

SIBS-FOR BROTHERS AND SISTERS

England & Wales · Charity number 1145200

Details

Other names	SIBS
Status	Registered
Legal form	Charitable company
Company number	07834303
Registered	2011-12-22
Register	View on the Charity Commission register

Contact

Address	26 Mallard View Oxenhope Keighley BD22 9JZ
Phone	01535645453
Email	info@sibs.org.uk
Website	www.sibs.org.uk

Activities

Objects: 1. TO RELIEVE THE DISTRESS EXPERIENCED BY PEOPLE WHO GROW UP WITH A BROTHER OR SISTER WITH SPECIAL NEEDS OR DISABILITY (HEREINAFTER REFERRED TO AS SIBLINGS) WITH THE OBJECT OF IMPROVING THEIR QUALITY OF LIFE.2. THE ADVANCEMENT OF THE EDUCATION OF PROFESSIONAL WORKERS, POLICY MAKERS, SERVICE PROVIDERS AND THE GENERAL PUBLIC INTO THE NEEDS OF SIBLINGS.3. THE PROMOTION OF RESEARCH AND MODELS OF GOOD PRACTICE IN SIBLING SUPPORT AND TO DISSEMINATE THE USEFUL RESULTS THEREOF.

Activities: Sibs is the UK charity for people who grow up with a disabled brother or sister. Sibs provides direct information and support to child and adult siblings Sibs educates parents and professionals on supporting siblingsSibs influences service providers and government to develop policies and services for siblingsSibs raises awareness of sibling issues through media and research

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£152,539	£164,193	-	-
2024-03-31	£172,673	£176,497	-	-
2023-03-31	£179,449	£171,225	-	-
2022-03-31	£131,209	£159,306	-	-
2021-03-31	£145,586	£122,820	-	-

Trustees

Name	Role	Appointed
Saba Salman	Chair	2015-07-07
Carol Ann McBride		2016-03-05
Charlie Simpson		2013-10-12
Claire Tibble		2019-07-06
Dr Georgia Pavlopoulou		2017-06-17
Jacqueline Howes		2016-06-18
SARA WHEELER		2011-12-06

Accounts

Sibs - for brothers and sisters

Charity number 1145200

A company limited by guarantee number 07834303

Annual Report and Financial Statements **for the year ended 31 March 2025**



Sibs - for brothers and sisters

Annual Report and Financial Statements for the year ended 31 March 2025

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Prepared by West Yorkshire Community Accountancy Service CIO

Sibs - for brothers and sisters

Trustees' report for the year ended 31 March 2025

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position
Saba Salman	Chair
Jackie Howes	Vice Chair
Claire Tibble	Treasurer
Sara Wheeler	
Charlie Simpson	
Carol McBride	
Dr Georgia Pavlopoulou	

Charity number 1145200 Registered in England and Wales

Company number 07834303 Registered in England and Wales

Registered and principal address	Bankers
26 Mallard View	The Co-Operative Bank
Oxenhope	PO Box 101
Keighley	1 Balloon Street
West Yorkshire	Manchester
BD22 9JZ	M60 4EP

Independent examiner

Alan Dodd FCCA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a company limited by guarantee and was formed on 3 November 2011. It is governed by a memorandum and articles of association. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2025

Objectives and activities

The charity's objects

To relieve the distress experienced by people who grow up with a brother or sister with special needs or disability (hereinafter referred to as siblings) with the object of improving their quality of life; the advancement of the education of professional workers, policy makers, service providers and the general public into the needs of siblings; the promotion of research and models of good practice in sibling support and to disseminate the useful results thereof.

The charity's main activities

Sibs provides information and support by email, online resources, written resources, workshops and events for young siblings, adult siblings and parents and carers of young siblings. Sibs works with professionals and service providers to influence service provision to siblings and to enhance their skills in supporting siblings. We provide training, consultancy, email and online information on developing and delivering sibling support. We raise awareness of sibling issues through presentations and the media. Sibs works with researchers, practitioners and siblings to understand the needs of siblings and collect evidence of best practice in sibling support.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit. The issues affecting siblings and their families are found throughout the population. Sibs' services and resources are available to any member of the public who needs information and support with a sibling issue. Through our education and policy work we attempt to raise the awareness of sibling issues amongst the general public. Through our development of best practice, we aim to enhance our resources and services. All our findings are available to members of the public, service providers, siblings and their families.

Achievements and performance

Introduction

This year, Sibs has continued to provide a lifeline for siblings of disabled children and adults across the UK, reaching more people, raising more awareness, and deepening its impact at every level. From empowering young siblings with understanding and building resilience, to supporting adult siblings through isolation, advocacy, and care responsibilities, Sibs has made a tangible difference to thousands of lives. Our services have seen record engagement — with website users up 20%, our YoungSibs advice service engagement increasing by 58% and our National Siblings Day campaign reaching over 21 million people. We've launched vital new resources, amplified unheard voices, influenced national policy, and expanded our reach into schools, with families, and communities. In a challenging climate for charities, we are proud to say that Sibs has not only endured — it has grown, innovated, and inspired.

Direct support to young siblings

YoungSibs Service

Sibs runs the only dedicated national advice service for young siblings who are growing up with a disabled brother or sister. This year we have seen a 58% increase in page views for YoungSibs – a powerful indication of rising need and growing awareness. Our directory of disabilities written for children have been used this year more than ever.

"My older brother has autism and our local county won't give us a social worker or help us and I'm worried what will happen in the future."

"I have a 12 year old sister with Down syndrome. She is two years older than me but sometimes I feel like she is my little sister and it is my responsibility to look after her"

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2025

Achievements and performance (continued)

YoungSibs Service (continued)

We launched a new leaflet for young siblings "Why do they do that" helping young children understand behaviour that challenges. Designed for both younger and older readers, it was downloaded over 1,200 times in just 3 months and led to increased enquiries from parents and professionals concerning behavioural issues.

We continue to publish regular monthly spotlight blog posts for young siblings on topics such as wellbeing, self-care and coping with difficult feelings – tailored to topics that matter most to siblings.

Events for young siblings

Our bespoke art sessions which take place twice a year, are more than just creative workshops, they are a space for young siblings to learn together and foster a sense of community.

- 120 children received art packs
- All sessions sold out
- Siblings and parents praised the sessions for their fun, inclusivity and meaningful connection.

"I loved it because it was so fun and even when things didn't go to plan the staff helped us so we could all make our slime by the end and we can keep it."

"Great fun session for child alone and then them having the knowledge to share with the rest of the family afterwards due to extra materials. Well timed half-way through the two-week holiday as we are just starting to flag in terms of low budget new ideas."

Support for young siblings in school

In April we launched our new report "If Only You Knew" capturing over 200 responses from young siblings on their school experiences. Although 66% of children and young people had told a teacher about their sibling experience, a striking 74% said they had received no support at all.

"My sister is autistic and she has sensory difficulties. She often has meltdowns and squeals, and people would give us nasty looks that make it even more difficult going in public places by putting us off. It would be amazing if people understand and accept others with additional needs. Not every disability is visible. And we are not aliens."

Our Sibs Talk Lite materials are continuing to be downloaded and used in school settings – the resource page has seen 189% increase in views. We knew we needed to harness further growth in school support for siblings. To support change we:

- Delivered two free taster sessions for schools, with 190 teachers booking a place
- Created downloadable school packs for primary, secondary and special schools

Training and awareness raising with parents and professionals

Parents continue to seek trusted advice from Sibs on how to support and respond to young siblings at home. In 2024-25:

- We facilitated 35 workshops and events
- Through workshops and events 670 parents have improved skills on sibling support
- Ensured that Sibs is now listed in 137 out of 148 local offers across England

We trained:

- 46 professionals to run sibling support groups
- 22 professionals to deliver our Sibs Talk primary school intervention

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2025

Achievements and performance (continued)

Training and awareness raising with parents and professionals (continued)

In total we equipped 474 professionals with tools to better support siblings, a crucial step in building inclusive, responsive systems.

"The workshop was invaluable and I'm really looking forward to supporting children using the resources."

"Absolutely attend. Sibling young carers sometimes get overlooked but have a vital role to play and we need to ensure they are supported."

There are now 81 sibling groups listed on our database for children and young people across the UK.

Direct support to adult siblings

SibsNetworkUK

Adult sibling support groups continue to be at the heart of our work with over 18s offering valuable peer support and belonging. Our volunteers continue to give generously of their time and provide unique and dedicated support. This year we have seen:

- **343 attendances** at groups by adult siblings
- **92 hours of group support**
- #SibLife Facebook group: **700+ members** and growing

"It's nice being in a room full of people who just get me and I'm really grateful to be able to talk about not having children etc."

"It's just nice to know other people who "get it" in a way that no one else can if you haven't lived it"

Adult sibling support

We have continued to respond to adult siblings needing help – this year receiving 90 separate enquiries. Enquiries encompass both emotional challenges and the need for practical guidance in dealing with complex family issues, whether that is future planning, counselling or care-based enquiries. In total 249 siblings having received tailored support and information by email and through workshop attendances. Work has continued on our adult sibling web pages, with the sibling stories section increasing engagement by 172%. Guides written specifically for adult siblings have now been downloaded over 26,000 times, with our information on decision making still the most sought after.

"Your e-mail was really refreshing and made me realise I am doing my best and I will continue to do so for my sister, no matter what obstacles they continue to throw my way."

Confident Caring Programme

Funded by the Boshier Grant and National Lottery Awards for All, we delivered a targeted support project for adult siblings who are — or may become — carers for their disabled brother or sister. The project focused on reducing isolation, increasing knowledge and improving confidence.

Highlights include:

- Sessions on advocacy, safeguarding and self-care
- Support specifically for **siblings of autistic people**
- Our first session for **siblings aged 55+**
- Launch of a specialist **autism support group for adult siblings**
- Publication of "Autism: The Sibling Perspective", featuring 20 deeply personal stories

"It was nice to feel less alone."

"I felt an enormous amount of relief reading it because it reminds me that other people do understand and do get it and do also live like me."

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Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2025

Achievements and performance (continued)

Website and Social Media Growth

Our online presence continues to flourish:

- UK website users: **58,732 active, 113,868 new**
- Global users: **114,726** – a **20% increase**
- Social media followers: **24,094** – a **9% rise** across five platforms

Research and Publications

We supported key research including:

- *“Tired of Spinning Plates”* and *“We Don’t Know What We Don’t Know”* (University of Sheffield)
- “Who listens to the listener who cares for the carer?” a paper on sibling sleep and wellbeing
- Co-authored a chapter on siblings in *“Improving Mental Health Therapies for Autistic Children and Young People”*

Our work featured in:

- Learning Disability Today
- BBC South West
- Community Living
- The Metro

Influencing policy and wider awareness raising

Our flagship awareness campaign on 10th April 2024 had a 21.9 million reach on social media. Website traffic from social media increased by 47.49% - a massive leap in visibility on our social channels on the day.

Sibs contributed to the Law Commission’s consultation on social care and disabled children, ensuring responses to questions about sibling support and care were responded to. Our school survey report “If Only You Knew” was specifically referenced by the Law Commission in the drawing together of its evidence.

Charity Development

This year we:

- Refreshed the website with updated imagery and contemporary design
- Reviewed the fundraising strategy with the Trustee Board and recognised the need to expand capacity for Trusts and Foundations fundraising
- Two staff completed Equality Training through the Boshier programme. We now include a regular EDI (Equality, Diversity, Inclusion) focus in team meetings, embedding it into our organisation culture

Future Plans

Looking ahead, we will:

- Expand sibling support in schools with free events in the autumn
- Develop guidance for **early years** sibling support
- Scope a new genetics and siblings project (funding dependent)
- Celebrate **Sibs’ 25th anniversary in 2026** — a milestone moment

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2025

Achievements and performance (continued)

Funding and support

It continues to be a challenging landscape for small charities and we are immensely grateful to the donors, Trusts and Foundations who have supported our work across the year. We want to publicly thank the following:

- Baily Thomas Charitable Fund
- Garfield Weston Foundation
- Marsh Charitable Trust
- National Lottery Awards for All
- Pears Foundation
- SJP Charitable Foundation
- The D'Oyly Carte Charitable Trust
- The Farrer-Brown Charitable Trust
- The True Colours Trust
- University of Sheffield

We are sincerely grateful to Sibs' supporters and volunteers who have given their time pro-bono to Sibs this year.

Financial review

The net expenditure for the year was £11,654, including net income of £14,365 on unrestricted funds and net expenditure of £26,019 on restricted funds.

The trustees have assessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £72,022.

The trustees recognise that the level of reserves at the 31st March 2025 is less than the six months' worth of expenditure target range agreed in our reserves policy, but concerted efforts have led to an increase in reserves since the last reporting period. This has been a challenging year economically for the charitable sector and securing both restricted and unrestricted income has been especially difficult over this financial year. Trusts and Foundations have reported record numbers of applications, with many changing focus or closing to new applications completely. Encouragingly, the charity has seen a positive start to the 2025/2026 financial year, with early success in grant funding, providing confidence in the plans to rebuild reserves to a minimum of six months' expenditure. Based on 2024/2025 accounts this equates to £82k. Trustees will review the position on a quarterly basis.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2025

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by the board of trustees on 12/7/2025

Saba Salman (Trustee)

Sibs - for brothers and sisters

Independent examiner's report to the trustees of Sibs - for brothers and sisters

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2025, which are set out on pages 10 to 17.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alan Dodd FCCA

16/7/2025

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sibs - for brothers and sisters
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2025

	Notes	2025 Unrestricted funds £	2025 Restricted funds £	2025 Total funds £	2024 Total funds £
Income from:					
Grants and donations	(2)	41,817	88,607	130,424	149,075
External training		18,373	2,405	20,778	14,618
Conference income		-	-	-	7,404
Bank interest		1,227	-	1,227	866
Sibs products		110	-	110	710
Total income		61,527	91,012	152,539	172,673
Expenditure on:					
Salaries, pensions and NIC	(3)	34,415	97,234	131,649	134,647
Freelance fees		4,868	250	5,118	6,980
Staff training		470	200	670	30
Staff and volunteer travel		1,086	-	1,086	1,311
Accommodation and subsistence		810	-	810	966
Events for users		1,599	2,145	3,744	10,787
Office costs and equipment		13	1,132	1,145	1,131
Postage		64	254	318	411
Copying and stationery		172	760	932	1,915
Telecommunications and IT		532	10,546	11,078	10,150
Websites		20	3,276	3,296	2,513
Insurance		-	1,234	1,234	1,301
Payroll charges		720	-	720	750
Fundraising		336	-	336	902
Independent examination		1,039	-	1,039	1,039
Sundry expenses		918	-	918	1,238
DBS and human resources costs		29	-	29	144
Evaluation and research		-	-	-	282
AGM costs		71	-	71	-
Total expenditure		47,162	117,031	164,193	176,497
Net income / (expenditure)		14,365	(26,019)	(11,654)	(3,824)
Fund balances brought forward		57,657	33,161	90,818	94,642
Fund balances carried forward	(4)	72,022	7,142	79,164	90,818

All incoming resources and resources expended derive from continuing activities.

