

ESSEX CARERS SUPPORT

England & Wales · Charity number 1145255

Details

Other names ECS

Status Registered

Legal form Charitable company

Company number [07544943](#)

Registered 2012-01-03

Register [View on the Charity Commission register](#)

Contact

Address Essex Carers Support
Imperial House
20-22 Rosemary Road
Clacton-On-Sea
CO151NZ

Phone 01255474410

Email admin@essexcarerssupport.org.uk

Website www.carers-support.co.uk

Activities

Objects: TO RELIEVE PHYSICAL, MENTAL AND MATERIAL DISTRESS AMONGST CARERS OF PEOPLE WHO ARE IN NEED OF CARE WHO LIVE IN ESSEX BY (1) PROVIDING FLEXIBLE SUPPORT, ADVOCACY AND INFORMATION TO CARERS IN NEED: AND (2) SUPPORTING CARERS IN NEED IN SUCH OTHER WAYS AS THE CHARITY THROUGH ITS EXECUTIVE COMMITTEE FROM TIME TO TIME DECIDE

Activities: SUPPORT, ADVICE, INFORMATION AND ADVOCACY FOR FAMILY CARERS

Classification

- **How:** Makes Grants To Individuals, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty
- **Who:** Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Essex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£235,919	£211,706	-	-
2024-03-31	£179,422	£123,410	-	-
2023-03-31	£101,049	£133,277	-	-
2022-03-31	£135,772	£131,446	-	-
2021-03-31	£117,776	£72,470	-	-

Trustees

Name	Role	Appointed
BRENDA JOYCE ELLIS		2012-01-03
HAYLEY BAIRD		2011-12-23
ROBERT WILLIAM SMITH		2012-01-03
STELLA MAIREAD KERINS		2013-11-19
Sheila Hammond		2021-05-24

ESSEX CARERS SUPPORT

England & Wales - Charity number 1145255

Accounts

Charity Registration No. 1145255

Company Registration No. 07544943 (England and Wales)

ESSEX CARERS SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025



92 Station Road
Clacton on Sea
Essex
CO15 1SG

ESSEX CARERS SUPPORT

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ESSEX CARERS SUPPORT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	H Baird K Chard B Ellis S Hammond S Kerins R W Smith
Charity number	1145255
Company number	07544943
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ
Independent examiner	TC Group 92 Station Road Clacton on Sea Essex CO15 1SG

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

To relieve physical, mental and material distress amongst carers of people who are in need of care and who live in Essex by providing flexible support, advocacy and information to carers in need. The charity aims to improve the quality of life for carers by:

- enabling carers to achieve increased choice and control in their lives;
- reducing carers feelings of isolation;
- improving carers general health and well being.

Achievements and performance

As Trustees of Essex Carers Support we feel our organisation is best placed to be able to provide support services to carers living within the local community and strive at all times to ensure we provide an efficient and effective service, delivered in the most cost-effective way, with a strong value base and keeping the needs of carers at the heart of all we do.

We believe that the principles of partnership working and collaboration are key to this and are very pleased to be working closely with Action for Family Carers in the delivery of the Local Authority's core commissioned offer for family carers across North East and West Essex.

The first year of this service has gone exceptionally well. All Key Performance Indicators have been achieved and all targets met or exceeded. Our commitment to providing high-quality, personalised conversations based upon the Carers Star is well received by carers and commissioners alike. We look forward delivering this service over the coming years, using our learning, knowledge and experience to support the development of future services for carers in Essex.

Essex Carers Support will continue to seek to influence the delivery of public services and remain involved in the design of policy and service delivery strategies.

Through our activity, we provide a stronger voice for carers and reach out to those not currently in receipt of support; we develop effective ways to ensure carers views are heard, their opinions considered and their expertise acknowledged.

We provide strong governance; continuing to plan and develop a future strategy for the organisation which ensures that Essex Carers Support is able to respond to carers' needs and the challenges they face as we move forward.

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ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Financial review

The trading surplus on the Income and Expenditure account for the year amounted to £24,213 (2024: £56,012). The total funds of the company as at 31 March 2025 were £235,595 (2024: £211,382).

The trustees remain conscious of the need to keep costs to a minimum and provide an efficient and professional service dedicated to the clients of the charity.

The Executive Committee intends that:

- . Reserves be maintained at a level which ensures that Essex Carers Support core activity could continue for a minimum of twelve months during a period of unforeseen difficulty;
- . Such reserves will include allowances for redundancy payments and building maintenance;
- . The board will ensure that the calculation of the required level of reserves forms an integral part of the planning, budgeting and forecast cycle;
- . An amount equal to at least 50% of the reserves required will be maintained in a readily realisable form;
- . When budgeting and forecasting, the following points will be taken into account;
 - Risks associated with each stream of income and expenditure being different from that budgeted;
 - Planned activity levels;
 - Organisational commitments

At the balance sheet date the value of unrestricted reserves amounted to £235,595. Of this amount £2,147 is tied up in fixed assets, which are not readily convertible to cash.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust and constitutes a charitable company limited by guarantee. The company was incorporated on 28 February 2011 and registered as a charity on 3 January 2012.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its articles of association. The articles stipulate that at the first Annual General Meeting after incorporation (10 July 2012) all the trustees shall retire from office before the appointment of a new Board of Directors. The Board includes staff representation at their meetings where appropriate to do so.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

H Baird

K Chard

B Ellis

S Hammond

S Kerins

R W Smith

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Appointment and induction of trustees

New trustees are briefed on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and the recent financial performance of the charity. When considering co-opting trustees, the Executive Committee has regard to the requirement for any specialist skills needed. The organisation has a full induction pack for any new trustees and also arranges relevant training.

Risk management

The Executive Committee has instigated a review of the major risks to which the charity may be exposed and systems have been established to mitigate those risks. Internal risks have been minimised by the implementation of procedures for authorisation of all transactions to ensure consistent quality for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Public benefit

The trustees have referred to the guidance contained within the Charity Commission's general guidance on public benefit when reviewing the aims and objectives of the charity and in planning future activities. The main activities and who the charity has tried to help are described below. All of the charitable activities focus on the well-being of carers and are undertaken to further charitable purposes for the public benefit.

The trustee's report was approved by the Board of Trustees.

H Baird

Trustee

Dated: 16 September 2025

ESSEX CARERS SUPPORT

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF ESSEX CARERS SUPPORT

I report to the trustees on my examination of the financial statements of Essex Carers Support (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Simon Garner FCA
Independent Examiner
92 Station Road
Clacton on Sea
Essex
CO15 1SG

Dated: 16 September 2025

ESSEX CARERS SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income from:							
Donations and legacies	3	4,752	-	4,752	5,244	54,162	59,406
Charitable activities	4	227,637	-	227,637	116,713	-	116,713
Investments	5	3,530	-	3,530	3,303	-	3,303
Total income		235,919	-	235,919	125,260	54,162	179,422
Expenditure on:							
Charitable activities	6	182,368	29,338	211,706	98,586	24,824	123,410
Total expenditure		182,368	29,338	211,706	98,586	24,824	123,410
Net income/(expenditure) and movement in funds		53,551	(29,338)	24,213	26,674	29,338	56,012
Reconciliation of funds:							
Fund balances at 1 April 2024		182,044	29,338	211,382	155,370	-	155,370
Fund balances at 31 March 2025		235,595	-	235,595	182,044	29,338	211,382

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

ESSEX CARERS SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025		2024	
		£	£	£	£
Fixed assets					
Tangible assets	12		2,147		2,682
Current assets					
Debtors	13	15,278		-	
Cash at bank and in hand		291,353		212,875	
		<u>306,631</u>		<u>212,875</u>	
Creditors: amounts falling due within one year	14	<u>(73,183)</u>		<u>(4,175)</u>	
Net current assets			233,448		208,700
Total assets less current liabilities			<u>235,595</u>		<u>211,382</u>
Income funds					
Restricted funds	16		-		29,338
Unrestricted funds			235,595		182,044
			<u>235,595</u>		<u>211,382</u>

