

TEEN TALK (HARWICH)

England & Wales · Charity number 1144593

Details

Status	Registered
Legal form	Charitable company
Company number	07577756
Registered	2011-11-09
Register	View on the Charity Commission register

Contact

Address	17 Cliff Road Dovercourt Harwich CO12 3PP
Phone	01255504800
Email	info@teentalkharwich.co.uk
Website	teentalkharwich.co.uk

Activities

Objects: THE RELIEF OF YOUNG PERSONS IN THE HARWICH AND SURROUNDING ESSEX AREA BY THE PROVISION OF AN INFORMATION , ADVICE AND COUNSELLING SERVICE IN PARTICULAR TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF SUCH YOUNG PERSONS AND TO IMPROVE THE CONDITIONS OF LIFE OF YOUNG PERSONS WHO HAVE NEED OF SUCH A SERVICE BECAUSE OF THEIR SOCIAL OR ECONOMIC CIRCUMSTANCES.

Activities: Teen Talk supports young individuals aged 11-25 and their families residing in the Tendring district of Essex. We aim to address the challenges related to their physical, mental, social, or economic well-being. We understand that each young person has unique needs, and therefore, we provide personalized services that cater to their specific requirements to enhance their overall well-being.

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People

Geography

- Essex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£218,855	£228,955	-	-
2024-03-31	£207,018	£176,036	-	-
2023-03-31	£62,812	£147,284	-	-
2022-03-31	£172,348	£169,436	-	-
2021-03-31	£179,722	£169,325	-	-

Trustees

Name	Role	Appointed
Dr JUDITH SKARGON	Chair	2016-07-18
CLAIRE SUSAN GOODING-MATTHEWS		2026-06-09
Ian Charles Randall Davidson		2020-09-21
KATHRYN HOLLAND		2026-06-09
LUCY ELISABETH BALLARD		2026-06-09
Mark John Moule		2025-05-06
NATALIE PRIOR		2026-06-09

TEEN TALK (HARWICH)

England & Wales - Charity number 1144593

Accounts

Charity registration number 1144593

Company registration number 07577756 (England and Wales)

TEEN TALK (HARWICH)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

TEEN TALK (HARWICH)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Dr J Skargon	
	Mr I C R Davidson ACIS	
	Mr T M Barrett	(Appointed 30 August 2024)
	Mr J S Palmer	(Appointed 30 August 2024)
	Mr M J Moule	(Appointed 6 May 2025)
Charity number	1144593	
Company number	07577756	
Principal address	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP	
Registered office	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP	
Independent examiner	Gascoynes Gascoyne House Moseleys Farm Business Centre Fornham All Saints Suffolk IP28 6JY	



Gascoynes

TEEN TALK (HARWICH)

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TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity operates a free and confidential information and support service for young people, aged 11 to 25, in Tendring Essex. It is a self referral service offered on an as required basis.

Financial review

The charity is working towards increasing its reserves to be one third of the annual budget/four months running costs. This will enable the charity to maintain its normal level of service whilst still being able to invest in adapting and broadening the scope of the project.

The fund names "Property" relates to the cost paid for the building from which the charity operates. As such this fund does not represent cash funds that can be utilised by the charity.

The charity has redesignated £19,000 of income previously held within restricted funds relating to the Lottery grant to unrestricted funds. This reflects the agreed allocation intended to contribute to core operational costs across the organisational costs within the reporting period. The adjustment ensures accurate alignment with the funder's guidance and the intended use of these resources.

Reserves policy

The Charities reserve policy is to hold 6-month's operational up costs within the unrestricted funds.

While Teen Talk Harwich holds fixed assets of our property and primary base of operations, these are not liquid and therefore not available to support day-to-day programme delivery or operational costs. It is important to clearly distinguish these fixed assets from the unrestricted and readily available funds used to sustain our services for young people. The Trustees wish to emphasise that the presence of these assets does not reflect the level of funding available for core activities or service expansion.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Dr J Skargon

Mr I C R Davidson ACIS

Mr T M Barrett

Mr J S Palmer

Mr M J Moule

(Appointed 30 August 2024)

(Appointed 30 August 2024)

(Appointed 6 May 2025)

Board Members

Jo Henderson (Harwich Town Council Representative)

Cllr Terry Barrett

(Appointed February 2024)

The listed individuals were members that served the board but were not formally appointed as trustees.

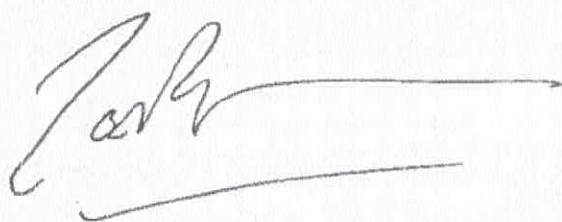
TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

The trustees' report was approved by the Board of Trustees and the Board members.

Mr I C R Davidson ACIS
Trustee

4 August 2025

A handwritten signature in black ink, appearing to read 'I C R Davidson', followed by a long horizontal line extending to the right.

TEEN TALK (HARWICH)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TEEN TALK (HARWICH)

I report to the trustees on my examination of the financial statements of Teen Talk (Harwich) (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

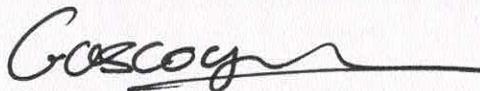
Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Gascoynes
Gascoyne House
Moseleys Farm Business Centre
Fornham All Saints
Suffolk
IP28 6JY

Dated: 4 August 2025

TEEN TALK (HARWICH)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations and legacies	2	30,508	188,347	218,855	20,518	186,500	207,018
Expenditure on:							
Charitable activities	3	30,147	198,808	228,955	25,595	150,441	176,036
Gross transfers between funds		-	-	-	43,690	(43,690)	-
Net Incoming/(outgoing) resources		361	(10,461)	(10,100)	38,613	(7,631)	30,982
Other recognised gains and losses							
Revaluation of tangible fixed assets		-	-	-	-	252,467	252,467
Net movement in funds		361	(10,461)	(10,100)	38,613	244,836	283,449
Fund balances at 1 April 2024		67,032	380,120	447,152	28,419	135,284	163,703
Fund balances at 31 March 2025		67,393	369,659	437,052	67,032	380,120	447,152

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEEN TALK (HARWICH)

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	6		325,000		325,000
Current assets					
Debtors		4,729		-	
Cash at bank and in hand		114,557		128,247	
		119,286		128,247	
Creditors: amounts falling due within one year	7	(7,234)		(6,095)	
Net current assets			112,052		122,152
Total assets less current liabilities			437,052		447,152
Income funds					
General restricted funds		117,192		127,653	
Revaluation reserve		252,467		252,467	
	9		369,659		380,120
Unrestricted funds					
Designated funds:					
Reserves		35,000		35,000	
		35,000		35,000	
General unrestricted funds		32,393		32,032	
			67,393		67,032
			437,052		447,152

TEEN TALK (HARWICH)

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2025

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 4 August 2025


Mr I C R Davidson ACIS
Trustee

Company registration number 07577756

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Teen Talk (Harwich) is a private company limited by guarantee incorporated in England and Wales. The registered office is 17 Cliff Road, Dovercourt, Harwich, Essex, CO12 3PP, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

No depreciation is charged on the freehold property as this does represent commercial reality.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Taxation

The charity is exempt from corporation tax on its charitable activities.

1.9 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.10 Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2025 £	2025 £	2025 £	2024 £	2024 £	2024 £
Donations and legacies	30,508	188,347	218,855	20,518	186,500	207,018

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

3 Charitable activities

	2025 £	2024 £
Wages	142,145	101,003
Social security	36,474	30,151
Pensions	13,848	14,618
Workshops etc	11,042	1,247
Rates and water	428	651
Insurance	4,069	3,768
Light and heat	4,590	3,286
Telephone	2,606	3,799
Postage and stationery	4,012	1,993
Advertising	-	2,524
Sundries	3,517	8,661
Repairs and maintenance	-	1,705
Bank charges	121	118
Accountancy and legal fees	6,103	2,512
	<u>228,955</u>	<u>176,036</u>
	<u>228,955</u>	<u>176,036</u>
Analysis by fund		
Unrestricted funds	30,147	25,595
Restricted funds	198,808	150,441
	<u>228,955</u>	<u>176,036</u>

4 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year nor for the year ended 31 March 2023.5

5 Employees

The average monthly number of employees during the year was:

2025 Number	2024 Number
<u>7</u>	<u>7</u>

There were no employees whose annual remuneration was more than £60,000.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

6 Tangible fixed assets

	Freehold land and buildings £
Cost	
At 1 April 2024	325,000
At 31 March 2025	325,000
Carrying amount	
At 31 March 2025	325,000
At 31 March 2024	325,000

The property has been revalued on the approval of the board of Trustees to update the property's value to that of its current value.

7 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Other taxation and social security		6,606	3,178
Trade creditors		68	-
Other creditors		-	2,357
Accruals and deferred income		560	560
		<u>7,234</u>	<u>6,095</u>

8 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

9 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2023	Movement in funds			Balance at 1 April 2024	Movement in funds			Balance at 31 March 2025
	£	Incoming resources	Resources expended	Transfers	Revaluations, gains and losses	Incoming resources	Resources expended	Incoming resources	£
Property	72,533	-	-	-	252,467	-	-	-	325,000
Children In Need	172	30,000	(33,774)	-	-	30,000	(29,132)	-	(2,734)
TDC Clacton	2,850	-	(4,274)	-	-	-	-	-	(1,424)
TDC	-	15,000	(3,216)	-	-	-	(14,607)	-	(2,823)
Trust House	(1,972)	-	-	-	-	-	-	-	(1,972)
DWP	-	-	-	-	-	29,847	(20,969)	-	8,878
Masonic	-	-	(2,235)	-	-	10,000	(5,250)	-	2,515
ECF Website	-	-	-	-	-	-	-	-	(1,077)
Lottery	-	126,500	(86,849)	-	-	111,500	(121,617)	-	29,534
Prior Year Adjustments	43,258	-	-	(43,258)	-	-	-	-	-
ECVYS	1,288	-	(2,365)	-	-	4,500	(3,525)	-	(1,590)
Colchester Catalyst	7,288	-	(7,247)	-	-	-	-	-	41
Local Community FUND LCF 147	(2,565)	-	-	-	-	-	(678)	-	(678)
ECC Locality Fund LG247	-	-	-	-	-	2,500	(92)	-	2,408
ECF General	12,000	-	(6,041)	-	-	-	-	-	5,959
Small donations	432	-	-	(432)	-	-	-	-	-
CVST-Hyerlocal	-	10,000	(2,917)	-	-	-	(2,184)	-	4,899
ECF Community	-	5,000	(1,523)	-	-	-	(754)	-	2,723
	135,284	186,500	(150,441)	(43,690)	252,467	188,347	(198,808)	369,659	

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

9 Restricted funds

(Continued)

While Teen Talk Harwich holds fixed assets of our property and primary base of operations, these are not liquid and therefore not available to support day-to-day programme delivery or operational costs. It is important to clearly distinguish these fixed assets from the unrestricted and readily available funds used to sustain our services for young people. The Trustees wish to emphasise that the presence of these assets does not reflect the level of funding available for core activities or service expansion.

TEEN TALK (HARWICH)

England & Wales - Charity number 1144593

Accounts



teentalk
HARWICH

ANNUAL REPORT

APRIL 2023 ~ MARCH 2024

CHARITY NO: 1144593

COMPANY NO: 7577756



We are here to help young people and their families with emotional wellbeing.

Teen Talk Harwich is a charity which strives to empower young people aged 11-25 years and families, by offering practical and emotional support to overcome challenges and help to change their lives for the better.

OUR VISION is every young person is respected, included, resilient and able to overcome challenges in life. We believe that by working together we can create confidence in them to recognise their abilities and achieve their full potential.

OUR MISSION is to work alongside young people and families to build confidence and self-belief in their achievements to enable them to thrive in the future.

At our main base in Harwich and through our Outreach programme within secondary schools across the Tendring district, we are able to offer face-to-face support sessions for young people and their families who are struggling with various emotional and wellbeing issues. We also run workshops to various year groups ;

Year 6 primary - Transition to secondary school

Year 9 - Exploring the steps that help build resilience and achieve good emotional well-being

Year 12 - Facing adversity and building resilience.

To further reduce isolation and enhance life skills, we also offer weekly Social Groups for 11-16 years and 17-25 years and Activity programmes during the School Holidays.

CEO Report

Over the past year, teentalk Harwich has continued prioritising the needs of young people in Tendring. Our early intervention programs have provided a platform for young individuals to express their concerns early, reflecting our proactive stance. We are unwavering in our commitment to nurturing the unique strengths of young people and emphasising the significance of early intervention in preventing the escalation of issues, ultimately benefiting the youth in Tendring whom we support.

Assessing success in the realm of emotional well-being can be quite challenging. We consider it a triumph when a young person feels happy, confident, and driven to achieve more. This year, we are elated to have reached 44% more young people compared to the previous year, positively impacting over 1200 individuals in our community. This truly reflects the growing influence of our efforts and the trust our community places in us.

Our board has played a pivotal role in guiding the organisation, but we have encountered challenges due to several retirements. Despite the need to rebuild the board and recruit new volunteers and staff, restructuring our delivery team has bolstered our effectiveness. We continue to prioritise Trustee recruitment and restructuring to fortify our organisation further.

It is important to acknowledge that we are still recovering from the reactive work we provided during the COVID-19 pandemic. Our adaptability can be perceived as both positive and negative when considering its long-term impacts on the strains within our organisation. We have taken proactive steps by implementing digital solutions and formulating a long-term sustainability plan to enhance operational stability and, most importantly, better prepare for unforeseen challenges.

We extend our heartfelt gratitude to our funders, staff, and Board for contributing to another successful year. We are continually inspired by our dedicated team's positive impact on the well-being of the young people we serve. We eagerly anticipate further progress in the coming year.

Hayley Lovett BEM

TRUSTEES

Judith Skargon - Chairperson

Val Guglielmi - Vice Chairperson – retired December 2023

Fred Heddall C.B.E - Treasurer and Secretary – retired July 2023

Gill Burden – retired December 2023

Ian Davidson – Treasurer and Secretary from August 2023

Charlotte Kenny-Williams – retired July 2023

MEMBERS

Jo Henderson - Harwich Town Council Representative

Mark Moule

Terry Barrett

Jonathan Palmer

STAFF

Hayley Lovett B.E.M - C.E.O.

Lynne Seabridge-Long - Support Worker

Cheryl Gale - Operations Manager

Samantha Richards – Family Support Worker

Rebecca Taylor - Outreach Worker

Emily Baker – Social Media / Marketing

Danielle Harding - Outreach Support Worker

Beth Seddon – Reception / Administration

VOLUNTEERS

Currently on hold

REGISTERED OFFICE

17 Cliff Road, Harwich, Essex, CO12 3PP

BANK

Barclays Bank, 27 Station Road, Clacton-on-Sea, Essex CO15 1TD

ACCOUNTANTS

Gascoyne House, Moseleys Farm Business Centre, Fornham All Saints, Suffolk, IP28 6JY

SUMMARY for Support

We aim to build resilience and empower young people to believe in their abilities.

With referrals to us from school, college, parents, and Gp's or mental health teams or attending our school workshops an incredible **1265** young people and their families have been positively impacted this year.

With improved awareness of services available to them and resilience tools to help them , we offered **855** support sessions of which 80% were engaged.

The highest needs of young people to engage with our services, included

Anxiety **70%**

Stress **57%**

Self Esteem **57%**

Coping day-to-day **42%**

Lack of Confidence **58%**

126 young people were provided with 1 – 1 support to improve emotional wellbeing with

74% improving their confidence

63% improving their aspirations

A key factor for support was having someone to talk to **71%.**

619 young people participated through our School Workshops for years 6, 9 and 12 .

209 consultations with families and agencies, resulted in **111** parents were supported in one-off sessions to offload their concerns or helped to find other services or support available.

In total **196** service users were new to us and all received support.

SUMMARY for Activities

Taking part and attending various trips out and activities in either our social groups or school holiday activities programme, 69 young people aged 11-25 years were helped in reducing isolation, gaining independence, confidence and life skills. They participated in various arts and crafts including a pottery class, travel training with a bus trip to Mistley, CV writing, tennis matches and crazy golf, Dungeons and Dragons, local history tours around The Radar Tower, Electric Palace, and Christopher Jones House. Many took part in our cooking sessions which included arranging, inviting, preparing and serving an Afternoon Tea to parents, Trustees and staff members, which was an immense success.

We have also been fortunate in working alongside partnerships with Essex Pedal Power, Youth Voice Listening Project, Galloper Windfarms, CVST and Harwich Haven Authority.



How We Have Helped



"I enjoy the teentalk group as I've gained new friends and it's a very positive setting. Everyone is very happy and it is very fun and creative, we get to do a lot."

-J, aged 12



teentalk
HARWICH

"Coming to teen talk has changed my life before I had no motivation and was scared of anything new but now, I'm no longer scared and have achieved volunteering and a full-time college course."

-M, aged 21



teentalk
HARWICH

Teen Talk Chair's Statement 2024

It has been an honour to have worked with the Teen Talk team over the past year, during which we have developed a cohesive staff team who continue to offer an invaluable service supporting the young people in the Tendring area. We have recruited both clinical and trustee staff to strengthen our organisational infrastructure. We wholeheartedly welcome our new team members and look forward to working with them into the future.

The organisation has had to adapt and adopt a flexible approach service delivery in order to ensure that our young people can access the help they need in the format that works best for them.

We remain extremely grateful to our funders and for all the donations we receive, we would not be able to function without these - the work involved in sourcing and securing financial support is continuous and intensive, but the team remain committed to the task.

Great efforts have continued to ensure that funding has been acquired so that we can continue to maintain the service into next year and beyond.

The team has worked tirelessly throughout the year supporting our young people and we will make every effort to maintain the service, knowing that our work is helping young people reach their potential and become successful citizens of the future.

I look forward to being able to continue to support Teen Talk in their vital work in our community.

Judith Skargon

FUNDERS

We are once again incredibly grateful to have funding support from:

Active Essex

Children In Need

Masonic

Community Lottery

ECF

TDC

VCS Hyperlocal Fund

Free Mason - Dedham Vale

Community Fund - Our new 3-year award from December 2023

Local Fundraising

We have been incredibly fortunate to have 2 local organisations that have both chosen us as their 'Charity for The Year'. Through many fundraising events, including quizzes, 5k and 10k runs, cake bake sale, proceeds from annual music festival and chopper bike ride, collections, and donations, we are extremely appreciative to Harwich Haven Authority and The Trafalgar Public House (and their patrons) for their fantastic achievements in helping to support our young people and their families.

Our thanks also go to those individuals who have generously donated to our Local Giving page.

