

THE DEBORAH UBEE TRUST

England & Wales · Charity number 1144232

Details

Other names TDUT

Status Registered

Legal form Charitable company

Company number [07693256](#)

Registered 2011-10-11

Register [View on the Charity Commission register](#)

Contact

Address 20 Egerton Drive
London
SE10 8JS

Phone 02083056460

Email reception@tdut.org

Website www.thedeborahubeetrust.org.uk

Activities

Objects: The Charity's objects are the preservation and protection of mental health, and promoting better emotional wellbeing in particular, by; A) Offering a professional and effective counselling service for all, irrespective of their ability to pay. B) Providing a holistic, therapeutic support service tailored to individual need, including specialist 1-2-1 trauma informed counselling, domestic and sexual violence specialist support, and engaging with neurodiverse adults and children. C) The provision and delivery of therapeutic workshops and groups -helping service users meet their own needs and to participate more fully in society. D) Working with other partners to meet the above objectives, to share and disseminate best practice, develop specialist knowledge, raise awareness of and the understanding of mental ill-health, and to reduce the stigma and taboo associated with seeking mental health support.

Activities: -Promoting emotional well being and raising awareness on emotional health-Providing a range of therapeutic services to all-Providing support and training to placement counsellors-Promoting good practice around therapeutic interventions-Offer continuing professional development to practitioners

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Bexley
- Greenwich
- Lewisham

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£408,612	£362,289	-	-
2024-03-31	£373,531	£315,591	-	-
2023-03-31	£308,475	£269,156	-	-
2022-03-31	£192,380	£217,627	-	-
2021-03-31	£224,648	£180,259	-	-

Trustees

Name	Role	Appointed
Alyson Longley		2023-11-14
KATE NIGHTINGALE		2018-01-13
Kabir Dev		2022-05-24
Matthew Ian Topham		2024-11-19
Nicola Joy Harding Reeves		2023-09-12
Rabiya Mckeverne		2023-09-12

THE DEBORAH UBEE TRUST

England & Wales - Charity number 1144232

Accounts

Company registration number: 07693256

Charity registration number: 1144232

The Deborah Ubee Trust Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Field Sullivan Limited
9 Hare & Billet Road
Blackheath
SE3 0RB

The Deborah Ubee Trust Ltd

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The Deborah Ubee Trust Ltd

Reference and Administrative Details

Chairman	K Nightingale
Trustees	K Dev A Longley R Mckeverne K Nightingale N Reeves M Topham
Senior Management / Leadership Team	D Hubble A Johnston (from 28 June 2022)
Charity Registration Number	1144232
Company Registration Number	07693256
Registered Office	20 Egerton Drive London SE10 8JS
Independent Examiner	Field Sullivan Limited 9 Hare & Billet Road Blackheath SE3 0RB

The Deborah Ubee Trust Ltd

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2025.

1.1. Chair's statement

This year, both our adult and children's services have seen high demand. Demand for our adult service has grown this year compared to last year, reflecting the ongoing challenges that we see every day - individuals from all walks of life continue to struggle due to the increased cost of living and their uncertainty about the future. We are continuing to strengthen our networks in the local community, including with local schools and youth groups, where we've been able to reach children in the places where they feel safest. This approach help is making a real difference in young lives.

We could not have managed this without the crucial backing of our supporters - trusts, foundations, individual donors and other funders. Their support has allowed us to maintain our high quality of service and made it possible to bring in a dedicated Fundraising Lead, which is a key step in bolstering our sustainability in a challenging landscape.

"Phil led the Trust with care and integrity for 10 years; his kindness made an impression on everyone who worked with him."

This year, we were also deeply saddened by the passing of Phil Ubee, our former Chair and brother-in-law of our founder, Denise Hubble. Phil led the Trust with care and integrity for 10 years; his kindness made an impression on everyone who worked with him. All of us at DUT remain grateful for his leadership and will miss him dearly.

Families across our service boroughs continue to face challenging times this year and we know that demand for mental health services will continue to rise in the coming year. The Board is committed to ensuring DUT remains able to adapt and grow while staying rooted in community needs.

2.1. About DUT

Our background

The Deborah Ubee Trust was founded in 2011 to provide accessible, high-quality counselling and emotional wellbeing support for all individuals - especially those who might otherwise go without. We work with children, young people (CYP) and adults across Greenwich, Lewisham and Bexley, offering both one-to-one and group support. Our team combines local knowledge with professional expertise to help people build resilience and improve their mental health.

Purposes and aims

Our charitable objective is the preservation and protection of mental health and promoting better emotional wellbeing. Per our governing document, we achieve this through:

- A) Offering a professional and effective counselling service for all, irrespective of their ability to pay
- B) Providing a holistic, therapeutic support service tailored to individual need, including specialist 1-2-1 trauma informed counselling, domestic and sexual violence specialist support, and engaging with neurodiverse adults and children
- C) The provision and delivery of therapeutic workshops and groups, helping service users meet their own needs and to participate more fully in society
- D) Working with other partners to meet the above objectives, to share and disseminate best practice, develop specialist knowledge, raise awareness of and the understanding of mental ill-health, and to reduce the stigma and taboo associated with seeking mental health support.

The Deborah Ubee Trust Ltd

Trustees' Report

Our specialist offer

DUT offers specialist care for both children with special education needs (SEN) and their parents, through our bespoke sensory room, SEN creative therapy groups and tailored support sessions for parents. We provide expert support for victims and survivors of domestic violence. All of our practitioners are trained in providing trauma-informed care.

2.2. Structure, governance and management

The organisation is a charitable company limited by guarantee, incorporated on 5 July 2011, and registered as a charity on 11th October 2011. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

How we are governed: The day-to-day responsibility of running the charity rests with the Children's services director and the Director of Adult Services, Trustees engage in the recruitment process and interviewing of directors and senior managers. Trustees are responsible for ensuring that the charity delivers the services specified and that performance indicators are met and for developing skills and working practices in line with good practice. Our trustees meet regularly throughout the year to agree the strategic direction and policy of the charity. On 19/11/24, we appointed a new trustee, Matthew Topham, who will contribute with financial oversight and guidance.

Senior management: The Deborah Ubee Trust is led by an experienced senior team with deep local roots and specialist knowledge of mental health support. Together they oversee the charity's day-to-day operations and guide the development of our services:

Denise Hubble (Co-Founder; Director of Adult Services): Denise brings nearly four decades of experience in community-based mental health and wellbeing support across South East London. As a qualified therapist, youth worker, trainer and qualified teacher and clinical supervisor, she has delivered frontline services since the 1980s, including 20 years with a specialist charity supporting survivors of sexual abuse and domestic violence. For over 25 years she has also taught counselling to students at a local college, Denise co-founded DUT, where she has led its adult services for over 13 years. She is highly experienced in trauma-informed practice and has supported thousands of adults to improve their mental health and wellbeing, process difficult experiences and build resilience. Denise is also trained in safeguarding and clinical governance and works to the BACP ethical framework and holds membership.

Mandy Johnston (Director of Children and Young People's Services; Designated Safeguarding Lead): Mandy has over a decade of frontline experience as a trauma therapist, group facilitator and Clinical Supervisor, working with children and young people affected by emotionally based school avoidance (EBSA), Adverse Childhood Experiences and family trauma. She specialises in engaging those with complex needs who are often excluded from mainstream services, including young people affected by domestic and sexual violence, self-harm and suicide ideation, neurodivergence, gang culture and those identifying as LGBTQIA+.

As Therapeutic Lead within both primary and secondary education, she has delivered extensive support and led whole-school approaches to wellbeing. She also designs and oversees workshops and interventions to improve mental health, resilience and educational engagement. In her role at DUT, she is responsible for clinical governance, works in accordance with the BACP ethical framework and serves as Designated Safeguarding Lead.

Team: Our team of 30 practitioners is diverse, multi-disciplinary, and trauma-informed, comprised of a mix of commissioned, sessional and voluntary therapists and trainee / Placement counsellors.

The Deborah Ubee Trust Ltd

Trustees' Report

2.3. Risk management

The trustees use a risk management model based on the Charity Commission's CC2 guidance, assessing each risk for its potential impact, likelihood and overall risk level. We look closely at how each risk could affect the charity and plan and budget accordingly. Using this approach, the trustees have identified the following key risks for the coming year:

Risk	Likelihood	Severity	Mitigation
Capacity pressure	High	High	Efficiency reviews to monitor delivery against demand, prioritisation of urgent cases
Dependency on limited number of sources	High	High	Diversify income sources, develop dedicated fundraising strategy, conduct income reviews
Government policy changes impacting on funding and regulation	Medium	Medium	Monitor legal and regulatory changes, engage with authorities, adapt services as required
Loss of key staff	Medium	Medium	Succession planning, clear handover systems, notice periods
Financial resilience (reserves, cashflow, budget control)	Medium	High	Maintain reserves policy, audited financial reporting, conduct budget and reserves reviews
Failure to meet legal or regulatory obligations	Low	High	Ongoing annual safeguarding training, compliance checks, regular policy reviews

3. IMPACTS AND SERVICES

3.1. Snapshot 2025

This year, DUT supported 481 individuals overall (262 adults and 239 children and young people).

Adults

Adult Key Figures 2025:

- 154 adults receiving one-to-one support
- 98 adults receiving group sessions, peer-informed workshops or trainings
- 10 adults receiving bespoke coaching sessions
- 3,456 hours of one-to-one therapeutic services delivered for adults
- 196 hours of group sessions, peer-informed workshops or trainings for adults
- More than 95% of adults would recommend DUT

Adult wellbeing 2025:

- 84% of adults started with self-reported low wellbeing scores (4/10 score and under), while only 4% left the service with low scores.
- 78% of adults left with good (8/10 score) or very good (10/10 score) self-reported scores

Children and Young People

CYP Key Figures 2025:

- 109 CYP receiving one-to-one support
- 130 CYP receiving group sessions, peer-informed workshops or trainings
- 2,180 hours of one-to-one therapeutic services delivered for CYP
- 400 hours of group sessions or peer-informed workshops for CYP
- 100% of CYP would recommend DUT

CYP wellbeing 2025:

- 67% of CYP started with self-reported low wellbeing scores (4/10 score and under), while only 11% left with low scores
- 80% of CYP left with good (8/10 score) or very good (10/10 score) self-reported scores

The Deborah Ubee Trust Ltd

Trustees' Report

3.2. Adult services

3.2.1 Adult service overview: "Our Adult Service has continued to grow this year. Many of those we see would otherwise struggle to access counselling, and adult demand for our affordable, trauma-informed support remained high over the past year.

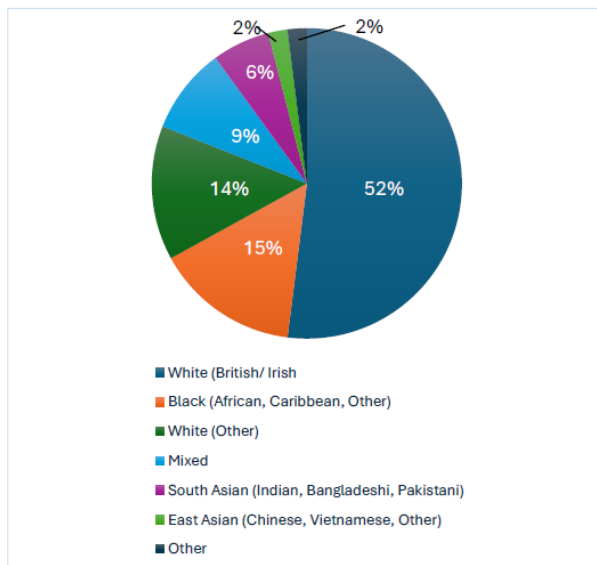
All clients begin with a confidential assessment to ensure they are matched with the right therapist. Most receive around 24 weeks of weekly counselling, with reviews every six weeks to check progress and adjust support as needed. At entry, many report feeling anxious, isolated or unable to cope when things go wrong. By the end of therapy, our evaluations show marked improvement, with clients reporting reduced anxiety, improved coping strategies and a greater sense of support around them.

This year saw the end of our funding term from the Henry Smith Foundation, which has helped strengthen our safeguarding and trauma-informed training across the team. We remain focused on sustaining and expanding the service so adults in our community can continue to access the help they need." - Denise Hubble

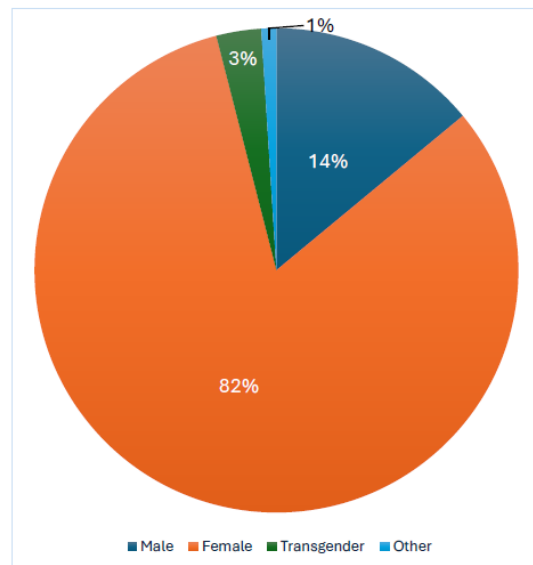
3.2.2. Who our adult service supported this year: Our adult service continues to reach people who may otherwise struggle to access support. Some key insights:

- Nearly half of adult service users come from Black, Asian, Mixed or other minority ethnic backgrounds
- More than half of service users are signposted by family/friends or other organisations
- Nearly half live with disabilities or other health conditions
- Many face significant additional life challenges, including domestic abuse (17%), unemployment (18%) and homelessness (7%)

Ethnicity:



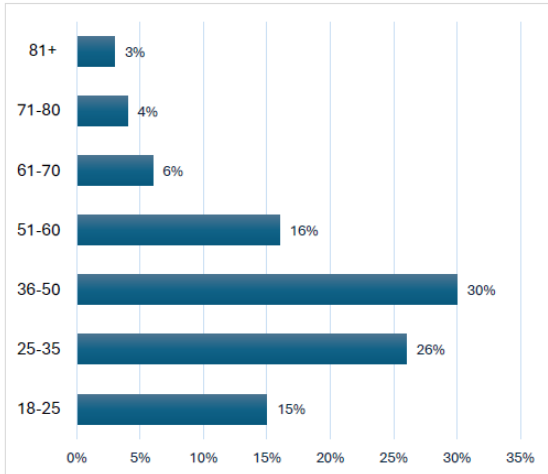
Gender:



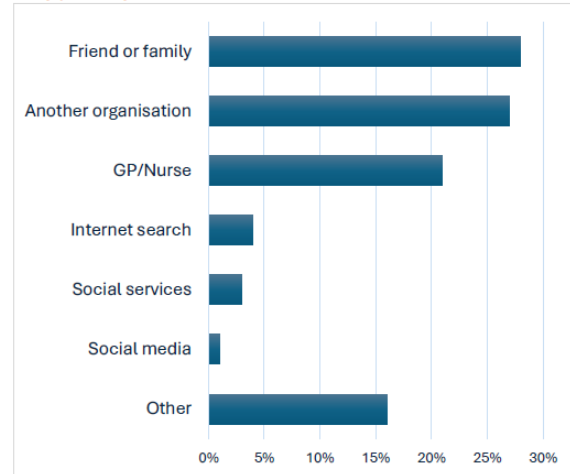
The Deborah Ubee Trust Ltd

Trustees' Report

Age:



Entry pathways:



Disability:

- Diagnosed mental health condition: 22%
- Learning difficulties: 3%
- Physical disability: 4%
- Serious illness: 2%
- Other: 19%

Additional life challenges:

- Unemployed for over 1 year: 18%
- Domestic abuse: 17%
- Substance misuse (9%)
- Homelessness: 7%
- Criminal justice system: 3%

Caring responsibilities for:

- Child/children: 27%
- Child/children with a disability: 9%
- Adult(s) (including adults with disabilities): 11%

3.2.3. Adult impacts

- Average wellbeing scores rose from 1.9/5 at entry to 4/5 on exit, an improvement of 111%
- Only 5% rated their wellbeing as good or very good on entry, compared to 78% on exit
- 81% of service users reported counselling with DUT to have helped them to manage their current situation in a new way
- More than 95% of adult clients would recommend DUT to peers

Adult case study: Matt

Matt (not his real name) is a man in his mid-40s who began therapy at DUT when everyday life had become overwhelming. On service entry, Matt was experiencing significant anxiety and depression and found simple tasks difficult to manage. He had previously accessed short-term therapy but felt that this had not been sufficient to explore the depth of his challenges. DUT's support provided the time he needed to work at his own pace.

In the early sessions Matt discussed painful memories and began to recognise patterns of behaviour that had been keeping him stuck. As therapy progressed, he worked through difficult childhood experiences and was able to connect destructive behaviours to feelings he had not previously understood or managed. This surfaced emotions including guilt and regret, which, over the course of sessions, he began to process constructively. At a turning point in the work he recognised that life did not have to continue in the same way that it had been and that he had the capacity to make meaningful changes. In the weeks that followed, his physical presence became more relaxed and he reported experiencing calmer, more positive emotions.

By the end of therapy Matt described a stronger sense of identity and felt more confident in his ability to manage life's challenges. He spoke about not wanting to live with regret and about feeling deserving of happiness. Over the course of 20 sessions, he made significant progress in processing past experiences and developing more constructive ways of coping with difficulties in the present.

The Deborah Ubee Trust Ltd

Trustees' Report

Adult Feedback 2025:

- "I received 24 weeks of counselling with my counsellor. My experience at DUT has been transformational. I had tried therapy on 3 separate occasions over 10 years, and each time lasted no longer than 3 sessions. This work completely transformed my mental landscape. I no longer feel numb or detached, and my relationships and work life have improved... The most important thing I have learned is how to forgive myself."
- "The counselling I received at DUT combined genuine compassion with great professionalism. I was supported to explore feelings of grief and sadness that I had felt 'locked into' for years. This has had such a life-changing impact that I am now able to challenge negative patterns of thinking and manage everyday challenges with much greater perspective."
- "The Trust has taken me, as an abuse victim and former drug addict, and showed me that I can deal with my problems and actually have a lot going for me. The experience has really changed everything for me for the better."

3.3. Children and Young Person services

3.3.1. CYP service overview: "This year our CYP service has been able to provide more 1-2-1 sessions therapy sessions than last year, reaching more young people with these high-quality, neurodiversity-informed, trauma-aware services.

"100% of this year's service users would recommend our services to their peers"

Children have been able to access support in schools and community spaces where they already feel safe. Families tell us these workshops are practical, easy to join and make a real difference to pupils' wellbeing.

I'm proud that every child, young person and parent we worked with this year (100%) said they would recommend our services to their peers. That trust, which is often spread by word of mouth, is one of the strongest measures of our impact." - Mandy Johnston

3.3.2. Who our CYP service supported this year: Our CYP service supported a diverse cohort of children and young people through a variety of approaches over the last year.

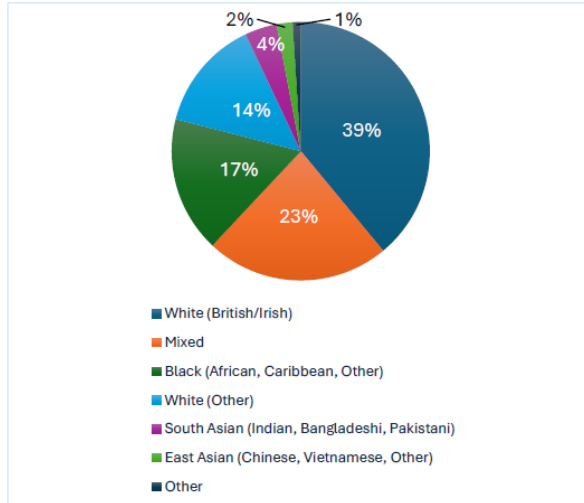
The below data shows both the diversity of the children we reach and the complex challenges they face. Key insights are as follows:

- Nearly half of those supported are aged 7-12
- Ethnic diversity is strong, with 23% Mixed and 17% Black service users
- Male engagement is very strong for mental health services (41%)
- Domestic abuse is highly prevalent (30%). Many children face multiple, overlapping needs
- More than a quarter of service users are neurodiverse or have learning disabilities

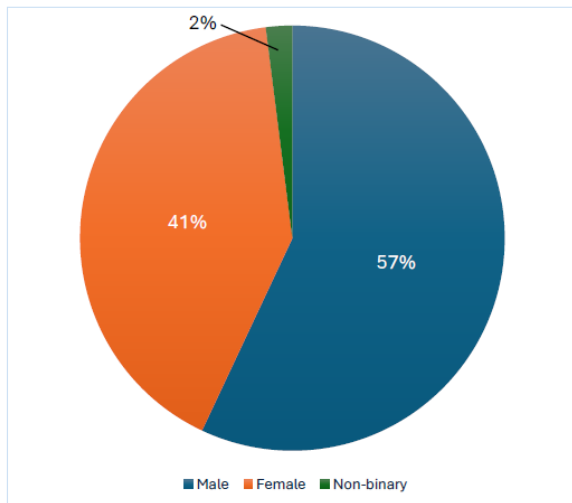
The Deborah Ubee Trust Ltd

Trustees' Report

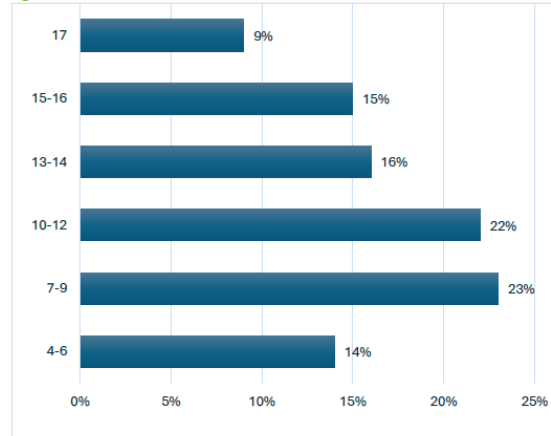
Ethnicity:



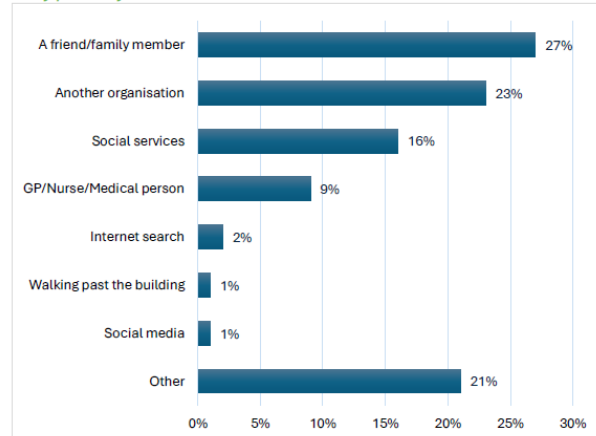
Gender:



Age:



Entry pathway:



Disability:

Neurodiversity: 21%
 Learning difficulties: 5%
 Diagnosed mental health condition: 3%
 Sensory disability: 1%
 Other: 20%

Additional life challenges:

Domestic abuse: 30%
 Substance misuse: 4%
 Homelessness: 6%
 Sexual assault: 6%
 Local authority care: 3%
 (YOT) Youth Offending Team intervention: 1%
 Other: 7%

3.3.3. CYP impacts 2025:

- Average CYP wellbeing scores nearly doubled, rising from 2.1/5 at entry to 4.2/5 on exit
- 67% of CYP rated their wellbeing as 'very low' or 'low' on entry compared to 11% on leaving and 80% now rating their wellbeing as 'very good' or 'good'
- 80% of CYP service users consider DUT support to have enabled them to improve their management of their mental health by 'a lot' or 'very much'
- 100% of CYP clients would recommend DUT to peers

The Deborah Ubee Trust Ltd

Trustees' Report

CYP case study: Mia

Mia (not her real name) is a CYP from a refugee background. She was referred to Dance Movement Psychotherapy (DMP) in 2025. This type of therapy uses movement and non-verbal expression to help young people explore their emotions, especially when talking is hard. Sessions took place in a calm and supportive space filled with creative and sensory tools. These included things like stress balls, musical instruments, scarves, art materials and emotion cards.

