

# RUBICON CARES

England & Wales · Charity number 1144081

## Details

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**Status** Registered

**Legal form** Other

**Registered** 2011-09-30

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Maidstone Community Support Centre  
39-48 Marsham Street  
Maidstone  
ME14 1HH

**Phone** 01622230736

**Email** [contact@rubiconcares.org](mailto:contact@rubiconcares.org)

**Website** [www.rubiconcares.org](http://www.rubiconcares.org)

## Activities

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**Objects:** TO RELIEVE THE MENTAL AND PHYSICAL SICKNESS OF PERSONS RESIDENT IN KENT SUFFERING FROM TRAUMA AS A RESULT OF BEING VICTIMS OF SERIOUS CRIME, BY THE PROVISION OF LOW COST OR FREE COUNSELLING AND SUPPORT FOR SUCH PERSONS, INCLUDING THE PROVISION OF A SPECIALIST HELPLINE

**Activities:** We offer free 1:1 specialist trauma counselling to people affected by any crime in Kent and Medway. Our main office is in Maidstone. We have satellite offices in Medway, Ashford, Tonbridge. We run a Helpline for people who are unable to access our offices. Professionals may also use this Helpline if they wish.

## Classification

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- **How:** Other Charitable Activities
- **What:** Other Charitable Purposes
- **Who:** Other Defined Groups

## Geography

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- Kent
- Medway

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£94,360	£115,747	-	-
2024-03-31	£106,739	£162,971	-	-
2023-03-31	£194,163	£218,969	-	-
2022-03-31	£203,777	£204,033	-	-
2021-03-31	£264,842	£188,839	-	-

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## Trustees

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Name	Role	Appointed
EMMA EASTON		2021-06-24
Joanne Mitchell		2024-11-27
Martin Patrick O'Neill		2018-09-27
Melissa Haddley		2025-09-10
Tad Taberer		2016-06-09

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**RUBICON CARES**

England & Wales - Charity number 1144081

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# Accounts

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## Trustees' Annual Report for the period

From 01.04.2024 Period start date To 31.03.2025 Period end date

Charity name: Rubicon Cares

Charity registration number: 1144081

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve the mental and physical sickness of persons resident in Kent suffering from trauma as a result of being victims of serious crime, by the provision of free counselling and support for such persons including the provisions of a specialist helpline.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>In planning our activities for the year we have kept in mind the Charity Commission guidance on Public Benefit at our Trustee meetings.</p> <p>The focus of our activities remains specialist trauma counselling for people affected by crime in Kent &amp; Medway. This is for individuals age 13 to 18 and adults with no upper age limit. The crime incident can be historical, current, reported or unreported.</p> <p>This benefits people by helping them deal with / reduce the trauma symptoms resulting from the crime incident. This in turns improves their mental / physical health, improves their day to day functioning, improving their employability, improving relationships.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All Trustees have given due regard to the guidance issued by the Charity Commission on Public Benefit

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We have been very fortunate to be supported by volunteers within our community fundraising plans and within our 'back office' admin structure. The volunteers come from various sources eg ex- service user, friends and families of counsellors, local community members, students.
Other		

**Achievements and Performance**

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In 2024-2025 we continued to see the impact of COVID-19 pandemic and the global financial crisis within the referrals we received and the lack of funding streams to access. The reduction in what we were able to raise financially in this year led to streamlining the service so that we could continue to provide the service to our local communities and avoid closing the charity.</p> <p>We continued to see an increase in referrals from 'hard to reach' groups such as the travelling community.</p> <p>People continued to support us by donating or doing fundraising events to help us raise money.</p>

**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against	Para 1.41	
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<b>objectives set</b>		
<b>Performance of fundraising activities against objectives set</b>	Para 1.41	
<b>Investment performance against objectives</b>	Para 1.41	
<b>Other</b>		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our total income for 2023-2024 was £94,360.15. The total expenditure was £115,746.90. The balance carried forward was £27,620.99. Of this £830.51 is restricted funding.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold £26790.48 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity has to cease trading. We aim to keep this reserve for the coming year.</p> <p>Our main source of funds have been OPCC, Roger De Haan Charitable Trust, The Hobson Charity, Marsh Charitable Trust, The Whiethead Monckton Charitable Foundaiton, Brian Murtagh Charitable Trust, The Jessel Baronetcy Fund.</p> <p>We also raised funds via direct donations from service users and the general public.</p> <p>These funds have enabled us to provide much needed specialist trauma counselling to the people affected by crime.</p> <p>We also continue to develop a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.</p> <p>Rubicon Cares has no assets or debts.</p>
Amount of reserves held	Para 1.22	£27620.99
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
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Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document	Para 1.25	<b>Constitution</b>
How is the charity constituted?	Para 1.25	<b>Association</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Elected</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		<p>Governance issues as per the Constitution</p> <p>All trustees have inductions in line with the Charity Commissions guidelines including familiarisation with Charity guidelines and policies/procedures.</p> <p>All counsellors are members and /or Accredited Members of the British Association of Counselling &amp; Psychotherapy and/or Accredited members of the National Counselling Society, are registered with the ICO, compliant with insurance and CRB/DBS requirements.</p> <p>Rubicon Cares adheres to the BACP and</p>

		<p>NCS ethical guidelines</p> <p>All Trustees give their time voluntarily and receive no remuneration for their work.</p> <p>Major risks and systems / procedures to manage them are regularly reviewed at Board meetings and business plans including financial strategy are regularly reviewed. Also, matters of risk and safeguarding regularly reviewed.</p>
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### Reference and Administrative details

Charity name	Rubicon Cares
Other name the charity uses	
Registered charity number	1144081
Charity's principal address	Maidstone Community Support Centre 39-48 Marsham Street Maidstone Kent ME14 1HH

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1				
2	David (Dave) Edward Atkinson	Treasurer		
3	Rowland (Tad) John Taberer	Secretary		
4	Emma Easton			
5	Martin O'Neill			
6	Monika Wilde			
7	Freya Rich			
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19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

Director name		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A
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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	ROWLAND JOHN TABERER	
Position (eg Secretary, Chair, etc)	Secretary / Trustee.	
Date	23/1/2026.	



