

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

CONTENTS

	Page
Reference and administrative details of the Charity, its Trustees and advisers	1
Trustees' report	2 - 11
Independent examiner's report	12
Statement of financial activities	13
Balance sheet	14
Notes to the financial statements	15 - 26

THE DEBORAH UBEE TRUST LTD
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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022**

Trustees

P Ubee, Chair
M Simpson, Secretary
D Pincott (resigned 9 March 2022)
K Nightingale
G Russell
K Sinclair

Company registered number

07693256

Charity registered number

1144232

Registered office

20 Egerton Drive
London
SE10 8JS

Senior management team

D Hubble
R Staden

Independent Examiner

MHA MacIntyre Hudson
Chartered Accountants
910 The Crescent
Colchester Business Park
Colchester
Essex
CO4 9YQ

Bankers

The Co-operative Bank Plc
PO Box 250
Delf House
Southway
Skelmersdale
WN8 6WT

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their annual report together with the financial statements of the Trust for the year 1 April 2021 to 31 March 2022. The Annual Report serves the purposes of both a Trustees' report and a Directors' report under company law. The Trustees confirm that the Annual Report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

Since the Trust qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 5 July 2011 and registered as a Charity on 11th October 2011. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of Trustees

Our trustees have a broad range of skills and experience and show a willingness to continue to develop their knowledge of the day-to-day business and practical work of the charity. All trustees are selected for their understanding of the ethos and the aims of the charity, giving their time voluntarily, without benefit.

Organisational structure and decision-making

The trustees meet several times a year to agree strategic direction and policy of the charity. The day-to-day responsibility of running the charity rests with the two directors, although Trustees are involved in the recruitment process and interviewing of directors and senior managers. The directors are responsible for ensuring that the charity delivers the services specified and performance indicators are met. They are also responsible for developing skills and working practices in line with good practice.

Risk management

Our trustees continue to focus on the ongoing impacts from coronavirus, particularly as this year has seen much disruption to our services as clients, team members and private hirers have been forced to take time off. Adopting the risk management model based on the Charity Commission document CC26 using the scoring system for impact, likelihood and overall risk, our Trustees looked closely at the effects, planning and budgeting accordingly:

The major risks identified are as follows: -

- **Dependency on income sources from room hire:** One of the income streams that supports DUT is private room hire. The pandemic resulted in the loss of income from room hire as private practitioners relocated online during the first lockdown. We had anticipated a slow return to face-to-face practice from our centre as private practitioners had indicated that their current clients would remain online with new clients, that is those beginning after July 2021 as the second lockdown was phased out, being seen at our centre. This proved inaccurate as the effect on private practice from a continuing pandemic, a further lockdown in November 2021, and a surge in Covid cases through into 2022 dictated that it remained online for much longer. Furthermore, our centre's scheduled reopening for April 2021 was delayed until September 2021 as we finally underwent significant repairs and redecoration following the water damage from a substantial ingress affecting our main entrance and Reception area. Consequently, private room rental didn't begin again until the autumn of 2021, and was minimal.
- **Reserves and funding of business:** Various fundraising streams and contracts will end during this fiscal year, and alongside the reduction to the usual, steady stream of income from private hire, as explained above, the

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Trust recognises that new funding sources is paramount to the continuation of its services. The Trust is now engaged in seeking funds from new funding sources and exploring new partnership opportunities too. We are promoting the hire of our premises at weekends for wellbeing related practises and have secured bookings for the coming year.

- **Government policy:** A move away from Covid restrictions in February 2022 will allow us to increase the footfall throughout the centre, reopen our smaller counselling spaces and allow group practices, that is team meetings and supervision, and to plan again for group therapies. Some clients and staff are still wary about close contact and have expressed their lack of confidence in meeting now that restrictions are lifted. We have issued a notice stating that we will implement additional covid-safety measures when requested by individuals to do so. We continue to monitor the effectiveness of our practises.
- **Health and safety:** Recognised as one of our foremost concerns we continue to prioritise Health and Safety in keeping with Government advice to remain open to deliver services for our clientele and to keep all users safe. In view of the face-to-face nature of our services, we apply strict measures to ensure counselling and therapies spaces are hygienic and adequately ventilated. At this point, in answer to client anxieties, we will continue to implement the increased frequency of cleaning to high-use areas despite the lifting of Covid restrictions.
- **Budgetary control and monitoring:** The Trust reconciles the bank accounts monthly and produces quarterly variance reports to put together accurate budgets and to oversee the allocation and spending of funds. The Trust is pleased to welcome Samuel Ijaopo as its new finance manager, in post since autumn 2021.
- **Structure and succession planning:** With advanced notice, Rosie Staden has reported to the Trustees that she will retire from her post as director of young people's services in summer 2022. The Trustees have considered the Trust's management structure and the hours allocated to providing services expertly and efficiently and will begin the recruitment process to find the next director for the service. Trustees will regularly review the staffing structure to ensure that it is adequately funded and fit for purpose.
- **Disaster recovery and planning:** We will continue to back up data and ensure that insurance is adequate.