ESSEX CARERS SUPPORT

**STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2025

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 16 September 2025

R W Smith
Trustee

Company Registration No. 07544943

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Essex Carers Support is a private company limited by guarantee incorporated in England and Wales. The registered office is Imperial House, 20-22 Rosemary Road, Clacton on Sea, Essex, CO15 1NZ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles incorporated 28 February 2011, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% reducing balance
Computers and equipment	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Key sources of estimation uncertainty

Allocation of costs

The Trustees have estimated the amount of costs allocated to the delivery of restricted fund projects. This is based on the proportion of time incurred by employees on such projects. Overheads have been apportioned in line with the employee proportion.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2025 £	2025 £	2025 £	2024 £
Donations and gifts	4,752	-	4,752	59,406
	<u>4,752</u>	<u>-</u>	<u>4,752</u>	<u>59,406</u>
Donations and gifts				
Project related- see note 13	-	-	-	54,162
Miscellaneous one-off donations	4,752	-	4,752	397
	<u>4,752</u>	<u>-</u>	<u>4,752</u>	<u>59,406</u>

4 Charitable activities

	Total 2025 £	Total 2024 £
Provision of carer support	227,637	116,713
	<u>227,637</u>	<u>116,713</u>

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	3,530	3,303
	<u>3,530</u>	<u>3,303</u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

6 Charitable activities	Total Unrestricted		Restricted		Total 2024 £
	2025 £	2025 £	2025 £	2025 £	
Staff costs	190,648	167,698	22,950		103,278
Depreciation and impairment	716	716	-		896
Rent	4,599	4,599	-		4,055
Insurance	2,070	2,070	-		1,515
Motor and travel costs	744	744	-		429
Telephone	2,869	2,869	-		2,225
Other office costs	3,632	3,632	-		1,578
Subscriptions	297	297	-		412
Training	-	-	-		183
Staff welfare	564	564	-		334
Bank charges	16	16	-		351
Legal and professional fees	3,563	3,563	-		5,994
Share of overhead costs	-	(1,874)	1,874		-
	<u>209,718</u>	<u>184,894</u>	<u>24,824</u>		<u>121,250</u>
Share of governance costs (see note 7)	1,988	1,988	-		2,160
	<u>211,706</u>	<u>186,882</u>	<u>24,824</u>		<u>123,410</u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

7 Support costs

	Governance costs	2025	2024
	£	£	£
Independent examiner fees	1,988	1,988	2,160
	<u>1,988</u>	<u>1,988</u>	<u>2,160</u>
Analysed between Charitable activities	<u>1,988</u>	<u>1,988</u>	<u>2,160</u>

8 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	1,988	2,160
Depreciation of owned tangible fixed assets	716	896
	<u> </u>	<u> </u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
	10	7
	<u> </u>	<u> </u>
Employment costs	2025	2024
	£	£
Wages and salaries	178,194	99,305
Social security costs	9,137	2,166
Other pension costs	3,317	1,807
	<u>190,648</u>	<u>103,278</u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

10 Employees

(Continued)

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Tangible fixed assets

	Fixtures and fittings £	Computers and equipment £	Total £
Cost			
At 1 April 2024	2,380	17,470	19,850
Additions	-	181	181
	-----	-----	-----
At 31 March 2025	2,380	17,651	20,031
	-----	-----	-----
Depreciation and impairment			
At 1 April 2024	2,273	14,895	17,168
Depreciation charged in the year	27	689	716
	-----	-----	-----
At 31 March 2025	2,300	15,584	17,884
	-----	-----	-----
Carrying amount			
At 31 March 2025	80	2,067	2,147
	=====	=====	=====
At 31 March 2024	107	2,575	2,682
	=====	=====	=====

13 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Prepayments and accrued income	15,278	-
	=====	=====

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

14 Creditors: amounts falling due within one year

	2025	2024
	£	£
Other taxation and social security	2,990	1,803
Other creditors	68,193	-
Accruals and deferred income	2,000	2,372
	<u>73,183</u>	<u>4,175</u>

15 Retirement benefit schemes

	2025	2024
	£	£
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	3,317	1,807
	<u>3,317</u>	<u>1,807</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

16 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
NEE Carer Outreach and Resilience Project	29,338	-	(29,338)	-
	<u>29,338</u>	<u>-</u>	<u>(29,338)</u>	<u>-</u>
Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
NEE Carer Outreach and Resilience Project	-	54,162	(24,824)	29,338
	<u>-</u>	<u>54,162</u>	<u>(24,824)</u>	<u>29,338</u>

The NEE Carer Outreach and Resilience project relates to grant income received from the North East Essex Health and Wellbeing Alliance.

The project aims to support and make a positive difference allowing people to live safely and independently as they grow older.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
General funds	182,044	235,919	(182,368)	235,595
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	155,370	125,260	(98,586)	182,044
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

18 Related party transactions

During the year the charity purchased bookkeeping services from Jaygate Management Limited at a cost of £2,400 (2024: £2,160). Jaygate Management Limited is controlled by R Smith, a trustee of the charity.

19 Limited by guarantee

The company is limited by guarantee of £10 per member. There were six members at the balance sheet date.

ESSEX CARERS SUPPORT

England & Wales - Charity number 1145255

Accounts

Charity Registration No. 1145255

Company Registration No. 07544943 (England and Wales)

ESSEX CARERS SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024



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LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	H Baird K Chard B Ellis S Hammond S Kerins R W Smith
Charity number	1145255
Company number	07544943
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ
Independent examiner	TC Group 92 Station Road Clacton on Sea Essex CO15 1SG

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

To relieve physical, mental and material distress amongst carers of people who are in need of care and who live in Essex by providing flexible support, advocacy and information to carers in need. The charity aims to improve the quality of life for carers by:

- enabling carers to achieve increased choice and control in their lives;
- reducing carers feelings of isolation;
- improving carers general health and well being.

Achievements and performance

The board were delighted with the continued success and impact of our 'Time 4 You' (T4U) project. This project came out of the lived-experiences of carers and has been incredibly well received by carers and commissioners. In 2023, as part of their plans to recommission a core service for family carer living in Essex, the Local Authority stated their intention to incorporate the T4U model into this core offer.

The work of Essex Carers Support continues to influence activity and planning across the local the health and social care system; we have seen some further improvements in the awareness of carer-related issues and an increase in their prominence and representation in strategic plans. There remains a great deal of work to achieve appropriate recognition of the roles of family carers and in ensuring that their contributions to our communities is sufficiently addressed.

The cost-of-living crisis has continued to impact disproportionately on family carers and at Essex Carers Support we strive to highlight this impact whenever possible and are working with system partners to find appropriate solutions to highlight this impact and provide effective support.

As Trustees of Essex Carers Support we feel our organisation is best placed to be able to provide support services to carers living within our communities and strive at all times to ensure we provide an efficient and effective service, delivered in the most cost-effective way, with a strong value base and keeping the needs of carers at the heart of all we do.

We believe that in the strength of partnership working and collaboration. In 2023 we worked closely with partners to develop service delivery specifications for the ECC core offer of support for carers and were delighted to be part of a partnership which was awarded the contract in two of the three Essex ICB (Integrated Care Board) areas. Preparations to commence this service in April 2024 was a main focus during the latter part of 2023.

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Essex Carers Support will continue to seek to influence the delivery of public services and remain involved in the design of policy and service delivery strategies.

Through our activity, we provide a stronger voice for carers and reach out to those not currently in receipt of support; we develop effective ways to ensure carers views are heard, their opinions considered and their expertise acknowledged.

We provide strong governance; continuing to plan and develop a future strategy for the organisation which ensures that Essex Carers Support is able to respond to carers' needs and the challenges they face as we move forward.

Financial review

The trading surplus on the Income and Expenditure account for the year amounted to £56,012 (2023: £32,228 deficit). The total funds of the company as at 31 March 2024 were £211,382 (2023: £155,370).

