

FORGET-ME-NOT DEMENTIA DAY CLUBS

England & Wales · Charity number 1143961

Details

Status Registered

Legal form Other

Company number [09851123](#)

Registered 2011-09-23

Register [View on the Charity Commission register](#)

Contact

Address Siloam Chapel
460 Gower Road
Killay
Swansea
SA2 7AL

Phone 01792 448805

Email contact@forgetmenotclubs.com

Website www.forgetmenotclubs.com

Activities

Objects: TO RELIEVE THE NEEDS OF PEOPLE AND THEIR FAMILIES, FRIENDS AND CARERS WITHIN SWANSEA AND THE SURROUNDING AREAS (THE AREA OF BENEFIT), SUFFERING FROM ALL TYPES OF DEMENTIA AND ITS EFFECTS BY THE PROVISION OF DAY CLUBS OFFERING EMOTIONAL AND PRACTICAL SUPPORT, ADVICE, INFORMATION AND SOCIAL INTERACTION AND TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES AND SOCIAL ACTIVITIES FOR RECREATION AND LEISURE TIME OCCUPATION OF PEOPLE SUFFERING FROM ALL TYPES OF DEMENTIA AND THEIR FAMILIES, FRIENDS AND CARERS IN THE INTERESTS OF SOCIAL WELFARE WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE

Activities: This years activities have included many trips, parties, playing pool card, games, Easter parade, Christmas Service attended by approx 170 people, The activities vary in the various clubs as the people with dementia and their carers lead in the choice of what they wish to do. It must be their enjoyment and relaxation that is paramount.

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** LOCAL
- City Of Swansea

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£28,683	£33,552	-	-
2024-03-31	£29,516	£32,633	-	-
2023-03-31	£35,218	£37,751	-	-
2022-03-31	£23,526	£19,576	-	-
2021-03-31	£64,671	£64,671	-	-

Trustees

Name	Role	Appointed
Lowri Sian Jones		2022-10-28
Richard John Nedin		2022-10-28
Sewak Gurdit Singh		2025-04-29

FORGET-ME-NOT DEMENTIA DAY CLUBS

England & Wales - Charity number 1143961

Accounts



Ymddiriedolaeth Tai Gwalia
Gwalia Housing Trust



SOVS



The Queen's Award
for Voluntary Service
The MBE for volunteer groups

Forget Me Not

Dementia Day Clubs

14th Annual Report



HONORARY PRESIDENT



Mrs Rebecca Evans, MS

Member of the Senedd for Gower

This will be my last AGM as President of the Forget Me Not Dementia Day Clubs. After fifteen years in the Senedd - *first as Assembly Member for Mid and West Wales, and then as Member of the Senedd for Gower* - I have taken the decision not to seek re-election next May.

It has been an incredible privilege to do this job, and I have had the honour of serving in the Welsh Government under four First Ministers.

One of the most challenging roles I have held in Government was Minister for Social Services and Public Health. My time as Chair of the Cross Party Groups on Disability; Older People; Autism; and Nursing and Midwifery, gave me a good insight into some of the key issues that I would have to grapple with.

As Minister for Social Services I was really pleased to be able to bring to an end the use of zero hour contracts in the social care sector, and when I became Finance Minister I was able to deliver funding for local authorities to pay our social care workers a Real Living Wage.

In my social services role I was also able to undertake the preparatory work for the Dementia Action Plan for Wales which presented the Welsh Government's vision for Wales to be a dementia-friendly nation that recognises the rights of people living with dementia. That is still our vision.

A recent review said that the Plan provided a strong impetus for developing services and support, with improvements in

multi-disciplinary working, person-centred care, and community-level prevention and awareness-raising activities. It also found that the plan promoted partnership working, co-production, and holistic approaches to patient care, making dementia a strategic priority for health boards and local authorities.

However, the review also found that there is still a lot of work to be done to ensure that people with dementia and their families and loved ones get the support that they need, with issues relating to data collection, diagnosis delays, and inconsistent access to support persisting. Similarly, limited partnership working between health and social care, uncoordinated communication channels, and discrepancies in dementia care responsibilities continue to hinder multi-agency service delivery.

I'm sure those problems will be familiar to many members of our clubs. Work is now underway to develop the successor to the Dementia Action Plan, and I would be really grateful if members of our clubs would let me know what they would like to see in it. Working for people affected by dementia and their families will remain an important part of my work right up until the last moment of my time in post next year.





Christmas Celebrations



Falconry Centre Visit

HONORARY CHAIRMAN



Ms. Lowri Jones

While coming to the end of my first year as Chair it has been a pleasure to attend various Clubs and see the great work our Leaders and Volunteers continue to do within the Forget Me Not community and I know that all are delighted that Hywel and Undeg have continued to attend many of the Clubs.

The seven clubs continue and while numbers can vary we are pleased that we are able to give the welcome to members and their carers along with ex-carers who continue to attend. The Mumbles Club has moved and is now South Gower Club held in Murton and is thriving in terms of the numbers that attend.

We are mindful that when Forget Me Not started there were few groups that are specifically for those with dementia, while different groups have started across the city we are grateful for the support of those who attend and donate and we will continue to raise awareness of our clubs.

With the assistance of the Gower Walking Festival we have had, what was hopefully the first of many, annual Memory Walk to raise awareness of and funds for the charity and we must thank those involved for taking part and the money they raised by sponsorship and collections on the day.

While our dear thanks go to the Leaders and Volunteers we must also thank the Committee who meet to keep things on track and particularly Amelia Michael our Treasurer who has to balance the books to provide the budgets for Clubs to have their activities, entertainment, lunches out throughout the year.

I wish to thank everyone involved with Forget Me Not Dementia Day Clubs for their ongoing support for a wonderful charity.

HONORARY TREASURER



Mrs Amelia Michael

A very big thank you as always to everyone involved with Forget Me Not, particularly for their invaluable voluntary commitment over the past 14 years. Without this voluntary commitment we would, of course, have to employ people to do all the work and that would make a substantial difference to our finances which, I am pleased to report, continue to maintain a steady balance again this year.

Our financial accounts consist of three sections; the main account covering all general spending, a petty cash account for clubs, and savings and investment.

For the year ending March 2025, our opening balance in the main account of £49,148.91 was supplemented by an income of £20,830.76 similar to the previous year, although the donation amounts received from three main sources varied, as is the case most years. Individual donations were higher than the previous year while those received from organisations were lower, with donations received from funerals remaining similar to the previous year. The income from these three sources amounted to £11,948.92. A sponsored event by the Ambulanz Community, when they carried their manager on a chair up to the summit of Pen-Y-Fan, raised £3,192.00. Member contributions towards lunches and trips, together with other small donations amounted to £2,120.84. It was also agreed with the Trustees to transfer the interest of £3,569.00 from the Shawbrook investment bond to the main account to help offset the likely deficit between income and expenditure.

With regard to expenditure, essential costs for rents, printing, insurance, equipment, etc. amounted to £10,421.84, very slightly higher than the previous year, as was expected. The main expenditure of £16,641.64 was for the benefit of all members and

included lunches at various restaurants, coach trips to places such as Brecon and Porthcawl, visits to local attractions and annual Christmas dinners and parties; this amount being on a par with previous years. Total expenditure amounted to £27,063.48, giving a deficit between income and expenditure of £6,232.72 and leaving a balance in the main account of £42,916.19 to carry forward to next year.

The seven clubs continue to flourish, although membership of each club varies from time to time. They provide weekly meeting places where people can relax, enjoy the company of others, play games and quizzes, take part in crafts and other activities, have lunches out, etc. and, most importantly, support each other. An opening petty cash balance for all seven clubs of £1,636.06 was supplemented during the year by an income of £6,902.57 through nominal membership fees and small donations. With expenditure of £6,488.60 for provisions, materials, etc., this left a balance of £2,050.03 to be carried forward.

The two savings and investment accounts with Virgin Money and Shawbrook Bank continue to grow steadily, although it has been necessary during the past two years to transfer some of the interest to the main account to partly offset the deficit between income and expenditure. However, the balance in the two accounts at the end of March 2025 amounted to £169,623.50. The three balance figures from the main account, club accounts and savings and investment combine to give a total overall balance of £214,589.72 to carry forward to April 2025, £4,869.82 lower than the previous year.