Purposes and aims

Our Charity's purpose and objective, as set out in the company's Memorandum of Association, is to promote the value of emotional health and wellbeing and offer therapeutic services to all irrespective of means to pay by: -

- Promoting emotional wellbeing and raising awareness on emotional health
- Providing a range of therapeutic services to all
- Providing support and training to placement counsellors
- Promoting good practice around therapeutic interventions
- Offering continuing professional development to practitioners

The aims of our charity are to promote emotional health by providing counselling to those who are otherwise unable to access it, within the London boroughs of Greenwich and Lewisham. We also aim to provide training in counselling and access to a range of holistic therapies.

ACTIVITIES AND ACHIEVEMENTS

Below is the summary of the changes made as a result of Covid. The Directors passion and dedication have made it possible to continue to deliver this much needed service in the disparate and difficult period for many.

Adaptation due to Covid: -

- Closed centre in March 2020.
- Furloughed Centre manager and Play therapists.
- Operations Manager was on maternity leave.

THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

- Operations manager was made redundant in November.
- Started working online with adults and young people over 14.
- Trained counselling team in 'walk and talk' therapy.
- Constant revision of budget to reflect possible dates for re-opening, differing levels of take up by private rental with the Her Centre who commission us to offer therapy to these clients.

Financial impact of Covid: -

- Removal our second biggest source of income which was the room rental by private therapists.
- Prevented us from hosting a planned fundraiser at the Greenwich yacht Club in April 2020
- Prevented all the usual fundraising events throughout the year (marathon, big half etc) which usually generate funds.

Principal Funding Sources: -

- £150,000 for five years funding from The National Lottery starting October 2021.
- £15,000 from Greenwich council for partnership work with Her Centre working with children affected by domestic abuse.
- £19,000 for partnership work with the Early Years Alliance/Lewisham Council working with children affected by domestic abuse.
- £10,000 for working with adults referred by the Her Centre.

Under 18s Service

The Children and Young People service: -

All Children and young people referred to the Trust receive an individual assessment followed by a tailored plan of evidenced-based support which includes talking therapy, play therapy and dance and movement therapy. A purpose-built play therapy room is available where qualified counsellors use play and art materials to help young people deal with issues including abuse, anxiety, attachment issues, loss and bereavement.

TDUT work closely with local schools to support vulnerable children and aims to reduce stigma and promote awareness of mental health and wellbeing through attending school assemblies and talks at external Organisations.

DUT Under 18s Service 2021-22: -

- We have worked with a total of 81 clients (young people offered up to 24 sessions and some for up to a year) during the year, including PPR clients, Her clients and students at partnership schools.
- Continued outdoor therapy work at the Forest school until end of 2021. Potential to restart this as had very good feedback from parents but we need more funding. We will look to develop this next year.
- Re-opened DUT to a small number of clients in June 2021. In September 2021 most clients moved back into this space.
- Continued face to face work with Prevent Protect Repair clients at The Clyde Children's centre. Re-opened the room at Bellingham Gateway youth centre. We no longer have the use of the Clyde (from April 2022).
- Continued online work with teenagers (some did not want this or were unable to access it so still waiting to resume face to face). Has reduced to a very small number of clients – nearly all now accessing face to face service.
- Started working at Parkview Academy in Welling – have a contract to supply weekly therapy for 5 children plus support for teaching staff.
- Domestic abuse clients in Greenwich in partnership with Her Centre– this program is behind due to lack of referrals, but we continue to work with them.
- Recruited 2 new volunteer counsellors to work with adolescents.
- Took on 2 Dance and Movement therapy students from Goldsmiths.

THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Future for Under 18 service: -

- We have nearly completed all the commissioned and partnership work with Lewisham but will be part of any new bids that they place for future domestic abuse work.
- We will make up the backlog of the work funded by the Royal Borough of Greenwich in partnership with the Her Centre.
- Mandy Johnston to take over the running of the service and depending on funding will continue to expand the Children and Young Peoples service.
- We will be delivering a range of workshops to help young people recover from anxiety and stress.

