

Company number: 07282497
Charity Number: 1144447

IMO Charity

Report and financial statements

For the year ended 31 March 2022

IMO Charity

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IMO CHARITY

ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2022



Foreword

The Trustees of IMO Charity (IMO) present the Annual Report and Financial Statements for the year ended 31 March 2022. They have been prepared in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (FRS 102).

Reference and Administrative Details

The principal office of the charity is:

Unit 11 Business Development Centre
Eanam Wharf
Blackburn
Lancashire
BB1 5BL

Contact:

Stephen Jones, Chief Executive Officer
Mohammed T Sidat, Director of Operations

Charity Reg No: 1144447

Company Reg No: 07282497

Trustees

In the year ended 31 March 2022 the following people served as Trustees (T). For the purposes of company law the named Officers are also Directors as indicated:

Chairperson & Director (T)	Dr Qamar Khan
Secretary & Director (T)	Afshan Akhtar
Treasurer & Director (T)	Shahid Vali Patel
Non-Executive Director	Christine Seddon
Non-Executive Director	Michael Wedgeworth

All of the Trustees were in post for the 12-month period to 31st March 2022 except where indicated.

Bank

HSBC
60 Church Street
Blackburn
Lancashire
BB1 5AS

Accountants

H&A Consultancy Services Ltd
Ground Floor Front
185 Audley Range
Blackburn
Lancashire
BB1 1TH

IMO CHARITY

ANNUAL REPORT FOR THE YEAR ENDED 31 MARCH 2022



Structure, Governance and Management

The Charity was established in 2006 as a community organisation and registered with the Charity Commission and Companies House on 14th June 2010. Its memorandum and articles were last amended by special resolution on 13th April 2021. The company members liability is limited to £10 and the governing document is the Memorandum and Articles of Association.

The Board of Trustees remain responsible for the overall governance, management and control of the charity. Day to day management is delegated to the Chief Executive Officer and Director of Operations who report to the Board, both at Board meetings and regularly through line management meetings.

Recruitment and Appointment of the Board of Trustees

In order to comply with the current Memorandum and Articles of Association a minimum of three Trustees must be appointed. There is no maximum stated. Prospective Trustees may approach the Board personally or may be recommended by a current member.

Further details of the recruitment process and responsibilities are available in the Memorandum and Articles of Association. The Board demonstrates a variety of skills and experience in keeping with the objectives of the charity and the need for expert governance. Skill requirements are monitored, and additional Trustees proactively sought if and when required.

Risk Management

The major risks to which the Charity is exposed have been identified and considered. They have been reviewed and systems established to mitigate those risks. The Trustees continue to review and identify risk and to respond accordingly using a managed approach.

Reserves Policy

It is the opinion of the Board of Directors at the IMO; it should hold financial reserves because:

- I. I. It requires protection against the ability to continue operating despite a significant delay in income streams;
- II. II. It requires protection should the IMO lose significant income/funding or have to cease its operations and fulfil contracted obligations;
- III. It requires protection against general business risks, fluctuations in income streams and unforeseen costs;
- IV. It may require funds to restructure or finance future growth and development.

The definition of financial reserve for this purpose is the amount of unrestricted reserves not invested in fixed assets.

The Board of Directors at IMO believe that an appropriate level of reserve for the IMO is £92,000.00 equivalent to 4 months' salary cost. This is reviewed annually.

An annual review of reserves will be carried out in order to:

- Current reserves held with current policy level
- Ensure the reserves level requirement continues to be appropriate after consideration of all financial risks and current/future plans
- Ensure current budgets and future financial plans remain consistent with the reserves policy

Objectives and Activities

Our main aim is to work with and enable communities to improve their quality of life and enable them to become more resilient.

IMO's core values are:

- a) Passion for our work
- b) Respect for the people we serve and work with
- c) Accountability
- d) Teamwork
- e) Knowledge
- f) Action
- g) Equality and diversity

Income received by the Charity is accepted, held and administered for the purposes for which it was given.

The charity will act as a resource to support young people, women, families and other sections of the community by providing advice and assistance and organising programmes of physical, educational, well-being and other activities as a means of achieving the following:

- a) advancing in life and helping people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- b) advancing education;
- c) relieving unemployment;
- d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons;
- e) To assist in the non-clinical treatment and care of persons suffering from mental or physical illness of any description, by the provision of education, practical advice and tailored support.

