

**CHARITY REGISTRATION NUMBER: 1144818**

# **REACH OUT UK**

**REPORT AND FINANCIAL STATEMENTS**

**31 DECEMBER 2022**

**Reach Out UK**  
**Financial Statements**  
**Year Ended 31 DECEMBER 2022**

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# Reach Out UK

## Trustees Annual Report

### Year Ended 31 DECEMBER 2022

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The trustees present this report and the unaudited financial statements of the charity for the year ended 31 DECEMBER 2022

#### Reference and administrative details

<b>Registered Charity Name</b>	Reach Out UK
<b>Charity Registration Number</b>	1144818
<b>Principal Office</b>	140 Stamford Hill London N16 6QT
<b>Country of charity registration</b>	England & Wales/Scotland/Northern Ireland
<b>Country of incorporation</b>	UK

#### The trustees who served the charity during the period were

Mr Aron Heilpern  
Mr Benjamin Roth  
Mr Henri Konig  
Mr Aaron Goldman

#### Independent examiner

Y Stern

#### Structure, governance & management

The charity is constituted and governed by a Trust Deed dated 16<sup>th</sup> November 2011. The charity is governed and managed by the trustees, who meet regularly. It is not now the intention of the trustees of the charity to appoint any new trustees. Should the situation change in the future, the trustees will apply suitable recruitment training and induction procedures.

#### The charity's objects

- 1) To provide or assist in the provision of facilities in the interests of social welfare for recreation, education or other leisure time occupation of individuals who have need of such facilities by reason of their age, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life.
- 2) To relieve financial hardship, either generally or individually, of people living in England & Wales by making grants of money for providing or paying for items services or facilities.

# Reach Out UK

## Trustees Annual Report *(continued)*

### Year Ended 31 DECEMBER 2022

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3) To promote and protect good health through the provision of financial assistance, information, support, education and advice so as to improve the conditions of life.

4) To promote any other exclusively charitable objects and purposes as the trustees see fit, provided that they are regarded as charitable by the law of England and Wales.

#### **Activities, achievement and performance**

- Morning programme (11-1).

This daily programme, with an attendance of 25-35 participants consists of interactive lectures and discussion groups on topics of interest, with a lunch break between.

- Home visits programme

Is an initiative where visits are made to members who may be in hospital or unable to attend for medical reasons. Over the year, 25 Holocaust survivors or refugees on low income or other older people, were visited at home or in hospital, totalling 200 visits.

For participants, who are vulnerable, isolated and usually very lonely, Reach Out is a ray of sunshine. It offers beneficiaries an opportunity to leave their homes, develop and enjoy friendships, learn new skills and challenge themselves, hopefully preventing or delaying cognitive decline. Reach Out provides freshly prepared food for its beneficiaries to enjoy in good company. Reach Out's main objective is the improved wellbeing of its beneficiaries. Many of Reach Out's participants and their families are very enthusiastic about the positive effects of its services in their lives.

#### **Positive outcomes include:**

Improved physical health: Seniors are often reluctant to leave their homes and many can languish at home for days, which is detrimental to their physical and emotional health. Reach Out's daily morning programme ensures that participants leave their homes and join the world outside on a regular basis and have daily contact with others. Session facilitators also encourage healthy activities and exercise.

Improved emotional wellbeing: Studies show that loneliness and social isolation are the biggest killers and may increase premature death by up to 50%. Reach Out tackles loneliness by ensuring seniors in the community can be socially active, intellectually stimulated and just feel cared for. There is a knock-on positive effect on the rest of participants' week. Jacob, aged 92, a veteran Reach Out participant says 'if not for Reach Out, no one would know or care that I exist'. The opportunity to network with peers their age, provides validation and improves members' self-esteem as they feel valued and important, and not simply out-of-date and irrelevant.

#### **Public benefit:**

The Trustees confirm their compliance with the duty to have due regard to the Public Benefit guidance published by the Charity Commission when reviewing the Charity's aims and objectives and in planning future activities.

