

Charity registration number 1144388

Company registration number 07669175 (England and Wales)

**HEADWAY CENTRAL LANCASHIRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2022**

HEADWAY CENTRAL LANCASHIRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Ms S J Charnley Mr B Rutledge Ms C Carthy Mr A Lilley Mr C Lopez Ms L Goodram Ms K Wilding Mr T Hart Mr Glenn Slater
Charity number	1144388
Company number	07669175
Registered office	Heartbeat Centre Preston North End Sir Tom Finney Way Preston PR1 6PA
Accountants	Topping Partnership Incom House Waterside Trafford Park Manchester M17 1WD

HEADWAY CENTRAL LANCASHIRE

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HEADWAY CENTRAL LANCASHIRE

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 30 JUNE 2022

The trustees, some of whom are also directors for the purposes of company law, present their report and the financial statements for the charity for the year ended 30 June 2022.

The trustees who acted as directors during the year were:

Mr D J Alcock
Ms S J Charnley
Mr B Rutledge
Ms C Carthy
Ms L Sheffield
Mr A Lilley
Ms P McLoughlin
Mr C Lopez
Mr L Goodram
Ms K Wilding
Mr T Hart
Mr G Slater

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016)

Objectives and activities

The charity's objects are:

- To relieve persons who are resident in the area of Preston and Chorley, Lancashire, who have suffered a brain injury, their families, carers and other related professionals, by the provision of information, services and facilities.
- To advance the education of the public in all aspects relating to brain injury and its prevention.

The Trustees when deciding in the Charity's activities for the year, are mindful of the Charity Commissions guidance on public benefit. The Charity is to support people affected by head injuries and their families regardless of gender, faith or personal circumstances. The Charity wishes itself to be a facility through which people can share life experiences and by which their lives can be enriched.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's objectives and in planning future activities.

HEADWAY CENTRAL LANCASHIRE

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2022

Achievements and performance

The Trustees are pleased with the results for the year 2021-2022.

The Charity provided a range of services and support to adults with an acquired brain injury (ABI) and after a major trauma injury, their families, carers and supporters.

During the reporting period services were affected by the Covid-19 restrictions, and continued delivering the service both virtually using the system developed the previous accounting year through purchases of iPads and face to face where possible, adhering to social distancing and infection control protocols.

The face to face drop ins and activity days recommenced on 3rd August 2021 with regular testing for Covid-19 infection was offered to all visitors, together with advice and information about keeping safe..

The advice and information service, which provided welfare benefits assistance, legal advice, employment support and debt advice was delivered via telephone, virtually and face to face and we supported over 1200 families.

All 7 staff were operational during this period. Volunteer attendance at client meetings reduced due to a combination of illness and concern of being exposed to Covid-19 infection.

Fundraising events were scaled back during this reporting period however a golf day was held by Fletchers Solicitors and a wine tasting event held by Trustee Trevor Hart, .

Grants in payment during this period included:

The National Lottery Community Fund – Major Trauma Patient Support Service.

The National Lottery Community Fund – Headinto your community.

Postcode Neighbourhood Trust – Online support project.

Leathersellers grant – Art project.

Preston City Council – Covid-19 business support grant.

Marketing and communications continued, with the website being maintained and social media accounts updated on a weekly basis. The newsletter was produced and posted out to members and clients were kept in touch by telephone (including What's App and text) and by email.

Website:

[Supporting people affected by Acquired Brain Injury](#)
[Headway Central Lancashire](#)

Twitter: [Headway Central Lancashire \(@HeadwayCL\) / Twitter](#)

Facebook: <https://www.facebook.com/HeadwayCentralLancashire>

The Headway Central Lancashire Calendar was a great success and the Trustees would like to thank client Daniel McCullough for his photography work.

The Trustees are grateful for all donations and funds raised and wish to thank individuals who continued to support the charity. Thanks also to players of the charity weekly lottery which provides a small regular income.

The Trustees are appreciative of the dedication of the staff team who adapted to a new way of working and systems and continued to provide an excellent service to adults with acquired brain injury and after major trauma.

HEADWAY CENTRAL LANCASHIRE

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

Financial review

The Trustees are pleased with the results for the year.

At the start of the year reserves were £171,182 and following a movement in funds of - £2,630, the reserves at the end of the year are £168,552.

A Financial Reserves formal policy remains in place to maintain at least a six-month level of reserves, and the Trustees are conscious of their responsibilities and monitor the level of reserves to ensure the charity can meet its liabilities. Overarching risks are discussed at regular Trustee and Directors' Board meetings and where considered necessary appropriate professional advice is obtained where they perceive this is required for a specific risk or a particularly high risk.

