



# Trustees' Annual Report for the period

From	Period start date		To		Period end date		
	1	July	Year 2022		30	June	Year 2023

## Section A Reference and administration details

Charity name

Personal Best soccer

Other names charity is known by

Registered charity number (if any)

1144330

Charity's principal address

45 Stylman road

Bowthorpe

Norfolk

Postcode
NR59ET

### Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Lee Perry	Chairman		
James Suffling	Secretary		
Tom Parke	Welfare officer		


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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

<b>Name</b>	<b>Dates acted if not for whole year</b>

**Names and addresses of advisers (Optional information)**

<b>Type of adviser</b>	<b>Name</b>	<b>Address</b>

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)

How the charity is constituted  
(eg. trust, association, company)

Trustee selection methods  
(eg. appointed by, elected by)

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Constitution
Trust
Relationships with related parties –
<p>                     Elected/Re-elected Support the AGM                      Deafblind College – Support the students Sports BTEC vocational                      experience requirements.                 </p>

## Section C Objectives and activities

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D Achievements and performance

**Summary of the objects of the charity set out in its governing document Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

For providing by parents and associates of the Charity, Norwich and Charities, a provision made by the Charity, Norwich and Charities, to provide the opportunity and facilities for playing football to develop their physical, mental and spiritual capacities so that they may grow to full maturity as individuals and members of society and that their conditions of life may be improved

Main Activities for Personal Best Soccer to meet objectives -  
To provide local footballers with the opportunity to develop their skills by working with highly qualified coaches and to support these individuals in fulfilling a career in Sport. Invite local footballers to Personal Best Soccer to develop, both sporting and social.  
Provide an opportunity for individuals released by local professional academies to continue to play high calibre football.  
Each of the age groups has a coaching model which targets development, to give the individuals their personal targets to assist in highlighting strengths and areas to improve.  
Coaching session take place twice a week, with matches at weekends against academy teams across East Anglia. All coaching to be provided by high level qualified coaches, with a low player to coach ratio, in order that the individual's needs are catered for.  
The coaching provides innovative methods to build confidence and self belief, enhancing social, as well as football skills. Develop relationships with academies and development centres to provide a competitive learning environment.

Take the individuals out of their local area to compete in tournaments in the UK and abroad to develop their personality and social skills.  
Invite high profile guest coaches and speakers to broaden the individual experiences.  
Educate the players in all aspects of a sporting lifestyle and encourage the individuals reaching 16 years of age to continue their development through the Charities links with Easton College and Dereham Town Football Club.  
Provide Dereham Sports College students the opportunity to use the coaching models as assistance to meet their Sports Science course criteria.

**Additional details of objectives and activities (Optional information)**

- Started younger age groups of 11's, 12's and 13's took on 2 new volunteers

- Carried forward and sustained 3 age groups as well as maintaining an U18 development squad
- Gave opportunities to students from Dereham Education & Soccer Academy to coach and gain experience at PBS. This included ex PBS players going full circle into coaching on the programme.
- Individuals developed communication skills, through writing their own match reports.
- Ran PBS tournament at Dereham Town Football Club allowing clubs from the East Anglian Region to participate.
- Large number of boys selected to play for the Norfolk County Schools FA.
- Tour to Holland , to encourage social interaction under 14's and 15's.
- Boys tasked with supporting fund raising through selling raffle tickets and supporting the Charity Golf Day.

- 15 PBS U16s go on to gain places at Dereham Education & Soccer Academy

Summary of the main achievements of the charity during the year

## Section E Financial review

**Brief statement of the charity's policy on reserves**

Carried forward for future investment of Charity.

**Details of any funds materially in deficit**

n/a

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Donation's from parents

Fundraising through raffles, auctions and organised charity events.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)



Position (eg Secretary, Chair, etc)

Lee Perry

James Suffling

Chair

Secretary

Date

TAR

27/3/24



**PERSONAL BEST SOCCER  
INCOME AND EXPENDITURE ACCOUNT  
YEAR ENDED 30th JUNE 2023**

**Income**

Creditor/Debtor write off	0
Training & Tour Donations	75,991
Match Fee's returned	0
Playing Kit	0
Sponsorship	0
Fund Raising	
Other	<u>0</u>
	75,991

**Expenses**

Hire of Facilities	30,000
Professional Coaches	30,000
Equipment and Clothing	3,562
Administration/Insurance	1,150
Tour	3,401
Matches	4,510
Fund Raising costs	0
Sundry	0
	<u>72,623. Total spend</u>
NET Profit/Loss	<u></u>

**PERSONAL BEST  
SOCCER BALANCE  
SHEET  
YEAR ENDED 30th JUNE 2023**

	<b>£</b>
DEBTORS	0
CASH AT BANK	3,368(to pay minibuses)



and kit for  
next  
season  
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CREDITORS  
NET LIABILITIES

Balance sheet completed independently