The trustees remain conscious of the need to keep costs to a minimum and provide an efficient and professional service dedicated to the clients of the charity.

The Executive Committee intends that:

- . Reserves be maintained at a level which ensures that Essex Carers Support core activity could continue for a minimum of twelve months during a period of unforeseen difficulty;
- . Such reserves will include allowances for redundancy payments and building maintenance;
- . The board will ensure that the calculation of the required level of reserves forms an integral part of the planning, budgeting and forecast cycle;
- . An amount equal to at least 50% of the reserves required will be maintained in a readily realisable form;
- . When budgeting and forecasting, the following points will be taken into account;
 - Risks associated with each stream of income and expenditure being different from that budgeted;
 - Planned activity levels;
 - Organisational commitments

At the balance sheet date the value of unrestricted reserves amounted to £182,044. Of this amount £2,682 is tied up in fixed assets, which are not readily convertible to cash.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust and constitutes a charitable company limited by guarantee. The company was incorporated on 28 February 2011 and registered as a charity on 3 January 2012.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its articles of association. The articles stipulate that at the first Annual General Meeting after incorporation (10 July 2012) all the trustees shall retire from office before the appointment of a new Board of Directors. The Board includes staff representation at their meetings where appropriate to do so.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

H Baird

K Chard

B Ellis

S Hammond

S Kerins

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

R W Smith

Appointment and induction of trustees

New trustees are briefed on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and the recent financial performance of the charity. When considering co-opting trustees, the Executive Committee has regard to the requirement for any specialist skills needed. The organisation has a full induction pack for any new trustees and also arranges relevant training.

Risk management

The Executive Committee has instigated a review of the major risks to which the charity may be exposed and systems have been established to mitigate those risks. Internal risks have been minimised by the implementation of procedures for authorisation of all transactions to ensure consistent quality for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Public benefit

The trustees have referred to the guidance contained within the Charity Commission's general guidance on public benefit when reviewing the aims and objectives of the charity and in planning future activities. The main activities and who the charity has tried to help are described below. All of the charitable activities focus on the well-being of carers and are undertaken to further charitable purposes for the public benefit.

The trustee's report was approved by the Board of Trustees.

H Baird

Trustee

Dated: 20 August 2024

ESSEX CARERS SUPPORT

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF ESSEX CARERS SUPPORT

I report to the trustees on my examination of the financial statements of Essex Carers Support (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Simon Garner FCA
Independent Examiner
92 Station Road
Clacton on Sea
Essex
CO15 1SG

Dated: 11 September 2024

ESSEX CARERS SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
Income from:					
Donations and legacies	3	5,244	54,162	59,406	397
Charitable activities	4	116,713	-	116,713	99,446
Investments	5	3,303	-	3,303	1,206
Total income		<u>125,260</u>	<u>54,162</u>	<u>179,422</u>	<u>101,049</u>
Expenditure on:					
Charitable activities	6	98,586	24,824	123,410	133,277
Net income/(expenditure) for the year/ Net movement in funds		26,674	29,338	56,012	(32,228)
Fund balances at 1 April 2023		<u>155,370</u>	<u>-</u>	<u>155,370</u>	<u>187,598</u>
Fund balances at 31 March 2024		<u><u>182,044</u></u>	<u><u>29,338</u></u>	<u><u>211,382</u></u>	<u><u>155,370</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

ESSEX CARERS SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024		2023	
		£	£	£	£
Fixed assets					
Tangible assets	10		2,682		3,578
Current assets					
Debtors	11	-		834	
Cash at bank and in hand		212,875		155,586	
		<u>212,875</u>		<u>156,420</u>	
Creditors: amounts falling due within one year	12	(4,175)		(4,628)	
Net current assets			208,700		151,792
Total assets less current liabilities			<u>211,382</u>		<u>155,370</u>
Income funds					
Restricted funds	13		29,338		-
Unrestricted funds			182,044		155,370
			<u>211,382</u>		<u>155,370</u>

ESSEX CARERS SUPPORT

**STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2024

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 20 August 2024

R W Smith
Trustee

Company Registration No. 07544943

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Essex Carers Support is a private company limited by guarantee incorporated in England and Wales. The registered office is Imperial House, 20-22 Rosemary Road, Clacton on Sea, Essex, CO15 1NZ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles incorporated 28 February 2011, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% reducing balance
Computers	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Key sources of estimation uncertainty

Allocation of costs

The Trustees have estimated the amount of costs allocated to the delivery of restricted fund projects.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2024	2024	2024	2023
	£	£	£	£
Donations and gifts	5,244	54,162	59,406	397
	<u>5,244</u>	<u>54,162</u>	<u>59,406</u>	<u>397</u>
Donations and gifts				
Project related- see note 13	-	54,162	54,162	-
Miscellaneous one-off donations	5,244	-	5,244	397
	<u>5,244</u>	<u>54,162</u>	<u>59,406</u>	<u>397</u>

4 Charitable activities

	Total 2024 £	Total 2023 £
Provision of carer support	116,713	99,446
	<u>116,713</u>	<u>99,446</u>

5 Investments

	Unrestricted funds	Total
	2024 £	2023 £
Interest receivable	3,303	1,206
	<u>3,303</u>	<u>1,206</u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

6 Charitable activities	Total Unrestricted		Restricted		Total 2023 £
	2024 £	2024 £	2024 £	2024 £	
Staff costs	103,278	80,328	22,950		111,448
Depreciation and impairment	896	896	-		1,193
Rent	4,055	4,055	-		3,919
Insurance	1,515	1,515	-		1,374
Motor and travel costs	429	429	-		194
Telephone	2,225	2,225	-		1,938
Other office costs	1,578	1,578	-		1,891
Subscriptions	412	412	-		179
Training	183	183	-		383
Staff welfare	334	334	-		240
Bank charges	351	351	-		305
Legal and professional fees	5,994	5,994	-		8,293
Share of overhead costs	-	(1,874)	1,874		-
	<u>121,250</u>	<u>96,426</u>	<u>24,824</u>		<u>131,357</u>
Share of governance costs (see note 7)	2,160	2,160	-		1,920
	<u>123,410</u>	<u>98,586</u>	<u>24,824</u>		<u>133,277</u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

7 Support costs

	Governance costs	2024	2023
	£	£	£
Independent examiner fees	2,160	2,160	1,920
	<u>2,160</u>	<u>2,160</u>	<u>1,920</u>
Analysed between Charitable activities	<u>2,160</u>	<u>2,160</u>	<u>1,920</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

Number of employees

The average monthly number of employees during the year was:

	2024	2023
	Number	Number
	7	7
	<u>7</u>	<u>7</u>

Employment costs

	2024	2023
	£	£
Wages and salaries	99,305	105,970
Social security costs	2,166	3,351
Other pension costs	1,807	2,127
	<u>103,278</u>	<u>111,448</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

10 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2023	2,380	17,470	19,850
At 31 March 2024	2,380	17,470	19,850
Depreciation and impairment			
At 1 April 2023	2,237	14,035	16,272
Depreciation charged in the year	36	860	896
At 31 March 2024	2,273	14,895	17,168
Carrying amount			
At 31 March 2024	107	2,575	2,682
At 31 March 2023	143	3,435	3,578

11 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Other debtors	-	834

12 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	1,803	2,072
Other creditors	-	818
Accruals and deferred income	2,372	1,738
	4,175	4,628

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds		
	Incoming resources	Resources expended	Balance at 31 March 2024
	£	£	£
NEE Carer Outreach and Resilience Project	54,162	(24,824)	29,338
	<u>54,162</u>	<u>(24,824)</u>	<u>29,338</u>

The NEE Carer Outreach and Resilience project relates to grant income received from the North East Essex Health and Wellbeing Alliance.

The project aims to support and make a positive difference allowing people to live safely and independently as they grow older.

