



# Fleet Phoenix

Empowering Young People To Thrive

**Fleet Phoenix**  
**Trustee Annual Business Report**  
**2024-25**



## **The Management Committee presents its Trustee' report and audited financial statements for the year ended 31 March 2025**

Reference and Administrative Information Charity Name: Fleet Phoenix

Charity registration number: 1144057

Registered Office and operational address: The Point Youth Centre, Harlington way, Fleet, Hants. GU51 4BP.

Board Of trustees: Mr Brian Coney (Treasurer), Mr Andrew Kern, Martin Smith (Left Oct 24). Sabrina Marnham (Chair from Nov 24), Annette Whibley, Hannah Brooks (young person rep – Joined Oct 24), Francis Marshall – (Joined May 24).

Secretary: Mrs Gemma Santiago

Chief Executive: Mrs Charlotte Tickner

Auditors – Mr J Geering

Bankers – Barclays Bank, Fleet Road, Fleet

### **Statement of Compliance & SORP**

Confirmation the trustees' annual report has been prepared in accordance with Charities SORP (FRS 102).

## **Board of Trustees Report 2024-2025**

During the 2024-25 period, Fleet Phoenix and its committed team continued supporting increasingly complex issues amongst both young people and their families when support available from state funded services remains low. The Chair Summary provides a detailed account of the charity's operations, achievements, and challenges across health and safety, safeguarding, staffing, fundraising, and youth engagement initiatives.

### **Health and Safety**

Fleet Phoenix maintained strong health and safety standards throughout the year. Electrical checks were completed with minimal issues, and fire safety plans, risk assessments, and audits were reviewed and diarised for June 2025. Across all reporting periods, only one accident was recorded, and no violent incidents occurred. Staff training in health and safety, fire safety, and first aid is up to date, with ongoing reviews scheduled.

### **Safeguarding**

Safeguarding remains a core priority. The charity supported numerous vulnerable individuals, including children on protection plans, young parents involved with Children in Need, and youth facing mental health challenges, self-harm, and domestic violence. All sessions are staffed by qualified youth workers with safeguarding expertise. A safeguarding audit using the NSPCC tool identified three key improvements: a new whistleblowing policy, updated safer recruitment training, and revised application forms.

## **GDPR Compliance**

Fleet Phoenix maintained full GDPR compliance with no breaches reported. Staff and trustee training is regularly reviewed, and client data is updated biannually. Annual reviews are scheduled to ensure continued adherence to data protection standards.

## **Staffing and Volunteers**

The staff team saw several changes, including the departure of 3 staff members and a trustee. New volunteers, including young people, joined the team, contributing to Summer and school uniform projects. Training needs are regularly assessed, with most staff completing courses in safeguarding, first aid, health and safety, and autism awareness. Trustee safeguarding training is ongoing.

## **Grants, Donations, and Fundraising**

Fleet Phoenix benefited from diverse funding sources. Fundraising events included quiz nights, youth awards, Fleet Fireworks, Fleet Festivities, and Church Crookham Christmas Fair. Fleet Phoenix was selected as the charity of the year by the Men's Captain of Hartney Whitney Golf Club, opening new fundraising avenues. The team is refining its corporate and community fundraising strategy, supported by trustee training.

We recognise the amount of effort dedicated to raising funds and thanks go to all our supporters who donate money, food, clothing, gifts and time to support us and the local community.

## **Community Projects and Youth Engagement**

Fleet Phoenix ran several impactful youth projects:

- Summer Projects in Hook and Church Crookham attracted high attendance, with 159 young people participating in the first week alone.
- Anxiety Unwound, an 8-week therapeutic course for 11–16-year-olds, showed positive outcomes in reducing anxiety, self-harm, and suicidal thoughts.

- Open Door Hook provided holistic support to families and youth, addressing issues like homelessness and mental health.
- School Uniform Collections supported 111 children from 57 families, distributing 858 items. Primary support reasons included low income, debt, and ill health.

Plans are underway to launch junior youth work in Hook from September 2025, with new hires and training required. A consultation with youth regarding the future of the Fleet skate park was conducted, with findings to be presented to Fleet Town Council.

### **Project Self-Assessments**

Once more, we reviewed detailed evaluations of several youth projects, and continue to deliver impactful outcome for the local community:

- TLC Project: Focused on children with additional needs, emphasizing structured play and early intervention.
- Lea Summer Project: Engaged children aged 6–12 in outdoor activities, with staff focusing on 1:1 interactions and reducing cliques.
- TNS Project: Targeted 12–16-year-olds, addressing anti-social behaviour and mental health through informal education.
- The Views Summer Project: For ages 14–20, adapted to weather disruptions with alternative activities.
- Chill & Chat: A low-stimulation environment for 15–20-year-olds, supporting mental health and life skills.
- Jammin & SMART Music: Music-based projects promoting creative expression and addressing broader youth issues.

## Strategic and Operational Updates

Operational improvements included replacing malfunctioning laptops and implementing cost-saving measures in printing and insurance, saving over £1,500. The Amazon Wishlist also contributed to cost avoidance of about £2,000 this year.

The Harlington redevelopment project is progressing, with Fleet Phoenix presenting future needs to architects. The departure of Fleet Baptist Pre-School from The Point opens opportunities for expanded use of the building.