Sibs - for brothers and sisters

Balance sheet

as at 31 March 2025

	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Current assets				
Debtors and prepayments	(6) 1,053	-	1,053	139
Cash at bank	72,979	7,142	80,121	92,336
Total current assets	<u>74,032</u>	<u>7,142</u>	<u>81,174</u>	<u>92,475</u>
Current liabilities:				
amounts falling due within one year				
Creditors and accruals	(7) 2,010	-	2,010	1,657
Total current liabilities	<u>2,010</u>	<u>-</u>	<u>2,010</u>	<u>1,657</u>
Net current assets / (liabilities)	<u>72,022</u>	<u>7,142</u>	<u>79,164</u>	<u>90,818</u>
Net assets	<u>72,022</u>	<u>7,142</u>	<u>79,164</u>	<u>90,818</u>
Funds				
Unrestricted funds	72,022	-	72,022	57,657
Restricted funds	-	7,142	7,142	33,161
Total funds	<u>72,022</u>	<u>7,142</u>	<u>79,164</u>	<u>90,818</u>

For the year ending 31 March 2025 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who are also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 12/7/2025

Saba Salman (Trustee)

Sibs - for brothers and sisters

Notes to the accounts

for the year ended 31 March 2025

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Computer equipment: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Sibs - for brothers and sisters
Notes to the accounts
for the year ended 31 March 2025

1 Accounting policies continued

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2025

2 Grants and donations	2025	2025	2025	2024
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Baily Thomas Charitable Fund	-	1,000	1,000	-
CharityJob	-	10,000	10,000	-
D'Oyly Carte Charitable Trust	-	2,000	2,000	-
The Farrer-Brown Charitable Trust	1,500	-	1,500	-
Garfield Weston Foundation	-	10,000	10,000	15,000
Marsh Charitable Trust	700	-	700	600
Pears Foundation	25,000	-	25,000	20,000
SJP Charitable Foundation	-	2,500	2,500	-
The True Colours Trust	-	63,107	63,107	62,496
The 10 per cent Foundation	-	-	-	500
The Alchemy Foundation	-	-	-	1,000
The Boshier Grant	-	-	-	18,500
The National Lottery Community Fund	-	-	-	15,400
Other donations	14,617	-	14,617	15,579
	<u>41,817</u>	<u>88,607</u>	<u>130,424</u>	<u>149,075</u>

3 Staff costs and numbers	2025	2024
	£	£
Gross salaries	120,478	123,332
Social security costs	10,350	10,759
Employment allowance	(5,000)	(5,000)
Pensions	5,821	5,556
	<u>131,649</u>	<u>134,647</u>

The average number of employees during the year was 5, being an average of 3.3 full time equivalent (2024: 5, 3.4 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2025	2024
	£	£
Costs of the scheme to the charity for the year	5,821	5,556
Amount of any contributions outstanding at the year end	971	618

4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
CharityJob	-	10,000	9,271	-	729
D'Oyly Carte Charitable Trust	-	2,000	-	-	2,000
Garfield Weston	-	10,000	6,784	-	3,216
SJP Charitable Foundation	-	2,500	2,500	-	-
The Alchemy Foundation	625	-	625	-	-
The Boshier Grant	14,250	-	14,250	-	-
National Lottery Community Fund	15,400	-	15,400	-	-
True Colours Trust	-	63,107	62,910	-	197
University of Sheffield	2,886	2,405	5,291	-	-
Baily Thomas Charitable Fund	-	1,000	-	-	1,000
	<u>33,161</u>	<u>91,012</u>	<u>117,031</u>	<u>-</u>	<u>7,142</u>

Sibs - for brothers and sisters

Notes to the accounts continued

for the year ended 31 March 2025

4 Restricted funds (continued)

Fund name	Purpose of restriction
CharityJob	For the delivery of Sibs Talk Lite
D'Oyly Carte Charitable Trust	To support art workshops for young sibling carers of disabled children and adults
Garfield Weston	Provision of core costs to support the running of the charity
SJP Charitable Foundation	Funding towards art sessions for young siblings, and new behaviour leaflets
The Alchemy Foundation	Art sessions for young siblings
The Boshier Grant	From the National Autistic Society - Funding Confident Caring project for adult siblings of disabled people
National Lottery Community Fund	Support for adult siblings of disabled people
True Colours Trust	To support the costs of the CEO and core office costs
University of Sheffield	To support the projects entitled 'Tired of spinning plates' and 'We don't know what we don't know: exploring social care on the margins'
Baily Thomas Charitable Fund	For core costs

5 Tangible assets

	Computer Equipment	Total
Cost	£	£
At 1 April 2024	5,939	5,939
Additions	-	-
At 31 March 2025	<u>5,939</u>	<u>5,939</u>
Depreciation		
At 1 April 2024	5,939	5,939
Charge for year	-	-
At 31 March 2025	<u>5,939</u>	<u>5,939</u>
Net book value		
At 31 March 2025	<u>-</u>	<u>-</u>
At 31 March 2024	<u>-</u>	<u>-</u>

6 Debtors and prepayments

	2025	2024
	£	£
Debtors	490	139
Prepayments	563	-
	<u>1,053</u>	<u>139</u>

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2025

7 Creditors and accruals	2025	2024
	£	£
Accruals	1,039	1,039
Other creditors	971	618
	<u>2,010</u>	<u>1,657</u>

8 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £58,047 (previous year: £58,135).

Sibs - for brothers and sisters

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2025

	2025 Unrestricted funds £	2024 Unrestricted funds £	2025 Restricted funds £	2024 Restricted funds £	2025 Total funds £	2024 Total funds £
Income						
Grants and donations	41,817	51,179	88,607	97,896	130,424	149,075
External training	18,373	14,076	2,405	542	20,778	14,618
Conference income	-	7,404	-	-	-	7,404
Bank interest	1,227	866	-	-	1,227	866
Sibs products	110	710	-	-	110	710
Total income	61,527	74,235	91,012	98,438	152,539	172,673
Expenditure						
Salaries, pensions and NIC	34,415	77,812	97,234	56,835	131,649	134,647
Freelance fees	4,868	6,980	250	-	5,118	6,980
Staff training	470	30	200	-	670	30
Staff and volunteer travel	1,086	151	-	1,160	1,086	1,311
Accommodation and subsistence	810	966	-	-	810	966
Events for users	1,599	9,432	2,145	1,355	3,744	10,787
Office costs and equipment	13	160	1,132	971	1,145	1,131
Postage	64	82	254	329	318	411
Copying and stationery	172	1,434	760	481	932	1,915
Telecommunications and IT	532	5,186	10,546	4,964	11,078	10,150
Websites	20	65	3,276	2,448	3,296	2,513
Insurance	-	-	1,234	1,301	1,234	1,301
Payroll charges	720	750	-	-	720	750
Fundraising	336	410	-	492	336	902
Independent examination	1,039	1,039	-	-	1,039	1,039
Sundry expenses	918	1,238	-	-	918	1,238
DBS and human resources costs	29	144	-	-	29	144
Evaluation and research	-	282	-	-	-	282
AGM costs	71	-	-	-	71	-
Total expenditure	47,162	106,161	117,031	70,336	164,193	176,497
Net income / (expenditure)	14,365	(31,926)	(26,019)	28,102	(11,654)	(3,824)
Fund balances brought forward	57,657	89,583	33,161	5,059	90,818	94,642
Fund balances carried forward	72,022	57,657	7,142	33,161	79,164	90,818

Accounts

Sibs - for brothers and sisters

Charity number 1145200

A company limited by guarantee number 07834303

Annual Report and Financial Statements

for the year ended 31 March 2024

Sibs

For brothers and sisters
of disabled children and adults

WYCAS

COMMUNITY ACCOUNTING
WEST YORKSHIRE

Sibs - for brothers and sisters

Annual Report and Financial Statements for the year ended 31 March 2024

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Prepared by West Yorkshire Community Accountancy Service CIO

Sibs - for brothers and sisters

Trustees' report for the year ended 31 March 2024

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Saba Salman	Chair	
Jackie Howes	Vice Chair	
Claire Tibble	Treasurer	
Sara Wheeler		
Charlie Simpson		
Carol McBride		
Dr. Georgia Pavlopoulou		

Charity number 1145200 Registered in England and Wales

Company number 07834303 Registered in England and Wales

Registered and principal address

26 Mallard View
Oxenhope
Keighley
West Yorkshire
BD22 9JZ

Bankers

The Co-Operative Bank
PO Box 101
1 Balloon Street
Manchester
M60 4EP

Independent examiner

Alan Dodd FCCA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a company limited by guarantee and was formed on 3 November 2011. It is governed by a memorandum and articles of association. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2024

Objectives and activities

The charity's objects

To relieve the distress experienced by people who grow up with a brother or sister with special needs or disability (hereinafter referred to as siblings) with the object of improving their quality of life; the advancement of the education of professional workers, policy makers, service providers and the general public into the needs of siblings; the promotion of research and models of good practice in sibling support and to disseminate the useful results thereof.

The charity's main activities

Sibs provides information and support by email, online resources, written resources, workshops and events for young siblings, adult siblings and parents and carers of young siblings. Sibs works with professionals and service providers to influence service provision to siblings and to enhance their skills in supporting siblings. We provide training, consultancy, email and online information on developing and delivering sibling support. We raise awareness of sibling issues through presentations and the media. Sibs works with researchers, practitioners and siblings to understand the needs of siblings and collect evidence of best practice in sibling support.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit. The issues affecting siblings and their families are found throughout the population. Sibs' services and resources are available to any member of the public who needs information and support with a sibling issue. Through our education and policy work we attempt to raise the awareness of sibling issues amongst the general public. Through our development of best practice, we aim to enhance our resources and services. All our findings are available to members of the public, service providers, siblings and their families.

Achievements and performance

Direct support to young siblings

YoungSibs Service

Our enquiry work with young siblings has continued to grow with an increasing number of siblings contacting the charity for advice through the 'Ask a Sibling Advisor' function on the website. Overall, users and views of the Young Sibs pages are up by 78% on the previous year. We are seeing an increase in complex queries from young siblings, including siblings who have their own additional needs.

"My brother is autistic and sometimes I feel like I don't get enough attention. Also I think I'm autistic"

"What can I do if I'm feeling worried about my brother having seizures? Pls answer"

We have been adding disabilities and conditions to our online directory for young siblings. This information has been verified with specialist groups or health professionals. We are also systematically updating all condition information. We now have 49 disabilities and health conditions listed written in accessible child-friendly language.

"My daughter and I sat and read the GDD (Global Developmental Delay) page on the Sibs website and she then made a poster all about it, which was very sweet."

We continue to produce regular monthly spotlight blog posts for young siblings on topics that are important to them such as staying well, understanding disability and coping with feeling sad. We also release blogs to coincide with awareness days/weeks such as Mental Health Awareness Week and Carers Rights Day.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2024

Achievements and performance (continued)

Direct support to young siblings (continued)

Events for young siblings

Our bespoke art sessions which bring together young siblings in online facilitated sessions, continue to be a sellout. 120 children and young people have received art packs this year. The art sessions provide an opportunity for siblings to link to the charity, have fun, spend time with a parent, and feel part of their sibling community. We hosted sessions to coincide with National Siblings Day in April and a specially requested Halloween art session in October.

"She loved making something with a group of other children and the fact it was focused on her."

"It was really good! I really enjoy these sessions. I like the activities and knowing that everyone else there are siblings too."

Training and awareness raising with parents and professionals

Parents have continued to contact the charity for guidance on responding to and supporting young siblings at home.

This year we facilitated 28 workshops and events. Through our workshops and email support, 442 parents have improved skills in supporting young siblings. We have been systematically updating Local Offer information across authorities in England. At present Sibs is now featured in 137 out of 148 local offers. This will ensure that more parents and carers are aware of sibling support. Sibs is also listed in the Welsh and Scottish local offer information.

Over this year, we have trained 29 professionals to facilitate a sibling group for young siblings and we have equipped 40 professionals to use our Sibs Talk primary school intervention. We ran our first conference "If Only You Knew" for education professionals in November and launched new resource packs for primary and secondary schools. Sibs Talk Lite offers a range of off the shelf tools for schools to use including films, worksheets, teacher notes and an assembly presentation. Since the launch they have been downloaded over 1,700 times. Through our range of support, we have provided access to training and information for 777 professionals. We are seeing an increase particularly in enquiries from schools and education settings.

We continue to add young sibling groups to our database and note some gaps in coverage across the UK. Our first groups newsletter was sent out in February this year to help better connect young sibling groups and share new ideas.

Our website use has accelerated yet again, with 56,218 unique users from the UK over the last year (and 95,148 users globally) a 23.5% increase on the previous year. Social media following now stands at 24,094 across four platforms, an 11% growth rate on last year.

Direct support to adult siblings

SibsNetworkUK

Adult sibling support groups continue to be an important offer to allow siblings to connect with their peers, with 604 attendances over the year January to December, providing 168 hours of support. Our #Siblife Facebook group now has over 500 members and gives an alternative support avenue to adult siblings. Our team of volunteer facilitators continue to give their time and skill to increase the offer of support from the charity. In turn, the support we provide to facilitators has been developed to meet changing needs.

Each year we publish an annual survey for group facilitators and group members. The results show that 90% of respondents feel less isolated as a result of being part of the group, 83% said the group provided support they could not have received elsewhere. One new group member told us:

"Not much I can tell as I am relatively new, but already the experience to know people understand me in a way nobody else has done before, is unbelievable."