The Trustees would like to express thanks to Toppings Partnership for their support of the charity since 2010 by providing a monthly payroll service, annual accounts and regular financial updates

HEADWAY CENTRAL LANCASHIRE

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2022

Plans for future periods

The Trustees intend to continue to provide relief to persons who have suffered brain injuries and major trauma injuries, their families, and carers through the provision of services according to the charity's objectives in the future year.

Aims:

To relieve persons who are resident in the area of Central Lancashire, who have suffered a brain injury, their families, carers and other related professional by the provision of such information, service and facilities.
To advance the education of the public in all aspects relating to brain injury and its prevention.

Objectives:

1. Hold weekly client meetings including drop ins, activity days and walking groups and exercise classes.
2. Maintain the Major Trauma Patient Support Service to patients at the Royal Preston Hospital and their families.
- 3 Deliver an outreach service to discharged patients and new clients via telephone, virtually or in person where possible.
3. Maintain and keep the client database up to date as new service users access our services.
5. Distribute resources online to partner agencies and maintain the charity website and social media accounts, produce a newsletter every two months.
6. Build upon existing partnerships and form new partnerships with statutory and voluntary services, and private businesses
7. Increase fundraising income through online campaigns, the Headway lottery, and public donations.
8. Identify and recruit new volunteers.
9. Identify and apply for appropriate grants/funding opportunities.
10. Keep policies and procedures under review and updated to ensure compliance.
11. Provide information and advice to clients, professionals to raise awareness of the effect of brain injury and major trauma and promote campaigns to raise awareness and reduce incidence of brain injury and major trauma.
11. Set budgets, monitor income and outgoings, and keep finances up to date.
12. Provide regular supervision, training and support for staff and volunteers

Structure, governance and management

The company was incorporated at Companies House on 14 June 2011 and was registered as a charity with the Charity Commission on 21 October 2011. It commenced its activities on 22 October 2011 following the transfer of the charitable activities from the unincorporated charity Headway Preston and Chorley. The charity is a company limited by guarantee by its Memorandum and Articles of Association.

The charity is managed by the Trustees who are appointed as per the Trust Deed.

HEADWAY CENTRAL LANCASHIRE

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2022

Ms S J Charnley
Mr B Rutledge
Ms C Carthy
Ms L Sheffield
Mr A Lilley
Ms P McLoughlin
Mr C Lopez
Ms L Goodram
Ms K Wilding
Mr T Hart
Mr Glenn Slater

(Resigned 25 April 2022)

(Resigned 17 February 2022)

Small Company Provision

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemptions.

The Trustees report was approved by the Board of Trustees.

Sarah Charnley

Sarah Charnley (Mar 24, 2023 15:31 GMT)

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Ms S J Charnley
Trustee

Date: *24/03/2023*

HEADWAY CENTRAL LANCASHIRE

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 30 JUNE 2022

The Trustees, some of whom are also the directors of Headway Central Lancashire for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

HEADWAY CENTRAL LANCASHIRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF HEADWAY CENTRAL LANCASHIRE

I report to the Trustees on my examination of the financial statements of Headway Central Lancashire (the charity) for the year ended 30 June 2022.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Susan Wilcock FCCA
Topping Partnership

Incom House
Waterside
Trafford Park
Manchester
M17 1WD

Dated: 24/03/23

HEADWAY CENTRAL LANCASHIRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 JUNE 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
	Notes						
Income from:							
Donations and legacies	3	62,677	60,666	123,343	60,325	119,844	180,169
Other trading activities	4	546	-	546	1,101	-	1,101
Total income		63,223	60,666	123,889	61,426	119,844	181,270
Expenditure on:							
Raising funds	5	4,191	-	4,191	198	-	198
Charitable activities	6	57,044	64,019	121,063	29,730	69,754	99,484
Other	9	1,265	-	1,265	-	-	-
Total expenditure		62,500	64,019	126,519	29,928	69,754	99,682
Net income/(expenditure) for the year/							
Net movement in funds		723	(3,353)	(2,630)	31,498	50,090	81,588
Fund balances at 1 July 2021		95,600	75,582	171,182	64,102	25,492	89,594
Fund balances at 30 June 2022		96,323	72,229	168,552	95,600	75,582	171,182

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

HEADWAY CENTRAL LANCASHIRE

BALANCE SHEET

AS AT 30 JUNE 2022

	Notes	2022 £	£	2021 £	£
Current assets					
Debtors	10	571		401	
Cash at bank and in hand		169,503		173,725	
		<u>170,074</u>		<u>174,126</u>	
Creditors: amounts falling due within one year	11	(1,522)		(2,944)	
Net current assets			<u>168,552</u>		<u>171,182</u>
Income funds					
Restricted funds			72,229		75,582
Unrestricted funds			96,323		95,600
			<u>168,552</u>		<u>171,182</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 30 June 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 24/03/23.

