

Company registration number: 07693256

Charity registration number: 1144232

The Deborah Ubee Trust Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Field Sullivan Limited
9 Hare & Billet Road
Blackheath
SE3 0RB

The Deborah Ubee Trust Ltd

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The Deborah Ubee Trust Ltd

Reference and Administrative Details

Chairman	K Nightingale
Trustees	A Clarke K Dev A Longley R McKeeverne K Nightingale N Reeves
Senior Management / Leadership Team	D Hubble A Johnston (from 28 June 2022)
Charity Registration Number	1144232
Company Registration Number	07693256
Registered Office	20 Egerton Drive London SE10 8JS
Independent Examiner	Field Sullivan Limited 9 Hare & Billet Road Blackheath SE3 0RB

The Deborah Ubee Trust Ltd

Trustees' Report

Chair's report:

The year 2022-2023 has been one of positive action and change for the DUT. Four new Trustees were appointed, with a range of relevant skills, including a Treasurer and they continue to meet bi monthly. The Charity also amended its Charitable objects to better reflect its core mission and services offered. Development of the services has been evident and particularly the children's services. The DUT passed its IIP bronze award and has been supported by the IIP assessor to develop some succession planning strategies. Fundraising has been successful this year generating new services and growth in the provision of one-to-one therapy supporting marginalised clients with their mental health.

Statement

The Trustees (who are also directors of the charity for the purposes of the Companies Act) present their annual report together with the financial statements of The Deborah Ubee Trust (the Charity) for the year ended 31 March 2024. The Trustees confirm that the Annual report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

STRUCTURE, GOVERNANCE AND MANAGEMENT - governing document:

The organisation is a charitable company limited by guarantee, incorporated on 5 July 2011, and registered as a charity on 11th October 2011. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

The Trust updated its charitable Objects with the Charity commission this year to the following:

The Charity's objects are the preservation and protection of mental health, and promoting better emotional wellbeing, by; A) Offering a professional and effective counselling service for all, irrespective of their ability to pay. B) Providing a holistic, therapeutic support service tailored to individual need, including specialist 1-2-1 trauma informed counselling, domestic and sexual violence specialist support, and engaging with neurodiverse adults and children. C) The provision and delivery of therapeutic workshops and groups -helping service users meet their own needs and to participate more fully in society. D) Working with other partners to meet the above objectives, to share and disseminate best practice, develop specialist knowledge, raise awareness of and the understanding of mental ill-health, and to reduce the stigma and taboo associated with seeking mental health support.

Recruitment and appointment of Trustees

Our trustees have a broad range of skills and experience and show a willingness to continue to develop their knowledge of the day-to-day business and practical work of the charity. All trustees are selected for their understanding of the ethos and the aims of the charity, giving their time voluntarily, without benefit.

Organisational structure and decision-making

The trustees meet regularly throughout the year to agree the strategic direction and policy of the charity. The day-to-day responsibility of running the charity rests with the Children's services director and the Director of Adult Services, although Trustees engage in the recruitment process and interviewing of directors and senior managers. They are responsible for ensuring that the charity delivers the services specified and that performance indicators are met. They are also responsible for developing skills and working practices in line with good practice.

The Deborah Ubee Trust Ltd

Trustees' Report

Risk management

Adopting the risk management model based on the Charity Commission document CC26 using the scoring system for impact, likelihood, and overall risk our Trustees looked closely at the effects, planning and budgeting accordingly:

The major risks identified are as follows: -

Reserves and funding of business:

The Trust is now engaged in seeking funds from new funding sources and exploring new partnership opportunities too. We are promoting the hire of our premises at weekends for wellbeing related practices and have secured bookings for the coming year.

Budgetary control and monitoring:

The Trust reconciles the bank accounts monthly and produces quarterly variance reports to put together accurate budgets and to oversee the allocation and spending of funds. Samuel Ijaopo our finance manager, oversees the day to day running of the finances.

Structure and succession planning:

We are collaborating with our consultant from Investors In People to plan our new organisational structure which will include a five-year succession plan for two key members of staff retiring.

Disaster recovery and planning:

We will continue to back up data and ensure that insurance is adequate.

Purposes and aims:

Our charity's objectives, as set out in the company's memorandum of association, are to promote the value of emotional health and wellbeing and offer therapeutic services to all irrespective of means to pay by: -