# **Reach Out UK**

## **Trustees Annual Report *(continued)***

### **Year Ended 31 DECEMBER 2022**

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#### **Financial review and treasurer's statement:**

Reach Out UK's income consists of a mix of grant funding, private donations and user contributions. In this challenging financial climate, it is harder to solicit donations and we are continuing to increase our fundraising efforts to ensure the charity's long term-sustainability. We are grateful to the National Lottery for the generous grant of £10,000 we received from their Awards For All funding pot, which enabled us to provide the services that we did and other donations were from private donors, but we are hoping to increase the amount Reach Out UK receives from grant funding in the future to enable us to deliver high-quality, much-needed activities for vulnerable people in the community.

#### **Reserves policy:**

The Trustees are working towards holding free reserves of at least 3 months' operating costs to protect services and ensure adequate cashflow. The charity has not yet achieved that goal with reserves now covering nearly two months' operating costs. However, the trustees plan to increase fundraising in the coming year in order to raise not just the costs for the year, but enough for an extra month and a half's operating costs to be kept in reserves.

Signed on behalf of the trustees

**Mr Benjamin Roth**

**Date 24 October 2023**

## **Reach Out UK**

# **Independent Examiner's Report to the Trustees of Reach Out Year Ended 31 DECEMBER 2022**

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I report to the trustees on my examination of the financial statements of Reach Out UK ('the charity') for the year ended 31 DECEMBER 2022.

### **Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Y Stern

30 October 2023

# Reach Out UK

## Statement of Financial Activities (incorporating an income and expenditure account)

Year Ended 31 DECEMBER 2022

	Notes	Unrestricted Funds 2022	Restricted Funds 2022	Total Funds 2022	Unrestricted Funds	Restricted Funds 2021	Total Funds 2021
<b>INCOME FROM</b>							
Donations & legacies	2	22,431		<b>22,431</b>	19,209	-	<b>19,209</b>
Charitable activities	3		10,000	<b>10,000</b>			
Activities for Older People		-	-		-	-	
<b>TOTAL INCOMING RESOURCES</b>		<b>22,431</b>	<b>10,000</b>	<b>32,431</b>	<b>19,209</b>	<b>-</b>	<b>19,209</b>
<b>EXPENDITURE ON</b>							
Raising funds	4		-			-	
Charitable activities	5						
Activities for Older People		25,639	5,643	31,282	17,519	-	17,519
<b>TOTAL EXPENDITURE</b>		<b>25,639</b>	<b>5,643</b>	<b>31,282</b>	<b>17,519</b>	<b>-</b>	<b>17,519</b>
<b>NET INCOME</b>		<b>(3,208)</b>	<b>4,357</b>	<b>1,149</b>	<b>1,691</b>	<b>-</b>	<b>1,691</b>
<b>Net movement in funds</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>RECONCILIATION OF FUNDS</b>							
Total funds brought forward		3,495	-	<b>3,495</b>	1,804	-	<b>1,804</b>
Total funds carried forward		287	4,357	<b>4,644</b>	3,495	-	<b>3,495</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

# Reach Out UK

## Balance Sheet

### 31 DECEMBER 2022

	Note		Total 2022		Total 2021
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible assets	7	-		-	
Investments		-		-	
		-		-	
<b>CURRENT ASSETS</b>					
Debtors	8	2,500		2,500	
Cash at bank and in hand		4,526		1,595	
		7,026		4,095	
<b>LIABILITIES</b>					
Creditors: amounts falling due within one year	9	2,381		600	
<b>Net current assets</b>			4,644		3,495
<b>Total assets less current liabilities</b>			4,644		3,495
<b>Total Net assets</b>			4,644		3,495
<b>THE FUNDS OF THE CHARITY</b>					
Restricted income funds			4,357		-
Unrestricted income funds			(287)		3,495
Total funds of the charity:	10		4,644		3,495
				-	

Approved by the trustees on and signed on their behalf by

Mr Benjamin Roth  
Trustee

24 October 2022



# Reach Out UK

## Notes to the financial statements

### 31 DECEMBER 2022

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#### 1 Accounting Policies

##### **Statutory information**

Reach Out UK is an unincorporated charity registered with the Charity Commission in England & Wales. The registered office address and principal place of business, is 140 Stamford Hill London N16 6QT.

##### **Basis of preparation**

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) (September 2015) and the Charities Act 2011.

