

FAMILY GATEWAY

England & Wales · Charity number 1144453

Details

Other names TYNE GATEWAY TRUST

Status Registered

Legal form Charitable company

Company number [07583330](#)

Registered 2011-10-27

Register [View on the Charity Commission register](#)

Contact

Address Family Gateway
Howdon Community Centre
Denbigh Avenue
Wallsend
Tyne And Wear
NE28 0PP

Phone 0191 209 0092

Email ADMIN@FAMILYGATEWAY.CO.UK

Website www.familygateway.co.uk

Activities

Objects: THE CHARITY'S OBJECTS ("THE OBJECTS") ARE SOECIFICALLY RESTRICTED TO THE FOLLOWING:1. THE PREVENTION AND RELIEF OF CHILD POVERTY THROUGH THE PROMOTION OF PARENTAL EMPLOYMENT AND THE PROVISION OF ASSISTANCE TO PARENTS AND YOUNG PEOPLE SEEKING EMPLOYMENT ACROSS THE UK.2. THE ADVANCEMENT OF EDUCATION THROUGH PROVIDING, OR ASSISTING IN THE PROVISION OF EDUCATION AND TRAINING FOR PARENTS AND YOUNG PEOPLE ACROSS THE UK TO DEVELOP THEIR POTENTIAL TO BECOME EMPLOYED.3 TO DEVELOP THE CAPACITY AND SKILLS OF THE MEMBERS OF THE SOCIALLY AND ECONOMICALLY DISADVANTAGED COMMUNITIES OF NORTH AND SOUTH TYNESIDE IN SUCH A WAY THAT THEY ARE BETTER ABLE TO IDENTIFY, AND HELP MEET, THEIR NEEDS AND TO PARTICIPATE MORE FULLY IN SOCIETY.4 TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY. FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS; CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY).

Activities: Identifying families with complex needs where children are in or at risk of poverty, and supporting them through a range of interventions and activities that lead them to becoming socially and economically active.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, LOCAL.
- North Tyneside
- Northumberland
- South Tyneside

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£770,703	£916,157	£485,543	24
2024-03-31	£805,870	£796,715	£630,997	24
2023-03-31	£884,814	£846,723	£621,842	27
2022-03-31	£1,197,565	£1,144,913	£583,751	33
2021-03-31	£986,817	£835,022	£531,099	27

Trustees

Name	Role	Appointed
Iain David Jamieson		2018-02-01
JOHN MUSSON		2011-04-18
Joanna Nicole York		2022-10-31
Jonathan David Rees		2025-05-22
Melanie Jane Magee		2025-06-17
Professor Margaret Anne Defeyter		2018-02-01
Sarah Louise Lawrence		2026-04-14
William Peter Fartherley		2019-04-09

FAMILY GATEWAY

England & Wales - Charity number 1144453

Accounts



Improving life chances for
children and families

Family Gateway

**Charity Number:
1144453**

**Company Number:
07583330**

**Annual Report and
Accounts for the
Year Ended 31st
March 2025**

Section 1: Annual Accounts

Section 2: Trustees Report (Including Directors Report and Strategic Report)

FAMILY GATEWAY

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

J White
J York
W Fatherley
I Jamieson
M Defeyter
J Musson
M Magee (Appointed 17 June 2025)
J D Rees (Appointed 22 May 2025)

Charity number

1144453

Company number

07583330

Registered office

Howdon Community Centre
Denbigh Avenue
Howdon
Wallsend
United Kingdom
NE28 0PP

Independent examiner

Simon Brown BA ACA DChA
Azets Audit Services
Bulman House
Regent Centre
Gosforth
Newcastle Upon Tyne
NE3 3LS

FAMILY GATEWAY

CONTENTS

	Page
Independent examiner's report	1
Statement of financial activities	2 - 3
Statement of financial position	4
Statement of cash flows	5
Notes to the financial statements	6 - 21

FAMILY GATEWAY

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FAMILY GATEWAY

I report to the trustees on my examination of the financial statements of Family Gateway (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed by:

A019E10F4B2841D...

Simon Brown BA ACA DChA

Azets Audit Services
Bulman House
Regent Centre
Gosforth
Newcastle Upon Tyne
NE3 3LS

09 December 2025
Dated:

FAMILY GATEWAY

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Current financial year

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
<u>Income and endowments from:</u>					
Donations and legacies	3	239,642	381,086	620,728	672,672
Charitable activities	4	17,987	-	17,987	3,730
Other trading activities	5	113,759	-	113,759	121,976
Investments	6	6,415	-	6,415	6,749
Other income	7	11,814	-	11,814	743
Total income		<u>389,617</u>	<u>381,086</u>	<u>770,703</u>	<u>805,870</u>
<u>Expenditure on:</u>					
Raising funds	8	49,367	-	49,367	67,342
Charitable activities	9	528,721	338,069	866,790	729,373
Total expenditure		<u>578,088</u>	<u>338,069</u>	<u>916,157</u>	<u>796,715</u>
Net (outgoing)/incoming resources before transfers		(188,471)	43,017	(145,454)	9,155
Gross transfers between funds		417,034	(417,034)	-	-
Net income/(expenditure) for the year/ Net movement in funds		228,563	(374,017)	(145,454)	9,155
Fund balances at 1 April 2024		228,103	402,894	630,997	621,842
Fund balances at 31 March 2025		<u>456,666</u>	<u>28,877</u>	<u>485,543</u>	<u>630,997</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

FAMILY GATEWAY

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

Prior financial year

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<u>Income and endowments from:</u>				
Donations and legacies	3	268,931	403,741	672,672
Charitable activities	4	3,730	-	3,730
Other trading activities	5	118,374	3,602	121,976
Investments	6	6,749	-	6,749
Other income	7	697	46	743
Total income		398,481	407,389	805,870
<u>Expenditure on:</u>				
Raising funds	8	35,950	31,392	67,342
Charitable activities	9	421,598	307,775	729,373
Total expenditure		457,548	339,167	796,715
Net (outgoing)/incoming resources before transfers		(59,067)	68,222	9,155
Gross transfers between funds		5,325	(5,325)	-
Net income/(expenditure) for the year/ Net movement in funds		(53,742)	62,897	9,155
Fund balances at 1 April 2023		281,845	339,997	621,842
Fund balances at 31 March 2024		228,103	402,894	630,997

FAMILY GATEWAY

STATEMENT OF FINANCIAL POSITION AS AT 31 MARCH 2025

	Notes	2025		2024	
		£	£	£	£
Fixed assets					
Tangible assets	14		287,699		131,213
Current assets					
Debtors	15	57,659		58,750	
Cash at bank and in hand		458,533		539,884	
		<u>516,192</u>		<u>598,634</u>	
Creditors: amounts falling due within one year	16	<u>(318,348)</u>		<u>(98,850)</u>	
Net current assets			<u>197,844</u>		<u>499,784</u>
Total assets less current liabilities			<u>485,543</u>		<u>630,997</u>
Income funds					
Restricted funds	18		28,877		402,894
<u>Unrestricted funds</u>					
Designated funds	19	7,200		-	
General unrestricted funds		<u>449,466</u>		<u>228,103</u>	
			<u>456,666</u>		<u>228,103</u>
			<u>485,543</u>		<u>630,997</u>

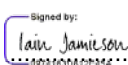
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 08 December 2025

Signed by:


I Jamieson
Trustee

Company registration number 07583330

FAMILY GATEWAY

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025		2024	
		£	£	£	£
Cash flows from operating activities					
Cash generated from/(absorbed by) operations	24		90,687		(80,494)
Investing activities					
Purchase of tangible fixed assets		(178,453)		(34,319)	
Investment income received		6,415		6,749	
Net cash used in investing activities			(172,038)		(27,570)
Net cash used in financing activities			-		-
Net decrease in cash and cash equivalents			(81,351)		(108,064)
Cash and cash equivalents at beginning of year			539,884		647,948
Cash and cash equivalents at end of year			458,533		539,884

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Family Gateway is a private company limited by guarantee incorporated in England and Wales. The registered office is Howdon Community Centre, Denbigh Avenue, Howdon, Wallsend, NE28 0PP, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011. The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grant have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and is included on the balance sheet as deferred income to be released.

Income from trading activities is recognised when goods or services are sold.

Other income is included when receivable.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Costs of raising funds comprise the costs of activities and consumables.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for the beneficiaries. It includes both costs that can be allocated directly to such activities and costs of an indirect nature necessary to support them.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs include the costs attributable to the charity's compliance with constitutional and statutory requirements, including independent examination, strategic management and trustees' meetings and reimbursed expenses.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost of assets less their residual values over their useful lives on the following bases:

Property improvements	20 years straight line
Machinery and equipment	5 years straight line
Computer equipment	3 years straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.11 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2025**

1 Accounting policies

(Continued)

1.12 Fund Structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

1.13 Accruals

Accruals are calculated where a service has been provided but the company has not yet been invoiced.

1.14 Prepayments

Prepayments are calculated where an invoice has been provided in advance of the service taking place.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

FAMILY GATEWAY
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

3 Donations and legacies	Unrestricted funds		Restricted funds		Total		Unrestricted funds		Restricted funds		Total	
	2025	2025	2025	2025	2025	2025	2024	2024	2024	2024	2024	2024
	£	£	£	£	£	£	£	£	£	£	£	£
Donations and gifts	1,352	-	-	-	1,352	-	2,744	-	-	2,744	-	2,744
Grants	238,290	381,086	381,086	381,086	619,376	266,187	266,187	403,741	403,741	669,928	403,741	669,928
	<u>239,642</u>	<u>381,086</u>	<u>381,086</u>	<u>381,086</u>	<u>620,728</u>	<u>268,931</u>	<u>268,931</u>	<u>403,741</u>	<u>403,741</u>	<u>672,672</u>	<u>403,741</u>	<u>672,672</u>
Grants receivable for core activities												
Groundworks UK	-	149,032	149,032	149,032	149,032	-	-	-	-	-	-	-
Garfield Weston Foundation	35,000	-	-	-	35,000	-	-	-	-	-	-	-
Segleman	40,000	-	-	-	40,000	40,000	40,000	-	-	40,000	-	40,000
Mercers	-	5,556	5,556	5,556	5,556	-	-	33,333	33,333	33,333	33,333	33,333
Trusthouse Charitable Foundation	24,347	-	-	-	24,347	-	-	32,503	32,503	32,503	32,503	32,503
Greggs Foundation	20,800	-	-	-	20,800	30,000	30,000	2,000	2,000	32,000	32,000	32,000
The Henry Smith Charity	-	60,000	60,000	60,000	60,000	-	-	42,000	42,000	42,000	42,000	42,000
Health & Wellbeing	-	55,052	55,052	55,052	55,052	2,980	2,980	-	-	2,980	-	2,980
National Lottery - Million Hours Fund	-	46,365	46,365	46,365	46,365	-	-	-	-	-	-	-
Balinger	20,000	-	-	-	20,000	-	-	-	-	-	-	-
Other	98,143	65,081	65,081	65,081	163,224	193,207	193,207	293,905	293,905	487,112	293,905	487,112
	<u>238,290</u>	<u>381,086</u>	<u>381,086</u>	<u>381,086</u>	<u>619,376</u>	<u>266,187</u>	<u>266,187</u>	<u>403,741</u>	<u>403,741</u>	<u>669,928</u>	<u>403,741</u>	<u>669,928</u>

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4 Charitable activities

	Commission ed Services 2025 £	Commission ed Services 2024 £
North Tyneside	17,987	3,730

5 Other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Other trading income	113,759	118,374	3,602	121,976

Other trading income comprises cafe income, room hire, gym hire, event income and other sundry income, which are activities consistent with the charity's aims and objectives.

6 Investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	6,415	6,749

7 Other income

	Unrestricted funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Other income	11,814	697	46	743

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

8 Raising funds

	Unrestricted funds	Unrestricted funds	Restricted funds	Total
	2025	2024	2024	2024
	£	£	£	£
<u>Trading costs</u>				
Trading costs	49,367	35,950	31,392	67,342
	<u>49,367</u>	<u>35,950</u>	<u>31,392</u>	<u>67,342</u>

9 Charitable activities

	Charitable Activities 2025	Charitable Activities 2024
	£	£
Share of support costs (see note 10)	861,615	725,235
Share of governance costs (see note 10)	5,175	4,138
	<u>866,790</u>	<u>729,373</u>
Analysis by fund		
Unrestricted funds	528,721	421,598
Restricted funds	338,069	307,775
	<u>866,790</u>	<u>729,373</u>

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

10 Support costs

	Support costs	Governance costs	2025	Support costs	Governance costs	2024
	£	£	£	£	£	£
Staff costs	599,302	-	599,302	517,280	-	517,280
Depreciation	21,967	-	21,967	25,276	-	25,276
Premise costs	53,010	-	53,010	49,955	-	49,955
Office costs	34,991	-	34,991	35,545	-	35,545
Travel and subsistence	3,525	-	3,525	4,043	-	4,043
Training	6,584	-	6,584	2,144	-	2,144
Practical support costs and activities	30,530	-	30,530	46,355	-	46,355
Project management support	41,695	-	41,695	-	-	-
Bank charges	1,326	-	1,326	1,186	-	1,186
Legal, professional and consultancy	68,475	-	68,475	43,451	-	43,451
Bad debts	210	-	210	-	-	-
Independent examination fees	-	5,175	5,175	-	4,138	4,138
	<u>861,615</u>	<u>5,175</u>	<u>866,790</u>	<u>725,235</u>	<u>4,138</u>	<u>729,373</u>
Analysed between Charitable activities	<u>861,615</u>	<u>5,175</u>	<u>866,790</u>	<u>725,235</u>	<u>4,138</u>	<u>729,373</u>

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

12 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Management	4	4
Administrative Services	2	2
	18	15
Total	<u>24</u>	<u>21</u>

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

12 Employees (Continued)

Employment costs	2025 £	2024 £
Wages and salaries	539,902	472,000
Social security costs	45,471	33,318
Other pension costs	13,929	11,962
	<u>599,302</u>	<u>517,280</u>

There were no employees whose annual remuneration was more than £60,000.

13 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

14 Tangible fixed assets

	Property improvements £	Machinery and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2024	61,923	119,665	26,483	208,071
Additions	170,953	4,911	2,589	178,453
	<u>232,876</u>	<u>124,576</u>	<u>29,072</u>	<u>386,524</u>
At 31 March 2025				
Depreciation and impairment				
At 1 April 2024	10,118	50,036	16,704	76,858
Depreciation charged in the year	4,657	12,187	5,123	21,967
	<u>14,775</u>	<u>62,223</u>	<u>21,827</u>	<u>98,825</u>
At 31 March 2025				
Carrying amount				
At 31 March 2025	<u>218,101</u>	<u>62,353</u>	<u>7,245</u>	<u>287,699</u>
At 31 March 2024	<u>51,804</u>	<u>69,630</u>	<u>9,779</u>	<u>131,213</u>

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

15 Debtors

	2025	2024
	£	£
Amounts falling due within one year:		
Trade debtors	16,676	22,562
Other debtors	1,033	6,890
Prepayments and accrued income	39,950	29,298
	<u>57,659</u>	<u>58,750</u>

16 Creditors: amounts falling due within one year

	Notes	2025	2024
		£	£
Other taxation and social security		2,651	-
Deferred income	17	126,839	47,394
Trade creditors		63,754	8,393
Accruals		125,104	43,063
		<u>318,348</u>	<u>98,850</u>

17 Deferred income

	2025	2024
	£	£
Arising from Deferred income	<u>126,839</u>	<u>47,394</u>

Deferred income is included in the financial statements as follows:

	2025	2024
	£	£
Deferred income is included within:		
Current liabilities	<u>126,839</u>	<u>47,394</u>
Movements in the year:		
Deferred income at 1 April 2024	47,394	95,737
Released from previous periods	(47,394)	(95,737)
Resources deferred in the year	<u>126,839</u>	<u>47,394</u>
Deferred income at 31 March 2025	<u>126,839</u>	<u>47,394</u>

FAMILY GATEWAY
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2023		Movement in funds		Balance at 1 April 2024		Movement in funds		Balance at 31 March 2025	
	£	£	Incoming resources	Resources expended	Transfers	£	Incoming resources	Resources expended	Transfers	£
Garfield Weston Foundation - Anniversary fund	56,496	28,185	-	(6,815)	77,866	-	-	(77,866)	-	-
The Tudor Trust	26,148	2,046	(847)	-	27,347	-	-	(27,347)	-	-
Police and Crime Commission	51,851	48,000	(65,997)	-	33,854	-	(22,520)	(11,334)	-	-
Savoy Educational Trust	3,873	-	-	-	3,873	-	-	(3,873)	-	-
Proctor & Gamble - Development of Clinical Room	3,750	5,000	-	-	8,750	-	(5,187)	(3,563)	-	-
The Henry Smith Charity	25,784	42,000	(39,346)	-	28,438	60,000	(53,153)	(28,519)	6,766	6,766
Groundwork UK	-	-	-	-	-	149,032	-	(149,032)	-	-
MUGA	30,026	2,615	(5,697)	(506)	26,438	-	(8,218)	-	-	18,220
Mercers	33,333	33,333	(33,075)	-	33,591	5,556	(25,631)	(13,516)	-	-
Street Games	2,678	-	(1,800)	-	878	-	(878)	-	-	-
Linden Trust	5,260	32	(5,458)	166	-	-	-	-	-	-
Anxious Buddies Bell Fund	7,278	(30)	(4,843)	-	2,405	2,500	(1,487)	(3,418)	-	-
PCC Teachable Moments	50,521	-	-	-	50,521	-	(49,068)	(1,453)	-	-
Trusthouse	32,493	32,503	(32,503)	-	32,493	-	-	(32,493)	-	-
Sport England	-	51,974	(52,791)	817	-	-	-	-	-	-
Fidelity	-	66,316	(15,000)	-	51,316	7,480	(51,910)	(6,886)	-	-
Greggs Foundation	-	14,000	(15,013)	1,013	8,845	-	-	-	-	-
NTCA	-	9,805	(960)	-	-	27,975	(7,042)	(29,778)	-	-
Health and Wellbeing Coaches	-	-	-	-	-	55,052	(51,161)	-	-	3,891
Other	10,506	71,610	65,837	-	16,279	73,491	(61,814)	(27,956)	-	-
	339,997	407,389	(207,493)	(5,325)	402,894	381,086	(338,069)	(417,034)	28,877	28,877

FAMILY GATEWAY
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds (Continued)

The specific purposes for which the funds are to be applied are as follows:

General fund - These funds can be used in any way by the trustees in accordance with the objectives of the charity.

Restricted reserves

Garfield Weston - Pilot Light - Funding provided to support strategic thinking and the achievement of long term sustainability. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

The Tudor Trust - Funding received to contribute towards the salary of a programme manager. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

Northumbria Police and Crime Commissioner - Teachable Moments Intervention Service For Young Persons. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

Savoy Educational Trust - Funding contribution towards replacing outdated kitchen equipment in Community Café.

Proctor and Gamble - Funding to support the development and construction of a Clinical Room at Howdon Hub. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

The Henry Smith Charity - Funding received to contribute towards the salary and associated costs of a Family Entrepreneur supporting families in North and South Tyneside. A restricted to unrestricted fund transfer has been made in the current year to recognise some of the grant spent in the current year.

The Mercers Company - Funding received to support the development of the 'Family and Community Enterprise Hub' and to fund the post of the Community Enterprise Lead post. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

PCC - VRU Grant - North Tyneside Violence Reduction Unit Community Hub. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

FAMILY GATEWAY
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds

(Continued)

Trusthouse Foundation - funding towards salaries and running costs of expanding the team of family Entrepreneurs in South East Northumberland. Reclassified to unrestricted funding in 2025 and a restricted to unrestricted transfer made in 2025 to remove the brought forward balance.

Sport England – Tackling Inactivity and Economic Disadvantage – Getting Fit for Life Project. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

Greggs Fdn - Support towards operation and development of Howdon Community Hub, expanding the food insecurity programme. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

Community Foundation - Charles Robert Bell - Supporting the Mental Health of Families in North Tyneside. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

Football Foundation - funding for MUGA Redevelopment Feasibility Study.

The Barbour Foundation – Funding to support a bi-weekly Women’s Wellbeing Group. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

North Tyneside Council Project VITA Fund – Funding to Support additional Boxing Coaching. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

Community Foundation Squires Foundation – funding for Veterans Boxing Sessions and Nature / Gardening Groups for all age groups. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

Morrisons Foundation – Provision of emergency essentials to families in need. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

Community Foundation Pargiter Fund – provide Group Physical Activity Sessions for over 65’s. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

Fidelity UK Foundation – Developing and Scaling the Barefoot Professional Model. A restricted to unrestricted fund transfer has been made in the current year to recognise this funding having been fully spent in the year.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

19 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds			
	Incoming resources	Balance at 1 April 2024	Transfers	Balance at 31 March 2025
	£	£	£	£
MUGA sinking fund	-	-	7,200	7,200
	<u>-</u>	<u>-</u>	<u>7,200</u>	<u>7,200</u>
	<u>-</u>	<u>-</u>	<u>7,200</u>	<u>7,200</u>
	<u><u>-</u></u>	<u><u>-</u></u>	<u><u>7,200</u></u>	<u><u>7,200</u></u>

FAMILY GATEWAY
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

20	Analysis of net assets between funds	Unrestricted funds 2025 £	Designated funds 2025 £	Restricted funds 2025 £	Total Unrestricted funds 2025 £	Designated funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Fund balances at 31 March 2025 are represented by:							
	Tangible assets	287,699	-	-	287,699	-	-	131,213
	Current assets/(liabilities)	161,767	7,200	28,877	197,844	-	402,894	499,784
		<u>449,466</u>	<u>7,200</u>	<u>28,877</u>	<u>485,543</u>	<u>-</u>	<u>402,894</u>	<u>630,997</u>

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

21 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025 £	2024 £
Within one year	-	267
	<u> </u>	<u> </u>

22 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2025 £	2024 £
Aggregate compensation	132,361	155,056
	<u> </u>	<u> </u>

There are no further related party transactions.

23 Ultimate Controlling Party

In the opinion of the trustees, there is no ultimate controlling party of the charity other than the board themselves.

24 Cash generated from operations

	2025 £	2024 £
(Deficit)/surplus for the year	(145,454)	9,155
Adjustments for:		
Investment income recognised in statement of financial activities	(6,415)	(6,749)
Depreciation and impairment of tangible fixed assets	21,967	25,276
Movements in working capital:		
Decrease/(increase) in debtors	1,091	(21,885)
Increase/(decrease) in creditors	140,053	(37,948)
Increase/(decrease) in deferred income	79,445	(48,343)
	<u> </u>	<u> </u>
Cash generated from/(absorbed by) operations	<u>90,687</u>	<u>(80,494)</u>

25 Analysis of changes in net funds

The charity had no debt during the year.



**Trustees Report (Including
Directors Report and
Strategic Report)**

About this report:

In the past, our Annual Report has gone into great detail about the many different aspects of our work. This year, we have made a conscious effort to limit the contents to the headlines of each project. Hopefully this will make this year's report easier to digest, whilst still explaining the fantastic results achieved by our staff and community members every day.

If you want to know more about any of our work, you can go to familygateway.co.uk, email admin@familygateway.co.uk, come and visit us at [Howdon Community Hub](#).



Trustees Report

Foreword: Chair of Trustees: [Page 1](#)

Foreword: CEO: [Page 2](#)

[Who are We?: Page 3](#)

[The Barefoot Professional Model: Page 4](#)

[Our Hub](#)

[Hub Improvements and Howdelicious: Page 6](#)

[Our Volunteers and Students: Page 7](#)

[Our Partners: Page 8](#)

[Our Services](#)

[Single Point of Access: Page 10](#)

[Health and Wellbeing: Page 12](#)

[Looked After Care: Page 14](#)

[Youth Support: Page 16](#)

[Barefoot Training: Page 22](#)

[Fundraising: Page 24](#)

[Our Funders: Page 25](#)

[What's next?: Page 26](#)

[Get Involved: Page 27](#)

Appendices

[Appendix A: Our Trustees](#)

[Appendix B: Financial Information](#)

Funding for charities has not become any easier, with more charities pursuing the same sources of funding. The change of government last year also created a hiatus and it has taken some time for the actual priorities of the new government to become clearer and funds to be released against those objectives. It is a testament to the work that Family Gateway does and our reputation for delivery that we continue to maintain our funding streams. This delivery is highlighted in the pages that follow in this report.

Our current strategy is now entering its third year and we are about to undertake a full refresh. As has become our practice this will be shaped by many inputs but will involve the staff team, the local community and the Board of Trustees. One adjustment we have made in line with our current thinking is to acknowledge that as a small organisation we cannot offer significant numbers of employment opportunities so we are adjusting to an employability-based model offering more people the chance to gain skills through volunteering etc. In our financial statements it is clear to see that we have substantially reduced our reserves, this has been a deliberate policy to invest in our future. As long-term tenants of Howdon Community Hub, we have worked with the local authority to secure grant funding to upgrade our base. In line with our commitments to sustainability and energy efficiency, this year the building benefited from an investment of circa £120,000 with new insulated doors and windows and solar panels being fitted to our roof space. In the longer term this will bring a return on investment in our own utility expenditure and benefit the local authority and wider community sending energy back to the grid.

In addition, we upgraded our internal and external security systems to ensure we were more in line with our Ofsted obligations, and to support our increasing work with children and families who have a wider range of vulnerabilities, ensuring we have a safe space for all. We also invested in a range of IT upgrades for phones and laptops to ensure our commitment to cyber security and GDPR were in line with increasing threats around cybercrime and hacking and to ensure our staff had adequate equipment in which to undertake their work. Family Gateway continues to be the innovative, flexible organisation it has been since its inception, responding to the evolving needs of our community. This is exemplified by our dedicated, committed team of staff, some of whom have been part of Family Gateway for many years. Our volunteers and of course my fellow Trustees, to whom I offer my sincere thanks. However, none of it would be possible without our generous funders, too many to mention here, but whose financial and other support enables us to continue making positive impacts in the lives of many families in our community. The following pages highlight some of the many achievements in the past year and reflect our ambition for the future.



Iain Jamieson, Family Gateway Chair of Trustees
Written October 2025

This year has been a challenge for all the reasons noted within our Chair statement. As the CEO, navigating unpredictable times whilst maintaining momentum has, in itself, presented me with personal and professional challenges. However, it's through the mistakes and challenges we grow the most. What has helped me is the fact that I am surrounded by people smarter than me. People who are innovative and passion fuelled: our Barefooters. The people who have powered us through! This year, I have seen the vision of Barefoot rise and take shape into one of the most powerful tools I have ever seen within my 25+ year career. It was this model, and the promise of what it could become, that attracted me to Family Gateway in the first instance now nearly 5 years ago.

Having worked in custodial and community settings all of my career and seeing how poverty, complex family dynamics, crime and poor educational outcomes could shape the long-term destiny of those I worked with, I felt that the Barefoot Model could provide that early intervention and prevention model that was so desperately needed before things got to crisis point. The Barefoot Model is not the only model that can and will change lives, but as a coach, I see it as a model that encourages the final destination from within the individual themselves regardless of their starting point. It is only through being the master of your own destiny that real power and change takes root. So, through a hard year, we enter into another with optimism and clarity and we adopt the 3 Ps: Passion, Purpose, Performance.

With the drive from our community, staff and trustees who I am beyond grateful to, we will propel ourselves into our next phase, a phase where communities, families and individuals prove that the Barefoot concept has a significant return on investment for all key systems such as health, crime and education, not just short or medium term, but long term. With the backing, trust, support and generosity from our funders, our philanthropists and corporate sponsors we will not only navigate what is in front of us, but propel ourselves forward evidencing impact and that return on investment ensuring that the Barefoot Model can and will work outside of our area and super-charge other communities to be masters of their own destination.



Julie Marriott, Family Gateway CEO
Written October 2025

Family Gateway has existed to serve some of the most disadvantaged communities in North Tyneside and the wider North East since 2011.

We work hand in hand with local people to reduce the impacts of poverty, primarily for children and their families. We do this by the promotion of parental employment by providing volunteering, training and employment to local people. Alongside this, we offer bespoke and holistic support in the home to remove barriers to success for families.

By lifting up local people, expanding their skills and experience, we believe they will be better prepared to participate in their community and demonstrate to their children how to achieve a meaningful life.

As the United Kingdom faces an ever growing web of societal issues, we believe a community focused approach built around empowering individuals and families is the best way to unlock the potential locked up in post-industrial communities like ours. We see the results of this every day with our staff and service users. We hope this report demonstrates the impact we're having every day.

The Barefoot Professional Model is at the heart of everything that we do at Family Gateway. Many people have heard about the model but its origins aren't always widely spoken about. Here is how the model was created...

Tyneside at Heart

Family Gateway was originally set up from an experimental project in North and South Tyneside by a group of senior professionals, working in various services and education. One of those was John Musson who was Director of Housing at South Tyneside Homes. He is still on the board now and viewed now as our founding member. At the time, John was working as a Director of Housing, where he observed that many residents faced recurring challenges within their communities. However, he also recognised a deep mistrust of statutory services among those he sought to support. There was a widespread fear of professional intervention, often driven by stigma and a lack of understanding about available support. Many individuals believed that involvement from social services would automatically lead to the removal of their children. This misunderstanding frequently served as a barrier to engagement with much needed help.

Inspiring Origins

John was inspired by a story from a rural village in India that faced alarmingly high rates of infant mortality. In an effort to address this crisis, the local authorities dispatched a team of highly trained midwives. However, the local community, wary of outsiders and feeling judged, resisted their assistance. Instead, they proposed an alternative: to train local women to become midwives who could then support their neighbours, peers, and family members. Motivated by this example, John applied the same principles within his own community. He sought out individuals often regarded as "troublemakers" — people with lived experience who, despite the obstacles in their lives, were natural leaders and already informally supporting those around them. John recognised their potential and employed them, giving rise to what would become Family Gateway.

Our ongoing commitment

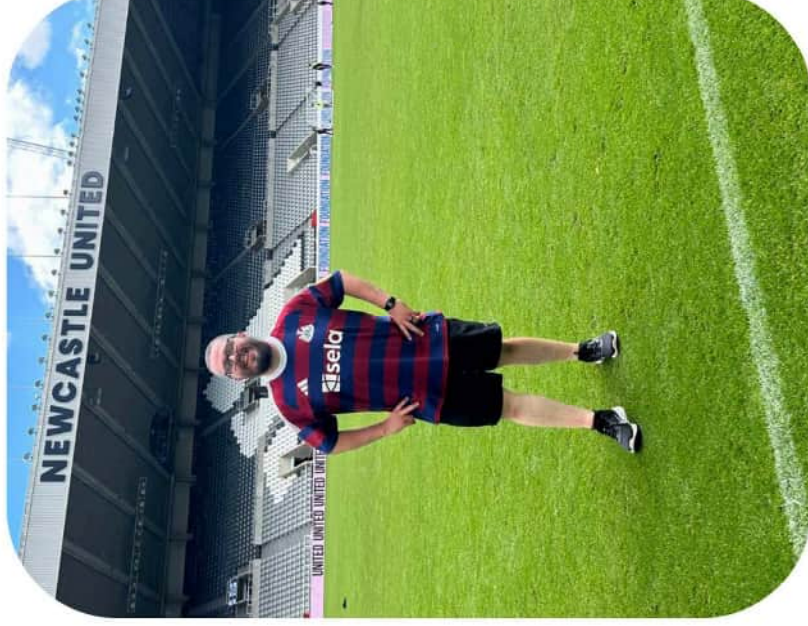
At its core, the Barefoot Professional Model is based on the belief that local people are best placed to identify and resolve the challenges within their communities. It is rooted in the principle of "doing with" rather than "doing to," using a coaching methodology that empowers individuals to lead their own change.

This model continues to define our work today. It is a source of immense pride for Family Gateway and remains one of the key elements that makes our approach truly distinctive.

Our Barefooters

All of our staff team are Barefoot Professionals, qualified by lived experience. They have an understanding of some of the challenges our communities may face as they have been through similar situations themselves, which allows them to work closely with those in the heart of the community. Our staff look like, sound like, and act like the people they support. They are fantastic role models, and proof that you can achieve a job that is exciting and rewarding even when you've taken an unusual path to get there.

A Barefoot Professional is someone who uses their invaluable lived experience to demonstrate to their community that it is possible to thrive in life not **despite** your experiences, but **because** of them.



Hub Improvements

- Energy Efficiency Grant from Groundworks.
- Our brand-new training room.



Howdelicious

- Level 5 Food Hygiene Rating.
- Now open more hours to fit in with community needs.
- Our Over 50's Lunch Club launched.



6

students from Northumbria University supported across our services and activities.

4

students from Norham Ignite Your Potential Adult Learning came on to work experience placements with us in Howdelicious and on Reception.

over
50

volunteers have supported us with The Bread and Butter Thing.



Family Gateway Think Tank was launched to support fundraising efforts and deliver projects in the local community.



Fit Mind Boxing Warriors

Since 2022, Fit Mind Boxing Warriors has been delivering free and paid boxing sessions for young people at our Hub. Recently delivered to its 17th cohort, these sessions have a proven track record of improving self confidence, physical health and mental wellbeing in ages 6-16. This year, FMBW took over management of our Gym, providing a much needed new lease of life for the space for the community. We would like to thank FMBW for the continued dedication and commitment to developing young people in our community to be strong, resilient and inspiring for others.



Newcastle United Foundation

From King's Trust to regular free football sessions. Newcastle United Foundation offer a wide variety of sessions across the region, and have over the last 2 years developed an engaging and community focused offering at our Hub. Partnering with the Foundation allows us to give our community incredible opportunities related to the club, such as when we took some of our Howdon Youth Zone members to play football on the pitch at St. James' Park. We would like to thank NUF for their continued support and dedication to helping young people in our community. We are very proud to host them at our Hub and to work together on projects to promote health and employability skills.



The Bread and Butter Thing

The Bread and Butter Thing are an affordable food provision, specialising in moving food destined to be waste into the community via their hubs. We are proud to act as one of those hubs. TBBT is the main focus of our volunteering offer, and every week our staff and volunteers work together to ensure we can continue this invaluable service in partnership with TBBT. We would like to thank TBBT for the continued support for us and the community, and for working to reduce food waste across the country.



True Colours Theatre

True Colours Theatre Foundation aim to create pupils and performers with a foundation of confidence, friendship and acceptance through performing arts classes. They accept children and young people of all abilities into their theatre company and school. They strive to create a caring, warm and welcoming environment to cultivate acceptance and inclusion, so that students can thrive without a fear of judgement or stigma. This year, True Colours Theatre began to deliver their alternative provision from the sensory room in our Hub and support young people with SEND who are unable to manage in mainstream education. We would like to thank True Colours Theatre for bringing the vibrancy to our Hub, we are very lucky to be partners and grateful for the amazing, strong and talented young people you introduce us to.



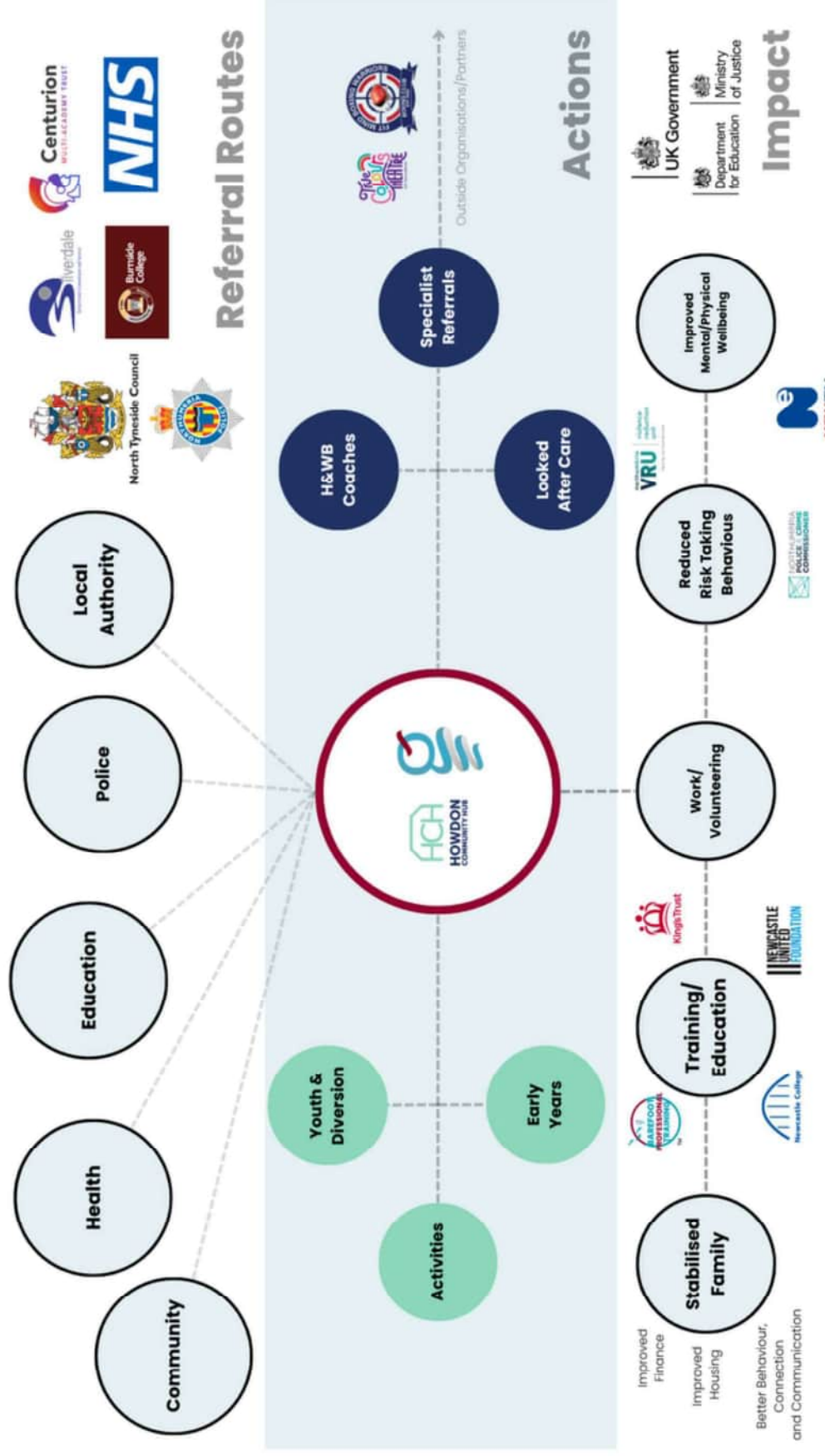
Operation Veteran

Operation Veteran aims to provide information, advice and guidance, and a dedicated service of support to veterans of the armed forces to assist with their transition back to civilian life and the challenges that presents, through signposting, group and one to one support, shared experiences and as a focal point for assessment and referral to specialist advice and support. They have been an extremely valued partner of ours this year, hosting their weekly "Pull up a Sandbag" session from the Hub and inviting us to their moving services of remembrance. We would like to thank Operation Veteran for their continued dedication to Veterans and for allowing us to be a part of their journey; we love seeing them have fun in the Hub.



What is our Single Point of Access Model?

Our work covers a wide range of formal, informal and community focused programmes. Since the development of our current strategic plan, we have brought extensive knowledge and experience to bear on a number of projects which focused on improving some of our communities' most pressing issues. This did, however, lead to us building varying partnerships and referral routes. In 2025, we have decided to streamline, rethink and improve how we deal with people who need our help. This is the main drive behind our newly launched Single Point of Access; to make it easier for professionals, service users and community members to identify, address and move past barriers to their success.



To make this intention a reality, we have invested in new resources and training for staff. Our Community Entrepreneurs, who deal with the day-to-day running of Howdon Community Hub, are now prepared to take referrals and lay the groundwork for meaningful and impactful relationships with our Family Entrepreneurs and Health and Wellbeing Coaches. After this initial “triage,” referrals can be assigned to the best suited staff member, who can begin to lay out clear outcomes and a pathway to success.

No matter which organisation is referring to us, or even when dealing with self referrals, we now have one fast, flexible and people-focused route for service users.



Our Health and Wellbeing Coaches work alongside our colleagues at Wallsend and North West Primary Care Networks, offering support to individuals around a range of challenges with their mental or physical wellbeing.



117

individuals have been supported this year on a one-to-one basis,

Around issues such as mental health, self-harm, challenging behaviour and social isolation.

21

people have attended our Friendly Folk sessions,

Allowing them to try some new craft activities, quizzes and bingo over a cuppa and cake.

23

women have attended our Women's Wellbeing group,

Providing them with a safe space to discuss a range of topics including self-esteem, menopause and giving them some much needed time away from their caring responsibilities.

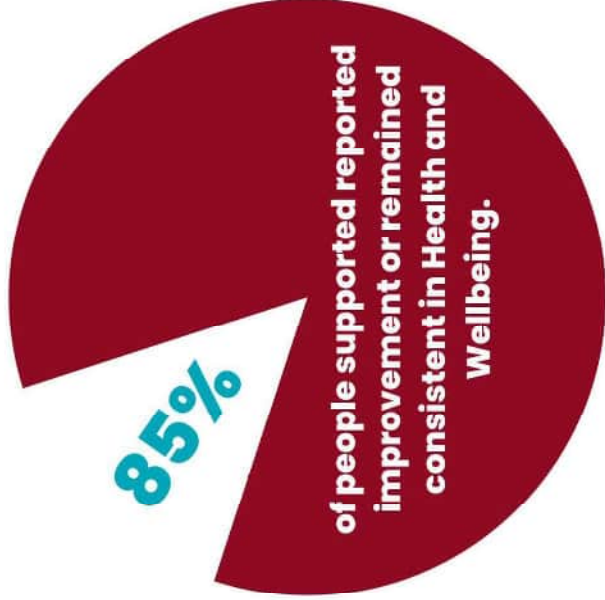
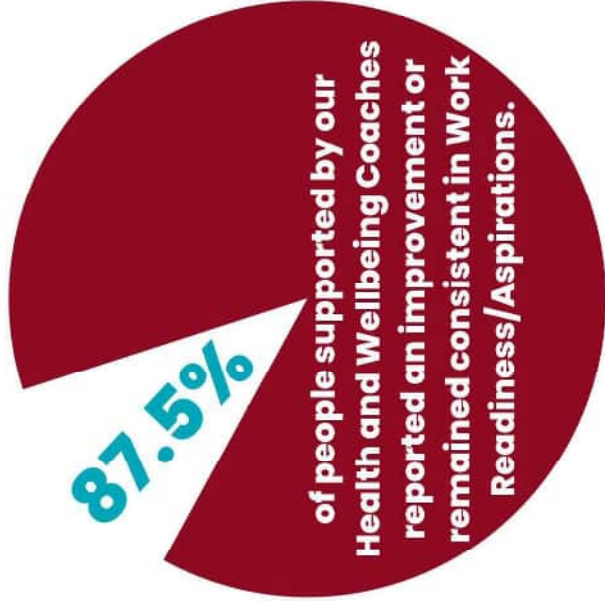
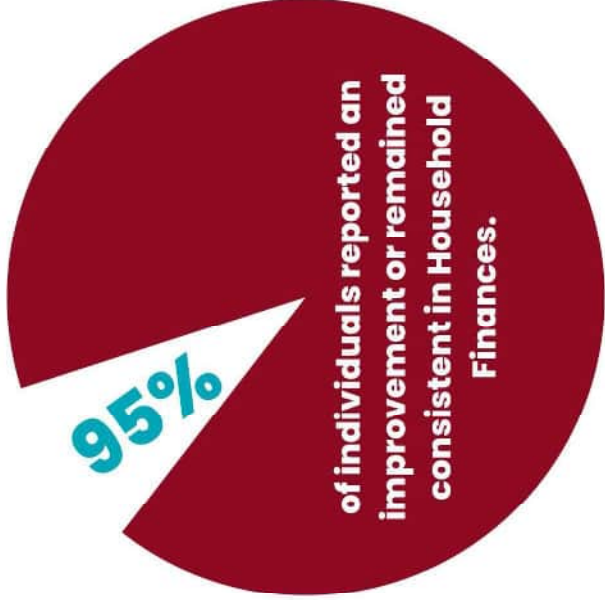
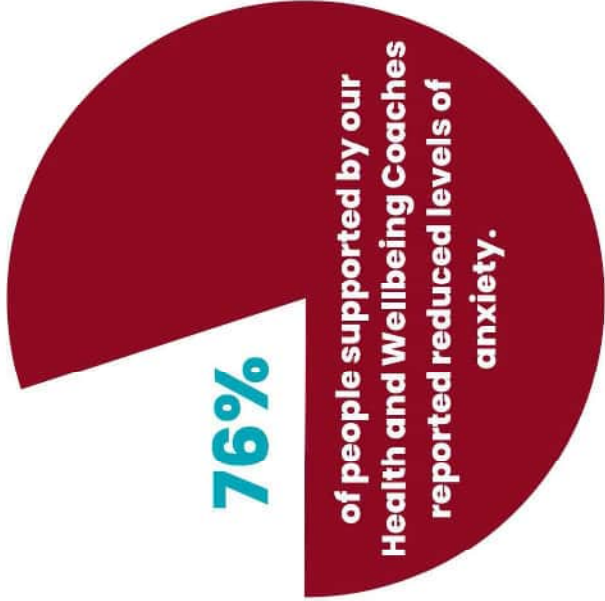
18

people have attended our newly formed group **SENDING Hope**,

Offering support to parents/carers of children with SEND and a place to hear advice and guidance from a range of experts.

We have secured over £4,500 worth of items,

including white goods, educational toys and books for children and vouchers for food and clothing.



Our Looked After Care project supports families who are involved with Social Services or are Kinship Carers, to support them to make long lasting changes and keep families together.

52 families have been supported this year,
With an average of two adults and two children in each family.



£7000 worth of items secured,

Including white goods, educational toys and books for children and vouchers for food and clothing.

9 children supported to return home,
Preventing them from going into care and keeping families together.



We have supported families to access **specialist support**,
Including support for addictions, mental health and physical health.



We have supported **survivors of domestic abuse** in court,
Supporting them through the process and securing prosecutions against their perpetrators.

83%

of individuals reported an improvement or remained consistent in Positive Behaviours.

78%

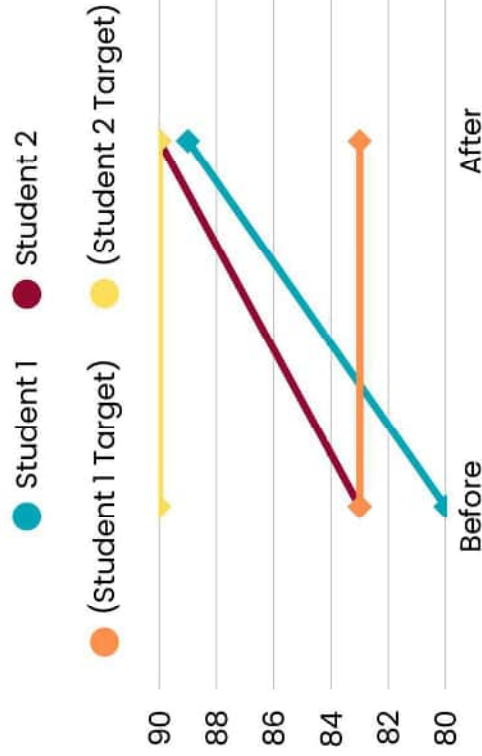
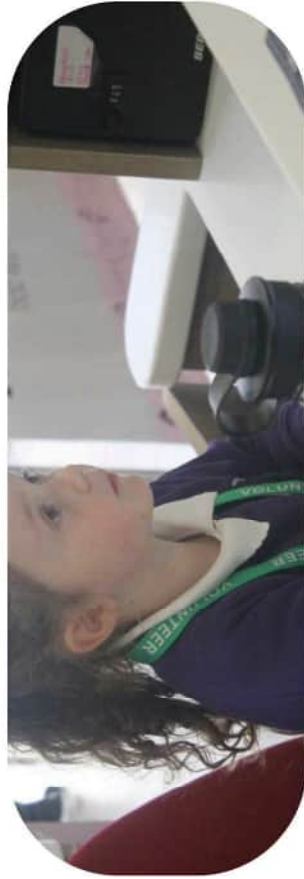
of individuals reported an improvement or remained consistent in Communication Skills.

86%

of individuals reported an improvement or remained consistent in Access to Community Activities and Support.

School Support

We know that supporting young people to remain in education that suits their needs is vital for them achieving their potential in the long term. We therefore provide in-school and community support in partnership with Silverdale School, Monkseaton High School and Burnside College.



Our first 2 students in a new school were set targets for improved attendance (%). They either met or exceeded them in a matter of weeks.

13 young people engaged directly at Monkseaton High School.

Delivered weekly gardening sessions at **Silverdale School**.

4 staff members provided to support at Silverdale School, providing classroom support and engaging activities for young people.

Howdon Youth Zone

This year saw the launch of Howdon Youth Zone in partnership with NE Youth. HYZ offers a safe space for young people aged 11-17 to attend to take part in a range of diversionary activities, create friendships and work to develop a resilient community. We now have over **170 young people** signed up and a regular attendance of around **40-50 young people** every Thursday and Friday evening!



90% of young people said HYZ teaches them valuable life skills.



79% of young people said HYZ offers them employability skills and opportunities.



79% of young people said HYZ helps them respect their community.



95% of young people said they feel safe at HYZ.



100% of young people said they trusted the staff at HYZ.

Howdon Youth Board

This year saw the development, expansion and relaunching of our Youth Board. The project was set up to give young people a forum to influence our work and have input on project design and delivery. After initial successes, including Family Gateway voluntarily waiving the differential in minimum wage for different ages, the Youth Board was placed under the supervision of our Youth Team, and has since grown in number and effectiveness.



11

young people are fully registered members of our Youth Board, drawing from many different areas of our work.

7

monthly meetings since relaunching at the start of 2025.

Benefits to Young People include:

- Uniform and branding designed by them.
- Shopping vouchers provided to reward their hard work.
- Chance to design and launch their own projects.
- Work experience, volunteering opportunities and team building exercises.

Some key successes this year:

- Taking part in the Change Makers research project with NE Youth.
- Relationship with Northumbria Police to get more police presence during Howdon Youth Zone.
- Presenting in front of the Family Gateway CEO and Board, as well as the Northumbria Violence Reduction Unit.



Reading

Our team have been privileged to offer support in Denbigh Primary School for young children to improve their reading skills.

We provided **91 reading sessions** this year, totalling over **90 hours** of supported reading and **565** individual interactions.



“

The Hub Volunteers have played a vital role in supporting children in KS1 with reading, offering individual attention and encouragement that fosters literacy development. By dedicating their time to sharing stories with the children, they have helped the pupils to build confidence, improve reading skills and cultivate a love for books. This personalised support has not only enhanced academic performance but also boosted self-esteem as the children feel valued and motivated to engage more actively in their learning. The positive impact is evident in increased reading proficiency, greater classroom participation and a more inclusive, supportive learning environment.”

”

Margaret Candlish, Assistant Head Teacher

Alternative Activities

We know that young people want to experience more than the traditional activities such as football, so we created a range of alternative activities that they can try.



16

young adventurers have taken part in our Dungeons and Dragons Club, writing and taking part in their own collaborative adventures.



19

young people have taken part in Ya Dig Meh, learning about fossils, geology and the treasures in the world around us.