Feedback from this client group:

"I have been struggling with my own life and looking after a child as well has been a lot and clearly impacted on my son. I really needed some help as I could see he was very unhappy. The Deborah Ubee Trust offered my son play therapy and he absolutely loved it. I don't know what happened in their sessions but I knew he was safe and the problems we had been having started to change. For the first time in 8 years we both slept all night in separate rooms and no wet beds! And that was just one change! Thank you all so much"

"My son was offered therapy sessions at The Deborah Ubee Trust due to the effects of Domestic Violence. He was initially very quiet & shy. He bottled up his feelings, had bouts of anger and self harmed. He had no confidence and felt as if his thoughts, feelings and opinions didn't matter because he was a child. TDUT went above and beyond with their help, and addressed every problem/concern & worry he had. The weekly sessions gave him an outlet to talk privately and openly without prejudice or judgement and he quickly began to look forward to his appointment every week. The time he spent in therapy has helped him tremendously. He is now extremely confident, he is happier, more open & talkative and he can express himself without anger or frustration. I am so grateful to TDUT for their kindness, patience, help, advice and support and for helping my son through a very difficult and confusing time in his life."

"I am so very thankful for this service it helped my son incredibly to be able to open up and speak freely with no pressure from anybody, I highly recommend this service to everyone who has a child that keeps their feelings bottled up."

Adult service

Covid has sharpened everyone's awareness of their own mental health struggles: according to a report by Mind last November, over a third of Britons say they don't have the support or tools to deal with the ups and downs of life. Ten million people will need support for their mental health as a result of the pandemic, according to the Centre for Mental Health. Demand has long outstripped supply in all sectors but especially in the charity sector.

We have developed a partnership with Centre 70, where we see non clinical staff for each other. I.e. we can refer staff for counselling and they refer staff to the DUT, we offer a free confidential service and so far this is going well.

We have been overwhelmed with referrals to all our services and we had to close the waiting list for the adult services during this period.

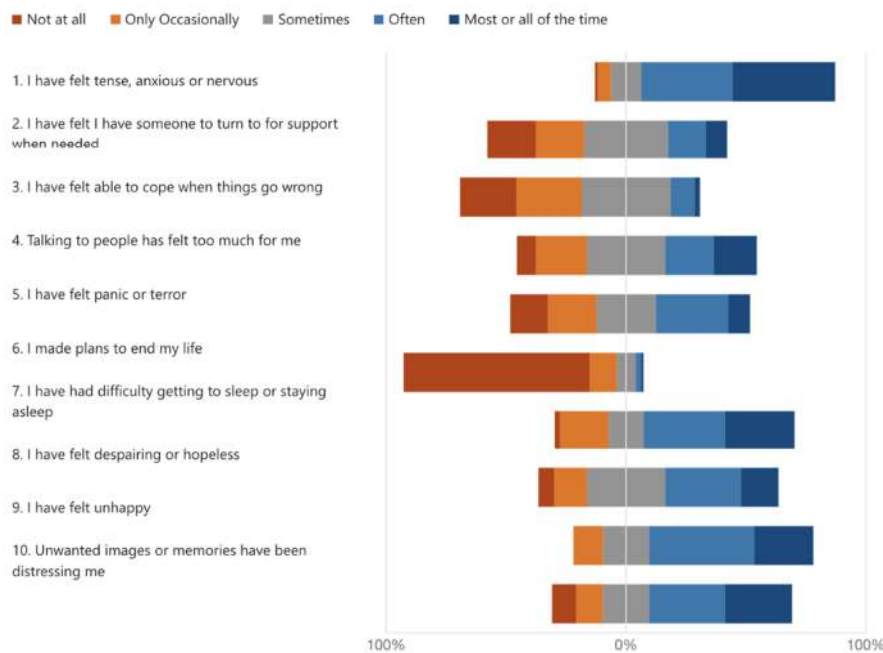
During the period 1st April 2021 to 31st March 2022, we worked with 89 Adults offering individual counselling for up to 24 sessions each. The adult counselling service starts with a confidential assessment so that everyone can be placed with the most appropriate therapist. Clients are provided with weekly counselling sessions with most clients receiving 24 weeks. Six-weekly reviews ensure clients continue to receive the right support for their needs.

We ask our clients at the assessment stage to answer the following questions, you can see that most of our clients feel tense, anxious, or nervous most of the time. We measure this during and at the end of Counselling with us and we find a 100% improvement for clients who complete a course of counselling with us.

THE DEBORAH UBEE TRUST LTD
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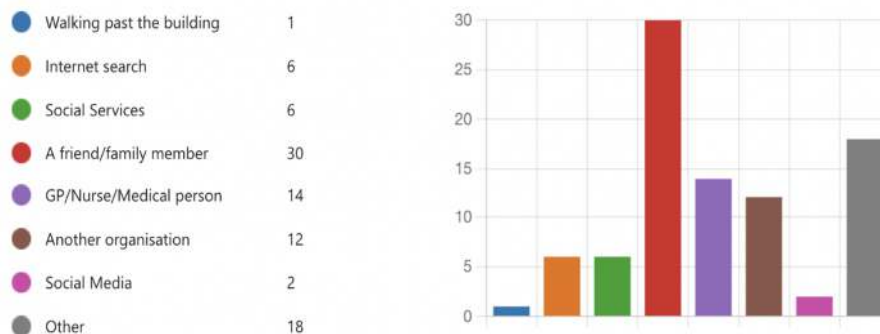
TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

5. This form has 10 statements about how you have been over the last week. Please read each statement and think how often you felt that way last week. Then tick the box which is closest to this.



