

**REPORT OF THE DIRECTORS AND  
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024  
FOR  
THE ROAD TO RECOVERY TRUST**

# **THE ROAD TO RECOVERY TRUST**

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# **THE ROAD TO RECOVERY TRUST**

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

Vision:

Thriving in recovery for all affected by addiction.

The Northeast currently faces the highest rate of alcohol-specific deaths in England, which has increased by 22.9% since 2019. Additionally, it holds the highest rates of drug deaths and drug misuse-related deaths (source: ONS). Recognising that addiction extends beyond mere substance use, we understand that individuals face complex needs influenced by their environment, family dynamics, health, finances, hopes, and beliefs. While addressing substance abuse is critical-supporting detox, rehabilitation, and recovery groups-we advocate for a comprehensive approach rooted in Recovery Capital. This approach highlights the importance of peer to peer support in fostering a meaningful lifestyle that sustains recovery. At The Road to Recovery Trust, we are committed to creating a strong, supportive community where individuals can connect, find hope, and thrive in their recovery journey.

# **THE ROAD TO RECOVERY TRUST**

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

### **ACHIEVEMENT AND PERFORMANCE**

#### **Charitable activities**

The year 2024 marked a significant transformation for The Road to Recovery Trust. With a new board of trustees in place, we have undertaken a comprehensive overhaul of our governance and established better financial controls. Our headquarters, George Street Social, has been refurbished in collaboration with 'Everyturn,' an organisation dedicated to supporting mental health in the community.

We have continued to provide dozens of weekly 12-Step meetings and host SMART Recovery sessions for our members and others. Strengthening our collaborations with other organisations has been a priority to enhance our collective impact. The new board, has developed a robust strategy, mission, and values that will allow us to measure our success effectively. This strategic framework ensures that every decision aligns with our commitment to the long-term success of our members.

To support this strategy, we engaged with Charity Consultants (Connected Voice), who conducted an organisational strengths review in February 2023. We have progressed from the draft stage of their report to full implementation of their recommendations. Additionally, we have established SMART Goals with Connected Voice and report our progress on a quarterly basis. Our partnership with The Lloyds Foundation also continues to provide valuable guidance.

Financial integrity is a top priority. Following a legacy circumstance (before this board was in charge), we have thoroughly reviewed our financial management and are collaborating with stakeholders to ensure transparency in the flow of both restricted and unrestricted funds. We have already made immediate improvements to our financial control systems.

Adopting Recovery Capital as our recovery methodology, we are working with Professor Dave Best, a global expert in the field, to develop a funding strategy aligned with this approach. In the face of economic uncertainties, we are successfully diversifying our funding sources and aim to build on this momentum in the coming year. We extend our heartfelt gratitude to our funders; their support is vital for the critical services we provide to our members.

We have developed an intranet to improve data storage and access for staff and trustees, enhancing our governance capabilities. Our risk management systems are being reassessed to further embed our core values of transparency, risk management, and financial sustainability.

We have re-opened the coffee shop, and we are excited about the various events planned by our members' events committee.

After reviewing our membership structure, we have simplified the process of becoming a member and clarified the benefits of membership. As of now, we proudly report over 360 members. We are focused on increasing member engagement through events and regular newsletters, with our AGM scheduled for the autumn.

### **FINANCIAL REVIEW**

#### **Reserves policy**

Upon the appointment of the new board in January 2024, we discovered the absence of unrestricted funds in the charity's bank account. While initially considering closure, we committed to finding unrestricted funding within two weeks, which we successfully achieved. We are establishing a three-month runway of unrestricted funds to ensure the charity's operations, with plans to extend this period. In line with our Articles of Association.

# **THE ROAD TO RECOVERY TRUST**

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The Road to Recovery Trust is a company limited by guarantee and not having a share capital, governed by its Memorandum and Articles of Association dated 14 November 2011 with amendments made by special resolution on 28 December 2012. The organisation is also a registered charity with the Charity Commission.