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2024

Achievements and performance (continued)

Direct support to adult siblings (continued)

Adult sibling support

We have continued to respond to adult siblings needing help – this year receiving 123 separate enquiries. Enquiries encompass both emotional challenges and the need for practical guidance in dealing with complex family issues. In total 238 siblings having received tailored support and information by email and through workshop attendances.

"You made me feel heard, you responded to my concerns for my sister with words of advice, information and support. I truly appreciate the help that you have offered me and feel I'm stronger in moving forward to resolve the issue. Thank you."

"Thank you for all you do. I was so happy when I found your website. I never realized how much I did when I was younger and it's nice that others validate now."

Adult sibling day

We ran our first face-to-face Conference for adult siblings in 4 years in October. This was also our first overnight conference offering – with partial grant funding from YHA we were able to host a social evening as well as a full day conference. The day provided a varied programme of personal accounts, legal information, and networking opportunities. This was our largest adult sibling event to date, with 69 adult siblings joining us for the event.

Prior to the day, only 45% felt confident managing their situation as a sibling. After conference that had increased to 88%. Similarly, before the event, 45% of attendees rated their confidence as less than 5/10. After conference that number had dropped to 5%.

"I said to someone at lunch, usually nobody 'gets it'. But here, EVERYBODY 'gets it'! Such a great feeling!"

Research

We are strategically committed to investing time into sibling research and have continued working with the University of Sheffield and University of Warwick on research projects this year. We are also involved in an exciting new research piece with the University of Amsterdam. The team have developed a game for young siblings called Broodles. Earlier this year we hosted the research team in the UK in order for them to test the game with British siblings. It is hoped that this may now progress to a larger research project in the UK to support the development and potential rollout of the game.

Influencing policy and wider awareness raising

National Siblings Day is our flagship awareness day which takes place on 10th April. We had a staggering reach of 37.4 million across social media, a 270% increase on the year before. As part of the celebrations, we offered free giveaways including a film night and books. One of the winners told us *"Thank you also to this charity. It has given us a different dialogue at home and an angle we haven't considered before."*

Media coverage over the year has been strong, with pieces in The Sun, features on CBBC, Morning Live, ITV's This Morning, Radio 2 and interviews with Radio Ulster and Times Radio. The BBC drama 'Best Interests' also focused strongly on a sibling story and Sibs details were listed as one of the help organisations in relation to the programme.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2024

Achievements and performance (continued)

Consultation responses/campaigns

We were delighted to be invited to join a working group to develop the Young Carers Covenant for England. Chaired by Professor Saul Becker, this is a further opportunity to ensure young sibling carers are recognised. The Covenant was published during Young Carers Action Day in March 2024. Sibs submitted a response to the All-Party Parliamentary Inquiry (APPG) into Young Carers and Young Adult Carers. As a result, Sibs was invited to give oral evidence to the APPG in Westminster. Sibs written submission was quoted in the final published report "Being a young carer, you have to choose between your future and the future of the person you care for." Furthermore, The Disability Unit at the Cabinet Office has published a Disability Action Plan. It is encouraging to note that young sibling carers were acknowledged as group needing action and attention. We hope to be able to support any implementation plans moving forward.

Charity Development

This has been an extremely busy year for our small but dedicated team here at Sibs. We have run two conferences, produced a raft of new resources alongside delivering the day-to-day work of providing unique sibling support. We have refreshed our logo and produced a new leaflet in response to increasing requests for our materials to be displayed at information days and conferences. We are working with photographers to increase our range of sibling publicity materials. The staff team has undertaken Cyber Security Training.

Future Plans

We are pleased to secure new funding from the Boshier Grant Programme and Awards for All to provide new support for adult siblings over the coming year. This will include a new support offer for adult siblings of autistic people, a range of information sessions and development of our sibling stories collection.

We are continuing to drive awareness about sibling need for support in schools and will endeavour to facilitate events for school practitioners over this coming year. We also intend to do some further work on refreshing our website and carry out audit work on our database.

Funding and support

We have been fortunate to build relationships with a number of funders who have now granted repeat funding to sustain our work with siblings of disabled children and adults.

We are grateful to all the donors who have funded Sibs work this year. We want to publicly thank the following:

Awards for All (National Lottery Community Fund)
Berkshire Carers Service
Garfield Weston Foundation
Jeans for Genes
Marsh Charitable Trust
Pears Foundation
SJP Charitable Foundation
The Alchemy Foundation
The True Colours Trust
University of Sheffield
University of Warwick
YHA

We are sincerely grateful to Sibs' supporters and volunteers who have given their time pro-bono to Sibs this year.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2024

Financial review

The net expenditure for the year was £3,824, including net expenditure of £31,926 on unrestricted funds and net income of £28,102 on restricted funds.

The trustees have assessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £57,657.

The trustees recognise that the level of reserves at the 31st March 2024 is less than the six to nine month worth of expenditure target range agreed in our reserves policy. This has been a challenging year economically for the charitable sector and securing unrestricted income has been especially difficult over this financial year. Further efforts will be made over the coming year to ensure that reserves are increased to sit at a minimum of six months expenditure. Based on the 2023/2024 accounts this equates to between £87,248 and £130,873. Trustees will review the position on a quarterly basis.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2024

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by the board of trustees on 7/9/2024

Saba Salman (Trustee)

Sibs - for brothers and sisters

Independent examiner's report to the trustees of Sibs - for brothers and sisters

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2024, which are set out on pages 10 to 17.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alan Dodd FCCA

18/9/2024

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sibs - for brothers and sisters
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2024

	Notes	2024 Unrestricted funds £	2024 Restricted funds £	2024 Total funds £	2023 Total funds £
Income from:					
Grants and donations	(2)	51,179	97,896	149,075	161,478
External training		14,076	542	14,618	15,646
Sibs open workshop		-	-	-	591
Conference income		7,404	-	7,404	1,264
Bank interest		866	-	866	97
Sibs products		710	-	710	373
Total income		74,235	98,438	172,673	179,449
Expenditure on:					
Salaries, pensions and NIC	(3)	77,812	56,835	134,647	119,336
Freelance fees		6,980	-	6,980	9,535
Staff training		30	-	30	100
Staff and volunteer travel		151	1,160	1,311	1,413
Accommodation and subsistence		966	-	966	1,116
Events for users		9,432	1,355	10,787	16,509
Office costs and equipment		160	971	1,131	3,822
Postage		82	329	411	860
Copying and stationery		1,434	481	1,915	1,744
Telecommunications and IT		5,186	4,964	10,150	6,305
Websites		65	2,448	2,513	1,908
Insurance		-	1,301	1,301	1,260
Payroll charges		750	-	750	660
Fundraising		410	492	902	1,935
Independent examination		1,039	-	1,039	1,039
Sundry expenses		1,238	-	1,238	772
DBS and human resources costs		144	-	144	932
Evaluation and research		282	-	282	-
Depreciation		-	-	-	1,979
Total expenditure		106,161	70,336	176,497	171,225
Net income / (expenditure)		(31,926)	28,102	(3,824)	8,224
Fund balances brought forward		89,583	5,059	94,642	86,418
Fund balances carried forward	(4)	57,657	33,161	90,818	94,642

All incoming resources and resources expended derive from continuing activities.

Sibs - for brothers and sisters

Balance sheet

as at 31 March 2024

	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Current assets				
Debtors and prepayments	(6) 139	-	139	6,599
Cash at bank	59,175	33,161	92,336	90,996
Total current assets	<u>59,314</u>	<u>33,161</u>	<u>92,475</u>	<u>97,595</u>
Current liabilities:				
amounts falling due within one year				
Creditors and accruals	(7) 1,657	-	1,657	2,953
Total current liabilities	<u>1,657</u>	<u>-</u>	<u>1,657</u>	<u>2,953</u>
Net current assets / (liabilities)	<u>57,657</u>	<u>33,161</u>	<u>90,818</u>	<u>94,642</u>
Net assets	<u>57,657</u>	<u>33,161</u>	<u>90,818</u>	<u>94,642</u>
Funds				
Unrestricted funds	57,657	-	57,657	89,583
Restricted funds	-	33,161	33,161	5,059
Total funds	<u>57,657</u>	<u>33,161</u>	<u>90,818</u>	<u>94,642</u>

For the year ending 31 March 2024 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who are also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 7/9/2024

Saba Salman (Trustee)

Sibs - for brothers and sisters

Notes to the accounts

for the year ended 31 March 2024

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Computer equipment: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Sibs - for brothers and sisters
Notes to the accounts
for the year ended 31 March 2024

1 Accounting policies continued

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2024

2 Grants and donations	2024	2024	2024	2023
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Garfield Weston Foundation	15,000	-	15,000	15,000
Marsh Charitable Trust	600	-	600	500
Pears Foundation	20,000	-	20,000	20,000
The 10 per cent Foundation	-	500	500	-
The Alchemy Foundation	-	1,000	1,000	-
The Boshier Grant	-	18,500	18,500	-
The True Colours Trust	-	62,496	62,496	60,914
Carers Trust	-	-	-	21,500
Jeans for Genes	-	-	-	2,500
St James's Place (SJP) Charitable Foundation	-	-	-	5,000
The National Lottery Community Fund	-	15,400	15,400	9,750
University of Warwick	-	-	-	4,000
Other donations	15,579	-	15,579	22,314
	<u>51,179</u>	<u>97,896</u>	<u>149,075</u>	<u>161,478</u>

3 Staff costs and numbers	2024	2023
	£	£
Gross salaries	123,332	111,218
Social security costs	10,759	10,417
Employment allowance	(5,000)	(5,000)
Pensions	5,556	2,701
	<u>134,647</u>	<u>119,336</u>

The average number of employees during the year was 5, being an average of 3.4 full time equivalent (2023: 4.5, 3.2 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2024	2023
	£	£
Costs of the scheme to the charity for the year	5,556	2,701
Amount of any contributions outstanding at the year end	618	538

4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Berkshire Carers	130	-	130	-	-
Jeans for Genes	2,500	-	2,500	-	-
SJP Charitable Foundation	85	-	85	-	-
The Alchemy Foundation	-	1,000	375	-	625
The Boshier Grant	-	18,500	4,250	-	14,250
National Lottery Community Fund	-	15,400	-	-	15,400
The Ten Percent Foundation	-	500	500	-	-
True Colours Trust	-	62,496	62,496	-	-
University of Sheffield	2,344	542	-	-	2,886
	<u>5,059</u>	<u>98,438</u>	<u>70,336</u>	<u>-</u>	<u>33,161</u>

Sibs - for brothers and sisters

Notes to the accounts continued

for the year ended 31 March 2024

4 Restricted funds (Continued)

Fund name	Purpose of restriction
Berkshire Carers	Adult sibling carers of people with learning disabilities and/or autism in Berkshire.
Jeans for Genes	To fund the following elements of young sibling work: Spotlight Blog and to extend information on genetic conditions in the Young Sibs Directory.
SJP Charitable Foundation	To support the siblings of disabled children aged 7-17.
The Alchemy Foundation	Art sessions for young siblings
The Boshier Grant	From the National Autistic Society - Funding Confident Caring project for adult siblings of disabled people
National Lottery Community Fund	Support for adult siblings of disabled people
The Ten Percent Foundation	Support for art sessions for young siblings
True Colours Trust	To support the costs of the CEO and core office costs
University of Sheffield	To support the projects entitled 'Tired of spinning plates' and 'We don't know what we don't know: exploring social care on the margins'.

5 Tangible assets

	Computer Equipment	Total
<u>Cost</u>	£	£
At 1 April 2023	5,939	5,939
Additions	-	-
At 31 March 2024	<u>5,939</u>	<u>5,939</u>
<u>Depreciation</u>		
At 1 April 2023	5,939	5,939
Charge for year	-	-
At 31 March 2024	<u>5,939</u>	<u>5,939</u>
<u>Net book value</u>		
At 31 March 2024	<u>-</u>	<u>-</u>
At 1 April 2023	<u>-</u>	<u>-</u>

6 Debtors and prepayments

	2024	2023
	£	£
Debtors	139	3,179
Prepayments	-	3,420
	<u>139</u>	<u>6,599</u>

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2024

7 Creditors and accruals	2024	2023
	£	£
Accruals	1,039	1,113
Deferred income (see note below for analysis)	-	1,840
Other creditors	618	-
	<u>1,657</u>	<u>2,953</u>

8 Deferred income	Deferred to next year	Released from last year
	£	£
External training	-	1,840
	<u>-</u>	<u>1,840</u>

Item name	Reason for deferral
External training	Income received in advance of delivery

9 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £58,135 (previous year: £54,667).

Sibs - for brothers and sisters

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2024

	2024 Unrestricted funds £	2023 Unrestricted funds £	2024 Restricted funds £	2023 Restricted funds £	2024 Total funds £	2023 Total funds £
Income						
Grants and donations	51,179	57,814	97,896	103,664	149,075	161,478
External training	14,076	13,302	542	2,344	14,618	15,646
Sibs open workshop	-	591	-	-	-	591
Conference income	7,404	1,264	-	-	7,404	1,264
Bank interest	866	97	-	-	866	97
Sibs products	710	373	-	-	710	373
Total income	74,235	73,441	98,438	106,008	172,673	179,449
Expenditure						
Salaries, pensions and NIC	77,812	37,304	56,835	82,032	134,647	119,336
Freelance fees	6,980	7,585	-	1,950	6,980	9,535
Staff training	30	100	-	-	30	100
Staff and volunteer travel	151	18	1,160	1,395	1,311	1,413
Accommodation and subsistence	966	330	-	786	966	1,116
Events for users	9,432	2,876	1,355	13,633	10,787	16,509
Office costs and equipment	160	2,864	971	958	1,131	3,822
Postage	82	62	329	798	411	860
Copying and stationery	1,434	1,155	481	589	1,915	1,744
Telecommunications and IT	5,186	642	4,964	5,663	10,150	6,305
Websites	65	-	2,448	1,908	2,513	1,908
Insurance	-	-	1,301	1,260	1,301	1,260
Payroll charges	750	660	-	-	750	660
Fundraising	410	1,461	492	474	902	1,935
Independent examination	1,039	1,039	-	-	1,039	1,039
Sundry expenses	1,238	772	-	-	1,238	772
DBS and human resources costs	144	932	-	-	144	932
Evaluation and research	282	-	-	-	282	-
Depreciation	-	1,979	-	-	-	1,979
Total expenditure	106,161	59,779	70,336	111,446	176,497	171,225
Net income / (expenditure)	(31,926)	13,662	28,102	(5,438)	(3,824)	8,224
Fund balances brought forward	89,583	75,921	5,059	10,497	94,642	86,418
Fund balances carried forward	57,657	89,583	33,161	5,059	90,818	94,642

Accounts

Sibs - for brothers and sisters

Charity number 1145200

A company limited by guarantee number 07834303

Annual Report and Financial Statements for the year ended 31 March 2023

Sibs

**For brothers and sisters
of disabled children and adults**



West Yorkshire Community Accounting Service

Sibs - for brothers and sisters

Annual Report and Financial Statements for the year ended 31 March 2023

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Prepared by West Yorkshire Community Accountancy Service CIO

Sibs - for brothers and sisters

Trustees' report for the year ended 31 March 2023

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position
Saba Salman	Chair
Jackie Howes	Vice Chair
Claire Tibble	Treasurer
Sara Wheeler	
Charlie Simpson	
Carol McBride	
Georgia Pavlopoulou	

Charity number 1145200 Registered in England and Wales

Company number 07834303 Registered in England and Wales

Registered and principal address

26 Mallard View
Oxenhope
Keighley
West Yorkshire
BD22 9JZ

Bankers

The Co-Operative Bank
PO Box 101
1 Balloon Street
Manchester
M60 4EP

Independent examiner

Alan Dodd FCCA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a company limited by guarantee and was formed on 3 November 2011. It is governed by a memorandum and articles of association. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2023

Objectives and activities

The charity's objects

To relieve the distress experienced by people who grow up with a brother or sister with special needs or disability (hereinafter referred to as siblings) with the object of improving their quality of life; the advancement of the education of professional workers, policy makers, service providers and the general public into the needs of siblings; the promotion of research and models of good practice in sibling support and to disseminate the useful results thereof.

