

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2021**

Trustees	P Ubee, Chair M Simpson, Secretary D Pincott K Nightingale G Russell K Sinclair
Company registered number	07693256
Charity registered number	1144232
Registered office	20 Egerton Drive London SE10 8JS
Senior management team	D Hubble R Staden
Independent Examiner	MHA MacIntyre Hudson Chartered Accountants Boundary House 4 County Place Chelmsford Essex CM2 0RE
Bankers	The Co-operative Bank Plc PO Box 250 Delf House Southway Skelmersdale WN8 6WT

THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the financial statements of the Trust for the year 1 April 2020 to 31 March 2021. The Annual Report serves the purposes of both a Trustees' report and a Directors' report under company law. The Trustees confirm that the Annual Report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

Since the Trust qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 5 July 2011 and registered as a Charity on 11th October 2011. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of Trustees

The Trustees reflect a mixture of skills and experience. They are selected for their understanding and sympathy with the aims and objectives of the Charity, combined with a willingness to offer time and expertise to support it.

Organisational structure and decision-making

The Trustees meet several times a year to agree the strategic direction and policy of the charity. The day-to-day responsibility of running the Charity rests with the Directors. They are responsible for ensuring that the Charity delivers the services specified and performance indicators are met. They are also responsible for developing skills and working practices in line with good practice.

Risk management

The Trustees have conducted a review of the major risks to which the charity is exposed and have produced a system of procedures to manage these risks.

Due to the outbreak of the coronavirus pandemic, the risks have changed significantly, and the Trustees have reflected this in their approach to planning and budgeting for the year ahead.

The major risks identified are as follows: -

- **Dependency on income sources:** This risk has increased due to the pandemic, which has caused us to continue to close our centre, thus preventing us from gaining an income from renting out space to private practitioners. It is not possible to predict how long this will continue. Originally hoping to re-open in September 2020, this was not possible due to 2 further lockdowns. This, combined with the need to apply social distancing requirements, means that we are unlikely to be able to use all our available rooms for some time. In addition, a substantial ingress of water into the Trusts reception area has caused considerable damage and also needs to be repaired. The freehold of the block was sold through auction during lockdown and the new management company are responsible to review the root cause and put in place measures to prevent a similar incident in the future. There is also uncertainty around how many of our current rental clients will wish to return. This situation continues to impact our previous fallback position, where we would look to increase our rental income as a mitigant. To manage this risk, we are currently trying to gauge demand for room rental from July 2021 as well as evaluating our services mix to be flexible as Coronavirus continues to be present.

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- Government policy: This will have a significant impact over the next few months as measures have been introduced. We will continue to monitor and abide by the advice given.
- Health and safety: Due to the coronavirus pandemic, this has become a primary source of risk. We are introducing new measures and policies to protect staff, volunteers, and clients as much as possible. This involves understanding and adhering to the current guidelines and providing safety equipment.
- Budgetary control: We reconcile the bank account monthly and produce quarterly variance reports. This helps us to produce accurate budgets.
- Capacity: We already had little spare space to allocate to sessions if we wish to expand our service. This will be exacerbated by the new social distancing measures. We can however continue to offer an online service to some clients, which mitigates some of this risk.
- Disaster recovery and planning: We will continue to back up data and ensure that insurance is adequate.

Purposes and aims

Our Charity's purpose and objective, as set out in the company's Memorandum of Association, is to promote the value of emotional health and wellbeing and offer therapeutic services to all irrespective of means to pay by: -

- Promoting emotional wellbeing and raising awareness on emotional health
- Providing a range of therapeutic services to all
- Providing a range of holistic treatments
- Providing support and training to placement counsellors
- Promoting good practice around therapeutic interventions
- Offering continuing professional development to practitioners

The aims of our Charity are to promote emotional health by providing counselling to those who are otherwise unable to access it, within the London boroughs of Greenwich, Lewisham, Bexley, Bromley, Lambeth, Southwark, Newham and Tower Hamlets. We also aim to provide training in counselling and access to a range of holistic therapies.