In order to support these objectives IMO offers a variety of activities, services and interventions for the community of Blackburn with Darwen. Its core purpose is to engage and support young people, their families, community and any entity which may impact upon those young people. IMO works to enable them to overcome the disadvantages and challenges that they may face to become the best version of themselves, to create aspiration and to support them in achieving their hopes and dreams.

The three core strands used to equip the community with the skills, motivation and resilience to achieve these goals are:

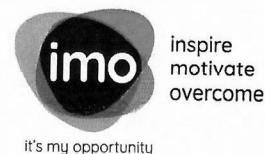
- Community Development and Resilience
- Education and Employability
- Health and Wellbeing

The Review of Charitable Activities includes further information relating to IMO's work.

IMO CHARITY

ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2022



Public Benefit

The Trustees have a duty to comply with Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit. The Trustees consider the aims, objectives and activities of the Charity and compare these with the achievements and outcomes of the various programmes. Furthermore, reviewing the benefits brought to the public the Charity seeks to help by implementing each key activity. The Trustees have referred to the Charity Commission's guidance on public benefit in undertaking the public benefit duty.

The Trustees can confirm that the Charity has fulfilled the public benefit requirement and that this requirement is strongly embedded within the policies and procedures of the organisation.

Trustees' Responsibility For The Financial Statements

The Board of Trustees is charged under charity and corporate law to prepare the Trustee's Annual Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards, including FRS102.

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the Charity's financial activities during the year and its financial position at the end of the year. Best practice includes:

- Selecting suitable accounting policies and applying them consistently
- Making judgements that are reasonable and prudent
- Stating whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures from those being disclosed and practice have been followed
- Preparing the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation
- Keeping proper accounting records which disclose with proper accuracy, at any time, the financial position of the Charity. They must also enable the Trustees to ensure that the financial statements comply with the requirements of the Charities Act 2011, the applicable Charities (accounts and reports) regulations and the provisions of the Memorandum and Articles of Association
- Safeguarding the assets of the Charity by taking reasonable steps in the prevention.

The Board of Trustees confirms that it has met the responsibilities accorded to it and complied with the requirements for preparing the accounts. The financial statements included in this report have been compiled from, and are in accordance with, the financial records maintained by the Charity.

Signed on behalf of the Board by:

Q. Khan

Dr Qamar Khan
Chairperson & Director (T)

Salil

Mr Shahid Patel
Treasurer & Director (T)

Date: 25 October 2022

Background

IMO's ultimate goal would be that the services which they provide would not be needed. Unfortunately, that is unlikely to happen within the near future.

Statistics demonstrate less than the national average life expectancy, high levels of chronic health problems, low educational attainment and high levels of unemployment. However, IMO doesn't need these statistics to see young people losing family members at a younger age than the rest of the country, or to understand their hunger, poor clothing and anxiety about the future. Every day the charity engages with people suffering from poor mental health, self-harming, demonstrating poverty of expectation through low self-esteem and a lack of ambition, substance misuse, anti-social behaviour and chronic stress. With 29.5% of the community living in poverty the potential for second and third generation deprivation is a reality as they are dragged into a downward spiral by lack of opportunity, high levels of unemployment and continued government austerity.

Current Challenges

The last three years has seen significant changes in charity legislation. IMO has taken steps to adhere to the standards set by the Fundraising Regulator and the revised data protection legislation which has recently taken effect. It is a challenging time for all in the charity sector and IMO sees their relationship with supporters and funders as being an integral part of their daily operation. The support received by the charity is vastly appreciated and key in spurring it on to meet its objectives. Best practice operationally and in meeting and exceeding the expectations of all supporters is paramount to all involved.

As government cuts affect local services IMO is being called upon to support increasing numbers of people from a variety of cultures. Blackburn is a refugee resettlement area and an area of significant multiculturalism. Valuing the backgrounds, experiences and strengths of staff, volunteers and beneficiaries is integral to delivering high-quality services and projects.

By its actions and activities IMO works to ameliorate this negative view of the town. It strives to demonstrate the positives amongst Blackburn's residents and has integrated multiculturalism and British values into its activities. IMO wishes staff, beneficiaries and volunteers from all backgrounds to be their best selves, sharing experiences, supporting each other and moving forward towards an optimistic future for themselves and Blackburn.