In the early sessions, the main focus was helping Mia feel comfortable and safe. She was quiet at first, but began communicating through her drawings, facial expressions and body language. As Mia became more confident, she started leading more of the sessions, creating games, dancing, asking for an audience and sharing her creative ideas. The therapist adjusted the session time at one point to better support her family's needs. She began expressing her feelings more openly and showed she was learning to manage difficult emotions in healthier ways. She also became more independent, choosing her own materials and suggesting new activities.

In the final sessions, Mia was less interested in drawing but still loved using music, movement, crafts and quiet moments to express herself. She no longer felt the need to hide her emotions, allowing the therapist to be present with her even when she felt upset or vulnerable. During the final session, Mia reviewed her therapy journey using a timeline and a special box filled with the things she had made over the weeks. This helped her reflect on her progress and feel a sense of closure before saying goodbye.

Over 20 sessions, Mia became more confident, more able to express herself, and better at managing her emotions. DMP gave her a safe and creative space to explore feelings she couldn't easily put into words. At the start of the intervention her YP-CORE score was 24, indicating a high level of psychological distress. By the end of the intervention, this score had reduced to 10, reflecting a significant improvement in overall emotional wellbeing and a reduction in distress.

CYP Feedback 2025:

- “Thank you to the Deborah Ubee Trust team. You have been a lifeline for my daughter and myself. We came to you on recommendation from our primary school and I am so glad we did. The level of support was beyond my expectations. From the assessment I knew we would receive the help we needed.”
- “Mandy was helpful throughout and paired my child perfectly. Her therapist was gentle and warm, which was just what my child needed after fleeing a coercive family situation.”
- “How do I start this feedback? The Deborah Ubee Trust has supported both my girls at different times. How can I ever thank you? Both my girls are neurodiverse and the therapists they received understood them perfectly, supported them and their needs as individuals, and worked with compassion and care. You are life savers.”

3.4. Wellbeing services

3.4.1. Wellbeing service overview: Over the past year, we have delivered a wide range of targeted workshops and group interventions, supporting 130 children (400 hours) across themes such as emotional regulation (anger and worry), transitions, friendships and autism spectrum disorder (ASD)-specific support. This included ASD social skills workshops, wellbeing workshops and girls with ASD workshop. Schools have reported significant improvements in behaviour, emotional wellbeing and peer relationships.

The Deborah Ubee Trust Ltd

Trustees' Report

3.4.2. Wellbeing service impacts:

Wellbeing Feedback 2025:

- Special Educational Needs Coordinator (SENCO) - Primary School: "The workshops have had a noticeable impact on our pupils' emotional regulation."
- Family Liaison Officer (FLO) - Primary School: "We've seen children who previously struggled with outbursts now using strategies to calm themselves and express their feelings more appropriately."
- Pastoral Lead - Secondary School: "These sessions have been invaluable in building resilience. Pupils are more confident in facing challenges and less likely to give up when things get difficult."
- Headteacher - Secondary School: "Friendships and peer relationships have improved noticeably. There's a real sense of connection and inclusion among the children who took part."
- Teacher - Primary School: "These sessions have been transformative. We'd love to have more like this across the school."
- Parent ASD group member: "This was exactly what my child needed. Please keep running these groups, they make a real difference."
- Pupil anger workshop attendee: "I wish we could do this every week."

4. PARTNERSHIPS AND RELATIONSHIPS

4.1. Partners

To deliver effective, appropriate and joined-up services, DUT works closely with a wide network of local partners:

- The HER Centre: Specialist trauma-informed one-to-one, group and workshop support for children, young people and adult women affected by domestic violence and sexual assault. This year we also facilitated LGBTQIA+ training for HER staff and welcomed the organisation to film promotional materials in our offices.
- Lewisham Council: Referrals through the Domestic Abuse Portal to provide survivors with free trauma-informed care.
- Carers Greenwich: Therapeutic support and tailored mental health workshops for adult and young carers.
- Signal: Counselling, drama-therapy, group sessions and workshops for autistic children and young people and their parents.
- Goldsmiths, University of London: Placement partnership in art therapy, alongside delivery of our dance and movement therapies for children and adults.
- Local schools and youth organisations: Ongoing work to provide embedded support for children and young people in familiar settings.

Additionally, this year we have established a new relationship with the Refugee Council, providing them with referral pathway and general support and coordination.

The Deborah Ubee Trust Ltd

Trustees' Report

4.2. Funders

DUT is deeply grateful to the organisations whose support makes our work possible:

- The Hearn Foundation: Supported the ongoing operation of our CYP service, enabling us to maintain reduced waiting lists and provide young people with timely support before they reach crisis. Funding has allowed us to deliver workshops in local schools and offer one-to-one therapy for CYP who would otherwise face long delays. Expanded funding to enable us to provide more 1-2-1 sessions.
- The National Lottery Community Fund: Committed to fully funding our new full-time Fundraising Lead for the next five years, securing long-term sustainability for DUT. Continued funding of our specialist sensory play room for children with special educational needs. Additionally, continued to fund counselling activities for adults and CYP.
- The Henry Smith Foundation: Provided our adult service with core support such as leadership, supervision and front-of-house support so we can keep sessions affordable and accessible. It has strengthened safeguarding and trauma-informed practice across the team and enabled us to see more adults sooner, with consistent, high-quality counselling.
- Zurich Community Trust: Provided core support for our CYP service, contributing to key staff costs and expanding our workshop and group sessions. Zurich has also gone further through its More Than Money scheme, with volunteers providing in-kind support, including through decorating our Greenwich offices, conducting 19 capacity building exercises and distributing food packages to local families in need. Additionally, ZCT provided box tickets to Christmas events for marginalised children and recognised DUT through the Gary Shaughnessy Award.
- Jessica Mathers Foundation: Provided valuable funding to support our services.

We also extend our gratitude to the individuals who have donated to DUT this year. Our individual supporters are a critical part of our story and evidence of our deep local roots - we dearly thank these community members for continuing to believe in the importance of our services.

4.3 Acknowledgements

This year we remember with gratitude the contribution of our former Chair, Phil Ubee, who gave a decade of dedicated service to the Trust and helped shape its direction with care and integrity. His belief in Denise's vision and his kindness left a lasting mark on everyone who knew him.

We were also deeply saddened by the passing of Alycia Marie Amber, daughter of our colleague and friend Helen Amber. We hold Helen and her family in our thoughts and send our heartfelt sympathy.

The Deborah Ubee Trust Ltd

Trustees' Report

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	A Clarke (resigned 28 October 2024)
	K Dev
	A Longley
	R Mckeverne
	K Nightingale
	N Reeves
	M Topham (appointed 8 July 2025)
Chairman:	K Nightingale
Senior Management / Leadership Team:	D Hubble
	A Johnston

Statement of trustees' responsibilities

The trustees (who are also the directors of The Deborah Ubee Trust Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Deborah Ubee Trust Ltd

Trustees' Report

The annual report was approved by the trustees of the charity on 19 December 2025 and signed on its behalf by:

Kate Nightingale

.....
K Nightingale
Chairman and trustee

The Deborah Ubee Trust Ltd

Independent Examiner's Report to the trustees of The Deborah Ubee Trust Ltd ('the Company')

I report to the charity trustees (who are also Directors for the purpose of company law) on my examination of the accounts of the The Deborah Ubee Trust Ltd ('the charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet and related notes 16 to 31.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity's trustees of The Deborah Ubee Trust Ltd you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of The Deborah Ubee Trust Ltd are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since The Deborah Ubee Trust Ltd 's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Deborah Ubee Trust Ltd as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Deborah Ubee Trust Ltd

Independent Examiner's Report to the trustees of The Deborah Ubee Trust Ltd ('the Company')

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Timothy Sullivan
ICAEW

9 Hare & Billet Road
Blackheath
SE3 0RB

19 December 2025

The Deborah Ubee Trust Ltd

Statement of Financial Activities for the Year Ended 31 March 2025
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2025 £	Unrestricted £	Restricted £	Total 2024 £
Income and Endowments from:							
Donations and legacies	3	102,817	203,825	306,642	83,833	174,250	258,083
Charitable activities	4	89,190	-	89,190	95,698	-	95,698
Other trading activities	5	2,835	-	2,835	17,665	-	17,665
Investment income	6	9,945	-	9,945	1,918	-	1,918
Other income		-	-	-	167	-	167
Total income		<u>204,787</u>	<u>203,825</u>	<u>408,612</u>	<u>199,281</u>	<u>174,250</u>	<u>373,531</u>
Expenditure on:							
Charitable activities	8	<u>(217,003)</u>	<u>(145,286)</u>	<u>(362,289)</u>	<u>(119,055)</u>	<u>(196,536)</u>	<u>(315,591)</u>
Total expenditure		<u>(217,003)</u>	<u>(145,286)</u>	<u>(362,289)</u>	<u>(119,055)</u>	<u>(196,536)</u>	<u>(315,591)</u>
Net (expenditure)/income		(12,216)	58,539	46,323	80,226	(22,286)	57,940
Transfers between funds		-	-	-	20,500	(20,500)	-
Net movement in funds		(12,216)	58,539	46,323	100,726	(42,786)	57,940
Reconciliation of funds							
Total funds brought forward		<u>892,546</u>	<u>65,565</u>	<u>958,111</u>	<u>791,820</u>	<u>108,351</u>	<u>900,171</u>
Total funds carried forward	18	<u><u>880,330</u></u>	<u><u>124,104</u></u>	<u><u>1,004,434</u></u>	<u><u>892,546</u></u>	<u><u>65,565</u></u>	<u><u>958,111</u></u>

The notes on pages 19 to 31 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd

**Statement of Financial Activities for the Year Ended 31 March 2025
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

The funds breakdown for 2024 is shown in note 18.

All of the charity's activities derive from continuing operations during the above two periods.

The notes on pages 19 to 31 form an integral part of these financial statements.

Page 17

The Deborah Ubee Trust Ltd
(Registration number: 07693256)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	14	754,859	764,454
Current assets			
Debtors	15	3,745	16,775
Cash at bank and in hand	16	<u>268,295</u>	<u>182,469</u>
		272,040	199,244
Creditors: Amounts falling due within one year	17	<u>(22,465)</u>	<u>(5,587)</u>
Net current assets		<u>249,575</u>	<u>193,657</u>
Net assets		<u>1,004,434</u>	<u>958,111</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		124,104	65,565
Unrestricted income funds			
Unrestricted funds		<u>880,330</u>	<u>892,546</u>
Total funds	18	<u>1,004,434</u>	<u>958,111</u>

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 16 to 31 were approved by the trustees, and authorised for issue on 19 December 2025 and signed on their behalf by:

Kate Nightingale

K Nightingale
Chairman and trustee

The notes on pages 19 to 31 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Charity status

The charity is limited by guarantee, incorporated in , and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

20 Egerton Drive

London

SE10 8JS

These financial statements were authorised for issue by the trustees on 19 December 2025.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102) - Second edition October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

The Deborah Ubee Trust Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the periods in which the estimate is revised where revisions affects only that period, or in the period of the revision and future periods where the revisions affects both current and future periods.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold Property	1% Straight line
Property Improvements	1% Straight line
Computer Equipment	25% Straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Donations and legacies;				
Donations from individuals	102,817	-	102,817	83,833
Grants, including capital grants;				
The National Lottery Community Fund	-	52,825	52,825	30,200
Zurich Community Trust	-	36,000	36,000	40,000
Mrs Smith & Mount Trust	-	-	-	5,000
The Henry Smith Charity	-	60,000	60,000	60,000
Her Centre	-	-	-	10,500
The Hearn Foundation	-	55,000	55,000	12,500
The Sensory Award	-	-	-	16,050
	<u>102,817</u>	<u>203,825</u>	<u>306,642</u>	<u>258,083</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

4 Income from charitable activities

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Fee and service agreement income	61,287	61,287	70,357
Rental income	27,903	27,903	25,341
	89,190	89,190	95,698

5 Income from other trading activities

	Unrestricted funds General £	Total funds £	Total 2024 £
Fundraising	2,835	2,835	17,665
	2,835	2,835	17,665

6 Investment income

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income;			
Interest receivable on bank deposits	9,945	9,945	1,918
	9,945	9,945	1,918

7 Other income

		Total 2025 £	Total 2024 £
Fees and supplies		-	167
		-	167

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

8 Expenditure on charitable activities

	Note	Total 2025 £	Total 2024 £
Supervision and running costs		24,504	28,415
Insurance		1,392	1,493
Fundraising		279	1,400
Purchases		331	-
Staff training		5,902	2,884
Premises		21,423	20,756
Service charges		10,494	6,376
Printing, postage and stationery		1,181	3,486
Trade subscriptions		603	499
Sundries		4,405	3,309
Accountancy fees		323	-
Staff costs	11	262,670	231,790
Support costs	9	28,782	15,183
		<u>362,289</u>	<u>315,591</u>

In addition to the expenditure analysed above, there are also governance costs of £28,782 (2024 - £15,183) which relate directly to charitable activities. See note 9 for further details.

9 Analysis of support costs

Support costs

	Total 2025 £	Total 2024 £
Professional	2,959	216
Depreciation	10,123	9,991
Computer software and maintenance	3,252	2,624
Independent examination	2,448	2,352
Bad debts written off	10,000	-
	<u>28,782</u>	<u>15,183</u>

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

11 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	244,502	216,324
Social security costs	10,607	8,544
Pension costs	<u>7,561</u>	<u>6,922</u>
	<u>262,670</u>	<u>231,790</u>

Included within staff costs are £208,588 (2024: £62,970) of sessional staff costs.

The average number of persons (including senior management / leadership team) employed by the charity during the year was as follows:

	2025 No	2024 No
Employees	<u>3</u>	<u>3</u>

Contributions to the employee pension schemes for the year totalled £7,561 (2024 - £6,922).

The number of employees whose emoluments fell within the following bands was:

	2025 No
£60,001 - £70,000	<u>1</u>

The total employee benefits of the key management personnel of the charity were £74,560 (2024 - £58,103).

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Related party transactions

There were no related party transactions in the year.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

14 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2024	545,042	13,882	318,904	877,828
Additions	-	528	-	528
At 31 March 2025	<u>545,042</u>	<u>14,410</u>	<u>318,904</u>	<u>878,356</u>
Depreciation				
At 1 April 2024	65,400	11,557	36,417	113,374
Charge for the year	5,450	1,484	3,189	10,123
At 31 March 2025	<u>70,850</u>	<u>13,041</u>	<u>39,606</u>	<u>123,497</u>
Net book value				
At 31 March 2025	<u>474,192</u>	<u>1,369</u>	<u>279,298</u>	<u>754,859</u>
At 31 March 2024	<u>479,642</u>	<u>2,325</u>	<u>282,487</u>	<u>764,454</u>

The Leasehold Property is held on a 999 year lease from 2005.

Included within the net book value of land and buildings above is £Nil (2024 - £Nil) in respect of freehold land and buildings and £474,192 (2024 - £479,642) in respect of leaseholds.

15 Debtors

	2025 £	2024 £
Trade debtors	1,082	11,716
Prepayments	-	2,596
Accrued income	<u>2,663</u>	<u>2,463</u>
	<u>3,745</u>	<u>16,775</u>

16 Cash and cash equivalents

	2025 £	2024 £
Cash at bank	<u>268,295</u>	<u>182,469</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

17 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	2,517	3,235
Accruals	2,448	2,352
Deferred income	17,500	-
	22,465	5,587

18 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Balance at 31 March 2025 £
Unrestricted funds				
<i>General</i>				
General Funds	132,606	204,787	(206,880)	130,513
<i>Designated</i>				
Fixed Asset Fund	759,940	-	(10,123)	749,817
Total unrestricted funds	892,546	204,787	(217,003)	880,330
Restricted funds				
Her Centre	10,000	-	(10,000)	-
National Lottery	10,542	25,200	(17,660)	18,082
National Lottery - Sustainability	-	27,625	(575)	27,050
The Henry Smith Charity	36,654	60,000	(73,871)	22,783
Zurich Community Trust	-	36,000	(23,074)	12,926
The Hearn Foundation	-	55,000	(19,159)	35,841
Sensory Room	8,369	-	(947)	7,422
	65,565	203,825	(145,286)	124,104
Total funds	958,111	408,612	(362,289)	1,004,434

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
General Funds	21,889	199,281	(109,064)	20,500	132,606
<i>Designated</i>					
Fixed Asset Fund	769,931	-	(9,991)	-	759,940
Total unrestricted funds	<u>791,820</u>	<u>199,281</u>	<u>(119,055)</u>	<u>20,500</u>	<u>892,546</u>
Restricted funds					
Her Centre	65,426	10,500	(45,426)	(20,500)	10,000
Prevent, Protect and Repair	5,107	-	(5,107)	-	-
National Lottery	21,768	30,200	(41,426)	-	10,542
Mrs Smith & Mount Trust	-	5,000	(5,000)	-	-
Greenwich Charities (Community Innovation Grants)	2,053	-	(2,053)	-	-
The Henry Smith Charity	797	60,000	(60,797)	-	-
Zurich Community Trust	13,200	40,000	(16,546)	-	36,654
The Hearn Foundation	-	12,500	(12,500)	-	-
Sensory Room	-	16,050	(7,681)	-	8,369
	<u>108,351</u>	<u>174,250</u>	<u>(196,536)</u>	<u>(20,500)</u>	<u>65,565</u>
Total funds	<u><u>900,171</u></u>	<u><u>373,531</u></u>	<u><u>(315,591)</u></u>	<u><u>-</u></u>	<u><u>958,111</u></u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

The specific purposes for which the funds are to be applied are as follows:

Designated Funds - Fixed Asset Fund

The investment in the building and equipment is considered to be not easily realisable and therefore should not be included within the General reserve. A Fixed Assets reserve has been established that matches the net book value of assets.

Restricted Funds - Big Lottery

This fund has been established to recognise the funding received from the Big Lottery Fund. This award has helped the Trust to expand our services and to help reach those in the community who need support around emotional help, through a combination of one-to-one therapy and group work.

Restricted Funds - Her Centre

We receive 2 types of funding from the Her Centre:-

- work commissioned by Greenwich Council to ourselves and the Her Centre in partnership. This is for individual therapy for clients under the age of 18 who have been affected by domestic abuse.
- individual therapy sessions commissioned by the Her Centre with adult women who have been affected by domestic abuse.

Restricted Funds - Prevent, Protect, Repair

The PPR funding is for work commissioned by the Home Office in partnership with Lewisham Council, The Early Years Alliance and Athena. This project focuses on the effect of Domestic Abuse on Children in Lewisham, and the first year was a pilot project based in two specific areas of the borough; Evelyn and Bellingham. The aim is to offer education and support to professionals working with children and group work with families. The DUT's role is to offer 20 sessions of individual therapy to 12 under 18s a year.

Restricted Funds - Walk and Talk

This fund was granted by CCSF to pioneer Walk and Talk therapy for the Charity's beneficiaries.

Restricted Funds - Signal

This fund represents amounts received from Signal, a Charity based in Lewisham, London, for work with parents of children on the autism spectrum.

Restricted Funds - National Lottery

This fund has been granted by the National Lottery and is to be used for the Preventing Crisis, Promoting Wellbeing project.

Restricted Funds - Kelly Family

To deliver an intensive family centred Parent Child Attachment Programme for up to 30 families.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2025

Restricted Funds - Mrs Smith & Mount Trust

Towards the early therapeutic intervention support to adults and children to prevent them from going into crisis, to help them live well in the community.

Restricted Funds - Greenwich Charities (Community Innovation Grants)

Grant made towards understanding anxiety and stress workshops.

Restricted Funds - The Henry Smith Charity

To support people with mental health issues in Greenwich and Lewisham

Restricted Funds - Zurich Community Trust

To be spent on the salary for the Young People's Director, the clinical supervision of the volunteer counselling team, the professional development training of the staff volunteer team and a contribution to the increased running costs of the centre.