ACTIVITIES AND ACHIEVEMENTS

Below is the summary of the changes made as a result of Covid. The Directors passion and dedication have made it possible to continue to deliver this much needed service in the disparate and difficult period for many.

Adaptation due to Covid: -

- Closed centre in March 2020.
- Furloughed Centre manager and Play therapist.
- Operations Manager was on maternity leave.
- Operations manager was made redundant in November.
- Started working online with adults and young people over 14.
- Trained counselling team in 'walk and talk' therapy.
- Constant revision of budget to reflect possible dates for re-opening, differing levels of take up by private rental with the Her Centre who commission us to offer therapy to these clients.

Financial impact of Covid: -

- Removal our second biggest source of income which was the room rental by private therapists.
- Prevented us from hosting a planned fundraiser at the Greenwich yacht Club in April 2020.
- Prevented all the usual fundraising events throughout the year (marathon, big half etc) which usually

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generate funds.

- We changed our client payment system from an invoicing system based on attendance at the centre to a weekly donation system. This required less manpower as we did not try to enforce payment. We found that most clients were voluntarily making a regular weekly donation and this source of income remained as before.

Principal Funding Sources: -

- £111,664 from Big Lottery last year of funding.
- £15,000 from Greenwich council for partnership work with Her Centre working with children affected by domestic abuse.
- £5,400 for partnership work with Lewisham Council and the Early Years Alliance working with children affected by domestic abuse.
- £10,000 for working with adults referred by the Her Centre.
- £15,000 CCSF grant for piloting 'walk and talk' therapy.
- £11,500 from SIGNAL for work with parents of children with autism.
- £3,000 donation from Capital International.
- Over £15,000 from lockdown donations from clients.
- Lily Ubee raised over £2,000 for walking from London to Brighton.
- Anna Schluep raised over £1,000 for running the London Marathon although the event was cancelled due to Covid.

Under 18s Service

Impact on Young People: -

- Younger clients (under 14s) were left with no therapy option, however Rosie Staden contacted parents regularly during first lockdown. Some have since been offered outdoor therapy but the waiting list for this age group has remained closed.
- Restarted face to face work with Prevent Protect Repair clients at The Clyde Children's centre. This then had to be interrupted again in January for the second lockdown but has since resumed. We are now ending with many of the first cohort of clients who started at the end of 2019 – most of them had the original offer of 20 sessions extended to 30.
- Online work with teenagers (some did not want this or were unable to access it so still waiting to resume face to face)
- It was decided not to offer online therapy to the younger age group due to concerns about their safety in accessing it and the difficulties in ensuring privacy and confidentiality.
- 2 groups were running in March for young people experiencing anxiety – they both had to stop because of Covid. Due to the issues of confidentiality, it was not felt appropriate to offer this online.
- Interrupted the work done with domestic abuse clients in Greenwich – this program is very far behind due to lack of referrals.
- We started to offer outdoor sessions in the East Greenwich Forest School in March. We will have 7 sessions a week there from April 2021.

Future for Under 18 service

- We have been given another years' funding (for 2020) for the PPR work and will see another 15 clients this year. The Early Years Alliance and Lewisham Council have requested that we continue in partnership with them and have applied for another year's funding for 2021.
- We will make up the backlog of the work funded by Greenwich council once they have forwarded the referrals to us.
- We will form a partnership with the Forest School to apply for funding to continue with that project.
- The biggest focus will be on re-opening the centre so that we can expand the service back to what it was and re-open our waiting list for the under 14 clients. The future also needs to address the concern of our directors for the lack of support for their respective charitable areas, both administratively and with overall management

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of the charity and the running of the clinical service. The intention in the forthcoming financial year, subject to income, is to appointment two part time managers to support the charities respective directors in finance and fundraising roles.

