

Report of the Trustees and
Financial Statements
for the Year Ended 31 August 2023
for
Inspire Plus

Wright Vigar Limited
Statutory Auditors
Chartered Accountants & Business Advisers
15 Newland
Lincoln
Lincolnshire
LN1 1XG

Inspire Plus
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for the Year Ended 31 August 2023

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Chairman's Report
for the Year Ended 31 August 2023

At inspire+ our mission continues to be a simple one, help children and young people be Healthier, Happier and more Active. I hope in reading our annual report, you agree that we are making a huge contribution. I wish to highlight some of the key impacts we had between September 2022 and August 2023.

Our Holiday Activities and Food (HAF) programme funded by Lincolnshire County Council, along with our Move & Food programme funded by South Kesteven District Council, provided 6,102 funded healthy, hot meals for eligible children during the school holidays. Our clubs ensure each child receives nutritious meals and healthy snacks daily, as well as providing opportunities to be more active, try different activities and make new friends during the holidays.

The annual mini-Olympics continues to inspire all that attend the event in which a total of 2,216 participants attending over three days. The events experiences are always enriched for the participants through the involvement of over 280 sports leaders, local sports clubs & coaches, national governing bodies of sport and the Royal Opera House who prepare the children for a truly magical closing ceremony dance.

We are proud to have supported 440 children through our Talented Athlete Programme, 521 pupils accessing mentoring support to increase their fitness and support their wellbeing and have 311 teacher attendances access our huge range of training courses to equip them to be the best they can be.

Our apprenticeship provision continues to support schools and other educational organisations with high quality PE, Sport & Wellbeing apprentices across the East of England, who are inspiring thousands of children and young people. We are proud to have a 100% pass rate for all apprentices in 2022 and saw two apprentices receive 'apprentice of the year' awards.

To ensure the long-term viability and financial security of the charity we continue to diversify our services and initiatives effectively. These activities meet the charity's objectives to advance education, particularly through PE and physical recreation for the benefit of young people under the age of 25 throughout England and Wales and in particular in the county of Lincolnshire.

Finally, I would like to thank everyone associated with inspire+ from our wonderful staff and volunteers who inspire children each and every day, through to the board of trustees who are as passionate as I am to ensure this charity continues to deliver high quality provision and initiatives for children and young people.



D A Joint
Chair

16 May 2024

Report of the Trustees
for the Year Ended 31 August 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's objectives as set out in its governing document are to advance education, particularly through sport and physical recreation to the benefit of young people under the age of 25 throughout England and Wales and in particular in the county of Lincolnshire.

The aims of our charity ensuring that young people are Healthy, Happy and Active.

Significant activities

Ensuring our work supports our aims

We have updated our strategic plan and our objectives for 2023-26 are to;

- Ensure high quality education
- Increase physical activity levels
- Support wellbeing
- More leaders & volunteers
- Create sustainable provision

Who used and benefited from our services?

We worked with around 180 primary, secondary and SEN schools. High concentration of schools were located in South Kesteven, others being in Lincolnshire, North Lincolnshire, Nottinghamshire, Peterborough, East Ridings, Grimsby, Norfolk, Suffolk and around the Vale of Belvoir area. We supported 124 learners through our PE, Sport & Wellbeing apprenticeships; level 2 Community Activator Coach, level 3 Community Sport & Health Officer and level 4 Sport Coach who were predominantly employed in schools and some businesses working in education. We supported a significant number of families in South Kesteven and Spalding through our Holiday Activity Food provision. Further information of all these activities can be seen in the impact report.

How our services deliver public benefit?

Our main activities currently are delivered to young people through the support and services we provide schools.

Public benefit

In setting objectives and planning activities, the trustees have given careful consideration to the Charity Commissions general guidance on public benefit and confirm that they have complied with their duty in section 17 of the Charities Act 2011 in ensuring that the Charity fulfils both the "benefit aspect" and "public aspect" required. This is evidenced by the attached report.

Over the page details the achievements of the charity and public benefit delivered.

inspire⁺

Healthy, Happy, Active Young People

IMPACT REPORT 2022/23



HI THERE,

inspire+ have had an incredibly busy year working within schools and the community to ensure children are healthy, happy & more active!

In the 2023/23 academic year, we were dedicated to promoting children's health, happiness, and increasing physical activity. We take pride in our achievements, which include delivering inspirational assemblies through our passionate ambassadors, providing valuable CPD training to teachers, hosting a thrilling Mini Olympics event, providing more than 6,000 hot and nutritious meals to eligible children at our camps during the holidays, and celebrating the success of our PE apprentices who earned awards through their dedication and hard work.