14 Analysis of net assets between funds

	Unrestricted	Restricted	Total	Total
	2024	2024	2024	2023
	£	£	£	£
Fund balances at 31 March 2024 are represented by:				
Tangible assets	2,682	-	2,682	3,578
Current assets/(liabilities)	179,362	29,338	208,700	151,792
	<u>182,044</u>	<u>29,338</u>	<u>211,382</u>	<u>155,370</u>

15 Related party transactions

During the year the charity purchased bookkeeping services from Jaygate Management Limited at a cost of £2,160 (2023: £2,160). Jaygate Management Limited is controlled by R Smith, a trustee of the charity.

16 Limited by guarantee

The company is limited by guarantee of £10 per member. There were six members at the balance sheet date.

ESSEX CARERS SUPPORT

England & Wales - Charity number 1145255

Accounts

Charity Registration No. 1145255

Company Registration No. 07544943 (England and Wales)

ESSEX CARERS SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

tc accounts · tax · legal · financial planning

92 Station Road
Clacton on Sea
Essex
CO15 1SG

ESSEX CARERS SUPPORT

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ESSEX CARERS SUPPORT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	H Baird K Chard B Ellis S Hammond S Kerins R W Smith
Charity number	1145255
Company number	07544943
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ
Independent examiner	TC Group 92 Station Road Clacton on Sea Essex CO15 1SG

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

To relieve physical, mental and material distress amongst carers of people who are in need of care and who live in Essex by providing flexible support, advocacy and information to carers in need. The charity aims to improve the quality of life for carers by:

- enabling carers to achieve increased choice and control in their lives;
- reducing carers feelings of isolation;
- improving carers general health and well being.

Achievements and performance

The impact of the Covid pandemic reduced significantly through 2022/23.

As for all, Essex Carers Support has had to adapt to a new way of post-pandemic working. Some of our staff are now home-based and others combine home and office working. Much more of our work is carried out online, particularly meetings.

We continue to be delighted with the success and impact of our 'Time 4 You' project. This project came out of the lived-experiences of carers and has been incredibly well received. The project is funded by the local authority and is available across the county. Demand for the project far exceeded our expectations in 2022/23; we were challenged in dealing with the higher than anticipated number of referrals received. Our staff worked tirelessly to ensure a great service was provided and that every carer was engaged with.

Our work within Essex communities and across the health and social care system has seen an improvement in the awareness of carer-related issues and an increase in their prominence and representation in some parts. Much work still remains for us to get to a place where the roles of family carers are better understood, their impact appropriately recognised and their contribution to society sufficiently addressed.

The current cost-of-living crisis is having a disproportionate impact on family carers and at Essex Carers Support we strive to highlight this impact whenever possible and are seeking new ways to support carers at this difficult time.

As trustees of Essex Carers Support we feel our organisation is best placed to be able to provide support services to carers living within our communities and strive at all times to ensure we provide an efficient and effective service, delivered in the most cost-effective way but with a strong value base and keeping the needs of carers at the heart of all we do.

Essex Carers Support will continue to seek to influence the delivery of public services and remain involved in the design of policy and service delivery strategies.

Through our activity, we provide a stronger voice for carers and reach out to those not currently in receipt of support; we develop effective ways to ensure carers views are heard, their opinions considered and their expertise acknowledged.

We provide strong governance; continuing to plan and develop a future strategy to ensure that Essex Carers Support is able to respond to carers' needs and the challenges and opportunities of the changing landscape; particularly in light of on-going pandemic recovery.

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Essex Carers Support will continue to seek to influence the delivery of public services and remain involved in the design of policy and service delivery strategies.

We provide a stronger voice for carers and reach out to those not currently in receipt of support; we develop effective ways to ensure carers views are heard, their opinions considered and their expertise acknowledged.

We provide strong governance; continuing to plan and develop a future strategy to ensure that Essex Carers Support is able to respond to carers' needs and the challenges and opportunities of the changing landscape; particularly in light of pandemic recovery.

Financial review

The trading deficit on the Income and Expenditure account for the year amounted to £32,228 (2022: £4,326 surplus). The total funds of the company as at 31 March 2023 were £155,370 (2022: £187,598).

The trustees remain conscious of the need to keep costs to a minimum and provide an efficient and professional service dedicated to the clients of the charity.

The Executive Committee intends that:

- . Reserves be maintained at a level which ensures that Essex Carers Support core activity could continue for a minimum of twelve months during a period of unforeseen difficulty;
- . Such reserves will include allowances for redundancy payments and building maintenance;
- . The board will ensure that the calculation of the required level of reserves forms an integral part of the planning, budgeting and forecast cycle;
- . An amount equal to at least 50% of the reserves required will be maintained in a readily realisable form;
- . When budgeting and forecasting, the following points will be taken into account;
 - Risks associated with each stream of income and expenditure being different from that budgeted;
 - Planned activity levels;
 - Organisational commitments

At the balance sheet date the value of unrestricted reserves amounted to £155,370. Of this amount £3,578 is tied up in fixed assets, which are not readily convertible to cash.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust and constitutes a charitable company limited by guarantee. The company was incorporated on 28 February 2011 and registered as a charity on 3 January 2012.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its articles of association. The articles stipulate that at the first Annual General Meeting after incorporation (10 July 2012) all the trustees shall retire from office before the appointment of a new Board of Directors. The Board includes staff representation at their meetings where appropriate to do so.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

H Baird

K Chard

B Ellis

S Hammond

S Kerins

R W Smith

Appointment and induction of trustees

New trustees are briefed on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and the recent financial performance of the charity. When considering co-opting trustees, the Executive Committee has regard to the requirement for any specialist skills needed. The organisation has a full induction pack for any new trustees and also arranges relevant training.

Risk management

The Executive Committee has instigated a review of the major risks to which the charity may be exposed and systems have been established to mitigate those risks. Internal risks have been minimised by the implementation of procedures for authorisation of all transactions to ensure consistent quality for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Public benefit

The trustees have referred to the guidance contained within the Charity Commission's general guidance on public benefit when reviewing the aims and objectives of the charity and in planning future activities. The main activities and who the charity has tried to help are described below. All of the charitable activities focus on the well-being of carers and are undertaken to further charitable purposes for the public benefit.

The trustee's report was approved by the Board of Trustees.

.....
H Baird
Trustee
Dated:

ESSEX CARERS SUPPORT

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF ESSEX CARERS SUPPORT

I report to the trustees on my examination of the financial statements of Essex Carers Support (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Simon Garner FCA
Independent Examiner
92 Station Road
Clacton on Sea
Essex
CO15 1SG

Dated:

ESSEX CARERS SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Income from:					
Donations and legacies	3	397	-	397	362
Charitable activities	4	24,950	74,496	99,446	135,402
Investments	5	1,206	-	1,206	8
Total income		<u>26,553</u>	<u>74,496</u>	<u>101,049</u>	<u>135,772</u>
Expenditure on:					
Charitable activities	6	44,716	88,561	133,277	131,446
Net (outgoing)/incoming resources before transfers		<u>(18,163)</u>	<u>(14,065)</u>	<u>(32,228)</u>	<u>4,326</u>
Gross transfers between funds		<u>7,000</u>	<u>(7,000)</u>	<u>-</u>	<u>-</u>
Net (expenditure)/income for the year/ Net movement in funds		<u>(11,163)</u>	<u>(21,065)</u>	<u>(32,228)</u>	<u>4,326</u>
Fund balances at 1 April 2022		<u>166,533</u>	<u>21,065</u>	<u>187,598</u>	<u>183,271</u>
Fund balances at 31 March 2023		<u><u>155,370</u></u>	<u><u>-</u></u>	<u><u>155,370</u></u>	<u><u>187,597</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

ESSEX CARERS SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023		2022	
		£	£	£	£
Fixed assets					
Tangible assets	10		3,578		3,407
Current assets					
Debtors	11	834		2,150	
Cash at bank and in hand		155,586		264,699	
		<u>156,420</u>		<u>266,849</u>	
Creditors: amounts falling due within one year	12	<u>(4,628)</u>		<u>(82,659)</u>	
Net current assets			151,792		184,190
Total assets less current liabilities			<u>155,370</u>		<u>187,597</u>
Income funds					
Restricted funds	13		-		21,065
Unrestricted funds			155,370		166,532
			<u>155,370</u>		<u>187,597</u>

ESSEX CARERS SUPPORT

**STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2023

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on

.....