There have been some deficits between income and expenditure over the last few years and the overall account balance has decreased slightly, and it is possible that this may occur in the future, but it is not a cause for concern as we have ample reserve funds. However, in order to continue providing the same level of service for future years the management committee are looking at various ways of increasing our income to offset any future deficits. We are very fortunate that the Lord Mayor of Swansea chose Forget Me Not as one of his charities for the year 2024/2025 and the benefits gained from this have given us a good start to the current year.

As mentioned in my opening paragraph, we are extremely fortunate that we have so many volunteers willing to give their time to such a worthy cause. We would also like to express our gratitude to all those who support us financially. It is their generosity that enables us to continue providing a service.

ANNUAL ACCOUNTS

ALL SEVEN CLUBS (CASH HELD)

c/f to April 2025

INCOME	EXPENDITURE
Subscriptions	Rent
Donations	Provisions
Member contributions	Stationery
Other	Equipment/materials
	Entertainment
	Parties/trips
	Gifts
	Miscellaneous
	Expenditure
Income	£ 6,488.60
Transfer from main account	<u>300.00</u>
Brought forward	£ 7,202.57
Less expenditure	£ 1,636.06
	£ 8,838.63
	<u>£ 6,788.60</u>
	£ 2,050.03

SAVINGS

Interest from savings – Shawbrook Bank (included in main account)
 Interest from savings – Virgin Money **£ 948.94**

SUMMARY OF INCOME RECEIVED AND EXPENDITURE (year ending 31st March 2025)

INCOME	EXPENDITURE
Paid into main account	£ 20,830.76
Received in clubs	£ 6,902.57
Interest from Virgin Money	<u>£ 948.94</u>
	£ 28,682.27
	£ 27,063.48
	£ 6,488.60
	<u>£ 33,552.08</u>

ANNUAL ACCOUNTS

FORGET-ME-NOT DEMENTIA DAY CLUBS

Income and Expenditure as at 31st March 2025

	MAIN ACCOUNT	
INCOME	EXPENDITURE	C/F to April 2025
Donations from individuals	Rent/telephone	£ 7,743.40
Donations from organisations	Printing/Stationery	£ 1,155.00
Donations from funerals	Insurance	£ 824.38
Sponsored walk	Equipment/materials	£ 424.11
Bequest	Lunches/entertainment	£ 10,104.86
Church/collection boxes	Coaches/transport	£ 1,335.00
Member contributions (lunches)	Christmas lunches/expenses	£ 5,201.78
Savings interest (Shawbrook)	Gifts/Fees	£ 274.95
	Income	£ 27,063.48
Cash transfer from clubs	<u>300.00</u>	<u>300.00</u>
	£ 21,130.76	£ 27,363.48
Balance b/f from March 2024	<u>£ 49,148.91</u>	
	£ 70,279.67	
Less expenditure	<u>£ 27,363.48</u>	
	£ 42,916.19	£ 42,916.19



Dementia Awareness Day



Armchair Exercise



Diamond Wedding Celebration



Sponsored Walk

VICE CHAIRMAN



Jackie Rose

Leader - Killay (Wednesday) Club

The Forget Me Not Charity has had another year full of activity and events to support our members and provide a service that has been described by some as a lifeline.

Living with dementia is a challenge, not only for the individual but for the person caring for them and the wider circle of family and friends. We may only see our members for a few hours on a weekly basis but to some it is the highlight of their week, and I am very proud to be part of this support network.

All of the day clubs are supported by a club leader and volunteers who give their time, support, dedication and commitment every week. I cannot express how grateful we are to them. As I have said before they are our greatest asset.

This year we have welcomed our new Chair Lowri Jones who despite her many other commitments has managed to visit all the clubs on several occasions. Lowri also organised the sponsored walk which was a huge success everyone had a great time and we even managed to avoid the rain on the day!!

It is with a heavy heart we say goodbye to Val Streater the club leader at Mumbles, who is finishing at the end of this year. Val has been a fantastic leader at the club and will be sorely missed by all the members there. A big thank you Val for your service to the charity and we wish you good health and happiness going forward.

With the support of Elaine James we have up-dated the Charity Website and we now even have a face-book page. This communication to a wider audience will hopefully increase members to some of the clubs who have seen a drop in numbers this year.

All the clubs continue to enjoy lunches out, various day trips, entertainers, along with celebrating any occasions for example V.E day, with parties at every club. We are very thankful for any generosity which enables us to provide these events.

Dementia affects us all, its complexity poses overwhelming challenges to society, but I firmly believe that our small local Forget Me Not Charity with all its limitations continues to provide a valuable service to our communities and we are eternally grateful to everyone who supports us.



Flower Arranging



Rock Choir

Penllergaer Gardening Club Donation



Christine Pugh, chair of the Gardening Club, presenting a cheque to Amelia Michael, treasurer of the charity. Also in the photograph is Lowri Jones (centre), chairman of the charity, Hywel Powell, former chairman and Huw and Jan Pickard the garden owners.



Party Time!

ELECTED MEMBERS & CO-OPTED MEMBERS

2025 to 2026

The Management Committee shall consist of the Chairman, Treasurer, Vice Chairman and up to 10 other members.

Honorary Chairman	Ms. Lowri Jones <i>Nominated by Mr. Chris Jones</i> <i>Seconded by Mrs. Elaine James</i>
Honorary Vice Chairman	Mrs. Jackie Rose <i>Nominated by Hywel Powell</i> <i>Seconded by Mr. Chris Jones</i>
Honorary Treasurer	Mrs. Amelia Michael <i>Nominated by Mrs. Jackie Rose</i> <i>Seconded by Ms. Lowri Jones</i>
Honorary Solicitor	Mr. Andrew Silversten <i>Proposed by Ms. Lowri Jones</i> <i>Seconded by Mrs. Amelia Michael</i>
Independent Examiner	Mr. John Fry

Committee

Mrs. Elaine James, Mrs. Sue John, Mr. Chris Jones,
Mr. Richard Nedin, Mr. Hywel Powell, Mrs. Christine Pugh,
Mrs. Julie Rees, Mrs. Valerie Streater

Co-opted Members

Mrs. Meryl Evans, Mrs. Elaine Rees

*Election of committee and co-opted committee proposed
by Mr. Hywel Powell. Seconded by Mrs. Jackie Rose.*

Honorary President
Mrs Rebecca Evans, MS

Honorary Vice Presidents
Dr. Liz Clarke-Smith, Mrs. Edwina Hart, MBE
Dr. Chris Johns, Dr. Dai Lloyd, MS, Dr. Nia Rice,
Cllr. Gareth Sullivan, Dr. Don Williams, Prof. Michael Williams,

Honorary Solicitor
John Morse Solicitors

Clubs and Leaders

Monday	Bethany Church Hall, West Cross. 2pm - 4pm <i>Val Streater</i>
Leaders	
Tuesday	Murton Community Hall 1.30pm - 3.30pm <i>Cathy Lewis</i>
Leaders	
Tuesday	Llangyfelach Parish Church Hall 2pm - 4pm <i>Elaine Rees</i>
Leaders	
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Registered Address: Siloam Baptist Chapel, Killay, Swansea SA2 7SG

Registered Charity No. 1143961

Tel No. 01792 448805 **Email:** contact@forgetmenotclubs.com



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Forget Me Not
Dementia Day Clubs

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Mrs Amelia Michael

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VICE CHAIRMAN



Jackie Rose

Leader - Killay (Wednesday) Club

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Penllergaer Gardening Club Donation



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Party Time!

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Mrs. Julie Rees, Mrs. Valerie Streater

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Mrs. Meryl Evans, Mrs. Elaine Rees

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Registered Address: Siloam Baptist Chapel, Killay, Swansea SA2 7SG
Registered Charity No. 1143961
Tel No. 01792 448805 **Email:** contact@forgetmenotclubs.com

REPORT TO THE TRUSTEES ON THE UNAUDITED FINANCIAL STATEMENTS OF FORGET-ME-NOT DEMENTIA DAY CLUBS

Report on the accounts for the year ended 31st March 2025

Respective responsibilities of Trustees and Examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under Section 144 of the Charities Act 2011 and that an independent examination is required.