Section A

Independent Examiner's Report

Report to the trustees/  
members of

RUBINOV CARLS

On accounts for the year  
ended

21/3/25	Charity no (if any)	1144081
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Set out on pages

Responsibilities and  
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

*Andy*

Date:

8/9/25

Name:

ADAM MARY

Relevant professional  
qualification(s) or body  
(if any):

ACA

Address:

UNIT 20 HOPWELL BUSINESS CENTRE
105 HOPWELL DRIVE
CHATHAM NEW MESSYTS

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

INCOMINGS		OUTGOINGS	
Starting Balance at 01.04.24	£49,007.74		
Donations	£108.54	Core Cost	14018.41
	£0.00		0
OPCC / Kent Police	£72,502.00	Staffing Cost	85149.2
	£0.00		0
Interest	£607.34	Room Hire	5246.03
	£0.00		0
Fundraising events	£0.00	Stationery (printing)	7045.57
	£0.00		0
Roger De Haan Charitable Trust	£5,888.00	Travel Fare	2106.81
	£0.00		0
The Hobson Charity	£1,925.00	Catering	0
	£0.00		0
Marsh Charitable Trust	£500.00	Office Equipment	199.98
	£0.00		0
The Whitehead Monckton Charitable Foundation	£1,500.00	Miscellaneous	0
	£0.00		0
Error payment returns	£149.27	Training / team events	183.03
	£0.00		0
Brian Murtagh Charitable Trust	£10,176.00	Bank fees	128.6
	£0.00		0
The Jessel Baronetcy Fund via KCF	£500.00	Fundraising costs	0
	£0.00		0
Training event	£456.00	Underspend	1050
	£0.00		0
Other	£48.00	Error payments	149.27
	£0.00		0
	£0.00	refunds	470
	£0.00		0
	£0.00		0
	£0.00		0
	£0.00		0
TOTAL income 2024-25		TOTAL	
TOTAL income 2023-24	£94,360.15	TOTAL	£ 115,746.90

**Balance Carried Forward :** £27,620.99

**Breakdown of balance carried forward:**

<b>Restricted funds</b>	830.51		
<b>Unrestricted funds</b>	26790.48		
CAF Current	486.2		
CAF Saving	24490.62		
Natwest Savings	45.58	Total	27620.99
Natwest Current	1768.08		£0.00

Balance Sheet at 31<sup>st</sup> March 2025

Bank balance 31<sup>st</sup> March 2025

\_\_\_\_\_  
**£27620.99**

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Retained Reserves

\_\_\_\_\_  
**£27620.99**

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## Financial Statement 2024– 2025

We hold £26790.48 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity must cease trading. We aim to keep this reserve for the coming year.

We hold £830.51 restricted funds to be used in the coming year as per grant agreements with funders.

Our main source of funds have been, Kent Police & Crime Commissioner, Roger De Haan Charitable Trust, The Hobson Charity, Marsh Charitable Trust, The Whitehead Monckton Charitable Foundation, Brian Murtagh Charitable Trust, The Jessel Baronetcy Fund via KCF We also received donations from various routes. We raised money through community fundraising events and through training events.

These funds have enabled us to provide much needed specialist trauma counselling to the victims of crime. We have also been developing a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.

Rubicon Cares has no assets or debts.



Section A Independent Examiner's Report

Report to the trustees/ members of

Charity Name: Rushion Care

On accounts for the year ended

31/3/25 Charity no (if any) 1144081

Set out on pages

(remainder to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

8/9/25

Name:

ADRIAN MORRIS

Relevant professional qualification(s) or body (if any):

ACA

Address:

UNIT 20 HOPEWELL BUSINESS CENTRE
105 HOPEWELL DRIVE
CHATHAM KENT ME5 9LT

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

**RUBICON CARES**

England & Wales - Charity number 1144081

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# Accounts

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## Trustees' Annual Report for the period

From 01.04.2023 Period start date To 31.03.2024 Period end date

Charity name: Rubicon Cares

Charity registration number: 1144081

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve the mental and physical sickness of persons resident in Kent suffering from trauma as a result of being victims of serious crime, by the provision of free counselling and support for such persons including the provisions of a specialist helpline.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>In planning our activities for the year we have kept in mind the Charity Commission guidance on Public Benefit at our Trustee meetings.</p> <p>The focus of our activities remains specialist trauma counselling for people affected by crime in Kent &amp; Medway. This is for individuals age 13 to 18 and adults with no upper age limit. The crime incident can be historical, current, reported or unreported.</p> <p>This benefits people by helping them deal with / reduce the trauma symptoms resulting from the crime incident. This in turns improves their mental / physical health, improves their day to day functioning, improving their employability, improving relationships.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All Trustees have given due regard to the guidance issued by the Charity Commission on Public Benefit

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We have been very fortunate to be supported by volunteers within our community fundraising plans and within our 'back office' admin structure. The volunteers come from various sources eg ex- service user, friends and families of counsellors, local community members, students.
Other		

### Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In 2023-2024 we continued to see the impact of COVID-19 pandemic and the global financial crisis within the referrals we received and the lack of funding streams to access. The reduction in what we were able to raise financially in this year led to streamlining the service so that we could continue to provide the service to our local communities and avoid closing the charity.</p> <p>We continued to see an increase in referrals from 'hard to reach' groups such as the travelling community.</p> <p>We were also supported by existing funders who were very flexible with how we spent funds and extending deadlines for funds to be spent.</p> <p>People continued to support us by donating or doing fundraising events to help us raise money.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our total income for 2023-2024 was £106,738.29. The total expenditure was £162,970.24. The balance carried forward was £49,007.74. Of this £16,597.22 is restricted funding.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold £32,410.52 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity has to cease trading. We aim to keep this reserve for the coming year.</p> <p>Our main source of funds have been Sir Thomas Smythe, Cole Charitable Trust, Schreier Foundation, OPCC, Tesco Groundworks, Kent Community Foundation, Cobtree Charitable Trust, Co-op local community fund, Colyer-Fergusson Charitable Trust, Philip &amp; Connie Phillips Foundation.</p> <p>We also raised funds via direct donations from service users and the general public.</p> <p>These funds have enabled us to provide much needed specialist trauma counselling to the people affected by crime.</p> <p>We also continue to develop a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.</p> <p>Rubicon Cares has no assets or debts.</p>
Amount of reserves held	Para 1.22	£32,410.52
Reasons for holding zero reserves	Para 1.22	<b>N/A</b>
Details of fund materially in deficit	Para 1.24	<b>N/A</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>N/A</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including	Para 1.47	
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any fundraising)		
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>Association</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Elected</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		<p>Governance issues as per the Constitution</p> <p>All trustees have inductions in line with the Charity Commissions guidelines including familiarisation with Charity guidelines and policies/procedures.</p> <p>All counsellors are members and /or Accredited Members of the British Association of Counselling &amp; Psychotherapy and/or Accredited members of the National Counselling Society, are registered with the ICO, compliant with insurance and CRB/DBS requirements.</p> <p>Rubicon Cares adheres to the BACP and</p>