The charity's main activities

Sibs provides information and support by email, online resources, written resources, workshops and events for young siblings, adult siblings and parents and carers of young siblings. Sibs works with any professionals and service providers to influence service provision to siblings and to enhance their skills in supporting siblings. We provide training, consultancy, email and online information on developing and delivering sibling support. We raise awareness of sibling issues through presentations and the media. Sibs works with researchers, practitioners and siblings to understand the needs of siblings and collect evidence of best practice in sibling support.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit. The issues affecting siblings and their families are found throughout the population. Sibs' services and resources are available to any member of the public who needs information and support with a sibling issue. Through our education and policy work we attempt to raise the awareness of sibling issues amongst the general public. Through our development of best practice, we aim to enhance our resources and services. All our findings are available to members of the public, service providers, siblings and their families.

Achievements and performance

Direct support to young siblings

YoungSibs Service

Our enquiry work with young siblings has continued to grow with an increasing number of siblings contacting the charity for advice through the 'Ask a Sibling Advisor' function on the website. We have been closely monitoring this work following the merger of our two websites in early 2022. Overall, visits to the Young Sibs pages are up by 25% on the previous year. Encouragingly, we have seen a steady growth in enquiries from teen siblings, highlighting our reach across age groups for children and young people is expanding. Young siblings are typically asking questions about their brother or sister's disability or how to manage difficult situations at home.

"I have 2 brothers. They both have ADHD and both have it in different ways. When they get aggressive towards me what am I supposed to do?"

"I'd like to find others that feel the same as me."

We have been working to expand the directory of disabilities and conditions written for young siblings on our YoungSibs pages. This information is written specifically for children has been verified with specialist groups or health professionals. We now have 44 disabilities listed, with recent additions, including six rare epilepsy conditions. Over the coming year we will be reviewing all current listings and adding further genetic condition entries.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2023

Achievements and performance (continued)

YoungSibs Service (continued)

Our monthly mini-blog series *Spotlight on sibling issues* for young siblings have continued to be successful. We have been able to respond to issues that siblings and families have raised, such as spending time with family and getting enough sleep.

"I am an adult sibling myself, who has moved away to university. Growing up, I often found comfort in articles and posts on the Young Sibs page and have frequently recommended the site to young carers groups I now volunteer at."

Events for young siblings

We have offered a further four art sessions for young siblings. 106 children and young people have received art packs this year and were able to join us for an online art class. For many young siblings this is the first time they have been to an event with other siblings. The art sessions provide an opportunity for siblings to link to the charity, have fun, spend protected time with a parent, and feel part of their sibling peer group. 100% of respondents to our feedback survey rated the sessions as great or good. 89% of respondents told us it was very important or quite important for their sibling child to attend an event with other siblings.

"Yes it was lovely to look forward to the session. It was great to spend time working on something together and create a memory. So much of my time is taken with our disabled family member, it's nice to make the reason and time to spend with our other sibling."

"It was the best thing because I love art and I want to get better at it. Thank you."

Training and awareness raising with parents and professionals

Parents continued to contact the charity for guidance on supporting young siblings at home. The enquiries received are becoming increasingly complex in nature and families report finding it challenging to access support locally. We are working to ensure Sibs is listed in Local Offer information for parents in England, to signpost parents and carers to our services.

This year we facilitated 31 workshops and events. Through our workshops and email support, 373 parents have improved skills in supporting young siblings.

"I will try and spend more 1-2-1 time with my neurotypical child doing activities that she enjoys, try to ensure that she has enough space on her own and give her praise when she deserves it. I like the idea of leaving post-it notes in her lunchbox"

"If you're feeling a little overwhelmed and questioning whether you're dealing with home life and siblings in the best way you can. This course gives you the confidence, reassurance and guidance you need to help you believe in yourself and gives useful tools to help."

Over this year, we have trained 49 professionals to facilitate a sibling group for young siblings and we have equipped 26 professionals to use our Sibs Talk primary school intervention. 106 education professionals signed up for our free introductory session, ahead of our full conference later in 2023. Through our range of professional support, we have provided access to training and information for 677 professionals across education, health and social care sectors.

Our website use has accelerated yet again, with 47,215 unique users from the UK over the last year (and 73,901 users globally). This is a 22% growth on last year's performance. Sibs' social media following now stands at 21,698 across four platforms. Over the year we have attracted a 9% increase in followers.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2023

Achievements and performance (continued)

Direct support to adult siblings

SibsNetworkUK

Interest from adult siblings seeking to join groups has surged again, with a total of 622 attendances across all 21 groups meeting during this period, a 61% increase on last year. 128 meetings have taken place in the last 12 months, providing 224 hours of support.

#Siblife was an established small Facebook group for adult siblings, now adopted by Sibs and supported by our trained volunteer moderators. The group has had a rapid growth in membership since this change— currently with almost 300 members. This is part of our ongoing approach to offer a range of support for adult siblings.

We have long recognised the value of the time given by our volunteers, which extends the support opportunities the charity is able to offer. We were delighted to partner with Room to Reward, a charity offering hotel breaks for volunteers. This has allowed us to specially recognise three of our facilitators who have received well deserved awards this year.

Adult sibling support

We have continued to respond to adult siblings needing help – this year receiving 110 separate enquiries. These covered a wide variety of topics including care choices, rights and responsibilities and managing family relationships.

"Thanks so much for your really helpful advice. And also, for all the various links to further information. I feel like I have a really good case to go back to the care home with."

"I always felt such a heavy weight with wondering what to do before I discovered Sibs!"

We have added more adult sibling stories to our website – we now have over 50 being shared on our pages. These continue to be an important tool for siblings to recognise their own sibling experiences and relate to others in our community. We also recognised a gap in our information pages for parents of adult siblings. We have written a page of resources to support parents to have conversations with their adult sibling children.

Adult sibling respite project

With funding from Carers Trust, Sibs co-ordinated a unique project providing three separate respite options for 58 siblings who have grown up with an autistic brother or sister. Staff delivered a self-care project, a retreat and a discovery course to try to understand the impact of different intervention styles. Our key aims were to relieve isolation, improve siblings' confidence and skills, promote self-care and wellbeing and offer practical tools for siblings to take better control of their wellbeing and lives. The project was designed by siblings for siblings – a key ingredient of the success of the project.

This was an ambitious project delivered over a relatively short time frame. The work was evaluated by University College (London), with hope to publish further findings in due course. Initial findings show a noticeable increase in self-reported well-being before and after taking part in all three projects. The project was the first of its kind in the UK and we hope will help to develop models of support for sibling carers in the future.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2023

Achievements and performance (continued)

Adult sibling respite project (continued)

One of our retreat participants shared:

"We as Sibs have been overlooked our whole lives. We are so used to it and are so used to fighting for our siblings needs to be met that we have no energy or even the will to fight for our own. We are a forgotten sub-division in the care world. This retreat has genuinely been life changing and I pray that there will be more opportunities to be immersed in the company and joy of other siblings. My (simple human) needs were met this weekend and I cannot thank you enough."

Research

Sibs is committed to working with partners to ensure sibling focused research continues to be commissioned but also finding opportunities for broader research to include the voices and experiences of siblings. We have partnered on a number of different projects over the last year.

Mindful Together - a collaborative research project led by the University of Warwick, offering a mindfulness intervention and providing mentor and mentee opportunities for sibling carers.

Tired of Spinning Plates – an exploration of the mental health experiences of adults and/or older carers of adults with learning disabilities led by the University of Sheffield.

What about me? – a research project led by the University of Sheffield investigating the needs of people with learning disabilities on the margins of care and those who support them.

Adult Sibling Experiences of Psychotherapy – Sibs is supporting this small-scale study to further inform our CPD accredited training for therapists.

An Evidence Review - Adult siblings of people with intellectual disabilities and/or a diagnosis of autism - led by our Research Associate, Dr Nikita Hayden was published on our website this year.

A further paper from our adult sibling survey "Subjective poverty moderates the association between carer status and psychological outcomes of adult siblings of people with intellectual and developmental disabilities" was published in the *Journal of Autism and Developmental Disorders*.

Influencing policy and wider awareness raising

National Siblings Day is a global awareness day raising awareness of sibling relationships. In the UK, Sibs leads the day to raise awareness of the unique relationship between siblings and their disabled brothers and sisters. In 2022 this day fell on a Sunday during the Easter holidays. We had a reach of 10.1 million across social media, with our engagement up 80% on the previous year. Many siblings shared stories, photos and memories across our social media platforms. Our patron Jo Whiley, also featured in a double-page story in The Express, about her life experiences as a sibling to promote the day.

Sibs continues to work with sibling organisations around the world to share good practice and support the development of new sibling organisations. Following last year's international panel at a Carer's Conference a group of sibling organisations has come together to form a Community of Practice, of which Sibs is proud to be a member.

Consultation responses/campaigns

Sibs holds an important space within the voluntary sector to raise awareness of the needs of siblings. To this end, we are members of a number of carer networks, working to influence policy and practice. Where possible, we respond to key consultations to ensure that the sibling voice is included. For example, Sibs responded to the Children's Commissioner Family Review consultation and the Government's Call for Evidence on Mental Health Wellbeing Plan. Sibs has continued to support campaigns run by sector colleagues, such as the Let's Play Fair Campaign run by Scope and campaigns and reports published by Disabled Children's Partnership, including the recent #Failed and Forgotten report which published important statistics on the impact of life as a sibling of disabled children and young people.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2023

Achievements and performance (continued)

Charity Development

We have welcomed a new part-time member of staff to the team this year to lead an audit of young sibling groups in the UK, as well as providing wider administration support to our small team.

We have seen significant gains in our individual giving and community fundraising with siblings walking, running and cycling thousands of miles to support the work of our charity. Moving to the JustGiving donation platform has increased our profile and enabled easy access for individuals wanting to set fundraising targets. We have produced a new set of Christmas cards to support both awareness raising and donations to the charity. We are grateful to our patron, Jo Whiley for leading our first Christmas Appeal.

Future Plans

In line with the programme of work set by our Trustee Board, we will be developing a raft of new resources for schools which will be launched at our first conference for education professionals in autumn 2023. With the return of community events, we will begin work on developing new promotional materials for the charity to respond to increasing requests from professionals who want to highlight our work with siblings. We are planning our first in person open adult sibling event in 3 years, in October 2023, with grateful grant support from YHA given towards event costs.

Funding and support

We have been fortunate to build relationships with a number of funders who have now granted repeat funding to sustain our work with siblings. We are also delighted to work with academic partners, including two grants from the University of Sheffield to support our involvement in research studies.

We are grateful to all the donors who have funded Sibs work this year. We want to publicly thank the following:

Awards for All
Berkshire Carers Service
Carers Trust
Garfield Weston Foundation
Jeans for Genes
Marsh Charitable Trust
Pears Foundation
SJP Foundation
The True Colours Trust
University of Warwick
University of Sheffield

We are also very grateful to Sibs' supporters and volunteers who have given their time pro-bono to Sibs this year.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2023

Financial review

The net income for the year was £8,224, including net income of £13,662 on unrestricted funds and net expenditure of £5,438 on restricted funds after transfers.

The trustees have assessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £89,583.

The trustees recognise that the level of reserves at the 31st March 2023 is satisfactory to support current levels of expenditure.

The trustees have considered the reserves required to operate the charity have concluded that it would be prudent to maintain unrestricted funds to a level sufficient to fund six to nine months normal expenditure. Based on the 2022/23 accounts this equates to between £85,612 and £128,419.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2023

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

select suitable accounting policies and apply them consistently;

observe the methods and principles in the Charities SORP;

make judgements and estimates that are reasonable and prudent;

state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Approved by the board of trustees on

Signed: (Trustee)

Name:

Sibs - for brothers and sisters

Independent examiner's report to the trustees of Sibs - for brothers and sisters

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2023, which are set out on pages 11 to 18.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Name: Alan Dodd FCCA

Date:

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sibs - for brothers and sisters
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2023

	Notes	2023 Unrestricted funds £	2023 Restricted funds £	2023 Total funds £	2022 Total funds £
Income from:					
Grants and donations	(2)	57,814	103,664	161,478	102,574
External training		13,302	2,344	15,646	21,696
Sibs open workshop		591	-	591	200
Conference income		1,264	-	1,264	6,394
Bank interest		97	-	97	23
Sibs products		373	-	373	322
Total income		73,441	106,008	179,449	131,209
Expenditure on:					
Salaries, pensions and NIC	(3)	37,304	82,032	119,336	114,034
Freelance fees		7,585	1,950	9,535	9,122
Staff training		100	-	100	1,041
Staff travel		18	1,395	1,413	619
Accommodation and subsistence		330	786	1,116	551
Events for users		2,876	13,633	16,509	6,309
Office costs and equipment		2,864	958	3,822	4,693
Postage		62	798	860	618
Copying and stationery		1,155	589	1,744	3,746
Telecommunications and IT		642	5,663	6,305	4,622
Websites		-	1,908	1,908	4,882
Insurance		-	1,260	1,260	1,199
Payroll charges		660	-	660	630
Fundraising		1,461	474	1,935	3,418
Independent examination		1,039	-	1,039	780
Sundry expenses		772	-	772	866
DBS and human resources costs		932	-	932	196
Depreciation		1,979	-	1,979	1,980
Total expenditure		59,779	111,446	171,225	159,306
Net income / (expenditure)		13,662	(5,438)	8,224	(28,097)
Fund balances brought forward		75,921	10,497	86,418	114,515
Fund balances carried forward	(4)	89,583	5,059	94,642	86,418

All incoming resources and resources expended derive from continuing activities.