It is my responsibility to

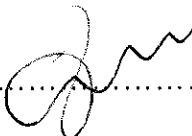
- examine the accounts under Section 145 of the Charities Act
- to follow the applicable directions given by the Charity Commissioners under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention,

Basis of Independent Examiner's Report

My examination was carried out in accordance with the Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanation from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiner's Statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed..........Date.....10 | JUNE 2025.....
JOHN FRY
/

FORGET-ME-NOT DEMENTIA DAY CLUBS

England & Wales - Charity number 1143961

Accounts



Ymddiriedolaeth Tai Gwalia
Gwalia Housing Trust



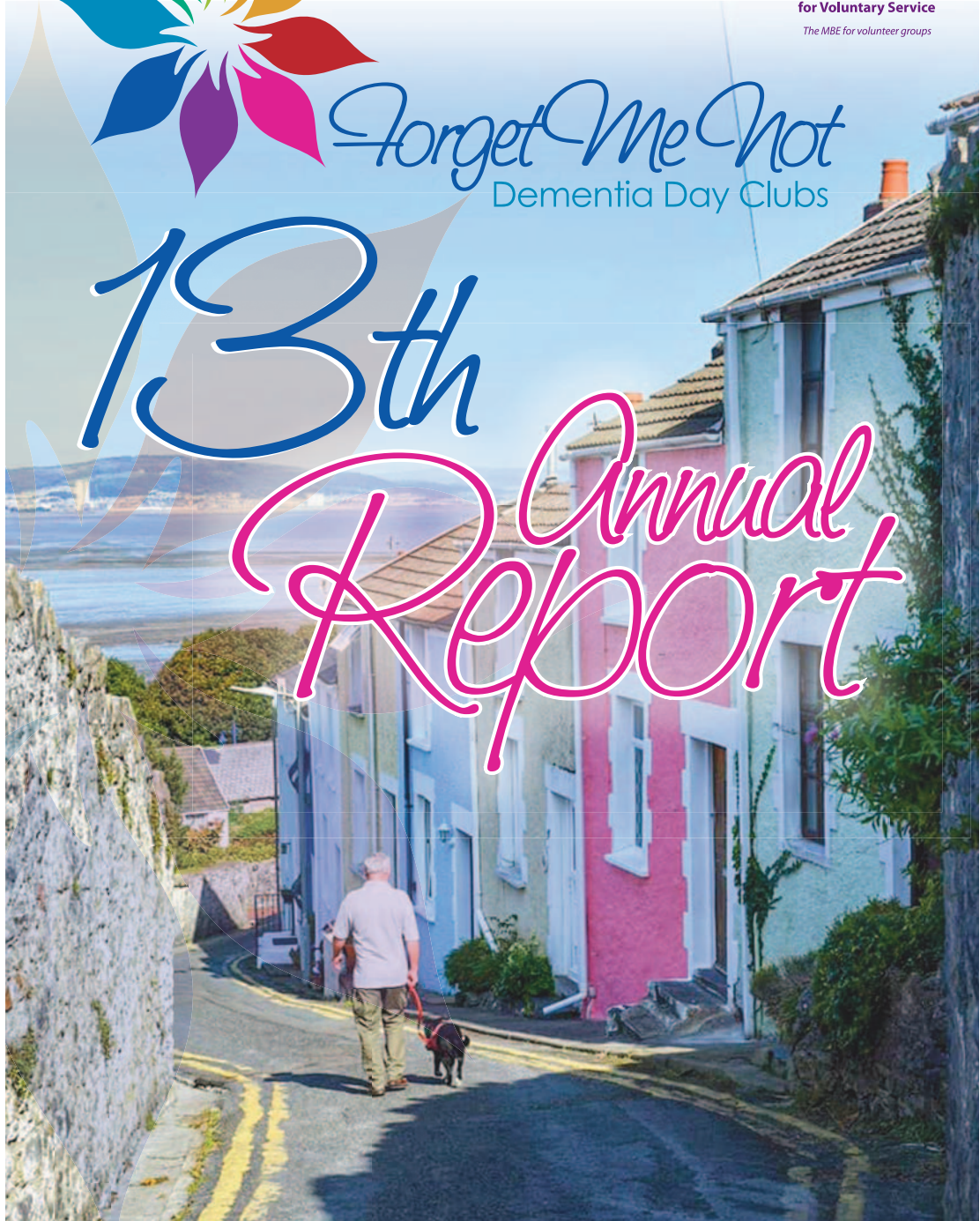
**The Queen's Award
for Voluntary Service**

The MBE for volunteer groups

Forget Me Not
Dementia Day Clubs

13th

Annual
Report



HONORARY PRESIDENT



Mrs Rebecca Evans, MS

Member of the Senedd for Gower

I have been an unpaid carer, and I know what a privilege it can be to look after a loved one. It is important, though, that we help carers care for themselves too, so they can keep on being that rock of support for their loved ones. I want to make sure that carers know about the help that is available for them.

The Welsh Government's £9 million short breaks scheme continues to offer unpaid carers additional opportunities to take a time out from their caring role and have a life alongside caring. The funding can be used for short holidays, day trips and other things such as attending a weekly keep-fit class or going to the cinema with friends. The programme, coordinated by Carers Trust Wales, aims to deliver 30,000 short breaks for unpaid carers across Wales over a three year period.

The £4.5 million carers support fund allows unpaid carers to access small grants and support services offering financial advice and information. The fund is administered by Carers Trust Wales and helps carers on low incomes to buy essential items such as food or school uniforms, or pay an outstanding utility bill. In some areas, 70% of applicants were previously unknown to services, but now have access to information advice and support alongside the grant.

We have also provided £1 million to local health boards in Wales to support unpaid carers when the person they care for is admitted to or discharged from hospital. Health boards have schemes and initiatives in place to identify and support carers, including where increased levels of care are needed at discharge. These schemes also enable carers to consider how their own health and wellbeing needs can be supported to aid them in their caring role.

When we met last year, I talked about how Wales' strategy for unpaid carers recognises the important role that employers play in enabling unpaid carers to work alongside their caring role. The Unpaid Carer's Leave Act 2023 came into force in April of this year and brings in the right to one week's unpaid leave per year for employees who are providing or arranging care for a relative or dependant. We are working closely with Carers Wales to ensure employers are aware of their obligations and working carers are aware of their rights under the act.

The Welsh Government has continued to fund Carers Wales and Carers Trust Wales to deliver the carer aware project. The project focuses on increasing carer recognition, respect and support across health and social care settings. This helps to raise awareness of unpaid carers rights and supports unpaid carers to be more involved. Training is provided to social workers and health care practitioners. Guidance and good practice principles have also been established. This includes a hospital discharge guide, delivery of training and a co-produced toolkit enabling healthcare settings and patient experience teams to recognise unpaid carers.

Everything we can do to help raise the profile and status of carers, and the support that they get, will help ensure that the amazing work they do can go on.



Day out at Brynteg Farm

HONORARY CHAIRMAN



Mr Hywel J Powell

I have reached my fifth and final year as chairman for the Forget Me Not Charity. On reflection of the five years, I can only say it has been my great privilege to serve as Chairman and despite some challenges I have thoroughly enjoyed it.

I became Chairman in September 2019. Six months later in the second week of March 2020 all our clubs closed for a period of fifteen months due to the pandemic. The clubs re-opened in June 2021 and thanks to all our amazing volunteers the seven clubs are all still up and running. In December 2022 David Moss our Secretary and founder member sadly passed away, he was a wonderful man, and I still miss him.

Over the last 12 months Keith Davies one of our trustees has resigned for health reasons. I would like to take the opportunity to thank him for his service and send him and Anita my best wishes. My thanks and best wishes also to Helen Hunter who has resigned from the committee due to other work commitments. I now move on to two very special people who have supported me over the last 5 years, Amelia Michael our Treasurer and Jackie Rose the Vice Chairman. They have both been exceptional in their roles and they will always be close to my heart. I also send my thanks to all the club leaders, volunteers and committee members, they are an amazing team of individuals all playing their part to support the charity. Finally, a thank you to all our members of the seven clubs for their continuous support.

I wish my successor Lowri Jones all my good wishes I'm confident she will be a wonderful Chairman and with the support from the committee including our new secretary Cathy Lewis the charity will continue to thrive and support individuals and families living with dementia.

HONORARY TREASURER



Mrs Amelia Michael

I am pleased to report that the accounts for Forget-Me-Not continue to maintain a steady balance again this year. Each year we have no way of predicting how much income we are likely to receive and as the sources of income vary each year, we are very grateful indeed for the generosity of all those who support us.