We ask our client how they heard of us, with a majority stating from a friend or family member. We are proud of the fact that individuals have received so much benefit and improvement in their life that they want to suggest to others that they might also benefit from our service. We notice that whilst the work is for individuals the impact on family members in a positive way is noticeable, therefore improving lives to the wider community. We also note that the local NHS service Time to Talk is again this year one of our biggest referring agencies.

6. I found out about The Deborah Ubee Trust from



THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Most of our clients are Female, with an increasing number of Males post Covid coming to us for support.

8. My gender is

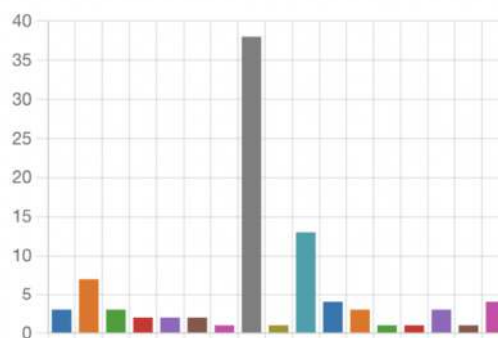
Male	14
Female	75
Transgender	0
Prefer not to say	0
Other	0



The ethnicity of the clients during this period was as follows:

9. Please enter your ethnicity

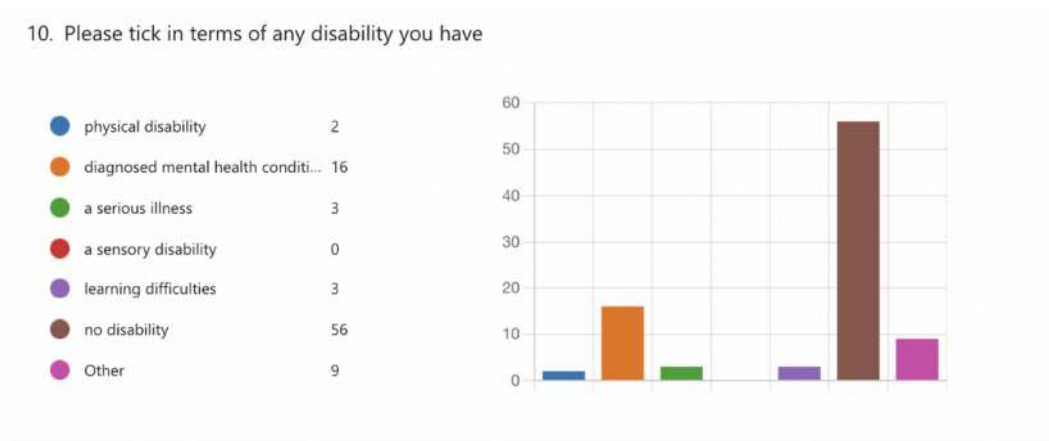
Black (Caribbean)	3
Black (African)	7
Other Black British	3
Asian/Asian British (Indian)	2
Asian/Asian British (Pakistani)	2
Asian/ Asian British (Bangladeshi)	2
Asian/Asian British (Other)	1
White (British)	38
White (Irish)	1
White (Other)	13
Mixed (Black Caribbean/White)	4
Mixed (Black African/White)	3
Mixed (Asian/White)	1
Mixed (Other)	1
Other Ethnic Groups (Chinese)	3
Other Ethnic Groups (Vietnamese)	1
Other Ethnic Groups (Other)	4



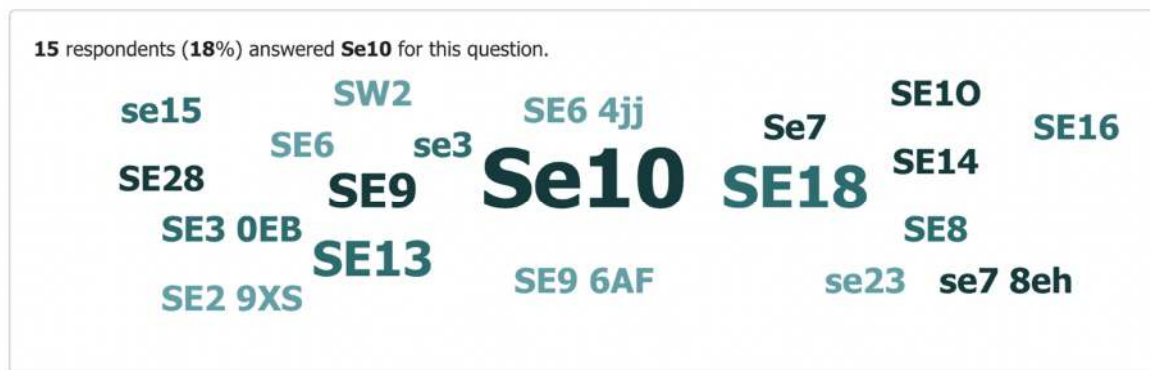
THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

