



Trustees' Annual Report for the period

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|------|-------------------|-------------|--------------|----|-----------------|-------------|--------------|
| From | Period start date | | | To | Period end date | | |
| | Day 01 | Month 11 | Year 2023 | | Day 31 | Month 10 | Year 2024 |

Section A Reference and administration details

Charity name

SOLEBAY CARE FUND

Other names charity is known by

Registered charity number (if any) 1144108

Charity's principal address

Solebay Health Centre

Teal Close, Reydon

Southwold, Suffolk

Postcode

IP18 6GY

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-----------------|---------------------|-----------------------------------|---|
| 1 | Rigby Whittaker | Trustee/Chairperson | 22/5/23 – 20/5/24 | |
| 2 | Catherine Ryan | Trustee/Chairperson | 20/5/24 – 31/10/24 | |
| 3 | Belinda Guise | Trustee | | |
| 4 | Sally Bird | Trustee/Secretary | | |
| 5 | Rita Woodcraft | Trustee | | |
| 6 | Jane Samkin | Treasurer | | |
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Section A

Reference and administration details

Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
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| | |

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
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Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

| | |
|--|---|
| Type of governing document (e.g. trust deed, constitution) | Constitution adopted 28.6.2011, as amended 27.9.2011., further amended 05.03.23 |
| How the charity is constituted (e.g. trust, association, company) | Association |
| Trustee selection methods (e.g. appointed by, elected by) | Appointed by invitation drawn from the people with the skill, knowledge or experience and an interest in the aims & objectives of the Charity, subject to the 'disqualification from acting as a Trustee' check/confirmation and approval of the Board. |

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- Trustees' consideration of major risks and the system and procedures to manage them.

The Charity was registered with the Charity Commission on 3.10.2011.

The Trustees have had regard on the guidance issued by The Charity Commission on public benefit in carrying out their duties during the year.

The Charity's income consists of donations from patients/families of patients of Solebay Health Centre, GP Surgery & local people in the Solebay area of Suffolk and sponsorship & fundraising events completed by the local GP Practice, the Trustees &/or their associates and local people in the Solebay area.

Expenditure is requested by the Community Matron based at Solebay Health Centre GP Surgery and is authorised by a minimum of two of the Charity's Trustees. The Charity's expenditure ranges from providing short term non-NHS/Social Services funded services such as immediate 24-hour nursing care at home, to the fitting of key safes/alarms, giving recipients a rapid response to meet their urgent medical/social need.

The Charity maintains a very clear & transparent recording process of all income & expense items, which is subject to an independent annual examination.

With the help of the Community Matron, Trustees & local people, for the financial year ended 31st October 2024 the Charity received income of £80K which came mainly from donations and bequeaths. For the same period the Charity had expenses of £150K which provided local people with non-NHS/Social Services funded immediate care and equipment.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objectives of the Charity, which can be viewed on the Charity Commission website, are: *'To relieve suffering and provide essential medical care for those members of the population of the Solebay area of Suffolk, who require it by providing or assisting in the provision of equipment, facilities, aiding mental health, and services not provided by the statutory authorities.'*

This has been dealt with in the section above, entitled Structure, Governance & Management, under the sub heading additional governance issues.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

This has been dealt with in the section above, entitled Structure, Governance& Management under the subheading additional Governance issues.

Summary of the main achievements of the charity during the year

During 2023/24 the Charity spent £150,992.13 demonstrated through the independently examined accounts, and expenditure examples for the year 1.11.23 - 31.10.24 were as follows:

Nursing Care– £57.8K

Expenditure ranged from 24-hour respite care to emergency carer cover for elderly people suffering from Dementia & Alzheimer's enabling the recipients to remain in their own homes rather than the trauma of hospital admission.

Key safes/Alarms- £1.2K

The Charity funded the installation/supply of key safes/alarms to enable immediate access for registered carers & to help keep the vulnerable recipients safe.

Equipment - £1.1K

The Charity paid for items for patients to use in their homes including a specialised bed,

Stomp Sessions - £2.1K:

The cost of providing weekly music activities which the Charity funds at a local Care Home.

Insurance - £484.24:

For the Charity's annual liability insurance cover.

Community Bus - £12.8K

Donations to the transport provider of the Community Bus, to enable the continuation of a much-needed service for the local community helped with driving by local volunteers.

Walk & Talk - £1.7K

The cost of providing a weekly walking session for local people to help/aid both their physical & mental health by reducing loneliness/isolation through activity & socialising.

Admiral Nurse - £26.2K

Donations to the Solebay Health Centre to help to fund (*including associated training & development costs*) a dedicated Dementia Nurse to support local people and their families.

Dementia& Lung Health Singing Groups- £8.5K

To fund the cost of a weekly singing groups at a local Community Centre to help residents with Dementia and to also help promote lung health.

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Feed All Kids - £25.9K:

Provided local school children with a lunch time meal every day for the autumn and winter terms, proving valuable to the children's ability to learn and their dietary needs.

Section D

Achievements and performance

Admin - £2K:

Treasurer's book keeping services.

Other-£3.6K

Community Assessment Therapy, hire of hall for dementia singing and lung health sessions, , residential short term accommodation, the funding of winter coats for kids at local schools,

Care Home - £2.2K

Providing respite for residents in local care home when required

Food Bank - £2K

Subsidising the local food bank to help them provide food to those unable to afford the basic foods

School Playground - £1K

The local primary school needed funds to bring their playground up to a better standard for the pupils

Oaklands - £2K

Providing funds to a local care home who started a nature garden and pond for all local residents to enjoy and help with their mental health

Section E

Financial review

Brief statement of the charity's policy on reserves

The Trustees previously agreed to operate a reserve fund of £25K, as a prudent measure to help ensure any requests for immediate non-NHS/Social Services funded nursing care/equipment could be made by the Charity.
The balance of the Charity's reserve account as at 31.10.24 was £128K.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity's principal sources of funds come from bequeaths, public donations and sponsorship & fundraising events.

During 2023/24 examples of:

Donations included: Numerous bequeaths & public donations by cheque, bacs, cash, standing orders, Golden Giving and Peoples Fundraising, Charities Aid Foundation and Much Loved ,a donation from a local Common Lands Charity, local Parish Councils, PCC's & Society donations, a local Rotary Club donation and local Charitable Trust donations. Donation from Latitude, a local music event., Bus hire, donation from local Steam Rally

Sponsorship & fundraiser events included: a local community quiz night fundraiser, a Starlight Walk event, , local singing group fundraising event, a pub quiz night fundraiser and a local plant selling stall.

The Charity operates 2 bank accounts with Barclays Bank Plc, a current account and a reserve account as mentioned in the reserves section above.

Section F Other optional information

The Charity received many thank you letters & cards from grateful recipients/their families and several donations/bequeaths, which are a simple measure of the public benefit provided throughout the year.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Jane Samkin

Full name(s)

Jane Mary Samkin

Position (e.g. Secretary, Chair, etc)

Treasurer

Date

05/08/25