#### **Recruitment and appointment of new trustees**

The authority to appoint trustees ultimately lies with the charity's members at the AGM. Between AGMs, the board has the discretion to introduce new trustees as positions become available.

#### **Induction and training of new trustees**

Trustees are selected based on their skills relevant to managing the charity effectively. We have implemented induction procedures to ensure new trustees are well-informed about their roles and responsibilities. These procedures include encouraging attendance at relevant internal and external training events to enhance their understanding and effectiveness in their positions.

#### **Conclusion**

The newly appointed Board of Trustees, as of January 2024, has initiated a strategic reset of the charity's direction. We are fully committed to fulfilling our responsibilities and ensuring a sustainable and prosperous future for The Road to Recovery Trust.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

07847240 (England and Wales)

#### **Registered Charity number**

1144882

#### **Registered office**

45-51 George Street  
Newcastle Upon Tyne  
NE4 7JN

#### **Trustees**

Mrs. S A Armstrong (resigned 17/1/2024)  
Mrs. R Bell (resigned 17/1/2024)  
Mr. O Bell (resigned 17/1/2024)  
Mr. A S Cameron (resigned 17/1/2024)  
Mr. M T Davies (appointed 17/1/2024)  
Mrs K Sidhu (appointed 18/10/2023)  
Mr A Hackett (appointed 18/10/2023)  
Mrs L Tindill (appointed 17/1/2024)  
Mr G Brewis (appointed 17/1/2024)  
Mr J Thomson (appointed 17/1/2024)  
Mr M Tierney (appointed 17/1/2024)  
Mr S Hutt (appointed 27/3/2024)

#### **Trust manager**

Jimmy Dixon

# **THE ROAD TO RECOVERY TRUST**

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Independent Examiner**

Read, Milburn & Co  
71 Howard Street  
North Shields  
Tyne and Wear  
NE30 1AF

#### **Bankers**

HSBC Bank plc  
110 Grey Street  
Newcastle upon Tyne  
NE1 6JG

Approved by order of the board of trustees on 28 January 2025 and signed on its behalf by:



Mr. M T Davies - Trustee

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE ROAD TO RECOVERY TRUST**

### **Independent examiner's report to the trustees of The Road To Recovery Trust ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

#### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

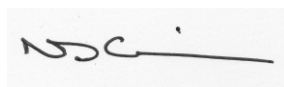
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nicholas J Liley, FCA  
The Institute of Chartered Accountants in England and Wales

Read, Milburn & Co  
71 Howard Street  
North Shields  
Tyne and Wear  
NE30 1AF

29 January 2025

# THE ROAD TO RECOVERY TRUST

## STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	4,409	-	4,409	2,569
<b>Charitable activities</b>					
Grant income	5	67,000	101,964	168,964	149,288
Other trading activities	3	171	-	171	386
Investment income	4	<u>45,760</u>	<u>-</u>	<u>45,760</u>	<u>41,062</u>
<b>Total</b>		<u>117,340</u>	<u>101,964</u>	<u>219,304</u>	<u>193,305</u>
<b>EXPENDITURE ON</b>					
Raising funds	6	1,308	153	1,461	1,488
<b>Charitable activities</b>					
Staff costs	7	6,269	45,587	51,856	60,844
Operating expenses		55,580	49,030	104,610	101,080
Legal and professional fees		<u>23,105</u>	<u>7,820</u>	<u>30,925</u>	<u>24,379</u>
<b>Total</b>		<u>86,262</u>	<u>102,590</u>	<u>188,852</u>	<u>187,791</u>
<b>NET INCOME/(EXPENDITURE)</b>		31,078	(626)	30,452	5,514
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>32,651</u>	<u>626</u>	<u>33,277</u>	<u>27,763</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>63,729</u></u>	<u><u>-</u></u>	<u><u>63,729</u></u>	<u><u>33,277</u></u>