With regard to income and the main account at Barclays Bank: in April 2023 a balance of £47,992.66 was carried over and donations during the year were received from six sources. Individual donations and funeral donations were less than previous years, while donations from church services, collection boxes and member contributions towards lunches remained similar to last year. Together these donations amounted to £5,672.04. Our main source of income during the year came through various organisations and amounted to £15,303.99, bringing income received during the year to £20,976.03.

As for expenditure, the usual running costs for rent, telephone, printing, stationery, insurance, equipment and small miscellaneous costs amounted to £9,581.56, just slightly higher than last year. The remaining expenditure of £16,315.35 was as usual for the benefit of all the members and was spent on coach trips, lunches, entertainment, parties and Christmas dinners for all the clubs, bringing the total expenditure to £25,896.91, giving a deficit between income and expenditure of £4,920.68, offset slightly by small transfers of cash to and from the clubs.

As reported in previous years, the charity has two savings and investment accounts. The deposit account with Virgin Money shows a balance, after interest, of £85,674.56 at the end of March 2024. The bond with Shawbrook Bank is renewable every year in February and the balance in February 2024, including interest, was £88,727.13. This was above the figure of £85,000 which is protected by the Financial Services Authority and it was

agreed with the Trustees that £83,000 should be reinvested with Shawbrook and the balance of £5,727.13 transferred to our main account to offset the deficit.

The opening balance of £47,992.66 together with all money deposited of £27,253.16 gives a credit figure of £75,245.82 less expenditure of £26,096.91 leaving a balance in Barclays Bank at the end of March 2024 of £49,148.91.

As in previous years all seven clubs continue to run independently on a weekly basis helped by a petty cash float. Income for the clubs is generated through nominal member subscriptions and occasional donations and contributions towards lunches. A total cash balance of £1,794.63 was carried forward in April 2023 and income for all seven clubs during the year amounted to £7,127.00 with expenditure of £7,285.57 leaving a cash balance of £1,636.06 at the end of March 2024.

The overall balance for the year ending 31st March 2024 is, therefore, £219,459.53.

Setting a budget for the year can be difficult when the amount of income is unpredictable, but each year the intention is to ensure that the main expenditure will always be for the benefit of all the members. If in future years expenditure should exceed income we are in the fortunate position of having very good reserves to cover any shortfall.

We must always be aware that we are in this favourable position due to the very generous support of those who donate to our charity and the wonderful voluntary support of everyone concerned with Forget-Me-Not, with thanks for their commitment and hard work over the past years. I would also like to take this opportunity to give my particular thanks to our retiring chairman, Hywel Powell, for his patience, understanding and invaluable advice during the last 5 years and I look forward very much to working with our new chairperson, Lowri Jones, with very best wishes to her in her future role.



Afternoon Tea

VICE CHAIRMAN



Jackie Rose

Leader - Killay (Wednesday) Club

Another year has come and gone with all our day clubs continuing to provide a valuable service to the people of Swansea. Weekly meetings in all our day clubs, with a cup of tea, cake, biscuits, bingo, quizzes and a chat enjoyed by all.

Throughout the year our members have also continued to enjoy various lunches out, celebration parties and a variety of visiting entertainers to all the day clubs.

Supporting someone with dementia can be exhausting and overwhelming, it has been said on more than one occasion that the FMN charity provides a lifeline to family carers, reducing feeling of isolation and providing a warm, welcoming, environment. They are not alone, FMN are there every week to provide that listening ear and support where it can.

Throughout the year our members have also continued to enjoy various lunches out, celebration parties and a variety of visiting entertainers to all the day clubs.

Despite losing some committee members last year, we have also gained some, including a wonderful Club leader at the Mumbles group. Cathy Lewis has hit the ground running as they say and despite small numbers at Mumbles she has embraced the role of club leader and has represented FMN at several events in the Swansea area to raise the profile of the charity. A big thank you to Cathy for her support, long may it continue.

We are eternally grateful to each and every one of our volunteers who are our greatest asset, offering their time and support, dedication and commitment. We couldn't do what we do

without them. It really is a team effort with everyone playing their part.

Our Chairman Mr Hywel Powell has come to the end of his Chairmanship term this year. I would like to take this opportunity to say what an incredible chairman he has been, embracing the role of chairman with every bone in his body. Hywel led the charity through the pandemic and out the other side. Such a difficult time for everyone, but he made all the right decisions at the right time to keep our members safe. His leadership in the management committee has led to some reform and completion of important policies and procedures to keep the charity working safely for all the members. Hywel has also spent considerable time visiting all the day clubs on a regular basis. Not just to try out their cake and biscuits!! A visible chairman, spending time with club leaders, volunteers and members. A friend to all with time for everyone.

On a personal note as vice chairman, he has been a great role model. Kind, considerate and a good friend. Thank you Hywel it has been such a pleasure to support you as Chairman and I will miss you greatly.



Flower Arranging at Llanyfelach



Christmas Celebrations



Donation from Ukelele Club



Penyfan Charity Climb



ELECTED MEMBERS & CO-OPTED MEMBERS

2024 to 2025

The Management Committee shall consist of the Chairman, Secretary, Treasurer, Vice Chairman and up to 10 other members.

Honorary Chairman	Ms. Lowri Jones <i>Nominated by Mr. Chris Jones Seconded by Mrs. Elaine James</i>
Honorary Vice Chairman	Mrs. Jackie Rose <i>Nominated by Hywel Powell Seconded by Mr. Chris Jones</i>
Honorary Treasurer	Mrs. Amelia Michael <i>Nominated by Mrs. Jackie Rose Seconded by Ms. Lowri Jones</i>
Honorary Solicitor	Mr. David Jones <i>Proposed by Ms. Lowri Jones Seconded by Mrs. Amelia Michael</i>
Independent Examiner	Mr. John Fry
Honorary Secretary	Mrs. Cathy Lewis

Committee

Mrs. Elaine James, Mrs. Sue John, Mr. Chris Jones,
Mr. Richard Nedin, Mr. Hywel Powell,
Mrs. Julie Rees, Mrs. Valerie Streater

Co-opted Members

Mrs. Debbie Matthews, Mrs. Elaine Rees

*Election of committee and co-opted committee proposed
by Mr. Hywel Powell. Seconded by Mrs. Jackie Rose.*

Honorary President
Mrs Rebecca Evans, MS

Honorary Vice Presidents
Dr. Liz Clarke-Smith, Mrs. Edwina Hart, MBE
Dr. Chris Johns, Dr. Dai Lloyd, MS, Dr. Nia Rice,
Cllr. Gareth Sullivan, Dr. Don Williams, Prof. Michael Williams,

Honorary Solicitor
Mr. David Jones, Beor Wilson & Lloyd

Clubs and Leaders

Monday

Bethany Church Hall, West Cross.
2pm - 4pm

Leaders

Val Streater and Helen Hunter

Tuesday

Linden Christian Centre, West Cross.
1.30pm - 3.30pm

Leaders

Cathy Lewis

Tuesday

Llangyfelach Parish Church Hall
2pm - 4pm

Leaders

Elaine Rees

Wednesday

Siloam Church, Killay
2pm - 4pm

Leader

Jackie Rose and Sue John

Wednesday

The New Lodge, Gorseinon
10am - 1pm

Leaders

Meryl Evans and Debbie Matthews

Thursday

Siloam Church, Killay
10.30am - 12.30pm

Leaders

Amelia Michael

Friday

Sketty Community Church, Carnglas Road
1.30pm - 3.30pm

Leader

Julie Rees

Registered Address: Siloam Baptist Chapel, Killay, Swansea SA2 7SG

Registered Charity No. 1143961

Tel No. 01792 448805 **Email:** contact@forgetmenotclubs.com

REPORT TO THE TRUSTEES ON THE UNAUDITED FINANCIAL STATEMENTS OF FORGET-ME-NOT DEMENTIA DAY CLUBS

Report on the accounts for the year ended 31st March 2024.

Respective responsibilities of Trustees and Examiner

The Trustees are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under Section 144 of the Charities Act 2011 and that an independent examination is required.

It is my responsibility to

- examine the accounts under Section 145 of the Charities Act
- to follow the applicable directions given by the Charity Commissioners under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention,

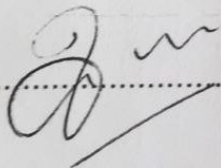
Basis of Independent Examiner's Report

My examination was carried out in accordance with the Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanation from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiner's Statement

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed.....