TREASURER'S REPORT 2023

The financial year 2023/2024 has been a period of recovery and growth for our organisation. Despite the challenges posed by the Covid-19 pandemic, we have successfully restored our services to pre-pandemic standards. However, the escalating cost of living has presented unprecedented financial burdens for many charitable organisations, and we are no exception.

Our total annual income amounted to £207,018, while our expenditure stood at £171,454, resulting in a surplus. An additional £12,000 in community donations has significantly contributed to this surplus, bolstering our restricted grant funding. This surplus marks a significant leap from the previous year, where our income was only £62,811 and our expenditure amounted to £147,280, instilling optimism for our financial future.

As a result of this surplus, we have established unrestricted reserves of £35,000, as detailed in the accounts. This surplus has empowered us to focus our efforts on fundraising and seeking support from grant-giving organisations as we strive to ensure a sustainable future for our organisation. Moving forward, our key priorities will remain centred on fundraising initiatives and stringent cost management to safeguard our operational needs and prevent the depletion of our reserves, thereby ensuring the stability and security of our organisation.

I would like to extend my thanks to Hayley and our staff, who have worked hard in difficult circumstances to continue providing our services to the young people.

Ian Davidson

Looking Forward

With our new website and branding in place, our goal is to promote our services as much as possible. The new signage and fantastic artwork at the front of the property is certainly eye-catching.



**SUPPORT FOR YOUNG PEOPLE
AGED 11-25 & FAMILIES**



Our ongoing aim this year is in the recruitment of members to join our Board of Trustees, whose contribution of time and effort is invaluable.



Charity registration number 1144593

Company registration number 07577756 (England and Wales)

TEEN TALK (HARWICH)

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

TEEN TALK (HARWICH)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Dr J Skargon Mr I C R Davidson ACIS
Charity number	1144593
Company number	07577756
Principal address	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP
Registered office	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP
Independent examiner	Gascoynes Gascoyne House Moseleys Farm Business Centre Fornham All Saints Suffolk IP28 6JY

TEEN TALK (HARWICH)

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TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity operates a free and confidential information and support service for young people, aged 11 to 25, in Tendring Essex. It is a self-referral service offered on an as required basis.

Achievements and performance

The trustees wish the following to be noted in relation to some specific funds

The following funds have received funding which is allocated to projects for the new financial year.

ECF General Fund

Some other fund balances have been carried forward, with permission, due to ongoing issues in relation to the Covid pandemic.

Financial review

The charity is working towards increasing its reserves to be one third of the annual budget/four months running costs. This will enable the charity to maintain its normal level of service whilst still being able to invest in adapting and broadening the scope of the project.

The fund names "Property" relates to the cost paid for the building from which the charity operates. As such this fund does not represent cash funds that can be utilised by the charity.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Dr J Skargon

Mr G Burden

(Retired 13 December 2023)

Mr I C R Davidson ACIS

Ms C Kenny-Williams

(Retired 19 July 2023)

Ms V Guglielmi

(Retired 13 December 2023)

Mr F A Heddell CBE

(Retired 19 July 2023)

Board Members

Jo Henderson (Harwich Town Council Representative)

Mark Moule

(Appointed September 2023)

Cllr Terry Barrett

(Appointed February 2024)

The listed individuals were members that served the board but were not formally appointed as trustees.

TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) ***FOR THE YEAR ENDED 31 MARCH 2024***

The trustees' report was approved by the Board of Trustees and the Board members.

Mr I C R Davidson ACIS
Trustee

14 November 2024

TEEN TALK (HARWICH)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TEEN TALK (HARWICH)

I report to the trustees on my examination of the financial statements of Teen Talk (Harwich) (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Gascoynes

Gascoyne House
Moseleys Farm Business Centre
Fornham All Saints
Suffolk
IP28 6JY

Dated: 14 November 2024

TEEN TALK (HARWICH)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Notes							
Income from:							
Donations and legacies	2	20,518	186,500	207,018	4,879	57,933	62,812
Expenditure on:							
Charitable activities	3	25,595	150,441	176,036	29,273	118,011	147,284
Net (outgoing)/incoming resources before transfers							
		(5,077)	36,059	30,982	(24,394)	(60,078)	(84,472)
Gross transfers between funds		43,690	(43,690)	-	-	-	-
Net incoming/(outgoing) resources							
		38,613	(7,631)	30,982	(24,394)	(60,078)	(84,472)
Other recognised gains and losses							
Revaluation of tangible fixed assets		-	252,467	252,467	-	-	-
Net movement in funds							
		38,613	244,836	283,449	(24,394)	(60,078)	(84,472)
Fund balances at 1 April 2023		28,419	135,284	163,703	52,813	195,362	248,175
Fund balances at 31 March 2024							
		67,032	380,120	447,152	28,419	135,284	163,703

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEEN TALK (HARWICH)

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	6		325,000		72,533
Current assets					
Cash at bank and in hand		128,247		93,970	
Creditors: amounts falling due within one year	7	(6,095)		(2,800)	
Net current assets			122,152		91,170
Total assets less current liabilities			447,152		163,703
Income funds					
General restricted funds		127,653		135,284	
Revaluation reserve		252,467		-	
	9		380,120		135,284
<u>Unrestricted funds</u>					
Designated funds:					
Reserves		35,000		-	
		35,000		-	
General unrestricted funds		32,032		28,419	
			67,032		28,419
			447,152		163,703

TEEN TALK (HARWICH)

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2024

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 14 November 2024

Mr I C R Davidson ACIS

Trustee

Company registration number 07577756

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Teen Talk (Harwich) is a private company limited by guarantee incorporated in England and Wales. The registered office is 17 Cliff Road, Dovercourt, Harwich, Essex, CO12 3PP, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

No depreciation is charged on the freehold property as this does represent commercial reality.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Taxation

The charity is exempt from corporation tax on its charitable activities.

1.9 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.10 Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024 £	2024 £	2024 £	2023 £	2023 £	2023 £
Donations and legacies	20,518	186,500	207,018	4,879	57,933	62,812

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Charitable activities

	2024 £	2023 £
Wages	101,003	81,274
Social security	30,151	25,594
Pensions	14,618	12,184
Workshops etc	1,247	6,712
Rates and water	651	703
Insurance	3,768	3,540
Light and heat	3,286	1,868
Telephone	3,799	4,296
Postage and stationery	1,993	3,448
Advertising	2,524	1,680
Sundries	8,661	1,393
Repairs and maintenance	1,705	2,158
Bank charges	118	103
Accountancy and legal fees	2,512	2,331
	<u>176,036</u>	<u>147,284</u>
	<u>176,036</u>	<u>147,284</u>
Analysis by fund		
Unrestricted funds	25,595	29,273
Restricted funds	150,441	118,011
	<u>176,036</u>	<u>147,284</u>

4 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year nor for the year ended 31 March 2023.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

5 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
7	6

There were no employees whose annual remuneration was more than £60,000.

6 Tangible fixed assets

	Freehold land and buildings £
Cost	
At 1 April 2023	72,533
Revaluation	252,467
At 31 March 2024	325,000
Carrying amount	
At 31 March 2024	325,000
At 31 March 2023	72,533

The property has been revalued on the approval of the board of Trustees to update the property's value to that of its current value of £325,000.

7 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	3,178	2,240
Other creditors	2,357	-
Accruals and deferred income	560	560
	6,095	2,800

8 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

9 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds					
	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Revaluations, gains and losses	Balance at 31 March 2024
	£	£	£	£	£	£	£	£	£
Property	72,533	-	-	72,533	-	-	-	252,467	325,000
Children In Need	-	30,500	(30,328)	172	30,000	(33,774)	-	-	(3,602)
TDC Clacton	30,000	-	(27,150)	2,850	-	(4,274)	-	-	(1,424)
TDC (New)	-	-	-	-	15,000	(3,216)	-	-	11,784
Trust House	-	15,000	(16,972)	(1,972)	-	-	-	-	(1,972)
Masonic	-	-	-	-	-	(2,235)	-	-	(2,235)
Lottery	-	-	-	-	126,500	(86,849)	-	-	39,651
Prior Year Adjustments	43,258	-	-	43,258	-	-	(43,258)	-	-
ECF Website	4,000	-	(2,712)	1,288	-	(2,365)	-	-	(1,077)
VVCS	13,935	-	(16,500)	(2,565)	-	-	-	-	(2,565)
Colchester Catalyst	31,636	-	(24,348)	7,288	-	(7,247)	-	-	41
ECF General	-	12,000	-	12,000	-	(6,041)	-	-	5,959
Small donations	-	432	-	432	-	-	(432)	-	-
CVST-Hyerlocal	-	-	-	-	10,000	(2,917)	-	-	7,083
ECF Community	-	-	-	-	5,000	(1,523)	-	-	3,477
	195,362	57,932	(118,010)	135,284	186,500	(150,441)	(43,690)	252,467	380,120

Charity registration number 1144593

Company registration number 07577756 (England and Wales)

TEEN TALK (HARWICH)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

TEEN TALK (HARWICH)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Dr J Skargon Mr I C R Davidson ACIS
Charity number	1144593
Company number	07577756
Principal address	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP
Registered office	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP
Independent examiner	Gascoynes Gascoyne House Moseleys Farm Business Centre Fornham All Saints Suffolk IP28 6JY

TEEN TALK (HARWICH)

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TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity operates a free and confidential information and support service for young people, aged 11 to 25, in Tendring Essex. It is a self-referral service offered on an as required basis.

Achievements and performance

The trustees wish the following to be noted in relation to some specific funds

The following funds have received funding which is allocated to projects for the new financial year.

ECF General Fund

Some other fund balances have been carried forward, with permission, due to ongoing issues in relation to the Covid pandemic.

Financial review

The charity is working towards increasing its reserves to be one third of the annual budget/four months running costs. This will enable the charity to maintain its normal level of service whilst still being able to invest in adapting and broadening the scope of the project.

The fund names "Property" relates to the cost paid for the building from which the charity operates. As such this fund does not represent cash funds that can be utilised by the charity.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Dr J Skargon

Mr G Burden

(Retired 13 December 2023)

Mr I C R Davidson ACIS

Ms C Kenny-Williams

(Retired 19 July 2023)

Ms V Guglielmi

(Retired 13 December 2023)

Mr F A Heddell CBE

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Board Members

Jo Henderson (Harwich Town Council Representative)

Mark Moule

(Appointed September 2023)

Cllr Terry Barrett

(Appointed February 2024)

The listed individuals were members that served the board but were not formally appointed as trustees.

TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) ***FOR THE YEAR ENDED 31 MARCH 2024***

The trustees' report was approved by the Board of Trustees and the Board members.

Mr I C R Davidson ACIS
Trustee

14 November 2024

TEEN TALK (HARWICH)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TEEN TALK (HARWICH)

I report to the trustees on my examination of the financial statements of Teen Talk (Harwich) (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Gascoynes

Gascoyne House
Moseleys Farm Business Centre
Fornham All Saints
Suffolk
IP28 6JY

Dated: 14 November 2024

TEEN TALK (HARWICH)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Notes							
Income from:							
Donations and legacies	2	20,518	186,500	207,018	4,879	57,933	62,812
Expenditure on:							
Charitable activities	3	25,595	150,441	176,036	29,273	118,011	147,284
Net (outgoing)/incoming resources before transfers							
		(5,077)	36,059	30,982	(24,394)	(60,078)	(84,472)
Gross transfers between funds							
		43,690	(43,690)	-	-	-	-
Net incoming/(outgoing) resources							
		38,613	(7,631)	30,982	(24,394)	(60,078)	(84,472)
Other recognised gains and losses							
Revaluation of tangible fixed assets		-	252,467	252,467	-	-	-
Net movement in funds							
		38,613	244,836	283,449	(24,394)	(60,078)	(84,472)
Fund balances at 1 April 2023							
		28,419	135,284	163,703	52,813	195,362	248,175
Fund balances at 31 March 2024							
		67,032	380,120	447,152	28,419	135,284	163,703

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEEN TALK (HARWICH)

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	6		325,000		72,533
Current assets					
Cash at bank and in hand		128,247		93,970	
Creditors: amounts falling due within one year	7	(6,095)		(2,800)	
Net current assets			122,152		91,170
Total assets less current liabilities			447,152		163,703
Income funds					
General restricted funds		127,653		135,284	
Revaluation reserve		252,467		-	
	9		380,120		135,284
<u>Unrestricted funds</u>					
Designated funds:					
Reserves		35,000		-	
		35,000		-	
General unrestricted funds		32,032		28,419	
			67,032		28,419
			447,152		163,703

TEEN TALK (HARWICH)

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2024

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 14 November 2024

Mr I C R Davidson ACIS

Trustee

Company registration number 07577756

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Teen Talk (Harwich) is a private company limited by guarantee incorporated in England and Wales. The registered office is 17 Cliff Road, Dovercourt, Harwich, Essex, CO12 3PP, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

No depreciation is charged on the freehold property as this does represent commercial reality.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Taxation

The charity is exempt from corporation tax on its charitable activities.

1.9 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.10 Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024 £	2024 £	2024 £	2023 £	2023 £	2023 £
Donations and legacies	20,518	186,500	207,018	4,879	57,933	62,812

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Charitable activities

	2024 £	2023 £
Wages	101,003	81,274
Social security	30,151	25,594
Pensions	14,618	12,184
Workshops etc	1,247	6,712
Rates and water	651	703
Insurance	3,768	3,540
Light and heat	3,286	1,868
Telephone	3,799	4,296
Postage and stationery	1,993	3,448
Advertising	2,524	1,680
Sundries	8,661	1,393
Repairs and maintenance	1,705	2,158
Bank charges	118	103
Accountancy and legal fees	2,512	2,331
	<u>176,036</u>	<u>147,284</u>
	<u>176,036</u>	<u>147,284</u>
Analysis by fund		
Unrestricted funds	25,595	29,273
Restricted funds	150,441	118,011
	<u>176,036</u>	<u>147,284</u>

4 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year nor for the year ended 31 March 2023.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

5 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
7	6

There were no employees whose annual remuneration was more than £60,000.

6 Tangible fixed assets

	Freehold land and buildings £
Cost	
At 1 April 2023	72,533
Revaluation	252,467
At 31 March 2024	325,000
Carrying amount	
At 31 March 2024	325,000
At 31 March 2023	72,533

The property has been revalued on the approval of the board of Trustees to update the property's value to that of its current value of £325,000.

7 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	3,178	2,240
Other creditors	2,357	-
Accruals and deferred income	560	560
	6,095	2,800

8 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

9 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds					
	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Revaluations, gains and losses	Balance at 31 March 2024
	£	£	£	£	£	£	£	£	£
Property	72,533	-	-	72,533	-	-	-	252,467	325,000
Children In Need	-	30,500	(30,328)	172	30,000	(33,774)	-	-	(3,602)
TDC Clacton	30,000	-	(27,150)	2,850	-	(4,274)	-	-	(1,424)
TDC (New)	-	-	-	-	15,000	(3,216)	-	-	11,784
Trust House	-	15,000	(16,972)	(1,972)	-	-	-	-	(1,972)
Masonic	-	-	-	-	-	(2,235)	-	-	(2,235)
Lottery	-	-	-	-	126,500	(86,849)	-	-	39,651
Prior Year Adjustments	43,258	-	-	43,258	-	-	(43,258)	-	-
ECF Website	4,000	-	(2,712)	1,288	-	(2,365)	-	-	(1,077)
VVCS	13,935	-	(16,500)	(2,565)	-	-	-	-	(2,565)
Colchester Catalyst	31,636	-	(24,348)	7,288	-	(7,247)	-	-	41
ECF General	-	12,000	-	12,000	-	(6,041)	-	-	5,959
Small donations	-	432	-	432	-	-	(432)	-	-
CVST-Hyerlocal	-	-	-	-	10,000	(2,917)	-	-	7,083
ECF Community	-	-	-	-	5,000	(1,523)	-	-	3,477
	195,362	57,932	(118,010)	135,284	186,500	(150,441)	(43,690)	252,467	380,120

TEEN TALK (HARWICH)

England & Wales - Charity number 1144593

Accounts



HARWICH

CHARITY NO: 1144593

COMPANY NO: 7577756

ANNUAL REPORT

APRIL 2022 – MARCH 2023

Teen Talk Harwich

At Teen Talk we strive to empower young people aged 11-25 years and families, by offering practical and emotional support to overcome challenges and help to change their lives for the better.

Our vision is every young person is respected, included, resilient and able to overcome challenges in life. We believe that by working together, we can create confidence to recognise their ambitions and achieve their full potential.

Our mission is to work alongside young people and families to build confidence, and self-belief in their achievements to enable them to thrive in the future.

At our main base in Harwich and through our Outreach program within secondary schools across Tendring, we have been able to return to face-to-face sessions for the young people and their families who are struggling with various emotional and wellbeing issues, especially since coming out of the Covid pandemic.

TRUSTEES

Judith Skargon - Chairperson

Val Guglielmi - Vice Chairperson

Fred Heddall C.B.E - Treasurer and Secretary

Gill Burden

Ian Davidson

Charlotte Kenny-Williams

MEMBERS

Jo Henderson - Harwich Town Council Representative

STAFF

Hayley Lovett B.E.M - C.E.O.

Fern Lovett – Activities and Community Engagement Manager

Lynne Seabridge-Long - Support Worker

Cheryl Gale - Triage Administrator

Samantha Richards – Family Support Worker

Rebecca Taylor - Outreach Worker

VOLUNTEERS

Currently on hold

REGISTERED OFFICE

17 Cliff Road, Harwich, Essex, CO12 3PP

BANK

Barclays Bank, 27 Station Road, Clacton-on-Sea, Essex CO15 1TD

ACCOUNTANTS

Gascoyne House, Moseleys Farm Business Centre, Fornham All Saints, Suffolk, IP28 6JY

CEO REPORT

As an organisation, we are still facing the challenges left behind by the Covid-19 changing working environment. We are still learning to adapt and try to remove the barriers to ensure young people have a good service.

We are not alone in needing to adapt to our workplace culture. But we also had to recognise how this significantly changed how young people and their families engaged with us.

Our incredible work continues to save lives, and I do not comment on this lightly. Young people have feedback on how our work has reduced their suicidal thoughts and how their health and well-being have improved after using our services. The 1-1 support is still our focus, but the small group activities have covered a growing gap in young people simply needing a safe space. I am immensely proud that we genuinely work to inspire young people to recognise what they can achieve. Reading the feedback, we receive inspires me to know how resilient these young people become.

This year we had to think of ways to get Teen Talk back into youth conversation. Ensuring young people entering secondary schools knew about the services and the help we could provide. With the support of the VVU Community Grant and the fantastic team at ECVYS (Essex Council for Voluntary Youth Services), they helped us to move this forward, making sure young people had a safe place to go to and, more importantly, to know where to turn if they need help. Developing workshops, we took out to schools helped us discuss Building resilience. Testing and designing the workshop this year with some wonderful results and feedback. This introduction worked well, putting us back on the map for young people and schools across Tendring and an area of our programs we will build on.