Dive into this report to discover the remarkable milestones we reached last year.

+ INSPIRATIONAL AMBASSADOR VISITS

244

Assemblies delivered by
our ambassadors



SAM RUDDOCK



JONATHAN BROOM-EDWARDS



JOE ROEBUCK



DAI GREENE

+ SPORTS LEADERSHIP ACADEMY



Active secondary school volunteers

MENTORING PROGRAMME

20

Schools received Well-being mentoring

11

Schools received Fitness Mentoring Programme

13

Schools received new Wake & Shake Mentoring Programme

Totalling over

521

pupils accessing this support

+ TALENTED ATHLETES PROGRAMMES

Over

440

Attended our Talented Athlete Programmes from KS1 through to year 7. Twice the number from 2021/22.

+ WRAPAROUND CARE



Reach for the Stars wraparound care, located at Uffington Primary School in Stamford, Lincolnshire is about promoting a vibrant experience for children.

Beyond providing healthy food, we ensure children enjoy a vast range of sports and physical activities.

We're dedicated to igniting their passions and promoting a safe and enjoyable environment for every child.



+ BRONZE YOUNG AMBASSADORS

135

Trained this year

+ LEGACY TOUR

135

School assemblies led by their Bronze Young Ambassadors



+ PLAYGROUND LEADERSHIP TRAINING

99%

of children enjoyed participating in the sessions

93%

of children increased their confidence

97%

of children found the course gave them the necessary skills and resources to become a successful Playground Leader



349

Pupils trained to become playground leaders

+ TEAM TEACHING PE DELIVERY

336

Blocks of team teaching PE support.

+ TEACHER CPD

311

Attendances across our huge range of courses.

“

It was all great! Covered everything we wanted. You were all really friendly and knowledgeable. Keep doing what you are doing.

SPECIALIST COACHING



90%

Pupil confidence after the sessions.

84%

Pupil enjoyment after the sessions.



Scan the code
Pictures are now available
on our website



+ SCHOOLS ACTIVE MOVEMENT (SAM)

Schools Active Movement (SAM) is a national body representing not-for-profit organisations working in schools supporting PE and School Sport. SAM was Co-Founded by Alan Watkinson (Mo Farah's PE teacher) and Vincent Brittain during the COVID-19 pandemic after successfully leading a national campaign to reinstate PE & Sport Premium.

SAM members work across 12,000 schools across England, and SAM sits on the national School Sport & Activity Sector board, ensuring those performing this work in schools are represented.

Recent achievements have been supporting the sector to secure 'longer term' funding for PE & Sport Premium for schools and the School Games Organiser network. This funding has now been confirmed for the 23/24 and 24/25 academic years.



+ HOLIDAY CLUBS

Our Holiday Activities and Food (HAF) programme, along with our Move & Food programme, provided **6,102** funded healthy, hot meals for eligible children during the school holidays.

Our clubs ensure each child receives nutritious meals and healthy snacks daily, as well as providing opportunities to be more active, try different activities and make new friends during the holidays.

“

It is so helpful to have access to fresh food and healthy meals for the children during the school holidays.

”



“

I love your ethos and my son enjoyed the mixture of activities and it ensured his mind was not wasted with games consoles for the majority of the Easter holidays.

”



In partnership with:

Lincolnshire
Partners for a better future



**SOUTH
EASTERN
LINCOLNSHIRE
COUNCIL**

“

All the staff at inspire+ have always been so helpful, all the children seem to come out with big smiles, what a great team of people.

”

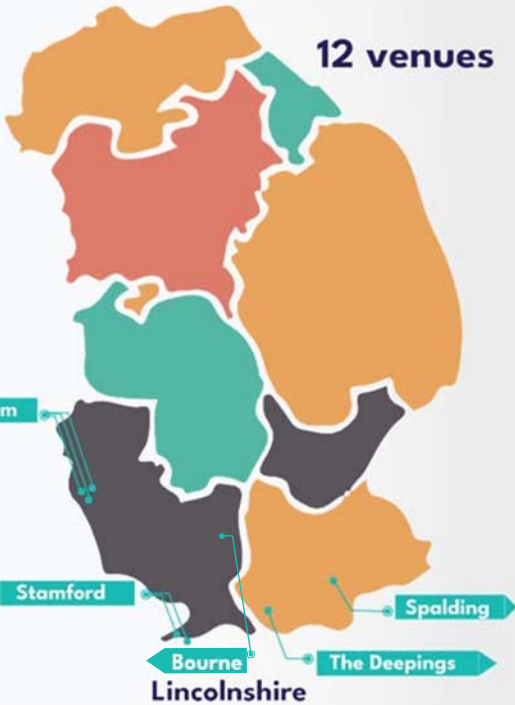


Delivered during
Easter, Summer and Christmas holidays

Over
2,000
leader hours



5,630
healthy hot meals



15 delivery partners
alongside the skillset of our sports
coaches and teaching staff

