

**REPORT OF THE DIRECTORS AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
THE ROAD TO RECOVERY TRUST**

THE ROAD TO RECOVERY TRUST

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THE ROAD TO RECOVERY TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's objects are the relief and rehabilitation of those who are suffering as a result of addiction or compulsive disorder, in particular through promoting access to and take-up of the 12 Step Recovery programme. The preservation and protection of the physical and mental health of such persons and their families and carers by providing information and support. The advancement of education amongst the public so as to prevent the misuse of or addition to alcohol, drugs, or other addictive substances.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

We are happy to report that thanks to the dedicated efforts of our staff team, sessional/external/contracted workers, volunteers, and Trustees, the Road to Recovery Trust has navigated another year of serving the Twelve Step and Drug and Alcohol Recovery communities. If the reporting period is anything to go by, we need to be vigilant about potential upcoming threats and nimble enough to react appropriately in a timely fashion, which is possibly easier said than done as staff, trustees and volunteers have still to manage the Covid fallout, systemic health and social care pressures, all exacerbated horribly by the "cost of living" crisis, (which some have more accurately renamed a "cost of greed" crisis") both organisationally and as individuals, while serving our beneficiaries.

All who've contributed to the survival of the Trust need thanking, and it's usually unfair to single any individual out for particular praise, but we have to make an exception for Jimmy Dixon, who has served the Trust marvellously, always giving his best, going the extra mile and doing sterling work.

To date, we have been involved deeply in the local and regional dialogue about what the new world of drug and alcohol (and other addictions) health and social care services will look like and how it might operate, and these discussions have helped to inform our forward thinking, and in this period we laid a lot of the foundations for partnership working which is very much what funders and commissioners are going to be looking for in the future.

Where things become more troubling relates to finance and income. The Trust's longstanding precariousness has not gone away, and the ongoing climate of insecurity was unsettling and necessitated a very prudent approach, and a curtailment or postponement of some activities until the requisite funding actually appears. We'd dearly love to maximise our use of the building we occupy, reopen the café, have activities every day and night but have been unable to secure the resources (financial and human) to allow this to happen. There are ambitious system plans, locally and regionally in which we've been centrally positioned, but to be fully realised they do need distinct funding. It is our firm belief that we will be able to access some of the promised new monies for this programme, but quite how much very much remains to be determined.

In conclusion then, we have plans and aspirations, as indeed do other people for us, but the systemic turmoil in health and social care, and the volatility of the funding sector, let alone the ongoing disruption in the wider world mean that what we end up with will almost certainly look markedly different to today's plans, though hopefully still congruent with our values and *modus operandi*. So, cautious and modest hope for future developments that will benefit more people seeking to journey in recovery, but no complacency, rather a watchful outlook, knowing that we'll have to be able to respond to the unexpected.

THE ROAD TO RECOVERY TRUST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

Reserves policy

It is the intention of the trustees to increase the cash backed unrestricted funds, which are the free reserves of the Charity, to cover 6 months expenditure.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Road to Recovery Trust is a company limited by guarantee and not having a share capital, governed by its Memorandum and Articles of Association dated 14 November 2011 which were amended by special resolution on 28 December 2012. It is also a charity registered with the Charity Commission. The members of the charitable company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up during their year of membership and within one year of their ceasing to be a member.

Recruitment and appointment of new trustees

The power to appoint trustees rests with the members of the company.

Induction and training of new trustees

Trustees are appointed based on them having the skills to manage a charity dealing with complex issues and vulnerable individuals. The trustees have implemented induction procedures aimed at ensuring that new trustees understand their roles and obligations. As part of these procedures, trustees will be encouraged to attend appropriate internal and external training events to facilitate the understanding of their roles.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07847240 (England and Wales)

Registered Charity number

1144882

Registered office

45-51 George Street
Newcastle Upon Tyne
NE4 7JN

Trustees

S A Armstrong (appointed 13/6/2022)
R Bell
O Bell
A S Cameron
M T Davies (appointed 13/6/2022)

Independent Examiner

Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

THE ROAD TO RECOVERY TRUST

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

HSBC Bank plc
110 Grey Street
Newcastle upon Tyne
NE1 6JG

Approved by order of the board of trustees on 17 January 2024 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'R Bell', is written over a light blue horizontal line.