19 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2025 £
Tangible fixed assets	754,859	-	754,859
Current assets	147,936	124,104	272,040
Current liabilities	(22,465)	-	(22,465)
Total net assets	880,330	124,104	1,004,434
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2024 £
Tangible fixed assets	764,454	-	764,454
Current assets	133,679	65,565	199,244
Current liabilities	(5,587)	-	(5,587)
Total net assets	892,546	65,565	958,111

CERTIFICATE *of* SIGNATURE

REF. NUMBER
YK4OX-VVVJQ-CPRPJ-W2QJJ

DOCUMENT COMPLETED BY ALL PARTIES ON
18 DEC 2025 10:05:36
UTC

SIGNER

KATE NIGHTINGALE

EMAIL
KATEN@SVP.ORG.UK

TIMESTAMP

SENT
18 DEC 2025 10:01:43

VIEWED
18 DEC 2025 10:05:05

SIGNED
18 DEC 2025 10:05:36

SIGNATURE

Kate Nightingale

IP ADDRESS
148.252.147.72

RECIPIENT VERIFICATION

EMAIL VERIFIED
18 DEC 2025 10:05:05



THE DEBORAH UBEE TRUST

England & Wales - Charity number 1144232

Accounts

Company registration number: 07693256

Charity registration number: 1144232

The Deborah Ubee Trust Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Field Sullivan Limited
9 Hare & Billet Road
Blackheath
SE3 0RB

The Deborah Ubee Trust Ltd

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The Deborah Ubee Trust Ltd

Reference and Administrative Details

Chairman	K Nightingale
Trustees	A Clarke K Dev A Longley R Mckeverne K Nightingale N Reeves
Senior Management / Leadership Team	D Hubble A Johnston (from 28 June 2022)
Charity Registration Number	1144232
Company Registration Number	07693256
Registered Office	20 Egerton Drive London SE10 8JS
Independent Examiner	Field Sullivan Limited 9 Hare & Billet Road Blackheath SE3 ORB

The Deborah Ubee Trust Ltd

Trustees' Report

Chair's report:

The year 2022-2023 has been one of positive action and change for the DUT. Four new Trustees were appointed, with a range of relevant skills, including a Treasurer and they continue to meet bi monthly. The Charity also amended its Charitable objects to better reflect its core mission and services offered. Development of the services has been evident and particularly the children's services. The DUT passed its IIP bronze award and has been supported by the IIP assessor to develop some succession planning strategies. Fundraising has been successful this year generating new services and growth in the provision of one-to-one therapy supporting marginalised clients with their mental health.

Statement

The Trustees (who are also directors of the charity for the purposes of the Companies Act) present their annual report together with the financial statements of The Deborah Ubee Trust (the Charity) for the year ended 31 March 2024. The Trustees confirm that the Annual report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

STRUCTURE, GOVERNANCE AND MANAGEMENT - governing document:

The organisation is a charitable company limited by guarantee, incorporated on 5 July 2011, and registered as a charity on 11th October 2011. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

The Trust updated its charitable Objects with the Charity commission this year to the following:

The Charity's objects are the preservation and protection of mental health, and promoting better emotional wellbeing, by;

- A) Offering a professional and effective counselling service for all, irrespective of their ability to pay.
- B) Providing a holistic, therapeutic support service tailored to individual need, including specialist 1-2-1 trauma informed counselling, domestic and sexual violence specialist support, and engaging with neurodiverse adults and children.
- C) The provision and delivery of therapeutic workshops and groups -helping service users meet their own needs and to participate more fully in society.
- D) Working with other partners to meet the above objectives, to share and disseminate best practice, develop specialist knowledge, raise awareness of and the understanding of mental ill-health, and to reduce the stigma and taboo associated with seeking mental health support.

Recruitment and appointment of Trustees

Our trustees have a broad range of skills and experience and show a willingness to continue to develop their knowledge of the day-to-day business and practical work of the charity. All trustees are selected for their understanding of the ethos and the aims of the charity, giving their time voluntarily, without benefit.

Organisational structure and decision-making

The trustees meet regularly throughout the year to agree the strategic direction and policy of the charity. The day-to-day responsibility of running the charity rests with the Children's services director and the Director of Adult Services, although Trustees engage in the recruitment process and interviewing of directors and senior managers. They are responsible for ensuring that the charity delivers the services specified and that performance indicators are met. They are also responsible for developing skills and working practices in line with good practice.

The Deborah Ubee Trust Ltd

Trustees' Report

Risk management

Adopting the risk management model based on the Charity Commission document CC26 using the scoring system for impact, likelihood, and overall risk our Trustees looked closely at the effects, planning and budgeting accordingly:

The major risks identified are as follows: -

Reserves and funding of business:

The Trust is now engaged in seeking funds from new funding sources and exploring new partnership opportunities too. We are promoting the hire of our premises at weekends for wellbeing related practices and have secured bookings for the coming year.

Budgetary control and monitoring:

The Trust reconciles the bank accounts monthly and produces quarterly variance reports to put together accurate budgets and to oversee the allocation and spending of funds. Samuel Ijaopo our finance manager, oversees the day to day running of the finances.

Structure and succession planning:

We are collaborating with our consultant from Investors In People to plan our new organisational structure which will include a five-year succession plan for two key members of staff retiring.

Disaster recovery and planning:

We will continue to back up data and ensure that insurance is adequate.

Purposes and aims:

Our charity's objectives, as set out in the company's memorandum of association, are to promote the value of emotional health and wellbeing and offer therapeutic services to all irrespective of means to pay by: -

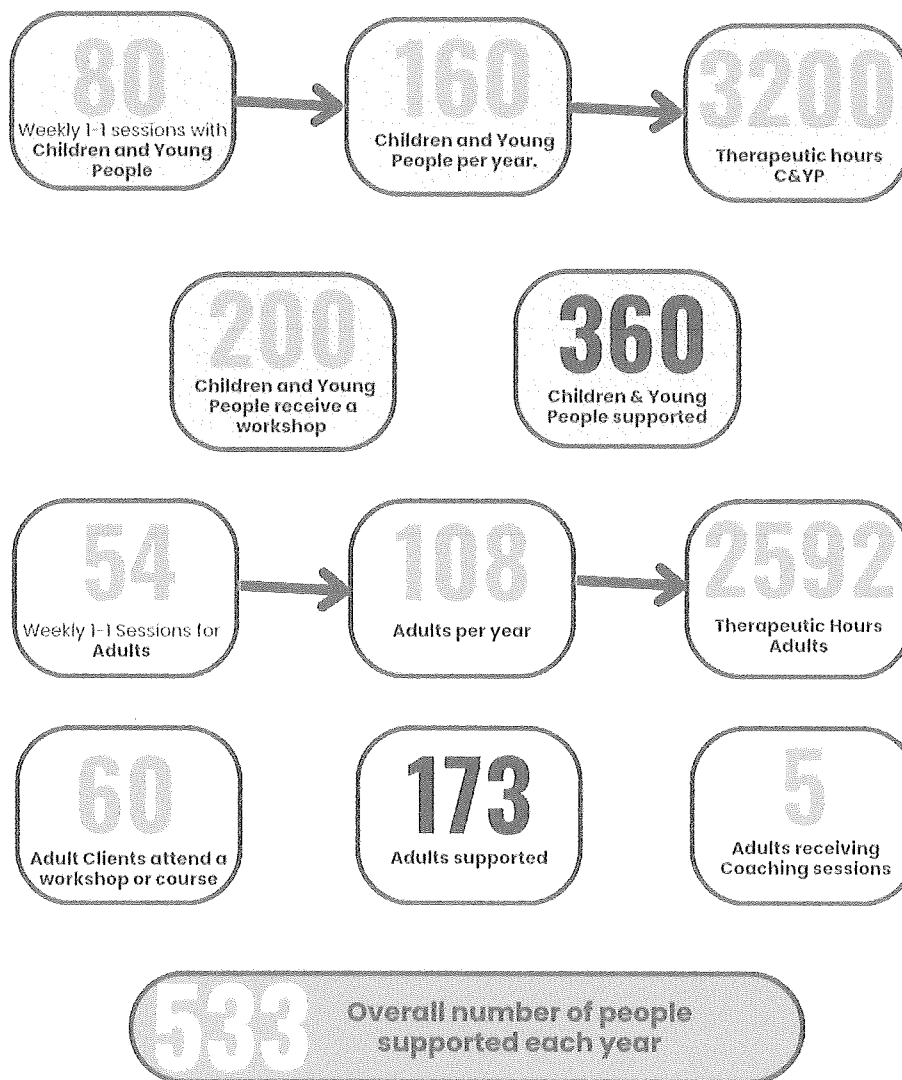
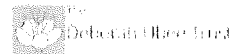
- Promoting emotional wellbeing and raising awareness on emotional health,
- Providing a range of therapeutic services to all,
- Providing support and training to placement counsellors,
- Promoting good practice around therapeutic interventions,
- Offering continuing professional development to practitioners.

The aims of our charity are to promote emotional health by providing counselling to those who are otherwise unable to access it, within the London boroughs of Greenwich Lewisham and Bexley. In addition to our 1:1 counselling service we provide access to a range of holistic therapies and group workshops. We aim to provide regular and varied Professional Development training to our practitioner team.

The Deborah Ubee Trust Ltd

Trustees' Report

This year DUT services provided the following:



Adult Service Summary

Demand for our service continues to grow and we are supporting more clients and evolving in new and exciting ways, led by feedback and conversations with our service users. This year was our biggest ever reach.

During this period, we worked with adults, offering individual, tailored support for up to 24 sessions per client. We were able to offer clients trauma informed therapy, psychodynamic therapy, person-centred therapy and dance and movement psychotherapy.

Additionally, clients accessed various workshops. We will be developing a new series of workshops in the coming year in response to our client feedback. These will improve mental health and wellbeing.

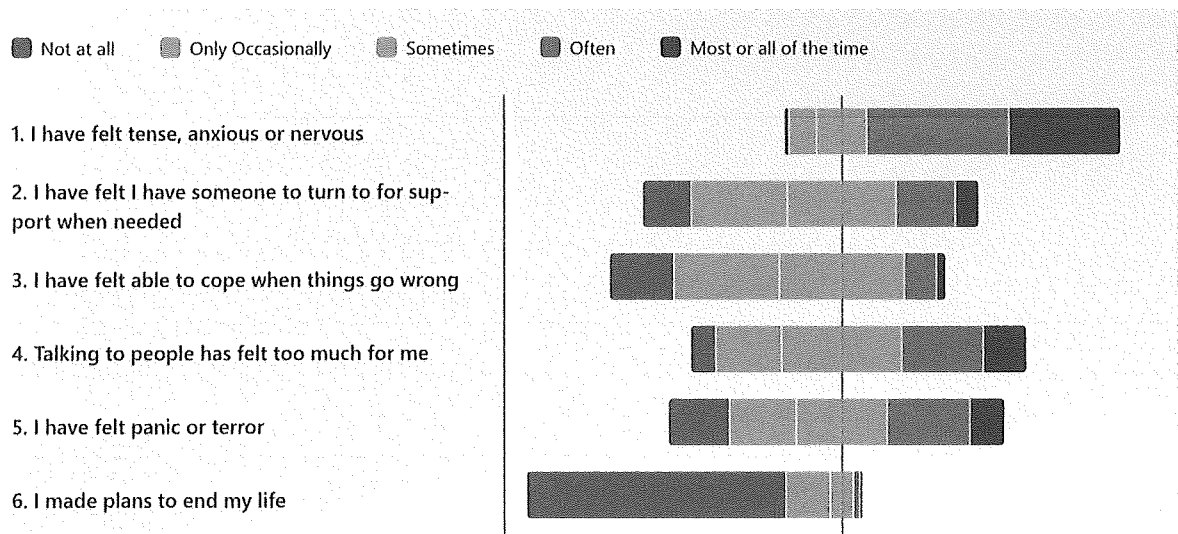
The Deborah Ubee Trust Ltd

Trustees' Report

We continue to work in partnership with other organisation's including the Her Centre, Signal and GDCA. We are regularly commissioned by Greenwich and Lewisham social care for individual client work.

The adult counselling service starts with a confidential assessment so that potential clients can be placed with the most appropriate therapist. Clients are provided with weekly counselling sessions with most clients receiving 24 weeks. Undertaken every 6-weeks, the client/counsellor review ensures that clients continue to receive the right support for their needs.

We ask our clients at the assessment stage to answer the following questions. Mostly, our clients feel tense, anxious, or nervous most of the time. We measure this during and at the end of their counselling with us, here we find a 100% improvement for clients who have completed a course of counselling with us.



Feedback from Adult one to one service:

"My counselling sessions with the Deborah Ubee Trust were hugely valuable to me. It meant that I had a safe space to go every week where I felt supported and acknowledged. My counsellor really enabled me to feel seen and listened to and was incredibly patient and insightful. I will always appreciate the invaluable support I have received through the Deborah Ubee Trust over the past 6 months. Not only have I been able to explore big topics, but I have also managed to implement some changes in my life which are already having a positive impact and I'm certain will continue to do so. Thank you so much, genuinely."

The Deborah Ubee Trust Ltd

Trustees' Report

*"The therapy I received from C*** was nothing short of life changing! When I signed up to receive help from the Deborah Ubee trust, I was completely at a loss with regulating my emotions, tracing their origin, working out how to work on myself. D*** matched me and C*** perfectly, from the first session I felt I could trust her and that I was heard. I had a traumatic experience with the NHS CAMHs services which put me off having therapy for years, alongside the price point of private therapy being completely out of reach for someone such as myself on a low income. I learned so much every week through my sessions with C***, who handled the work with care, a good ear and a great sense of humour which made me feel so at ease. I left my sessions each week feeling liberated and validated, and now I go about each day with the vocabulary and the assurance to look after myself and listen to myself and help to nurture my feelings. C*** not only taught me about the way that trauma and generational trauma has affected my life, but about different attachment styles and their influence. Also, upon realising that I was up for doing the work, and more psychologically minded, taught me some of the scientific side of how my mind was working. This was interesting, and I felt lucky to be paired with someone so passionate about what they do. I cannot thank The Deborah Ubee Trust enough for how they have helped me."*

"I feel incredibly lucky and grateful to have benefited from psychodynamic therapy at The Deborah Ubee Trust. This is because I have found it to be incredibly effective, and life-changing - and this positive effect is far greater than I ever thought it could be. Unfortunately, I came to The Deborah Ubee Trust at a time of feeling incredibly low. Because the Trust helped me to turn this situation around, and to be hugely more positive with myself and everyone I encounter in my life, I will never forget the experience and how positive it has been. Thank you for providing this life-changing experience."

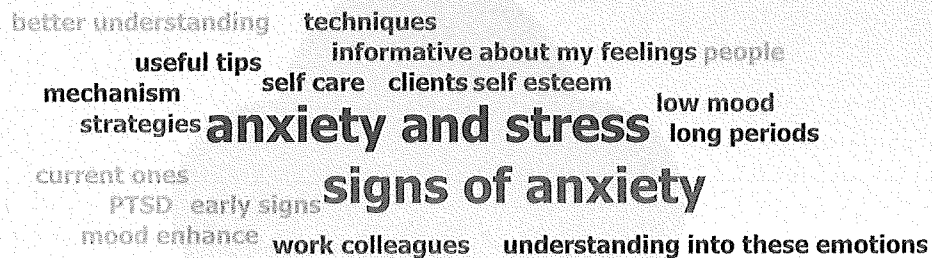
*"When I came to the Deborah Ubee Trust, I felt desperate and stuck, plagued by such distressing feelings and disturbing thoughts that I ran over and over in my head. I couldn't find a way to stop them or feel better - and I knew my terrible depression was unbearable not only for me but for my children and close friends. I found it hard to function and thought I might lose my job. I struggled to find any joy in life. The NHS had been unable to offer me any help. (Even though I'd been suicidal, it had taken the NHS a year to offer me counselling. But that was so bad and unhelpful that, although I was desperate, I'd quit after two sessions.) I didn't have enough money to see a counsellor privately. Then someone mentioned low-cost counselling at The Deborah Ubee Trust. I find it hard to describe what happened in the counselling room. Looking back, it almost feels like magic. I had felt so distressed, so sad, so broken but those weeks of being with K*** - talking openly and honestly, examining my thoughts and feelings, being (gently) challenged and developing an understanding of why I was feeling as I was - were so important to me. K*** gave me the support, the understanding, the warmth to move forward. She's a brilliant counsellor. I honestly do not know what I would have done without her."*

The Deborah Ubee Trust Ltd

Trustees' Report

Feedback from our workshops:

Please let us know if there is anything specific you would like from the workshop



A word cloud of feedback from workshops. The most prominent words are 'anxiety and stress' and 'signs of anxiety'. Other visible words include 'techniques', 'useful tips', 'mechanism', 'strategies', 'self care', 'clients self esteem', 'low mood', 'long periods', 'current ones', 'PTSD', 'early signs', 'mood enhance', 'work colleagues', and 'understanding into these emotions'.

"I would highly recommend this course to anyone, struggling with stress and anxiety."

"How informative and varied it was, covering many aspects in very interactive ways and yet always feeling safe."

"To deal (or at least give a start to dealing) with my fear of socialising within groups. I feel very proud of myself and know i will be able to go on with social life."

"Embrace my fight/flight response. To practise sharing and listening after a period of forced (extreme) isolation. To continue to consider if I'm truly soothing negative motivation and forgive "procrastination."

Under 18's Service Summary

All the children and young people accessing the trust receive a full in person assessment, complete YP-Core and outcome stars and complete an online intake form. This enables the trust to allocate these children and young people to the best suited therapist, we offer art psychotherapy, dance and movement therapy, play therapy and talking therapy, our therapists are all trained to work with ACE's (Adverse childhood experiences), have had specialised neurodiversity and domestic abuse training, and we work in a trauma informed way, including trauma informed sexual-violence therapeutic work.

Our purpose-built playroom includes an extensive range of therapeutic equipment, and our therapists use play and art materials to help the children work through their difficulties, for example: loss, grief, abuse, anxiety, attachment issues or school refusal. Play therapy is the most effective way to work with children who may find it challenging to express their feelings verbally. Through play, they can communicate without using words.

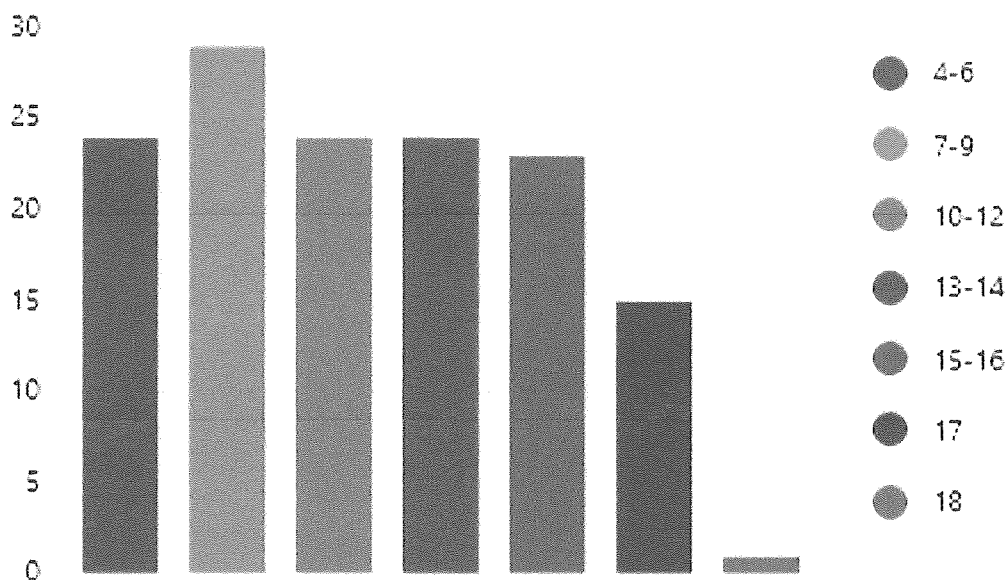
We have just designed and installed a multi-sensory room with purpose-built furniture and equipment to better support the children we see with specific sensory needs. Enabling better engagement with children who are not neurotypical.

We specialise in working with Domestic Abuse, Sexual Abuse and Neurodiversity.

The Deborah Ubee Trust Ltd

Trustees' Report

Age range of the children in the service



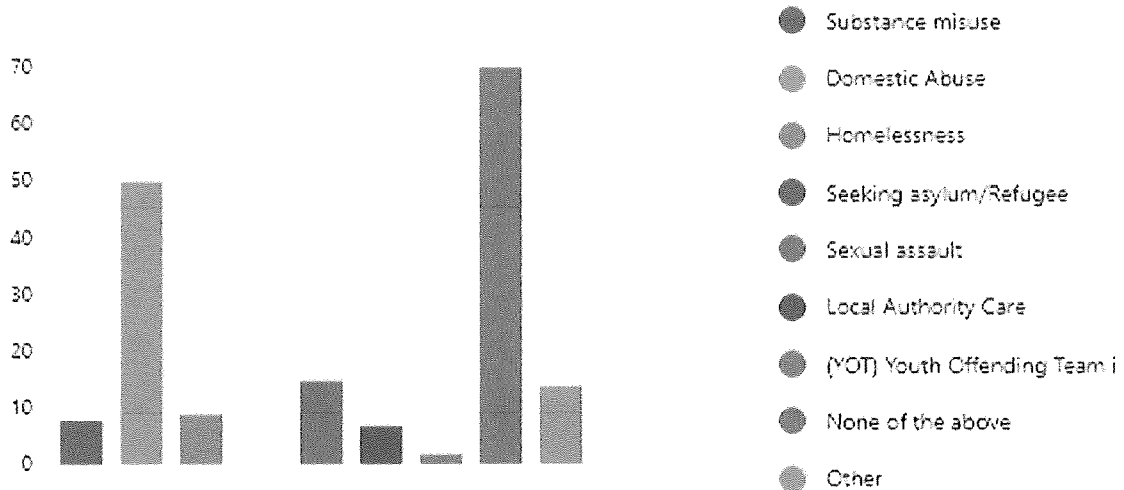
Gender of children and young people's service



The Deborah Ubee Trust Ltd

Trustees' Report

This graph indicates ACE's (Adverse Childhood Experiences) experienced by CYP in the last 5-years.



Others included: emotional abuse, parental separation, neurodiversity, bullying and challenging behaviours.

None of the above included: anxiety, loss, parental alienation, school refusal, anger, homelessness.

We have worked with:

185 children and young people in a 1-2-1 provision, including our commissioned work, partnership work and in-school provisions. This is now the largest CYP (Children and Young People) provision in DUT history to date.

Other work included:

Linton Mead commissioned us to provide 1-2-1 support for their children 1 day a week and trauma informed training to their staff.

Park View commissioned our debriefing service for their staff, and we provided one teaching group reflective practice to trial the service. Staff training and support to parents who are struggling with their child's mental health. We also delivered 1-2-1 therapy to children at the school.

Continued to work with domestic abuse partnership HER Centre- uptake/referral process this year saw 12 children/families.