95%
enjoyed the camp

96%
more active

92%
enjoyed eating
healthy food

92%
learnt new skills

97%
made new friends

95%
tried new foods

+ APPRENTICESHIPS

OUR CURRENT LOCATIONS

Our apprenticeships are delivered at six different cohorts.

Every cohort benefits from an inspire+ tutor who leads the learners, provides weekly training, visits their workplace, and works with employers to ensure the highest quality provision for both the apprentices and the employers.

inspire+ cohorts

Stamford
East Riding
Grimsby
Norfolk
Grantham
Lincoln



+ APPRENTICESHIP STATS

124

learners across three PE, Sport and Well-being programmes.

72%

Apprenticeship Achievement Rate for our Level 2 CAC Programme, which is 20% above national average.

100%

Pass rate for all apprentices in 2022.

“

Our apprentice goes above and beyond every day. Her sessions are exciting, well planned and thought out. She has made extra special efforts to get to know all the children and staff and adapts her sessions accordingly.

35

Nominations for the inspire+ Apprentice of the Month Awards



Deneil Thomas, Apprentice at West Grantham Academy
Inspire Education Group (IEG) Apprentice of the Year



Declan Brown, former Apprentice at Scampton Primary School
Lincolnshire County Council (LCC) Apprentice of the Year

Scan the code to visit our website and read real stories of our apprentices.



inspire⁺

Healthy, Happy, Active Young People

A sports and education charity dedicated to positively impacting young people's lives.

Phone: 01476 578137

Mail: info@inspireplus.org.uk



www.inspireplus.org.uk

Report of the Trustees
for the Year Ended 31 August 2023

Fundraising Standards Information

The charity does not carry out significant fund raising activities itself and does not use external participators to act on behalf of the charity.

FINANCIAL REVIEW

Financial position

Overall income for the year amounted to £1,080,455 (2022: £1,182,804) with an expenditure for the period of £997,961 (2022: £811,684). Net assets of the charity amounted to £1,286,932 (2022: £1,204,438) as at 31 August 2023.

Principal funding sources

The majority of our funding has been generated through our school membership fees, our apprenticeship programmes and Holiday and Activity Food programme. Currently primary schools receive PE & Sport Premium funding from Government and the majority will use a proportion of this to fund their membership. The charity's services support schools meet targets set out by PE and Sport Premium funding grant. Payments for apprenticeships are made by our FE partner Inspire Education Group. Our holiday provision was predominately funded through Holiday Activity Food (HAF), a national programme administered through Lincolnshire County Council.

Investment policy and objectives

Inspire Plus seeks to produce the best financial return within an acceptable level of risk.

The investment objective for the long-term reserves is to generate a return in excess of inflation over the long term whilst generating an income to support the on-going activities of the Charity.

The investment objective for the short-term reserves is to preserve the capital value with a minimum level of risk. Assets should be readily available to meet unanticipated cash flow requirements.

FINANCIAL REVIEW

Reserves policy

To ensure the medium to long term future of the charity the trustees recognise the need to hold reserves to allow for protection of our activities, of which the charity has pledged to continue regardless of if schools are in receipt of Government funding or not and to promote balanced, long term strategic planning. Trustees currently feel there is still sufficient level of risk associated with future funding, notably around PE & Sport Premium that warrants approximately 24 months of expenditure as unrestricted funds, within the general reserves. The reserves at the year end were £1,286,932 representing just short of 18 months of expenditure.

FUTURE PLANS

The charity will introduce a Level 3 Teaching Assistant apprenticeship that will be available from August 2023. This will complement those that we currently deliver.

We will also continue to diversify our income streams. The charity will seek to secure further contracts through Lincolnshire County Council to deliver the nationally funded Holiday Activity Food programme. We will also seek further funding to enable us to deliver this programme during holiday periods the national funds do not cover. We will also look to provide further community programmes to engage more children and young people to support them being healthier, happier and active. The charity will introduce an annual Gala Dinner which purpose will be to engage local businesses and potential benefactors in order to secure further funds and support.