		<p>NCS ethical guidelines</p> <p>All Trustees give their time voluntarily and receive no remuneration for their work.</p> <p>Major risks and systems / procedures to manage them are regularly reviewed at Board meetings and business plans including financial strategy are regularly reviewed. Also, matters of risk and safeguarding regularly reviewed.</p>
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### Reference and Administrative details

Charity name	Rubicon Cares
Other name the charity uses	
Registered charity number	1144081
Charity's principal address	Maidstone Community Support Centre 39-48 Marsham Street Maidstone Kent ME14 1HH

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1				
2	David (Dave) Edward Atkinson	Treasurer		
3	Rowland (Tad) John Taberer	Secretary		
4	Emma Easton			
5	Martin O'Neill			
6	Monika Wilde			
7	Freya Rich			
8	Sandie Turner		01.04.23 – 27.06.23	
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20				

**Corporate trustees – names of the directors at the date the report was approved**

Director name		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	

### Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

Bridget Blackford Read

### Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

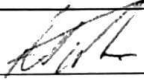
### Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	ROULAND TABERER	
Position (eg Secretary, Chair, etc)	Secretary	Trustee
Date	31/01/2025	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Independent examiner's report on the  
accounts

**Section A Independent Examiner's Report**

Report to the trustees/  
members of

RUSHION CARES

On accounts for the year  
ended

31/3/24

Charity no  
(if any)

1144081

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

*[Signature]*

Date:

28/1/2025

Name:

ADRIAN MORRIS

Relevant professional  
qualification(s) or body

ACA

(if any):

--

Address:

UNIT 20 HOPWELL BUSINESS CENTRE
105 HOPWELL DRIVE
WATHAM KENT ME5 9LT.

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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INCOMINGS		OUTGOINGS	
Starting Balance at 01.04.23	£105,239.69		
Donations including Yorkshire Building society Charitable Foundation	£1,473.32	Core Cost	£ 17,396.51
Sir Thomas Smythe (Skinner)	£1,000.00	Staffing Cost	£ 130,522.79
Cole Charitable Trust	£1,000.00	Room Hire	£ 9,725.13
Schreier Foundation	£3,000.00	Stationery (printing)	£ 290.70
OPCC / Kent Police	£76,489.61	Travel Fare	£ 3,507.29
Interest	£678.96	Catering	£ 56.75
Tesco Groundworks	£1,875.00	Office Equipment	
Kent Community Foundation	£6,000.00	Miscellaneous	£ 946.92
Cobtree Charity Trust	£2,500.00	Training	
Co-op Local Community fund	£1,350.96	Bank fees	£ 224.15
refund	£120.00	Fundraising costs	£ 300.00
Fundraising events	£1,075.00		
Colyer-Fergusson Charitable Trust	£5,000.00		
Philip & Connie Phillips Foundation	£5,000.00		
Masonic Charitable Foundation	£175.44		
TOTAL income 2023-24	£106,738.29	TOTAL	£ 162,970.24

**Balance Carried Forward :** £49,007.74

**Breakdown of balance carried forward:**

<b>Restricted funds</b>	15395.6
<b>Unrestricted funds</b>	33612.14
CAF Current	1361.32
CAF Saving	31004.25
Natwest Savings	44.95
Natwest Current	1201.62

Balance Sheet at 31<sup>st</sup> March 2024

Bank balance 31<sup>st</sup> March 2024

\_\_\_\_\_  
**£49007.74**

=====

Retained Reserves

\_\_\_\_\_  
**£49007.74**

=====

## Financial Statement 2023– 2024

We hold £33612.14 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity must cease trading. We aim to keep this reserve for the coming year.

We hold £15,395.60 restricted funds to be used in the coming year as per grant agreements with funders.

Our main source of funds have been, Kent Police & Crime Commissioner, Sir Thomas Smythe, Cole Charitable Trust, Schreier Foundation, Tesco Groundworks, Kent Community Foundation, Cobtree Charity Trust, Co-Op Community Fund, Colyer Fergusson Charitable trust, Philip and Connie Phillips Foundation, Masonic Charitable Foundation. We also received donations from various routes. We raised money through community fundraising events and through training events.

These funds have enabled us to provide much needed specialist trauma counselling to the victims of crime. We have also been developing a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.

Rubicon Cares has no assets or debts.



Section A Independent Examiner's Report

Report to the trustees/ members of

RUSHION CARES

On accounts for the year ended

31/3/24

Charity no (if any)

1144081

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

28/1/2025

Name:

ADRIAN MORRIS

Relevant professional qualification(s) or body

ACA

(if any):

--

Address:

UNIT 20 HOPEWELL BUSINESS CENTRE
105 HOPEWELL DRIVE
WATHAM KENT ME5 9LT.

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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INCOMINGS		OUTGOINGS	
Starting Balance at 01.04.23	£105,239.69		
Donations including Yorkshire Building society Charitable Foundation	£1,473.32	Core Cost	£ 17,396.51
Sir Thomas Smythe (Skinner)	£1,000.00	Staffing Cost	£ 130,522.79
Cole Charitable Trust	£1,000.00	Room Hire	£ 9,725.13
Schreier Foundation	£3,000.00	Stationery (printing)	£ 290.70
OPCC / Kent Police	£76,489.61	Travel Fare	£ 3,507.29
Interest	£678.96	Catering	£ 56.75
Tesco Groundworks	£1,875.00	Office Equipment	
Kent Community Foundation	£6,000.00	Miscellaneous	£ 946.92
Cobtree Charity Trust	£2,500.00	Training	
Co-op Local Community fund	£1,350.96	Bank fees	£ 224.15
refund	£120.00	Fundraising costs	£ 300.00
Fundraising events	£1,075.00		
Colyer-Fergusson Charitable Trust	£5,000.00		
Philip & Connie Phillips Foundation	£5,000.00		
Masonic Charitable Foundation	£175.44		
<b>TOTAL income 2023-24</b>	<b>£106,738.29</b>	<b>TOTAL</b>	<b>£ 162,970.24</b>

**Balance Carried Forward :** £49,007.74

**Breakdown of balance carried forward:**

<b>Restricted funds</b>	15395.6
<b>Unrestricted funds</b>	33612.14
CAF Current	1361.32
CAF Saving	31004.25
Natwest Savings	44.95
Natwest Current	1201.62

Balance Sheet at 31<sup>st</sup> March 2024

Bank balance 31<sup>st</sup> March 2024

\_\_\_\_\_  
**£49007.74**

=====

Retained Reserves

\_\_\_\_\_  
**£49007.74**

=====

## Financial Statement 2023– 2024

We hold £33612.14 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity must cease trading. We aim to keep this reserve for the coming year.