R W Smith

Trustee

Company Registration No. 07544943

1 Accounting policies

Charity information

Essex Carers Support is a private company limited by guarantee incorporated in England and Wales. The registered office is Imperial House, 20-22 Rosemary Road, Clacton on Sea, Essex, CO15 1NZ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles incorporated 28 February 2011, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1 Accounting policies

(Continued)

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% reducing balance
Computers	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

During the year, there were no accounting estimates.

3 Donations and legacies

	Unrestricted funds	Total
	2023	2022
	£	£
Donations and gifts	397	362
	<u> </u>	<u> </u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

	Total 2023 £	Total 2022 £
Provision of carer support	99,446	135,402
Analysis by fund		
Unrestricted funds	24,950	20,400
Restricted funds	74,496	115,002
	99,446	135,402

5 Investments

	Unrestricted funds 2023 £	Total 2022 £
Interest receivable	1,206	8

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

6 Charitable activities

	Total Unrestricted 2023 £	2023 £	Restricted 2023 £	Total 2022 £
Staff costs	111,448	28,667	82,781	111,774
Depreciation and impairment	1,193	1,193	-	1,136
Rent	3,919	3,919	-	3,995
Insurance	1,374	1,374	-	1,311
Motor and travel costs	194	194	-	90
Telephone	1,938	1,938	-	1,872
Other office costs	1,891	1,891	-	1,791
Subscriptions	179	179	-	354
Training	383	383	-	180
Staff welfare	240	240	-	386
Bank charges	305	305	-	335
Legal and professional fees	8,293	2,513	5,780	6,632
	<u>131,357</u>	<u>42,796</u>	<u>88,561</u>	<u>129,856</u>
Share of governance costs (see note 7)	1,920	1,920	-	1,590
	<u>133,277</u>	<u>44,716</u>	<u>88,561</u>	<u>131,446</u>
Analysis by fund				
Unrestricted funds	44,716	-	-	15,458
Restricted funds	88,561	-	-	115,988
	<u>133,277</u>	<u>-</u>	<u>-</u>	<u>131,446</u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

7 Support costs

	Governance costs	2023	2022
	£	£	£
Independent examiner fees	1,920	1,920	1,590
	<u>1,920</u>	<u>1,920</u>	<u>1,590</u>
Analysed between Charitable activities	1,920	1,920	1,590
	<u>1,920</u>	<u>1,920</u>	<u>1,590</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

Number of employees

The average monthly number of employees during the year was:

	2023	2022
	Number	Number
	7	6
	<u>7</u>	<u>6</u>

Employment costs

	2023	2022
	£	£
Wages and salaries	105,970	105,409
Social security costs	3,351	4,596
Other pension costs	2,127	1,769
	<u>111,448</u>	<u>111,774</u>
	<u>111,448</u>	<u>111,774</u>

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

10 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2022	2,380	16,106	18,486
Additions	-	1,364	1,364
At 31 March 2023	2,380	17,470	19,850
Depreciation and impairment			
At 1 April 2022	2,189	12,890	15,079
Depreciation charged in the year	48	1,145	1,193
At 31 March 2023	2,237	14,035	16,272
Carrying amount			
At 31 March 2023	143	3,435	3,578
At 31 March 2022	191	3,216	3,407

11 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Other debtors	834	-
Prepayments and accrued income	-	2,150
	834	2,150

12 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	2,072	1,683
Other creditors	818	79,440
Accruals and deferred income	1,738	1,536
	4,628	82,659

Other creditors relate to funds received for the Time4U project, which are held on behalf of carers. These funds do not belong to the charity and are to be paid to third parties.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Balance at 31 March 2023 £
	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	
Time4U Project	14,065	74,496	(88,561)	-	-
2Can Project	7,000	-	-	(7,000)	-
	<u>21,065</u>	<u>74,496</u>	<u>88,561</u>	<u>(7,000)</u>	<u>-</u>

The Time4U project relates to grant income received from the North East Essex Health and Wellbeing Alliance Transformation Fund. The project aims to work with adult carers on a one to one basis to help them identify, source and resource innovative, creative and personalised carer breaks. The impact of these breaks on carer health and wellbeing is measured against the savings created in other parts of the health economy.

The 2Can partnership project is delivered by Essex Carers Support and Summit. The project aims to support the health and emotional wellbeing of vulnerable people and their carers who may be at risk of harm and self-neglect. All outcomes to 31 March 2022 were achieved in the year and the funding provider has agreed that surplus funds may be retained by Essex Carers Support.

14 Related party transactions

During the year the charity purchased bookkeeping services from Jaygate Management Limited at a cost of £2,160 (2022: £2,160). Jaygate Management Limited is controlled by R Smith, a trustee of the charity.

15 Limited by guarantee

The company is limited by guarantee of £10 per member. There were six members at the balance sheet date.

ESSEX CARERS SUPPORT

England & Wales - Charity number 1145255

Accounts

Charity Registration No. 1145255

Company Registration No. 07544943 (England and Wales)

ESSEX CARERS SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

tc accounts · tax · legal · financial planning

92 Station Road
Clacton on Sea
Essex
CO15 1SG

ESSEX CARERS SUPPORT

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ESSEX CARERS SUPPORT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	H Baird K Chard B Ellis S Hammond S Kerins R Smith	(Appointed 24 May 2021)
Charity number	1145255	
Company number	07544943	
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ	
Independent examiner	TC Group 92 Station Road Clacton on Sea Essex CO15 1SG	

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

To relieve physical, mental and material distress amongst carers of people who are in need of care and who live in Essex by providing flexible support, advocacy and information to carers in need. The charity aims to improve the quality of life for carers by:

- enabling carers to achieve increased choice and control in their lives;
- reducing carers feelings of isolation;
- improving carers general health and well being.

Achievements and performance

2021/22 continued to present pandemic related challenges. We began the financial year emerging from another lengthy period of 'lockdown' and although restrictions began to lift, as an organisation, we were cautious in implementing a return to 'normal'. We were led by a robust and frequently reviewed/updated Covid Risk Assessment. Periods of uncertainty followed and influenced our own operations and the behaviour and actions of those we assist and support.

Essex Carers Support continued throughout the year to change and adapt in response to the pandemic. Our staff continued to work from their own homes where possible although a gradual return to the office has been possible for most.

We've adapted our services and delivered them in ways which have been responsive to the pandemic and the feelings and needs of individuals.

We've continued to be heavily involved in the huge joint effort, across public and voluntary sector services, to support people through this most difficult time. Essex Carers Support has played a role in strategic planning at a local level with regard to the pandemic, vaccinations and recovery etc.

We are delighted that our 'Time 4 You' project, initially piloted in North and Mid Essex, is now funded by the local authority and is available across the whole county. Fewer grants than expected were made during the year as a result of the pandemic but its flexibility and responsiveness meant we were able to achieve personalised break opportunities for many carers during what continued to be a very difficult and turbulent period.

The pandemic highlighted the many challenges and pressures faced by family carers. The support and assistance provided by Essex Carers Support has been needed more than ever and has formed a central part of community recovery. Essex Carers Support is keen that, across the health and social care system, lessons are learned and new data is extracted to inform future planning and decision making.

As trustees of Essex Carers Support we feel our organisation is best placed to be able to provide support services to carers living within our communities and strive at all times to ensure we provide an efficient and effective service, delivered in the most cost-effective way but with a strong value base and keeping the needs of carers at the heart of all we do.