We will continue to be mindful of the charity's aims of Healthy, Happy and more Active young people when developing future services.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The organisation is a charitable company limited by guarantee, incorporated on 19th September 2011 and registered as a charity on 2nd November 2011. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding tenpounds.

Recruitment and appointment of new trustees

The directors of the company are charity trustees for the purpose of charity law. Should the existing Trustees consider it necessary to appoint further Trustees, they would ensure that adequate training was provided and that any candidate would have the required skills in management and planning. The Charity has trustee indemnity insurance in place, in line with the memorandum of articles.

Organisational structure

The governing body is the board of trustees who are responsible for the administration and investment policy of the scheme. The Chief Executive, who is appointed by the trustees, manages the day to day operation under delegated authority.

Report of the Trustees
for the Year Ended 31 August 2023

Induction and training of new trustees

New trustees are presented with an inspire+ induction pack that is now accessed via their trustee hub. This contains all relevant information published by the Charity Commission. Trustees are also periodically sent information about trustee training/awareness courses. Trustees complete a skills audit.

Key management remuneration

The trustees consider the role and responsibilities of key management personnel and review the remuneration package in line with similar charitable entities. Annual appraisals and pay reviews on key management personnel are undertaken based on the individual's performance of their duties and fulfilment of the objectives of the charity in the period.

Risk management

The Trustees' have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to major risks. The Trustees regularly meet and review the risks facing the Charity and the current safeguards in place. Individual risk assessments are in place for each of the charity's programmes. All specialist coaches and staff are DBS checked during their induction process prior to the commencement of their employment with the charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07778125 (England and Wales)

Registered Charity number

1144507

Registered office

Kempton House
Kempton Way
Grantham
NG31 7LE

Trustees

C Game
S J Barter
R J Tyler
P Garner (resigned 31.3.23)
D A Joint
T Mountain
B Ladva
B Lord
J Barnes
G Hart
R Price
P Stokes (appointed 18.4.23)
S Bull (appointed 24.11.23)
C Hines (appointed 24.11.23)

Company Secretary

V Brittain

Senior Statutory Auditor

Paul Colcomb FCCA

Auditors

Wright Vigar Limited
Statutory Auditors
Chartered Accountants & Business Advisers
15 Newland
Lincoln
Lincolnshire
LN1 1XG

Report of the Trustees
for the Year Ended 31 August 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Staff

Chris Graves
Micky Walkden
Carl Blackman
Sophie Devenish
Samuel Ruddock
David Upton
Kai Willerton
Sacha Castell-Smith
Chris Wheaton
Kane Goswell
Jak Bratton
Vincent Brittain
C Kubaski Vicari Aguiar Pallu
Graham Brewer
Eleanor Atter
Emma Sharpe
Sharon Bray
Terry Plumb
Madeline Griffin
Emma Wing
Zak Spencer
Daniel Watson
Freddie Butcher
Joshua Melloy
Rhys Lewis
Amie-Blossom Barker-Ford

Key Management

Vincent Brittain
Steve Bull (Resigned June 2023)
Jon Clack
Chris Graves
Emma Sharpe

Website

www.inspireplus.org.uk

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Inspire Plus for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Report of the Trustees
for the Year Ended 31 August 2023

AUDITORS

The auditors, Wright Vigar Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 16 May 2024 and signed on its behalf by:



.....
D A Joint - Trustee

Inspire Plus
Report of the Independent Auditors to the Members of
Inspire Plus

Opinion

We have audited the financial statements of Inspire Plus (the 'charitable company') for the year ended 31 August 2023 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 August 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Inspire Plus
Report of the Independent Auditors to the Members of
Inspire Plus

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our work is performed to include an assessment of the susceptibility of the entity's financial statements to material misstatement, including the risk of fraud. Owing to the inherent limitations of an audit, there is an unavoidable risk that material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK).

In identifying and assessing risk of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We plan our work to gain an understanding of the significant laws and regulations that are of significance to the entity and the sector in which they operate. We perform our work to ensure that the entity is complying with the legal and regulatory framework.
- We obtained an understanding of how the company is complying with those legal and regulatory frameworks by making inquiries to the management and people charged with governance.

We assessed the susceptibility of the Company's financial statements to material misstatement, including how fraud might occur. Audit procedures performed by the engagement team included:

- Substantive procedures performed in accordance with the ISAs (UK).
- Challenging assumptions and judgments made by management in its significant accounting estimates.
- Identifying and testing journal entries, in particular material journal entries and an assessment of year end journals.