We hold £15,395.60 restricted funds to be used in the coming year as per grant agreements with funders.

Our main source of funds have been, Kent Police & Crime Commissioner, Sir Thomas Smythe, Cole Charitable Trust, Schreier Foundation, Tesco Groundworks, Kent Community Foundation, Cobtree Charity Trust, Co-Op Community Fund, Colyer Fergusson Charitable trust, Philip and Connie Phillips Foundation, Masonic Charitable Foundation. We also received donations from various routes. We raised money through community fundraising events and through training events.

These funds have enabled us to provide much needed specialist trauma counselling to the victims of crime. We have also been developing a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.

Rubicon Cares has no assets or debts.

**RUBICON CARES**

England & Wales - Charity number 1144081

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# Accounts

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## Trustees' Annual Report for the period

From 01.04.2022 Period start date

To 31.03.2023 Period end date

Charity name: Rubicon Cares

Charity registration number: 1144081

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve the mental and physical sickness of persons resident in Kent suffering from trauma as a result of being victims of serious crime, by the provision of free counselling and support for such persons including the provisions of a specialist helpline.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>In planning our activities for the year we have kept in mind the Charity Commission guidance on Public Benefit at our Trustee meetings.</p> <p>The focus of our activities remains specialist trauma counselling for people affected by crime in Kent &amp; Medway. This is for individuals age 13 to 18 and adults with no upper age limit. The crime incident can be historical, current, reported or unreported.</p> <p>This benefits people by helping them deal with / reduce the trauma symptoms resulting from the crime incident. This in turns improves their mental / physical health, improves their day to day functioning, improving their employability, improving relationships.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All Trustees have given due regard to the guidance issued by the Charity Commission on Public Benefit

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We have been very fortunate to be supported by volunteers within our community fundraising plans and within our 'back office' admin structure. The volunteers come from various sources eg ex- service user, friends and families of counsellors, local community members, students.
Other		

### Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In 2022-2023 we continued to see the impact of COVID-19 pandemic within the referrals we received. We were again fortunate to receive several specific COVID-19 related grants from local and national Trusts and from central government, we were able to increase our counselling and helpline provision. We continued to see an increase in people accessing our service mainly because they were being triggered by the circumstances of the pandemic and old trauma incidents were surfacing.</p> <p>We continued to see an increase in referrals from 'hard to reach' groups such as the travelling community.</p> <p>We were also supported by existing funders who were very flexible with how we spent funds and extending deadlines for funds to be spent.</p> <p>People continued to support us by donating or doing fundraising events to help us raise</p>

		money.
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our total income for 2022-2023 was £194,162.53. The total expenditure was £218,968.19. The balance carried forward was £105,239.69. Of this £73,763.74 is restricted funding.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold £31,475.95 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity has to cease trading. We aim to keep this reserve for the coming year.</p> <p>Our main source of funds have been, Kent Community Foundation, Maidstone Borough Council, Gravesham Borough Council, Kent Police &amp; Crime Commissioner, Tesco Groundwork, NHS, Cobtree Charity Trust Ltd, National Community Lottery Fund,</p> <p>We also raised funds via direct donations from service users and the general public.</p> <p>These funds have enabled us to provide much needed specialist trauma counselling to the people affected by crime.</p> <p>We also continue to develop a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.</p> <p>Rubicon Cares has no assets or debts.</p>
Amount of reserves held	Para 1.22	<b>£31,475.95</b>
Reasons for holding zero reserves	Para 1.22	<b>N/A</b>
Details of fund materially in deficit	Para 1.24	<b>N/A</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>N/A</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
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Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed/royal charter)	Para 1.25	<b>Constitution</b>
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	<b>Association</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Elected</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		<p><b>Governance issues as per the Constitution</b></p> <p>All trustees have inductions in line with the Charity Commissions guidelines including familiarisation with Charity guidelines and policies/procedures.</p> <p>All counsellors are members and /or Accredited Members of the British Association of Counselling &amp; Psychotherapy and/or Accredited members of the National Counselling Society, are registered with the ICO, compliant with insurance and CRB/DBS requirements.</p> <p>Rubicon Cares adheres to the BACP and</p>

		<p>NCS ethical guidelines</p> <p>All Trustees give their time voluntarily and receive no remuneration for their work.</p> <p>Major risks and systems / procedures to manage them are regularly reviewed at Board meetings and business plans including financial strategy are regularly reviewed. Also, matters of risk and safeguarding regularly reviewed.</p>
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### Reference and Administrative details

Charity name	Rubicon Cares
Other name the charity uses	
Registered charity number	1144081
Charity's principal address	Maidstone Community Support Centre 39-48 Marsham Street Maidstone Kent ME14 1HH

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	William (Will) Moore		01.04.22 – 18.08.22	
2	David (Dave) Edward Atkinson	Treasurer		
3	Rowland (Tad) John Taberer	Secretary		
4	Emma Easton	Chair		
5	Martin O'Neill			
6	Monika Wilde		15.09.22 – 31.03.23	
7	Freya Rich		15.09.22 - 31.03.23	
8	Sandie Turner		15.09.23 – 31.03.23	
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

Director name		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

Sandra Ann Turner

**Exemptions from disclosure**

Reason for non-disclosure of key personnel details


N/A

**Other optional information**

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Rouland, John (TAD).	TABERER
Position (eg Secretary, Chair, etc)	Secretary.	
Date	31-1-2024	



Section A Independent Examiner's Report

Report to the trustees/ members of

RUBICON CARE

On accounts for the year ended

31/3/23

Charity no (if any)

1144081

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

10/8/23

Name:

ADRIAN MORRIS

Relevant professional qualification(s) or body

ACA

(if any):

Address: UNIT 20 HOPKINSON BUSINESS CENTRE  
105 HOPKINSON DRIVE  
CHATHAM KENT ME5 7DX

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

## **Rubicon Cares**

### **Income and Expenditure Account for the Year Ended 31 March 2023**

<b>INCOMINGS</b>		<b>OUTGOINGS</b>	
Starting Balance at 01.04.22	<b>£130,045.35</b>		
donations	£1,295.69	Core Cost	£20,458.90
Kent Community Foundation	£9,600.00	Staffing Cost	£181,422.36
Maidstone Borough Council	£7,464.00	Room Hire	£10,119.27
Gravesham Borough Council	£7,720.00	Stationery (printing)	£595.23
OPCC / Kent Police	£77,814.81	Travel Fare	£5,301.53
Bank Interest	£209.11	Catering	£10.00
Training fees	£240.00	Office Equipment	£344.40
Groundwork Tesco's	£5,250.00	Miscellaneous	£16.00
NHS	£41,000.00	Training	£450.00
Cobtree Charity Trust Ltd	£4,480.00	Bank charges	£250.50
Big Lottery Fund	£40,500.00		
Canterbury Christ Church University	£400.00		
Oasis Domestic Abuse	- £1,811.08		
<b>TOTAL income</b>	<b>£194,162.53</b>	<b>TOTAL</b>	<b>£218,968.19</b>