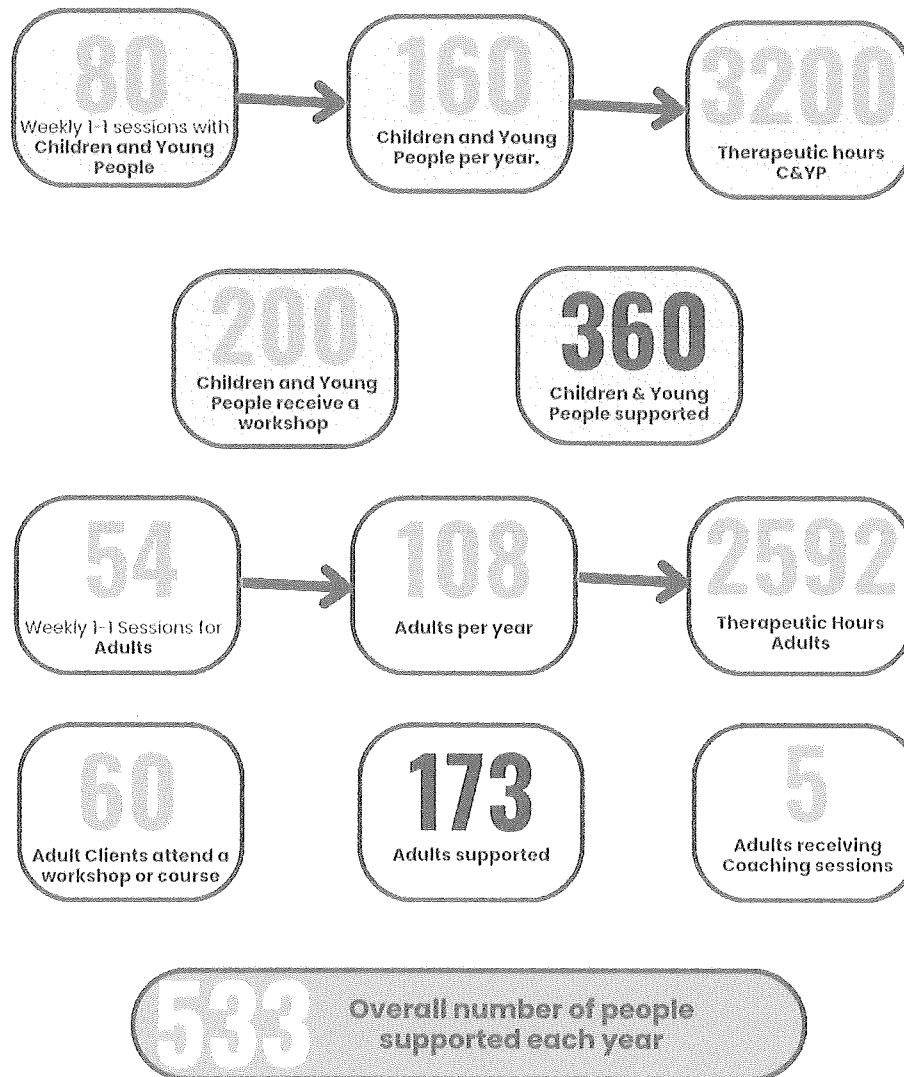
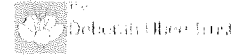
- Promoting emotional wellbeing and raising awareness on emotional health,
- Providing a range of therapeutic services to all,
- Providing support and training to placement counsellors,
- Promoting good practice around therapeutic interventions,
- Offering continuing professional development to practitioners.

The aims of our charity are to promote emotional health by providing counselling to those who are otherwise unable to access it, within the London boroughs of Greenwich Lewisham and Bexley. In addition to our 1:1 counselling service we provide access to a range of holistic therapies and group workshops. We aim to provide regular and varied Professional Development training to our practitioner team.

The Deborah Ubee Trust Ltd

Trustees' Report

This year DUT services provided the following:



Adult Service Summary

Demand for our service continues to grow and we are supporting more clients and evolving in new and exciting ways, led by feedback and conversations with our service users. This year was our biggest ever reach.

During this period, we worked with adults, offering individual, tailored support for up to 24 sessions per client. We were able to offer clients trauma informed therapy, psychodynamic therapy, person-centred therapy and dance and movement psychotherapy.

Additionally, clients accessed various workshops. We will be developing a new series of workshops in the coming year in response to our client feedback. These will improve mental health and wellbeing.

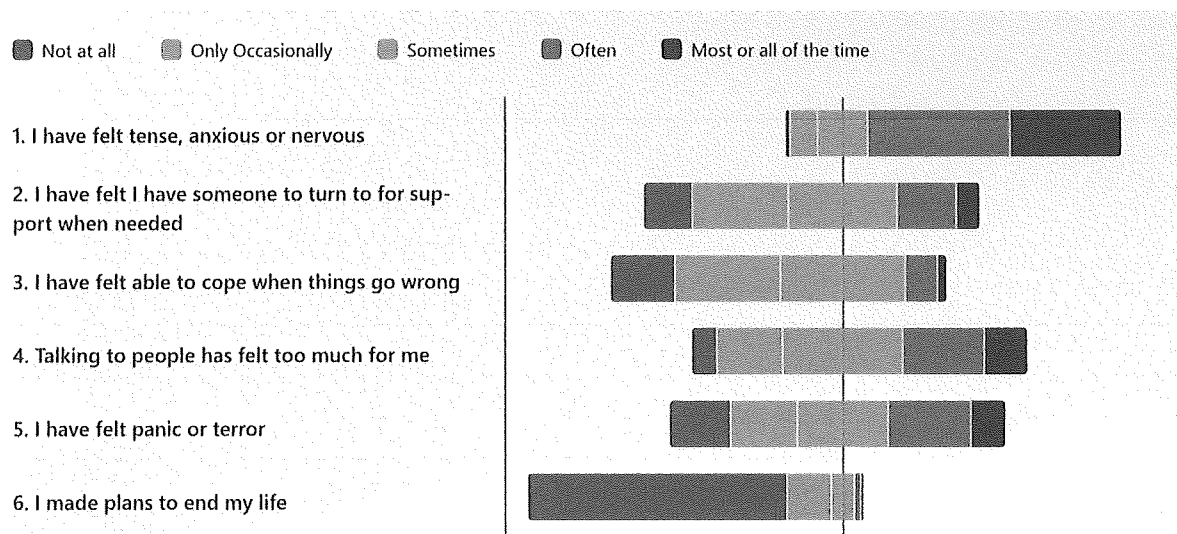
The Deborah Ubee Trust Ltd

Trustees' Report

We continue to work in partnership with other organisation's including the Her Centre, Signal and GDCA. We are regularly commissioned by Greenwich and Lewisham social care for individual client work.