60

young people have taken part in Gardenauts, learning to grow their own produce.

HAF

We work in partnership with North Tyneside Council to provide holiday activities for children aged 7-11 years old. They get to take part in lots of fun activities and have a healthy meal every day.

55 children attended across all of our HAF sessions.

600 water balloons were used in their summer water fight.

The children got to meet tarantulas, praying mantises, a snake, a giant land snail and mice.

Children went on a trip to Northumberland Zoo, learning about a variety of animals.

They even got to make their own healthy lunches with vegetables from our garden.



Barefoot Beginner

The first stage of our Barefoot Professional Training Programme for 16-24 year olds, delivered in partnership with Newcastle United Foundation. The course introduces young people to the concept of using your lived experience, skills and interests to help others, alongside awareness of health, nutrition and resilience.

37 young people completed the course.



88% felt more independent.



72% felt more motivated to find a job or move into education.

72% increased their Physical Activity levels.



88% had improved confidence.

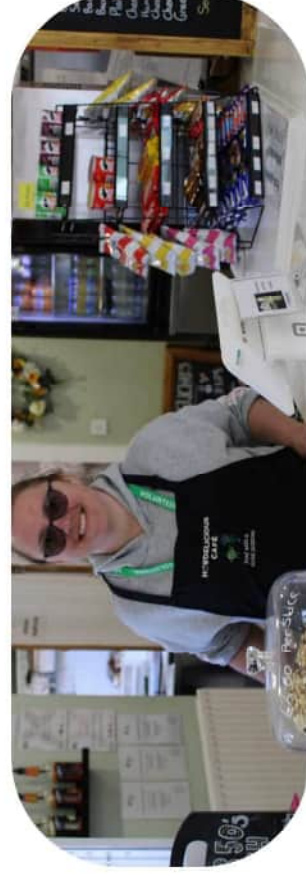


88% had improved employability skills.

Barefoot Trainee CUSTOMISED QUALIFICATION

The second stage of our Barefoot Professional Training Programme aimed at adults. The course provides an opportunity for people to hone their skills as a Barefoot Professional through volunteering days and a small community project.

17 people completed the course.



100% reported improved: work readiness, confidence, resilience, health and wellbeing, and communication skills.



Barefoot Franchise

The way that you could become a Barefoot Professional organisation to embed the model and promote long lasting change in your local communities.

Includes:

- “Train the Trainer” training.
 - Annual membership.
 - Quality assurance checks.
 - All resources.
 - Operating License.
 - 6 executive coaching sessions.
 - Accreditation verification.
- Branding including Barefoot plaque and website assets.



The Great North Run

This year we had 6 runners tackle the Great North Run to raise money for us. We're proud to say that #TeamFG was made up of people from the whole spectrum of our staff, friends and partners.



DAVID - 01:51:17 PB



NICOLA - 02:10:58



TIANA - 03:17:43 Debut



ADAM - 2:10:05 Debut



GRAHAM - 03:04:47*

*Including 45lb Backpack



LUCY - 03:17:43 Debut



We're incredibly proud of our team, especially as so many of them were tackling the Great North Run for the first time. Graham used his portion of the funding, as well as other running challenges throughout the year to fund a Bleed Kit, an invaluable resource for protecting public safety at our Hub.

Segelman
Trust

The
Henry Smith
Charity
founded in 1628

THE
MERCERS'
COMPANY

BALLINGER
CHARITABLE TRUST

W
Garfield Weston
FOUNDATION

F
Fidelity
INTERNATIONAL

NE
North East
Combined
Authority

P&G

NATIONAL LOTTERY
AWARDS FOR ALL
COMMUNITY
FUND

GREGGS
FOUNDATION

CAP
Community Alcohol Partnerships

JHT
THE JOHN HORSEMAN
TRUST

INTO
INCLUSIVE NORTH TYNESIDE OPPORTUNITIES

COMIC
RELIEF

Newcastle
University

Warm
Welcome
IN NORTH TYNESIDE

COMMUNITY
FUND

WELLBANK
FOUNDATION
Supporting Charities in the North East of England

HIGH SHERIFF
OF TYNE & WEAR

R.W.MANN
TRUST

The Joicey Trust
The Joicey Trust is a registered charity 1206690

Hays Travel
FOUNDATION

RISE. KPMG



Northumberland Village Homes Trust, Charles Robert Bell Fund, The 1989
Willan Charitable Trust, The Local Environment Action Fund, Ringtons, and
Wellesley.

We will be working in partnership with the community to write our 2026-2029 strategy in the coming months, but until then here are some key focuses for us.

- **We will continue to develop relationships with the systems around us including Health, Education, Police and the Local Authority to work together on our SPOA Model.**
- **Our Youth Projects will be expanding, with the launch of Resilient Futures, our new project in partnership with NUF, NE Youth and Wallsend Boys Club which aims to support the mental health of 11-24-year-olds in Howdon/Wallsend.**
- **Our friends True Colours Theatre have joined us in the Hub and we will work on developing and delivering wraparound support for those families who have children with SEND to provide a safe and welcoming environment for all.**
- **Our army of Barefooters will continue to expand, with our focus being on supporting local community members of all ages to understand how they can use their lived experience to support others.**
- **We will continue to involve the community in all of the decisions we make about our future and will be recruiting for our Community Board who will feed into our Board of Trustees and advise us on what the local families need from us.**
- **We will be developing closer relationships with local businesses who can support us with volunteering and employment opportunities and by sponsoring our community events.**

- If you are a professional or an individual looking to book a room within our Community Hub, please contact our admin team on admin@familygateway.co.uk.
- If you are interested in volunteering or finding out more about our Barefoot Courses, please contact Angela Donaghy on angela.donaghy@familygateway.co.uk.
- If you are interested in fundraising for us, please contact Aimee Perry on aimee.perry@familygateway.co.uk.
- If you are a local business and you want to increase your social value by supporting a local charity, please contact Aimee Perry on aimee.perry@familygateway.co.uk.



Our Trustees

Below is a list of all Trustees active on the Family Gateway Board during the period detailed in this report.

- Professor Margaret Anne Defeyter – appointed 1st February 2018.
- William Peter Fatherley – appointed 9th April 2019.
- Iain David Jamieson – appointed 1st February 2018.
- John Musson – appointed 29th March 2011.
- Joanna Nicole York – appointed 11th October 2022.
- James White – appointed 24th October 2023.

How are we structured and governed?

Family Gateway is a registered charity (registration number 1144453) and a company limited by guarantee established under a Memorandum of Association which states the objects and powers of the charitable company. It is governed under its Articles of Association dated 29th of March 2011, as amended on 3rd October 2011. The Trustees confirm that if the charity is wound up whilst they are trustee or if it is wound up within one year of them ceasing to be a trustee, they would be required to contribute an amount, not exceeding £1, towards the payment of debts and liabilities of the charity.

Recruitment and Appointment of Trustees

We recognize the importance of the breadth of skills and knowledge that our Trustees bring to the organisation and we recruit to meet specific needs in line with our work, our strategy and our charity governance obligations. A skills matrix system is used annually to review availability of skills against current and future plans and in this current year we have recruited two new Trustees using this system. Using the skills matrix, we have identified potential gaps in skills around Media and marketing & Finance and indeed local community members who would bring a raft of local lived experience to the board. We will be recruiting new Trustees over the coming year, including community representatives. Trustees are voted on to the Board of Trustees at the Annual General Meeting in accordance with our Articles of Association and all Trustees give their time voluntarily, receiving no payment or benefits from the charity. The Trustees who served the charity during the year are detailed in Appendix A.

As of the 31st of March 2025 there were 6 Trustees holding positions, representing a diverse mix of skills and experience. Two more potential Trustees were going through their initial induction process but were not formally appointed.

Recruitment and Appointment of Trustees

New Trustees are likely to know the background of the work that the charity does before joining the board and will have an appreciation of the charity's aims and objectives. A refreshed induction process has been introduced to ensure any proposed new Trustee understands the work undertaken by the charity prior to confirmation of their intention to join the Board of Trustees. This induction includes an informal meeting with the Chair and Vice Chair of the organisation and the CEO followed by an opportunity to shadow our Family Entrepreneurs, Youth, and Community Entrepreneurs and Health and Wellbeing Coaches ensuring that prior to any agreement or appointment a proposed Trustee has met with families in receipt of our services, staff and volunteers. This allows both the proposed Trustee and the organisation to decide if the skills base and our work are a good fit. The new proposed Trustee will then be invited to attend a Board meeting as an observer before applying formally for a role, thereafter due diligence checks are carried out. The main documents which set out the operational framework of the charity, including the Memorandum and Articles of Association will be shared and discussed with any new Trustees, along with our Directors Handbook. New Trustees will also be briefed on the current financial position of the charity with the aid of the most recent set of financial statements. Finally, the current resources, grant funding and other revenue streams as well as the future plans of the charity will be discussed with new Trustees. All Trustees are familiar with the practical work of the charity and have also been encouraged to consult the various Charity Commission publications signposted through the Commission's guide, "The Essential Trustee", and the information sheets provided on the Commission's website. All trustees are required to undertake a DBS and will be expected to undertake Trustee Safeguarding training within 6 months of being appointed and locally sourced good governance training within the first 12 months. In the forthcoming year, new Trustees may be appointed in line with the skills matrix gaps and the new areas of focus of the organisation.

The current Trustees will continue to ensure appropriate training is provided for themselves and that proposals are brought forward to regularly review the skills mix and capacity of trustees to ensure maximum effectiveness. One-to-one reviews with the Chair will support their development and inform succession planning for the Board.

Arrangement for setting key management personnel remuneration

No part of the income or property of the charity shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise by way of profit to members of the charity. This shall not prevent any payment in good faith by the charity to members, who are not trustees or connected parties, for the reasonable and proper use of any goods and services. Expenses may be reimbursed for any reasonable and proper out of pocket expenses incurred when acting on behalf of the charity. The board set the remuneration based on the financial position of the charity and by taking into account salary rates of people in similar jobs.

Organisational Structure

The Board of Trustees administers the charity, oversees its governance and sets the strategic direction in partnership with the CEO, senior leadership team and in consultation with the community and staff team.

Senior Leadership Team (SLT)

Julie Marriott – *Chief Executive Officer.*

Julie Dyos – *Quality, Risk and Compliance Manager.*

Aimee Perry – *Business Development Manager.*

Emma Price – *Operations Manager.*

On an annual basis SLT agrees the strategy and sets the objectives which are incorporated into the strategic plan. It meets every week to discuss actions and plans moving forward and to ensure all work is being completed to a high standard. A number of sub groups are established and overseen by a Board member to focus on core areas including Finance and Risk, People and Culture, Safeguarding, Health and Safety and Business and Enterprise. All sub-groups have clear Terms of Reference which are reviewed annually.

During 2024/25 the organisation had a restructure at SLT level, with Emma Price moving into Operations Manager and Julie Dyos moving into Quality, Risk and Compliance Manager. Robert Jacques, the previous Head of Finance and Compliance retired from the organisation. Executive staff have been granted a range of delegated authorities by the Board of Trustees in order to run the organisation efficiently.

Pay Policy for Senior Staff

The Board of Directors, who are the charities Trustees, give their time freely and no Director received remuneration in the year. The pay of senior staff is reviewed annually and no pay increase was given to the CEO this financial year. Senior staff salaries are considered in line with the organisations size, the complexity of the roles, and the responsibilities that staff carry. Senior management salaries are benchmarked against similar roles within the market and the availability of skills for key roles.

In 2023/24 focus was given to reviewing the pay, terms and conditions of our delivery team of Family Entrepreneurs/Community Entrepreneurs/ Health and Wellbeing Coaches/ Young Persons Entrepreneurs, in line with our pay and remuneration policy to address the cost-of-living crisis and changes implemented by the UK government in relation to minimum wage, national insurance and the threshold in which NI is paid.

Our focus will remain on enhancing the salaries of those staff at the lower end of the pay scales and the enhancement of terms and conditions as the organisation understands the impact of our work and wishes to protect the health and wellbeing of our staff team leading to stronger outputs. However, the fundraising, trading conditions and environment have changed substantially within this period with the backdrop of a new government and significant global factors. This has impacted greatly on the organisation limiting our ability to invest in other areas and forcing a reevaluation of our delivery model. It is clear that these challenging conditions will remain and continue to present real challenges in the sector.

Risk Management

The Trustees have a risk management strategy that comprises:

- A robust agile organisational risk register available to all staff
- Weekly updating of the risks register at SLT level
- Monthly operational finance and risk review meeting. This group includes the CEO, Quality Risk and Compliance manager and Finance Coordinator.
- Review by the risk & finance sub-committee comprising the CEO, Quality, Risk and Compliance Manager, and two further experienced trustee. This group meets bi-monthly to reassess the likelihood and impact of identified risks.
- Bi monthly review of the risk register by the board of trustees.
- Cascading of risks and mitigating actions to management and project teams and other board sub-committees via an annual meeting cascade.
- Detailed action plans mitigating identified risks.

Key Controls that the organisation use to mitigate risk include:

- Monthly strategic reviews and financial planning reviews.
- Robust safeguarding processes and policies, including our continually improved and reviewed in house safeguarding training to ensure staff and service users are safe.
- A robust training plan for all volunteers, students, staff and trustees.
- Strong and robust authorization and approval processes for financial approval.
- Strong communication protocols throughout the teams to ensure cascading of information and policies.
- Staff Newsletter each month which includes key policy updates, news and information.

Due to the nature of our work and the public access of our building, we have identified the key risks for the organisation are Health and Safety, Safeguarding of staff and beneficiaries and the challenging funding landscape and cost of living crisis. Therefore, health and safety, safeguarding and good financial management are the areas we focus upon. We have an annual sequenced process of policy review in place, governed and overseen by the People and Culture Sub Committee. In addition, this year, we have put in place the senior leadership post of Quality and risk manager to oversee and support all areas of risk management. Our Health and Safety committee oversees all key Health and safety areas and our Safeguarding Committee oversee all areas of safeguarding adults, children and young people.

Health and Safety and Safeguarding are also part of every staff supervision which takes place every four to six weeks, supported by our employee assistance programme and individual coaching. In addition, we have designated safeguarding leads and an on call senior leadership system to support staff and critical decision making.

Financial Statement

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Effective 1 January 2019)"

Financial Performance

The 2024/2025 Financial Year was the second year of a three-year Strategic Plan, aimed at taking Family Gateway forward and positioning our services at the forefront of being able to serve the community in which we operate. We had to factor into our plans the challenges presented by an everchanging and under pressure funding landscape coupled with a continuing cost-of-living crisis and the government directed changes to employers' national insurance, increased minimum wage and changes to the tax threshold. The fundraising and political landscape impacted by global factors remain a significant challenge to us.

As with previous years, a number of factors presented themselves which required innovative and creative thinking in order to meet the challenges whilst striving to move forward. Increased demand for services, increased demand and competition for funding and unstable political factors all led us to focus on creating deep and meaningful relationships with funders who could provide long term, sustainable funding in order to meet the needs of the community. In addition, our focus and investment this year was on the development of our training and operating model-The Barefoot Professional Model with a view to increasing sales and tender partnership opportunities in the future with this innovative and impactful resource, owned and trade marked by the organisation.

Increased running costs for our building and services, reflective of the cost of living crisis have impacted on our financial position due to us providing our services from our Hub in Howdon. We have attempted to overcome some of these challenges by installing LED lights throughout the building, new windows, new doors and solar panels, which should reduce utility costs in the long term. We have also upgraded our internal and external security systems in line with our safeguarding commitments and increasing service offers to some of the most vulnerable children and adults in our area. This enhancement contributes significantly to the safety of the most vulnerable people and children in society making our space accessible and creates opportunities for new partnerships broadening our offer. Our Funded Activities reflect a balanced portfolio of projects more in keeping with our original ethos and purpose. We have resumed, continued and improved much of the work with vulnerable families and individuals we were involved in pre covid. Howdelicious Café has traded successfully throughout the period, continuing to employ three members of staff and providing opportunities for students and volunteers. There have been challenges in this service again, associated with the cost of living, in particular food costs.

We decided in the year 24/25 to continue to invest reserves into our frontline team and their development to ensure that we were able to continue to deliver a high standard of support for the community based on what they wanted to see. Quality delivery is an underpinning driver for us as an organisation as it is only through quality and sustained delivery, that long term change can be achieved. It was also important during this period to invest further into our Barefoot Professional Model in order to have gains in the future through the sale of this model. As an organisation, and a sector, we did not foresee the changes from Government which then led to increased expenditure on NI and increased wages. The lack of insight and notice without doubt has contributed to our year end as our investment plans were made, prior to the budget and its impact on costs to the organisation. This impact has been absorbed and actions were taken to mitigate some of the risks associated with this by restructuring key elements of the business.

Looking forward to 2025/2026, we anticipate many of the factors noted will continue to put pressure on us and the sector as a whole. However, we believe that the investment we have made this year into our model, our base and staffing resource will in the longer term demonstrate that the investment is wise and pertinent to growth within a difficult environment. We will continue to invest in our business and development roles and support structures in order to capitalize on building key relationships and securing funds short, medium and long term alongside diversifying our income streams.

Reserves Policy and Going Concern

The Charity operates with only limited financial resources; therefore, the Finance and Risk Sub-Committee of the Board of Trustees regularly assesses and reviews its Reserves Policy in line with the financial performance, risk and the external environment. The Charity's policy is that unrestricted funds not committed or invested in tangible fixed assets ("the free reserves" should be sufficient to maintain core services in the event of the cessation of restricted funds.

After due consideration the Trustees have decided that a realistic and appropriate target for free reserves is 3 months of support costs which equates to £217,000. At the balance sheet date, the free reserves stand at £448,000. The Board considers that our reserves target is adequate and we will now, after this period of investment continue to maintain and build our reserves over the remaining duration of this strategy and next, without compromising our standards and objectives. We have to balance our continuing need to expand and innovate against the need to conserve funds to extend the operating cost cover period and this requires careful funds management.

Financial Statement

During the year the Charity's income was £770,703. This is a decrease from the year before which can be attributed to a decline in donations and legacies, offset by increases in other income and charitable activities with other trading activities slightly down.

Investment Policy and Objectives

The Trustees are committed to retaining a prudent level of reserves within the Charity's funds. However, most of these funds are spent in the short term, so there are few funds available for long term investment. Having considered the options available, the risks facing the Charity and the Reserves Policy as set out above, the Trustees have decided to invest surplus monies in an Instant Access Deposit Account, held with its current bankers, Barclays Bank PLC.

Statement of Trustees Responsibilities

The Trustees (who are also the directors of Family Gateway for the purposes of company law) are responsible for preparing the trustee's report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed by
Iain Jamieson
DIRECTOR

Signature: _____

Name: Iain Jamieson _____

Position: Trustee

FAMILY GATEWAY

England & Wales - Charity number 1144453

Accounts



Annual Report 2024





Family Gateway

(A company limited by guarantee)

Annual Report and Financial Statements for the year ending 31st March 2024

Company Registration number: 0758330

Charity registration number: 1144453



Contents

Foreword by the Chair of Trustees - Page 4

Section 1: Who are we?

- The backdrop to our work – Page 6
- Who are we? – Page 7
- The Barefoot Professional Model™ – Page 8
- Resourced and Ready: Supporting our Barefooters – Page 11
- Our Outcomes – Page 12

Section 2: Howdon Community Hub: Summary of activity 2023/24

- Our Home in the heart of Howdon – Page 14
- Holiday Activities – Page 15
- Celebrating our Armed Forces – Page 16
- Howdelicious – Page 17
- Tiana's PALS – Page 19
- Our partners – Page 21
- Fit Mind Boxing Warriors – Page 24

Section 3: Section 3: Family Services: Summary of activity 2023/24

- Health and Wellbeing – Page 28
- Looked After Care – Page 29
- Youth Support – Page 29

Section 4: What's next?

- Focus on our Four Pillars – Page 33
- What's coming next year? – Page 35
- Get Involved – Page 37
- Summary from the CEO – Page 38

Section 5: Structure, Governance and Financial Performance including Director's report

Appendix A - Sitting Trustees 2023/24

Appendix B - Reference and administrative details

Appendix C - Full Financial Accounts

Foreword by the Chair of Trustees



Two years ago, with input from the local community, our staff and volunteers and our Board of Trustees we conducted a full strategic review. The thrust of which, somewhat obviously, was to focus on our core mission of working with whole families to improve life chance outcomes. In this we recognised our limitations and therefore have been working with key strategic partners to meet the families' needs, introducing services which cater from birth through the teenage years to those with extensive life experiences!

Over the course of the last year, we have made considerable progress with a number of initiatives which are described in more detail in the following pages. Amongst which are our 'homegrown' Tiana's PALS: catering for the youngest in our community, as well as partnerships with Newcastle United Foundation and Dropzone Elite Fitness developing sporting interests.

With the results of the General Election now known and the election of the first Mayor for the North East the political landscape is at least becoming more settled. However, with ongoing fiscal constraints we await full clarity on the local and national political priorities and how we position ourselves to best meet our communities' needs.

Through the life of Family Gateway we have majored on our Barefoot Professional Model™ which we believe contributes to our success and exemplifies our core values. This model is constantly being refined as we strive for even higher standards.

Family Gateway continues to be an innovative, flexible organisation that is responding to the changing needs of our community. The successes we achieve are down to the hard work of our committed, dedicated team of staff and volunteers, supported by our CEO and my fellow Trustees, to whom I offer my sincere thanks.

Much of the work we do with families is longer term and is only possible through the continued generous support from our many funders. However, as you will see as you read the rest of the report, I believe their faith in us is rewarded by some significant positive outcomes.



Iain Jamieson, Family Gateway Chair of Trustees
Written July 2024



Section 1: Who are we?



The Backdrop to our work

Throughout its lifetime, Family Gateway has served some of the most deprived, vulnerable and forgotten communities across the North East. In 2017, we began to put down permanent roots in Howdon as we took over the long-term lease of Howdon Community Hub. Large swathes of Howdon were built as public housing in the aftermath of the Second World War. The area still bears the signs of the coal industry, with former pit sites now being used as playing fields or for transport infrastructure. These close ties to mining make Howdon a historically working-class community, and the markers and issues associated with that still show in the work we do every day alongside our community to improve outcomes.

Since our last Annual Report, Family Gateway has undertaken a radical transformation in structure, governance and direction. This has allowed us to be better equipped than ever before to support our communities in tackling an ever-growing range of challenges. We've recently returned to work in South Tyneside, and have deepened our relationship with local schools to deliver both support services and activities directly in the community. We continue our partnership with The Bread and Butter Thing, and recently contributed to policy and research via ties to The Centre for Social Justice and the End Child Poverty Coalition. Closer to home, we've deepened our links with the Newcastle United Foundation, with some of their staff now permanently based at Howdon Community Hub, and recently launched our new Youth Matters project: Howdon Youth Zone with NE Youth. We often tell the people we support that they don't have to do things alone, and we demonstrate that by delivering high quality work in partnership with other fantastic charities. Values in action.

Throughout this change, we have become even more dedicated to learning about the lives of families and individuals in our area, and working innovatively and effectively to help them achieve their goals. 73.6% of people of working age in North Tyneside are in employment, but 29.8% of households still live on relatively low income (the latest available national figure is 22%). This shows that we need to work to improve the quality of employment available in the area. In the last financial year, we have employed 3 new members of staff, some of whom had previously faced unstable or long-term unemployment, as part of a wider recruitment drive which also included a Training and Development manager to bolster our volunteering and training offer. We also offered expanded roles to 12 staff. These expanded roles went to staff who've proven that their life experience is one of their most valuable qualifications: true Barefoot Professionals. Every staff member has also received improved pay and conditions, and at the insistence of our Young Person's Board, we agreed that age related caps on wages would not apply within Family Gateway, at any level. Our initiatives and improved pay and conditions are designed to reward our staff for their dedication and recognise the impact of their work, and to demonstrate to our communities that people who look like, sound like and think like them can achieve rewarding and stable work in the places they call home. This is just one example of our approach to tackling high level issues in the North East. We understand that we may not have the resources to address all issues, we acknowledge that we are not the expert, answer or solution to all of our communities' needs. We are also aware that we cannot directly change the systems around us but we can, however, have a positive impact on people's lives in a way that spreads throughout the community which may in the short, medium and long term change the outcome within their lives and enhance their control and engagement with the systems around them.

Giving one person the skills to address their problems can improve the school attainment of their children. Giving someone a worthwhile job can show the next person what is achievable when they dedicate themselves. Diverting young people from anti-social behaviour can free up police resources to keep our streets safer.

By the time you read this report, we will have the outcome of our UK General Election. We will have elected our first ever North East Mayor and a new Police and Crime Commissioner. We are already working hard behind the scenes to ensure we are positioned to take full advantage of any opportunities these changes may present and improve our understanding of the contribution we might make. This report will show you the foundations that are being laid now to ensure that we can achieve the goals laid out in our 2023–26 Strategic Plan, and set even more ambitious goals to see us beyond 2026.



Who are we?

Family Gateway operates across the North East of England, working in the community with children, individuals and families to alleviate poverty, improve choice, enhance life aspirations and boost employability. We apply our Barefoot Professional Model™ to all our work: recruiting from our local community those with lived experience. With this shared experience we can build trust quickly in order to work holistically and for as long as it takes to ensure better outcomes and choices are afforded to those often seen as the most difficult to engage with by mainstream services. We do this by working across Health, Education, Looked After Care, with children in need, and with those affected by poverty and the criminal justice system. From our Community Hub in Howdon, we provide a range of enrichment activities alongside advice and guidance and provide a centre accessible to all, a place where an individual can seek support and access the right intervention or service for them at their pace.

Our mission is to support and empower families and communities to make the changes needed to improve life chances for children

Our purpose is articulated in our charitable objectives as:

- 1. The prevention and relief of child poverty through the promotion of parental employment and the provision of assistance to parents and young people seeking employment across the UK**
- 2. The advancement of education through providing, or assisting in the provision of, education and training for parents and young people across the UK to develop their potential to become employed**
- 3. The development of the capacity and skills of the members of the socially and economically disadvantaged communities across the UK in such a way that they are better able to identify and help meet their needs and participate more fully in society**
- 4. The promotion of social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society**

The Barefoot Professional Model™



The Barefoot Professional Model™ provides people the security, resources and coaching to work in community spaces that facilitate unique, positive and lasting social and personal change in their own communities. Our staff look like, sound like, and have often had similar experiences to the people they serve. They are fantastic role models, and proof that you can be successful and attain not just a job, but a career that is exciting and rewarding even when you've taken an unusual path to get there. Our experience and model compliments others and does not seek to minimise or devalue the experience or qualifications of others, it merely serves as an example to all that there are many roads to success. A Barefoot Professional is someone who uses their invaluable lived experience to demonstrate to their community that it is possible to thrive in life not **despite** your experiences, but **because of them**.

As an organisation, we are extremely proud of our Barefoot Professionals and the Model in which we work.

As we look back over the last twelve months, our focus will be on celebrating Barefoot and the impact it can have to support communities.

The Five Core Principles of the Barefoot Professional Model™



Qualified by experience

We create impact in ways that other organisations struggle to because we've lived the experiences of the people we support. Our stories are more than enough to make us into skilled and trustworthy professionals.



Self determination

Our model differs from other Lived Experience models because there is no set blueprint for the success of the people involved. We do not mark success by how well we mould someone into a pre-existing image, but by how well we allow them to create their own vision for their life.



Check and challenge

We equip people with the power to stand up for themselves and their communities. A healthy amount of check and challenge is essential to ensure our organisation is always doing what's best for everyone.



Uniqueness of place and person

Our model works because people see themselves in us. Challenges and experience vary hugely by region and by place, and we understand that a Barefoot Professional from North Tyneside wouldn't be as effective in North Yorkshire.



Progression and ambition

We encourage our Barefoot Professionals to think big and always be looking ahead to the future. Our organisation is a safe place to hone the skills and knowledge needed to move into dream jobs in the charity sector and beyond.

Staff Spotlight: Collette

Collette has worked with us at Family Gateway for around 14 years now and has been with us since the start through working on our pilot project. Over the last twelve months she has achieved the role of Senior Family Entrepreneur within our Family Services Projects, recognising her hard work, skills and dedication within the organisation.



Collette has built up her confidence by being given added responsibilities step by step, including becoming a Safeguarding Lead and overseeing our quality checks. She now also supervises our student placements, offering day to day advice, guidance and practical support whilst they are with us. Collette's wealth of experience and deep knowledge of her work are invaluable assets to the team, and we look forward to seeing how she develops in the future.



Staff Spotlight: Lucy

Lucy came to us as a student on placement whilst in her second year of studying Childhood and Early Years Studies at Northumbria University. During her placement, Lucy opened up about university not being the right fit for her and she struggled to know what to do next to achieve her goals. After finishing her second-year studies, she applied for a full-time role with us as Hub Assistant and successfully joined the team.

She now works as a Young Person's Family Entrepreneur and Community Entrepreneur, continuing her front of house role in our Hub whilst also joining our Youth Team, furthering her career goals. She is growing in confidence each day and has demonstrated a natural skill in working with young people. Lucy will no doubt flourish even more over the next twelve months and we are excited to see what is next for her.

Resourced and Ready: Supporting our Barefooters

As any organisation knows, especially within the voluntary sector, our staff team is vital to creating the right culture in order to support the community. We recognised that we needed to do our best to look after our team, so over the last twelve months we have significantly improved our terms and conditions.

We now offer all staff:

- 25 days annual leave
- An additional leave day for their birthday
- An additional leave day at Christmas
- All bank holidays
- Two wellbeing days so that staff can take time to look after themselves
- Stuck not Sick policy so that staff don't have to use their sick days unnecessarily
- Two paid wellbeing breaks per day for all staff regardless of contracted hours
- Up to one hour per week paid wellbeing session so that staff can take some time for themselves to attend an activity or wellbeing session
- Use of our community gym
- Generous sick leave
- An Employee Assistance Programme which offers confidential advice and support for staff and their family members 24 hours per day, including six sessions of counselling
- An additional holiday purchase scheme
- Flexible working arrangements
- An emergency loan of up to £500 per year
- 4% employer contributory pension scheme



We feel strongly that these additional benefits, along with our excellent new training and development offer, will support staff to feel comfortable and secure for as long as they are with us, as well as attracting new individuals to the organisation. We would not be able to deliver the high-quality work we do without continuously improving our collective knowledge and working practices. To that end, this year we recruited a Training and Development Manager to ensure our staff have access to the skills they need to do their job to the highest standard. Our Training and Development Manager, Emma, has created a centralised training register to allow all staff to choose skills they wish to develop, as well as working closely with all of our teams to ensure we're all ready and able to carry out our work. This year, we'll be spreading this resource to our community as Emma delivers the first cohort of our revised and updated **Be Your Best** course. Be Your Best is designed to be the foundational training in a wider course that allows local people to develop their skills and move towards their goals, all whilst living their life with the values at the core of our Barefoot Professional Model™.



I am really excited that training is now underway for our staff and members of the community. Our staff are qualified by experience, and the completion of formal training will enhance their skills and knowledge and build upon the high-quality support they already offer. This investment in continuous professional development helps staff members to reach their career goals and supports the charity to achieve its overall strategy



Emma Price, Training and Development Manager



Our Outcomes

In line with our three-year strategy, we decided this year to create outcomes that all of our services, groups and activities could use to measure progress and identify areas of need.

Over the last year, our outcomes are as follows:

90% of individuals have reported an improvement or remained consistent in **positive behaviours**

87% of individuals have reported an improvement or remained consistent in **communication skills**

88% of individuals have reported an improvement or remained consistent in **health and wellbeing**

86% of individuals have reported an improvement or remained consistent in **work readiness/aspiration levels**

91% of individuals have reported an improvement or remained consistent in **household finances**

86% of individuals have reported an improvement or remained consistent in **access to community activities and support**

These outcomes really demonstrate the hard work that our Barefoot Professionals put in on a daily basis, but more importantly they show what can be achieved by the children, individuals, young people and families we support when we work together and walk the journey with them.

These are not our successes; they are our community's.



Section 2: Howdon Community Hub

Our home in the Heart of Howdon

In 2017, we took over management of the building formerly known as Howdon Community Centre and rebranded it to Howdon Community Hub. Today, the Hub is a home with deep roots in our community; a foothold that allows us to have an impact in many different ways for residents from all walks of life.

Howdon Community Hub offers:

- A vibrant timetable of activities and sessions for all ages, facilitated both by our staff and local businesses and organisations.
- Howdelicious Café and Catering: offering delicious and affordable drinks and food, as well as external catering for all occasions.
- Tiana's PALS: our dedicated service offering sensory and play sessions for ages 0–8. Sessions are designed to be engaging and educational, for just £3. They all take place in our newly refurbished and bespoke playroom.
- An outdoor MUGA (Multi-Use Games Area), facilitating a range of sports sessions as well as private hire. Perfect for a kick about!
- A thriving garden area, with a large polytunnel and shed for our regular gardening clubs. We're always on the lookout for green-thumbed volunteers!
- A fully equipped Gym, with single sessions costing only £2.50 and memberships £15 per month. Our Gym is perfect for those looking to get back into exercise, or fit a quick session in around a hectic life. For those who need guidance, Dropzone Elite Fitness offers tailor made personal training services from our Gym.
- Direct access to support services offered by our Family Services Team, Health and Wellbeing Coaches and our colleagues in other charities.

Over the last twelve months we have had approx. 27,600 people access the range of services and activities that we provide at our Hub. Once we include all of our guests, visitors and people using the Café, we have seen around 50,000 people use our Community Hub just this year!

Approx. 2,000 people have used our amazing new Multi-Use Games Area to take part in a range of physical activities.



The Hub is a lesson in constant improvement and refinement, and a large part of our efforts go into ensuring the space keeps up with the changing needs of our community. This year, we've seen lots improvements in our building:

- Decoration and improvement of our Westminster, Albion, Coventry rooms, as well as the introduction of the Family Room.
- Our newly resurfaced MUGA officially opened in May 2023, and has seen sessions delivered by Newcastle United Foundation, LB Sports, Wallsend Boys Club, Northumberland County Cricket Board and England Netball. The recently agreed partnership with Newcastle United Foundation is a fantastic opportunity to progress this facility and our sporting offer further.
- Improvements to the outside space including front, back, nature, and community gardens.
- Installation of our Friendly Bench in September 2023.
- Internal remedial work completed including electrics, plumbing, roof, removal of a tree.
- Installation and introduction of a fob system to the Hall, to ensure we can safeguard our growing number of guests.
- Tiana's PALS launched on 9th April after a renovation of the nursery space, providing a space on par with other sensory spaces for babies and toddlers.
- We are now an official partner of Newcastle United Foundation and the renovation of Coventry including new carpet and Foundation branding has been a brilliant addition to the Hub.

Holiday Activities

During the past year, we successfully delivered more HAF provision for primary school-aged children over the Easter, Summer, and Christmas school holidays. **These programs spanned a total of 24 days and were attended by 608 children, resulting in 2,432 hours of engagement.**

Each day, participating children were provided with nutritious breakfasts and lunches, ensuring they were well-fed and energised for the various activities planned. The children engaged in a diverse array of physical games, arts and crafts, and educational sessions focused on food and nutrition.

The Northumberland County Cricket Board contributed significantly by delivering a series of fun games involving throwing, catching, and batting balls. These sessions were particularly popular among the children, giving them a chance to try a sport that many hadn't before. Additionally, Graham of Drop Zone Fitness and Fit Mind Boxing Warriors provided boxing sessions, which were met with great enthusiasm.



A highlight of the program was a trip to Safety Works, where the children participated in interactive sessions on safety, covering topics such as fire, water safety, and the safe use of the Metro. Another notable visit was to Howdon Library, where the children took part in a drama session and participated in the Summer Reading Challenge, fostering their creativity and love for reading.

For the first time, our HAF program integrated closely with The Bread and Butter Thing (TBBT). Five children, aged 10–11, experienced the full TBBT service, including unpacking food from the delivery van and packing it into bags for purchase and collection. This hands-on experience was highly rewarding for the children, who were thrilled to be part of the broader Family Gateway team of staff and volunteers. One child expressed a keen interest in returning as a volunteer during future school holidays. In light of this positive feedback, we plan to organise a family volunteering day for TBBT in the future. Alongside the main TBBT service, we received additional food supplies, which allowed us to replicate the packing process separately. This food was also used in a "design a meal" competition, providing a valuable learning opportunity for the children to apply their nutritional knowledge creatively.

Overall, our holiday programs not only provided essential childcare and meals but also fostered community engagement, physical activity, and educational enrichment. These initiatives have had a lasting impact on the children, equipping them with new skills, knowledge, and a sense of belonging within our community.



Celebrating our Armed Forces

Throughout the year, we offer a range of events for members of the local community to attend. These include our Summer Fair (which will be returning next year), our Christmas Fair and lots of visits from our Elf friends when they aren't too busy in the North Pole. However, we know that our community loves one event more than all of the others: Armed Forces Day.

Each year, we work alongside the 5th Fusiliers to celebrate the work that our Armed Forces have done throughout the years to protect us all. We are extremely proud of our work that we do with serving personnel, veterans and their family members. But most importantly, we are so glad to see members of the community enjoying this event year after year!



Howdelicious

At the heart of Howdon Community Hub is Howdelicious, a modern and contemporary café serving delectable and affordable food to our community. As the Cost-of-Living crisis continues to stretch household budgets, Howdelicious allows people to still enjoy a takeaway coffee or dining out. Our main aim with Howdelicious is to make sure that cost isn't a barrier to anyone when they're looking to access good food, good company and all the social benefits of community spaces. Our menu is designed to offer a wide range of dishes, which appeal to the whole family.

Not only does Howdelicious have an impact in Howdon with the food it serves, it also makes changes in the lives of the people who serve it. At Family Gateway, we believe the strength in our model can be seen in every role within the organisation.

We say that no one role is more important than the other, we all have our part to play. Nowhere is that more obvious than behind the scenes at Howdelicious. Our kitchen and front of house team come from all walks of life. Several had experienced long-term unemployment before finding work with us, some had been supported by Family Gateway's Support Services and came on board via volunteering, and some are proud military veterans.

The Howdelicious Team are a pivotal part of our community and provide not only delicious food, but also a friendly face for many individuals, particularly those who may otherwise be isolated. They often act as a first point of call for many individuals who build up the courage to discuss challenges they may be having whilst they are ordering their lunch or deciding which treat to buy. They can then offer a range of services and activities and more in-depth support and guidance from our Family Services Team if needed. Having a fully equipped kitchen and café space has enabled us to expand the timetable at Howdon Community Hub: our Health and Wellbeing Groups, and drop-in support offered by our partners all take place in the café. We are able to accommodate higher numbers and more varied activities in our youth provision utilising this space. Howdelicious proved that we are having an impact across our community, in ways that are sometimes unexpected. We know that a cup of tea and a friendly face can sometimes be the starting point of a deep and meaningful change in someone's life.

Staff Spotlight: Yvonne and Richard

Yvonne and Richard have both previously been service users within our organisation, from our Family Services support, to using our gym and Community Hub facilities. They both experienced long-term unemployment and struggled to believe that they would be able to secure employment that meant something to them. By coming in and using our services, they began to increase their aspirations and see what opportunities were available for them so that they could give back to their community which they loved.



They are now both employed as part of our Howdelicious team and work hard every day to keep the staff and community fed with healthy, nutritious and delicious meals and snacks, all with a smile on their faces.

Both Yvonne and Richard have dramatically improved their confidence and we are sure that they will continue to grow whilst with us.

We can confidently say that all of our staff and the community are very grateful for them both and they play a key role in making Howdelicious such a warm and welcoming place to eat.

Tiana's PALS

This year, we saw the launch of our standalone service of Tiana's PALS (Play And Learn Sessions) which provides a range of affordable activities and sessions for children aged 0-8 years old.

As most people who have worked alongside us will know, Tiana came to us as a service user and has worked hard over the last few years to develop our early years provision. She has now created a wonderful, welcoming and exciting space of her own and has already welcomed many babies, toddlers and children into her sessions. Tiana is an outstanding example of a Barefoot Professional and we are extremely proud to let everyone know what Tiana's PALS has on offer.



Baby Massage - Our 4 week courses are the perfect way to transition your newborn into their new world. Introduce your baby to soft music, calm lights, and allow them to relax into a gentle massage. Each week we will focus on a different area of the body, leading up to a full body massage and learning techniques to help relieve common baby ailments such as colic, wind and constipation. The perfect way to bond in the first few weeks of your new adventure together.

Baby Social - Help your little one make their first friends, and meet other new parents with our weekly Baby Social classes for little ones who aren't quite mobile yet, and bigger ones who are sitting up and taking their first steps. Babies will love playing with the bubble machines, parachutes and sensory activities. A great chance to develop fine and gross motor skills, body awareness and strengthen those important muscles.

Toddler Group - Our loud, messy and super-fun sessions for ages 0-4. A chance for slightly bigger kids to get stuck into active play, role play and dress up, and arts and crafts. The best bit is, it's designed in line with the EYFS framework, and prepares them for that big leap into Nursery!

Story Explorers - Start their love of stories early! Each week, we will bring a new story to life through singing, Makaton, story-telling, messy play and tuff trays. Get your little one a head start on their reading, before they move on to our After the Bell sessions.

Daddy & Me - Dedicated time for Dads to bond with their little ones. All the fun of Toddler Group but made to allow Dads that quality time they don't always get. Meet other Dads and see your little one grow and learn through activities designed in line with the EYFS framework.

SEND Toddler group - The same messy, active and fun stuff as Toddler Group, but designed to be welcoming, fun and safe for children of all abilities. Our staff understand the needs of families and children living with SEND, and have specifically designed the activities with knowledge drawn from additional training about their needs. These sessions are a great chance to access peer-support from other parents who see through the unique lens of raising a child with SEND.

After the Bell (3-5) - A chance for the smaller ones to get involved in all the same fun of After the Bell, with an extra focus on early Literacy and Numeracy skills. Get them ready for their next steps with a slightly more structured session designed to replicate Nursery or Reception. A great place to make new friends, to go with them on their journey through learning.

After the Bell (6-8) - A nice cosy story time with arts, crafts and games based on a new, engaging story every term. We are a Makaton Friendly venue, and every course ends with a performance to show off your child's newly learned Makaton skills to friends and family. Included in the price is a hot meal at every session, and a story sack with toys and activities to allow the fun from that term's story to continue at home.



Our Partners

As an organisation, we know that we cannot do everything by ourselves. That is why we have worked hard over the last twelve months to create meaningful relationships with partners; that can really bring something to our community from a place of experience and knowledge.

We have created and maintained some extremely valuable relationships that have allowed us to grow in terms of what we are able to deliver in order to best support the people that matter the most.

Here are some examples of the partnerships that we have created that have really made a difference over the last year.

Newcastle United Foundation

The love for Newcastle United runs deep in our area, and we understand that the club represents a trusted and beloved brand for a lot of our community members. That's why we're proud to be a dedicated and close partner of the Newcastle United Foundation. Our partnership began when we became one of the venues for the Foundation's Premier League KICKS sessions: a weekly, free football programme for ages 8–18. These sessions quickly became some of our most popular, and an excitable queue of young people is a regular sight on floodlit Thursday nights. This partnership eventually grew as the Hub became home to the Prince's Trust TEAM classes delivered by the Foundation. TEAM allows young people to develop new skills, work in a team with new people and ultimately gain qualifications. Family Gateway helps them achieve this by offering work placements during the 12-week courses. In early 2024, we cemented this partnership even further with the signing of an agreement to deliver the **United for Opportunity** programme, alongside the Foundation, to young people aged 16–24 living in the area and those transitioning from the care system. The project will empower participants to raise their own aspirations and identify next steps that spark their passion. In addition, this agreement included a shared member of staff to develop the sports offer at the Hub and new branding in what became the Foundation's permanent home in our centre. Both organisations believe in investing in our future, and that together we are stronger.



Dropzone Elite Fitness

After a career serving proudly in the parachute regiment, Graham Donaldson set up Dropzone Elite Fitness to share his passion for physical fitness and boxing, and the significant impact it can have on people’s lives. This first took shape at Howdon Community Hub when he came to us with an idea: Fit Mind Boxing Warriors. Since 2022, these free 6-Week courses have allowed local young people aged 7-16 to develop their confidence, self-belief and fitness through intensive non-contact boxing training. A core programme on our timetable, these courses take young people who are often struggling at home or at school, and show them just how much they can achieve when they dedicate themselves to their goals.



Since leaving the army I have wanted to be able to help people change their lives, through health and fitness. I have the skills to enable people to achieve real results, not just physically but also help them build that mental strength and improve overall health



Graham Donaldson, Head Coach: Dropzone Elite Fitness



In 2023, Graham added Women’s Boxing sessions to our timetable, and brings that same tailor-made approach to coaching women who are often the parents of our Fit Mind Boxing Warriors. It has been amazing to watch how improved self-belief through fitness, activity and wellbeing can spread into other areas of your life leading to long term changes. Graham has recently expanded his offer by basing his personal training sessions in our Gym. Whether you’re looking for 1-on-1 or small group training, our Gym is the perfect place to work towards your fitness goals under Graham’s watchful and experienced eye.



The Bread-and-Butter Thing

The Bread and Butter Thing (TBBT) launched in Manchester in 2016, with the aim of putting food that would normally be destined for the bin onto the tables of families across the country. They work with supermarkets and food producers to identify opportunities to reduce or redirect food waste, and distribute it as shopping through their network of community hubs. A basic package of 3 bags costs members just £8.50 a week, and is available to anyone who wants to keep food bills down as the cost of living crisis continues to bite. TBBT has continued to expand and is now approaching 60 hubs, where they regularly distribute over 100 tonnes of food a week. In the past 12 months, they distributed 7000 tonnes of food, which is roughly equivalent to 18 million meals, and saved their members a collective £7.3 million!

In April 2022, we became TBBT's first base in North Tyneside. We were so excited to be a partner in their work and soon after had a dedicated team of volunteers who attend every Friday to make sure this invaluable service is provided to our community. TBBT has become a key part of our weekly schedule and has been an enormous help in increasing the number of people who are aware of the Hub and our wider work. The cost of living crisis is one of the issues we are beginning to see affect more and more of the people we work with, and this is one of the easiest ways to save money quickly on your monthly bills. New members can sign up by texting 07860 063 304 with your full name, postcode, and quoting "Family Gateway."



The bread and butter thing.



Fit Mind Boxing Warriors

Over the last twelve months we have seen a great development in the Boxing sessions delivered by Graham, from Dropzone Elite Fitness. Graham and Ian, our Youth Entrepreneur, have worked together to support over 180 young people from the local area through Boxing, and have impacted on not only their physical wellbeing, but their mental wellbeing too.

The ten core values of FMBW are:



Discipline Focus

Resilience Dedication



Determination Respect

Self Confidence Fitness



Good Mental Health



Good Physical Health



Young people aged between 6–16 years have been able to attend a free six-week course where they learn the basics of boxing, footwork and skills. They then graduate from the course in front of their family, friends, staff and coaches before being able to move into the Boxing Club which now runs twice a week due to the demand.

During the holidays we have been able to work together to provide Boxing Camps which have given the young people a chance to keep themselves active, and also to visit a local Boxing School in Blyth to show them what is possible if they put their minds to it.

But these sessions have shown that it's not just the physical benefits that the young people and their families are seeing. The young people have been able to come together in a safe environment and have discussed a range of topics including bullying, the impact of knife crime, nutrition, the importance of education and the impact of their behaviour on family/friends.

The coaches have supported these young people to understand their emotions, which can be confusing for so many of that age, and how to control them on a daily basis. We are extremely proud of the partnership we have created with Graham and the outstanding impact Fit Mind Boxing Warriors is having on these young people, families and the wider community.

Feedback from Parents:

"He first started the course as a shy teenager, but since attending we have seen his confidence grow. He is more outgoing now and his shyness has gone. The encouragement he gets from the coaches is outstanding they have brought out a positive young man who believes in himself and is thriving"

"In the last 18 months she was diagnosed with a chronic condition and also had an injury which caused her to gain weight. The impact of the weight gain was huge and her mental health suffered quite significantly. The boxing camp has been fantastic in building back her self-image and confidence. She has lost weight and the difference in her wellbeing overall is fantastic. She is really motivated and is getting regular exercise in a hugely supportive and positive environment. The difference in her attitude from 18 months ago to now is massive and I am really grateful for the support that she has received from Graham and Ian in getting her to this point"

"He's more confident as a person, a few months ago there's no way he would have spoken to someone in a group he didn't know, but as the weeks have turned into months he's becoming more physically and mentally stronger, talking to team members and working as a team. The biggest achievement was standing up in a room full of parents/carers and other team members and showing what he had been learning"

Case Study: A Mam's thoughts

As part of the D&D club, Joseph has been placed in a small group of 4 peers and is supported by Dan, with extra help from Ian. These sessions are inclusive and allow SEND children to access a space that understands their day to day struggles with sensory issues and difficulties in communicating.

Dungeons and Dragons has allowed my son and the group of peers to engage in a game that encourages social skills, making choices, turn taking, lateral thinking. All whilst being with like minded people. These sessions introduce Joseph to people of a similar age with similar difficulties to his. This group is appropriate for my son's ASD diagnosis and his ADHD traits as he is guided through the different stages of the game and is able to mirror adults behaviour, learn appropriate social skills and ,if needed, he's supported by the staff to take time out to regulate and re-join the game when he's able too.

We travel from Hartlepool to the Hub each week (on average an hour's drive each way) as we haven't found anything within Hartlepool or the County Durham area that tailors for Joseph's needs as well as the Hub can (i.e small group that is adult-led, where he feels safe and supported with his difficulties).

The group is cost effective and allows Joseph to gain life skills as he's able to pay for his sessions independently. The Hub also encourages my son to engage in conversations with other staff members when he arrives. This is all building up Joseph's confidence with social skills such as dealing with disagreements about the game, meeting new people for the first time and communicating with people of different ages, who he might typically avoid speaking to.



The support offered by Dan goes beyond just a fun activity. Joseph is a deep thinker, and he can quite often overthink situations, especially when playing the game. This can lead to conflict with other peers when they play the game differently, which we've also seen in other activities that Joseph is involved with. Dan is helping Joseph see that resilience is needed in all activities and that Joseph can't interact with everyone the way he wants to, as other people have their own agendas, opinions and ideas of how they want to play the game. D&D is a collaborative activity and the group places a lot of emphasis on being part of a team and making allowances and compromises with your fellow players.

As a parent, I'm thankful for the opportunity Joseph is having as he has a new interest to share and talk about. He's taking time away from video games and being online to research and expand his knowledge of Dungeons and Dragons. Joseph is also talking through issues with me that he has encountered with his peers. I'm seeing more of his personality and his sense of humour is returning, which I haven't seen in such a long time. He is also excited to attend these sessions, which isn't like Joseph but lovely to see. Thank you for these sessions, Dan and the rest of the Hub team."