**Annual deficit: -£24,805.66**

**Balance Carried Forward: £105,239.69**

#### **Breakdown of balance carried forward:**

**Restricted funds: £73,763.74** (*NatWest current account*)

**Unrestricted funds: £31,475.95** (*CAF Reserve Account £30,636.04 + CAF Current account £590.17 + NatWest Savings Account £243.62 + NatWest current account £6.12*)

Balance Sheet at 31<sup>st</sup> March 2023

Bank balance 31<sup>st</sup> March 2023

\_\_\_\_\_  
**£105,239.69**

=====

Retained Reserves

\_\_\_\_\_  
**£105,239.69**

=====

## Financial Statement 2022– 2023

We hold £31,475.95 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity must cease trading. We aim to keep this reserve for the coming year.

We hold £73,763.74 restricted funds to be used in the coming year as per grant agreements with funders.

Our main source of funds have been, Kent Police & Crime Commissioner, The National Lottery Community Fund, Kent Community Foundation, Colyer Fergusson Charitable Trust, Sir Thomas Smythe, Tesco Groundwork, Souter Trust, Oasis DA Service, Postcode Lottery, Mrs Smith & Mount Trust, Nationwide Community Grant, Maidstone Borough Council, Cobtree Charity Trust, NHS, The Cole Charitable Trust. We also received donations from various routes. We raised money through community fundraising events and through training events.

These funds have enabled us to provide much needed specialist trauma counselling to the victims of crime. We have also been developing a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.

Rubicon Cares has no assets or debts.



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name RUBICON CARES

On accounts for the year ended

31/3/23 Charity no (if any) 1144081

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 10/8/23

Name: ADRIAN MORRIS

Relevant professional qualification(s) or body

ACA

(if any):

Address: UNIT 20 HOPWELL BUSINESS CENTRAL  
105 HOPWELL DRIVE  
MATHAM KENT ME5 7DX

**Section B Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

**RUBICON CARES**

England & Wales - Charity number 1144081

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# Accounts

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## Trustees' Annual Report for the period

**From 01.04.2021** Period start date      **To 31.03.2022**  
Period end date

**Charity name: Rubicon Cares**

**Charity registration number: 1144081**

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve the mental and physical sickness of persons resident in Kent suffering from trauma as a result of being victims of serious crime, by the provision of free counselling and support for such persons including the provisions of a specialist helpline.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>In planning our activities for the year we have kept in mind the Charity Commission guidance on Public Benefit at our Trustee meetings.</p> <p>The focus of our activities remains specialist trauma counselling for people affected by crime in Kent &amp; Medway. This is for individuals age 13+ with no upper age limit. The crime incident can be historical, current, reported or unreported.</p> <p>This benefits people by helping them deal with / reduce the trauma symptoms resulting from the crime incident. This in turns improves their mental / physical health, improves their day to day functioning, improving their employability, improving relationships.</p>
Statement confirming whether the trustees have had regard to the	Para 1.18	All Trustees have given due regard to the guidance issued by the

guidance issued by the Charity Commission on public benefit		Charity Commission on Public Benefit
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### **Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We have been very fortunate to be supported by volunteers within our community fundraising plans and within our 'back office' admin structure. The volunteers come from various sources eg ex- service user, friends and families of counsellors, local community members, students.
Other		

### **Achievements and Performance**

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any	Para 1.20	In 2021-2022 we continued to manage the challenges with the COVID-19 pandemic. We were able to return to face to face work across most of the locations we are based in Kent & Medway. We were again fortunate to receive several specific COVID-19 related grants from local and national Trusts and from central government, we were

<p>wider benefits to society as a whole.</p>		<p>able to increase our counselling and helpline provision. We continued to see an increase in people accessing our service mainly because they were being triggered by the circumstances of the pandemic and old trauma incidents were surfacing.</p> <p>We continued to see an increase in referrals from 'hard to reach' groups such as the travelling community.</p> <p>We were also supported by existing funders who were very flexible with how we spent funds and extending deadlines for funds to be spent.</p> <p>People continued to support us by donating or doing fundraising events to help us raise money.</p>
--	--	--

**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	
<p>Other</p>		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our total income for 2020-2021 was £203,776.96. The total expenditure was £204,032.01. The balance carried forward was £130,045.35. Of this £99,878.16 is restricted funding.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold £30,167.19 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity has to cease trading. We aim to keep this reserve for the coming year.</p> <p>Our main source of funds have been, Kent Police &amp; Crime Commissioner, Big Lottery Community Fund, Sir Thomas Smythe, Kent Community Foundation, Tesco community grants, Souter Trust, Postcode Lottery, Colyer Ferguson Charitable Trust, Cole Charitable Trust, Mrs Smith &amp; Mount Trust, Nationwide Community grant.</p> <p>We also raised funds via direct donations from service users and the general public.</p> <p>These funds have enabled us to provide much needed specialist trauma counselling to the people affected by crime.</p> <p>We have also been developing a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.</p> <p>Rubicon Cares has no assets or debts.</p>
Amount of reserves held	Para 1.22	<b>£30,167.19</b>
Reasons for holding zero reserves	Para 1.22	<b>N/A</b>

Details of fund materially in deficit	Para 1.24	<b>N/A</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>N/A</b>

**Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>Association</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Elected</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		<p>Governance issues as per the Constitution</p> <p>All trustees have inductions in line with the Charity Commissions guidelines including familiarisation with Charity guidelines and policies/procedures.</p> <p>All counsellors are members and /or Accredited Members of the British Association of Counselling</p>

		<p>&amp; Psychotherapy and/or Accredited members of the National Counselling Society, are registered with the ICO, compliant with insurance and CRB/DBS requirements.</p> <p>Rubicon Cares adheres to the BACP and NCS ethical guidelines</p> <p>All Trustees give their time voluntarily and receive no remuneration for their work.</p> <p>Major risks and systems / procedures to manage them are regularly reviewed at Board meetings and business plans including financial strategy are regularly reviewed. Also, matters of risk and safeguarding regularly reviewed.</p>
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## Reference and Administrative details

Charity name	Rubicon Cares
Other name the charity uses	
Registered charity number	1144081
Charity's principal address	Maidstone Community Support Centre 39-48 Marsham Street Maidstone Kent ME14 1HH





Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
-----------------	------	---------