We continue to uncover more surprising stories every week from young people who are finding life a struggle. These are the ones that are often left unheard. They do not cause any problems but slowly disengage from daily routines. This is the gap we continually fill. Our fantastic team do the most straightforward task of listening. However, this creates some remarkable change as young people become more confident and begin to live their lives better again. From a mum who is terribly worried to a child who just does not see the point, being listened to and heard is our most powerful tool and how we still make a difference. This concept is precious and something I want to ensure stays at the heart of Teen Talk.

I wholeheartedly praise our team for their passion and success in helping young people feel better about themselves and what they can achieve.

Hayley Lovett

SUMMARY

We aim to build resilience and empower young people to believe in their abilities.

From our main base in Harwich and Outreach at Harwich & Dovercourt High School, Tendring Technology Colleges, Sigma 6th and Nova

709 young people and their families have been impacted this year.

Most have been referred by school, college, parents or GP or mental health teams
and through our new school workshops;

Year 6 Transition to Secondary School

Year 9 Foundations for Well being

Year 12-13 Facing Adversity and Building Resilience

440 pupils have participated

(Since Covid-19 this has been a way to stay connected with young people.)

Of the **531** sessions offered **423** were engaged.

119 were provided with 1 to 1 support to improve emotional wellbeing

75% had improved confidence

80% had improved aspirations

94 consultations with families and agencies

79% were provided with information or signposted

93 parents were supported in a one-off session to offload their concerns and to find other services and support

Of these, **166** were new to our service, and all received support.

HOW WE HAVE HELPED

Here are some quoted samples of how we have helped at Teen Talk – Case Study

Male Young person aged 17 – provided telephone and face to face support for 18 months.

Initially step mum reached out to our service regarding bereavement and loss of young person father and concerns around break down in family communication since his death.

The support worker noted that there was some reluctance in speaking as he didn't see what the problem was. Often in our experience we recognise that trying to start to verbalise really what is wrong is difficult. So, we took the focus away from the loss of his dad and listened to what else was going on. He was upset that he had missed the deadline for college and could not do the course he wanted. Young person gave us permission to contact the college to review his position. The college was not aware of his recent bereavement and were able to adjust the deadline. Young person then took over and secured a place and continued his studies as he had planned.

As this trust began to build with the support worker, they began to establish that the young person thought his step mum hated him and felt very alone as he had no other family members since his father passed away. The support worker liaised with step mum and was able to build a more positive relationship this took around 6 months.

At closure young person was achieving well at college. The relationship with step mum was more positive and the support worker noticed that he had started to call her mum and removed the "step" from conversation, which she felt helped confirm this change in relationship. He is now working with the hospice counselling service as he feels it is time to talk about the loss of dad. He commented "I don't know how you have made things turn out OK for me, but you have. You have helped me talk to others which helped me solve a lot of things. Thanks for listening." Support worker commented communication were difficult he felt he had hit rock bottom and felt he was being knocked by everything around him, making him feel worthless. Helping to communicate better was where this helped him to change some of the factors that were impacting his self-worth as we got to the end of support, he started to believe in himself again.

CHAIR REPORT/STATEMENT

Teentalk has continued to offer vital support to a range of young people despite facing challenges presented by the aftermath of the Covid 19 pandemic and continuing funding requirements. The entire team is to be applauded for their consistently positive approach and determination to work with some of the most vulnerable young people in our area. We must all remain focused on the contribution that Teentalk is making to the well-being of our future citizens - recognizing that communication, inter-personal skills and robust self-esteem are the components of development that underpin confident adults - this is and remains our primary concern, and we will endeavor to continue to enable the Teentalk team to do so. I know that my fellow trustees will join me in congratulating the team and reiterate our commitment to supporting the infrastructure of the organisation so that the service can continue to be delivered. We recognise that there are challenges ahead and will work together to achieve this goal. Many thanks to the team and trustees for all their efforts.

Judith Skargon

FUNDERS

We would like to thank the following funders for
the grants we received

Active Tending

Children in Need

Colchester Catalyst

ECF Website

Essex Community Foundation

TDC - Covid Recovery

Trusthouse

Violence and Vulnerability Community Safety

THROUGH THE YEAR

Our 17-25 group enjoyed various activities including; Beach talk and clean up, Easter crafts, Day out for families at Clacton Pier courtesy of McDonalds



We had very generous food donations from Asda, Co-op and Morrisons that were used in our cookery sessions



Walk to Olde Harwich with refreshments kindly donated by Café on the Pier
and The Pier Hotel



Some of the group also took part in a research interview Anglia Ruskin University discussing Lessons from Lockdown and received a voucher for their time.



Tall Ships Experience



TWENTY young people will set sail on the Tall Ships on a four-night adventure voyage from Harwich to Portsmouth, thanks to support from the Mayflower Legacy Fund, set up by mayor Ivan Henderson and other organisations.

The young people, made up of 15 boys and five girls aged 12 to 15, were chosen to go on the trip from three organisations in Harwich Home Start, Teen Talk Harwich and Harwich and Dovercourt High School.

The idea for the trip came from Mr Henderson in preparation for his 2021 mayoral year and to mark the 400th anniversary sailing of the Mayflower from Harwich to Portsmouth.



The start of workshops at schools across Tendring funded by VVC



teentalk
SNAKES & LADDERS



BUILDING RESILIENCE

17 Cliff Road, Harwich, Essex CO12 3pp
Tel: 01255 504800
Email: teentalk1@hotmail.co.uk
Website: www.teentalkharwich.co.uk



harwichteentalk



Hayley (CEO) took part in a live BBC Essex interview with Paul Joslin highlighting the work we do with young people across the Tendring area.

Recognition

We were fortunate in being nominated and winning the Tendring BLUE RIBBON for Health, Care and Wellness Award 2022 in recognition of our services through the pandemic.

Well done everyone.



LOOKING FORWARD

We have welcomed two new members of staff;

Sam our Family Support Worker and Activities lead for our 17-25 group, and

Becky our Outreach Support Worker, who working alongside Lynne, are taking our workshops to schools across the Tendring area covering;

- ◆ Year 6 -Transition To Secondary
- ◆ Year 9- Foundations For Well-Being
- ◆ Year12/13- Facing Adversity and Building Resilience

Later this year we are stepping into new branding for Teen Talk with our change of logo and the launch of the new website



HARWICH

TREASURERS REPORT 2023

2022/2023 has not been a good year financially.

The effects of the Pandemic have not only been detrimental to our work with young people, but they also severely restricted our income stream. We were able to cut back on our expenditure to some extent, but we have had to dip deeply into our limited reserves to keep providing the services outlined in the CEO's report.

Our income for the year was just £62,812 against and expenditure of £147,244, that is a deficit of £84,432. This compares with 2022 when we had an income of £172,348 and spent £169,435 which is a surplus of just under £3,000.

In some cases, we were carrying forward restricted income to help cover the cost, but our unrestricted reserves have dropped from £52,813 to just £28,459. The full details can be seen in the accounts.

As a result, we have put a great deal of effort into fund raising and as grant giving bodies have been opening up again, we have been successful in being awarded several valuable grants including a 3 year offer from the Lottery fund. This will provide the majority of the income we need to cover our budget for 2023/4 though we still need to focus on fund raising and cost control to make sure we have all that we need and to avoid diminishing our reserves to seriously dangerous levels.

I would like to thank Hayley and our staff who have worked hard in difficult circumstances to continue provide our services to the Young People.

Fred Heddell

Charity registration number 1144593

Company registration number 07577756 (England and Wales)

TEEN TALK (HARWICH)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

TEEN TALK (HARWICH)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Ms J Skargon Mr G Burden Mr I C R Davidson Ms C Kenny-Williams Ms V Guglielmi Mr F A Heddell CBE Ms M K Rowland MBE
Charity number	1144593
Company number	07577756
Principal address	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP
Registered office	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP
Independent examiner	Gascoynes Gascoynes House Moseleys Farm Business Centre Fornham All Saints Suffolk IP28 6JY

TEEN TALK (HARWICH)

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Statement of financial activities	4
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TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity operates a free and confidential information and support service for young people, aged 11 to 25, in Tendring Essex. It is a self-referral service offered on an as required basis.

Achievements and performance

The trustees wish the following to be noted in relation to some specific funds

The following funds have received funding which is allocated to projects for the new financial year.

ECF General Fund

Some other fund balances have been carried forward, with permission, due to ongoing issues in relation to the Covid pandemic.

Financial review

The charity is working towards increasing its reserves to be one third of the annual budget/four months running costs. This will enable the charity to maintain its normal level of service whilst still being able to invest in adapting and broadening the scope of the project.

The fund names "Property" relates to the cost paid for the building from which the charity operates. As such this fund does not represent cash funds that can be utilised by the charity.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms J Skargon

Mr G Burden

Mr I C R Davidson

Ms C Kenny-Williams

Ms V Guglielmi

Mr F A Heddell CBE

Ms M K Rowland MBE

TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) ***FOR THE YEAR ENDED 31 MARCH 2023***

The trustees' report was approved by the Board of Trustees.

Mr F A Heddell CBE
Trustee

18 August 2023

TEEN TALK (HARWICH)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TEEN TALK (HARWICH)

I report to the trustees on my examination of the financial statements of Teen Talk (Harwich) (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Gascoynes

Gascoynes House
Moseleys Farm Business Centre
Fornham All Saints
Suffolk
IP28 6JY

Dated: 18 August 2023

TEEN TALK (HARWICH)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
Income from:							
Donations and legacies	2	4,879	57,933	62,812	8,113	164,235	172,348
Expenditure on:							
Charitable activities	3	29,273	118,011	147,284	25,086	144,350	169,436
Gross transfers between funds		-	-	-	4,999	(4,999)	-
Net (expenditure)/income for the year/							
Net movement in funds		(24,394)	(60,078)	(84,472)	(11,974)	14,886	2,912
Fund balances at 1 April 2022		52,813	195,362	248,175	64,787	180,475	245,262
Fund balances at 31 March 2023		28,419	135,284	163,703	52,813	195,361	248,174
WARNING: Brought forward reserves do not agree to comparatives				1			

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEEN TALK (HARWICH)

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	6		72,533		72,533
Current assets					
Debtors	7	-		23,912	
Cash at bank and in hand		93,970		161,625	
		93,970		185,537	
Creditors: amounts falling due within one year	8	(2,800)		(9,896)	
Net current assets			91,170		175,641
Total assets less current liabilities			163,703		248,174
Income funds					
Restricted funds	10		135,284		195,361
Unrestricted funds			28,419		52,813
			163,703		248,174

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 18 August 2023

Mr F A Heddell CBE
Trustee

Company registration number 07577756

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Teen Talk (Harwich) is a private company limited by guarantee incorporated in England and Wales. The registered office is 17 Cliff Road, Dovercourt, Harwich, Essex, CO12 3PP, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

No depreciation is charged on the freehold property as this does represent commercial reality.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Taxation

The charity is exempt from corporation tax on its charitable activities.

1.9 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.10 Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and legacies	4,879	57,933	62,812	8,113	164,235	172,348

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Charitable activities

	2023 £	2022 £
Wages	81,274	110,092
Social security	25,594	21,167
Pensions	12,184	10,596
Workshops etc	6,712	4,663
Rates and water	703	356
Insurance	3,540	3,372
Light and heat	1,868	2,455
Telephone	4,296	4,412
Postage and stationery	3,448	729
Advertising	1,680	335
Sundries	1,393	185
Repairs and maintenance	2,158	8,879
Bank charges	103	95
Accountancy and legal fees	2,331	2,100
	<u>147,284</u>	<u>169,436</u>
	<u>147,284</u>	<u>169,436</u>
Analysis by fund		
Unrestricted funds	29,273	25,086
Restricted funds	118,011	144,350
	<u>147,284</u>	<u>169,436</u>

There has been an adjustment made to the 31 March 2022 comparative figures due to a misallocation of pension and social security costs which were included in wages.

The 31 March 2022 submitted to The Charity Commission will show the following:-

Wages - £127,650

Social security - £7,682

Pension - £6,522

The following adjustments has led to the balances listed above:-

Reduction in wages of £17,559.81

Increase in social security of £13,485.82

Increase in pension of £4,073.99

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

4 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year nor for the year ended 31 March 2022.

5 Employees

The average monthly number of employees during the year was:

2023 Number	2022 Number
6	4
=====	=====

There were no employees whose annual remuneration was more than £60,000.

6 Tangible fixed assets

	Freehold land and buildings £
Cost	
At 1 April 2022	72,533
At 31 March 2023	72,533
Carrying amount	
At 31 March 2023	72,533
At 31 March 2022	72,533
	=====

7 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	-	(1)
Other debtors	-	23,913
	=====	=====
	-	23,912
	=====	=====

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

8 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	2,240	3,228
Other creditors	-	6,108
Accruals and deferred income	560	560
	<u>2,800</u>	<u>9,896</u>

9 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

10 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2022	Movement in funds		Balance at 31 March 2023
	£	Incoming resources £	Resources expended £	£
Property	72,533	-	-	72,533
Children In Need	-	30,500	(30,328)	172
TDC Clacton	30,000	-	(27,150)	2,850
Trusthouse	-	15,000	(16,972)	(1,972)
Prior Year Adjustments	43,258	-	-	43,258
ECF Website	4,000	-	(2,712)	1,288
VVCS	13,935	-	(16,500)	(2,565)
Colchester Catalyst	31,636	-	(24,348)	7,288
ECF General	-	12,000	-	12,000
Small donations	-	432	-	432
	<u>195,362</u>	<u>57,932</u>	<u>(118,010)</u>	<u>135,284</u>

Charity registration number 1144593

Company registration number 07577756 (England and Wales)

TEEN TALK (HARWICH)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

TEEN TALK (HARWICH)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Ms J Skargon Mr G Burden Mr I C R Davidson Ms C Kenny-Williams Ms V Guglielmi Mr F A Heddell CBE Ms M K Rowland MBE
Charity number	1144593
Company number	07577756
Principal address	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP
Registered office	17 Cliff Road Dovercourt Harwich Essex England CO12 3PP
Independent examiner	Gascoynes Gascoynes House Moseleys Farm Business Centre Fornham All Saints Suffolk IP28 6JY

TEEN TALK (HARWICH)

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Statement of financial activities	4
Balance sheet	5
Notes to the financial statements	6 - 10

TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity operates a free and confidential information and support service for young people, aged 11 to 25, in Tendring Essex. It is a self-referral service offered on an as required basis.

Achievements and performance

The trustees wish the following to be noted in relation to some specific funds

The following funds have received funding which is allocated to projects for the new financial year.

ECF General Fund

Some other fund balances have been carried forward, with permission, due to ongoing issues in relation to the Covid pandemic.

Financial review

The charity is working towards increasing its reserves to be one third of the annual budget/four months running costs. This will enable the charity to maintain its normal level of service whilst still being able to invest in adapting and broadening the scope of the project.

The fund names "Property" relates to the cost paid for the building from which the charity operates. As such this fund does not represent cash funds that can be utilised by the charity.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms J Skargon

Mr G Burden

Mr I C R Davidson

Ms C Kenny-Williams

Ms V Guglielmi

Mr F A Heddell CBE

Ms M K Rowland MBE

TEEN TALK (HARWICH)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) ***FOR THE YEAR ENDED 31 MARCH 2023***

The trustees' report was approved by the Board of Trustees.

Mr F A Heddell CBE
Trustee

18 August 2023

TEEN TALK (HARWICH)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TEEN TALK (HARWICH)

I report to the trustees on my examination of the financial statements of Teen Talk (Harwich) (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Gascoynes

Gascoynes House
Moseleys Farm Business Centre
Fornham All Saints
Suffolk
IP28 6JY

Dated: 18 August 2023

TEEN TALK (HARWICH)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Income from:							
Donations and legacies	2	4,879	57,933	62,812	8,113	164,235	172,348
Expenditure on:							
Charitable activities	3	29,273	118,011	147,284	25,086	144,350	169,436
Gross transfers between funds		-	-	-	4,999	(4,999)	-
Net (expenditure)/income for the year/							
Net movement in funds		(24,394)	(60,078)	(84,472)	(11,974)	14,886	2,912
Fund balances at 1 April 2022		52,813	195,362	248,175	64,787	180,475	245,262
Fund balances at 31 March 2023		28,419	135,284	163,703	52,813	195,361	248,174
WARNING: Brought forward reserves do not agree to comparatives				1			

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TEEN TALK (HARWICH)

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	6		72,533		72,533
Current assets					
Debtors	7	-		23,912	
Cash at bank and in hand		93,970		161,625	
		93,970		185,537	
Creditors: amounts falling due within one year	8	(2,800)		(9,896)	
Net current assets			91,170		175,641
Total assets less current liabilities			163,703		248,174
Income funds					
Restricted funds	10		135,284		195,361
Unrestricted funds			28,419		52,813
			163,703		248,174

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 18 August 2023

Mr F A Heddell CBE
Trustee

Company registration number 07577756

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Teen Talk (Harwich) is a private company limited by guarantee incorporated in England and Wales. The registered office is 17 Cliff Road, Dovercourt, Harwich, Essex, CO12 3PP, England.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Tangible fixed assets

No depreciation is charged on the freehold property as this does represent commercial reality.

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Taxation

The charity is exempt from corporation tax on its charitable activities.

1.9 Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the company. Restrictions arise when specified by the donor or when funds raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.10 Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and legacies	4,879	57,933	62,812	8,113	164,235	172,348

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Charitable activities

	2023 £	2022 £
Wages	81,274	110,092
Social security	25,594	21,167
Pensions	12,184	10,596
Workshops etc	6,712	4,663
Rates and water	703	356
Insurance	3,540	3,372
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Advertising	1,680	335
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Repairs and maintenance	2,158	8,879
Bank charges	103	95
Accountancy and legal fees	2,331	2,100
	<u>147,284</u>	<u>169,436</u>
	<u>147,284</u>	<u>169,436</u>
Analysis by fund		
Unrestricted funds	29,273	25,086
Restricted funds	118,011	144,350
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There has been an adjustment made to the 31 March 2022 comparative figures due to a misallocation of pension and social security costs which were included in wages.

The 31 March 2022 submitted to The Charity Commission will show the following:-

Wages - £127,650

Social security - £7,682

Pension - £6,522

The following adjustments has led to the balances listed above:-

Reduction in wages of £17,559.81

Increase in social security of £13,485.82

Increase in pension of £4,073.99

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

4 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year nor for the year ended 31 March 2022.

5 Employees

The average monthly number of employees during the year was:

2023 Number	2022 Number
6	4

There were no employees whose annual remuneration was more than £60,000.