.....Date

31st July 2024

John Fry

FORGET-ME-NOT DEMENTIA DAY CLUBS

Income and Expenditure as at 31st March 2024

MAIN ACCOUNT

INCOME

Donations from individuals	£ 922.00
Donations from organisations	£ 15,303.99
Donations from funerals	£ 2,808.17
Church/collection boxes	£ 567.87
Member contributions (lunches)	<u>£ 1,374.00</u>

Income **£ 20,976.03**

Cash transfer from clubs	£ 550.00
Transfer from savings account	<u>£ 5,727.13</u>

£ 27,253.16

Balance b/f from March 2023 £ 47,992.66

£ 75,245.82

Less expenditure £ 26,096.91

£ 49,148.91

EXPENDITURE

Rent/telephone	£ 6,708.71
Printing/stationery	£ 1,620.00
Insurance	£ 784.00
Equipment	£ 169.85
Coaches/transport	£ 2,433.00
Lunches/entertainment	£ 8,715.36
Christmas lunches/expenses	£ 5,166.99
Gifts/flowers/other	<u>£ 299.00</u>

Expenditure **£ 25,896.91**

Cash transfer to clubs	<u>£ 200.00</u>
------------------------	-----------------

£ 26,096.91

C/f to April 2024

£ 49,148.91

ALL SEVEN CLUBS (cash held)

INCOME

Subscriptions	£ 6,057.70
Donations	£ 317.30
Member contributions for lunches	<u>£ 552.00</u>

Income	£ 6,927.00
Transfer from main account	<u>200.00</u>
	£ 7,127.00
Balance b/f from March 2023	<u>£ 1,794.63</u>
	£ 8,921.63
Less expenditure	<u>£ 7,285.57</u>
	£ 1,636.06

EXPENDITURE

Rent	£ 1,030.00
Provisions	£ 2,093.27
Stationery	£ 137.89
Equipment/materials	£ 427.66
Parties/lunches	£ 998.40
Entertainment	£ 1,857.00
Gifts	<u>£ 191.35</u>

Expenditure	£ 6,735.57
Transfer to main account	<u>£ 550.00</u>
	£ 7,285.57

£ 1,636.06

SAVINGS

Interest on savings Shawbrook Bank	£ 921.95
Interest on savings Virgin Money	£ 691.11

SUMMARY OF INCOME RECEIVED AND EXPENDITURE year ending 31st March 2024

INCOME

Paid into Main Account	£20,976.03
Received in Clubs	£ 6,927.00
Interest at Shawbrook Bank	£ 921.95
Interest at Virgin Money	<u>£ 691.11</u>

Total Income £29,516.09

EXPENDITURE

From Main Account	£25,896.91
From Clubs	<u>£ 6,735.57</u>

Total Expenditure £32,632.48

FORGET-ME-NOT DEMENTIA DAY CLUBS

BALANCE STATEMENT as at 31 March 2024

Year ended 31 March 2023

Year ended 31 March 2024

Main account

		Balance b/f	£ 47,992.66	
		Paid in	<u>£ 27,253.16</u>	
			£ 75,245.82	
		Payments	<u>£ 26,096.81</u>	
Balance at Barclays Bank	£ 47,992.66		£ 49,148.91	£ 49,148.91

Virgin Money Deposit Account

		Balance b/f	£ 84,983.45	
		Interest	<u>£ 691.11</u>	
			£ 85,674.56	
Balance at Virgin Money	£ 84,983.45			£ 85,674.56

CAF/Shawbrook Bond

		Balance b/f	£ 87,805.18	
		Interest	<u>£ 921.95</u>	
			£ 88,727.13	
		Transfer to main acct.	<u>£ 5,727.13</u>	
			£ 83,000.00	
Balance at CAF/Shawbrook	£ 87,805.18			£ 83,000.00

7 Clubs (cash held)

Balance of cash held at clubs	£ 1,794.63	Balance held at clubs	£ 1,636.06	£ 1,636.06
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Total balances c/f to April 2023 £ 222,575.92

Total balances c/f to April 2024 £219,459.53

FORGET-ME-NOT DEMENTIA DAY CLUBS

England & Wales - Charity number 1143961

Accounts



Ymddiriedolaeth Tai Gwalia
Gwalia Housing Trust



**The Queen's Award
for Voluntary Service**

The MBE for volunteer groups

Forget Me Not
Dementia Day Clubs

12th
**Annual
Report**



HONORARY PRESIDENT



Mrs Rebecca Evans, MS

Member of the Senedd for Gower

The World Health Organisation describes age-friendly communities as being places in which older people, communities, policies, services, settings, and structures work together in partnership to support and enable us all to age well.

For me, that means a place where we all feel valued, included and respected; where we can get out and about; do things that we want to do; lead healthy and active lives; access information; and make our voices heard. That is the kind of age-friendly Wales I want to see, and why it is so important that we actively consider the needs of older people in the development of all of our policies, from housing and town regeneration to transport and social care.

Our wonderful third sector is a vital part of that vibrant and age-friendly Wales. I'd like to say a big 'thank you' to everyone involved in making the Forget Me Not clubs so successful, offering a warm and friendly welcome to everyone.

Last year, I wrote about the Cost of Living crisis. I know that things are still very difficult for many people. I recently met with the Older Person's Commissioner where we talked about the importance of helping people claim all the support that is available. We know that pensioners in Wales are missing out on more than £200 million worth of support because they are not claiming the Pension Credit that they are eligible for. That is a huge amount of money which could otherwise be spent helping with bills and supporting local businesses.

Pension Credit is separate from your State Pension. You can get Pension Credit even if you have other income, savings or own your own home. If you get Pension Credit you can also get other help, such as Housing Benefit, or a free TV license if you are over 75. If you want to find out more, please get in touch with my office.

As ever, my office is here to help you in any way we can, working closely with Julie James, Member of the Senedd for Swansea West, and Mike Hedges, Member of the Senedd for Swansea East. This year, my office was joined by Tonia Antoniazzi MP's staff for refresher Dementia Friends training, so that we can all be confident of providing an informed and sensitive service to people with dementia and their loved ones.

HONORARY CHAIRMAN



Mr Hywel J Powell

As I approach my fifth and final year as Chairman, I look back at the last four years with pride at the way the charity has maintained its sustainability in the wake of the covid pandemic.

Due to ill health unfortunately Ron Williams, leader of the Gorseinon Day Club and a loyal trustee has resigned. We send him and his partner Pam our best wishes.

Seven clubs are continuing to run and I would like to thank the club leaders and volunteers for all their hard work over the last year.

The loss of our dear secretary David Moss has left a huge gap, but with the support from Jackie Rose, Amelia Michael and the total commitment of the management committee the charity has continued to thrive. My thanks to all those individuals.

Finally my thanks to all the people with dementia, their carer's, ex carer's and volunteers for their on-going support to the Forget Me Not Charity.

HONORARY TREASURER



Mrs Amelia Michael

I would like to take this opportunity, as always, to thank everyone concerned with Forget-Me-Not, not only the officers, committee members and volunteers but also all those individuals and organisations who have kindly given donations or raised money through sponsored runs and various other ways, for their help in making the clubs so successful over the last 12 years. From a quiet start in 2011 with only three clubs, we now have seven clubs and membership has grown to a yearly average of 220 people. Over previous years we have been very fortunate to have benefitted from some wonderful donations which have helped considerably in providing Forget-Me-Not with an income each year and have also enabled us to keep some savings in reserve.

In the main account a balance of £51,147.07 was brought forward from the previous year and income for the year April 2022 to March 2023 totalled £28,104.94. More than half this amount, £15,098.06 came through donations from individuals, organisations and funerals, with a further £4,501.08 raised from other sources. The remaining £8,485.79 was received from the Co-op Community Grant Scheme to cover the work carried out in creating the Forget-Me-Not garden at Siloam.

As for expenditure, necessary annual costs such as rents, telephone, printing and stationery, insurance, equipment and training, amounted to £8,927.44. The main expenditure of £12,378.57 was for the benefit of all Club members and covered

£12,378.57 was for the benefit of all Club members and covered entertainment, lunches, occasional trips throughout the year, Jubilee parties and Christmas dinners and parties. A further £1,505.34 covered miscellaneous expenses such as gifts, fees, petty cash top-ups for clubs, etc. The cost of the garden project amounted to £8,448.00 which, as mentioned previously, was covered by a grant received from the Co-op Community Grant Scheme.