.....
R Bell - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE ROAD TO RECOVERY TRUST

Independent examiner's report to the trustees of The Road To Recovery Trust ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

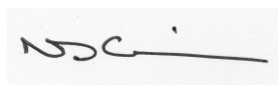
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nicholas J Liley, FCA
The Institute of Chartered Accountants in England and Wales

Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

Date: 25 January 2024

THE ROAD TO RECOVERY TRUST

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	2,569	-	2,569	7,927
Charitable activities	5				
Grant income		16,720	132,568	149,288	158,675
Other trading activities	3	386	-	386	25,175
Investment income	4	<u>41,062</u>	<u>-</u>	<u>41,062</u>	<u>28,870</u>
Total		<u>60,737</u>	<u>132,568</u>	<u>193,305</u>	<u>220,647</u>
EXPENDITURE ON					
Raising funds	6	1,488	-	1,488	27,440
Charitable activities	7				
Staff costs		2,267	58,577	60,844	97,368
Operating expenses		13,207	87,873	101,080	101,653
Legal and professional fees		<u>6,596</u>	<u>17,783</u>	<u>24,379</u>	<u>9,762</u>
Total		<u>23,558</u>	<u>164,233</u>	<u>187,791</u>	<u>236,223</u>
NET INCOME/(EXPENDITURE)		37,179	(31,665)	5,514	(15,576)
Transfers between funds	20	<u>(5,007)</u>	<u>5,007</u>	<u>-</u>	<u>-</u>
Net movement in funds		32,172	(26,658)	5,514	(15,576)
RECONCILIATION OF FUNDS					
Total funds brought forward		479	27,284	27,763	43,339
TOTAL FUNDS CARRIED FORWARD		<u>32,651</u>	<u>626</u>	<u>33,277</u>	<u>27,763</u>

The notes form part of these financial statements

THE ROAD TO RECOVERY TRUST

BALANCE SHEET 31 MARCH 2023

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	14	29,862	42,437
CURRENT ASSETS			
Stocks	15	50	50
Debtors	16	33,548	40,755
Cash at bank and in hand		<u>29,880</u>	<u>31,310</u>
		63,478	72,115
CREDITORS			
Amounts falling due within one year	17	(60,063)	(86,789)
		<u> </u>	<u> </u>
NET CURRENT ASSETS		<u>3,415</u>	<u>(14,674)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>33,277</u>	<u>27,763</u>
		<u> </u>	<u> </u>
NET ASSETS/(LIABILITIES)		<u><u>33,277</u></u>	<u><u>27,763</u></u>
FUNDS	20		
Unrestricted funds:			
General fund		32,651	(5,056)
Designated - Cafe		<u>-</u>	<u>5,535</u>
		<u>32,651</u>	<u>479</u>
Restricted funds:			
Charity Core		-	27,284
National Lottery Community Fund -		626	-
Angela's Wages and Charity Core Costs		<u> </u>	<u> </u>
		<u>626</u>	<u>27,284</u>
		<u> </u>	<u> </u>
TOTAL FUNDS		<u><u>33,277</u></u>	<u><u>27,763</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The notes form part of these financial statements

THE ROAD TO RECOVERY TRUST

BALANCE SHEET - continued **31 MARCH 2023**

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17 January 2024 and were signed on its behalf by:



.....
R Bell - Trustee

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency of the financial statements is the Pound Sterling (£) rounded to the nearest £.

Going Concern

The financial statements are prepared on the going concern basis. In the opinion of trustees, no material uncertainties exist about the charity's ability to continue.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated to the charity's activities on the basis of fair usage of staff and facilities.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- 20% on cost
Plant and machinery	- 33% on cost
Fixtures and fittings	- 33% on cost
Computer equipment	- 33% on cost

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	<u>2,569</u>	<u>7,927</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Café income	<u>386</u>	<u>25,175</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Rental income	<u>41,062</u>	<u>28,870</u>