**Name of chief executive or names of senior staff members (Optional information)**

Sandra Ann Turner
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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

N/A
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Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		
Date		



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name RUBICON CARES

On accounts for the year ended

31/3/22 Charity no (if any) 1144081

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD/MM/YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 7/9/22

Name: ADRIAN MORRIS

Relevant professional qualification(s) or body

ACA

(if any):

Address:

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

## **Rubicon Cares**

### **Accounts 2021-2022**

<b>INCOMINGS</b>		<b>OUTGOINGS</b>	
<b>Starting Balance</b>	<b>£130,300.40</b>		
Sir Thomas Smythe	£2,000.00	Core Cost	£20,806.47
Donations includes High Sheriff award and Training fees	£1,774.97	Staffing Cost	£169,199.64
Kent Community Foundation - CORE	£12,000.00	Room Hire	£10,162.50
Kent PCC	£101,154.00	Stationery (printing)	£578.40
Tesco Groundwork Grant	£700.00	Travel	£2,756.38
interest	£4.99	Catering	£24.55
Big Lottery Fund	£13,500.00	Miscellaneous	£73.49
Souter Trust	£2,736.00	Bank Fees	£112.45
Oasis DA Service	£4,928.00	Training	£318.13
Postcode Lottery Grant	£19,953.00		
Colyer-Fergusson Charitable Trust	£5,000.00		
Cole Charitable Trust	£1,000.00		
Mrs Smith & Mount Trust	£4,928.00		
Nationwide Community Grant	£33,698.00		
Refunds	£400.00		
<b>TOTAL</b>	<b>£203,776.96</b>	<b>TOTAL</b>	<b>£204,032.01</b>

**Annual Deficit: £255.05**

**Balance Carried Forward: £130,045.35**

**Breakdown of balance carried forward:**

**Restricted funds: £ 99,878.16** (Natwest current account)

**Unrestricted funds: £ 30,167.19** ( CAF current account £130.27+ CAF Savings account £29,763.73 + Natwest Savings account £75.80 + Natwest current account £ 197.39)

Balance Sheet at 31<sup>st</sup> March 2022

Bank balance 31<sup>st</sup> March 2022

\_\_\_\_\_

**£130,045.35**

=====

Retained Reserves

\_\_\_\_\_

**£130,045.35**

=====

## Financial Statement 2021 – 2022

We hold £30,167.19 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity must cease trading. We aim to keep this reserve for the coming year.

We hold £99,878.16 restricted funds to be used in the coming year as per grant agreements with funders.

Our main source of funds have been, Kent Police & Crime Commissioner, The National Lottery Community Fund, Kent Community Foundation, Colyer Fergusson Charitable Trust, Sir Thomas Smythe, Tesco Groundwork, Souter Trust, Oasis DA Service, Postcode Lottery, Mrs Smith & Mount Trust, Nationwide Community Grant. We also received donations from various routes including the High Sheriff of Kent's Award and individuals. We raised money through community fundraising events and through training events.

These funds have enabled us to provide much needed specialist trauma counselling to the victims of crime. We have also been developing a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.

Rubicon Cares has no assets or debts.



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name RUBICON CARES

On accounts for the year ended

31/3/22 Charity no (if any) 1144081

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
the accounts did not accord with the accounting records; or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

7/9/22

Name:

ADRIAN MORRIS

Relevant professional qualification(s) or body

ACA

(if any):

Address:

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

**RUBICON CARES**

England & Wales - Charity number 1144081

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# Accounts

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Trustees' Annual Report for the period

From 01.04.2020 Period start date To 31.03.2021 Period end date

Charity name: Rubicon Cares

Charity registration number: 1144081

Objectives and Activities

SORP reference	<p>Summary of the purposes of the charity as set out in its governing document</p> <p>Para 1.17</p> <p>To relieve the mental and physical sickness of persons resident in Kent suffering from trauma as a result of being victims of serious crime, by the provision of free counselling and support for such persons including the provisions of a specialist helpline.</p>	<p>Para 1.17 and 1.19</p>	<p>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>
<p>In planning our activities for the year we have kept in mind the Charity Commission guidance on Public Benefit at our Trustee meetings.</p> <p>The focus of our activities remains specialist trauma counselling for people affected by crime in Kent &amp; Medway. This is for individuals age 13+ with no upper age limit. The crime incident can be historical, current, reported or unreported.</p> <p>This benefits people by helping them deal with / reduce the trauma symptoms resulting from the crime incident. This in turns improves their mental / physical health, improves their day to day functioning, improving their employability, improving relationships.</p> <p>After 15 years of operating this service we are beginning to see the positive social value implications of the work we do with individuals. Namely a reduction in accessing health services, an increase in employment sectors, a reduction in Criminal Justice services, an increase in relationship and family well being, increase in social / community engagement, increase in child welfare.</p> <p>All Trustees have given due regard to the</p>	<p>Para 1.17 and 1.19</p>	<p>Statement confirming whether the trustees have</p>	

<p>issued by the Charity Commission on public benefit</p> <p>guidance issued by the Charity Commission on Public Benefit</p>		
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**Additional information (optional)**  
 You may choose to include further statements where relevant about:

SORP reference		
Para 1.38	Policy on grant making	
Para 1.38	Policy on social investment including program related investment	
<p>We have been very fortunate to be supported by volunteers within our community fundraising plans and within our 'back office' admin structure. The volunteers come from various sources eg ex-service user, friends and families of counsellors, local community members, students.</p>	Para 1.38	<p>Contribution made by volunteers</p>
Other		

**Achievements and Performance**

SORP reference		
<p>In 2020-2021 we faced new challenges with the COVID-19 pandemic. Thankfully we were able to continue our vital service without pausing or any breaks. We were able to deliver our service remotely. With the help of several specific COVID-19 related grants from local and national Trusts and from central government, we were able to increase our counselling and helpline provision. We found an increase in people accessing our service mainly because they were being triggered by the circumstances of the pandemic and old trauma incidents were surfacing.</p> <p>We were also supported by existing funders who were very flexible with how we spent funds and extending deadlines for funds to be spent.</p>	Para 1.20	<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>

People continued to support us by donating or doing fundraising events to help us raise money.