We ask our clients if they have a disability, and we accommodate them as necessary:



Most of our clients live or work within the London borough of Lewisham and the Royal borough of Greenwich, with SE10, SE18 and SE13 being the most popular postcodes:



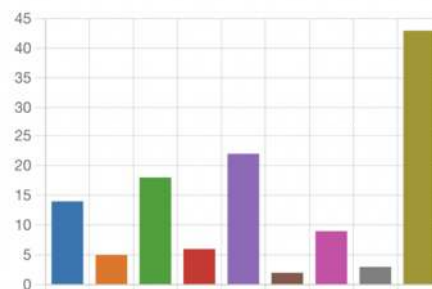
THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Most of the clients that use our service are unemployed; as we measure our work with them, improvements are made by clients gaining employment, training, or volunteering thus improving their lives and their mental health.

12. In the last 5 years I have had experience of

● Substance misuse	14
● Criminal Justice System	5
● Domestic Abuse	18
● Homelessness	6
● Unemployed for over 1 year	22
● Seeking asylum/Refugee	2
● Sexual assault	9
● Local Authority Care	3
● None of the above	43



We also measure clients at the beginning of their sessions and at the end of their sessions using CORE: Clinical Outcome in Routine Evaluation. The questionnaire is designed to measure four dimensions, subjective well-being, Problems / Symptoms, Life functioning and Risk / harm. Here is an example of a recently ended client.

Stage	Wellbeing	Problems	Functioning	Risk	total
F	11	27	31	3	72
L	3	10	7	0	20

The high scores at the beginning (F) show the client was at risk of harm to self, her functioning was very high meaning her depression meant she was experiencing isolation and lack of engagement with life. She was experiencing many problems and her well-being was high, meaning she wasn't taking care of herself. At the end of her sessions (L) there was no risk and all her other dimensions well very much improved. This is a typical outcome and demonstrates how we improve lives. This particular client marked in her feedback form:

5. We would like to ask you some specific questions about the counselling you received. Please tick the number that best represents your view or feelings. with 1 being very poor and 5 being very good.

All things considered; how would you rate your emotional well- being **before** you started counselling?

1 2 3 4 5
☐ ☒ ☐ ☐ ☐

6. All things considered; how would you rate your emotional well- being at the **end** of your counselling sessions?. with 1 being much worse and 5 being much better?

1 2 3 4 5
☐ ☐ ☐ ☐ ☒

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(A company limited by guarantee and registered charity)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Testimonials

"When I started my first few sessions, it wasn't what I was expecting at all so much so I thought that maybe I would have to find a new therapist because I thought the method being used would be useless for me. But when continuing to go to the sessions and working through what I was going through, I could see and feel an immense change. I felt like I was in a safe place that I had never been able to find before and where there was pent up anger and emotions, I was able to express them in that space. It was hugely beneficial to me and my mental state and my mental growth and it also made me feel stronger within myself and my own power. I feel that if it wasn't for these sessions, I wouldn't have had the determination to approach other self help methods or organisations. I've had to come to terms with things I thought never affected me but were obviously very present and instead of being in denial, I was able to face them. So I am very grateful for these services not only because of the consistency but for its accessibility. The fact that these services are affordable tells me that mental health is a priority and should be a priority so I am very grateful for the services as they've allowed me to put my mental health first regardless of income."

"My personal experience of using The Deborah Ubee Trust to continue on a path of self learning, counselling through past harmful experiences and understanding how they affect me has been both positive and rewarding. I was lucky to be able to start a course of Person Centred Counselling relatively soon after I approached them for help. Being able to pay a low, means tested price per session meant that I could get the help I needed at the right time. The assessment process led me to get the right type of counselling with a great match of counsellor with whom I was able to form a strong bond with, so I felt safe and able to delve deep into talking and exploring my emotions. I was able to discuss and continue having sessions as I needed them, which also allowed me to feel safe within the process and work further through my problems."

"I really recommend that all in need of help seek some sort of therapy to help in time's of need. It really does help a lot."

"My experience with my counsellor at Deborah Ubee has been exceptional. I have found strength, clarity and huge help emotionally. My initial reason for seeking help was managed with wisdom and immaculate self care for myself."

"The Trust helped me to think clearly and not blame myself for feeling so insecure and lacking confidence. I am very grateful and I now feel I can build a new life for myself."