Sarah Charnley

Sarah Charnley (Mar 24, 2023 15:31 GMT)

Ms S J Charnley
Trustee

Company registration number 07669175

HEADWAY CENTRAL LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2022

1 Accounting policies

Charity information

Headway Central Lancashire is a private company limited by guarantee incorporated in England and Wales. The registered office is Heartbeat Centre, Preston North End, Sir Tom Finney Way, Preston, PR1 6PA.

The company was formerly known as Headway Preston and Choley.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

HEADWAY CENTRAL LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

1 Accounting policies

(Continued)

1.5 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is apportioned between cost headings by reference to the time and resources expended in each of these areas by the employees of the Charity.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee benefits

The costs of short-term employee benefits are recognised as a liability and an expense, unless those costs are required to be recognised as part of the cost of stock or fixed assets.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

HEADWAY CENTRAL LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Donations and gifts	40,179	50,666	90,845	18,975	49,667	68,642
Grant	22,498	10,000	32,498	41,350	70,177	111,527
	<u>62,677</u>	<u>60,666</u>	<u>123,343</u>	<u>60,325</u>	<u>119,844</u>	<u>180,169</u>

4 Other trading activities

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Fundraising events	<u>546</u>	<u>1,101</u>

5 Raising funds

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
<u>Fundraising and publicity</u>		
Seeking donations, grants and legacies	<u>4,191</u>	<u>198</u>
	<u>4,191</u>	<u>198</u>

HEADWAY CENTRAL LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

6

Charitable activities

	Charitable Expenditure 2022 £	Charitable Expenditure 2021 £
Staff costs	99,132	83,070
Rent	5,364	2,865
Computing Costs	1,246	885
Printing & Stationery	2,486	700
Telephone	2,821	1,578
Other Office Expenses	4,448	6,735
Volunteer Expenses	844	22
Emergency Fund	3,390	2,955
Other Small Project Expenses	-	269
Catering	1,071	189
Bank Charges	261	216
	<u>121,063</u>	<u>99,484</u>
	<u>121,063</u>	<u>99,484</u>
Analysis by fund		
Unrestricted funds	57,044	29,730
Restricted funds	64,019	69,754
	<u>121,063</u>	<u>99,484</u>
For the year ended 30 June 2021		
Unrestricted funds	29,730	
Restricted funds	69,754	
	<u>99,484</u>	

7 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

2022 Number	2021 Number
<u>7</u>	<u>7</u>

HEADWAY CENTRAL LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

8 Employees		(Continued)	
Employment costs	2022	2021	
	£	£	
Wages and salaries	97,637	81,776	
Other pension costs	1,495	1,294	
	<u>99,132</u>	<u>83,070</u>	

No employees received employee benefits of more than £60,000 during the year (2021: £Nil).

There were no employees whose annual remuneration was more than £60,000.

9 Other		Unrestricted funds	Total
	2022	£	2021
Other expenditure	1,265	-	-
	<u>1,265</u>	<u>-</u>	<u>-</u>

10 Debtors		2022	2021
Amounts falling due within one year:	£	£	
Prepayments and accrued income	571	401	
	<u>571</u>	<u>401</u>	

11 Creditors: amounts falling due within one year		2022	2021
	£	£	
Other taxation and social security	1,522	2,944	
	<u>1,522</u>	<u>2,944</u>	

12 Retirement benefit schemes

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to profit or loss in respect of defined contribution schemes was £1,495 (2021 - £1,294).

HEADWAY CENTRAL LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

13 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 30 June 2022 are represented by:						
Current assets/(liabilities)	96,323	72,229	168,552	171,182	-	171,182
	<u>96,323</u>	<u>72,229</u>	<u>168,552</u>	<u>171,182</u>	<u>-</u>	<u>171,182</u>

14 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £	2021 £
Within one year	<u>4,200</u>	<u>5,007</u>

15 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

No Trustee claimed for their expenses to be reimbursed.

16 Independent examination

The charity is not charged for the Independent Examination or accountancy services.

17 Volunteers

The charity has 21 volunteers who give up their time to help the charity.
It is difficult to put a value on this.