Our response to COVID-19

COVID-19 has been one of the greatest challenges IMO has faced in recent years. At the start of COVID-19, IMO trustees worked with the Senior Management Team (SMT) to ensure strategic oversight of the Charity's requirements to the Team, Donors, Beneficiaries and Suppliers in relation to COVID-19.

The organisation smoothly transitioned to virtual operations, all the team worked from home continuing to deliver sessions on their projects, safely and effectively. Our beneficiaries were grateful for the move online as they were able to participate and interact from the comfort of their own home.

IMO positively responded to the needs of the community as it had dramatically changed due to COVID-19. Lockdown caused members of the community to feel isolated and therefore a decline in their mental health. IMO acknowledged these difficulties and responded by ensuring delivery was still possible despite moving online.

Message from the Chair

I am so proud to have been part of IMO during 2021-22. As we emerged from coronavirus pandemic, IMO went to unprecedented lengths to help people facing illness, isolation and poverty. The year ending March 2022 has been very different from usual. The COVID-19 pandemic has had a terrible long-lasting impact on our community, the lives of children and young people, adults and on the charity sector. However, IMO has risen effectively and powerfully to the challenge bringing to the fore the issues in our community which are multifaceted. Domestic abuse, food poverty, educational and technological disadvantage, extreme anxiety, mental and physical health issues are just a few of the challenge's children, young people and adults are having to cope with. IMO never ceases to be amazed by the creativity, commitment and generosity of our supporters and partners and IMO is so grateful to them all. What unites us is the ambition to do as much as possible to support children, young people and adults and those vulnerable or severely disadvantaged individuals in our community who face challenges in their lives. Their courageous and inspiring journeys have united and inspired us all in facing and stepping up to help, support and make a real difference to their lives.

IMO is extremely fortunate to have a loyal and resilient band of volunteers without whom we could not operate. My heartfelt thanks go out to them and to our dedicated staff who work tirelessly from within the community. I must not forget the part played by my fellow Trustees who are also volunteers and who help to make my job so much easier.

Despite the attrition of the government cuts and the introduction of further austerity measures IMO has continued to grow in strength and mature as an organisation. With the support of our partners IMO has served its community with resilience, humour and humility. There appears to be little indication that these challenges will abate in the near future and IMO recognises that our responsibilities towards supporting the community will grow. Moving forward our actions must address the most urgent needs of the neediest and this may necessitate prioritising actions and looking at longer-term interventions. IMO continues to look for partnership opportunities and more efficient ways of working and reducing costs whilst improving the offering for our beneficiaries. IMO recognises the extremely challenging fundraising environment, however the knowledge that there are so many needy and disadvantaged individuals in our community will only inspire and drive us. The Board of trustees and the Executive team have carefully reflected on a response to these challenges and refreshed strategies.

On behalf of the charity, I would like to thank all our supporters for their efforts and contributions. It is humbling, awe-inspiring and so powerful to see the real difference we've made to the lives of our beneficiaries in these really challenging times. IMO is so grateful for the continued support which has and will enable us to change the lives across our community.

Our Projects

The majority of our activities support more than one of our objects and for ease of explanation we structure our own delivery under the three themes of Community Development & Resilience, Education & Employability and Health & Well-being. In this report we outline the work we have delivered by our own staff, volunteers and through organisations that have received external funding.

Community Development & Resilience

The Community Development and Resilience strand at IMO offers various activities aimed at children and young adults. Our aim is to provide enrichment opportunities to the most vulnerable areas of our community by delivered weekly sessions for all to engage. In the past year, this strand offered virtual youth groups and support around digital poverty, as well as COVID response work aimed to support the most deprived throughout the pandemic. IMO were still able to engage with 2,771 participants across all the projects that ran throughout the year.

REVIEW OF CHARITABLE ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022



The following are some of the projects included in the Community Development and Resilience strand:

1. Doorstep Sports
2. Empower Canal
3. Inspire ME
4. Holiday Activity Fun (HAF)
5. Motivate Me
6. Well-being Project
7. Youth Ambassadors
8. Be Internet Citizens
9. Covid Detached
10. Covid Vaccine Hesitancy
11. E-safety week
12. TAAF
13. IGNITE
14. Walking & Cycling Project

Here are a few summaries of our projects within this strand:

Be Internet Citizens:

The aim was to build a safe yet inspiring online space where young people can be empowered to learn, share, be creative, express themselves and experience a sense of belonging as digital citizens. While most young people today have grown up as digital natives, they may still lack the critical thinking and media literacy skills which are key to practicing positive digital citizenship. In light of this, the Be Internet Citizens programme was designed to teach young people media skills in a way that is relevant and engaging, both within formal education and their extra-curricular lives.