Adult service

Impact of the pandemic and how we have responded to it

Since the start of the Covid lockdown we have taken the adult counselling service online having first trained the staff appropriately and using an ethical contract with our clients.

About a third of our clients have been unable to access the online service due to not having the necessary technology or the internet, or a confidential space. As a result, we were successful with our CCSF fund, and we have developed a Walk and Talk service which is now being fully evaluated. This enabled us to fully train our team in offering outdoor therapy. We offer ten sessions to clients and the benefits have been more than we ever expected. The evaluation will be completed by May 2021 and will include testimonials from clients and case studies from counsellors.

Partnerships and commissioned pieces of work for the Adult Service

- We continue to work in partnership with the Her Centre, offering specialist one to one therapy with women who have experienced domestic violence and coercive control. The work usually involves working with post-traumatic stress disorder and enables women to overcome fear and anxiety. Denise Hubble attended online debates with women for the HER centre which enabled individuals to share stories and learn from each other. The therapists who work in this service have received additional training to work with trauma and sexual violence.

- We started a new contract with the charity Signal to offer parents whose children are on the autistic spectrum, with some parents being autistic themselves. We were able to offer them online sessions or Walk and Talk sessions, this one off piece of work was so successful that Signal are currently fundraising to extend the project and to offer it to wider family members including the children.

- Social services continue to commission us for individual pieces of work offering clients twenty sessions of one-to-one counselling for a variety of reasons including supporting women to have their children returned to them from care.

- Despite the Covid restrictions the Adult Service still managed to see clients as you can see from the numbers and demographics shown below: -

Last year 03/20 to 03/21 we saw 131 new clients in the adult service, with most of these receiving 24 sessions of 121 counselling.

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120 Females 9 Male

Black African	10
Black Caribbean	11
Mixed	11
Black UK	9
Indian	2
Mixed Asian	8
WH / European	13
Irish	3
WH/ Other	6
WH/ UK	58

Plans for the future

- We will continue to raise funds so that we can increase the numbers of clients we are able to see. We will keep all 3 services to help meet the needs of our clients. Walk & Talk, face to face and online.

- We will continue to deliver workshops online for clients who are looking for practical ways to improve their mental health post the lockdown. We also run a workshop for the Her Centre on well-being and self-care.

"Navigating our lives post-pandemic can be daunting and it's ok to be scared or change our minds about how we feel. It is ok to ask for help and support, as coming out of lockdown is an individual journey for everyone. There should not be any pressure to return to socialising immediately and taking the time to make sure we feel comfortable is essential - for those who are able to as not everyone has the luxury of choice." Clare Cox, counsellor at DUT.

Testimonials

"I wanted to take the opportunity to once again thank you for your help and support. I cannot speak highly enough of the Deborah Ubee trust, your help really was a timely lifeline. I am truly grateful for the help and support I received from Catherine, from our initial meeting I felt that I was valued and supported and that I was listened too and given the confidence to be open and involved in the process. From the start it was clear that Catherine had the perfect mix of strong counselling skills, superb insight, and a truly supportive approach, whilst being able to challenge me in a way that was understandable and relatable. We quickly developed a natural rapport which gave me the confidence to be open and engaged in the process, Catherine made me feel comfortable throughout and made it easy to explore issues which I otherwise may have been reluctant to."

Feedback from the Signal project:

Richard gave me tools and helped me understand myself in a way no councillor has ever done in the past. He gave me space to speak freely and understand myself by reflecting and looking at situations as how my younger self would see it. This helped me immensely.

The Deborah Ubee trust is an amazing place. I have hugely benefited from having a safe place to explore my thoughts and feelings.

I attended 10 weekly sessions, which seemed 20 because of the intensity, openness, and honesty of the conversations. I felt listened and respected and I had the opportunity to be asked questions about myself, which I could answer sometimes during the session, other times on the next one. Overall, it truly helped me keep my sanity in a very critical time of my life.

I was so impressed with my counsellor and how she brought out all the issues that was bothering me and previous issues that I had not addressed. Thank you for the opportunities.