Sibs - for brothers and sisters

Balance sheet

as at 31 March 2023

		2023	2023	2023	2022
		Unrestricted	Restricted	Total	Total
		£	£	£	£
Fixed assets					
Tangible assets	(5)	-	-	-	1,979
Total fixed assets		<u>-</u>	<u>-</u>	<u>-</u>	<u>1,979</u>
Current assets					
Debtors and prepayments	(6)	4,796	1,803	6,599	2,696
Cash at bank		<u>87,740</u>	<u>3,256</u>	<u>90,996</u>	<u>82,523</u>
Total current assets		<u>92,536</u>	<u>5,059</u>	<u>97,595</u>	<u>85,219</u>
Current liabilities:					
amounts falling due within one year					
Creditors and accruals	(7)	2,953	-	2,953	780
Total current liabilities		<u>2,953</u>	<u>-</u>	<u>2,953</u>	<u>780</u>
Net current assets / (liabilities)		<u>89,583</u>	<u>5,059</u>	<u>94,642</u>	<u>84,439</u>
Net assets		<u>89,583</u>	<u>5,059</u>	<u>94,642</u>	<u>86,418</u>
Funds					
Unrestricted funds		89,583	-	89,583	75,921
Restricted funds		<u>-</u>	<u>5,059</u>	<u>5,059</u>	<u>10,497</u>
Total funds		<u>89,583</u>	<u>5,059</u>	<u>94,642</u>	<u>86,418</u>

For the year ending 31 March 2023 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on

Signed: (Trustee)

Name:

Sibs - for brothers and sisters

Notes to the accounts

for the year ended 31 March 2023

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, if it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Computer equipment: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Sibs - for brothers and sisters

Notes to the accounts

for the year ended 31 March 2023

1 Accounting policies continued

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2023

2 Grants and donations	2023	2023	2023	2022
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Carers Trust	-	21,500	21,500	-
Garfield Weston	15,000	-	15,000	-
Jeans for Genes	-	2,500	2,500	-
Marsh Charitable Trust	500	-	500	-
National Lottery	-	9,750	9,750	-
Pears Foundation	20,000	-	20,000	20,000
St James's Place (SJP) Charitable Foundation	-	5,000	5,000	2,500
The True Colours Trust	-	60,914	60,914	57,759
University of Warwick	-	4,000	4,000	-
Anton Jurgens Charitable Trust	-	-	-	5,000
GW Pharma Limited	-	-	-	2,300
Seeability	-	-	-	1,720
Other donations	22,314	-	22,314	13,295
	<u>57,814</u>	<u>103,664</u>	<u>161,478</u>	<u>102,574</u>

3 Staff costs and numbers	2023	2022
	£	£
Gross salaries	111,218	105,568
Social security costs	10,417	9,691
Employment allowance	(5,000)	(4,000)
Pensions	2,701	2,775
	<u>119,336</u>	<u>114,034</u>

The average number of employees during the year was 4.5, being an average of 3.2 full time equivalent (2022: 4, 3 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2023	2022
	£	£
Costs of the scheme to the charity for the year	2,701	2,775

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2023

4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Berkshire Carers	130	-	-	-	130
Carers Trust	-	21,500	21,500	-	-
G W Pharma Ltd	2,300	-	2,300	-	-
Jeans for Genes	-	2,500	-	-	2,500
Anton Jurgens Charitable Trust	5,000	-	5,000	-	-
National Lottery Fund	-	9,750	9,750	-	-
Seeability	500	-	500	-	-
SJP Charitable Foundation	-	5,000	4,915	-	85
True Colours Trust 1674	2,567	60,914	63,481	-	-
University of Sheffield	-	2,344	-	-	2,344
University of Warwick	-	4,000	4,000	-	-
	<u>10,497</u>	<u>106,008</u>	<u>111,446</u>	<u>-</u>	<u>5,059</u>

Fund name	Purpose of restriction
Berkshire Carers	Adult sibling carers of people with learning disabilities and/or autism in Berkshire.
Carers Trust	Adult Sibling Respite Project which will offer a unique and timely view of what forms of respite are effective for siblings of autistic people.
G W Pharma Ltd	To develop the directory of information for young siblings concerning epilepsy conditions on the charity's website.
Jeans for Genes	to fund the following elements of your young sibling work: (2) Spotlight Blog and (3) extend information on genetic conditions in your Young Sibs Directory.
Anton Jurgens Charitable Trust	To support adult siblings work.
National Lottery Fund	Sibling support project.
Seeability	To enable siblings of people with learning disabilities and autism to benefit from access to digital technologies.
SJP Charitable Foundation	To support the siblings of disabled children aged 7-17.
True Colours Trust 1674	To support the costs of the charity's CEO, young siblings work and website maintenance.
University of Sheffield	To support the project entitled 'Tired of spinning plates'.
University of Warwick	Sibs partnership in the Mindful Together project.

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2023

5 Tangible assets

	Computer Equipment	Total
<u>Cost</u>	£	£
At 1 April 2022	5,939	5,939
Additions	-	-
Disposals	-	-
At 31 March 2023	<u>5,939</u>	<u>5,939</u>
<u>Depreciation</u>		
At 1 April 2022	3,960	3,960
Depn reversed re. disposals	-	-
Charge for year	<u>1,979</u>	<u>1,979</u>
At 31 March 2023	<u>5,939</u>	<u>5,939</u>
<u>Net book value</u>		
At 31 March 2023	<u>-</u>	<u>-</u>
At 31 March 2022	<u>1,979</u>	<u>1,979</u>

6 Debtors and prepayments

	2023	2022
	£	£
Debtors	3,179	-
Prepayments	<u>3,420</u>	<u>2,696</u>
	<u>6,599</u>	<u>2,696</u>

7 Creditors and accruals

	2023	2022
	£	£
Accruals	1,113	780
Deferred income (see note below for analysis)	<u>1,840</u>	<u>-</u>
	<u>2,953</u>	<u>780</u>

Deferred income

	Deferred to next year	Released from last year
	£	£
External training	<u>1,840</u>	<u>-</u>
	<u>1,840</u>	<u>-</u>

Item name

External training

Reason for deferral

Income received in advance of delivery in 2023/24

8 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £54,667 (previous year: £52,203).

Sibs - for brothers and sisters

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2023

	2023 Unrestricted funds £	2022 Unrestricted funds £	2023 Restricted funds £	2022 Restricted funds £	2023 Total funds £	2022 Total funds £
Income						
Grants and donations	57,814	34,015	103,664	68,559	161,478	102,574
External training	13,302	21,696	2,344	-	15,646	21,696
Sibs open workshop	591	200	-	-	591	200
Conference income	1,264	6,394	-	-	1,264	6,394
Bank interest	97	23	-	-	97	23
Sibs products	373	322	-	-	373	322
Total income	73,441	62,650	106,008	68,559	179,449	131,209
Expenditure						
Salaries, pensions and NIC	37,304	56,289	82,032	57,745	119,336	114,034
Freelance fees	7,585	9,122	1,950	-	9,535	9,122
Staff training	100	1,041	-	-	100	1,041
Staff travel	18	-	1,395	619	1,413	619
Accommodation and subsistence	330	551	786	-	1,116	551
Events for users	2,876	5,808	13,633	501	16,509	6,309
Office costs and equipment	2,864	2,520	958	2,173	3,822	4,693
Postage	62	145	798	473	860	618
Copying and stationery	1,155	2,606	589	1,140	1,744	3,746
Telecommunications and IT	642	174	5,663	4,448	6,305	4,622
Websites	-	-	1,908	4,882	1,908	4,882
Insurance	-	-	1,260	1,199	1,260	1,199
Payroll charges	660	630	-	-	660	630
Fundraising	1,461	2,956	474	462	1,935	3,418
Independent examination	1,039	780	-	-	1,039	780
Sundry expenses	772	824	-	42	772	866
DBS and human resources costs	932	-	-	196	932	196
Depreciation	1,979	1,980	-	-	1,979	1,980
Total expenditure	59,779	85,426	111,446	73,880	171,225	159,306
Net income / (expenditure)	13,662	(22,776)	(5,438)	(5,321)	8,224	(28,097)
Fund balances brought forward	75,921	98,697	10,497	15,818	86,418	114,515
Fund balances carried forward	89,583	75,921	5,059	10,497	94,642	86,418

Accounts

Sibs - for brothers and sisters

Charity number 1145200

A company limited by guarantee number 07834303

Annual Report and Financial Statements for the year ended 31 March 2022

Sibs

**For brothers and sisters
of disabled children and adults**



West Yorkshire Community Accounting Service

Sibs - for brothers and sisters

Annual Report and Financial Statements for the year ended 31 March 2022

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Prepared by West Yorkshire Community Accountancy Service CIO

Sibs - for brothers and sisters

Trustees' report for the year ended 31 March 2022

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Saba Salman	Chair	
Sara Wheeler		
Charlie Simpson		
Carol McBride		
Jackie Howes	Vice Chair	
Georgia Pavlopoulou		
Claire Tibble	Treasurer	
Charity number	1145200	Registered in England and Wales
Company number	07834303	Registered in England and Wales

Registered and principal address

26 Mallard View
Oxenhope
Keighley
West Yorkshire
BD22 9JZ

Bankers

The Co-Operative Bank
PO Box 101
1 Balloon Street
Manchester
M60 4EP

Independent examiner

Rhys North ACA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a company limited by guarantee and was formed on 3 November 2011. It is governed by a memorandum and articles of association. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2022

Objectives and activities

The charity's objects

To relieve the distress experienced by people who grow up with a brother or sister with special needs or disability (hereinafter referred to as siblings) with the object of improving their quality of life; the advancement of the education of professional workers, policy makers, service providers and the general public into the needs of siblings; the promotion of research and models of good practice in sibling support and to disseminate the useful results thereof.

The charity's main activities

Sibs provides information and support by phone, email, online resources, written resources, workshops and conferences for young siblings, adult siblings and parents and carers of young siblings. Sibs works with any professionals and service providers to influence them to provide services to siblings, and to enhance their skills in supporting siblings. We provide them with training, consultancy, phone, email and online information on developing and delivering sibling support. We raise awareness of sibling issues through presentations and the media. Sibs works with researchers, practitioners and siblings to find out about the needs of siblings and collect evidence of best practice in sibling support.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit. The issues affecting siblings and their families are found throughout the population. Sibs' services and resources are available to any member of the public who needs information and support with a sibling issue. Through our education and policy work we attempt to raise the awareness of sibling issues amongst the general public. Through our development of best practice we aim to enhance our resources and services. All our findings are available to members of the public, service providers, siblings and their families.

Achievements and performance

Direct support to young siblings

YoungSibs Service

Direct support to young siblings through YoungSibs

Siblings aged 7-17 continue to be supported through our YoungSibs online information service. The YoungSibs website has received 6,175 unique visits from within the UK from April 2021 to February 2022. During February 2022 the Young Sibs site was merged with the main Sibs website to better support siblings as they navigate from child to adult support, providing a one-stop shop for all sibling related issues. Young siblings can request advice from a Sibs Advisor from the Young Sibs pages. Typical requests included:

"Does your sibling get better over time? What can I do to help my sibling? How do I support her best?"

"I love my brother so much and I would help him at any cost. What can I do when he has a focal seizure or a grand mal seizure? We try to play together but he gets annoyed if I don't play by his rules. How can I play with him without arguing?"

The monthly mini-blog *Spotlight on sibling issues* for young siblings have continued to be successful. We continually strive to find ways of co-producing our information with young siblings. Oscar, a young sibling, wrote one of our blog posts on mental health.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance continued

Events for young siblings

Sibs reached an important milestone birthday, turning 20 in 2021. With the ongoing challenges of the pandemic, we wanted to find a safe way to celebrate our work with young siblings. We partnered with Over the Wall charity to hold a virtual camp for siblings and their families. 52 families signed up for the camp. Siblings were sent boxes containing the materials for the day, including games, activities and art materials.

"Thank you for a wonderful day for all the family. A great way to all get involved in activities that are suited to everyone. We felt very included and all the staff were lovely and friendly. The box was amazing and everything in it was great. We've been looking forward to camp in the cloud for a few weeks and it did not disappoint."

"AMAZING, thank you all so much, it really was lovely seeing my daughters enjoy a range of activities together."

Last year we ran online art sessions for young siblings to celebrate both National Siblings Day and the festive season. 129 young siblings aged 4-17 received art packs with all the materials to join in with sessions or complete artwork independently. These provided siblings with not only an opportunity to take part in a fun activity with other young siblings, but also facilitated precious 1:1 time with parents and adult carers to help them complete their art and craft work.

"The lady hosting the event on zoom was absolutely amazing. M has done other activities on zoom via Brownies, school and SYC and has really struggled to keep up with instructions and has often been overlooked in such sessions and come away feeling upset and anxious having not managed to complete the activity at all. The way the children were instructed and given the confidence to say if they were stuck on a stage of the activity, and the patience afforded them in doing so, is really commendable. She came away excited to show us what she had achieved and was really happy and proud. Thank you so much!"

"My daughter loved it, she said it was nice there was something for her to do on her own rather than it being aimed at, or in conjunction, with her brother."

Training and awareness raising with parents and professionals

We responded to parents' requests by email on how they can support young siblings. We have also continued to help parents to advocate for siblings and ensure they receive much needed support. We have continued to respond to family requests to help with school appeals and we also supported a parent whose sibling teenager was struggling to receive help in college. With our support, her support hours were doubled.

We are continuing to work to ensure Sibs is listed in Local Offer information for parents in England.