We worked with 200 participants, as a result, the participants who have completed the Be Internet Citizens programme are better able to critically analyse the information they receive or engage with, build empathy towards others and effectively respond to harmful content. Train the Trainer sessions delivered remotely to youth workers equipped them to lead the programme independently with the participants. The programme helped staff and young people increase their knowledge and are better aware in understanding of how to be confident, safe explorers online, and how to be critical consumers of information as well as how to respond to hateful digital content effectively.

Inspire ME:

The Inspire ME project continued for another year aiming to support young people to use their knowledge and skills to develop their self-confidence, resilience and team building. Most importantly this project enabled young people to think critically for themselves and allowed them to make better choices. The effects of COVID-19 were apparent as initially the young people struggled in social situations, after being stuck inside for so long. However, after some time, the young people adapted and improved their social skills as they became more familiar with interacting face to face. Overall, we received positive feedback from our 75 young participants. They enjoyed forming new friendships and realising a noticeable improvement of their communication skills.

A main priority for IMO Charity is for young people to continue their involvement in our activities and programmes with them taking ownership to actively plan and design activities and sessions along with being involved in the evaluation and implementation of such activities.

We believe activity design starts with the young people to ensure the programmes are enjoyable, challenging and rewarding. Young people are encouraged and supported to influence the delivery of the programme to take on leadership roles and responsibilities for tasks that further increase their confidence, self-esteem and voice of young people to total engagement.

The Holiday Activity Food (HAF):

The Holiday Activity Food (HAF) project was delivered face to face 3 times throughout the year, at Summer, Easter and Christmas.

The main objectives for HAF were to:

- Deliver activities and food daily to 1850 young people on free school meals (annually).
- To eat more healthily over the holidays.
- To take part in engaging and enriching activities which support the development of resilience, character and wellbeing and other skills.

To quote one of the young people, "We like the IMO camp because we get to meet new people and do lots of creative activities. We also get to create things from recycling material. It has helped us to keep active and not get bored. Thank you, IMO!"

Youth Ambassadors:

Young people have helped to re-create a Blackburn mosque and a cathedral as part of project to celebrate Inter Faith week. The programme involved young people from Blackburn Youth Zone and IMO Charity visiting the Making Rooms to create models of the Noorul Islam Masjid and Blackburn Cathedral. The project is linked to Blackburn with Darwen Council's Our Community Our Future plan. The Making Rooms is a community facility used by artists, inventors, and young people to design and make high tech 3-D products. The young people used Tinkercad and learnt how to use different shapes to create the Noorul Islam Masjid. Once the model was created on Tinkercad, this was then sent to the 3D machine to build the model mosque. The same process was followed to create a model of Blackburn Cathedral. The organisations gave their creations to the local mosque and cathedral just in time for inter faith week. Inter faith week aims to strengthen good relations and increase awareness of the different and distinct faith communities.

Stephen Jones, Chief Executive of IMO Charity, said, "The youth ambassadors' programme was fantastic as it brought young people from different backgrounds together where they made new friends and learnt about different culture and backgrounds. "The young people merged as one group and you could not tell they had not met before the start of the program. It's definitely a much-needed program to help young people from the community to come and learn together." One young person who attended the project said: "The Youth Ambassadors was good as it helped boost my confidence in getting to meet and work with other young people and to have learnt about different cultures."

Education & Employability

The Education and Employability (E&E) strand at IMO offers various courses and activities aimed at adults aged 18+. Our aim is to support marginalised communities by addressing the barriers they face through our needs-based provision. In the past year, the E&E strand offered ESOL (English for Speakers of Other Languages) and sewing courses aimed at helping participants gain skills, which could lead to employment or further training. Throughout the past year we had 436 participants across our 11 projects within this strand.

The Education and Employment strand includes projects such as:

1. ESOL – Learning English Together
2. Getting to The Point – Knife Crime In Education
3. Learn to Gain
4. Learn to Earn
5. Covid Education
6. Covid Disability
7. Get Online Week
8. Step Up
9. Building Better Opportunities

ESOL

The aim of this project was to help learners gain English speaking, reading and writing skills at Pre-Entry and Entry Level 1, so that they could confidently communicate in everyday situations and progress to further education, training and employment. The participants learnt the vocabulary, sentences and practice the language around different topics, so that they were confident enough to use those skills in a professional

We delivered 3 cohorts. Two cohorts were for women and one for men. One of the women's cohorts was delivered via Zoom and the other 2 cohorts were delivered as classroom-based sessions.