6 Tangible fixed assets

	Freehold land and buildings £
Cost	
At 1 April 2022	72,533
At 31 March 2023	72,533
Carrying amount	
At 31 March 2023	72,533
At 31 March 2022	72,533

7 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	-	(1)
Other debtors	-	23,913
	-	23,912

TEEN TALK (HARWICH)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

8 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	2,240	3,228
Other creditors	-	6,108
Accruals and deferred income	560	560
	<u>2,800</u>	<u>9,896</u>

9 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

10 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			
	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 31 March 2023
	£	£	£	£
Property	72,533	-	-	72,533
Children In Need	-	30,500	(30,328)	172
TDC Clacton	30,000	-	(27,150)	2,850
Trusthouse	-	15,000	(16,972)	(1,972)
Prior Year Adjustments	43,258	-	-	43,258
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VVCS	13,935	-	(16,500)	(2,565)
Colchester Catalyst	31,636	-	(24,348)	7,288
ECF General	-	12,000	-	12,000
Small donations	-	432	-	432
	<u>195,362</u>	<u>57,932</u>	<u>(118,010)</u>	<u>135,284</u>

TEEN TALK (HARWICH)

England & Wales - Charity number 1144593

Accounts



ANNUAL REPORT

APRIL 2021 – MARCH 2022

CHARITY NO; 1144593

COMPANY NO; 7577756

TRUSTEES

Judith Skargon - Chairperson
Val Guglielmi - Vice Chairperson
Fred Heddall C.B.E - Treasurer and Secretary
Gill Burden
Ian Davidson
Charlotte Kenny-Williams
Marion Rowland M.B.E

MEMBERS

Jo Henderson - Harwich Town Council Representative

STAFF

Hayley Lovett B.E.M - C.E.O.
Fern Lovett – Activities and Community Engagement Manager
Lynne Seabridge-Long - Support Worker
Steph Henson – Support Worker
Cheryl Gale - Triage Administrator

VOLUNTEERS

Presently on hold due to Covid 19

REGISTERED OFFICE

17 Cliff Road, Harwich, Essex, CO12 3PP

BANK

Barclays Bank, 27 Station Road, Clacton-on-Sea, Essex CO15 1TD

ACCOUNTANTS

Finnigans & Co, 37 Lower Brook Street, Ipswich, Suffolk IP4 1AQ

TEEN TALK (Harwich)

At our centre in Harwich and outreach in Clacton, our support services have been provided by telephone due to Covid 19. This has still given the young people in the Tendring area, the time to be heard and discuss any struggles they feel overwhelmed by. This included school, anxiety, emotional difficulty and generally coping day-to-day.

Our vision is to target early intervention, by providing a safe space, without being judged, where they have a voice and are listened to. This can then build on their resilience and enhance their feelings of emotion and wellbeing, ability to cope and future aspirations.

We believe that by working together we can create confidence in young people to recognise their abilities and achieve their full potential.

Our mission is to work alongside parents to help give their children confident childhoods and to enable them to thrive in the future. Teen Talk is a charity who strives to empower young people aged 11 -25 and families, by offering practical and emotional support to overcome challenges and help to change their lives for the better.

With the relaunch of our 17-25 group, this enabled us to support the young people by building their confidence, social skills, and making new friends in a relaxed environment.

Unfortunately, due to the pandemic our usual Volunteer program has been placed on hold.

CEO Report

What we do know is that since 1998 Teen Talk Harwich has been at the forefront of providing early interventions for young people in the area. We have worked with over 22,000 disadvantaged young people that other youth organizations have struggled to reach.

These last few years have been difficult but going forward, we want to ensure that all of our community's young people have a greater access to programs that will help them shape better futures. This will take time and this will continue to be our main focus.

Although we have overcome the many challenges that Covid presented, which turned us around, we had to streamline and change some practices to survive. I would like to think that it has also helped us to focus on what we are really good at and despite all we faced, we have come out stronger, but more importantly with a clearer direction and focus in what Teen Talk can and should achieve for young people. I'm also very proud, that with all that we faced, our members of staff have focused all their energy on ensuring young people had the support they needed and input that extra element to achieve this success.

Although our service is more referral-based today, we have not forgot that we need to keep the element of youth focused. This is something we will need to continue to reflect on in the coming year, and looking forward to returning to face to face appointments

One type of program that is desperately needed is our early intervention component and this will continue to be our main focus for the coming year. Numerous studies show how youth mental health is on the increase but they often wait until they hit crisis point. I feel strongly that this should never happen and young people need to have a place to go to where they can talk. I feel our work helps to break this pattern and where we make the most impact for young people and their families.

Finally, I would like thank the team for doing a great job, making the impossible possible, which is a testament to their hard work and without their contribution, we could not make this happen.

Hayley Lovett BEM

How We Helped

We recognised that building a relationship with young people using telephone support was harder than when face to face. This in turn doubled the number of sessions needed to achieve the positive outcomes.

The support requested by our service users was varied, but as you can see from the comments below, they expressed how Teen Talk services helped them.

"I wanted to feel less stressed and isolated"

"I feel that my stress levels have improved by talking about my worries"

"I wanted to make friends and also there to be less rows at home"

"I'm feeling better about myself and less anxious. Feels good to talk someone"

"I want to feel less emotional"

"I felt very anxious to talk at the start, but I now feel more confident about myself"

"I want to improve confidence and like myself"

"We spoke about the bullies for the first time, and why they bully. Now I see them very differently, which helps me feel a bit more confident"

SUMMARY

We Aim To Build Resilience And Empower Young People To Believe In Their Abilities.

A total of **227** young people and their families have been supported this year.
Most have been referred by school, college, parents or GP and mental health teams.

Of the **703** sessions offered, **619** were engaged.

118 were provided with 1 to 1 support to improve emotional wellbeing

86% had improved confidence

84% had improved aspirations

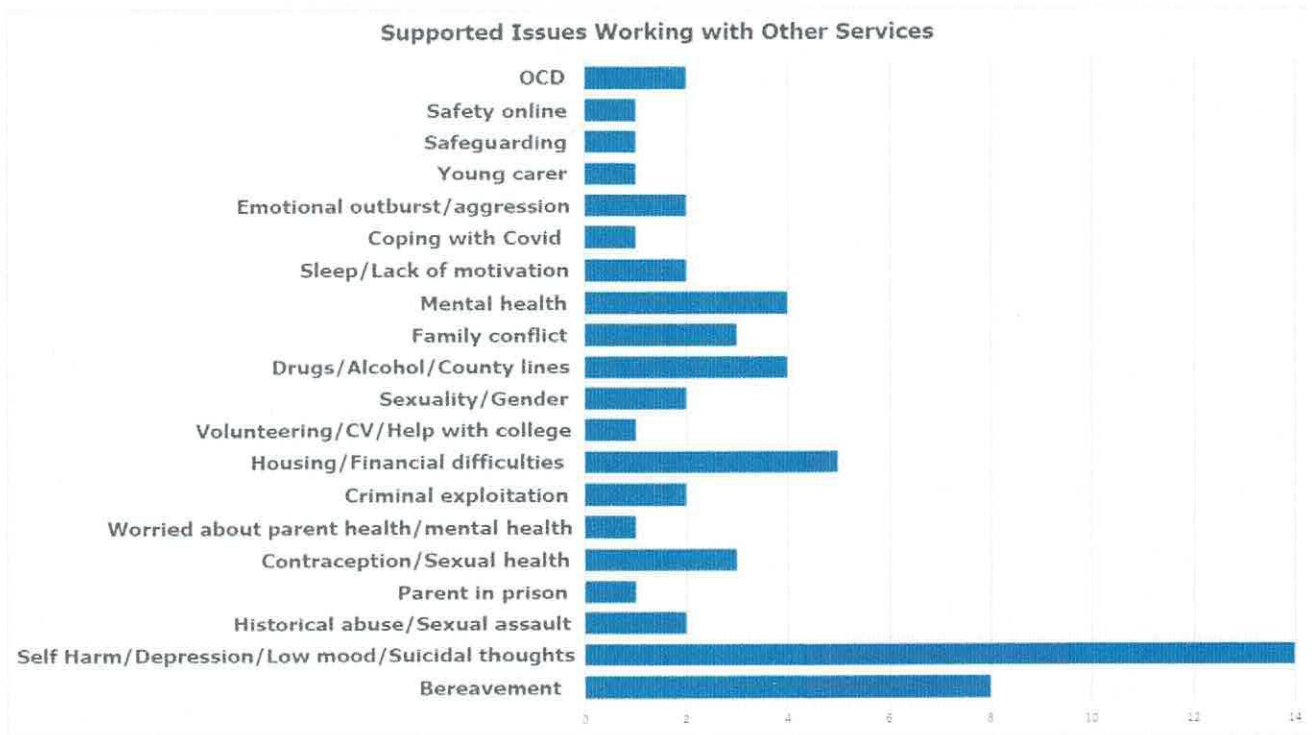
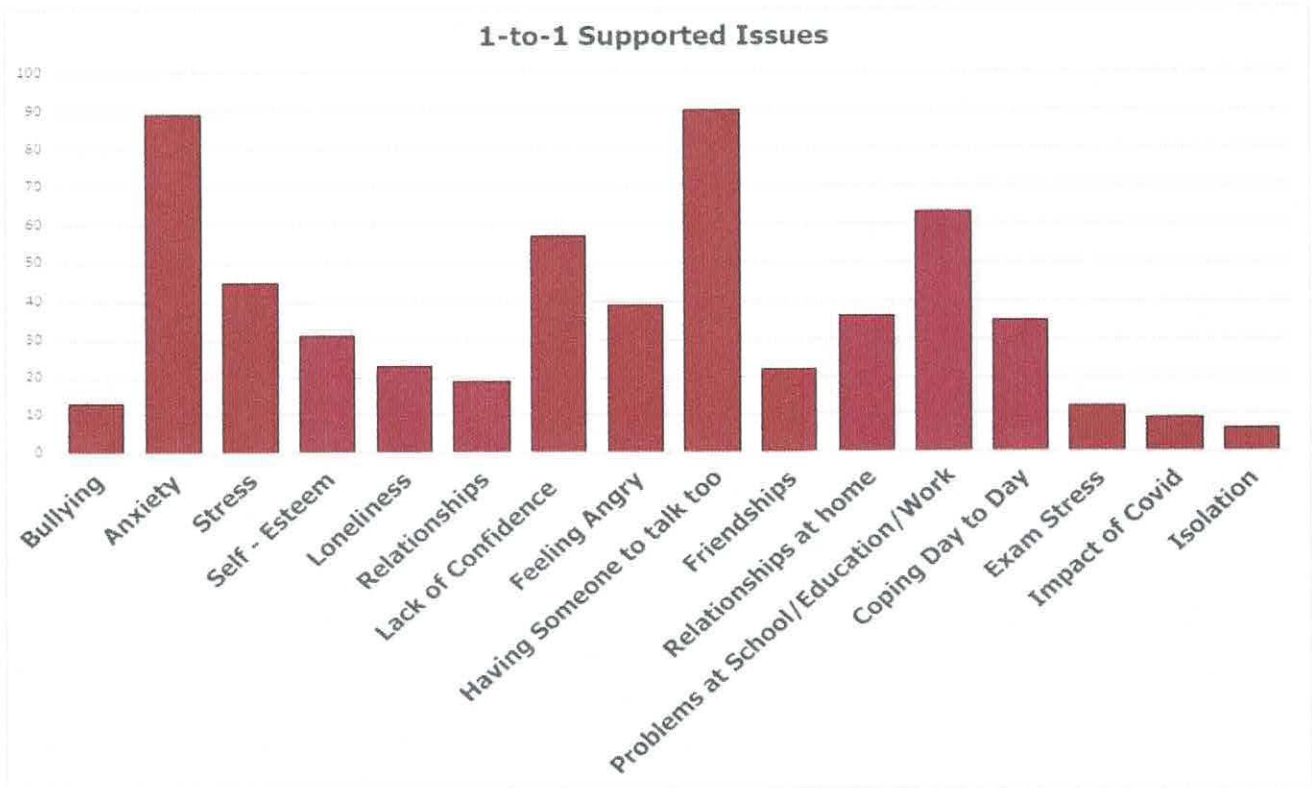
109 consultations with families and agencies

79% were provided with information or signposted

62 parents were supported in a one-off session to offload their concerns and to find other services and support

Of these, **149** were new to our service, and all received telephone support.

The graphs below show the issues presented by young people that have been addressed by engaging in 1-to-1 support and those that have been identified as higher tier and received support from us and other services.



Teentalk Report 2021-22

Teentalk continues to experience changes in both our user base and staff. The organisation has had to remain flexible in supporting engagement of our local young people, using a range of media to suit the needs of the individual.

We have experienced staff changes and look forward to welcoming two new staff members shortly, which will enable Teentalk to reach out across Tendring in a range of social settings and schools.

This Annual General Meeting give us a chance to reflect on the aim and achievements of Teentalk, and offers the opportunity to highlight our gratitude to the hardworking team who undertake the challenging work of the organisation.

The Covid 19 pandemic has led to a closer focus on everyone's mental health and therefore we can all appreciate how important this is, and especially for younger members of our community. Teentalk is contributing positively to the future by continuing its commitment to young people - and bidding for funds to keep the momentum is a challenging issue, and our whole team continue to rise to these challenges.

I want to thank the whole team, and everyone involved in Teentalk - and congratulations on another busy and successful year – I look forward to continuing my involvement.

I remain extremely grateful for and proud of the work that Teentalk is doing - our recent success at the Tendring Blue Riband Awards is testament to the value that our community places on our contribution to the well-being of our young people.

Young people – will shape all our futures, and Teentalk's work must continue - as the role it plays in helping to support their confidence and competence, enabling them to develop into insightful, responsible adults and future citizens who will be influential in developing our society.

Our focus on working holistically and mutually with our users to the benefit of them and their families and networks. Our persistence in delivering a service to support this requires determined attempts to secure funding and a great deal of hard work takes place within the organisation to keep us afloat in these very uncertain times.

Judith Skargon

Chair

October 2022

Funders

We would like to thank the following funders for the grants we received;

Children in Need

TDC

ECF

Lottery

Garfield Weston

Fowler Smith Jones

Trusthouse

ECC Active Essex

ECC ECVYS Detached Work

ECF Activity Worker

Colchester Catalyst

VVCS

YSG Youth

ECF Website

Alex Dickson Trust

Essex Youth

ECF Covid

ECF High Sheriff

UK Youth

ECF Chrysalis Fund

Through The Year

Throughout the year we have been busy with our Busy Bee project, bringing positive thoughts to all that found the disks distributed around the town, some of which by CVST Bereavement Café members, and were kindly donated by Palmer and Palmer 500 Club.



During the summer, our younger groups participated, with the help of Ramsey & Parkeston Parish Council, in the garden project at Parkeston Welfare Park. This involved the design and planting of raised beds, looking at wildlife in that area and included pond dipping.



We participated in detached work with the police cadets and through the summer holidays by engaging with some young people in the community, as well as engaging with local schools and discussing our local area. This was part of the ECVYS Partners Detached Youth Work Project.

Our 17-25 group relaunched in October, and alongside some of our 11-16 group, they represented us in the Guy Carnival by making personalised masks. Great fun was had by all.



We took part in the Christmas Card competition, run by Dovercourt Art Club, who also sponsored 2 young people to attend their weekly group session and help them to progress with their art work.

With Christmas just around the corner, a quiz was held at The Olde siege House in Colchester and raised £115.10. Thank you to them for hosting the event and to those that took part. Our young people also took part in the Christmas Bag donation where we wrapped and bagged the gifts and presented them to Home Start for distribution, with the help of the Police Cadets, to local disadvantaged young people. We were also fortunate for some of our families to be invited to partake in a Christmas skate evening. Many thanks to Les Nichol at NEST for thinking us and to The Lighthouse sports and social hub for holding the event.

At the start of the new year, we were honoured to have a visit from the High Sherriff, Simon Brice, who with our local Mayor Ivan Henderson, chatted to two of our young people about the services that we offer and the difference that we make.



To bring light to the end of a fraught year for our young people, they took part in the Harwich Illuminate Festival. With thanks to Harwich Art and Heritage Centre, they decorated umbrellas to resemble jellyfish and took part in the procession around the old town.



Looking Forward

Our team has been working tirelessly for the past twelve months, and as we look forward to the coming year, our plans to return to reopen the centre with face-to-face appointments and activities is an exciting time. To help achieve this and improve our accessibility, we have an IT and website update in progress, as we know that young people and families alike use many different technologies to communicate.

We are proposing to introduce a Family Support worker, who would further enhance our services to help those who are struggling, and a Youth Outreach worker, to work alongside schools in our community and set workshops for those in years 6, 9 and 12-13 to help alleviate the worries and concerns that some young people may have. This will also regenerate the communications we had with the schools that had to be put aside during Covid 19.

We will be looking at strengthening our Board of Trustees, as some of our longstanding members have retired. The need for a diverse and committed board is paramount for the charity to continue to grow.

Ways to support us;

Teen Talk Facebook

Teen Talk Instagram

Teen Talk website

With a donation at Localgiving

With a donation at Essex Lottery

Teen Talk Treasurers Report 2022

The last financial year has once again been strange, both from an operational point of view and the financial perspective. The way we work has changed significantly both to accommodate the requirements of the various restrictions and to meet the needs of the young people we serve. It's meant much more use of the telephone and social media and far less visitors to the centre. It will be reported elsewhere that we are not likely to go back to our original ways of working and need to find new ways to engage with young people. Some of the needs are different but underlying problems like anxiety, low self esteem and the early signs of mental health issues remain the same.

Interestingly, despite the changes in working practice our income and expenditure remained very similar to the previous year. Overall, our income was £172k against and expenditure of £169k which means that we had a very small surplus of £3k for the year. This compares with a surplus of £10k in the previous year.

Overall, it was a satisfactory result financially but, as usual these figures are complicated by the level of restricted funds (the money we have received for specific purposes but not yet spent) we need to carry forward into the coming year. Our restricted funds this year were £195k out of a total funds of £248k.

This means that we have already received a substantial proportion of the money we need for the coming year but we need to keep in mind that there is still some uncertainty about what work we will actually be doing, and our levels of expenditure are still difficult to estimate accurately. Fortunately most of our current funders still appear reasonably to be flexible as we change the way we work to meet the changing needs of the young people following the pandemic.

However, although we have good reason to be optimistic we still need to raise more funds and the fund-raising climate is very different from the past. Many funders have been slow to reinstate their grants programmes and many have changed their priorities to try to meet the changing demands of current times so fund raising remains difficult and very time consuming.

The challenges for the coming year will be to invest in new ways of working while continuing to meet the needs of young people in a world that has changed considerably.

It has been another very difficult year, and I would like to complement and thank Hayley and the team for their flexibility and all their hard work and sometimes almost impossible decisions.