## Conclusion

Charlotte Tickner, Managing Director, consistently expressed gratitude to trustees, staff, and volunteers for their dedication. She acknowledged challenges, including a personal complaint that was not upheld, and emphasized the importance of values, planning, and continuous

improvement. Early planning for summer projects, fundraising, and budgeting is underway, with marketing and licensing identified as areas for enhancement.

We would like to emphasize what we communicated to Charlotte earlier this year, that her leadership style is inclusive and consistent, rooted in empathy and action. Charlotte's ability to adapt to evolving community needs while staying true to her founding values are ensuring Fleet Phoenix remains a vital and resilient community institution for years to come.

We are grateful for the whole team at Fleet Phoenix, experienced and new team members, for a fantastic job throughout the year and we thank each and every one of them.

**Sabrina Marnham**

**Chair of Trustees**

## **Fleet Phoenix Aims and Objectives**

Fleet Phoenix became a constituted and registered Charity in September 2011. We are registered with the Charity Commission. No: 1144057

### **Aims:**

The aims of the group shall be to:

- ∞ Empower the community to take responsibility and solve problems locally.
- ∞ Encourage the breakdown of barriers to holistic community participation.

### **Objectives:**

To act as a resource for young people up to the age of 25, living in Fleet and the surrounding areas by providing advice and assistance, organising programmes of physical, educational, and other activities as a means of:

- ∞ Advancing in life and helping young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals.
  - ∞ Advancing education.
  - ∞ Relieving unemployment; and
- ∞ Providing recreational and leisure time activities in the interest of social welfare, designed to improve their conditions of life.

## Accounts 2024-2025

**This year**

**Last year**

### **Receipts**

Grants	<b>82,663</b>	<b>74,145</b>
Fund Raising	<b>14,986</b>	<b>19,312</b>
Donations	<b>22,454</b>	<b>7046</b>
Sashas fund	<b>982</b>	<b>832</b>
Other	<b>524</b>	
Savings interest	<b>694</b>	<b>504</b>
Court Moor School	<b>5,417</b>	<b>4,583</b>
Zebon Outreach		<b>2,287</b>
HYPE	<b>1,913</b>	<b>5,655</b>
Youth Award	<b>2,510</b>	<b>2,080</b>
Church Crookham P.A.	<b>6,030</b>	
Hook PC	<b>9,360</b>	
<b>Sub total</b>	<b>147,533</b>	<b>116,444</b>
<b>Total receipts</b>	<b>147,533</b>	<b>116,444</b>

### **Payments**



Salaries	<b>93,313</b>	<b>85,964</b>
Fund Raising	<b>3,164</b>	<b>1,160</b>
Marketing & promotions	<b>758</b>	<b>1,299</b>
Daytime Projects	<b>36</b>	<b>26</b>
Evening Projects	<b>8,703</b>	<b>3,347</b>
Summer Projects	<b>6,157</b>	<b>5,464</b>
H&S	<b>246</b>	<b>229</b>
Cash Float	<b>200</b>	<b>150</b>
Maintenance & Repairs	<b>232</b>	<b>52</b>
Licences	<b>2,620</b>	<b>2,399</b>
Insurance	<b>2,282</b>	<b>2,114</b>
Phone/Broadband	<b>838</b>	<b>1,001</b>
Office	<b>3,025</b>	<b>1,649</b>
Rent		
Staff Training	<b>866</b>	<b>946</b>
Sundry expenses	<b>602</b>	<b>1,265</b>
Sasha Fund	<b>873</b>	<b>1,113</b>
Minibus	<b>946</b>	<b>514</b>
Youth Award	<b>1,763</b>	<b>1,694</b>
Wenceslas	<b>260</b>	<b>104</b>
Xmas Toys	<b>386</b>	<b>1,107</b>
HYPE	<b>1,182</b>	<b>4,893</b>
<b>Sub total</b>	<b>128,452</b>	<b>116,490</b>

<b>Total payments</b>	<b>128,452</b>
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<b>Net of receipts/(payments)</b>	<b>19,081</b>
<b>Transfers between funds</b>	
<b>Cash funds last year end</b>	<b>44,143</b>
<b>Cash funds this year end</b>	<b>63,224</b>

<b>Cash funds</b>	<b>Unrestricted funds</b>	<b>Restricted funds</b>
Current Account	<b>5,609</b>	<b>1,752</b>
savings account	<b>57,615</b>	
<b>Total cash funds</b>	<b>63,224</b>	<b>1,752</b>

As with most small charities whilst we do our own fund raising we are heavily dependent on donations and grants. The year 24/25 proved exceptional in this regard, enabling us to bolster our cash resources for the current year which is proving to be more difficult. We are grateful to one of our Trustees who set out to approach members of the public for a regular donation

**Brian Coney**

**Fleet Phoenix Treasurer.**



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

#### Report to the trustees

Charity Name  
Fleet Phoenix

#### On accounts for the year ended

31 March 2025

Charity no  
(if any)

1144057

#### Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above Fleet Phoenix Charity (the Charity) for the year ended 31<sup>st</sup> March 2025

#### Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

12<sup>th</sup> November 2025

Name:

John Christopher Geering

#### Relevant professional qualification(s) or body (if any):

Fellow of the Institute of Financial Accountants  
Associate Member of the Association of Charity Independent Examiners

Address:

11 Glen Road

Fleet, Hampshire GU51 3QS



## **Funders and Supporters**

2024-25 has been an exceptionally difficult year for everyone in our community and the cost-of-living crisis are still affecting our most vulnerable families.