Section 3: Support Services



Health and Wellbeing

Working in partnership with Wallsend and North West Primary Care Networks, we employ 2 Health and Wellbeing Coaches to help local people address and remove barriers to their physical and mental wellbeing. The aim of this project is to give people an alternative to their doctor when tackling these issues, and allow them the chance to see a professional in a more welcoming and community-focused environment. Our Health and Wellbeing Coaches have designed and delivered a range of group sessions since December 2023 including:

Health and Wellbeing Drop In – Open support for advice and support on physical and mental health issues

Friendly Folk – Fun, social games and activities

Walk 'n' Talk – Short walks and a cuppa

Women's Wellbeing – Weekly meet ups to support each other with women's issues

DIYI - Men's wellbeing group and a chance to learn new skills

WhichCraft – A chance for the grown ups to try their hand at a new craft



**637 attendances across
these sessions**

**155 hours of delivery of
these sessions**

These sessions have proven to be extremely valuable in creating peer support networks for individuals who may otherwise not have anyone around them. The people in the groups have come together to create a safe place for their peers; they support each other, encourage each other and are there as a shoulder to cry on if needed.

Many of the individuals who attend have a range of physical health issues, mental health issues, disabilities and caring responsibilities. They often tell us that without this group, they would have nowhere to go.

“I have been attending the Hub for over a year now and I have had so much help from the ladies. I was in a bad place but now I find I'm getting on with my life and it's all down to the help I have received from the Hub. A big thanks to you all”

“The groups have been an absolute lifesaver for me. I didn't want to go out much after my leg amputation because I always felt people were staring at me. This group and the staff have given me the confidence I needed to get my life back together” ²⁸

Our Health and Wellbeing Coaches don't only deliver group sessions; they also work using our whole family approach and take individual referrals who may need some more intense support too.

Over the last twelve months they have had:

- **51 referrals**
- **71% of these referrals have reported an improvement in their levels of depression**
- **64% of these referrals have reported an improvement in their levels of anxiety**

Looked after Care

This project is designed to ensure the best outcomes for parents and young people who are involved in the Care System. Our staff work with families and professionals to counter the issues that have caused involvement from Social Services, with the ultimate end goal of keeping families together. We advocate for families in professional settings to ensure they understand what is required of them, and the steps they need to take to move forward. In our experience, misunderstanding of process can contribute to friction between families and statutory services, and our staff use their deep knowledge to bridge this gap. In situations where removal of a child is deemed necessary, we are able to facilitate contact in a safe environment at Howdon Community Hub. This year we have secured a further three years funding to continue delivering this much needed service and have extended our delivery to work with kinship carers; a group that we knew we had to focus on supporting after talking to so many of them over the last two years. The families on this project are often in the most challenging, complex situations and can feel overwhelmed by the task ahead of them. Our Family Entrepreneurs walk alongside them to allow them to become empowered to make long lasting, sustainable changes that improve chances for them and their family.

Over the last three years of the project, we have supported **109 families made up of 515 individuals.**

Over the last twelve months we have:

- Made **35 referrals** to specialist services so that individuals and families are able to get the support they need at the right level to support their health and wellbeing.
- Successfully applied for a range of white goods and household items for families to improve home conditions, some of which have made the difference between children being able to stay in the home and having to go elsewhere.
- Been successful in March 2024 in securing funding to provide emergency household essential items for families on our Looked After Care project such as carpets; something which is extremely difficult to access through other funding sources and can often act as a major barrier for children being kept in the family home.

Youth Support

Our Youth Support services provide a range of support and activities for young people up to the age of 25, particularly around supporting those presenting with challenging behaviour, those at risk of being excluded from school, involved in low level ASB, a victim of crime or exploitation or struggling to manage their mental health and emotions.

Our Young Person's Family Entrepreneurs are able to build meaningful rapport with young people and help them work out a way past the issues in their lives. They offer support in the home, in the community and from our Community Hub.

Over the last twelve months we have:

- Provided regular in-school support to Silverdale School to support and encourage young people to access community activities and to integrate community support with school provision.
- Delivered gardening clubs in Denbigh Primary School to promote knowledge of nature and the environment at an early age.
- Developed our new session “Ya Dig Meh”, allowing 20 children and young people so far to learn about fossils and geology in a fun way.
- Delivered our Dungeons and Dragons club to 10 adventurers both at the Hub and in Silverdale School, something which is not delivered elsewhere locally.
- Worked with young people from the local community to design our new youth project, Youth Matters and created Howdon Youth Zone for them to attend on two evenings per week.

We pride ourselves on celebrating the wide range of experience and interests that our staff bring to us. We encourage our team to develop activities and sessions based on their own passions, because we know that the genuine love of a topic is what makes other people interested in it. We know that these sessions couldn't be delivered in the same way by anyone apart from our Barefoot Professionals; they make it truly special.



We have worked with Howdon Community Hub/Family Gateway very closely over the last year, finding new ways of working. Our network has become so positive, making links in the local community to work with coaches and businesses together. One huge asset from the relationship has been working closely with individual staff members, which has helped build relationships with our children. These relationships have supported our children massively. They have attended groups and workshops run by Family Gateway staff. The support offered by staff has re-engaged some of our children into outdoor education, which they had been refusing to attend for some time. We have begun, just this week, a gardening club, run by family gateway staff which has already got a lot of interest from staff and children and will make our school community a nicer place to be. We are extremely grateful to all of the support and collaboration we have received from Family Gateway. The working relationship is putting roots in place to support the barefoot model and benefitting local children and our local community. We are keen to extend the relationship further and are excited for the future prospects ahead from this collaboration.



Kate Jacobs, Head of Community Cohesion: Silverdale School

Staff Spotlight: Dan

Dan joined our team as Community Engagement Officer and Hub Assistant nearly three years ago and has worked towards his goal of leading on our social media and marketing. In the last twelve months, Dan has secured the role of Media and Communications Coordinator, an achievement which he has worked hard for.



He has worked tirelessly to ensure that we are seen more as an organisation, that more people know what we do and to demonstrate the impact we are having with the people we work with. He has also supported the introduction of our campaigning and policy work, which will be vital to make long-term change going forward. Dan has even been able to buy his own home this year and put down stronger roots in a community that means a lot to him. Dan will play a vital part in spreading the word about our organisation and it is thanks to him that we have our lovely, glossy, visually appealing annual report.

Staff Spotlight: Aimee

Aimee joined the front line of our organisation nearly six years ago as a Family Entrepreneur and has worked within various projects and services over her time with the organisation. Over the last twelve months she has moved into her role within the Senior Leadership Team as Business Development Manager and now works at a strategic level to ensure the organisation is able to continue to deliver the high standard of work that the community deserve.



Having previously worked in operations, Aimee moved over to business development as it was a need for the organisation, and found an area that she was truly passionate about. She has used her knowledge and experience of delivering services directly in the community to plan services that meet the need of local people.

She is now even closer to her long-term career goal and we are hopeful that we can support her to achieve this.



Section 4: What's next?



Focus on our Four Pillars

Over the coming years you may notice us talking more about our Four Pillars; these are the basis of everything that we will be delivering in the future.

EAT



We all know how important it is to make sure that we are eating well, and the last thing that we want to do is tell you what you should or shouldn't be eating. After all, it is all about balance. What we will do is support you to be able to make choices that are right for you; whether that's through attending our cooking sessions or grabbing a meal from Howdelicious.

Getting a good night's rest is the key to being able to feel like yourself each day, but it isn't as easy when you have things on your mind or children to look after. Being able to provide good sleep routines for yourself and your children can make all the difference on a day-to-day basis. So we will offer you support to create good habits for yourself and your family, in a way that suits you.



SLEEP

MOVE



Getting out and about and moving our bodies can have such a positive impact on our physical health, but also on our mental health. But it's about being realistic and figuring out what suits you. So, we will offer support by providing a range of physical activities but also by being a stop off point for your walk home from school with the kids; grab a cuppa and let them play with their friends.

We really understand that people have so many things to do day-to-day that it's hard to find time for yourself. But being able to wind down, relax and look after yourself is vital to being able to look after others too; you can't pour from an empty cup. So, we will offer you some ideas on how to relax and chill out, whether that's for five minutes with your morning coffee, attending one of our mindfulness or yoga sessions or coming in for lunch with your friends in between school pick-ups. Making time for you is critical to making time for others!



CHILL

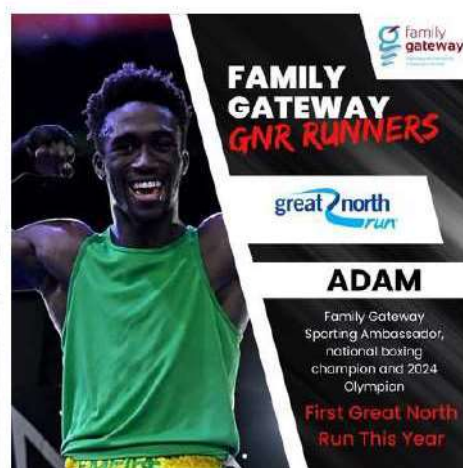
What's coming next year?

We have lots planned for the next twelve months, here are some of the highlights to look out for:

- Our Youth Work services are going to be a priority moving forward; we know that members of the local community want to see young people with something to do, so we have partnered with NE Youth, a fantastic youth charity and one of our key partners, to set up Howdon Youth Zone. These sessions take place on a Thursday and Friday evening and provide young people with a safe space that they can use to socialise with their friends and take part in some fun activities.
- We have also partnered with Newcastle United Foundation to deliver a pre-employability course for young people, **Barefoot Beginners**. This isn't about getting young people straight into jobs, as we know that it can be a long way off for someone who has their own struggles and challenges. The project aims to support young people to build their confidence, teamwork skills and get them to start thinking about what they may want to do in the future. We just want to show them that anything is possible as a Barefooter.
- We will be expanding our work with Veterans and their families and will welcome Operation Veteran to join our Hub Family, who will be coming in weekly for their Pull Up a Sandbag sessions. Along with Help for Heroes, they create a range of support for those who have served their country and recognise that this support should be for the whole family, not just the veteran. Operation Veteran will be hosting a range of services throughout the year to offer remembrance and gratitude to those who served in many wars and conflicts around the world and who afforded us the freedoms we now have. All of the community is welcome at these events; just keep an eye on our social media for details and feel free to visit our Remembrance Garden, created and built by a Family Gateway staff member as a way of remembering fallen colleagues, all year round. If you haven't already visited our Remembrance Garden, it's a beautiful, peaceful and thoughtful place which is perfectly placed to take a moment and remember. We are proud of the garden's thoughtful beginnings and the increasingly significant part it is playing within our community.
- Howdelicious will be having a bit of a refresh, with a new menu to launch in the summer. Our team works tirelessly to make sure all of the specials are what our community want to see, so we can't wait to welcome more of you for lunch and a homemade slice of cake.
- Our Community Hub will be getting upgraded, with a plan being put in place for the work that needs to be carried out over the next couple of years. We know how important the space is to the local community so we want to make sure it is safe and stable for many years to come. Our team will be working to secure funding to complete work around the building and in our outdoor area too.
- The biggest difference you may notice is the Play Park next door to our Hub. We have been working with our community to understand what they would like to see in that space, and we are in discussions with all the relevant people to figure out if we can go ahead and redevelop the space. So far, it's looking positive, so it is down to our team and partners to secure the funding which will enable us to develop a thriving recreational space for families and children.
- We will be expanding our wonderful team of Trustees; we have developed an amazing Young People's Board who will be ensuring that young people's voices are really heard and have a true impact on what we are delivering and what we are working towards, both locally and further afield.

- We will also be on the lookout for Community Trustees; we want local people to have a say in what we are providing and bring their knowledge and experience with them to our Trustee Board.
- We are also going to be developing a scheme that allows local businesses to strengthen their ties with us as a charity; our Friends of Family Gateway programme will be launched in 2024 and will create a sense of support not only for us, but for business owners too.
- And lastly, we will be continuing to host our community events and will also be holding some fundraisers. Not only do these events bring the community together, but they raise much needed funds so that we can continue to support children, individuals and families across the local area.

This year, we will have runners in the Great North Run:



We can't wait to see how they all do and we are looking forward to getting more people involved next year!



Get Involved

There are lots of ways you can get involved with us at Family Gateway, and we would love your support.

If you are a professional or an individual looking to book a room within our Community Hub, please contact our admin team on admin@familygateway.co.uk

If you are interested in volunteering or finding out more about our Barefoot Course, please contact Emma Price on emma.price@familygateway.co.uk

If you are interested in fundraising for us, please contact Aimee Perry on aimee.perry@familygateway.co.uk

If you are a local business and you want to increase your social value by supporting a local charity, please contact Aimee Perry on aimee.perry@familygateway.co.uk

Remember that we also have our MUGA to hire and of course our Café is available for external catering as well as our daily offer of delicious food.



Conclusion from the CEO

This has been a very special year for Family Gateway as it brought together the strategic and operational strands of work we have been working on for the last two years, weaving these projects together and giving birth to our strong, robust and comprehensive organisational plan. For the team this has been a labour of love, it has taken each and every one of us to believe that our Barefoot way could do it, that our lived experience had its place in how communities activated long term change as defined by them. Our lived experience does not and should not replace those whose journey is different, but it should be seen as a complimentary tool to support wider system change. Often, I am asked *“how have you done this”* my answer is the same every time: *“we have done nothing but create the conditions in which a Barefoot team and community could thrive”*. However, there are two things that have been pivotal to our success: organisation and will. The will to succeed and the organisation to deliver on a clear plan. As we say at Team FG, no one role is more important than the other, we all have our place in the bigger picture and when every part of something knows what they are there to do, the organisation simply flows.

So now to the future! At FG we believe no one organisation can solve the challenges we face. We believe in partnership, not tokenistic partnership, but real partnership where the egos have been removed and the job at hand is the focus and how we can build a clear plan. Being together makes us stronger and I am beyond proud of the partnerships we have formed, firstly with our community and then with the organisations that share our values. We also believe in our barefoot approach; we believe that people and communities can solve their own challenges if the conditions around them are shaped and nurtured. We believe our Barefoot Professional Model™ is a framework. A framework that can be placed around a person, a family, a school, a business or a community. A framework that allows traction to be gained, momentum to build and then lays the foundations of individual self-belief and determination. Therefore, in 2024–25 we will invest further in this model with the support of our long-term funders, we will support more Barefooters to be born and we will work with our partners to measure its impact over the next 3, 5 and 10 years. We will work intergenerationally, spreading the concept of Barefoot within the whole family unit and across the community and we will reach out for a second location to implement the Barefoot Professional Model™. However, how we will do this will be different. Family Gateway will walk alongside this second site to develop the culture and implement the framework recruiting Barefooters from that local community to deliver change and impact. It is not FG that knows this community, it is the existing grass roots organisation, born from that community that is best placed to take the framework and implement it and together we will test if this model can have the same impact that it is having in Howdon and Wallsend.

We believe that the Barefoot way can have a profound impact short, medium and long term, but the framework has to be in place and robust to ensure that being “qualified by experience” brings the benefits and to ensure it embeds as a cultural change that can permeate from within a community, rather than a framework parachuted into a community and *“done to”* a community. The questions I ask of our board, our community and of our funders and partners is *“What if it works?”*



“What if it works?”

Julie Marriott, Family Gateway CEO

Section 5: Governance, Financial information and accounts including Director's report



How are we structured and governed?

Family Gateway is a registered charity (registration number 1144453) and a company limited by guarantee established under a Memorandum of Association which states the objects and powers of the charitable company. It is governed under its Articles of Association dated 29th of March 2011, as amended on 3rd October 2011. The Trustees confirm that if the charity is wound up whilst they are trustee or if it is wound up within one year of them ceasing to be a trustee, they would be required to contribute an amount, not exceeding £1, towards the payment of debts and liabilities of the charity.

Recruitment and Appointment of Trustees

We recognize the importance of the breadth of skills and knowledge that our Trustees bring to the organisation and we recruit to meet specific needs in line with our work, our strategy and our charity governance obligations. A skills matrix system is used for regularly reviewing availability of skills against current and future plans and in this current year we have recruited one new Trustees using this system. This year, using the skills matrix, we have identified potential gaps in skills around marketing and media, Legal Compliance and indeed local community members who would bring a raft of local lived experience to the board. We will be recruiting new Trustees over the coming year, including community representatives. Trustees are voted on to the Board of Trustees at the Annual General Meeting in accordance with our Articles of Association and all Trustees give their time voluntarily, receiving no payment or benefits from the charity. The Trustees who served the charity during the year are detailed in [Appendix A](#).

As of the 31st of March 2024 there were 6 Trustees holding positions, representing a diverse mix of skills and experience.

Trustee Induction and Training

New Trustees are likely to know the background of the work that the charity does before joining the board and will have an appreciation of the charity's aims and objectives. A refreshed induction process has been introduced to ensure any proposed new Trustee understands the work undertaken by the charity prior to confirmation of their intention to join the Board of Trustees. This induction includes an informal meeting with the Chair and Vice Chair of the organisation and the CEO followed by an opportunity to shadow our Family Entrepreneurs, Youth, and Community Entrepreneurs and Health and Wellbeing Coaches ensuring that prior to any agreement or appointment a proposed Trustee has met with families in receipt of our services, staff and volunteers. This allows both the proposed Trustee and the organisation to decide if the skills base and our work are a good fit.

The new proposed Trustee will then be invited to attend a Board meeting as an observer before applying formally for a role, thereafter due diligence checks are carried out. The main documents which set out the operational framework of the charity, including the Memorandum and Articles of Association will be shared and discussed with any new Trustees, along with our Directors Handbook.

New Trustees will also be briefed on the current financial position of the charity with the aid of the most recent set of financial statements. Finally, the current resources, grant funding and other revenue streams as well as the future plans of the charity will be discussed with new Trustees. All Trustees are familiar with the practical work of the charity and have also been encouraged to consult the various Charity Commission publications signposted through the Commission's guide, "The Essential Trustee", and the information sheets provided on the Commission's website. All trustees are required to undertake a DBS and will be expected to undertake Trustee Safeguarding training within 6 months of being appointed and locally sourced "good governance" training within the first 12 months.

In the forthcoming year, new Trustees may be appointed in line with the skills matrix gaps and the new areas of focus of the organisation. The current Trustees will continue to ensure appropriate training is provided for themselves and that proposals are brought forward to regularly review the skills mix and capacity of trustees to ensure maximum effectiveness. One-to-one reviews with the Chair will support their development and inform succession planning for the Board.

Arrangement for setting key management personnel remuneration

No part of the income or property of the Charity shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise by way of profit to Members of the Charity. This shall not prevent any payment in good faith by the Charity to members, who are not trustees or connected parties, for the reasonable and proper use of any goods and services. Expenses may be reimbursed for any reasonable and proper out of pocket expenses incurred when acting on behalf of the Charity. The board set the remuneration based on the financial position of the charity and by taking into account salary rates of people in similar jobs.

Organisational Structure

The Board of Trustees administers the charity, oversees its governance and sets the strategic direction in partnership with the CEO, senior leadership team and in consultation with the community and staff team.

Senior Leadership Team (SLT)

Julie Marriott - Chief Operating Officer

Robert Jacques - Head of Finance, Risk and Compliance

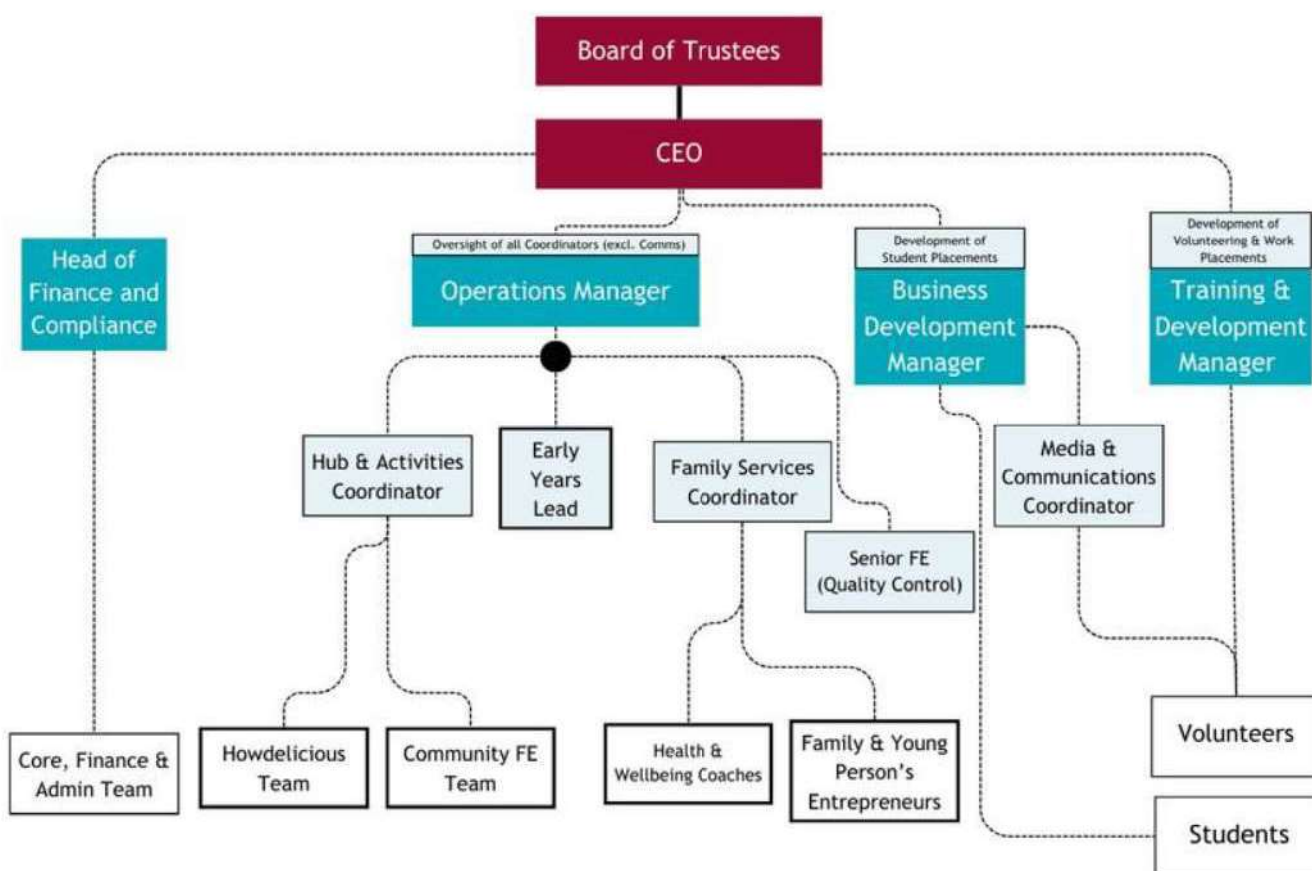
Aimee Perry - Business Development Manager

Julie Dyos - Operations Manager

On an annual basis SLT agrees the strategy and sets the objectives which are incorporated into the strategic plan. It meets every two months to receive an update from the CEO, Head of Finance and Compliance, Business Development Manager, Training and Development Manager and Operations Manager, and agrees actions to move the business plan forward.

A number of sub groups are established and overseen by a Board member to focus on core areas including Finance and Risk, People and Culture, Safeguarding, Health and Safety and Business and Enterprise. All sub-groups have clear Terms of Reference which are reviewed annually.

During 2023/24 the organisation introduced a new role, Training and Development Manager to the Senior Leadership Team, Emma Price was appointed in to this role in February 2024. The role is to support the development and growth of the Barefoot Professional Model. Executive staff have been granted a range of delegated authorities by the Board of Trustees in order to run the organisation efficiently.



Pay Policy for Senior Staff

The Board of Directors, who are the charities Trustees, give their time freely and no Director received remuneration in the year. The pay of senior staff is reviewed annually and no pay increase was given to the CEO this financial year. Senior staff salaries are considered in line with the organisations size, the complexity of the roles, and the responsibilities that staff carry. Senior management salaries are benchmarked against similar roles within the market and the availability of skills for key roles.

In 2023/24 focus was given to reviewing the pay, terms and conditions of our delivery team of Family Entrepreneurs/Community Entrepreneurs/ Health and Wellbeing Coaches/ Young Persons Entrepreneurs salaries, in line with our pay and remuneration policy to address the cost-of-living crisis. Throughout 2023/24 this focus has remained in place with enhanced terms and conditions being offered.

Risk Management

The Trustees have a risk management strategy that comprises:

- Monthly senior leadership review of the organisational risk register.
- Bi-monthly review of the risks the charity may face and regular monitoring at Board meetings.
- A risk sub-committee comprising the CEO, Head of Finance and Compliance, and two experienced trustees. This group meets bi-monthly to reassess the likelihood and impact of identified risks.
- Cascading of risks and mitigating actions to management and project teams and other board sub committees.
- Detailed action plans mitigating identified risks.

Key Controls that the organisation use to mitigate risk include:

- Monthly strategic reviews and financial planning reviews.
- Robust safeguarding processes and policies, including our continually improved and reviewed in house safeguarding training to ensure staff and service users are safe.
- A robust training plan for all volunteers, students, staff and trustees.
- Strong and robust authorization and approval processes for financial approval.
- Strong communication protocols throughout the teams to ensure cascading of information and policies.
- Staff Newsletter each month which includes key policy updates, news and information.

Due to the nature of our work, we have identified that Health and Safety of our building and staff team and the safeguarding of staff and beneficiaries continue to be one of our most significant risks, as is long term funding particularly as a result of the impact on funders post Covid 19 with much more competition for grants with grant givers having less resource to allocate, and the rise in need given the impact of the Cost-of-Living Crisis. We expect these to be ongoing risks for the organisation. Therefore, health and safety, safeguarding and financial management are the areas we focus upon. We have an annual process of policy review in place, governed and overseen by the People and Culture Sub Committee. Our Health and Safety committee oversees all key Health and safety areas and during this financial year, we have invested in the training of staff in areas such as first aid training, paediatric first aid, fire marshal training and we have been OFSTED registered.

In respect of safeguarding and protecting the information of staff and beneficiaries, the introduction of mandatory in-house training for safeguarding and GDPR, and the implementation of a robust staff supervision and appraisal policy supported by our employee assistance program is now emended along with the continued use of our CRM system, ensuring our beneficiaries information remains safe and compliant with GDPR.

To ensure we remain focused on our financial health and position, a roadmap with key milestones and in-year triggers is in place, supported by robust financial procurement and expenditure policies and processes. We also introduced weekly Business Readiness meetings to inform SLT members and the CEO of the financial position of the organisation, funding opportunities and any issues that may arise.

Therefore, we remain confident that we have good mitigating controls against all risks.

Financial Statement

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (Effective 1 January 2019)."

Financial Performance

The 2023/2024 Financial Year was the first year of a three – year Strategic Plan, aimed at taking Family Gateway forward and positioning our services at the forefront of being able to serve the community in which we operate.

Objective 5 of the Plan, headed **Resourced and Ready**, is outlined below:

"We will work closely with stakeholders and partners across important sectors to ensure we have the financial backing to meet our objectives. Always looking to the future, we will be positioned to make the most of any new opportunities to grow our work and increase our impact." This will encompass:

- A) Committed Partners** - To deepen our relationships with existing funders.
- B) Get in Position** - To ensure we are positioned to make the most of significant new opportunities such as the North East Combined Authority devolution deal and the UK Shared Prosperity Fund.
- C) Diversify Funding** - To rebalance our income model, securing a greater proportion of funding from commissioned work.
- D) Earned Income** - To generate additional income surplus via our Community Hub and various enterprises associated with it.
- E) Community Fundraising** - To increase the contribution of fundraising activities, such as events and sponsorships.

We, nevertheless, had to factor into our plans the challenges presented by an everchanging funding landscape coupled with a cost-of-living crisis and impending political changes both locally and nationally.

As with 2022/2023, a number of factors presented themselves in ways which required innovative and creative thinking in order to meet the challenges whilst striving to move forward in a cohesive and structured manner. Increased demand for funding to meet the growing needs of the community has resulted in a shift in emphasis with funders seeking to understand our future financial plans, our free reserves and our ongoing financial viability.

Within our Hub, the range and diversity of activities and involvement with the community has continued to grow and whilst increased energy and running costs have proved challenging, they have not been an impediment to our ability to provide services and facilities within the Hub.

The Howdelicious café has traded successfully throughout the period and the resultant increased turnover means we have been able to directly employ 3 staff who had previously been volunteers in the café.

Our Funded Activities reflect a balanced portfolio of projects more in keeping with our original ethos and purpose. We have resumed and continued much of the work with vulnerable families and individuals we were involved in pre covid.

Staff salary scales were increased in January 2024, having remained unchanged since April 2022, rising costs in energy and everyday consumables continued to have an effect during the year and it is hoped this will stabilise in the 2024/2025. Nevertheless, we have remained within overall budget and have achieved a surplus which represents 1.1% (2022/2023 4.3%) of our total turnover. Overall bank balances and balance sheet unrestricted reserves have reduced compared to 2022/2023, as part of a strategy to utilise free resources in order to position Family Gateway as a stable, robust organisation ready to react organically to future developments.

Looking forward to 2024/2025 we anticipate that access to resources to continue our work will be challenging for the Charity sector as a whole. In 2023/2024, we benefitted from the new role of Business Development Manager which enabled a more direct focus on building and developing relationships with external funders and commissioners. Whilst not necessarily resulting in an instant impact the combined synergies of this approach will bode well for the future.

Reserves Policy and Going Concern

The Charity operates with only limited financial resources; therefore, the Finance and Risk Sub-Committee of the Board of Trustees regularly assesses and reviews its Reserves Policy in line with the financial performance, risk and the external environment. The Charity's policy is that unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") should be sufficient to maintain core services in the event of the cessation of restricted funds.

After due consideration the Trustees have decided that a realistic and appropriate target for free reserves is 3 months of support costs which equates to £105,399, at the balance sheet date the free reserves stand at £96,890, 92% of target.

The Board considers that our reserves target is adequate and we will continue to maintain and build our reserves over the remaining duration of this strategy and next, without compromising our standards and objectives. We have to balance our continuing need to expand and innovate against the need to conserve funds to extend the operating cost cover period and this requires careful funds management.

Income and Expenditure

During the year the Charity's income decreased by 9.1% to £805,870. The majority of the decrease (£78,904) can be attributed to reductions in commissioned services from the Northumberland Police and Crime Commissioner and reduced levels of income generated from Charitable Activities. However, this has been partially offset by increased activity at the Howdelicious Community Café and increased income from investment income interest.

Expenditure was reduced as required to maintain an in-year surplus.

Investment Policy and Objectives

The Trustees are committed to retaining a prudent level of reserves within the Charity's funds. However, most of these funds are spent in the short term, so there are few funds available for long term investment. Having considered the options available, the risks facing the Charity and the Reserves Policy as set out above, the Trustees have decided to invest surplus monies in an Instant Access Deposit Account, held with its current bankers, Barclays Bank plc.

Statement of Trustees Responsibilities

The Trustees (who are also the directors of Family Gateway for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;

- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 18.09.2024 and signed on its behalf by: *Iain Jamieson*

Signature: *IJS*

Print: *Iain Jamieson*

Signatory Role: *Chair of Trustees*

Date of approval: 15.10.2024



Appendix A - Sitting Trustees 2023/24

At time of writing, the trustees who have sat on the board during this financial year are as follows:

- Iain Jaimieson (Chair)
- John Musson
- Will Fatherley (Vice Chair)
- Jo York
- Prof. Greta Defeyter
- James White

Appendix B - Reference and administrative details

Senior Leadership Team

Julie Marriott – CEO (julie.marriott@familygateway.co.uk)

Julie Dyos – Operations Manager (julie.dyos@familygateway.co.uk)

Aimee Perry – Business Development Manager (aimee.perry@familygateway.co.uk)

Emma Price – Training and Development Manager (emma.price@familygateway.co.uk)

Robert Jacques – Head of Finance, Risk and Compliance
(robert.jacques@familygateway.co.uk)

Principal and Registered Office

Howdon Community Centre

Denbigh Avenue

Howdon Wallsend

NE28 0PP

Company Registration Number

07583330

Charity Registration Number

1144453

Contact Details

Telephone: 0191 209 0092

Email: admin@familygateway.co.uk

Website: familygateway.co.uk

Media Enquiries

Contact Dan Guest, Media & Communications Coordinator
(daniel.guest@familygateway.co.uk)

Appendix C - Full Financial Accounts

Charity registration number 1144453

Company registration number 07583330 (England and Wales)

FAMILY GATEWAY
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

FAMILY GATEWAY

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	J White J York W Fatherley I Jamieson M Defeyter J Musson	(Appointed 31 October 2023)
Charity number	1144453	
Company number	07583330	
Registered office	Howdon Community Centre Denbigh Avenue Howdon Wallsend United Kingdom NE28 0PP	
Independent examiner	Simon Brown BA ACA DChA Azets Audit Services Bulman House Regent Centre Gosforth Newcastle Upon Tyne NE3 3LS	

FAMILY GATEWAY

CONTENTS

	Page
Independent examiner's report	1
Statement of financial activities	2 - 3
Statement of financial position	4
Statement of cash flows	5
Notes to the financial statements	6 - 20

FAMILY GATEWAY

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF FAMILY GATEWAY

I report to the trustees on my examination of the financial statements of Family Gateway (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Simon Brown 21 Nov 2024 08:09:56 GMT (UTC +0)

Simon Brown BA ACA DChA

Azets Audit Services
Bulman House
Regent Centre
Gosforth
Newcastle Upon Tyne
NE3 3LS

Dated: 21/11/2024.....

FAMILY GATEWAY

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

Current financial year

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
<u>Income and endowments from:</u>					
Donations and legacies	3	268,931	403,741	672,672	749,068
Charitable activities	4	3,730	-	3,730	24,135
Other trading activities	5	118,374	3,602	121,976	109,146
Investments	6	6,749	-	6,749	1,128
Other income	7	697	46	743	1,337
Total income		398,481	407,389	805,870	884,814
<u>Expenditure on:</u>					
Raising funds	8	35,950	31,392	67,342	37,956
Charitable activities	9	421,598	307,775	729,373	808,767
Total expenditure		457,548	339,167	796,715	846,723
Net (outgoing)/incoming resources before transfers		(59,067)	68,222	9,155	38,091
Gross transfers between funds		5,325	(5,325)	-	-
Net (expenditure)/income for the year/ Net movement in funds		(53,742)	62,897	9,155	38,091
Fund balances at 1 April 2023		281,845	339,997	621,842	583,751
Fund balances at 31 March 2024		228,103	402,894	630,997	621,842

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

FAMILY GATEWAY

STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

Prior financial year

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<u>Income and endowments from:</u>				
Donations and legacies	3	106,842	642,226	749,068
Charitable activities	4	24,135	-	24,135
Other trading activities	5	109,146	-	109,146
Investments	6	1,128	-	1,128
Other income	7	1,337	-	1,337
Total income		242,588	642,226	884,814
<u>Expenditure on:</u>				
Raising funds	8	25,953	12,003	37,956
Charitable activities	9	317,222	491,545	808,767
Total expenditure		343,175	503,548	846,723
Net (outgoing)/incoming resources before transfers		(100,587)	138,678	38,091
Net (expenditure)/income for the year/ Net movement in funds		(100,587)	138,678	38,091
Fund balances at 1 April 2022		382,432	201,319	583,751
Fund balances at 31 March 2023		281,845	339,997	621,842

FAMILY GATEWAY

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2024

	Notes	2024		2023	
		£	£	£	£
Fixed assets					
Tangible assets	14		131,213		122,170
Current assets					
Debtors	15	58,750		36,865	
Cash at bank and in hand		539,884		647,948	
		<u>598,634</u>		<u>684,813</u>	
Creditors: amounts falling due within one year	16	<u>(98,850)</u>		<u>(185,141)</u>	
Net current assets			<u>499,784</u>		<u>499,672</u>
Total assets less current liabilities			<u>630,997</u>		<u>621,842</u>
Income funds					
Restricted funds	18		402,894		339,997
Unrestricted funds			228,103		281,845
			<u>630,997</u>		<u>621,842</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 20/11/2024.....



Iain Jamieson 20 Nov 2024 17:24:40 GMT (UTC +0)

I Jamieson
Trustee

Company registration number 07583330

FAMILY GATEWAY

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024	£	2023	£
Cash flows from operating activities					
Cash (absorbed by)/generated from operations	23		(80,494)		66,652
Investing activities					
Purchase of tangible fixed assets		(34,319)		(22,890)	
Investment income received		6,749		1,128	
Net cash used in investing activities			(27,570)		(21,762)
Net cash used in financing activities			-		-
Net (decrease)/increase in cash and cash equivalents			(108,064)		44,890
Cash and cash equivalents at beginning of year			647,948		603,058
Cash and cash equivalents at end of year			539,884		647,948

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Family Gateway is a private company limited by guarantee incorporated in England and Wales. The registered office is Howdon Community Centre, Denbigh Avenue, Howdon, Wallsend, NE28 0PP, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011. The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grant have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and is included on the balance sheet as deferred income to be released.

Income from trading activities is recognised when goods or services are sold.

Other income is included when receivable.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Costs of raising funds comprise the costs of activities and consumables.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for the beneficiaries. It includes both costs that can be allocated directly to such activities and costs of an indirect nature necessary to support them.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs include the costs attributable to the charity's compliance with constitutional and statutory requirements, including independent examination, strategic management and trustees' meetings and reimbursed expenses.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost of assets less their residual values over their useful lives on the following bases:

Property improvements	20 years straight line
Machinery and equipment	5 years straight line
Computer equipment	3 years straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (Continued)

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.11 Fund Structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2024**

1 Accounting policies (Continued)

1.12 Accruals

Accruals are calculated where a service has been provided but the company has not yet been invoiced.

1.13 Prepayments

Prepayments are calculated where an invoice has been provided in advance of the service taking place.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

3 Donations and legacies	Unrestricted funds		Restricted funds		Total		Unrestricted funds		Restricted funds		Total	
	2024	2024	2024	2024	2024	2024	2023	2023	2023	2023	2023	2023
	£	£	£	£	£	£	£	£	£	£	£	£
Donations and gifts	2,744	-	-	-	2,744	-	3,111	-	-	-	3,111	-
Grants	266,187	403,741	403,741		669,928		103,731		642,226		745,957	
	268,931	403,741	403,741		672,672		106,842		642,226		749,068	
Grants receivable for core activities												
Police and Crime Commissioner	-	-	-	-	-	-	-	-	88,803	-	88,803	-
PCC - teachable moments	-	-	-	-	-	-	-	-	178,556	-	178,556	-
Segleman	40,000				40,000		42,000		-		42,000	
Mercers	-	33,333	33,333		33,333		-		33,333		33,333	
Trusthouse	-	32,503	32,503		32,503		-		32,503		32,503	
Tudor Trust	30,000	2,000	2,000		32,000		-		35,000		35,000	
The Henry Smith Charity	-	42,000	42,000		42,000		-		48,600		48,600	
Community Hub North Tyneside	2,980	-	-		2,980		-		27,744		27,744	
VRU	-	-	-		-		-		24,450		24,450	
Other	193,207	293,905	293,905		487,112		61,731		173,237		234,968	
	266,187	403,741	403,741		669,928		103,731		642,226		745,957	

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

	Commission ed Services 2024 £	Commission ed Services 2023 £
North Tyneside	3,730	19,800
Northumberland County Councils	-	3,960
Various Schools	-	375
	<u>3,730</u>	<u>24,135</u>

5 Other trading activities

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total Unrestricted funds 2024 £	2023 £
Other trading income	<u>118,374</u>	<u>3,602</u>	<u>121,976</u>	<u>109,146</u>

Other trading income comprises cafe income, room hire, gym hire, event income and other sundry income, which are activities consistent with the charity's aims and objectives.

6 Investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	<u>6,749</u>	<u>1,128</u>

7 Other income

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total Unrestricted funds 2024 £	2023 £
Other income	<u>697</u>	<u>46</u>	<u>743</u>	<u>1,337</u>

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

8 Raising funds	Unrestricted funds		Restricted funds		Total	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
Trading costs	35,950	31,392	31,392	12,003	67,342	37,956
Trading costs	35,950	31,392	31,392	12,003	67,342	37,956

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

9 Charitable activities

	Charitable Activities 2024 £	Charitable Activities 2023 £
Share of support costs (see note 10)	725,235	804,767
Share of governance costs (see note 10)	4,138	4,000
	<u>729,373</u>	<u>808,767</u>
Analysis by fund		
Unrestricted funds	421,598	317,222
Restricted funds	307,775	491,545
	<u>729,373</u>	<u>808,767</u>

10 Support costs

	Support costs £	Governance costs £	2024 £	Support costs £	Governance costs £	2023 £
Staff costs	517,280	-	517,280	580,123	-	580,123
Depreciation	25,276	-	25,276	15,596	-	15,596
Premise costs	49,955	-	49,955	48,315	-	48,315
Office costs	35,545	-	35,545	29,942	-	29,942
Travel and subsistence	4,043	-	4,043	7,887	-	7,887
Training	2,144	-	2,144	7,373	-	7,373
Practical support costs and activities	46,355	-	46,355	23,110	-	23,110
Project management support	-	-	-	10,030	-	10,030
Bank charges	1,186	-	1,186	519	-	519
Legal, professional and consultancy	43,451	-	43,451	20,440	-	20,440
Partnership charges	-	-	-	61,432	-	61,432
Independent examination fees	-	4,138	4,138	-	4,000	4,000
	<u>725,235</u>	<u>4,138</u>	<u>729,373</u>	<u>804,767</u>	<u>4,000</u>	<u>808,767</u>
Analysed between Charitable activities	<u>725,235</u>	<u>4,138</u>	<u>729,373</u>	<u>804,767</u>	<u>4,000</u>	<u>808,767</u>

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

12 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Management	4	3
Administrative Services	2 15	3 21
	<hr/>	<hr/>
Total	21	27
	<hr/> <hr/>	<hr/> <hr/>

Employment costs

	2024 £	2023 £
Wages and salaries	472,000	530,583
Social security costs	33,318	33,999
Other pension costs	11,962	15,541
	<hr/>	<hr/>
	517,280	580,123
	<hr/> <hr/>	<hr/> <hr/>

There were no employees whose annual remuneration was more than £60,000.

13 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

14 Tangible fixed assets

	Property improvements £	Machinery and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2023	59,089	98,949	15,714	173,752
Additions	2,833	20,717	10,769	34,319
At 31 March 2024	61,922	119,666	26,483	208,071
Depreciation and impairment				
At 1 April 2023	6,931	35,272	9,379	51,582
Depreciation charged in the year	3,187	14,764	7,325	25,276
At 31 March 2024	10,118	50,036	16,704	76,858
Carrying amount				
At 31 March 2024	51,804	69,630	9,779	131,213
At 31 March 2023	52,158	63,677	6,335	122,170

15 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Trade debtors	22,562	23,716
Other debtors	6,890	6,065
Prepayments and accrued income	29,298	7,084
	58,750	36,865

16 Creditors: amounts falling due within one year

	Notes	2024 £	2023 £
Deferred income	17	47,394	95,737
Trade creditors		8,393	46,176
Accruals		43,063	43,228
		98,850	185,141

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

17 Deferred income

	2024 £	2023 £
Arising from Deferred income	47,394	95,737

Deferred income is included in the financial statements as follows:

	2024 £	2023 £
Deferred income is included within:		
Current liabilities	47,394	95,737
Movements in the year:		
Deferred income at 1 April 2023	95,737	101,138
Released from previous periods	(95,737)	(101,138)
Resources deferred in the year	47,394	95,737
Deferred income at 31 March 2024	47,394	95,737

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

18 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Balance at 31 March 2024 £
	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	
Garfield Weston Foundation - Anniversary fund	56,496	28,185	-	(6,815)	77,866
The Tudor Trust	26,148	2,046	(847)	-	27,347
Police and Crime Commission	51,851	48,000	(65,997)	-	33,854
Savoy Educational Trust	3,873	-	-	-	3,873
Proctor & Gamble - Development of Clinical Room	3,750	5,000	-	-	8,750
The Henry Smith Charity	25,784	42,000	(39,346)	-	28,438
Global Make Some Noise	5,000	-	(5,000)	-	-
MUGA	30,026	2,615	(5,697)	(506)	26,438
Mercers	33,333	33,333	(33,075)	-	33,591
Street Games	2,678	-	(1,800)	-	878
Linden Trust	5,260	32	(5,458)	166	-
Anxious Buddies Bell Fund	7,278	(30)	(4,843)	-	2,405
PCC Teachable Moments	50,521	-	-	-	50,521
Trusthouse	32,493	32,503	(32,503)	-	32,493
Sport England	-	51,974	(52,791)	817	-
Fidelity	-	66,316	(15,000)	-	51,316
Greggs Foundation	-	14,000	(15,013)	1,013	-
NTCA	-	9,805	(960)	-	8,845
Morrisons	-	8,000	(7,050)	-	950
Other	5,506	63,610	(53,787)	-	15,329
	<u>339,997</u>	<u>407,389</u>	<u>(339,167)</u>	<u>(5,325)</u>	<u>402,894</u>

The specific purposes for which the funds are to be applied are as follows:

General fund - These funds can be used in any way by the trustees in accordance with the objectives of the charity.

Restricted reserves

The Henry Smith Charity - Funding received to contribute towards the salary and associated costs of a Family Entrepreneur supporting families in North and South Tyneside.

The Mercers Company - Funding received to support the development of the 'Family and Community Enterprise Hub' and to fund the post of the Community Enterprise Lead post.

Garfield Weston - Pilot light - Funding provided to support strategic thinking and the achievement of long term sustainability.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

18 Restricted funds

(Continued)

Savoy Educational Trust - Funding contribution towards replacing outdated kitchen equipment in Community Café.

Proctor and Gamble - Funding to support the development and construction of a Clinical Room at Howdon Hub.

Trusthouse Foundation - funding towards salaries and running costs of expanding the team of family Entrepreneurs in South East Northumberland.

DWP Kickstart - funding to fund six months work in newly created work roles for those at risk of long term unemployment in the 16-24 age group.

Sir James Knott - Funding received to support core costs in support of Children's Activity projects.

Community Foundation - Charles Robert Bell - Supporting the Mental Health of Families in North Tyneside.

The Tudor Trust - Funding received to contribute towards the salary of a programme manager.

Football Foundation - funding for MUGA Redevelopment Feasibility Study.

Community Foundation Linden Family - Grant for bi-weekly women's wellbeing group in North Tyneside.

Global Make Some Noise - Grant towards funding of a consultant to diversify the charity's income stream, and assist in upskilling and training members of staff.

Tudor Trust Restricted - Funding received to contribute towards the salary of a Programme Manager.

Sport England – Tackling Inactivity and Economic Disadvantage – Getting Fit for Life Project.

VODA Winter Warm Hub Programme – Provision of a Warm Welcome at Howdon Community Centre.

PCC - VRU Grant - North Tyneside Violence Reduction Unit Community Hub.

Community Foundation - Jacqui Haq Fund – Provide Warm Clothing, Blankets and Dressing Gowns.

Youth Justice Social Fund – Project in conjunction with StreetGames.Org to deliver Sports Based Projects for vulnerable or at risk young people.

Northumbria Police and Crime Commissioner - Teachable Moments Intervention Service For Young Persons.

The Barbour Foundation – Funding to support a bi-weekly Women's Wellbeing Group.

Community Foundation - Newcastle Building Society – Funding to support setup of a Breakfast Club for local Primary School Children.

Greggs Fdn - Support towards operation and development of Howdon Community Hub, expanding the food insecurity programme.

The National Lottery Community Fund - Million Hours Engaging Holidays Project.

Community Foundation - Linden Family – Support the Development of Baby Sensory and Children's sessions in Howdon.

North Tyneside Council Project VITA Fund – Funding to Support additional Boxing Coaching.

Community Foundation Squires Foundation – funding for Veterans Boxing Sessions and Nature / Gardening Groups for all age groups.

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

18 Restricted funds (Continued)

Morrisons Foundation – Provision of emergency essentials to families in need.

Community Foundation Pargiter Fund – provide Group Physical Activity Sessions for over 65's.

The National Lottery Community Fund - Cost of Living Fund.

Fidelity UK Foundation – Developing and Scaling the Barefoot Professional Model.

North of Tyne Combined Authority – Small Grant Programme, United For Opportunity Programme.

19 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total Unrestricted funds 2024 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 March 2024 are represented by:					
Tangible assets	131,213	-	131,213	122,170	122,170
Current assets/(liabilities)	96,890	402,894	499,784	339,997	499,672
	<u>228,103</u>	<u>402,894</u>	<u>630,997</u>	<u>339,997</u>	<u>621,842</u>

20 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024 £	2023 £
Within one year	267	1,232
Between two and five years	-	267
	<u>267</u>	<u>1,499</u>

21 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2024 £	2023 £
Aggregate compensation	<u>155,056</u>	<u>57,196</u>

FAMILY GATEWAY

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

22 Ultimate Controlling Party

In the opinion of the trustees, there is no ultimate controlling party of the charity other than the board themselves.

23 Cash generated from operations	2024	2023
	£	£
Surplus for the year	9,155	38,091
Adjustments for:		
Investment income recognised in statement of financial activities	(6,749)	(1,128)
Depreciation and impairment of tangible fixed assets	25,276	15,596
Movements in working capital:		
(Increase)/decrease in debtors	(21,885)	15,453
(Decrease)/increase in creditors	(37,948)	4,041
(Decrease) in deferred income	(48,343)	(5,401)
Cash (absorbed by)/generated from operations	(80,494)	66,652

24 Analysis of changes in net funds

The charity had no debt during the year.

FAMILY GATEWAY

England & Wales - Charity number 1144453

Accounts



Family Gateway

(A company limited by guarantee)

Annual Report and Financial Statements for the year ending 31st March 2023

Company Registration number: 0758330

Charity registration number: 1144453



Contents

Section 1: Who are we?

- Reference and Administrative Details - Page i
- Foreword by the Chair of Trustees - Page ii
- Message from the CEO - Page iii
- The backdrop to our work - Page v
- Who are we? - Page vi
- Our Space: Howdon Community Hub - Page vii
- Who are the Barefoot Professionals? - Page viii
- Our impact at a glance - Page xi

Section 2: Howdon Community Hub Summary of activity 2022/23

- This year at the Hub - Page 2
- Early Years - Page 4
- Women's Wellbeing - Page 9
- Partnership Working: Supporting Families through the Cost of Living Crisis - Page 10

Section 3: Family Services Summary of activity 2022/23

- This year in Family Services - Page 12
- Education and Early Years - Page 13
- Health and Wellbeing - Page 16
- Youth Aspiration and Diversion - Page 17
- Strengthening Families - Page 23

Section 4: Structure and Governance

- How are we structured and governed? - Page 28
- Recruitment and Appointment of Trustees - Page 28
- Trustee Induction and Training - Page 28
- Arrangement for setting key management personnel remuneration - Page 29
- Organisational Structure - Page 29
- Pay Policy for Senior Staff - Page 30
- Risk Management - Page 30

Section 5: Financial Performance

- Financial Performance - Page 33
- Reserves Policy and Going Concern - Page 34
- Income and Expenditure - Page 35
- Investment Policy and Objectives - Page 35
- Statement of Trustees Responsibilities - Page 36
- Appointment of Auditors - Page 37

Section 6: Conclusions

- What's Next? - Page 39
- Summation - Page 40

Section 7: Full Financial Review, carried out by Azets (Including Examiner's Report)

Reference and administrative details

Trustees

I D Jamieson (Chair)
W P Fatherley (Vice-Chair)
Prof M A Defeyter
J Musson
J York

Key Management Personnel

Julie Marriott - CEO
Rob Jacques - Head of Finance and Compliance
Julie Dyos - Howdon Hub & Operations Manager

Principal Office

Howdon Community Centre
Denbigh Avenue
Howdon Wallsend
NE28 0PP

Registered Office

Howdon Community Centre
Denbigh Avenue
Howdon Wallsend
NE28 0PP

Company Registration Number

07583330

Charity Registration Number

1144453

Bankers

Barclays Bank plc
Gosforth High Street
59A High Street Gosforth
Newcastle upon Tyne NE3 4AA

Examiner

Azets Audit Services
Bulman House
Regent Centre, Gosforth
Newcastle upon Tyne NE3 3LS

The charity is incorporated in England and Wales.