The objectives of the project are as follows:

1. Using local services such as libraries and museums.
2. Communicating with your children's school.
3. Calling Emergency Services.
4. Health related topics such as, booking an appointment with a GP or dentist, joining a GP surgery and other related topics.
5. Explore outdoor activities, such as local parks, canal and lake district.
6. Using public transport, which will include a train journey to Manchester or other such venue.

Step Up Case Study:

This case study examples one of our attendees and her progression when attending our Step Up programme.

The learner is an attendee at Blackburn College and was referred there by the Job Centre. The ESOL course in which she was on had an aspect of employability that was covered alongside learning English therefore she qualified for this project.

As Clarissa was a student who moved from the Philippines to England, she did not have any previous employment history or experience. Upon multiple discussions with her, this was something she was working towards as she wanted to attend University to continue studying to gain full-time employment. Along this journey, Clarissa was open to gaining part time employment for both financial gains as well as experience.

The barriers which she faced is predominantly to do with language. She felt as though her understanding and speaking English are the main factor which is a hindrance as well not having many experiences related to employment. Her move to England was to seek better opportunities through studying and gaining employment and this is the goal she is striving towards.

By the end of our project, Clarissa has gained part time employment at a local retail store which has been a positive outcome. Additionally, she has moved on to the next stage of her ESOL course in college thus demonstrating that she is on her way to succeeding in what she wants to achieve.

There was a range of benefits which Clarissa gained and this allowed her to develop a range of her skills which she initially highlighted that she wanted to work on. She was able to realise the importance and the impact of good communication in relation to the world of work and had many opportunities to practise this. She learned about the importance of teamwork and looking at how the role of herself as well as her skillset can make a positive contribution. Furthermore, the session based around CV writing and interview techniques was the biggest benefit to her.

Health & Wellbeing

Our Health & Well-being strand offers various projects for both young people and adults who are 18+. Our aim is to support the community with issues regarding Health & Wellbeing by delivering sessions to spread knowledge and awareness as well as ensuring our participants have a support system and someone to talk to.

Despite the hindrances that arose due to COVID-19, IMO were still able to deliver much needed health and well-being sessions both virtually and in person. Throughout the year 2021-2022, we had 1,479 participants across our 13 health and well-being projects. A summary of some of our projects is listed below:

1. **Women 4 Women**
2. **BWD Diabetes**
3. **Young Minds**
4. **Youth Connect**
5. **Mental Health Champions**
6. **Accrington Diabetes**
7. **New Leaf Project**
8. **PDP Programme**
9. **Refugee and Asylum work**
10. **Substance Misuse**
11. **Men's Mental Health**
12. **Pandemic Helpline**
13. **Free Counselling Service**

Women for Women:

IMO started this project in 2013, it has continued to grow and provide support for women in the local community. It has created an opportunity to enhance their mental health and well-being by attending sessions that are delivered around the 5 ways of well-being. This project has helped over 140 women in total throughout the year. The women were supportive of one another and shared their ideas as well as gaining knowledge which in turn has helped with their mental and physical health as well as their well-being.

Feedback proved the ladies gained confidence, improvement in mood and ways to articulate what they are feeling to others better. They have expressed improvement in their health and well-being by implementing positive mind-sets, lifestyle changes, setting healthy boundaries, time management and feeling less isolated during the COVID-19 pandemic.

REVIEW OF CHARITABLE ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022



Youth Connect:

IMO has successfully delivered a safe-space for male and female adolescents aged 14–18 with low/moderate mental health problems such as anxiety, depression, suffering/inflicting bullying, eating disorders, relationships and substance misuse. During the delivery, IMO covered isolation issues and gave an insight to different coping and managing methods to help sustain positive mental and general wellbeing. Our target was to recruit 10 young people per cohort and deliver to a total of 30 participants in year 1.

However, we delivered to 82 participants which was a great success. The interaction level of participants grew which gave a clear indication that they were taking on board and putting into practice the information they gained from the course. Feedback from a participant, "I'm glad IMO have provided this project as I would be lost without it. This will now let me go on to do my exams and work on a career as I now know how to deal with my worries and situation." The youth connect course has allowed adolescent young people to make positive choices for themselves without the fear of ostracization.