We acquired new supports and funders and are working hard to maintain and grow these relationships.

Fleet Phoenix is normally funded through numerous methods including fundraising, grants, donations, and commissioning. We are eternally grateful to our funders, supporters, business partners and local community for their continued recognition and support.

**Hampshire County  
Council**

**Hart District  
Council**

**Hart Lions Club**

**Durham House**

**Rotary Club of  
Fleet**

**M&S**

**Fleet Town Council**

**Court Moor School**

**Hart Food Bank**

**Fleet Rotary Club**

**Waitrose**

**Lions Community  
Store**

**Sainsburys**

**Fleet Lions Club**

**Screwfix Foundation**

**Ray West Safety  
Solutions**

**Dart Capital**

**Crookham Village  
Parish Council**

**National Lottery**

**Neighbourly**

**Elvetham Heath  
Parish Council**

**Church Crookham  
Parish Council**

**Calthorpe Park  
School**

**Hook Parish Council**

**Rotary Club of Hart**

**Connect 4  
Communities**

**BBC Children In Need**

**Albert Hunt Trust**

**Costco**

**Safer North Hants**

**Garfield Weston**

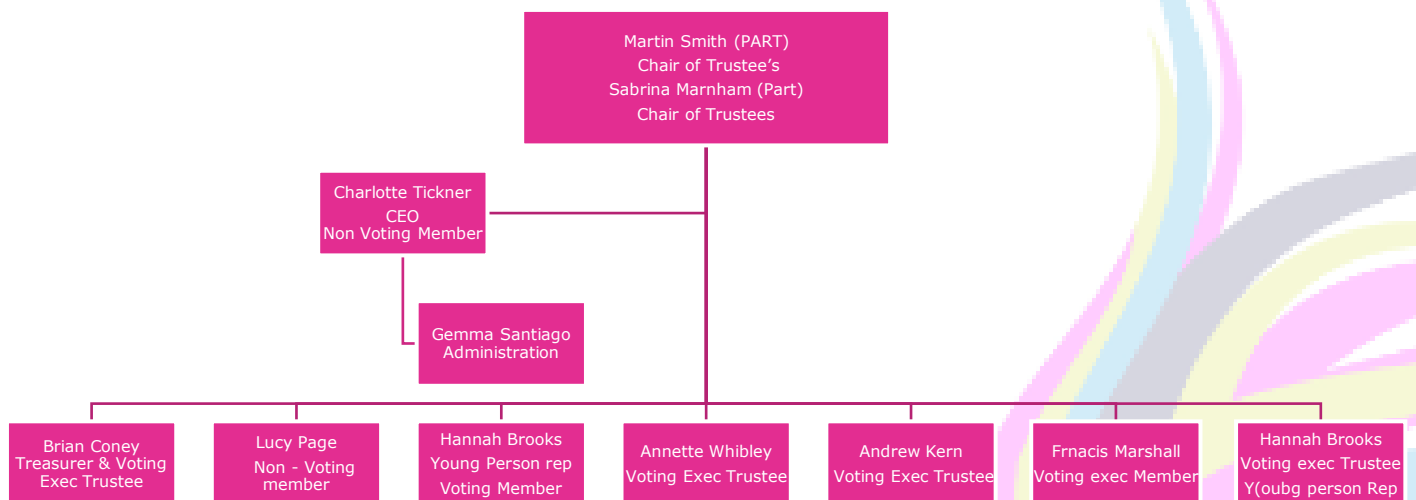
**Odiham Parish  
Council**

**We extend our heartfelt thanks to our local community for their constant donations, contributions, volunteering, purchases and participation at fundraising events.**



## Organisation Structure

### Fleet Phoenix Board of Trustee Structure 2024-2025



## Governance

Fleet Phoenix is governed by a Board of Trustees made up of local Community members and because Fleet Phoenix is a youth charity, we ensure that young people are represented on the Board.

Members are reappointed annually at the AGM.

The most important role of the trustees is to ensure that the organisation is acting always, in pursuit of its mission and is legally compliant. The Committee does this by taking a strategic overview of Fleet Phoenix's activities.

Three subcommittees also meet when needed to examine areas of Fleet Phoenix's work more closely; they are:

- ∞ Finance and Charity Strategy Sub-Committee
  - ∞ Fundraising and Marketing
  - ∞ H&S/Governance/Personnel

### **Safeguarding**

Fleet Phoenix will always take the view that the welfare of the child or young person is paramount.

All children whatever their age, culture, disability, gender, language, racial origin, religious beliefs and/or sexual identity have the right to protection from abuse.

All suspicions and allegations of abuse will be taken seriously and responded to swiftly and appropriately.

All staff (paid/unpaid) working with children and young people have a responsibility to report concerns to the appropriate officer.

We work closely with partner agencies to ensure young people are safe in their homes and community.