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Thank you to Claire who made me see things so differently. I will implement those simple tips you gave me. It has been since last year a very difficult time for me and my family and I'm grateful to have had the opportunity to attend those sessions. Many thanks.

I was so grateful that DUT was able to accommodate my very busy schedule. Having this platform enable me to manage my emotions and reflect on my past to deal with situations more clearly by putting my life in order and looking at things in a different perspective.

I was very grateful to receive a course of therapy from DUT. The walk and talk format really suited me and helped me make some steps towards positive changes in my life.

I feel so grateful to have had this service. My counsellor was really empathetic and understanding and the sessions helped me to work through some long-standing challenges and develop coping strategies.

I found my experience extremely helpful during a particularly difficult time. My therapist was warm, and I felt listened to. I was able to explore my feelings without judgement and gain better understanding of myself as well as find practical methods to deal with my emotions.

I accessed "Walk and Talk" counselling, which was brilliant. It helped me at a very difficult and stressful time of my life and gave me much needed "breathing space": a protected time to reflect, to discuss what was on my mind and to get valuable support. My counsellor was fantastic; we had great rapport and I felt safe and was able to always open up to them. Walking in the park enabled us to hold socially distanced sessions in a safe manner during the COVID pandemic, which was just what I needed. I would highly recommend this to everyone."

What a transformational year I have had with a therapist who made me feel for once I have power in my own voice and my own thoughts. I felt truly listened to, truly empowered to feel like what I feel is valid, and truly seen by someone. I will forever be grateful to Deborah Ubee trust for being there for me when the time was right for me. Deborah Ubee trust has changed my life and played a monumental part in my growth, health, and wellbeing... everyone needs to experience the warmth from as soon as u walk in the door to the power you feel walking out.

Current funding bids:

Big Lottery - Awaiting feedback.
CCSF – Successful.

Public benefit

The Trustees have had regard to the Charity Commission guidance on public benefit when planning current and future activities. All activities have been undertaken to fulfil the purpose of the Charity as per its Memorandum of Association and for the furtherance of public benefit.

FINANCIAL REVIEW

Reserves policy

At the year end the Charity held total reserves of £886,099 (2020 - £841,710). This is comprised of designated funds of £783,770 (2020 - £792,366), unrestricted general funds of £8,045 (2020 - £Nil) and restricted funds of £94,284 (2020 - £49,344). More detail of the purpose of each particular fund can be found in Note 11 in these accounts.

The trustees have decided that the charity requires reserves to be held of 3 to 6 months of expenditure. It is difficult to budget accurately for next year because of the uncertainty associated with return to normal service and demand by private practitioners. However, assuming the centre re-opens in September 2021 and that capacity is two-thirds of that prior to closure (due to social distancing and safety measures,) budgeted

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FOR THE YEAR ENDED 31 MARCH 2021

expenditure for the next financial year is forecast at £141,913; with this expenditure, our required reserves would be estimated at £35,479.

Small companies' exemption note

In preparing this report, the Directors have taken advantage of the small companies' exemptions provided by section 415A of the Companies Act 2006.

Approved by order of the members of the board of Trustees and signed on their behalf by:

.....
P Ubee

Date:

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INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2021

Independent examiner's report to the Trustees of The Deborah Ubee Trust Ltd ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2021.

Responsibilities and basis of report

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Dated:

Cara Miller ACCA

MHA MacIntyre Hudson, Boundary House, 4 County Place, Chelmsford, Essex, CM2 0RE

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**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from					
Donations and grants	3	22,397	126,664	149,061	122,845
Room hire income		-	-	-	81,108
Fundraising income		9,683	-	9,683	6,371
Fee and service agreement income		18,903	46,900	65,803	66,021
Bank interest received		101	-	101	-
Total income		51,084	173,564	224,648	276,345
Expenditure on:					
Charitable activities:					
Staff costs and training	4	21,294	108,186	129,480	207,013
Office costs	5	12,280	4,741	17,021	25,109
Supervision and running costs		1,920	15,697	17,617	27,091
Fundraising expenses		155	-	155	930
Depreciation	8	8,596	-	8,596	10,166
Independent examination fee		3,672	-	3,672	3,672
Professional fees		3,718	-	3,718	1,219
Total expenditure		51,635	128,624	180,259	275,200
Net movement in funds		(551)	44,940	44,389	1,145
Reconciliation of funds:					
Total funds brought forward		792,366	49,344	841,710	840,565
Net movement in funds		(551)	44,940	44,389	1,145
Total funds carried forward		791,815	94,284	886,099	841,710

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 12 - 23 form part of these financial statements.

All income and expenditure derive from continuing activities.

In 2020, of the total income of £276,345, £156,971 was allocated to Restricted funds and £119,374 was to Unrestricted funds. Of the total expenditure of £275,200, £117,269 was from Restricted funds and £157,931 was from Unrestricted funds.

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BALANCE SHEET
AS AT 31 MARCH 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	8	783,770	792,366
Current assets			
Debtors	9	21,322	15,231
Cash at bank and in hand		96,589	41,960
		<u>117,911</u>	<u>57,191</u>
Creditors: amounts falling due within one year	10	(15,582)	(7,847)
Net current assets		<u>102,329</u>	<u>49,344</u>
Total net assets		<u><u>886,099</u></u>	<u><u>841,710</u></u>
Charity funds			
Restricted funds	11	94,284	49,344
Unrestricted funds	11	791,815	792,366
Total funds		<u><u>886,099</u></u>	<u><u>841,710</u></u>

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

.....
P Ubee
Chair
Date:

The notes on pages 12 to 23 form part of these financial statements.

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. General information

The Deborah Ubee Trust Ltd is a private charitable company limited by guarantee and is registered with the Charity Commission (Charity Registered Number 1144232) and Registrar of Companies (Company Registered Number 07693256) in England and Wales.

The address of the registered office is given in the Trust information on page 1 of these financial statements. The nature of the Trust's operations and principal activities are to promote the value of emotional health and well being and offer therapeutic services to all irrespective of means to pay.

In the event of the Trust being wound up, the liability in respect of the guarantee is limited to £10 per member of the Trust.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Deborah Ubee Trust Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared in sterling which is the functional currency of the Trust and are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years unless otherwise stated.

2.2 Going concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist, including considering the impact of Covid-19. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the Trust to be able to continue as a going concern.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

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NOTES TO THE FINANCIAL STATEMENTS
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2. Accounting policies (continued)

2.4 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Short-term employee benefits to which the employees are entitled, including termination benefits, are recognised at the undiscounted amount expected to be paid in exchange for that service or as per the termination agreement.

All expenditure is inclusive of irrecoverable VAT.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Leasehold property	- 1% of cost
Property improvements	- 1% of cost
Computer equipment	- 25% of cost

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2. Accounting policies (continued)

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.11 Financial instruments

The Charity only holds basic Financial Instruments. The financial assets and financial liabilities of the Charity are as follows:

Debtors – trade and other debtors are basic financial instruments and are debt instruments measured at amortised cost as detailed in Note 9. Prepayments are not financial instruments.

Cash at bank – is classified as a basic financial instrument and is measured at face value.

Liabilities – trade creditors, accruals and other creditors will be classified as financial instruments, and are measured at amortised cost as detailed in Note 10. Taxation and social security are not included in the financial instruments disclosure.

2.12 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

2. Accounting policies (continued)

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Donations and grants

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Donations	22,397	-	22,397
Grants	-	126,664	126,664
	<u>22,397</u>	<u>126,664</u>	<u>149,061</u>

During the year, unrestricted donations of £3,886 were received from the Job Retention Scheme (2020: Nil).