Total expenditure for the year, therefore, amounted to £31,259.35, making a deficit between income and expenditure of £3,154.41. This left a balance of £47,992.66 to be carried forward to 2023/24.

The seven clubs continue to thrive, are well attended and provide support and friendship with various activities taking place, occasional entertainment provided, and luncheon trips to local restaurants. Income for the clubs is generated through small membership subscriptions and occasional individual donations. In April 2022 total cash held at all clubs from the previous year amounted to £2,006.74. The combined income of all the clubs for the year amounted to £8,180.20 and combined expenditure amounted to £8,392.31 leaving a figure of £1,794.63 to carry forward to April 2023. Individual income and expenditure figures for each club can be provided.

We continue to hold Reserve savings of £172,788.63 with Virgin Money and Shawbrook Bank, bringing our overall total balance to a healthy £222,575.92. The cost of living generally has increased substantially over the past two years and understandably everyone is now having to be more careful with their finances. This may reflect on our future income so we are very fortunate to have such good reserve savings to enable us to continue providing our services in the foreseeable future.

I would also like to take this opportunity to express Forget-Me-Not's grateful thanks to Mr Jon Dyer who has carried out the examination of our annual accounts for the past 12 years, but who is now regretfully relinquishing this role. His hard work and helpful suggestions have been greatly appreciated.

ANNUAL ACCOUNTS

FORGET-ME-NOT DEMENTIA DAY CLUBS Income and Expenditure as at 31st March 2023

MAIN ACCOUNT

INCOME		C/f to April 2023
Donations from individuals	£ 3,135.55	£ 6,366.26
Donations from organisations	£ 4,898.47	£ 996.00
Donations from funerals	£ 5,046.65	£ 745.53
Donation (Solicitors)	£ 2,017.39	£ 819.65
Grants	£ 8,735.79	£ 342.86
Church/box collections	£ 494.69	£ 8,448.00
Sponsored runs	£ 1,276.00	£ 7,291.43
Members contributions (lunches)	£ 993.40	£ 5,087.14
Transfers from clubs	£ 1,100.00	£ 800.00
Miscellaneous	£ 407.00	£ 362.48
Total income	£ 28,104.94	£ 31,259.35
Balance b/f from March 2022	£ 51,147.07	
Less total expenditure	£ 79,252.01	
Carried forward to April 2023	£ 31,259.35	
		£ 47,992.66

ALL CLUBS (Cash held)

INCOME		
Subscriptions	£ 6,262.60	£ 840.00
Donations	£ 532.60	£ 2,210.61
Member contributions (lunches)	£ 585.00	£ 3,142.31
Cash transfers from main account	£ 800.00	£ 587.37
Total income	£ 8,180.20	£ 1,100.00
Balances b/f from March 2022	£ 2,006.74	£ 512.02
Less total expenditure	£ 10,186.94	
Carried forward to April 2023	£ 8,392.31	
		£ 1,794.63



Forget Me Not Donations



Pancake Day



Drumming Class



Elvis in the building



Party time



Exercise Class



Thanks to amazing friends

VICE CHAIRMAN



Jackie Rose

Leader - Killay (Wednesday) Club

I can't believe another year has gone and it's been a heartening to see that despite all the challenges with the cost of living, the Forget Me Not Clubs are continuing to provide a service to the Swansea Communities.

It doesn't come easy. Several long standing volunteers including club leaders have retired this year. Our chairman Mr Hywel Powell and other volunteers have been filling in the gaps. A big thank you to those individuals. We continue to look for additional volunteers and remain hopeful that this issue will soon be resolved.

The management committee has completed an update of all our policies and procedures. Elaine James was a huge support with this process, we are very grateful for the fundamental role she played.

Over the past year our volunteers have attended a training day which included first aid and safeguarding. They have also been provided with a volunteers handbook to support them in the volunteering role.

All of the day clubs have enjoyed various lunches and

entertainment, including exercise classes, drumming classes and even flower arranging!

Coronation day was also celebrated, with all our day clubs enjoying a party with entertainment or a Coronation Lunch out.

The Forget Me Not Clubs will continue to provide a valuable service to many individuals. We are forever grateful to all our volunteers who provide their time and support. It really is a team effort with everyone playing their part.

Finally.....to all our members. Thank you for your on-going support. The journey through dementia is tough and we hope that the Forget Me Not Charity provides some respite, shines a light and makes a difference to your day.



Celebrations for the Coronation of King Charles II



ELECTED MEMBERS & CO-OPTED MEMBERS

2023 to 2024

The Management Committee shall consist of the Chairman,
Secretary, Treasurer, Vice Chairman
and up to 10 other members.

Honorary Chairman	Mr. Hywel John Powell <i>Nominated by Mr. Chris Jones</i> <i>Seconded by Elaine James</i>
Honorary Vice Chairman	Mrs. Jackie Rose <i>Nominated by Hywel Powell</i> <i>Seconded by Mr. Chris Jones</i>
Honorary Treasurer	Mrs. Amelia Michael <i>Nominated by Mrs. Jackie Rose</i> <i>Seconded by Ms. Lowri Jones</i>
Honorary Solicitor	Mr. David Jones <i>Proposed by Ms. Lowri Jones</i> <i>Seconded by Keith Davies</i>
Honorary Auditor	To be appointed

Committee

Mrs. Helen Hunter, Mrs. Elaine James, Mrs. Sue John,
Mr. Chris Jones, Ms. Lowri Jones, Mr. Richard Nedin,
Mrs. Julie Rees, Mrs. Valerie Streater

Co-opted Members

Mrs. Debbie Matthew, Mrs. Elaine Rees

*Election of committee and co-opted committee proposed
by Lowri Jones. Seconded by Jackie Rose.*

Honorary President
Mrs Rebecca Evans, MS

Honorary Vice Presidents
Dr. Liz Clarke-Smith, Mrs. Edwina Hart, MBE
Dr. Chris Johns, Dr. Dai Lloyd, MS, Dr. Nia Rice,
Cllr. Gareth Sullivan, Dr. Don Williams, Prof. Michael Williams,

Honorary Solicitor
Mr. David Jones, Beor Wilson & Lloyd

Clubs and Leaders

Monday	Bethany Church Hall, West Cross. 2pm - 4pm
Leaders	<i>Val Streater and Helen Hunter</i>
Tuesday	Linden Christian Centre, West Cross. 1.30pm - 3.30pm
Leaders	<i>To be appointed</i>
Tuesday	Llangyfelach Parish Church Hall 2pm - 4pm
Leaders	<i>Elaine Rees and Elaine James</i>
Wednesday	Siloam Church, Killay 2pm - 4pm
Leader	<i>Jackie Rose</i>
Wednesday	The New Lodge, Gorseinon 10am - 1pm
Leaders	<i>Meryl Evans and Debbie Matthews</i>
Thursday	Siloam Church, Killay 10.30am - 12.30pm
Leaders	<i>Sue Williams and Amelia Michael</i>
Friday	Sketty Community Church, Carnglas Road 1.30pm - 3.30pm
Leader	<i>Julie Rees</i>

Registered Address: Siloam Baptist Chapel, Killay, Swansea SA2 7SG

Registered Charity No. 1143961

Tel No. 01792 448805 **Email:** contact@forgetmenotclubs.com

FORGET-ME-NOT DEMENTIA DAY CLUBS
Income and Expenditure as at 31st March 2023

MAIN ACCOUNT

INCOME		EXPENDITURE		C/f to April 2023
Donations from individuals	£ 3,135.55	Rent/telephone	£ 6,366.26	
Donations from organisations	£ 4,898.47	Printing/stationery	£ 996.00	
Donations from funerals	£ 5,046.65	Insurance	£ 745.53	
Donation (Solicitors)	£ 2,017.39	Equipment/training	£ 819.65	
Grants	£ 8,735.79	Respite grant	£ 342.86	
Church/box collections	£ 494.69	Garden project	£ 8,448.00	
Sponsored runs	£ 1,276.00	Parties, lunches	£ 7,291.43	
Members contributions (lunches)	£ 993.40	Christmas lunches /expenses	£ 5,087.14	
Transfers from clubs	£ 1,100.00	Cash transfers to clubs	£ 800.00	
Miscellaneous	<u>£ 407.00</u>	Miscellaneous	<u>£ 362.48</u>	
Total income	£ 28,104.94	Total expenditure	£ 31,259.35	
Balance b/f from March 2022	<u>£ 51,147.07</u>			
	£ 79,252.01			
Less total expenditure	<u>£ 31,259.35</u>			
Carried forward to April 2023	£ 47,992.66			£ 47,992.66