-

Assessing the extent of compliance with the relevant laws and regulations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Paul Colcomb (May 17, 2024 12:05 GMT+1)

Paul Colcomb FCCA (Senior Statutory Auditor)
for and on behalf of Wright Vigar Limited
Statutory Auditors
Chartered Accountants & Business Advisers
15 Newland
Lincoln
Lincolnshire
LN1 1XG

Date: 16 May 2024

Inspire Plus
Statement of Financial Activities
for the Year Ended 31 August 2023

		Unrestricted fund	Restricted funds	2023 Total funds	2022 Total funds as restated £
	Notes	£	£	£	
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	-	271,514	271,514	263,442
Charitable activities	5				
Core Activities		468,157	-	468,157	473,944
Education		290,074	-	290,074	400,333
Wrap Around Care		33,010	-	33,010	37,698
Investment income	4	17,700	-	17,700	655
Other income	6	-	-	-	6,732
Total		<u>808,941</u>	<u>271,515</u>	<u>1,080,455</u>	<u>1,182,804</u>
EXPENDITURE ON					
Charitable activities	7				
Core Activities		429,599	260,303	689,902	566,679
Education		254,528	-	254,528	204,150
Wrap Around Care		<u>53,531</u>	<u>-</u>	<u>53,531</u>	<u>40,855</u>
Total		<u>737,658</u>	<u>260,303</u>	<u>997,961</u>	<u>811,684</u>
NET INCOME		71,282	11,212	82,494	371,120
Transfers between funds	18	<u>(2,019)</u>	<u>2,019</u>	<u>-</u>	<u>-</u>
Net movement in funds		69,263	13,231	82,494	371,120
RECONCILIATION OF FUNDS					
Total funds brought forward		1,204,438	-	1,204,438	833,318
TOTAL FUNDS CARRIED FORWARD		<u>1,273,701</u>	<u>13,231</u>	<u>1,286,932</u>	<u>1,204,438</u>

The notes form part of these financial statements

Inspire Plus
Statement of Financial Position
31 August 2023

		Unrestricted fund	Restricted funds	2023 Total funds	2022 Total funds as restated
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	14	13,087	-	13,087	14,434
CURRENT ASSETS					
Debtors	15	129,830	86,400	216,230	166,222
Investments	16	263,110	-	263,110	-
Cash at bank		<u>951,575</u>	<u>13,230</u>	<u>964,805</u>	<u>1,140,197</u>
		1,344,515	99,630	1,444,145	1,306,419
CREDITORS					
Amounts falling due within one year	17	(83,900)	(86,400)	(170,300)	(116,415)
NET CURRENT ASSETS		<u>1,260,615</u>	<u>13,230</u>	<u>1,273,845</u>	<u>1,190,004</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,273,702</u>	<u>13,230</u>	<u>1,286,932</u>	<u>1,204,438</u>
NET ASSETS		<u>1,273,702</u>	<u>13,230</u>	<u>1,286,932</u>	<u>1,204,438</u>
FUNDS	18				
Unrestricted funds				1,273,702	1,204,438
Restricted funds				<u>13,230</u>	<u>-</u>
TOTAL FUNDS				<u>1,286,932</u>	<u>1,204,438</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16 May 2024 and were signed on its behalf by:



.....
D A Joint - Trustee

Inspire Plus
Statement of Cash Flows for the Year
Ended 31 August 2023

		2023	2022
	Notes	£	as restated £
Cash flows from operating activities			
Cash generated from operations	1	<u>72,334</u>	<u>335,670</u>
Net cash provided by operating activities		<u>72,334</u>	<u>335,670</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(2,569)	(16,194)
Sale of tangible fixed assets		253	-
Interest received		17,700	653
Listed investments		<u>(263,110)</u>	<u>-</u>
Net cash used in investing activities		<u>(247,726)</u>	<u>(15,541)</u>
Change in cash and cash equivalents in the reporting period		(175,392)	320,129
Cash and cash equivalents at the beginning of the reporting period		<u>1,140,197</u>	<u>820,068</u>
Cash and cash equivalents at the end of the reporting period		<u>964,805</u>	<u>1,140,197</u>

The notes form part of these financial statements

Inspire Plus
Notes to the Statement of Cash Flows
for the Year Ended 31 August 2023