The adult counselling service starts with a confidential assessment so that potential clients can be placed with the most appropriate therapist. Clients are provided with weekly counselling sessions with most clients receiving 24 weeks. Undertaken every 6-weeks, the client/counsellor review ensures that clients continue to receive the right support for their needs.

We ask our clients at the assessment stage to answer the following questions. Mostly, our clients feel tense, anxious, or nervous most of the time. We measure this during and at the end of their counselling with us, here we find a 100% improvement for clients who have completed a course of counselling with us.



Feedback from Adult one to one service:

"My counselling sessions with the Deborah Ubee Trust were hugely valuable to me. It meant that I had a safe space to go every week where I felt supported and acknowledged. My counsellor really enabled me to feel seen and listened to and was incredibly patient and insightful. I will always appreciate the invaluable support I have received through the Deborah Ubee Trust over the past 6 months. Not only have I been able to explore big topics, but I have also managed to implement some changes in my life which are already having a positive impact and I'm certain will continue to do so. Thank you so much, genuinely."

The Deborah Ubee Trust Ltd

Trustees' Report

*"The therapy I received from C*** was nothing short of life changing! When I signed up to receive help from the Deborah Ubee trust, I was completely at a loss with regulating my emotions, tracing their origin, working out how to work on myself. D*** matched me and C*** perfectly, from the first session I felt I could trust her and that I was heard. I had a traumatic experience with the NHS CAMHs services which put me off having therapy for years, alongside the price point of private therapy being completely out of reach for someone such as myself on a low income. I learned so much every week through my sessions with C***, who handled the work with care, a good ear and a great sense of humour which made me feel so at ease. I left my sessions each week feeling liberated and validated, and now I go about each day with the vocabulary and the assurance to look after myself and listen to myself and help to nurture my feelings. C*** not only taught me about the way that trauma and generational trauma has affected my life, but about different attachment styles and their influence. Also, upon realising that I was up for doing the work, and more psychologically minded, taught me some of the scientific side of how my mind was working. This was interesting, and I felt lucky to be paired with someone so passionate about what they do. I cannot thank The Deborah Ubee Trust enough for how they have helped me."*

"I feel incredibly lucky and grateful to have benefited from psychodynamic therapy at The Deborah Ubee Trust. This is because I have found it to be incredibly effective, and life-changing - and this positive effect is far greater than I ever thought it could be. Unfortunately, I came to The Deborah Ubee Trust at a time of feeling incredibly low. Because the Trust helped me to turn this situation around, and to be hugely more positive with myself and everyone I encounter in my life, I will never forget the experience and how positive it has been. Thank you for providing this life-changing experience."

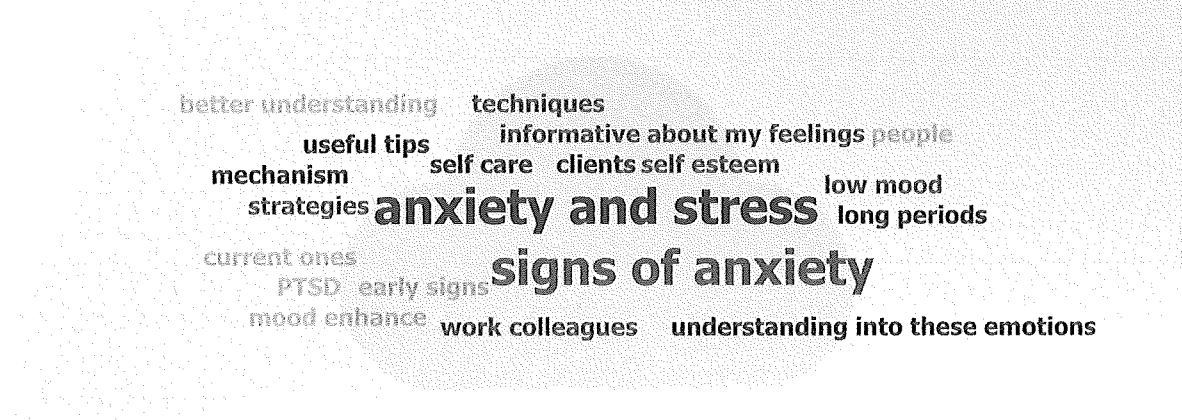
*"When I came to the Deborah Ubee Trust, I felt desperate and stuck, plagued by such distressing feelings and disturbing thoughts that I ran over and over in my head. I couldn't find a way to stop them or feel better - and I knew my terrible depression was unbearable not only for me but for my children and close friends. I found it hard to function and thought I might lose my job. I struggled to find any joy in life. The NHS had been unable to offer me any help. (Even though I'd been suicidal, it had taken the NHS a year to offer me counselling. But that was so bad and unhelpful that, although I was desperate, I'd quit after two sessions.) I didn't have enough money to see a counsellor privately. Then someone mentioned low-cost counselling at The Deborah Ubee Trust. I find it hard to describe what happened in the counselling room. Looking back, it almost feels like magic. I had felt so distressed, so sad, so broken but those weeks of being with K*** - talking openly and honestly, examining my thoughts and feelings, being (gently) challenged and developing an understanding of why I was feeling as I was - were so important to me. K*** gave me the support, the understanding, the warmth to move forward. She's a brilliant counsellor. I honestly do not know what I would have done without her."*