The Trustees, who are Directors by Company Law, present the annual report together with the financial statement of the Charitable Company for the year ending the 31st of March 2023.

Foreword by Iain Jamieson, Chair of Trustees:

2022/23 has seen the return to 'normal' after two years of Covid disruptions. Unfortunately, the impacts of Covid are much more far reaching than the physical health impacts with disrupted education, increased social isolation, adverse impacts on mental health, all further compounded by the cost of living crisis. The need for our services has never been greater.

A first glance at our financial statements might raise the question about our sizeable reduction in income. Having undertaken some smaller projects funded by the Police and Crime Commissioner's Office in earlier years we agreed to be part of a programme called 'Teachable Moments' which aimed to provide an alternative approach to dealing with young people becoming involved with the Criminal Justice System. Whilst successful delivered, we reviewed our involvement with this project and decided that, as part of our strategic review, to step away from it and that our longer term focus should be on our 'whole family' work supporting our community at all life stages.

The strategy document has been shaped by the local community, the management and staff team fully supported by the Board of Trustees. It is available in several formats and it gives a very clear statement of our future direction of travel, maintaining our commitment to our core values. The shortest version takes only a few minutes to read and I would commend it to all.

Family Gateway is an innovative, flexible organisation that responds to the changing needs of our community, this is due in no small measure to our dedicated, committed team of staff and volunteers and of course my fellow Trustees, to whom I offer my sincere thanks. However, none of it would be possible without our generous funders who's continued support allows us to keep making positive impacts in the lives of many families in our community. The following pages highlight some of the many achievements in the past year and reflect our ambition for the future.



Message from the CEO

In 2022 we finally emerged from the Covid 19 pandemic and entered very quickly into a biting health and cost-of-living crisis felt by everyone regardless of socio-economic circumstances. Having restructured in 21/22 and having strengthened our foundations, systems and processes, Family Gateway wanted to re connect with its Barefoot Professional roots and re identify with who were where now. We refreshed our approach to engagement and applied a “barefoot lens” to the community we lived and served in order to identify what comes next.

Our community, Barefoot Professionals and Board of Trustees were clear in their wishes, wants and fears. Our neighbours stated that they were a proud community and whilst many lived in difficult and challenging circumstances and environments, they wanted a focus on their strengths, rather than the focus being on the challenges affecting their lives.

We often find in communities where poverty and deprivation exist a “do to” approach from those who might seek to help make things better. This approach can often push people further away from embracing new ways of thinking and behaving. People can feel they remain powerless within this system and the fear of change can deepen. We also encounter a lot of “do for,” which can create a system of dependency, which then moves away from the very thing we set out to enable: an empowered individual and community.

Our community told us they wanted solutions that supported them to feel empowered and to be self-reliant, they did not wish to be “done to” or “told what.” The community wanted choices. As an organisation this year we have firmly embedded our barefoot roots, and our staff team and volunteers were resolute in their commitment to continuing to deliver what we do well, rather than diversifying to the point where we did not recognise who we were.

This work gave birth to Family Gateway's new 3-year strategy led by the community, for the community. This clearly sets out our road map to the future. We understand that documents like this can be intimidating to some people, so we have also commissioned a local designer to create a 1-page map that details the journey our strategy will lead us on. This will also form the basis of an animated version to be released later this year.

The staff team, volunteers and patrons have now taken a firm lead, allowing me, as CEO, to simply steer our direction of travel. This year has seen the Barefoot team and concept take charge, delivering quality outcomes with deepening impact. As an organisation we have invested heavily in good governance, staff development and training and improved our employee experience ensuring a strong focus is placed on the feeling of being valued.

I am proud of the team we have become: succinct, not fearful of check and challenge, agile and adaptable. You will read within this report how we have increased our reach in all areas, led successful pilots within the region and improved our partnership working.



Our Hub in Howdon, continues to give us a strong base and our unique Barefoot Model allows us to articulate clearly the value of lived experience, changing the narrative around what qualifies you to work within a professional capacity, allowing life experiences to be seen as valuable enough when framed within a robust structure which coaches, professionalises and then permeates role modelling across communities. This year has allowed us to form a strong identity within the community, create something of value, an anchor of stability which gives time for contemplation, leading to aspiration and then action.

As the cost of living continues to bite down, I have no doubt the coming year will present significant challenges as demand increases and resources reduce. The pandemic changed all of our lives and behaviours and with no time to recover, people who had never experienced poverty before are being plunged into debt and hardship and those who were already living in dire straits are now living in conditions hardly fathomable in this day and age. However, Family Gateway believe firmly that community assets exist and with encouragement and facilitation communities will provide their own solutions and build aspirations.

I hope you enjoy reading this report.

Julie Marriott
CEO



The backdrop to our work

Throughout its lifetime, Family Gateway has served some of the most deprived, vulnerable and forgotten communities across the North East. In 2017, we began to put down permanent roots in Howdon as we assumed control of Howdon Community Hub. Large swathes of Howdon were built as public housing in the aftermath of the Second World War. The area still bears the signs of the coal industry, with former pit sites now being used as playing fields or for transport infrastructure. These close ties to mining make Howdon a historically working class community, and the markers and issues associated with that still show in the work we do every day to improve this community.

According to the 2021 Census, there are 6,408 people living in the Howdon area [1]. Howdon is bordered by dual carriageways on two sides, and by similar areas (Rosehill and Willington Quay) on others. 45.9% of households own their own home [2], compared with 62.5% nationally [3] This may be due to the fact that a higher percentage of people in Howdon are economically inactive: 42% [2] compared to 39.4% [4] nationally. Several of our staff are lifelong residents of Howdon and the surrounding areas, and have said in the past that there is a deep rooted and generational attitude that Howdon won't get any better and that new opportunities will never be presented to the residents. We are changing that. The most recent Census data shows that 14.5% of people in Howdon are either long-term unemployed or have never worked [2]. In the last year we have taken on three new members of staff who were previously long-term unemployed. Through our work, we hope to play a part in creating chances to change these statistics and build a community where socio-economic success isn't seen as out of reach.

This year, we have joined the End Child Poverty Coalition. This has given us access to new insights and data about the levels of poverty in our region. Although Howdon experiences them particularly severely, these trends of low economic achievement and deprivation can be seen across the North East. The latest figures available from the DWP state that in 2021/22 200,000 households in the North East earned below the average UK income. This equates to 35%, an increase of 9% since 2014/15 and the most severe increase of any region in the UK. The effects of growing up in a low income household can live with children throughout their whole lives. When families come to work with us, we often see generational habits and problems finding their way into the lives of the youngest members of our communities. In 2021/22, 35% of children in the North East were living in a household with income of 60% of UK median or less. This makes our region the second worst in the UK for child poverty. Although it has fluctuated over the years, this percentage is only 2% lower than it was in 1996/97. As the cost of living crisis continues to affect us all, families are struggling to get themselves out of poverty. In North Tyneside alone, 69% of children in poverty are living in households where at least one adult is working. That is approximately 3,730 children [5].

This data, along with our experiences working with families living the reality of it, tells us that not enough is being done to alleviate the causes and effects of the poverty that continues to be a dominating factor in the upbringing of children across our region. Family Gateway is striving to combat poverty by offering people in Howdon, North Tyneside and the North East opportunities to access services and support that poverty usually excludes them from. Living, learning and working in our communities shouldn't prevent anyone from achieving their goals in life, and we will work tirelessly to make sure it doesn't.

[1] UK Census 2021, provided to Family Gateway via a Karbon Homes Community Insight Report.

[2] UK Census 2021 Interactive Map.

[3] Housing, England and Wales: UK Census 2021

[4] Economic activity status, England and Wales: UK Census 2021

[5] All data in this paragraph was provided to us via End Child Poverty Coalition resources, which summarised the DWP's report: Households Below Average Income: an analysis of the UK income distribution: FYE 1995 to FYE 2022

Who are we?

Family Gateway operates across the North East of England working in the community with children and families to alleviate poverty, improve choice, enhance life aspirations and boost employability. We apply our "Barefoot Professional Model" to all our work: recruiting from our local community those with lived experience. With this shared experience we can build trust quickly in order to work holistically and for as long as it takes to ensure better outcomes and choices are afforded to those often seen as the most difficult to engage with mainstream services. We do this by working across the health & education system, looked after care system, with children in need, with those affected by poverty and the criminal justice system. From our friendly Community Hub in Howdon, we provide a range of enrichment activities alongside advice and guidance and provide a centre accessible to all, a place where an individual can seek support and access the right intervention or service for them at their pace.

Our mission is to support and empower families and communities to make the changes needed to improve life chances for children.

Our purpose is articulated in our charitable objectives as:

- 1. The prevention and relief of child poverty through the promotion of parental employment and the provision of assistance to parents and young people seeking employment across the UK**
- 2. The advancement of education through providing, or assisting in the provision of, education and training for parents and young people across the UK to develop their potential to become employed**
- 3. The development of the capacity and skills of the members of the socially and economically disadvantaged communities across the UK in such a way that they are better able to identify and help meet their needs and participate more fully in society**
- 4. The promotion of social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.**

Our Space: Howdon Community Hub



During the Covid Pandemic, Family Gateway took over an unused Local Authority building with a long-term lease and set to renovating it on behalf of the community. Throughout the pandemic and its various lockdowns, the space generated footfall of just over 20,000 in 2020/21. Our community space has a range of facilities, including a community café, gym, sports and activity hall, community gardens, medical assessment room and various office spaces used by our partner organisations.

We continue to run Howdon Community Hub and have developed a wide range of activities and partnerships here too. These partnerships are extremely important to us and we work hard to make sure that these are of real value to our local community; we want to provide a range of services that are meaningful and valuable to those who use them. As part of this, we have worked with several local entrepreneurs to provide them with an opportunity to grow their business and give back to the local community; we have loved seeing them succeed over the last twelve months and look forward to seeing what the future holds for them. Howdon hub is now home to Drop Zone Fitness, Ramsey's Theatre Stars and Spiritual Flamingo.

Our aim is to create a safe space for all the community, regardless of economic status or background, a place that is truly inclusive and welcoming and where anyone who needs support can access it.

During 2022/23 we have seen a gradual rise in people regularly visiting the Hub with a combination of established groups and various activities now on offer for all age groups utilising training and meeting rooms, sports hall, MUGA (Multi Use Games Area), community and wildflower gardens and Howdelicious Café. This year footfall was in excess of 46,500 which equates to a 75.5% increase post pandemic. We would expect to see a steady increase to stabilisation levels over the coming year as the MUGA area increases in activity now the renovation of the space has been completed.



Who are the Barefoot Professionals?

Simon's journey

As a child, Simon felt he did not feel as if he fit in either at home or school. He was not interested in mainstream sport, his learning style was not a natural fit within the educational system and Simon found his behaviour and interests often left him feeling different and isolated. Simon did not always understand the world around him and the rejection he felt silenced him. Simon grew up feeling unheard and saw no value in himself. Bullying was a daily occurrence both inside and outside school often with serious acts of physical violence. Simon had found a fascination in the natural world finding solace in this learning and he developed hobbies. Simon began to educate himself about things he was not taught at school, and because of these interests, Simon was further ridiculed by his peers.

Being a victim of bullying resulted in further punishment at home, with name calling and derogatory comments which compounded how Simon felt. Simon did not feel safe anywhere, trusted no adults and learnt to bottle up how he was feeling. Simon turned to substances as a teenager to cope and began to self-harm. When Simon reacted to the violence he faced as a teenager, he was the one punished at school as he did not know how to communicate what had been happening to him throughout his childhood: he thought it was normal. Simon felt angry and felt that the world seemed unfair. He had also learnt that fighting back stopped the bullies, made him acceptable to others and stopped the violence towards him. However, this led to many more fights with Simon gaining a new reputation which was unhelpful and coloured the way people now saw him. As a young adult, Simon found an outlet in exercise and began to run to deal with his frustrations and low self-esteem.

Being a victim of bullying throughout his life and learning early on that trying to voice your feelings resulted in further violence and retribution, as an adult, Simon became involved in an abusive relationship.

As a man growing up in the North East, being a victim of domestic violence was not spoken about, it was not valid in the community's eyes and provoked ridicule. Therefore, Simon kept the violence and coercion to himself which resulted in thoughts of serious self-harm, anxiety and suicidal thoughts.



After a serious road traffic accident and within the grip of a dark depression, Simon started a new job at a community centre using his self-taught maintenance skills. Within this new role, surrounded by Barefoot Professionals, he began to build his self-confidence and self-worth. Eventually Simon felt strong enough to leave his abusive relationship.

Throughout Simon's barefoot journey, validation of his unique talents, skills and life experience was key to empowering Simon to become a Family Entrepreneur. As an adult and a professional, Simon has been able to reflect on his journey and identify through his professional training that he may have an undiagnosed learning need which has impacted on his ability to learn in a mainstream way and makes his view of the world different from others.

He is a survivor of domestic abuse, both as a child and as an adult and possess a deep understanding of the fragility of mental wellbeing. Through work, Simon has found purpose and his place within the world. Simon's unique life experience enables him to "see" and "hear" young people differently from others; it gives Simon an understanding which connects him to young people who may be living destructive lives and making choices which may lead them to harm.

As a Family Entrepreneur, Simon uses his understanding and experiences to inform how he works with a family. Simon is a strong advocate for those who feel unheard or unseen from a place of professional learning and strength, underpinned by life experience.



Mandie & Tiana

Mandie's family never considered themselves "disadvantaged" but in 2012 her husband Mark suffered a heart attack and died unexpectedly. Mandie was now a single parent to 9-year-old Tiana. Just 6 months later, Mandie broke her leg badly and was confined to a wheelchair. This left her unable to work. She soon found herself behind on her rent and facing eviction, losing the home she and Mark had made together. Mandie met her Family Entrepreneur through Tiana's school. Family Gateway invited Tiana to activities to give her a break from the caring responsibilities she had taken on. We helped Mandie organise her benefits and relocated her to council housing. Her Family Entrepreneur took Tiana to school when the weather made it a struggle for Mandie in her wheelchair. Eventually we received funding for Tiana to take part in bereavement counselling to deal with the loss of her Dad. Through her training and volunteering, Mandie eventually joined us as a Family Entrepreneur, supporting families who had gone through devastating life changes as she did.

Tiana followed her Mam down the same path. She volunteered with us as well and delivered a project to spread information about cancer to over 600 people across South Tyneside. Over time, Mandie became a Project Coordinator and Tiana also joined Family Gateway as an assistant in our Community Hub in 2022. Both Tiana and Mandie have continued to develop and train during their time with Family Gateway. Mandie now works as Activity Coordinator organising and running sessions for the local residents and manages our community café. Tiana runs our classes and activities for babies and toddlers.



Our impact at a glance



4,313

Families in direct contact
with Family Gateway
across all services

Over 4000

Affordable shops packed in
partnership with The Bread and
Butter Thing, saving our community
£102,825



2,375

Children supported through
a range of services and
activities

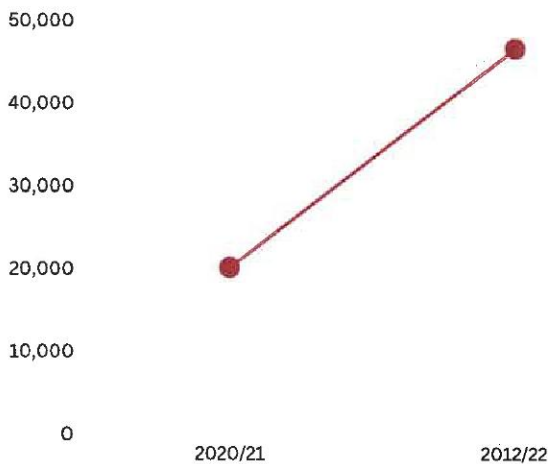
3

Average number of members
in the households we work
with





Our casework analysis suggests 11 weeks of intense family work needs to take place to stabilise a family in order for them to re-take control and move to independence



Our footfall at Howdon Community Hub grew from 20,000 in 2020/21 to 46,500 2021/22, which is a 132.5% increase!



At the CSJ we seek to learn from frontline experts, exceptional grassroots charities deeply embedded in their locality. Family Gateway personify what can be achieved when a community comes together and takes charge. Julie and the team are not just inspirational but are actively changing the game for the people of Howdon.

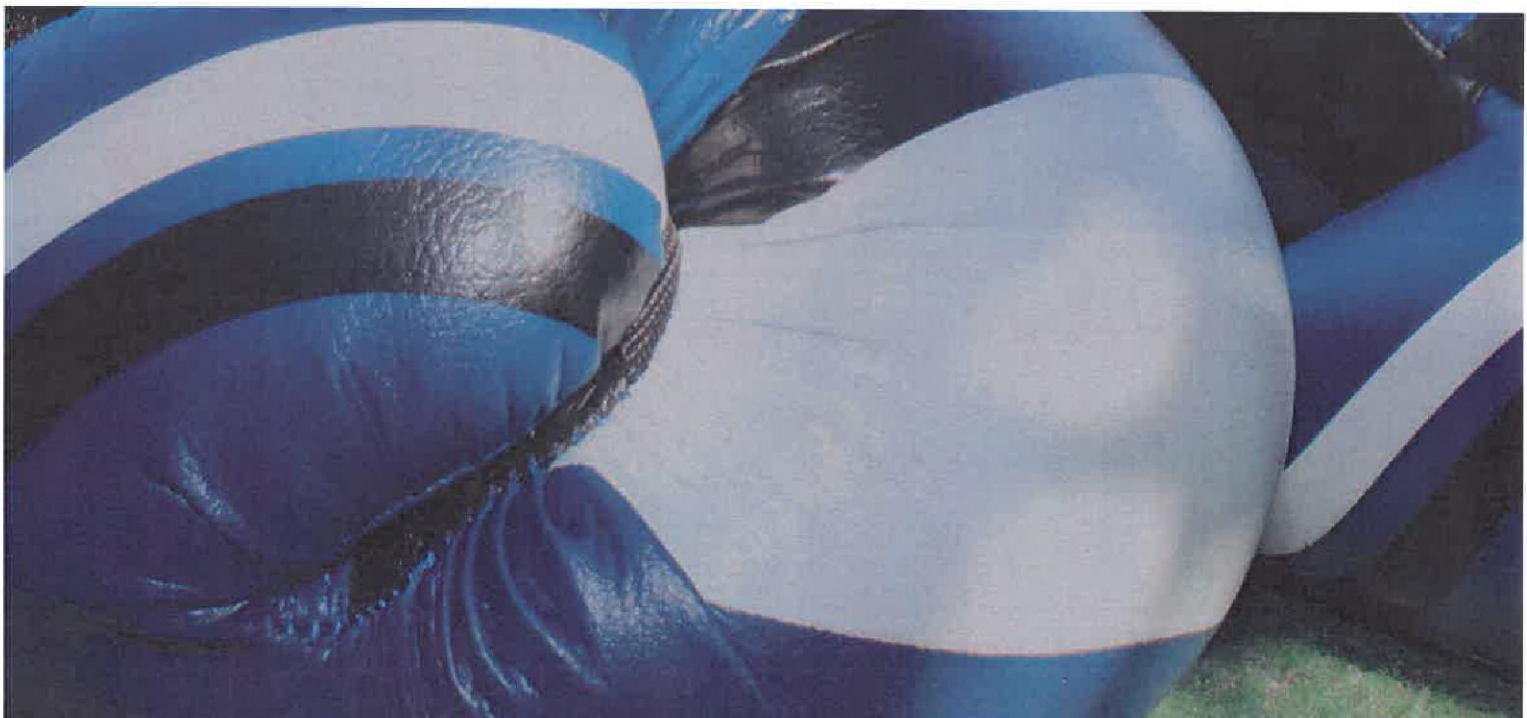
From walking through the door that very first time you instantly feel the energy, the charisma, the passion. Yet this alone does not do justice to the powerful stories, the real experiences, underpinning and guiding their work. Amazing outcomes are being forged by the people, for the people. As a society we can learn a lot from what I consider a shining example of best practice.

I urge anyone to visit, to listen, and to be humbled by exceptional people doing exceptional work – often despite the odds and certainly without the recognition they deserve. Here are true champions, and it has been a privilege to spend time with the team.





Summary of Activities 2022/23: Howdon Community Hub



This year at The Hub

Our overall aim is to improve the quality and amount of space available to staff, volunteers, tenants, group activity leaders, the local community and all visitors to the Hub.

Family Gateway have continued to develop the Hub space both internally and externally over the last year, investing in new roofing, lighting and heating. We have converted unused spaces such as sheds and cupboards into workable office, small group spaces, and therapy rooms. All of this work has been supported by a dedicated army of volunteers from the community, Gregg's, NUFC Princes Trust and SAGE, who have re-decorated the hub both internally and externally giving the space a much-needed facelift. Our hub team have transformed our conservatory area into both a pleasant groups space for patrons to enjoy food and to catch up with friends and an early year learning space, where children can play whilst parents and carers take a well-earned break with a warm drink!

In early spring of 2022, our wild flower garden began to really take shape, funded by Proctor and Gamble with the land being prepared by our partners at SAGE. The garden this spring has bloomed beautifully after much planting the previous year by our holiday activity (HAF) children who threw a range of wild flower bombs alongside highlighting where they would want bug houses, bird and bat boxes. We took the decision not to fence off this area but to retain its open access so families and children could access and enjoy the space at weekends. We also, under instruction from local children retained foliage which provided hiding spaces when playing out with friends.

Our rear garden is now also coming into its own with a fully functioning, accessible walk way, Polly tunnel and raised beds alongside our orchard tended by volunteers and children from local schools. The garden is now providing a range of fruit and vegetables used within our café and shared with families. Over the coming year and with funding secured via the Mercers Company and Gregg's amongst others, we plan to have a range of activities for children, families and individuals getting people back outside into a therapeutic space, conversing with each other after living so long with covid restrictions.

In early 2022 our Café, Howdelicious was overseen by professional chefs from the Baltic restaurant who returned to their previous professional roles as covid restrictions lifted and as the hospitality industry began to re-establish itself. This presented us with a dilemma, after a short period of closure, contemplation and consideration of both a tenanted option and turning the space into a community led café, we settled on the re launch of Howdelicious with menus chosen by our community delivered by our community. This was a brave decision as the cost of living began to bite and the cost of consumables sky rocketed, however with creative and innovative thinking by the hub staff team, we quickly re-established footfall and created partnerships with local businesses to supply us with key items we could not provide ourselves. Gregg's have been an unbelievable support to us, and the local community know that Thursday is Gregg's day! Daily specials are served and the café for the first time in its history began to generate profits, so much so, we were able to offer a paid job role to an existing volunteer who had not felt able to work for some time, but with the right support, was able to return to the workplace putting their skills to excellent use and once again proving that the Barefoot approach is a valid and embracing methodology. As the café continues to generate more income with regular patrons in 2023/24 we aim to create further paid roles within the café.



This year we secured in partnership with Denbigh Primary School funding from Sports England to renovate our Multi use games area (MUGA) which was run down, divided by fencing into two restricted areas and an eyesore for the local community. Work commenced in March 2023 and the space will be fully functioning from May 2023. This investment will see a resurfaced pitch, new fencing, lighting and sports equipment improving the local area aesthetically and giving local families, children and sporting clubs a space in North Tyneside which is fresh, fit for purpose and offers a wide range of sporting activities. This space will also generate self-earned income once established. All income generated will be used to improve our range of activities and create local jobs.

We have continued to host a wide range of local events bringing the community together which always prove popular with our summer fair, Remembrance Day, Christmas fair and Santa's grotto being firm favourites as well as fully booked Halloween, Easter and Christmas Discos! These events are priced to be accessible to all with plenty of free activities available at all events. A very special thank you has to go to the Royal Fusiliers who oversee our annual Armed Forces Day which is quickly becoming the event of the year for our local community. Over the coming year, we plan in increasing our community events calendar.

As we emerged fully from the pandemic and working alongside local families, schools and with health partners we became aware of how the pandemic and the isolation of lockdowns had impacted on babies and toddlers with professional's noting in despair the lack of developmental progress that had been made by under 5's and how this was impacting on nursery and school readiness. Parents of under 5's also told us how isolated they were, how they were struggling with their own mental and physical health and family routines, especially routines around food, sleep and maintaining a child's concentration coupled with young children who did not know how to be with other children. This led us to focus very clearly during 2022/23 on our early years and under 11's offer. It has also led us to taking the decision to become OFSTED registered to ensure we are giving the highest level of care to our youngest patrons. Much of our early years work is funded by North Tyneside Local Authority and by a 3-year grant awarded to us by the Mercers Company and Gregg's Foundation who have been long term supporters of Family Gateway.

Early Years

Toddler Group

We now have a firmly established Toddler Group at the Hub in an area which is lacking this provision, yet which is critical in preparing a young child for nursery provision and primary school. This weekly group encourages children aged 0 – 3 years with their personal, social and emotional development. All activities are carefully planned following the EYFS (Early Years Foundation Stage) guidelines. Toddler group also aims to help children to prepare for nursery with our circle time, snack time and tidy up time. Whilst this provision has not as yet fully run for a year, within the timeframe of this report over 45 hours of provision has been provided with 270 healthy snacks given out to attending babies and toddlers. 50 children have attended these sessions with many of those 50 attending each session throughout the year, with 100% of parents attending completing feedback forms where our rating was “very good” and “would recommend to a friend.” Interestingly, a group of children who attended this group started nursery together and feedback from the school in regards to this group's starting position within nursery provision was excellent demonstrating the earlier peer relationships and learning are embedded the better the long term learning and socialisation outcomes.



“

I totally recommend the toddler group at the Hub. With careful planning, themed weeks and a wide range of activities on offer, it is hands down the best playgroup in our area. We have thoroughly enjoyed coming to toddler group over the last year and my son has even formed a bond with staff and made friends with other little boys and girls.

”

Parent of a 3-year old boy

“

I love bringing my two children to the toddler sessions. My daughter loves having the freedom to run around and enjoys the different sections, especially the home corner. My son is usually the first to dive into the messy play and is usually covered in edible sand or paint. The staff always make my children feel safe and welcome

”

Parent of 2 children: a 3-year old girl and a 1-year old boy

Baby Social

Baby Social classes were established after parents attending Toddler Group with older siblings identified the need for a further activity aimed at babies, not toddlers. Parents and carers were acutely aware of the impact of Covid isolation on babies and understood how this isolation had impacted on their developmental milestones. Therefore, the parents requested a separate baby social space which would focus very much on the socialisation of babies rather than toddlers who were at a different developmental point.

Baby Social was set up to give parents a chance to meet other parents, chat and have a relaxing warm drink whilst babies explore the different toys and sensory areas in a relaxed and friendly environment. Activities in Baby Social classes focus on promoting the physical development of younger babies, from strengthening their neck and tummy muscles to first rolls. Each session ends in a gentle over the clothes massage to leave the baby relaxed and ready for a nice long nap. An additional benefit of Baby Social is that parents attending have now formed friendship and peer support groups which sit outside of the Hubs provision, building resilience within the community.

“

Baby social is a great safe space. Myself and Mason go every Monday. Not only is this amazing for Mason to experience all of the sensory areas, it is also great to help us Mams to socialise and meet new people.

”

Parent of a 5-month old child



Baby Massage

After some research, it was found that there were no affordable Baby Massage courses within the local area. Our Early Years Community Entrepreneur, qualified in Baby Massage with a Distinction and launched our courses in September 2022.

The course is designed to help parents and their baby relax, strengthen their bond, learn how to read babies cues, learn techniques to relieve discomfort of colic, wind and constipation alongside many more benefits. The Baby Massage classes are fun yet calm and informative in a friendly environment. We believe all parents should be able to access such courses. Therefore, we priced our 40% cheaper than other local courses and since launch 11 families have attended the 4-week long course.

“

Freddy absolutely loved Baby Massage! Tiana was so welcoming and classes were fun and an amazing way for me and Freddy to bond more! Freddy and I still use the massage techniques that Tiana taught us after bath time and I can really see the benefits, he loves it!

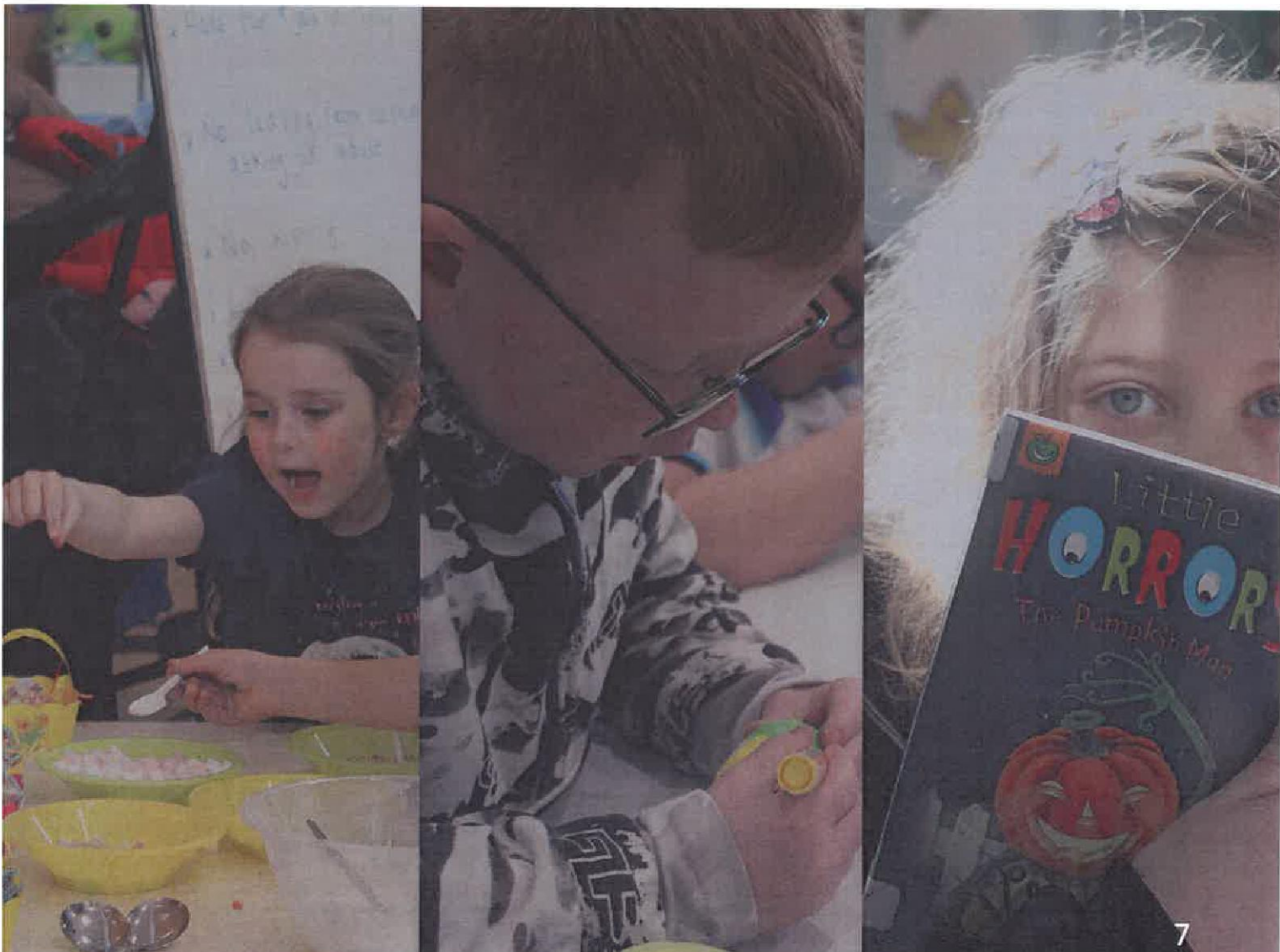
”



Holiday Activities (HAF)

Funding was secured from North Tyneside Council to provide a programme of activities to children aged 5 to 11 during the Easter, Christmas & Summer school holidays. Places are free to those on income related free school meals with additional places available to those not eligible at a small fee. Children attend the HAF program for 4 days, each day providing 4 hours of activity and learning over key school holidays. This year we have focused on the world around us, the importance of our environment and recycling, science and space, music, dance and celebrations resulting in 30 children learning a singing and sign language routine set to "You've Got a Friend in Me." These sessions are open to children with additional needs and ensure children remain active, engaged and do not regress in their learning though long holidays. There is always a focus on healthy eating and nutrition with the aim of young children having access to a variety of tastes, different cultural cuisine and sometimes their first ever attempts at cooking and preparing food for themselves.

This year we have provided places to activities to 781 children with over 3508 hours of play, learning and group activities. This provision has been incredibly powerful for the children who have taken part, creating friendship groups, opening young minds to difference and the power of being unique.



“

My children have been coming to HAF every holiday since it began. They always have so much fun and ask on the run up to each holiday if 'Mandie's Club' is on.

There is always a wide variety of activities and the children are also involved in helping to plan future activities. Nothing is ever too much trouble and the staff are amazing with the kids.

”

“

As a parent, HAF is an absolute godsend. I know I can drop them off in a safe, fun environment where they will be occupied and have the opportunity to take part in activities that they otherwise wouldn't experience.

”

“

Brilliant, committed, friendly staff.

”

“

Keep doing a fantastic job.

”

“

My daughter has a learning disability, they always meet her needs and include her, I feel happy leaving her here knowing that she is safe and having fun

”

“

Staff are great and always friendly, they make all the children feel welcome.

”

Women's Wellbeing

We pride ourselves on working in partnership with our local community. When a local resident came to us and said that she wanted to be able to speak to other women who were experiencing the same issues as her, such as menopause, we worked together to develop our Women's Wellbeing Group.

The group was initially funded from June 2022 via a donation that was made to us from Proctor and Gamble, and provided a safe space for women only to attend on a bi-weekly basis, so that they could take part in activities, meet new people and share their experiences.



16
Women
supported



21
Sessions delivered from
June 2022 - March 2023

The group has made a real difference to many women from the local community and continues to expand and develop with funding secured from The Linden Family and The Barbour Foundation.

“

Coming to the group is the only thing I have really done by myself since I became wheelchair bound. It gives me the chance to chat to other people in a safe space...people who understand me. I have made some great friends and I don't know what I would do without them or the group.

”

“

My mental health was in such a bad place when I first started coming. I had hurt my knee and was just feeling so down about it. The ladies always cheered me up and we always have such a good laugh together.

”

“

I feel comfortable around all of them even though I was the youngest there. They made me feel like I was one of the group straight away.

”

“

We are all a bit mad really. But that is what I need; someone to laugh with when I am there and I am away from caring for my husband. It gives me the break I need so I can go home and have a smile on my face

”

“

I like that we can have a laugh and play bingo but we also get some real tips from the girls that run the group and the rest of the ladies. I still think of three things I am grateful for before bed every night and it makes me think of the small things that make me smile too.

”

Partnership Working: Supporting Families through the Cost of Living Crisis

In early 2022, North Tyneside Local Authority asked us to host The Bread and Butter Thing. This innovative and affordable food service arrived in North Tyneside in April 2022 with Family Gateway being the first in the area to launch. The Bread and Butter Thing are a Charity who currently deliver this service in the North East and North West regions. Members pay £8.50 a week to receive 3 bags of shopping worth over £35 and, TBBT report that in 2022, they had over 50,000 members with overall savings totalling £4.8 million

From April 2022 to March 2023, Family Gateway staff and volunteers packed over 12,000 bags of affordable shopping, equivalent to 120,000 meals. A warm hub was also in place every Friday from September 2022 to March 2023 with free tea, coffee available for everyone accessing the scheme. Families who use the service note that it has created a lifeline for them and rather than go into crisis, needing to access a food bank. This regular discount food initiative has enabled families to budget and feel that they are savvy shoppers rather than feeling the stigma often associated with accessing free food provision.

Working with our local Aldi store since December 2022 we have also received a weekly trolley collection which has included items such as tinned food, cereals, rice, pasta, toiletries and drinks. Items have been distributed to the local community & Hub visitors. Again, families and individuals have expressed the wish to purchase items at a small fee rather than receive things free of charge. This does not mean we do not offer food, toiletries and other goods free of charge to those who need this support, but this request supports the evidence shown in our engagement with the wider community when creating our 3 year strategy: local people are proud and feeling able to provide for oneself or for one's family is vitally important to individuals.

In partnership with the local authority and VODA, Family Gateway provided a Warm Welcome Hub throughout October 2022 to March 2023 with over 1200 people coming to the Hub to take part in activities with free tea, coffee & homemade soup available. We also obtained a TV licence so visitors could watch a wide range of programmes including the World Cup football tournament & distributed 40 warm packs including blanket, hat, gloves, socks, snood & hot flask.

Our Hub-based partnerships have also deepened this year with Ramsey's Theatre Stars, Sassy Fitness, Spiritual Flamingo and Drop Zone Elite Fitness being some of our new delivery partners. We have also worked closely with Newcastle United Foundation, becoming a delivery site for the Prince's Trust. One of the highlights of our year has been working alongside the extraordinary NU Foundation staff team and the young people attending the course. This has been inspirational work, with young people returning to the Hub after graduation having formed firm links to us as an organisation.





Summary of Activities 2022/23: Family Services



This year in Family Services

This year has been one of real development for us as an organisation and as members of the local community. Our Barefoot Professional Model is still at the forefront of everything we do and we have been working hard behind the scenes to share with others why this way of developing and recruiting team members is so important.

Our new data monitoring system DAISY (DAta and Impact SYstem) was also introduced this year, which will allow us to really capture the work that we are doing with individuals, families and young people in a way that not only aligns with our GDPR policy, but also in a way that helps us show the difference we are making.

We pride ourselves on training and recruiting individuals from the local community who are qualified by lived experience, because we know that is a key factor in how we engage with the people we support. Having someone that you recognise, feel comfortable with and someone who truly understands the challenges people may be facing in their local area is what makes our team different from any others. We truly value the experiences that shape a person and we want to show others that your background does not prevent you from succeeding in life, whatever that may look like to them.

We have also been looking at our charity's name, and what it really means to people. We want to get away from the idea that family is only your parents, your children or your grandparents. We know that family comes in many shapes and sizes; it could be your colleagues who have supported you through a difficult time, your neighbour who comes in for a morning coffee, or the group of like-minded people that you meet at your local community centre. Although we still proudly support families and apply our whole family approach to our work, we want to share the message that we can and will support any individual from our local community; no matter who you identify as your family.

Our portfolio of projects has changed a lot this year, with us setting red lines and choosing to step back from some large-scale projects to concentrate on what we do best, because of this our income and staff team has reduced in size. Our focus now will be to implement and deliver on our 3-year strategy.

During 2022/2023, we worked on projects in the following areas: Education and Early Years, Health and Wellbeing, Youth Aspiration and Diversion and Strengthening Families.



Education and Early Years

Our Education and Early Years services continue to be one of our most valuable in supporting children from birth to 16. We have developed a range of early intervention services and activities to ensure that children are meeting their developmental milestones, not only in terms of their education but also in terms of their social and emotional development, something which we have identified delays in after the COVID-19 pandemic.

These projects provide holistic family support to offer guidance to parents/carers as well as direct support with the children and young people. We work alongside the family to increase confidence in parenting, link them with community activities to reduce isolation and ensure they are working with other services to best support their children.

Education and Early Years – Improving Futures

Our Improving Futures project is support commissioned directly from the schools that we partner with; these schools recognise that there is a need for additional support for their families outside of school hours and are aware that this being delivered by an external partner can be more beneficial for all involved.

We provide independent support and advice to the families and help with a range of issues to increase attainment, attendance and behaviour.

We are extremely proud of the relationships we have created and sustained with schools over the last twelve months and we are looking forward to working together more in the future to provide the best opportunities for children.



59

Families supported
this year

365

Hours of 1-to-1 Support
delivered in schools



4

Local Authorities
worked with

100% of parents/carers stated they could manage challenging behaviour better.

100% of parents/carers stated they felt more confident and resilient.

86% of referrals stated they felt they communicated better as a family and spent more time together.

86% of referrals stated they had more information about other services that could support them and their family.

100% of referrals stated they have improved their understanding and put in place routines and boundaries.

- Over the last twelve months, **12 Educational Health and Care Plans** have been put into place for children we have supported.
- Over the last twelve months, we have supported around **30 individuals to complete claims for PIP or DLA** for themselves or their children.
- Over the last twelve months we have supported **6 families to claim for additional financial support for Kinship Carers and Special Guardianship** (where children have been placed into the care of family members).
- We have worked closely with Save The Children and the local schools to provide **53 Early Years Grants** for families in the NE28 postcode, most of which attend Denbigh Primary School.

“

I didn't have a clue how to do an EHCP or what I was entitled to until you came along. It's made such a huge difference because my son is no longer seen as a naughty child and his additional needs are actually being met. I know that the school have to do what we agreed and that's a weight lifted off my shoulders. Now I believe my child actually has a future.

”

Parent, North Tyneside

“

The support for our families has always been absolutely outstanding. The help and information for our families and staff alike has made such a difference when they need it the most. We are very proud to say we have worked with you for so long and we know that we will continue to have a strong relationship now our full-time worker is in place. Thank you for everything you have done for us and the families.

”

Harriet Bland, Collingwood Primary School

Education and Early Years – Stronger Parents, Thriving Children

This project, funded by The Masonic Charitable Foundation, worked with parents from pregnancy and in Early Years (0-3) to provide children with the best start in life and prepare them for nursery.

As with our other projects, we worked in partnership with the family to create a personalised holistic action plan tailored to the family's situation, needs and challenges in order to best support them and provide them with the opportunities that other families may have easier access to. We supported with a variety of topics including routines, boundaries, confidence in parenting, parental wellbeing, children's wellbeing and maintaining home conditions. We also linked families in with activities in the local community to promote peer support and encourage social development in the whole family.



*Original funding was for 75 families



*vs a target of 50 Hours per family

- 73%** of parents/carers stated they felt their child was more prepared to go to nursery or school.
- 73%** of parents/carers stated that they were more aware of activities in the local community that they could access for their family.
- 100%** of parents/carers stated that they felt they had more understanding of how to better support their child.
- 91%** of parents/carers stated that they had improved their understanding and put in place routines and boundaries.
- 91%** of parents/carers stated that they felt their mental and physical wellbeing had improved.

We have successfully run **14 outreach toddler groups** in an area of high deprivation that had repeatedly shared with us that they needed a social group for their children to attend to improve their social skills, particularly after COVID-19. These sessions were all delivered at no charge to the families that attended and support with the development of an excellent peer support group, who still continue to help each other even after the sessions have ended.

Although the funding for this project ended in March 2023, we are excited to continue working with this age range through our new partnership with our local Primary Care Networks.

Health and Wellbeing

This year, our focus on Health and Wellbeing was at the forefront of our design and delivery of many new projects, as well as on our existing projects. We understand the importance of both physical and mental wellbeing and the positive effects it can have on an individual, children, young people and families.

We know that support around Health and Wellbeing can be difficult to ask for, but we worked closely with our staff, partners and the local community to reduce the stigma of asking for help and promote positive and informed choices around wellbeing for everyone.

Health and Wellbeing – Cancer Support

In October 2022, we ended an 18-month project in partnership with Maggie’s, F.A.C.T and Coping With Cancer, funded by NHS Charities Together, which supported individuals affected by a cancer diagnosis. As the only non-cancer specialist organisation, we provided a range of activities and support to both adults and children affected by a diagnosis; whether it was their own or that of a friend, family member, neighbour or colleague.

The support that we offered varied from children’s activities to give parents some well needed respite, to one-to-one emotional support, to practical support in the home for individuals who were struggling to cope with daily tasks due to their diagnosis.



209
Individuals
accessed support



1991
Hours of support
delivered

Unfortunately, we did not receive further funding for this project directly, but we are still engaged with cancer support networks in the North East and working on securing further funding to best support individuals in our community who are affected by a cancer diagnosis.

Health and Wellbeing – Northumbria Healthcare Colposcopy Communications Strategy Support

Through our cancer support project, we were able to develop excellent relationships with cancer networks across the region, and were given the opportunity to work with Northumbria Healthcare on their communications strategy for their Colposcopy department due to a high rate of DNAs (*“Did Not Attend”*), particularly in young women aged 25–39 years old.

As a result of our work in partnership with Northumbria Healthcare, our focus groups with women of all ages and our staff working hard to provide a personal insight into the effects of a worrying result on their cervical screening, Northumbria Healthcare introduced a new strategy to target those women who did not attend their colposcopy appointments for a variety of reasons. The trust introduced new letters, a new website with a range of information and support (including videos to tour the department and two case studies, one of which was provided by a Family Gateway staff member), and also text reminders for appointments.

During their research they concluded that some women were unable to attend their appointments due to the cost of travel; something which we knew we wanted to support with. We were able to use a donation from Proctor and Gamble to support with travel costs, allowing women to attend these vital appointments that they may otherwise have missed



I have known Family Gateway for over 7 years. It is a charity that has always impressed me, especially in relation to the difference they make to people's lives - which is founded on employing people with relevant lived experience. The Charity is going through a new phase of development, with much passion, enthusiasm and professionalism from the CEO and the rest of the staff team. They are on a solid footing to make the most out of the Community Hub and family support sides of the Charity, and how they complement each other.



Grant Funder

Youth Aspiration and Diversion

Our work around youth aspiration and diversion is an area that has continued to develop in terms of delivery, our model and the outcomes we have achieved. As with our other projects, we provide holistic family support to ensure that the whole family unit is able to implement long lasting changes to improve aspiration levels across generations.

We know that the areas in which we deliver our youth services are often struggling with a generational cycle of low aspiration levels, with young people unable to see a future for themselves with goals of what they want to achieve. We work closely with the young people to show them an alternative; a life in which they can enjoy themselves, be pivotal members of society and a life in which they can have goals and dreams.

We have worked closely with our local Neighbourhood Policing Teams and the Office of the Police and Crime Commissioner's, and the Northumbria Violence Reduction Unit (VRU) to support young people at risk of escalating into anti-social behaviour and crime, whilst also supporting victims of crime.

Youth Aspiration and Diversion - Community Link Workers

Community Link Workers supported young people referred to us from Neighbourhood Policing Teams, Out of Court Disposal Panels and the Communities Together Team based at Northumberland County Council. The intention was to intervene with vulnerable young people who were finding themselves getting involved with low level crime and anti-social behaviour. This project operated over a large geographical areas including – Northumberland, North Tyneside and Gateshead – each area presenting their own unique challenges.



38
Families
Supported

113
Adults and Young
people supported



This equates to an average of 2.97 individuals per case across all link worker referrals.

90% of young people reported improved confidence to make positive choices in the lives.

100% of parents/carers stated they felt more confident and resilient.

33 young people demonstrated improved engagement in education .

Youth Aspiration and Diversion - Teachable Moments

The Teachable Moments Project, funded by the Home Office, led by the Northumbria Violence Reduction Unit, and delivered in partnership with Northumbria Police and EDGE North East, saw Teachable moment coaches based in three custody suites across the Northumbria Police Force; engaging young people aged 11-17 who were arrested and who were being held in custody. The aim of the coaches was to engage with a young person, in that moment of contemplation whilst in custody when the environment might facilitate reflection and engagement in support services which might then lead to a change in their risk-taking behaviour. Beyond the custody suites a team of Family entrepreneurs and specialist workers experienced in gangs and county lines were available to continue support in the community.

The Community Team then provided longer term, holistic family support in the places where it mattered most; at home, in school and in the areas in which the young people spent their free time. Having no time restrictions was critical to ensuring a young person and/or their family felt supported and that goals were achieved at their pace. It was through our work on this project that we identified a gap in provision for kinship carers, with 108 individuals presenting in custody at this time not living in their parental home. This is high on our list of priorities for the coming years.



An average of 11 sessions per young person seen.

Youth Aspiration and Diversion – Project Summertime

Operation Summertime was created to engage with young people across Killingworth, Wallsend and Forest Hall, working with the Neighbourhood Policing Teams to find out what young people wanted in their local area with the overall aim of reducing anti-social behaviour.

Our team members accompanied Police Officers or PSCOs on a Thursday, Friday, Saturday and Sunday (1pm–8pm) during the summer, around areas that were seen as hotspots for ASB, and would directly interact with young people, talking to them about what activities they may want to see provided that would give them an alternative to spending time in areas where they may be at risk.

We signposted these young people to existing activities in the local community and also created a plan of activities that we wanted to focus on over the coming year as an organisation. A startling revelation was born from these projects: young people reported being terrified of leaving school, fearful of their future. In some cases, to ease anxieties around what the future held, young people were using drugs and alcohol to cope with these emotions.



*Support offered by our Family Services team through the wider VRU Project

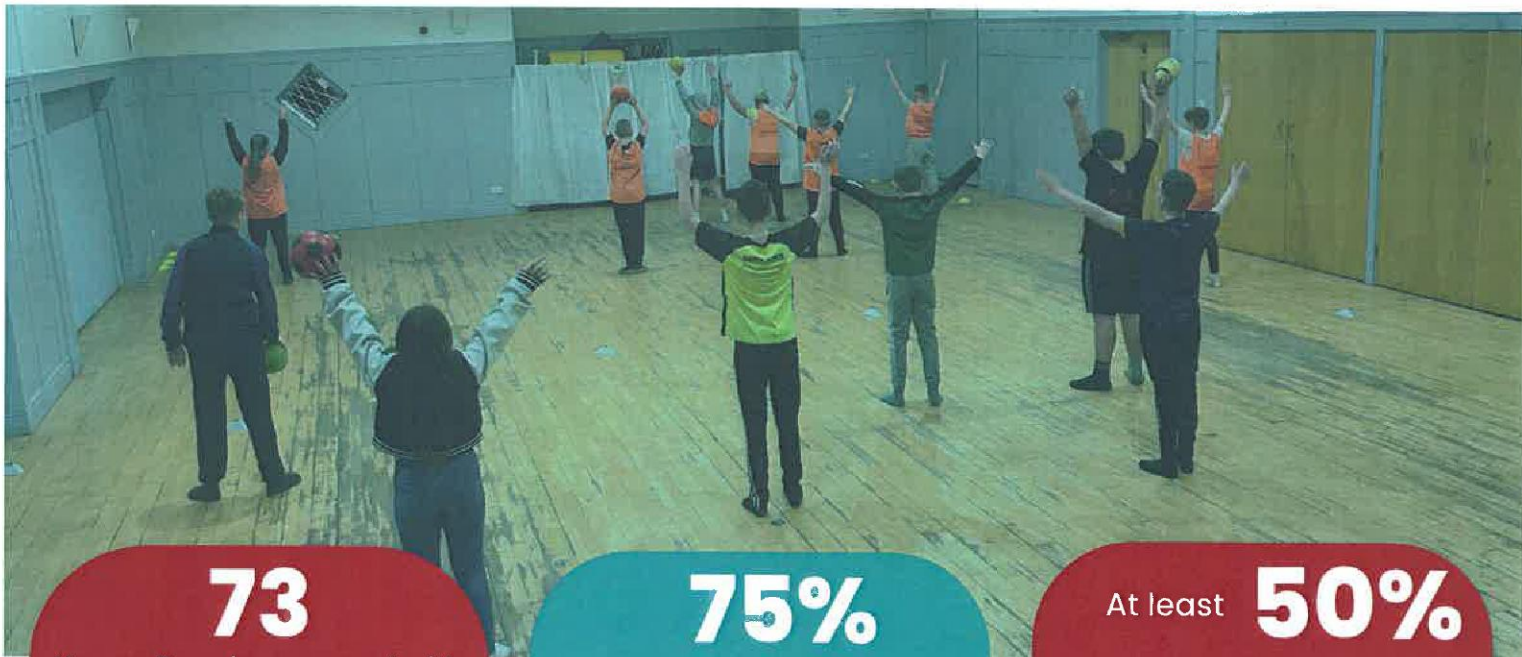
The project contributed to a **39.6% reduction in ASB and neighbourly disputes** throughout its duration.

