



HARWICH

CHARITY NO: 1144593

COMPANY NO: 7577756

ANNUAL REPORT

APRIL 2022 – MARCH 2023

Teen Talk Harwich

At Teen Talk we strive to empower young people aged 11-25 years and families, by offering practical and emotional support to overcome challenges and help to change their lives for the better.

Our vision is every young person is respected, included, resilient and able to overcome challenges in life. We believe that by working together, we can create confidence to recognise their ambitions and achieve their full potential.

Our mission is to work alongside young people and families to build confidence, and self-belief in their achievements to enable them to thrive in the future.

At our main base in Harwich and through our Outreach program within secondary schools across Tendring, we have been able to return to face-to-face sessions for the young people and their families who are struggling with various emotional and wellbeing issues, especially since coming out of the Covid pandemic.

TRUSTEES

Judith Skargon - Chairperson

Val Guglielmi - Vice Chairperson

Fred Heddall C.B.E - Treasurer and Secretary

Gill Burden

Ian Davidson

Charlotte Kenny-Williams

MEMBERS

Jo Henderson - Harwich Town Council Representative

STAFF

Hayley Lovett B.E.M - C.E.O.

Fern Lovett – Activities and Community Engagement Manager

Lynne Seabridge-Long - Support Worker

Cheryl Gale - Triage Administrator

Samantha Richards – Family Support Worker

Rebecca Taylor - Outreach Worker

VOLUNTEERS

Currently on hold

REGISTERED OFFICE

17 Cliff Road, Harwich, Essex, CO12 3PP

BANK

Barclays Bank, 27 Station Road, Clacton-on-Sea, Essex CO15 1TD

ACCOUNTANTS

Gascoyne House, Moseleys Farm Business Centre, Fornham All Saints, Suffolk, IP28 6JY

CEO REPORT

As an organisation, we are still facing the challenges left behind by the Covid-19 changing working environment. We are still learning to adapt and try to remove the barriers to ensure young people have a good service.

We are not alone in needing to adapt to our workplace culture. But we also had to recognise how this significantly changed how young people and their families engaged with us.

Our incredible work continues to save lives, and I do not comment on this lightly. Young people have feedback on how our work has reduced their suicidal thoughts and how their health and well-being have improved after using our services. The 1-1 support is still our focus, but the small group activities have covered a growing gap in young people simply needing a safe space. I am immensely proud that we genuinely work to inspire young people to recognise what they can achieve. Reading the feedback, we receive inspires me to know how resilient these young people become.

This year we had to think of ways to get Teen Talk back into youth conversation. Ensuring young people entering secondary schools knew about the services and the help we could provide. With the support of the VVU Community Grant and the fantastic team at ECVYS (Essex Council for Voluntary Youth Services), they helped us to move this forward, making sure young people had a safe place to go to and, more importantly, to know where to turn if they need help. Developing workshops, we took out to schools helped us discuss Building resilience. Testing and designing the workshop this year with some wonderful results and feedback. This introduction worked well, putting us back on the map for young people and schools across Tendring and an area of our programs we will build on.

We continue to uncover more surprising stories every week from young people who are finding life a struggle. These are the ones that are often left unheard. They do not cause any problems but slowly disengage from daily routines. This is the gap we continually fill. Our fantastic team do the most straightforward task of listening. However, this creates some remarkable change as young people become more confident and begin to live their lives better again. From a mum who is terribly worried to a child who just does not see the point, being listened to and heard is our most powerful tool and how we still make a difference. This concept is precious and something I want to ensure stays at the heart of Teen Talk.

I wholeheartedly praise our team for their passion and success in helping young people feel better about themselves and what they can achieve.

Hayley Lovett

SUMMARY

We aim to build resilience and empower young people to believe in their abilities.

From our main base in Harwich and Outreach at Harwich & Dovercourt High School, Tendring Technology Colleges, Sigma 6th and Nova

709 young people and their families have been impacted this year.

Most have been referred by school, college, parents or GP or mental health teams
and through our new school workshops;

Year 6 Transition to Secondary School

Year 9 Foundations for Well being

Year 12-13 Facing Adversity and Building Resilience

440 pupils have participated

(Since Covid-19 this has been a way to stay connected with young people.)

Of the **531** sessions offered **423** were engaged.

119 were provided with 1 to 1 support to improve emotional wellbeing

75% had improved confidence

80% had improved aspirations

94 consultations with families and agencies

79% were provided with information or signposted

93 parents were supported in a one-off session to offload their concerns and to find other services and support

Of these, **166** were new to our service, and all received support.