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Essex Carers Support will continue to seek to influence the delivery of public services and remain involved in the design of policy and service delivery strategies.

We provide a stronger voice for carers and reach out to those not currently in receipt of support; we develop effective ways to ensure carers views are heard, their opinions considered and their expertise acknowledged.

We provide strong governance; continuing to plan and develop a future strategy to ensure that Essex Carers Support is able to respond to carers' needs and the challenges and opportunities of the changing landscape; particularly in light of pandemic recovery.

Financial review

The trading surplus on the Income and Expenditure account for the year amounted to £4,326 (2021: £45,306). The total funds of the company as at 31 March 2022 were £187,597 (2021: £183,271).

The trustees remain conscious of the need to keep costs to a minimum and provide an efficient and professional service dedicated to the clients of the charity.

The Executive Committee intends that:

- . Reserves be maintained at a level which ensures that Essex Carers Support core activity could continue for a minimum of twelve months during a period of unforeseen difficulty;
- . Such reserves will include allowances for redundancy payments and building maintenance;
- . The board will ensure that the calculation of the required level of reserves forms an integral part of the planning, budgeting and forecast cycle;
- . An amount equal to at least 50% of the reserves required will be maintained in a readily realisable form;
- . When budgeting and forecasting, the following points will be taken into account;
 - Risks associated with each stream of income and expenditure being different from that budgeted;
 - Planned activity levels;
 - Organisational commitments

At the balance sheet date the value of unrestricted reserves amounted to £166,532. Of this amount £3,407 is tied up in fixed assets, which are not readily convertible to cash.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust and constitutes a charitable company limited by guarantee. The company was incorporated on 28 February 2011 and registered as a charity on 3 January 2012.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its articles of association. The articles stipulate that at the first Annual General Meeting after incorporation (10 July 2012) all the trustees shall retire from office before the appointment of a new Board of Directors. The Board includes staff representation at their meetings where appropriate to do so.

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

H Baird

K Chard

B Ellis

S Hammond

(Appointed 24 May 2021)

S Kerins

R Smith

Appointment and induction of trustees

New trustees are briefed on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and the recent financial performance of the charity. When considering co-opting trustees, the Executive Committee has regard to the requirement for any specialist skills needed. The organisation has a full induction pack for any new trustees and also arranges relevant training.

Risk management

The Executive Committee has instigated a review of the major risks to which the charity may be exposed and systems have been established to mitigate those risks. Internal risks have been minimised by the implementation of procedures for authorisation of all transactions to ensure consistent quality for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Public benefit

The trustees have referred to the guidance contained within the Charity Commission's general guidance on public benefit when reviewing the aims and objectives of the charity and in planning future activities. The main activities and who the charity has tried to help are described below. All of the charitable activities focus on the well-being of carers and are undertaken to further charitable purposes for the public benefit.

The trustee's report was approved by the Board of Trustees.

H Baird

Trustee

Dated: 27 July 2022

ESSEX CARERS SUPPORT

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF ESSEX CARERS SUPPORT

I report to the trustees on my examination of the financial statements of Essex Carers Support (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Simon Garner FCA
Independent Examiner
92 Station Road
Clacton on Sea
Essex
CO15 1SG

Dated: 2 August 2022

ESSEX CARERS SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Total 2021 £
Income from:					
Donations and legacies	3	362	-	362	204
Charitable activities	4	20,400	115,002	135,402	117,495
Investments	5	8	-	8	77
Total income		<u>20,770</u>	<u>115,002</u>	<u>135,772</u>	<u>117,776</u>
Expenditure on:					
Charitable activities	6	15,458	115,988	131,446	72,470
Net incoming/(outgoing) resources before transfers		5,312	(986)	4,326	45,306
Gross transfers between funds		63,682	(63,682)	-	-
Net income/(expenditure) for the year/ Net movement in funds		68,994	(64,668)	4,326	45,306
Fund balances at 1 April 2021		97,538	85,733	183,271	137,965
Fund balances at 31 March 2022		<u><u>166,532</u></u>	<u><u>21,065</u></u>	<u><u>187,597</u></u>	<u><u>183,271</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

ESSEX CARERS SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022		2021	
		£	£	£	£
Fixed assets					
Tangible assets	10		3,407		2,607
Current assets					
Debtors	11	2,150		-	
Cash at bank and in hand		264,699		227,356	
		<u>266,849</u>		<u>227,356</u>	
Creditors: amounts falling due within one year	12	<u>(82,659)</u>		<u>(46,692)</u>	
Net current assets			184,190		180,664
Total assets less current liabilities			<u>187,597</u>		<u>183,271</u>
Income funds					
Restricted funds	13		21,065		85,733
Unrestricted funds			166,532		97,538
			<u>187,597</u>		<u>183,271</u>

ESSEX CARERS SUPPORT

**STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

FOR THE YEAR ENDED 31 MARCH 2022

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 27 July 2022

R Smith
Trustee

Company Registration No. 07544943

1 Accounting policies

Charity information

Essex Carers Support is a private company limited by guarantee incorporated in England and Wales. The registered office is Imperial House, 20-22 Rosemary Road, Clacton on Sea, Essex, CO15 1NZ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles incorporated 28 February 2011, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% reducing balance
Computers	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

During the year, there were no accounting estimates.

3 Donations and legacies

	Unrestricted funds	Total
	2022	2021
	£	£
Donations and gifts	362	204
	<u> </u>	<u> </u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

	Total 2022 £	Total 2021 £
Provision of carer support	135,402	117,495
	<u> </u>	<u> </u>
Analysis by fund		
Unrestricted funds	20,400	2,070
Restricted funds	115,002	115,425
	<u> </u>	<u> </u>
	135,402	117,495
	<u> </u>	<u> </u>

5 Investments

	Unrestricted funds 2022 £	Total 2021 £
Interest receivable	8	77
	<u> </u>	<u> </u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

6 Charitable activities

	Total Unrestricted 2022 £	Restricted 2022 £	Total 2021 £
Staff costs	111,774	-	111,774
Depreciation and impairment	1,136	1,136	870
Rent	3,995	3,995	2,984
Insurance	1,311	1,311	1,200
Motor and travel costs	90	90	12
Telephone	1,872	1,872	1,341
Other office costs	1,791	1,791	1,987
Subscriptions	354	354	128
Training	180	180	-
Staff welfare	386	386	-
Bank charges	335	335	265
Legal and professional fees	6,632	2,418	4,214
	<u>129,856</u>	<u>13,867</u>	<u>115,988</u>
Share of governance costs (see note 7)	1,590	1,590	-
	<u>131,446</u>	<u>15,457</u>	<u>115,988</u>
	<u><u>131,446</u></u>	<u><u>15,457</u></u>	<u><u>115,988</u></u>
Analysis by fund			
Unrestricted funds	15,458	-	-
Restricted funds	115,987	-	-
	<u>131,446</u>	<u>-</u>	<u>-</u>
	<u><u>131,446</u></u>	<u><u>-</u></u>	<u><u>72,470</u></u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

7 Support costs

	Governance costs	2022	2021
	£	£	£
Independent examiner fees	1,590	1,590	1,110
	<u>1,590</u>	<u>1,590</u>	<u>1,110</u>
Analysed between Charitable activities	1,590	1,590	1,110
	<u>1,590</u>	<u>1,590</u>	<u>1,110</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

Number of employees

The average monthly number of employees during the year was:

	2022	2021
	Number	Number
	6	5
	<u>6</u>	<u>5</u>

Employment costs

	2022	2021
	£	£
Wages and salaries	105,409	59,461
Social security costs	4,596	-
Other pension costs	1,769	720
	<u>111,774</u>	<u>60,181</u>

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

10 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2021	2,380	14,170	16,550
Additions	-	1,936	1,936
At 31 March 2022	2,380	16,106	18,486
Depreciation and impairment			
At 1 April 2021	2,125	11,818	13,943
Depreciation charged in the year	64	1,072	1,136
At 31 March 2022	2,189	12,890	15,079
Carrying amount			
At 31 March 2022	191	3,216	3,407
At 31 March 2021	255	2,352	2,607