In the areas we patrolled, **Youth ASB dropped by 52.5%**, proving the concept of the project as sound.

Youth Aspiration and Diversion – Street Games Outreach

After our success on our previous outreach projects, we worked alongside SportWorks to deliver a Ministry of Justice funded project overseen and monitored nationally by Street Games, to deliver outreach sessions and diversionary activities for young people in the local area of Howdon and Wallsend.

The team engaged with local young children and provided a range of sports activities in the MUGA (Multi Use Games Area) and Hall spaces within our Hub. As this project developed, we quickly became aware that children were seeking not only something to do but something to eat as they were hungry and did not always have access to enough food at home. As a result of this we also provided the young people with refreshments as well as a safe space for them to use where they felt comfortable and listened to. Young people attending told us that they did not feel safe in the local area and were fearful of peer groups, gangs and bullying.



73

Young People engaged with over the course of the project

75%

of Young People who attended the sessions reported an increase in confidence and awareness of ASB in their area

At least **50%**

of participants got to try a sport they'd never tried before

At least **90%** of the young people who attended the outreach sessions attended all 32 of the scheduled sessions.

By the end of the programme, young people were **leading the sessions** and informing the coaches what they wanted to do. This was a huge success, and a contributing factor to the project's popularity.

Young People and the Impact of Sport

George - Resetting the Lens

George was having issues within school that weren't being addressed and George didn't know how to properly handle this. As a result, and out of desperation, George retaliated by taking a knife into school thinking this may solve their issue and they would be left alone, but because of this he was expelled and moved to a school out of the area. This caused George to lose all the friendship circles they had built up and the fallout of this was isolation, family conflict and distress and a significant drop in self-confidence and self-esteem making it hard for them to make new friends.

The task at hand was to improve self-confidence, self-esteem, self-awareness and address risk taking behaviour. Due to the presentation of George and his feelings, at the outset George was slow to engage with Fit Mind Boxing Warriors. The YP was also extremely unfit having had little access to exercise post Covid.

To engage young people, the first element of Fit Mind Boxing Warriors is to ensure that ground rules, boundaries and respect are seen as the foundation stones. This includes discipline and structure. Due to Georges lack of confidence and fitness levels, coaches worked alongside George they pushed themselves weekly to achieve more than they felt they were able to, building self-belief.

To address low level of engagement further, George was exposed to additional physical exercise cushioned with positive affirmations and praise when their effort where positive, but corrected in a constructive way if behaviour and outputs where negative, carefully explaining and demonstrating that mistakes are ok, but of the importance of self-correction and reflection. This demonstrated how we must learn from mistakes and use them to improve ourselves and by trying and engaging, improvement is the reward followed by success.

In addition, the group were also exposed to simple, strict rules and discipline to embed a understanding of consequences, but in a respectful manner: If an instructor was talking they were to listen, but also if a YP was talking, they were to be listened to. Everyone was equal and afforded the same amount of respect. The results were increased confidence, self-esteem and respect along with increased physical fitness, dedication, routine and a bigger social circle. Dad was asked the following question and gave a response:

Do you feel that the course has had a positive impact on your child's fitness and wellbeing?

Absolutely! George has had some issues this school year resulting in them being excluded and moving schools in a different area. They have been low on confidence and friends since. However, from the moment they went to the boxing classes they have become more settled and made friends. They are a bright kid that has made some silly decisions but they are now returning to the person we all know and love. They're even running the hoover round without any backchat. Fitness wise they've always been a kid that will sit on their Xbox all day and its been a fight to get them dressed and out the door. They are now wanting to play out with their new friends and has a purpose with the boxing.

Young People and the Impact of Sport

Tom – Building Self Belief

Tom was being targeted and bullied in their community and was regularly a victim of assault. This resulted in Tom staying indoors, not socialising and spending free time playing on their phone or on computer games. This led to self-isolation, deteriorating mental health and lessening resilience. Tom's declining mental health was not being addressed, Tom was becoming more withdrawn and the decline was so rapid, Tom had stopped leaving the house which was impacting on attitudes, thinking and behaviour with a serious impact on the Toms education.

Tom was encouraged to attend Fit Mind Boxing Warriors and in the first instance the aim was to build self-confidence and feelings of safety, through the ability to defend himself outside of the home and within the community and to educate Tom into not see a violent response as a valid one, increasing the risk to himself and to others.

Within sessions, Tom worked as part of a wider cohort of young people and with peers, improving his skills week on week. In addition, he received 1-2-1 coaching and support around technique, and as part of the group, discussions around social issues which were worrying the young people took place. More individual sessions bespoke to Tom's needs took place with a Family Entrepreneur, qualified by experience, who had come through our Barefoot Model as well as direct support to Tom's parents via the England Boxing coach, building parental resilience and family cohesion.

The trusting environment facilitated discussion about some extremely challenging issues faced by the young person within a safe space, but also within his new peer group. This approach empowered the young people themselves to upskill each other in their thinking, attitudes and behaviour by forging new relationships based on shared values and experiences, which continued into the wider community.

Listening and hearing each other was key within sessions and the young people benefited from having a safe space to share feelings and emotions outside of the family unit and havinh a solution focused approach to the challenges they faced.

As sessions progressed and after ground rules had embedded, coaches began to use more directive tones and volumes of speech with Tom. Previously a tone or volume change would have triggered a negative reaction in terms of self-belief and confidence, but now the YP was beginning to push through their own barriers and self-limiting beliefs to achieve much more than he believed he could. With increasing fitness and strength the YP became forward thinking for themselves and relied less on direction, confident in making their own decisions with successful and skilful technique, all whilst smiling, laughing and exchanging banter with the instructor. The results were increased confidence and this was evident in the way the YP carried themselves. The YP has started going out again and being social without any worry. Tom's Mam said:

"I believe the course has helped Tom mentally as they are coming home from school, getting changed and ready to go to boxing. It gives them a purpose of something to do rather than sitting on his phone, they have a feeling of friendship not just with friends at school but with those who attend the course in person which is great for mental health actually meeting new faces and talking. Most importantly the coaches have helped the children both mentally and physically. Their encouragement to push them that little harder and believing in those attending and helping them believe in themselves has helped Tom again in confidence. Tom believes in themselves and that anything is possible if you put your mind and effort into it

“

The work of Family Gateway is truly community led, recognising that solutions to the challenges faced by communities, lie within those communities. We have worked together since the inception of the Violence Reduction Unit through our shared belief in a public health approach. We look forward to continuing our work over the coming years as well as the increased opportunities to share the learning and good practice wider across Northumbria.

”



Steve Hume - Director of Northumbria
Violence Reduction Unit

Strengthening Families

Our Strengthening Families portfolio works with families who find themselves often in the most complex situations. COVID-19 led to some long-term issues, particularly in this area of work, where due to the complexity of situations and the time that families were left without intense support, many struggled with keeping home conditions suitable and managing their children's behaviour. Some had their own battles with addictions or other mental health issues which affected their family as a whole.

Strengthening Families – Looked After Care

Our Looked After Care Project, funded by Henry Smith for six years, works with families who are involved with Social Services and may be at risk of having their children removed. Although many of these families work hard to overcome barriers and challenges that they are facing to make real, long-term changes, sometimes within this work we find ourselves advocating for children who otherwise may not have their voices heard within statutory processes alongside supporting parents to understand what is happening to them and what rights they have in law.

We understand how important it is that children are given the opportunity to grow up in a safe and loving family home and know that this may not always be with their parents. However, we work closely with parents/carers to make real changes to their lives that have a long-lasting impact on them and their family, and work alongside them to return their children to their care where appropriate. Although these families are often in the most complex situations, they also often show us the greatest progress and changes for themselves and their children. Whilst we work to support a family to develop resilience and independence, the process of care proceedings is not a swift one, therefore we engage with these families the longest to ensure positive outcomes are secured. The support period is reviewed regularly but is bespoke to the family.



61

Families supported
this year

91

Adults

162

Children

- 80%** of referrals stated they feel their mental and physical wellbeing has improved as a parent/carer.
 - 93%** of parents/carers stated they could manage challenging behaviour better.
 - 80%** of referrals stated their children seemed more able to cope with their emotions.
 - 60%** of referrals have reduced their substance use (where it has been an identified issue).
 - 93%** of parents/carers stated they were aware of their support network and were more comfortable asking for help.
- **60%** of families removed or downgraded from their plan.
 - **19** children removed from parental care.
 - **12** of these children returned to their parental home.
 - **4** of these children were placed with wider family members.
 - We were able to access funding to pay for **counselling sessions** for a parent who was instructed by the courts to undergo therapy for her own trauma before she could get her children back in her home.

“

The support I have received from Family Gateway has changed my life all together. My son is back home and doing really well, I am going out more and I have even secured myself a part time job helping others in the local community. We felt like we weren't being listened to but our FE really stood up for us to get the best outcomes for us.

Parent, North Tyneside

”

“

The support that Family Gateway provide is a valuable service for the families we work with. The support the parents have been offered has been amazing as they wouldn't have made the changes they needed to otherwise

Social Worker, North Tyneside

”

“

We have a lot of families involved with social services that we can't support, so the fact this project exists is amazing

Humankind Worker

”

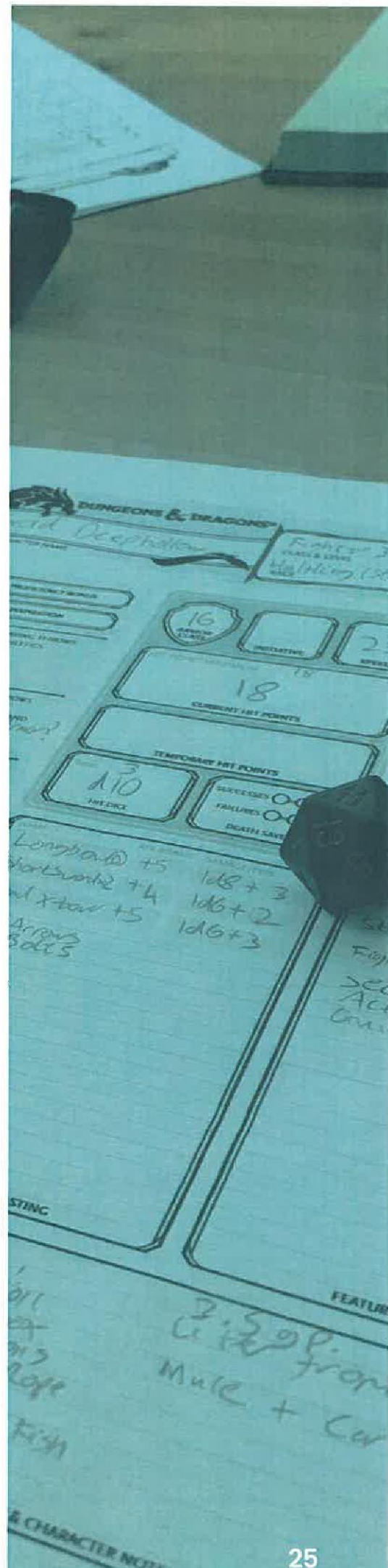
Looked After Care – Stories of Impact

Zoe – Getting a Mam back on her feet

Zoe was unemployed when we became involved with her. Due to her anxiety and wider mental health issues, Zoe's son James was taken into care.

She was referred to Family Gateway to allow James to be placed back in her care. Zoe's Family Entrepreneur initially supported her to address her own issues, including applying for Personal Independence Payments and helping her to take the first steps towards engaging in the community. Having James removed from her care had given Zoe a strong distrust of professionals and her Family Entrepreneur knew how important it was to build a trusting relationship. She demonstrated she was on the family's side by enabling James to express his desire to move back home. The family started to attend the Hub. Zoe appreciated the welcoming, friendly environment, and soon started visiting daily for lunch, engaging in activities, and in volunteering. Her health and wellbeing improved, Zoe and her husband started socialising, and building their relationships. After a lot of hard work and self-improvement, James was placed back into the care of Zoe and her husband. James also began to engage in the Hub as part of our new Dungeons and Dragons club, which was started partially due to his interest in playing the game. In these sessions, he had a chance to be creative and meet new friends.

With the continued support of her Family Entrepreneur, Zoe was able to use her new volunteering experience as a springboard into work. She now works at a local café. When we told her it was time for us to step away, she said: "Too much was being done to us, and decided for us, we needed to make decisions for us as a family and thanks to Family Gateway we are."



Looked After Care – Stories of Impact

Jennifer – Reconnecting a Family

Referral was made by social services to help support Mam in meetings. Her daughter was placed in temporary foster care due to an altercation between Mam and daughter. Mam suffered a breakdown in which her mental health spiralled even further.

Mam explained that she has not had a good experience with social services. Mam had experienced so many different social workers that she had not been able to build up any relationships, this led to a deep mistrust and had led to Mam feeling she has no say or control as a parent. Mam also felt intimidated and unheard in meetings, and that she did not feel she has the support she needed to understand what is happening around her in relation to her daughter. Mam also feels that social services are purposefully trying to disrupt things so her daughter remains in care and the changing staff and fact her daughter is living away from home was leading to a breakdown in communications which Mam believes may lead to her never having a positive relationship with her daughter again. The trauma of the situation and feelings of hopelessness led Mam to stopping all contact with her daughter to reduce the pain she felt and the confusion for her daughter as her belief was that her daughter was not coming home.

The work with Mam began with setting out the law, rights and entitlements and by clearly explaining what the role of social services was and what they were trying to establish to ensure the environment for her daughter was safe. As a Barefoot professional, we often find we can quickly build trust and communicate with a person as we come from a place of lived experience.

Our work plan agreed that before every meeting, we would meet to discuss what would happen and what Mam would like to say. After each meeting, we would meet and go through outcomes and discuss areas of concerns and we would clarify anything Mam did not understand. Mam was also referred by Family Gateway to an Independent advocate which was an entitlement in law that Mam was unaware of. Mam understood that the independent advocate was for her, and was not influenced by anyone else. We also explored family mediation between Mam and daughter to resolve issues and improve communication so contact could be reinstated.

This has resulted in Mam fully engaging in the meetings and realising that she is not being attacked. Family mediation has taken place and they have had 2 sessions and it went really well. The advocate engaged with Mam and ensured her views were heard in social services meetings. This enabled her daughter to hear her Mam's views in a calm way and view them as truthful. Contact has re-started every 2 weeks, supervised with a view to contact being partially supervised in the near future. This will then move to no supervised contact at all, with 1 overnight stay on a weekend. There has been a significant improvement in Mams mental wellbeing. Mam and daughter have started to rebuild their relationship and the long-term view is for Mam and daughter to be re-united living at home.



Structure and Governance



How are we structured and governed?

Family Gateway is a registered charity (registration number 1144453) and a company limited by guarantee established under a Memorandum of Association which states the objects and powers of the charitable company. It is governed under its Articles of Association dated 29th of March 2011, as amended on 3rd October 2011. The Trustees confirm that if the charity is wound up whilst they are trustee or if its is wound up within one year of them ceasing to be a trustee, they would be required to contribute an amount, not exceeding £1, towards the payment of debts and liabilities of the charity.

Recruitment and Appointment of Trustees

We recognize the importance of the breadth of skills and knowledge that our Trustees bring to the organization and we recruit to meet specific needs in line with our work, our strategy and our charity governance obligations. A skills matrix system is used for regularly reviewing availability of skills against current and future plans and in this current year we have recruited one new Trustees using this system.

Trustees are voted on to the Board of Trustees at the Annual General Meeting in accordance with our Articles of Association and all Trustees give their time voluntarily, receiving no payment or benefits from the charity. The Trustees who served the charity during the year are detailed on [Page i](#). At the 31st of March 2023 there were 5 Trustees holding positions, representing a diverse mix of skills and experience with a further proposed Trustee going through induction in preparation for the 2023 AGM.

Trustee Induction and Training

New Trustees are likely to know the background of the work that the charity does before joining the board and will have an appreciation of the charity's aims and objectives. A refreshed induction process has been introduced to ensure any proposed new Trustee understands the work undertaken by the charity prior to confirmation of their intention to join the Board of Trustees. This induction includes an informal meeting with the Chair and Vice Chair of the organisation and the CEO followed by an opportunity to shadow our Family Entrepreneurs and meet with families in receipt of our services. This allows both the proposed Trustee and the organisation to decide if the skills base and our work are a good fit.

The new proposed Trustee will then be invited to attend a Board meeting as an observer before applying formally for a role, thereafter due diligence checks are carried out. The main documents which set out the operational framework of the charity, including the Memorandum and Articles of Association will be shared and discussed with any new Trustees, along with our Directors Handbook. New Trustees will also be briefed on the current financial position of the charity with the aid of the most recent set of financial statements. Finally, the current resources, grant funding and other revenue streams as well as the future plans of the charity will be discussed with new Trustees. All Trustees are familiar with the practical work of the charity and have also been encouraged to consult the various Charity Commission publications signposted through the Commission's guide, "The Essential Trustee", and the information sheets provided on the Commission's website.

All trustees are required to undertake a DBS and will be expected to undertake Trustee Safeguarding training within 6 months of being appointed. In the forthcoming year, new Trustees may be appointed in line with the skills matrix gaps and the new areas of focus of the organisation. The current Trustees will continue to ensure appropriate training is provided for themselves and that proposals are brought forward to regularly review the skills mix and capacity of trustees to ensure maximum effectiveness. One-to-one reviews with the Chair will support their development and inform succession planning for the Board.

Arrangement for setting key management personnel remuneration

No part of the income or property of the Charity shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise by way of profit to Members of the Charity. This shall not prevent any payment in good faith by the Charity to members, who are not trustees or connected parties, for the reasonable and proper use of any goods and services. Expenses may be reimbursed for any reasonable and proper out of pocket expenses incurred when acting on behalf of the Charity. The board set the remuneration based on the financial position of the charity and by taking into account salary rates of people in similar jobs.

Organisational Structure

The Board of Trustees administers the charity, oversees its governance and sets the strategic direction in partnership with the CEO, senior leadership team and in consultation with the community and staff team. On an annual basis it agrees the strategy and sets the objectives which are incorporated into the strategic plan. It meets every two months to received an update from the CEO, Head of Finance and Compliance, Business Development Manager and Hub and Operations Manager, and agrees actions to move the business plan forward. A number of Board sub groups are established to focus on core areas including Finance, Risk People and Culture and Business and Enterprise. All sub-groups have clear Terms of Reference.

At the end of the financial year 2021/22 the CEO reviewed the management structure post Covid and as the Cost-of-Living Crisis began to hit. Given the organisations program of change in response to the needs of the community and with a focus on sound governance, quality assurance and efficiency, the role of Operations Director was removed from the organisational structure.

During 2022/23 the CEO role has been supported by a senior leadership team to reflect the changing shape of the organisation. The senior leadership team comprises of, Finance and administration Manager, Business Development Manager, Hub and Operations Manager. Operationally the senior leadership team has been supported during this period by three coordinators and a team leader. All senior leadership roles and operational support management roles reflect our Barefoot roots ensuring lived experience permeates at all levels ensuring we remain connected to those we serve.

Executive staff have been granted a range of delegated authorities by the Board trustees in order to run the organisation efficiently.

Pay Policy for Senior Staff

The Board of Directors, who are the charities Trustees, give their time freely and no Director received remuneration in the year. The pay of senior staff is reviewed annually and no pay increase was given to the CEO this financial year. Senior staff salaries are considered in line with the organisations size, the complexity of the roles, and the responsibilities that staff carry. Senior management salaries are benchmarked against similar roles within the market and the availability of skills for key roles. In 2022/23 as the organisation continued to review its leadership and senior management needs a new role, Head of Finance and Compliance was created which attracted a marginally enhanced salary than that of the previous role of Finance Manager. The incumbent Finance Manager was successfully consulted into the role. In 2021/22 focus was given to reviewing the pay, terms and conditions of our delivery team of Family Entrepreneurs and Hub Assistants' salaries, in line with our pay and remuneration policy to address the cost of living crisis. Throughout 2022/23 this focus has remained in place with enhanced terms and conditions being offered.

Risk Management

The Trustees have a risk management strategy that comprises:

- Monthly senior leadership review of the organizational risk register.
- Bi-monthly review of the risks the charity may face and regular monitoring at Board meetings.
- A risk sub-committee comprising the CEO, Head of Finance and Compliance, and two experienced trustees. This group meets bi-monthly to reassess the likelihood and impact of identified risks.
- Cascading of risks and mitigating actions to management and project teams and other board sub committees.
- Detailed action plans mitigating identified risks.

Key Controls that the organisation use to mitigate risk include:

- Monthly strategic reviews and financial planning reviews.
- Robust safeguarding processes and policies, including our newly developed in house safeguarding training to ensure staff and service users are safe.
- Strong and robust authorization and approval processes for financial approval.
- Strong communication protocols throughout the teams to ensure cascading of information and policies.
- Newly introduced staff newsletter.

Due to the nature of our work, we have identified that Health and Safety of our building and staff team and the safeguarding of staff and beneficiaries in one of our most significant risks, as is long term funding particularly as a result of the impact on funders post Covid 19 with much more competition for grants with grant givers having less resource to allocate, and the rise in need given the impact of the Cost-of-Living Crisis which will frame much of the next financial year.

Therefore, health and safety, safeguarding and financial management are the areas we focus upon. We have an annual process of policy review in place, governed and overseen by the People and Culture Sub Committee. Our Health and Safety committee oversees all key areas and during this financial year, we have invested in the training of staff in areas such as first aid training, paediatric first aid, fire marshal training and we have commenced OFSTED registration. In respect of safeguarding and protecting the information of staff and beneficiaries, the introduction of mandatory in-house training for safeguarding and GDPR, and the implementation of a robust staff supervision and appraisal policy supported by our employee assistance program is now emended along with the launch of our new CRM system, ensuring our beneficiaries information remains safe and compliant with GDPR. To ensure we remain focused on our financial health and position, a roadmap with in year targets and triggers is in place, supported by robust financial procurement and expenditure policies and processes.

Therefore, we remain confident that we have good mitigating controls against all risks.





Financial Performance



Financial Performance

As with 2021/2022, the 2022/2023 Financial Year was always going to be a challenging year. A number of factors presented themselves in ways which required innovative and creative thinking to meet the challenges whilst striving to move forward in a cohesive and structured manner. Increased demand for funding to meet the growing needs of the community has resulted in a shift in emphasis with funders seeking to understand our future financial plans balanced against our free reserves and cash balances. Consequently, we have developed a more nuanced approach to how we manage our funding and relationships with current and potential funders.

Within our Hub, the range and diversity of activities and involvement with the community has continued to grow and whilst increased energy and running costs have proved challenging, they have not been an impediment to our ability to provide services and facilities within the Hub.

At the start of the Financial Year, The Howdelicious café was temporarily closed due to operational reasons. It later reopened using volunteers and has slowly increased trading to an extent whereby we can employ the volunteers.

Turnover for our Charitable Activities has reverted to a more balanced portfolio of funded projects more in keeping with our original ethos and purpose... We have resumed and continued much of the work with vulnerable families and individuals we were involved in pre covid

Expenditure has decreased in relative terms to turnover. Rising costs in energy and everyday consumables continued to have an effect during the year and it is apparent that this will continue into 2023/2024. Nevertheless, we have remained within budget and have achieved a surplus which represents 4.3% (2021/2022 4.4%) of our total turnover and despite the fluctuations of new income streams, our overall bank balances and balance sheet reserves have grown compared to 2021/2022.

Looking forward to 2023/2024 we anticipate that access to resources to continue our work will be challenging for the Charity sector as a whole. The ongoing cost of living crisis and uncertain external environment both have implications in terms of increased demand for our services in the face of increased competition for diminishing resources, including funding.

Reserves Policy and Going Concern

The Charity operates with only limited financial resources; therefore, the Finance and Risk Sub-Committee of the Board of Trustees regularly assesses and reviews its Reserves Policy in line with the financial performance, risk and the external environment. The Charity's policy is that unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") should be between 4 and 6 months of the resources expended. At the balance sheet date, the free reserves stood at £159,675 which represents just over 3 months of current operating costs.

The Board considers that the uncertainties and risks of the sector in which we operate dictate that our reserves target is not only desirable but necessary and we will continue to build reserves as quickly as possible without compromising our standards and objectives.

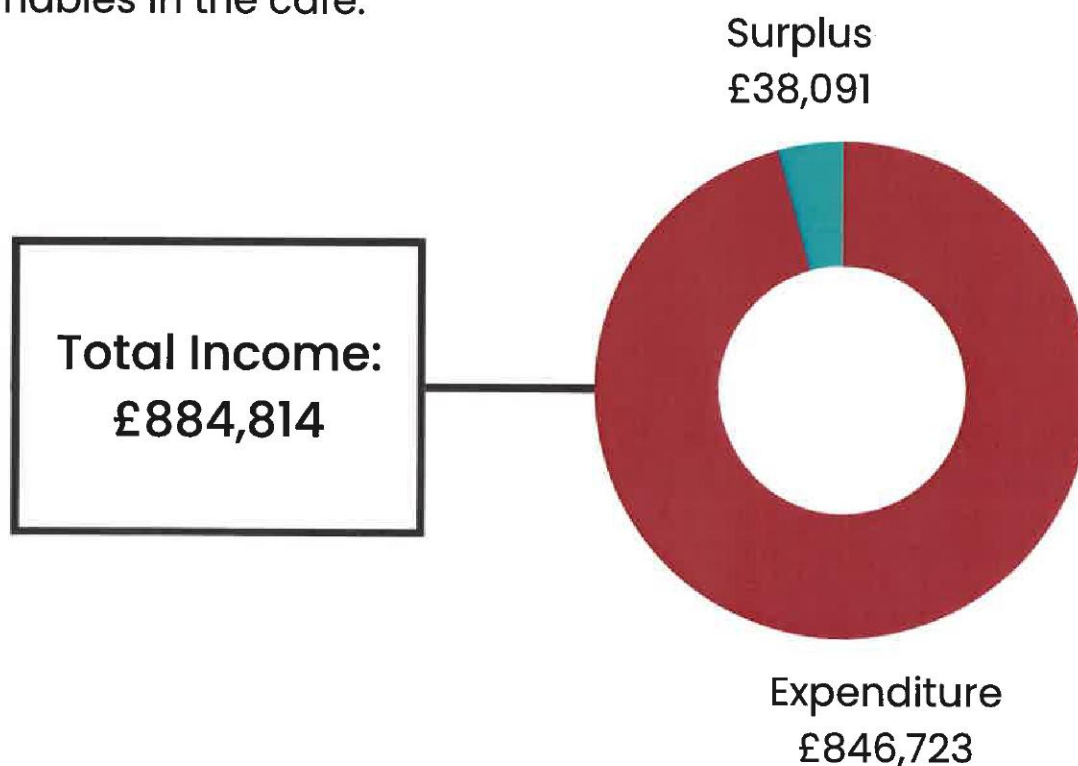
We have to balance our continuing need to expand and innovate against the need to conserve funds to extend the operating cost cover period and this requires careful funds management. External uncertainties dictate that we need to be prudent in respect of our reserves levels and on that basis the trustees will continue to budget for unrestricted fund surpluses in future years to extend this operating cost cover period towards the 6 months' level and to move to a position of being able to confidently fund investment in new projects. This will be achieved through continued income generation, establishment of new unrestricted income streams, cost management and sound financial management.

Whilst the current free reserves remain a risk for the Charity, the Trustees are confident that this is not a going concern risk as a large proportion of operating costs relate to restricted fund projects where costs can be actively managed should the associated income be withdrawn. Restricted funds amounted to £339,997 as detailed in Note 17 to the accounts. These are held specifically for the current charitable projects.

Income and Expenditure

Income: During the year the Charity's income decreased by 26.2% to £884,814. The majority of the decrease (£312,751) came from reductions in commissioned services from the Northumberland Police and Crime Commissioner and lower Trading Activity in Howdon Community Centre, following the temporary closure of the Howdelicious Community Café.

Expenditure: Operational expenses totalled £846,723, a decrease of 26.1% on the prior year. Accordingly, Reduced staffing numbers involved in charitable activities contributed to a reduction in Restricted Expenditure of 46%, falling to £503,54. The reduced funding available to cover core posts caused Unrestricted Expenditure to increase by 57% to £343,175. There was a relative decrease in Trading Costs of £140,380 due to reduced staffing costs and reduced expenditure on catering consumables in the café.



Investment Policy and Objectives

The Trustees are committed to retaining a prudent amount of reserves within the Charity's funds. However, most of these funds are spent in the short term, so there are few funds available for long term investment. Having considered the options available, the risks facing the Charity and the Reserves Policy as set out above, the Trustees have decided to invest monies in an instant access deposit account.

Statement of Trustees Responsibilities

The Trustees (who are also the directors of Family Gateway for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. Company law requires the trustees to prepare financial statements for each financial year.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Appointment of Examiner

A resolution for the re-appointment of Simon Brown of Azets Audit Services as Independent Examiner of the charity is to be proposed at the Annual General Meeting.

The annual report was approved by the trustees of the charity on **18.10.2023** and signed on its behalf by:



Iain Jamieson
Chair of the Board of Trustees





Conclusions



What's Next?

As we look forward to the next year, we already have some exciting developments and projects coming up. We have worked closely with Wallsend Primary Care Network and North West Primary Care Network to reimagine the way that they work with the local community, and we have successfully recruited two Health and Wellbeing Coaches who will begin work in April 2023. These workers will work closely with the GP surgeries to support families who may be struggling with their mental and physical wellbeing, as well as supporting on the Well Before Birth Project, working with families with children under five years old. This will support to bridge the gap after our Stronger Parents, Thriving Children Project comes to an end. Alongside this work, we will build upon our relationships with further education establishments across the region to develop our student placements. We want to give students access to invaluable real-world experience during their studies, and ensure newly qualifying social and charity sector staff get the best start within their career.

Our work with the VRU is also not over; excellent relationships with VRU are established with significant mutual learning being embraced and we have all identified a need for more support for young people in the local community to steer young people away from risk taking behaviours. Following on from the success of our VRU funded services a new role of Youth Entrepreneur will commence in April 2023 and will deliver a range of one to one and group sessions for young people in the local area to divert them from ASB and crime. As part of this commissioned work, and through an extremely successful pilot, in partnership with Drop Zone Fitness, funding has been secured for 12 months to deliver 8 cohorts of Fit Mind Boxing Warriors non-contact boxing sessions to children aged 7-17 years; Our partnership with ex Paratrooper Graham Donaldson, Director of Drop Zone Fitness has been an outstanding success. Drop Zone Fitness successfully delivered Fit Mind Boxing Warriors within our Street games winter sport program and the feedback from children and parents was so positive noting improvements for children in the areas of mental and physical wellbeing, improved self confidence leading to better school and home engagement. We plan to extend the partnership program into schools and other community venues over the coming year.

We will also be working with our team to highlight the value and support that our Hub staff offer the local community, so the introduction of Community Entrepreneurs will begin in 2023/2024. These staff members will work in the Hub delivering activities and support but will also offer the support of Family Entrepreneurs. We hope that by doing this we show the community that all of the staff within Family Gateway are committed to supporting in any way they can.

Summation

During 22/23 as an organisation, we have moved from a position of strategic adolescence to one of strategic maturity. The work undertaken throughout this time of reflection and recalibration, and in particular the culture shift which has taken place, has given us as a team the appetite to complete the transition with the ability to measure outcomes, leading to overall impact and the delivery of our mission and vision. This final stage of our transition will position us for the decisions we will inevitably have to take in the coming years regarding the next stage of Family Gateway's evolution

As CEO, I am under no illusion that next year will present significant challenges as the long term impact of Covid 19 and the cost-of-living crisis emerges and then deepens and I fear those impacted the most are already the most vulnerable in society, and working families living in "in-work" poverty.

This year will see us strengthen our community bonds and we will develop key relationships with partners who share our vision and who are willing to invest in the concept of the Barefoot principles of working. No one organisation or system can make the long-term changes we must make to ensure every person can thrive. Systemic change will need us to be brave and to have the ability to check and challenge. Applying the same practices and the same services in the same way as we have before would seem naïve at best and futile at worst.

We will work towards changing the narrative around those with "lived experience" which worryingly has now become almost a tokenistic term and, in many ways, a box ticking exercise. We will work towards enabling the external environment to apply a new lens, giving clear vision to "professionals qualified by experience." We will remain reflective ensuring that, as an organisation, we do not drift into a position of thinking that "we know best." We will remain a listening organisation who invest in our community our staff, our students, and volunteer team.

Julie Marriott - 





**Full Financial Review
(Carried out by
Azets)**



Family Gateway

Independent Examiner's Report to the trustees of Family Gateway ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Family Gateway are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since Family Gateway's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Azets, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Family Gateway as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Simon Brown BA ACA DChA
Azets
Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

Date: 

Azets Audit Services is a trading name of Azets Audit Services Limited

Family Gateway

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	3	106,842	642,226	749,068	1,012,016
Charitable activities	4	24,135	-	24,135	39,600
Trading income and room hire	5	109,146	-	109,146	131,235
Investment income	6	1,128	-	1,128	148
Other income	7	1,337	-	1,337	14,566
Total Income		<u>242,588</u>	<u>642,226</u>	<u>884,814</u>	<u>1,197,565</u>
Expenditure on:					
Trading costs		(25,953)	(12,003)	(37,956)	(178,336)
Charitable activities	8	<u>(317,222)</u>	<u>(491,545)</u>	<u>(808,767)</u>	<u>(966,577)</u>
Total Expenditure		<u>(343,175)</u>	<u>(503,548)</u>	<u>(846,723)</u>	<u>(1,144,913)</u>
Net (expenditure)/income		<u>(100,587)</u>	<u>138,678</u>	<u>38,091</u>	<u>52,652</u>
Net movement in funds		(100,587)	138,678	38,091	52,652
Reconciliation of funds					
Total funds brought forward		<u>382,432</u>	<u>201,319</u>	<u>583,751</u>	<u>531,099</u>
Total funds carried forward	18	<u>281,845</u>	<u>339,997</u>	<u>621,842</u>	<u>583,751</u>

All of the charity's activities derive from continuing operations during the above two periods.

Family Gateway

Comparative Statement of Financial Activities for the Year Ended 31 March 2022

(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	34,072	977,944	1,012,016
Charitable activities	4	39,600	-	39,600
Trading income and room hire	5	131,235	-	131,235
Investment income	6	148	-	148
Other income	7	14,566	-	14,566
Total income		<u>219,621</u>	<u>977,944</u>	<u>1,197,565</u>
Expenditure on:				
Trading costs		(178,336)	-	(178,336)
Charitable activities	8	<u>(41,285)</u>	<u>(925,292)</u>	<u>(966,577)</u>
Total expenditure		<u>(219,621)</u>	<u>(925,292)</u>	<u>(1,144,913)</u>
Net income		<u>-</u>	<u>52,652</u>	<u>52,652</u>
Net movement in funds		-	52,652	52,652
Reconciliation of funds				
Total funds brought forward		<u>382,432</u>	<u>148,667</u>	<u>531,099</u>
Total funds carried forward	18	<u><u>382,432</u></u>	<u><u>201,319</u></u>	<u><u>583,751</u></u>

Family Gateway

(Registration number: 07583330) Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	13	122,170	114,876
Current assets			
Debtors	14	36,865	52,318
Cash at bank and in hand	15	<u>647,948</u>	<u>603,058</u>
		684,813	655,376
Creditors: Amounts falling due within one year	16	<u>(185,141)</u>	<u>(186,501)</u>
Net current assets		<u>499,672</u>	<u>468,875</u>
Net assets		<u>621,842</u>	<u>583,751</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	18	339,997	201,319
Unrestricted income funds			
Unrestricted funds		<u>281,845</u>	<u>382,432</u>
Total funds	18	<u>621,842</u>	<u>583,751</u>

The financial statements on pages 43 to 63 were approved by the trustees, and authorised for issue on 31 March 2023, and signed on their behalf by:



I D Jamieson
Trustee

Family Gateway

Statement of Cash Flows for the Year Ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net cash income		38,091	52,652
Adjustments to cash flows from non-cash items			
Depreciation		15,596	16,265
Investment income	6	<u>(1,128)</u>	<u>(148)</u>
		52,559	68,769
Working capital adjustments			
Decrease in stocks		-	2,000
Decrease/(increase) in debtors	14	15,453	(27,519)
(Decrease)/increase in creditors	16	<u>(1,360)</u>	<u>7,410</u>
Net cash flows from operating activities		<u>66,652</u>	<u>50,660</u>
Cash flows from investing activities			
Interest receivable and similar income	6	1,128	148
Purchase of tangible fixed assets	13	<u>(22,890)</u>	<u>(51,760)</u>
Net cash flows from investing activities		<u>(21,762)</u>	<u>(51,612)</u>
Net increase/(decrease) in cash and cash equivalents		44,890	(952)
Cash and cash equivalents at 1 April		<u>603,058</u>	<u>604,010</u>
Cash and cash equivalents at 31 March		<u><u>647,948</u></u>	<u><u>603,058</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: Howdon Community Centre, Denbigh Avenue, Howdon, Wallsend, NE28 0PP.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Family Gateway meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements are prepared in Sterling, which is the functional currency of the entity.

Going concern

The financial statements have been prepared on a going concern basis which assumes the charity will continue in operational existence for the foreseeable future.

The charity meets its day to day working capital requirements through cash generated from operations.

The charity's forecasts and projections for the next twelve months show that the charity should be able to continue in operational existence for that period, taking into account reasonable possible changes in trading performance.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

Accruals

Accruals are calculated where a service has been provided but the company has not yet been invoiced.

Prepayments

Prepayments are calculated where an invoice has been provided in advance of the service taking place.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Other trading activities

Income from trading activities is recognised when goods or services are sold.

Charitable activities

Income from commissioned services is recognised as it is earned.

Other income

Other income is included when receivable.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

Costs of raising funds comprise the costs of activities and consumables.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including independent examination, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.33% straight line
Machinery and equipment	20% straight line
Property improvements	5% straight line

Stock

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first-in, first-out (FIFO) method.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Donations and legacies;				
Donations	3,111	-	3,111	8,490
Gift aid reclaimed	-	-	-	182
Grants, including capital grants;				
Grants	103,731	642,226	745,957	1,003,344
	<u>106,842</u>	<u>642,226</u>	<u>749,068</u>	<u>1,012,016</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

	Unrestricted		Total 2023 £	Total 2022 £
	General £	Restricted £		
Analysis of grants by donor				
CF John Bell Fund	-	7,486	7,486	2,720
CF Pea Green Boat	-	5,000	5,000	-
Linden Trust	-	5,286	5,286	-
North Tyneside Council - Holiday Activities	16,078	-	16,078	7,000
VODA	-	5,500	5,500	-
The Sage Foundation	-	-	-	33,000
Police and Crime Commissioner	-	88,803	88,803	238,892
Lloyds	7,000	-	7,000	-
M&S Neighbourly	1,000	-	1,000	-
Masonic	-	20,000	20,000	20,000
Mercers	-	33,333	33,333	15,997
Macmillan Cancer Support	-	-	-	8,923
PCC - Teachable Moments	-	178,556	178,556	252,870
MOJ Streetgames	-	19,970	19,970	-
NTC - CCG	-	-	-	19,518
Greggs	500	19,505	20,005	15,000
Segleman	42,000	-	42,000	40,000
Sir James Knott	-	15,000	15,000	-
North Tyneside Council	-	17,631	17,631	56,786
Community Foundation Tyne and Wear - Various Projects	-	-	-	10,000
NTC - Holiday Activities Funding	-	-	-	14,668
NTC - Household Support Grant	-	-	-	1,500
Key Fund	-	-	-	4,920
National Lottery Roving Chef	-	-	-	10,000
Procter & Gamble	26,000	-	26,000	30,400
Community Hub North Tyneside	-	27,744	27,744	-
Virgin Activities	-	15,000	15,000	15,000
NTC - Restart Grants	-	-	-	16,000
Metro Cash For Kids	-	3,500	3,500	-
Football Foundation	-	5,026	5,026	-
Other	11,153	6,448	17,601	13,443
Trusthouse	-	32,503	32,503	8,125
Tudor Trust	-	35,000	35,000	30,000
Garfield Weston	-	-	-	42,000
Gateshead Council LA6 ESF	-	-	-	17,403
The Henry Smith Charity	-	48,600	48,600	48,600
Jacqui Haq	-	1,000	1,000	-
Global Make Some Noise	-	5,000	5,000	-

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

	Unrestricted		Total 2023 £	Total 2022 £
	General £	Restricted £		
Northumberland Link Worker VRU - PCC	-	7,885	7,885	-
VRU	-	24,450	24,450	-
Newcastle City Council - ASB Victim Project	-	-	-	5,000
DWP Kickstart	-	1,500	1,500	13,079
Coping with Cancer	-	12,500	12,500	12,500
	<u>103,731</u>	<u>642,226</u>	<u>745,957</u>	<u>1,003,344</u>

4 Income from charitable activities

	Unrestricted funds General £	Total 2023 £	Total 2022 £
	Commissioned Services - North Tyneside Council	19,800	19,800
Commissioned Services - Northumberland County Council	3,960	3,960	15,300
Commissioned Services - Various Schools	375	375	-
	<u>24,135</u>	<u>24,135</u>	<u>39,600</u>

5 Income from other trading activities

	Unrestricted funds General £	Total funds £	Total 2022 £
	Trading income; Other trading income	109,146	109,146
	<u>109,146</u>	<u>109,146</u>	<u>131,235</u>

Other trading income comprises cafe income, room hire, gym hire, event income and other sundry income, which are activities consistent with the charity's aims and objectives.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income; Interest receivable on bank deposits	<u>1,128</u>	<u>1,128</u>	<u>148</u>

7 Other income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Other income	<u>1,337</u>	<u>1,337</u>	<u>14,566</u>

8 Expenditure on charitable activities

	Unrestricted		Total 2023 £	Total 2022 £
	General £	Restricted £		
Allocated support costs	313,222	491,545	804,767	961,577
Governance costs	<u>4,000</u>	<u>-</u>	<u>4,000</u>	<u>5,000</u>
	<u>317,222</u>	<u>491,545</u>	<u>808,767</u>	<u>966,577</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

	Total 2023 £	Total 2022 £
Analysis of expenditure		
Rent and Water	5,320	2,622
Light and Heat	27,754	13,984
Insurance	5,035	3,798
Repairs and Maintenance	5,992	32,160
Cleaning	1,082	3,051
Wages and Salaries	530,583	538,333
Employer NI Contributions	33,999	48,759
Employer Pension Contributions	15,541	22,212
Travel and Subsistence	7,887	15,946
Telephone	5,756	8,066
Computer Software and Support Costs	18,739	20,657
Equipment Hire	3,132	3,845
Recruitment	649	2,185
Advertising and Public Relations	45	5,676
Printing, Stationary and Postage	3,530	8,012
Staff and Volunteer Training	7,373	4,376
Sundry Expenses	98	1,777
Practical Support Costs / Activities	23,110	26,635
Legal and Professional Fees	4,844	34,177
Consultancy Fees	14,173	58,294
Subscriptions	1,819	2,825
Project Management Support	10,030	75
Bank Charges	519	433
Accountancy Services	729	668
Independent Examiners Fees	4,000	-
Depreciation	15,596	16,265
VAT Assessment	-	837
Audit fees	-	5,000
Partnership Charges	61,432	85,909
	<u>808,767</u>	<u>966,577</u>

9 Net incoming/outgoing resources

Net incoming resources for the year include:

	2023 £	2022 £
Audit fees	-	5,000
Depreciation of fixed assets	15,596	16,265
Independent examiners fees	4,000	-
	<u>19,596</u>	<u>21,265</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

11 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	530,583	658,966
Social security costs	33,999	49,006
Pension costs	15,541	22,212
Redundancy costs	-	12,486
	<u>580,123</u>	<u>742,670</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023 No	2022 No
Management	3	3
Administrative	3	3
Services	<u>21</u>	<u>27</u>
	<u>27</u>	<u>33</u>

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £57,196 (2022 - £57,750).

12 Taxation

The charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

13 Tangible fixed assets

	Property improvements £	Machinery and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2022	59,089	76,058	15,714	150,861
Additions	-	22,890	-	22,890
At 31 March 2023	<u>59,089</u>	<u>98,948</u>	<u>15,714</u>	<u>173,751</u>
Depreciation				
At 1 April 2022	3,915	24,923	7,147	35,985
Charge for the year	<u>3,016</u>	<u>10,348</u>	<u>2,232</u>	<u>15,596</u>
At 31 March 2023	<u>6,931</u>	<u>35,271</u>	<u>9,379</u>	<u>51,581</u>
Net book value				
At 31 March 2023	<u>52,158</u>	<u>63,677</u>	<u>6,335</u>	<u>122,170</u>
At 31 March 2022	<u>55,174</u>	<u>51,135</u>	<u>8,567</u>	<u>114,876</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

14 Debtors

	2023	2022
	£	£
Trade debtors	23,716	15,810
Prepayments and accrued income	7,084	24,508
VAT recoverable	65	-
Other debtors	6,000	12,000
	<u>36,865</u>	<u>52,318</u>

15 Cash and cash equivalents

	2023	2022
	£	£
Cash on hand	1,240	746
Cash at bank	6,708	2,312
Short-term deposits	640,000	600,000
	<u>647,948</u>	<u>603,058</u>

16 Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	46,176	11,381
VAT	-	1,870
Accruals and deferred income	138,965	173,250
	<u>185,141</u>	<u>186,501</u>

Included within accruals and deferred income in the year is deferred income of £95,737 (2022 - £101,138).

	2023	2022
	£	£
Deferred income at 1 April 2022	101,138	125,359
Resources deferred in the period	95,737	101,138
Amounts released from previous periods	<u>(101,138)</u>	<u>(125,359)</u>
Deferred income at year end	<u>95,737</u>	<u>101,138</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

17 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	2023 £	2022 £
Other		
Within one year	1,232	4,171
Between one and five years	267	1,498
	<u>1,499</u>	<u>5,669</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

18 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General				
General	382,432	242,588	(343,175)	281,845
Restricted funds				
The Sage Foundation	9,496	-	(9,496)	-
Garfield Weston Foundation - Anniversary Fund	56,496	6,200	(6,200)	56,496
The Tudor Trust	26,148	35,000	(35,000)	26,148
DWP - Kick Start	1,400	-	-	1,400
Sir James Knott Trust	4,106	-	-	4,106
Police and Crime Commission	73,994	93,685	(115,828)	51,851
Savoy Educational Trust	3,873	1,421	(1,421)	3,873
Proctor and Gamble - Development of Clinical Room	3,750	84	(84)	3,750
Macmillian Cancer Support	8,923	-	(8,923)	-
The Henry Smith Charity	13,133	48,700	(36,049)	25,784
Virgin Foundation	-	15,000	(15,000)	-
Global Make Some Noise	-	5,000	-	5,000
MUGA	-	30,026	-	30,026
Mercers	-	33,333	-	33,333
Street Games	-	19,970	(17,292)	2,678
Linden Trust	-	5,286	(26)	5,260
Anxious Buddies Bell Fund	-	7,486	(208)	7,278
North Tyneside Council	-	10,286	(10,286)	-
Northumberland VRU - PCC	-	32,635	(32,635)	-
Masonic Foundation	-	20,000	(20,000)	-
Metro Cash for Kids	-	3,500	(3,500)	-
Pea Green Boat Fund	-	5,000	(5,000)	-
PCC Teachable Moments	-	200,106	(149,585)	50,521
Coping with Cancer	-	12,500	(12,500)	-
Trusthouse	-	32,503	(10)	32,493
VODA Winter Pressures	-	5,000	(5,000)	-
Greggs Foundation	-	19,505	(19,505)	-
Total restricted funds	201,319	642,226	(503,548)	339,997
Total funds	583,751	884,814	(846,723)	621,842

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

The specific purposes for which the funds are to be applied are as follows:

General fund - These funds can be used in any way by the trustees in accordance with the objectives of the charity.

Restricted reserves

The Henry Smith Charity - Funding received to contribute towards the salary and associated costs of a Family Entrepreneur supporting families in North and South Tyneside

The Mercers Company - Funding received to support the development of the 'Family and Community Enterprise Hub' and to fund the post of the Community Enterprise Lead post

North Tyneside Council - ESF - Funding received to support the 'Building a Brighter Future' project

Garfield Weston - Pilot light - Funding provided to support strategic thinking and the achievement of long term sustainability

NHS VCS / North Tyneside CCG - Funding to support the delivery of workshops in schools for families and children least likely to engage with services

Virgin Money Foundation - Funding received to contribute towards the 'Barefoot Buddies', 'Youth Social Action' projects, Community Resilience Fund and Funding towards employment of an Activities Coordinator

Savoy Educational Trust - Funding contribution towards replacing outdated kitchen equipment in Community Café

Northumberland County Council - Funding for children's holiday activities

Proctor and Gamble - Funding to support the development and construction of a Clinical Room at Howdon Hub

Gateshead Council LA6 - ESF - Funding to support Be Your Best employability courses in North Tyneside and Northumberland for vulnerable adults

Police and Crime Commissioner - Youth Navigators

Police and Crime Commissioner - Operation Payback

Police and Crime Commissioner - Northumberland Link Worker

Police and Crime Commissioner - Teachable Moments

Police and Crime Commissioner - North Tyneside Violence Reduction Unit Community Hub

Police and Crime Commissioner - Youth Endowment Fund

Roving Chef – People's Postcode Lottery - Support move from 3 meals per week to 2 meals plus recipe / ingredients for a third meal

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

Masonic - Funding to support 'Stronger parents, Thriving Children' projects

Social Enterprise Support - Key Fund - Funding for 6-month Business Development, Manager and a Community Engagement Worker, and consumables

North Tyneside Council, Restart Grant - Funding to assist in reopening safely post-covid

The Pea Green Boat Community First Fund at The Community Foundation Tyne and Wear - Supporting families in South Tyneside and Northumberland

North Tyneside Council, Holiday Activities and Food Grant - funding received to - deliver holiday activities and food to children and young people in North Tyneside

Greggs Foundation - Support towards operation and development of Howdon Community Hub, expanding the food insecurity programme

Trusthouse Foundation - funding towards salaries and running costs of expanding the team of family Entrepreneurs in South East Northumberland

Coping With Cancer North East, cancer and Covid19 :Working together to Support Vulnerable Patients - funding to improve the quality of life of people with cancer

Proctor and Gamble Donation - donation for purchase of Xmas gifts for the children and young people of the families we work with.