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES	2023	2022 as restated
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	82,494	371,120
Adjustments for:		
Depreciation charges	3,663	1,760
Investment income	(17,700)	(653)
Increase in debtors	(50,008)	(79,914)
Increase in creditors	<u>53,885</u>	<u>43,357</u>
Net cash provided by operations	<u><u>72,334</u></u>	<u><u>335,670</u></u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.9.22 £	Cash flow £	At 31.8.23 £
Net cash			
Cash at bank	<u>1,140,197</u>	<u>(175,392)</u>	<u>964,805</u>
	<u>1,140,197</u>	<u>(175,392)</u>	<u>964,805</u>
Liquid resources			
Deposits included in cash	-	-	-
Current asset investments	<u>-</u>	<u>263,110</u>	<u>263,110</u>
	<u>-</u>	<u>263,110</u>	<u>263,110</u>
Total	<u><u>1,140,197</u></u>	<u><u>87,718</u></u>	<u><u>1,227,915</u></u>

Inspire Plus
Notes to the Financial Statements
for the Year Ended 31 August 2023

1. STATUTORY INFORMATION

Inspire Plus is a Charitable company, limited by guarantee, registered in England and Wales. The charitable company's registered number and registered office address can be found on the Report of the Trustees.

The presentational currency of the charitable company is Sterling.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All incoming resources (including government grants) are included on the Statement of Financial Activities when the charity is legally entitled to the income, when it is probable that the amount will be received and when the amount can be quantified with reasonable accuracy.

Donated goods and services are measured at the market value or cost that the gift would be to the charity.

Investment Income Recognition

Investment income is recognised when receivable and the amount can be measured reliably by the charity. This is normally upon the notification of the interest paid or payable by the bank.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 20% on cost

Assets costing £250 or more will be capitalised.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Inspire Plus
Notes to the Financial Statements - continued
for the Year Ended 31 August 2023

2. ACCOUNTING POLICIES - continued

Government grants

Grants relating to the Coronavirus Job Retention Scheme are recognised in full in the period in which the associated salary, national insurance and pension costs were incurred.

3. DONATIONS AND LEGACIES

	2023	2022 as restated
	£	£
Donations	<u>271,514</u>	<u>263,442</u>
	<u>271,514</u>	<u>263,442</u>

4. INVESTMENT INCOME

	2023	2022 as restated
	£	£
Bank interest	<u>17,700</u>	<u>655</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2023	2022 as restated
	£	£
Core Activities	468,157	473,944
Core Activities	290,074	400,333
Core Activities	<u>33,010</u>	<u>37,698</u>
	<u>791,241</u>	<u>911,975</u>

6. OTHER INCOME

	2023	2022 as restated
	£	£
Government grants	<u>-</u>	<u>6,732</u>

During the year, the charitable company received no other income. In the previous year, the charitable company received Coronavirus Job Retention Support grants amounting to £6,732.

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Grant funding of activities (see note 8)	Support costs (see note 9)	Totals
	£	£	£	£
Core Activities	168,476	1,687	519,739	689,902
Education	9,784	1,300	243,444	254,528
Wrap Around Care	<u>2,231</u>	<u>-</u>	<u>51,300</u>	<u>53,531</u>
	<u>180,491</u>	<u>2,987</u>	<u>814,483</u>	<u>997,961</u>

Inspire Plus
Notes to the Financial Statements - continued
for the Year Ended 31 August 2023

8. GRANTS PAYABLE

The charity paid £2,987 (2022: £2,058) in grants to individuals for equipment and coaching in the year.

9. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Core Activities	492,841	24	26,874	519,739
Education	239,012	-	4,432	243,444
Wrap Around Care	49,730	92	1,478	51,300
	<u>781,583</u>	<u>116</u>	<u>32,784</u>	<u>814,483</u>

Support costs, included in the above, are as follows:

Management

				2023	2022 as restated
	Core Activities £	Education £	Wrap Around Care £	Total activities £	Total activities £
Wages	356,109	170,251	41,427	567,787	446,623
Social security	25,995	14,819	1,684	42,498	33,994
Pensions	19,389	11,481	1,613	32,483	28,647
Insurance	2,192	1,096	365	3,653	3,705
Telephone	577	578	461	1,616	1,140
Postage and stationery	4,951	999	73	6,023	3,926
Sundries	67	30	10	107	173
Coaching and equipment	31,842	2,610	299	34,751	47,872
CPD	4,498	576	173	5,247	19,053
Travelling	24,917	7,768	1,076	33,761	24,509
Website support and IT costs	7,922	4,045	1,528	13,495	16,078
Other management costs	11,923	23,564	1,012	36,499	32,735
Depreciation of tangible and heritage assets	<u>2,459</u>	<u>1,195</u>	<u>9</u>	<u>3,663</u>	<u>1,760</u>
	<u>492,841</u>	<u>239,012</u>	<u>49,730</u>	<u>781,583</u>	<u>660,215</u>

