



Trustees' Annual Report for the period

From 01.04.2022 Period start date

To 31.03.2023 Period end date

Charity name: Rubicon Cares

Charity registration number: 1144081

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve the mental and physical sickness of persons resident in Kent suffering from trauma as a result of being victims of serious crime, by the provision of free counselling and support for such persons including the provisions of a specialist helpline.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>In planning our activities for the year we have kept in mind the Charity Commission guidance on Public Benefit at our Trustee meetings.</p> <p>The focus of our activities remains specialist trauma counselling for people affected by crime in Kent & Medway. This is for individuals age 13 to 18 and adults with no upper age limit. The crime incident can be historical, current, reported or unreported.</p> <p>This benefits people by helping them deal with / reduce the trauma symptoms resulting from the crime incident. This in turns improves their mental / physical health, improves their day to day functioning, improving their employability, improving relationships.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All Trustees have given due regard to the guidance issued by the Charity Commission on Public Benefit

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We have been very fortunate to be supported by volunteers within our community fundraising plans and within our 'back office' admin structure. The volunteers come from various sources eg ex- service user, friends and families of counsellors, local community members, students.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In 2022-2023 we continued to see the impact of COVID-19 pandemic within the referrals we received. We were again fortunate to receive several specific COVID-19 related grants from local and national Trusts and from central government, we were able to increase our counselling and helpline provision. We continued to see an increase in people accessing our service mainly because they were being triggered by the circumstances of the pandemic and old trauma incidents were surfacing.</p> <p>We continued to see an increase in referrals from 'hard to reach' groups such as the travelling community.</p> <p>We were also supported by existing funders who were very flexible with how we spent funds and extending deadlines for funds to be spent.</p> <p>People continued to support us by donating or doing fundraising events to help us raise</p>

		money.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our total income for 2022-2023 was £194,162.53. The total expenditure was £218,968.19. The balance carried forward was £105,239.69. Of this £73,763.74 is restricted funding.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold £31,475.95 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity has to cease trading. We aim to keep this reserve for the coming year.</p> <p>Our main source of funds have been, Kent Community Foundation, Maidstone Borough Council, Gravesham Borough Council, Kent Police & Crime Commissioner, Tescos Groundwork, NHS, Cobtree Charity Trust Ltd, National Community Lottery Fund,</p> <p>We also raised funds via direct donations from service users and the general public.</p> <p>These funds have enabled us to provide much needed specialist trauma counselling to the people affected by crime.</p> <p>We also continue to develop a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.</p> <p>Rubicon Cares has no assets or debts.</p>
Amount of reserves held	Para 1.22	£31,475.95
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
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Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed / royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		<p>Governance issues as per the Constitution</p> <p>All trustees have inductions in line with the Charity Commissions guidelines including familiarisation with Charity guidelines and policies/procedures.</p> <p>All counsellors are members and /or Accredited Members of the British Association of Counselling & Psychotherapy and/or Accredited members of the National Counselling Society, are registered with the ICO, compliant with insurance and CRB/DBS requirements.</p> <p>Rubicon Cares adheres to the BACP and</p>

		<p>NCS ethical guidelines</p> <p>All Trustees give their time voluntarily and receive no remuneration for their work.</p> <p>Major risks and systems / procedures to manage them are regularly reviewed at Board meetings and business plans including financial strategy are regularly reviewed. Also, matters of risk and safeguarding regularly reviewed.</p>
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Reference and Administrative details

Charity name	Rubicon Cares
Other name the charity uses	
Registered charity number	1144081
Charity's principal address	Maidstone Community Support Centre 39-48 Marsham Street Maidstone Kent ME14 1HH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	William (Will) Moore		01.04.22 – 18.08.22	
2	David (Dave) Edward Atkinson	Treasurer		
3	Rowland (Tad) John Taberer	Secretary		
4	Emma Easton	Chair		
5	Martin O'Neill			
6	Monika Wilde		15.09.22 – 31.03.23	
7	Freya Rich		15.09.22 - 31.03.23	
8	Sandie Turner		15.09.23 – 31.03.23	
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Sandra Ann Turner