This year we ran 22 online workshops for parents and presented at 3 conferences. We have also designed a new workshop on sibling rivalry in response to parents wanting help in finding positive ways for their children to interact. Through our workshops and email support, 366 parents have improved skills in supporting young siblings.

"It was brilliant to get some new ideas and realise bits where I am going wrong"

"It was really great & friendly. I hadn't realised there's a website for YoungSibs. I hadn't realised Sibs is something that could be helpful as she grows up & when she's an adult sibling."

We ran 10 training days for professionals on how to run a sibling group for young siblings. 112 professionals are now equipped to offer local sibling support. We have also trained 28 professionals in our Sibs Talk primary school intervention. Through our range of professional support, we have provided training and information for 782 professionals across the education, health and social care sectors. This is a 44% increase in support to professionals as compared with last year.

In November, Sibs hosted its second online conference for professionals with a focus on the rights of siblings, opened by Sir Ed Davey MP. 91 professionals attended and 100% of attendees rated presentations as very high quality/high quality. The legal session with Barrister Steve Broach ranked as the most useful.

"It was inspiring and thought provoking, it has enabled me to start actioning planning for what our service can offer for siblings"

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance continued

Training and awareness raising with parents and professionals continued

Our website use continues to grow with 38,146 unique users from the UK over the last year (and 60,601 users globally). Our social media following is continuing to make gains, with 9,305 followers on Twitter and 8,830 on Facebook. We have seen a 24% growth over the year on Facebook alone. Our Instagram page now has 1,338 followers and 335 followers on LinkedIn. We are seeing more engagement from younger followers particularly on Instagram.

Direct support to adult siblings

SibsNetworkUK

We held two online facilitator training sessions in January where 10 new adult sibling group facilitators were trained. Interest from adult siblings wanting to join groups has grown this year, with a total of 386 attendances across all groups. All adult sibling support groups are now pan disability and all facilitators are formal volunteers for Sibs. 22 adult sibling peer support groups are now established in the UK with geographical groups now working alongside issue-based groups. A men's group, a shielding group and a group for siblings who have two or more disabled brothers or sisters are all up and running.

Adult sibling support

We continued to support adult siblings through support email responses – this year receiving 110 separate enquiries.

"You came up with some very useful suggestions and contacts and such a lovely and full response to my email. You have given me hope – thank you so much."

"Frances responded quickly with an email that I felt fully acknowledged, understood and empathised with my situation. I felt validated and less alone. The information she provided was very clear, easy to understand and covered everything and more that I needed."

Our online programme of information and support sessions funded by Learning Disability England took place online during 2021. We invited in experts to support and provide new discussion topics. The most well attended session was Caring from a Distance. 289 bookings were received for the sessions. The information sheets prepared to accompany the sessions have been downloaded over 1,800 times.

"There was a lovely friendly atmosphere right from the start - I was made to feel really welcome. The speakers were very informative, and it was brilliant to have the chance to speak with other siblings in break-out groups."

Our Adult Sibling event took place online on 4th-5th February. This had a mix of informative sessions as well as some fun social sessions including clay pot making and laughter yoga. We were delighted to welcome author and founder of Siblings Australia, Kate Strohman, to present. 70 adult siblings attended over the weekend. As one adult sibling told us:

"Felt very included. Good mix of topics to dip in and out of. No pressure to attend everything, could easily join as wanted. I feel like Sibs is the community I never knew I belonged to, but now my eyes are finally opening up to a huge part of my life I've never properly recognised. It's very precious to not be opening this door on my own and Sibs is there by my side."

We have established a reader panel to support the co-production and development of information at Sibs. We are currently reviewing our online guides for adult siblings – over the last 2 years they have been downloaded over 13,000 times. We continue to develop new sibling case studies for our website, and we have just commenced a photography project to build a library of diverse sibling photos to accompany our work.

Creating Connections Project

Sibs has continued to be part of the Creating Connections Project for a second year. The project aims to build connections for disabled people in their communities and digitally – we have been working on helping siblings build better digital connections through workshops and information provision. Our online tutorials have been viewed 139 times.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2022

Achievements and performance continued

Research and Evaluation

Sibs is committed to supporting research into sibling issues. This year saw the first paper published by Dr Nikita Hayden from our Adult Sibling Survey work, highlighting the increased pressures facing adult sibling carers. We are also partnering on Mindful Together, a collaboration between Warwick University and voluntary sector organisations, funded by Pears Foundation, involving sibling carers in a mindfulness intervention. We are also involved in some early-stage bids on broader care topics, which will include the sibling perspective.

Influencing policy and wider awareness raising

National Siblings Day is a global awareness day raising awareness of sibling relationships. In the UK, Sibs leads the day to raise awareness of the unique relationship between siblings and their disabled brothers and sisters. We developed a dedicated web page with social assets and resources and supported two zoom art sessions for young siblings. This was our most successful awareness day yet, with a reach of 29 million on social media. The day provides a brilliant opportunity to share some positive sibling stories and celebrate the role of siblings. We received good support from our colleagues in the voluntary sector and considering the day fell on a weekend and at the beginning of school Easter holidays, we were thrilled with the interest and support. We were very pleased to have supported with a piece on CBBC's Newsround's programme and website.

We have worked to ensure that the profile of siblings in the media is increased. We were particularly pleased to have been involved in a sibling piece for Channel 4 News.

We were proud to launch our new film #20yearsofSibs with Jo Whiley as part of our birthday celebrations. The film gives an important introduction to what Sibs does and why and included clips from our sibling community. The film has received a very positive response, which has to date been viewed over 22,000 times. Alongside our first ever film, we also produced our first impact report "20 years of belonging".

Covid-19 and Siblings

Following on from our previous survey in the first lockdown, we felt it was important to investigate what further impacts the lockdown in 2021 had on siblings. We were able to collaborate with University College London to publish our Lonely Lockdown report, which again highlighted the likely long-term challenges facing young siblings. We are pleased that the report has played an important role in raising the profile of siblings and the particular challenges siblings face. Scottish government have referred to it in their summary of Covid-19 evidence and the Department for Education advised that it was one of the documents that formed part of their early thinking for the newly launched Respite Innovation Fund.

We have been concerned in the last year that many siblings are continuing to shield due to the health needs of their brothers and sisters. To establish further evidence, we ran a survey on shielding last summer, which indicated the serious impact this was having on the lives of both young and adult siblings. As a result, we set up an 8-week mindfulness course for shielding adult siblings to support their wellbeing.

"I'm very grateful to have the opportunity to do this course. It's impressive that Sibs have offered this course to shielders - it has been a very thoughtful move. We are extremely grateful that you have provided it for us."

Charity development

We have tackled two new major infrastructure projects for the charity – the merging of our two websites and procuring a database. These have taken considerable staff time but are crucial for the charity's long-term sustainability and growth. We have been able to extend the team hours by 7 per week, which for our small staff team has been crucial in supporting our core activities.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2022

Future Plans

Our training and workshop offer has rapidly increased over the last 2 years, and we need to review how this works as recovery continues. We would also like to revisit our Sibs Talk school intervention and are in the early stages of planning a conference for the education sector in the coming year. We also hope to recruit a temporary position to help take our database work forward. We also have some exciting work with adult siblings ahead in a respite for siblings project funded by Carers Trust.

"I just wanted to say how much I love Sibs and how crucial you are. I'm 40 and my heart still breaks over how hard it was growing up. If I'd had sibs as a child my adult life would have been less troubled but I'm so grateful for everything sibs does. Keep up the good work xxxxx"

Funding and support

We are continuing to try to build relationships with new funders – this year receiving funding from a number of new grant-making partners. We are also seeing a promising increase in individual giving, with a number of individuals undertaking fundraising challenges for the charity.

We are grateful to all the donors who have funded Sibs work this year. We want to publicly thank the following:

Anton Jurgens Charitable Trust
GW Pharma Limited
Pears Foundation
Seeability Creating Connections Programme
St James's Place Charitable Foundation
The True Colours Trust

Financial review

The net expenditure for the year was £28,097, including net expenditure of £22,776 on unrestricted funds and net expenditure of £5,321 on restricted funds.

The trustees have assessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £73,942.

The trustees recognise that the level of reserves at the 31st March 2022 falls slightly below those required to support current levels of expenditure, due to anticipated costs of a new database and wellbeing activities as part of our planned programme of work.

The trustees have considered the reserves required to operate the charity and have concluded that it would be prudent to maintain unrestricted funds to a level sufficient to fund six to nine months normal expenditure. Based on the 2021/2022 accounts this equates to £79,653 to £119,480. Over the coming 12 months efforts will continue to secure further unrestricted income to support core activity.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2022

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees on 9/7/2022

Saba Salman (Trustee)

Sibs - for brothers and sisters

Independent examiner's report to the trustees of Sibs - for brothers and sisters

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2022, which are set out on pages 10 to 16.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Rhys North ACA

18/7/2022

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sibs - for brothers and sisters
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 31 March 2022

	Notes	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Income from:					
Grants and donations	(2)	34,015	68,559	102,574	127,646
External training		21,696	-	21,696	8,177
Sibs open workshop		200	-	200	325
Conference income		6,394	-	6,394	8,936
Bank interest		23	-	23	276
Sibs products		322	-	322	226
Total income		62,650	68,559	131,209	145,586
Expenditure on:					
Salaries, pensions and NIC	(3)	56,289	57,745	114,034	97,563
Freelance fees		9,122	-	9,122	930
Staff training		1,041	-	1,041	106
Staff travel		-	619	619	23
Accommodation and subsistence		551	-	551	-
Events for users		5,808	501	6,309	972
Office costs and equipment		2,520	2,173	4,693	5,023
Postage		145	473	618	266
Copying and stationery		2,606	1,140	3,746	1,152
Telecommunications and IT		174	4,448	4,622	4,641
Websites		-	4,882	4,882	2,468
Insurance		-	1,199	1,199	1,279
Payroll charges		630	-	630	630
Fundraising		2,956	462	3,418	2,750
Conference costs		-	-	-	621
Independent examination		780	-	780	600
Evaluation and research		-	-	-	1,200
Sundry expenses		824	42	866	583
DBS checks		-	196	196	33
Depreciation		1,980	-	1,980	1,980
Total expenditure		85,426	73,880	159,306	122,820
Net income / (expenditure)		(22,776)	(5,321)	(28,097)	22,766
Fund balances brought forward		98,697	15,818	114,515	91,749
Fund balances carried forward	(4)	75,921	10,497	86,418	114,515

All incoming resources and resources expended derive from continuing activities.

Sibs - for brothers and sisters

Balance sheet

as at 31 March 2022

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Fixed assets				
Tangible assets	(5) 1,979	-	1,979	3,959
Total fixed assets	<u>1,979</u>	<u>-</u>	<u>1,979</u>	<u>3,959</u>
Current assets				
Debtors and prepayments	(6) 2,696	-	2,696	625
Cash at bank	72,026	10,497	82,523	133,804
Total current assets	<u>74,722</u>	<u>10,497</u>	<u>85,219</u>	<u>134,429</u>
Current liabilities:				
amounts falling due within one year				
Creditors and accruals	(7) 780	-	780	23,873
Total current liabilities	<u>780</u>	<u>-</u>	<u>780</u>	<u>23,873</u>
Net current assets / (liabilities)	<u>73,942</u>	<u>10,497</u>	<u>84,439</u>	<u>110,556</u>
Total assets less current liabilities	<u>75,921</u>	<u>10,497</u>	<u>86,418</u>	<u>114,515</u>
Net assets	<u>75,921</u>	<u>10,497</u>	<u>86,418</u>	<u>114,515</u>
Funds				
Unrestricted funds	75,921	-	75,921	98,697
Restricted funds	-	10,497	10,497	15,818
Total funds	<u>75,921</u>	<u>10,497</u>	<u>86,418</u>	<u>114,515</u>

For the year ending 31 March 2022 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 9/7/2022

Saba Salman (Trustee)

Sibs - for brothers and sisters

Notes to the accounts

for the year ended 31 March 2022

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Computer equipment: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Sibs - for brothers and sisters

Notes to the accounts continued

for the year ended 31 March 2022

1 Accounting policies continued

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

2 Grants and donations

	2022	2022	2022	2021
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Anton Jurgens Charitable Trust	-	5,000	5,000	-
GW Pharma Limited	-	2,300	2,300	-
Pears Foundation	20,000	-	20,000	-
Seeability	720	1,000	1,720	2,000
St James's Place (SJP) Charitable Foundation	-	2,500	2,500	-
The True Colours Trust	-	57,759	57,759	61,284
Charities Aid Foundation	-	-	-	13,816
Department of Work and Pensions	-	-	-	3,028
Garfield Weston Foundation	-	-	-	15,000
Genetic Disorders UK	-	-	-	3,417
Learning Disability England	-	-	-	4,702
Persimmon Homes	-	-	-	5,000
The National Lottery Community Fund	-	-	-	9,465
Other donations	13,295	-	13,295	9,934
	<u>34,015</u>	<u>68,559</u>	<u>102,574</u>	<u>127,646</u>

3 Staff costs and numbers

	2022	2021
	£	£
Gross salaries	105,568	90,979
Social security costs	9,691	8,121
Employment allowance	(4,000)	(4,000)
Pensions	<u>2,775</u>	<u>2,463</u>
	<u>114,034</u>	<u>97,563</u>

The average number of employees during the year was 4, being an average of 3 full time equivalent (2021: 4, 2.8 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme

	2022	2021
	£	£
Costs of the scheme to the charity for the year	2,775	2,463

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2022

4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Berkshire Carers	151	-	21	-	130
Learning Disability England	4,702	-	4,702	-	-
True Colours Trust 1504	3,428	-	-	(3,428)	-
True Colours Trust 1549	221	-	221	-	-
True Colours Trust 1617	7,316	-	5,960	(1,356)	-
True Colours Trust 1674	-	57,759	59,976	4,784	2,567
GW Pharma Limited	-	2,300	-	-	2,300
Anton Jurgens Charitable Trust	-	5,000	-	-	5,000
Seeability	-	1,000	500	-	500
SJP Charitable Foundation	-	2,500	2,500	-	-
	<u>15,818</u>	<u>68,559</u>	<u>73,880</u>	<u>-</u>	<u>10,497</u>

Fund name	Purpose of restriction
Berkshire Carers	Adult sibling carers of people with learning disabilities and/or autism in Berkshire.
Learning Disability England	To support carers of adult siblings with a learning disability.
True Colours Trust 1504	Salary costs of CEO. The balance on this fund was transferred to the True Colours Trust 1674 fund in agreement with the funder.
True Colours Trust 1549	Updating and maintaining IT systems.
True Colours Trust 1617	Office, travel and website costs. The balance on this fund was transferred to the True Colours Trust 1674 fund in agreement with the funder.
True Colours Trust 1674	To support the costs of the charity's CEO, young siblings work and website maintenance. The transfer is concerning unspent monies from the True Colour Trust 1504/1617 funds as agreed by the funder.
GW Pharma Limited	To develop the directory of information for young siblings concerning epilepsy conditions on the charity's website.
Anton Jurgens Charitable Trust	To support adult siblings work.
Seeability	To enable siblings of people with learning disabilities and autism to benefit from access to digital technologies.
SJP Charitable Foundation	To support the siblings of disabled children aged 7-17.