We routinely assess staff development, training, auditing and reviewing of Safeguarding to ensure best practice and a safe environment for our staff and young people.

## **Advocacy**

Fleet Phoenix takes its role within the community seriously and recognises its ability to be proactive in advocating on behalf of young people and their needs. We do this through a variety of means including:

- ∞ Positive press and representation of young people in their community.
- ∞ Representation of young people's needs and views at local partnership meetings & forums.
- ∞ Positive engagement opportunities with young people within their community.
  - ∞ Celebrating young people's achievements with their community.
  - ∞ Ensuring the child's voice is heard and actioned.

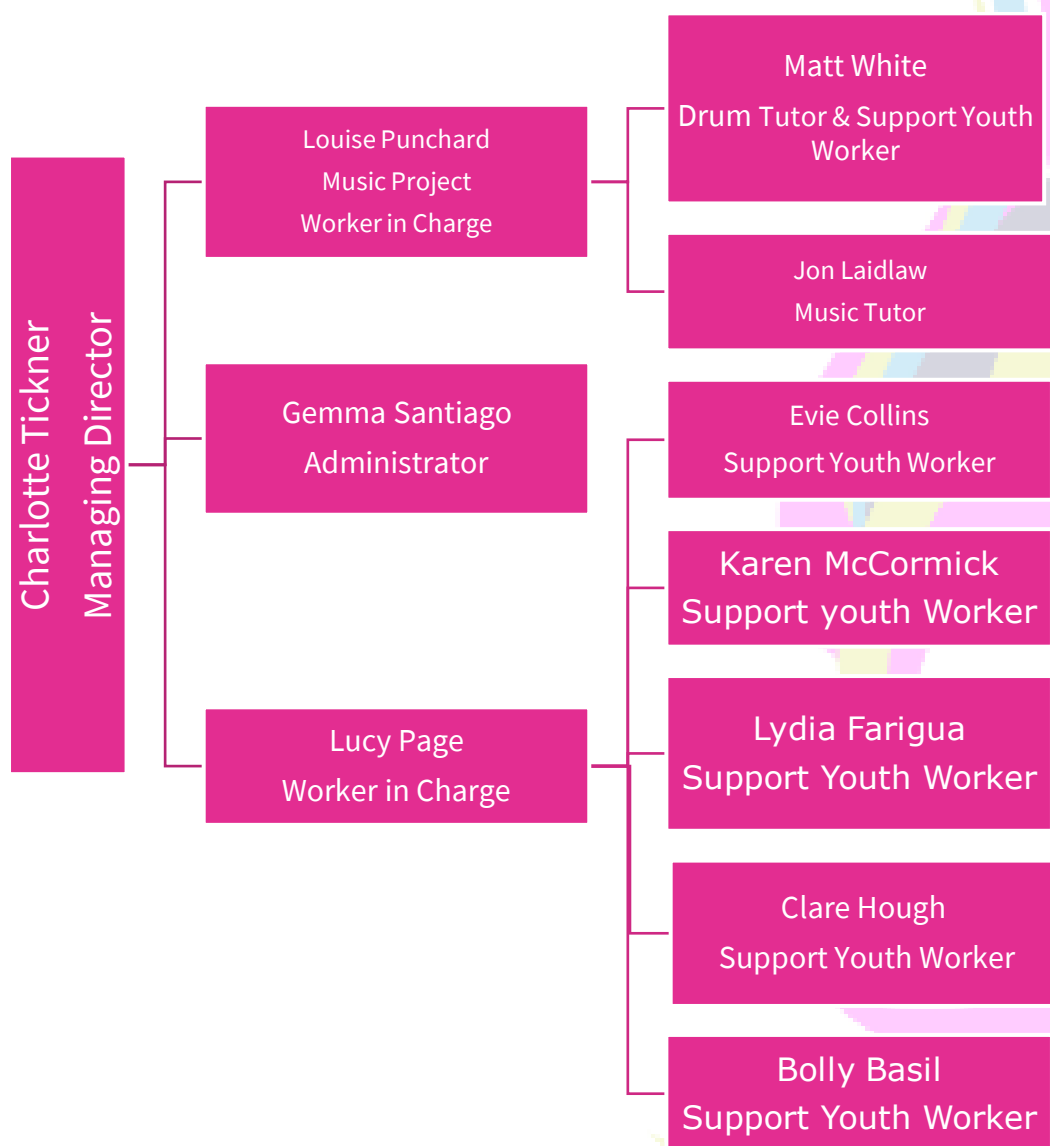
## **Risk Management**

Effective risk assessment is increasingly important to the success of any business. Our risk assessment begins and ends with specific business objectives that are anchored in key value drivers of the organisation.

Maintaining our budget and business viability is of the utmost importance and is the main drive of the Board of Trustees.



## Fleet Phoenix Operational Structure 2024-25



## **Benefit to the Community**

### **Fleet Phoenix: Strengthening Our Community Through Support, Advocacy, and Empowerment**

#### **Advice, Information, Guidance & Mentoring**

Fleet Phoenix continues to be a lifeline for vulnerable young people and families in our community. Our daytime sessions remain consistently busy, offering tailored advice, information, guidance, and mentoring to those navigating complex and often distressing circumstances. The nature of the issues we encounter is constantly evolving, with a marked increase in referrals related to mental health, counselling, and family support. These challenges have been exacerbated by reductions in financial support across the sector, making it increasingly difficult to meet the growing demand.