HOW WE HAVE HELPED

Here are some quoted samples of how we have helped at Teen Talk – Case Study

Male Young person aged 17 – provided telephone and face to face support for 18 months.

Initially step mum reached out to our service regarding bereavement and loss of young person father and concerns around break down in family communication since his death.

The support worker noted that there was some reluctance in speaking as he didn't see what the problem was. Often in our experience we recognise that trying to start to verbalise really what is wrong is difficult. So, we took the focus away from the loss of his dad and listened to what else was going on. He was upset that he had missed the deadline for college and could not do the course he wanted. Young person gave us permission to contact the college to review his position. The college was not aware of his recent bereavement and were able to adjust the deadline. Young person then took over and secured a place and continued his studies as he had planned.

As this trust began to build with the support worker, they began to establish that the young person thought his step mum hated him and felt very alone as he had no other family members since his father passed away. The support worker liaised with step mum and was able to build a more positive relationship this took around 6 months.

At closure young person was achieving well at college. The relationship with step mum was more positive and the support worker noticed that he had started to call her mum and removed the "step" from conversation, which she felt helped confirm this change in relationship. He is now working with the hospice counselling service as he feels it is time to talk about the loss of dad. He commented "I don't know how you have made things turn out OK for me, but you have. You have helped me talk to others which helped me solve a lot of things. Thanks for listening." Support worker commented communication were difficult he felt he had hit rock bottom and felt he was being knocked by everything around him, making him feel worthless. Helping to communicate better was where this helped him to change some of the factors that were impacting his self-worth as we got to the end of support, he started to believe in himself again.

CHAIR REPORT/STATEMENT

Teentalk has continued to offer vital support to a range of young people despite facing challenges presented by the aftermath of the Covid 19 pandemic and continuing funding requirements. The entire team is to be applauded for their consistently positive approach and determination to work with some of the most vulnerable young people in our area. We must all remain focused on the contribution that Teentalk is making to the well-being of our future citizens - recognizing that communication, inter-personal skills and robust self-esteem are the components of development that underpin confident adults - this is and remains our primary concern, and we will endeavor to continue to enable the Teentalk team to do so. I know that my fellow trustees will join me in congratulating the team and reiterate our commitment to supporting the infrastructure of the organisation so that the service can continue to be delivered. We recognise that there are challenges ahead and will work together to achieve this goal. Many thanks to the team and trustees for all their efforts.

Judith Skargon

FUNDERS

We would like to thank the following funders for
the grants we received

Active Tending

Children in Need

Colchester Catalyst

ECF Website

Essex Community Foundation

TDC - Covid Recovery

Trusthouse

Violence and Vulnerability Community Safety

THROUGH THE YEAR

Our 17-25 group enjoyed various activities including; Beach talk and clean up, Easter crafts, Day out for families at Clacton Pier courtesy of McDonalds



We had very generous food donations from Asda, Co-op and Morrisons that were used in our cookery sessions



Walk to Olde Harwich with refreshments kindly donated by Café on the Pier
and The Pier Hotel



Some of the group also took part in a research interview Anglia Ruskin University discussing Lessons from Lockdown and received a voucher for their time.



Tall Ships Experience



TWENTY young people will set sail on the Tall Ships on a four-night adventure voyage from Harwich to Portsmouth, thanks to support from the Mayflower Legacy Fund, set up by mayor Ivan Henderson and other organisations.

The young people, made up of 15 boys and five girls aged 12 to 15, were chosen to go on the trip from three organisations in Harwich Home Start, Teen Talk Harwich and Harwich and Dovercourt High School.

The idea for the trip came from Mr Henderson in preparation for his 2021 mayoral year and to mark the 400th anniversary sailing of the Mayflower from Harwich to Portsmouth.



The start of workshops at schools across Tendring funded by VVC



teentalk
SNAKES & LADDERS



BUILDING RESILIENCE

17 Cliff Road, Harwich, Essex CO12 3pp
Tel: 01255 504800
Email: teentalk1@hotmail.co.uk
Website: www.teentalkharwich.co.uk



harwichteentalk



Hayley (CEO) took part in a live BBC Essex interview with Paul Joslin highlighting the work we do with young people across the Tendring area.

Recognition

We were fortunate in being nominated and winning the Tendring BLUE RIBBON for Health, Care and Wellness Award 2022 in recognition of our services through the pandemic.