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

5. INCOME FROM CHARITABLE ACTIVITIES

		2023	2022
	Activity	£	£
Grants	Grant income	<u>149,288</u>	<u>158,675</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
National Lottery Community Fund	43,039	69,810
Community Foundation	11,260	16,469
Newcastle City Council	28,919	13,720
Postcode Lottery	-	12,000
NHS Cumbria and Northumberland	-	11,800
AVIVA Crowdfunding	-	1,005
Tudor Trust	18,750	18,750
Edward Gostling Foundation	5,500	1,000
Job Retention Scheme	-	14,121
Connected Voice Fund	4,000	-
The Percy Hedley Foundation	500	-
The Rothley Trust	1,000	-
The Speedomick Foundation	2,000	-
Garfield Weston Foundation	20,000	-
Sir James Knott Trust	4,800	-
The Barbour Foundation	8,000	-
The Grocers Charitable Trust	<u>1,520</u>	<u>-</u>
	<u>149,288</u>	<u>158,675</u>

6. RAISING FUNDS

Other trading activities

	2023	2022
	£	£
Purchases	(188)	4,416
Staff costs	1,475	21,325
Catering equipment	80	1,578
Catering sundries	<u>121</u>	<u>121</u>
	<u>1,488</u>	<u>27,440</u>

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Staff costs	60,844	-	60,844
Operating expenses	22,612	78,468	101,080
Legal and professional fees	-	24,379	24,379
	<u>83,456</u>	<u>102,847</u>	<u>186,303</u>

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2023 £	2022 £
Staff costs	60,649	96,356
Agency staff	171	174
Staff training	24	838
Cleaning products	1,710	765
Financial services	8,545	7,655
Creche costs	9,072	4,324
Therapy costs	-	3,442
Project costs	(451)	2,045
Event costs	-	292
Great north run costs	-	801
Travel and accommodation	56	1,271
Equipment repairs	1,062	673
Bad debts	-	1,912
Room hire costs	397	-
Meeting room - COS	1	-
Eating well - food	1,176	-
Safe space - food	786	-
Volunteer expenses	258	-
Services provided income	(18,085)	-
Services provided payments	<u>18,085</u>	<u>-</u>
	<u>83,456</u>	<u>120,548</u>

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

9. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Operating expenses	78,468	-	78,468
Legal and professional fees	<u>19,284</u>	<u>5,095</u>	<u>24,379</u>
	<u>97,752</u>	<u>5,095</u>	<u>102,847</u>

Support costs, included in the above, are as follows:

			2023	2022
	Operating expenses £	Legal and professional fees £	Total activities £	Total activities £
Rent and rates	33,870	-	33,870	41,006
Insurance	1,026	-	1,026	2,006
Light and heat	6,361	-	6,361	9,386
Telephone, printing & postage	73	-	73	2,273
Postage and stationery	258	-	258	459
Sundries	4,497	-	4,497	593
Repairs and maintenance	6,921	-	6,921	6,648
Computer costs	4,124	-	4,124	3,559
Legal and professional	-	19,284	19,284	2,597
Memberships and subscriptions	1,040	-	1,040	632
Waste disposal	2,095	-	2,095	2,147
Bank charges	124	-	124	39
Credit card fees	7	-	7	337
Office equipment	285	-	285	-
Advertising and promotional	329	-	329	-
VAT irrecoverable	4,883	-	4,883	-
Depreciation of tangible and heritage assets	12,575	-	12,575	13,177
Accountancy and bookkeeping	<u>-</u>	<u>5,095</u>	<u>5,095</u>	<u>3,376</u>
	<u>78,468</u>	<u>24,379</u>	<u>102,847</u>	<u>88,235</u>

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Accountancy and bookkeeping	5,095	3,376
Depreciation - owned assets	<u>12,575</u>	<u>13,177</u>

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

12. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	61,422	113,047
Social security costs	-	4,095
Other pension costs	<u>702</u>	<u>539</u>
	<u>62,124</u>	<u>117,681</u>

The charity's key management personnel comprise the Trustees and the Chief Officer and Senior Personnel. The total employee benefits of the key management personnel were £26,193 (2022 - £25,750).

The average monthly number of employees during the year was as follows:

	2023	2022
Project support coaching staff and admin	<u>4</u>	<u>5</u>

No employees received emoluments in excess of £60,000.