11 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Prepayments and accrued income	2,150	-

12 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	1,683	475
Other creditors	79,440	42,269
Accruals and deferred income	1,536	3,948
	82,659	46,692

Other creditors relate to funds received for the Time4U project, which are held on behalf of carers. These funds do not belong to the charity and are to be paid to third parties.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				
	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
	£	£	£	£	£
Time4U Project	35,775	63,336	(53,143)	(31,903)	14,065
2Can Project	-	30,000	(17,308)	(5,692)	7,000
Ageing Well Project	9,958	-	(9,958)	-	-
Community Outreach Project	40,000	21,666	(35,579)	(26,087)	-
	<u>85,733</u>	<u>115,002</u>	<u>(115,988)</u>	<u>(63,682)</u>	<u>21,065</u>

The Time4U project relates to grant income received from the North East Essex Health and Wellbeing Alliance Transformation Fund. The project aims to work with adult carers on a one to one basis to help them identify, source and resource innovative, creative and personalised carer breaks. The impact of these breaks on carer health and wellbeing is measured against the savings created in other parts of the health economy.

Expenditure in relation to restricted funds was identified as being incorrectly allocated in previous years, and so has been reallocated in these financial statements. This reallocation between unrestricted and restricted funds has no impact on total net assets at the balance sheet date.

The 2Can partnership project is delivered by Essex Carers Support and Summit. The project aims to support the health and emotional wellbeing of vulnerable people and their carers who may be at risk of harm and self-neglect. All outcomes to 31 March 2022 were achieved in the year and the funding provider has agreed that surplus funds may be retained by Essex Carers Support.

The Ageing Well project related to an NHS Clinical Commissioning Group programme. The project looks at how the population are cared for in the community to help them stay well and healthy at home.

The Community Outreach Project related to vulnerable and isolate members of the community and establishing their health, wellbeing and social needs. All outcomes were achieved in the year and the funding provider has agreed that surplus funds may be retained by Essex Carers Support.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

14 Analysis of net assets between funds

	Unrestricted	Restricted	Total	Total
	2022	2022	2022	2021
	£	£	£	£
Fund balances at 31 March 2022 are represented by:				
Tangible assets	3,407	-	3,407	2,607
Current assets/(liabilities)	163,125	21,065	184,190	180,664
	<u>166,532</u>	<u>21,065</u>	<u>187,597</u>	<u>183,271</u>

15 Related party transactions

During the year the charity purchased bookkeeping services from Jaygate Management Limited at a cost of £2,160 (2021: £2,160). Jaygate Management Limited is controlled by R Smith, a trustee of the charity.

16 Limited by guarantee

The company is limited by guarantee of £10 per member. There were six members at the balance sheet date.

ESSEX CARERS SUPPORT

England & Wales - Charity number 1145255

Accounts

Charity Registration No. 1145255

Company Registration No. 07544943 (England and Wales)

ESSEX CARERS SUPPORT
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

tc accounts · tax · legal · financial planning

92 Station Road
Clacton on Sea
Essex
CO15 1SG

ESSEX CARERS SUPPORT

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ESSEX CARERS SUPPORT

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	H Baird K Chard B Ellis S Kerins R Smith
Charity number	1145255
Company number	07544943
Registered office	Imperial House 20-22 Rosemary Road Clacton on Sea Essex CO15 1NZ
Independent examiner	TC Group 92 Station Road Clacton on Sea Essex CO15 1SG

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

To relieve physical, mental and material distress amongst carers of people who are in need of care and who live in Essex by providing flexible support, advocacy and information to carers in need. The charity aims to improve the quality of life for carers by:

- enabling carers to achieve increased choice and control in their lives;
- reducing carers feelings of isolation;
- improving carers general health and well being.

Achievements and performance

2020/21 has without doubt, been the most challenging of years. The Covid-19 pandemic emerged in early 2020 and by the start of the financial year the nation was experiencing restrictive measures intended to manage the spread of the virus and protect essential services.

Essex Carers Support has had to change and adapt in every possible way. Our staff have worked from their own homes, our services have been delivered differently and we have been involved in a huge joint effort, across public and voluntary sector services, to support people through this most difficult time. Essex Carers Support has played a role in strategic planning at a local level with regard to the pandemic, vaccinations and recovery etc.

Due to the pandemic, some of the projects and funding opportunities in developments at the start of the year were suspended. Work around these has subsequently been restarted and new opportunities have arisen. We are particularly pleased that our Time 4 U project, initially piloted in North and Mid Essex, has now been funded by the local authority to be available across the whole county.

The usual challenges and pressures faced by family carers have been particularly highlighted during the pandemic and the support and assistance Essex Carers Support provides has been needed more than ever. As communities move towards recovering from the pandemic and its impact, the role that Essex Carers Support can play in supporting this and promoting the needs of carers is very clear.

As trustees of Essex Carers Support we feel our organisation is best placed to be able to provide support services to carers living within our communities and strive at all times to ensure we provide an efficient and effective service, delivered in the most cost-effective way but with a strong value base and keeping the needs of carers at the heart of all we do.

Despite the difficulties experienced as we move forward out of the most rigid pandemic restrictions, Essex Carers Support will continue to seek to influence the delivery of public services and remain involved in the design of policy and service delivery strategies.

We give carers a stronger voice; reach out to carers not currently in receipt of support; develop effective ways to ensure their voices are heard, their opinions considered and their expertise acknowledged.

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

We provide strong governance; continuing to plan and develop a future strategy to ensure that Essex Carers Support is able to respond to carers' needs and the challenges and opportunities of the changing landscape; particularly in light of the current pandemic.

Financial review

The trading surplus on the Income and Expenditure account for the year amounted to £45,306 (2020: £8,784). The total funds of the company as at 31 March 2021 were £183,271 (2020: £137,965).

The trustees remain conscious of the need to keep costs to a minimum and provide an efficient and professional service dedicated to the clients of the charity.

The Executive Committee intends that:

- Reserves be maintained at a level which ensures that Essex Carers Support core activity could continue for a minimum of twelve months during a period of unforeseen difficulty;
- Such reserves will include allowances for redundancy payments and building maintenance;
- The board will ensure that the calculation of the required level of reserves forms an integral part of the planning, budgeting and forecast cycle;
- An amount equal to at least 50% of the reserves required will be maintained in a readily realisable form;
- When budgeting and forecasting, the following points will be taken into account;
 - Risks associated with each stream of income and expenditure being different from that budgeted;
 - Planned activity levels;
 - Organisational commitments

At the balance sheet date the value of unrestricted reserves amounted to £97,538. Of this amount £2,607 is tied up in fixed assets, which are not readily convertible to cash.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust and constitutes a charitable company limited by guarantee. The company was incorporated on 28 February 2011 and registered as a charity on 3 January 2012.

The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its articles of association. The articles stipulate that at the first Annual General Meeting after incorporation (10 July 2012) all the trustees shall retire from office before the appointment of a new Board of Directors. The Board includes staff representation at their meetings where appropriate to do so.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

H Baird

K Chard

A Ellis

(Deceased 6 August 2020)

B Ellis

S Kerins

R Smith

ESSEX CARERS SUPPORT

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

The board would like to acknowledge the huge contribution of Tony Ellis, who sadly passed away in August 2020. Mr Ellis has been involved with Essex Carers Support for many years and has, in different roles, been instrumental in developing the organisation and sustaining to those needing them.

Appointment and induction of trustees

New trustees are briefed on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and the recent financial performance of the charity. When considering co-opting trustees, the Executive Committee has regard to the requirement for any specialist skills needed. The organisation has a full induction pack for any new trustees and also arranges relevant training.