Finance

				2023	2022 as restated
	Core Activities £	Education £	Wrap Around Care £	Total activities £	Total activities £
Bank charges	<u>24</u>		<u>92</u>	<u>116</u>	<u>151</u>

Governance costs

				2023	2022 as restated
	Core Activities £	Education £	Wrap Around Care £	Total activities £	Total activities £
Auditors' remuneration	3,400	-	-	3,400	3,250
Auditors' remuneration for non audit work	3,150	-	-	3,150	3,000
Accountancy fees	<u>(1,662)</u>	<u>2,294</u>	<u>765</u>	<u>1,397</u>	<u>1,056</u>
Carried forward	4,888	2,294	765	7,947	7,306

Inspire Plus
Notes to the Financial Statements - continued
for the Year Ended 31 August 2023

9. SUPPORT COSTS - continued

Governance costs -continued

				2023	2022 as restated
			Wrap		
	Core Activities £	Education £	Around Care £	Total activities £	Total activities £
Brought forward	4,888	2,294	765	7,947	7,306
Legal fees	<u>21,986</u>	<u>2,138</u>	<u>713</u>	<u>24,837</u>	<u>9,905</u>
	<u>26,874</u>	<u>4,432</u>	<u>1,478</u>	<u>32,784</u>	<u>17,211</u>

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022 as restated
	£	£
Auditors' remuneration	3,400	3,250
Auditors' remuneration for non auditwork	3,150	3,000
Depreciation - owned assets	<u>3,663</u>	<u>1,760</u>

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2023 nor for the year ended 31 August 2022.

Steve Bull was employed by the charity up until June 2023 when he resigned, he was then appointed as a trustee in November 2023 and has not received any remuneration since his appointment.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 August 2023 nor for the year ended 31 August 2022.

12. STAFF COSTS

	2023	2022 as restated
	£	£
Wages and salaries	567,787	446,623
Social security costs	42,498	33,994
Other pension costs	<u>32,483</u>	<u>28,647</u>
	<u>642,768</u>	<u>509,264</u>

The average monthly number of employees during the year was as follows:

	2023	2022 as restated
Staff	<u>26</u>	<u>22</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022 as restated
£60,001 - £70,000	<u>1</u>	<u>1</u>

Inspire Plus
Notes to the Financial Statements - continued
for the Year Ended 31 August 2023

13. PRIOR YEAR ADJUSTMENT

During the period the activities of the charity were reviewed in further detail and re-analysed in the accounts. As this was a change in accounting policy the prior year figures were required to be reviewed and restated. There was no overall impact on the surplus but items were reanalysed on the face of the Statement of Financial Activities.

14. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 September 2022	16,194
Additions	2,569
Disposals	<u>(299)</u>
At 31 August 2023	<u>18,464</u>
DEPRECIATION	
At 1 September 2022	1,760
Charge for year	3,663
Eliminated on disposal	<u>(46)</u>
At 31 August 2023	<u>5,377</u>
NET BOOK VALUE	
At 31 August 2023	<u>13,087</u>
At 31 August 2022	<u>14,434</u>

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022 as restated
	£	£
Trade debtors	57,599	52,426
Other debtors	-	1,000
Prepayments and accrued income	<u>158,631</u>	<u>112,796</u>
	<u>216,230</u>	<u>166,222</u>

16. CURRENT ASSET INVESTMENTS

	2023	2022 as restated
	£	£
Listed investments	<u>263,110</u>	<u>-</u>

Inspire Plus
Notes to the Financial Statements - continued
for the Year Ended 31 August 2023

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022 as restated
	£	£
Trade creditors	38,897	61,644
Social security and other taxes	14,542	15,814
Accruals and deferred income	<u>116,861</u>	<u>38,957</u>
	<u>170,300</u>	<u>116,415</u>