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	7,927	-	7,927
Charitable activities			
Grant income	82,095	76,580	158,675
Other trading activities	25,175	-	25,175
Investment income	<u>28,870</u>	<u>-</u>	<u>28,870</u>
Total	<u>144,067</u>	<u>76,580</u>	<u>220,647</u>
 EXPENDITURE ON			
Raising funds	19,640	7,800	27,440
Charitable activities			
Staff costs	22,210	75,158	97,368
Operating expenses	67,136	34,517	101,653
Legal and professional fees	<u>9,762</u>	<u>-</u>	<u>9,762</u>
Total	<u>118,748</u>	<u>117,475</u>	<u>236,223</u>
 NET INCOME/(EXPENDITURE)	25,319	(40,895)	(15,576)
 RECONCILIATION OF FUNDS			
Total funds brought forward	(24,840)	68,179	43,339
	<u> </u>	<u> </u>	<u> </u>
 TOTAL FUNDS CARRIED FORWARD	<u>479</u>	<u>27,284</u>	<u>27,763</u>

THE ROAD TO RECOVERY TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

14. TANGIBLE FIXED ASSETS

	Improvements to property £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2022 and 31 March 2023	<u>47,298</u>	<u>1,005</u>	<u>46,113</u>	<u>9,340</u>	<u>103,756</u>
DEPRECIATION					
At 1 April 2022	27,376	538	27,470	5,935	61,319
Charge for year	<u>5,185</u>	<u>233</u>	<u>4,775</u>	<u>2,382</u>	<u>12,575</u>
At 31 March 2023	<u>32,561</u>	<u>771</u>	<u>32,245</u>	<u>8,317</u>	<u>73,894</u>
NET BOOK VALUE					
At 31 March 2023	<u>14,737</u>	<u>234</u>	<u>13,868</u>	<u>1,023</u>	<u>29,862</u>
At 31 March 2022	<u>19,922</u>	<u>467</u>	<u>18,643</u>	<u>3,405</u>	<u>42,437</u>

15. STOCKS

	2023 £	2022 £
Stocks	<u>50</u>	<u>50</u>

16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	5,827	7,413
Prepayments and accrued income	<u>27,721</u>	<u>33,342</u>
	<u>33,548</u>	<u>40,755</u>

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	30,940	39,117
Social security and other taxes	4,449	5,437
VAT	1,678	154
Other creditors	76	517
Accruals and deferred income	<u>22,920</u>	<u>41,564</u>
	<u>60,063</u>	<u>86,789</u>

Included within Accruals and Deferred Income are the following amounts comprising income received in advance of delivery of the related services or expenditure incurred.

	£
Balance at 1 April 2022	34,135
Released to income from charitable activities	(34,135)
Amount deferred in year	<u>21,480</u>
Balance at 31 March 2023	<u>21,480</u>

18. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2023	2022
	£	£
Within one year	<u>35,000</u>	<u>35,000</u>

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
	£	£	£	£
Fixed assets	29,862	-	29,862	42,437
Current assets	41,372	22,106	63,478	72,115
Current liabilities	<u>(38,583)</u>	<u>(21,480)</u>	<u>(60,063)</u>	<u>(86,789)</u>
	<u>32,651</u>	<u>626</u>	<u>33,277</u>	<u>27,763</u>

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

20. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	(5,056)	42,776	(5,069)	32,651
Designated - Cafe	<u>5,535</u>	<u>(5,597)</u>	<u>62</u>	<u>-</u>
	479	37,179	(5,007)	32,651
Restricted funds				
Charity Core	27,284	(27,284)	-	-
Tudor Trust - Jimmy's Salary	-	(5,007)	5,007	-
National Lottery Community Fund - Angela's Wages and Charity Core Costs	<u>-</u>	<u>626</u>	<u>-</u>	<u>626</u>
	<u>27,284</u>	<u>(31,665)</u>	<u>5,007</u>	<u>626</u>
TOTAL FUNDS	<u>27,763</u>	<u>5,514</u>	<u>-</u>	<u>33,277</u>