Delivered 'worry workshops' in several Greenwich schools reaching 40 children supported with anxiety.

Designed and delivered workshops for Anxiety in Secondary schools reaching 40 young people.

Provided workshops on both anger and friendships seeing 60 children in a school setting.

Designed and developed a self-compassion and self-harm workshop for teens, this saw 20 children over a longer period, feedback for this was excellent.

Child Social Care commissioned DUT to work with 10 children over the period.

Early Years Alliance commissioned 10 therapy places this year.

Delivered CPD (Continued Professional Development) training for all clinical staff on Neurodiversity, working with difference in the therapy room, LGBTQIA+ training, group facilitation/presenting workshops,

Investors in people accreditation obtained.

The Deborah Ubee Trust Ltd

Trustees' Report

Future for under 18's

Deliver more of our workshops in local schools and expand our therapeutic provision across our boroughs.

Deliver our workshop for children diagnosed with ASD.

Design new CPD for our staff and volunteers.

Design and deliver trauma informed training with our partners and schools.

Feedback from this client Group:

"I really want to thank my therapist for her support, she allowed me the space and time to talk through the difficult life situations I was dealing with. She helped me to see that I am not my problem, and I can be whatever I want to be. Thanks to her and everyone for the support."

"Seeking help from the DUT is helpful for anyone who is upset or stressed; it is a fantastic way to relieve heavy burdens or just if you want to talk stuff through, staff are non-judgmental, kind, and easy to talk to."

"Counselling has really helped me to learn to cope with difficult events and situations. I have been able to sort through old memories I pushed aside for so long and learn more about why I act the way I do."

Feedback from our partners remains positive, our reputation is growing, and enquiries about our services are at an all-time high.

School feedback shows children are more engaged in class and anxiety has been reduced after intervention. Parents feedback indicated a marked improvement in behaviour after the intervention and interactions with friends and family are much more positive.

The way forward:

We know early intervention is key to support our children and young people, we work with the key focus on ***Intervention, Prevention, and Growth***.

It is better to prevent problems from occurring in the first place than to try to fix them after they have developed. This is because early intervention can reduce the impact of problems on children's learning, development, and wellbeing.

In the coming year we plan to expand the children service further, both in our centre and in our local school community.

We will design and deliver a new series of workshops for both children and parents to support emotional regulation and wellbeing in the families we support.

Special thanks to our funders who recognise the need for early intervention.

The Henry Smith Charity

The Hearn Foundation

Zurich Community Trust

The National Lottery.

The Deborah Ubee Trust Ltd

Trustees' Report

And our partners

The HER Centre

Signal

Early Years Alliance Lewisham

and of course, all our schools.

Principal Funding Sources:

The National Lottery

Zurich Community Trust

Henry Smith Foundation

The Hearn Foundation

With special thanks to:

Joan Sakas Quiz fundraiser, Linda Hughes Choir Fundraiser, Lily Ubee part fundraiser, Awards for All for our new sensory room, Great South run (Tina, Martin, and Lesley)

Anna who run the London Marathon for us. 6 wonderful tritons/parents who ran the London Landmarks half marathon, Leyla, Lauren, Martin, Isa, Kath, and Stephen

Sally Paxton

The Deborah Ubee Trust is extremely thankful to the Paxton family for choosing our children and young people' service as the beneficiary of the very generous donations given by their friends and relatives in memory of their cherished daughter, Sally.

A very generous donation from The Jessica Mathers Trust.

Plants from the Peabody Housing Association - Arthur Rayner and Sacha Byrne.

Public benefit

The trustees have had regard to Charity Commission guidance on public benefit.

Financial Review - Reserves policy

The trustees have decided that the charity requires that reserves are 3 to 6-months of expenditure.

The Deborah Ubee Trust Ltd

Trustees' Report

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	P Ubee (resigned 12 October 2023)
	M Simpson (resigned 12 October 2023)
	G Russell (resigned 10 July 2023)
	K Sinclair (resigned 21 July 2023)
	A Clarke (appointed 14 November 2023)
	K Dev
	A Longley (appointed 14 November 2023)
	R Mckeeverne (appointed 12 October 2023)
	K Nightingale
	N Reeves (appointed 12 October 2023)
Chairman:	K Nightingale
Senior Management / Leadership Team:	D Hubble
	A Johnston

Statement of trustees' responsibilities

The trustees (who are also the directors of The Deborah Ubee Trust Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

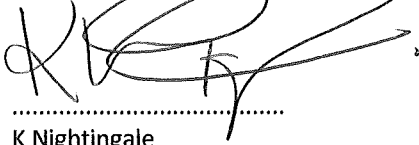
The Deborah Ubee Trust Ltd

Trustees' Report

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 31 August 2024 and signed on its behalf by:



.....
K Nightingale
Chairman and trustee

The Deborah Ubee Trust Ltd

Independent Examiner's Report to the trustees of The Deborah Ubee Trust Ltd ('the Company')

I report to the charity trustees (who are also Directors for the purpose of company law) on my examination of the accounts of the The Deborah Ubee Trust Ltd ('the charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet and related notes 16 to 31.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity's trustees of The Deborah Ubee Trust Ltd you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of The Deborah Ubee Trust Ltd are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since The Deborah Ubee Trust Ltd 's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Deborah Ubee Trust Ltd as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Deborah Ubee Trust Ltd

Independent Examiner's Report to the trustees of The Deborah Ubee Trust Ltd ('the Company')

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'Tim Sullivan', written over a dotted line.

Timothy Sullivan
ICAEW

9 Hare & Billet Road
Blackheath
SE3 ORB

16/10/2024

The Deborah Ubee Trust Ltd

Statement of Financial Activities for the Year Ended 31 March 2024
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2024 £	Unrestricted £	Restricted £	Total 2023 £
Income and Endowments from:							
Donations and legacies	3	83,833	174,250	258,083	63,871	173,735	237,606
Charitable activities	4	95,698	-	95,698	65,298	-	65,298
Other trading activities	5	17,665	-	17,665	5,464	-	5,464
Investment income	6	1,918	-	1,918	57	-	57
Other income		167	-	167	50	-	50
Total income		199,281	174,250	373,531	134,740	173,735	308,475
Expenditure on:							
Charitable activities	8	(119,055)	(196,536)	(315,591)	(133,473)	(135,683)	(269,156)
Total expenditure		(119,055)	(196,536)	(315,591)	(133,473)	(135,683)	(269,156)
Net income/(expenditure)		80,226	(22,286)	57,940	1,267	38,052	39,319
Transfers between funds		20,500	(20,500)	-	1,368	(1,368)	-
Net movement in funds		100,726	(42,786)	57,940	2,635	36,684	39,319
Reconciliation of funds							
Total funds brought forward		791,820	108,351	900,171	789,185	71,667	860,852
Total funds carried forward	18	892,546	65,565	958,111	791,820	108,351	900,171

The notes on pages 19 to 31 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd

**Statement of Financial Activities for the Year Ended 31 March 2024
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

The funds breakdown for 2023 is shown in note 18.

All of the charity's activities derive from continuing operations during the above two periods.

The notes on pages 19 to 31 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd
(Registration number: 07693256)
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	14	764,454	774,446
Current assets			
Debtors	15	16,775	36,247
Cash at bank and in hand	16	<u>182,469</u>	<u>102,201</u>
		199,244	138,448
Creditors: Amounts falling due within one year	17	<u>(5,587)</u>	<u>(12,723)</u>
Net current assets		<u>193,657</u>	<u>125,725</u>
Net assets		<u>958,111</u>	<u>900,171</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		65,565	108,351
Unrestricted income funds			
Unrestricted funds		<u>892,546</u>	<u>791,820</u>
Total funds	18	<u>958,111</u>	<u>900,171</u>

For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 16 to 31 were approved by the trustees, and authorised for issue on 31 August 2024 and signed on their behalf by:



.....
K Nightingale
Chairman and trustee

15/10/2024

The notes on pages 19 to 31 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Charity status

The charity is limited by guarantee, incorporated in , and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

20 Egerton Drive
London
SE10 8JS

These financial statements were authorised for issue by the trustees on 31 August 2024.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102) - Second edition October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

The Deborah Ubee Trust Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the periods in which the estimate is revised where revisions affects only that period, or in the period of the revision and future periods where the revisions affects both current and future periods.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold Property	1% Straight line
Property Improvements	1% Straight line
Computer Equipment	25% Straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Donations and legacies;				
Donations from individuals	83,833	-	83,833	63,871
Grants, including capital grants;				
The Kelly Family Trust	-	-	-	5,000
Mrs Smith & Mount Trust	-	5,000	5,000	5,000
Greenwich Charities (Community Innovation Grants)	-	-	-	5,000
The Henry Smith Charity	-	60,000	60,000	30,000
Zurich Community Trust	-	40,000	40,000	30,000
Her Centre	-	10,500	10,500	25,000
The Hearn Foundation	-	12,500	12,500	-
The Sensory Award	-	16,050	16,050	-
The National Lottery Community Fund	-	30,200	30,200	73,735
	<u>83,833</u>	<u>174,250</u>	<u>258,083</u>	<u>237,606</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

4 Income from charitable activities

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Fee and service agreement income	70,357	70,357	44,079
Rental income	25,341	25,341	21,219
	<u>95,698</u>	<u>95,698</u>	<u>65,298</u>

5 Income from other trading activities

	Unrestricted funds General £	Total funds £	Total 2023 £
Fundraising	17,665	17,665	5,464
	<u>17,665</u>	<u>17,665</u>	<u>5,464</u>

6 Investment income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Interest receivable and similar income; Interest receivable on bank deposits	1,918	1,918	57
	<u>1,918</u>	<u>1,918</u>	<u>57</u>

7 Other income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Fees and supplies	167	167	50
	<u>167</u>	<u>167</u>	<u>50</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

8 Expenditure on charitable activities

	Note	Total 2024 £	Total 2023 £
Supervision and running costs		28,415	20,811
Insurance		1,493	1,404
Fundraising		1,400	700
Staff training		2,884	3,287
Premises		20,756	14,894
Service charges		6,376	21,433
Printing, postage and stationery		3,486	3,549
Trade subscriptions		499	641
Sundries		3,309	2,821
Staff costs	11	231,790	184,407
Support costs	9	<u>15,183</u>	<u>15,209</u>
		<u>315,591</u>	<u>269,156</u>

In addition to the expenditure analysed above, there are also governance costs of £15,183 (2023 - £15,209) which relate directly to charitable activities. See note 9 for further details.

9 Analysis of support costs

Support costs

	Total 2024 £	Total 2023 £
Professional	216	346
Depreciation	9,991	9,991
Computer software and maintenance	2,624	2,592
Independent examination	<u>2,352</u>	<u>2,280</u>
	<u>15,183</u>	<u>15,209</u>

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

11 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	216,324	171,032
Social security costs	8,544	7,498
Pension costs	6,922	5,877
	<u>231,790</u>	<u>184,407</u>

Included within staff costs are £62,970 (2022 - £58,261) of sessional staff costs.

The average number of persons (including senior management / leadership team) employed by the charity during the year was as follows:

	2024 No	2023 No
Employees	<u>3</u>	<u>3</u>

Contributions to the employee pension schemes for the year totalled £6,922 (2023 - £5,877).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £58,103 (2023 - £57,217).

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Related party transactions

There were no related party transactions in the year.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

14 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2023	<u>545,042</u>	<u>13,882</u>	<u>318,904</u>	<u>877,828</u>
At 31 March 2024	<u>545,042</u>	<u>13,882</u>	<u>318,904</u>	<u>877,828</u>
Depreciation				
At 1 April 2023	59,950	10,204	33,228	103,382
Charge for the year	<u>5,450</u>	<u>1,353</u>	<u>3,189</u>	<u>9,992</u>
At 31 March 2024	<u>65,400</u>	<u>11,557</u>	<u>36,417</u>	<u>113,374</u>
Net book value				
At 31 March 2024	<u>479,642</u>	<u>2,325</u>	<u>282,487</u>	<u>764,454</u>
At 31 March 2023	<u>485,092</u>	<u>3,678</u>	<u>285,676</u>	<u>774,446</u>

The Leasehold Property is held on a 999 year lease from 2005.

Included within the net book value of land and buildings above is £Nil (2023 - £Nil) in respect of freehold land and buildings and £479,642 (2023 - £485,092) in respect of leaseholds.

15 Debtors

	2024 £	2023 £
Trade debtors	11,716	31,711
Prepayments	2,596	2,176
Accrued income	<u>2,463</u>	<u>2,360</u>
	<u>16,775</u>	<u>36,247</u>

16 Cash and cash equivalents

	2024 £	2023 £
Cash at bank	<u>182,469</u>	<u>102,201</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

17 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	3,235	2,043
Accruals	2,352	2,280
Deferred income	-	8,400
	<u>5,587</u>	<u>12,723</u>

18 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
<i>General</i>					
General Funds	21,889	199,281	(109,064)	20,500	132,606
<i>Designated</i>					
Fixed Asset Fund	<u>769,931</u>	<u>-</u>	<u>(9,991)</u>	<u>-</u>	<u>759,940</u>
Total unrestricted funds	<u>791,820</u>	<u>199,281</u>	<u>(119,055)</u>	<u>20,500</u>	<u>892,546</u>
Restricted funds					
Her Centre	65,426	10,500	(45,426)	(20,500)	10,000
Prevent, Protect and Repair	5,107	-	(5,107)	-	-
National Lottery	21,768	30,200	(41,426)	-	10,542
Mrs Smith & Mount Trust	-	5,000	(5,000)	-	-
Greenwich Charities (Community Innovation Grants)	2,053	-	(2,053)	-	-
The Henry Smith Charity	797	60,000	(60,797)	-	-
Zurich Community Trust	13,200	40,000	(16,546)	-	36,654
The Hearn Foundation	-	12,500	(12,500)	-	-
Sensory Room	-	16,050	(7,681)	-	8,369
	<u>108,351</u>	<u>174,250</u>	<u>(196,536)</u>	<u>(20,500)</u>	<u>65,565</u>
Total funds	<u>900,171</u>	<u>373,531</u>	<u>(315,591)</u>	<u>-</u>	<u>958,111</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General Funds	9,263	134,740	(123,482)	1,368	21,889
<i>Designated</i>					
Fixed Asset Fund	<u>779,922</u>	<u>-</u>	<u>(9,991)</u>	<u>-</u>	<u>769,931</u>
Total unrestricted funds	<u>789,185</u>	<u>134,740</u>	<u>(133,473)</u>	<u>1,368</u>	<u>791,820</u>
Restricted funds					
Her Centre	54,740	25,000	(14,314)	-	65,426
Prevent, Protect and Repair	15,559	-	(10,452)	-	5,107
Park View	1,368	-	-	(1,368)	-
National Lottery	-	73,735	(51,967)	-	21,768
Kelly Family	-	5,000	(5,000)	-	-
Mrs Smith & Mount Trust	-	5,000	(5,000)	-	-
Greenwich Charities (Community Innovation Grants)	-	5,000	(2,947)	-	2,053
The Henry Smith Charity	-	30,000	(29,203)	-	797
Zurich Community Trust	<u>-</u>	<u>30,000</u>	<u>(16,800)</u>	<u>-</u>	<u>13,200</u>
	<u>71,667</u>	<u>173,735</u>	<u>(135,683)</u>	<u>(1,368)</u>	<u>108,351</u>
Total funds	<u>860,852</u>	<u>308,475</u>	<u>(269,156)</u>	<u>-</u>	<u>900,171</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

The specific purposes for which the funds are to be applied are as follows:

Designated Funds - Fixed Asset Fund

The investment in the building and equipment is considered to be not easily realisable and therefore should not be included within the General reserve. A Fixed Assets reserve has been established that matches the net book value of assets.

Restricted Funds - Big Lottery

This fund has been established to recognise the funding received from the Big Lottery Fund. This award has helped the Trust to expand our services and to help reach those in the community who need support around emotional help, through a combination of one-to-one therapy and group work.

Restricted Funds - Her Centre

We receive 2 types of funding from the Her Centre:-

- work commissioned by Greenwich Council to ourselves and the Her Centre in partnership. This is for individual therapy for clients under the age of 18 who have been affected by domestic abuse.
- individual therapy sessions commissioned by the Her Centre with adult women who have been affected by domestic abuse.

Restricted Funds - Prevent, Protect, Repair

The PPR funding is for work commissioned by the Home Office in partnership with Lewisham Council, The Early Years Alliance and Athena. This project focuses on the effect of Domestic Abuse on Children in Lewisham, and the first year was a pilot project based in two specific areas of the borough; Evelyn and Bellingham. The aim is to offer education and support to professionals working with children and group work with families. The DUT's role is to offer 20 sessions of individual therapy to 12 under 18s a year.

Restricted Funds - Walk and Talk

This fund was granted by CCSF to pioneer Walk and Talk therapy for the Charity's beneficiaries.

Restricted Funds - Signal

This fund represents amounts received from Signal, a Charity based in Lewisham, London, for work with parents of children on the autism spectrum.

Restricted Funds - National Lottery

This fund has been granted by the National Lottery and is to be used for the Preventing Crisis, Promoting Wellbeing project.

Restricted Funds - Kelly Family

To deliver an intensive family centred Parent Child Attachment Programme for up to 30 families.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2024

Restricted Funds - Mrs Smith & Mount Trust

Towards the early therapeutic intervention support to adults and children to prevent them from going into crisis, to help them live well in the community.

Restricted Funds - Greenwich Charities (Community Innovation Grants)

Grant made towards understanding anxiety and stress workshops.

Restricted Funds - The Henry Smith Charity

To support people with mental health issues in Greenwich and Lewisham

Restricted Funds - Zurich Community Trust

To be spent on the salary for the Young People's Director, the clinical supervision of the volunteer counselling team, the professional development training of the staff volunteer team and a contribution to the increased running costs of the centre.

19 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2024 £
Tangible fixed assets	764,454	-	764,454
Current assets	133,679	65,565	199,244
Current liabilities	(5,587)	-	(5,587)
Total net assets	892,546	65,565	958,111
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2023 £
Tangible fixed assets	774,446	-	774,446
Current assets	30,097	108,351	138,448
Current liabilities	(12,723)	-	(12,723)
Total net assets	791,820	108,351	900,171

THE DEBORAH UBEE TRUST

England & Wales - Charity number 1144232

Accounts

Company registration number: 07693256

Charity registration number: 1144232

The Deborah Ubee Trust Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Field Sullivan Limited
9 Hare & Billet Road
Blackheath
SE3 0RB

The Deborah Ubee Trust Ltd

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The Deborah Ubee Trust Ltd

Reference and Administrative Details

Chairman	K Nightingale
Trustees	P Ubee M Simpson K Nightingale K Dev
Senior Management / Leadership Team	D Hubble R Staden A Johnston (from 28 June 2022)
Charity Registration Number	1144232
Company Registration Number	07693256
Registered Office	20 Egerton Drive London SE10 8JS
Independent Examiner	Field Sullivan Limited 9 Hare & Billet Road Blackheath SE3 0RB

The Deborah Ubee Trust Ltd

Trustees' Report

Chair's report:

The Deborah Ubee Trust (DUT) made an incredible contribution to the local community during 2022/23. Recovering, like all charities, from the pandemic and the financial challenges by developing some successful new partnerships, bringing back its room hire for private clients and successfully gaining much needed trust income. The new head of children's services has made an excellent contribution in her first 9-months and has been able to grow and expand children's services, taking this service in a new and exciting direction. Plans for the coming year are to grow the Trustee body with new expertise and skills, to aim for an Investor in People Bronze Award and to hold a strategic review to ensure that the DUT continues to grow and to expand in the right direction.

Statement:

The Trustees (who are also directors of the charity for the purposes of the Companies Act) present their annual report together with the financial statements of The Deborah Ubee Trust (the Charity) for the year ended 31 March 2023. The Trustees confirm that the Annual report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 5 July 2011, and registered as a charity on 11th October 2011. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of Trustees

Our trustees have a broad range of skills and experience and show a willingness to continue to develop their knowledge of the day-to-day business and practical work of the charity. All trustees are selected for their understanding of the ethos and the aims of the charity, giving their time voluntarily, without benefit.

Organisational structure and decision-making

The trustees meet several times a year to agree strategic direction and policy of the charity. The day-to-day responsibility of running the charity rests with the two directors, although Trustees are involved in the recruitment process and interviewing of directors and senior managers. The directors are responsible for ensuring that the charity delivers the services specified and that performance indicators are met. They are also responsible for developing skills and working practices in line with good practice.

Risk management

Adopting the risk management model based on the Charity Commission document CC26 using the scoring system for impact, likelihood, and overall risk our Trustees looked closely at the effects, planning and budgeting accordingly:

The Deborah Ubee Trust Ltd

Trustees' Report

The major risks identified are as follows: -

Reserves and funding of business:

The Trust is now engaged in seeking funds from new funding sources and exploring new partnership opportunities too. We are promoting the hire of our premises at weekends for wellbeing related practises and have secured bookings for the coming year.

Budgetary control and monitoring:

The Trust reconciles the bank accounts monthly and produces quarterly variance reports to put together accurate budgets and to oversee the allocation and spending of funds. Samuel Ijaopo our finance manager, oversees the day to day running of the finances.

Structure and succession planning:

With advanced notice, Rosie Staden retired from the post as director of young people's services in summer 2022. We successfully appointed Amanda Johnston.

Disaster recovery and planning.

We will continue to back up data and ensure that insurance is adequate.

Purposes and aims.

Our charity's objectives, as set out in the company's memorandum of association, are to promote the value of emotional health and wellbeing and offer therapeutic services to all irrespective of means to pay by: -

- Promoting emotional wellbeing and raising awareness on emotional health
- Providing a range of therapeutic services to all
- Providing support and training to placement counsellors
- Promoting good practice around therapeutic interventions
- Offering continuing professional development to practitioners

The aims of our charity are to promote emotional health by providing counselling to those who are otherwise unable to access it, within the London boroughs of Greenwich Lewisham and Bexley. In addition to our 1:1 counselling services we provide access to a range of holistic therapies and group workshops. We aim to provide regular and varied Professional Development training to our practitioner team.

Adult service Summary

This year marks ten years since the first client stepped through our doors and each year we have grown and developed, supporting many more clients and evolving in new and exciting ways, led by feedback and conversations with our service users. This year was our biggest ever reach. During this period, we worked with 114 adults, offering individual, tailored support for up to 24 sessions per client. We were able to offer clients trauma informed therapy, psychodynamic therapy, person-centred therapy and dance and movement psychotherapy.