The notes form part of these financial statements

# THE ROAD TO RECOVERY TRUST

## BALANCE SHEET 31 MARCH 2024

	Notes	2024 £	2023 £
<b>FIXED ASSETS</b>			
Tangible assets	14	20,119	29,862
<b>CURRENT ASSETS</b>			
Stocks	15	50	50
Debtors	16	65,132	33,548
Cash at bank and in hand		<u>32,269</u>	<u>29,880</u>
		97,451	63,478
<b>CREDITORS</b>			
Amounts falling due within one year	17	(53,841)	(60,063)
		<u>          </u>	<u>          </u>
<b>NET CURRENT ASSETS</b>		<u>43,610</u>	<u>3,415</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>63,729</u>	<u>33,277</u>
<b>NET ASSETS/(LIABILITIES)</b>		<u><u>63,729</u></u>	<u><u>33,277</u></u>
<b>FUNDS</b>	20		
Unrestricted funds:			
General fund		63,729	32,651
Restricted funds:			
National Lottery Community Fund - Senior		-	626
Staff's Wages and Charity Core Costs		<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>		<u><u>63,729</u></u>	<u><u>33,277</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

## **THE ROAD TO RECOVERY TRUST**

### **BALANCE SHEET - continued** **31 MARCH 2024**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 28 January 2025 and were signed on its behalf by:

A handwritten signature in blue ink, appearing to read 'M. T. Davies', enclosed within a light blue oval shape.

Mr. M T Davies - Trustee

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

### 1. ACCOUNTING POLICIES

#### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£).

#### **Going concern**

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. The Trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

#### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

#### **Allocation and apportionment of costs**

Costs are allocated to the charity's activities on the basis of fair usage of staff and facilities.

#### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- 20% on cost
Plant and machinery	- 33% on cost
Fixtures and fittings	- 33% on cost
Computer equipment	- 33% on cost

#### **Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

#### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

## THE ROAD TO RECOVERY TRUST

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

#### 1. ACCOUNTING POLICIES - continued

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

##### **Financial instruments**

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

#### 2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	<u>4,409</u>	<u>2,569</u>

#### 3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Café income	<u>171</u>	<u>386</u>

#### 4. INVESTMENT INCOME

	2024	2023
	£	£
Rental income	<u>45,760</u>	<u>41,062</u>

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 5. INCOME FROM CHARITABLE ACTIVITIES

		2024	2023
	Activity	£	£
Grants	Grant income	<u>168,964</u>	<u>149,288</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
National Lottery Community Fund	37,625	43,039
Community Foundation	-	11,260
Newcastle City Council	65,498	28,919
Tudor Trust	27,083	18,750
Edward Gostling Foundation	5,500	5,500
Connected Voice Fund	-	4,000
The Percy Hedley Foundation	-	500
The Rothley Trust	-	1,000
The Speedomick Foundation	-	2,000
Garfield Weston Foundation	7,778	20,000
Sir James Knott Trust	-	4,800
The Barbour Foundation	5,000	8,000
The Grocers Charitable Trust	3,480	1,520
The Joicey Trust	2,000	-
Elsie Davis Trust	5,000	-
Hospital of God Greatham	1,000	-
R W Mann Trust	1,000	-
The Souter Trust	3,000	-
Steel Charitable Trust	4,000	-
The Hadrian Trust	<u>1,000</u>	<u>-</u>
	<u>168,964</u>	<u>149,288</u>

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 6. RAISING FUNDS

#### Other trading activities

	2024	2023
	£	£
Purchases	1,461	(188)
Staff costs	-	1,475
Catering equipment	-	80
Catering sundries	-	121
	<u>1,461</u>	<u>1,488</u>

### 7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Staff costs	51,856	-	51,856
Operating expenses	23,983	80,627	104,610
Legal and professional fees	-	30,925	30,925
	<u>75,839</u>	<u>111,552</u>	<u>187,391</u>