Well done everyone.



LOOKING FORWARD

We have welcomed two new members of staff;

Sam our Family Support Worker and Activities lead for our 17-25 group, and

Becky our Outreach Support Worker, who working alongside Lynne, are taking our workshops to schools across the Tendring area covering;

- ◆ Year 6 -Transition To Secondary
- ◆ Year 9- Foundations For Well-Being
- ◆ Year12/13- Facing Adversity and Building Resilience

Later this year we are stepping into new branding for Teen Talk with our change of logo and the launch of the new website



HARWICH

TREASURERS REPORT 2023

2022/2023 has not been a good year financially.

The effects of the Pandemic have not only been detrimental to our work with young people, but they also severely restricted our income stream. We were able to cut back on our expenditure to some extent, but we have had to dip deeply into our limited reserves to keep providing the services outlined in the CEO's report.

Our income for the year was just £62,812 against and expenditure of £147,244, that is a deficit of £84,432. This compares with 2022 when we had an income of £172,348 and spent £169,435 which is a surplus of just under £3,000.

In some cases, we were carrying forward restricted income to help cover the cost, but our unrestricted reserves have dropped from £52,813 to just £28,459. The full details can be seen in the accounts.

As a result, we have put a great deal of effort into fund raising and as grant giving bodies have been opening up again, we have been successful in being awarded several valuable grants including a 3 year offer from the Lottery fund. This will provide the majority of the income we need to cover our budget for 2023/4 though we still need to focus on fund raising and cost control to make sure we have all that we need and to avoid diminishing our reserves to seriously dangerous levels.

I would like to thank Hayley and our staff who have worked hard in difficult circumstances to continue provide our services to the Young People.

Fred Heddell

Charity registration number 1144593

Company registration number 07577756 (England and Wales)

TEEN TALK (HARWICH)

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

TEEN TALK (HARWICH)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Ms J Skargon Mr G Burden Mr I C R Davidson Ms C Kenny-Williams Ms V Guglielmi Mr F A Heddell CBE Ms M K Rowland MBE
Charity number	1144593
Company number	07577756
Principal address	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP
Registered office	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP
Independent examiner	Gascoynes Gascoynes House Moseleys Farm Business Centre Fornham All Saints Suffolk IP28 6JY

TEEN TALK (HARWICH)

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TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity operates a free and confidential information and support service for young people, aged 11 to 25, in Tendring Essex. It is a self-referral service offered on an as required basis.

Achievements and performance

The trustees wish the following to be noted in relation to some specific funds

The following funds have received funding which is allocated to projects for the new financial year.

ECF General Fund

Some other fund balances have been carried forward, with permission, due to ongoing issues in relation to the Covid pandemic.

Financial review

The charity is working towards increasing its reserves to be one third of the annual budget/four months running costs. This will enable the charity to maintain its normal level of service whilst still being able to invest in adapting and broadening the scope of the project.

The fund names "Property" relates to the cost paid for the building from which the charity operates. As such this fund does not represent cash funds that can be utilised by the charity.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms J Skargon

Mr G Burden

Mr I C R Davidson

Ms C Kenny-Williams

Ms V Guglielmi

Mr F A Heddell CBE

Ms M K Rowland MBE

TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) ***FOR THE YEAR ENDED 31 MARCH 2023***

The trustees' report was approved by the Board of Trustees.

Mr F A Heddell CBE
Trustee

18 August 2023

TEEN TALK (HARWICH)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TEEN TALK (HARWICH)

I report to the trustees on my examination of the financial statements of Teen Talk (Harwich) (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Gascoynes

Gascoynes House
Moseleys Farm Business Centre
Fornham All Saints
Suffolk
IP28 6JY

Dated: 18 August 2023

TEEN TALK (HARWICH)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income from:							
Donations and legacies	2	4,879	57,933	62,812	8,113	164,235	172,348
Expenditure on:							
Charitable activities	3	29,273	118,011	147,284	25,086	144,350	169,436
Gross transfers between funds		-	-	-	4,999	(4,999)	-
Net (expenditure)/income for the year/							
Net movement in funds		(24,394)	(60,078)	(84,472)	(11,974)	14,886	2,912
Fund balances at 1 April 2022		52,813	195,362	248,175	64,787	180,475	245,262
Fund balances at 31 March 2023		28,419	135,284	163,703	52,813	195,361	248,174
WARNING: Brought forward reserves do not agree to comparatives				1			