5 Tangible assets	Computer Equipment	Total
<u>Cost</u>	£	£
At 1 April 2021	5,939	5,939
Additions	-	-
At 31 March 2022	<u>5,939</u>	<u>5,939</u>
 <u>Depreciation</u>		
At 1 April 2021	1,980	1,980
Charge for year	<u>1,980</u>	<u>1,980</u>
At 31 March 2022	<u>3,960</u>	<u>3,960</u>
 <u>Net book value</u>		
At 31 March 2022	<u>1,979</u>	<u>1,979</u>
 At 31 March 2021	<u>3,959</u>	<u>3,959</u>

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2022

6 Debtors and prepayments	2022	2021
	£	£
Debtors	-	625
Prepayments	2,696	-
	<u>2,696</u>	<u>625</u>

7 Creditors and accruals	2022	2021
	£	£
Creditors	-	630
Accruals	780	600
Deferred income (see note below for analysis)	-	20,000
Taxation and social security	-	1,983
Other creditors	-	660
	<u>780</u>	<u>23,873</u>

Deferred income	Released from last year	Deferred to next year
	£	£
Pears Foundation	20,000	-
	<u>20,000</u>	<u>-</u>

Item name	Reason for deferral
Pears Foundation	Funding received in March 2021 was for 2021/2022 financial year.

8 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The key management personnel of the charity include the trustees and Chief Officer. The total employee benefits received were £52,203 (previous year: £46,254).

No trustee received any remuneration or benefit in this capacity during this or the previous year.

Sibs - for brothers and sisters

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2022

	2022 Unrestricted funds £	2021 Unrestricted funds £	2022 Restricted funds £	2021 Restricted funds £	2022 Total funds £	2021 Total funds £
Income						
Grants and donations	34,015	33,351	68,559	94,295	102,574	127,646
External training	21,696	8,177	-	-	21,696	8,177
Sibs open workshop	200	325	-	-	200	325
Conference income	6,394	8,936	-	-	6,394	8,936
Bank interest	23	276	-	-	23	276
Sibs products	322	226	-	-	322	226
Total income	62,650	51,291	68,559	94,295	131,209	145,586
Expenditure						
Salaries, pensions and NIC	56,289	8,052	57,745	89,511	114,034	97,563
Freelance fees	9,122	460	-	470	9,122	930
Staff training	1,041	50	-	56	1,041	106
Staff travel	-	-	619	23	619	23
Accommodation and subsistence	551	-	-	-	551	-
Events for users	5,808	558	501	414	6,309	972
Office costs and equipment	2,520	139	2,173	4,884	4,693	5,023
Postage	145	3	473	263	618	266
Copying and stationery	2,606	185	1,140	967	3,746	1,152
Telecommunications and IT	174	4	4,448	4,637	4,622	4,641
Websites	-	-	4,882	2,468	4,882	2,468
Insurance	-	-	1,199	1,279	1,199	1,279
Payroll charges	630	-	-	630	630	630
Fundraising	2,956	2,750	462	-	3,418	2,750
Conference costs	-	621	-	-	-	621
Independent examination	780	600	-	-	780	600
Evaluation and research	-	1,200	-	-	-	1,200
Sundry expenses	824	311	42	272	866	583
DBS checks	-	-	196	33	196	33
Depreciation	1,980	1,980	-	-	1,980	1,980
Total expenditure	85,426	16,913	73,880	105,907	159,306	122,820
Net income / (expenditure)	(22,776)	34,378	(5,321)	(11,612)	(28,097)	22,766
Transfers between funds	-	5,938	-	(5,938)	-	-
Net movement in funds	(22,776)	40,316	(5,321)	(17,550)	(28,097)	22,766
Fund balances brought forward	98,697	58,381	15,818	33,368	114,515	91,749
Fund balances carried forward	75,921	98,697	10,497	15,818	86,418	114,515

Accounts

Sibs - for brothers and sisters

Charity number 1145200

A company limited by guarantee number 07834303

Annual Report and Financial Statements for the year ended 31 March 2021

Sibs

**For brothers and sisters
of disabled children and adults**

Sibs - for brothers and sisters

Annual Report and Financial Statements for the year ended 31 March 2021

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Prepared by West Yorkshire Community Accounting Service

Sibs - for brothers and sisters

Trustees' report for the year ended 31 March 2021

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Simon Everest	Chair	Resigned 18 July 2020
Saba Salman	Chair from 18 July 2020	
Sara Wheeler		
Roger Fielding		Resigned 25 April 2020
Charlie Simpson		
Carol McBride		
Jackie Howes	Vice-Chair from 18 July 2020	
Georgia Pavlopoulou		
Allie Stewart		Deceased 26 August 2020
Claire Tibble	Treasurer	

Charity number 1145200 Registered in England and Wales

Company number 07834303 Registered in England and Wales

Registered and principal address

26 Mallard View
Oxenhope
Keighley
West Yorkshire
BD22 9JZ

Bankers

The Co-Operative Bank
PO Box 101
1 Balloon Street
Manchester
M60 4EP

Independent examiner

Rhys North ACA

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a company limited by guarantee and was formed on 3 November 2011. It is governed by a memorandum and articles of association. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £10.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2021

Objectives and activities

The charity's objects

To relieve the distress experienced by people who grow up with a brother or sister with special needs or disability (hereinafter referred to as siblings) with the object of improving their quality of life; the advancement of the education of professional workers, policy makers, service providers and the general public into the needs of siblings; the promotion of research and models of good practice in sibling support and to disseminate the useful results thereof.

The charity's main activities

Sibs provides information and support by phone, email, online resources, written resources, workshops and conferences for young siblings, adult siblings and parents and carers of young siblings. Sibs works with any professionals and service providers to influence them to provide services to siblings, and to enhance their skills in supporting siblings. We provide them with training, consultancy, phone, email and online information on developing and delivering sibling support. We raise awareness of sibling issues through presentations and the media. Sibs works with researchers, practitioners and siblings to find out about the needs of siblings and collect evidence of best practice in sibling support.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit. The issues affecting siblings and their families are found throughout the population. Sibs' services and resources are available to any member of the public who needs information and support with a sibling issue. Through our education and policy work we attempt to raise the awareness of sibling issues amongst the general public. Through our development of best practice we aim to enhance our resources and services. All our findings are available to members of the public, service providers, siblings and their families.

Achievements and performance

Direct support to young siblings

YoungSibs Service

We have continued to support young siblings aged 7-17 through our YoungSibs online support service. The YoungSibs website has received 8,622 unique visits from within the UK during this reporting period. Young siblings can request advice from a Sibs Advisor from the site. Typical requests included:

"How can I help my brother deal with his autism and how can I help him calm down?"

"What do I do if I'm constantly feeling annoyed around my sister everyday?"

Also, what do I do to get some privacy from her sometimes? Please answer."

We know that tailored responses to these questions are important to young siblings. Here is what one young sibling told us:

"Dear Linda, Thank you for your email I am really really happy now I can play with my brother nicely! I love my brother thank you. I have an emergency plan and I know that it's my mum and dads job"

We have developed monthly mini-blogs for young siblings on key topics such as talking about disability, staying safe and tips for mental health. We have developed a number of graphic illustrations/videos to use on our social media channels to engage more with younger siblings. Last summer saw the launch of our Instagram page and we have more recently launched our YouTube channel, which we hope to develop further over the coming year

We responded to parents' requests by email on how they can support young siblings. We are continuing to work to ensure Sibs is listed in Local Offer information for parents in England.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2021

Achievements and performance continued

Training and awareness raising with parents and professionals

This year we ran 27 online workshops for parents and presented at 2 conferences. Through our workshops and email support, 539 parents have improved skills in supporting young siblings.

"Yes very useful. Good in giving you ideas. Interesting to hear from The CEO ... a 'sibling' herself" Workshop attendee

We ran a training day for professionals on how to run a sibling group for young siblings. Through our range of professional support, we have provided training and information for 540 professionals across the education, health and social care sectors.

In November, SibS hosted its first online conference for professionals on models of young sibling support. We were able to offer a wide range of presentations from experts working in the field of sibling support and research. 104 delegates attended. Feedback from delegates included:

"It was a great conference and I loved being able to attend virtually, usually when these kind of events are held I am unable to travel so this was perfect."

"It was one of the best conferences I have ever attended. I was and still am so inspired by it!"

Our website continues to attract interest, with 34,913 unique users from the UK – up 23% from previous year (and 51,301 unique users globally). Our social media following is continuing to make gains, with 8,630 followers on Twitter and 7,076 on Facebook. We also have launched an Instagram page this year and are building our network on LinkedIn.

Direct support to adult siblings

SibsNetworkUK

We held two online facilitator training sessions in January where 8 new adult sibling group facilitators were trained. 17 adult sibling groups are now established including a national online support group and a bereavement support group, with a total of 205 attendances across all groups.

Adult sibling support

We continued to support adult siblings through support phone calls and emails– this year receiving 142 separate enquiries. We created a new section on the website to provide information to adult siblings related to Covid-19 – updated regularly to include any new guidance.

Sibs eBook on self-care for adult siblings was published in Carers Week 2020. So far over 700 copies have been downloaded. With funding from the National Lottery Community Fund, we have now also been able to print copies to distribute.

"Thank you for acknowledging the role of adult sibling carers. Although I will always care for my sister I didn't truly acknowledge that this is and should be a valued role in society - once I stopped being a 'young carer' I didn't feel like I could use the term 'carer' since I don't live in the same home and have moved on with my own life. You have validated the role and allowed me to acknowledge that my experience is different from a lot of people including my friends and partner but that it's also a huge strength. I hope other people who aren't in a carer role, and relevant services, can benefit from reading this book, as much as adult sibling carers can."

Feedback from adult sibling

With new funding from the National Lottery Community Fund, we held 8 peer support sessions plus a legal information session in autumn 2020. 99 adult siblings booked onto one or more sessions. Of those, 25% were new to SibS.

"The group on this session was really well matched, it just worked. It was really reassuring and validating to talk about the difficulties we have in communicating with our parents about our sibling experiences and about the care of our siblings and future planning. I have felt quite alone about this in the past, as though its only my parents, but after tonight I know I'm definitely not alone nor the only one who hits a 'brick wall' with their parents. Thank you." Talking to parents, workshop attendee.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2021

Achievements and performance continued

Creating Connections Project

Sibs is part of a new project funded by the National Lottery's Coronavirus Community Support Fund and The Office for Civil Society, co-ordinated by Seeability. The project aims to build connections for disabled people in their communities and digitally – we have been working on helping siblings build better digital connections through a workshop and information provision.

"I wasn't sure if the app would be suitable for my sister but seeing all the features during the session I was able to create something that was really suited to her interests and access needs. It was lovely to feel like I am able to do something for my sister even though we're apart at the moment." Workshop attendee

Research and Evaluation

Sibs is committed to supporting research into sibling issues. Research in Developmental Disabilities journal have published a special issue on sibling relationships in developmental disabilities. We are hosting the summaries on the Sibs' website. We have also worked with University College London and The Sleep Charity on a piece of research on siblings, sleep and loneliness. Sibs has also participated in an international research piece comparing sibling support models around the globe. We look forward to further collaboration with our Research Associate, Dr Nikita Hayden, in releasing results from our adult sibling survey.

This year Sibs also published two important reports on the impact of Covid-19 on siblings of disabled children – 'Life in Lockdown' was published in May 2020 and our follow up report 'Lonely Lockdown' was a collaboration with University College London. The reports highlighted the devastating impact the pandemic has had on young siblings of disabled children with 81% parents reporting worsened mental health for their sibling child/children. The reports have been well received and we will continue to work to ensure that siblings are part of the national recovery plan.

Consultations

Sibs has been involved in a consultation with researchers from Royal Holloway University on behalf of the Department for Digital, Media, Culture and Sport. This was to explore the challenges faced by siblings who needed to prove their identity when supporting their disabled brother or sister. The resulting report, "Digital Identity – Ground-up Perspectives" states:

"The work of siblings should be valued and treated with respect and dignity - not with suspicion. Technologies or intermediary supported technologies should be better at differentiating between malicious and benign motivations."

Sibs have also been involved in a consultation with a digital sociologist at the Ministry of Justice on a project to modernise Lasting Power of Attorney.

Influencing policy and wider awareness raising

National Siblings Day is a global awareness day and as a charity we wanted to harness the day to promote the unique relationship of siblings who have a disabled brother or sister. The day generated a great deal of social media interest, with many siblings sharing their personal stories. This resulted in the busiest day recorded for the charity, on social media.

We have also increased our partnership working and visibility by working with our colleagues in the voluntary sector. These have included: being involved in a podcast with Ann Craft Trust on safeguarding and siblings; working with Epilepsy Action on sibling information; hosting a social media Q&A for Clic Sargent on the needs of siblings whose brother or sister has cancer and appearing on Mencap's Community Forum as the expert on sibling issues.

We have worked to ensure that the profile of siblings in the media is increased. We have had features in The Sun, Education Today, The Independent, The Mirror and Sunday Times. We have also worked with producers working on two new TV dramas featuring siblings.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2021

Achievements and performance continued

Direct support to young siblings

Charity development

We were thrilled to announce in January that Jo Whiley has become our charity patron. Jo is an adult sibling and Radio and TV presenter. We have seen an increase in our followers and interest in the sibling perspective, as a direct result of Jo's support of our work.