### 8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2024	2023
	£	£
Staff costs	51,826	60,649
Agency staff	-	171
Staff training	30	24
Cleaning products	4,050	1,710
Financial services	2,310	8,545
Creche costs	9,364	9,072
Therapy costs	5,613	-
Project costs	-	(451)
Travel and accommodation	136	56
Equipment repairs	744	1,062
Bad debts	(156)	-
Room hire costs	37	397
Meeting room - COS	-	1
Eating well - food	-	1,176
Safe space - food	-	786
Volunteer expenses	635	258
Subcontractor	1,250	-
Services provided income	-	(18,085)
Services provided payments	-	18,085
	<u>75,839</u>	<u>83,456</u>

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 9. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Operating expenses	80,617	10	-	80,627
Legal and professional fees	<u>25,075</u>	<u>-</u>	<u>5,850</u>	<u>30,925</u>
	<u>105,692</u>	<u>10</u>	<u>5,850</u>	<u>111,552</u>

Support costs, included in the above, are as follows:

			2024	2023
	Operating expenses £	Legal and professional fees £	Total activities £	Total activities £
Rent and rates	41,299	-	41,299	33,870
Insurance	833	-	833	1,026
Light and heat	14,912	-	14,912	6,361
Telephone, printing & postage	690	-	690	73
Postage and stationery	487	-	487	258
Sundries	10	-	10	4,497
Repairs and maintenance	2,230	-	2,230	6,921
Computer costs	6,073	-	6,073	4,124
Legal and professional	-	2,275	2,275	19,284
Memberships and subscriptions	867	-	867	1,040
Waste disposal	1,100	-	1,100	2,095
Bank charges	258	-	258	124
Credit card fees	-	-	-	7
Office equipment	-	-	-	285
Advertising and promotional	82	-	82	329
VAT irrecoverable	-	-	-	4,883
Bid writer	-	22,800	22,800	-
Depreciation of tangible and heritage assets	11,776	-	11,776	12,575
Interest payable and similar charges	10	-	10	-
Accountancy and bookkeeping	<u>-</u>	<u>5,850</u>	<u>5,850</u>	<u>5,095</u>
	<u>80,627</u>	<u>30,925</u>	<u>111,552</u>	<u>102,847</u>

## THE ROAD TO RECOVERY TRUST

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

#### 10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Accountancy charges	1,470	1,795
Bookkeeping services	4,380	3,300
Depreciation - owned assets	<u>11,776</u>	<u>12,575</u>

#### 11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

##### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

#### 12. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	51,826	61,422
Other pension costs	<u>-</u>	<u>702</u>
	<u>51,826</u>	<u>62,124</u>

The charity's key management personnel comprise the Trustees and Senior Personnel. The total employee benefits of the key management personnel were £35,541 (2023 - £26,193).

The average monthly number of employees during the year was as follows:

	2024	2023
Project support coaching staff and admin	<u>3</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	2,569	-	2,569
<b>Charitable activities</b>			
Grant income	16,720	132,568	149,288
Other trading activities	386	-	386
Investment income	<u>41,062</u>	<u>-</u>	<u>41,062</u>
<b>Total</b>	<u>60,737</u>	<u>132,568</u>	<u>193,305</u>
 <b>EXPENDITURE ON</b>			
Raising funds	1,488	-	1,488
<b>Charitable activities</b>			
Staff costs	2,267	58,577	60,844
Operating expenses	13,207	87,873	101,080
Legal and professional fees	<u>6,596</u>	<u>17,783</u>	<u>24,379</u>
<b>Total</b>	<u>23,558</u>	<u>164,233</u>	<u>187,791</u>
 <b>NET INCOME/(EXPENDITURE)</b>			
Transfers between funds	<u>37,179</u> <u>(5,007)</u>	<u>(31,665)</u> <u>5,007</u>	<u>5,514</u> <u>-</u>
<b>Net movement in funds</b>	32,172	(26,658)	5,514
 <b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>479</u>	<u>27,284</u>	<u>27,763</u>
 <b>TOTAL FUNDS CARRIED FORWARD</b>	<u>32,651</u>	<u>626</u>	<u>33,277</u>