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEEN TALK (HARWICH)

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	6		72,533		72,533
Current assets					
Debtors	7	-		23,912	
Cash at bank and in hand		93,970		161,625	
		93,970		185,537	
Creditors: amounts falling due within one year	8	(2,800)		(9,896)	
Net current assets			91,170		175,641
Total assets less current liabilities			163,703		248,174
Income funds					
Restricted funds	10		135,284		195,361
Unrestricted funds			28,419		52,813
			163,703		248,174

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 18 August 2023

Mr F A Heddell CBE
Trustee

Company registration number 07577756

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Teen Talk (Harwich) is a private company limited by guarantee incorporated in England and Wales. The registered office is 17 Cliff Road, Dovercourt, Harwich, Essex, CO12 3PP, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

No depreciation is charged on the freehold property as this does represent commercial reality.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Taxation

The charity is exempt from corporation tax on its charitable activities.

1.9 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.10 Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and legacies	4,879	57,933	62,812	8,113	164,235	172,348

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Charitable activities

	2023 £	2022 £
Wages	81,274	110,092
Social security	25,594	21,167
Pensions	12,184	10,596
Workshops etc	6,712	4,663
Rates and water	703	356
Insurance	3,540	3,372
Light and heat	1,868	2,455
Telephone	4,296	4,412
Postage and stationery	3,448	729
Advertising	1,680	335
Sundries	1,393	185
Repairs and maintenance	2,158	8,879
Bank charges	103	95
Accountancy and legal fees	2,331	2,100
	<u>147,284</u>	<u>169,436</u>
	<u>147,284</u>	<u>169,436</u>
Analysis by fund		
Unrestricted funds	29,273	25,086
Restricted funds	118,011	144,350
	<u>147,284</u>	<u>169,436</u>

There has been an adjustment made to the 31 March 2022 comparative figures due to a misallocation of pension and social security costs which were included in wages.

The 31 March 2022 submitted to The Charity Commission will show the following:-

Wages - £127,650

Social security - £7,682

Pension - £6,522

The following adjustments has led to the balances listed above:-

Reduction in wages of £17,559.81

Increase in social security of £13,485.82

Increase in pension of £4,073.99

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

4 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year nor for the year ended 31 March 2022.

5 Employees

The average monthly number of employees during the year was:

2023 Number	2022 Number
6	4
=====	=====

There were no employees whose annual remuneration was more than £60,000.

6 Tangible fixed assets

	Freehold land and buildings £
Cost	
At 1 April 2022	72,533
At 31 March 2023	72,533
Carrying amount	
At 31 March 2023	72,533
At 31 March 2022	72,533
	=====

7 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	-	(1)
Other debtors	-	23,913
	=====	=====
	-	23,912
	=====	=====

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

8 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	2,240	3,228
Other creditors	-	6,108
Accruals and deferred income	560	560
	<u>2,800</u>	<u>9,896</u>

9 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

10 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			
	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 31 March 2023
	£	£	£	£
Property	72,533	-	-	72,533
Children In Need	-	30,500	(30,328)	172
TDC Clacton	30,000	-	(27,150)	2,850
Trusthouse	-	15,000	(16,972)	(1,972)
Prior Year Adjustments	43,258	-	-	43,258
ECF Website	4,000	-	(2,712)	1,288
VVCS	13,935	-	(16,500)	(2,565)
Colchester Catalyst	31,636	-	(24,348)	7,288
ECF General	-	12,000	-	12,000
Small donations	-	432	-	432
	<u>195,362</u>	<u>57,932</u>	<u>(118,010)</u>	<u>135,284</u>

Charity registration number 1144593

Company registration number 07577756 (England and Wales)

TEEN TALK (HARWICH)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

TEEN TALK (HARWICH)

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Ms J Skargon

Mr G Burden

Mr I C R Davidson

Ms C Kenny-Williams

Ms V Guglielmi

Mr F A Heddell CBE

Ms M K Rowland MBE

TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) ***FOR THE YEAR ENDED 31 MARCH 2023***

The trustees' report was approved by the Board of Trustees.