The Deborah Ubee Trust Ltd

Trustees' Report

Feedback from our workshops:

Please let us know if there is anything specific you would like from the workshop



"I would highly recommend this course to anyone, struggling with stress and anxiety."

"How informative and varied it was, covering many aspects in very interactive ways and yet always feeling safe."

"To deal (or at least give a start to dealing) with my fear of socialising within groups. I feel very proud of myself and know i will be able to go on with social life."

"Embrace my fight/flight response. To practise sharing and listening after a period of forced (extreme) isolation. To continue to consider if I'm truly soothing negative motivation and forgive "procrastination."

Under 18's Service Summary

All the children and young people accessing the trust receive a full in person assessment, complete YP-Core and outcome stars and complete an online intake form. This enables the trust to allocate these children and young people to the best suited therapist, we offer art psychotherapy, dance and movement therapy, play therapy and talking therapy, our therapists are all trained to work with ACE's (Adverse childhood experiences), have had specialised neurodiversity and domestic abuse training, and we work in a trauma informed way, including trauma informed sexual-violence therapeutic work.

Our purpose-built playroom includes an extensive range of therapeutic equipment, and our therapists use play and art materials to help the children work through their difficulties, for example: loss, grief, abuse, anxiety, attachment issues or school refusal. Play therapy is the most effective way to work with children who may find it challenging to express their feelings verbally. Through play, they can communicate without using words.

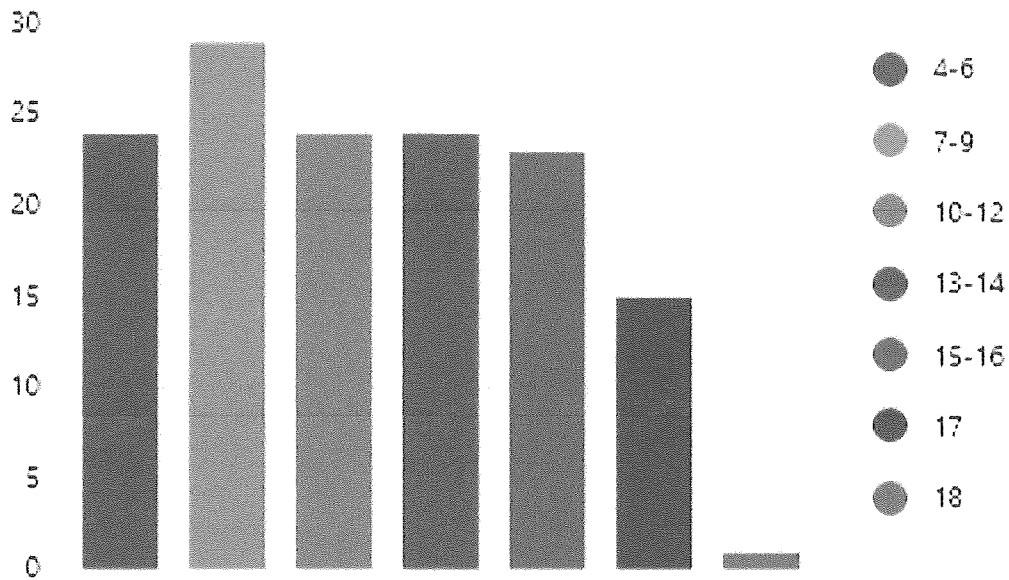
We have just designed and installed a multi-sensory room with purpose-built furniture and equipment to better support the children we see with specific sensory needs. Enabling better engagement with children who are not neurotypical.

We specialise in working with Domestic Abuse, Sexual Abuse and Neurodiversity.