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 14. TANGIBLE FIXED ASSETS

	Improvements to property £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>					
At 1 April 2023	47,298	1,005	46,113	9,340	103,756
Additions	<u>-</u>	<u>-</u>	<u>2,033</u>	<u>-</u>	<u>2,033</u>
At 31 March 2024	<u>47,298</u>	<u>1,005</u>	<u>48,146</u>	<u>9,340</u>	<u>105,789</u>
<b>DEPRECIATION</b>					
At 1 April 2023	32,561	771	32,245	8,317	73,894
Charge for year	<u>5,065</u>	<u>234</u>	<u>5,454</u>	<u>1,023</u>	<u>11,776</u>
At 31 March 2024	<u>37,626</u>	<u>1,005</u>	<u>37,699</u>	<u>9,340</u>	<u>85,670</u>
<b>NET BOOK VALUE</b>					
At 31 March 2024	<u>9,672</u>	<u>-</u>	<u>10,447</u>	<u>-</u>	<u>20,119</u>
At 31 March 2023	<u>14,737</u>	<u>234</u>	<u>13,868</u>	<u>1,023</u>	<u>29,862</u>

### 15. STOCKS

	2024 £	2023 £
Stocks	<u>50</u>	<u>50</u>

### 16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	43,632	5,827
Prepayments and accrued income	<u>21,500</u>	<u>27,721</u>
	<u>65,132</u>	<u>33,548</u>

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	25,495	30,940
Social security and other taxes	508	4,449
VAT	3,889	1,678
Other creditors	-	76
Accruals and deferred income	<u>23,949</u>	<u>22,920</u>
	<u>53,841</u>	<u>60,063</u>

Included within Accruals and Deferred Income are the following amounts comprising income received in advance of delivery of the related services or expenditure incurred.

	£
Balance at 1 April 2023	21,480
Released to income from charitable activities	(11,063)
Amount deferred in year	<u>10,222</u>
Balance at 31 March 2024	<u>20,639</u>

### 18. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2024	2023
	£	£
Within one year	<u>35,000</u>	<u>35,000</u>

### 19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
	£	£	£	£
Fixed assets	20,119	-	20,119	29,862
Current assets	76,812	20,639	97,451	63,478
Current liabilities	<u>(33,202)</u>	<u>(20,639)</u>	<u>(53,841)</u>	<u>(60,063)</u>
	<u>63,729</u>	<u>-</u>	<u>63,729</u>	<u>33,277</u>

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 20. MOVEMENT IN FUNDS

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
<b>Unrestricted funds</b>				
General fund	32,651	41,754	(10,676)	63,729
Designated - Cafe	<u>-</u>	<u>(10,676)</u>	<u>10,676</u>	<u>-</u>
	32,651	31,078	-	63,729
<b>Restricted funds</b>				
National Lottery Community Fund - Senior Staff's Wages and Charity Core Costs	626	(626)	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>TOTAL FUNDS</b>	<u>33,277</u>	<u>30,452</u>	<u>-</u>	<u>63,729</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	117,169	(75,415)	41,754
Designated - Cafe	<u>171</u>	<u>(10,847)</u>	<u>(10,676)</u>
	117,340	(86,262)	31,078
<b>Restricted funds</b>			
Tudor Trust - The Trust Manager's Salary	27,083	(27,083)	-
Newcastle City Council Public Health - Creche	15,498	(15,498)	-
National Lottery Community Fund - Senior Staff's Wages and Charity Core Costs	37,625	(38,251)	(626)
Garfield Weston Foundation - Thriving in Recovery Project	7,778	(7,778)	-
The Edward Gostling Foundation - Thriving in Recovery Project	5,500	(5,500)	-
The Grocers Charitable Trust - Thriving in Recovery Project	3,480	(3,480)	-
Steel Charitable Trust-Mindfulness and Wellbeing	4,000	(4,000)	-
The Hadrian Trust	<u>1,000</u>	<u>(1,000)</u>	<u>-</u>
	<u>101,964</u>	<u>(102,590)</u>	<u>(626)</u>
<b>TOTAL FUNDS</b>	<u>219,304</u>	<u>(188,852)</u>	<u>30,452</u>