Exemptions from disclosure

Reason for non-disclosure of key personnel details

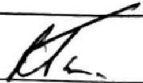
N/A

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Roulard, John (TAD).	TABERER
Position (eg Secretary, Chair, etc)	Secretary.	
Date	31-1-2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

RUBICON CARE

On accounts for the year
ended

31/3/23

Charity no
(if any)

1144081

Set out on pages

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

10/8/23

Name:

ADRIAN MORRIS

Relevant professional
qualification(s) or body

ACA

(if any):	
Address:	UNIT 20 HOPKINSON BUSINESS CENTRE
	105 HOPKINSON DRIVE
	CHATHAM KENT M6S 7D8

Section B	Disclosure
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Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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Rubicon Cares

Income and Expenditure Account for the Year Ended 31 March 2023

INCOMINGS		OUTGOINGS	
Starting Balance at 01.04.22	£130,045.35		
donations	£1,295.69	Core Cost	£20,458.90
Kent Community Foundation	£9,600.00	Staffing Cost	£181,422.36
Maidstone Borough Council	£7,464.00	Room Hire	£10,119.27
Gravesham Borough Council	£7,720.00	Stationery (printing)	£595.23
OPCC / Kent Police	£77,814.81	Travel Fare	£5,301.53
Bank Interest	£209.11	Catering	£10.00
Training fees	£240.00	Office Equipment	£344.40
Groundwork Tescos	£5,250.00	Miscellaneous	£16.00
NHS	£41,000.00	Training	£450.00
Cobtree Charity Trust Ltd	£4,480.00	Bank charges	£250.50
Big Lottery Fund	£40,500.00		
Canterbury Christ Church University	£400.00		
Oasis Domestic Abuse	- £1,811.08		
TOTAL income	£194,162.53	TOTAL	£218,968.19

Annual deficit: -£24,805.66

Balance Carried Forward: £105,239.69

Breakdown of balance carried forward:

Restricted funds: £73,763.74 (*NatWest current account*)

Unrestricted funds: £31,475.95 (*CAF Reserve Account £30,636.04 + CAF Current account £590.17 + NatWest Savings Account £243.62 + NatWest current account £6.12*)

Balance Sheet at 31st March 2023

Bank balance 31st March 2023

£105,239.69

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Retained Reserves

£105,239.69

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Financial Statement 2022– 2023

We hold £31,475.95 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity must cease trading. We aim to keep this reserve for the coming year.

We hold £73,763.74 restricted funds to be used in the coming year as per grant agreements with funders.

Our main source of funds have been, Kent Police & Crime Commissioner, The National Lottery Community Fund, Kent Community Foundation, Colyer Fergusson Charitable Trust, Sir Thomas Smythe, Tesco Groundwork, Souter Trust, Oasis DA Service, Postcode Lottery, Mrs Smith & Mount Trust, Nationwide Community Grant, Maidstone Borough Council, Cobtree Charity Trust, NHS, The Cole Charitable Trust. We also received donations from various routes. We raised money through community fundraising events and through training events.

These funds have enabled us to provide much needed specialist trauma counselling to the victims of crime. We have also been developing a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.

Rubicon Cares has no assets or debts.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

RUBICON CARES

On accounts for the year
ended

31/3/23

Charity no
(if any)

1144081

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and basis of report

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* Please delete the words in the brackets if they do not apply.

Signed:

Date:

10/8/23

Name:

ADRIAN MORRIS

Relevant professional
qualification(s) or body

ACA

(if any):

Address:

UNIT 20 HOPKINSON BUSINESS CENTRAL

105 HOPKINSON DRIVE

CHATHAM KENT M25 7DX

Section B

Disclosure

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Give here brief details of any items that the examiner wishes to disclose.

or concern
action and