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

20. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	60,351	(17,575)	42,776
Designated - Cafe	<u>386</u>	<u>(5,983)</u>	<u>(5,597)</u>
	60,737	(23,558)	37,179
Restricted funds			
Charity Core	-	(27,284)	(27,284)
Tudor Trust - Jimmy's Salary	18,750	(23,757)	(5,007)
Newcastle City Council Public Health - Creche	20,699	(20,699)	-
National Lottery Community Fund - Angela's Wages and Charity Core Costs	43,039	(42,413)	626
Newcastle City Council - Warm Space	6,500	(6,500)	-
Community Foundation-1989 Wilan Trust - Thriving in Recovery Project	8,760	(8,760)	-
Garfield Weston Foundation - Thriving in Recovery Project	20,000	(20,000)	-
Sir James Knott Trust - Thriving in Recovery Project	4,800	(4,800)	-
The Barbour Foundation - Thriving in Recovery Project	8,000	(8,000)	-
The Edward Gostling Foundation - Thriving in Recovery Project	500	(500)	-
The Grocers Charitable Trust - Thriving in Recovery Project	<u>1,520</u>	<u>(1,520)</u>	<u>-</u>
	<u>132,568</u>	<u>(164,233)</u>	<u>(31,665)</u>
TOTAL FUNDS	<u><u>193,305</u></u>	<u><u>(187,791)</u></u>	<u><u>5,514</u></u>

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

20. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	(24,840)	19,784	(5,056)
Designated - Cafe	<u>-</u>	<u>5,535</u>	<u>5,535</u>
	(24,840)	25,319	479
Restricted funds			
Charity Core	68,179	(40,895)	27,284
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>43,339</u>	<u>(15,576)</u>	<u>27,763</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	118,892	(99,108)	19,784
Designated - Cafe	<u>25,175</u>	<u>(19,640)</u>	<u>5,535</u>
	144,067	(118,748)	25,319
Restricted funds			
Charity Core	18,321	(59,216)	(40,895)
Cafe Grants	7,800	(7,800)	-
Living and Being Well Project	22,005	(22,005)	-
Tudor Trust - Jimmy's Salary	18,750	(18,750)	-
Newcastle City Council Public Health - Creche	<u>9,704</u>	<u>(9,704)</u>	<u>-</u>
	<u>76,580</u>	<u>(117,475)</u>	<u>(40,895)</u>
TOTAL FUNDS	<u>220,647</u>	<u>(236,223)</u>	<u>(15,576)</u>

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

20. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	(24,840)	62,560	(5,069)	32,651
Designated - Cafe	<u>-</u>	<u>(62)</u>	<u>62</u>	<u>-</u>
	(24,840)	62,498	(5,007)	32,651
Restricted funds				
Charity Core	68,179	(68,179)	-	-
Tudor Trust - Jimmy's Salary	-	(5,007)	5,007	-
National Lottery Community Fund - Angela's Wages and Charity Core Costs	<u>-</u>	<u>626</u>	<u>-</u>	<u>626</u>
	<u>68,179</u>	<u>(72,560)</u>	<u>5,007</u>	<u>626</u>
TOTAL FUNDS	<u><u>43,339</u></u>	<u><u>(10,062)</u></u>	<u><u>-</u></u>	<u><u>33,277</u></u>

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

20. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	179,243	(116,683)	62,560
Designated - Cafe	<u>25,561</u>	<u>(25,623)</u>	<u>(62)</u>
	204,804	(142,306)	62,498
Restricted funds			
Charity Core	18,321	(86,500)	(68,179)
Cafe Grants	7,800	(7,800)	-
Living and Being Well Project	22,005	(22,005)	-
Tudor Trust - Jimmy's Salary	37,500	(42,507)	(5,007)
Newcastle City Council Public Health - Creche	30,403	(30,403)	-
National Lottery Community Fund - Angela's Wages and Charity Core Costs	43,039	(42,413)	626
Newcastle City Council - Warm Space	6,500	(6,500)	-
Community Foundation-1989 Wilan Trust - Thriving in Recovery Project	8,760	(8,760)	-
Garfield Weston Foundation - Thriving in Recovery Project	20,000	(20,000)	-
Sir James Knott Trust - Thriving in Recovery Project	4,800	(4,800)	-
The Barbour Foundation - Thriving in Recovery Project	8,000	(8,000)	-
The Edward Gostling Foundation - Thriving in Recovery Project	500	(500)	-
The Grocers Charitable Trust - Thriving in Recovery Project	<u>1,520</u>	<u>(1,520)</u>	<u>-</u>
	<u>209,148</u>	<u>(281,708)</u>	<u>(72,560)</u>
TOTAL FUNDS	<u><u>413,952</u></u>	<u><u>(424,014)</u></u>	<u><u>(10,062)</u></u>

