	Grants & Trust	£0.00	£21,600.00	£10,000.00	£0.00	£31,600.00	64.9%
	One Off Giving	£0.00	£0.00	£0.00	£0.00	£0.00	0.0%
	Other Income - Unassigned	£5.21	£0.00	£1,500.00	£0.00	£1,505.21	3.1%
Other Income - Assigned	Weekend Away	£0.00	£0.00	£0.00	£0.00	£0.00	0.0%
	What's The Point?	£0.00	£0.00	£0.00	£0.00	£0.00	0.0%
	Chemistry Club	£1,979.00	£2,007.00	£0.00	£0.00	£3,986.00	8.2%
	Love Stratford	£0.00	£0.00	£0.00	£0.00	£0.00	0.0%
	Other	£0.00	£0.00	£0.00	£0.00	£0.00	0.0%
	Refunds/ Bank Errors	£0.00	£13.62	£0.00	£0.00	£13.62	0.0%
	Loans	£0.00	£0.00	£0.00	£0.00	£0.00	0.0%
	Bank Interest	£48.55	£69.47	£108.23	£117.04	£343.29	0.7%
	Income from Sales	£0.00	£0.00	£0.00	£0.00	£0.00	0.0%
	Fundraisers	£0.00	£0.00	£0.00	£0.00	£0.00	0.0%
	Total Income	£5,090.84	£26,223.21	£14,164.29	£3,212.07	£48,690.41	100.00%
	<u>Expenses</u>	Actuals Qrt 1 Jan/Feb/Mar 2023	Actuals Qrt 2 Apr/May/Jun 2023	Actuals Qrt 3 Jly/Aug/Sep 2023	Actuals Qrt 4 Oct/Nov/Dec 2023	TOTAL	
Staffing	Centre Director Salary	£5,963.52	£5,963.92	£3,975.88	£7,951.56	£23,854.88	47.05%
	Youth Worker Salary	£902.00	£1,353.00	£902.00	£1,804.00	£4,961.00	9.78%
	CYM Student Subsistence	£0.00	£0.00	£0.00	£0.00	£0.00	0.00%
	Staff - Tax/NIC/PPP	£0.00	£0.00	£249.48	£2,767.56	£3,017.04	5.95%
	HR, Finance & Accounting Services	£0.00	£0.00	£119.99	£303.00	£422.99	0.83%
	Training and Conference Costs	£0.00	£0.00	£0.00	£132.50	£132.50	0.26%
Premises	Rent & Business Rates/ Buildin Improve	£0.00	£3,437.00	£2,852.04	£5,774.99	£12,064.03	23.79%
	Project Expenses	£0.00	£631.07	£1,543.64	£399.35	£2,574.06	5.08%
Other	Insurance	£180.62	£235.69	£412.12	£159.65	£988.08	1.95%
	University Fees	£0.00	£0.00	£0.00	£0.00	£0.00	0.00%
	Books & Subscriptions	£0.00	£8.99	£0.00	£17.98	£26.97	0.05%
	Food & Drink	£0.00	£0.00	£0.00	£0.00	£0.00	0.00%
	Travel	£0.00	£0.00	£0.00	£0.00	£0.00	0.00%
	Marketing	£0.00	£0.00	£70.00	£156.22	£226.22	0.45%
	Bank Charges	£15.00	£15.00	£15.00	£15.00	£60.00	0.12%
Office	Equipment	£0.00	£1,474.73	£0.00	£26.25	£1,500.98	2.96%
	Licences	£0.00	£0.00	£0.00	£216.00	£216.00	0.43%
	Printing	£0.00	£0.00	£0.00	£13.09	£13.09	0.03%
	Telephone & Internet	£161.82	£161.82	£161.82	£161.82	£647.28	1.28%
	DBS	£0.00	£0.00	£0.00	£0.00	£0.00	0.00%
	Website/ Email/ Dropbox	£0.00	£0.00	£0.00	£0.00	£0.00	0.00%
	Refunded Items	£0.00	£0.00	£0.00	£0.00	£0.00	0.00%
	Other	£0.00	£0.00	£0.00	£0.00	£0.00	0.00%
	Total Expenditure	£7,222.96	£13,281.22	£10,301.97	£19,898.97	£50,705.12	100.00%