Fred Heddell CBE

Treasurer/Secretary – October 2022

REGISTERED COMPANY NUMBER: 07577756 (England and Wales)
REGISTERED CHARITY NUMBER: 1144593

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2022
for
Teen Talk (Harwich)

Finnigan & Co
37 Lower Brook Street
Ipswich
Suffolk
IP4 1AQ

**Contents of the Financial Statements
for the Year Ended 31 March 2022**

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Statement of Financial Activities	3
Balance Sheet	4 to 5
Notes to the Financial Statements	6 to 13
Detailed Statement of Financial Activities	14

Teen Talk (Harwich)

Report of the Trustees for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity operates a free and confidential information and support service for young people, aged 11 to 25, in Tendring Essex. It is a self-referral service offered on an as required basis.

Reserves

Our reserves are equivalent to at least 6 months normal running costs as a safeguard against the possibility of significant financial difficulties. This reserve safeguards the Charity against short-term fluctuations in funding.

FINANCIAL REVIEW

Specific fund information

The trustees wish the following to be noted in relation to some specific funds

The following funds have received funding which is allocated to projects for the new financial year

Colchester Catalyst
TDC Covid
VVCS

Some other fund balances have been carried forward, with permission, due to ongoing issues in relation to the Covid pandemic.

Reserves policy

The charity is working towards increasing its reserves to be one third of the annual budget/four months running costs. This will enable the charity to maintain its normal level of service whilst still being able to invest in adapting and broadening the scope of the project.

The fund named "Property" relates to the cost paid for the building from which the charity operates. As such this fund does not represent cash funds that can be utilised by the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07577756 (England and Wales)

Registered Charity number

1144593

Registered office

17 Cliff Road
Dovercourt
Harwich
Essex
CO12 3PP

Teen Talk (Harwich)

Report of the Trustees for the Year Ended 31 March 2022

Trustees

F Heddell CBE retired Charity Director

Mrs M K Rowland MBE retired Charity Manager (resigned 19.2.22)

Mrs J Skargon Msc RNMH RNA Nurse Consultant Physical Health

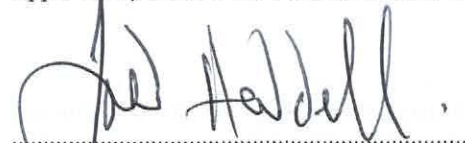
Mrs V Guglielmi TDC Councillor and Chair Lawford Parish

C Kenny-Williams Child health nurse

G Burden Council Officer

I C R Davidson Chief Executive Tendring District Council

Approved by order of the board of trustees on 24/10/22 and signed on its behalf by:


.....

F Heddell CBE - Trustee

Teen Talk (Harwich)

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		8,114	164,234	172,348	179,772
EXPENDITURE ON					
Other		25,087	144,349	169,436	169,325
NET INCOME/(EXPENDITURE)		(16,973)	19,885	2,912	10,447
Transfers between funds	9	4,999	(4,999)	-	-
Net movement in funds		(11,974)	14,886	2,912	10,447
RECONCILIATION OF FUNDS					
Total funds brought forward		64,787	180,476	245,263	234,816
TOTAL FUNDS CARRIED FORWARD		52,813	195,362	248,175	245,263

The notes form part of these financial statements

Teen Talk (Harwich)

Balance Sheet 31 March 2022

	Notes	Unrestricted fund £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
FIXED ASSETS					
Tangible assets	6	-	72,533	72,533	72,533
CURRENT ASSETS					
Debtors	7	4,989	18,924	23,913	181
Cash at bank and in hand		52,731	108,894	161,625	179,777
		57,720	127,818	185,538	179,958
CREDITORS					
Amounts falling due within one year	8	(4,907)	(4,989)	(9,896)	(7,228)
NET CURRENT ASSETS		52,813	122,829	175,642	172,730
TOTAL ASSETS LESS CURRENT LIABILITIES		52,813	195,362	248,175	245,263
NET ASSETS		52,813	195,362	248,175	245,263
FUNDS	9				
Unrestricted funds				52,813	64,787
Restricted funds				195,362	180,476
TOTAL FUNDS				248,175	245,263

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

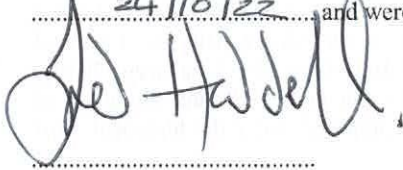
The notes form part of these financial statements

Teen Talk (Harwich)

Balance Sheet - continued
31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24/10/22 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'F Heddell', is written over a dotted line.

F Heddell CBE - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 March 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

No depreciation is charged on the freehold property as this does not represent commercial reality.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

3. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
General staff	4	6

No employees received emoluments in excess of £60,000.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	14,781	164,991	179,772
EXPENDITURE ON			
Other	3,056	166,269	169,325
NET INCOME/(EXPENDITURE)	11,725	(1,278)	10,447
Transfers between funds	253	(253)	-
Net movement in funds	11,978	(1,531)	10,447
RECONCILIATION OF FUNDS			
Total funds brought forward	52,810	182,006	234,816
TOTAL FUNDS CARRIED FORWARD	64,788	180,475	245,263

5. FUND ADVANCE SPENDING

Other debtors and other creditors reflect amounts spent from a restricted fund prior to grant funding being received. This is therefore shown as owing to the unrestricted fund and by the restricted fund. The effect of this is that both the other debtors and creditors figures are increased but are not owed to third parties.

6. TANGIBLE FIXED ASSETS

	Freehold property £
COST	
At 1 April 2021 and 31 March 2022	72,533
NET BOOK VALUE	
At 31 March 2022	72,533
At 31 March 2021	72,533

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Other debtors	23,913	181

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Trade creditors	-	3,192
Social security and other taxes	3,228	1,612
Other creditors	6,108	824
Accruals and deferred income	-	1,040
Accrued expenses	560	560
	9,896	7,228

9. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	Transfers between funds	At 31.3.22
	£	£	£	£
Unrestricted funds				
General fund	64,787	(16,973)	4,999	52,813
Restricted funds				
Property	72,533	-	-	72,533
Children In Need	3,389	(3,389)	-	-
TDC Clacton	4,362	25,638	-	30,000
ECF High Sheriff	2,335	(2,335)	-	-
Garfield Weston	20,000	(20,000)	-	-
Fowler Smith Jones	2,919	(2,919)	-	-
Trusthouse	17,053	(17,053)	-	-
Uk Youth	1,612	(1,612)	-	-
ECC Active Essex	8,935	(8,935)	-	-
Essex Youth	3,000	(3,000)	-	-
ECC ECVYS Detached Work	648	(648)	-	-
Alex Dickson Trust	432	(422)	(10)	-
Prior year adjustments	43,258	-	-	43,258
ECF Website	-	4,000	-	4,000
VVCS	-	18,924	(4,989)	13,935
Colchester Catalyst	-	31,636	-	31,636
	180,476	19,885	(4,999)	195,362
TOTAL FUNDS	245,263	2,912	-	248,175

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	8,114	(25,087)	(16,973)
Restricted funds			
Children In Need	39,999	(43,388)	(3,389)
TDC Clacton	30,000	(4,362)	25,638
ECF	20,001	(20,001)	-
ECF High Sheriff	-	(2,335)	(2,335)
Garfield Weston	-	(20,000)	(20,000)
Fowler Smith Jones	-	(2,919)	(2,919)
Trusthouse	-	(17,053)	(17,053)
Uk Youth	-	(1,612)	(1,612)
ECC Active Essex	-	(8,935)	(8,935)
Essex Youth	-	(3,000)	(3,000)
ECC ECVYS Detatched Work	11,250	(11,898)	(648)
Alex Dickson Trust	-	(422)	(422)
YSG Youth	8,424	(8,424)	-
ECF Website	4,000	-	4,000
VVCS	18,924	-	18,924
Colchester Catalyst	31,636	-	31,636
	<u>164,234</u>	<u>(144,349)</u>	<u>19,885</u>
TOTAL FUNDS	<u>172,348</u>	<u>(169,436)</u>	<u>2,912</u>

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2022

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	52,810	11,724	253	64,787
Restricted funds				
Property	72,533	-	-	72,533
Children In Need	3,389	-	-	3,389
TDC Clacton	-	1,937	2,425	4,362
Lottery	43,258	-	(43,258)	-
ECF High Sheriff	4,885	(2,550)	-	2,335
Garfield Weston	-	20,000	-	20,000
TDC Rag	2,425	-	(2,425)	-
Fowler Smith Jones	1,964	955	-	2,919
Trusthouse	15,000	2,053	-	17,053
Uk Youth	8,500	(6,888)	-	1,612
ECF Activity Worker	10,000	(10,000)	-	-
ECF Chrysalis Fund	20,052	(20,052)	-	-
ECF Covid	-	253	(253)	-
ECC Active Essex	-	8,935	-	8,935
Essex Youth	-	3,000	-	3,000
ECC ECVYS Detached Work	-	648	-	648
Alex Dickson Trust	-	432	-	432
Prior year adjustments	-	-	43,258	43,258
	<u>182,006</u>	<u>(1,277)</u>	<u>(253)</u>	<u>180,476</u>
TOTAL FUNDS	<u>234,816</u>	<u>10,447</u>	<u>-</u>	<u>245,263</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	14,781	(3,057)	11,724
Restricted funds			
Children In Need	38,500	(38,500)	-
TDC Clacton	6,000	(4,063)	1,937
Lottery	50,000	(50,000)	-
ECF High Sheriff	-	(2,550)	(2,550)
Garfield Weston	20,000	-	20,000
Fowler Smith Jones	5,000	(4,045)	955
Trusthouse	15,000	(12,947)	2,053
Uk Youth	-	(6,888)	(6,888)
ECF Activity Worker	-	(10,000)	(10,000)
ECF Chrysalis Fund	-	(20,052)	(20,052)
ECF Covid	15,000	(14,747)	253
ECC Active Essex	8,935	-	8,935
Essex Youth	3,000	-	3,000
ECC ECVYS Detatched Work	3,124	(2,476)	648
Alex Dickson Trust	432	-	432
	<u>164,991</u>	<u>(166,268)</u>	<u>(1,277)</u>
TOTAL FUNDS	<u>179,772</u>	<u>(169,325)</u>	<u>10,447</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	52,810	(5,249)	5,252	52,813
Restricted funds				
Property	72,533	-	-	72,533
Children In Need	3,389	(3,389)	-	-
TDC Clacton	-	27,575	2,425	30,000
Lottery	43,258	-	(43,258)	-
ECF High Sheriff	4,885	(4,885)	-	-
TDC Rag	2,425	-	(2,425)	-
Fowler Smith Jones	1,964	(1,964)	-	-
Trusthouse	15,000	(15,000)	-	-
Uk Youth	8,500	(8,500)	-	-
ECF Activity Worker	10,000	(10,000)	-	-
ECF Chrysalis Fund	20,052	(20,052)	-	-
ECF Covid	-	253	(253)	-
Alex Dickson Trust	-	10	(10)	-
Prior year adjustments	-	-	43,258	43,258
ECF Website	-	4,000	-	4,000
VVCS	-	18,924	(4,989)	13,935
Colchester Catalyst	-	31,636	-	31,636
	<u>182,006</u>	<u>18,608</u>	<u>(5,252)</u>	<u>195,362</u>
TOTAL FUNDS	<u>234,816</u>	<u>13,359</u>	<u>-</u>	<u>248,175</u>

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2022

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	22,895	(28,144)	(5,249)
Restricted funds			
Children In Need	78,499	(81,888)	(3,389)
TDC Clacton	36,000	(8,425)	27,575
ECF	20,001	(20,001)	-
Lottery	50,000	(50,000)	-
ECF High Sheriff	-	(4,885)	(4,885)
Garfield Weston	20,000	(20,000)	-
Fowler Smith Jones	5,000	(6,964)	(1,964)
Trusthouse	15,000	(30,000)	(15,000)
Uk Youth	-	(8,500)	(8,500)
ECF Activity Worker	-	(10,000)	(10,000)
ECF Chrysalis Fund	-	(20,052)	(20,052)
ECF Covid	15,000	(14,747)	253
ECC Active Essex	8,935	(8,935)	-
Essex Youth	3,000	(3,000)	-
ECC ECVYS Detached Work	14,374	(14,374)	-
Alex Dickson Trust	432	(422)	10
YSG Youth	8,424	(8,424)	-
ECF Website	4,000	-	4,000
VVCS	18,924	-	18,924
Colchester Catalyst	31,636	-	31,636
	<u>329,225</u>	<u>(310,617)</u>	<u>18,608</u>
TOTAL FUNDS	<u>352,120</u>	<u>(338,761)</u>	<u>13,359</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

Teen Talk (Harwich)**Detailed Statement of Financial Activities
for the Year Ended 31 March 2022**

	31.3.22 £	31.3.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	6,829	11,748
Grants	164,319	168,024
Fees	1,200	-
	<u>172,348</u>	<u>179,772</u>
Total incoming resources	172,348	179,772
EXPENDITURE		
Other		
Wages	127,650	127,900
Social security	7,682	5,785
Pensions	6,522	6,121
Workshops etc	4,664	2,824
	<u>146,518</u>	<u>142,630</u>
Support costs		
Management		
Rates and water	356	872
Insurance	3,372	3,280
Light and heat	2,455	3,263
Telephone	4,413	4,906
Postage and stationery	728	925
Advertising	335	2,996
Sundries	185	1,079
Travel and subsistence	-	194
Publications and subscriptions	607	116
Repairs and renewals	7,101	4,607
Household and cleaning	1,171	1,534
	<u>20,723</u>	<u>23,772</u>
Finance		
Bank charges	95	70
Governance costs		
Accountancy and legal fees	2,100	2,853
	<u>169,436</u>	<u>169,325</u>
Total resources expended		
	<u>2,912</u>	<u>10,447</u>
Net income		

This page does not form part of the statutory financial statements

TEEN TALK (HARWICH)

England & Wales - Charity number 1144593

Accounts



Helping young people meet their full potential since 1998

Annual Report

April 2020– March 2021

Working together with young people & their families, by building confidence in young people to recognise their abilities and achieve their full potential across Tendring.

Teen Talk Harwich a registered Charity in England & Wales

Registered Charity Number: 1144593

Limited Company NO: 7577756 (March 2011)

Chair of Trustees: Judith Skargon

CEO: Hayley Lovett



Purpose

Teen Talk Harwich is a valued local resource established in 1998 to address and improve the access to services for young people within the 11-25 age range. Originally founded from an NHS outline that highlighted limited grassroots services that young people could access independently. The charity has evolved to become a youth focused charity dedicated to supporting young people and their families to enable them to overcome challenges and build towards their best possible futures.

We operate from a main centre in Harwich and complement our delivery with a range of outreach programmes across Tendring, delivering a range of practical and emotional problem prevention strategies through a support service. As a community-based organisation, we provide a range of projects on behalf of young people within their community, offering 1-1 support, mentoring, youth led groups, after school programs and recreational programs.

This three-year plan sets out how we intend to develop the mission of our charity. We aim to develop and grow our programs linking service delivery with income; recognising that we need to be realistic about the challenging funding environment and restrictions that the pandemic may place on our current and future operations.

We have already adapted to an increasingly constrained funding environment through updating systems and implementing new technology to make a more efficient working environment. The historical lock downs and restrictions of the past two years has hastened this implementation, and we intend to continue to build on these foundations over the next three years of this plan.

We have learnt to create programmes that adapt to the local demographics of the area and help to provide resources to those who are isolated by the rural location and seaside cultures that can influence local economies and limits opportunities for youth. We have always sought to respond to the immediate and underlying problems faced by young people in need in a timely and relevant manner, by developing programs that target early intervention. This key focus has proven to impact change, and by listening to young people at the first sign of their struggle, ensures their viewpoints are listened to building in help and opportunities at this stage has proven to lead to more resilient young people. We know that some problems our young people are facing have got significantly worse over the last two years. While new challenges are emerging, we recognise the added strain this is putting on families resilience. A future focus will be looking into this type of support either from linking with other agencies or building in a new program to address this gap. Again, most agencies provide higher tier interventions and we aim to remain a service that is involved at the early intervention stage.

We don't tell young people what to do or change, often they recognise things need to change but do not know how to make this happen. By providing a space for them to talk freely and building their confidence into finding resolutions, we can help them to achieve their end goals. This then creates a picture of change that focuses on empowering the young person to make their own decisions which creates future resilience to problems solving in the future.

The Needs we are addressing

Evidence from Teen Talk services, government sources, and university and charity research indicate that poverty and poor mental health are becoming the two major factors which are having a devastating impact on the way young people manage their lives, and can affect their health and well-being.

Poverty and deprivation - Tendring is ranked as the most deprived of all Essex districts, ranked 103rd of 354 authorities. 23 of Tendring's 90 LSOA areas are in the 10% most deprived in Essex. (www.tendringdc.gov.uk)

Mental Health - Rate of probable mental disorders have increased since 2017 in 2020, 1 in 6 children aged 5-16 were identified as having a mental probable disorder, increasing from 1 in 9 in 2017. The increase was evident in both boys and girls ([Mental Health of Children and Young People in England, 2020: Wave 1 follow up to the 2017 survey - NHS Digital](#))

We began to recognise the growing gaps where services in the area were targeted at crisis point and we started to recognise that by reacting promptly to young people facing difficulties early avoided crisis point and started to evidence a brighter future.

Our uniqueness is addressing the needs of young people aged 11-25 in a personalised program so each is treated as an individual and their needs addressed in this way has evidence significant change. By providing a place, when a young person is facing a rough time, where they will be listened to and helped to find solutions so they can feel confident to express the way they feel in a safe environment is one of the important factors of our success.

We consider the 3 main stages

- Picking up transition from primary into secondary years
- Supporting all through adolescent
- Providing further support as they transition into young adults and services.

As part of the Charity sector is seen as an increasingly important part of society in the delivery of services, grass root projects are far more reaching and effective due to the general local knowledge and expertise. Teen Talk is working to be reactive to address local needs as they arise. Covid-19 has enabled us to evidence this further by continually working in keeping young people connected to services during the pandemic.

Objectives

We continually see a significant increase in the numbers asking for help. We are always sensitive to the different needs of young people and focus our project in developing on what they tell us needs to be addressed or the type of help they need. Over the years we have learnt that the main priority is to create an informal space where young people can get the help they need and provide opportunities to further their ambitions.

A range of youth led programs has been achieved by putting the focus on celebrating youth achievements, ranging from festival, campaigns, mentoring and community led projects that provide a youth voice. In the future we want to continue to build on this focus with our aim to introduce a better presence of youth representation on our board.

We are now facing an ever-changing environment since the pandemic that has intensified existing issues and created new. Predominately loss of developmental skills of transition as young people have lost 2 years of social experiences that they would have had. This has led to the creation of higher tiers of anxiety and concerns for their future impacting their emotional stabilities.