Additionally, 80 clients accessed various workshops. We will be developing a new series of workshops in the coming year in response to our client feedback. These will improve mental health and wellbeing.

The Deborah Ubee Trust Ltd

Trustees' Report

With funding from Greenwich Community Innovation Grants we were able to provide a series of workshops to support different groups of people struggling with stress and anxiety. These workshops were an enormous success and, as a direct request from our clients, we will continue to look for funding so we can offer more. Feedback from clients told us that the workshops gave useful insights and tools for understanding their situations.

Funding from the Kelly Family Trust has enabled us to deliver closed groups of Parent/Child Attachment Play courses. The learning and sharing of experiences from the participants has made a real difference to their family life. The key benefits were:

- Improved parent/child attachment.
- Support for parents/carers to learn and embed key skills and techniques into their daily family life.
- Support to enable parents/carers to make changes within their own families rather than relying on experts from outside.
- Enhancement of the parent's/carer's natural ability to allow them to become more confident.
- The support for families to build and strengthen the parent-child relationship using play, and in turn strengthen the family unit.

Our new funding partner Zurich Community Trust has supported us with lots of training to help us become more sustainable. The team has taken an active interest in our services and this has boosted our moral.

The Mrs Smith and Mount Trust awarded us a two-year grant so we can extend early therapeutic intervention to support to adults and children to prevent them from going into crisis and to help them live well in the community.

Our Henry Smith Charity application has provided us with the three years' running costs to enable us to continue to support people with mental health issues in Greenwich and Lewisham. Furthermore, The Henry Smith Charity have assisted the Trust with guidance and support in areas of business.

We continue to work in partnership with other organisations including the Her Centre, Signal and GDCA. We are regularly commissioned by Greenwich and Lewisham social care for individual client work.

Lorraine Stafford who died on 25 August 2021 was a valued member of our counselling team. We received a donation from her will, that has enabled us to offer mental health support to clients in need. Lori was a lovely, professional, caring counsellor who is greatly missed by the DUT team.

We continue to be overwhelmed with referrals to all of our services and, for several weeks in late Spring, had to take the decision to suspend the waiting list for adult services and will need to do so again in the coming months. With such demand, the Trust does not want to offer false hope by allowing people to wait many, many months for therapy.

The adult counselling service starts with a confidential assessment so that potential clients can be placed with the most appropriate therapist. Clients are provided with weekly counselling sessions with most clients receiving 24 weeks. Undertaken every 6-weeks, the client/counsellor review ensures that clients continue to receive the right support for their needs.

We ask our clients at the assessment stage to answer questions. Mostly, our clients feel tense, anxious, or nervous most of the time. We measure this during and at the end of their counselling with us, here we find a 100% improvement for clients who have completed a course of counselling with us.

The Deborah Ubee Trust Ltd

Trustees' Report

Feedback from Adult one to one service:

I had a great experience. I would have never got through what I was going through without the help of the kind great people at the Deborah Ubee Trust. Cath was a great fit with for me she helped me a lot. Thank you

Tessa was an absolutely outstanding counsellor. She was so patient and kept up her attentiveness and concentration at all times. She had the right balance between creating a level of trust and closeness to allow me to feel comfortable to talk openly, while maintaining professional boundaries and necessary distance. The six months of sessions has honestly changed my life! I feel much more hopeful and confident about my future, and I feel in control of my emotions and anxieties. I couldn't be more grateful for my experience at DUT.

I found it to be very calming and welcoming space, which did a lot to alleviate and anxiety I initially felt. I am grateful for my therapist, Tanya who listened and let me talk and express what I needed to in the way I needed to.

I didn't have many expectations and didn't think I could be helped. I was very surprised how beneficial I found it.

I found all the staff I interacted with to be really nice and welcoming which did help with anxiety

Jacqueline took time to understand my needs and to work with me to build some very effective tools to help support me. She created a really safe space that allowed me to be really open and honest. She was very skilled indeed. One of the sessions using narrative therapy, completely changed my perspective on a number of issues. I leave the session feeling happier, more relaxed and excited about the future. Huge thanks for that.

The six months that I had with the DUT has provided me with a really safe space to explore issues and to challenge myself. The skilled counselling has also helped me build a set of new skills that allow me to tackle life's challenges in much more positive and productive ways. I would recommend this service to anyone. Absolutely worth waiting for.

My experience with The Deborah Ubee Trust has been very inspiring! My therapist was non-judgmental, supportive and a good listener.

She accepted me for me, and we could both see my growth from the start of therapy until the end. I'm very appreciative of her, and I'll always hold my journey with her in my heart.

Counselling at the Deborah Ubee Trust allowed me to access counselling during a very difficult time in my life, which would have been difficult to cope with alone. It helped me have a safe space during the week to discuss my issues with an unbiased person that would offer constructive support.

I had a really good experience at DUT and my counsellor really tuned into the way that I expressed myself, and helped adapt that into a personalised approach. I learnt about the importance of words and naming emotions, the power of noticing; as well as remembering that setbacks are part of the process and part of life. I felt guided and listened to, understood and really benefited from the experience and would recommend DUT highly to others.

The Deborah Ubee Trust Ltd

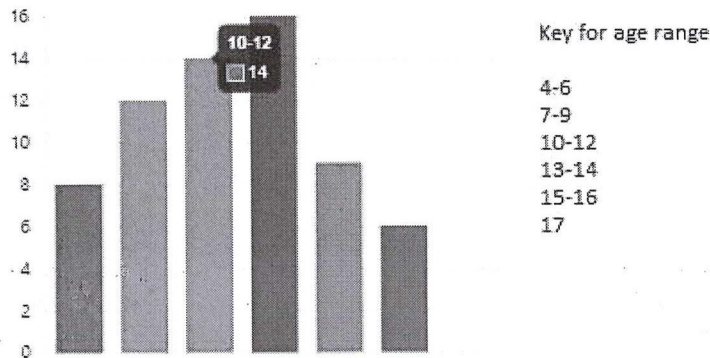
Trustees' Report

Under 18's Service Summary

All the children and young people accessing the trust receive a full in person assessment, complete SDQ (Strengths and Difficulties Questionnaire) and complete and online intake form. This enables the trust to allocate these children and young people to the best suited support, we offer Art Psychotherapy, Dance and Movement Therapy, play therapy and talking therapy, our therapists are all trained to work with ACE's (Adverse childhood experiences), and we work in a trauma informed way.

Our purpose-built playroom is well equipped, and our therapists use play and art materials to help the children work through their difficulties, for example: loss, grief, abuse, anxiety, attachment issues or school refusal.

We specialise in working with Domestic Abuse, Sexual Abuse and Neurodiversity.



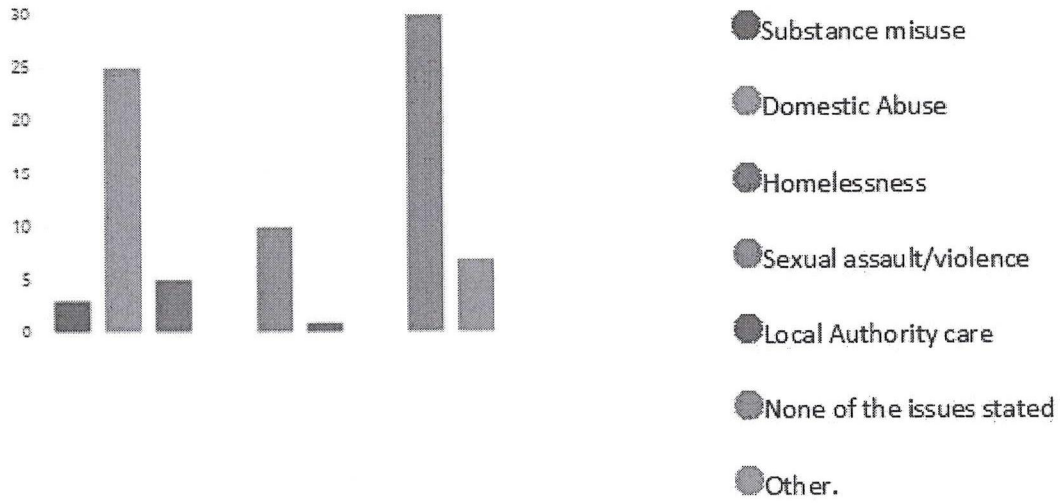
Gender of the young people in the service.

Blue male
Orange female
Red Non-binary

The Deborah Ubee Trust Ltd

Trustees' Report

This graph indicates ACE's (Adverse Childhood Experiences) experienced by CYP in the last 5 years



The Deborah Ubee Trust Ltd

Trustees' Report

Other included, emotional abuse, parental separation, possible Neurodiversity, bullying and challenging behaviours.

- We have worked with 165 children and young people, including our commissioned work, partnership work and in-school provisions. This is 100% increase from last year. This is now the largest CYP (Children and Young People) provision in DUT history to date.
- Parkview Academy doubled their provision from 1 day a week to 2 days a week. Now we provide 10 sessions a week to Children and young people and 2 wellbeing staff sessions a month.
- Continued to work with Domestic abuse partnership HER Centre- uptake/referral process this year was much better seeing 17 children/families.
- Designed, developed, and delivered 'worry workshops' in several Greenwich schools reaching 42 children supported with anxiety.
- introduced a more robust Safeguarding policy and training for all Trust staff including trustees.
- Child Social Care commissioned DUT to work with 14 children over the period.
- Early Years Alliance commission 10 therapy places this year.
- Mandy Johnston is now embedded in the role [Director of Children and young people's service] and is our DSL (Designated Safeguarding Lead) for the trust.
- Delivered CPD (Continued Professional Development) training for all clinical staff on Sexual abuse, Self-harm, Suicide and Self Care as a professional.
- Recruited 4 new sessional counsellors.
- Continued and completed our work with Prevent Protect and Repair clients.
- 1 new Dance and Movement student from Goldsmiths.
- ASDA donated a trolley of food stuffs, which enabled us to support 10 families with food parcels.

Future for under 18's

- Develop our workshops in local schools and expand our therapeutic provision across our boroughs
- Design, develop and deliver 'worry workshops' for adolescents.
- Design and deliver group work for survivors of Sexual violence
- Design new CPD for staff
- Apply for Investors in People Accreditation for the Trust.

Feedback from this client Group:

I have used the service twice for my child at differing stages in his development and each time I have found everyone helpful, polite, and patient. Can not fault the services offered and they have always helped my child with the issues they have had at the time.

My son received dance therapy at The Deborah Ubee Trust, and I am really impressed with the staff and my son's experience. He loved the therapy since the first session and was looking forward to the next, everyone was really helpful and professional. Thank you!

I would donate thousands of pounds if I could as it is a beautiful caring charity.

The Deborah Ubee trust do amazing work, they take every care to support the children they see and help them to healing. I could not recommend them highly enough.

Feedback from our partners continues to highlight the excellent work we do at DUT, they report that parents and schools have seen a marked improvement after our interventions, Children and young people are showing decreased symptoms of Anxiety are attending school more regularly, interactions are more positive with their peer relationships and parent relationships have also improved.

The Deborah Ubee Trust Ltd

Trustees' Report

We know early intervention is key to positive change, working in a trauma informed way encourages a path to emotional regulation and wellbeing.

In the coming year we plan to expand the Children service further, both in our centre and in our local school community, I plan to offer support to teaching staff in school in the form of a Debriefing/stand-alone teacher service, Burn-out training and Stress and Anxiety workshops.

Principal Funding Sources: -

- The National Lottery
- Zurich Community Trust
- Henry Smith Foundation
- Kelly Family Charitable Trust
- Private donor
- The Greenwich Innovation community grant

Public benefit

The trustees have had regard to Charity Commission guidance on public benefit when planning current and future activities. All activities have been undertaken to fulfil the purpose of the Charity as per its Memorandum of Association and for the furtherance of public benefit.

FINANCIAL REVIEW

Reserves policy

At the year end the Charity held a total reserves of £900,171 (2022:£860,852). This is comprised of designated funds of £769,931 (2022:£779,922), unrestricted general funds of £21,889 (2022:£9,263) and restricted funds of £108,351 (2022:£71,667). More detail of the purpose of each particular fund can be found in note 15 of these accounts.

The trustees have decided that the charity requires general reserves to be held of 3 to 6-months of expenditure (£67,000-£134,578)

We have seen a steady increase in the demand for room space especially daytime spaces for private practice due to the desire of practitioners to work face to face again we are hopeful to see the income from this funding stream return to pre-pandemic levels whilst donation also continues to increase

Donations and income from room hire for (23-24) is budgeted to be £273,000 and expenditure for the next financial year (23-24) is forecast to be at £246,000 a budgeted surplus of £27,000.

The Deborah Ubee Trust Ltd

Trustees' Report

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	P Ubee M Simpson K Nightingale G Russell (resigned 10 July 2023) K Sinclair (resigned 21 July 2023) K Dev (appointed 24 July 2022)
Chairman:	K Nightingale
Senior Management / Leadership Team:	D Hubble R Staden A Johnston (appointed 28 June 2022)

Statement of trustees' responsibilities

The trustees (who are also the directors of The Deborah Ubee Trust Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Deborah Ubee Trust Ltd

Trustees' Report

The annual report was approved by the trustees of the charity on 11 September 2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'K Nightingale', written over a horizontal dotted line.

K Nightingale
Chairman and trustee

The Deborah Ubee Trust Ltd

Independent Examiner's Report to the trustees of The Deborah Ubee Trust Ltd ('the Company')

I report to the charity trustees (who are also Directors for the purpose of company law) on my examination of the accounts of the The Deborah Ubee Trust Ltd ('the charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet and related notes. 14 29

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity's trustees of The Deborah Ubee Trust Ltd you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of The Deborah Ubee Trust Ltd are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiner's statement

Since The Deborah Ubee Trust Ltd 's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Deborah Ubee Trust Ltd as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The Deborah Ubee Trust Ltd

Independent Examiner's Report to the trustees of The Deborah Ubee Trust Ltd ('the Company')

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Timothy Sullivan
ICAEW

9 Hare & Billet Road
Blackheath
SE3 0RB

Date: 21/9/25.....

The Deborah Ubee Trust Ltd

Statement of Financial Activities for the Year Ended 31 March 2023
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2023 £	Unrestricted £	Restricted £	Total 2022 £
Income and Endowments from:							
Donations and legacies	3	63,871	173,735	237,606	62,188	73,585	135,773
Charitable activities	4	65,298	-	65,298	16,526	32,568	49,094
Other trading activities	5	5,464	-	5,464	7,494	-	7,494
Investment income	6	57	-	57	19	-	19
Other income		50	-	50	-	-	-
Total income		134,740	173,735	308,475	86,227	106,153	192,380
Expenditure on:							
Charitable activities	7	(133,473)	(135,683)	(269,156)	(88,857)	(128,770)	(217,627)
Total expenditure		(133,473)	(135,683)	(269,156)	(88,857)	(128,770)	(217,627)
Net income/(expenditure)		1,267	38,052	39,319	(2,630)	(22,617)	(25,247)
Transfers between funds		1,368	(1,368)	-	-	-	-
Net movement in funds		2,635	36,684	39,319	(2,630)	(22,617)	(25,247)
Reconciliation of funds							
Total funds brought forward		789,185	71,667	860,852	791,815	94,284	886,099
Total funds carried forward	15	791,820	108,351	900,171	789,185	71,667	860,852

The notes on pages 17 to 29 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd

**Statement of Financial Activities for the Year Ended 31 March 2023
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

The funds breakdown for 2022 is shown in note 15.

All of the charity's activities derive from continuing operations during the above two periods.

The notes on pages 17 to 29 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd
(Registration number: 07693256)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	11	774,446	779,922
Current assets			
Debtors	12	36,247	53,102
Cash at bank and in hand	13	<u>102,201</u>	<u>40,904</u>
		138,448	94,006
Creditors: Amounts falling due within one year	14	<u>(12,723)</u>	<u>(13,076)</u>
Net current assets		<u>125,725</u>	<u>80,930</u>
Net assets		<u>900,171</u>	<u>860,852</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		108,351	71,667
Unrestricted income funds			
Unrestricted funds		<u>791,820</u>	<u>789,185</u>
Total funds	15	<u>900,171</u>	<u>860,852</u>

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 14 to 29 were approved by the trustees, and authorised for issue on 11 September 2023 and signed on their behalf by:



.....
K Nightingale
Chairman and trustee

The notes on pages 17 to 29 form an integral part of these financial statements.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Charity status

The charity is limited by guarantee, incorporated in , and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

20 Egerton Drive
London
SE10 8JS

These financial statements were authorised for issue by the trustees on 11 September 2023.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102) - Second edition October 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

The Deborah Ubee Trust Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, the directors are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the periods in which the estimate is revised where revisions affects only that period, or in the period of the revision and future periods where the revisions affects both current and future periods.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Leasehold Property	1% Straight line
Property Improvements	1% Straight line
Computer Equipment	25% Straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Donations and legacies;				
Donations from individuals	63,871	-	63,871	51,274
Job Retention Scheme	-	-	-	10,914
Grants, including capital grants;				
The Kelly Family Trust	-	5,000	5,000	-
Mrs Smith & Mount Trust	-	5,000	5,000	-
Greenwich Charities (Community Innovation Grants)	-	5,000	5,000	-
The Henry Smith Charity	-	30,000	30,000	-
Zurich Community Trust	-	30,000	30,000	-
Her Centre	-	25,000	25,000	45,520
The National Lottery Community Fund	-	73,735	73,735	28,065
	<u>63,871</u>	<u>173,735</u>	<u>237,606</u>	<u>135,773</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

4 Income from charitable activities

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Fee and service agreement income	44,079	44,079	44,178
Rental income	21,219	21,219	4,916
	<u>65,298</u>	<u>65,298</u>	<u>49,094</u>

5 Income from other trading activities

	Unrestricted funds General £	Total funds £	Total 2022 £
Fundraising	5,464	5,464	7,494
	<u>5,464</u>	<u>5,464</u>	<u>7,494</u>

6 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	57	57	19
	<u>57</u>	<u>57</u>	<u>19</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

7 Expenditure on charitable activities

	Note	Total 2023 £	Total 2022 £
Supervision and running costs		20,811	21,699
Professional fees		346	3,691
Depreciation		9,991	9,012
Fundraising costs		700	530
Staff training		3,287	-
Premises costs		14,894	9,105
Service charges		21,433	4,625
Insurance		1,404	1,208
Computer software and maintenance costs		2,592	2,661
Printing, postage and stationery		3,549	877
Trade subscriptions		641	414
Sundry expenses		2,821	1,032
Independent examiner's fee		2,280	3,744
Staff costs	9	<u>184,407</u>	<u>159,029</u>
		<u>269,156</u>	<u>217,627</u>

8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

9 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	171,032	149,022
Social security costs	7,498	5,490
Pension costs	5,877	4,517
	<u>184,407</u>	<u>159,029</u>

Included within staff costs are £62,970 (2022 - £58,261) of sessional staff costs.

The average number of persons (including senior management / leadership team) employed by the charity during the year was as follows:

	2023 No	2022 No
Employees	<u>3</u>	<u>3</u>

Contributions to the employee pension schemes for the year totalled £5,877 (2022 - £4,517).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £57,217 (2022 - £65,903).

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

11 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2022	545,042	9,991	318,281	873,314
Additions	-	3,891	624	4,515
At 31 March 2023	<u>545,042</u>	<u>13,882</u>	<u>318,905</u>	<u>877,829</u>
Depreciation				
At 1 April 2022	54,500	8,853	30,039	93,392
Charge for the year	5,450	1,352	3,189	9,991
At 31 March 2023	<u>59,950</u>	<u>10,205</u>	<u>33,228</u>	<u>103,383</u>
Net book value				
At 31 March 2023	<u>485,092</u>	<u>3,677</u>	<u>285,677</u>	<u>774,446</u>
At 31 March 2022	<u>490,542</u>	<u>1,138</u>	<u>288,242</u>	<u>779,922</u>

The Leasehold Property is held on a 999 year lease from 2005.

Included within the net book value of land and buildings above is £Nil (2022 - £Nil) in respect of freehold land and buildings and £485,092 (2022 - £490,542) in respect of leaseholds.

12 Debtors

	2023 £	2022 £
Trade debtors	31,711	48,476
Prepayments	2,176	1,161
Accrued income	2,360	3,465
	<u>36,247</u>	<u>53,102</u>

13 Cash and cash equivalents

	2023 £	2022 £
Cash at bank	<u>102,201</u>	<u>40,904</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

14 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	2,043	1,590
Other taxation and social security	-	2,393
Other creditors	-	349
Accruals	2,280	3,744
Deferred income	8,400	5,000
	<u>12,723</u>	<u>13,076</u>

15 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General Funds	9,263	134,740	(123,482)	1,368	21,889
<i>Designated</i>					
Fixed Asset Fund	<u>779,922</u>	-	<u>(9,991)</u>	-	<u>769,931</u>
Total unrestricted funds	<u>789,185</u>	<u>134,740</u>	<u>(133,473)</u>	<u>1,368</u>	<u>791,820</u>
Restricted funds					
Her Centre	54,740	25,000	(14,314)	-	65,426
Prevent, Protect and Repair	15,559	-	(10,452)	-	5,107
Park View	1,368	-	-	(1,368)	-
National Lottery	-	73,735	(51,967)	-	21,768
Kelly Family	-	5,000	(5,000)	-	-
Mrs Smith & Mount Trust	-	5,000	(5,000)	-	-
Greenwich Charities (Community Innovation Grants)	-	5,000	(2,947)	-	2,053
The Henry Smith Charity	-	30,000	(29,203)	-	797
Zurich Community Trust	-	30,000	(16,800)	-	13,200
	<u>71,667</u>	<u>173,735</u>	<u>(135,683)</u>	<u>(1,368)</u>	<u>108,351</u>
Total funds	<u>860,852</u>	<u>308,475</u>	<u>(269,156)</u>	<u>-</u>	<u>900,171</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General Funds	8,045	86,227	(79,845)	(5,164)	9,263
<i>Designated</i>					
Fixed Asset Fund	<u>783,770</u>	<u>-</u>	<u>(9,012)</u>	<u>5,164</u>	<u>779,922</u>
Total unrestricted funds	<u>791,815</u>	<u>86,227</u>	<u>(88,857)</u>	<u>-</u>	<u>789,185</u>
Restricted funds					
Big Lottery	32,358	-	(32,358)	-	-
Her Centre	39,726	45,520	(30,506)	-	54,740
Prevent, Protect and Repair	12,850	31,200	(28,491)	-	15,559
Walk and Talk	500	-	(500)	-	-
Signal	8,850	-	(8,850)	-	-
Park View	-	1,368	-	-	1,368
National Lottery	<u>-</u>	<u>28,065</u>	<u>(28,065)</u>	<u>-</u>	<u>-</u>
	<u>94,284</u>	<u>106,153</u>	<u>(128,770)</u>	<u>-</u>	<u>71,667</u>
Total funds	<u>886,099</u>	<u>192,380</u>	<u>(217,627)</u>	<u>-</u>	<u>860,852</u>

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

The specific purposes for which the funds are to be applied are as follows:

Designated Funds - Fixed Asset Fund

The investment in the building and equipment is considered to be not easily realisable and therefore should not be included within the General reserve. A Fixed Assets reserve has been established that matches the net book value of assets.