Despite these pressures, Fleet Phoenix is committed to maintaining high-quality, responsive services. We work collaboratively with a wide network of local partners—including Hampshire Constabulary, housing providers, schools, colleges, GP surgeries, Children's Services, and more—to ensure seamless referrals and holistic support. Our daytime services now operate on an appointment-only basis due to the volume and complexity of referrals, currently supporting around 80 young people at any given time, many of whom are facing significant risk-taking behaviours and emotional distress.



We continue to have the support of two Counsellors for young people which has been an asset to our services and young people being able to access this support with little or no waiting list.

As an organisation working in a rural area, we are aware of how difficult equal access can be for some of our families and young people. We have worked with Hook Parish Council to develop a range of programmes in the Hook area particularly the Advice, information & Guidance services in this year.

### **Outreach Expansion**

In response, Fleet Phoenix has expanded its reach by launching an outreach service in Hook, in partnership with Hook Parish Council. This initiative has already proven to be a vital resource for young people in the area.

We have also secured funding for a new project, *Anxiety Unwound*—an 8-week course designed to help small groups of young people understand and manage anxiety. The course focuses on normalising mental health challenges, building knowledge, and developing confidence in coping strategies.

### **Open Access Youth Sessions**

Our open access youth sessions provide a safe, warm, and welcoming environment where young people can connect, learn, and grow. These sessions offer opportunities to develop new skills, build friendships, engage with youth workers, and participate in volunteering through local partnerships. Importantly, these sessions have contributed to a noticeable reduction in youth nuisance and anti-social behaviour in the area.

We remain responsive to the changing needs of young people, adapting our delivery models to ensure inclusivity and relevance. This year, we've expanded our services in Hook to include a second advice and information session and are working with the Parish Council to establish a junior youth club—bringing essential support to a rural area where transport and access can be challenging.



## Youth Advocacy

Fleet Phoenix continues to be a strong advocate for young people, representing their voices at local meetings, forums, and events. We actively engage with partners to provide feedback on initiatives that may impact our service users, ensuring that young people are considered in local decision-making.

We also support young people directly in navigating intimidating or unfamiliar settings, empowering them to speak up and participate meaningfully. Advocacy is not just about representation—it's about equipping young people with the skills and confidence to shape their own futures.

## Community Support Initiatives

The economic strain on families has deepened in recent years, with many struggling to afford necessities. Fleet Phoenix has responded with practical, compassionate support, including:

- **Pre-loved School Uniform Bank**, distributing over 750 items.
- **Food Bank**, providing 150 healthy food parcels.
- **Utility Support**, subject to available funding and grants.
- **Christmas Toy Donations**, delivering 1,200 toys to local children.

These initiatives reflect our commitment to supporting families not just emotionally but materially helping to ease the burden and restore dignity during difficult times.



## Organisation Stats 2024-25

Below we have split the issues present by clients into three areas. Health, development and social issues presented.

Each area covers numerous subjects. For example, Health covers: General health, Mental Health & Sexual Health.

These can then be broken down again, for example general health including Diet, exercise, hygiene, disability, food & illness.

Some clients may come in with one issue that they need support with other come with complex support needs with numerous areas of their lives they need support with.

We have supported young people with **5,637** issues raised.

Some of these will be through 1:1 conversation, some will be through group work.

Our aim is always to ensure you people leave any conversation or workshop with increased knowledge and awareness.

You will note from the stats below that the issues most prevalent in young people loves at present are:

Mental health with **711** enquiries. Mental health covers everything from self-harm, suicide, bereavement, isolation, peer pressure, bullying, stress, exclusion, abuse, alienation & loneliness.

Self-development with **912** enquiries. Self-esteem covers self-esteem, self-awareness, self-confidence, peer support, rights & responsibilities & identity.

Training and education with **912** enquiries with covers school issues, training & school avoidance.

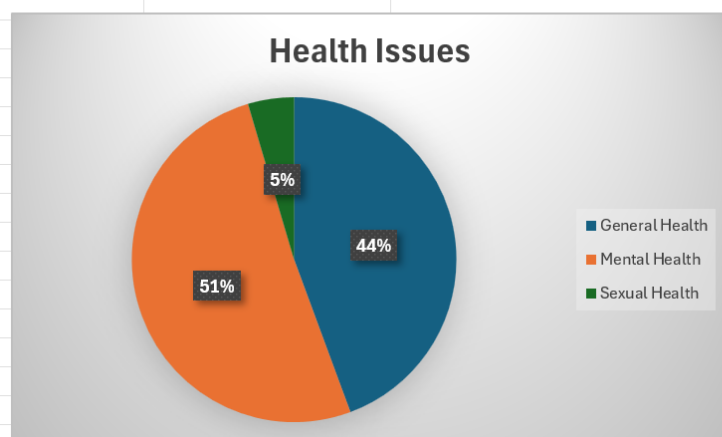
The last most raised issue is general health with **618** issues presented. This includes diet, exercise, hygiene, disability, food issues and illness.

Young people have very complex lives and stressful. The number of enquiries we receive increase year on year.