	<i>Unrestricted funds 2020 £</i>	<i>Restricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Donations	9,699	-	9,699
Grants	-	113,146	113,146
	<u>9,699</u>	<u>113,146</u>	<u>122,845</u>

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**NOTES TO THE FINANCIAL STATEMENTS
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4. Staff costs and training

	2021 £	2020 £
Staff costs (Note 6)	129,080	206,338
Training and other costs	400	675
	<u>129,480</u>	<u>207,013</u>

5. Office costs

	2021 £	2020 £
Subscriptions	608	517
Premises Costs	7,279	13,185
Service Charges	3,890	2,826
Computer and Equipment Costs	3,456	4,349
Sundry Expenses	585	2,925
Postage, Printing and Stationery	56	149
Insurance	1,147	1,158
	<u>17,021</u>	<u>25,109</u>

6. Staff costs

	2021 £	2020 £
Wages and salaries	119,929	190,748
Social security costs	4,676	10,612
Contribution to defined contribution pension schemes	4,475	4,978
	<u>129,080</u>	<u>206,338</u>

Included within staff costs are £28,200 (2020 - £44,641) of Sessional staff costs.

During the year, termination payments of £2,908 were made to one employee (2020 - £Nil).

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

6. Staff costs (continued)

The average number of persons employed by the Charity during the year was as follows:

	2021	<i>2020</i>
	No.	<i>No.</i>
Employees	4	<i>6</i>

No employee received remuneration amounting to more than £60,000 in either year.

Key Management Personnel are the Trustees and the Senior Management Team as noted on page 1. The total amount of employee benefits, including employers national insurance contributions and employers pension contributions, received by Key Management Personnel was £64,028 (2020 - £109,326).

7. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2020 - £NIL).

During the year ended 31 March 2021, no Trustee expenses have been incurred (2020 - £NIL).

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FOR THE YEAR ENDED 31 MARCH 2021**

8. Tangible fixed assets

	Leasehold property £	Property Improve- ments £	Computer equipment £	Total £
Cost or valuation				
At 1 April 2020	545,042	314,634	8,474	868,150
At 31 March 2021	545,042	314,634	8,474	868,150
Depreciation				
At 1 April 2020	43,600	23,710	8,474	75,784
Charge for the year	5,450	3,146	-	8,596
At 31 March 2021	49,050	26,856	8,474	84,380
Net book value				
At 31 March 2021	495,992	287,778	-	783,770
At 31 March 2020	501,442	290,924	-	792,366

The Leasehold Property is held on a 999 year lease from 2005.

9. Debtors

	2021 £	2020 £
Due within one year		
Trade debtors	20,141	13,802
Prepayments and accrued income	1,181	1,429
	21,322	15,231

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10. Creditors: Amounts falling due within one year

	2021	2020
	£	£
Trade creditors	3,340	74
Other taxation and social security	3,221	3,451
Other creditors	349	650
Accruals and deferred income	8,672	3,672
	<hr/> 15,582 <hr/>	<hr/> 7,847 <hr/>

Deferred income of £5,000 has been recognised at the year-end (2020 - £Nil), in relation to fee income invoiced in advance of the following financial year. During the year, income of £5,000 (2020 - £Nil) was deferred, and £Nil was released (2020 - £Nil).

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**NOTES TO THE FINANCIAL STATEMENTS
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11. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Unrestricted funds				
Designated funds				
Fixed Asset Fund	792,366	-	(8,596)	783,770
General funds				
General Fund	-	51,084	(43,039)	8,045
Total Unrestricted funds	792,366	51,084	(51,635)	791,815
Restricted funds				
Big Lottery	10,548	111,664	(89,854)	32,358
Her Centre	23,586	30,000	(13,860)	39,726
Prevent, Protect and Repair	15,210	5,400	(7,760)	12,850
Walk and Talk	-	15,000	(14,500)	500
Signal	-	11,500	(2,650)	8,850
	49,344	173,564	(128,624)	94,284
Total of funds	841,710	224,648	(180,259)	886,099

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11. Statement of funds (continued)

Designated Funds - Fixed Asset Fund

The investment in the building and equipment is considered to be not easily realisable and therefore should not be matched by the General reserve. A Fixed Assets reserve has been established that matches the net book value of assets.