DWP Kickstart - funding to fund six months work in newly created work roles for those at risk of long term unemployment in the 16-24 age group

North Tyneside Council - Household Support Fund - funding to support adults with or without children fleeing domestic violence

The National Lottery Reaching Communities Fund - Improving Futures - Funding received to contribute towards the project delivery costs of Improving Futures in Northumberland

Sage Foundation Benevity Fund - Funding received to contribute towards a project supporting vulnerable women

Sir James Knott - Funding received to support core costs in support of Children's Activity projects

Community Foundation - Charles Robert Bell - Supporting the Mental Health of Families in North Tyneside

Garfield Weston Foundation - Funding received towards the costs of core management posts

Garfield Weston Foundation - Anniversary Fund - Funding received for the development and refurbishment of the community hub building

The Tudor Trust - Funding received to contribute towards the salary of a programme manager

Sage Foundation - Contribution towards growth of Howdelicious

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

Football Foundation - funding for MUGA Redevelopment Feasibility Study

Northumbria Police and Crime Commissioner - Operation Payback which supports local organisations across Northumbria who provide activities in their local neighbourhood aimed at reducing and combatting crime and ASB

Active North Tyneside Community Grant to Support local community groups providing services in North Tyneside to get local communities active

Sir James Knott Trust Grant towards refurbishment of multi-use games area (MUGA)

Cash For Kids (Bauer Media) Grant Support for 100 Kids at Xmas

MOJ - Youth Justice Social Fund funding targeted work supporting children and young people at risk of entering the criminal justice system

Community Foundation Linden Family - Grant for bi-weekly women's wellbeing group in North Tyneside

Global Make Some Noise - Grant towards funding of a consultant to diversify the charity's income stream, and assist in upskilling and training members of staff

Community Foundation John Bell Fund - Grant for bi-weekly men's wellbeing group in North Tyneside

19 Analysis of net assets between funds

	Unrestricted		Total funds at 31 March 2023
	General	Restricted	
	£	£	£
Tangible fixed assets	122,170	-	122,170
Net current assets/(liabilities)	159,675	339,997	499,672
Total net assets	281,845	339,997	621,842

	Unrestricted		Total funds at 31 March 2022
	General	Restricted	
	£	£	£
Tangible fixed assets	114,876	-	114,876
Net current assets/(liabilities)	267,556	201,319	468,875
Total net assets	382,432	201,319	583,751

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2023

20 Analysis of net funds

	At 1 April 2022	Financing cash flows	At 31 March 2023
	£	£	£
Cash at bank and in hand	<u>603,058</u>	<u>44,890</u>	<u>647,948</u>
Net funds	<u>603,058</u>	<u>44,890</u>	<u>647,948</u>
	At 1 April 2021	Financing cash flows	At 31 March 2022
	£	£	£
Cash at bank and in hand	<u>604,010</u>	<u>(952)</u>	<u>603,058</u>
Net funds	<u>604,010</u>	<u>(952)</u>	<u>603,058</u>

21 Related party transactions

During the year the charity made the following related party transactions:

Sintons LLP

(A L Maskery served during the year as a trustee of Family Gateway and a partner at Sintons LLP.) During the year legal fees of £26 (2022 - £5,000) were paid by the charity to Sintons LLP. At the balance sheet date the amount due to/from Sintons LLP was £Nil (2022 - £Nil).

Stimulo Ltd

Pauline Wonders served as the strategic director up until July 2021. The services of the strategic director have been commissioned through her company, Stimulo Ltd, and amounted to £Nil (2022 - £33,000). These costs are included within consultancy fees. At the balance sheet date the amount due to/from Stimulo Ltd was £Nil (2022 - £Nil).

22 Ultimate controlling party

In the opinion of the trustees, there is no ultimate controlling party of the charity other than the board of trustees themselves.

FAMILY GATEWAY

England & Wales - Charity number 1144453

Accounts



FAMILY GATEWAY
(A company limited by guarantee)
Annual Report and Financial Statements
for the Year Ended 31 March 2022

Company registration number: 07583330

Charity registration number: 1144453



Family Gateway

Contents

- 03.** Reference and Administrative Details
- 04-5.** Chairs Statement
- 06-13.** Who Are We?
- 14-23.** Summary of activity 2021/22
- 24-25.** Case Studies
- 26-28.** Financial Performance
- 29-30.** Impact of Covid 19
- 31-33.** Plans for future periods
- 34.** Going concern
- 35.** Family Gateway Trustee's Report
- 36-61.** Azets Auditor Report

Reference and Administrative Details

Trustees

A D Taylor-Saunders (Chair)
W P Fatherley
I D Jamieson (Vice-Chair)
Prof M A Defeyter
J Musson
Amanda Maskery
Leigh Perkins

Key Management Personnel

Julie Marriott CEO
Rob Jacques Finance Manager
Julie Dyos Howdon Hub Manager
Pauline Wonders

Principal Office

Howdon Community Centre
Denbigh Avenue
Howdon
Wallsend
NE28 0PP

Registered Office

Howdon Community Centre
Denbigh Avenue
Howdon
Wallsend
NE28 0PP

The charity is incorporated in England and Wales.

Company Registration Number

07583330

Charity Registration Number

1144453

Bankers

Barclays Bank plc
Gosforth High Street
59A High Street
Gosforth
Newcastle upon Tyne
NE3 4AA

Auditor

Azets Audit Services
Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Chair's Statement >

Chair Foreword by Amanda Taylor Saunders.

Once again Family Gateway has stepped up and stood out as a versatile charity able to be responsive to ongoing needs and trends. We can all agree that post Covid, many services, charities and organisations had to rethink the work they did and indeed how it was delivered, there was a need for us to refocus and be flexible and resilient enough to support emerging needs and trends following a period of isolation. We were acutely aware of the hardship some of our families faced, for many of them who had made significant progress the lack of opportunities, open services and support during Covid, led us as a charity to rethink how we could deliver appropriate support that would have an ongoing positive impact and deliver it in line with what our families needed and had identified.

During the past year we have become that resilient creative and adaptive organisation and the specialist work we do with families and young people has continued and grown. We have ensured that those most in need have received the necessary, appropriate support with fantastic outcomes.

The incoming Chief Executive, Julie Marriot, now formally in post, has had a very busy year overseeing a full restructure of the organisation post Covid. We have reconfigured staffing to meet those very needs as we forge strong partnerships with other complementary external agencies to deliver on projects and working arrangements.

A key area of development has been the recognition that we needed as an organisation the systems and capacity to capture, record and interpret data in a more agile way. We knew we were evidencing the positive impact we had on our families, children and young people but we are ambitious and saw an opportunity to have an even bigger influence on national emerging trends and needs and policies. As such we created a Business Development Managers position, implemented a much broader and smarter recording system and have increased our evidence base giving us the ability to identify very quickly emerging trends.

I need to thank our partners and associates who have acknowledged and supported the fantastic work Family Gateway do. Your continued support and funding have enabled us, in these difficult times, to continue supporting those most in need. It has been an extremely challenging journey at times, but we have gained strength from these challenges and have emerged stronger, more agile and definitely more resilient. It has made us as a Charity stronger, more flexible and more creative and has helped reinforce our relevance and importance in the sector.

We have continued to deliver innovative support in a range of areas, resulting in excellent outcomes for those we work with. Our hardest to reach groups be they individuals, children, young people, adults or families have received consistent and timely support from our Barefoot Professional trained staff, with the focus always on making them more resilient, safer, stronger and more confident to access necessary services, as well as giving them the hope and aspiration to make those positive changes necessary in their lives. We know what we are doing is making a genuine and positive difference.

Family Gateway staff have had an incredible journey during these testing times and I need to offer up my thanks to them. Never once have they been thwarted by challenging situations and complex cases, they have been creative and determined in reaching those most vulnerable people, evidenced by some astounding case studies. We are the service that never gives up.

My thanks must also go to the Board of Trustees who have been a constant support to Family Gateway. We are very fortunate to have such a dedicated and skilled Board.

I encourage you all to read this full report, it details the work we do, details many good news stories and gives a real flavour of how dedicated we are to make a positive change for our people.

We await with bated breath as to what next year will bring as we all are still experiencing consequences post Covid, isolation, joblessness and mental health have had a huge impact on the communities we work with. We can't wait to meet head on the opportunities and challenges the next year will bring, we know our communities are less resilient but we also know as an organisation that we can respond to that. We have learned a lot these past two years and know we are stronger, creative, opportunist and more resilient than we ever imagined. We know our business and we do it well.

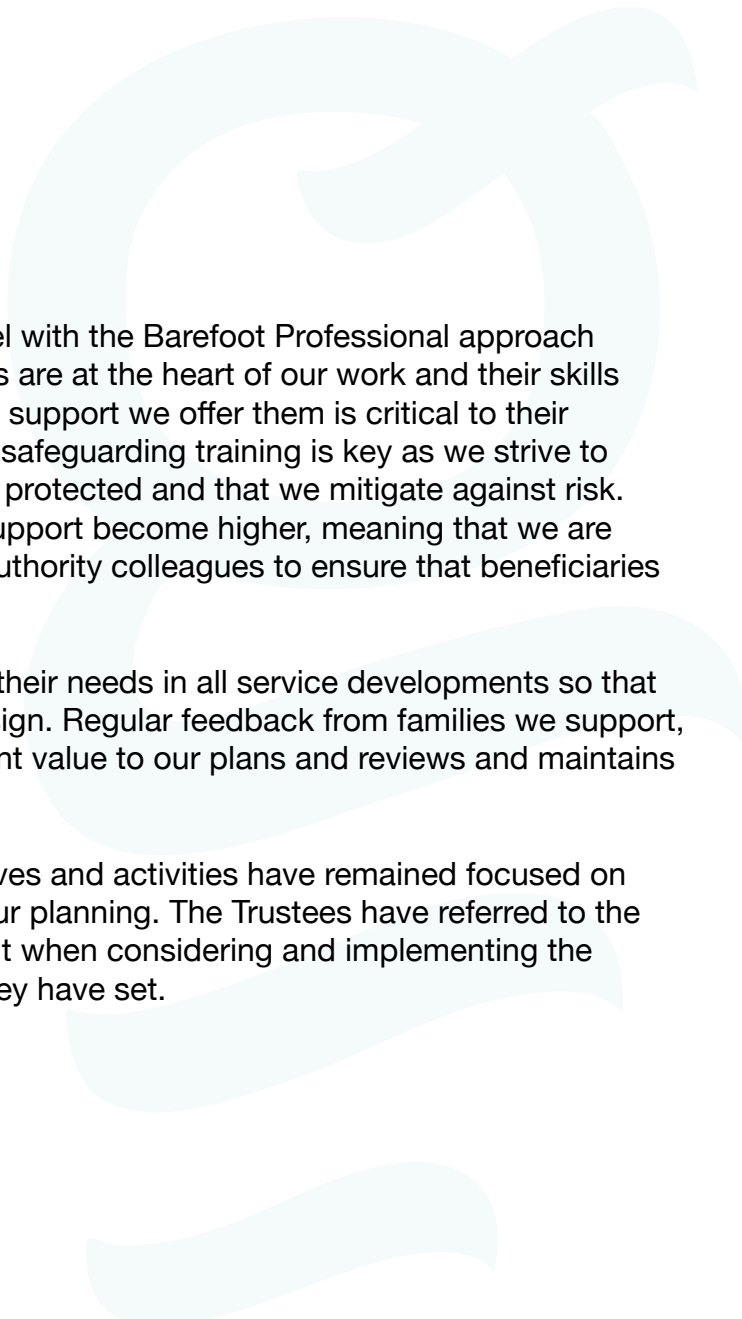
Who Are We?

Family Gateway works across the North East of England working in the community with children and families to alleviate poverty, improve choice, life aspirations and employability. We apply our “Barefoot professional model” recruiting from our local community those with lived experience. Because of our shared experience we can build trust quickly in order to work holistically and for as long as it takes to ensure better outcomes and choices are afforded to those often seen as the most difficult to engage with mainstream services. We do this by working across the health & education system, looked after care system and with children in need and with those affected by poverty and the criminal justice system. From our friendly Community Hub in Howdon, we provide a range of enrichment activities alongside advice and guidance and provide a centre accessible to all, a place where an individual can seek support and access the right intervention or service for them at their pace.

Our mission is to support and empower families and communities to make the changes needed to improve life chances for children.

Our purpose is articulated in our charitable objectives as:

- 1. The prevention and relief of child poverty through the promotion of parental employment and the provision of assistance to parents and young people seeking employment across the UK**
- 2. The advancement of education through providing, or assisting in the provision of, education and training for parents and young people across the UK to develop their potential to become employed**
- 3. The development of the capacity and skills of the members of the socially and economically disadvantaged communities across the UK in such a way that they are better able to identify and help meet their needs and participate more fully in society**
- 4. The promotion of social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.**



In pursuing our aims and objectives in 2021/22 we have remained true to our model with the Barefoot Professional approach being at the core of all support, development and design. Our Family Entrepreneurs are at the heart of our work and their skills and expertise are key to the successful outcomes we achieve, and the training and support we offer them is critical to their development and to safe working practices and quality led outcomes. In particular safeguarding training is key as we strive to achieve the highest level of safe working and ensure our staff and beneficiaries are protected and that we mitigate against risk. This is particularly important as cases become more complex and thresholds for support become higher, meaning that we are dealing with much more severe cases; we recognise this risk and work with local authority colleagues to ensure that beneficiaries are fully supported and protected.

We continually listen to our service users and beneficiaries, ensuring we represent their needs in all service developments so that those who need the service are put in the lead and inform its development and design. Regular feedback from families we support, as well as feedback from focus groups and the wider community, all adds significant value to our plans and reviews and maintains our 'bottom-up' approach to asset-based community development.

This continuous programme of feedback and review ensures that our aims, objectives and activities have remained focused on our stated purpose and also highlights new opportunities as we move forward in our planning. The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when considering and implementing the reviews and considering how planning will contribute to the aims and objectives they have set.

How are we structured and governed?

Family Gateway is a registered charity (registered number 1144453) and a company limited by guarantee established under a Memorandum of Association which states the objects and powers of the charitable company. It is governed under its Articles of Association dated 29th March 2011, as amended on 3rd October 2011. The trustees confirm that if the charity is wound up whilst they are a trustee or if it is wound up within one year of them ceasing to be a trustee, they would be required to contribute an amount, not exceeding £1, towards the payment of the debts and liabilities of the charity.

Recruitment and appointment of trustees

We recognise the importance of the breadth of skills and knowledge that our Trustees bring to the organisation and we recruit to meet specific needs in line with our work, our strategy and our charity governance obligations. A skills matrix system is used for regularly reviewing availability of skills against current and future plans and in this current year we have recruited two new Trustees using this system.

Trustees are voted on to the Board of Trustees at the Annual General Meeting in accordance with our Articles of Association and all Trustees give their time voluntarily, receiving no payment or benefits from the charity. The Trustees who served the charity during the year are detailed on Page 1. At 31st March 2022 there were Seven trustees holding positions, representing a diverse mix of skills and experience.

Trustee induction and training

New Trustees are likely to know the background of the work that the charity does before joining the board and will have an appreciation of the charity's aims and objectives. A refreshed induction process has been introduced to ensure any proposed new Trustee understands the work undertaken by the charity prior to confirmation of their intention to join the board of Trustees. This induction includes an informal meeting with the Chair and Vice Chair of the organisation and the CEO followed by an opportunity to shadow our Family Entrepreneurs and meet with families in receipt of our services. This allows both the proposed Trustee and the organisation to decide if the skills base and our work are a good fit. The new proposed Trustee will then be invited to attend a Board meeting as an observer before applying formally for a role, thereafter due diligence checks are carried out.

The main documents which set out the operational framework of the charity, including the Memorandum and Articles of Association will be shared and discussed with any new Trustees, along with our Directors Handbook. New Trustees will also be briefed on the current financial position of the charity with the aid of the most recent set of financial statements. Finally, the current resources, grant funding and other revenue streams as well as the future plans of the charity will be discussed with new Trustees.

All Trustees are familiar with the practical work of the charity and have also been encouraged to consult the various Charity Commission publications signposted through the Commission's guide, "The Essential Trustee", and the information sheets provided on the Commission's website.

All trustees are required to undertake a DBS and will be expected to undertake Trustee Safeguarding training within 6 months of being appointed.

In the forthcoming year, new Trustees may be appointed in line with the skills matrix gaps and the new areas of focus of the organisation. The current Trustees will continue to ensure appropriate training is provided for themselves and that proposals are brought forward to regularly review the skills mix and capacity of trustees to ensure maximum effectiveness. One-to-one reviews with the Chair will support their development and inform succession planning for the Board.



Arrangements for setting key management personnel remuneration

No part of the income or property of the Charity shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise by way of profit to Members of the Charity.

This shall not prevent any payment in good faith by the Charity to members, who are not trustees or connected parties, for the reasonable and proper use of any goods and services.

Expenses may be reimbursed for any reasonable and proper out of pocket expenses incurred when acting on behalf of the Charity.

The board set the remuneration based on the financial position of the charity and by taking into account salary rates of people in similar jobs.

The board of Trustees administers the charity, oversees its governance and sets the strategic direction in partnership with the CEO and Senior Leadership team after consultation with the staff team, volunteers and community. On an annual basis it agrees the strategy and sets the objectives which are incorporated into the strategic plan. It meets every two months to receive an update from the CEO, Finance Manager, Business Development Manager and Hub Manager, and agrees actions to move the business plan forward. A number of Board sub-groups are established to focus on core areas including Finance and Risk, People and Culture and Business and Enterprise. All Sub-groups have clear Terms of Reference.

At the start of the financial year 2021/22, Family Gateway was led by a Strategic Director who supported the induction and implementation of the new full time CEO role. The newly appointed CEO was supported by a Director of Operations, a Head of Community and Enterprise, a Family Support Manager, a Quality and Impact Manager, a Finance and Administration Manager.


In February 2022 the newly appointed CEO and board of Trustees reviewed the needs on the organisation post pandemic and the decision was taken to restructure the organisation to improve efficiency and quality. The CEO role is now supported by a senior leadership team to reflect the changing shape of the organisation, the growth of the community hub post-pandemic and to focus on sound governance, quality assurance, and acknowledges the need for focus on the complex needs and safeguarding of the families and communities we serve.

The CEO is supported by a Finance Manager, Operations Manager, Business Development Manager and Hub Manager where Executive staff have been granted a range of delegated authorities by the board of trustees in order to run the organisation efficiently.



Pay policy for senior staff

The Board of Directors, who are the charity's Trustees, give their time freely and no Director received remuneration in the year. The pay of senior staff is reviewed annually and no pay increase was given to the CEO this financial year. Senior staff salaries are considered in line with the organisation's size, the complexity of the roles, and the responsibilities that the staff carry. The organisation in 2021/22 implemented a new pay scale strategy for all roles within the organisation and where senior management salaries are benchmarked against similar roles within the market and the availability of skills for key roles. There are plans to increase the salaries of the Family Entrepreneurs in the financial year 22/23 to address to cost of living crisis and to better align our pay and remuneration policy.



The Trustees have a risk management strategy that comprises:

- Bi Monthly review of the risks the charity may face and regular monitoring at Board meetings
- A risk sub-group comprising the CEO, Finance Manager and two experienced Trustees. The group meets bi-monthly to reassess the likelihood and impact of identified risks
- Cascading of risks and mitigating actions to management and project teams and other Board sub-groups
- Detailed action plans to mitigate identified risks

Key controls that the organisation use to mitigate against risk include:

- Regular strategic reviews and financial planning reviews
- Robust safeguarding processes and policies, including training to ensure staff and service users are safe
- Strong and robust authorization and approval processes for financial transactions
- Robust policies in all areas that are subject to regular review and approval
- Strong communication protocols throughout the teams to ensure cascading of information and policies

Due to the nature of our work, we have identified that safeguarding of staff and beneficiaries is one of our most significant risks, as is long term funding particularly as a result of the impact on funders of Covid19 grants during 2020/21; hence the policies and processes in respect of safeguarding and supervision, and financial management are two of our most critical areas of attention on a regular basis. We are confident that we have good mitigating controls against all risks. Health and safety in our Community Hub is also a significant risk and the Hub Manager was appointed to oversee this important aspect of risk, supported by a team of trained staff and a Health and Safety Committee.

Summary of activity 2021/22

We began 2021/22 gradually emerging, from what was to be our last lockdown of the Covid-19 pandemic. There was a semblance of hope to provide services as we had as we had before. There is common recognition of the problems the pandemic caused to the well-being of almost everyone. It touched all our lives one way or another. Family Gateway is recognised as a local employer through our Barefoot Professional model. We employ local people who have experienced and overcome similar issues as those we support. In response to the pandemic at the end of March 2022 we launched an Employee Assistance Programme, accessible 24 hours a day, providing counselling, family advice, legal information, crisis support and health and wellbeing support to our employees and their family members. We are proud to provide this confidential service to our staff, this is one pillar in our long-term commitment to support and improve staff wellbeing.

Families were grateful for the way we used technology during the pandemic, or other methods like meeting for a walk to maintain contact and provide help throughout the crisis, thousands of free healthy family meals and household grants had been provided to the local community as households bore the brunt of cost of living increases and changes to how they lived their daily lives. However, over the last year for the majority, returning to face-to-face contact has been a lifeline.

As people emerged from the pandemic, we could see its legacy unfolding. More children had gone into care overall nationally or been placed on “at risk” registers, domestic violence had increased with those living in violent situations being unable to contact us unless at crisis point given the abuser was often at home. Anti-social behaviour, in particular with young people was increasing as the architecture of school, which often held children and family units together had been removed in its normal sense. Parents often did not have money to purchase extra download capacity on their phone in order for their children to attend online classes or lacked the correct equipment, space and ability to support young learners which pushed these families further into deficit. People’s health overall has significantly been impacted in the North East with recent national statistics noting the North East’s levels of poverty now outstripping areas of London. Increases in poor mental wellbeing, loneliness and anxiety, obesity and inactivity levels have soared leading overall to a community struggling to emerge from the crisis and being able to live healthy lives. This was a year of catch-up, but for many, two years have been lost. However, despite the lock down challenges in the last year we worked directly with 291 adults and 491 children in total 782 people received bespoke packages of support and our community hub saw over 20,000 visitors.

During this year we looked for ways to improve how we captured and stored our client work. The pandemic exposed our over reliance on paper and excel spreadsheets. Further, this highlighted compliance risks in data protection, data security and confidentiality. We introduced more online recording and storage using Microsoft Office and Google Drive, this provided increased security to our data but limited increase in accessibility. We updated our policies in data protection and storage accompanied by General Data Protection Regulation training (GDPR) and began working towards Cyber essentials plus levels of security. We sought and found a case management system, specifically designed for charities. Lamplight will be launched in summer 2022, providing secure cloud-based storage and retrieval. We will be able to record activities, outputs and outcomes, as well as generating reports. This move serves our families by securely holding their data, and allowing for a seamless service if their Family Entrepreneur is absent. As an organisation we will be able to better report on our work overall, particularly the outcomes we help families achieve and evidence impact of our interventions.

During 2021/22 we worked on programmes across a range of portfolio areas:

- **Education**
- **Youth aspiration and diversion**
- **Vulnerable Families and Employability**
- **Health and Sport**
- **Community and Enterprises**



Education

This portfolio brings together the work with children from ages 0-19 and looks to provide support to those children most vulnerable and at risk of falling behind their peers educationally as a result of their home and family circumstances. It covers our education programme funded by schools where we work with children and their parents to ensure that children access and achieve, with much of the focus being on early intervention and primary school aged children. We have recently expanded this to the 0-3 years 'ready for school' group with much appreciated support from the Masonic Charitable Foundation, and to secondary school groups to prepare young people for working life, focusing on skills, enterprise and employability. This means that we are covering the 0-19 learning and educational journey for children to help them and their families ensure that they have the best possible start in life. This is an area of focus for Family Gateway over the coming year.

For a number of years, we proudly provided our Improving Futures work into schools across North, South Tyneside and Northumberland. Arguably, the success of projects may be measured by the reduction in the number of interventions or as we are also seeing the number of schools either, employing their own staff to deliver Improving Futures, or embedding practice into the school mainframe. In the last year 73% of referrals stated an increase in their aspirations, and 64% stated they have better access to services. Despite our successes we know there are evolving problems within our schools, or there are issues which have been problems for some time. For example, we see groups of children who like "Looked After Children" we work with, may have increased vulnerability through disability, gender - particularly by criminal or sexual exploitation, issues which seem to be on the rise.



Youth aspiration and diversion

Our youth work has been an area of growth again this year, focusing not only on the young person but on the dynamics of the family and the influences within the home environment. We know that there are a number of programmes and projects that work directly with young people and we respect and regularly signpost to those programmes. However, our research and findings show that the home environment is a major factor in the growth of risky behaviours, lack of confidence, learned negative behaviours and poverty of aspiration. If we can work with the young people and also with their family network at an early stage, we believe that we can bring positive influence into the whole family environment and that young people will feel safer, listened to, confident and resilient. All of these improved behaviours and feelings will help improve their life chances.

We have developed a number of programmes, with support from the Office of the Police and Crime Commissioner's Violence Reduction Unit (VRU) aimed at supporting young people at risk of escalating anti-social behaviour and crime, and also supporting victims of crime. These programmes utilise the skills and experience of our amazing Family Entrepreneurs to build a diversion and behavioural pathway based on relationship and deep trust. The engagement of the young person and their family in this process is crucial and we take time in this stage. A plan for the whole family that involves a number of diversionary activities for the young person to move them from negative influences to positive enriching plans is the ultimate aim and we have had incredible success in these areas. Adverse childhood experience is most often at the root of some of the issues and our skilled FEs, along with other professionals and services, work hard to help the young person understand and overcome embedded beliefs and actions.



We innovate to provide life changing interventions, reacting to what families need, and the local environment. Sometimes we can achieve this on our own, or in the example of Teachable Moments, through partnerships. A teachable moment is a point at which an individual will be more accepting of the offer of support.

We continued working with Northumbria Violence Reduction Unit and were both fortunate and pleased to accept an invitation to participate in a ground breaking pilot. Funded by the Home Office, Teachable Moments Intervention Fund we partnered with Edge NE, specialists in Serious Youth Violence, and Child Criminal Exploitation including County Lines and Northumbria Police. The aim is through interventions to divert, qualifying young people aged 10-25 years old, away from the criminal justice system by addressing potential offending issues.

We do this by treating the point at which a young person comes into custody as a teachable moment. Our coaches then engage with the young person to quickly build trust and see if the young person would like to work with us when they leave custody. Beyond custody the support focuses on what's important to the young person including developing positive improvements in key emotional, physical and vulnerable behaviour that will support a sustainable move away from serious violence and exploitation. Of the 78 young people who worked with us in the community 53% have reduced their involvement in the criminal justice system; 43% demonstrated a reduction in risk taking behaviour. Through our partnership success the pilot has been extended into 2022/23.

Vulnerable Families and Employability

This portfolio covers our projects that are aimed generally at the range of issues that parents and families living with multiple and complex issues face. It covers programmes that work with the whole family to navigate their way through often complex issues which if left unsupported may present the risk of children moving into Looked After Care, long term unemployment, financial distress, domestic abuse, inadequate housing, substance misuse and family conflict. The projects in this portfolio are wide-ranging and require flexible whole family support skills and a good knowledge of the benefits, welfare and employability context.

Last year saw our work with vulnerable families go from strength to strength. Our barefoot professionals use their lived experience to provide empathetic, sensitive services grounded in their own experiences. This is not more evident than in our program of work with families, identified by statutory services as a risk of their children being moved and taken into care.

The work is intensive, focusing more on the quality of our intervention and support, so it is long lasting rather than light touch work with many families. We attend to address the barriers to successful parenting with the ultimate aim to keep children with their family, if it is safe to do so. Years of research evidences reduced outcomes for children and young people who enter the care system. And while the welfare of the child is paramount as laid out in Children Act 1989, we also know, for some families additional, well-timed support can help develop a healthy and safe environment, where a child may remain.

One key indicator of success is evidenced by 18 families removed or downgraded from their child protection plan. Over this year we supported 83 adults and 156 children. To support this project and Family Gateway overall, we worked with a safeguarding specialist who revised our safeguarding policies for both adults and children, developed in-house safeguarding training, plus trained the trainers for key staff, enabling us to run the training ourselves in the future. From this initiative we saw an increase in the number of concerns raised to social workers on these projects as our staff grew in confidence.

Alongside, our Stronger Parents Thriving Children work continues. Here we work intensively with parents, pre-birth or post, with children up to the age of three; to empower parents to be able to improve their situation, building resilience and increasing confidence. We provide our own menu of support. Activities include support to attend appointments, help families establish routines and boundaries, support with weaning and healthy feeding, support bonding. We co-facilitate peer support groups to encourage socialising, enabling parents to develop support networks to last after our intervention ends.

The programmes in this portfolio are some of our most important and impactful in respect of building stability and resilience in households where children's life chances are limited and where parents struggle to cope with a multitude of complex issues and often cannot find their voice within the formal process that surround their family unit. The Barefoot Professional approach ensures that we are targeting those families for whom professional services approaches have failed to be effective and where there are significant barriers to working with other agencies. Many parents experience stigma, fear, judgemental approaches, and ineffective engagement and support strategies, short term interventions that do not address all issues and are not adequately understood by many services. We are particularly concerned about the large numbers of children moving into the Care system when this could be avoided with intensive community-led support for the families. We work in partnership with NYAS to ensure formal advocacy is in place supporting our position of ensuring the voice of the service user and child is heard within any formal process. Our Looked After Care Prevention programme, funded by the Henry Smith Charity, has seen significant success in removing children from Child in Need or Child Protection plans and building stability in families so that the children are not removed. Our activities are based on credibility, relationship, trust, long term intervention, prioritising issues based in the individual's needs, practical sustainable support. We continue to look for funding to increase this programme and meet demand and ensure that families build happy, healthy, safe home environments for children to thrive and grow.

Health and Sport

This is critical portfolio that supports our health and wellbeing outcomes and is being developed further to address the significant and growing health inequalities that are present in disadvantaged communities where the industrial backdrop and poverty have influenced general health and unhealthy lifestyle choices. It is well reported that there is an increased prevalence of smoking, addiction, inactivity and obesity in communities with high levels of unemployment, poverty and other disadvantage, exacerbated by a lack of awareness and reluctance to seek help early.

Our health and wellbeing programmes aims to reduce the unacceptable health inequalities in areas of poverty and disadvantage by supporting those parents and young people who are reluctant to seek help and who lack knowledge or awareness of the risks to their health of their lifestyle choices. Our Barefoot Professional model has been proven to be effective in supporting those who face multiple barriers, who may be reluctant and to overwhelmed to access and attend appointments and to comply with protocol – literally saving lives. All of this contributes to their improved life chances and is delivered in a non-judgemental and easily accessible way to encourage participation, increase confidence and ultimately to improve wellbeing.

During 2021/22 we worked in partnership with a number of organisations to support the community out of the pandemic. Working closely with Helix arts we had resident artists working within the community space and with whole families and individuals supporting them to communicate through a variety of artistic mediums their feelings and anxieties. In January 2022 we began work in partnership with Maggie's, Coping with Cancer and FACT, provider of non-clinical services for people diagnosed with cancer, as well as their families, friends and carers. This project is to provide emotional support, signposting, guidance to anyone affected by a cancer diagnosis.

Our Health and wellbeing Support Service, funded by Clinical Commissioning Group ended in March 2022. Like other organisation we do not know what the future body of health funding, Integrated Care Boards will fund moving forward. In the meantime, we are proud of our efforts to offer support to young people and their families to promote positive physical and mental wellbeing.

We delivered sessions in Pilates, mediation, mental wellbeing and self-care. We engaged and supported 17% more parents and 50% more children than our commissioned targets. One parent who became involved volunteered as an illustrator for our newsletters, they have since gone on to create a colouring book for sale on a well-known platform and one parent who engaged with our arts project subsequently went on to volunteer with us and has now secured employment with us.

A major element of our diversification and growth plan has been to utilise the assets of the local community hub to generate unrestricted income to support our charitable outcomes whilst offering volunteering and employment opportunities.

We have improved the range of activities and events on offer to meet the needs of the local community and in 2021/22 over 20,000 people used the hub in March 2022 over 2000 people visited the hub. The figure of 20,000 included periods of lockdown restrictions therefore as people emerge from the pandemic, we would expect to see in excess of 24,000 members of the community use the facility in the 2022/23 period and with the development of our multi use games area this number could be even higher. A significant factor in the upturn of the Hub's footfall is our working relationship with the "Bread and Butter Thing" a social food scheme which enables families in North Tyneside access to an affordable food scheme every week.

We are determined to transform it into a thriving and exciting hub for all age groups and audiences. We have maintained existing, and secured new anchor tenants, all of whom deliver services aligned to our core mission.

In May 2021 we began the development of our outside space and gardens. This space now has a fruit bearing orchard, a fully functioning Polly tunnel and raised beds for planting. Our intention into Autumn is to bring in further tenants working with vulnerable groups to oversee the garden area and produce which can be sold to the community or purchased for use in our community café Howdelicious. We have been supported extensively this year by volunteers from SAGE and the Greggs Foundation who have supported us to decorate our community Gym and training room and begin work on our community wildlife garden. Once completed the community garden, funded by Proctor and Gamble will be free to the community supporting children to learn about their environment and the insects and eco system that supports them locally.

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follows all guidelines set out by the Charity Commission and UK law in every respect. We respect the privacy and contact preferences of all public donors.

Public benefit - Local Families in Need

The work Family Gateway undertakes focuses on 'pre-pre-employability' which means that we address the key embedded issues and barriers that prevent people from even considering work before working with them on pre-employability training and job searches. This pre-pre-employability stage is critical in ensuring that people are resilient and have removed those home and family-related barriers that impact sustained employment and the ability to make an informed choice about work. As we work with the families to address and overcome the barriers to fulfilling lives and employability, so often the people we support are a very long way from being ready for work so the intensive support we give them to overcome their complex issues means that when they are ready for work it is more likely to be sustained.

Our family interventions are not time-limited as with many other similar organisations; we work with the families for as long as it takes to address all issues, embed and sustain change and empower them to move forward and show resilience for the future however our work is reviewed regularly to ensure dependency on the service is not created. We do not close cases if families do not initially engage as is the case with many other services, we see non-engagement as a sign that they need our support, so we persevere until we are able to build a relationship underpinned by trust and begin to understand and unravel the many issues that are preventing them from living a life of their choice. Parents and children have benefitted from working with an authentic and credible locally trained person who understands their issues and can empathetically listen and appropriately challenge them to improve their lives so that they and their communities can build capacity for the future, giving them as much time and attention as is required for them to make the changes they need to make to secure a fulfilling future.

Children have benefitted from more stable family environments and circumstances resulting in more regular school attendance and improved life chances as educational achievement and improved confidence and resilience as mental, social and physical wellbeing have improved. Families have also benefitted from our range of out-of-school activities (including the school holidays) where children in poverty have the opportunity to take part in a range of free fun and educational tasks to prevent learning loss and holiday hunger – but most importantly, improve their social skills and emotional wellbeing post pandemic.

Local communities have benefitted from increased cohesion and from a range of new community-led services that have been developed by local people, all aimed at improving the life chances of children in poverty. They have developed a new awareness of, and been involved in, enterprise in action and the impact of neighbours being supported towards positive outcomes and increased community activity.

Other professionals, including school staff, social care, police, health professionals, charities and others, who have referred families to us have benefitted from increased capacity and extended reach as they have access to our staff who can engage and support families who may otherwise not engage and thus provide a ‘bridge’ to their services. Statutory services have benefited as we have kept children from moving into care, kept young people safe and away from harm and from moving into serious crime, and supported parents to cope with their everyday challenges that would otherwise put a strain on health and social care systems.

Schools have benefitted from improvements in attendance and achievement through the added capacity and reach that we offer them and from the sustained changes to those children, meaning that the attainment gap narrows, and their life chances improve.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Case Study 1

Family was referred through Social Services – a Child In Need Plan because Mum was missing her son’s medical appointments to monitor his diabetes. Mum struggled with her Mental Health as debt worth £30,000 (following fleeing domestic abuse, when she covered her living expenses via credit cards).

Mum asked specifically for support with her debt and finances, overcoming her fear of opening letters and in organising her life. The FE built a trusting relationship with Mum and supported her with opening bags of letters and in creating a filing system. The full extent of the debt was appreciated and a plan created to start resolving the debt problems. Step Change were called and through their support Mum decided to apply for Bankruptcy. Mum was also coached by the FE in organisational skills.

After the application for bankruptcy was successful Mum was able to stay in control of her finances – she opened her letters and dealt with them immediately. Mum was able to take control of her finances and also managed to schedule and attend her son’s medical appointments. Her Mental Health improved, her son’s diabetes became better controlled and the Child In Need plan was removed.

Joe referred following arrest for a knife incident (play-fighting with a friend using plastic art equipment resulting in a minor cut). School decided to temporarily exclude Joe while investigating the incident and have since permanently excluded him. Parents were unsuccessful in appealing the decision. Joe receives extra support at school.

Joe and his parents wanted him to return to school and felt unable to achieve this themselves - they also wanted an assessment on YP learning disabilities.

The Family Entrepreneur contacted the Inclusion Team and explained the situation. The Inclusion Team met with the Head and parents but the exclusion decision stood.

A relationship was built with the whole family, by listening to them, pointing them to other professionals and advising them of processes and how other agencies work. TM worker advocated for the family regarding a learning disability assessment and alternative school provisions.

The parents feel more knowledgeable about services available that can support them through their situation. Joe is now in the process of receiving a diagnosis for his disability which will open the doors to extra support

Mum stated; "If you had not come on board I dread to think where we would be now, thank you, I don't know what I would have done."

"You just clicked immediately with [him], I haven't seen him chatting to someone he has just met, ever. It usually takes weeks for him to click with someone"

Financial Performance

The 2021/2022 Financial Year was always going to be a challenging year, coming after the Covid Year of 2020/2021. There have been challenges on many fronts leading on from Covid lockdown and the gradual easing and lifting of restrictions. These have included re-establishing the normal operational aspects of our work, both within the Hub and within the Community, and also working with our internal and external stakeholders to ensure we have the resources in place to support our operations.

Family Gateway has however achieved growth in turnover to the extent whereby a full financial audit has been carried out rather than an Independent Examination. The increased trading turnover is due to the Howdon Hub and Howdelicious Café enjoying nearly a full year of welcoming visitors to enjoy the facilities and food on offer which has been made more possible by the extensive refurbishment of the reception and café areas which took place during the previous year's lockdown. We have continued much of the work with vulnerable families and individuals we were involved in pre covid but have developed our work with the Northumberland Police and Crime Commissioner to the extent whereby this was responsible for 47% of our funding.

Expenditure has also increased in relative terms to turnover. Rising costs in energy and everyday consumables started to permeate through during the year and it is apparent that this will continue into 2022/2023. Nevertheless, we have achieved a surplus which represents 4.1% of our total turnover and despite the fluctuations and accommodation of new processes and income streams, our overall bank balances and balance sheet reserves remain on par with 20/21.

Looking forward to 2022/2023 we anticipate that access to resources to continue our work will be challenging for the Charity sector as a whole. The ongoing cost of living crisis and the fallout post Covid has implications in terms of increased demand for our services in the face of increased competition for resources, including funding.

Reserves Policy and Going Concern

The Charity operates with only limited financial resources; therefore, the finance sub-group of the Board of Trustees regularly assesses and reviews its reserves policy in line with the financial performance, risk and the external environment. The Charity's policy is that unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") should be between 4 and 6 months of the resources expended. At the balance sheet date, the free reserves stood at £382,432 which represents just over 3 months of operating costs.

The board considers that the uncertainties and risks of the sector in which we operate dictate that our reserves target is not only desirable but necessary and we will continue to build reserves as quickly as possible without compromising our standards and objectives.

We have to balance our continuing need to expand and innovate against the need to conserve funds to extend the operating cost cover period and this requires careful funds management. External uncertainties dictate that we need to be prudent in respect of our reserves levels and on that basis the trustees will continue to budget for unrestricted fund surpluses in future years to extend this operating cost cover period towards the 6 months' level and to move to a position of being able to confidently fund investment in new projects. This will be achieved through continued income generation, establishment of new unrestricted income streams, cost management and sound financial management.

Whilst the current free reserves remain a risk for the Charity, the Trustees are confident that this is not a going concern risk as a large proportion of operating costs relate to restricted fund projects where costs can be actively managed should the associated income be withdrawn.

Restricted funds amounted to £201,319 as detailed in Note 17 to the accounts. These are held specifically for the current charitable projects (listed on page 15).

Income and Expenditure

Income

During the year the Charity's income increased by 21.3% to £1,197,565. The majority of this increase (£210,748) came from new commissioned services from the Northumberland Police and Crime Commissioner and Trading Income post Covid Lockdown and Restrictions

Expenditure

Operational expenses totalled £1,144,913, an increase of 37.1% on the prior year. There was a large increase in Trading Costs, £166,368, and restricted expenditure of £216,005, offset by decreases in spending on unrestricted charitable activities expenditure.

Investment Policy and Objectives

The Trustees are committed to retaining a prudent amount of reserves within the Charity's funds. However, most of these funds are spent in the short term, so there are few funds available for long term investment. Having considered the options available, the risks facing the Charity and the Reserves Policy as set out above, the Trustees have decided to invest monies in an instant access deposit account.

Our plans throughout 2020/21 and into the early part of 2022 were impacted as a result of the Covid19 pandemic. We saw significant reductions in income through trading as a result of having to close our community hub and our catering business and whilst we saw some recovery in the early part of 2022 the cost-of-living crises began to emerge and undermine consumer confidence. The impact of Brexit and Covid 19 resulted in staffing shortages within the hospitality sector. This resulted in our Head of Enterprise and Head of Catering follow lucrative offers back into the restaurant sector which led to us re thinking our food offer. Due to the Pandemic and cost of living crisis we saw increased pressure on our family support services as families who were already struggling faced unimaginable challenges as a result of the pandemic and lockdown. The cost-of-living crisis is now beginning to impact on these families and in response we began working in partnership with Local Authorities to deliver a range of services and interventions that may have a preventative impact in relation to food and fuel poverty.

We have however managed to survive and thrive during this unprecedented challenging time through a combination of tenacity, determination, care and creativity. We have once again taken time to review, reassess and plan for the future based on our past knowledge and experience balanced with assumptions about future demographic and societal changes and needs.

In early 2022 we began to host The Bread and butter thing, a cut price food service to North Tyneside residents. This allowed families on low incomes to sign up to the scheme where for £7.50 a week they received £35 of food which consisted of fresh vegetables and fruit, meat and storage cupboard ingredients. This service was fully subscribed within days and in deed is now oversubscribed demonstrating the need in our area. To support this delivery, we also ran a range of cookery workshops and a slow cooker initiative with families funded by North Tyneside Local Authority where families were supported to cook healthy and nutritious food for the whole family loosing low energy using slow cookers. Families taking part received slow cookers and recipe books. We have also joined a range of Local Authority programs across the North East supporting access to support services addressing fuel poverty. Thanks to the generosity of funders such as Proctor and Gamble and the Greggs Foundation we have been able to continue with our family grants scheme supporting families to access goods and services needed to address their needs and in 2022 we are supporting local residents with a newly established fund to travel to medical appointments. This fund was established after we became aware that the cost-of-living crisis was so severe that individuals were not attending sometime life critical hospital appointments as they could not afford the public transport to attend.

We have also developed further our out of school activities provision including HAF and our annual community events to engage and support families with children of all ages ensuring what is on offer is either free at the point of access or at cost. We can see the pandemic has impacted on whole families driving them into deeper poverty and significantly increased stress and anxiety within family groups. The impact on children is clear with poor socialization skills and pre-school children not having the resilience or dexterity skills to start school in a positive way which inevitably will result in them having less opportunities to thrive. To address this strategically Family Gateway are well placed to influence change and operationally we have increased our delivery for pre-school children and in 2022 we plan to extend the Hubs opening time to accommodate film clubs, bedtime reading initiative's and renovate our external areas to accommodate a forestry school, community garden and multi-use games area to ensure access to sports and leisure facilities and activities for the community to improve overall health and wellbeing for both adults and children. Family Gateway believe in empowering communities to choose and all of our plans have been driven by the community for the community.



As we emerge from the pandemic, we are beginning to see the longer term impact on families and individuals. We are seeing increased demand for our family services with increase numbers of people of all age groups experiencing poor mental health with long waiting lists within NHS primary care services, we are seeing young people and children suffering heightened social anxiety and stress which is impacting on them within learning environments with pre-school children not being school ready and in particular we are seeing a rise in anti-social behaviour and the criminal and sexual exploitation of young people. The health and wellbeing of our community has changed dramatically and as the legacy of the pandemic and cost of living crisis begins to bite down, we expect to see families simply unable to feed & clothe themselves or heat and light their homes. Long waiting lists for support from primary healthcare services will impact with people self-medicating or suffering the effects of illness which may then affect their working lives and drive-up unemployment this may give rise to rising crime.

The funding arena has become more competitive and challenging as need is higher but access to grants and funds reduce due to volume of competition. Family Gateway have been able to secure some restricted and unrestricted grants and donations that will support some of our work in 2021/22 to alleviate the pressure post pandemic and our investment in the Hub and Multi use games area will generate income for the hub to reinvest in delivery of hub activities and front-line services. We anticipate increased demands on our services therefore throughout 22/23 we will work towards securing longer term tenders around the key areas of need along with applying for grant-based funding to support our innovative program of services delivery and core funding.

The Board of Trustees and senior management team continue to review, assess and develop the strategic plan which has undertaken a critical and deep review as a result of the learnings from the Covid lockdown period and impact.



Our basic assumptions remain:

- We are committed to retaining and further developing the Barefoot Professional model of support as our core differentiating factor, to working with those with previous barriers to accepting support and to using our whole family approach to community-led solutions.
- We are committed to working in the North-east of England and to deepen our impact in areas of poverty and multiple disadvantage
- We are committed to pursuing our goals of developing community cohesion and community enterprise so that local people can reduce social isolation, move into employment / volunteering and so that we can earn unrestricted income to support our charitable work.
- We are committed to ensuring that we achieve a stable financial foundation by building a portfolio of income streams that cover all costs and by working to achieve longer term funding streams to allow for maximum outcomes for families
- We are committed to ensuring the highest level of quality assurance and maintaining a high level of safeguarding to keep our beneficiaries, particularly children and vulnerable adults, and staff safe.

Our plans for 2022/23 will focus on building and growing existing and new programmes for children & young people at risk of criminal exploitation and crime, improving children's experience of schooling improving attendance, engagement and attainment, families who need support to protect their children from moving into the care system, individuals and children whose physical and mental wellbeing have been impacted as a result of poverty, disadvantage and Covid 19 and children whose education is being negatively affected by their home and family environment.

We will utilise existing grants and funds to continue to take referrals into programmes of support and we will source new and appropriate funds to grow those programmes with the highest and strongest impact.

In the area of community and enterprise we will continue to develop the Howdon Community Hub through sourcing capital grants and funds so that local people can enjoy a safe, warm, welcoming and purposeful building. We will continue to offer well managed tenancies to local businesses and partners who share our community ethos and values and we will strive to engage with further primary healthcare services with the view of healthcare provision being provided from the hub making it more accessible to those who may not traditionally access services through existing primary care networks. We will continue to offer a range of activities and events for families and for local people of all ages who seek social inclusion, fun and good quality activities. We will invest and develop our multi use games area and the hub will open longer hours to make the hub more accessible and to generate income. We will explore new enterprises that offer local services and fill gaps in the market to increase employability for local people and deliver social impact and unrestricted profits to support the charity.

We will continue to invest in our people through development, learning, mentoring and the ongoing wellbeing at work programmes that support our own staff's health and wellbeing at work. The wellbeing at work programme was introduced to acknowledge and address the duty of care we have, particularly to our Barefoot Professional staff, and to support them to do their work safely and with the knowledge that there are a range of interventions and activities available to help them keep healthy physically and mentally.

We remain optimistic about our future and clear about our direction of travel and we believe in our Barefoot professional model which we know engages the most vulnerable families with children who struggle to access mainstream services. We will strive to create a more inclusive environment with the aim of giving a powerful voice to our community, creating intergenerational links and learning, building resilience and leading to more empowered choices and positive outcomes.

Going concern & Statement of Trustee Responsibilities

Going Concern

The trustees have considered the resources available along with the principal risks as set out below. The trustees consider that there are no material uncertainties about the charities ability to continue as a going concern, given their explanation in note 2 of the accounts.

Statement of Trustee Responsibility

The trustees (who are also the directors of Family Gateway for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

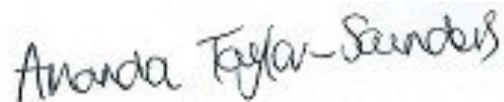
The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Appointment of Auditor

Azets Audit Services Limited, trading as Azets Audit Services were appointed auditor to the company following their acquisition of the trade of Tait Walker LLP, trading as MHA Tait Walker, on 1 May 2022.

In accordance with section 485 of the Companies Act 2006, a resolution for the re-appointment of Azets Audit Services as auditor of the charity is to be proposed at the Annual General Meeting.

The annual report was approved by the trustees of the charity on *14/11/2022* and signed on its behalf by:



A D Taylor-Saunders
Trustee

Family Gateway

Independent Auditor's Report to the Members of Family Gateway

Opinion

We have audited the financial statements of Family Gateway (the 'charity') for the year ended 31 March 2022, which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

The prior year numbers were not audited.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Family Gateway

Independent Auditor's Report to the Members of Family Gateway

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 34), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Family Gateway

Independent Auditor's Report to the Members of Family Gateway

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance around actual and potential litigation and claims;
- Reviewing minutes of meetings of those charged with governance;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations; and
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business'.

Because of the field in which the client operates, we identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety and employment law (including the Working Time Directive).

Owing to the inherent limitations of an audit, there is an unavoidable risk that some material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK). For instance, the further removed non-compliance is from the events and transactions reflected in the financial statements, the less likely the auditor is to become aware of it or to recognise the non-compliance.