The training needed by our team is extensive and costly to the organisation but essential.

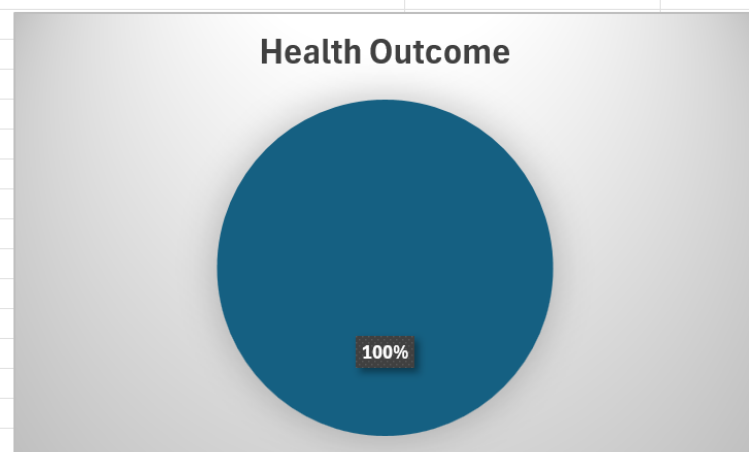
### Health:

Issue	Number of Issues Raised	What is included
General Health	618	Diet, Exercise, Hygiene, Disability, Food, Illness
Mental Health	711	Loneliness, Unhappiness, Suicide, Bereavement, Exclusion, Isolation, Abuse, Alientation, Peer Pressure, Anger, Stress
Sexual Health	64	Contraception, Pregnancy, Termination, STI's, Relationships



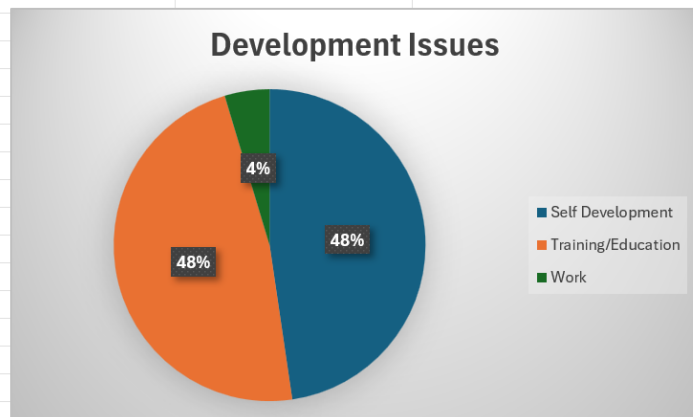
### Health Outcome:

Issue	Number of Issues Raised	What is included
YP improved wellbeing and mental health	170	This is a young person showing improved and healthy wellbeing and mental health



## Development:

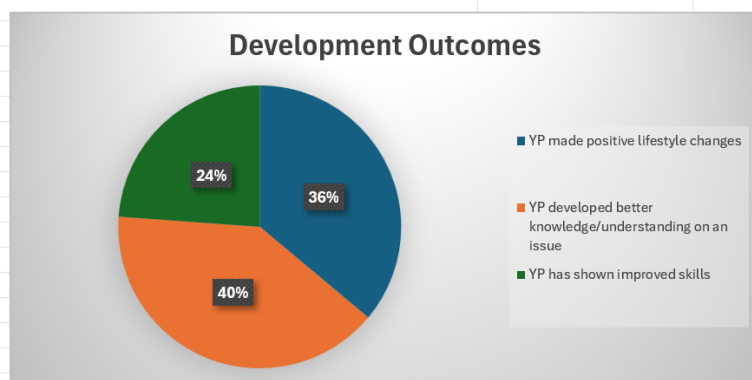
Issue	Number of Issues Raised	What is included
Self Development	912	Self-Esteem, Self-Awareness, Self-Confidence, Peer Support, Peer Training, Rights and Responsibilities, Driving, Identity
Training/Education	912	School Issues, Problem Solving, Team Work, Initiative
Work	89	CV Writing, Job Searching, Interview Techniques, Employment Issues



## Development Outcomes:

Issue	Number of Issues Raised	What is included
YP made positive lifestyle changes	118	This is when a young person shows positive lifestyle changes
YP developed better knowledge/understanding on an issue	131	This is when a young person has shown/developed better knowledge/understanding on an issue
YP has shown improved skills	78	This is when a young person has shown improved skills