Refugee and Asylum project:

In light of the discussions and observations from our initial introductions with the Afghan families and the local authority at the bridging hotel, we were tasked to propose a program focusing on the mental health and wellbeing needs of the new arrivals.

The aim of this project is to empower, build confidence, increase self-esteem, develop skills and gain knowledge to ease the families transition into their new lives in the UK. The activities are carefully planned to consider the anxiety, acute stress and trauma which many of the individuals will be experiencing.

Since the end of September, we have been on site at the bridging hotel 3 days a week delivering activities such as, conversational English, talk therapy, arts & craft, beauty workshops, games sessions, relaxation therapy, spiritual support, supplementary education and more. Over the course of this time we have been humbled by the personal stories we have heard and have had the privilege to improve the mental health and wellbeing of numerous families and individuals.

It has been a challenging task to address individual needs, recognising the similarities yet differences in each story and remaining emotionally strong to carry out the bespoke mental health work daily. Navigating sensitively through the unspoken words and bringing these gently to the surface has allowed a compassionate understanding of unique needs within each family unit to develop and has been the key to building a trusting therapeutic relationship.

We make certain our work is authentic by promoting equality, non-judgement and breaking stereotypes and biases. We immerse ourselves fully in all activities whilst maintaining professional boundaries, ensuring safety and warmth in the space that we create. Our work has led to us hearing some incredibly heart-breaking stories of survival showing courage, bravery and resilience. These harrowing experiences shone light on the strength of the human spirit not being broken by adversity, but facing the hardship face on for the sake of loved ones.

A lot of these hardships came from the cultural values they were faced within their home country, for example 'Laila' was not able to attend school even though she is such a passionate individual who loves to learn new things. Her marriage in essence saved her and gave her the confidence to want to study. This is reflected here in the workshops; she always tries her hardest in every session and participates to the full extent. Coming to the UK has afforded her the opportunity to immerse herself in education and she hopes to one day speak English fluently. Another example of an aspirational woman is 'Sofia', she has been through so many sensitive issues which left her believing her life was coming to an end after a major accident. In her feedback she said 'I feel as though God has given me a second chance at life and that is here in the UK'.

Just recently at IMO we have recruited one of the Afghan ladies who arrived at the bridging hotel in August. Her desire to make a difference has led to her becoming part of our team on-site to assist with interpreting and groupwork. She travels on a bike to the bus station and takes the bus to the hotel, a journey of 40 minutes each way and a journey which she does with pride and a smile. She is happy to be safe and happy to be free.

IMO Future Plans

IMO continues to grow steadily to meet the needs of our local community. Our Strategic Plan is backed by a number of operational changes and the introduction of new initiatives. Despite disruptions to our sessional work, due to COVID-19 after the end of the national lockdown, we focused our efforts on helping the community which was deprived of external support throughout the lockdown. IMO plans to continue its active focus on improving quality and gaining more accreditations to deliver higher quality services.

IMO has sought advice from a business strategy consultancy firm, the following are key areas for improvement:

- Widen the geographical scope of services beyond the local community
- Develop a clear long-term funding strategy
- Create a new operational framework to ensure a consistent and quality approach across all projects
- Enhance IMO's communications strategy as well as social media presence
- Enhance IMO's brand name by working alongside students from Universities and other Academics for further research
- Facilitate growth of the IMO team in to the new Hub
- Diversify the scope of services we offer to the local and wider community

Looking ahead, it's more important than ever that we focus our resources where they will have the greatest impact. IMO's ability to gear up, mobilise and respond to COVID-19 has shown that we can raise significant funds to deal with the challenges faced by children, young people and adults. We have managed our resources with care and finished 2021 -22 in a reasonable financial position. At a time of real volatility and uncertainty, it is vitally important we continue to build firm foundations for a sustainable future.

IMO CHARITY

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF IMO CHARITY

I report on the accounts of the company for the year ended 31 March 2022.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

The charity's trustees consider that an audit is not required for this year under Part 16 of the 2006 Act and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of The Institute of Financial Accountants.