Drawing from past experiences

Getting to know young people is important, offering services that are forward thinking in relating to young people by making it clear that we might not always get it right and they can lead and help us achieve a better way of working. Keeping our service individual to the young person will continue to be our main focus. We don't want to fit them into a box, but ensure we treat them as an individual in turn, this helps them to feel comfortable in engaging in our services. Our priority of making sure we really listen to their concerns and help them lead the way in finding solutions.

We know, youth work struggles to attract young people, especially those aged 15 to 19 years. We attract those that do not normally engage in the generalised provision and mostly relates to not feeling they fit in. At Teen Talk we help to find where they do fit in, by making them feel valued and what they have to say is important. Drawing from what we have learnt over the years to explore young people's perspectives on participation into youth services. We know that certain activities attract young people into youth services, what maintains their participation is the sense of belonging they experience and the opportunity to participate meaningfully in decision making either in activities and developing a programme or to have a say in their own emotional health and be involved in the ways it can be resolved. In this regard we need to continue to recognise and promote the value of their contribution.

Although needs change and gaps appear in service provision, we recognise that the 3 challenges we will face in the near future and will continue to address:

- Increase in disadvantage financial and demographical growing wider
- Increase in mental health
- Lack of opportunities especially within the lower income – keeping resources free and assessable

Service development over the next year

Teen Talk has started to rebuild on the core practice model since the pandemic, where we diversified services to address the need throughout. One main feature was introducing telephone support which we aim to consider formalising into future practise. Mainly as this improves the element for young people to engage from the rural aspects Tending presents. Face to face support will continue as our main focus in reacting to the growing needs with an added element of providing a choice between these options or both. We feel we have successfully kept young people connected throughout the last 2 years and this achievement we aim to continue to develop and build on. Covid-19 has provided a learning and important message that we need to consider how we will evolve to ensure the focus meets the needs of young people and families in the changing future.

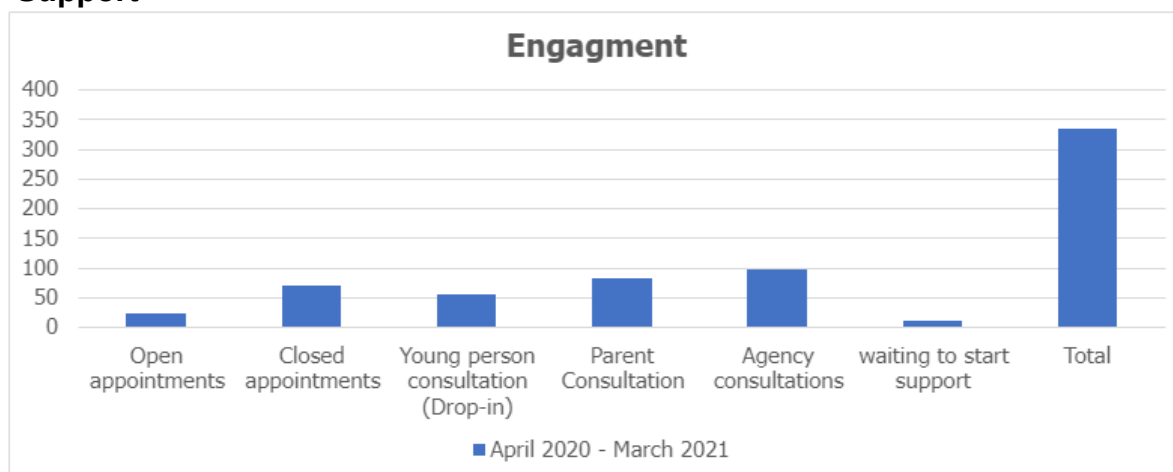
April 2020 to March 2021



Statistics and what we achieved through remote working –

further evaluation for the future is needed as this created a very different base line for work provided over the last 2 year during covid and will be part, we recognise that we will need to review the baseline measurements for future reference as services return to normal operations.

Support



For this period, we worked directly with 157 young people providing weekly support sessions and one-off consultations through telephone support. Additionally, we also supported a further 178 young people relating to information of services, providing further knowledge of resources which we achieved indirectly through parents and other agencies. New to service increase by nearly 50% through this time which evidencing the local knowledge base of our services and awareness of the general public.

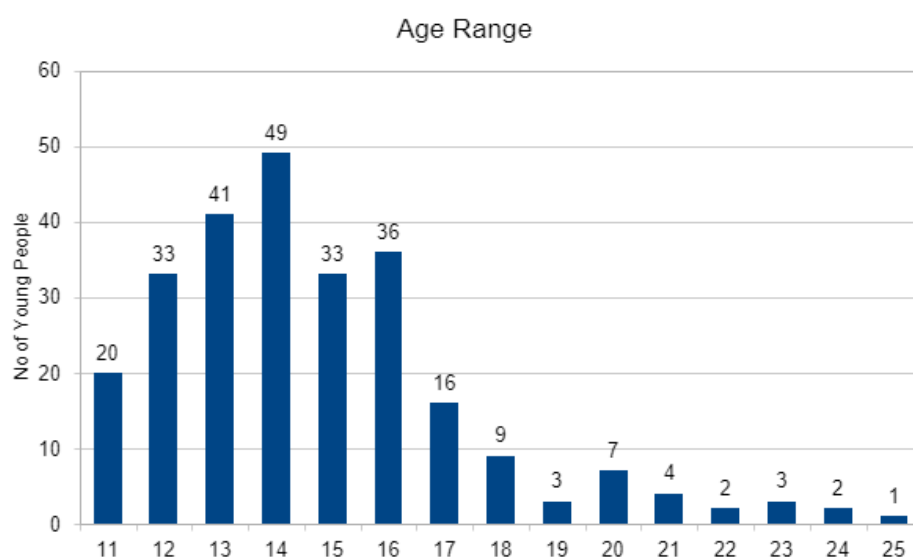
We provided 693 Telephone support session with 84% engagement rate. From the previous year achieving 69% we will be monitoring this to see if we can establish if this was due to accessibility being easier over the phone versus face-to-face work returns.

Impact and change on completion of support

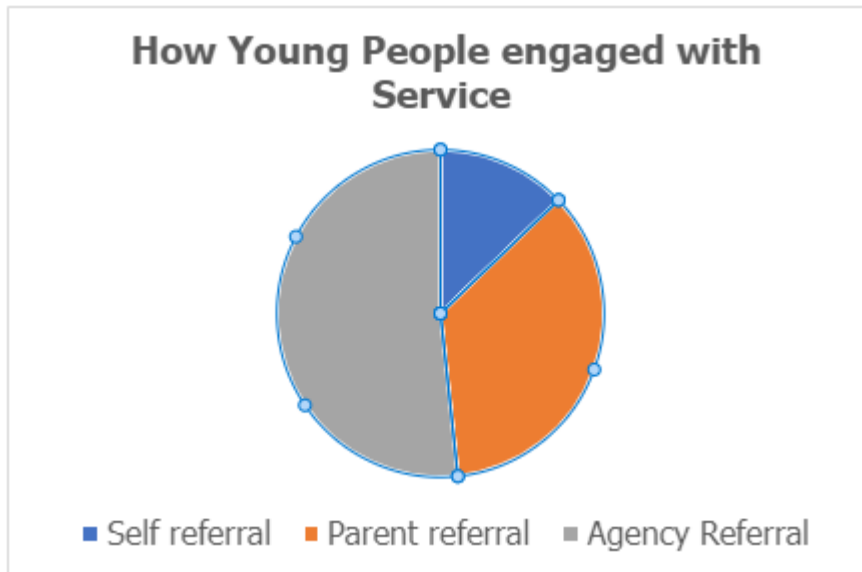
	indicators	% Achieved outcomes	
Confidence	1	80	making change
	2	69	changing
	3	62	working well
	4	45	continue to improve
	5	33	Coping well on their own
Aspirations	1	73	looking forward
	2	66	planning future
	3	55	setting goals
	4	43	achieving goals
	5	28	achieving well on their own
People & Support	1	85	provided information
	2	36	Signposted to other services
	3	38	Provided 1-1 session one off Parent session

Each young person and the difference made from using our support service is measured over 1-5 indicators that are achieved over a period of 6 + weeks provision. The percentages are active and include the progress of closed and young people we are still working with and the current picture of achievement at year end.

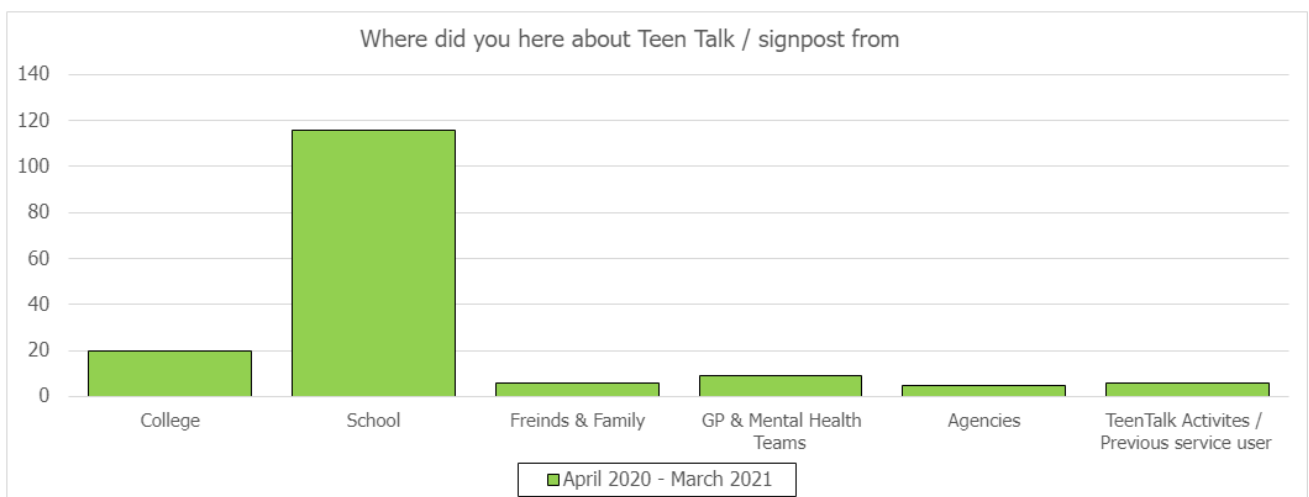
From building this base line in 2018 we are able to measure the impact made and the benefits to our services user's. For example, those that have achieved level at the start of their journey and level 5 at the end. This format also enables us to monitor each person progress and additionally record the statements from the young person to create a case story for a more detailed report. Which we will continue to develop.



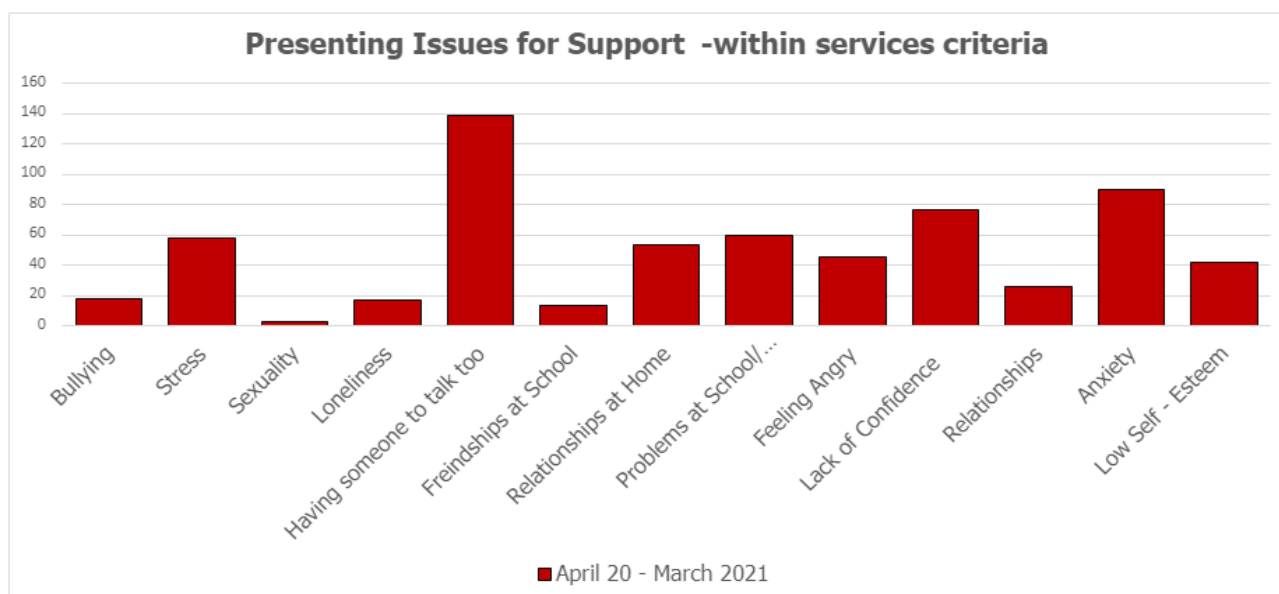
Compared to previous year we are still seeing a growth in 11-13 age range by a further 25% and are starting to see more engagement in the 18+ age range. We consider that our charity name could impact this “teen” over this year we have continued to build stronger links with this age range and built on more target programmes that us help us improve our message to these service users and have achieved a 50% increase. We also hope that as we rebrand next year, we can focus on this further to improve knowledge to the upper age range of service users.



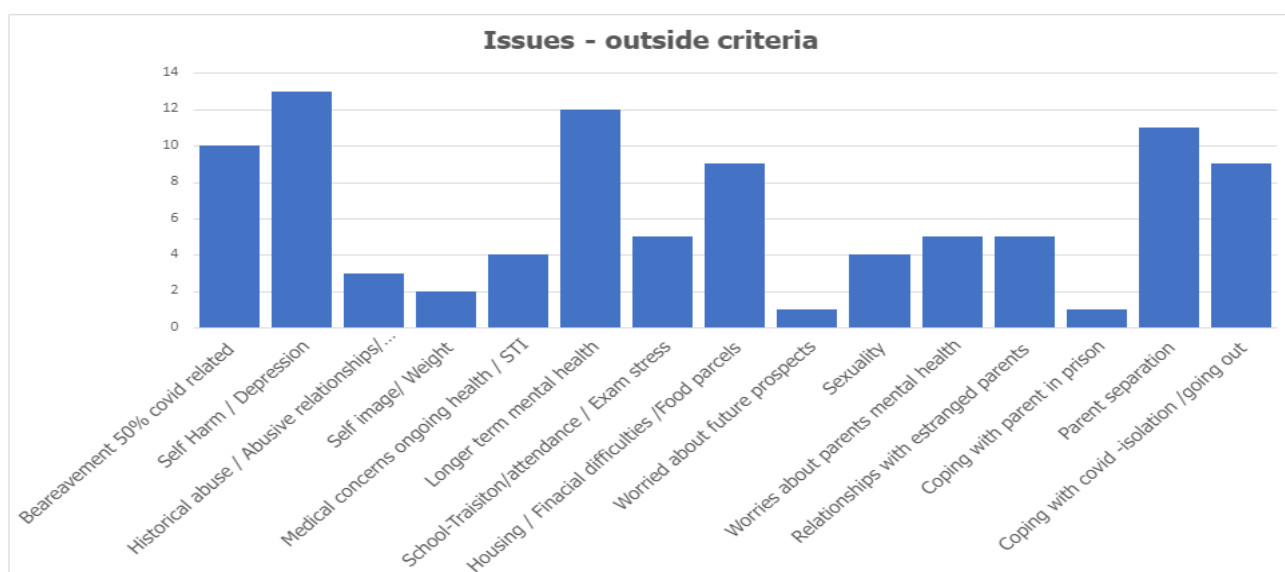
A large proportion of referrals to our service are from schools. We are currently improving this area which will be achieved through our website next year to monitor self-referral and young people have a more direct access point which has changed over the last year as the drop-in proportion of our service could not be offered during Covid-19.



This is confirmed by the above where statistics are recorded from the young people evidencing a high percentage of agencies highlight our service to young people and their families.



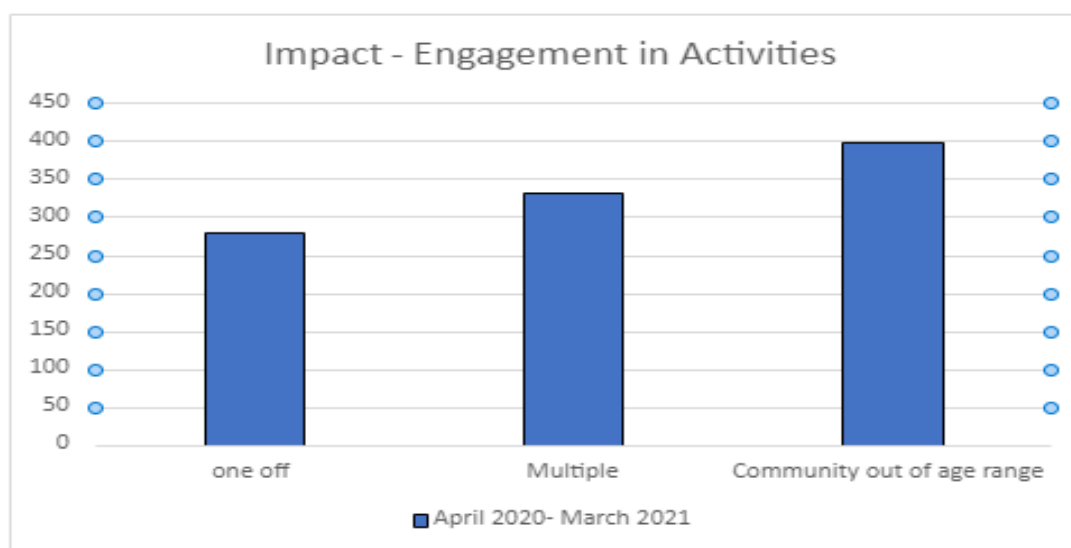
The above issues represent the needs we are addressing in some cases young people will have multiple needs. Having someone to talk too and Anxiety has been the largest request for help, anxiety can destroy self-confidence and affects behaviour. It is common to avoid people and situations because of anxiety and the belief that you are not good enough. By breaking the cycle of anxiety through our support we have rebuilt lost confidence and improved their self-worth.



