

SOLEBAY CARE FUND

Year Ended 31 October 2023

Charity Number 1144108

SOLEBAY CARE FUND

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SOLEBAY CARE FUND

I report on the income and expenditure accounts of the charity for the year ended 31 October 2023, set out on page 4.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:


- examine the accounts
- to follow the procedures laid down in the general directions given by the Charity Commission
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and therefore the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with our examination, no matter has come to my attention which give any reasonable cause to believe that the required accounting records have not been kept and that there are no matters to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

 21 March 2024

Mrs R H Carter F.C.C.A.
37 Southwold Road
Wrentham
Beccles
Suffolk
NR34 7JE

SOLEBAY CARE FUND

Income & Expenditure Account for the year ended 31 October 2023

	Total 2022-2023	Total 2021-2022
	£	£
Income:		
Donations	60,160.79	47,000.35
Fundraising	60.00	1,143.00
Virgin Money	-	82.50
Bequests	-	38,000.00
Community Bus	4,768.25	3,194.47
HMRC Gift Aid	-	4,210.79
Interest on reserve	1,436.73	29.19
Old unpresented cheques - written back	-	663.59
Deficit for the year	92,176.04	38,337.33
	<u>158,601.81</u>	<u>132,661.22</u>

	Total 2022-2023	Total 2021-2022
	£	£
Expenses:		
Nursing care	67,225.36	59,933.06
Key safes installed	350.38	160.00
Care home fees	-	9,850.01
Equipment	4,314.00	4,951.43
Stomp sessions	2,132.00	2,524.00
Insurance	423.38	434.48
Admiral nurse	22,069.11	31,755.57
Other	6,308.13	6,114.15
Community bus	6,838.60	10,043.00
Stair lifts	800.00	4,655.00
Website costs	-	180.00
Walk & talk	1,878.93	1,074.52
Pit Stop/ Commons Trust	2,200.00	-
Klondyke Skate Park	20,000.00	-
Dementia singing	9,180.00	820.00
Fundraising costs	-	166.00
Coats for Kinds	500.00	-
Feed All Kids	10,827.37	-
Admin	2,017.32	-
	<u>157,064.58</u>	<u>132,661.22</u>

SOLEBAY CARE FUND

As at 31 October 2023

	Current Account £	Reserve Account £	Total £
Opening Balance at 1 November 2022	63,998.32	233,175.60	297,173.92
Receipts	64,989.04	1,436.73	66,425.77
Expenses	(157,064.58)	-	(157,064.58)
Transfers	34,000.00	(34,000.00)	-
Closing Balance at 31 October 2023	<u>5,922.78</u>	<u>200,612.33</u>	<u>206,535.11</u>

	Current £	Reserve £	Total £
Balance per Bank statement	10,425.28	200,612.33	211,037.61

Unpresented cheques:

101803	£563.50		
101806	£600.00		
101808	£350.00		
101809	£2,052.00		
101810	£45.00		
101811	£892.00		
	<u>(4,502.50)</u>		<u>(4,502.50)</u>
	<u>5,922.78</u>	<u>200,612.33</u>	<u>206,535.11</u>

- Notes:
1. No reserve account statement has been received since 29.09.23 and the above balance is therefore as at that date.
 2. The current account is stated as at the end of October 2023.



Trustees' Annual Report for the period

Period start date				Period end date			
From	Day	Month	Year	To	Day	Month	Year
	01	11	2022		31	10	2023

Section A Reference and administration details

Charity name **SOLEBAY CARE FUND**

Other names charity is known by

Registered charity number (if any) **1144108**

Charity's principal address **Solebay Health Centre**

Teal Close, Reydon

Southwold, Suffolk

Postcode IP18 6GY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rigby Whittaker	Trustee/Chairperson		
2	Catherine Ryan	Trustee		
3	Belinda Guise	Trustee		
4	Sally Bird	Trustee/Secretary		
5	Rita Woodcraft	Trustee		
6	Jane Samkin	Treasurer		
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B

Structure, governance and management

Description of the charity's trusts

Type of governing document (e.g. trust deed, constitution)	Constitution adopted 28.6.2011, as amended 27.9.2011., further amended 05.03.23
How the charity is constituted (e.g. trust, association, company)	Association
Trustee selection methods (e.g. appointed by, elected by)	Appointed by invitation drawn from the people with the skill, knowledge or experience and an interest in the aims & objectives of the Charity, subject to the 'disqualification from acting as a Trustee' check/confirmation and approval of the Board.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- Trustees' consideration of major risks and the system and procedures to manage them.

The Charity was registered with the Charity Commission on 3.10.2011.

The Trustees have had regard on the guidance issued by The Charity Commission on public benefit in carrying out their duties during the year.