Simon Everest decided to step down as Chair and Trustee after 10 years. We are pleased that Simon will remain as Sibs' President. Saba Salman has been voted in as Chair and Jackie Howes, Vice-Chair. We were deeply saddened to announce the death of Trustee Allie Stewart, in August 2020.

Funding and support

We are continuing to try to build relationships with new funders – this year receiving funding from a number of new grant-making partners. This year Sibs was a finalist in the Persimmon Homes Building Futures programme. We produced Sibs first Christmas card for sale – we hope that in the coming years we can use this to increase fundraising and supporter engagement.

We are grateful to all the donors who have funded Sibs work this year. We want to publicly thank the following:

Charities Aid Foundation Resilience Fund
Garfield Weston Foundation
Genetic Disorders UK
Learning Disability England
MariaMarina Foundation
National Lottery Community Fund
Pears Foundation
Persimmon Homes Building Futures Programme
Seeability Creating Connections Programme
The True Colours Trust

We are also very grateful to Sibs' supporters and volunteers who have given their time pro-bono to Sibs this year.

Covid-19 and siblings

This last year has been tough on all sections of society, but for siblings of disabled people, it has been especially tough. Many siblings have made huge sacrifices to meet the needs of their disabled brothers and sisters, which has created increased stress on siblings. In our recent social media poll, 91% of adult siblings have reported life as a sibling as more challenging. Our reports on young siblings have clearly highlighted increased caring responsibilities for young siblings.

The pandemic has dominated this year's work. As a small charity we have been able to be responsive and pivot our services as needed. The demand though for our support is greater and with a small staff team (2.8 FTE) this continues to present challenges. We have been successful in securing some small pots of funding which are Covid related, but now these are ending, it is important we look to further secure our work in the longer-term.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2021

Future plans

We recognise that there will be considerable challenges for the voluntary sector and for our charity in the coming year as society begins to recover. This year we will continue to provide workshops and training online. We are embarking on a new project to merge our two websites, so that the pathway to support across the lifespan for siblings can be more clearly navigated. We are establishing a working group on inclusion and diversity to ensure that Sibs is addressing the needs of siblings from all communities.

We will continue to seek further funding from a variety of sources to sustain and develop our work with siblings.

Financial review

The net income for the year was £22,766, including net income of £40,316 on unrestricted funds and net expenditure of £17,550 on restricted funds, after transfers.

At the time of signing these accounts the charity has been impacted by the global Covid-19 virus. The trustees have reassessed the charity's ability to continue for at least 12 months from the date that the accounts are approved and conclude that no material uncertainties exist that cast significant doubt on the charity's ability to continue as a going concern.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £94,738.

The trustees recognise that the level of reserves at 31 March 2021 exceeds the six month target of £75,942, but also recognise that the voluntary sector is still facing uncertain times in relation to the pandemic and there are likely to be ongoing challenges in securing funding. During 2021/2022 trustees will continue to monitor reserve levels and manage spend in relation to set targets.

Sibs - for brothers and sisters

Trustees' report (continued) for the year ended 31 March 2021

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

Signed on behalf of the board of trustees on 2 August 2021

Signed: Saba Salman

(Trustee)

Sibs - for brothers and sisters

Independent examiner's report to the trustees of Sibs - for brothers and sisters

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 March 2021, which are set out on pages 10 to 17.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Rhys North ACA

Date: 16 August 2021

West Yorkshire Community Accounting Service

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Sibs - for brothers and sisters

Statement of Financial Activities

(including summary income and expenditure account)

for the year ended 31 March 2021

	Notes	2021 Unrestricted funds £	2021 Restricted funds £	2021 Total funds £	2020 Total funds £
Income from:					
Grants and donations	(2)	33,351	94,295	127,646	154,086
External Training		8,177	-	8,177	9,122
Sibs open Workshop		325	-	325	4,761
Conference income		8,936	-	8,936	-
Bank interest		276	-	276	242
Refund of freelance fees		-	-	-	1,050
Sibs products		226	-	226	-
Total income		51,291	94,295	145,586	169,262
Expenditure on:					
Salaries, pensions and NIC	(3)	8,052	89,511	97,563	99,087
Freelance fees		460	470	930	1,151
Staff training		50	56	106	324
Staff travel		-	23	23	3,175
Volunteer travel and expenses		-	-	-	166
Accommodation and subsistence		-	-	-	1,189
Events for users		558	414	972	6,922
Books and resources		-	-	-	277
Office Costs and equipment		139	4,884	5,023	984
Postage		3	263	266	343
Copying and stationery		185	967	1,152	1,343
Telecommunications and IT		4	4,637	4,641	4,401
Websites		-	2,468	2,468	2,493
Insurance		-	1,279	1,279	1,279
Trustee meetings		-	-	-	124
Payroll charges		-	630	630	582
Fundraising		2,750	-	2,750	500
Conference costs		621	-	621	-
Independent examination		600	-	600	600
Evaluation and research		1,200	-	1,200	1,200
Sundry expenses		311	272	583	13
DBS Checks		-	33	33	55
Depreciation		1,980	-	1,980	-
Total expenditure		16,913	105,907	122,820	126,208
Net income / (expenditure)		34,378	(11,612)	22,766	43,054
Transfers between funds		5,938	(5,938)	-	-
Net movement in funds		40,316	(17,550)	22,766	43,054
Fund balances brought forward		58,381	33,368	91,749	
Fund balances carried forward	(4)	98,697	15,818	114,515	43,054

All incoming resources and resources expended derive from continuing activities.

Sibs - for brothers and sisters

Balance sheet

as at 31 March 2021

		2021	2021	2021	2020
		Unrestricted	Restricted	Total	Total
		£	£	£	£
Fixed assets					
Tangible assets	(5)	3,959	-	3,959	-
Total fixed assets		<u>3,959</u>	<u>-</u>	<u>3,959</u>	<u>-</u>
Current assets					
Debtors and prepayments	(6)	625	-	625	1,670
Cash at bank and in hand	(7)	115,342	18,462	133,804	96,188
Total current assets		<u>115,967</u>	<u>18,462</u>	<u>134,429</u>	<u>97,858</u>
Current liabilities:					
amounts falling due within one year					
Creditors and accruals	(8)	21,229	2,644	23,873	6,109
Total current liabilities		<u>21,229</u>	<u>2,644</u>	<u>23,873</u>	<u>6,109</u>
Net current assets / (liabilities)		<u>94,738</u>	<u>15,818</u>	<u>110,556</u>	<u>91,749</u>
Net assets		<u>98,697</u>	<u>15,818</u>	<u>114,515</u>	<u>91,749</u>
Funds					
Unrestricted funds		98,697	-	98,697	58,381
Restricted funds		-	15,818	15,818	33,368
Total funds		<u>98,697</u>	<u>15,818</u>	<u>114,515</u>	<u>91,749</u>

For the year ending 31 March 2021 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 2 August 2021

Signed: Saba Salman

(Trustee)

Sibs - for brothers and sisters

Notes to the accounts

for the year ended 31 March 2021

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Computer equipment: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Sibs - for brothers and sisters

Notes to the accounts continued

for the year ended 31 March 2021

1 Accounting policies continued

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

2 Grants and donations

	2021	2021	2021	2020
	Unrestricted	Restricted	Total	Total
	funds	funds	funds	funds
	£	£	£	£
Charities Aid Foundation	-	13816	13,816	-
Department of Work and Pensions	-	3028	3,028	-
Garfield Weston Foundation	15,000	-	15,000	-
Genetic Disorders UK	3,417	-	3,417	-
Learning Disability England	-	4702	4,702	-
MariaMarina Foundation	-	-	-	55,000
Pears Foundation	-	-	-	40,000
Persimmon Homes	5,000	-	5,000	-
Seeability	-	2,000	2,000	-
The Goldsmiths' Company Charity	-	-	-	2,000
The National Lottery Community Fund	-	9,465	9,465	-
The Odin Charitable Trust	-	-	-	3,000
True Colours Trust 1504	-	61,284	61,284	43,638
Other donations	9,934	-	9,934	10,448
	<u>33,351</u>	<u>94,295</u>	<u>127,646</u>	<u>154,086</u>

3 Staff costs and numbers

	2021	2020
	£	£
Gross salaries	90,979	92,148
Social security costs	8,121	7,547
Employment allowance	(4,000)	(3,000)
Pensions	2,463	2,392
	<u>97,563</u>	<u>99,087</u>

The average number employees during the year was 4, being an average of 2.8 full time equivalent (2020: 4, 2.8 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme

	2021	2020
	£	£
Costs of the scheme to the charity for the year	2,463	2,392
Amount of any contributions outstanding at the year end	-	-
Amount of any contributions prepaid at the year end	-	-

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2021

4 Restricted funds	Balance b/f	Incoming	Outgoing	Transfers	Balance c/f
	£	£	£	£	£
Berkshire Carers	205	-	54	-	151
Charities Aid Foundation	-	13,816	13,816	-	-
Learning Disability England	-	4,702	-	-	4,702
MariaMarina	21,609	-	20,300	(1,309)	-
National Lottery Community Fund	-	9,465	9,465	-	-
Seeability	-	2,000	2,000	-	-
Autistic Support Trust (schools)	1,632	-	1,632	-	-
True Colours Trust 1504	338	47,284	44,194	-	3,428
True Colours Trust 1549	428	1,600	1,807	-	221
True Colours Trust 1617	9,156	12,400	9,611	(4,629)	7,316
Department of Work & Pensions	-	3,028	3,028	-	-
	<u>33,368</u>	<u>94,295</u>	<u>105,907</u>	<u>(5,938)</u>	<u>15,818</u>

Fund name	Purpose of restriction
Berkshire Carers	Adult sibling carers of people with learning disabilities and/or autism in Berkshire.
Charities Aid Foundation	To cover core costs and Covid-19 emergency response activities.
Learning Disability England	To support carers of adult siblings with a learning disability.
MariaMarina	Adult sibling network. The transfer is for the purchase of capitalised computer equipment.
National Lottery Community Fund	To develop online support and information sessions for adult siblings of people with life long disabilities.
Seeability	To increase digital connections between siblings and their disabled brothers and sisters.
Autistic Support Trust (schools)	Training for counsellors and siblings of children and young people with ASD pilot.
True Colours Trust 1504	Salary costs of CEO.
True Colours Trust 1549	Updating and maintaining IT systems.
True Colours Trust 1617	Office, travel and website costs. The transfer is for the purchase of capitalised computer equipment.
Department of Work & Pensions	To purchase equipment.

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2021

5 Tangible assets

	Computer Equipment	Total
<u>Cost</u>	£	£
At 1 April 2020	-	-
Additions	5,939	5,939
At 31 March 2021	5,939	5,939
<u>Depreciation</u>		
At 1 April 2020	-	-
Charge for year	1,980	1,980
At 31 March 2021	1,980	1,980
<u>Net book value</u>		
At 31 March 2021	3,959	3,959
At 31 March 2020	-	-

6 Debtors and prepayments

	2021	2020
	£	£
Debtors	625	1,238
Prepayments	-	432
	625	1,670

7 Cash at bank and in hand

	2021	2020
	£	£
Current Account	59,567	21,728
Savings Account	74,237	73,960
Undeposited funds	-	500
	133,804	96,188

8 Creditors and accruals

	2021	2020
	£	£
Taxation and Social Security	1,983	2,794
Creditors	1,290	645
Accruals	600	600
Other creditors	-	2,070
Deferred income	20,000	-
	23,873	6,109

Sibs - for brothers and sisters
Notes to the accounts continued
for the year ended 31 March 2021

9 Related party transactions

Trustee expenses	2021	2020
	£	£
Total amount paid	-	84
Number of trustees who were paid expenses	-	1
Nature of the expenses		Travel to meetings

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The key management personnel of the charity include the trustees and Chief Officer. The total employee benefits received by the Chief Officer were £46,254 (2020: £47,548).

No trustee received any remuneration or benefit in this capacity during this or the previous year.

Sibs - for brothers and sisters

Statement of Financial Activities including comparatives for all funds (including summary income and expenditure account) for the year ended 31 March 2021

	2021 Unrestricted funds £	2020 Unrestricted funds £	2021 Restricted funds £	2020 Restricted funds £	2021 Total funds £	2020 Total funds £
Income						
Grants and donations	33,351	65,448	94,295	88,638	127,646	154,086
External Training	8,177	9,122	-	-	8,177	9,122
Sibs open Workshop	325	4,761	-	-	325	4,761
Conference	8,936	-	-	-	8,936	-
Bank Interest	276	242	-	-	276	242
Refund of freelance fees	-	-	-	1,050	-	1,050
Sibs Products	226	-	-	-	226	-
Total income	51,291	79,574	94,295	89,688	145,586	169,262
Expenditure						
Salaries, pensions and NIC	8,052	15,066	89,511	84,021	97,563	99,087
Freelance fees	460	225	470	926	930	1,151
Staff training	50	324	56	-	106	324
Staff travel	-	1,602	23	1,573	23	3,175
Volunteer travel and expenses	-	31	-	135	-	166
Accommodation and subsistence	-	665	-	524	-	1,189
Events for users	558	3,990	414	2,932	972	6,922
Books and resources	-	247	-	30	-	277
Office Costs and equipment	139	-	4,884	984	5,023	984
Postage	3	-	263	343	266	343
Copying and stationery	185	-	967	1,343	1,152	1,343
Telecommunications and IT	4	38	4,637	4,363	4,641	4,401
Websites	-	-	2,468	2,493	2,468	2,493
Insurance	-	1,279	1,279	-	1,279	1,279
Trustee meetings	-	124	-	-	-	124
Payroll charges	-	-	630	582	630	582
Fundraising	2,750	68	-	432	2,750	500
Conference costs	621	-	-	-	621	-
Independent examination	600	600	-	-	600	600
Evaluation and research	1,200	1,200	-	-	1,200	1,200
Sundry expenses	311	-	272	13	583	13
DBS Checks	-	55	33	-	33	55
Depreciation	1,980	-	-	-	1,980	-
Total expenditure	16,913	25,514	105,907	100,694	122,820	126,208
Net income / (expenditure)	34,378	54,060	(11,612)	(11,006)	22,766	43,054
Transfers between funds	5,938	-	(5,938)	-	-	-
Net movement in funds	40,316	54,060	(17,550)	(11,006)	22,766	43,054
Fund balances brought forward	58,381	4,321	33,368	44,374	91,749	48,695
Fund balances carried forward	98,697	58,381	15,818	33,368	114,515	91,749