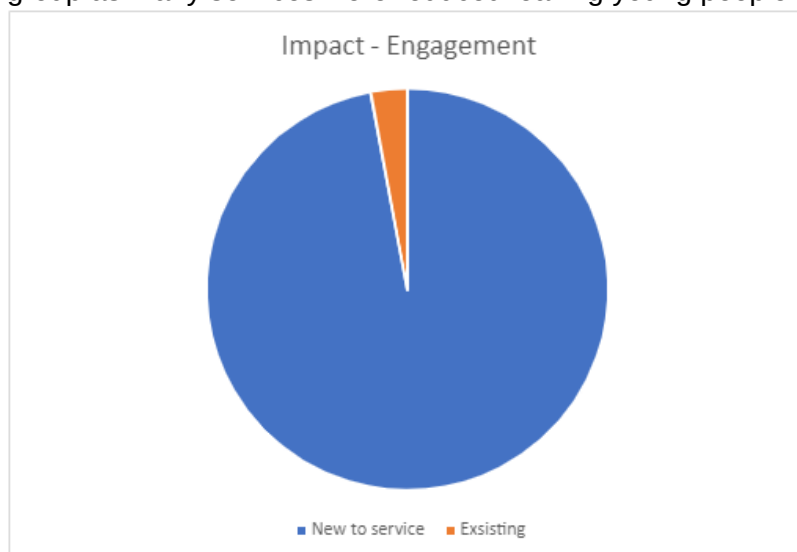
Families and young people have been provided with a network of agencies and signed post to organisation who can provide these resources. However, during Covid we learnt to support parents as resources and delivery changed and continue to adapt over this period as different government restriction were in place.

This also helped us to identify gaps for example coping with Covid and – isolation/ going out. We introduced a weekly postal activity that supported healthy wellbeing and kept young people connected. Which we can continue to monitor.

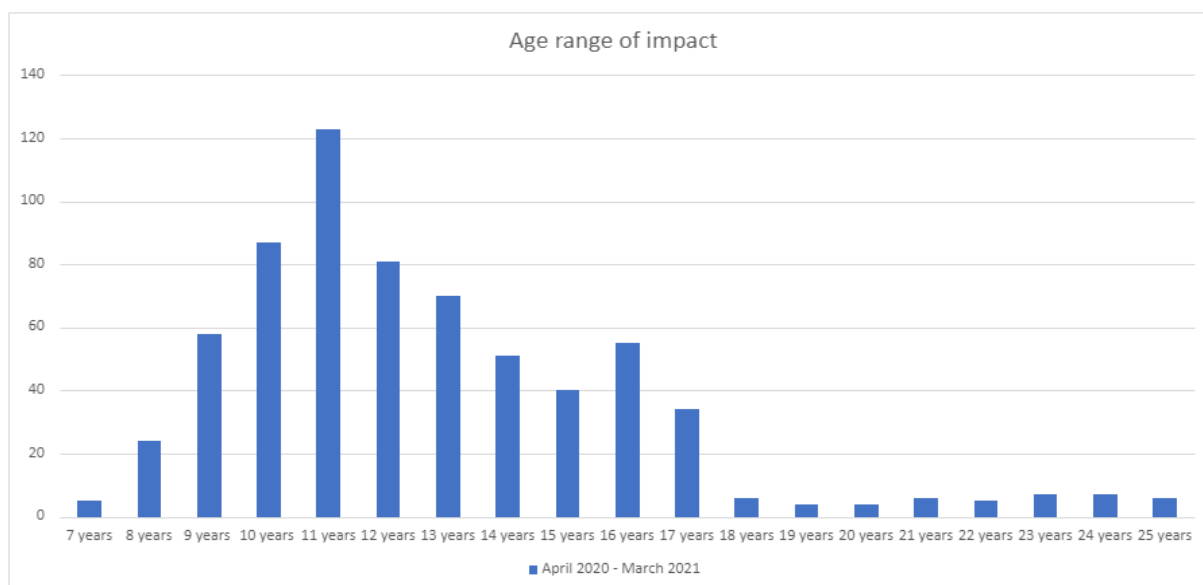
Activity Programmes



Not only did we have great success with our remote programmes we diversified to open up to the whole community through postal packs and the positive project to help people keep connected and provide provision. We felt it was important to extend the impact of our age group as many services were reduced leaving young people feeling vulnerable and isolated.

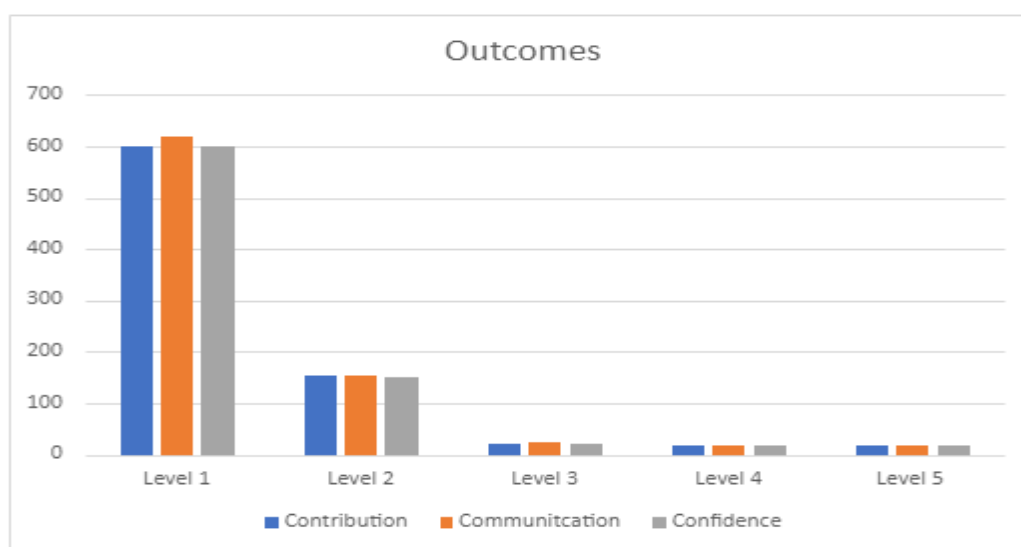


Remote working enabled us to impact a wider audience mainly through promotions on social media, this statistic has led us to establish this more as a priority role for the future. During this period, we were able to diversify roles from other programmes which as normal services return will limit this but evidence the importance of the presence of social media.



This year we included under 11 within our delivery as a one off, mostly this was to address where older siblings were engaged and postal kits were included to younger children.

Our outcomes changed for this year for our activity programs and achievement we recorded on the purposes of engagement



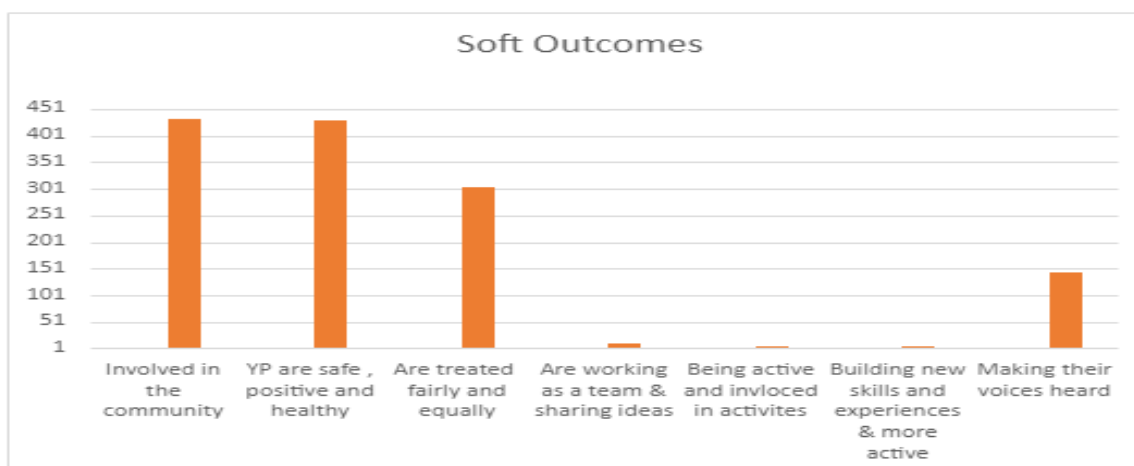
Level 1 = Engaged with online and postal programmes

Level 2-3 = Engage in multiple online/ postal programmes and community projects as restriction eased

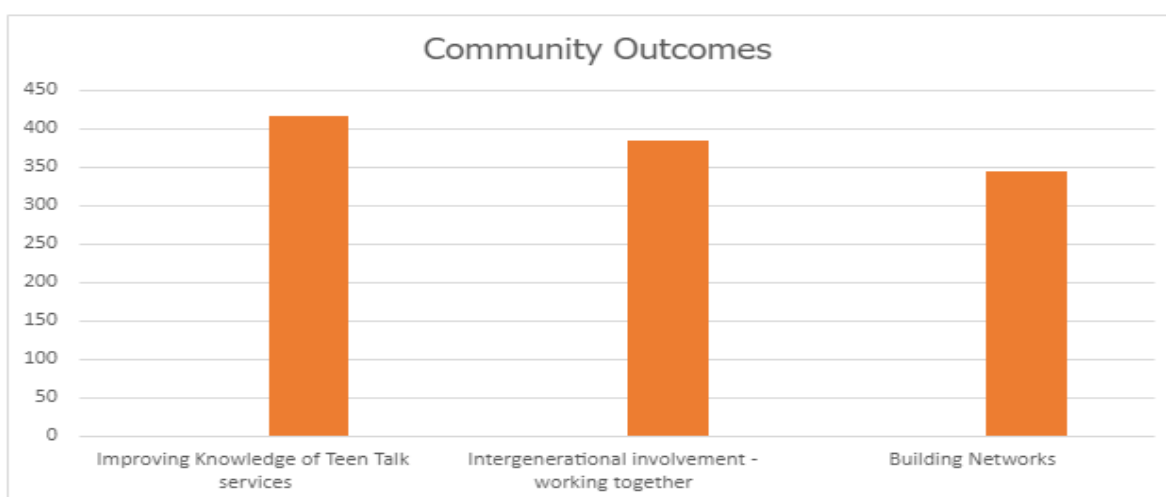
Level 4-5 = Forming youth consultation panel

Consultations including

- *Youth Violence and Vulnerability- "Youth voices project" - Council for Voluntary Youth services (ECVYS)*
- *Lessons from Lockdown Community Asset Members' experiences during the COVID-19 Pandemic- North east Essex Health & Wellbeing Alliance – Active Essex Local Delivery pilot*



For this period, we introduced a wider measure of impact within soft outcomes and community Outcomes. Improving knowledge of service across Tendring. Receiving Postal positive packs or the unsung hero postcards were two of the projects we offered and helped to develop further programmes such as detached street-based work where we could measure (YP) Young people feeling safe, positive and healthy by gaining information and resources. In this way we were ensuring that activities were open to all and assessable even through lock down.



One important message and the above outcomes demonstrates how we kept in contact with a significant number of young people during Covid-19 we were working directly or indirectly with parents. As our outcomes evidence we strived to keep young people connected. Through these programmes we were able to establish 7 soft outcomes to measure the quality of behaviours and demonstrate the success of the project and impact.

Summary

The Board of Trustees and the Staff at Teen Talk will continue to work tirelessly to secure the resources needed to maintain the organisation. Our focus on our young people, who are facing unprecedented challenges. We want to be able to help them on their journey through adolescence, so that they can gain the skills and confidence to become successful adults. Teen Talk has a great record of accomplishment in this area, and aims to remain vigilant and ready to offer support to all young people – helping to build a better future for the local community. *Judith Skargon Chair*

REGISTERED COMPANY NUMBER: 07577756 (England and Wales)
REGISTERED CHARITY NUMBER: 1144593

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2021
for
Teen Talk (Harwich)

Finnigan & Co
37 Lower Brook Street
Ipswich
Suffolk
IP4 1AQ

COPY

Teen Talk (Harwich)

Contents of the Financial Statements for the Year Ended 31 March 2021

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Balance Sheet	4 to 5
Notes to the Financial Statements	6 to 14

Teen Talk (Harwich) (Registered number: 07577756)

**Report of the Trustees
for the Year Ended 31 March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity operates a free and confidential information and support service for young people, aged 11 to 25, in Tendring Essex. It is a self-referral service offered on an as required basis.

FINANCIAL REVIEW

Specific fund information

The trustees wish the following to be noted in relation to some specific funds

The following funds have received funding which is allocated to projects for the new financial year

Trust House
ECC Active Essex
Essex Youth
Garfield Western

Some other fund balances have been carried forward, with permission, due to ongoing issues in relation to the Covid pandemic.

Reserves policy

The charity is working towards increasing its reserves to be one third of the annual budget/four months running costs. This will enable the charity to maintain its normal level of service whilst still being able to invest in adapting and broadening the scope of the project.

The fund named "Property" relates to the cost paid for the building from which the charity operates. As such this fund does not represent cash funds that can be utilised by the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07577756 (England and Wales)

Registered Charity number

1144593

Registered office

17 Cliff Road
Dovercourt
Harwich
Essex
CO12 3PP

Teen Talk (Harwich) (Registered number: 07577756)

**Report of the Trustees
for the Year Ended 31 March 2021**

Trustees

F Heddell CBE retired Charity Director

Mrs M K Rowland MBE retired Charity Manager

Mrs J Skargon Msc RNMH RNA Nurse Consultant Physical Health

Mrs V Guglielmi TDC Councillor and Chair Lawford Parish

C Kenny-Williams Child health nurse (appointed 17.6.20)

G Burden Council Officer (appointed 21.9.20)

I C R Davidson Chief Executive Tendring District Council (appointed 21.9.20)

Approved by order of the board of trustees on 20.12.2021 and signed on its behalf by:

A handwritten signature in blue ink, appearing to read 'F Heddell', is written over a dotted line.

F Heddell CBE - Trustee

Teen Talk (Harwich)

Statement of Financial Activities for the Year Ended 31 March 2021

	Notes	Unrestricted fund £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		14,781	164,991	179,772	256,250
EXPENDITURE ON					
Other		3,056	166,269	169,325	180,261
NET INCOME/(EXPENDITURE)		11,725	(1,278)	10,447	75,989
Transfers between funds	9	253	(253)	-	-
Net movement in funds		11,978	(1,531)	10,447	75,989
RECONCILIATION OF FUNDS					
Total funds brought forward		52,810	182,006	234,816	158,827
TOTAL FUNDS CARRIED FORWARD		64,788	180,475	245,263	234,816

The notes form part of these financial statements

Teen Talk (Harwich) (Registered number: 07577756)

Balance Sheet
31 March 2021

	Notes	Unrestricted fund £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	6	-	72,533	72,533	72,533
CURRENT ASSETS					
Debtors	7	181	-	181	-
Cash at bank and in hand		71,834	107,943	179,777	166,459
		<u>72,015</u>	<u>107,943</u>	<u>179,958</u>	<u>166,459</u>
CREDITORS					
Amounts falling due within one year	8	(7,228)	-	(7,228)	(4,176)
NET CURRENT ASSETS		<u>64,787</u>	<u>107,943</u>	<u>172,730</u>	<u>162,283</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		64,787	180,476	245,263	234,816
NET ASSETS		<u>64,787</u>	<u>180,476</u>	<u>245,263</u>	<u>234,816</u>
FUNDS	9				
Unrestricted funds				64,787	52,810
Restricted funds				180,476	182,006
TOTAL FUNDS				<u>245,263</u>	<u>234,816</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

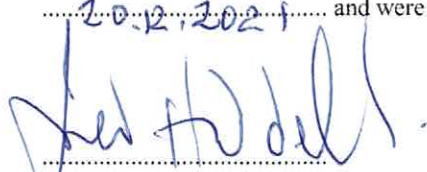
The notes form part of these financial statements

Teen Talk (Harwich) (Registered number: 07577756)

Balance Sheet - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20.2.2021..... and were signed on its behalf by:


.....
F Heddell CBE - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 March 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

No depreciation is charged on the freehold property as this does not represent commercial reality.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Other operating leases	-	1,366
	<u> </u>	<u> </u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
	6	6
General staff	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	6,410	249,840	256,250
 EXPENDITURE ON			
Other	(1,442)	181,703	180,261
NET INCOME	7,852	68,137	75,989
Transfers between funds	(13,724)	13,724	-
Net movement in funds	(5,872)	81,861	75,989
 RECONCILIATION OF FUNDS			
Total funds brought forward	58,678	100,149	158,827
 TOTAL FUNDS CARRIED FORWARD	<u>52,806</u>	<u>182,010</u>	<u>234,816</u>

Teen Talk (Harwich)

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

6. TANGIBLE FIXED ASSETS

		Freehold property £
COST		
At 1 April 2020 and 31 March 2021		<u>72,533</u>
NET BOOK VALUE		
At 31 March 2021		<u>72,533</u>
At 31 March 2020		<u>72,533</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21	31.3.20
	£	£
Other debtors	<u>181</u>	<u>-</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21	31.3.20
	£	£
Trade creditors	3,192	135
Social security and other taxes	1,612	2,624
Other creditors	824	857
Accruals and deferred income	1,040	-
Accrued expenses	<u>560</u>	<u>560</u>
	<u>7,228</u>	<u>4,176</u>

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	52,810	11,724	253	64,787
Restricted funds				
Property	72,533	-	-	72,533
Children In Need	3,389	-	-	3,389
TDC Clacton	-	1,937	2,425	4,362
Lottery	43,258	-	(43,258)	-
ECF High Sheriff	4,885	(2,550)	-	2,335
Garfield Weston	-	20,000	-	20,000
TDC Rag	2,425	-	(2,425)	-
Fowler Smith Jones	1,964	955	-	2,919
Trusthouse	15,000	2,053	-	17,053
Uk Youth	8,500	(6,888)	-	1,612
ECF Activity Worker	10,000	(10,000)	-	-
ECF Chrysalis Fund	20,052	(20,052)	-	-
ECF Covid	-	253	(253)	-
ECC Active Essex	-	8,935	-	8,935
Essex Youth	-	3,000	-	3,000
ECC ECVYS Detached Work	-	648	-	648
Alex Dickson Trust	-	432	-	432
Prior year adjustments	-	-	43,258	43,258
	<u>182,006</u>	<u>(1,277)</u>	<u>(253)</u>	<u>180,476</u>
TOTAL FUNDS	<u>234,816</u>	<u>10,447</u>	<u>-</u>	<u>245,263</u>

Teen Talk (Harwich)**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	14,781	(3,057)	11,724
Restricted funds			
Children In Need	38,500	(38,500)	-
TDC Clacton	6,000	(4,063)	1,937
Lottery	50,000	(50,000)	-
ECF High Sheriff	-	(2,550)	(2,550)
Garfield Weston	20,000	-	20,000
Fowler Smith Jones	5,000	(4,045)	955
Trusthouse	15,000	(12,947)	2,053
Uk Youth	-	(6,888)	(6,888)
ECF Activity Worker	-	(10,000)	(10,000)
ECF Chrysalis Fund	-	(20,052)	(20,052)
ECF Covid	15,000	(14,747)	253
ECC Active Essex	8,935	-	8,935
Essex Youth	3,000	-	3,000
ECC ECVYS Detached Work	3,124	(2,476)	648
Alex Dickson Trust	432	-	432
	<u>164,991</u>	<u>(166,268)</u>	<u>(1,277)</u>
TOTAL FUNDS	<u>179,772</u>	<u>(169,325)</u>	<u>10,447</u>