The Deborah Ubee Trust Ltd

Trustees' Report

Age range of the children in the service



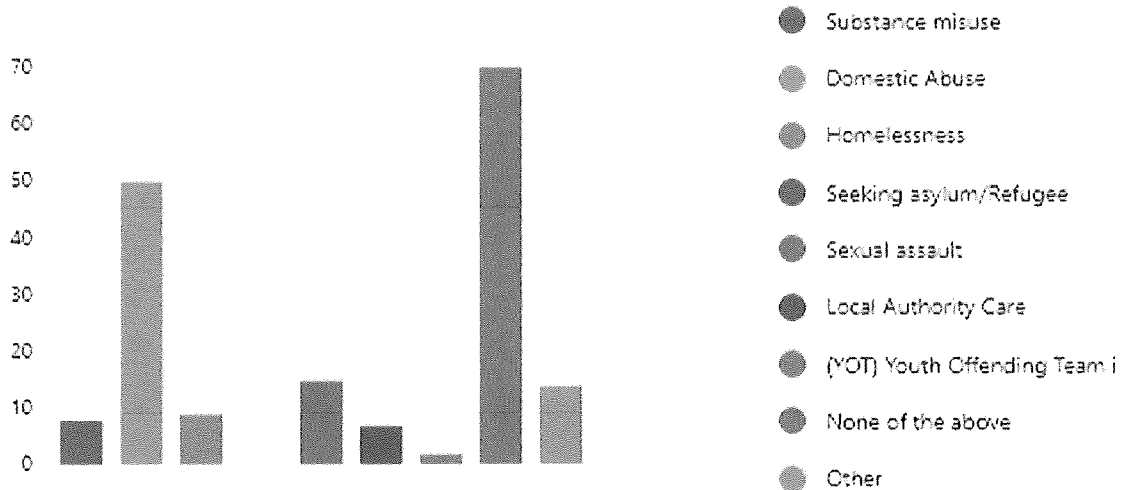
Gender of children and young people's service



The Deborah Ubee Trust Ltd

Trustees' Report

This graph indicates ACE's (Adverse Childhood Experiences) experienced by CYP in the last 5-years.



Others included: emotional abuse, parental separation, neurodiversity, bullying and challenging behaviours.

None of the above included: anxiety, loss, parental alienation, school refusal, anger, homelessness.

We have worked with:

185 children and young people in a 1-2-1 provision, including our commissioned work, partnership work and in-school provisions. This is now the largest CYP (Children and Young People) provision in DUT history to date.

Other work included:

Linton Mead commissioned us to provide 1-2-1 support for their children 1 day a week and trauma informed training to their staff.

Park View commissioned our debriefing service for their staff, and we provided one teaching group reflective practice to trial the service. Staff training and support to parents who are struggling with their child's mental health. We also delivered 1-2-1 therapy to children at the school.

Continued to work with domestic abuse partnership HER Centre- uptake/referral process this year saw 12 children/families.

Delivered 'worry workshops' in several Greenwich schools reaching 40 children supported with anxiety.

Designed and delivered workshops for Anxiety in Secondary schools reaching 40 young people.

Provided workshops on both anger and friendships seeing 60 children in a school setting.

Designed and developed a self-compassion and self-harm workshop for teens, this saw 20 children over a longer period, feedback for this was excellent.

Child Social Care commissioned DUT to work with 10 children over the period.

Early Years Alliance commissioned 10 therapy places this year.

Delivered CPD (Continued Professional Development) training for all clinical staff on Neurodiversity, working with difference in the therapy room, LGBTQIA+ training, group facilitation/presenting workshops,

Investors in people accreditation obtained.

The Deborah Ubee Trust Ltd

Trustees' Report

Future for under 18's

Deliver more of our workshops in local schools and expand our therapeutic provision across our boroughs.

Deliver our workshop for children diagnosed with ASD.

Design new CPD for our staff and volunteers.

Design and deliver trauma informed training with our partners and schools.

Feedback from this client Group:

"I really want to thank my therapist for her support, she allowed me the space and time to talk through the difficult life situations I was dealing with. She helped me to see that I am not my problem, and I can be whatever I want to be. Thanks to her and everyone for the support."

"Seeking help from the DUT is helpful for anyone who is upset or stressed; it is a fantastic way to relieve heavy burdens or just if you want to talk stuff through, staff are non-judgmental, kind, and easy to talk to."

"Counselling has really helped me to learn to cope with difficult events and situations. I have been able to sort through old memories I pushed aside for so long and learn more about why I act the way I do."

Feedback from our partners remains positive, our reputation is growing, and enquiries about our services are at an all-time high.

School feedback shows children are more engaged in class and anxiety has been reduced after intervention. Parents feedback indicated a marked improvement in behaviour after the intervention and interactions with friends and family are much more positive.

The way forward:

We know early intervention is key to support our children and young people, we work with the key focus on ***Intervention, Prevention, and Growth.***

It is better to prevent problems from occurring in the first place than to try to fix them after they have developed. This is because early intervention can reduce the impact of problems on children's learning, development, and wellbeing.

In the coming year we plan to expand the children service further, both in our centre and in our local school community.

We will design and deliver a new series of workshops for both children and parents to support emotional regulation and wellbeing in the families we support.

Special thanks to our funders who recognise the need for early intervention.

The Henry Smith Charity

The Hearn Foundation

Zurich Community Trust

The National Lottery.

The Deborah Ubee Trust Ltd

Trustees' Report

And our partners

The HER Centre

Signal

Early Years Alliance Lewisham

and of course, all our schools.

Principal Funding Sources:

The National Lottery

Zurich Community Trust

Henry Smith Foundation

The Hearn Foundation

With special thanks to:

Joan Sakas Quiz fundraiser, Linda Hughes Choir Fundraiser, Lily Ubee part fundraiser, Awards for All for our new sensory room, Great South run (Tina, Martin, and Lesley)

Anna who run the London Marathon for us. 6 wonderful tritons/parents who ran the London Landmarks half marathon, Leyla, Lauren, Martin, Isa, Kath, and Stephen

Sally Paxton

The Deborah Ubee Trust is extremely thankful to the Paxton family for choosing our children and young people' service as the beneficiary of the very generous donations given by their friends and relatives in memory of their cherished daughter, Sally.