18. MOVEMENT IN FUNDS

	At 1.9.22 £	Net movement in funds £	Transfers between funds £	At 31.8.23 £
Unrestricted funds				
General fund	1,204,438	71,283	(2,019)	1,273,702
Restricted funds				
Football Association	-	(1,169)	1,169	-
Holiday Activities and Food	-	13,230	-	13,230
YST Inclusion Schools	<u>-</u>	<u>(850)</u>	<u>850</u>	<u>-</u>
	<u>-</u>	<u>11,211</u>	<u>2,019</u>	<u>13,230</u>
TOTAL FUNDS	<u>1,204,438</u>	<u>82,494</u>	<u>-</u>	<u>1,286,932</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	808,940	(737,657)	71,283
Restricted funds			
Football Association	6,401	(7,570)	(1,169)
SKDC	23,333	(23,333)	-
Holiday Activities and Food	238,031	(224,801)	13,230
YST Inclusion Schools	<u>3,750</u>	<u>(4,600)</u>	<u>(850)</u>
	<u>271,515</u>	<u>(260,304)</u>	<u>11,211</u>
TOTAL FUNDS	<u>1,080,455</u>	<u>(997,961)</u>	<u>82,494</u>

Comparatives for movement in funds

	At 1.9.21 £	Net movement in funds £	Transfers between funds £	At 31.8.22 £
Unrestricted funds				
General fund	833,318	364,142	6,978	1,204,438
Restricted funds				
SKDC	<u>-</u>	<u>6,978</u>	<u>(6,978)</u>	<u>-</u>
TOTAL FUNDS	<u>833,318</u>	<u>371,120</u>	<u>-</u>	<u>1,204,438</u>

Inspire Plus
Notes to the Financial Statements -
continued for the Year Ended 31 August
2023

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,165,917	(801,775)	364,142
Restricted funds			
Football Association	7,150	(7,150)	-
SKDC	<u>9,737</u>	<u>(2,759)</u>	<u>6,978</u>
	<u>16,887</u>	<u>(9,909)</u>	<u>6,978</u>
TOTAL FUNDS	<u><u>1,182,804</u></u>	<u><u>(811,684)</u></u>	<u><u>371,120</u></u>

The charity has the following restricted funds:

Football Association

These funds were received via a grant from the Football Association to provide womens football courses in schools.

SKDC

A grant was received from South Kesteven District Council Business Diversification, Recovery and Resilience Scheme to be used against agreed expenditure.

Transfers between funds

A transfer was made from the SKDC fund to general funds to reflect the capital purchase of computer equipment.

19. RELATED PARTY DISCLOSURES

During the period the charity received goods of £Nil (2022: £1,200) from Safety Guidance Limited, a company in which outgoing director D Price is also a director. There was no balance due to Safety Guidance Limited at either year end.

During the period the charity paid trustee, R Tyler, for services during the period which were unrelated to his work as a trustee, amounting to £Nil (2022: £1,697). There was a balance due to R Tyler at the year end of £Nil (2022: £375).

Key management includes the Chief Executive, and four other members of the charity (2022: Chief executive only and three other members of the charity). The remuneration paid or payable to management for employee services is shown below:

Salaries for the year totalled £190,399 (2022: £163,719).

Employer's NI for the year totalled £21,054 (2022: £13,749).

Employer's pension contributions for the year totalled £16,078 (2022: £19,130).

Expenses reimbursed for the year totalled £5,701 (2022: £4,303).

Inspire Plus
Detailed Statement of Financial Activities
for the Year Ended 31 August 2023

	2023 £	2022 as restated £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	271,514	263,442
Legacies		
	271,514	263,442
Investment income		
Bank interest	17,700	655
Charitable activities		
Core Activities	791,241	911,975
Other income		
Government grants	-	6,732
Total incoming resources	1,080,455	1,182,804
EXPENDITURE		
Charitable activities		
Light and heat	2,052	1,524
Direct costs	178,439	130,525
Grants to institutions	2,987	2,058
	183,478	134,107
Support costs		
Management		
Wages	567,787	446,623
Social security	42,498	33,994
Pensions	32,483	28,647
Insurance	3,653	3,705
Telephone	1,616	1,140
Postage and stationery	6,023	3,926
Sundries	107	173
Coaching and equipment	34,751	47,872
CPD	5,247	19,053
Travelling	33,761	24,509
Website support and IT costs	13,495	16,078
Other management costs	36,499	32,735
Depreciation of tangible and heritage assets	3,663	1,760
	781,583	660,215
Finance		
Bank charges	116	151
Governance costs		
Auditors' remuneration	3,400	3,250
Auditors' remuneration for non auditwork	3,150	3,000
Accountancy fees	1,397	1,056
Legal fees	24,837	9,905
	32,784	17,211
Total resources expended	997,961	811,684
Net income	82,494	371,120

This page does not form part of the statutory financial statements