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 20. MOVEMENT IN FUNDS - continued

#### Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
<b>Unrestricted funds</b>				
General fund	(5,056)	42,776	(5,069)	32,651
Designated - Cafe	<u>5,535</u>	<u>(5,597)</u>	<u>62</u>	<u>-</u>
	479	37,179	(5,007)	32,651
<b>Restricted funds</b>				
Charity Core	27,284	(27,284)	-	-
Tudor Trust - The Trust Manager's Salary	-	(5,007)	5,007	-
National Lottery Community Fund - Senior Staff's Wages and Charity Core Costs	<u>-</u>	<u>626</u>	<u>-</u>	<u>626</u>
	<u>27,284</u>	<u>(31,665)</u>	<u>5,007</u>	<u>626</u>
<b>TOTAL FUNDS</b>	<u><u>27,763</u></u>	<u><u>5,514</u></u>	<u><u>-</u></u>	<u><u>33,277</u></u>

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 20. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	60,351	(17,575)	42,776
Designated - Cafe	<u>386</u>	<u>(5,983)</u>	<u>(5,597)</u>
	60,737	(23,558)	37,179
<b>Restricted funds</b>			
Charity Core	-	(27,284)	(27,284)
Tudor Trust - The Trust Manager's Salary	18,750	(23,757)	(5,007)
Newcastle City Council Public Health - Creche	20,699	(20,699)	-
National Lottery Community Fund - Senior Staff's Wages and Charity Core Costs	43,039	(42,413)	626
Newcastle City Council - Warm Space Community Foundation-1989 Wilan Trust - Thriving in Recovery Project	6,500	(6,500)	-
Garfield Weston Foundation - Thriving in Recovery Project	8,760	(8,760)	-
20,000	(20,000)	-	
Sir James Knott Trust - Thriving in Recovery Project	4,800	(4,800)	-
The Barbour Foundation - Thriving in Recovery Project	8,000	(8,000)	-
The Edward Gostling Foundation - Thriving in Recovery Project	500	(500)	-
The Grocers Charitable Trust - Thriving in Recovery Project	<u>1,520</u>	<u>(1,520)</u>	<u>-</u>
	<u>132,568</u>	<u>(164,233)</u>	<u>(31,665)</u>
<b>TOTAL FUNDS</b>	<u><u>193,305</u></u>	<u><u>(187,791)</u></u>	<u><u>5,514</u></u>

# THE ROAD TO RECOVERY TRUST

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

### 20. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
<b>Unrestricted funds</b>				
General fund	(5,056)	84,530	(15,745)	63,729
Designated - Cafe	<u>5,535</u>	<u>(16,273)</u>	<u>10,738</u>	<u>-</u>
	479	68,257	(5,007)	63,729
<b>Restricted funds</b>				
Tudor Trust - The Trust Manager's Salary	-	(5,007)	5,007	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>TOTAL FUNDS</b>	<u>27,763</u>	<u>35,966</u>	<u>-</u>	<u>63,729</u>

## THE ROAD TO RECOVERY TRUST

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

#### 20. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	177,520	(92,990)	84,530
Designated - Cafe	<u>557</u>	<u>(16,830)</u>	<u>(16,273)</u>
	178,077	(109,820)	68,257
<b>Restricted funds</b>			
Tudor Trust - The Trust Manager's Salary	45,833	(50,840)	(5,007)
Newcastle City Council Public Health - Creche	36,197	(36,197)	-
National Lottery Community Fund - Senior Staff's Wages and Charity Core Costs	80,664	(80,664)	-
Garfield Weston Foundation - Thriving in Recovery Project	27,778	(27,778)	-
The Edward Gostling Foundation - Thriving in Recovery Project	6,000	(6,000)	-
The Grocers Charitable Trust - Thriving in Recovery Project	5,000	(5,000)	-
Steel Charitable Trust-Mindfulness and Wellbeing	4,000	(4,000)	-
The Hadrian Trust	<u>1,000</u>	<u>(1,000)</u>	<u>-</u>
	<u>206,472</u>	<u>(211,479)</u>	<u>(5,007)</u>
<b>TOTAL FUNDS</b>	<u>412,609</u>	<u>(376,643)</u>	<u>35,966</u>

#### **The Tudor Trust**

A grant towards The Trust Manager's salary

#### **NCC Public Health - Creche**

This grant has been spent on the creche facility at GSS, a decision is pending on continuing funding for 2024/25.