A very generous donation from The Jessica Mathers Trust.

Plants from the Peabody Housing Association - Arthur Rayner and Sacha Byrne.

Public benefit

The trustees have had regard to Charity Commission guidance on public benefit.

Financial Review - Reserves policy

The trustees have decided that the charity requires that reserves are 3 to 6-months of expenditure.

The Deborah Ubee Trust Ltd

Trustees' Report

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	P Ubee (resigned 12 October 2023)
	M Simpson (resigned 12 October 2023)
	G Russell (resigned 10 July 2023)
	K Sinclair (resigned 21 July 2023)
	A Clarke (appointed 14 November 2023)
	K Dev
	A Longley (appointed 14 November 2023)
	R Mckeeverne (appointed 12 October 2023)
	K Nightingale
	N Reeves (appointed 12 October 2023)
Chairman:	K Nightingale
Senior Management / Leadership Team:	D Hubble
	A Johnston

Statement of trustees' responsibilities

The trustees (who are also the directors of The Deborah Ubee Trust Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

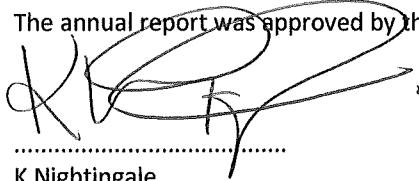
The Deborah Ubee Trust Ltd

Trustees' Report

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 31 August 2024 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'K Nightingale', written over a dotted line.

K Nightingale
Chairman and trustee

The Deborah Ubee Trust Ltd

Independent Examiner's Report to the trustees of The Deborah Ubee Trust Ltd ('the Company')

I report to the charity trustees (who are also Directors for the purpose of company law) on my examination of the accounts of the The Deborah Ubee Trust Ltd ('the charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet and related notes 16 to 31.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity's trustees of The Deborah Ubee Trust Ltd you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of The Deborah Ubee Trust Ltd are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since The Deborah Ubee Trust Ltd 's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Deborah Ubee Trust Ltd as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Deborah Ubee Trust Ltd

Independent Examiner's Report to the trustees of The Deborah Ubee Trust Ltd ('the Company')

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'Tim Sullivan', written over a dotted line.

Timothy Sullivan
ICAEW

9 Hare & Billet Road
Blackheath
SE3 ORB

16/10/2024

The Deborah Ubee Trust Ltd

Statement of Financial Activities for the Year Ended 31 March 2024
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2024 £	Unrestricted £	Restricted £	Total 2023 £
Income and Endowments from:							
Donations and legacies	3	83,833	174,250	258,083	63,871	173,735	237,606
Charitable activities	4	95,698	-	95,698	65,298	-	65,298
Other trading activities	5	17,665	-	17,665	5,464	-	5,464
Investment income	6	1,918	-	1,918	57	-	57
Other income		167	-	167	50	-	50
Total income		199,281	174,250	373,531	134,740	173,735	308,475
Expenditure on:							
Charitable activities	8	(119,055)	(196,536)	(315,591)	(133,473)	(135,683)	(269,156)
Total expenditure		(119,055)	(196,536)	(315,591)	(133,473)	(135,683)	(269,156)
Net income/(expenditure)		80,226	(22,286)	57,940	1,267	38,052	39,319
Transfers between funds		20,500	(20,500)	-	1,368	(1,368)	-
Net movement in funds		100,726	(42,786)	57,940	2,635	36,684	39,319
Reconciliation of funds							
Total funds brought forward		791,820	108,351	900,171	789,185	71,667	860,852
Total funds carried forward	18	892,546	65,565	958,111	791,820	108,351	900,171

The notes on pages 19 to 31 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd

**Statement of Financial Activities for the Year Ended 31 March 2024
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

The funds breakdown for 2023 is shown in note 18.

All of the charity's activities derive from continuing operations during the above two periods.

The notes on pages 19 to 31 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd
(Registration number: 07693256)
Balance Sheet as at 31 March 2024

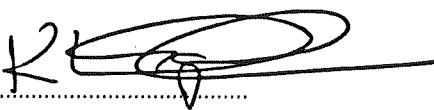
	Note	2024 £	2023 £
Fixed assets			
Tangible assets	14	764,454	774,446
Current assets			
Debtors	15	16,775	36,247
Cash at bank and in hand	16	<u>182,469</u>	<u>102,201</u>
		199,244	138,448
Creditors: Amounts falling due within one year	17	<u>(5,587)</u>	<u>(12,723)</u>
Net current assets		<u>193,657</u>	<u>125,725</u>
Net assets		<u><u>958,111</u></u>	<u><u>900,171</u></u>
Funds of the charity:			
Restricted income funds			
Restricted funds		65,565	108,351
Unrestricted income funds			
Unrestricted funds		<u>892,546</u>	<u>791,820</u>
Total funds	18	<u><u>958,111</u></u>	<u><u>900,171</u></u>

For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 16 to 31 were approved by the trustees, and authorised for issue on 31 August 2024 and signed on their behalf by:



 K Nightingale
 Chairman and trustee

15/10/2024

The notes on pages 19 to 31 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Charity status

The charity is limited by guarantee, incorporated in , and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

20 Egerton Drive

London

SE10 8JS

These financial statements were authorised for issue by the trustees on 31 August 2024.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102) - Second edition October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

The Deborah Ubee Trust Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the periods in which the estimate is revised where revisions affects only that period, or in the period of the revision and future periods where the revisions affects both current and future periods.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold Property	1% Straight line
Property Improvements	1% Straight line
Computer Equipment	25% Straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Donations and legacies;				
Donations from individuals	83,833	-	83,833	63,871
Grants, including capital grants;				
The Kelly Family Trust	-	-	-	5,000
Mrs Smith & Mount Trust	-	5,000	5,000	5,000
Greenwich Charities (Community Innovation Grants)	-	-	-	5,000
The Henry Smith Charity	-	60,000	60,000	30,000
Zurich Community Trust	-	40,000	40,000	30,000
Her Centre	-	10,500	10,500	25,000
The Hearn Foundation	-	12,500	12,500	-
The Sensory Award	-	16,050	16,050	-
The National Lottery Community Fund	-	30,200	30,200	73,735
	<u>83,833</u>	<u>174,250</u>	<u>258,083</u>	<u>237,606</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

4 Income from charitable activities

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Fee and service agreement income	70,357	70,357	44,079
Rental income	25,341	25,341	21,219
	<u>95,698</u>	<u>95,698</u>	<u>65,298</u>

5 Income from other trading activities

	Unrestricted funds General £	Total funds £	Total 2023 £
Fundraising	17,665	17,665	5,464
	<u>17,665</u>	<u>17,665</u>	<u>5,464</u>

6 Investment income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Interest receivable and similar income;			
Interest receivable on bank deposits	1,918	1,918	57
	<u>1,918</u>	<u>1,918</u>	<u>57</u>

7 Other income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Fees and supplies	167	167	50
	<u>167</u>	<u>167</u>	<u>50</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

8 Expenditure on charitable activities

	Note	Total 2024 £	Total 2023 £
Supervision and running costs		28,415	20,811
Insurance		1,493	1,404
Fundraising		1,400	700
Staff training		2,884	3,287
Premises		20,756	14,894
Service charges		6,376	21,433
Printing, postage and stationery		3,486	3,549
Trade subscriptions		499	641
Sundries		3,309	2,821
Staff costs	11	231,790	184,407
Support costs	9	15,183	15,209
		<u>315,591</u>	<u>269,156</u>

In addition to the expenditure analysed above, there are also governance costs of £15,183 (2023 - £15,209) which relate directly to charitable activities. See note 9 for further details.

9 Analysis of support costs

Support costs

	Total 2024 £	Total 2023 £
Professional	216	346
Depreciation	9,991	9,991
Computer software and maintenance	2,624	2,592
Independent examination	2,352	2,280
	<u>15,183</u>	<u>15,209</u>

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

11 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	216,324	171,032
Social security costs	8,544	7,498
Pension costs	6,922	5,877
	<u>231,790</u>	<u>184,407</u>

Included within staff costs are £62,970 (2022 - £58,261) of sessional staff costs.

The average number of persons (including senior management / leadership team) employed by the charity during the year was as follows:

	2024 No	2023 No
Employees	<u>3</u>	<u>3</u>

Contributions to the employee pension schemes for the year totalled £6,922 (2023 - £5,877).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £58,103 (2023 - £57,217).

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Related party transactions

There were no related party transactions in the year.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

14 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2023	545,042	13,882	318,904	877,828
At 31 March 2024	545,042	13,882	318,904	877,828
Depreciation				
At 1 April 2023	59,950	10,204	33,228	103,382
Charge for the year	5,450	1,353	3,189	9,992
At 31 March 2024	65,400	11,557	36,417	113,374
Net book value				
At 31 March 2024	479,642	2,325	282,487	764,454
At 31 March 2023	485,092	3,678	285,676	774,446

The Leasehold Property is held on a 999 year lease from 2005.

Included within the net book value of land and buildings above is £Nil (2023 - £Nil) in respect of freehold land and buildings and £479,642 (2023 - £485,092) in respect of leaseholds.

15 Debtors

	2024 £	2023 £
Trade debtors	11,716	31,711
Prepayments	2,596	2,176
Accrued income	2,463	2,360
	16,775	36,247

16 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	182,469	102,201

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

17 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	3,235	2,043
Accruals	2,352	2,280
Deferred income	-	8,400
	<u>5,587</u>	<u>12,723</u>