Restricted Funds - Big Lottery

This fund has been established to recognise the funding received from the Big Lottery Fund. This award has helped the Trust to expand our services and to help reach those in the community who need support around emotional help, through a combination of one-to-one therapy and group work.

Restricted Funds - Her Centre

We receive 2 types of funding from the Her Centre:-

- work commissioned by Greenwich Council to ourselves and the Her Centre in partnership. This is for individual therapy for clients under the age of 18 who have been affected by domestic abuse.
- individual therapy sessions commissioned by the Her Centre with adult women who have been affected by domestic abuse.

Restricted Funds - Prevent, Protect, Repair

The PPR funding is for work commissioned by the Home Office in partnership with Lewisham Council, The Early Years Alliance and Athena. This project focuses on the effect of Domestic Abuse on Children in Lewisham, and the first year was a pilot project based in two specific areas of the borough; Evelyn and Bellingham. The aim is to offer education and support to professionals working with children and group work with families. The DUT's role is to offer 20 sessions of individual therapy to 12 under 18s a year.

Restricted Funds - Walk and Talk

This fund was granted by CCSF to pioneer Walk and Talk therapy for the Charity's beneficiaries.

Restricted Funds - Signal

This fund represents amounts received from Signal, a Charity based in Lewisham, London, for work with parents of children on the autism spectrum.

Restricted Funds - National Lottery

This fund has been granted by the National Lottery and is to be used for the Preventing Crisis, Promoting Wellbeing project.

Restricted Funds - Kelly Family

To deliver an intensive family centred Parent Child Attachment Programme for up to 30 families.

The Deborah Ubee Trust Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Restricted Funds - Mrs Smith & Mount Trust

Towards the early therapeutic intervention support to adults and children to prevent them from going into crisis, to help them live well in the community.

Restricted Funds - Greenwich Charities (Community Innovation Grants)

Grant made towards understanding anxiety and stress workshops.

Restricted Funds - The Henry Smith Charity

To support people with mental health issues in Greenwich and Lewisham

Restricted Funds - Zurich Community Trust

To be spent on the salary for the Young People's Director, the clinical supervision of the volunteer counselling team, the professional development training of the staff volunteer team and a contribution to the increased running costs of the centre.

16 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2023 £
Tangible fixed assets	774,446	-	774,446
Current assets	30,097	108,351	138,448
Current liabilities	(12,723)	-	(12,723)
Total net assets	791,820	108,351	900,171
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2022 £
Tangible fixed assets	779,922	-	779,922
Current assets	17,339	76,667	94,006
Current liabilities	(8,076)	(5,000)	(13,076)
Total net assets	789,185	71,667	860,852

THE DEBORAH UBEE TRUST

England & Wales - Charity number 1144232

Accounts

Company registration number: 07693256
Charity registration number: 1144232

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

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THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022**

Trustees P Ubee, Chair
 M Simpson, Secretary
 D Pincott (resigned 9 March 2022)
 K Nightingale
 G Russell
 K Sinclair

**Company registered
number** 07693256

**Charity registered
number** 1144232

Registered office 20 Egerton Drive
 London
 SE10 8JS

**Senior management
team** D Hubble
 R Staden

Independent Examiner MHA MacIntyre Hudson
 Chartered Accountants
 910 The Crescent
 Colchester Business Park
 Colchester
 Essex
 CO4 9YQ

Bankers The Co-operative Bank Plc
 PO Box 250
 Delf House
 Southway
 Skelmersdale
 WN8 6WT

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their annual report together with the financial statements of the Trust for the year 1 April 2021 to 31 March 2022. The Annual Report serves the purposes of both a Trustees' report and a Directors' report under company law. The Trustees confirm that the Annual Report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

Since the Trust qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 5 July 2011 and registered as a Charity on 11th October 2011. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of Trustees

Our trustees have a broad range of skills and experience and show a willingness to continue to develop their knowledge of the day-to-day business and practical work of the charity. All trustees are selected for their understanding of the ethos and the aims of the charity, giving their time voluntarily, without benefit.

Organisational structure and decision-making

The trustees meet several times a year to agree strategic direction and policy of the charity. The day-to-day responsibility of running the charity rests with the two directors, although Trustees are involved in the recruitment process and interviewing of directors and senior managers. The directors are responsible for ensuring that the charity delivers the services specified and performance indicators are met. They are also responsible for developing skills and working practices in line with good practice.

Risk management

Our trustees continue to focus on the ongoing impacts from coronavirus, particularly as this year has seen much disruption to our services as clients, team members and private hirers have been forced to take time off. Adopting the risk management model based on the Charity Commission document CC26 using the scoring system for impact, likelihood and overall risk, our Trustees looked closely at the effects, planning and budgeting accordingly:

The major risks identified are as follows: -

- **Dependency on income sources from room hire:** One of the income streams that supports DUT is private room hire. The pandemic resulted in the loss of income from room hire as private practitioners relocated online during the first lockdown. We had anticipated a slow return to face-to-face practice from our centre as private practitioners had indicated that their current clients would remain online with new clients, that is those beginning after July 2021 as the second lockdown was phased out, being seen at our centre. This proved inaccurate as the effect on private practice from a continuing pandemic, a further lockdown in November 2021, and a surge in Covid cases through into 2022 dictated that it remained online for much longer. Furthermore, our centre's scheduled reopening for April 2021 was delayed until September 2021 as we finally underwent significant repairs and redecoration following the water damage from a substantial ingress affecting our main entrance and Reception area. Consequently, private room rental didn't begin again until the autumn of 2021, and was minimal.

- **Reserves and funding of business:** Various fundraising streams and contracts will end during this fiscal year, and alongside the reduction to the usual, steady stream of income from private hire, as explained above, the

THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Trust recognises that new funding sources is paramount to the continuation of its services. The Trust is now engaged in seeking funds from new funding sources and exploring new partnership opportunities too. We are promoting the hire of our premises at weekends for wellbeing related practises and have secured bookings for the coming year.

- **Government policy:** A move away from Covid restrictions in February 2022 will allow us to increase the footfall throughout the centre, reopen our smaller counselling spaces and allow group practices, that is team meetings and supervision, and to plan again for group therapies. Some clients and staff are still wary about close contact and have expressed their lack of confidence in meeting now that restrictions are lifted. We have issued a notice stating that we will implement additional covid-safety measures when requested by individuals to do so. We continue to monitor the effectiveness of our practises.
- **Health and safety:** Recognised as one of our foremost concerns we continue to prioritise Health and Safety in keeping with Government advice to remain open to deliver services for our clientele and to keep all users safe. In view of the face-to-face nature of our services, we apply strict measures to ensure counselling and therapies spaces are hygienic and adequately ventilated. At this point, in answer to client anxieties, we will continue to implement the increased frequency of cleaning to high-use areas despite the lifting of Covid restrictions.
- **Budgetary control and monitoring:** The Trust reconciles the bank accounts monthly and produces quarterly variance reports to put together accurate budgets and to oversee the allocation and spending of funds. The Trust is pleased to welcome Samuel Ijaopo as its new finance manager, in post since autumn 2021.
- **Structure and succession planning:** With advanced notice, Rosie Staden has reported to the Trustees that she will retire from her post as director of young people's services in summer 2022. The Trustees have considered the Trust's management structure and the hours allocated to providing services expertly and efficiently and will begin the recruitment process to find the next director for the service. Trustees will regularly review the staffing structure to ensure that it is adequately funded and fit for purpose.
- **Disaster recovery and planning:** We will continue to back up data and ensure that insurance is adequate.

Purposes and aims

Our Charity's purpose and objective, as set out in the company's Memorandum of Association, is to promote the value of emotional health and wellbeing and offer therapeutic services to all irrespective of means to pay by: -

- Promoting emotional wellbeing and raising awareness on emotional health
- Providing a range of therapeutic services to all
- Providing support and training to placement counsellors
- Promoting good practice around therapeutic interventions
- Offering continuing professional development to practitioners

The aims of our charity are to promote emotional health by providing counselling to those who are otherwise unable to access it, within the London boroughs of Greenwich and Lewisham. We also aim to provide training in counselling and access to a range of holistic therapies.

ACTIVITIES AND ACHIEVEMENTS

Below is the summary of the changes made as a result of Covid. The Directors passion and dedication have made it possible to continue to deliver this much needed service in the disparate and difficult period for many.

Adaptation due to Covid: -

- Closed centre in March 2020.
- Furloughed Centre manager and Play therapists.
- Operations Manager was on maternity leave.

THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

- Operations manager was made redundant in November.
- Started working online with adults and young people over 14.
- Trained counselling team in 'walk and talk' therapy.
- Constant revision of budget to reflect possible dates for re-opening, differing levels of take up by private rental with the Her Centre who commission us to offer therapy to these clients.

Financial impact of Covid: -

- Removal our second biggest source of income which was the room rental by private therapists.
- Prevented us from hosting a planned fundraiser at the Greenwich yacht Club in April 2020
- Prevented all the usual fundraising events throughout the year (marathon, big half etc) which usually generate funds.

Principal Funding Sources: -

- £150,000 for five years funding from The National Lottery starting October 2021.
- £15,000 from Greenwich council for partnership work with Her Centre working with children affected by domestic abuse.
- £19,000 for partnership work with the Early Years Alliance/Lewisham Council working with children affected by domestic abuse.
- £10,000 for working with adults referred by the Her Centre.

Under 18s Service

The Children and Young People service: -

All Children and young people referred to the Trust receive an individual assessment followed by a tailored plan of evidenced-based support which includes talking therapy, play therapy and dance and movement therapy. A purpose-built play therapy room is available where qualified counsellors use play and art materials to help young people deal with issues including abuse, anxiety, attachment issues, loss and bereavement.

TDUT work closely with local schools to support vulnerable children and aims to reduce stigma and promote awareness of mental health and wellbeing through attending school assemblies and talks at external Organisations.

DUT Under 18s Service 2021-22: -

- We have worked with a total of 81 clients (young people offered up to 24 sessions and some for up to a year) during the year, including PPR clients, Her clients and students at partnership schools.
- Continued outdoor therapy work at the Forest school until end of 2021. Potential to restart this as had very good feedback from parents but we need more funding. We will look to develop this next year.
- Re-opened DUT to a small number of clients in June 2021. In September 2021 most clients moved back into this space.
- Continued face to face work with Prevent Protect Repair clients at The Clyde Children's centre. Re-opened the room at Bellingham Gateway youth centre. We no longer have the use of the Clyde (from April 2022).
- Continued online work with teenagers (some did not want this or were unable to access it so still waiting to resume face to face). Has reduced to a very small number of clients – nearly all now accessing face to face service.
- Started working at Parkview Academy in Welling – have a contract to supply weekly therapy for 5 children plus support for teaching staff.
- Domestic abuse clients in Greenwich in partnership with Her Centre– this program is behind due to lack of referrals, but we continue to work with them.
- Recruited 2 new volunteer counsellors to work with adolescents.
- Took on 2 Dance and Movement therapy students from Goldsmiths.

THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Future for Under 18 service: -

- We have nearly completed all the commissioned and partnership work with Lewisham but will be part of any new bids that they place for future domestic abuse work.
- We will make up the backlog of the work funded by the Royal Borough of Greenwich in partnership with the Her Centre.
- Mandy Johnston to take over the running of the service and depending on funding will continue to expand the Children and Young Peoples service.
- We will be delivering a range of workshops to help young people recover from anxiety and stress.

Feedback from this client group:

"I have been struggling with my own life and looking after a child as well has been a lot and clearly impacted on my son. I really needed some help as I could see he was very unhappy. The Deborah Ubee Trust offered my son play therapy and he absolutely loved it. I don't know what happened in their sessions but I knew he was safe and the problems we had been having started to change. For the first time in 8 years we both slept all night in separate rooms and no wet beds! And that was just one change! Thank you all so much"

"My son was offered therapy sessions at The Deborah Ubee Trust due to the effects of Domestic Violence. He was initially very quiet & shy. He bottled up his feelings, had bouts of anger and self harmed. He had no confidence and felt as if his thoughts, feelings and opinions didn't matter because he was a child. TDUT went above and beyond with their help, and addressed every problem/concern & worry he had. The weekly sessions gave him an outlet to talk privately and openly without prejudice or judgement and he quickly began to look forward to his appointment every week. The time he spent in therapy has helped him tremendously. He is now extremely confident, he is happier, more open & talkative and he can express himself without anger or frustration. I am so grateful to TDUT for their kindness, patience, help, advice and support and for helping my son through a very difficult and confusing time in his life."

"I am so very thankful for this service it helped my son incredibly to be able to open up and speak freely with no pressure from anybody, I highly recommend this service to everyone who has a child that keeps their feelings bottled up."

Adult service

Covid has sharpened everyone's awareness of their own mental health struggles: according to a report by Mind last November, over a third of Britons say they don't have the support or tools to deal with the ups and downs of life. Ten million people will need support for their mental health as a result of the pandemic, according to the Centre for Mental Health. Demand has long outstripped supply in all sectors but especially in the charity sector.

We have developed a partnership with Centre 70, where we see non clinical staff for each other. I.e. we can refer staff for counselling and they refer staff to the DUT, we offer a free confidential service and so far this is going well.

We have been overwhelmed with referrals to all our services and we had to close the waiting list for the adult services during this period.

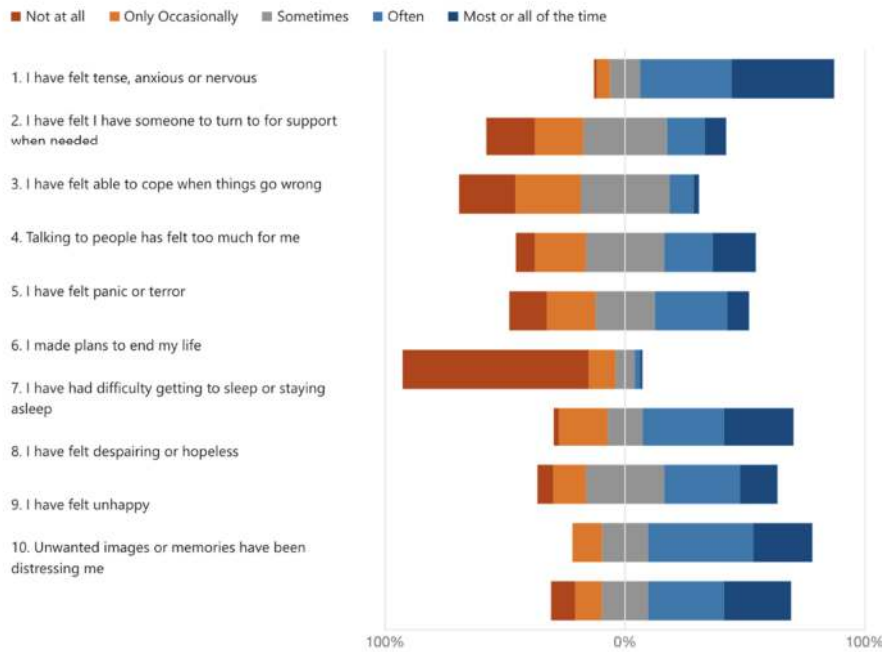
During the period 1st April 2021 to 31st March 2022, we worked with 89 Adults offering individual counselling for up to 24 sessions each. The adult counselling service starts with a confidential assessment so that everyone can be placed with the most appropriate therapist. Clients are provided with weekly counselling sessions with most clients receiving 24 weeks. Six-weekly reviews ensure clients continue to receive the right support for their needs.

We ask our clients at the assessment stage to answer the following questions, you can see that most of our clients feel tense, anxious, or nervous most of the time. We measure this during and at the end of Counselling with us and we find a 100% improvement for clients who complete a course of counselling with us.

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

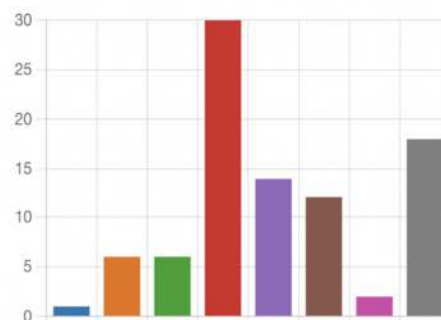
5. This form has 10 statements about how you have been over the last week. Please read each statement and think how often you felt that way last week. Then tick the box which is closest to this.



We ask our client how they heard of us, with a majority stating from a friend or family member. We are proud of the fact that individuals have received so much benefit and improvement in their life that they want to suggest to others that they might also benefit from our service. We notice that whilst the work is for individuals the impact on family members in a positive way is noticeable, therefore improving lives to the wider community. We also note that the local NHS service Time to Talk is again this year one of our biggest referring agencies.

6. I found out about The Deborah Ubee Trust from

Walking past the building	1
Internet search	6
Social Services	6
A friend/family member	30
GP/Nurse/Medical person	14
Another organisation	12
Social Media	2
Other	18



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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Most of our clients are Female, with an increasing number of Males post Covid coming to us for support.

8. My gender is

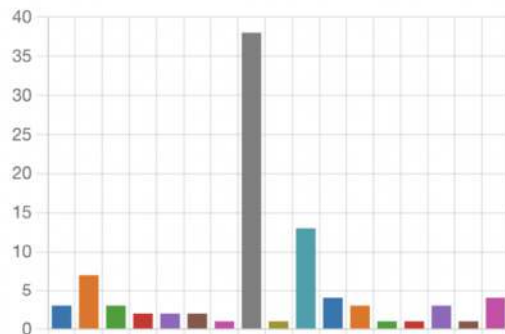
● Male	14
● Female	75
● Transgender	0
● Prefer not to say	0
● Other	0



The ethnicity of the clients during this period was as follows:

9. Please enter your ethnicity

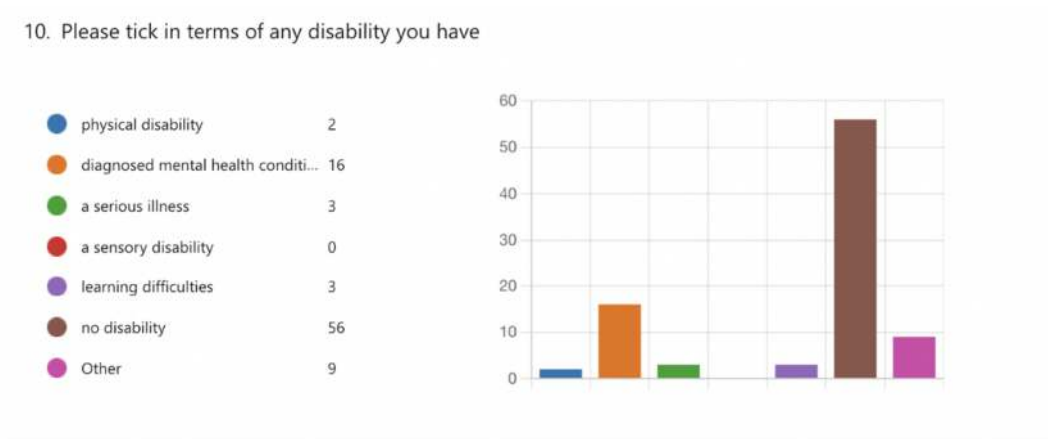
● Black (Caribbean)	3
● Black (African)	7
● Other Black British	3
● Asian/Asian British (Indian)	2
● Asian/Asian British (Pakistani)	2
● Asian/ Asian British (Bangladeshi)	2
● Asian/Asian British (Other)	1
● White (British)	38
● White (Irish)	1
● White (Other)	13
● Mixed (Black Caribbean/White)	4
● Mixed (Black African/White)	3
● Mixed (Asian/White)	1
● Mixed (Other)	1
● Other Ethnic Groups (Chinese)	3
● Other Ethnic Groups (Vietnamese)	1
● Other Ethnic Groups (Other)	4



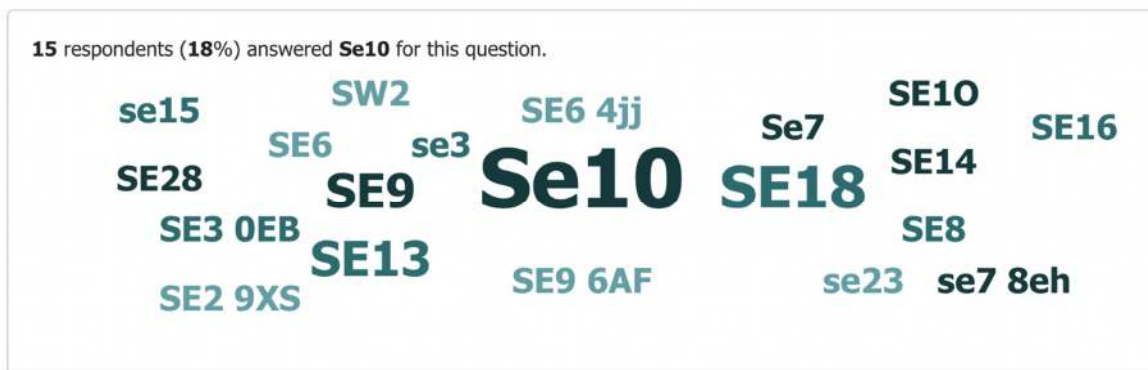
THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

We ask our clients if they have a disability, and we accommodate them as necessary:



Most of our clients live or work within the London borough of Lewisham and the Royal borough of Greenwich, with SE10, SE18 and SE13 being the most popular postcodes:

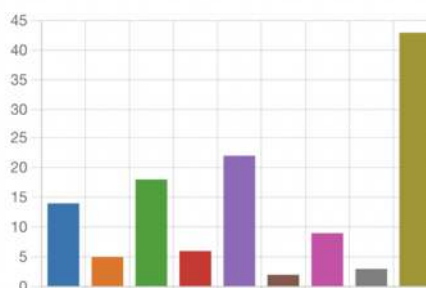


THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Most of the clients that use our service are unemployed; as we measure our work with them, improvements are made by clients gaining employment, training, or volunteering thus improving their lives and their mental health.