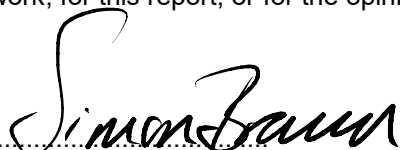
A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Family Gateway

Independent Auditor's Report to the Members of Family Gateway

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Simon Brown ACA (Senior Statutory Auditor)

For and on behalf of
Azets Audit Services
Chartered Accountants
Statutory Auditor

Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

Date: 15/11/2022

Azets Audit Services is a trading name of Azets Audit Services Limited

Family Gateway

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	3	34,072	977,944	1,012,016	874,346
Charitable activities	4	39,600	-	39,600	64,338
Trading income and room hire	5	131,235	-	131,235	41,007
Investment income	6	148	-	148	479
Other income	7	14,566	-	14,566	6,647
Total Income		<u>219,621</u>	<u>977,944</u>	<u>1,197,565</u>	<u>986,817</u>
Expenditure on:					
Trading costs		(178,336)	-	(178,336)	(11,968)
Charitable activities	8	<u>(41,285)</u>	<u>(925,292)</u>	<u>(966,577)</u>	<u>(823,054)</u>
Total Expenditure		<u>(219,621)</u>	<u>(925,292)</u>	<u>(1,144,913)</u>	<u>(835,022)</u>
Net income		<u>-</u>	<u>52,652</u>	<u>52,652</u>	<u>151,795</u>
Net movement in funds		-	52,652	52,652	151,795
Reconciliation of funds					
Total funds brought forward		<u>382,432</u>	<u>148,667</u>	<u>531,099</u>	<u>379,304</u>
Total funds carried forward	19	<u><u>382,432</u></u>	<u><u>201,319</u></u>	<u><u>583,751</u></u>	<u><u>531,099</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

Family Gateway

Comparative Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	152,832	721,514	874,346
Charitable activities	4	64,338	-	64,338
Trading income and room hire	5	41,007	-	41,007
Investment income	6	479	-	479
Other income	7	6,647	-	6,647
Total income		<u>265,303</u>	<u>721,514</u>	<u>986,817</u>
Expenditure on:				
Trading costs		(11,968)	-	(11,968)
Charitable activities	8	<u>(113,767)</u>	<u>(709,287)</u>	<u>(823,054)</u>
Total expenditure		<u>(125,735)</u>	<u>(709,287)</u>	<u>(835,022)</u>
Net income		<u>139,568</u>	<u>12,227</u>	<u>151,795</u>
Net movement in funds		139,568	12,227	151,795
Reconciliation of funds				
Total funds brought forward		<u>242,864</u>	<u>136,440</u>	<u>379,304</u>
Total funds carried forward	19	<u><u>382,432</u></u>	<u><u>148,667</u></u>	<u><u>531,099</u></u>

Family Gateway

(Registration number: 07583330)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	13	114,876	79,381
Current assets			
Stocks	14	-	2,000
Debtors	15	52,318	24,799
Cash at bank and in hand	16	<u>603,058</u>	<u>604,010</u>
		655,376	630,809
Creditors: Amounts falling due within one year	17	<u>(186,501)</u>	<u>(179,091)</u>
Net current assets		<u>468,875</u>	<u>451,718</u>
Net assets		<u>583,751</u>	<u>531,099</u>
Funds of the charity:			
Restricted income funds			
Restricted funds	19	201,319	148,667
Unrestricted income funds			
Unrestricted funds		<u>382,432</u>	<u>382,432</u>
Total funds	19	<u>583,751</u>	<u>531,099</u>

The financial statements on pages 40 to 62 were approved by the trustees, and authorised for issue on 14/10/2022 and signed on their behalf by:

Ananda Taylor-Saunders

.....
A D Taylor-Saunders
Trustee

Family Gateway

Statement of Cash Flows for the Year Ended 31 March 2022

	Note	2022 £	2021 £
Cash flows from operating activities			
Net cash income		52,652	151,795
Adjustments to cash flows from non-cash items			
Depreciation		16,265	8,448
Investment income	6	<u>(148)</u>	<u>(479)</u>
		68,769	159,764
Working capital adjustments			
Decrease/(increase) in stocks	14	2,000	(20)
(Increase)/decrease in debtors	15	(27,519)	172,038
Increase in creditors	17	<u>7,410</u>	<u>17,054</u>
Net cash flows from operating activities		<u>50,660</u>	<u>348,836</u>
Cash flows from investing activities			
Interest receivable and similar income	6	148	479
Purchase of tangible fixed assets	13	<u>(51,760)</u>	<u>(68,534)</u>
Net cash flows from investing activities		<u>(51,612)</u>	<u>(68,055)</u>
Net (decrease)/increase in cash and cash equivalents		(952)	280,781
Cash and cash equivalents at 1 April		<u>604,010</u>	<u>323,229</u>
Cash and cash equivalents at 31 March		<u><u>603,058</u></u>	<u><u>604,010</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: Howdon Community Centre, Denbigh Avenue, Howdon, Wallsend, NE28 0PP.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Family Gateway meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements are prepared in Sterling, which is the functional currency of the entity.

Going concern

The financial statements have been prepared on a going concern basis which assumes the charity will continue in operational existence for the foreseeable future.

The charity meets its day to day working capital requirements through cash generated from operations.

The charity's forecasts and projections for the next twelve months show that the charity should be able to continue in operational existence for that period, taking into account reasonable possible changes in trading performance.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

Accruals

Accruals are calculated where a service has been provided but the company has not yet been invoiced.

Prepayments

Prepayments are calculated where an invoice has been provided in advance of the service taking place.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Gift aid

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Other trading activities

Income from trading activities is recognised when goods or services are sold.

Charitable activities

Income from commissioned services is recognised as it is earned.

Other income

Other income is included when receivable.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

Costs of raising funds comprise the costs of activities and consumables.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including independent examination, strategic management and trustees's meetings and reimbursed expenses.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.33% straight line
Machinery and equipment	20% straight line
Property improvements	5% straight line

Stock

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first-in, first-out (FIFO) method.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Hire purchase and finance leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Rentals payable under operating leases are charged in the Statement of Financial Activities on a straight line basis over the lease term.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Donations and legacies;				
Donations	8,490	-	8,490	24,038
Gift aid reclaimed	182	-	182	993
Grants, including capital grants;				
Grants	25,400	977,944	1,003,344	792,981
Government grants - CJRS	-	-	-	56,334
Total for 2022	<u>34,072</u>	<u>977,944</u>	<u>1,012,016</u>	<u>874,346</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

	Unrestricted		Total 2022 £	Total 2021 £
	General £	Restricted £		
Analysis of grants by donor				
The National Lottery Reaching Communities Fund	-	-	-	64,505
The Sage Foundation	-	33,000	33,000	42,254
Newcastle City Council - ASB Victim Project	-	5,000	5,000	-
Police and Crime Commission - Teachable Moments	-	252,870	252,870	-
Virgin Money Foundation	-	15,000	15,000	38,000
CR Bell Fund	-	2,720	2,720	-
The Trusthouse Fund	-	8,125	8,125	-
Sport England Tackling Inactivity and Economic Disadvantage Fund	-	-	-	22,293
North Tyneside Council	-	56,786	56,786	86,251
North Tyneside Council - CCG	-	19,518	19,518	19,519
North Tyneside Council - Household Support Grant	-	1,500	1,500	-
North Tyneside Council - Restart Grants	-	16,000	16,000	-
North Tyneside Council - Holiday Activities Funding	-	14,668	14,668	-
The Tudor Trust	-	30,000	30,000	27,800
Northumberland County Council - Holiday Activities	-	7,000	7,000	-
Macmillian Cancer Support	-	8,923	8,923	-
The Henry Smith Charity	-	48,600	48,600	20,600
The Mercers Company	-	15,997	15,997	25,579
Proctor and Gamble	25,000	5,400	30,400	29,000
Community Foundation Tyne and Wear - Various Projects	-	10,000	10,000	14,037
Segelman Fund	40,000	-	40,000	-
Ron and Lousie Bowey Fund	-	-	-	20,000
National Lottery Community Fund - Awards for All	-	-	-	13,300
Other grants	-	13,443	13,443	35,183
Sir James Knott Trust	-	-	-	834
Garfield Weston	-	42,000	42,000	28,000
Coping with Cancer	-	12,500	12,500	-
Gateshead Council - LA6 ESF	-	17,403	17,403	26,104
VODA	-	-	-	4,000
Wallsend Action for Youth	-	-	-	10,500
Global Make Some Noise	-	-	-	55,000

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

	Unrestricted		Total 2022 £	Total 2021 £
	General £	Restricted £		
Greggs	-	15,000	15,000	1,000
Masonic	-	20,000	20,000	16,667
Metro Cash for Kids	-	-	-	7,070
Key Fund	-	4,920	4,920	15,594
BBC Children in Need	-	-	-	14,294
Power to change	-	-	-	23,125
Rank Foundation	-	-	-	25,000
Police and Crime Commission	-	238,892	238,892	87,857
Charities Aid Foundation	-	-	-	10,615
National Lottery Roving Chef	-	10,000	10,000	9,000
DWP - Kick Start	-	13,079	13,079	-
	<u>65,000</u>	<u>938,344</u>	<u>1,003,344</u>	<u>792,981</u>

The value of £721,514 was included within restricted income in 2021.

In accordance with FRS 102 and the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the financial statements

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Income from charitable activities

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Commissioned Services - North Tyneside Council	24,300	24,300	33,000
Commissioned Services - Northumberland County Council	15,300	15,300	24,290
Commissioned Services - Various Schools	-	-	7,048
Total for 2022	<u>39,600</u>	<u>39,600</u>	<u>64,338</u>

5 Income from other trading activities

	Unrestricted funds General £	Total funds £	Total 2021 £
Trading income;			
Other trading income	<u>131,235</u>	<u>131,235</u>	<u>41,007</u>
	<u>131,235</u>	<u>131,235</u>	<u>41,007</u>

Other trading income comprises cafe income, room hire, gym hire, event income and other sundry income, which are activities consistent with the charity's aims and objectives.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

6 Investment income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Interest receivable and similar income; Interest receivable on bank deposits	148	148	479

7 Other income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Other income	14,566	14,566	6,647

8 Expenditure on charitable activities

	Unrestricted		Total 2022 £	Total 2021 £
	General £	Restricted £		
Direct costs	36,285	925,292	961,577	820,304
Governance costs	5,000	-	5,000	2,750
	<u>41,285</u>	<u>925,292</u>	<u>966,577</u>	<u>823,054</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

	Total 2022 £	Total 2020 £
Analysis of expenditure		
Rent and Water	2,622	7,342
Light and Heat	13,984	14,588
Insurance	3,798	6,476
Repairs and Maintenance	32,160	26,351
Cleaning	3,051	1,450
Wages and Salaries	538,333	473,418
Employer NI Contributions	48,759	32,380
Employer Pension Contributions	22,212	14,230
Travel and Subsistence	15,946	18,940
Telephone	8,066	6,700
Computer Software and Support Costs	20,657	14,464
Equipment Hire	3,845	780
Recruitment	2,185	492
Advertising and Public Relations	5,676	6,613
Printing, Stationary and Postage	8,012	7,987
Staff and Volunteer Training	4,376	7,005
Sundry Expenses	1,777	1,105
Practical Support Costs / Activities	26,635	48,154
Legal and Professional Fees	34,177	13,979
Consultancy Fees	58,294	85,970
Subscriptions	2,825	2,172
Project Management Support	75	8,206
Bank Charges	433	235
Accountancy Services	668	139
Independent Examiners Fees	-	2,750
Depreciation	16,265	8,448
VAT Assessment	837	12,680
Audit fees	5,000	-
Partnership Charges	85,909	-
	<u>966,577</u>	<u>823,054</u>

9 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Audit fees	5,000	-
Depreciation of fixed assets	16,265	8,448
Independent examiners fees	-	2,750
	<u>21,265</u>	<u>11,198</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

11 Staff costs

The aggregate payroll costs were as follows:

	2022	2021
	£	£
Staff costs during the year were:		
Wages and salaries	658,966	466,356
Social security costs	49,006	32,380
Pension costs	22,212	14,230
Redundancy costs	12,486	7,062
	<u>742,670</u>	<u>520,028</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022	2021
	No	No
Management	3	3
Administrative	3	3
Services	27	21
	<u>33</u>	<u>27</u>

No employee received emoluments of more than £60,000 during the year.

The services of the strategic director have been commissioned through her company, Stimulo Ltd, and amounted to £39,600 (2021 - £66,000). These costs are included within consultancy fees.

The total employee benefits of the key management personnel of the charity were £57,750 (2021 - £47,268).

12 Taxation

The charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

13 Tangible fixed assets

	Property improvements £	Machinery and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2021	50,640	43,907	4,554	99,101
Additions	<u>8,449</u>	<u>32,151</u>	<u>11,160</u>	<u>51,760</u>
At 31 March 2022	<u>59,089</u>	<u>76,058</u>	<u>15,714</u>	<u>150,861</u>
Depreciation				
At 1 April 2021	1,063	14,103	4,554	19,720
Charge for the year	<u>2,852</u>	<u>10,820</u>	<u>2,593</u>	<u>16,265</u>
At 31 March 2022	<u>3,915</u>	<u>24,923</u>	<u>7,147</u>	<u>35,985</u>
Net book value				
At 31 March 2022	<u>55,174</u>	<u>51,135</u>	<u>8,567</u>	<u>114,876</u>
At 31 March 2021	<u>49,577</u>	<u>29,804</u>	<u>-</u>	<u>79,381</u>

14 Stock

	2022 £	2021 £
Finished goods	<u>-</u>	<u>2,000</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

15 Debtors

	2022	2021
	£	£
Trade debtors	15,810	448
Prepayments and accrued income	24,508	18,351
Other debtors	12,000	6,000
	<u>52,318</u>	<u>24,799</u>

16 Cash and cash equivalents

	2022	2021
	£	£
Cash on hand	746	650
Cash at bank	2,312	3,360
Short-term deposits	600,000	600,000
	<u>603,058</u>	<u>604,010</u>

17 Creditors: amounts falling due within one year

	2022	2021
	£	£
Trade creditors	11,381	7,186
VAT	1,870	4,089
Accruals and deferred income	173,250	167,816
	<u>186,501</u>	<u>179,091</u>

Included within accruals and deferred income in the year is deferred income of £101,138 (2021 - £125,359).

	2022	2021
	£	£
Deferred income at 1 April 2021	125,359	126,130
Resources deferred in the period	101,138	125,359
Amounts released from previous periods	<u>(125,359)</u>	<u>(126,130)</u>
Deferred income at year end	<u>101,138</u>	<u>125,359</u>

18 Obligations under leases and hire purchase contracts

Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

	2022 £	2021 £
Other		
Within one year	4,171	-
Between one and five years	<u>1,498</u>	<u>-</u>
	<u>5,669</u>	<u>-</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

19 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
General				
General	382,432	219,621	(219,621)	382,432
Restricted funds				
The National Lottery Reaching Communities Fund - Improving Futures	-	39,600	(39,600)	-
The Sage Foundation	9,496	33,000	(33,000)	9,496
CR Bell Fund	-	2,720	(2,720)	-
National Lottery Roving Chef Garfield Weston	-	10,000	(10,000)	-
Garfield Weston Foundation - Anniversary Fund	-	42,000	(42,000)	-
Garfield Weston Foundation - Anniversary Fund	58,886	-	(2,390)	56,496
The Tudor Trust	26,148	30,000	(30,000)	26,148
Sage Foundation Benevity Fund	5,000	-	(5,000)	-
Masonic	-	20,000	(20,000)	-
Key Fund	-	4,920	(4,920)	-
DWP - Kick Start	-	13,079	(11,679)	1,400
Sir James Knott Trust	(2)	13,443	(9,335)	4,106
Police and Crime Commission	-	238,892	(164,898)	73,994
Police and Crime Commission - Teachable Moments	-	252,870	(252,870)	-
NT CCG - VCS Grant	13,012	19,518	(32,530)	-
Newcastle City Council - ASB Victim Project	-	5,000	(5,000)	-
The Trusthouse Fund	-	8,125	(8,125)	-
Virgin Money Foundation	-	15,000	(15,000)	-
Savoy Educational Trust	5,295	-	(1,422)	3,873
Proctor and Gamble - Development of Clinical Room	3,839	-	(89)	3,750
Gateshead Council LA6 - ESF	21,993	17,403	(39,396)	-
Silverbean	5,000	-	(5,000)	-
Greggs	-	15,000	(15,000)	-
Coping with Cancer	-	12,500	(12,500)	-
North Tyneside Council - NTC ESF	-	56,786	(56,786)	-
North Tyneside Council - Household Support Grant	-	1,500	(1,500)	-
North Tyneside Council - Restart Grants	-	16,000	(16,000)	-

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
North Tyneside Council - Holiday Activities Funding	-	14,668	(14,668)	-
Northumberland County Council - Holiday Activities	-	7,000	(7,000)	-
Macmillian Cancer Support	-	8,923	-	8,923
The Henry Smith Charity	-	48,600	(35,467)	13,133
The Mercers Company	-	15,997	(15,997)	-
Proctor and Gamble	-	5,400	(5,400)	-
Community Foundation Tyne and Wear - Various Projects inc Pea Green Boat Fund	-	10,000	(10,000)	-
Total restricted funds	<u>148,667</u>	<u>977,944</u>	<u>(925,292)</u>	<u>201,319</u>
Total funds	<u>531,099</u>	<u>1,197,565</u>	<u>(1,144,913)</u>	<u>583,751</u>

The specific purposes for which the funds are to be applied are as follows:

General fund - These funds can be used in any way by the trustees in accordance with the objectives of the charity.

Restricted reserves

Community Foundation - Charles Robert Bell - Supporting the Mental Health of Families in North Tyneside

Garfield Weston Foundation - Funding received towards the costs of core management posts

Garfield Weston Foundation - Anniversary Fund - Funding received for the development and refurbishment of the community hub building

The Tudor Trust - Funding received to contribute towards the salary of a programme manager

Sage Foundation - Contribution towards growth of Howdelicious

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

The Henry Smith Charity - Funding received to contribute towards the salary and associated costs of a Family Entrepreneur supporting families in North and South Tyneside

The Mercers Company - Funding received to support the development of the 'Family and Community Enterprise Hub' and to fund the post of the Community Enterprise Lead post

North Tyneside Council - ESF - Funding received to support the 'Building a Brighter Future' project

Garfield Weston - Pilot light - Funding provided to support strategic thinking and the achievement of long term sustainability

NHS VCS / North Tyneside CCG - Funding to support the delivery of workshops in schools for families and children least likely to engage with services

Virgin Money Foundation - Funding received to contribute towards the 'Barefoot Buddies', 'Youth Social Action' projects, Community Resilience Fund and Funding towards employment of an Activities Coordinator

Savoy Educational Trust - Funding contribution towards replacing outdated kitchen equipment in Community Café

Northumberland County Council - Funding for children's holiday activities

Proctor and Gamble - Funding to support the development and construction of a Clinical Room at Howdon Hub

Gateshead Council LA6 - ESF - Funding to support Be Your Best employability courses in North Tyneside and Northumberland for vulnerable adults

Silverbean - Charitable donation towards costs of providing family meals during the Coronavirus - Starting April 2020

Police and Crime Commissioner - Youth Navigators

Police and Crime Commissioner - Operation Payback

Police and Crime Commissioner - Northumberland Link Worker

Police and Crime Commissioner - Teachable Moments

Police and Crime Commission - North Tyneside Violence Reduction Unit Community Hub

Police and Crime Commission - Youth Endowment Fund

Roving Chef - People's Postcode Lottery - Support move from 3 meals per week to 2 meals plus recipe / ingredients for a third meal

Masonic - Funding to support 'Stronger parents, Thriving Children' projects

Social Enterprise Support - Key Fund - Funding for 6-month Business Development, Manager and a Community Engagement Worker, and consumables

North Tyneside Council, Restart Grant - Funding to assist in re-opening safely post-covid

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

The Pea Green Boat Community First Fund at The Community Foundation Tyne and Wear - Supporting families in South Tyneside and Northumberland

North Tyneside Council, Holiday Activities and Food Grant - funding received to - deliver holiday activities and food to children and young people in North Tyneside

Greggs - Support towards operation and development of Howdon Community Hub, expanding the food insecurity programme

Trusthouse Foundation - funding towards salaries and running costs of expanding the team of family Entrepreneurs in South East Northumberland

Coping With Cancer North East, cancer and Covid19 :Working together to Support Vulnerable Patients - funding to improve the quality of life of people with cancer

Proctor and Gamble Donation - donation for purchase of xmas gifts for the children and young people of the families we work with.

DWP Kickstart - funding to fund six months work in newly created work roles for those at risk of long term unemployment in the 16-24 age group

North Tyneside Council - Household Support Fund - funding to support adults with or without children fleeing domestic violence

The National Lottery Reaching Communities Fund - Improving Futures - Funding received to contribute towards the project delivery costs of Improving Futures in Northumberland

Sage Foundation Benevity Fund - Funding received to contribute towards a project supporting vulnerable women

Sir James Knott - Funding received to support core costs in support of Children's Activity projects

20 Analysis of net assets between funds

	Unrestricted		Total funds at 31 March 2022
	General £	Restricted £	£
Tangible fixed assets	114,876	-	114,876
Net current assets/(liabilities)	267,556	201,319	468,875
Total net assets	<u>382,432</u>	<u>201,319</u>	<u>583,751</u>
	Unrestricted		Total funds at 31 March 2021
	General £	Restricted £	£
Tangible fixed assets	79,381	-	79,381
Net current assets/(liabilities)	303,051	148,667	451,718
Total net assets	<u>382,432</u>	<u>148,667</u>	<u>531,099</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2022

21 Analysis of net funds

	At 1 April 2021 £	Financing cash flows £	At 31 March 2022 £
Cash at bank and in hand	604,010	(952)	603,058
Net funds	604,010	(952)	603,058

	At 1 April 2020 £	Financing cash flows £	At 31 March 2021 £
Cash at bank and in hand	323,229	280,781	604,010
Net funds	323,229	280,781	604,010

22 Related party transactions

During the year the charity made the following related party transactions:

Sintons LLP

(A L Maskery is a trustee of Family Gateway and a partner at Sintons LLP)

During the year legal fees of £5,000 (2021 - £5,417) were paid by the charity to Sintons LLP At the balance sheet date the amount due to/from Sintons LLP was £Nil (2021 - £Nil).

Stimulo Ltd

The services of the strategic director have been commissioned through her company, Stimulo Ltd, and amounted to £33,000 (2021 - £66,000). These costs are included within consultancy fees. Trustees have considered IR35 and have concluded that there not a risk to the Charity. At the balance sheet date the amount due to/from Stimulo Ltd was £Nil (2021 - £Nil).

23 Ultimate controlling party

In the opinion of the trustees, there is no ultimate controlling party of the charity other than the board of trustees themselves.



family
gateway

improving life chances for
children and families

FAMILY GATEWAY

England & Wales - Charity number 1144453

Accounts

Company registration number: 07583330

Charity registration number: 1144453

FAMILY GATEWAY

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Family Gateway

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 27
Independent Examiner's Report	28
Statement of Financial Activities	29
Statement of Financial Activities	30
Balance Sheet	31
Statement of Cash Flows	32
Notes to the Financial Statements	33 to 51

Family Gateway

Reference and Administrative Details

Trustees	A D Taylor-Saunders, Chair A L Maskery W P Fatherley I D Jamieson, Vice Chair Prof M A Defeyter J Musson L Perkins A Sanderson (appointed 2 February 2021) L T Richardson (appointed 3 February 2021)
Key Management Personnel	P. Wonders L. Crosby G Lambert J Marriott (appointed 2 August 2021)
Principal Office	Howdon Community Centre Denbigh Avenue Howdon Wallsend NE28 0PP The charity is incorporated in England and Wales.
Company Registration Number	07583330
Charity Registration Number	1144453
Bankers	Barclays Bank plc Gosforth High Street 59A High Street Gosforth Newcastle upon Tyne NE3 4AA
Independent Examiner	MHA Tait Walker Bulman House Regent Centre Gosforth Newcastle upon Tyne NE3 3LS

Family Gateway

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Chair's Statement

Chair Foreword by Amanda Taylor Saunders.

Family Gateway has once again had a successful and impactful year, keeping their beneficiaries at the very heart of everything they do and developing and learning from them so that we can continually adapt and evolve. Like most organisations we have faced a challenging period as we have withstood limited and varied working arrangements as a result of Covid restrictions at a time when our service users experienced new and very complex issues and challenges themselves. As ever the staff have stepped up and stood out, using modern technology alongside their usual Barefoot Professional engagement skills to keep in touch with those most vulnerable, and we have made the most of creative working arrangements with excellent outcomes for those involved. We have become a resilient creative and adaptive organisation and the specialist work we do with families and young people has continued and grown. We have ensured that those most in need have received the necessary appropriate support with fantastic outcomes.

Once again, our partners and associates have fully supported us and we thank all of you, be it by funding additional more focused projects, recently realised amid Covid, or by understanding and supporting those opportunities arising from Covid that required substantial investment and supporting us to make that happen. The ongoing support we have received has indeed been awesome and it has afforded us the opportunity and flexibility to meet this pandemic head on, to realign how we work safely, ensuring those needing support have received it in an appropriate and safe way. It has made us as a Charity stronger, more flexible and more creative and has helped reinforce our relevance and importance in the sector.

We continued to deliver innovative support in a range of areas, resulting in excellent outcomes for those we work with. Our hardest to reach groups be they individuals, children, young people, adults or families have received consistent and timely support from our Barefoot Professional trained staff, with the focus always on making them more resilient, safer, stronger and more confident to access necessary services, as well as giving them the hope and aspiration to make those positive changes necessary in their lives. We know what we are doing is making a genuine and positive difference.

Our focus has included preventing children and young people going into the care system, preventing young people from moving into serious crime, making families resilient, improving school attendance and behaviour. It has also broadened seeing us working closely with those families who, prior to Covid, were just coping but who found the extremity of the situation challenging with many of them slipping off the shelf in terms of resilience and coping. We have reconfigured staffing to meet those very needs as we forge strong partnerships with other complementary external agencies to deliver on projects and working arrangements.

Family Gateway

Trustees' Report

As in the previous year we have moved with changing circumstances within our communities and taken stock of what we do and how we do it to provide the best outcomes for the people we work with, realigning service provisions to meet that need. We as a Board of Trustees have worked with organisations including PilotLight to support us in reviewing and re-setting our long-term objectives and goals reflecting on what we as an organisation have learned from existing as well as Covid-informed working practice, what we as an organisation need to do to be relevant and sustainable. We have invested heavily in our staff through a range of individual and leadership development programmes to help us all understand how we work, what we can do better, and what skills as an organisation we need to have to make us thrive and remain relevant. We have worked as a full organisation with all staff on values and behaviours to establish a new set of internal benchmarks and aspirations, all of which is timely and vital in these changing and very pressurised times. It was important for the Board of Trustees to acknowledge and support staff and recognise that they have worked in extremely difficult circumstances, the whole tone of the organisation changed amid Covid.

A major achievement and also challenge has been the ongoing development of the Howdon Community Hub, a community building that has enormous potential but has suffered from lack of investment for many years. Plans to reinvigorate it were delayed by Covid lockdown and they are now on track and we have new and exciting events, activities and facilities to offer in the coming year. We genuinely want local people to feel that this is their building and for them to use it and nurture it with us.

Howdelicious Café at Howdon Hub has excelled in reaching out to the local communities offering not only free nutritious family meals to over 100 families during Covid (over 70,000 meals delivered in total), but also safe connected environments for the local community with a range of delicious products on offer with a choice of eating in safely or taking foodstuff away. Creative innovative solutions have emerged and we look forward to next year and seeing this business thrive and grow.

In terms of our performance and achievement, well I am proud to say Family Gateway have kept their head well above the water. Creativity and dedication has not been impacted by remote working and we have maintained safe individual contacts and personalised our care packages, making sure that we have had the right system and processes in place to make us compliant with the new landscape. I thank you all for your tenacity and time.

We are hoping that next year we will see some return to normal working practice but we won't lose sight of the opportunities that have arisen amid Covid, some people much prefer contact via other means and that is fine for a minority, as long as it is safe, there are parts of this process and situation that has empowered us to just be different with great outcomes. As ever we are constantly reviewing, evaluating and identifying how we can meet new emerging needs in new circumstances.

One of the most significant changes within Family Gateway was the stepping back of our Strategic Director Pauline Wonders. Pauline is well known to many and has a reputation second to none. She has been a driving force behind the development of Family Gateway since its inception, taking it from a small charity with a budget of around 30k to a nationally recognised charity with a budget of around a million pounds. We as a Board of Trustees cannot thank her enough for her dedication to Family Gateway, her creative and innovative working practice, her loyalty to the charity and her tenacity in securing relevant and appropriate funding to drive our impact regionally. She will be very much missed and we are lucky that she has agreed a handover period with her successor Julie Marriott. We welcome Julie as our incoming CEO and know that her passion for Family Gateway will shine through and I am sure all of you will welcome her warmly.

I encourage you all to read this full report, it details the work we do, details many good news stories and gives a real flavour of how dedicated we are to make a positive change for our people.

Family Gateway

Trustees' Report

We can't wait for next year and hopefully a more normal working routine, but will we ever work the same way again? I think all services have reflected reviewed and realigned how they work to secure the best impact. We can't wait to meet head on the opportunities and challenges the next year will bring, we know the world will be very different but we also know as an organisation that we can respond to that. We have learned a lot these past two years and know we are stronger, creative, opportunist and more resilient than we ever imagined. We know our business and we do it well.

Structure, governance and management

Nature of governing document

Family Gateway is a registered charity (registered number 1144453) and a company limited by guarantee established under a Memorandum of Association which states the objects and powers of the charitable company. It is governed under its Articles of Association dated 29th March 2011, as amended on 3rd October 2011.

The trustees confirm that if the charity is wound up whilst they are a trustee or if it is wound up within one year of them ceasing to be a trustee, they would be required to contribute an amount, not exceeding £1, towards the payment of the debts and liabilities of the charity.

Recruitment and appointment of trustees

We recognise the importance of the breadth of skills and knowledge that our Trustees bring to the organisation and we recruit to meet specific needs in line with our work, our strategy and our charity governance obligations. A skills matrix system is used for regularly reviewing availability of skills against current and future plans and in this current year we have recruited two new Trustees using this system.

Trustees are voted on to the Board of Trustees at the Annual General Meeting in accordance with our Articles of Association and all Trustees give their time voluntarily, receiving no payment or benefits from the charity.

The Trustees who served the charity during the year are detailed on Page 1. Nine Trustees served the charity during the year in accordance with the minimum requirements detailed in the Articles of Association. At 31st March 2021 there were 9 trustees holding positions, representing a diverse mix of skills and experience.

Family Gateway

Trustees' Report

Induction and training of trustees

New Trustees are likely to know the background of the work that the charity does before joining the board and will have an appreciation of the charity's aims. They may have received information and had informal meetings and training with other Trustees to ensure that they understand the role and requirements and may be invited to attend a Board meeting as an observer before applying for a role. After appointment they will be invited to shadow a Family Entrepreneur to gain a sense of the organisation's work and approaches to whole family support. This is aimed at ensuring a good match between Trustees and the charity.

The main documents which set out the operational framework of the charity, including the Memorandum and Articles of Association will be shared and discussed with any new Trustees. New Trustees will also be briefed on the current financial position of the charity with the aid of the most recent set of financial statements. Finally, the current resources, grant funding and other revenue streams as well as the future plans of the charity will be discussed with new Trustees.

All Trustees are familiar with the practical work of the charity and have also been encouraged to consult the various Charity Commission publications signposted through the Commission's guide, "The Essential Trustee", and the information sheets provided on the Commission's website.

All trustees are required to hold an enhanced DBS and will be expected to undertake Trustee Safeguarding training within 6 months of being appointed.

In the forthcoming year, new Trustees may be appointed in line with the skills matrix gaps and the new areas of focus of the organisation. The current Trustees will continue to ensure appropriate training is provided for themselves and that proposals are brought forward to regularly review the skills mix and capacity of trustees to ensure maximum effectiveness. One-to-one reviews with the Chair will support their development and inform succession planning for the Board.

Arrangements for setting key management personnel remuneration

No part of the income or property of the Charity shall be paid or transferred directly or indirectly by way of dividend, bonus or otherwise by way of profit to Members of the Charity.

This shall not prevent any payment in good faith by the Charity to members, who are not trustees or connected parties, for the reasonable and proper use of any goods and services.

Expenses may be reimbursed for any reasonable and proper out of pocket expenses incurred when acting on behalf of the Charity.

The board set the remuneration based on the financial position of the charity and by taking into account salary rates of people in similar jobs.

Family Gateway

Trustees' Report

Organisational structure

The board of Trustees administers the charity, oversees its governance and sets the strategic direction. On an annual basis it agrees the strategy and sets the objectives which are incorporated into the strategic plan. It meets every two months to receive an update from the Strategic Director, Director of Operations and Head of Community and Enterprise, and agree actions to move the business plan forward. A number of Board sub-groups are established to focus on core areas including Governance, People and Culture, Finance, Marketing and Enterprise, Risk, Accommodation, and Quality / Impact.

During 2020/21 Family Gateway was led by a Strategic Director who was supported by a Director of Operations, a Head of Community and Enterprise, a Family Support Manager, a Quality and Impact Manager, a Finance and Information Manager. Executive staff have been granted a range of delegat-ed authorities by the board of trustees in order to run the organisation efficiently. 2020/21 has seen the introduction of a management restructure to streamline the organisation's leadership and reflect the changing shape of the organisation, the growth of the community hub and enterprises, and the focus on quality assurance and increased supervision in the complex family support programmes. During 2020/21 it was agreed that a full time CEO would be appointed and that the current Strategic Director would reduce involvement to offer part time ad-hoc strategic consultancy as required.

Pay policy for senior staff

The Board of Directors, who are the charity's Trustees, give their time freely and no Director received remuneration in the year. The pay of senior staff is reviewed annually and was increased by 1% (excluding Strategic Director who received no increase) in 2020/21. Senior staff salaries are considered in line with the organisation's size, the complexity of the roles, and the responsibilities that the staff carry. When recruiting to new senior management roles, salaries are benchmarked against similar roles and responsibilities and we also consider the market and availability of skills in setting salaries.

Risk management

The Trustees have a risk management strategy that comprises:

- An annual review of the risks the charity may face and regular monitoring at Board meetings
- A risk sub-group comprising the Strategic Director and two experienced Trustees. The group meets quarterly to reassess the likelihood and impact of identified risks
- Cascading of risks and mitigating actions to management and project teams and other Board sub-groups
- Detailed action plans to mitigate identified risks

Key controls that the organisation use to mitigate against risk include:

- Regular strategic reviews and financial planning reviews
- Robust safeguarding processes and policies, including training to ensure staff and service users are safe
- Strong and robust authorisation and approval processes for financial transactions
- Robust policies in all areas that are subject to regular review and approval
- Strong communication protocols throughout the teams to ensure cascading of information and policies

Due to the nature of our work we have identified that safeguarding of staff and beneficiaries is one of our most significant risks, as is long term funding particularly as a result of the impact on funders of Covid 19 grants during 2020/21; hence the policies and processes in respect of safeguarding and supervision, and financial management are two of our most critical areas of attention on a regular basis. We are confident that we have good mitigating controls against all risks. Health and safety in our Community Hub is also a significant risk and the Head of Community and Enterprise was appointed to oversee this important aspect of risk, supported by a team of trained staff and a Health and Safety Committee.

Family Gateway

Trustees' Report

Objectives and activities

Objects and aims

Our company mission is to support and empower families and communities to make the changes needed to improve life chances for children

Our purpose is articulated in our charitable objectives as:

1. The prevention and relief of child poverty through the promotion of parental employment and the provision of assistance to parents and young people seeking employment across the UK
2. The advancement of education through providing, or assisting in the provision of, education and training for parents and young people across the UK to develop their potential to become employed
3. The development of the capacity and skills of the members of the socially and economically disadvantaged communities across the UK in such a way that they are better able to identify and help meet their needs and participate more fully in society
4. The promotion of social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

In pursuing our aims and objectives we have remained true to our model with the Barefoot Professional approach being at the core of all support, development and design. Our Family Entrepreneurs, all of whom are recruited because of their knowledge of the local community and their life experiences, have lived through the same or similar issues as those we support and so are able to more quickly engage and build trust with families who are described as 'hard to reach'. By 'hard to reach' we mean those who have significant barriers to working with professionals and agencies, and who professional agencies and other workers have so far failed to engage or effectively move forward.

Our Family Entrepreneurs are at the heart of our work and their skills and expertise are key to the successful outcomes we achieve, and the training and support we offer them is critical to their development and to safe working practices. In particular safeguarding training is key as we strive to achieve the highest level of safe working and ensure our staff and beneficiaries are protected and that we mitigate against risk.

Regular reviews of our achievements and outcomes are essential to inform new developments and refine existing work – this is achieved through Board level workshops, team development sessions and ongoing evaluation and monitoring.

We continually listen to our service users and beneficiaries, ensuring we represent their needs in all service developments so that those who need the service are put in the lead and inform its development and design. Regular feedback from families we support, as well as feedback from focus groups and the wider community, all adds significant value to our plans and reviews and maintains our 'bottom-up' approach to asset-based community development.

This continuous programme of feedback and review ensures that our aims, objectives and activities have remained focused on our stated purpose and also highlights new opportunities as we move forward in our planning. The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when considering and implementing the reviews and considering how planning will contribute to the aims and objectives they have set.

Family Gateway

Trustees' Report

Our portfolios of work and how they interlink to provide family and community support

During 2020/21 we worked on programmes across a range of portfolio areas:

- Education and Youth
- Youth aspiration and diversion
- Vulnerable Families and Employability
- Health and Sport
- Community and Enterprises

Education

This portfolio brings together the work with children from ages 0-19 and looks to provide support to those children most vulnerable and at risk of falling behind their peers educationally as a result of their home and family circumstances. It covers our education programme funded by schools where we work with children and their parents to ensure that children access and achieve, with much of the focus being on early intervention and primary school aged children. We have recently expanded this to the 0-3 years 'ready for school' group with much appreciated support from the Masonic Charitable Foundation, and to secondary school groups to prepare young people for working life, focusing on skills, enterprise and employability. This means that we are covering the 0-19 learning and educational journey for children to help them and their families ensure that they have the best possible start in life.

Youth aspiration and diversion

Our youth work has been an area of growth again this year, focusing not only on the young person but on the dynamics of the family and the influences within the home environment. We know that there are a number of programmes and projects that work directly with young people and we respect and regularly signpost to those programmes. However, our research and findings show that the home environment is a major factor in the growth of risky behaviours, lack of confidence, learned negative behaviours and poverty of aspiration. If we can work with the young people and also with their family network at an early stage, we believe that we can bring positive influence into the whole family environment and that young people will feel safer, listened to, confident and resilient. All of these improved behaviours and feelings will help improve their life chances.

We have developed a number of programmes, with support from the Office of the Police and Crime Commissioner's Violence Reduction Unit (VRU) aimed at supporting young people at risk of escalating antisocial behaviour and crime, and also supporting victims of crime. These programmes utilise the skills and experience of our amazing Family Entrepreneurs to build a diversion and behavioural pathway based on relationship and deep trust. The engagement of the young person and their family in this process is crucial and we take time in this stage. A plan for the whole family that involves a number of diversionary activities for the young person to move them from negative influences to positive enriching plans is the ultimate aim and we have had incredible success in these areas. Adverse Childhood Experience is most often at the root of some of the issues and our skilled FEs, along with other professionals and services, work hard to help the young person understand and overcome embedded beliefs and actions.

During Covid we saw a rise in depression and anxiety amongst young people, manifesting in self-harm and violence and we have worked very hard in very challenging circumstances to support young people and their families through provision of food, learning about the skills and value of home-cooked nutritious meals, online activities and regular discussion and engagement.

Family Gateway

Trustees' Report

Vulnerable Families and Employability

This portfolio covers our projects that are aimed generally at the range of issues that parents and families living with multiple and complex issues face. It covers programmes that work with the whole family to sort through chaos and complexity such as risk of children moving into Looked After Care, long term employability, financial distress, domestic abuse, inadequate housing, and family conflict. The projects in this portfolio are wide-ranging and require flexible whole family support skills and a good knowledge of the benefits, welfare and employability context.

The programmes in this portfolio are some of our most important and impactful in respect of building stability and resilience in households where children's life chances are limited and where parents struggle to cope with a multitude of complex issues. The Barefoot Professional approach ensures that we are targeting those families for whom professional services approaches have failed to be effective and where there are significant barriers to working with other agencies. Many parents experience stigma, fear, judgemental approaches, and ineffective engagement and support strategies, short term interventions that do not address all issues and are not adequately understood by many services. We are particularly concerned about the large numbers of children moving into the Care system when this could be avoided with intensive community-led support for the families. Our Looked After Care Prevention programme, funded by the Henry Smith Charity, has seen massive success in removing children from Child in Need or Child Protection plans and building stability in families so that the children are not removed. Our activities are based on credibility, relationship, trust, long term intervention, prioritising issues based in the individual's needs, bespoke interventions, practical sustainable support. We continue to look for funding to increase this programme and meet demand and ensure that families build happy, healthy, safe home environments for children to thrive and grow.

One of our ultimate aims is to move parents and young people into employment as this is an important indicator of improved life chances for individuals and for children, this aim has been supported by working with the North Tyneside Council Brighter Futures consortium programme. The focus of our programmes is the pre-employability stage of addressing the multiple barriers to employment, including confidence, chaos, mental ill-health. Without properly addressing and overcoming these barriers individuals are unlikely to sustain work and so we prioritise the pre-employability, and sometimes the pre-pre-employability work to ensure that individuals develop the resilience and skills to make the right choices and to sustain training and employment.

Health and Sport

This is critical portfolio that supports our health and wellbeing outcomes has been developed to address the significant and growing health inequalities that are present in disadvantaged communities where the industrial backdrop and poverty have influenced general health and unhealthy lifestyle choices. It is well reported that there is an increased prevalence of smoking, addiction, inactivity and obesity in communities with high levels of unemployment, poverty and other disadvantage, exacerbated by a lack of awareness and reluctance to seek help early.

Our programmes include both physical and mental wellbeing projects for parents, children and young people and work with individuals and small 'buddy' groups to help people build resilience and support one another. Mental ill-health has always been a significant factor in the families we support and this has been further exacerbated as a result of Covid-19. Our work in this area is targeted, co-produced, collaborative, innovative and child and family-led which is why it delivers good outcomes. Funding from Sport England, RISE, and the North Tyneside Clinical Commissioning Group has been important to support the staffing capacity and development in this programme and we hope to further build on programmes in 2021/22.

Family Gateway

Trustees' Report

Our health and wellbeing programmes aim to reduce the unacceptable health inequalities in areas of poverty and disadvantage by supporting those parents and young people who are reluctant to seek help and who lack knowledge or awareness of the risks to their health of their lifestyle choices. Our Barefoot Professional model has been proven to be effective in supporting reluctant and overwhelmed / chaotic patients to appointments and to comply with protocol - literally saving lives. All of this contributes to their improved life chances and is delivered in a non-judgemental and easily accessible way to encourage participation, increase confidence and ultimately to improve wellbeing.

Community and Enterprise

A major element of our diversification and growth plan has been utilise the assets of local communities and enterprise to generate unrestricted income to support out charitable outcomes whilst offering volunteering and employment opportunities.

The most significant aspect of this portfolio was the decision in 2019 to take over management of a large and previously under-utilised community building in Howdon, Wallsend, which was threatened with closure by the local authority. We have made great strides since then to improve the range of activities and events on offer and to meet the needs of the local community. This has been challenging given the history of the building and the historical lack of confidence in the asset by the local community, however we are determined to transform it into a thriving and exciting hub for all age groups and audiences.

In 2020/21 we were impacted by Covid19 lockdown and as a result, like many others, our trading in-come plans were effected, however we have reviewed and adjusted our plans and we have increased the range of activities in the Hub, we have maintained existing, and secured new, anchor tenants, all of whom deliver services aligned to our core mission, and we have managed to make some minor modifications and improvements, not least the replacement of the inadequate heating system. We have invested, with generous support from Garfield Weston Anniversary Fund, in an impressive refurbishment of the main reception and café area. We have recruited new volunteers and have a good platform for supporting local people into employment through volunteering and employment. In particular, we have grown our own enterprises, the most significant of which is Howdelicious Catering which is a social enterprise offering high quality nutritious food and supporting local families and children with nutritional awareness, healthy eating, skills development and learning about fun with food.

The profits from the trading from the café and external catering are all fed back into the core charity to support our family and children's programmes. We recognise that this is a particularly challenging area of our work and that our plan is ambitious and we therefore need to continue to review and refine our offer to increase trading income, which has taken a large hit during the Covid19 crisis.

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follows all guidelines set out by the Charity Commission and UK law in every respect. We respect the privacy and contact preferences of all public donors.

Family Gateway

Trustees' Report

Public benefit

Our main beneficiaries and activities are described below.

Local Families in Need. In 2020/21, 24% of the parents and young people we supported have moved into employment – given that we work with the most vulnerable and the hardest to engage people, this is a great achievement. The work we do focuses on 'pre-pre-employability' which means that we address the key embedded issues and barriers that prevent people from even considering work before working with them on pre-employability training and job searches. This pre-pre employability stage is critical in ensuring that people are resilient and have removed those home and family-related barriers that impact sustained employment and the ability to make an informed choice about work. As we work with the families to address and overcome the barriers to fulfilling lives and employability, so often the people we support are a very long way from being ready for work so the intensive support we give them to overcome their complex issues means that when they are ready for work it is more likely to be sustained.

In 2020/21, our Family Entrepreneurs supported over 324 vulnerable families (over 700 children) directly through their home-based support and helped them acknowledge, accept and address the range of underlying issues that were negatively impacting their lives. Using the Barefoot Professional model, they have been able to build trust and establish a mutually respectful relationship that helps drive progress and resilience through a combination of patience, empathy, constructive challenge and unwavering support. The challenges presented by Covid19 amplified the issues faced by families and the level and variety of interventions that were needed to build and maintain stability during this unprecedented and difficult set of circumstances where support to all family members was essential and needed more than ever.

The interventions with families are not time-limited as with many other similar organisations; we work with the families for as long as it takes to address all issues, embed and sustain change and empower them to move forward and show resilience for the future. We do not close cases if families do not initially engage as is the case with many other services, we see non-engagement as a sign that they need our support, so we persevere until we are able to build a relationship underpinned by trust and begin to understand and unravel the many issues that are preventing them living their best life.

Parents and children have benefitted from working with an authentic and credible locally trained person who understands their issues and can empathetically listen and appropriately challenge them to improve their lives so that they and their communities can build capacity for the future, giving them as much time and attention as is required for them to make the changes they need to make to secure a fulfilling future.

Family Gateway

Trustees' Report

Children have benefitted from more stable family environments and circumstances resulting in more regular school attendance and improved life chances as educational achievement and improved confidence and resilience as mental, social and physical wellbeing have improved. Families have also benefitted from our range of out-of-school activities (including the school holidays) where children in poverty have the opportunity to take part in a range of free fun and educational tasks to prevent learning loss and holiday hunger - but most importantly, improve their social skills and emotional wellbeing.

Young people - Through the funded growth of our youth programmes, young people have benefitted from a different 'barefoot buddy' approach that has helped them engage with a local credible person and have that open and trusting relationship that supports their confidence to open up about issues. This has resulted in prevention of youth homelessness and reductions in escalation of risky behaviour or isolation through our Youth Social Action work and through our bespoke programmes of support or those on the cusp of serious violence and crime. We have seen significant reduced risk of NEET (Not in Education, Employment or Training) amongst some of our most vulnerable young people as we have worked with them to address their barriers and also worked with their family to understand and improve the home and family environment that is such a key influencing factor for young people's aspirations and life chances. Young people have received the right kind of community-led support to develop trust, encourage them to open up and help them make positive choices that improve their future life chances. The result is a benefit to families, communities and the general public.

Local communities have benefitted from increased cohesion and from a range of new community-led services that have been developed by local people, all aimed at improving the life chances of children in poverty. They have developed a new awareness of, and been involved in, enterprise in action and the impact of neighbours being supported towards positive outcomes and increased community activity.

In particular, the community of Howdon, Wallsend, has benefitted from our charity taking over management of the local Community Centre which had been neglected and under-used, transforming it into a thriving Family and Community Enterprise Hub for all. The Howdon Community Hub has undergone significant physical improvement and despite the Covid19 lockdown reducing the ability to increase footfall and generate trading income we have seen a real and genuine interest from local people. Events and activities for all ages and demographics continue to be developed to improve socialisation, nutrition, mental wellbeing and physical health. We want people to feel at ease and have fun and importantly to feel that the Hub is theirs to enjoy and nurture.

The building condition has improved with dedicated care and investment and through the modernisation and refurbishment of the main reception and café area which has benefitted from expansion, energy efficient door and window replacement and a secure and safe environment for local people and families.

Staff and volunteers - By identifying those in our local communities that have the passion, energy and commitment to help others change their lives, and supporting them to increase their knowledge and expertise, local people and communities have benefitted from securing employment as Family Entrepreneurs, administrative staff or volunteers. Their passion for their local community and their ambition to use their lived experience to support others is what makes our organisation so special and what genuinely underpins our amazing engagement rates and our sustainable outcomes. The Family Entrepreneurs, alongside our other team members, are our greatest and most valued asset.

Family Gateway

Trustees' Report

Through their work, other families in local disadvantaged communities who are struggling with a range of complex issues in their lives benefit from support from local workers who truly understand, empathise, and can challenge and help them to improve their lives. Society as a whole will benefit from such new and innovative ways of working.

Our staff have benefitted as we have continued to support them in their own growth, including their continued personal and professional training which includes all mandatory training such as safeguarding and health and safety. They have been able to transfer this learning into their roles and projects. Their Further Education and Higher Education study programmes have had a positive impact on themselves and their own children who themselves now aspire to enter Further and Higher Education as a route to employment.

Our volunteers, many of whom themselves have been supported in our programmes, have benefitted from valuable and real work experience as they work under the mentorship of our frontline staff to design and develop new community-led services. In total 22 previous service users have moved into employment with us, moving them off benefits and into work and increasing their ambition and motivation for the future, many of them have moved on to other careers using Family Gateway as a platform for future work. Our volunteers further extend our reach across our communities as we work to support even more families. The volunteers themselves, including our young volunteers, will benefit from real-life training and experience, as well as peer support with the aim of helping them on their route to sustainable employment.

Professionals and agencies - Other professionals, including school staff, social care, police, health professionals, charities and others, who have referred families to us have benefitted from increased capacity and extended reach as they have access to our staff who can engage and support families who may otherwise not engage and thus provide a 'bridge' to their services.

They have witnessed improvements in parental relationships with schools, social care and other services and often the families no longer require continued expensive and intensive public sector support, resulting in savings across the sector. Collaboration and co-production opportunities resulting in continuous improvement and innovation mean that families are able to be supported in the way that is best and most appropriate for them.

Services have benefitted from significant reductions to budgets as we have kept children from moving into care, kept young people from harm and from moving into serious crime, and supported parents to cope with their everyday challenges that would otherwise put a strain on health and social care systems. Schools have benefitted from improvements in attendance and achievement through the added capacity and reach that we offer them and from the sustained changes to those children, meaning that the attainment gap narrows, and their life chances improve.

One school fed back:

The one to one support provided for our pupils by Family Gateway is a huge support to our school. The children clearly enjoy having someone to talk to who is not close to them emotionally. Our children sometimes find it hard to talk to parents or teachers who they feel might 'judge' their behaviour and react differently towards them throughout the day. Here are some of the things the children have said:

"Aimee just listens to me and I feel much better when I have talked to her"

"She just gets me you know?"

"Well it's kinda like having someone there you know, who listens about you being like naughty? Then not actually telling you off or nothing. That is really cool cos I'm always getting told off"

"I wish she was here every day so I could just talk to her before I go off on one"

Family Gateway

Trustees' Report

Some of our children come from very difficult, chaotic households. There is no service to refer these children to. In school we do our very best to thrive these children as much as we can but sometimes it just takes that outside person who will be able to listen to and get through to our children. Our Family Entrepreneur excels at this. She is an asset to Family Gateway. There is a clear change in the behaviour of the children since this support started, the children appear calmer and therefore more ready to learn. This has a knock on effect on the rest of the children in class who also are free to learn in a calmer classroom.