"I felt my needs were taken into consideration and my therapist was always very enthusiastic and optimistic, and provided a wealth of resources and techniques I could use to manage my mental health condition. I am dealing with varied issues and my therapist was also very patient/attentive and I was able to express myself freely."

"When I came to Deborah Ubee I felt I was in an unmanageable situation and I felt I was on the edge of a cliff about to fall off. Attending Deborah Ubee has allowed me to talk about very difficult and private issues that I couldn't discuss with anyone else. I know I can discuss those issues with other people, I feel safe and resilient and I feel I have developed ways of thinking and behaviour that now make my life easier and happier."

"I'd thought about seeking counselling for a long time, and I couldn't have chosen a better service than DUT. From the offset it was the safest space, and any fears I had about the process diminished from the first session. The growth that I've experienced from the sessions have not only significantly improved my mental wellbeing and general quality of life, but have had a really positive impact on those around me too such as loved ones and friends. If you're thinking you may need some help, I would definitely recommend DUT, I promise it will be the best decision you ever make."

"Highly recommend these services, I was in a bad way before I started coming here and now I've come along way with their help and support."

THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

"Thank you, the trust has been able to give me the resilience I needed and a place to discuss openly. I couldn't not recognise the organisation more highly."

"DUT literally saved my life"

Public benefit

The Trustees have had regard to the Charity Commission guidance on public benefit when planning current and future activities. All activities have been undertaken to fulfil the purpose of the Charity as per its Memorandum of Association and for the furtherance of public benefit.

FINANCIAL REVIEW

Reserves policy

At the year end the Charity held total reserves of £860,852 (2021 - £886,099). This is comprised of designated funds of £779,922 (2021 - £783,770), unrestricted general funds of £9,263 (2021 - £8,045) and restricted funds of £71,667 (2021 - £94,284). More detail of the purpose of each particular fund can be found in Note 11 in these accounts.

The Trustees are committed to generating sufficient reserves to support the current activities of the charity considering any uncertainty in the levels of income received. They seek to maintain reserves at a level of between three to six months of expenditure, approximately between £60,000 to £120,000 based on budgeted spend of £250,000 for the year 2022/2023.

Small companies' exemption note

In preparing this report, the Directors have taken advantage of the small companies' exemptions provided by section 415A of the Companies Act 2006.

Approved by order of the members of the board of Trustees and signed on their behalf by:


.....
P Ubee

Chair

Date: 29-9-22

THE DEBORAH UBEE TRUST LTD
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**INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2022**

Independent examiner's report to the Trustees of The Deborah Ubee Trust Ltd ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Dated: 1st November 2022

Cara Miller ACCA

MHA MacIntyre Hudson, 910 The Crescent, Colchester Business Park, Colchester, Essex, CO4 9YQ

THE DEBORAH UBEE TRUST LTD
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**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from					
Donations and grants	3	62,188	28,065	90,253	149,061
Room hire income		4,916	-	4,916	-
Fundraising income		7,494	-	7,494	9,683
Fee and service agreement income		11,610	78,088	89,698	65,803
Bank interest received		19	-	19	101
Total income		86,227	106,153	192,380	224,648
Expenditure on:					
Charitable activities:					
Staff costs and training	4	51,922	107,107	159,029	129,480
Office costs	5	18,714	1,208	19,922	17,021
Supervision and running costs		3,814	17,885	21,699	17,617
Fundraising expenses		530	-	530	155
Depreciation	8	9,012	-	9,012	8,596
Independent examination fee		3,744	-	3,744	3,672
Professional fees		1,121	2,570	3,691	3,718
Total expenditure		88,857	128,770	217,627	180,259
Net movement in funds		(2,630)	(22,617)	(25,247)	44,389
Reconciliation of funds:					
Total funds brought forward		791,815	94,284	886,099	841,710
Net movement in funds		(2,630)	(22,617)	(25,247)	44,389
Total funds carried forward		789,185	71,667	860,852	886,099

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 15 - 26 form part of these financial statements.

All income and expenditure derive from continuing activities.

In 2021, of the total income of £224,648, £173,564 was allocated to Restricted funds and £51,084 was to Unrestricted funds. Of the total expenditure of £180,259, £128,624 was from Restricted funds and £51,635 was from Unrestricted funds.

THE DEBORAH UBEE TRUST LTD
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REGISTERED NUMBER: 07693256

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	8	779,922	783,770
Current assets			
Debtors	9	53,102	21,322
Cash at bank and in hand		40,904	96,589
		<u>94,006</u>	<u>117,911</u>
Creditors: amounts falling due within one year	10	(13,076)	(15,582)
Net current assets		<u>80,930</u>	<u>102,329</u>
Total net assets		<u><u>860,852</u></u>	<u><u>886,099</u></u>
Charity funds			
Restricted funds	11	71,667	94,284
Unrestricted funds	11	789,185	791,815
Total funds		<u><u>860,852</u></u>	<u><u>886,099</u></u>

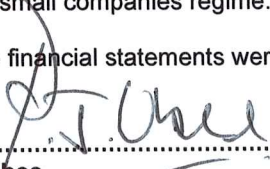
The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:


.....
P Ubee
Chair
Date: 29-9-22.

