



**Annual Report for
the Year Ended
31 October 2024**

Reg. Co. 07826095

Reg. Charity. 1144669

The LifeHouse
Statement of Financial Activities (including Income and Expenditure Account)
for the Year Ended 31 October 2024

		Unrestricted Funds £	Restricted Funds £	Total Funds year ended 31st October 2024 £	Total Funds year ended 31st October 2023 £
	Note				
Incoming resources from generated funds					
Voluntary Income	2	£118,612	£0	£118,612	£96,006
Total incoming resources		£118,612	£0	£118,612	£96,006
Resources expended					
Cost of generating funds					
Resources expended	3	£99,418	£12,509	£111,927	
Total resources expended		£99,418	£12,509	£111,927	£96,189
Net Income		£19,194	-£12,509	£6,685	
Reconcillation of funds					
Total Funds brought forward		£40,329	£12,509	£52,838	£54,988
Total Funds carried forward		£59,523	£0	£59,523	£52,838

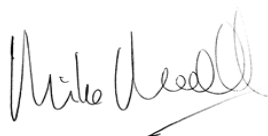
The LifeHouse

Registration number: 7826095

Balance Sheet as at 31st October 2024

		2024	2023
	Notes		
Current Assets		£	£
Cash at bank and in hand		£59,523	£52,838
		£59,523	£52,838
Net Assets		£59,523	£52,838
The funds of the charity	9		
Restricted Funds		£0	£12,509
Unrestricted Funds		£59,523	£40,329
Total Charity Funds		£59,523	£52,838

These accounts have been approved by the trustees and signed on its behalf by:



Mr Michael Morell
Trustee and Treasurer
Date: 16/08/25

The notes on pages 1 to 12 form an integral part of these financial statements.

The LifeHouse

Notes to the Financial Statements for the Year Ended 31 October 2024

1. Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, the Financial Reporting Standard for Smaller Entities (effective April 2008) and the Companies Act 2006.

Fund accounting policy

Unrestricted income funds are general funds that are available for use at the Trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Incoming resources from tax reclaims are included in the statement of financial activities at the same time as the gift to which they relate.

2 Voluntary Income						
			Unrestricted Funds	Restricted Funds	Total Funds Year Ended 31st Oct 2024	Total Funds Year Ended 31st Oct 2023
			£	£	£	£
General Funds						
Appeals and Donations			£64,589		£64,589	
Grants			£52,536		£52,536	
Interest			£617		£617	
Gift Aid Tax reclaim			£870		£870	
			£118,612	£0	£118,612	£0

Resources expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

3 Total Resources Expended						
		Notes	Total Funds Year Ended 31st Oct 2024	Restricted Funds		Total Funds Year Ended 31st Oct 2023
Charitable Activities						
Activities Undertaken Directly	4		£91,051	£12,509	£103,560	£55,491
Grant Funding of Activities	5					£578
Support Costs	6		£8,367		£8,367	£5,430
			£99,418	£12,509	£111,927	£61,499

Activities Undertaken Directly						
		Total Funds Year Ended 31st Oct 2024	Restricted Funds			Total Funds Year Ended 31st Oct 2023
Salaries & Wages		£13,676				£10,578
Volunteer Expenses		£3,018				£3,279
Rent and Venue Hire		£25,505				£20,025
Ministry Gifts & Donations		£3,184				£3,857
Hospitality						£22
Light & Heat		£8,815				£7,839
LifeHouse Food		£26,092				£18,370
Maintenance& Refurbishment		£3,290				£7,908
Other LifeHouse Costs		£1,703				£1,579
Client Help		£4,131				£3,711
Equipment		£13,690				£3,751
Vehicle Expenses		£456				
		£103,560	£0	£0		£80,919

Support Costs						
		Unrestricted Funds				Total Funds Year Ended 31st Oct 2023
Insurance		£1,631				£778
Travel & Subsistence						£224
General Expenses		£645				£2,199
Office Cost, Stationery, postage		£2,496				£2,006
Repairs & renewal		£517				£7,289
Bank Charges		£148				£347
Books & Subscriptions		£216				£448
Conference Costs		£260				£620
Auditing & Accountancy Fees		£1,296				£1,296
Legal & Profesional		£1,158				£63
		£8,367				£15,270

Restricted funds have been given for specifically use in refurbishment and re-equipment, e.g. purchasing of new fridges and freezers. Also for the running of the LifeHouse Homeless Food Kitchen, e.g. specifically for food purchasing. These are in addition to grants and funding that is unrestricted.

Analysis of Funds						£111,927
			Resources			
General Funds	2023	Income	expended			
Unrestricted Income	£40,329	£118,612	£99,418	£59,523		
Restricted Funds	£12,509	£0	£12,509	£0		
	£52,838	£118,612	£111,927	£59,523		
Net Assets by fund						
				Total Funds		Total Funds
		Funds		31st October		31st October
				2024		2023
		£		£		£
Current Account 1		£6,602				£5,707
Current Account 2		£37,703				£32,482
Savings Account 1		£4,163				£2,163
Savings Account 2		£2,163				£4,163
Savings - Aldermore		£8,892				£8,322
		£59,523				£52,838

Taxation

The LifeHouse is a registered charity and is, therefore, exempt from taxation.