12. In the last 5 years I have had experience of



We also measure clients at the beginning of their sessions and at the end of their sessions using CORE: Clinical Outcome in Routine Evaluation. The questionnaire is designed to measure four dimensions, subjective well-being, Problems / Symptoms, Life functioning and Risk / harm. Here is an example of a recently ended client.

Stage	Wellbeing	Problems	Functioning	Risk	total
F	11	27	31	3	72
L	3	10	7	0	20

The high scores at the beginning (F) show the client was at risk of harm to self, her functioning was very high meaning her depression meant she was experiencing isolation and lack of engagement with life. She was experiencing many problems and her well-being was high, meaning she wasn't taking care of herself. At the end of her sessions (L) there was no risk and all her other dimensions well very much improved. This is a typical outcome and demonstrates how we improve lives. This particular client marked in her feedback form:

5. We would like to ask you some specific questions about the counselling you received. Please tick the number that best represents your view or feelings. with 1 being very poor and 5 being very good.

All things considered; how would you rate your emotional well- being **before** you started counselling?

1 2 3 4 5

6. All things considered; how would you rate your emotional well- being at the **end** of your counselling sessions?. with 1 being much worse and 5 being much better?

1 2 3 4 5

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Testimonials

“When I started my first few sessions, it wasn't what I was expecting at all so much so I thought that maybe I would have to find a new therapist because I thought the method being used would be useless for me. But when continuing to go to the sessions and working through what I was going through, I could see and feel an immense change. I felt like I was in a safe place that I had never been able to find before and where there was pent up anger and emotions, I was able to express them in that space. It was hugely beneficial to me and my mental state and my mental growth and it also made me feel stronger within myself and my own power. I feel that if it wasn't for these sessions, I wouldn't have had the determination to approach other self help methods or organisations. I've had to come to terms with things I thought never affected me but were obviously very present and instead of being in denial, I was able to face them. So I am very grateful for these services not only because of the consistency but for its accessibility. The fact that these services are affordable tells me that mental health is a priority and should be a priority so I am very grateful for the services as they've allowed me to put my mental health first regardless of income.”

“My personal experience of using The Deborah Ubee Trust to continue on a path of self learning, counselling through past harmful experiences and understanding how they affect me has been both positive and rewarding. I was lucky to be able to start a course of Person Centred Counselling relatively soon after I approached them for help. Being able to pay a low, means tested price per session meant that I could get the help I needed at the right time. The assessment process led me to get the right type of counselling with a great match of counsellor with whom I was able to form a strong bond with, so I felt safe and able to delve deep into talking and exploring my emotions. I was able to discuss and continue having sessions as I needed them, which also allowed me to feel safe within the process and work further through my problems.”

“I really recommend that all in need of help seek some sort of therapy to help in time's of need. It really does help a lot.”

“My experience with my counsellor at Deborah Ubee has been exceptional. I have found strength, clarity and huge help emotionally. My initial reason for seeking help was managed with wisdom and immaculate self care for myself.”

“The Trust helped me to think clearly and not blame myself for feeling so insecure and lacking confidence. I am very grateful and I now feel I can build a new life for myself.”

“I felt my needs were taken into consideration and my therapist was always very enthusiastic and optimistic, and provided a wealth of resources and techniques I could use to manage my mental health condition. I am dealing with varied issues and my therapist was also very patient/attentive and I was able to express myself freely.”

“When I came to Deborah Ubee I felt I was in an unmanageable situation and I felt I was on the edge of a cliff about to fall off. Attending Deborah Ubee has allowed me to talk about very difficult and private issues that I couldn't discuss with anyone else. I know I can discuss those issues with other people, I feel safe and resilient and I feel I have developed ways of thinking and behaviour that now make my life easier and happier.”

“I'd thought about seeking counselling for a long time, and I couldn't have chosen a better service than DUT. From the offset it was the safest space, and any fears I had about the process diminished from the first session. The growth that I've experienced from the sessions have not only significantly improved my mental wellbeing and general quality of life, but have had a really positive impact on those around me too such as loved ones and friends. If you're thinking you may need some help, I would definitely recommend DUT, I promise it will be the best decision you ever make.”

“Highly recommend these services, I was in a bad way before I started coming here and now I've come along way with their help and support.”

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

"Thank you, the trust has been able to give me the resilience I needed and a place to discuss openly. I couldn't not recognise the organisation more highly."

"DUT literally saved my life"

Public benefit

The Trustees have had regard to the Charity Commission guidance on public benefit when planning current and future activities. All activities have been undertaken to fulfil the purpose of the Charity as per its Memorandum of Association and for the furtherance of public benefit.

FINANCIAL REVIEW

Reserves policy

At the year end the Charity held total reserves of £860,852 (2021 - £886,099). This is comprised of designated funds of £779,922 (2021 - £783,770), unrestricted general funds of £9,263 (2021 - £8,045) and restricted funds of £71,667 (2021 - £94,284). More detail of the purpose of each particular fund can be found in Note 11 in these accounts.

The Trustees are committed to generating sufficient reserves to support the current activities of the charity considering any uncertainty in the levels of income received. They seek to maintain reserves at a level of between three to six months of expenditure, approximately between £60,000 to £120,000 based on budgeted spend of £250,000 for the year 2022/2023.

Small companies' exemption note

In preparing this report, the Directors have taken advantage of the small companies' exemptions provided by section 415A of the Companies Act 2006.

Approved by order of the members of the board of Trustees and signed on their behalf by:


.....
P Ubee

Chair

Date:

29-9-22

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2022

Independent examiner's report to the Trustees of The Deborah Ubee Trust Ltd ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: *Cara Miller*

Dated: 1st November 2022

Cara Miller ACCA

MHA MacIntyre Hudson, 910 The Crescent, Colchester Business Park, Colchester, Essex, CO4 9YQ

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from					
Donations and grants	3	62,188	28,065	90,253	149,061
Room hire income		4,916	-	4,916	-
Fundraising income		7,494	-	7,494	9,683
Fee and service agreement income		11,610	78,088	89,698	65,803
Bank interest received		19	-	19	101
		<u>86,227</u>	<u>106,153</u>	<u>192,380</u>	<u>224,648</u>
Total income					
Expenditure on:					
Charitable activities:					
Staff costs and training	4	51,922	107,107	159,029	129,480
Office costs	5	18,714	1,208	19,922	17,021
Supervision and running costs		3,814	17,885	21,699	17,617
Fundraising expenses		530	-	530	155
Depreciation	8	9,012	-	9,012	8,596
Independent examination fee		3,744	-	3,744	3,672
Professional fees		1,121	2,570	3,691	3,718
		<u>88,857</u>	<u>128,770</u>	<u>217,627</u>	<u>180,259</u>
Total expenditure					
		<u>(2,630)</u>	<u>(22,617)</u>	<u>(25,247)</u>	<u>44,389</u>
Net movement in funds					
Reconciliation of funds:					
Total funds brought forward		791,815	94,284	886,099	841,710
Net movement in funds		(2,630)	(22,617)	(25,247)	44,389
		<u>789,185</u>	<u>71,667</u>	<u>860,852</u>	<u>886,099</u>
Total funds carried forward					

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 15 - 26 form part of these financial statements.

All income and expenditure derive from continuing activities.

In 2021, of the total income of £224,648, £173,564 was allocated to Restricted funds and £51,084 was to Unrestricted funds. Of the total expenditure of £180,259, £128,624 was from Restricted funds and £51,635 was from Unrestricted funds.

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)
REGISTERED NUMBER: 07693256

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	8	779,922	783,770
Current assets			
Debtors	9	53,102	21,322
Cash at bank and in hand		40,904	96,589
		<u>94,006</u>	<u>117,911</u>
Creditors: amounts falling due within one year	10	<u>(13,076)</u>	<u>(15,582)</u>
Net current assets		<u>80,930</u>	<u>102,329</u>
Total net assets		<u><u>860,852</u></u>	<u><u>886,099</u></u>
Charity funds			
Restricted funds	11	71,667	94,284
Unrestricted funds	11	789,185	791,815
Total funds		<u><u>860,852</u></u>	<u><u>886,099</u></u>

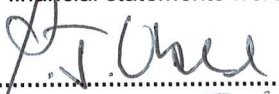
The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



P Ubee
 Chair
 Date: 29-9-22.

The notes on pages 15 to 26 form part of these financial statements.

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. General information

The Deborah Ubee Trust Ltd is a private charitable company limited by guarantee and is registered with the Charity Commission (Charity Registered Number 1144232) and Registrar of Companies (Company Registered Number 07693256) in England and Wales.

The address of the registered office is given in the Trust information on page 1 of these financial statements. The nature of the Trust's operations and principal activities are to promote the value of emotional health and well being and offer therapeutic services to all irrespective of means to pay.

In the event of the Trust being wound up, the liability in respect of the guarantee is limited to £10 per member of the Trust.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Deborah Ubee Trust Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared in sterling which is the functional currency of the Trust and are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years unless otherwise stated.

2.2 Going concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the Trust to be able to continue as a going concern.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.4 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Short-term employee benefits to which the employees are entitled, including termination benefits, are recognised at the undiscounted amount expected to be paid in exchange for that service or as per the termination agreement.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Leasehold property	- 1% of cost
Property improvements	- 1% of cost
Computer equipment	- 25% of cost

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.11 Financial instruments

The Charity only holds basic Financial Instruments. The financial assets and financial liabilities of the Charity are as follows:

Debtors – trade and other debtors are basic financial instruments and are debt instruments measured at amortised cost as detailed in Note 9. Prepayments are not financial instruments.

Cash at bank – is classified as a basic financial instrument and is measured at face value.

Liabilities – trade creditors, accruals and other creditors will be classified as financial instruments, and are measured at amortised cost as detailed in Note 10. Taxation and social security are not included in the financial instruments disclosure.

2.12 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

2. Accounting policies (continued)

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Donations and grants

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations	51,274	-	51,274
Job Retention Scheme	10,914	-	10,914
Grants	-	28,065	28,065
	<u>62,188</u>	<u>28,065</u>	<u>90,253</u>

During the year, unrestricted funding of £10,914 was received from the Job Retention Scheme (2021: 3,886).

	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Donations	18,511	-	18,511
Job Retention Scheme	3,886	-	3,886
Grants	-	126,664	126,664
	<u>22,397</u>	<u>126,664</u>	<u>149,061</u>

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

4. Staff costs and training

	2022 £	2021 £
Staff costs (Note 6)	159,029	129,080
Training and other costs	-	400
	159,029	129,480
	159,029	129,480

5. Office costs

	2022 £	2021 £
Subscriptions	414	608
Premises Costs	9,105	7,279
Service Charges	4,625	3,890
Computer and Equipment Costs	2,661	3,456
Sundry Expenses	1,032	585
Postage, Printing and Stationery	877	56
Insurance	1,208	1,147
	19,922	17,021
	19,922	17,021

6. Staff costs

	2022 £	2021 £
Wages and salaries	149,022	119,929
Social security costs	5,490	4,676
Contribution to defined contribution pension schemes	4,517	4,475
	159,029	129,080
	159,029	129,080

Included within staff costs are £58,261 (2021 - £28,200) of Sessional staff costs.

During the year, no termination payments were made to employees (2021 - £2,908).

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

6. Staff costs (continued)

The average number of persons employed by the Charity during the year was as follows:

	2022	<i>2021</i>
	No.	<i>No.</i>
Employees	3	<i>4</i>

No employee received remuneration amounting to more than £60,000 in either year.

Key Management Personnel are the Trustees and the Senior Management Team as noted on page 1. The total amount of employee benefits, including employers national insurance contributions and employers pension contributions, received by Key Management Personnel was £65,903 (2021 - £64,028).

7. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 March 2022, no Trustee expenses have been incurred (2021 - £NIL).

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

8. Tangible fixed assets

	Leasehold property £	Property Improve- ments £	Computer equipment £	Total £
Cost or valuation				
At 1 April 2021	545,042	314,634	8,474	868,150
Additions	-	3,647	1,517	5,164
At 31 March 2022	<u>545,042</u>	<u>318,281</u>	<u>9,991</u>	<u>873,314</u>
Depreciation				
At 1 April 2021	49,050	26,856	8,474	84,380
Charge for the year	5,450	3,183	379	9,012
At 31 March 2022	<u>54,500</u>	<u>30,039</u>	<u>8,853</u>	<u>93,392</u>
Net book value				
At 31 March 2022	<u>490,542</u>	<u>288,242</u>	<u>1,138</u>	<u>779,922</u>
At 31 March 2021	<u>495,992</u>	<u>287,778</u>	<u>-</u>	<u>783,770</u>

The Leasehold Property is held on a 999 year lease from 2005.

9. Debtors

	2022 £	2021 £
Due within one year		
Trade debtors	48,476	20,141
Prepayments and accrued income	4,626	1,181
	<u>53,102</u>	<u>21,322</u>

THE DEBORAH UBEE TRUST LTD
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

10. Creditors: Amounts falling due within one year

	2022	<i>2021</i>
	£	£
Trade creditors	1,590	3,340
Other taxation and social security	2,393	3,221
Other creditors	349	349
Accruals and deferred income	8,744	8,672
	<hr/> 13,076 <hr/>	<hr/> 15,582 <hr/>

Deferred income of £5,000 has been recognised at the year-end (2021 - £5,000), in relation to fee income invoiced in advance of the following financial year. During the year, income of £5,000 (2021 - £5,000) was deferred, and £5,000 was released (2021 - £Nil).

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

11. Statement of funds

Statement of funds - current year

Designated Funds - Fixed Asset Fund

The investment in the building and equipment is considered to be not easily realisable and therefore should not be included within the General reserve. A Fixed Assets reserve has been established that matches the net book value of assets.

Restricted Funds - Big Lottery

This fund has been established to recognise the funding received from the Big Lottery Fund. This award has helped the Trust to expand our services and to help reach those in the community who need support around emotional help, through a combination of one-to-one therapy and group work.

Restricted Funds - Her Centre

We receive 2 types of funding from the Her Centre:-

- work commissioned by Greenwich Council to ourselves and the Her Centre in partnership. This is for individual therapy for clients under the age of 18 who have been affected by domestic abuse.
- individual therapy sessions commissioned by the Her Centre with adult women who have been affected by domestic abuse.

Restricted Funds - Prevent, Protect, Repair

The PPR funding is for work commissioned by the Home Office in partnership with Lewisham Council, The Early Years Alliance and Athena. This project focuses on the effect of Domestic Abuse on Children in Lewisham, and the first year was a pilot project based in two specific areas of the borough; Evelyn and Bellingham. The aim is to offer education and support to professionals working with children and group work with families. The DUT's role is to offer 20 sessions of individual therapy to 12 under 18s a year.

Restricted Funds - Walk and Talk

This fund was granted by CCSF to pioneer Walk and Talk therapy for the Charity's beneficiaries.

Restricted Funds - Signal

This fund represents amounts received from Signal, a Charity based in Lewisham, London, for work with parents of children on the autism spectrum.

National Lottery

This fund has been granted by the National Lottery and is to be used for the Preventing Crisis, Promoting Wellbeing project.

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

11. Statement of funds (continued)

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Unrestricted funds					
Designated funds					
Fixed Asset Fund	783,770	-	(9,012)	5,164	779,922
General funds					
General Fund	8,045	86,227	(79,845)	(5,164)	9,263
Total Unrestricted funds	791,815	86,227	(88,857)	-	789,185
Restricted funds					
Big Lottery	32,358	-	(32,358)	-	-
Her Centre	39,726	45,520	(30,506)	-	54,740
Prevent, Protect and Repair	12,850	31,200	(28,491)	-	15,559
Walk and Talk	500	-	(500)	-	-
Signal	8,850	-	(8,850)	-	-
Park View	-	1,368	-	-	1,368
National Lottery	-	28,065	(28,065)	-	-
	94,284	106,153	(128,770)	-	71,667
Total of funds	886,099	192,380	(217,627)	-	860,852

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

11. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2021 £</i>
Unrestricted funds				
Designated funds				
Fixed Asset Fund	792,366	-	(8,596)	783,770
General funds				
General Fund	-	51,084	(43,039)	8,045
Total Unrestricted funds	792,366	-	(51,635)	791,815
Restricted funds				
Big Lottery	10,548	111,664	(89,854)	32,358
Her Centre	23,586	30,000	(13,860)	39,726
Prevent, Protect and Repair	15,210	5,400	(7,760)	12,850
Walk and Talk	-	15,000	(14,500)	500
Signal	-	11,500	(2,650)	8,850
	49,344	173,564	(128,624)	94,284
Total of funds	841,710	173,564	(180,259)	886,099

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

12. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	779,922	-	779,922
Current assets	17,339	76,667	94,006
Creditors due within one year	(8,076)	(5,000)	(13,076)
Total	789,185	71,667	860,852

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Tangible fixed assets	783,770	-	783,770
Current assets	23,577	94,334	117,911
Creditors due within one year	(15,532)	(50)	(15,582)
Total	791,815	94,284	886,099

13. Pension commitments

The Trust operates a defined contribution pension plan for its employees. The amount recognised as an expense in the period was £4,517 (2021 - £4,475).

14. Related party transactions

There were no related party transactions in either period.

THE DEBORAH UBEE TRUST

England & Wales - Charity number 1144232

Accounts

Company registration number: 07693256
Charity registration number: 1144232

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

THE DEBORAH UBEE TRUST LTD
(A company limited by guarantee and registered charity)

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2021**

Trustees	P Ubee, Chair M Simpson, Secretary D Pincott K Nightingale G Russell K Sinclair
Company registered number	07693256
Charity registered number	1144232
Registered office	20 Egerton Drive London SE10 8JS
Senior management team	D Hubble R Staden
Independent Examiner	MHA MacIntyre Hudson Chartered Accountants Boundary House 4 County Place Chelmsford Essex CM2 0RE
Bankers	The Co-operative Bank Plc PO Box 250 Delf House Southway Skelmersdale WN8 6WT

THE DEBORAH UBEE TRUST LTD
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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the financial statements of the Trust for the year 1 April 2020 to 31 March 2021. The Annual Report serves the purposes of both a Trustees' report and a Directors' report under company law. The Trustees confirm that the Annual Report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

Since the Trust qualifies as small under section 382 of the Companies Act 2006, the Strategic Report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is a charitable company limited by guarantee, incorporated on 5 July 2011 and registered as a Charity on 11th October 2011. The company was established under a Memorandum of Association, which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £10.

Recruitment and appointment of Trustees

The Trustees reflect a mixture of skills and experience. They are selected for their understanding and sympathy with the aims and objectives of the Charity, combined with a willingness to offer time and expertise to support it.

Organisational structure and decision-making

The Trustees meet several times a year to agree the strategic direction and policy of the charity. The day-to-day responsibility of running the Charity rests with the Directors. They are responsible for ensuring that the Charity delivers the services specified and performance indicators are met. They are also responsible for developing skills and working practices in line with good practice.

Risk management

The Trustees have conducted a review of the major risks to which the charity is exposed and have produced a system of procedures to manage these risks.

Due to the outbreak of the coronavirus pandemic, the risks have changed significantly, and the Trustees have reflected this in their approach to planning and budgeting for the year ahead.

The major risks identified are as follows: -

- **Dependency on income sources:** This risk has increased due to the pandemic, which has caused us to continue to close our centre, thus preventing us from gaining an income from renting out space to private practitioners. It is not possible to predict how long this will continue. Originally hoping to re-open in September 2020, this was not possible due to 2 further lockdowns. This, combined with the need to apply social distancing requirements, means that we are unlikely to be able to use all our available rooms for some time. In addition, a substantial ingress of water into the Trusts reception area has caused considerable damage and also needs to be repaired. The freehold of the block was sold through auction during lockdown and the new management company are responsible to review the root cause and put in place measures to prevent a similar incident in the future. There is also uncertainty around how many of our current rental clients will wish to return. This situation continues to impact our previous fallback position, where we would look to increase our rental income as a mitigant. To manage this risk, we are currently trying to gauge demand for room rental from July 2021 as well as evaluating our services mix to be flexible as Coronavirus continues to be present.

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FOR THE YEAR ENDED 31 MARCH 2021

- Government policy: This will have a significant impact over the next few months as measures have been introduced. We will continue to monitor and abide by the advice given.
- Health and safety: Due to the coronavirus pandemic, this has become a primary source of risk. We are introducing new measures and policies to protect staff, volunteers, and clients as much as possible. This involves understanding and adhering to the current guidelines and providing safety equipment.
- Budgetary control: We reconcile the bank account monthly and produce quarterly variance reports. This helps us to produce accurate budgets.
- Capacity: We already had little spare space to allocate to sessions if we wish to expand our service. This will be exacerbated by the new social distancing measures. We can however continue to offer an online service to some clients, which mitigates some of this risk.
- Disaster recovery and planning: We will continue to back up data and ensure that insurance is adequate.

Purposes and aims

Our Charity's purpose and objective, as set out in the company's Memorandum of Association, is to promote the value of emotional health and wellbeing and offer therapeutic services to all irrespective of means to pay by: -

- Promoting emotional wellbeing and raising awareness on emotional health
- Providing a range of therapeutic services to all
- Providing a range of holistic treatments
- Providing support and training to placement counsellors
- Promoting good practice around therapeutic interventions
- Offering continuing professional development to practitioners

The aims of our Charity are to promote emotional health by providing counselling to those who are otherwise unable to access it, within the London boroughs of Greenwich, Lewisham, Bexley, Bromley, Lambeth, Southwark, Newham and Tower Hamlets. We also aim to provide training in counselling and access to a range of holistic therapies.

ACTIVITIES AND ACHIEVEMENTS

Below is the summary of the changes made as a result of Covid. The Directors passion and dedication have made it possible to continue to deliver this much needed service in the disparate and difficult period for many.