The notes on pages 15 to 26 form part of these financial statements.

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. General information

The Deborah Ubee Trust Ltd is a private charitable company limited by guarantee and is registered with the Charity Commission (Charity Registered Number 1144232) and Registrar of Companies (Company Registered Number 07693256) in England and Wales.

The address of the registered office is given in the Trust information on page 1 of these financial statements. The nature of the Trust's operations and principal activities are to promote the value of emotional health and well being and offer therapeutic services to all irrespective of means to pay.

In the event of the Trust being wound up, the liability in respect of the guarantee is limited to £10 per member of the Trust.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Deborah Ubee Trust Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared in sterling which is the functional currency of the Trust and are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years unless otherwise stated.

2.2 Going concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the Trust to be able to continue as a going concern.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.4 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Short-term employee benefits to which the employees are entitled, including termination benefits, are recognised at the undiscounted amount expected to be paid in exchange for that service or as per the termination agreement.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Leasehold property	- 1% of cost
Property improvements	- 1% of cost
Computer equipment	- 25% of cost

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.11 Financial instruments

The Charity only holds basic Financial Instruments. The financial assets and financial liabilities of the Charity are as follows:

Debtors – trade and other debtors are basic financial instruments and are debt instruments measured at amortised cost as detailed in Note 9. Prepayments are not financial instruments.

Cash at bank – is classified as a basic financial instrument and is measured at face value.

Liabilities – trade creditors, accruals and other creditors will be classified as financial instruments, and are measured at amortised cost as detailed in Note 10. Taxation and social security are not included in the financial instruments disclosure.

2.12 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

2. Accounting policies (continued)

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Donations and grants

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations	51,274	-	51,274
Job Retention Scheme	10,914	-	10,914
Grants	-	28,065	28,065
	<u>62,188</u>	<u>28,065</u>	<u>90,253</u>

During the year, unrestricted funding of £10,914 was received from the Job Retention Scheme (2021: 3,886).

	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Donations	18,511	-	18,511
Job Retention Scheme	3,886	-	3,886
Grants	-	126,664	126,664
	<u>22,397</u>	<u>126,664</u>	<u>149,061</u>

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

4. Staff costs and training

	2022 £	2021 £
Staff costs (Note 6)	159,029	129,080
Training and other costs	-	400
	159,029	129,480

5. Office costs

	2022 £	2021 £
Subscriptions	414	608
Premises Costs	9,105	7,279
Service Charges	4,625	3,890
Computer and Equipment Costs	2,661	3,456
Sundry Expenses	1,032	585
Postage, Printing and Stationery	877	56
Insurance	1,208	1,147
	19,922	17,021

6. Staff costs

	2022 £	2021 £
Wages and salaries	149,022	119,929
Social security costs	5,490	4,676
Contribution to defined contribution pension schemes	4,517	4,475
	159,029	129,080

Included within staff costs are £58,261 (2021 - £28,200) of Sessional staff costs.

During the year, no termination payments were made to employees (2021 - £2,908).

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

6. Staff costs (continued)

The average number of persons employed by the Charity during the year was as follows:

	2022	<i>2021</i>
	No.	<i>No.</i>
Employees	3	<i>4</i>

No employee received remuneration amounting to more than £60,000 in either year.

Key Management Personnel are the Trustees and the Senior Management Team as noted on page 1. The total amount of employee benefits, including employers national insurance contributions and employers pension contributions, received by Key Management Personnel was £65,903 (2021 - £64,028).

7. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 March 2022, no Trustee expenses have been incurred (2021 - £NIL).

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

8. Tangible fixed assets

	Leasehold property £	Property Improve- ments £	Computer equipment £	Total £
Cost or valuation				
At 1 April 2021	545,042	314,634	8,474	868,150
Additions	-	3,647	1,517	5,164
At 31 March 2022	<u>545,042</u>	<u>318,281</u>	<u>9,991</u>	<u>873,314</u>
Depreciation				
At 1 April 2021	49,050	26,856	8,474	84,380
Charge for the year	5,450	3,183	379	9,012
At 31 March 2022	<u>54,500</u>	<u>30,039</u>	<u>8,853</u>	<u>93,392</u>
Net book value				
At 31 March 2022	<u>490,542</u>	<u>288,242</u>	<u>1,138</u>	<u>779,922</u>
At 31 March 2021	<u>495,992</u>	<u>287,778</u>	<u>-</u>	<u>783,770</u>

The Leasehold Property is held on a 999 year lease from 2005.