The LifeHouse

Reference and Administrative Details

Charity name	The LifeHouse
Charity registration number	1144669
Company registration number	07826095
Principal Office	153 Albert Road, Southsea, Portsmouth, PO4 0JW
Registered Office	153 Albert Road, Southsea, Portsmouth, PO4 0JW
Trustees	Mr Peter John Robinson, (Appointed 13 November 2016 – Chair of Trustees) Mr Helen Robinson, (Appointed 16 December 2021) Mrs Paula Bettina Jolly (Appointed 1 September 2018) Mr Michael Morell, (Appointed 6 September 2016)
Bankers	CAF BANK 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ
Independent Examiner	Jeremy Brown 14 Marion Road Southsea Portsmouth Hampshire PO4 0QX

The LifeHouse

Trustees' Report

The Trustees present their report and accounts for the period ended 31 October 2024.

The LifeHouse was incorporated on 27th October 2011 and granted charitable status on 15th November 2011.

Structure, governance and management

The company is a company limited by guarantee. The liability of the members is limited by their guarantee. In the event of the company being wound up during the period of their membership (or within a year following), members undertake to contribute such amounts as may be required, up to a maximum of £1.

Objectives and activities

The company's charitable objects are:

- a) to relieve hunger, sickness and financial hardship and to promote and preserve good health by the provision of funds, goods or services of any kind, including through the provision of counselling, training in life skills and support in such parts of Portsmouth, the United Kingdom or the world as the trustees from time to time may think fit.
- b) to provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life.
- c) to advance the Christian faith in accordance with the statement of beliefs in ways that the trustees from time to time may think fit.

Overview

Our staff team at LifeHouse have continued to work hard to deliver the best possible service to callers and guests in need throughout this year. We meet new people on a daily basis, many new to the area and many in substandard accommodation or rough sleeping.

It's good to reflect how we have recruited many excellent volunteers during this period, many specialising in specific roles, spreading responsibilities amount the team and less on key staff and the manager.

We continue to offer a choice of food at our public meals on Wednesdays and Thursdays to 100+ guests each time, our food parcel and ready meals deliveries to those who can't or shouldn't come out, food parcel service on our kitchen door 3-4 days a week, free clothes, bedding and equipment, as well as care services for hair, feet, ears and pets. In addition, we have the service offered by Advice Portsmouth on a Wednesday morning, during our breakfast, for a myriad of concerns and problems our guests may have, including rent, benefit and financial issues.

When our new van collection and delivery van was purchased second hand, we put together a team of van drivers to share the work and maximising effective use of the vehicle.

We have continued to make venue and building improvements, like a rebuilt larder, new coffee bard in our dining room, cupboards and shelf in the kitchen hatch area. These projects make our venue more efficient, hygienic and effectively future proofed. We have started to plan our new, all-stainless-steel kitchen due to be built next year.

The LifeHouse

Trustees' Report Continued....

Other Achievements

The LifeHouse supports and encourages other Food Kitchens and Parlours across the City, working with them to help care for those that are homeless, vulnerable and mentally ill. We share food and resources with other Centres to do this and minimise food wastage.

The LifeHouse continued to provide financial support to Compassion International (child schooling sponsorship in Togo).

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity and company should undertake.

Financial review

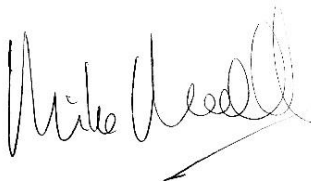
Financially the charity is secure. The unrestricted fund balance has increased this year by some 25% to £59,523 which includes £15,218 of our medium and long-term saving in the Hampshire Trust Bank and Aldermore Business Savings exceed the reserves policy of three months' expenditure as agreed by the Trustees, and reflects both stability in the charity finances and vigilance by the Trustees.

The Trustees continue to review the major risks to which the company is exposed in order to establish systems to manage those risks. Our Safeguarding and other Policies and Risk Assessments continue to be reviewed.

Small company provisions

This report has been prepared in accordance with the small company regime under the Companies Act 2006.

Approved by the Board of Trustees for The LifeHouse on its behalf by:



Date: 16/08/25

The LifeHouse

Trustees' Responsibilities in relation to the Financial Statements

The Trustees (who are also Directors of The LifeHouse for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner's Report to the Trustees of The LifeHouse

I report on the accounts of the company for the year ended 31 October 2024, which are set out on the preceding pages.

Respective responsibilities of Trustees and Examiner

The Trustees (who are also the Directors of the Company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- i. examine the accounts under section 145 of the 2011 Act;
- ii. follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- iii. state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

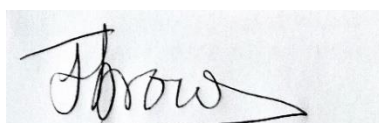
Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:

to keep accounting records in accordance with section 386 of the Companies Act 2006; and to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Jeremy Brown

Independent Examiner
Date: 31/08/2025

Jeremy Brown
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