The Charity's income consists of donations from patients/families of patients of Solebay Health Centre, GP Surgery & local people in the Solebay area of Suffolk and sponsorship & fundraising events completed by the local GP Practice, the Trustees &/or their associates and local people in the Solebay area. Expenditure is requested by the Community Matron based at Solebay Health Centre GP Surgery and is authorised by a minimum of two of the Charity's Trustees. The Charity's expenditure ranges from providing short term non-NHS/Social Services funded services such as immediate 24-hour nursing care at home, to the fitting of key safes/alarms, giving recipients a rapid response to meet their urgent medical/social need.

The Charity maintains a very clear & transparent recording process of all income & expense items, which is subject to an independent annual examination.

With the help of the Community Matron, Trustees & local people, for the financial year ended 31st October 2023 the Charity received income of £64.9K which came mainly from donations and bequeaths. For the same period the Charity had expenses of £157K which provided local people with non-NHS/Social Services funded immediate care and equipment.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The objectives of the Charity, which can be viewed on the Charity Commission website, are: *'To relieve suffering and provide essential medical care for those members of the population of the Solebay area of Suffolk, who require it by providing or assisting in the provision of equipment, facilities, aiding mental health, and services not provided by the statutory authorities.'*

This has been dealt with in the section above, entitled Structure, Governance & Management, under the sub heading additional governance issues.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

This has been dealt with in the section above, entitled Structure, Governance& Management under the subheading additional Governance issues.

Summary of the main achievements of the charity during the year

During 2022/23 the Charity spent £157,064.58 demonstrated through the independently examined accounts, and expenditure examples for the year 1.11.22 - 31.10.23 were as follows:

Nursing Care - £67.2K:

Expenditure ranged from 24-hour respite care to emergency carer cover for elderly people suffering from Dementia & Alzheimer's enabling the recipients to remain in their own homes rather than the trauma of hospital admission.

Key safes/Alarms - £350:

The Charity funded the installation/supply of key safes/alarms to enable immediate access for registered carers & to help keep the vulnerable recipients safe.

Equipment - £4.3K:

The Charity paid for items for patients to use in their homes including a specialised bed,

Stomp Sessions - £2.1K:

The cost of providing weekly music activities which the Charity funds at a local Care Home.

Insurance - £423.38:

For the Charity's annual liability insurance cover.

Community Bus - £6.8K

Donations to the transport provider of the Community Bus, to enable the continuation of a much-needed service for the local community helped with driving by local volunteers.

Walk & Talk - £1.8K

The cost of providing a weekly walking session for local people to help/aid both their physical & mental health by reducing loneliness/isolation through activity & socialising.

Admiral Nurse - £22K

Donations to the Solebay Health Centre to help to fund (*including associated training & development costs*) a dedicated Dementia Nurse to support local people and their families.

Dementia & Lung Health Singing Groups - £9.1K

To fund the cost of a weekly singing groups at a local Community Centre to help residents with Dementia and to also help promote lung health.

Stair Lifts - £800:

The funding of installing and/or hire of stair lifts for local residents with mobility issues to enable them to remain in their homes.

Feed All Kids - £10.8K:

Provided local school children with a lunch time meal every day for the autumn and winter terms, proving valuable to the children's ability to learn and their dietary needs.

Admin - £2K:

Treasurer's book keeping services.

Klondyke Skate Park - £20K:

A local skate park that has relied on fundraising to finally open a state of the art facility in our local area. The donation was to support activities for our young members of our community and especially those with educational and mental health needs. Training is provided for our local children to access this safely and helps with their fitness, concentration and socialisation.

Other-£9K:

Community Assessment Therapy, hire of hall for dementia singing and lung health sessions, rent for local community cafe, cooker for community cafe, residential short term accommodation, the funding of winter coats for kids at local schools,

Section E

Financial review

Brief statement of the charity's policy on reserves

The Trustees previously agreed to operate a reserve fund of £25K, as a prudent measure to help ensure any requests for immediate non-NHS/Social Services funded nursing care/equipment could be made by the Charity.
The balance of the Charity's reserve account as at 31.10.23 was £200K.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity's principal sources of funds come from bequeaths, public donations and sponsorship & fundraising events.

During 2022/23 examples of:

Donations included: Numerous bequeaths & public donations by cheque, cash, standing orders, Golden Giving and Peoples Fundraising, Charities Aid Foundation and Much Loved ,a donation from a local Common Lands Charity, local Parish Councils, PCC's & Society donations, a local Rotary Club donation and local Charitable Trust donations. Donation from Latitude, a local music event.

Sponsorship & fundraiser events included: a local community quiz night fundraiser, a Starlight Walk event, the proceeds from sales of a local book, local singing group fundraising event, a pub quiz night fundraiser and a local plant selling stall.

The Charity operates 2 bank accounts with Barclays Bank Plc, a current account and a reserve account as mentioned in the reserves section above.

Section F

Other optional information

The Charity received many thank you letters & cards from grateful recipients/their families and several donations/bequeaths, which are a simple measure of the public benefit provided throughout the year.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

SJ Bird

Full name(s)

SALLY BIRD

Position (e.g. Secretary, Chair,
etc)

secretary

Date

15/8/24

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