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
General fund	58,678	7,856	(13,724)	52,810
Restricted funds				
Property	72,533	-	-	72,533
Children In Need	3,389	-	-	3,389
TDC Clacton	(573)	-	573	-
Henry Smith Charitable Trust	(2,415)	(123)	2,538	-
ECF transfer fund for HCC	(107)	-	107	-
Lottery	34,157	9,100	1	43,258
ECF Health Watch	(2,772)	-	2,772	-
ECF Takling Loneliness Fund	(826)	-	826	-
St James' Place	(488)	-	488	-
ECF High Sheriff	(732)	4,885	732	4,885
ECF Youth Fund	(4,323)	(38)	4,361	-
Garfield Weston	-	(219)	219	-
Harwich Rotary	-	(8)	8	-
ECF I Will	-	(13)	13	-
CIF	(1,086)	-	1,086	-
TDC Rag	3,392	(967)	-	2,425
Fowler Smith Jones	-	1,964	-	1,964
Trusthouse	-	15,000	-	15,000
Uk Youth	-	8,500	-	8,500
ECF Activity Worker	-	10,000	-	10,000
ECF Chrysalis Fund	-	20,052	-	20,052
	<u>100,149</u>	<u>68,133</u>	<u>13,724</u>	<u>182,006</u>
TOTAL FUNDS	<u>158,827</u>	<u>75,989</u>	<u>-</u>	<u>234,816</u>

Teen Talk (Harwich)**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	6,410	1,446	7,856
Restricted funds			
Children In Need	38,000	(38,000)	-
TDC Clacton	6,000	(6,000)	-
Henry Smith Charitable Trust	17,501	(17,624)	(123)
Lottery	100,001	(90,901)	9,100
ECF High Sheriff	4,885	-	4,885
ECF Youth Fund	3,000	(3,038)	(38)
Garfield Weston	20,002	(20,221)	(219)
Harwich Rotary	500	(508)	(8)
ECF I Will	2,660	(2,673)	(13)
TDC Rag	1	(968)	(967)
Fowler Smith Jones	2,000	(36)	1,964
Trusthouse	15,000	-	15,000
Uk Youth	8,500	-	8,500
ECF Activity Worker	10,000	-	10,000
ECF Chrysalis Fund	21,790	(1,738)	20,052
	<u>249,840</u>	<u>(181,707)</u>	<u>68,133</u>
TOTAL FUNDS	<u>256,250</u>	<u>(180,261)</u>	<u>75,989</u>

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	58,678	19,580	(13,471)	64,787
Restricted funds				
Property	72,533	-	-	72,533
Children In Need	3,389	-	-	3,389
TDC Clacton	(573)	1,937	2,998	4,362
Henry Smith Charitable Trust	(2,415)	(123)	2,538	-
ECF transfer fund for HCC	(107)	-	107	-
Lottery	34,157	9,100	(43,257)	-
ECF Health Watch	(2,772)	-	2,772	-
ECF Takling Loneliness Fund	(826)	-	826	-
St James' Place	(488)	-	488	-
ECF High Sheriff	(732)	2,335	732	2,335
ECF Youth Fund	(4,323)	(38)	4,361	-
Garfield Weston	-	19,781	219	20,000
Harwich Rotary	-	(8)	8	-
ECF I Will	-	(13)	13	-
CIF	(1,086)	-	1,086	-
TDC Rag	3,392	(967)	(2,425)	-
Fowler Smith Jones	-	2,919	-	2,919
Trusthouse	-	17,053	-	17,053
Uk Youth	-	1,612	-	1,612
ECF Covid	-	253	(253)	-
ECC Active Essex	-	8,935	-	8,935
Essex Youth	-	3,000	-	3,000
ECC ECVYS Detached Work	-	648	-	648
Alex Dickson Trust	-	432	-	432
Prior year adjustments	-	-	43,258	43,258
	<u>100,149</u>	<u>66,856</u>	<u>13,471</u>	<u>180,476</u>
TOTAL FUNDS	<u>158,827</u>	<u>86,436</u>	<u>-</u>	<u>245,263</u>

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	21,191	(1,611)	19,580
Restricted funds			
Children In Need	76,500	(76,500)	-
TDC Clacton	12,000	(10,063)	1,937
Henry Smith Charitable Trust	17,501	(17,624)	(123)
Lottery	150,001	(140,901)	9,100
ECF High Sheriff	4,885	(2,550)	2,335
ECF Youth Fund	3,000	(3,038)	(38)
Garfield Weston	40,002	(20,221)	19,781
Harwich Rotary	500	(508)	(8)
ECF I Will	2,660	(2,673)	(13)
TDC Rag	1	(968)	(967)
Fowler Smith Jones	7,000	(4,081)	2,919
Trusthouse	30,000	(12,947)	17,053
Uk Youth	8,500	(6,888)	1,612
ECF Activity Worker	10,000	(10,000)	-
ECF Chrysalis Fund	21,790	(21,790)	-
ECF Covid	15,000	(14,747)	253
ECC Active Essex	8,935	-	8,935
Essex Youth	3,000	-	3,000
ECC ECVYS Detached Work	3,124	(2,476)	648
Alex Dickson Trust	432	-	432
	<u>414,831</u>	<u>(347,975)</u>	<u>66,856</u>
TOTAL FUNDS	<u>436,022</u>	<u>(349,586)</u>	<u>86,436</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

REGISTERED COMPANY NUMBER: 07577756 (England and Wales)
REGISTERED CHARITY NUMBER: 1144593

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2021
for
Teen Talk (Harwich)

Finnigan & Co
37 Lower Brook Street
Ipswich
Suffolk
IP4 1AQ

COPY

Teen Talk (Harwich)

Contents of the Financial Statements for the Year Ended 31 March 2021

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Report of the Trustees	1 to 2
Statement of Financial Activities	3
Balance Sheet	4 to 5
Notes to the Financial Statements	6 to 14

Teen Talk (Harwich) (Registered number: 07577756)

**Report of the Trustees
for the Year Ended 31 March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity operates a free and confidential information and support service for young people, aged 11 to 25, in Tendring Essex. It is a self-referral service offered on an as required basis.

FINANCIAL REVIEW

Specific fund information

The trustees wish the following to be noted in relation to some specific funds

The following funds have received funding which is allocated to projects for the new financial year

Trust House
ECC Active Essex
Essex Youth
Garfield Western

Some other fund balances have been carried forward, with permission, due to ongoing issues in relation to the Covid pandemic.

Reserves policy

The charity is working towards increasing its reserves to be one third of the annual budget/four months running costs. This will enable the charity to maintain its normal level of service whilst still being able to invest in adapting and broadening the scope of the project.

The fund named "Property" relates to the cost paid for the building from which the charity operates. As such this fund does not represent cash funds that can be utilised by the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07577756 (England and Wales)

Registered Charity number

1144593

Registered office

17 Cliff Road
Dovercourt
Harwich
Essex
CO12 3PP

Teen Talk (Harwich) (Registered number: 07577756)

**Report of the Trustees
for the Year Ended 31 March 2021**

Trustees

F Heddell CBE retired Charity Director

Mrs M K Rowland MBE retired Charity Manager

Mrs J Skargon Msc RNMH RNA Nurse Consultant Physical Health

Mrs V Guglielmi TDC Councillor and Chair Lawford Parish

C Kenny-Williams Child health nurse (appointed 17.6.20)

G Burden Council Officer (appointed 21.9.20)

I C R Davidson Chief Executive Tendring District Council (appointed 21.9.20)

Approved by order of the board of trustees on 20.12.2021 and signed on its behalf by:

A handwritten signature in blue ink, appearing to read 'F Heddell', is written over a dotted line.

F Heddell CBE - Trustee

Teen Talk (Harwich)

**Statement of Financial Activities
for the Year Ended 31 March 2021**

	Notes	Unrestricted fund £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		14,781	164,991	179,772	256,250
EXPENDITURE ON					
Other		3,056	166,269	169,325	180,261
NET INCOME/(EXPENDITURE)		11,725	(1,278)	10,447	75,989
Transfers between funds	9	253	(253)	-	-
Net movement in funds		11,978	(1,531)	10,447	75,989
RECONCILIATION OF FUNDS					
Total funds brought forward		52,810	182,006	234,816	158,827
TOTAL FUNDS CARRIED FORWARD		64,788	180,475	245,263	234,816

The notes form part of these financial statements

Teen Talk (Harwich) (Registered number: 07577756)

**Balance Sheet
31 March 2021**

	Notes	Unrestricted fund £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	6	-	72,533	72,533	72,533
CURRENT ASSETS					
Debtors	7	181	-	181	-
Cash at bank and in hand		71,834	107,943	179,777	166,459
		<u>72,015</u>	<u>107,943</u>	<u>179,958</u>	<u>166,459</u>
CREDITORS					
Amounts falling due within one year	8	(7,228)	-	(7,228)	(4,176)
NET CURRENT ASSETS		<u>64,787</u>	<u>107,943</u>	<u>172,730</u>	<u>162,283</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		64,787	180,476	245,263	234,816
NET ASSETS		<u>64,787</u>	<u>180,476</u>	<u>245,263</u>	<u>234,816</u>
FUNDS	9				
Unrestricted funds				64,787	52,810
Restricted funds				180,476	182,006
TOTAL FUNDS				<u>245,263</u>	<u>234,816</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

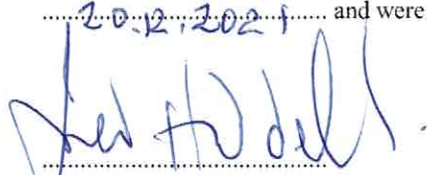
The notes form part of these financial statements

Teen Talk (Harwich) (Registered number: 07577756)

Balance Sheet - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on^{20.2.2021}..... and were signed on its behalf by:


.....
F Heddell CBE - Trustee

The notes form part of these financial statements

**Notes to the Financial Statements
for the Year Ended 31 March 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

No depreciation is charged on the freehold property as this does not represent commercial reality.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Other operating leases	-	1,366
	<u> </u>	<u> </u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
General staff	6	6
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	6,410	249,840	256,250
 EXPENDITURE ON			
Other	(1,442)	181,703	180,261
NET INCOME	7,852	68,137	75,989
Transfers between funds	(13,724)	13,724	-
Net movement in funds	(5,872)	81,861	75,989
 RECONCILIATION OF FUNDS			
Total funds brought forward	58,678	100,149	158,827
 TOTAL FUNDS CARRIED FORWARD	<u>52,806</u>	<u>182,010</u>	<u>234,816</u>

Teen Talk (Harwich)

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

6. TANGIBLE FIXED ASSETS

	Freehold property £
COST	
At 1 April 2020 and 31 March 2021	<u>72,533</u>
NET BOOK VALUE	
At 31 March 2021	<u>72,533</u>
At 31 March 2020	<u>72,533</u>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Other debtors	<u>181</u>	<u>-</u>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade creditors	3,192	135
Social security and other taxes	1,612	2,624
Other creditors	824	857
Accruals and deferred income	1,040	-
Accrued expenses	<u>560</u>	<u>560</u>
	<u>7,228</u>	<u>4,176</u>

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	52,810	11,724	253	64,787
Restricted funds				
Property	72,533	-	-	72,533
Children In Need	3,389	-	-	3,389
TDC Clacton	-	1,937	2,425	4,362
Lottery	43,258	-	(43,258)	-
ECF High Sheriff	4,885	(2,550)	-	2,335
Garfield Weston	-	20,000	-	20,000
TDC Rag	2,425	-	(2,425)	-
Fowler Smith Jones	1,964	955	-	2,919
Trusthouse	15,000	2,053	-	17,053
Uk Youth	8,500	(6,888)	-	1,612
ECF Activity Worker	10,000	(10,000)	-	-
ECF Chrysalis Fund	20,052	(20,052)	-	-
ECF Covid	-	253	(253)	-
ECC Active Essex	-	8,935	-	8,935
Essex Youth	-	3,000	-	3,000
ECC ECVYS Detached Work	-	648	-	648
Alex Dickson Trust	-	432	-	432
Prior year adjustments	-	-	43,258	43,258
	<u>182,006</u>	<u>(1,277)</u>	<u>(253)</u>	<u>180,476</u>
TOTAL FUNDS	<u>234,816</u>	<u>10,447</u>	<u>-</u>	<u>245,263</u>

Teen Talk (Harwich)**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	14,781	(3,057)	11,724
Restricted funds			
Children In Need	38,500	(38,500)	-
TDC Clacton	6,000	(4,063)	1,937
Lottery	50,000	(50,000)	-
ECF High Sheriff	-	(2,550)	(2,550)
Garfield Weston	20,000	-	20,000
Fowler Smith Jones	5,000	(4,045)	955
Trusthouse	15,000	(12,947)	2,053
Uk Youth	-	(6,888)	(6,888)
ECF Activity Worker	-	(10,000)	(10,000)
ECF Chrysalis Fund	-	(20,052)	(20,052)
ECF Covid	15,000	(14,747)	253
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Essex Youth	3,000	-	3,000
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Alex Dickson Trust	432	-	432
	<u>164,991</u>	<u>(166,268)</u>	<u>(1,277)</u>
TOTAL FUNDS	<u>179,772</u>	<u>(169,325)</u>	<u>10,447</u>

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
General fund	58,678	7,856	(13,724)	52,810
Restricted funds				
Property	72,533	-	-	72,533
Children In Need	3,389	-	-	3,389
TDC Clacton	(573)	-	573	-
Henry Smith Charitable Trust	(2,415)	(123)	2,538	-
ECF transfer fund for HCC	(107)	-	107	-
Lottery	34,157	9,100	1	43,258
ECF Health Watch	(2,772)	-	2,772	-
ECF Takling Loneliness Fund	(826)	-	826	-
St James' Place	(488)	-	488	-
ECF High Sheriff	(732)	4,885	732	4,885
ECF Youth Fund	(4,323)	(38)	4,361	-
Garfield Weston	-	(219)	219	-
Harwich Rotary	-	(8)	8	-
ECF I Will	-	(13)	13	-
CIF	(1,086)	-	1,086	-
TDC Rag	3,392	(967)	-	2,425
Fowler Smith Jones	-	1,964	-	1,964
Trusthouse	-	15,000	-	15,000
Uk Youth	-	8,500	-	8,500
ECF Activity Worker	-	10,000	-	10,000
ECF Chrysalis Fund	-	20,052	-	20,052
	<u>100,149</u>	<u>68,133</u>	<u>13,724</u>	<u>182,006</u>
TOTAL FUNDS	<u>158,827</u>	<u>75,989</u>	<u>-</u>	<u>234,816</u>

Teen Talk (Harwich)**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021****9. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	6,410	1,446	7,856
Restricted funds			
Children In Need	38,000	(38,000)	-
TDC Clacton	6,000	(6,000)	-
Henry Smith Charitable Trust	17,501	(17,624)	(123)
Lottery	100,001	(90,901)	9,100
ECF High Sheriff	4,885	-	4,885
ECF Youth Fund	3,000	(3,038)	(38)
Garfield Weston	20,002	(20,221)	(219)
Harwich Rotary	500	(508)	(8)
ECF I Will	2,660	(2,673)	(13)
TDC Rag	1	(968)	(967)
Fowler Smith Jones	2,000	(36)	1,964
Trusthouse	15,000	-	15,000
Uk Youth	8,500	-	8,500
ECF Activity Worker	10,000	-	10,000
ECF Chrysalis Fund	21,790	(1,738)	20,052
	<u>249,840</u>	<u>(181,707)</u>	<u>68,133</u>
TOTAL FUNDS	<u>256,250</u>	<u>(180,261)</u>	<u>75,989</u>

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	58,678	19,580	(13,471)	64,787
Restricted funds				
Property	72,533	-	-	72,533
Children In Need	3,389	-	-	3,389
TDC Clacton	(573)	1,937	2,998	4,362
Henry Smith Charitable Trust	(2,415)	(123)	2,538	-
ECF transfer fund for HCC	(107)	-	107	-
Lottery	34,157	9,100	(43,257)	-
ECF Health Watch	(2,772)	-	2,772	-
ECF Takling Loneliness Fund	(826)	-	826	-
St James' Place	(488)	-	488	-
ECF High Sheriff	(732)	2,335	732	2,335
ECF Youth Fund	(4,323)	(38)	4,361	-
Garfield Weston	-	19,781	219	20,000
Harwich Rotary	-	(8)	8	-
ECF I Will	-	(13)	13	-
CIF	(1,086)	-	1,086	-
TDC Rag	3,392	(967)	(2,425)	-
Fowler Smith Jones	-	2,919	-	2,919
Trusthouse	-	17,053	-	17,053
Uk Youth	-	1,612	-	1,612
ECF Covid	-	253	(253)	-
ECC Active Essex	-	8,935	-	8,935
Essex Youth	-	3,000	-	3,000
ECC ECVYS Detached Work	-	648	-	648
Alex Dickson Trust	-	432	-	432
Prior year adjustments	-	-	43,258	43,258
	<u>100,149</u>	<u>66,856</u>	<u>13,471</u>	<u>180,476</u>
TOTAL FUNDS	<u>158,827</u>	<u>86,436</u>	<u>-</u>	<u>245,263</u>

Teen Talk (Harwich)

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	21,191	(1,611)	19,580
Restricted funds			
Children In Need	76,500	(76,500)	-
TDC Clacton	12,000	(10,063)	1,937
Henry Smith Charitable Trust	17,501	(17,624)	(123)
Lottery	150,001	(140,901)	9,100
ECF High Sheriff	4,885	(2,550)	2,335
ECF Youth Fund	3,000	(3,038)	(38)
Garfield Weston	40,002	(20,221)	19,781
Harwich Rotary	500	(508)	(8)
ECF I Will	2,660	(2,673)	(13)
TDC Rag	1	(968)	(967)
Fowler Smith Jones	7,000	(4,081)	2,919
Trusthouse	30,000	(12,947)	17,053
Uk Youth	8,500	(6,888)	1,612
ECF Activity Worker	10,000	(10,000)	-
ECF Chrysalis Fund	21,790	(21,790)	-
ECF Covid	15,000	(14,747)	253
ECC Active Essex	8,935	-	8,935
Essex Youth	3,000	-	3,000
ECC ECVYS Detached Work	3,124	(2,476)	648
Alex Dickson Trust	432	-	432
	<u>414,831</u>	<u>(347,975)</u>	<u>66,856</u>
TOTAL FUNDS	<u>436,022</u>	<u>(349,586)</u>	<u>86,436</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.