The accounts (financial statements) have been prepared to give a 'true and fair view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

##### **Public benefit entity**

The charity meets the definition of a public benefit entity under FRS 102.

##### **Going Concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Key judgements that the charity has made which have significant effect on the accounts include (estimating the liability from multi-year grant commitments).

##### **Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

##### **Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity, this is normally upon notification of the interest paid or payable by the bank.

**Reach Out UK**  
**Notes to the financial statements *(continued)***  
**31 DECEMBER 2022**

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**Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

**Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charity in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of (delivering services, exhibitions and other educational activities) undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**Reach Out UK**  
**Notes to the financial statements (continued)**  
**31 DECEMBER 2022**

<b>2</b>	<b>Income from donations &amp; legacies</b>			<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2022</b>	<b>Total 2021</b>
	Donations			22,431	10,000	32,431	19,209
<b>3</b>	<b>Income from charitable activities</b>						
<b>4</b>	<b>Income Government Grant</b>						
	Government Grant- CJRS			-	-	-	-
<b>5</b>	<b>Analysis of expenditure</b>	<b>Raising funds</b>	<b>Charitable Activities</b> Activities for older people	<b>Governance costs</b>	<b>Support Costs</b>	<b>Total 2022</b>	<b>Total 2021</b>
	Staff Costs (note 5)	-	19,392		4,447	23,839	15,305
	Refreshments	-	3,600	-	-	3,600	-
	Publicity	-	-	-	550	550	250
	Grants For Individual	-	-	-	-	-	400
	Premises Costs	-	1,200	-	-	1,200	720
	Membership Fees	-	-	-	-	-	100
	Administration				300	300	
	Telephone		-			-	43
	Lectures		450			450	
	Material		743			743	
	Sundry Expense	-	-	-	-	-	-
	Legal & Professional Fees	-	-	600	-	-	700
	<b>Total Direct Costs</b>	<b>-</b>	<b>25,385</b>	<b>600</b>	<b>5,297</b>	<b>31,282</b>	<b>17,519</b>
	<b>Support Costs</b>	<b>-</b>	<b>5,297</b>	<b>-</b>	<b>(5,297)</b>	<b>-</b>	<b>-</b>
	<b>Governance Costs</b>	<b>-</b>	<b>600</b>	<b>(600)</b>	<b>-</b>	<b>-</b>	<b>-</b>
	<b>Total expenditure 2022 (including support costs)</b>	<b>-</b>	<b>31,282</b>	<b>-</b>	<b>-</b>	<b>31,282</b>	<b>17,519</b>
	<b>Total expenditure 2021</b>	<b>-</b>	<b>14,375</b>	<b>700</b>	<b>2,443</b>	<b>17,519</b>	

**Reach Out UK**  
**Notes to the financial statements** *(continued)*  
**31 DECEMBER 2022**

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	<b>2022</b>	<b>2021</b>
<b>6 Staff costs and emoluments</b>		
<b>Total staff costs were as follows:</b>		
Salaries & wages	23,839	17,519
 The average number of employees during the year was as follows:	 <b>5</b>	 <b>5</b>
 No employee received remuneration of more than £60,000 during the year (2021: nil)		
 The trustees were not paid or received any other benefits from the charity during the year (2021: nil).		
 None of the trustees received payment for professional or other services supplied to the charity (2021: nil)		
<b>7 Related party transactions</b>		
There are no related party transactions to disclose for 2022 (2021: none)		
<b>8 Tangible fixed assets</b>		
The charity does not hold any fixed assets		
<b>9 Debtors</b>	<b>2022</b>	<b>2021</b>
Other Debtors	<b>2,500</b>	2,500
<b>10 Creditors: amounts falling due within one year</b>		
Accruals	<b>2,382</b>	600

**Reach Out UK**  
**Notes to the financial statements *(continued)***  
**31 DECEMBER 2022**

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		Balance at 2021	Net outgoing	Balance at 2022
11	<b>Movement in funds</b>			
	Restricted funds	-	4,357	4,357
	Unrestricted funds	3,495	(3,208)	287
	<b>Total funds</b>	<b>3,495</b>	<b>1,149</b>	<b>4,644</b>