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

H&A Consultancy Services Ltd
Ground Floor Front
185 Audley Range
Blackburn
Lancashire
BB1 1TH

Dated: 8 December 2022

IMO CHARITY

STATEMENT OF FINANCIAL ACTIVITIES (Including Income & Expenditure Account) FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
INCOMING RESOURCES					
<i>Incoming resources from charitable activities</i>					
Audit and other education	2	576,535	251,610	828,145	606,068
Total Incoming resources		<u>576,535</u>	<u>251,610</u>	<u>828,145</u>	<u>606,068</u>
RESOURCES EXPENDED					
<i>Charitable activities</i>					
Adult and other education	3	408,122	281,136	689,258	322,271
Total Resources expended		<u>408,122</u>	<u>281,136</u>	<u>689,258</u>	<u>322,271</u>
Net income/(loss) for the year	5	168,413	(29,526)	138,887	283,797
Transfer between funds	6	16,039	(16,039)	-	-
Movement in funds		<u>184,452</u>	<u>(45,565)</u>	<u>138,887</u>	<u>283,797</u>
<i>Reconciliation of funds</i>					
Total funds brought forward		371,905	116,989	488,894	205,097
Total funds carried forward		<u>556,357</u>	<u>71,424</u>	<u>627,781</u>	<u>488,894</u>

There are no gains or losses other than those recognised in the Statement of Financial Activities.
All incoming resources and resources expended are derived from continuing activities

The notes on following pages form part of these accounts.

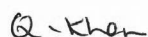
IMO CHARITY

BALANCE SHEET AS AT 31 MARCH 2022

Company number: 07282497

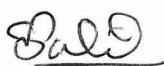
	Note	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
Current Assets					
Debtors	8	32,250	-	32,250	20,901
Cash at bank and in hand		525,363	71,424	596,787	469,356
		<u>557,613</u>	<u>71,424</u>	<u>629,037</u>	<u>490,257</u>
Creditors					
Amounts falling due within one year	9	(1,257)	-	(1,257)	(1,363)
		<u>556,357</u>	<u>71,424</u>	<u>627,781</u>	<u>488,894</u>
Net Current Assets					
		<u>556,357</u>	<u>71,424</u>	<u>627,781</u>	<u>488,894</u>
Funds					
Restricted funds	10	-	71,424	71,424	116,989
Unrestricted funds	11	556,357	-	556,357	371,905
		<u>556,357</u>	<u>71,424</u>	<u>627,781</u>	<u>488,894</u>

The financial statements were approved by the board of trustees on 25 October 2022 and signed on their behalf by:



Dr Qamar Khan

Director



Mr Shahid Patel

Director

IMO CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

1 Principles of accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 20011.

Grants Received

Grants, including grants for the purchase of fixed assets, are apportioned to the Statement of Financial Activities in the year to which they relate.

Incoming Resources

Donations and legacies and other forms of voluntary income are recognised in full on the Statement of Financial Activities when notification of entitlement is received and the amount receivable can be measured with sufficient reliability.

Resources expended

Resources expended are recognised in the period which they are incurred. Resources expended include attributable VAT which cannot be recovered.

- Charitable expenditure comprises those costs by the charity in the delivery of its activities and services for its beneficiaries. It includes costs that can be allocated directly to such activities.

- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include accountancy fees and costs linked to the strategic management of the charity.

- All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource.

Restricted funds

Restricted funds are to be used for specified purposes as laid down by the donor. Expenditure which meets these criteria is identified to the fund.

Unrestricted funds

Unrestricted funds are donations and other income received or generated for the objects of the Charity without further specified.

Cashflow statement

No cashflow statement is prepared for the current year as the Charity qualifies for the small entity exemption.