**Additional information (optional)**

You may choose to include further statements where relevant about:

	Para 1.41	Achievements against objectives set
	Para 1.41	Performance of fundraising activities against objectives set
	Para 1.41	Investment performance against objectives
		Other

## Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>Our total income for 2020-2021 was £264,842.10. The total expenditure was £188,839.60. The balance carried forward was £130,300.40. Of this £101,670.79 is restricted funding.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>We hold £28,629.96 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity has to cease trading. We aim to keep this reserve for the coming year.</p> <p>Our main source of funds have been, Kent Police &amp; Crime Commissioner, Maidstone Borough Council, Henry Smith Charity, BBC Children In Need, Edward Gostling Charity, Big Lottery Community Fund, NHS England, White Stuff company, Colyer Ferguson, CAF Resilience Fund.</p> <p>We also raised funds via direct donations from service users and the general public. These funds have enabled us to provide much needed specialist trauma counselling to the people affected by crime.</p> <p>We have also been developing a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.</p> <p>Rubicon Cares has no assets or debts.</p>
<p>Amount of reserves held</p>	<p>Para 1.22</p>	<p>£28,629.96</p>
<p>Reasons for holding zero reserves</p>	<p>Para 1.22</p>	<p>N/A</p>
<p>Details of fund materially in deficit</p>	<p>Para 1.24</p>	<p>N/A</p>
<p>Explanation of any uncertainties about the charity continuing as a going concern</p>	<p>Para 1.23</p>	<p>N/A</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

<p>The charity's principal sources of funds (including</p>	<p>Para 1.47</p>	
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		Other
	Para 1.46	A description of the principal risks facing the charity
	Para 1.46	Investment policy and objectives including any social investment policy adopted
		any other matters)

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>Association</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Elected</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		<p>Governance issues as per the Constitution</p> <p>All trustees have inductions in line with the Charity Commissions guidelines including familiarisation with Charity guidelines and policies/procedures.</p> <p>All counsellors are members and/or Accredited Members of the British Association of Counselling &amp; Psychotherapy and/or Accredited members of the National Counselling Society, are registered with the ICO, compliant with insurance and CRB/DBS requirements.</p> <p>Rubicon Cares adheres to the BACP and</p>

### Reference and Administrative details

Charity name	Rubicon Cares
Other name the charity uses	
Registered charity number	1144081
Charity's principal address	Maldstone Community Support Centre 39-48 Marsham Street Maldstone Kent ME14 1HH

NCS ethical guidelines	
All Trustees give their time voluntarily and receive no remuneration for their work.	
Major risks and systems / procedures to manage them are regularly reviewed at Board meetings and business plans including financial strategy are regularly reviewed. Also, matters of risk and safeguarding regularly reviewed.	



**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of Name Address


**Name of chief executive or names of senior staff members (Optional information)**

Sandra Ann Turner

**Exemptions from disclosure**

Reason for non-disclosure of key personnel details


N/A

**Other optional information**

### Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Full name(s)	Position (eg Secretary, Chair, etc)	Date
	Raymond (Ray) John Ingece	Secretary	27/1/2022



Annual General Meeting

12 November 2020

(Financial year April 2019 – March 2020)

Extraordinary measures applied : Meeting held remotely via zoom due to COVID-19 pandemic

Minutes

Meeting Chaired by Dave Atkinson as Will Moore only able to join via telephone.

1 Present:

Ann Barnes (Patron) Will Moore (Chair), Dave Atkinson (Treasurer), Martin O'Neill (Trustee) Tad Taberer (Trustee), Emma Easton (Trustee), Gay Larter (Trustee), Sandie Turner (CEO), Natasha Singh (Clinical Manager), Jackie Threlfall

Apologies:  
Celia Dunn

2 2019 AGM Minutes – EE confirmed minutes were correct.

3 Chair's report – see attached report. In summary, as well as acknowledging the service delivery during 2019-2020, WM thanked everyone including Counsellors, funders and other staff for all their efforts in keeping the service running during the pandemic. WM confirmed the changes made to manage the impact of the pandemic and also confirmed that finances remain fluid.

4 Chief Executive's report – see attached report. In summary, ST thanked NS for managing the service during ST's period of sickness during this financial year. ST highlighted that we continue to be very busy but what was unexpected was how busy we have been during the pandemic.

ST opened the floor to questions.

AB said she was not surprised that more people coming forward due to COVID-19 and the service is more vital than ever

ST commented that it has been difficult due to the geography of Kent

GL said her colleagues in other counties 'are jealous of Kent having Rubicon Cares for the service offered but also for the reputation'

ST commented our focus is on the person not the crime, and we have been previously asked to operate in other counties but we have concerns about not being as effective.

DA said we can not pigeon hole people according to crime type. The concern is that if we increase in size then there is the potential for watering down the quality of what we do.

ST commented we are now receiving more multi year funding which is encouraging.

DA commented that he is glad to be in a position of not looking at putting the brakes on at this time of the year as we have the multi year funding.

Financial report – see attached report

DA reported on the surplus money, noting that these have increased since last year and clarified this is not profit but are reserves for emergency/contingency plans.

DA also noted that our number of funders have increased since the previous year.

DA asked the meeting if they agreed to Adrian Morris the accountant continuing next year with our accounts. This was seconded by Jackie Threlfall.

DA asked all present approve the accounts – all approved.

DA opened the floor to questions or comments.

No further questions or comments

**Election of Board Trustees**

DA introduced Gay Larter as a new Trustee elected in January 2020.

DA confirmed that Chris Collins had resigned from his role as Trustee due to personal circumstances.

Each role/name was proposed for re-election and seconded individually.

- Will Moore (Chair) -TT nominated, ST seconded
- Dave Atkinson (Treasurer) – EB nominated, ST seconded
- Tad Taberer – MON nominated, JT seconded
- Emma Easton – MON nominated, TT seconded
- Martin O’Neill – ST nominated, EE seconded
- Celia Dunn – EE nominated, ST seconded

**AOB –**

The forum was opened up for questions or comments.

AB said she was impressed with how we have adapted to the pandemic and continued to support vulnerable people within Kent. AB thanked everyone within Rubicon Cares including the Trustees for continuing the service.

JT asked JT how as a counsellor she has found the work during the pandemic. JT replied it has been challenging especially as counsellors we are also dealing with our own fears and anxieties, however being part of the team at Rubicon means we can support each other and this helps to bracket our own personal issues, and focus on the work needed to help vulnerable people in our communities.

EE said that during her involvement, as service user and now Trustee, with Rubicon Cares she has learnt a lot and on behalf of the service users thanked everyone within RC. DA thanked everyone involved within the service but as the clients are at the heart of what we do, gave a special thank you to all the counsellors.

No further comments or questions

The official meeting was closed.

31st July 2021

Sandie Turner,  
CEO

Once again, it's the AGM. For everybody the past year has been quite disturbing in that we have all had to change and reorganise the way we work.

Although many of the satellite rooms we use have had to close – some to never open again – we have managed to work all the way through the lockdowns.

Counsellors have been able to work with clients over the telephone, albeit very different to face to face and we had our meetings over zoom or teams.