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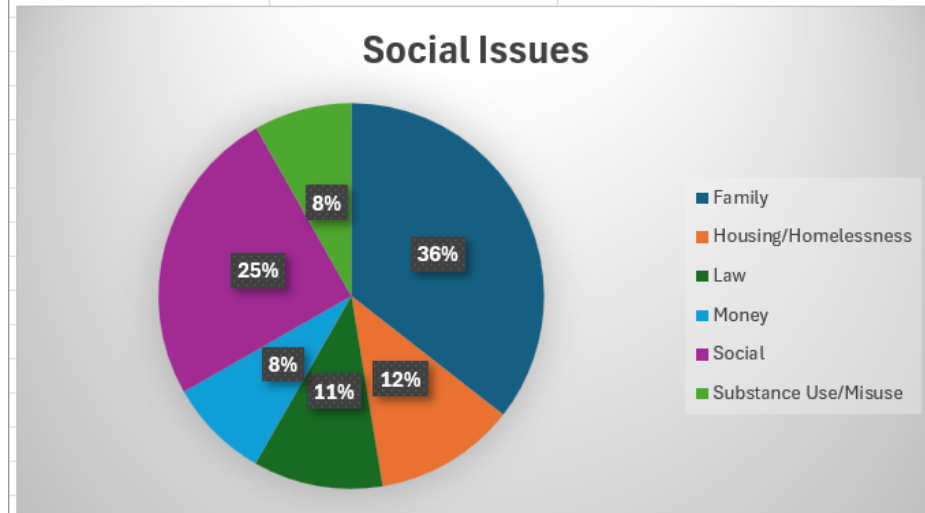


ending on an issue



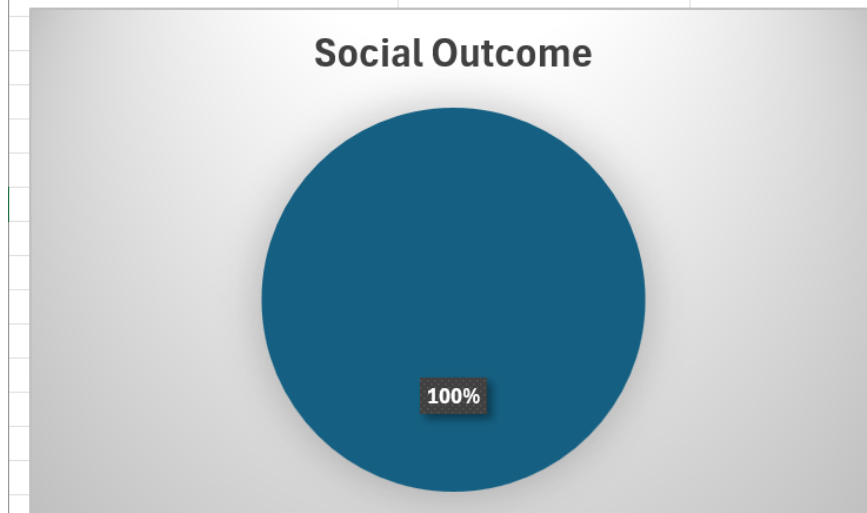
## Social:

Issue	Number of Issues Raised	What is included
Family	513	Domestic Violence, Family Issues, Parenting, Family Relationships
Housing/Homelessness	171	Household Issues, Council/Social Housing Issues, Bills
Law	157	Crime, Policing, Court, ASB, FGM
Money	122	Debt, Budgeting, Poverty, Benefits, Financial Planning
Social	362	Hate, Racism, Sexism, Homophobia, Radicalisation, Terrorism, Asylum, Refugee
Substance Use/Misuse	118	Drugs, Alcohol, Smoking, Vaping



## Social Outcome:

Issue	Number of Issues Raised	What is included
YP Involved in the local community	29	This is a young person actively getting involved in their local community





## **Organisation Plans for 2024-25**

**Continued Staff Development** – The development of our staff team's skills, knowledge and experiences is invaluable to us. Fleet Phoenix will continue to pay attention to this area and look for gaps and opportunities to support our young people & families with up-to-date knowledge and skills relevant to their lives now.

**Funding** – As with many charities funding is becoming more and more of a concern. The grants available are becoming more specific, amounts available are less and those granting are fewer. Fleet Phoenix will be focusing on investigating and implementing new fundraising initiatives and encouraging regular donations to help ensure cash flow. We will be working to maintain the level of service delivery at present with some flexibility for movement and change to meet needs.

**Partnerships** – Fleet Phoenix have moved into a new era of developing and maintaining partnerships supporting the development of new projects throughout the Hart District.

**New Project potential** – Fleet Phoenix are working with partners to look at how we can partner up, spread cost and share skills in developing needed services for our community.

## Projects 2024-2025

Our projects have all been developed and designed in response to the needs of young people and their community. Every session is staffed by qualified and trained Youth Workers who will also be supporting, training, and developing the skills of the community volunteers who wish to work with young people.

We constantly assess the needs and wants of young people in partnership with our users and partners to ensure we continue to offer services which are both relevant and useful to them.

### OPEN DOOR Fleet

Do you feel confused, upset, angry, concerned about your sexual or mental health? Or do you need help to fill in a form, want to learn some new life skills, don't understand a letter you have been sent, need to write a CV, fill in a job application form or just need a cup of tea and a chat...anyone is welcome with any issue. Just pop your head around the door.

Open Door is an open access, FREE drop-in session for young people aged 15-25 years old. The staff team offers support, advice, information, and guidance.

**Tuesdays -1:30 – 4:30 pm and Wednesday 4pm - 6:30pm**



## OPEN DOOR MENTORING

Open Door mentoring is an additional service offered to young people who need more specific 1:1 support.

Please feel free to contact us for more information and/or a referral form. [Charlotte.tickner@fleetphoenix.co.uk](mailto:Charlotte.tickner@fleetphoenix.co.uk)

**Tuesdays and Fridays from 1:30 – 4:30 pm and Wednesday  
4pm - 6:30pm**



## SEXUAL HEALTH

Fleet Phoenix offers FREE pregnancy testing, condom distribution, advice and information on sexual health and relationships, to any young person under 25.

