

Charity Registration No. 1145255

Company Registration No. 07544943 (England and Wales)

**ESSEX CARERS SUPPORT**

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2025**



92 Station Road  
Clacton on Sea  
Essex  
CO15 1SG

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## ESSEX CARERS SUPPORT

### LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	H Baird K Chard B Ellis S Hammond S Kerins R W Smith
<b>Charity number</b>	1145255
<b>Company number</b>	07544943
<b>Registered office</b>	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ
<b>Independent examiner</b>	TC Group 92 Station Road Clacton on Sea Essex CO15 1SG

## **ESSEX CARERS SUPPORT**

### **TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT)**

***FOR THE YEAR ENDED 31 MARCH 2025***

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The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

#### **Objectives and activities**

To relieve physical, mental and material distress amongst carers of people who are in need of care and who live in Essex by providing flexible support, advocacy and information to carers in need. The charity aims to improve the quality of life for carers by:

- enabling carers to achieve increased choice and control in their lives;
- reducing carers feelings of isolation;
- improving carers general health and well being.

#### **Achievements and performance**

As Trustees of Essex Carers Support we feel our organisation is best placed to be able to provide support services to carers living within the local community and strive at all times to ensure we provide an efficient and effective service, delivered in the most cost-effective way, with a strong value base and keeping the needs of carers at the heart of all we do.

We believe that the principles of partnership working and collaboration are key to this and are very pleased to be working closely with Action for Family Carers in the delivery of the Local Authority's core commissioned offer for family carers across North East and West Essex.

The first year of this service has gone exceptionally well. All Key Performance Indicators have been achieved and all targets met or exceeded. Our commitment to providing high-quality, personalised conversations based upon the Carers Star is well received by carers and commissioners alike. We look forward delivering this service over the coming years, using our learning, knowledge and experience to support the development of future services for carers in Essex.

Essex Carers Support will continue to seek to influence the delivery of public services and remain involved in the design of policy and service delivery strategies.

Through our activity, we provide a stronger voice for carers and reach out to those not currently in receipt of support; we develop effective ways to ensure carers views are heard, their opinions considered and their expertise acknowledged.

We provide strong governance; continuing to plan and develop a future strategy for the organisation which ensures that Essex Carers Support is able to respond to carers' needs and the challenges they face as we move forward.

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## **ESSEX CARERS SUPPORT**

### **TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

***FOR THE YEAR ENDED 31 MARCH 2025***

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#### **Financial review**

The trading surplus on the Income and Expenditure account for the year amounted to £24,213 (2024: £56,012). The total funds of the company as at 31 March 2025 were £235,595 (2024: £211,382).

The trustees remain conscious of the need to keep costs to a minimum and provide an efficient and professional service dedicated to the clients of the charity.

The Executive Committee intends that:

- . Reserves be maintained at a level which ensures that Essex Carers Support core activity could continue for a minimum of twelve months during a period of unforeseen difficulty;
- . Such reserves will include allowances for redundancy payments and building maintenance;
- . The board will ensure that the calculation of the required level of reserves forms an integral part of the planning, budgeting and forecast cycle;
- . An amount equal to at least 50% of the reserves required will be maintained in a readily realisable form;
- . When budgeting and forecasting, the following points will be taken into account;
  - Risks associated with each stream of income and expenditure being different from that budgeted;
  - Planned activity levels;
  - Organisational commitments

At the balance sheet date the value of unrestricted reserves amounted to £235,595. Of this amount £2,147 is tied up in fixed assets, which are not readily convertible to cash.

#### **Structure, governance and management**

The charity is controlled by its governing document, a deed of trust and constitutes a charitable company limited by guarantee. The company was incorporated on 28 February 2011 and registered as a charity on 3 January 2012.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its articles of association. The articles stipulate that at the first Annual General Meeting after incorporation (10 July 2012) all the trustees shall retire from office before the appointment of a new Board of Directors. The Board includes staff representation at their meetings where appropriate to do so.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

H Baird

K Chard

B Ellis

S Hammond

S Kerins

R W Smith

**TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)**

***FOR THE YEAR ENDED 31 MARCH 2025***

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**Appointment and induction of trustees**

New trustees are briefed on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and the recent financial performance of the charity. When considering co-opting trustees, the Executive Committee has regard to the requirement for any specialist skills needed. The organisation has a full induction pack for any new trustees and also arranges relevant training.

**Risk management**

The Executive Committee has instigated a review of the major risks to which the charity may be exposed and systems have been established to mitigate those risks. Internal risks have been minimised by the implementation of procedures for authorisation of all transactions to ensure consistent quality for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

**Public benefit**

The trustees have referred to the guidance contained within the Charity Commission's general guidance on public benefit when reviewing the aims and objectives of the charity and in planning future activities. The main activities and who the charity has tried to help are described below. All of the charitable activities focus on the well-being of carers and are undertaken to further charitable purposes for the public benefit.