Mr F A Heddell CBE
Trustee

18 August 2023

TEEN TALK (HARWICH)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TEEN TALK (HARWICH)

I report to the trustees on my examination of the financial statements of Teen Talk (Harwich) (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Gascoynes

Gascoynes House
Moseleys Farm Business Centre
Fornham All Saints
Suffolk
IP28 6JY

Dated: 18 August 2023

TEEN TALK (HARWICH)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income from:							
Donations and legacies	2	4,879	57,933	62,812	8,113	164,235	172,348
Expenditure on:							
Charitable activities	3	29,273	118,011	147,284	25,086	144,350	169,436
Gross transfers between funds		-	-	-	4,999	(4,999)	-
Net (expenditure)/income for the year/							
Net movement in funds		(24,394)	(60,078)	(84,472)	(11,974)	14,886	2,912
Fund balances at 1 April 2022		52,813	195,362	248,175	64,787	180,475	245,262
Fund balances at 31 March 2023		28,419	135,284	163,703	52,813	195,361	248,174
WARNING: Brought forward reserves do not agree to comparatives				1			

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEEN TALK (HARWICH)

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	6		72,533		72,533
Current assets					
Debtors	7	-		23,912	
Cash at bank and in hand		93,970		161,625	
		93,970		185,537	
Creditors: amounts falling due within one year	8	(2,800)		(9,896)	
Net current assets			91,170		175,641
Total assets less current liabilities			163,703		248,174
Income funds					
Restricted funds	10		135,284		195,361
Unrestricted funds			28,419		52,813
			163,703		248,174

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 18 August 2023

Mr F A Heddell CBE
Trustee

Company registration number 07577756

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Teen Talk (Harwich) is a private company limited by guarantee incorporated in England and Wales. The registered office is 17 Cliff Road, Dovercourt, Harwich, Essex, CO12 3PP, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

No depreciation is charged on the freehold property as this does represent commercial reality.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Taxation

The charity is exempt from corporation tax on its charitable activities.

1.9 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.10 Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and legacies	4,879	57,933	62,812	8,113	164,235	172,348

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Charitable activities

	2023 £	2022 £
Wages	81,274	110,092
Social security	25,594	21,167
Pensions	12,184	10,596
Workshops etc	6,712	4,663
Rates and water	703	356
Insurance	3,540	3,372
Light and heat	1,868	2,455
Telephone	4,296	4,412
Postage and stationery	3,448	729
Advertising	1,680	335
Sundries	1,393	185
Repairs and maintenance	2,158	8,879
Bank charges	103	95
Accountancy and legal fees	2,331	2,100
	<u>147,284</u>	<u>169,436</u>
	<u>147,284</u>	<u>169,436</u>
Analysis by fund		
Unrestricted funds	29,273	25,086
Restricted funds	118,011	144,350
	<u>147,284</u>	<u>169,436</u>

There has been an adjustment made to the 31 March 2022 comparative figures due to a misallocation of pension and social security costs which were included in wages.

The 31 March 2022 submitted to The Charity Commission will show the following:-

Wages - £127,650

Social security - £7,682

Pension - £6,522

The following adjustments has led to the balances listed above:-

Reduction in wages of £17,559.81

Increase in social security of £13,485.82

Increase in pension of £4,073.99

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

4 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year nor for the year ended 31 March 2022.

5 Employees

The average monthly number of employees during the year was:

2023 Number	2022 Number
6	4
=====	=====

There were no employees whose annual remuneration was more than £60,000.

6 Tangible fixed assets

	Freehold land and buildings £
Cost	
At 1 April 2022	72,533
At 31 March 2023	72,533
Carrying amount	
At 31 March 2023	72,533
At 31 March 2022	72,533
	=====

7 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	-	(1)
Other debtors	-	23,913
	=====	=====
	-	23,912
	=====	=====

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

8 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	2,240	3,228
Other creditors	-	6,108
Accruals and deferred income	560	560
	<u>2,800</u>	<u>9,896</u>

9 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

10 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2022	Movement in funds		Balance at 31 March 2023
	£	Incoming resources £	Resources expended £	£
Property	72,533	-	-	72,533
Children In Need	-	30,500	(30,328)	172
TDC Clacton	30,000	-	(27,150)	2,850
Trusthouse	-	15,000	(16,972)	(1,972)
Prior Year Adjustments	43,258	-	-	43,258
ECF Website	4,000	-	(2,712)	1,288
VVCS	13,935	-	(16,500)	(2,565)
Colchester Catalyst	31,636	-	(24,348)	7,288
ECF General	-	12,000	-	12,000
Small donations	-	432	-	432
	<u>195,362</u>	<u>57,932</u>	<u>(118,010)</u>	<u>135,284</u>