Family Gateway also runs a support group with some mothers from our school. The mothers absolutely love this group. They have all gelled together with the help of the FE who is a calm, approachable, understanding person they can all turn to for advice but who also encourages them to advise and support each other which is clearly working. The mothers have said it's like having therapy every week and they literally cannot wait for the sessions. In a nutshell, the support we receive from Family Gateway is invaluable.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Family Gateway

Trustees' Report

Achievements and performance

We have had another successful year delivering our contracts and commissions and have met or exceeded the vast majority of our challenging targets, despite the challenges of Covid19 lockdown on our own organisation and on the families, young people and children we support.

Education - This Year's Improving Futures project saw us supporting over 93 families in 2020/21, through Service Level Agreements with 3 schools in Tyneside and a further 8 in Northumberland. Once again, 95% of children improved attendance and/or achievement, and 96% of families and 95% of children reported improvements in their lives.

Significantly, the impact on children of our whole family approach to early intervention benefitted schools to such an extent that we have managed to retain 12 Service Level agreements with schools who buy our service. This is lower than previous years as school budgets have been impacted and schools have had to make difficult decisions in respect of enhanced support for challenging children and families. The number of SLAs signed is still a good achievement when set in the context of significant cuts to funding in our local schools who are already struggling to cope with issues faced by children from families with complex lives and we continue to work with schools to ensure that they receive the best and right service for them and the children they are concerned about.

Youth programmes – 2020/21 has seen us expand our work with young people where gaps in service have resulted in increased challenges and issues and a reduction in service provision to support young people. Specifically, our work with the Office of the Police and Crime Commissioner's Violence Reduction Unit (VRU) has seen incredible impact in respect of young people being diverted from antisocial behaviour and crime and into more positive activities and aspirations. Our work sits firmly in the area of early intervention and prevention, and we focus on young people and their families, addressing the root causes of signs of violence, anti-social behaviour, mental ill-health and other risky behaviours. Our Barefoot Professional approach where our workers can share their own first-hand experience is a significant factor in our engagement success. One youth agency worker said 'I don't know how you've done it ... we've been trying to get this boy to work with us for years and you've managed to turn him around completely in a few months'. This is wholly attributable to our Barefoot Professional approach which focuses on the right level of support provided in the right way by the right people.

Our key programmes in this area has been the introduction of a range of diversion programmes funded by the VRU, in Hirst Ashington, Wallsend / Howdon and latterly in Newcastle and Gateshead with further important programmes launched in 2021/22 across 6 Local Authority areas. Over 30 young people, who previously refused to engage with services, have been engaged and supported by our FEs and whilst we acknowledge that in some cases the engagement stage has taken longer than we hoped (Covid was also a factor), we are proud of the tenacity and perseverance of our FEs and their ability to develop a trusting relationship with young people that have previously been described as 'challenging' and to work with them and their families to reframe their lives and outlook. The reduction in crime and improvement in education, training, employability and mental wellbeing amongst these young beneficiaries is outstanding.

Family Gateway

Trustees' Report

We have continued to work with young people on the issue of Youth Homelessness Prevention which was originally funded by the Sage Foundation and is now being covered by our own reserves where referrals come in. This was launched as a result of learning from their A Place Called Home project. This report highlighted that poverty, Looked After Care and family conflict were the factors that most influenced youth homelessness. Our evaluation confirms that these are key factors in youth homelessness and criminal activity so funding needs to be diverted to prevention and whole family support to avoid increased numbers of young people on our streets and reduced numbers of young people moving into the criminal justice system. Our Looked After Care Prevention programme, funded by Henry Smith Charity, has continued to receive excellent feedback and deliver exceptional outcomes for families whose children were at risk of being removed from the family home due to issues that could be resolved with time, patience and support. We have worked with almost 100 families on this programme, all of whom had children on a Child in Need or Child Protection Plan. Our dedicated and tenacious Family Entrepreneurs have worked intensively on action plans with the families and have a success rate of 100% engagement and over 90% of children no longer deemed to be at risk of moving into Looked After Care by the end of our intervention so therefore now no longer at risk and are in secure and stable homes. The small number of children that were moved into care were those where that was by far the best option for them and we are confident they will thrive and may return home as we continue to support their parents.

We have continued to develop our wellbeing programmes for local people living with challenges and economic disadvantage and our Sport England funded programme Tacking Inactivity and Economic Disadvantage is designed to address health inequalities and improve physical and mental wellbeing. It provides a range of accessible and free activities for local people on low incomes who do not exercise due to fear, stigma or low confidence. We have supported local people to access a range of activities including small group exercise classes, accessible gym classes, walking groups and more, all of whom had previously avoided exercise and were suffering from being overweight, making them at risk of long term conditions associated with inactivity or mental health issues. A particular success of this programme has been our Anxious Buddies group, comprising 8 women who suffered severe anxiety and came together to support each other through exercise. We now give them dedicated sessions in our gym and in our exercise programme so that they can exercise together in a safe environment as they develop skills and confidence.

Physical and mental wellbeing are common factors in the issues and problems that our families face and we have increased our effort to address both so that wellbeing is at the heart of all of our interventions. Funding from the North Tyneside Clinical Commissioning Group has supported a range of offers in some Primary Schools to offer peer support and buddy-style workshops, as well as individual support, to parents and children suffering from anxiety, depression and other mental ill-health. The Barefoot Professional approach means that the discussions and support are accessible and there is no stigma attached so engagement has been high and strong. We will continue to build on our existing wellbeing work and develop bespoke packages for different groups for all beneficiaries as we move into 2021/22

One of our most exciting and challenging achievements in 2021/22 has been the ongoing development of our community enterprise work, and in particular the physical renovation of the café and reception area of the Howdon Community Centre, now known as Howdon Community Hub.

Family Gateway

Trustees' Report

The revitalising of the Howdon Community Hub is a critical project for us and we are wholly committed to returning the building to local people and offer what they want, transforming it into a thriving Hub. We had increased footfall in 2019/20 before lockdown to around 2500 visitors per month however the impact of Covid lockdown has severely impacted those numbers as the Hub was forced to close for business in most areas. We are now approaching well above those numbers in 2021/22 as we welcome visitors back and offer new activities and services. The Covid lockdown period did give us the opportunity to complete renovation works and general maintenance ready for opening and we opened again in 2021/22 ready and equipped to offer new classes, events, activities and spaces. We are incredibly proud of what we have achieved in the Hub in terms of design, décor and atmosphere and feedback is overwhelmingly positive. People describe it as 'welcoming', 'modern and at the same time comfortable', 'somewhere I feel comfortable and where I just fit' and this is exactly what we wanted to achieve. We have recruited a community panel to help us lead the development of the building however once again Covid has prevented it from meeting and this is planned for 2021/22.

Security was a big issue in the Hub as we have suffered from the effect of youth antisocial behaviour and vandalism so we have improved our CCTV and general security and made efforts to engage youths rather than punish them. This is working well and we now have a number of young volunteers who want to help us develop the building and offer activities.

Our trading enterprise Howdelicious Catering has had a fantastic year of growth as we have improved the café area, brought in new teams and adapted the menu to focus on healthy nutritious and tasty food of the highest quality. In October we brought in a Michelin star trained chef to oversee the development of the enterprise and the expanding team, which includes equally high quality trained chefs alongside trainees and volunteers, are exceptional in their focus, work ethic and skill. The trading surplus from Howdelicious Catering supports our general charitable family support work and Howdelicious also has its own incredibly important social impact.

The Howdelicious aim is to provide healthy affordable food and develop awareness of and increased engagement with nutrition and healthy eating. All meals are prepared with fresh ingredients and are nutritionally balanced. During the period March 2020 to June 2021 we provided meals to families who were struggling financially and from a nutritional point of view. Families we support, whose children were missing their school lunches, and who were struggling to cope mentally and financially with the impact of lockdown were given 3 family-sized meals per week, delivered to their door with a welfare check, as well as fresh fruit and vegetables. All meals were prepared from scratch using fresh ingredients in our kitchen to school meals standards and were hot meals that could be re-heated safely. The focus was on provision of food and also importantly on health and nutrition. The delivery drivers were safeguarding trained and carried out an important welfare check at the door; any perceived issues or concerns were logged and referred to our team of Family Entrepreneurs.

This Free Family Meals service was incredibly important and we are enormously grateful to a range of funders who supported us and enabled this key programme to happen and to continue as we eased out of lockdown. We run a Roving Chef project which offers in-home bespoke nutritional and cooking awareness and skills development and we will look to continue this into 2021/22.

The final and important aspect of Howdon Community Hub is the presence and services offered by our tenants: Footsteps Children's Services, First Contact Clinical and the Wallsend Primary Care Network. All tenants complement our offer to local and vulnerable people and we work closely with them to combine expertise, cross-refer and identify gaps in service.

Family Gateway

Trustees' Report

Case studies to support performance and approach taken (all written by our Family Entrepreneurs)

Case Study 1: Looked After Care Prevention

In May 2019, North Tyneside Children's Services referred a family to the Looked after Care project. There were serious concerns around the mother's mental health, the child's emotional wellbeing and the child's attendance at school. This resulted in the child being removed from the mother's care and placed in the care of her father.

Mum had been suffering in silence for a long time, hearing voices in her head and suffering with anxiety issues, however kept it to herself, stating she was scared in case people thought she was 'crazy'. Things spiralled out of control, the voices got more frequent, the child became aware of what was happening to her mum, resulting in the child suffering from anxiety, often making her scared to go to school and leave her mother.

Mum was called into a meeting by the child's primary school to discuss low attendance issues. It was here that mum broke down and eventually opened up about the troubles she was facing on her own regarding her mental health. The school called Children's Services and the child was removed that day. Children's Services asked the FE to support mum during the child protection investigation and any future court cases.

From the initial home visit, it was clear that mum was nervous and lacking confidence, the Family Entrepreneur (FE) explained Family Gateway's Barefoot model and how the staff have lived life experiences of some of the issues. After this mum seemed to be at ease with the FE and over time mum started to realise that Family Gateway were there to help and support her and eventually mum started to trust the FE enough to open and discuss her troubles.

Mum explained during a visit that she had been recently diagnosed with schizophrenia by the mental health team and was placed on medication, which was helping keep the voices away. However, she was still not managing well with the situation and felt let down by services for taking her child into care and explained the reason she never spoke about her mental health was for fear of losing her daughter. To make things worse, the child's father was preventing any contact between mum and child. This made things even more difficult, not just for mum but for the child and professionals involved in the case.

A plan was put in place to help and support Mum, the FE supported mum to attend appointments, sorted her financial issues and put her on the correct benefits, whilst introduced her to social activities at a local community centre. The FE identified that mum had previously had a passion for exercise and the gym but had not entered a gym in years due to her mental health problems. The FE and mum discussed the benefits of exercise on mental health and she agreed to attend some sessions at the gym. Mum started to focus on her mental health and physical wellbeing and started to use the gym as a tool to improve her wellbeing.

Family Gateway

Trustees' Report

By the end of 2019 mum had blown all of the support services away with her achievements, so much so that Children's Services decided the child should return home and moved the plan from a Child Protection Plan down to a Child in Need Plan. This was a massive breakthrough and it only spurred mum on to be even better at taking control of her mental health. Mum continued to attend the gym, focusing on this to help her mental health, growing in confidence to overcome her anxieties when going outdoors and into the community. When asked by the FE about enrolling on Family Gateway's six weeks volunteering training program she was more than willing and accepted a place instantly. Mum completed the six-week volunteer program, and explained the training had helped her grow in confidence and improve her socialising skills.

By June 2020, Children's Services decided there was no further action required for them and the case was to be closed down on the basis that the Family Gateway would continue to support mum over the next few months before pulling away the support completely.

Since then, mum has started to take the necessary steps to become a gym instructor, with the aim of supporting people with mental health issues. She continues to manager her health and is a confident and capable and loving parent to her daughter who is also thriving.

Family Gateway

Trustees' Report

Case study 2: Violence Reduction - Young people

This family comprises a Mum (23) and 3 children (4, 2, 1), with one more child on the way, they were referred to the VRU Project on 18th May 2020 from Social Services.

There were concerns around the family's living accommodation, which was a cramped single bedroom at a family member's house. This resulted in tension amongst the immediate family and the accommodating family. Mum was unable to source alternative accommodation due to being in arrears with her previous property and was on the cusp of moving to a hostel with the children due to their current living situation. Due to the uncertainty, the children and mum were yet to be registered at any doctors or dentist and had yet to look into any school admission for the children. No boundaries were in place, which affected the children's behaviour and in turn effected mum's mental health.

Mum was on medication for depression and anxiety due to years of Domestic Violence from the children's father, which was still ongoing. The children's father was arrested and police filed a Child Concern Notice, however he was bailed and awaiting a new court date. Mum disclosed that the father used to be aggressive to her in front of the children, regularly punching holes in walls and doors. On some occasions, this behaviour caused Mum to have panic attacks.

Concerns still remained around the father's aggressive behaviour, with incidents still taking place around custody and access to the children. On one occasion, the father wanted to take the children to his partner's house where someone in the home had contact with someone showing coronavirus symptoms. Mum refused to let the children go, which led to threatening behaviour from both the father and the grandmother, these threats included threats to stab mum. Mum called the police to report the threatening behaviour, and reports had already been lodged to the police that the father had threatened to burn down her house that same day.

The father denied he had made any threats to mum, however, he was charged for making threats and was to attend court in 2020. Due to the pandemic, the court case was delayed and has yet to be given a date. The issue and uncertainty still causes the family stress and the father still continues to try and make contact despite having a restraining order in place.

Alongside this, Mum had a paid carer who supported her with handling situations such as finances. There had been allegations made about the carer who was currently living in a hostel and on bail for a number of charges, therefore was not allowed near the kids when intoxicated and not allowed with the kids alone. Family support and the social worker was extremely unsure of the relationship between mum and carer.

Because of the very serious and complex issues, Family Gateway's Family Entrepreneur had to put a range of measures in place to support the family and to help them get back on track. An Early Help Assessment was put in place to gather a team around the family. Rehousing was a big barrier to overcome, especially during the pandemic as no viewings or meetings were taking place. However, after multiple calls back and forth to the council by the FE and raising concerns for the children, mum got the keys to her new home. Family Gateway supported the family with the move; clearing and furnishing the house, food parcels clothing and toys. FE's next steps were to support mum with the relationship with her carer, mum ended the relationship and regained control of her finances. Routines and boundaries were put in place for the family, and a calendar was created to remind mum about appointments and bills that need paying so she did not fall behind. Registering the children and mum at a medical centre and dentist was the FE's next priority, all children are now up to date with injections and mum is receiving counselling from a mental health nurse.

All three children have now been accepted for their two-year early year's provision, they now attend Sure Start. Mum has enrolled onto informal education programmes with the aim of being job ready sometime in the near future. Christmas gifts, food hampers and Christmas decorations were sourced for the family, this helped Mum with finances and allowed the children to wake up on Christmas morning with presents.

Family Gateway

Trustees' Report

This was a complex case and when we withdrew support in November 2020 the family reported out-comes that included huge improvements in confidence, resilience, access to services, financial stability, aspiration, health and wellbeing and safety of children.

Case Study 3: Violence Reduction - Young People

A young person (13 years old) was referred to the Youth Diversion project via one of our external partner agencies EDGE North East; the young person was referred due to his aggression and behaviour towards mum. Mum has been the subject of domestic violence from the young person and the latest assault on his mother has resulted in a referral to Youth Justice System.

Mum stated that she had Domestic Violence relationships in the past and to see her own child follow in these footsteps was unthinkable, mum admitted to being very afraid of her own child. Domestic violence was not the only issue, the young person had started fires in the home, tried to set his own mum on fire whilst in her dressing gown, used cannabis on a daily basis, smashed the house up, broke windows, smashed the TV, the remote, his PlayStation and more. The young person was well known to the police and other services who were struggling to engage him or the family.

Due to issues with the young person, the wider family have now disowned him, resulting in no support for mum. This behaviour and previous relationships has led to mum struggling with her mental health and reluctant to engage with professionals until it was compulsory so there was no evidence of effective early intervention. The young person's dad is a known drug user who does not have a fixed address therefore on a number of occasions the young person would go missing and be sleeping rough with dad. Risk panels and EHCP (Education Health Care Plan) meetings took place regularly due to the YP being such high risk - it was recently discovered that dad was exploiting the young person around the use of drugs.

When the Family Entrepreneur (FE) received the referral, it was evident that building a relationship of trust with the young person was vital. After a few discussions with the young person, it was evident there was a keen interest in boxing. Family Gateway and Edge decided that this may be a possible route to gain trust but were concerned about the young person's violent history. Due to lockdown there were no boxing facilities open, so after discussions and research Family Gateway and Edge sourced resources around boxing that embedded the behaviours and attitude of positive sportsmanship and the correct behaviours. This enabled the staff to see how the young person responded and over time the young person showed positive behaviour changes. With the ease of lockdown, opportunities arose to take the young person to Howdon Community Centres gym where Family Gateway had recently purchased some boxing equipment. The young person responded well and these sessions became a weekly opportunity for the young person and the FE to build their relationship. Over the weeks, it was evident that the young person was enjoying these visits and showed a real passion for fitness and boxing. In the lead up to Christmas the FE managed to source some boxing equipment for the young person's Christmas present, this helped the family financially and ensured that the young person woke up on Christmas day with some presents.

As the relationship grew, the young person came to terms with the fact that his previous behaviour left a lot to be desired and there were certain influences that was not good for him. Family Gateway, Edge and the young person discussed the potential of a residential care break that would challenge the young person but also remove him from any potential negative influences. At first the young person, was quite hesitant but agreed that this may be the best possible outcome. The young person agreed to a residential outdoor activity centre, he was accepted for a 12-week placement based in Wales.

The young person attended the initial 12 weeks' placement and the feedback from the centre was extremely positive. Due to circumstances at home the young person has extend his stay at the activity care setting. The FE is continuing to support mum to ensure she is in a position to help herself and ready for when her child returns home.

Family Gateway

Trustees' Report

Financial review

The charity had a surplus of £151,795 for the year up from £21,704 in the prior year. Restricted funds continued to operate at a surplus, and this year unrestricted funds also showed a surplus as a result of a decrease in unrestricted costs.

Our costing and pricing policy is based on a bottom-up costing approach and all project budgets are calculated to cover direct costs and to make a contribution to overheads. We commit to offering value for money in respect of price and impact in all of our grants and commissions and to being competitive where necessary in order to secure long term work.

Our funding comes from a range of sources, including local authority commissions, small and large grant funding, direct funding from schools, donations and trading activities from community enterprises.

Income from grants continued to be the main source of income for the Charity, representing 86% of total income (2020 – 74%) The work of the Charity is made possible by the generous support of those donors listed in Note 3 to the accounts and the Achievement and Performance section of the Trustees report There has been a continued and deliberate increase in the portfolio of income generation as the charity works to extend its networks and its funders to reduce risk and increase funds to test out its potential for trading through the development of social enterprises.

Family Gateway

Trustees' Report

Policy on reserves

The Charity operates with only limited financial resources, therefore the finance sub-group of the Board of Trustees regularly assesses and reviews its reserves policy in line with the financial performance, risk and the external environment. The Charity's policy is that unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") should be between 4 and 6 months of the resources expended. At the balance sheet date, the free reserves stood at £303,051 (2020 – 223,569) which represents just over 4 months of operating costs.

The board considers that the uncertainties and risks of the sector in which we operate dictate that our reserves target is not only desirable but necessary and we will continue to build reserves as quickly as possible without compromising our standards and objectives.

We have to balance our continuing need to expand and innovate against the need to conserve funds to extend the operating cost cover period and this requires careful funds management. External uncertainties dictate that we need to be prudent in respect of our reserves levels and on that basis the trustees will continue to budget for unrestricted fund surpluses in future years to extend this operating cost cover period towards the 6 months level and to move to a position of being able to confidently fund investment in new projects. This will be achieved through continued income generation, establishment of new unrestricted income streams, cost management and sound financial management.

Whilst the current free reserves remain a risk for the Charity, the Trustees are confident that this is not a going concern risk as a large proportion of operating costs relate to restricted fund projects where costs can be actively managed should the associated income be withdrawn.

Restricted funds amounted to £148,667 (2020 - £136,440) as detailed in Note 16 to the accounts. These are held specifically for the current charitable projects (listed on page 46 - 49).

Income and expenditure

Income: During the year the Charity's income increased by 19.4% to £986,817. The majority of this increase (£160,174) came Covid19 related funding received a variety of both current and new funders and new projects commissioned by the Police and Crime Commissioner Violence Reduction Unit.

Expenditure: Operational expenses totalled £835,022, a increase of 4.4% from the prior year. There was a large increase in restricted expenditure of £193,142 as Covid19 funds were deployed to feed and support vulnerable and struggling families throughout the pandemic. Unrestricted fund expenditure decreased by £162,789 due to the effects of the pandemic on operational activity in the related areas.

Investment policy and objectives

The Trustees are committed to retaining a prudent amount of reserves within the Charity's funds. However, most of these funds are spent in the short term, so there are few funds available for long term investment. Having considered the options available, the risks facing the Charity and the Reserves Policy as set out above, the Trustees have decided to invest monies in an instant access deposit account.

Family Gateway

Trustees' Report

Impact of COVID-19

Our plans for 2020/21 were impacted as a result of the Covid19 situation. We saw significant reductions in income through trading as a result of having to close our community hub and our catering business, and we saw increased pressure on our family support services as families who were already struggling faced unimaginable challenges as a result of the pandemic and lockdown. Our community and trading income suffered and our family support work saw increased demand and a need for new and more creative ways of working.

We managed to survive and thrive during this unprecedented challenging time through a combination of tenacity, determination, care and creativity. This has enabled us to take time to review, reassess and plan for the future based on our past knowledge and experience balanced with assumptions about future demographic and societal changes and needs.

The generosity of funders during 2020/21 has meant that we were able to provide over 70,000 free nutritious meals to local families in need, delivered to their door alongside a welfare check. The funders are too numerous to mention and all contributed to helping families in genuine poverty and with genuine complex circumstances to eat well, learn about nutrition and have the stress of affordability and preparation of meals removed from their daily pattern. In addition, families with multiple children being home-schooled were relieved of the stress of learning and digital access through provision of equipment, learning packs and continued support from their trusted Family Entrepreneur. Children with anxiety about home schooling or returning to school had immediate and consistent access to their FE who also supported the whole family with fun creative and peer support options. Young people whose behaviour suffered as a result of lockdown had access to an FE who truly understood their issues and was able to build trust and protect them, developing a range of diversionary activities for them to re-place negative behaviours and tendencies with positive ones.

The impact of our work during Covid was significant and supported statutory services at a time they were also stretched and challenged and families importantly were supported consistently and appropriately.

We were able to generate additional restricted and unrestricted income to support our crucial work and have been in a fortunate position to carry over some unrestricted donations which will help us in 2021/22 where we anticipate family and young people's needs will continue to be a pressure and where grant income may reduce as a result of funding being diverted to Covid emergency funding in 2020/21.

Family Gateway

Trustees' Report

Plans for future periods

The Board of Trustees and senior management team continue to review, assess and develop the strategic plan which has undertaken a critical and deep review as a result of the learnings from the Covid lockdown period and impact. During 2020/21 we have benefitted from support from the Pilotlight programme which was delivered virtually and still helped shape our thinking.

Our basic assumptions remain as follows:

- We are committed to retaining and further developing the Barefoot Professional model of support as our core differentiating factor, to working with those with previous barriers to accepting support and to using our whole family approach to community-led solutions.
- We are committed to working in the North East of England and to deepen our impact in areas of poverty and multiple disadvantage
- We are committed to pursuing our goals of developing community cohesion and community enterprise so that local people can reduce social isolation, move into employment / volunteering and so that we can earn unrestricted income to support our charitable work.
- We are committed to ensuring that we achieve a stable financial foundation by building a portfolio of income streams that cover all costs and by working to achieve longer term funding streams to allow for maximum outcomes for families
- We are committed to ensuring the highest level of quality assurance and maintaining a high level of safeguarding to keep our beneficiaries, particularly children and vulnerable adults, and staff safe.

To support these ambitions and assumptions we have developed our strategic plan around the following Strategic Pillars, each with their own objectives:

Finance

- To have a secure financial foundation with free reserves that cover between 4-6 months of operating costs
- To have a well-managed portfolio with
- a 50:50 balance of grants and commissions and
- an income from fundraising and donations of at least 5% operating income
- To generate a surplus of 5% annually from trading and enterprises that supports the charitable portfolio
- To have a turnover between £750,000 and £1,500,000, achieving £1.5m within 5 years through targeted and organic growth.

Performance & Impact

The difference we make for our service users will be in areas of education, employability, well-being, safety and resilience.

- To increase the resilience of our service users in all areas of their lives
- To evidence improved outcomes for children in respect of safety, stability, education, emotional development, social development
- To evidence improved outcomes for parents and carers in respect of financial resilience, employability, mental and physical health
- To evidence improved outcomes for young people in respect of safety, employability, reduced crime and anti-social behavior and improved mental health
- To evidence improved accommodation and home environments for families in disadvantaged communities

Family Gateway

Trustees' Report

The way we measure our impact

- To have efficient procedures and processes to monitor and measure impact
- To ensure internal evaluation reports are available for all programmes and that external evaluation of large and significant programmes is commissioned
- To ensure that raw data for monitoring is timely, accurate and consistent

People and Culture

- To continue to expand, refine and utilise our Barefoot Professional model of recruitment and family support
- To continually develop talent and human capital through a structured programme of training, mentoring, coaching and succession planning
- To achieve the highest level of knowledge, awareness and practice in respect of safe-guarding for vulnerable adults and children
- To have a clear, well-communicated set of values and behaviours that drive performance, impact and contribution to society

Operating Model / Product (service) evolution

- To achieve greater reach and impact for children and families through programmes that focus on those with multiple barriers to support
- To achieve a healthy mix of long term commissions and short term grants to enable continuity and innovation
- To use the voice of the community and service users to inform services and programmes

Brand & Marketing

- To have a clear brand that reflects our work and promotes our impact
- To have a marketing policy that supports growth and awareness
- To ensure that the company message is understood and articulated by all

Risk & Compliance

- To reduce risk through clear and regularly reviewed mitigating actions
- To have systems in place to ensure compliance with standards and regulations
- To ensure the highest level of safeguarding compliance to protect service users
- To develop and grow partnerships that minimise risk and maximise impact

Our plans for 2021/22 will focus on year one of achieving these objectives and will see us focus on building and growing existing and new programmes for young people at risk of crime, families who need support to protect their children from moving into the care system, individuals and children whose physical and mental wellbeing have been impacted as a result of poverty, disadvantage and Covid and children whose education is being negatively affected by their home and family environment.

We will utilise existing grants and funds to continue to take referrals into programmes of support and we will source new and appropriate funds to grow those programmes with the highest and strongest impact.

In the area of community and enterprise we will continue to develop the Howdon Community Hub through sourcing capital grants and funds so that local people can enjoy a safe, welcoming and purposeful building. We will continue to offer a range of activities and events for families and for local people of all ages who seek social inclusion, fun and good quality activities. We will further grow the Howdelicious brand and expand our high quality catering business beyond the café environment and into corporate provision and events catering so that we build income and profits to flow into the charitable programmes. We will explore new enterprises that offer local services and fill gaps in the market to increase employability for local people and deliver social impact and unrestricted profits to support the charity.

Family Gateway

Trustees' Report

We will continue to invest in our people through development, learning, mentoring and the ongoing wellbeing at work programmes that support our own staff's health and wellbeing at work. The wellbeing at work programme was introduced to acknowledge and address the duty of care we have, particularly to our Barefoot Professional staff, and to support them to do their work safely and with the knowledge that there are a range of interventions and activities available to help them keep healthy physically and mentally.

In summary we remain optimistic about our future and clear about our direction of travel in respect of retaining a laser focus on those most vulnerable families with children who struggle to access or benefit from other types of support.

Our ultimate aim continues to be to improve life chances for families and children and to build resilience that will enable all members of communities to feel empowered to make positive life choices.

Going Concern

The trustees have considered the resources available along with the principle risks as set out below. The trustees consider that there are no material uncertainties about the charities ability to continue as a going concern, given their explanation in note 2 of the accounts.

The trustees (who are also the directors of Family Gateway for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 25 November 2021 and signed on its behalf by:



A D Taylor-Saunders
Trustee

Family Gateway

Independent Examiner's Report to the trustees of Family Gateway

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 29 to 51.

Respective responsibilities of trustees and examiner

As the charity's trustees of Family Gateway (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Family Gateway are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since Family Gateway's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of MHA Tait Walker, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Family Gateway as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Simon Brown BA ACA DChA
MHA Tait Walker
Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

15 November 2021

MHA Tait Walker is a trading name of Tait Walker LLP.

Family Gateway

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	3	152,832	721,514	874,346	658,126
Charitable activities	4	64,338	-	64,338	85,468
Trading income and room hire	5	41,007	-	41,007	79,581
Investment income	6	479	-	479	1,101
Other income		6,647	-	6,647	2,367
Total Income		<u>265,303</u>	<u>721,514</u>	<u>986,817</u>	<u>826,643</u>
Expenditure on:					
Trading costs		(11,968)	-	(11,968)	(19,460)
Charitable activities	7	<u>(113,767)</u>	<u>(709,287)</u>	<u>(823,054)</u>	<u>(785,479)</u>
Total Expenditure		<u>(125,735)</u>	<u>(709,287)</u>	<u>(835,022)</u>	<u>(804,939)</u>
Net income		<u>139,568</u>	<u>12,227</u>	<u>151,795</u>	<u>21,704</u>
Net movement in funds		139,568	12,227	151,795	21,704
Reconciliation of funds					
Total funds brought forward		<u>242,864</u>	<u>136,440</u>	<u>379,304</u>	<u>357,600</u>
Total funds carried forward	16	<u><u>382,432</u></u>	<u><u>148,667</u></u>	<u><u>531,099</u></u>	<u><u>379,304</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

Family Gateway

Comparative Statement of Financial Activities for the Year Ended 31 March 2020 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
Income and Endowments from:				
Donations and legacies	3	75,937	582,189	658,126
Charitable activities	4	85,468	-	85,468
Trading income and room hire	5	79,581	-	79,581
Investment income	6	1,101	-	1,101
Other income		2,367	-	2,367
Total income		<u>244,454</u>	<u>582,189</u>	<u>826,643</u>
Expenditure on:				
Trading costs		(19,460)	-	(19,460)
Charitable activities	7	<u>(269,064)</u>	<u>(516,415)</u>	<u>(785,479)</u>
Total expenditure		<u>(288,524)</u>	<u>(516,415)</u>	<u>(804,939)</u>
Net (expenditure)/income		<u>(44,070)</u>	<u>65,774</u>	<u>21,704</u>
Net movement in funds		(44,070)	65,774	21,704
Reconciliation of funds				
Total funds brought forward		<u>286,934</u>	<u>70,666</u>	<u>357,600</u>
Total funds carried forward	16	<u><u>242,864</u></u>	<u><u>136,440</u></u>	<u><u>379,304</u></u>

Family Gateway

(Registration number: 07583330) Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	12	79,381	19,295
Current assets			
Stocks	13	2,000	1,980
Debtors	14	24,799	196,837
Cash at bank and in hand		<u>604,010</u>	<u>323,229</u>
		630,809	522,046
Creditors: Amounts falling due within one year	15	<u>(179,091)</u>	<u>(162,037)</u>
Net current assets		<u>451,718</u>	<u>360,009</u>
Net assets		<u>531,099</u>	<u>379,304</u>
Funds of the charity:			
Restricted funds		148,667	136,440
Unrestricted income funds			
Unrestricted funds		<u>382,432</u>	<u>242,864</u>
Total funds	16	<u>531,099</u>	<u>379,304</u>

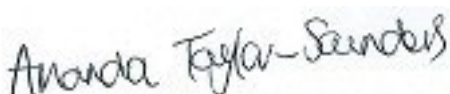
For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 29 to 51 were approved by the trustees, and authorised for issue on 25 November 2021 and signed on their behalf by:



A D Taylor-Saunders
Trustee

Family Gateway

Statement of Cash Flows for the Year Ended 31 March 2021

	Note	2021 £	2020 £
Cash flows from operating activities			
Net cash income		151,795	21,704
Adjustments to cash flows from non-cash items			
Depreciation		8,448	5,646
Investment income	6	<u>(479)</u>	<u>(1,101)</u>
		159,764	26,249
Working capital adjustments			
Increase in stocks	13	(20)	(1,980)
Decrease/(increase) in debtors	14	172,038	(92,849)
Increase/(decrease) in creditors	15	<u>17,054</u>	<u>(45,612)</u>
Net cash flows from operating activities		<u>348,836</u>	<u>(114,192)</u>
Cash flows from investing activities			
Interest receivable and similar income	6	479	1,101
Purchase of tangible fixed assets	12	<u>(68,534)</u>	<u>(10,677)</u>
Net cash flows from investing activities		<u>(68,055)</u>	<u>(9,576)</u>
Net increase/(decrease) in cash and cash equivalents		280,781	(123,768)
Cash and cash equivalents at 1 April		<u>323,229</u>	<u>446,997</u>
Cash and cash equivalents at 31 March		<u><u>604,010</u></u>	<u><u>323,229</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: Howdon Community Centre, Denbigh Avenue, Howdon, Wallsend, NE28 0PP.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Family Gateway meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements are prepared in Sterling, which is the functional currency of the entity.

Going concern

The financial statements have been prepared on a going concern basis which assumes the charity will continue in operational existence for the foreseeable future.

The charity meets its day to day working capital requirements through cash generated from operations.

The charity's forecasts and projections for the next twelve months show that the charity should be able to continue in operational existence for that period, taking into account reasonable possible changes in trading performance and the potential impact on the business of possible future scenarios arising from the impact of COVID-19. This also considers the effectiveness of available measures to assist in mitigating the impact.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

2 Accounting policies (continued)

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

Accruals

Accruals are calculated where a service has been provided but the company has not yet been invoiced.

Prepayments

Prepayments are calculated where an invoice has been provided in advance of the service taking place.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Gift aid

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Other trading activities

Income from trading activities is recognised when goods or services are sold.

Charitable activities

Income from commissioned services is recognised as it is earned.

Other income

Other income is included when receivable.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

2 Accounting policies (continued)

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

Costs of raising funds comprise the costs of activities and consumables.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including independent examination, strategic management and trustees's meetings and reimbursed expenses.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

2 Accounting policies (continued)

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.33% straight line
Machinery and equipment	20% reducing balance
Property improvements	5% straight line

Stock

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first-in, first-out (FIFO) method.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

2 Accounting policies (continued)

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Financial instruments

Classification

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments.

Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

3 Income from donations and legacies

	Unrestricted funds	Restricted funds	Total 2021	Total 2020
	General £	£	£	£
Donations	24,038	-	24,038	30,449
Gift aid reclaimed	993	-	993	1,654
Grants	71,467	721,514	792,981	626,023
Government grants - CJRS	56,334	-	56,334	-
	<u>152,832</u>	<u>721,514</u>	<u>874,346</u>	<u>658,126</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

3 Income from donations and legacies (continued)

	Unrestricted funds			
	General	Restricted	Total	Total
	£	funds	2021	2020
	£	£	£	£
Analysis of grants by donor				
The National Lottery Reaching Communities Fund	-	64,505	64,505	101,432
The Sage Foundation	-	42,254	42,254	74,855
Virgin Money Foundation	-	38,000	38,000	28,714
Garfield Weston Foundation	-	-	-	12,000
Sport England Tackling Inactivity and Economic Disadvantage Fund	-	22,293	22,293	24,095
North Tyneside Council	36,284	49,967	86,251	200
North Tyneside Council - CCG	-	19,519	19,519	28,926
RW Mann Foundation	-	-	-	269
The Tudor Trust	-	27,800	27,800	35,000
Macmillian Cancer Support	-	-	-	123,945
The Henry Smith Charity	-	20,600	20,600	25,000
The Mercers Company	-	25,579	25,579	31,993
Proctor and Gamble	-	29,000	29,000	7,000
Community Foundation Tyne and Wear - Various Projects	-	14,037	14,037	12,429
The 1989 Willian Charitable Trust	-	-	-	7,500
Ron and Lousie Bowey Fund	-	20,000	20,000	20,000
National Lottery Community Fund - Awards for All	-	13,300	13,300	7,059
Other grants	35,183	-	35,183	4,667
Sir James Knott Trust	-	834	834	5,000
Garfield Weston	-	28,000	28,000	8,161
Hadrians Trust	-	-	-	1,000
West Bedlington Town Council	-	-	-	1,600
Savoy Educational Trust	-	-	-	5,295
Northumberland County Council	-	-	-	494
Gateshead Council - LA6 ESF	-	26,104	26,104	42,889
Silverbean	-	-	-	5,000
VODA	-	4,000	4,000	3,500
Wallsend Action for Youth	-	10,500	10,500	8,000
Global Make Some Noise	-	55,000	55,000	-
Greggs	-	1,000	1,000	-
Masonic	-	16,667	16,667	-
Metro Cash for Kids	-	7,070	7,070	-
Key Fund	-	15,594	15,594	-
BBC Children in Need	-	14,294	14,294	-

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

3 Income from donations and legacies (continued)

	Unrestricted funds		Total	Total
	General	Restricted	2021	2020
	£	funds	£	£
Power to change	-	23,125	23,125	-
Rank Foundation	-	25,000	25,000	-
Police and Crime Commission	-	87,857	87,857	-
Charities Aid Foundation	-	10,615	10,615	-
National Lottery Roving Chef	-	9,000	9,000	-
	<u>71,467</u>	<u>721,514</u>	<u>792,981</u>	<u>626,023</u>

In accordance with FRS 102 and the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the financial statements.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

4 Income from charitable activities

	Unrestricted funds		
	General £	Total 2021 £	Total 2020 £
Commissioned Services - North Tyneside Council	33,000	33,000	32,668
Commissioned Services - Northumberland County Council	24,290	24,290	24,290
Commissioned Services - Various Schools	7,048	7,048	52,800
	<u>64,338</u>	<u>64,338</u>	<u>109,758</u>

5 Income from other trading activities

	Unrestricted funds		
	General £	Total 2021 £	Total 2020 £
Other trading income	<u>41,007</u>	<u>41,007</u>	<u>79,581</u>

Other trading income comprises cafe income, room hire, gym hire, event income and other sundry income, which are activities consistent with the charity's aims and objectives.

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

6 Investment income

	Unrestricted funds	Total 2021	Total 2020
	General £	£	£
Interest receivable on bank deposits	479	479	1,101

7 Expenditure on charitable activities

	Unrestricted funds	Restricted funds	Total 2021	Total 2020
	General £	£	£	£
Direct costs	111,017	709,287	820,304	782,729
Governance costs	2,750	-	2,750	2,750
	<u>113,767</u>	<u>709,287</u>	<u>823,054</u>	<u>785,479</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

7 Expenditure on charitable activities (continued)

	Total 2021 £	Total 2020 £
Analysis of expenditure		
Rent and Water	7,342	6,020
Light and Heat	14,588	15,179
Insurance	6,476	4,159
Repairs and Maintenance	26,351	5,503
Cleaning	1,450	2,606
Wages and Salaries	473,418	508,525
Employer NI Contributions	32,380	31,655
Employer Pension Contributions	14,230	14,870
Travel and Subsistence	18,940	34,693
Telephone	6,700	5,677
Computer Software and Support Costs	14,464	12,300
Equipment Hire	780	713
Recruitment	492	200
Advertising and Public Relations	6,613	3,227
Printing, Stationary and Postage	7,987	8,861
Staff and Volunteer Training	7,005	7,389
Sundry Expenses	1,105	2,193
Practical Support Costs / Activities	48,154	10,507
Legal and Professional Fees	13,979	10,999
Consultancy Fees	85,970	80,541
Subscriptions	2,172	3,034
Project Management Support	8,206	7,495
Bank Charges	235	599
Accountancy Services	139	138
Independent Examiners Fees	2,750	2,750
Depreciation	8,448	5,646
VAT Assessment	12,680	-
	<u>823,054</u>	<u>785,479</u>

8 Net incoming/outgoing resources

Net incoming resources for the year include:

	2021 £	2020 £
Depreciation of fixed assets	8,448	5,646
Independent examiners fees	<u>2,750</u>	<u>2,750</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

9 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Prof M A Defeyter

£23 (2020: £Nil) of expenses were reimbursed to Prof M A Defeyter during the year.

Expenses reimbursed were in relation to recompense for an online safeguarding training course.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	466,356	501,279
Social security costs	32,380	31,655
Pension costs	14,230	14,870
Redundancy costs	7,062	7,246
	<u>520,028</u>	<u>555,050</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2021 No	2020 No
Management	3	3
Administrative	3	3
Services	21	25
	<u>27</u>	<u>31</u>

No employee received emoluments of more than £60,000 during the year.

The services of the strategic director have been commissioned through her company, Stimulo Ltd, and amounted to £66,000 (2020 - £66,000). These costs are included within consultancy fees.

The total employee benefits of the key management personnel of the charity were £47,268 (2020 - £58,933).

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

12 Tangible fixed assets

	Property improvements £	Machinery and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2020	-	26,013	4,554	30,567
Additions	50,640	17,894	-	68,534
At 31 March 2021	50,640	43,907	4,554	99,101
Depreciation				
At 1 April 2020	-	7,603	3,669	11,272
Charge for the year	1,063	6,500	885	8,448
At 31 March 2021	1,063	14,103	4,554	19,720
Net book value				
At 31 March 2021	49,577	29,804	-	79,381
At 31 March 2020	-	18,410	885	19,295

13 Stock

	2021 £	2020 £
Finished goods	2,000	1,980

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

14 Debtors

	2021	2020
	£	£
Trade debtors	448	53,346
Prepayments and accrued income	18,351	128,343
VAT recoverable	-	6,995
Other debtors	6,000	8,153
	<u>24,799</u>	<u>196,837</u>

15 Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	7,186	4,617
VAT	4,089	-
Accruals and deferred income	167,816	157,420
	<u>179,091</u>	<u>162,037</u>

Included within accruals and deferred income in the year is deferred income of £125,359 (2020 - £126,130).

	2021	2020
	£	£
Deferred income at 1 April 2020	126,130	100,399
Resources deferred in the period	125,359	126,130
Amounts released from previous periods	<u>(126,130)</u>	<u>(100,399)</u>
Deferred income at year end	<u>125,359</u>	<u>126,130</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

16 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted funds				
General				
General	242,864	265,303	(125,735)	382,432
Restricted funds				
The National Lottery Reaching Communities Fund - Improving Futures	-	14,505	(14,505)	-
The Sage Foundation	22,085	29,158	(41,747)	9,496
Warburtons Foundation - Families Matter	1,583	-	(1,583)	-
Garfield Weston Foundation	-	28,000	(28,000)	-
Garfield Weston Foundation - Anniversary Fund	58,183	-	(1,004)	57,179
The Tudor Trust	-	27,800	(1,652)	26,148
Sage Foundation Benevity Fund	5,000	-	-	5,000
The Henry Smith Charity	-	20,600	(20,600)	-
The Mercers Company	-	25,579	(25,579)	-
Sport England Tackling Inactivity and Economic Disadvantage Fund	-	22,293	(22,293)	-
VODA Winter Pressures	-	4,000	(4,000)	-
NTC - ESF	-	49,967	(49,967)	-
Wallsend Action for Youth	-	10,500	(10,500)	-
Community Foundation - Multi Projects	5,276	9,870	(15,146)	-
Community Foundation - Anxious Buddies	-	4,167	(4,167)	-
Ron and Louise Bowey Fund	-	20,000	(20,000)	-
National Lottery Community Fund - Awards for All	3,400	13,300	(16,700)	-
Community Foundation Tyne and Wear - Woman Pay it Forward	1,666	-	(1,666)	-
Sir James Knott Trust	833	834	(1,669)	(2)
Garfield Weston - Anniversary Fund	1,817	-	(110)	1,707
Garfield Weston - Pilotlight	5,128	-	(5,128)	-
NT CCG - VCS Grant	1,626	19,519	(8,133)	13,012

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

16 Funds (continued)

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
North Tyneside Council - Building Steps to a Brighter Future ESF	200	-	(200)	-
Virgin Money Foundation	7,500	38,000	(45,500)	-
Savoy Educational Trust	5,295	-	-	5,295
Northumberland County Council	494	-	(494)	-
Proctor and Gamble - Family Meals	3,000	4,000	(7,000)	-
Proctor and Gamble - Development of Clinical Room	4,000	-	(161)	3,839
Gateshead Council LA6 - ESF	4,354	26,104	(8,465)	21,993
Silverbean	5,000	-	-	5,000
Proctor and Gamble	-	25,000	(25,000)	-
Police and Crime Commission	-	87,857	(87,857)	-
Roving Chef	-	9,000	(9,000)	-
Global make some noise	-	55,000	(55,000)	-
Greggs	-	1,000	(1,000)	-
Masonic	-	16,667	(16,667)	-
Metro Cash for Kids	-	7,070	(7,070)	-
Key Fund	-	15,594	(15,594)	-
BBC Children in Need	-	14,294	(14,294)	-
Power to Change	-	23,125	(23,125)	-
Rank Foundation	-	25,000	(25,000)	-
Global Horizons	-	13,096	(13,096)	-
Charity Aid Foundation	-	10,615	(10,615)	-
National Lottery	-	50,000	(50,000)	-
Total restricted funds	<u>136,440</u>	<u>721,514</u>	<u>(709,287)</u>	<u>148,667</u>
Total funds	<u>379,304</u>	<u>986,817</u>	<u>(835,022)</u>	<u>531,099</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

16 Funds (continued)

The specific purposes for which the funds are to be applied are as follows:

General fund - These funds can be used in any way by the trustees in accordance with the objectives of the charity.

Restricted reserves

The National Lottery Reaching Communities Fund - Improving Futures – Funding received to contribute towards the project delivery costs of Improving Futures in Northumberland

The Sage Foundation - Funding received towards the costs of the 'Place to Call Home' project

Warburtons Foundation - Families Matter – Funding received to support the costs of a Family Entrepreneur's financial management support

Garfield Weston Foundation – Funding received towards the costs of core management posts

Garfield Weston Foundation - Anniversary Fund - Funding received for the development and refurbishment of the community hub building

The Tudor Trust – Funding received to contribute towards the salary of a programme manager

Sage Foundation Benevity Fund – Funding received to contribute towards a project supporting vulnerable women

The Henry Smith Charity - Funding received to contribute towards the salary and associated costs of a Family Entrepreneur supporting families in North and South Tyneside

The Mercers Company – Funding received to support the development of the 'Family and Community Enterprise Hub' and to fund the post of the Community Enterprise Lead post

Sport England Tackling Inactivity and Economic Disadvantage Fund – Funding received to contribute towards promoting a health and being active project and delivery costs

VODA Winter Pressures – Funding for a Winter Support Programme for vulnerable families

North Tyneside Council - ESF – Funding received to support the 'Building a Brighter Future' project

Wallsend Action For Youth – Funding coordinated by the Wallsend Children's Community Project

Community Foundation - Multi Projects – Funding received to support various projects

Community Foundation - Anxious Buddies - Funding received to contribute towards the 'Anxious Buddies' project

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

16 Funds (continued)

Ron and Louise Bowey Fund - Two year funding programme for the 'Stronger Together' project facilitated by Tyne and Wear Community Foundation

National Lottery Community Fund - Awards for All - Funding received to contribute towards the Development of APP & Online Activity

Community Foundation Tyne and Wear - Women pay it forward

Sir James Knott - Funding received to support core costs in support of Children's Activity projects

Garfield Weston - Pilot light - Funding provided to support strategic thinking and the achievement of long term sustainability

NHS VCS / North Tyneside CCG - Funding to support the delivery of workshops in schools for families and children least likely to engage with services

Virgin Money Foundation - Funding received to contribute towards the 'Barefoot Buddies', 'Youth Social Action' projects, Community Resilience Fund and Funding towards employment of an Activities Coordinator

Savoy Educational Trust - Funding contribution towards replacing outdated kitchen equipment in Community Café

Northumberland County Council - Funding for children's holiday activities

Proctor and Gamble (25k) - Grant to fund Covid Relief

Proctor and Gamble - Funding to support the development and construction of a Clinical Room at Howdon Hub

Gateshead Council LA6 - ESF - Funding to support Be Your Best employability courses in North Tyneside and Northumberland for vulnerable adults

Silverbean - Charitable donation towards costs of providing family meals during the Coronavirus - Starting April 2020

Police and Crime Commission - Coronavirus Response Fund, Violence Reduction Unit, Covid-19 Extraordinary funding for Domestic Abuse & Sexual Violence Support Services, N'Land PCC Ashington Project, Covid-19 extraordinary Ministry of Justice funding for Domestic Abuse and Sexual Violence Support Services

Roving Chef - People's Postcode Lottery - Support move from 3 meals per week to 2 meals plus recipe / ingredients for a third meal

Global make some noise - Funding to continue to deliver, and expand free family meals

Greggs - Covid-19 Emergency Funding

Masonic - Funding to support 'Stronger parents, Thriving Children' projects

Metro Cash for Kids - Covid 19 Family Funding

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

16 Funds (continued)

Social Enterprise Support - Key Fund - Funding for 6-month Business Development, Manager and a Community Engagement Worker, and consumables

BBC Children in need - COVID-19 Next Steps Programme (Additional Funding Phase)

Power to Change - Covid-19 Trading Income Support Scheme

Rank Foundation - The Rank Foundation Covid-19 Recovery Fund

Sage Global Horizons - funding towards the establishment of a Youth Academy

Charity Aid Foundation - Covid-19 Emergency Funding

17 Analysis of net assets between funds

	Unrestricted funds		Total funds at 31 March 2021
	General	Restricted funds	
	£	£	£
Tangible fixed assets	79,381	-	79,381
Net current assets/(liabilities)	303,051	148,667	451,718
Total net assets	<u>382,432</u>	<u>148,667</u>	<u>531,099</u>
	Unrestricted funds		Total funds at 31 March 2020
	General	Restricted funds	
	£	£	£
Tangible fixed assets	19,295	-	19,295
Net current assets/(liabilities)	223,569	136,440	360,009
Total net assets	<u>242,864</u>	<u>136,440</u>	<u>379,304</u>

Family Gateway

Notes to the Financial Statements for the Year Ended 31 March 2021

18 Analysis of net funds

	At 1 April 2020 £	Cash flow £	At 31 March 2021 £
Cash at bank and in hand	323,229	280,781	604,010
Net debt	<u>323,229</u>	<u>280,781</u>	<u>604,010</u>
	At 1 April 2019 £	Cash flow £	At 31 March 2020 £
Cash at bank and in hand	446,997	(123,768)	323,229
Net debt	<u>446,997</u>	<u>(123,768)</u>	<u>323,229</u>

19 Related party transactions

During the year the charity made the following related party transactions:

Sintons LLP

(A L Maskery is a trustee of Family Gateway and a partner at Sintons LLP)

During the year legal fees of £5,417 (2020 - £5,255) were paid by the charity to Sintons LLP. At the balance sheet date the amount due to/from Sintons LLP was £Nil (2020 - £Nil).

Stimulo Ltd

The services of the strategic director have been commissioned through her company, Stimulo Ltd, and amounted to £66,000 (2020 - £66,000). These costs are included within consultancy fees. Trustees have considered IR35 and have concluded that there is not a risk to the Charity. At the balance sheet date the amount due to/from Stimulo Ltd was £Nil (2020 - £Nil).

20 Ultimate controlling party

In the opinion of the trustees, there is no ultimate controlling party of the charity other than the board of trustees themselves.