Adaptation due to Covid: -

- Closed centre in March 2020.
- Furloughed Centre manager and Play therapist.
- Operations Manager was on maternity leave.
- Operations manager was made redundant in November.
- Started working online with adults and young people over 14.
- Trained counselling team in 'walk and talk' therapy.
- Constant revision of budget to reflect possible dates for re-opening, differing levels of take up by private rental with the Her Centre who commission us to offer therapy to these clients.

Financial impact of Covid: -

- Removal our second biggest source of income which was the room rental by private therapists.
- Prevented us from hosting a planned fundraiser at the Greenwich yacht Club in April 2020.
- Prevented all the usual fundraising events throughout the year (marathon, big half etc) which usually

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

generate funds.

- We changed our client payment system from an invoicing system based on attendance at the centre to a weekly donation system. This required less manpower as we did not try to enforce payment. We found that most clients were voluntarily making a regular weekly donation and this source of income remained as before.

Principal Funding Sources: -

- £111,664 from Big Lottery last year of funding.
- £15,000 from Greenwich council for partnership work with Her Centre working with children affected by domestic abuse.
- £5,400 for partnership work with Lewisham Council and the Early Years Alliance working with children affected by domestic abuse.
- £10,000 for working with adults referred by the Her Centre.
- £15,000 CCSF grant for piloting 'walk and talk' therapy.
- £11,500 from SIGNAL for work with parents of children with autism.
- £3,000 donation from Capital International.
- Over £15,000 from lockdown donations from clients.
- Lily Ubee raised over £2,000 for walking from London to Brighton.
- Anna Schlupe raised over £1,000 for running the London Marathon although the event was cancelled due to Covid.

Under 18s Service

Impact on Young People: -

- Younger clients (under 14s) were left with no therapy option, however Rosie Staden contacted parents regularly during first lockdown. Some have since been offered outdoor therapy but the waiting list for this age group has remained closed.
- Restarted face to face work with Prevent Protect Repair clients at The Clyde Children's centre. This then had to be interrupted again in January for the second lockdown but has since resumed. We are now ending with many of the first cohort of clients who started at the end of 2019 – most of them had the original offer of 20 sessions extended to 30.
- Online work with teenagers (some did not want this or were unable to access it so still waiting to resume face to face)
- It was decided not to offer online therapy to the younger age group due to concerns about their safety in accessing it and the difficulties in ensuring privacy and confidentiality.
- 2 groups were running in March for young people experiencing anxiety – they both had to stop because of Covid. Due to the issues of confidentiality, it was not felt appropriate to offer this online.
- Interrupted the work done with domestic abuse clients in Greenwich – this program is very far behind due to lack of referrals.
- We started to offer outdoor sessions in the East Greenwich Forest School in March. We will have 7 sessions a week there from April 2021.

Future for Under 18 service

- We have been given another years' funding (for 2020) for the PPR work and will see another 15 clients this year. The Early Years Alliance and Lewisham Council have requested that we continue in partnership with them and have applied for another year's funding for 2021.
- We will make up the backlog of the work funded by Greenwich council once they have forwarded the referrals to us.
- We will form a partnership with the Forest School to apply for funding to continue with that project.
- The biggest focus will be on re-opening the centre so that we can expand the service back to what it was and re-open our waiting list for the under 14 clients. The future also needs to address the concern of our directors for the lack of support for their respective charitable areas, both administratively and with overall management

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

of the charity and the running of the clinical service. The intention in the forthcoming financial year, subject to income, is to appointment two part time managers to support the charities respective directors in finance and fundraising roles.

Adult service

Impact of the pandemic and how we have responded to it

Since the start of the Covid lockdown we have taken the adult counselling service online having first trained the staff appropriately and using an ethical contract with our clients.

About a third of our clients have been unable to access the online service due to not having the necessary technology or the internet, or a confidential space. As a result, we were successful with our CCSF fund, and we have developed a Walk and Talk service which is now being fully evaluated. This enabled us to fully train our team in offering outdoor therapy. We offer ten sessions to clients and the benefits have been more than we ever expected. The evaluation will be completed by May 2021 and will include testimonials from clients and case studies from counsellors.

Partnerships and commissioned pieces of work for the Adult Service

- We continue to work in partnership with the Her Centre, offering specialist one to one therapy with women who have experienced domestic violence and coercive control. The work usually involves working with post-traumatic stress disorder and enables women to overcome fear and anxiety. Denise Hubble attended online debates with women for the HER centre which enabled individuals to share stories and learn from each other. The therapists who work in this service have received additional training to work with trauma and sexual violence.

- We started a new contract with the charity Signal to offer parents whose children are on the autistic spectrum, with some parents being autistic themselves. We were able to offer them online sessions or Walk and Talk sessions, this one off piece of work was so successful that Signal are currently fundraising to extend the project and to offer it to wider family members including the children.

- Social services continue to commission us for individual pieces of work offering clients twenty sessions of one-to-one counselling for a variety of reasons including supporting women to have their children returned to them from care.

- Despite the Covid restrictions the Adult Service still managed to see clients as you can see from the numbers and demographics shown below: -

Last year 03/20 to 03/21 we saw 131 new clients in the adult service, with most of these receiving 24 sessions of 121 counselling.

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120 Females 9 Male

Black African	10
Black Caribbean	11
Mixed	11
Black UK	9
Indian	2
Mixed Asian	8
WH / European	13
Irish	3
WH/ Other	6
WH/ UK	58

Plans for the future

- We will continue to raise funds so that we can increase the numbers of clients we are able to see. We will keep all 3 services to help meet the needs of our clients. Walk &Talk, face to face and online.

- We will continue to deliver workshops online for clients who are looking for practical ways to improve their mental health post the lockdown. We also run a workshop for the Her Centre on well-being and self-care.

“Navigating our lives post-pandemic can be daunting and it’s ok to be scared or change our minds about how we feel. It is ok to ask for help and support, as coming out of lockdown is an individual journey for everyone. There should not be any pressure to return to socialising immediately and taking the time to make sure we feel comfortable is essential - for those who are able to as not everyone has the luxury of choice.” Clare Cox, counsellor at DUT.

Testimonials

“I wanted to take the opportunity to once again thank you for your help and support. I cannot speak highly enough of the Deborah Ubee trust, your help really was a timely lifeline. I am truly grateful for the help and support I received from Catherine, from our initial meeting I felt that I was valued and supported and that I was listened too and given the confidence to be open and involved in the process. From the start it was clear that Catherine had the perfect mix of strong counselling skills, superb insight, and a truly supportive approach, whilst being able to challenge me in a way that was understandable and relatable. We quickly developed a natural rapport which gave me the confidence to be open and engaged in the process, Catherine made me feel comfortable throughout and made it easy to explore issues which I otherwise may have been reluctant to.”

Feedback from the Signal project:

Richard gave me tools and helped me understand myself in a way no councillor has ever done in the past. He gave me space to speak freely and understand myself by reflecting and looking at situations as how my younger self would see it. This helped me immensely.

The Deborah Ubee trust is an amazing place. I have hugely benefited from having a safe place to explore my thoughts and feelings.

I attended 10 weekly sessions, which seemed 20 because of the intensity, openness, and honesty of the conversations. I felt listened and respected and I had the opportunity to be asked questions about myself, which I could answer sometimes during the session, other times on the next one. Overall, it truly helped me keep my sanity in a very critical time of my life.

I was so impressed with my counsellor and how she brought out all the issues that was bothering me and previous issues that i had not addressed. Thank you for the opportunities.

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FOR THE YEAR ENDED 31 MARCH 2021

Thank you to Claire who made me see things so differently. I will implement those simple tips you gave me. It has been since last year a very difficult time for me and my family and I'm grateful to have had the opportunity to attend those sessions. Many thanks.

I was so grateful that DUT was able to accommodate my very busy schedule. Having this platform enable me to manage my emotions and reflect on my past to deal with situations more clearly by putting my life in order and looking at things in a different perspective.

I was very grateful to receive a course of therapy from DUT. The walk and talk format really suited me and helped me make some steps towards positive changes in my life.

I feel so grateful to have had this service. My counsellor was really empathetic and understanding and the sessions helped me to work through some long-standing challenges and develop coping strategies.

I found my experience extremely helpful during a particularly difficult time. My therapist was warm, and I felt listened to. I was able to explore my feelings without judgement and gain better understanding of myself as well as find practical methods to deal with my emotions.

I accessed "Walk and Talk" counselling, which was brilliant. It helped me at a very difficult and stressful time of my life and gave me much needed "breathing space": a protected time to reflect, to discuss what was on my mind and to get valuable support. My counsellor was fantastic; we had great rapport and I felt safe and was able to always open up to them. Walking in the park enabled us to hold socially distanced sessions in a safe manner during the COVID pandemic, which was just what I needed. I would highly recommend this to everyone."

What a transformational year I have had with a therapist who made me feel for once I have power in my own voice and my own thoughts. I felt truly listened to, truly empowered to feel like what I feel is valid, and truly seen by someone. I will forever be grateful to Deborah Ubee trust for being there for me when the time was right for me. Deborah Ubee trust has changed my life and played a monumental part in my growth, health, and wellbeing... everyone needs to experience the warmth from as soon as u walk in the door to the power you feel walking out.

Current funding bids:

Big Lottery - Awaiting feedback.
CCSF – Successful.

Public benefit

The Trustees have had regard to the Charity Commission guidance on public benefit when planning current and future activities. All activities have been undertaken to fulfil the purpose of the Charity as per its Memorandum of Association and for the furtherance of public benefit.

FINANCIAL REVIEW

Reserves policy

At the year end the Charity held total reserves of £886,099 (2020 - £841,710). This is comprised of designated funds of £783,770 (2020 - £792,366), unrestricted general funds of £8,045 (2020 - £Nil) and restricted funds of £94,284 (2020 - £49,344). More detail of the purpose of each particular fund can be found in Note 11 in these accounts.

The trustees have decided that the charity requires reserves to be held of 3 to 6 months of expenditure. It is difficult to budget accurately for next year because of the uncertainty associated with return to normal service and demand by private practitioners. However, assuming the centre re-opens in September 2021 and that capacity is two-thirds of that prior to closure (due to social distancing and safety measures,) budgeted

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

expenditure for the next financial year is forecast at £141,913; with this expenditure, our required reserves would be estimated at £35,479.

Small companies' exemption note

In preparing this report, the Directors have taken advantage of the small companies' exemptions provided by section 415A of the Companies Act 2006.

Approved by order of the members of the board of Trustees and signed on their behalf by:

.....
P Ubee

Date:

THE DEBORAH UBEE TRUST LTD
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INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2021

Independent examiner's report to the Trustees of The Deborah Ubee Trust Ltd ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2021.

Responsibilities and basis of report

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Dated:

Cara Miller ACCA

MHA MacIntyre Hudson, Boundary House, 4 County Place, Chelmsford, Essex, CM2 0RE

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**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from					
Donations and grants	3	22,397	126,664	149,061	122,845
Room hire income		-	-	-	81,108
Fundraising income		9,683	-	9,683	6,371
Fee and service agreement income		18,903	46,900	65,803	66,021
Bank interest received		101	-	101	-
		<u>51,084</u>	<u>173,564</u>	<u>224,648</u>	<u>276,345</u>
Total income					
Expenditure on:					
Charitable activities:					
Staff costs and training	4	21,294	108,186	129,480	207,013
Office costs	5	12,280	4,741	17,021	25,109
Supervision and running costs		1,920	15,697	17,617	27,091
Fundraising expenses		155	-	155	930
Depreciation	8	8,596	-	8,596	10,166
Independent examination fee		3,672	-	3,672	3,672
Professional fees		3,718	-	3,718	1,219
		<u>51,635</u>	<u>128,624</u>	<u>180,259</u>	<u>275,200</u>
Total expenditure					
		<u>(551)</u>	<u>44,940</u>	<u>44,389</u>	<u>1,145</u>
Net movement in funds					
Reconciliation of funds:					
Total funds brought forward		792,366	49,344	841,710	840,565
Net movement in funds		(551)	44,940	44,389	1,145
		<u>791,815</u>	<u>94,284</u>	<u>886,099</u>	<u>841,710</u>
Total funds carried forward					

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 12 - 23 form part of these financial statements.

All income and expenditure derive from continuing activities.

In 2020, of the total income of £276,345, £156,971 was allocated to Restricted funds and £119,374 was to Unrestricted funds. Of the total expenditure of £275,200, £117,269 was from Restricted funds and £157,931 was from Unrestricted funds.

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REGISTERED NUMBER: 07693256

BALANCE SHEET
AS AT 31 MARCH 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	8	783,770	792,366
Current assets			
Debtors	9	21,322	15,231
Cash at bank and in hand		96,589	41,960
		117,911	57,191
Creditors: amounts falling due within one year	10	(15,582)	(7,847)
Net current assets		102,329	49,344
Total net assets		886,099	841,710
Charity funds			
Restricted funds	11	94,284	49,344
Unrestricted funds	11	791,815	792,366
Total funds		886,099	841,710

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

.....
P Ubee
Chair
Date:

The notes on pages 12 to 23 form part of these financial statements.

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. General information

The Deborah Ubee Trust Ltd is a private charitable company limited by guarantee and is registered with the Charity Commission (Charity Registered Number 1144232) and Registrar of Companies (Company Registered Number 07693256) in England and Wales.

The address of the registered office is given in the Trust information on page 1 of these financial statements. The nature of the Trust's operations and principal activities are to promote the value of emotional health and well being and offer therapeutic services to all irrespective of means to pay.

In the event of the Trust being wound up, the liability in respect of the guarantee is limited to £10 per member of the Trust.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Deborah Ubee Trust Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared in sterling which is the functional currency of the Trust and are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years unless otherwise stated.

2.2 Going concern

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist, including considering the impact of Covid-19. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the Trust to be able to continue as a going concern.

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

2. Accounting policies (continued)

2.4 Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Short-term employee benefits to which the employees are entitled, including termination benefits, are recognised at the undiscounted amount expected to be paid in exchange for that service or as per the termination agreement.

All expenditure is inclusive of irrecoverable VAT.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line method.

Depreciation is provided on the following bases:

Leasehold property	- 1% of cost
Property improvements	- 1% of cost
Computer equipment	- 25% of cost

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

2. Accounting policies (continued)

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.11 Financial instruments

The Charity only holds basic Financial Instruments. The financial assets and financial liabilities of the Charity are as follows:

Debtors – trade and other debtors are basic financial instruments and are debt instruments measured at amortised cost as detailed in Note 9. Prepayments are not financial instruments.

Cash at bank – is classified as a basic financial instrument and is measured at face value.

Liabilities – trade creditors, accruals and other creditors will be classified as financial instruments, and are measured at amortised cost as detailed in Note 10. Taxation and social security are not included in the financial instruments disclosure.

2.12 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

2. Accounting policies (continued)

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Donations and grants

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Donations	22,397	-	22,397
Grants	-	126,664	126,664
	<u>22,397</u>	<u>126,664</u>	<u>149,061</u>

During the year, unrestricted donations of £3,886 were received from the Job Retention Scheme (2020: Nil).

	<i>Unrestricted funds 2020 £</i>	<i>Restricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Donations	9,699	-	9,699
Grants	-	113,146	113,146
	<u>9,699</u>	<u>113,146</u>	<u>122,845</u>

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4. Staff costs and training

	2021 £	2020 £
Staff costs (Note 6)	129,080	206,338
Training and other costs	400	675
	129,480	207,013
	129,480	207,013

5. Office costs

	2021 £	2020 £
Subscriptions	608	517
Premises Costs	7,279	13,185
Service Charges	3,890	2,826
Computer and Equipment Costs	3,456	4,349
Sundry Expenses	585	2,925
Postage, Printing and Stationery	56	149
Insurance	1,147	1,158
	17,021	25,109
	17,021	25,109

6. Staff costs

	2021 £	2020 £
Wages and salaries	119,929	190,748
Social security costs	4,676	10,612
Contribution to defined contribution pension schemes	4,475	4,978
	129,080	206,338
	129,080	206,338

Included within staff costs are £28,200 (2020 - £44,641) of Sessional staff costs.

During the year, termination payments of £2,908 were made to one employee (2020 - £Nil).

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6. Staff costs (continued)

The average number of persons employed by the Charity during the year was as follows:

	2021	<i>2020</i>
	No.	<i>No.</i>
Employees	4	<i>6</i>

No employee received remuneration amounting to more than £60,000 in either year.

Key Management Personnel are the Trustees and the Senior Management Team as noted on page 1. The total amount of employee benefits, including employers national insurance contributions and employers pension contributions, received by Key Management Personnel was £64,028 (2020 - £109,326).

7. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2020 - £NIL).

During the year ended 31 March 2021, no Trustee expenses have been incurred (2020 - £NIL).

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8. Tangible fixed assets

	Leasehold property £	Property Improve- ments £	Computer equipment £	Total £
Cost or valuation				
At 1 April 2020	545,042	314,634	8,474	868,150
At 31 March 2021	<u>545,042</u>	<u>314,634</u>	<u>8,474</u>	<u>868,150</u>
Depreciation				
At 1 April 2020	43,600	23,710	8,474	75,784
Charge for the year	5,450	3,146	-	8,596
At 31 March 2021	<u>49,050</u>	<u>26,856</u>	<u>8,474</u>	<u>84,380</u>
Net book value				
At 31 March 2021	<u>495,992</u>	<u>287,778</u>	<u>-</u>	<u>783,770</u>
At 31 March 2020	<u>501,442</u>	<u>290,924</u>	<u>-</u>	<u>792,366</u>

The Leasehold Property is held on a 999 year lease from 2005.

9. Debtors

	2021 £	2020 £
Due within one year		
Trade debtors	20,141	13,802
Prepayments and accrued income	1,181	1,429
	<u>21,322</u>	<u>15,231</u>

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10. Creditors: Amounts falling due within one year

	2021	<i>2020</i>
	£	£
Trade creditors	3,340	<i>74</i>
Other taxation and social security	3,221	<i>3,451</i>
Other creditors	349	<i>650</i>
Accruals and deferred income	8,672	<i>3,672</i>
	<hr/> 15,582 <hr/>	<hr/> <i>7,847</i> <hr/>

Deferred income of £5,000 has been recognised at the year-end (2020 - £Nil), in relation to fee income invoiced in advance of the following financial year. During the year, income of £5,000 (2020 - £Nil) was deferred, and £Nil was released (2020 - £Nil).

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11. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Balance at 31 March 2021 £
Unrestricted funds				
Designated funds				
Fixed Asset Fund	792,366	-	(8,596)	783,770
General funds				
General Fund	-	51,084	(43,039)	8,045
Total Unrestricted funds	792,366	51,084	(51,635)	791,815
Restricted funds				
Big Lottery	10,548	111,664	(89,854)	32,358
Her Centre	23,586	30,000	(13,860)	39,726
Prevent, Protect and Repair	15,210	5,400	(7,760)	12,850
Walk and Talk	-	15,000	(14,500)	500
Signal	-	11,500	(2,650)	8,850
	49,344	173,564	(128,624)	94,284
Total of funds	841,710	224,648	(180,259)	886,099

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11. Statement of funds (continued)

Designated Funds - Fixed Asset Fund

The investment in the building and equipment is considered to be not easily realisable and therefore should not be matched by the General reserve. A Fixed Assets reserve has been established that matches the net book value of assets.

Restricted Funds - Big Lottery

This fund has been established to recognise the funding received from the Big Lottery Fund. This award has helped the Trust to expand our services and to help reach those in the community who need support around emotional help, through a combination of one-to-one therapy and group work.

Restricted Funds - Her Centre

We receive 2 types of funding from the Her Centre:-

- work commissioned by Greenwich Council to ourselves and the Her Centre in partnership. This is for individual therapy for clients under the age of 18 who have been affected by domestic abuse.
- individual therapy sessions commissioned by the Her Centre with adult women who have been affected by domestic abuse.

In both cases the clients are referred by the Her Centre and have 20 weekly sessions with a DUT therapist. The children are offered play or dance and movement therapy and the adults and older teenagers are offered talking therapy. The funding covers the cost of administration, supervision and payments to sessional therapists as well as a contribution to running costs.

Restricted Funds - Prevent, Protect, Repair

The PPR funding is for work commissioned by the Home Office in partnership with Lewisham Council, The Early Years Alliance and Athena. This project focuses on the effect of Domestic Abuse on Children in Lewisham, and the first year was a pilot project based in two specific areas of the borough; Evelyn and Bellingham. The aim is to offer education and support to professionals working with children and group work with families. The DUT's role is to offer 20 sessions of individual therapy to 12 under 18s a year.

These young people are referred on from the other parts of the programme if it is felt that they need more individual support. However, due to the timing of the funding we had to combine the first two years into one so we were allocated 24 young people before lockdown interrupted. Again, the funding covers the cost of administration, supervision and payments to sessional therapists as well as a contribution to running costs.

Restricted Funds - Walk and Talk

This fund was granted by CCSF to pioneer Walk and Talk therapy for the Charity's beneficiaries.

Restricted Funds - Signal

This fund represents amounts received from Signal, a Charity based in Lewisham, London, for work with parents of children on the autism spectrum.

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**NOTES TO THE FINANCIAL STATEMENTS
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11. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2019 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2020 £</i>
Unrestricted funds				
Designated funds				
Fixed Asset Fund	802,532	-	(10,166)	792,366
General funds				
General Fund	28,391	119,374	(147,765)	-
Total Unrestricted funds	830,923	-	(157,931)	792,366
Restricted funds				
Big Lottery	9,642	113,146	(112,240)	10,548
Her Centre	-	27,625	(4,039)	23,586
Prevent, Protect and Repair	-	16,200	(990)	15,210
	9,642	156,971	(117,269)	49,344
Total of funds	840,565	156,971	(275,200)	841,710

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12. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	783,770	-	783,770
Current assets	23,577	94,334	117,911
Creditors due within one year	(15,532)	(50)	(15,582)
Total	791,815	94,284	886,099

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2020 £</i>	<i>Restricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Tangible fixed assets	792,366	-	792,366
Current assets	7,847	49,344	57,191
Creditors due within one year	(7,847)	-	(7,847)
Total	792,366	49,344	841,710

13. Pension commitments

The Trust operates a defined contribution pension plan for its employees. The amount recognised as an expense in the period was £4,475 (2020 - £4,978).

14. Related party transactions

A sessional employee, Isobel Staden, who is also the daughter of Rosie Staden, a Director, was paid £Nil in the year (2020 - £304).

There were no other related party transactions in either period.