#### **Thriving in recovery**

This programme seeks to support vulnerable and isolated individuals in a bid to promote, protect and prevent addiction relapses. It was funded this year by Garfield Weston Foundation, The Edward Gostling Foundation and The Grocer's Charitable Trust.

#### **Mindfulness and Wellbeing**

The Mindfulness Wellbeing Programme was funded by Steel Charitable Trust and The Hadrian Trust.

## **THE ROAD TO RECOVERY TRUST**

### **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

#### **20. MOVEMENT IN FUNDS - continued**

##### **Transfers between funds**

The fund transfers represent the transfer of restricted funds to unrestricted funds where a portion of the grant funding has been used to purchase fixed assets. Other transfers represent the completion of a project with the transfer of the remaining funds to unrestricted. Transfers from unrestricted are to cover overspends.

#### **21. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

# THE ROAD TO RECOVERY TRUST

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	4,409	2,569
<b>Other trading activities</b>		
Café income	171	386
<b>Investment income</b>		
Rental income	45,760	41,062
<b>Charitable activities</b>		
Grants	<u>168,964</u>	<u>149,288</u>
<b>Total incoming resources</b>	219,304	193,305
<b>EXPENDITURE</b>		
<b>Other trading activities</b>		
Purchases	1,461	(188)
Wages	-	1,475
Catering equipment	-	80
Catering sundries	<u>-</u>	<u>121</u>
	1,461	1,488
<b>Charitable activities</b>		
Wages	51,826	59,947
Pensions	-	702
Agency staff	-	171
Staff training	30	24
Cleaning products	4,050	1,710
Financial services	2,310	8,545
Creche costs	9,364	9,072
Therapy costs	5,613	-
Project costs	-	(451)
Travel and accommodation	136	56
Equipment repairs	744	1,062
Bad debts	(156)	-
Room hire costs	37	397
Meeting room - COS	-	1
Eating well - food	-	1,176
Carried forward	73,954	82,412

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# THE ROAD TO RECOVERY TRUST

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
<b>Charitable activities</b>		
Brought forward	73,954	82,412
Safe space - food	-	786
Volunteer expenses	635	258
Subcontractor	1,250	-
Services provided income	-	(18,085)
Services provided payments	-	18,085
	<u>75,839</u>	<u>83,456</u>
<b>Support costs</b>		
<b>Management</b>		
Rent and rates	41,299	33,870
Insurance	833	1,026
Light and heat	14,912	6,361
Telephone, printing & postage	690	73
Postage and stationery	487	258
Sundries	10	4,497
Repairs and maintenance	2,230	6,921
Computer costs	6,073	4,124
Legal and professional	2,275	19,284
Memberships and subscriptions	867	1,040
Waste disposal	1,100	2,095
Bank charges	258	124
Credit card fees	-	7
Office equipment	-	285
Advertising and promotional	82	329
VAT irrecoverable	-	4,883
Bid writer	22,800	-
Improvements to property	5,065	5,185
Plant and machinery	234	233
Fixtures and fittings	5,454	4,775
Computer equipment	<u>1,023</u>	<u>2,382</u>
	105,692	97,752
<b>Finance</b>		
Interest payable	10	-
<b>Governance costs</b>		
Accountancy and bookkeeping	<u>5,850</u>	<u>5,095</u>
Total resources expended	<u>188,852</u>	<u>187,791</u>
<b>Net income</b>	<u><u>30,452</u></u>	<u><u>5,514</u></u>

This page does not form part of the statutory financial statements