1989 Wilan Trust

Grant towards salaries

Community Fund

Towards the development and delivery of the Thriving In Recovery Project

Connected Voice Fund

VCSE sector fund to support charities with the Cost of Living

THE ROAD TO RECOVERY TRUST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

20. MOVEMENT IN FUNDS - continued

Garfield Weston Foundation

Towards the development and delivery of the Thriving In Recovery Project

NCC Public Health

Support the running of the crèche

Newcastle City Council - Warm Space

To provide a warm space for the local community of George Street Social

Percy Hedley Foundation

To support the core costs of delivering our services

Sir James Knott

Towards the development and delivery of the Thriving In Recovery Project

The Barbour Foundation

Towards the development of the Thriving In Recovery Project

The Edward Gostling Foundation

This fund was to deliver Thriving In Recovery

The Grocers Charitable Trust

Towards the development and delivery of the Thriving In Recovery Project

The Speedomick Foundation

Towards the development and delivery of the Thriving In Recovery Project

Tudor Trust

Grant towards core costs

Transfers between funds

The fund transfers represent the transfer of restricted funds to unrestricted funds where a portion of the grant funding has been used to purchase fixed assets. Other transfers represent the completion of a project with the transfer of the remaining funds to unrestricted. Transfers from unrestricted are to cover overspends.

THE ROAD TO RECOVERY TRUST

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

21. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

THE ROAD TO RECOVERY TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	2,569	7,927
Other trading activities		
Café income	386	25,175
Investment income		
Rental income	41,062	28,870
Charitable activities		
Grants	<u>149,288</u>	<u>158,675</u>
Total incoming resources	193,305	220,647
 EXPENDITURE		
Other trading activities		
Purchases	(188)	4,416
Wages	1,475	21,325
Catering equipment	80	1,578
Catering sundries	<u>121</u>	<u>121</u>
	1,488	27,440
 Charitable activities		
Wages	59,947	91,722
Social security	-	4,095
Pensions	702	539
Agency staff	171	174
Staff training	24	838
Cleaning products	1,710	765
Financial services	8,545	7,655
Creche costs	9,072	4,324
Therapy costs	-	3,442
Project costs	(451)	2,045
Event costs	-	292
Great north run costs	-	801
Travel and accommodation	56	1,271
Equipment repairs	1,062	673
Bad debts	-	1,912
Carried forward	80,838	120,548

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THE ROAD TO RECOVERY TRUST

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Charitable activities		
Brought forward	80,838	120,548
Room hire costs	397	-
Meeting room - COS	1	-
Eating well - food	1,176	-
Safe space - food	786	-
Volunteer expenses	258	-
Services provided income	(18,085)	-
Services provided payments	<u>18,085</u>	<u>-</u>
	83,456	120,548
Support costs		
Management		
Rent and rates	33,870	41,006
Insurance	1,026	2,006
Light and heat	6,361	9,386
Telephone, printing & postage	73	2,273
Postage and stationery	258	459
Sundries	4,497	593
Repairs and maintenance	6,921	6,648
Computer costs	4,124	3,559
Legal and professional	19,284	2,597
Memberships and subscriptions	1,040	632
Waste disposal	2,095	2,147
Bank charges	124	39
Credit card fees	7	337
Office equipment	285	-
Advertising and promotional	329	-
VAT irrecoverable	4,883	-
Improvements to property	5,185	5,186
Plant and machinery	233	233
Fixtures and fittings	4,775	4,774
Computer equipment	<u>2,382</u>	<u>2,984</u>
	97,752	84,859
Governance costs		
Accountancy and bookkeeping	<u>5,095</u>	<u>3,376</u>
Total resources expended	<u>187,791</u>	<u>236,223</u>
Net income/(expenditure)	<u><u>5,514</u></u>	<u><u>(15,576)</u></u>

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