Just pop into ANY of our open sessions and ask for a chat.



## SMART MUSIC

Smart Music is a music session supporting young musicians aged 11-25 years old. It offers FREE guitar and drum tuition giving young people an amazing opportunity to learn, develop and be creative.

Come along and meet the team, learn new skills, meet new people and have ago on some of the amazing equipment we have.

Pop in and have a chat with Louise to find out more.

**Tuesdays from 4.30 – 6.30pm Weekly. Term Time Only.**

## TNS

TNS is a youth club for school year 8 up to and including year 11.

TNS is a FREE youth club where you can come and meet friends, hang out and chill or learn new skills. Find out more about things and subjects that affect your life like drugs and alcohol, sexual health and relationships, in a fun and supportive place.

No pressure; just respect and fun. Alongside having fun and learning some new skills our team can offer you support and advice or just a listening ear.

Pop in and have a chat with Lucy to find out more.

**Tuesdays from 7 – 9pm Weekly. Term Time Only.**



## JAMMIN

Jammin is a FREE band rehearsal space for young, up and coming bands.

All young people need to come along is enthusiasm; we can provide all the instruments and equipment you need to get you going. Our staff team can support you develop your musicianship skills, singing skills, song writing skills and band if that is what you need or just offer you a place to practice where you won't be told to turn it down Pop in and have a chat with Louise to find out more.

**Wednesdays from 7pm - 10pm Weekly.**

## CHILL & CHAT

If you are year 11+ and just want somewhere to hang out, debate the world and chat with mates, feel free to pop in.

The staff team will also be able to offer advice and information on any issues affecting your life.

If you would like more information, please contact Lucy.

**Thursdays 8 – 10:30pm Weekly.**



## TLC

TLC is a FREE junior youth club for up to and including school year 7.

Come and have fun, be creative, laugh, play, and make new friends.

We offer a fun, creative, and challenging programme of activities every week.

You can come along, have some fun, learn something new and be stretched and challenged.

Please contact Lucy for more information.

**Thursdays 6 – 7:30pm Fortnightly – Term Time Only.**



## SUMMER PROJECTS

**Fleet Phoenix runs several events throughout the summer to keep young people engaged and busy!**

## THE VIEWS

Sponsored by Fleet Lions, Fleet Phoenix offers an extended summer project to young people every Thursday evening at The Views. The programme this year runs every Thursday from July to August. This project offers young people who are 13+ the opportunity to engage and build healthy and respectful relationships with supporting partners. We offer a FREE BBQ, FREE inflatables, team games and youth issue related workshops and experiences.

**The Views, Fleet - Thursdays from 6:30 – 8:30pm, July to September.**

## THE LEA

Fleet Phoenix offer a junior outreach project during the summer months, in an area where historically the young people display anti-social behaviour from a very young age. Numerous complaints and issues are centred on young people in the area and young people site boredom as their issue.

The project was developed to diversionary activities, issue-based information, and workshops and for all partners to develop productive and effective relationships with the young people, residents, and parents.



**Larmer Close Playing Field - Mondays 6.30 - 8pm, July – September**

## HOOK

Sponsored by Hook Parish Council, Fleet Phoenix offers an extended summer project to young people every Tuesday evening at Hartlett's Park, Ravenscroft, Hook. The programme this year runs every Tuesday from July to August. This junior project offers young people children and young people the opportunity to engage and build healthy and respectful relationships with youth workers.

We offer a FREE BBQ, FREE inflatables, team games and youth issue related workshops and experiences.



**Hartlett's Park – Tuesdays from 4 – 5:30pm, July – September.**

## CHURCH CROOKHAM

Sponsored by Church Crookham Parish Council, Fleet Phoenix offers an extended summer project to young people every Friday evening at Crookham Community Centre community field. The programme this year runs every Friday from July to August. This junior project offers young people children and young people the opportunity to engage and build healthy and respectful relationships with youth workers. We offer a FREE BBQ, FREE inflatables, team games and youth issue related workshops and experiences.



**Church Crookham Community Field – Fridays from 6 – 7:30pm, July – September.**

## ANXIETY UNWOUND

Anxiety Unwound is for young people of secondary school age suffering with anxiety. You will learn what anxiety is, coping strategies, how to manage it and overcome fears. We offer a warm, welcoming, safe and confidential space, where the project will be delivered in a small group setting across an 8 week course.



**Thursdays 4 - 5pm – Term Time Only.**

## OPEN DOOR HOOK

Do you feel confused, upset, angry, concerned about your sexual or mental health? Or do you need help to fill in a form, want to learn some new life skills, don't understand a letter you have been sent, need to write a CV, fill in a job application form or just need a cup





of tea and a chat...anyone is welcome with any issue. Just pop your head around the door.

Open Door is an open access, FREE session for young people aged 15-25 years old. The staff team offers support, advice, information, and guidance.

**Friday 4pm - 6:30pm**

### **LEGO Club:**

Lego Club is held throughout the school holidays, Keep an eye on our Facebook page for dates and times.





## Contacts:

### The Point Youth Centre

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