18 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
General Funds	21,889	199,281	(109,064)	20,500	132,606
<i>Designated</i>					
Fixed Asset Fund	<u>769,931</u>	<u>-</u>	<u>(9,991)</u>	<u>-</u>	<u>759,940</u>
Total unrestricted funds	<u>791,820</u>	<u>199,281</u>	<u>(119,055)</u>	<u>20,500</u>	<u>892,546</u>
Restricted funds					
Her Centre	65,426	10,500	(45,426)	(20,500)	10,000
Prevent, Protect and Repair	5,107	-	(5,107)	-	-
National Lottery	21,768	30,200	(41,426)	-	10,542
Mrs Smith & Mount Trust	-	5,000	(5,000)	-	-
Greenwich Charities (Community Innovation Grants)	2,053	-	(2,053)	-	-
The Henry Smith Charity	797	60,000	(60,797)	-	-
Zurich Community Trust	13,200	40,000	(16,546)	-	36,654
The Hearn Foundation	-	12,500	(12,500)	-	-
Sensory Room	<u>-</u>	<u>16,050</u>	<u>(7,681)</u>	<u>-</u>	<u>8,369</u>
	<u>108,351</u>	<u>174,250</u>	<u>(196,536)</u>	<u>(20,500)</u>	<u>65,565</u>
Total funds	<u><u>900,171</u></u>	<u><u>373,531</u></u>	<u><u>(315,591)</u></u>	<u><u>-</u></u>	<u><u>958,111</u></u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General Funds	9,263	134,740	(123,482)	1,368	21,889
<i>Designated</i>					
Fixed Asset Fund	<u>779,922</u>	<u>-</u>	<u>(9,991)</u>	<u>-</u>	<u>769,931</u>
Total unrestricted funds	<u>789,185</u>	<u>134,740</u>	<u>(133,473)</u>	<u>1,368</u>	<u>791,820</u>
Restricted funds					
Her Centre	54,740	25,000	(14,314)	-	65,426
Prevent, Protect and Repair	15,559	-	(10,452)	-	5,107
Park View	1,368	-	-	(1,368)	-
National Lottery	-	73,735	(51,967)	-	21,768
Kelly Family	-	5,000	(5,000)	-	-
Mrs Smith & Mount Trust	-	5,000	(5,000)	-	-
Greenwich Charities (Community Innovation Grants)	-	5,000	(2,947)	-	2,053
The Henry Smith Charity	-	30,000	(29,203)	-	797
Zurich Community Trust	<u>-</u>	<u>30,000</u>	<u>(16,800)</u>	<u>-</u>	<u>13,200</u>
	<u>71,667</u>	<u>173,735</u>	<u>(135,683)</u>	<u>(1,368)</u>	<u>108,351</u>
Total funds	<u>860,852</u>	<u>308,475</u>	<u>(269,156)</u>	<u>-</u>	<u>900,171</u>

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Notes to the Financial Statements for the Year Ended 31 March 2024

The specific purposes for which the funds are to be applied are as follows:

Designated Funds - Fixed Asset Fund

The investment in the building and equipment is considered to be not easily realisable and therefore should not be included within the General reserve. A Fixed Assets reserve has been established that matches the net book value of assets.

Restricted Funds - Big Lottery

This fund has been established to recognise the funding received from the Big Lottery Fund. This award has helped the Trust to expand our services and to help reach those in the community who need support around emotional help, through a combination of one-to-one therapy and group work.

Restricted Funds - Her Centre

We receive 2 types of funding from the Her Centre:-

- work commissioned by Greenwich Council to ourselves and the Her Centre in partnership. This is for individual therapy for clients under the age of 18 who have been affected by domestic abuse.
- individual therapy sessions commissioned by the Her Centre with adult women who have been affected by domestic abuse.

Restricted Funds - Prevent, Protect, Repair

The PPR funding is for work commissioned by the Home Office in partnership with Lewisham Council, The Early Years Alliance and Athena. This project focuses on the effect of Domestic Abuse on Children in Lewisham, and the first year was a pilot project based in two specific areas of the borough; Evelyn and Bellingham. The aim is to offer education and support to professionals working with children and group work with families. The DUT's role is to offer 20 sessions of individual therapy to 12 under 18s a year.

Restricted Funds - Walk and Talk

This fund was granted by CCSF to pioneer Walk and Talk therapy for the Charity's beneficiaries.

Restricted Funds - Signal

This fund represents amounts received from Signal, a Charity based in Lewisham, London, for work with parents of children on the autism spectrum.

Restricted Funds - National Lottery

This fund has been granted by the National Lottery and is to be used for the Preventing Crisis, Promoting Wellbeing project.

Restricted Funds - Kelly Family

To deliver an intensive family centred Parent Child Attachment Programme for up to 30 families.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

Restricted Funds - Mrs Smith & Mount Trust

Towards the early therapeutic intervention support to adults and children to prevent them from going into crisis, to help them live well in the community.

Restricted Funds - Greenwich Charities (Community Innovation Grants)

Grant made towards understanding anxiety and stress workshops.

Restricted Funds - The Henry Smith Charity

To support people with mental health issues in Greenwich and Lewisham

Restricted Funds - Zurich Community Trust

To be spent on the salary for the Young People's Director, the clinical supervision of the volunteer counselling team, the professional development training of the staff volunteer team and a contribution to the increased running costs of the centre.

19 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2024 £
Tangible fixed assets	764,454	-	764,454
Current assets	133,679	65,565	199,244
Current liabilities	(5,587)	-	(5,587)
Total net assets	<u>892,546</u>	<u>65,565</u>	<u>958,111</u>
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2023 £
Tangible fixed assets	774,446	-	774,446
Current assets	30,097	108,351	138,448
Current liabilities	(12,723)	-	(12,723)
Total net assets	<u>791,820</u>	<u>108,351</u>	<u>900,171</u>