Risk management

The Executive Committee has instigated a review of the major risks to which the charity may be exposed and systems have been established to mitigate those risks. Internal risks have been minimised by the implementation of procedures for authorisation of all transactions to ensure consistent quality for all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Public benefit

The trustees have referred to the guidance contained within the Charity Commission's general guidance on public benefit when reviewing the aims and objectives of the charity and in planning future activities. The main activities and who the charity has tried to help are described below. All of the charitable activities focus on the well-being of carers and are undertaken to further charitable purposes for the public benefit.

The trustee's report was approved by the Board of Trustees.

H Baird

Trustee

Dated: 3 June 2021

ESSEX CARERS SUPPORT

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF ESSEX CARERS SUPPORT

I report to the trustees on my examination of the financial statements of Essex Carers Support (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Simon Garner FCA
Independent Examiner
92 Station Road
Clacton on Sea
Essex
CO15 1SG

Dated: 10 June 2021

ESSEX CARERS SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Total 2020 £
Income from:					
Donations and legacies	3	204	-	204	64
Charitable activities	4	2,070	115,425	117,495	71,480
Investments	5	77	-	77	474
Total income		<u>2,351</u>	<u>115,425</u>	<u>117,776</u>	<u>72,018</u>
Expenditure on:					
Charitable activities	6	9,403	63,067	72,470	63,234
Net (expenditure)/income for the year/ Net movement in funds		<u>(7,052)</u>	<u>52,358</u>	<u>45,306</u>	<u>8,784</u>
Fund balances at 1 April 2020		<u>104,590</u>	<u>33,375</u>	<u>137,965</u>	<u>129,181</u>
Fund balances at 31 March 2021		<u><u>97,538</u></u>	<u><u>85,733</u></u>	<u><u>183,271</u></u>	<u><u>137,965</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

ESSEX CARERS SUPPORT

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	10		2,607		2,173
Current assets					
Cash at bank and in hand		227,356		151,261	
Creditors: amounts falling due within one year	11	(46,692)		(15,469)	
Net current assets			180,664		135,792
Total assets less current liabilities			183,271		137,965
Income funds					
Restricted funds	12		85,733		33,375
Unrestricted funds			97,538		104,590
			183,271		137,965

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 3 June 2021

R Smith
Trustee

Company Registration No. 07544943

1 Accounting policies

Charity information

Essex Carers Support is a private company limited by guarantee incorporated in England and Wales. The registered office is Imperial House, 20-22 Rosemary Road, Clacton on Sea, Essex, CO15 1NZ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles incorporated 28 February 2011, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies **(Continued)**

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% reducing balance
Computers	25% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

During the year, there were no accounting estimates.

3 Donations and legacies

	Unrestricted funds	Total
	2021	2020
	£	£
Donations and gifts	204	64
	<u> </u>	<u> </u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

4 Charitable activities

	Total 2021 £	Total 2020 £
Provision of carer support	117,495	71,480
	<u>117,495</u>	<u>71,480</u>
Analysis by fund		
Unrestricted funds	2,070	11,980
Restricted funds	115,425	59,500
	<u>117,495</u>	<u>71,480</u>

5 Investments

	Unrestricted funds 2021 £	Total 2020 £
Interest receivable	77	474
	<u>77</u>	<u>474</u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

6 Charitable activities

	Total 2021 £	Total 2020 £
Staff costs	60,181	49,019
Depreciation and impairment	870	726
Rent	2,984	3,920
Insurance	1,200	1,166
Motor and travel costs	12	415
Telephone	1,341	1,648
Other office costs	1,987	2,077
Subscriptions	128	145
Training	-	8
Staff welfare	-	129
Bank charges	265	386
Legal and professional fees	2,392	2,347
Costs of trustees meetings	-	168
	<u>71,360</u>	<u>62,154</u>
Share of governance costs (see note 7)	1,110	1,080
	<u>72,470</u>	<u>63,234</u>

7 Support costs

	Governance costs £	2021 £	2020 £
Independent examiner fees	1,110	1,110	1,080
	<u>1,110</u>	<u>1,110</u>	<u>1,080</u>
Analysed between Charitable activities	1,110	1,110	1,080
	<u>1,110</u>	<u>1,110</u>	<u>1,080</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

9 Employees

Number of employees

The average monthly number of employees during the year was:

	2021	2020
	Number	Number
	5	4
	<u>5</u>	<u>4</u>

Employment costs

	2021	2020
	£	£
Wages and salaries	59,461	47,911
Social security costs	-	169
Other pension costs	720	939
	<u>60,181</u>	<u>49,019</u>

No employee received employee benefits of more than £60,000 during the year (2019: Nil).

10 Tangible fixed assets

	Fixtures and fittings	Computers	Total
	£	£	£
Cost			
At 1 April 2020	2,380	12,866	15,246
Additions	-	1,304	1,304
	<u>2,380</u>	<u>14,170</u>	<u>16,550</u>
At 31 March 2021	2,380	14,170	16,550
	<u>2,380</u>	<u>14,170</u>	<u>16,550</u>
Depreciation and impairment			
At 1 April 2020	2,040	11,033	13,073
Depreciation charged in the year	85	785	870
	<u>2,125</u>	<u>11,818</u>	<u>13,943</u>
At 31 March 2021	2,125	11,818	13,943
	<u>2,125</u>	<u>11,818</u>	<u>13,943</u>
Carrying amount			
At 31 March 2021	255	2,352	2,607
	<u>255</u>	<u>2,352</u>	<u>2,607</u>
At 31 March 2020	340	1,833	2,173
	<u>340</u>	<u>1,833</u>	<u>2,173</u>

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

11 Creditors: amounts falling due within one year

	2021	2020
	£	£
Other taxation and social security	475	575
Other creditors	42,269	13,274
Accruals and deferred income	3,948	1,620
	<u>46,692</u>	<u>15,469</u>

Other creditors relate to funds received for the Time4U project, which are held on behalf of carers. These funds do not belong to the charity and are to be paid to third parties.

12 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			
	Balance at 1 April 2020	Incoming resources	Resources expended	Balance at 31 March 2021
	£	£	£	£
Time4U Project	22,500	51,525	(38,250)	35,775
2Can Project	10,875	-	(10,875)	-
Ageing Well Project	-	23,900	(13,942)	9,958
Community Outreach Project	-	40,000	-	40,000
	<u>33,375</u>	<u>115,425</u>	<u>(63,067)</u>	<u>85,733</u>

The Time4U project relates to grant income received from the North East Essex Health and Wellbeing Alliance Transformation Fund. The project aims to work with adult carers on a one to one basis to help them identify, source and resource innovative, creative and personalised carer breaks. The impact of these breaks on carer health and wellbeing is measured against the savings created in other parts of the health economy.

The 2Can partnership project is delivered by Essex Carers Support and Summit. The project aims to support the health and emotional wellbeing of vulnerable people and their carers who may be at risk of harm and self-neglect.

The Ageing Well project relates to an NHS Clinical Commissioning Group programme. The projects looks at how the population are cared for in the community to help them stay well and healthy at home.

The Community Outreach Project funding was received on 31/03/21. This met the Charities SORP criteria for revenue recognition and therefore has been recognised as income in the year. There was no related expenditure incurred during the year and all costs will be incurred after 31/03/21.

ESSEX CARERS SUPPORT

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

12 Restricted funds

(Continued)

13 Analysis of net assets between funds

	Unrestricted 2021 £	Restricted 2021 £	Total 2021 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:				
Tangible assets	2,607	-	2,607	2,173
Current assets/(liabilities)	94,931	45,733	180,664	135,792
	<u>97,538</u>	<u>45,733</u>	<u>183,271</u>	<u>137,965</u>

14 Related party transactions

During the year the charity purchased bookkeeping services from Jaygate Management Limited at a cost of £2,160 (2020: £2,160). Jaygate management Limited is controlled by R Smith, a trustee of the charity.

15 Limited by guarantee

The company is limited by guarantee of £10 per member. There were five members at the balance sheet date.