9. Debtors

	2022 £	2021 £
Due within one year		
Trade debtors	48,476	20,141
Prepayments and accrued income	4,626	1,181
	<u>53,102</u>	<u>21,322</u>

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

10. Creditors: Amounts falling due within one year

	2022	<i>2021</i>
	£	£
Trade creditors	1,590	3,340
Other taxation and social security	2,393	3,221
Other creditors	349	349
Accruals and deferred income	8,744	8,672
	<hr/> 13,076 <hr/>	<hr/> 15,582 <hr/>

Deferred income of £5,000 has been recognised at the year-end (2021 - £5,000), in relation to fee income invoiced in advance of the following financial year. During the year, income of £5,000 (2021 - £5,000) was deferred, and £5,000 was released (2021 - £Nil).

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

11. Statement of funds

Statement of funds - current year

Designated Funds - Fixed Asset Fund

The investment in the building and equipment is considered to be not easily realisable and therefore should not be included within the General reserve. A Fixed Assets reserve has been established that matches the net book value of assets.

Restricted Funds - Big Lottery

This fund has been established to recognise the funding received from the Big Lottery Fund. This award has helped the Trust to expand our services and to help reach those in the community who need support around emotional help, through a combination of one-to-one therapy and group work.

Restricted Funds - Her Centre

We receive 2 types of funding from the Her Centre:-

- work commissioned by Greenwich Council to ourselves and the Her Centre in partnership. This is for individual therapy for clients under the age of 18 who have been affected by domestic abuse.
- individual therapy sessions commissioned by the Her Centre with adult women who have been affected by domestic abuse.

Restricted Funds - Prevent, Protect, Repair

The PPR funding is for work commissioned by the Home Office in partnership with Lewisham Council, The Early Years Alliance and Athena. This project focuses on the effect of Domestic Abuse on Children in Lewisham, and the first year was a pilot project based in two specific areas of the borough; Evelyn and Bellingham. The aim is to offer education and support to professionals working with children and group work with families. The DUT's role is to offer 20 sessions of individual therapy to 12 under 18s a year.

Restricted Funds - Walk and Talk

This fund was granted by CCSF to pioneer Walk and Talk therapy for the Charity's beneficiaries.

Restricted Funds - Signal

This fund represents amounts received from Signal, a Charity based in Lewisham, London, for work with parents of children on the autism spectrum.

National Lottery

This fund has been granted by the National Lottery and is to be used for the Preventing Crisis, Promoting Wellbeing project.

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

11. Statement of funds (continued)

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Unrestricted funds					
Designated funds					
Fixed Asset Fund	783,770	-	(9,012)	5,164	779,922
General funds					
General Fund	8,045	86,227	(79,845)	(5,164)	9,263
Total Unrestricted funds	791,815	86,227	(88,857)	-	789,185
Restricted funds					
Big Lottery	32,358	-	(32,358)	-	-
Her Centre	39,726	45,520	(30,506)	-	54,740
Prevent, Protect and Repair	12,850	31,200	(28,491)	-	15,559
Walk and Talk	500	-	(500)	-	-
Signal	8,850	-	(8,850)	-	-
Park View	-	1,368	-	-	1,368
National Lottery	-	28,065	(28,065)	-	-
	94,284	106,153	(128,770)	-	71,667
Total of funds	886,099	192,380	(217,627)	-	860,852

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

11. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2021 £</i>
Unrestricted funds				
Designated funds				
Fixed Asset Fund	792,366	-	(8,596)	783,770
General funds				
General Fund	-	51,084	(43,039)	8,045
Total Unrestricted funds	792,366	-	(51,635)	791,815
Restricted funds				
Big Lottery	10,548	111,664	(89,854)	32,358
Her Centre	23,586	30,000	(13,860)	39,726
Prevent, Protect and Repair	15,210	5,400	(7,760)	12,850
Walk and Talk	-	15,000	(14,500)	500
Signal	-	11,500	(2,650)	8,850
	49,344	173,564	(128,624)	94,284
Total of funds	841,710	173,564	(180,259)	886,099

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

12. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	779,922	-	779,922
Current assets	17,339	76,667	94,006
Creditors due within one year	(8,076)	(5,000)	(13,076)
Total	789,185	71,667	860,852

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Tangible fixed assets	783,770	-	783,770
Current assets	23,577	94,334	117,911
Creditors due within one year	(15,532)	(50)	(15,582)
Total	791,815	94,284	886,099

13. Pension commitments

The Trust operates a defined contribution pension plan for its employees. The amount recognised as an expense in the period was £4,517 (2021 - £4,475).

14. Related party transactions

There were no related party transactions in either period.