ALL CLUBS (Cash held)

INCOME		EXPENDITURE		
Subscriptions	£ 6,262.60	Rent	£ 840.00	
Donations	£ 532.60	Provisions	£ 2,210.61	
Member contributions (lunches)	£ 585.00	Entertainment/Lunches	£ 3,142.31	
Cash transfers from main account	£ 800.00	Materials	£ 587.37	
		Transfers to main account	£ 1,100.00	
		Miscellaneous	£ <u>512.02</u>	
Total income	£ 8,180.20	Total expenditure	£ 8,392.31	
Balances b/f from March 2022	<u>£ 2,006.74</u>			
	£ 10,186.94			
Less total expenditure	<u>£ 8,392.31</u>			
Carried forward to April 2023	£ 1,794.63			£ 1,794.63

FORGET-ME-NOT DEMENTIA DAY CLUBS

BALANCE STATEMENT as at 31 March 2023

Year ended 31 March 2022

Year ended 31 March 2023

Year ended 31 March 2022		Year ended 31 March 2023		
		Main account		
		Balance b/f	£ 51,147.07	
		Income	<u>£ 28,104.94</u>	
			£ 79,252.01	
		Payments	<u>£ 31,259.35</u>	
Balance at Barclays Bank	£ 51,147.07		£ 47,992.66	£ 47,992.66
		Virgin Money Deposit Account		
		Balance b/f	£ 84,760.65	
		Interest May/November	<u>222.80</u>	
Balance at Virgin Money	£ 84,760.65		£ 84,983.45	£ 84,983.45
		CAF/Shawbrook Bond		
		Balance b/f	£ 87,194.82	
		Interest Feb 2023	<u>£ 610.36</u>	
Balance at CAF/Shawbrook	£ 87,194.82	Balance	£ 87,805.18	£ 87,805.18
		Clubs (cash held)		
Balance of cash held at clubs	£ 2,006.74	Balance held at all clubs	£ 1,794.63	£ 1,794.63
Total balances c/f to April 2022	£225,109.28	Total balances c/f to April 2023		£222,575.92

Final Forget Me Not- Financial Inspection for Period 1st April 2022-31st March 2023

Notes on examination undertaken of financial records for the above mentioned period, issued raised and responses received.

Examination has been carried out as follows

Examination of records/vouchers/receipts for income and expenditure, crosschecking/ comparing paying in and cheque books with bank statement entries /invoices/receipts

Confirming that any Cheque Numbers cancelled/stopped had not been presented

Comparing bank balances with balances quoted on Financial Summary

Checking additions on listings

Checking figures carried forward to Summary/Report for period 1st April 2021 to 31st March 2022

Visiting Forget Me Not entry on Charities Commission and Companies House Web Sites

Discussions with Forget Me Not Treasurer

General Observations and Responses

- 1.** During examination of account summaries for previous years it was identified that there were substantial funds held on "savings "accounts- and that there were no any plans for expenditure at that time. From subsequent discussions with Treasurer, it was advised that there were still plans to look at possibility of creating some type of support packages, or creating Bursaries to support Medical Study.No progress was made with Medical Study funding, but a pilot Respite Grant Scheme was set up in April 2019

In view of the various levels of disruption experienced during the last few years it is understandable that there has been no progress has been made in identifying potential schemes.

From Discussion with Treasurer, it was confirmed that Trustees remain aware of this issue, and will continue to investigate potential for use of some of the funds held .

2.Previously discussed the benefits of putting some financial guidelines in place, particularly where cash in collected and spend at all Centres. Copy of the revised guidelines for petty cash 2023/24 have been circulated, and a copy made available.

3.At last inspection it was noted that Cheque No. 100666 dated 11th May 2021 for £150 Payable to Companies House representing a Penalty Fee and it was questioned as to whether this is an eligible cost to be met by the Charity. It has since been explained that this company, formed to protect Forget me Not name, has now been categorised as dormant as there are no accounts to prepare or submit and will not incur any further such charges.

4.Confirmed that Submission to charities Commission to March 2022

Bank and Investment Account Balances (excluding Petty Cash balances held on sites)

Barclays Bank Account	£ 47992.66
Virgin Money Deposit Account	£ 84983.45
CAF/Shawbrook Bond	£87805.18
Total Balances held	£220,781.29

Bank Payments-Levels of Supporting evidence good.

Unrepresented/Cancelled Cheques

Confirmed that cancelled cheque numbers 758 and 804 had not been presented to bank for payment.

Bank Receipts

This year's records/ correspondence relating to bank receipts have been made available to assist with inspection.

Petty Cash-Levels of supporting evidence.

Petty Cash Observations- Treasurer has confirmed that they have stressed the importance of requiring two signatures on all Petty Cash vouchers and that they will continue to monitor the situation.

Gorseinon

24/08/22	for £14.20	<i>Only 1 Signature on Petty Cash Voucher</i>
07/09/22	for £17.00	<i>No signatures on Petty Cash Voucher</i>
21/09/22	for £50.00	<i>Only 1 Signature on Petty Cash Voucher</i>
5/10/22	for £13.89	<i>Only 1 Signature on Petty Cash Voucher</i>
27/11/22	for £50.00	<i>No signatures on Petty Cash Voucher</i>
1/2/23	for £40.00	<i>No signatures on Petty Cash Voucher</i>
8/2/23	for £8.65	<i>Only 1 Signature on Petty Cash Voucher</i>
1/3/23	for £40.00	<i>No signatures on Petty Cash Voucher</i>

Killay

Folio 3	£60.00	<i>Only 1 Signature on Petty Cash Voucher</i>
Folio 28	£11.20	<i>No Receipt -Coop unable to print</i>
Folio 39	£5.44	<i>Only 1 Signature on Petty Cash Voucher</i>
Folio 41	£11.14	<i>Only 1 Signature on Petty Cash Voucher</i>
Folio 50	£7.34	<i>Only 1 Signature on Petty Cash Voucher</i>
Folio 60	£50.00	<i>Only 1 Signature on Petty Cash Voucher</i>
Folio 67	£100.00	<i>Only 1 Signature on Petty Cash Voucher</i>
Folio 69	£ 5.44	<i>Only 1 Signature on Petty Cash Voucher</i>

Folio 70	£100.00	Only 1 Signature on Petty Cash Voucher
Folio 74	£3.40	Only 1 Signature on Petty Cash Voucher
Folio 78	£50.00	Only 1 Signature on Petty Cash Voucher
Folio 80	£7.34	Only 1 Signature on Petty Cash Voucher
Folio 97	£9.24	Only 1 Signature on Petty Cash Voucher

Mumbles

Folio No 21	for £50.00	No signatures on Petty Cash Voucher
Folio No 27	for £65.00	No signatures on Petty Cash Voucher
Folio No 38	for £50.00	No signatures on Petty Cash Voucher
Sketty		
Folio No 8	for £1-35	No receipt
Folio No 12A	for £20.00	No Receipt
Folio 36	for £30.00	No signatures on Petty Cash Voucher

West Cross

Folio No 18	for £20.99	Only 1 Signature on Petty Cash Voucher
Folio No 19	for £247.50	Only 1 Signature on Petty Cash Voucher
Folio No 20	for £19.30	Only 1 Signature on Petty Cash Voucher
Folio No 21	for £35.00	Only 1 Signature on Petty Cash Voucher

Llangyfelach

Folio No 48	for £21.10	One signature on Petty Cash Voucher
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From the records, summaries, vouchers and explanations provided, I am happy that the attached Report reflects a true and accurate summary /position of the financial activity for Forget Me Not during the period 1st April 2022 to 31st March 2023

**J.LDyer
A.C.I.B Dip. RSA
JLD October 2023**

FORGET-ME-NOT DEMENTIA DAY CLUBS

England & Wales - Charity number 1143961

Accounts

Vice Chairman

Jackie Rose

The last 18 months has been a challenging time for everyone, but for our members in particular it has been a tough journey. I feel humbled by the on-going support and commitment shown by all the carer's to their loved one's despite all the hardships. In the words of Bob Riley "It is during the hard times when the 'hero' within us is revealed." You, the carer's are hero's, each and every one.