Restricted Funds - Big Lottery

This fund has been established to recognise the funding received from the Big Lottery Fund. This award has helped the Trust to expand our services and to help reach those in the community who need support around emotional help, through a combination of one-to-one therapy and group work.

Restricted Funds - Her Centre

We receive 2 types of funding from the Her Centre:-

- work commissioned by Greenwich Council to ourselves and the Her Centre in partnership. This is for individual therapy for clients under the age of 18 who have been affected by domestic abuse.
- individual therapy sessions commissioned by the Her Centre with adult women who have been affected by domestic abuse.

In both cases the clients are referred by the Her Centre and have 20 weekly sessions with a DUT therapist. The children are offered play or dance and movement therapy and the adults and older teenagers are offered talking therapy. The funding covers the cost of administration, supervision and payments to sessional therapists as well as a contribution to running costs.

Restricted Funds - Prevent, Protect, Repair

The PPR funding is for work commissioned by the Home Office in partnership with Lewisham Council, The Early Years Alliance and Athena. This project focuses on the effect of Domestic Abuse on Children in Lewisham, and the first year was a pilot project based in two specific areas of the borough; Evelyn and Bellingham. The aim is to offer education and support to professionals working with children and group work with families. The DUT's role is to offer 20 sessions of individual therapy to 12 under 18s a year.

These young people are referred on from the other parts of the programme if it is felt that they need more individual support. However, due to the timing of the funding we had to combine the first two years into one so we were allocated 24 young people before lockdown interrupted. Again, the funding covers the cost of administration, supervision and payments to sessional therapists as well as a contribution to running costs.

Restricted Funds - Walk and Talk

This fund was granted by CCSF to pioneer Walk and Talk therapy for the Charity's beneficiaries.

Restricted Funds - Signal

This fund represents amounts received from Signal, a Charity based in Lewisham, London, for work with parents of children on the autism spectrum.

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**NOTES TO THE FINANCIAL STATEMENTS
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11. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2019 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2020 £</i>
Unrestricted funds				
Designated funds				
Fixed Asset Fund	802,532	-	(10,166)	792,366
	<hr/>	<hr/>	<hr/>	<hr/>
General funds				
General Fund	28,391	119,374	(147,765)	-
	<hr/>	<hr/>	<hr/>	<hr/>
Total Unrestricted funds	830,923	-	(157,931)	792,366
	<hr/>	<hr/>	<hr/>	<hr/>
Restricted funds				
Big Lottery	9,642	113,146	(112,240)	10,548
Her Centre	-	27,625	(4,039)	23,586
Prevent, Protect and Repair	-	16,200	(990)	15,210
	<hr/>	<hr/>	<hr/>	<hr/>
	9,642	156,971	(117,269)	49,344
	<hr/>	<hr/>	<hr/>	<hr/>
Total of funds	840,565	156,971	(275,200)	841,710
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

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**NOTES TO THE FINANCIAL STATEMENTS
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12. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	783,770	-	783,770
Current assets	23,577	94,334	117,911
Creditors due within one year	(15,532)	(50)	(15,582)
Total	791,815	94,284	886,099

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2020 £</i>	<i>Restricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Tangible fixed assets	792,366	-	792,366
Current assets	7,847	49,344	57,191
Creditors due within one year	(7,847)	-	(7,847)
Total	792,366	49,344	841,710

13. Pension commitments

The Trust operates a defined contribution pension plan for its employees. The amount recognised as an expense in the period was £4,475 (2020 - £4,978).

14. Related party transactions

A sessional employee, Isobel Staden, who is also the daughter of Rosie Staden, a Director, was paid £Nil in the year (2020 - £304).

There were no other related party transactions in either period.