IMO CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
2 Incoming Resources				
BBC Children in Need	-	32,155	32,155	39,892
General fundraising	6,835	-	6,835	123,445
IMO Sports academy (IMOSA)	2,000	-	2,000	9,068
Mental Health	15,000	5,000	20,000	11,990
Young Minds	-	-	-	10,000
Youth Connect	-	9,992	9,992	9,894
Lloyds	-	25,000	25,000	37,154
Empower (C&RT)	-	-	-	10,000
Garfield Trust	-	-	-	25,000
Mind (Wabba)	-	-	-	20,000
Power to Change	-	-	-	49,107
Scottish Power	-	-	-	58,454
WEA	-	15,156	15,156	21,182
Covid 19 Response	21,000	-	21,000	52,245
ESOL	-	-	-	24,582
Diabetes	47,000	-	47,000	33,000
Food Packs	-	-	-	8,750
Holiday Hunger	217,000	-	217,000	62,305
Cooking for Health	-	18,994	18,994	-
Inspire Me	-	39,314	39,314	-
CAF Learn English	-	17,236	17,236	-
CAF W4W	-	17,231	17,231	-
CAF Young Minds	-	17,231	17,231	-
Trusthouse	-	42,496	42,496	-
Wheeley Good - Bikeability	-	11,805	11,805	-
BAME Community Champions	13,800	-	13,800	-
Changing Futures	13,000	-	13,000	-
Cycling & Walking	35,000	-	35,000	-
Refugee Support	102,000	-	102,000	-
Blackburn with Darwen Council	66,400	-	66,400	-
UCLAN	5,600	-	5,600	-
Youth Ambassador	6,400	-	6,400	-
HM Prison & Probation Service	18,500	-	18,500	-
Women 4 Women	7,000	-	7,000	-
	<u>576,535</u>	<u>251,610</u>	<u>828,145</u>	<u>606,068</u>
3 Resources Expended				
Course fees, consultancy costs and wages	244,209	225,153	469,362	229,700
Materials and equipment	100,346	47,816	148,162	58,048
Accountancy fees	500	-	500	464
Subscriptions	652	-	652	1,616
Marketing	15,938	505	16,443	6,534
Premises costs and venue hire	40,315	7,374	47,689	21,694
Printing, postage and stationery	506	70	576	2,811
Events, Travelling and catering costs	5,625	218	5,843	1,404
Sundries	30	-	30	-
Total Costs	<u>408,122</u>	<u>281,136</u>	<u>689,258</u>	<u>322,271</u>

IMO CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

4 Taxation on surplus ordinary activities

As the company is a registered charity no provision has been made for taxation.

5 Net income for the year

is stated after charging rent of £5,837 (2021 - £13,889)

6 Transfer between funds

The transfer of funds comprises the balance on Scottish Power

7 Employees	2022	2021
Average number of employees during the period	18	10

8 Debtors	2022 £	2021 £
Blackburn with Darwen BC (unrestricted)	24,750	2,155
Blackburn Youth Zone (unrestricted)	-	5,122
Lancashire & South Cumbria NHS Foundation Trust (unrestricted)	-	7,000
Purple Patch Partners (unrestricted)	-	500
WEA (restricted)	-	6,124
UCLAN (unrestricted)	5,600	-
Other Debtors - Staff advance	1,900	-
	<u>32,250</u>	<u>20,901</u>

9 Creditors: Amounts falling due within one year	2022 £	2021 £
Accruals	500	450
Payroll related	1,264	835
Trade Creditors	(507)	78
	<u>1,257</u>	<u>1,363</u>

10 Restricted funds	2022 £	2021 £
The restricted fund comprises of:		
BBC Children In Need Main Grant	-	(422)
Scottish Power	-	58,254
Young Minds	-	14,664
Youth Connect	-	7,141
Empower	-	10,000
Garfield	1,350	25,000
WEA - Move On	(14,294)	2,352
CAF Learn English	17,236	-
CAF Women 4 Women	17,231	-
CAF Young Minds	17,231	-
Invest in Youth	(3,367)	-
Cooking for Health	15,546	-

IMO CHARITY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

Trusthouse	8,708	-
Wheeley Good - Bikeability	11,784	-
	<u>71,424</u>	<u>116,989</u>

11 Unrestricted funds	2022	2021
	£	£
The restricted fund comprises of:		
Women 4 Women (W4W)	-	10,000
IMO Sports academy (IMOSA)	6,000	15,000
Reserves (4 months salary going forward)	160,000	92,000
Refugee and Asylum	50,000	50,000
Diabetes	30,000	50,000
Step up program	25,000	45,000
IMO Hub	150,000	100,000
Unallocated funds	5,357	9,905
Holiday Hunger BWD	100,000	-
Cycling and walking	30,000	-
	<u>556,357</u>	<u>371,905</u>

12 Guarantees

Every member of the Company undertakes to contribute to the assets of the Company in the event of the same being wound up during the time they are a member, or within one year afterwards, for the payments of the debts and liabilities of the Company contracted before the time at which they cease to be a member and the costs, charges and expenses of winding up the same, and for the adjustments of the rights of the contributions among themselves such amount as may be required not exceeding ten pounds.

13 Trustees' Remuneration and Related Party Transactions

The Trustees received no remuneration or reimbursement of expenses during the year and there were no other related party transactions.

14 Trustees' Remuneration and Related Party Transactions

There is no ultimate controlling party.