I would also like to pay tribute to all our group leaders and volunteers who throughout the 18 months strived to keep in contact with members. Telephone calls, Zoom meetings, takeaway afternoon teas, Christmas hamper deliveries, Easter treats, outdoor meetings, you name we tried it. Many members have since expressed their gratitude for the kindness shown by all the day clubs during the various lockdowns, FMN really did make a difference!

While it's difficult to be entirely optimistic, we must believe that the pandemic will pass and as we emerge from all the various restrictions be hopeful for the future and I'm delighted to say that the Forget Me Not Clubs have begun that journey. As the saying goes, life isn't about waiting for the storm to pass it's about learning how to dance in the rain.

So, starting slowly with reduced numbers and all the various precautions to protect each other and our members our day clubs have returned and already we have been out for group lunches and organised some day trips.

I sincerely hope that the year ahead will be a very different one for us all with a full return to the friendship, support and care of 'The Forget Me Not Day Clubs'

FORGET-ME-NOT DEMENTIA DAY CLUBS
Income and Expenditure as at 31 March 2021
MAIN ACCOUNT

INCOME

Donations from individuals	£ 1,022.00
Donations from organisations	£ 857.00
Donations from funerals	£ 3,653.51
Collection boxes	£ 231.33
Gift Aid	£ 556.61
Refunds	£ 30.00
Bequest	<u>£ 5,000.00</u>

Total income

b/f from March 2020	£11,350.45
	<u>£50,791.30</u>
	£62,141.75

INCOME

Gorseinon	£ nil
Killay (2 clubs)	£ 100.00
Mumbles	£ nil
Sketty	£ nil
West Cross	£ nil
Llangyfelach	<u>£ 250.00</u>
	£ 350.00
	<u>£2,180.79</u>
	£2,530.79

b/f from March 2020

EXPENDITURE

Rent	£ 2,400.00
Telephone	£ 578.25
Printing/stationery/postage	£ 1,120.00
Insurance	£ 662.70
Equipment	£ 959.88
Cash transfers to clubs	£ 150.00
Christmas gifts and expenses	£ 6,619.98
Entertainment	£ 2,286.25
Miscellaneous	<u>£ 168.00</u>
Total expenditure	£14,945.06
Excess income over expenditure	<u>£47,196.69</u>
	£62,141.75

CLUBS

EXPENDITURE

Gorseinon	£ 59.97
Killay (2 clubs)	£ 196.15
Mumbles	£ nil
Sketty	£ nil
West Cross	£ 42.35
Llangyfelach	<u>£ 604.90</u>
	£ 903.37
	<u>£1,627.42</u>
	£2,530.79

Excess income over expenditure

Final Forget Me Not- Financial Inspection for Period 1st April 2020-31st March 2021

Notes on examination undertaken of financial records for the above mentioned period, issued raised and responses received.

Examination has been carried out as follows

Examination of records/vouchers/receipts for income and expenditure, crosschecking/ comparing paying in and cheque books with bank statement entries /invoices/receipts

Examination of HMRC/Gift Aid records and comparison with Bank Statements

Confirming that any Cheque Numbers cancelled had not been presented

Comparing bank balances with balances quoted on Financial Summary

Checking additions on listings

Checking figures carried forward to Summary/Report for period 1st April 2019 to 31st March 2020

Visiting For Get Me Not entry on Charities Commission Web Site

Discussions with Forget Me Not Treasurer

General Observations and Responses

1. *During examination of account summaries for previous years it was identified that there were substantial funds held on "savings" accounts- and that there were no any plans for expenditure at that time. From subsequent discussions with Secretary and Treasurer during last financial inspection, it was advised that there were still plans to look at possibility of creating some type of support packages, or creating Bursaries to support Medical Study.No progress was made with Medical Study funding, but a pilot Respite Grant Scheme was set up in April 2019 to support members direct and during this period 2 payments totalling £504 have been made via Social Care at C&C of Swansea*

In view of the various levels experienced during the period covered by these accounts it is understandable that no progress has been made in identifying potential schemes.

It is suggested that the levels of funding held for a number of years be discussed by Trustees as soon as possible to suggest a way forward.**This has been discussed with Treasurer who confirms that matter will be discussed with Trustees when next meeting can be arranged**

2. Previously discussed the benefits of putting some financial guidelines in place, particularly where cash in collected and spend at all Centres. Copy of the revised guidelines dated October 1st 2020 made available for this inspection.
3. Interest earned on Virgin Money Deposit Account entered into accounts following discussions with Virgin and cannot be confirmed.
4. I visited Charities Commission web site and confirmed that submission of Forget Me Not report for year ending 31st March 2020 was made on time (31st January 2021).

Bank and Investment Account Balances (excluding Petty Cash balances held on sites)

Barclays Bank Account	£47196.69
Virgin Money Deposit Account	£84648.25
CAF/Shawbrook Bond	£86804.20

Total Balances held **£218649.14**

Bank Payments-Levels of Supporting evidence good.

Cheque no 659 dated 28th February 2021 for £45.01 i.f.o. Sue Williams – Explanatory note attached to payment details re Marks and Spencer payment adjustments for purchase of Gift Vouchers when original order for hampers were not fulfilled by Marks and Spencer

Replacement Cheques Issue

Cheque no. 645 for £ £34.56 dated 16th November 2020, i.f.o. J R Events to replace cheque no.628 dated 2nd March 2020 which had become out of date.

Cheque no.657 for £312.75 dated 15th January 2020 i.f.o. Busy Be Catering to replace cheque no.612 dated 19th December 2019 which had been lost.

I have confirmed that neither of the original cheques have been presented for payment and paid

Bank Receipts

This year's records/ correspondence relating to bank receipts have been made available to assist with inspection.

Petty Cash-Levels of supporting evidence – Discussed with Treasurer who explained that as clubs have not operated during the period and second signatories for some Petty Cash vouchers have not always been available.

Petty Cash Observations

Gorseinon

14th April 2020 Petty Cash Voucher for £1.99 Sundries- No Receipt attached
No Date – Petty Cash Voucher for £25.00 Funeral Flowers – No Receipt, only one signature on Voucher
14th April 2020 Petty Cash Voucher for £32.98 Flowers – Only one Signature on voucher

Killay

13th July 2020 Petty Cash Voucher for £9.19 Stationery -1 signature only
18th September 2020 Petty Cash Voucher for £32.84 Gifts-1 signature only
8th October 2020 Petty Cash Voucher for £12.36 Postage-1 signature only
30th November 2020 Petty Cash Voucher for £100.00 Christmas Lights at Siloam -1 signature only
28th December 2020 Petty Cash Voucher for £7.80 Stamps-1 signature only
12th February 2021 Petty Cash Voucher for £3.96 Stamps-1 signature only

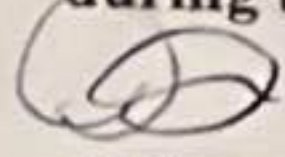
West Cross

15th January 2021 Petty Cash Voucher for £20.00 Flowers -1 signature only

Llangyfelach

2nd May 2020 Petty Cash Voucher for 7.80 Stamps --1 signature only

From the records, summaries, vouchers and explanations provided, I am happy that the attached Report reflects a true and accurate summary /position of the financial activity for Forget Me Not during the period 1st April 2020 to 31st March 2021.



J.LDyer

A.C.I.B Dip. RSA

JLD August 2021

FORGET-ME-NOT DEMENTIA DAY CLUBS

✓ Charity reporting is up to date (on time)

Charity number: 1143961

- Charity overview
- What, who, how, where
- Governance
- Trustees
- Financial history
- Accounts and annual returns
- Governing document
- Contact information

This table shows the charity's record of submitting annual returns, accounts and trustees' annual report (TAR) for the last five financial periods.

Title	Reporting year	Date received	Received	Download
Annual return	31 March 2020	13 January 2021	On time	
Accounts and TAR	31 March 2020	13 January 2021	On time	Download
Annual return	31 March 2019	19 January 2020	On time	
Accounts and TAR	31 March 2019	19 January 2020	On time	Download
Annual return	31 March 2018	15 December 2018	On time	
Accounts and TAR	31 March 2018	15 December 2018	On time	Download
Annual return	31 March 2017	11 January 2018	On time	