The trustee's report was approved by the Board of Trustees.

**H Baird**

Trustee

Dated: 16 September 2025

## **ESSEX CARERS SUPPORT**

### **INDEPENDENT EXAMINER'S REPORT**

#### **TO THE TRUSTEES OF ESSEX CARERS SUPPORT**

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I report to the trustees on my examination of the financial statements of Essex Carers Support (the charity) for the year ended 31 March 2025.

#### **Responsibilities and basis of report**

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Simon Garner FCA  
Independent Examiner  
92 Station Road  
Clacton on Sea  
Essex  
CO15 1SG

Dated: 16 September 2025

**ESSEX CARERS SUPPORT**

**STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

**FOR THE YEAR ENDED 31 MARCH 2025**

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
<b>Income from:</b>							
Donations and legacies	3	4,752	-	4,752	5,244	54,162	59,406
Charitable activities	4	227,637	-	227,637	116,713	-	116,713
Investments	5	3,530	-	3,530	3,303	-	3,303
<b>Total income</b>		235,919	-	235,919	125,260	54,162	179,422
<b>Expenditure on:</b>							
Charitable activities	6	182,368	29,338	211,706	98,586	24,824	123,410
<b>Total expenditure</b>		182,368	29,338	211,706	98,586	24,824	123,410
<b>Net income/(expenditure) and movement in funds</b>		53,551	(29,338)	24,213	26,674	29,338	56,012
<b>Reconciliation of funds:</b>							
Fund balances at 1 April 2024		182,044	29,338	211,382	155,370	-	155,370
<b>Fund balances at 31 March 2025</b>		235,595	-	235,595	182,044	29,338	211,382

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.



**ESSEX CARERS SUPPORT**

**STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)  
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

**FOR THE YEAR ENDED 31 MARCH 2025**

		<b>2025</b>		<b>2024</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Fixed assets</b>					
Tangible assets	<b>12</b>		2,147		2,682
<b>Current assets</b>					
Debtors	<b>13</b>	15,278		-	
Cash at bank and in hand		291,353		212,875	
		<u>306,631</u>		<u>212,875</u>	
<b>Creditors: amounts falling due within one year</b>	<b>14</b>	<u>(73,183)</u>		<u>(4,175)</u>	
Net current assets			233,448		208,700
<b>Total assets less current liabilities</b>			<u>235,595</u>		<u>211,382</u>
<b>Income funds</b>					
Restricted funds	<b>16</b>		-		29,338
Unrestricted funds			235,595		182,044
			<u>235,595</u>		<u>211,382</u>

**ESSEX CARERS SUPPORT**

**STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)  
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

***FOR THE YEAR ENDED 31 MARCH 2025***

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The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 16 September 2025

R W Smith

**Trustee**

**Company Registration No. 07544943**

**1 Accounting policies**

**Charity information**

Essex Carers Support is a private company limited by guarantee incorporated in England and Wales. The registered office is Imperial House, 20-22 Rosemary Road, Clacton on Sea, Essex, CO15 1NZ.

**1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's Memorandum and Articles incorporated 28 February 2011, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

**1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

**1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

**1.4 Incoming resources**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

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**1 Accounting policies**

**(Continued)**

**1.5 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% reducing balance
Computers and equipment	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

**1.6 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

**2 Critical accounting estimates and judgements**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**Key sources of estimation uncertainty**

**Allocation of costs**

The Trustees have estimated the amount of costs allocated to the delivery of restricted fund projects. This is based on the proportion of time incurred by employees on such projects. Overheads have been apportioned in line with the employee proportion.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2025	2025	2025	2024
	£	£	£	£
Donations and gifts	4,752	-	4,752	59,406
	<u>4,752</u>	<u>-</u>	<u>4,752</u>	<u>59,406</u>
<b>Donations and gifts</b>				
Project related- see note 13	-	-	-	54,162
Miscellaneous one-off donations	4,752	-	4,752	397
	<u>4,752</u>	<u>-</u>	<u>4,752</u>	<u>59,406</u>

4 Charitable activities

	Total 2025 £	Total 2024 £
Provision of carer support	227,637	116,713
	<u>227,637</u>	<u>116,713</u>

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	3,530	3,303
	<u>3,530</u>	<u>3,303</u>