Telephone counselling for us is not always appropriate due to the risk but we have managed to support clients throughout the lockdowns.

Luckily our offices in Marsham Street have been open so we have been able to operate from there, but most people have been working from home. Unfortunately, the counselling students we had had to put their work on hold but they have all finished their hours now.

Added to that we have had to take on more office space as we have had to increase our admin staff due to the increase in referrals. Luckily, we have been well supported by our funders with being given extensions as well as extra money to carry out our work.

Our referrals have now suffered and there has been an increase in the number of domestic abuse referrals during the lockdown. We are ready and waiting for an influx in referrals when the pandemic slows down because we are well aware that there are many victims waiting for the conclusion of Court cases as the Courts are not operating to full volume.

I am sad to say that we have not been able to carry out the training courses that we were planning but these will take place in the future. There does seem to be a great deal of interest in trauma training.

I would really like to express my thanks to both all of our funders and also the counsellors who have gone far beyond expectations during this time.

Also, may I take this opportunity to inform you that we have won the High Sheriffs Award.



Counselling for People  
Affected by Crime  
Registered Charity No: 1144081

CEO  
REPORT

2020 - 2021



Counselling for People  
Affected by Crime  
Registered Charity No: 1144081

# CHAIRPERSON REPORT

2020 - 2021

Hi all,

Welcome everyone to the 2021 AGM for Rubicon Cares.

I don't think I need to tell anyone that the last year has been very challenging for everyone regardless of your circumstances. With this mind I feel that the fact that all the counsellors and support staff have kept pushing through to still be able to deliver the high level of service delivery to clients despite government lockdown restrictions is a true testament to their dedication and devotion to the core values that Rubicon Cares holds. I would like to extend a huge thank you to Sandie and Natasha, our counsellors, support staff, all our sponsors and the Board of Trustees for all their hard work and professionalism during these trying times.

Our financial situation is stable and looking ahead we can continue to offer an invaluable service to all our clients. We have also seen an increase in clients donating to Rubicon Cares post counselling.

The funders that currently help support the running of our organisation are:

- PCC VSS
- Henry Smith
- Big Lottery
- NHS Covid 19 (Sexual Violence)
- Children in Need
- COOP Community Fund
- Colyer Ferguson
- The Edward Gostling Foundation
- PCC MOJ
- Sir Thomas Smythe
- Kent Community Foundation
- Souter Charitable Trust

We had a total of 1015 referrals from 01/04/2020-31/03/2021, compared to 1043 in the period 01/04/2019-31/03/2020.

We are still seeing an increase in historic abuse and trauma symptoms that have been triggered by anxiety around COVID-19.

The delivery of one-to-one counselling is now starting to return to face to face.

The interviewing of students and newly qualified counsellors have taken place with a view to taking on 2-4 people, depending on their suitability.

Regarding Covid 19 working regulations, Rubicon Cares will continue to adapt and update their working practices as required.

The Board of Trustees has welcomed a new Trustee this year and have held regular online meetings throughout the year (which has included some interesting technical challenges, which I think most people will be able to relate to). As a member of the Board, it is a pleasure to work with such a good, friendly, and supportive team.

On a personal note, as an ex-service user I truly know the value of the work Rubicon Cares delivers and the quality of life it gives back to all clients that use its services.

Emma Easton, Temporary Chairperson (from July 2021)

original



CHARITY COMMISSION FOR ENGLAND AND WALES

# Independent examiner's report on the accounts

## Section A Independent Examiner's Report

Report to the trustees/ members of

Charity Name  
RUBICON CARBS

On accounts for the year ended

31/3/21 Charity no (if any) 1144081

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 1/9/21

Name: ADRIAN MORRIS

Relevant professional qualification(s) or body

ACA

(if any):

Address:

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

## Rubicon Cares

### Accounts 2020-2021 last updated 31.03.21

INCOMINGS		OUTGOINGS	
Starting Balance			
Maidstone Borough Council COVID-19	4831.72	Core Cost	17,480.04
Henry Smith Charity	10000.00	Staffing Cost	165,468.30
Donations	294.46	Room Hire	3,421.50
BBC Children In Need	28912.50	Stationery (printing)	783.41
Edward Gostling Charity	4000.00	Travel	465.79
Kent Police And Crime Commissioner	105347.06	Helpline	17.95
Community Fund/Big Lottery	52000.00		
interest	9.99	Bank Fees	69.00
Admin fees	50.00	PPE	749.20
Fundraising Events (social events etc)		Office Equipment	384.41
Student Placement fees	1400.00		
NHS England	41000.00		
White Stuff Company	1066.37		
Colyer Ferguson	5000.00		
CAF Resilience Fund	10930.00		
TOTAL	264,842.10	TOTAL	188,839.60

**Balance Carried Forward : £130,300.40**

**Restricted funds: £101670.79 (Natwest current account)**

**Unrestricted funds : £28629.96 (Both CAF accounts/Natwest Savings/+ £ 29.26 Natwest current acc)**

## Financial Statement 2020 – 2021

We hold £28,629.96 unrestricted funds in the bank for any unforeseen circumstances and to ensure safe closure for clients if the charity must cease trading. We aim to keep this reserve for the coming year.

We hold £101,670.79 restricted funds to be used in the coming year as per grant agreements with funders.

Our main source of funds have been, Kent Police & Crime Commissioner, The Henry Smith Charity, The National Lottery Community Fund, NHS, BBC Children in Need, COOP Community Fund, Kent Community Foundation/ Lawson Endowment Fund, Colyer Fergusson Charitable Trust, Kent Community Foundation/ Tampon Tax, CAF Bank, The Edward Gostling Foundation. We also received donations from various routes including the White Stuff Company, the High Sheriff of Kent's Award, Kent Police lost property, and individuals. We raised money through community fundraising events and through training events.

These funds have enabled us to provide much needed specialist trauma counselling to the victims of crime. We have also been developing a community fundraising strategy, the income from this enables us to fund smaller, unexpected expenses such as client travel or ad hoc room hire.

Rubicon Cares has no assets or debts.

Balance Sheet at 31<sup>st</sup> March 2021

Bank balance 31<sup>st</sup> March 2021

£130,300.40

=====

Retained Reserves

£130,300.40

=====



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name

RUBICON CARES

On accounts for the year ended

31/3/21

Charity no (if any)

1144081

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

[Signature]

Date:

1/9/21

Name:

ADRIAN MORRIS

Relevant professional qualification(s) or body

ACA

(if any):

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Address:

UNIT 20 NORWELL BUSINESS CENTRE
105 NORWELL DRIVE
CUATHAM KENT ME5 7DX

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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