**ESSEX CARERS SUPPORT**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2025**

<b>6 Charitable activities</b>	<b>Total Unrestricted 2025 £</b>	<b>2025 £</b>	<b>Restricted 2025 £</b>	<b>Total 2024 £</b>
Staff costs	190,648	167,698	22,950	103,278
Depreciation and impairment	716	716	-	896
Rent	4,599	4,599	-	4,055
Insurance	2,070	2,070	-	1,515
Motor and travel costs	744	744	-	429
Telephone	2,869	2,869	-	2,225
Other office costs	3,632	3,632	-	1,578
Subscriptions	297	297	-	412
Training	-	-	-	183
Staff welfare	564	564	-	334
Bank charges	16	16	-	351
Legal and professional fees	3,563	3,563	-	5,994
Share of overhead costs	-	(1,874)	1,874	-
	<u>209,718</u>	<u>184,894</u>	<u>24,824</u>	<u>121,250</u>
Share of governance costs (see note 7)	<u>1,988</u>	<u>1,988</u>	<u>-</u>	<u>2,160</u>
	<u>211,706</u>	<u>186,882</u>	<u>24,824</u>	<u>123,410</u>

**ESSEX CARERS SUPPORT**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2025**

**7 Support costs**

	<b>Governance costs</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Independent examiner fees	1,988	1,988	2,160
	<u>1,988</u>	<u>1,988</u>	<u>2,160</u>
Analysed between			
Charitable activities	1,988	1,988	2,160
	<u>1,988</u>	<u>1,988</u>	<u>2,160</u>

**8 Net movement in funds**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	1,988	2,160
Depreciation of owned tangible fixed assets	716	896
	<u>1,988</u>	<u>2,160</u>

**9 Trustees**

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

**10 Employees**

The average monthly number of employees during the year was:

	<b>2025</b>	<b>2024</b>
	<b>Number</b>	<b>Number</b>
	10	7
	<u>10</u>	<u>7</u>
<b>Employment costs</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Wages and salaries	178,194	99,305
Social security costs	9,137	2,166
Other pension costs	3,317	1,807
	<u>190,648</u>	<u>103,278</u>

# ESSEX CARERS SUPPORT

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 10 Employees

(Continued)

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

### 11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

### 12 Tangible fixed assets

	Fixtures and fittings	Computers and equipment	Total
	£	£	£
<b>Cost</b>			
At 1 April 2024	2,380	17,470	19,850
Additions	-	181	181
	<hr/>	<hr/>	<hr/>
At 31 March 2025	2,380	17,651	20,031
	<hr/>	<hr/>	<hr/>
<b>Depreciation and impairment</b>			
At 1 April 2024	2,273	14,895	17,168
Depreciation charged in the year	27	689	716
	<hr/>	<hr/>	<hr/>
At 31 March 2025	2,300	15,584	17,884
	<hr/>	<hr/>	<hr/>
<b>Carrying amount</b>			
At 31 March 2025	80	2,067	2,147
	<hr/>	<hr/>	<hr/>
At 31 March 2024	107	2,575	2,682
	<hr/>	<hr/>	<hr/>

### 13 Debtors

	2025	2024
	£	£
<b>Amounts falling due within one year:</b>		
Prepayments and accrued income	15,278	-
	<hr/>	<hr/>



**ESSEX CARERS SUPPORT**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2025**

**14 Creditors: amounts falling due within one year**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Other taxation and social security	2,990	1,803
Other creditors	68,193	-
Accruals and deferred income	2,000	2,372
	<u>73,183</u>	<u>4,175</u>

**15 Retirement benefit schemes**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Defined contribution schemes</b>		
Charge to profit or loss in respect of defined contribution schemes	<u>3,317</u>	<u>1,807</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

**16 Restricted funds**

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	<b>At 1 April 2024</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>At 31 March 2025</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
NEE Carer Outreach and Resilience Project	<u>29,338</u>	<u>-</u>	<u>(29,338)</u>	<u>-</u>
<b>Previous year:</b>	<b>At 1 April 2023</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>At 31 March 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
NEE Carer Outreach and Resilience Project	<u>-</u>	<u>54,162</u>	<u>(24,824)</u>	<u>29,338</u>

The NEE Carer Outreach and Resilience project relates to grant income received from the North East Essex Health and Wellbeing Alliance.

The project aims to support and make a positive difference allowing people to live safely and independently as they grow older.

## ESSEX CARERS SUPPORT

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

#### 17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
General funds	182,044	235,919	(182,368)	235,595

Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	155,370	125,260	(98,586)	182,044

#### 18 Related party transactions

During the year the charity purchased bookkeeping services from Jaygate Management Limited at a cost of £2,400 (2024: £2,160). Jaygate Management Limited is controlled by R Smith, a trustee of the charity.

#### 19 Limited by guarantee

The company is limited by guarantee of £10 per member. There were six members at the balance sheet date.